The genetic basis of diurnal preference in *Drosophila melanogaster*

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Abstract

Most animals restrict their activity to a specific part of the day, being diurnal, nocturnal or crepuscular. The genetic basis underlying diurnal preference is largely unknown. Under laboratory conditions, *Drosophila melanogaster* is crepuscular, showing a bi-modal activity profile. However, a survey of strains derived from wild populations indicated that high variability among individuals exists, with diurnal and nocturnal flies being observed. Using a highly diverse population, we have carried out an artificial selection experiment, selecting flies with extreme diurnal or nocturnal preference. After 10 generations, we obtained highly diurnal and nocturnal strains. We used whole-genome expression analysis to identify differentially expressed genes in diurnal, nocturnal and crepuscular (control) flies. Other than one circadian clock gene (*pdp1*), most differentially expressed genes were associated with either clock output (*pdf, to*) or input (*Rh3*, *Rh2*, *msn*). This finding was congruent with behavioural experiments indicating that both light masking and the circadian pacemaker are involved in driving nocturnality. The diurnal and nocturnal selection strains provide us with a unique opportunity to understand the genetic architecture of diurnal preference.

Significance

Most animals are active during specific times of the day, being either diurnal or nocturnal. Although it is clear that diurnal preference is hardwired into a species' genes, the genetic basis underlying this trait is largely unknown. While laboratory strains of *Drosophila* usually exhibit a bi-modal activity pattern (i.e., peaks at dawn and dusk), we found that strains from wild populations exhibit a broad range of phase preferences, including diurnal and nocturnal flies. Using artificial selection, we have generated diurnal and nocturnal strains that allowed us to test the role of the circadian clock in driving nocturnality, and to search for the genes that are associated with diurnal preference.

Introduction

Although time is one of the most important dimensions that define the species ecological niche, it is often a neglected research area (1). Most animal species exhibit locomotor activity that is restricted to a defined part of the day, and this preference constitutes the species-specific *temporal niche*. Selection for activity during a specific time of the day may be driven by various factors, including preferred temperature or light intensity, food availability and predation. The genetic basis for such phase preference is largely unknown and is the focus of this study.

The fact that within phylogenetic groups, diurnality preference is usually similar (2) alludes to an underlying genetic mechanism. The nocturnality of mammals, for example, was explained by the nocturnal bottleneck hypothesis (2), which suggested that all mammals descended from a nocturnal ancestor. Nocturnality and diurnality most likely evolved through different physiological and molecular adaptations (3). Two plausible systems that have been targetted for genetic adaptations driven by diurnal preference are the visual system and the circadian clock, the endogenous pacemaker that drives daily rhythms. The visual system of most mammals is dominated by rods, yet is missing several cone photoreceptors that are present in other taxa where a nocturnal lifestyle is maintained (4).

Accumulating evidence suggests that diurnal preference within a species is far more diverse than previously thought. Laboratory studies (1) have often focused on a single representative wild-type strain and ignored the population and individual diversity within a species. In addition, experimental conditions in the laboratory setting (particularly light and temperature) often fail to simulate the high complexity that exists in natural conditions (1). Furthermore, many species shift their phase preference upon changes in environmental conditions. Such "temporal niche switching" is undoubtedly associated with considerable plasticity that may lead to rapid changes in behaviour. For example, the spiny mouse (*Acomys*

cahirinus) and the golden spiny mouse (*A. russatus*) are two desert sympatric species that

split their habitat: the common spiny mouse is nocturnal, whereas the golden spiny mouse is

diurnal. However, in experiments where the golden spiny mouse is the only species present,

the mice immediately reverted to nocturnal behaviour (5).

While plasticity plays an important role in diurnal preference, there is some evidence

for a strong genetic component underlying the variability seen among individuals. For

instance, twin studies (6) found higher correlation of diurnal preference in monozygotic twins

than in dizygotic twins, with the estimated heritability being as high as 40%. In addition, a

few studies in humans have reported a significant association between polymorphisms in

circadian clock genes and 'morningness–eveningness' chronotypes, including a

polymorphism in the promoter region of the *period3* gene (7).

