Compartmentalized nonsense-mediated mRNA decay regulates synaptic plasticity and cognitive function via GluR1 signaling

Michael Notaras[1], Megan Allen[1], Francesco Longo[2], Nicole Volk[1], Miklos Toth[3], Noo Li Jeon[4], Eric Klann[2], Dilek Colak[1,5, *]

[1] Center for Neurogenetics, Feil Family Brain and Mind Research Institute, Weill Cornell Medical College, Cornell University, New York City, New York, USA.
[2] Center for Neural Science, New York University, New York City, New York, USA.
[3] Department of Pharmacology, Weill Cornell Medical College, Cornell University, New York City, New York, USA.
[4] School of Mechanical and Aerospace Engineering, Seoul National University, Seoul, South Korea.
[5] Gale & Ira Drukier Institute for Children's Health, Weill Cornell Medical College, Cornell University, New York City, New York, USA.

*Correspondence: dic2009@med.cornell.edu

Abstract

Synaptic plasticity relies on new protein synthesis in dendrites that involves the selective translation of specific mRNAs. This requires a tight control of mRNA levels in dendrites. However, unlike the pathways that activate local mRNA translation, the mechanisms that regulate local mRNA quantity are poorly understood. Here, we show that the Nonsense-Mediated mRNA Decay (NMD) pathway locally regulates GluR1 surface levels in dendrites by modulating internalization and promoting local synthesis of GluR1. We identified AMPK as a substrate for NMD that contributes to the NMD-mediated regulation of GluR1 by limiting total GluR1 levels in dendrites. We find that neuronal ablation of NMD in adult mice attenuates learning, memory, hippocampal LTP, and potentiates perseverative/repetitive behavior. These data establish that local protein synthesis is regulated at the level of degradation in dendrites and that NMD acts locally to influence cognition and synaptic plasticity.

Introduction

Nonsense-Mediated mRNA Decay (NMD) is a process that regulates protein expression though degradation of specific mRNAs [1-3]. NMD was first identified as an mRNA surveillance pathway that degrades mRNAs undergoing premature termination of translation [4-6]. These mRNAs are detected during the first round of translation. In most mRNAs, all exon-junction complexes (EJCs), a group of proteins bound to mRNA after splicing, are upstream of the termination codon, indicating that there is no exon left behind. When a ribosome encounters an EJC downstream of a termination codon, the termination codon is perceived as premature, and the mRNA is considered nonsense. This initiates NMD, recruiting three core Up-Frameshift (UPF) proteins - namely UPF1,

UPF2, and UPF3B - and ultimately leads to mRNA degradation [7, 8]. NMD thus prevents the production of truncated proteins with a dominant-negative function.

Recently, it has been shown that NMD also targets physiological mRNAs that naturally have NMD-inducing features but code for functional proteins [9, 10]. A common event that leads to NMD is alternative splicing, since alternatively spliced exons or introns typically create in-frame termination codons followed by EJCs [11, 12]. Intra-axonal translation of such an mRNA coupled to NMD controls a switch in receptor expression and thereby regulates axon guidance [11]; indicating that mRNA turnover is a key player in local protein synthesis. In some other cases, intron retention in the 3' UTRs of endogenously expressed transcripts targets them to NMD [13]. For instance, the mRNA of the synaptic plasticity protein Arc is a known target of NMD due to intron retention in its 3' UTR [13]. Arc is highly expressed in dendrites [14-17] and is required for synaptic plasticity and memory consolidation [18-21]. The levels of both *Arc* mRNA and Arc protein are increased in the absence of NMD, suggesting that NMD normally limits the amount of Arc protein by degrading its mRNA in neurons. Similar to *Arc*, various mRNAs with intron retentions are localized to dendrites [22] and have been implicated in synaptic plasticity and memory [19, 23-26]. However, the extent to which NMD is physiologically relevant to plasticity and behavior is not clear. Despite its putative link to many mental illnesses including autism and schizophrenia [27-32], NMD represents a relatively unexplored mechanism for regulating mRNA levels in synaptic function.

Synaptic plasticity underlies changes in neuronal network dynamics and is therefore considered to be the foundation of learning and memory. It takes several forms, including the modification of synaptic strength and spine structure. Synaptic transmission can be influenced by activity, becoming either enhanced, through long-term potentiation (LTP), or depressed, through long-term depression (LTD) [33]. Modulation of AMPA-receptor integrity plays a crucial role in synaptic strength. Strengthening of synapses by LTP or weakening of synaptic strength by LTD can be represented by the synaptic insertion or removal of AMPA receptors, respectively [34]. For example, low surface expression of AMPA receptor GluR1 increases the number of dendritic spines [35]. Similarly, reductions in GluR1 expression cause working-memory dissociations in mice [36]. Many higher cognitive disorders are associated with alterations in spine density and synaptic plasticity [37, 38]. Mechanisms that regulate synaptic plasticity are therefore fundamental to understanding higher brain functions, including learning and memory, and have been implicated in the etiology of neuropsychiatric diseases.

Both LTP and LTD rely on local protein synthesis in dendrites [21, 39]. Locally synthesized proteins are thought to either strengthen a pre-existing synaptic connection, by inducing structural remodeling, or to promote the formation of new synaptic connections. Deficits in mRNA regulation can result in ectopic protein synthesis and lead to cognitive disabilities [40-46], having downstream effects on synaptic plasticity and higher-order cognition. For example, exaggerated mRNA translation leads to alterations in spine density, LTP and LTD [43, 46-48] suggesting that a tight control of protein synthesis is required at many levels within dendrites [41]. A great amount of prior research has addressed the pathways that regulate translational derepression in dendrites. However, the mechanisms that control mRNA quantity during synaptic

function remain unknown. Importantly, it is not known whether NMD functions locally to regulate mRNA levels in dendrites, and if mRNA degradation contributes to the regulation of synaptic plasticity.