Drosophila melanogaster is considered a crepuscular species that exhibits a bimodal

locomotor activity profile (in the laboratory), with peaks of activity arising just before dawn

and dusk. This pattern is highly plastic and the flies promptly respond to changes in day-

length or temperature simulating winter or summer. It has been shown that rises in

temperature or irradiance during the day drives the flies to nocturnality, whereas low

temperatures or irradiances result in a shift to more prominent diurnal behaviour (8, 9). Such

plasticity was also demonstrated in studies showing that flies switch to nocturnality under

moon light (10, 11) or in the presence of other socially interacting flies (12).

Some evidence also alludes to the genetic component of phase preference in

Drosophila. Sequence divergence in the *period* gene underlies the phase difference seen in

locomotor and sexual rhythms between *D. melanogaster* and *D. pseudoobscur*a (13). Flies

also show natural variation in the timing of adult emergence (eclosion), with a robust

response to artificial selection for the early and late eclosion phases having been shown,

indicating that substantial genetic variation underlies this trait (14).

Further support for a genetic component to phase preference comes from our previous

studies of allelic variation in the circadian-dedicated photoreceptor *cryptochrome* (CRY),

where an association between a pervasive replacement SNP (L232H) and the phases of

locomotor activity and eclosion was revealed (15). Studies of null mutants of the *Clock* gene

(*Clk^{jrk}*) revealed that such flies became preferentially nocturnal (16), and that this phase

switch is mediated by elevated CRY in a specific subset of clock neurons (17). In other

experiments, mis-expression of *Clk* resulted in light pulses evoking longer bouts of activity,

suggesting that *Clk* plays a clock-independent role that modulates the effect of light on

locomotion (18).

Here, using 272 natural population strains from 33 regions in Europe and Africa, we

have generated a highly diverse population whose progeny exhibited a broad range of phase

preferences, with both diurnal and nocturnal flies being counted. We exploited this

phenotypic variability to study the genetic architecture of diurnal preference and identify loci

important for this trait using artificial selection, selecting for diurnal and nocturnal flies.

Results

Artificial selection for diurnal preference

Flies showed a rapid and robust response to selection for phase preference. After 10 selection

cycles, we obtained highly diurnal (D) and nocturnal (N) strains. The two control strains (C)

showed intermediate (crepuscular) behaviour (Fig. 1). To quantify diurnal preference, we

defined the ND ratio, quantitatively comparing activity during a 12 h dark period and during

a 12 h light period. As early as after one cycle of selection, the ND ratios of N and D flies,

and as compared to the original (control) population, were significantly different (Fig. 1A,

B). After 10 generation of selection, the N and D populations were highly divergent (Fig. 1B,

SI Appendix, Table S1).

The estimated heritability h^2 was higher for diurnality (37.1%) than for nocturnality,

(8.4%) reflecting the asymmetric response of the two populations (SI Appendix, Table S1).

We estimated heritability by parents-offspring regression (Fig. 1C, D). The narrow-sense

heritability was lower but significant ($h^2 = 14\%$ $p<0.05$; Fig. 1C). The heritability value was

slightly higher when ND ratios of mothers and daughters were regressed ($h^2 = 16\%$ $p<0.05$;

Fig. 1D) but was minute and insignificant in the case of father-son regression (SI Appendix,

Fig. S1; $h^2 = 2.5\%$ NS).

Effects of Nocturnal/Diurnal phenotypes on fitness

A possible mechanism driving the observed asymmetric response to selection is unequal

allele frequencies, whereby a slower response to selection is associated with increased fitness

(19). We, therefore, tested whether our selection protocol asymmetrically affected the fitness

of the N and D populations. After ~15 overlapping generations (5 months in a 12h:12h

light:dark (LD)) from the end of the selection, we tested viability, fitness and egg-to-adult

developmental time of the selection and control populations. While the survivorship of males

from the three populations was similar ($\chi2= 1.6$, df=2, p=0.46; Fig. 2A), we found significant

differences in females. N females lived significantly longer than D females, while C females

showed intermediate values ($\chi2=7.6$, df=2, p<0.05; Fig. 2A). The progeny number of N

females was larger than that of D females, with C females showing intermediate values

($\male F_{1,18} =5.12$, p<0.05; $\female F_{1,18} =5.09$, p<0.05; Fig. 2B). Developmental time (egg-to-adult),

another determinant of fitness, did not differ significantly between the nocturnal/diurnal

populations ($\male F_{2,27} =0.43$, p=0.65, NS; $\female F_{2,27} =0.27$, p=0.76, NS; Fig. 2C,D).

Effects on circadian behaviour

Since the circadian system is a conceivable target for genetic adaptations that underlie diurnal

preference, we tested whether the circadian clock of the N and D strains were affected by the

Nocturnal/Diurnal artificial selection. Accordingly, we recorded the locomotor activity of the

selection lines following three generations after completion of the selection protocol, and

measured various parameters of circadian rhythmicity.

The phase of activity peak in the morning (MP) and in the evening (EP) differed

between the populations (SI Appendix, Fig. S2A). As expected, the MP of the N population

was significantly advanced, as compared to that seen in both the C and D populations. The

EP of the N population was significantly delayed, as compared to that noted in the two other

populations. Concomitantly, the sleep pattern was also altered (SI Appendix, S2B), with N

flies sleeping much more during the day than did the other populations. While the D flies

slept significantly more than C and N flies during the night, there was no difference between

N and C flies.

In contrast to the striking differences seen between the selection lines in LD

conditions, such differences were reduced in DD conditions (Fig. 3, SI Appendix, Fig. S2C).

The period of the free-run of activity (FRP) was longer in the C flies than in D flies, while the

difference between the D and N groups was only marginally significant (Fig. 3A). No

significant difference in FRP was found between N and C flies. The phases (φ) of the three

populations did not differ significantly (Fig. 3B). We also tested the response of the flies to

an early night (ZT15) light stimulus and found no significant differences between the delay

responses (Fig. 3C).

Circadian differences between Nocturnal/Diurnal isogenic strains

To facilitate genetic dissection of the nocturnal/diurnal preference, we generated nocturnal,

diurnal and control isogenic strains (D*, N* and C*; one of each) from the selected

populations. The strains were generated using a crossing scheme involving strains carrying

balancer chromosomes. The ND ratios of the isogenic lines resembled those of the progenitor

selection lines (SI Appendix, Fig. S3A).

The circadian behaviour of the isogenic lines differed, with the N* line having a

longer FRP than both the D* and C* lines (Fig. 4A). The locomotory acrophase of the N*

line was delayed by about 2 h, as compared to the D* line, and by 1.38 h, as compared to the

C* line ($F_{2,342}$:6.01, p<0.01; Fig. 4B). In contrast, circadian photosensitivity seemed to be

similar among the lines, as their phase responses to a light pulse at ZT15 did not differ

($F_{2,359}$:1.93, p:0.15, NS; Fig. 4D). Since eclosion is regulated by the circadian clock (20, 21),

we also compared the eclosion phase of the isogenic strains. Under LD, the eclosion phase of

D* flies was delayed by ~2 h (becoming more diurnal), as compared to both N* and C* flies,

whereas s no difference between N* and C* flies was detected (Fig. 4C).

The isogenic strains also differed in terms of their sleep pattern (SI Appendix, Fig.

S3B). N* flies slept 4 h more than did D* flies during the day and ~2.5 h more than did C*

flies ($F_{11,1468}$ = 61.32, p<0.0001). During the night, the pattern was reversed, with D* flies

sleeping almost 5 h more than N* flies and about 2 h more than C* flies ($F_{11,1472}$ =104.70,

p<0.0001).

Diurnal preference is partly driven by masking

We reasoned that light masking (i.e., the clock-independent inhibitory or stimulatory effect of

light on behaviour) could be instrumental in driving diurnal preference. We thus monitored

fly behaviour in DD to assess the impact of light masking. We noticed that when N* flies

were released in DD, their nocturnal activity was much reduced, whereas their activity during

the subjective day increased (Fig. 5A). Indeed, the behaviour of N* and D* flies in DD

became quite similar (Fig. 5A). Congruently, when we analysed the ND ratios of these flies

in LD and DD, we found that that both N* and C* flies became significantly more "diurnal"

when released into constant conditions (N*, p<0.0001; C*, p<0.001). In contrast, the ratios of

D* flies did not significantly change in DD (p =0.94, NS). This result suggests that nocturnal

behaviour is at least partially driven by a light-dependent repression of activity (i.e., a light

masking effect).