Here we show that both synaptic plasticity and cognitive function is physiologically regulated by NMD. We show that NMD influences GluR1 surface levels through mechanisms that regulate GluR1 internalization and nascent protein synthesis. Selective deletion of the essential NMD component UPF2 from cultured hippocampal neurons reduces both total and surface expression of GluR1 without affecting *GluR1* mRNA levels. This phenotype is recapitulated when NMD is locally disrupted in dendrites via inhibition of local synthesis of UPF3B, the only dendritically synthesized component of the NMD machinery. Loss of NMD increases internalization of GluR1 in dendrites, which may account for the reduced surface levels of this receptor. This is consistent with previous findings that Arc mediates GluR1 internalization and thereby reduces surface levels of GluR1. However, elevated levels of Arc are partially responsible for the reduced surface levels of GluR1 in NMD-deficient dendrites. In addition to its altered internalization, the local synthesis of GluR1 is also reduced in NMD-deficient dendrites due to increased levels of *AMPK* mRNA. Normalizing the levels of *AMPK* and *Arc,* together, completely corrects the GluR1 levels in NMD-deficient dendrites. Conditional deletion of *UPF2* in adult glutamatergic neurons *in vivo* disrupts learning and memory and potentiates perseverative/repetitive behavior. Loss of NMD also results in altered LTP in the adult hippocampus. These data demonstrate a role for NMD in influencing local translation pathways that regulate synaptic plasticity and cognitive function, as well as potentially other essential dendritic functions.

Results

NMD positively regulates GluR1 surface expression.
GluR1 signaling is modulated by the dynamic insertion and removal of the GluR1 receptor to the synaptic surface [49]. Regulation of GluR1 levels by local protein synthesis [50] and local protein degradation [51, 52] also contribute to proper GluR1 signaling. It was previously shown that disruption of the EJC, an essential component for targeting mRNAs to the NMD pathway, causes an increase in the surface levels of GluR1 in hippocampal dendrites *in vitro* [13]. If EJC function were specific to the NMD pathway, this would suggest that NMD negatively regulates GluR1 levels; but EJC proteins have multiple functions, including transportation and translation of mRNAs [53]. To determine if mRNA degradation by NMD specifically regulates GluR1 signaling, we measured the surface levels of GluR1 in hippocampal neurons after ablation of this pathway. To ablate NMD, we targeted the *UPF2* gene. The function of UPF2 is exclusive to the NMD pathway [54], and the ablation of *UPF2* has been used to inhibit NMD in various tissues [11, 55, 56]. We infected hippocampal neurons with a *UPF2*-shRNA:GFP lentivirus to interrupt endogenous NMD activity at 7 days *in vitro* (DIV7) and examined GluR1 expression on DIV21 (Figure 1). Infection of hippocampal neurons with *UPF2*-shRNA lentivirus led to a nearly complete loss of UPF2 protein in these neurons (Figure S1). To label surface GluR1, we incubated fixed, but not permeabilized, neurons with a monoclonal anti-Nterminus-GluR1 antibody at 4°C as described previously [57, 58]. Contrary to what is observed in studies of disrupted EJC proteins, we found that the loss of NMD led to a decrease in the surface levels of GluR1 (Figure

1; see also Figure S2 for GluR1/PSD95 quantifications). This suggests that NMD positively regulates GluR1 surface expression. *GluR1* mRNA is not a canonical target of NMD. However, it is known that some mRNAs that do not carry any NMD-inducing features can also be degraded by NMD [59]. In addition, it was suggested that GluR1 transcription is regulated by Arc [60]. Consistent with *Arc* mRNA being an established target of NMD [11, 13], the levels of both *Arc* mRNA and Arc protein are increased in hippocampal neurons upon knockdown of *UPF2* (Figure S3). We, therefore, examined cytoplasmic *GluR1* mRNA levels in NMD-deficient cell bodies. Overall *GluR1* mRNA levels were unaltered following disruption of NMD in hippocampal neurons, indicating that the reduction in GluR1 surface levels is not due to low levels of its mRNA. These data suggest that NMD modulates GluR1 signaling by restraining a mechanism that negatively regulates the synthesis, surface localization or surface turnover of GluR1 in dendrites.

NMD regulates GluR1 internalization.
We next sought to determine how NMD regulates surface expression of GluR1 in dendrites. Locally synthesized Arc is known to cause GluR1 endocytosis that leads to a decrease in the surface levels of this receptor [21, 61]. This suggests that increased levels of Arc might account for the surface GluR1 phenotype upon loss of NMD. To determine if GluR1 endocytosis is altered after disruption of NMD, we measured the basal internalization rate of GluR1 upon knockdown of *UPF2* in hippocampal dendrites using a previously established protocol [62]. We pre-incubated live DIV21 hippocampal cultures previously infected with *control-* or *UPF2*-shRNA viruses at 37°C for 5 min with anti-Nterminus-GluR1 antibody (Calbiochem, PC246) to allow labeling of surface GluR1. After washing, we incubated neurons at 37°C for 10 min to allow for basal internalization. We then fixed neurons with 4% PFA, blocked for 1 hr and incubated with Alexa-Fluor^{546} secondary antibody for 1 hr to label the surface GluR1 population. To label the pre-labeled internalized fraction, we post-fixed neurons with 100% methanol at −20°C for 1 min and stained with an AlexaFluor^{647} secondary antibody. We calculated percent internalization by dividing the integrated far-red intensity by the total intensity. GluR1 basal internalization was significantly increased in NMD-deficient hippocampal dendrites (Figure 2a). This is consistent with the increased levels of Arc in these neurons.