Correlates of the molecular clock

To investigate whether differences in diurnal preference correlated with a similar shift in the

molecular clock, we measured the intensity of nuclear PERIOD (PER) in key clock neurons

(Fig 6). The peak of PER signals in ventral neurons (LNv: 5th-sLNv, sLNv, lLNv) was

delayed in N* flies, as compared to the timing of such signals in D* fly 5th-sLNv, sLNv and

lLNv neurons. In N* and D* flies, the phases of such peaks in dorsal neurons (DN, including

the clusters LNd, DN1and DN2) were similar (Fig 6).

We also measured the expression of the Pigment Dispersing Factor (PDF) in LNv

projections (Fig. 7, SI Appendix, Fig. S4). The signal measured in N* flies was lower than

that measured in D* flies during the first part of the day (in particular at ZT3 and ZT7) yet

increased during the day-night transition at ZT11 and ZT13. There were no differences seen

during the rest of the night.

Global transcriptional differences between Nocturnal/Diurnal strains

To gain insight into the genetics of diurnal preference, we profiled gene expression in fly

heads of individuals from the D*, C* and N* isogenic lines by RNAseq. We tested for

differentially expressed genes (DEG) in all pairwise contrasts among the three strains at two

time points. We found 34 DEGs at both ZT0 and ZT12 (SI Appendix, Table S3). An

additional 19 DEG were unique to ZT0 and 87 DEG were unique to ZT12 (SI Appendix,

Table S3). Functional annotation analysis (DAVID, https://david.ncifcrf.gov/ (22, 23))

revealed similarly enriched categories at ZT0 and ZT12 (Fig. 8). The predicted products of

the DEGs were largely assigned to extracellular regions and presented secretory pathway

signal peptides. DEG products identified only at ZT12 were related to the immune response,

amidation and kinase activity. Given the intermediate phenotype exhibited by C* flies, we

reanalysed the data, searching for DEGs where C* flies showed intermediate expression (D*

> C* >N* or N* > C* > D*; SI Appendix, Table S4). The list of DEGs consisted of 22 genes

at ZT0 and 62 at ZT12. Amongst the different functions represented by these new lists were

photoreception, circadian rhythm, sleep, Oxidation-reduction and mating behaviour were

over-represented in both D* and N* flies. For example, *Rhodopsin 3* (*Rh3*) was up-regulated

in D* flies, while *Rh2* and *Photoreceptor dehydrogenase* (*Pdh*) were down-regulated in N*

flies. *pastrel* (*pst*), a gene involved in learning and memory, was up-regulated in D* flies,

while genes involved in the immune response were up-regulated in N* flies. The only core

clock gene that showed differential expression was *Par Domain Protein 1* (*Pdp1*), which was

up-regulated in D* flies. The clock output genes *takeout* (*to*) and *pdf* were up-regulated in N*

flies. Overall, the results suggested that genes that are transcriptionally associated with

diurnal preference are mostly found upstream (light input pathways), and downstream of

genes comprising the circadian clock.

Complementation test

We investigated the contribution of various genes to nocturnal/diurnal behaviour using a

modified version of the quantitative complementation test (QCT) (24). We tested the core

circadian clock genes *per* and *Clk*, the circadian photoreceptor *cry* and the output gene *Pdf*

and *Pdfr*, encoding its receptor (Fig. 9, SI Appendix, Table S5) (25). We also tested the ion

channel-encoding *narrow abdomen* (*na*) gene, given its role in the circadian response to light

and dark-light transition (26). The QCT revealed significant allele differences in *per*, *Pdf*,

Pdfr, *cry* and *na* (Fig. 9, SI Appendix, Table S5), indicative of genetic variability in these

genes contributing to the nocturnal/diurnal behaviour of the isogenic lines.

Since switching from nocturnal to diurnal behaviour in mice has been shown to be

associated with metabolic regulation (27, 28), we also tested *Insulin-like peptide 6* (*Ilp6*), and

chico, both of which are involved in the *Drosophila* insulin pathway. A significant effect was

found in *Ilp6* but not in *chico* (SI Appendix, S5). Other genes that failed to complement were

paralytic (*para*), encoding a sodium channel, and *coracle* (*cora*), involved in embryonic

morphogenesis (29-31).

We also tested genes that could affect the light input pathway, such as *Arrestin2*

(*Arr2*) and *misshapen* (*msn*) (32, 33). There was a significant evidence for *msn* failing to

complement but not for *Arr2* (SI Appendix, Table S5). Various biological processes are

associated with *msn*, including glucose metabolism, as suggested by a recent study (34).

Discussion

In this study, we used artificial selection to generate two highly divergent populations that

respectively show diurnal and nocturnal activity profiles. The response to selection was

asymmetrical, as reflected by heritability h^2, which was higher for diurnality (37.1%) than for

nocturnality (8.4%). This may indicate that different alleles and/or different genes were

affected in the two nocturnal/diurnal selections. Selections for traits affecting fitness have

been shown to have higher selection responses in the direction of lower fitness (19). This may

reflect the original (natural) allele frequency, whereby deleterious traits are mostly

represented by recessive alleles and favourable traits are represented by alleles at high

frequencies (19). This asymmetrical allele frequency could generate non-linear heritability,

such that a slower response to selection (as seen with nocturnal flies) is associated with

increased fitness (19). Indeed, nocturnal females lived longer and produced more progeny

than did diurnal females, an observation that supports a scenario of asymmetric

nocturnal/diurnal allele frequencies.

To what extent is the circadian clock involved in diurnal preference? We observed

that (i) PER cycling in the lateral neuron was significantly shifted in nocturnal flies, and (ii)

the phase of M and E peaks in DD differed between the strains, as did their free-running

period (particularly in the isogenic strains). On the other hand, our data indicate that a non-

circadian direct effect of light (light masking) played a significant role in diurnal preference,

particularly nocturnality, as nocturnal flies in DD conditions become rather diurnal (Fig. 5).

In rodents, the differential sensitivity of nocturnal and diurnal animals to light masking has

been well documented (35). This phenomenon was observed both in the laboratory and in the

field (36), with light decreasing arousal in nocturnal animals and the opposite effect occurring

in diurnal animals. Light masking in flies appears to have a greater impact, as it drives flies to

nocturnality.

As for the circadian clock, one can ask which part of the circadian system, if any, is

the target of selection (either natural or artificial) that shapes diurnal preference? Potentially,

the clock itself or the input (light) or output pathways (or a combination of these components)

could be targetted. Available evidence alludes to the latter being the case. First, the selection

lines generated here showed similar circadian periods and phases. In the isogenic strains (i.e.,

the N* and D* lines), however, there was a noticeable difference in the FRP, with a longer

period being seen in nocturnal flies. Indeed, long and short periods are expected to drive the

late and early chronotypes, respectively (37). The behavioural differences between the strains

were accompanied by 2-4 h changes in the phase of nuclear PER in the LNv (of note is the

fact that the sLNv receives light information from the eyes (38)). Most importantly, a

comparison of gene expression between diurnal and nocturnal flies highlighted just a single

core clock gene *(pdp1)*. This finding is reminiscent of the results of our previous study in

flies (39), where transcriptional differences between the early and late chronotypes were

present in genes up- and downstream of the clock but not in the clock itself. The phase

conservation of core clock genes in diurnal and nocturnal animals has also been documented

in mammals (40-42). We thus suggest that selection for diurnal preference mainly targets

downstream genes, thereby allowing for phase changes in specific pathways, as changes in

core clock genes would have led to an overall phase change.

The main candidates responsible for diurnal preference that emerged from the current

study were output genes, such as *pdf* (and its receptor *Pdfr*) and *to,* as well as genes involved

in photoreception, such as *Rh3*, *TotA*, *TotC* (up-regulated in D* flies) and *Rh2* and *Pdh* (up-

regulated in N*). Genes such as *misshapen (msn)* and *cry* were implicated by

complementation tests. RH3 absorb UV light (λmax, 347 nm) and is the rhodopsin expressed

in rhabdomer 7 (R7) flies (43, 44), while RH2 (λmax, 420 nm) is characteristic of the ocelli

(44, 45) and *pdh* is involved in chromophore metabolism (46).