We next asked whether a reduction in total levels of GluR1 might also contribute to the GluR1 surface phenotype upon loss of NMD. Arc-mediated internalization of GluR1 only influences the surface levels of GluR1, but does not affect the total levels of this receptor [63]. If NMD mediates GluR1 regulation through only Arc, the total levels of GluR1 should remain unaltered after disruption of NMD. To clarify this, we measured the total levels of GluR1 using an anti-Cterminus-GluR1 antibody in permeabilized cells. We found that, similar to surface levels, total levels of GluR1 were also decreased in hippocampal dendrites upon knockdown of *UPF2* (Figure 2b). This suggests that altered internalization only partially accounts for the decreased surface expression of GluR1 in the absence of NMD, and that NMD regulates GluR1 expression through other NMD targets.

NMD positively regulates GluR1 local synthesis in dendrites.
Total levels of dendritic GluR1 are determined by *GluR1* transcription as well as a balance of local protein degradation and local protein synthesis. Because overall *GluR1*

mRNA levels are not altered upon knockdown of *UPF2* (Figure 1d)*,* we investigated the possibility of enhanced GluR1 proteolysis or decreased GluR1 synthesis in NMD-deficient dendrites. To do this, we used a custom-fabricated tripartite microfluidic device, which, unlike traditional microfluidic chambers with two channels [64], contains three channels (Figure 3a and Figure S4). As each channel is fluidically isolated, tripartite chambers permit the selective treatment or harvesting of discrete neuronal populations or compartments. In order to access a high number of dendritic synapses, a 'synaptic' channel was placed 200 µm from the edge of one channel and 500 µm away from the other. Because the average length of dendrites extending into the microgrooves is less than 300 µm at DIV21, the closer "postsynaptic cell channel" allows a large number of dendrites to project from this channel to the "synaptic" channel (Figure 3a). This enabled us to selectively isolate, treat and harvest dendrites in the subsequent experiments.

When AMPA receptors are internalized, endocytosed receptors undergo lysosome- or proteasome-mediated degradation [52, 65-68]. To study local degradation of GluR1, we cultured E16 hippocampal neurons in tripartite chambers and applied control- or *UPF2*-shRNA viruses only to postsynaptic cell channels at DIV7. This resulted in ablation of NMD only in postsynaptic cell bodies and dendrites but not in presynaptic cells (Figure S5). At DIV21, we inhibited both proteosomal and lysosomal degradation by treating the synaptic channels with MG132 and leupeptin. Following 6 hr of treatment, we measured the surface levels of GluR1 in control and NMD-deficient dendrites in the absence and presence of degradation inhibitors. Co-inhibition of lysosome- and proteasome-mediated degradation did not restore GluR1 levels in NMD-deficient dendrites (Figure S6).

We next asked whether local synthesis of GluR1 receptor is altered in NMD-deficient dendrites. To measure the dendritic synthesis of GluR1, we used a click chemistry based approach and labeled locally synthesized nascent proteins at synapses (Figure 3b). We cultured E16 hippocampal neurons in tripartite chambers and disrupted NMD only in postsynaptic cells by applying the *UPF2*-shRNA virus into postsynaptic cell channel at DIV7. At DIV21, we exchanged the growth medium in the synaptic channels to methionine-free medium containing the methionine analog azidohomoalanine (AHA) [69] to label all newly synthesized proteins at synapses. After harvesting the material from the synaptic channels, we incubated lysates with DBCO-biotin [70] to label newly synthesized proteins with biotin. We purified biotin-containing proteins over streptavidin columns, separated by SDS-PAGE, and detected protein by immunoblotting with an anti-Cterminus-GluR1 antibody. The amount of GluR1 that bound the streptavidin in the NMD-deficient synapses was significantly lower compared to the amount of GluR1 that bound the streptavidin in the control synapses (Figure 3c). This data indicates that dendritic synthesis of GluR1 is reduced in the absence of NMD.

NMD functions locally to degrade *Arc* and *AMPK* mRNAs in dendrites.
We next sought to determine how NMD regulates GluR1 protein synthesis. *AMPK* mRNA contains intron retention in its *3'UTR* [13], making this mRNA a potential substrate for NMD. Activated AMPK, the AMP-activated protein kinase, interrupts translation by either inhibiting the mammalian target of rapamycin (mTOR) kinase or the translation elongation factor 2 [71-76]. The *AMPK* mRNA that carries NMD-inducing feature is transcribed from the *PRKAG3* gene and encodes the non-catalytic subunit of

the AMPK heterodimer protein. Intriguingly, both *Arc* and *AMPK* mRNAs are localized to dendrites suggesting that they might be degraded by NMD in these compartments.

We first asked whether NMD functions locally in dendrites. NMD occurs in axonal growth cones and influences the local proteome by regulating mRNA dynamics [11]. Similar to growth cones, we found that the core proteins of the NMD machinery are localized to dendrites (Figure 4a), suggesting that NMD might exert its function in regulating GluR1 levels via a local effect in these compartments. We first examined mRNA levels of Arc and AMPK in NMD-deficient synaptic regions. To do this, at DIV7, we selectively infected postsynaptic neurons with *UPF2*-shRNA lentivirus and isolated RNA from synaptic channels at DIV21. qRT-PCR showed an increase in the levels of both *Arc* and *AMPK* mRNAs in NMD-deficient synaptic channels compared to control synaptic channels suggesting that these targets are subjected to NMD in dendrites (Figure 4b).