The transcriptional differences between nocturnal and diurnal flies that we identified

are likely to be mediated by genetic variations in these genes or their transcriptional

regulators. Our current effort is to identify these genetic variations which underlie the

genetics of temporal niche preference. For this, the nocturnal and diurnal selection strains

generated here will be an indispensable resource.

Materials and Methods

SI Appendix has extended experimental details

Artificial Selection

To generate a highly genetically variable *Drosophila melanogaster* population, we pooled 5 fertilized females (4-5 days old) from 272 isofemale lines from 33 regions in Europe and Africa (SI Appendix, Table S3) in the same culture bottle containing standard sugar food. This population was maintained at 25°C in a 12:12 LD cycle. The progeny of this population was used in the artificial selection as generation 0 (C_0; Fig. 1). The locomotor activity of 300 males was recorder over 5 days in a 12:12 LD cycle at 25°C. Using the R library GeneCycle and a custom-made script, we identified rhythmic flies and calculated their ND ratio (i.e., the ratio between the amount of activity recorded during the night and during the day). For the first cycle of selection, we selected 25 males with the most extreme nocturnal or diurnal ND ratios, and crossed them with their (unselected) virgin sisters. The 10 following generations underwent the same selection procedure. In addition, three control groups (CA, CB, CC) were generated from the original population (C_0) by collecting 25 fertilized females in 3 new bottles. At each selection cycle, the controls underwent the same bottleneck as did the nocturnal (N) and diurnal (D) populations but without any selective pressure. During and following selection, the flies were maintained at 25°C in a 12:12 LD cycle.

Realize heritability was calculated for both the N and D populations from the regression of the cumulative response to selection (as a difference from the original population C_0), with the cumulative selection differential being based on the data from the 10 cycles of selection (Fig. 1B) (47). Statistical differences between cycles of selection or between lines were calculated using the Kolmogorov-Smirnov test (KS-test) and the Kruskal-Wallis rank sum test.

To calculate the correlation between the ND ratios of parents and offspring, we

phenotyped 130 virgin males and 130 virgin females from the original population (C_0) as

described above and randomly crossed them. We calculated ND ratios of the progeny of each

cross of a male and a virgin female and correlated this value with parental ND ratios.

Immunocytochemistry (ICC)

ICC was used to analyse the expression of PER and PDF in the fly brain. For quantification

of PDF levels, we used mouse monoclonal anti-PDF and polyclonal rabbit anti-PER

antibodies (48, 49). The protocol used for whole-brain staining was previously described (50,

51).

RNAseq

Gene expression was measured in head samples of flies collected at light-on (ZT0) and light-

off (ZT12) times. Flies (3-4 days old) were entrained for 3 days in 12:12 LD cycle at 25°C at

which point male heads were collected in liquid nitrogen at ZT0 and 12. RNA was extracted

using a Maxwell 16 MDx Research Instrument (Promega), combined with the Maxwell 16

Tissue Total RNA purification kit (AS1220, Promega). RNAseq library preparation and

sequencing was carried by Glasgow Polyomics using an IlluminaNextseq500 platform. Two

independent libraries (single-end) were generated per time point per line. The data were then

processed using Trimmomatic (version 0.32) (52) to remove adapters. The libraries were

quality checked using fastQC (version 0.11.2) (53). The total sequence obtained for each

library ranged from 9.7 Mbp to 21 Mbp, with a "per base quality score" > 30 phred and a

"mean per sequence quality score" > 33 phred. The RNA-seq was aligned to the *Drosophila*

melanogaster transcriptome (NCBI_build5.41) downloaded from the Illumina iGenome

website.

Figure legends

Fig. 1. Responses to artificial selection of Nocturnal/Diurnal locomotor activity. **A.** Distribution of ND ratios of males of the starting population (C_0, n=176). The insets show actogram examples of diurnal (top) and nocturnal flies (bottom). Grey and yellow shading represent night and day, respectively. **B.** Males average ND ratios of the selected populations per selection cycle. The black solid line represents nocturnal selection, while the dashed line represents diurnal selection. Data points correspond to average ND ratios ± standard deviation (n=104-316). The ND ratio of the original population is shown in C_0. **C.** Correlation between mid-parents (n = 105) and mid-progenies (n =105). Correlation coefficients and p values are reported below the regression equation. **D.** Correlation between mothers (n =85) and daughters (n =85).

Fig. 2. Correlated responses of fitness traits to selection. **A.** Survival curves of flies of the three selection populations (n=36-40; N: black, D: red, C: blue). The proportion of surviving flies (y axes) is plotted against the number of days (x axes). **B.** Number of progeny produced per female for N, C and D crosses. Grey and white bars indicate the number of males and females, respectively (average ± standard error). Development time (egg-to-adult) distributions are shown for male progeny (**C**) and females (**D**). Proportion (%) of progeny produced per female per day. Males: N (n=3556), D (n=2308) and C (n=2998). Females: N (n=3748), D (n=2401) and C (n=3145).

Fig. 3. Circadian behaviour of nocturnal and diurnal selection flies. A. Boxplots of circadian periods under free-run conditions. The horizontal line in each box represents the

median value, the bottom and upper ends of the box correspond to the upper and lower

quartiles, respectively and the whiskers denote maximum and minimum values, excluding

outliers. Statistical differences were tested by a TukeyHSD test, with * signifying $p < 0.05$.

The FRP was longer in the C line (n =80) than in the D line (n=159), while the difference

between the D and N lines (n=240) was only marginally significant (TuskeyHSD test,

p=0.06). The FRP of N and C flies was similar (p =0.45). **B.** Acrophase angles of the free-run

activity for N (black circles, n=255), D (red circles, n=159) and C (blue triangles, n=65)

populations. The free-run phases of the three populations did not differ ($F_{2,476}$:1.91, p =0.149,

NS). Lines represent mean vectors ± 95% confidence interval (CI). One hour corresponds to

an angle of 15°. **C.** Phase delay angles are shown for N (black circles, n =153), D (red circles,

n=155) and C (blue triangles, n=56) populations. Differences are not significant ($F_{2,361}$ =1.47,

p =0.23, NS). Lines represent mean vectors ± 95% CI.

Fig. 4. Circadian behaviour of isogenic strains (N*, D* and C*). A. Boxplots of free-

running periods of the N* (n=64), C* (n=124) and D* (n=157) isogenic lines. Solid lines

represent median periods, the bottom and upper ends of the box correspond to the upper and

lower quartiles, respectively and the whiskers denote maximum and minimum values,

excluding outliers. TukeyHSD test, *p<0.05, **p<0.001 **B.** Acrophase angles of the free-

running activity shown for the N* (black circles, n=64), D* (red circles, n=157) and C* (blue

triangles, n=124) isogenic lines. The phase in the N* line was delayed by 2.02 h, as compared

to what was measured in the D* line, and by 1.38 h, as compared to what was measured in

the C* line ($F_{2,342}$:6.01, p<0.01). Lines represent mean vectors ± 95% CI. One hour

corresponds to a 15° angle. **C.** Phase of eclosion in the N* (black circle, n=75), D* (red

circle, n=111) and C* (blue triangle, n=50) lines. The eclosion phase of D* flies was delayed

by ~2 h, as compared to what was measured with both the N* and C* lines ($F_{2,233}$:4.95,

p<0.01). There was no difference between N* and C* flies ($F_{1,123}$:0.08, p =0.78, NS). Lines

represent mean vectors ± 95% CI. One hour corresponds to an angle of 15°. Light-on (ZT0)

and light-off (ZT12) translated to 0° and 180° angles, respectively. **D.** Phase delays of N*

(black circles, n = 66), D* (red circles, n=170) and C* (blue triangles, n=126) flies. There

was no difference between the strains ($F_{2,359}$:1.93, p = 0.15, NS). Lines represent mean

vectors ± 95% CI.