To determine whether NMD-mediated mRNA degradation occurs in dendrites, we examined the levels of *AMPK* and *Arc* mRNAs upon selective inhibition of translation in these compartments. NMD can only occur when ribosomes recognize NMD-inducing features in mRNAs during the first round of translation [77, 78]. Inhibition of translation hinders NMD and leads to the accumulation of NMD-target mRNAs [7]. Therefore, a widely used approach to determine whether an mRNA is subjected to NMD is to determine if it accumulates after the treatment of cells with cycloheximide (CHX), a translation inhibitor. To confirm whether these targets undergo translation-dependent degradation in synaptic regions, we cultured E16 neurons in tripartite chambers and, at DIV21, inhibited translation selectively in synaptic channels. qRT-PCR on material harvested from the synaptic channels showed that both *AMPK* and *Arc* mRNAs accumulated in these compartments upon inhibition of translation (Figure 4c).

We next asked whether NMD regulates GluR1 surface levels locally in dendrites. To address this, we disrupted NMD selectively in synaptic channels by inhibiting the local synthesis of UPF3B, a protein essential for, and specific to, the NMD pathway [79, 80]. From the NMD machinery, only the *UPF3B* mRNA is localized to dendrites [22] (Figure S7a). We confirmed that *UPF3B* is locally translated in dendrites, and that its local translation is the only source for UPF3B protein in synaptic channels (Figure S7b). To inhibit local NMD in dendrites, we targeted *UPF3B* mRNA by siRNA transfection of synaptic channels. The siRNA-mediated depletion of targets has been successfully used in microfluidic devices previously, allowing exclusive knockdown in neurites without influencing expression in cell bodies or even microgrooves [81-86]. We cultured E16 neurons in cell-body channels and, starting at DIV14, repeatedly treated synaptic channels with siRNAs against *UPF3B* mRNA for seven days. This resulted in complete loss of UPF3B protein in synaptic channels (Figure S7d). To determine whether the expression of GluR1 is affected upon a strictly local disruption of NMD in synaptic channels, we measured the frequency of surface GluR1 upon knockdown of local *UPF3B* in these channels. Similar to the knockdown of *UPF2* in postsynaptic cells, the surface frequency of GluR1 was reduced upon selective loss of UPF3B in synaptic channels (Figure 4d).

Taken together, these experiments establish the local requirement for NMD in synaptic regions and suggest that the local regulation of GluR1 by this pathway might involve *AMPK* degradation in addition to *Arc*.

AMPK negatively regulates GluR1 expression in dendrites.
We next examined whether AMPK locally influences GluR1 expression in synaptic channels. To do this, we cultured E16 neurons in cell-body channels and, starting at DIV14, repeatedly treated synaptic channels with siRNAs against *AMPK* mRNA for seven days. This resulted in almost complete loss of AMPK protein in synaptic channels (Figure 5a). We then evaluated the total levels of GluR1 in synaptic channels upon loss of AMPK. Selective inhibition of AMPK in synaptic channels significantly increased the total levels of GluR1 (Figure 5b).

Because the synaptic channels of tripartite chambers contain both dendrites and axons, it is possible that GluR1 phenotypes observed after disruption of local NMD (Figure 4d) or local *AMPK* (Figure 5b) may arise also from axonal changes and therefore not selectively from dendrites. To clarify this, we examined the proteins of the NMD machinery and targets of NMD in mature axons. Neither the NMD-specific components of the NMD machinery, nor *AMPK* or *Arc* mRNAs, were present in isolated hippocampal axons at DIV21 (Figure 5c-e). In fact, the axonal transcriptome significantly shrinks as axons mature [87] and does not include any known NMD targets [88, 89]. These data indicate that alterations in GluR1 expression upon loss of either UPF3B or AMPK proteins in synaptic channels solely originate from a local effect within dendrites.

Normalization of *AMPK* and *Arc* levels rescues GluR1 surface expression in NMD-deficient dendrites.
We next functionally tested the role of AMPK and Arc in NMD-mediated regulation of GluR1 surface expression. To do this, we systematically modulated the elevated levels of *Arc* and *AMPK* mRNAs in dendrites by siRNA transfection of synaptic channels. As siRNA treatment affects mRNA expression in a concentration-dependent manner [90-93], we first determined the amount of siRNA required to correct the levels of each target in NMD-deficient dendrites. First, we applied the *UPF2*-shRNA virus in postsynaptic cell channels at DIV7. Starting at DIV14, we treated the synaptic channels of NMD-deficient dendrites with non-overlapping siRNA cocktails at different concentrations for each target mRNA (Figure S8). After determining the amount of siRNA needed to normalize the exaggerated levels of *Arc* and *AMPK* mRNAs, we modulated the levels of these targets in synaptic channels containing NMD-deficient dendrites (Figure 6a). After a week of siRNA treatment, we evaluated the surface expression of GluR1. Compared to synaptic channels with intact NMD (i.e., those treated with *control*-shRNA lentivirus), cultures infected with *UPF2*-shRNA lentivirus had significantly lower GluR1 density as expected. Restoring expression levels of *Arc* or *AMPK* mRNAs in synaptic channels led to a significant but incomplete recovery of surface GluR1 in these compartments for each target (Figure 6b and c). We next considered whether the loss of GluR1 in NMD-deficient dendrites might be a combinatorial effect of both Arc and AMPK, with altered GluR1 surface levels arising from an amalgamation of both increased internalization and reduced protein synthesis. Normalization of both *Arc* and *AMPK* mRNAs together led to a complete recovery of GluR1 density in NMD-deficient dendrites (Figure 6b and c). This data indicates that NMD mediates the regulation of GluR1 surface expression through physiological degradation of both *Arc* and *AMPK* mRNAs in dendrites.