Fig. 5. Light masking of locomotor behaviour. **A.** Double plots of the median locomotor

activity (± SEM) per 30 min bin at 3 days in a 12:12 LD cycle followed by 4 days in DD.

(N*, black, n=71; D*, red, n=130; C*, Blue, n =110). Shades indicate light-off. Yellow

dashed lines delineate subjective nights. The overall ANOVA between 4 days in LD and 4

days in DD (starting from the second day in DD) indicates a significant effect of the light

regime (i.e., LD vs. DD; $F_{1,594}$ =105.03, p<0.0001) and genotype ($F_{2,594}$:173.01, p<0.0001).

The interaction genotype × environment was also significant ($F_{2,594}$:102.66, p<0.0001). Post-

hoc analysis (TukeyHSD text) revealed that both N* and C* flies became significantly more

"diurnal" when released in constant conditions (N* p<0.0001; C* p<0.001). The ND ratios of

D* flies did not significantly change in DD (p=0.94, NS).

Fig. 6. Expression of PER in clock neurons. Quantification of nuclear PER staining in N*

(full lines) and D*(dashed lines) flies maintained in LD. Shaded area represents dark.

Representative staining (composite, Z-stacks) is shown below each panel. Points represent

averages ± standard error. The peak of PER signals in ventral neurons (LNv: 5th-sLNv,

sLNv, lLNv) was delayed in N* flies, as compared to D* flies (ZT1 vs ZT21-23), as

indicated by significant time x genotype interactions: 5th-sLNv $\chi2$=12141, df=11, p<0.0001;

sLNv $\chi2$=4779.4, df=11, p<0.0001; lLNv $\chi2$=7858, df=11, p<0.0001. The N* PER signal is

stronger in sLNv ($\chi2$=2416.6, df=1, p<0.0001), LNd ($\chi2$=3924, df=1, p<0.0001) and DN1

($\chi2$=1799, df=1, p<0.0001) and weaker in DN2 ($\chi2$=523.2, df=1, p<0.05).

Fig. 7. Expression of PDF in LNv projections. PDF staining in the N* (full lines) and D*

(dashed lines) lines maintained in a 12:12 LD cycle. Shading represents light-off.

Representative staining is shown in Supplementary Fig. S4. Points represent averages ±

standard error. The N* signal was lower than the D* signal at ZT3 ($F_{1,18}$=11.99, p<0.01) and

ZT7 ($F_{1,19}$=10.13, p<0.01), and higher at ZT11 ($F_{1,15}$=10.53, p<0.01) and ZT13 ($F_{1,17}$=23.39,

p<0.001).

Fig. 8. Functional annotation of DEGs associated with diurnal preference. Pie charts

representing significant terms of DEGs in 3 pairwise contrasts (D* vs N*, D* vs C*, N* vs

C*) at ZT0 and ZT12. Sections represent the percent of enrichment for each term. p<0.05

after Benjamini correction with the exception of the "signal peptide" term at ZT0, where p =

0.054.

Fig. 9. Quantitative complementation tests. Testing whether N*, D* and C* alleles vary in

terms of their ability to complement the phenotype caused by the *Pdf* and *Pdfr* mutant alleles.

Average ND ratio ± standard deviation of *Pdf^{01}* heterozygotes (left) and of *Pdfr* using p-

element insertions *Pdfr^{5304}* (middle) and *Pdfr^{3369}* (right). Numbers of tested flies are reported

in each chart bar. * represents p < 0.05.

Data Availability

473 The RNASeq sequencing files are available at the Gene Expression Omnibus (GEO)

474 accession GSE116985 (use reviewer token: ibspysiwzvafhef).

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Figure 1

A

Frequency vs ND ratio histogram, with inset actograms.

B

ND Ratios vs Selection cycle (C0–C10).

C

mid progenies ND ratios vs mid parents ND ratios

y = 0.1431x + 0.7851
R² = 0.042
Corr: 0.2 p<0.05

D

Daughters ND ratios vs Mothers ND ratios

y = 0.1617x + 0.7056
R² = 0.059
Corr:0.24 p<005

Figure 2

Figure 3

Figure 4

Figure 5

Median locomotor activity/30 min bins

Time

Figure 6

Figure 7

Figure 8

Figure 9