NMD ensures proper L-LTP and spine density in hippocampus.
We next sought to investigate the role of NMD in well studied forms of synaptic plasticity and hippocampus-dependent cognitive function in the adult brain. The activity-dependent removal of AMPA receptors, including GluR1, from synapses underlies LTD in hippocampal excitatory synapses [94]. Similarly, LTP is impaired in *GluR1* knockout mice [95, 96] suggesting that GluR1 signaling is required for proper synaptic plasticity. Both Arc and GluR1 levels are also tightly linked to cognitive function. These studies therefore implicate a role for NMD in synaptic plasticity and cognitive function. However, the extent to which NMD is physiologically relevant to plasticity and behavior is not clear. To determine this, we genetically ablated NMD in postmitotic neurons using a conditional knockout mouse of *UPF2* (*UPF2*$^{fl/fl}$) [55]. This line has been successfully used to ablate NMD in various tissues [11, 55, 56]. Because NMD is ubiquitous and required for neuronal differentiation [97], deleting the *UPF2* gene during development would preclude determining the role of NMD in adult plasticity and cognitive function. Therefore, we temporally controlled NMD ablation by crossing the *UPF2*$^{fl/fl}$ line with a mouse line that expresses tamoxifen-inducible Cre under the α*CaMKII* promoter (α*CaMKII*:*CreER*^{T2}) [98]. In all behavioral experiments, we induced Cre in 2-month old conditional-knockout (*UPF2*$^{fl/fl}$;α*CaMKII*:*CreER*^{T2}; CKO) mice as well as in their control littermates (*UPF2*$^{wt/wt}$;α*CaMKII*:*CreER*^{T2}; CTRL) by tamoxifen. This experimental design ensures that phenotypes are not caused by an acute effect of tamoxifen, or a non-specific effect of Cre at cryptic LoxP sites. Loss of UPF2 protein in cortical and hippocampal neurons was successfully achieved by 200mg/kg of tamoxifen administered every other day for 5 doses (Figure S9a). A 2-week washout period followed tamoxifen treatment before plasticity and behavioral analyses began.

We first examined the requirement for NMD in synaptic plasticity. To determine whether altered GluR1 levels cause dysregulated synaptic plasticity upon loss of NMD, we assessed both LTD and LTP in *UPF2* CKO mice. To do this, we prepared hippocampal slices from 3-month old *UPF2* CKO mice and their control littermates following induction of Cre expression by tamoxifen at 2-month of age. We incubated 400 μm slices for at least 3 hr in artificial cerebral spinal fluid (ACSF) before measuring LTP. LTP can be divided into two phases: early phase LTP (E-LTP) and late phase LTP (L-LTP). E-LTP does not require either new gene transcription or mRNA translation, whereas L-LTP requires new gene transcription and mRNA translation and results in an increase in the number of AMPA receptors accompanied by an increase in the size of the synaptic connection. Briefly, we recorded field excitatory postsynaptic potentials (fEPSPs) from the stratum radiatum and activated Schaffer collateral/commissural afferents at 0.05 Hz. We used a single 100 Hz high-frequency stimulation (HFS) to induce E-LTP and three trains of HFS with a 60 sec intertrain interval to induce L-LTP. We found that L-LTP, but not E-LTP, was significantly decreased in UPF2-deficient slices compared to control slices (Figure 7a). On the other hand, LTD, which was induced by application of 100 μM DHPG for 10 min, was not different in UPF2-deficient slices compared to control slices (Figure 7b).

We next examined spine density in *UPF2* CKO mice. During LTP, activation of glutamate receptors increases connectivity of specific neurons through the enlargement of pre-existing spines or the formation of new spines. To determine whether NMD is required for proper spine density, we quantified spine density in hippocampal dendrites

of both *UPF2* CKO and control brains cut at 200 μm. To visualize dendrites and spines, we injected AAV-αCaMKII-eGFP virus into the dorsal CA1 field 7d prior to perfusion. We observed significantly reduced CA1 spine density in *UPF2* CKO hippocampal dendrites compared to control dendrites *in vivo* (Figure 7c). These data suggest that NMD is required for proper LTP and spine density but not for LTD in hippocampus.

NMD is required for learning and memory and suppresses perseverative behavior.

We next asked whether disruption of NMD alters cognitive function and behavior. We first evaluated the general locomotor activity of conditional NMD mutant mice in locomotor photocells [99]. No difference in locomotor activity was detected between *UPF2* CKO mice and controls, indicating that NMD does not induce hypo- or hyperactivity (see Figure S9). Likewise, no evidence of anxiety-related behavior was observed in *UPF2* CKO mice in the elevated-plus maze or open field assays, nor was there a difference in sociability between groups (see Figure S9e).

We next examined hippocampus-dependent learning and memory in *UPF2* CKO mice. To do this, we used multiple behavioral paradigms, including the Y-maze, contextual fear conditioning and the Morris water maze. On the Y-maze, *UPF2* CKO mice showed no preference for the novel arm relative to the other arms, and displayed significantly worse novel arm preference than the control group (Figure 8a), suggesting that *UPF2* CKO mice have disrupted short-term spatial memory. As an additional measure of hippocampal function, we tested *UPF2* CKO mice for contextual fear memory. In this test, *UPF2 CKO* mice froze for significantly less time than controls by the last tone-shock pairing during conditioning, and this conditioning deficit resulted in worse contextual fear memory in *UPF2* CKO mice relative to control mice 24 hr later (Figure 8b and c). To further disambiguate whether our observed phenotypes on the Y-maze and contextual fear conditioning represented an acquisition failure as opposed to a memory deficit, we subjected mice to the Morris water maze. In the Morris water maze, *UPF2* CKO mice displayed a robust attenuation of learning behavior across training and correspondingly decreased exploration of the target quadrant and increased latencies to enter the (now removed) hidden platform zone on the probe trial (Figure 8d-f). *UPF2* CKO mice failed in most trials to even attempt to locate the hidden platform despite being guided to its location after each trial. Indeed, the final task performance of these mice did not surpass the performance of control mice after just two days of training. These data collectively suggest that *UPF2* CKO mice have attenuated learning behavior, which produces worse performance on common assays of hippocampus-dependent memory function.

In addition to learning and memory, altered synaptic plasticity and spine density are also associated with additional neurodevelopmental disorder endophenotypes such as sociability and perseverative/repetitive behaviors [46, 94, 100-102]. Therefore, we also assessed a broad range of repetitive behaviors in *UPF2* CKO mice including marble burying and self-grooming. In our marble burying assay, *UPF2* CKO mice buried significantly more marbles than control mice (Figure 8g; 81.14% vs 58.86% of marbles). In an activity-sampling test session, where grooming behavior was continuously monitored for 20 min, CKO mice groomed for longer and displayed a greater frequency of grooming bouts compared to the control group (Figure 8h-i). Other stereotypies such as digging, circling, and backflipping were not significantly different between the

genotypes (Figure 8i). Together, these data suggest that NMD is required for proper learning and memory, and its absence potentiates perseverative/repetitive behaviors.

Discussion

Our study identifies dendritic NMD as a mechanism that regulates synaptic plasticity and cognitive function. In addition to the enrichment of NMD-machinery components in dendrites, which suggests that NMD functions locally in these compartments, our data indicate that NMD controls GluR1 signaling by limiting the amount of Arc and AMPK in dendrites. By doing so, NMD influences one of the major forms of synaptic plasticity as well as learning and memory.

Role of NMD in regulating GluR1 signaling, synaptic plasticity and cognitive function.

Our data demonstrate that NMD positively regulates GluR1 signaling in hippocampus. GluR1 signaling is modulated by dynamic insertion and removal of the GluR1 receptor to the synaptic surface [49]. Ablation of NMD in adult hippocampal neurons caused a decrease both in the total and surface levels of this receptor. *GluR1* mRNA is not degraded by NMD, which suggested that NMD regulates GluR1 levels through other mechanisms. Our CLICK-chemistry experiments suggest that NMD positively regulates GluR1 protein synthesis. GluR1 synthesis is repressed in the absence of NMD causing a drop in the total levels of GluR1 protein. In addition, loss of NMD results in higher internalization rate of GluR1 receptor. These mechanisms together account for the surface GluR1 phenotype caused by the ablation of NMD. Therefore, NMD-dependent GluR1 regulation involves restraining synthesis and internalization of GluR1 receptor.

Our data also indicate that proper synaptic plasticity and cognitive function requires NMD. Previous studies suggested a role for NMD in cognitive function since NMD has been linked to various diseases including mental retardation, autism and childhood-onset schizophrenia [27-32]. Our data show that NMD-deficient hippocampal slices show decreased L-LTP. In addition, spine density in hippocampus is reduced in conditional NMD mutant mice compared to control mice. These data are consistent with prior reports noting that proper LTP is dependent on both the surface levels of GluR1 [34] and spine density [94, 100, 101]. Activation of glutamate receptors facilitates LTP either by through the enlargement of pre-existing spines or promoting the formation of new spines. Therefore, a reduction in spine density is consistent with a decrease in L-LTP in conditional NMD mutants. Mice also show attenuated learning and memory upon conditional ablation of NMD in excitatory neurons. Memory deficits were readily detectable in NMD-deficient mice on three independent hippocampus-dependent behavioral assays. In addition to attenuated learning and memory, loss of NMD in excitatory neurons resulted in perseverative behavior in mice, including increased marble burying and self-grooming behavior. Together, these data implicate a role for NMD in both synaptic plasticity and behavioral endophenotypes common to a spectrum of neurodevelopmental diseases including autism and schizophrenia.

Role of local AMPK in GluR1 regulation and synaptic plasticity.

Our data also show that the NMD-target AMPK, whose levels are elevated in NMD-deficient dendrites, negatively regulates GluR1 levels. The AMP kinase consists of one α, one β, and one γ subunit. We found that the mRNA of the γ subunit, which is required

for AMPK activation, is a substrate of NMD (Figure 4). Our data shows that local knockdown of AMPK within dendrites led to an increase in GluR1 levels, suggesting that AMPK negatively regulates GluR1 levels. Activated AMPK is known to interrupt translation by either inhibiting the mammalian target of rapamycin (mTOR) kinase or the translation elongation factor 2 [71-76]. Our data indicates that the local synthesis of GluR1 protein in dendrites is reduced upon disruption of NMD that is concomitantly consistent with an elevation of AMPK levels in NMD-deficient dendrites. We also show that modulation of AMPK levels within these dendrites is required to restore GluR1 surface levels. These suggest that while AMPK represses GluR1 synthesis, NMD limits the amount of AMPK thereby serving as a balance in regulating total levels of the GluR1 receptor. Whether AMPK regulates the synthesis of other synaptic proteins and how this specificity is achieved is yet to be determined. Intriguingly, inhibition of AMPK was shown to alleviate impairments in hippocampal synaptic plasticity in a mouse model of Alzheimer's disease [103]. Inhibition of AMPK corrected the Amyloid β-induced inhibition of LTP suggesting that AMPK has negative effects on LTP induction. This finding is consistent with our data that L-LTP was decreased in NMD-deficient hippocampal slices.

Role of GluR1 signaling in learning and memory.
Modulation of AMPA-receptor integrity plays a crucial role in synaptic strength. Strengthening of synapses by LTP or weakening of synaptic strength by LTD can be represented by the synaptic insertion or removal of AMPA receptors, respectively [34]. Consistent with this, alterations in GluR1 levels are linked to impairments in LTP as well as abnormalities in memory [94, 100, 101]. Our data show that hippocampal L-LTP, which is thought to underlie memory consolidation, is decreased in conditional NMD mutant mice. This phenotype is accompanied by behavioral defects, including a lack of short-term spatial memory in the Y-maze, defective associative fear learning and memory, and attenuated spatial learning and memory on the Morris water maze. Consistent with these data, reductions in GluR1 expression were shown to cause spatial memory dissociations in mice [36]. Similarly, contextual conditioning requires increased levels and surface localization of GluR1 [94, 104, 105]. We show that NMD-deficient neurons display reduced GluR1 synthesis, which results in an overall decrease in GluR1 levels. NMD-dependent control of GluR1 signaling is therefore likely to contribute to the plasticity and behavioral phenotypes conditional NMD mutant mice exhibit. However, we cannot exclude the possibility that NMD regulates other receptors or intracellular signaling pathways that might also contribute to LTP, learning and memory. Although the ionotropic glutamate receptors, N-methyl-D-aspartate receptors (NMDARs), are more static than AMPA receptors in mature neurons, subunits of NMDARs are also locally translated in dendrites [106], suggesting a potential function for NMD in regulation of NMDAR dynamics.

Activity-induced local NMD as a regulator of the dendritic proteome.
We found that NMD can occur locally in dendrites. *Arc* mRNA was shown to be locally degraded in hippocampus [107]. However, the involvement of NMD in this, as well as more broadly hippocampal function, has not been demonstrated. Our data show that the NMD machinery is localized to dendrites, and the levels of the NMD targets *Arc* and *AMPK* are elevated upon inhibition of translation in these compartments. The mRNA of UPF3B, a core member of NMD machinery, is trafficked to [22] and locally translated in

dendrites (Figure S7). Local ablation of NMD via inhibition of dendritic UPF3B synthesis results in dysregulated surface localization of GluR1, indicating that NMD locally influences GluR1 levels within dendrites. This is consistent with the dynamic modulation of GluR1 surface levels at synapses.

Our data demonstrate that local translation is regulated by mechanisms that control mRNA degradation in dendrites. Synaptic plasticity relies on local protein synthesis in dendrites [21, 39]. Locally synthesized proteins are thought to either strengthen a pre-existing synaptic connection, by inducing structural remodeling, or to promote the formation of new synaptic connections. NMD is likely to have more targets than *Arc* and *AMPK* in dendrites. In addition to its canonical targets, NMD can also degrade mRNAs that do not carry any NMD-inducing features [59]. The mechanisms by which NMD recognizes its atypical targets remain unclear. This raises the possibility that NMD might be regulating various physiological mRNAs in dendrites that cannot be predicted based on sequence information. Therefore, we cannot exclude the possibility that atypical targets of NMD may also contribute to the NMD-mediated GluR1 regulation at synapses as well as other synaptic events.

Our data also suggest that NMD is positively regulated by synaptic activity. mRNA degradation is regulated during development of the nervous system. microRNAs negatively regulate NMD activity in neural progenitors and impact the expression of a broad range of NMD targets that are important for appropriate differentiation [108]. *UPF3B* mRNA is locally translated in dendrites, where local translation of specific mRNAs is induced by synaptic stimuli [109]. This suggests that NMD activity might also be regulated in the context of synaptic function. Our data show that dendritic UPF3B protein is upregulated when synaptic channels are selectively treated with the group I mGluR agonist DHPG, a well-known synaptic stimulus (Figure S10). Activation of mGluRs induces the local translation of *Arc* [21], directing *Arc* mRNA to NMD in dendrites. NMD induction is thus likely to modulate the impact of synaptic activity on GluR1 internalization by limiting the amount of Arc protein. It is not known whether synaptic activity induces local synthesis of *AMPK* to suppress GluR1 synthesis in the long term. If that were the case, NMD would also limit the amount of AMPK to positively regulate total GluR1 levels upon synaptic activity.

Local mRNA degradation as a novel regulator of synaptic plasticity and cognitive function.

Our data also provide further insight into the mechanism by which synaptic activity mediates synaptic plasticity and cognitive function and challenges the current view that dendritic protein synthesis is regulated only at the level of translation. Furthermore, our experiments present the first example of functionally related pathways being simultaneously regulated through the local degradation of an ensemble of mRNAs coding for proteins that are pivotal in synaptic function. mRNA surveillance pathways that regulate mRNA degradation in dendrites might therefore be a novel regulator that ensures temporal and spatial concurrence of synaptic activity. Apart from NMD, UPF1 is also involved in STAU1-mediated mRNA decay (SMD) [110]. When bound to the *3'UTR*, STAU1 can elicit translation-dependent mRNA decay. STAU1 is known to associate with dendritic mRNA transport granules. Like NMD, numerous neuronal mRNAs may be natural SMD targets. Thus, mRNA decay in dendrites might be a

broader phenomenon that serves as a natural brake to influence local translation, which is in turn required for synaptic plasticity.

Acknowledgements

We thank J. Lykke-Andersen for generously providing the anti-UPF1 and anti-UPF2 antibodies, M.E. Ross for helpful comments and suggestions and M. Toth for helpful suggestions regarding behavioral assays. We also thank Nicole Volk, the research assistant of Colak lab, for technical help. This work was supported by a NHMRC CJ Martin Biomedical Fellowship awarded to M.N., a Leon Levy Foundation Grant to D.C., KoreaNRF-2015R1A2A1A09005662 to N.L.J., and NIH grants NS034007 and NS047384 to E.K.

Author contributions

M.N. performed and analyzed most of the experiments including behavioral assays. M.A. prepared all neuronal cultures. F.L. performed electrophysiology experiments. N.V. provided technical assistance. M.T. provided infrastructure support. N.L.J. designed and manufactured microfluidic devices. E.K. supervised electrophysiology experiments. D.C. initiated and conceived the project; designed, analyzed, and supervised experiments; and wrote the manuscript. All authors contributed to the experimental design and interpretation and commented on the manuscript.

References

1.   Doma, M.K. and R. Parker, *RNA quality control in eukaryotes.* Cell, 2007. **131**(4): p. 660-668.

2.   Hodgkin, J., et al., *A new kind of informational suppression in the nematode caenorhabditis elegans.* Genetics, 1989. **123**(2): p. 301-313.

3.   Leeds, P., et al., *Gene products that promote mRNA turnover in Saccharomyces cerevisiae.* Mol Cell Biol, 1992. **12**(5): p. 2165-2177.

4.   Lejeune, F. and L.E. Maquat, *Mechanistic links between nonsense-mediated mRNA decay and pre-mRNA splicing in mammalian cells.* Curr Opin Cell Biol, 2005. **17**(3): p. 309-15.

5.   Li, S. and M.F. Wilkinson, *Nonsense surveillance in lymphocytes?* Immunity, 1998. **8**(2): p. 135-41.

6.   Maquat, L.E., et al., *Unstable beta-globin mRNA in mRNA-deficient beta o thalassemia.* Cell, 1981. **27**(3 Pt 2): p. 543-53.

7.   Carter, M.S., et al., *A regulatory mechanism that detects premature nonsense codons in T-cell receptor transcripts in vivo is reversed by protein synthesis inhibitors in vitro.* J Biol Chem, 1995. **270**(48): p. 28995-9003.

8.   Zhang, J., et al., *At least one intron is required for the nonsense-mediated decay of triosephosphate isomerase mRNA: a possible link between nuclear splicing and cytoplasmic translation.* Mol Cell Biol, 1998. **18**(9): p. 5272-83.

9.   Karam, R., et al., *Regulation of nonsense-mediated mRNA decay: implications for physiology and disease.* Biochim Biophys Acta, 2013. **1829**(6-7): p. 624-33.

10.   Mendell, J.T., et al., *Nonsense surveillance regulates expression of diverse classes of mammalian transcripts and mutes genomic noise.* Nat Genet, 2004. **36**(10): p. 1073-8.

11.   Colak, D., et al., *Regulation of axon guidance by compartmentalized nonsense-mediated mRNA decay.* Cell, 2013. **153**(6): p. 1252-65.

12.   Rebbapragada, I. and J. Lykke-Andersen, *Execution of nonsense-mediated mRNA decay: what defines a substrate?* Curr Opin Cell Biol, 2009. **21**(3): p. 394-402.

13.   Giorgi, C., et al., *The EJC factor eIF4AIII modulates synaptic strength and neuronal protein expression.* Cell, 2007. **130**(1): p. 179-91.

14.   Fujimoto, T., et al., *Arc interacts with microtubules/microtubule-associated protein 2 and attenuates microtubule-associated protein 2 immunoreactivity in the dendrites.* J Neurosci Res, 2004. **76**(1): p. 51-63.

15.   Husi, H., et al., *Proteomic analysis of NMDA receptor-adhesion protein signaling complexes.* Nat Neurosci, 2000. **3**(7): p. 661-9.

16.   Moga, D.E., et al., *Activity-regulated cytoskeletal-associated protein is localized to recently activated excitatory synapses.* Neuroscience, 2004. **125**(1): p. 7-11.

17.   Rodriguez, J.J., et al., *Long-term potentiation in the rat dentate gyrus is associated with enhanced Arc/Arg3.1 protein expression in spines, dendrites and glia.* Eur J Neurosci, 2005. **21**(9): p. 2384-96.

18.   Guzowski, J.F., et al., *Inhibition of activity-dependent arc protein expression in the rat hippocampus impairs the maintenance of long-term potentiation and the consolidation of long-term memory.* J Neurosci, 2000. **20**(11): p. 3993-4001.

19.   Plath, N., et al., *Arc/Arg3.1 is essential for the consolidation of synaptic plasticity and memories.* Neuron, 2006. **52**(3): p. 437-44.

20.   Smith-Hicks, C., et al., *SRF binding to SRE 6.9 in the Arc promoter is essential for LTD in cultured Purkinje cells.* Nat Neurosci, 2010. **13**(9): p. 1082-9.

21.   Waung, M.W., et al., *Rapid translation of Arc/Arg3.1 selectively mediates mGluR-dependent LTD through persistent increases in AMPAR endocytosis rate.* Neuron, 2008. **59**(1): p. 84-97.

22.   Cajigas, I.J., et al., *The local transcriptome in the synaptic neuropil revealed by deep sequencing and high-resolution imaging.* Neuron, 2012. **74**(3): p. 453-66.

23.   Brown, T.C., et al., *NMDA receptor-dependent activation of the small GTPase Rab5 drives the removal of synaptic AMPA receptors during hippocampal LTD.* Neuron, 2005. **45**(1): p. 81-94.

24.   Fu, A.K., et al., *APC(Cdh1) mediates EphA4-dependent downregulation of AMPA receptors in homeostatic plasticity.* Nat Neurosci, 2011. **14**(2): p. 181-9.

25.   Han, Y., et al., *AMPK Signaling in the Dorsal Hippocampus Negatively Regulates Contextual Fear Memory Formation.* Neuropsychopharmacology, 2016. **41**(7): p. 1849-64.

26.   Shepherd, J.D. and M.F. Bear, *New views of Arc, a master regulator of synaptic plasticity.* Nat Neurosci, 2011. **14**(3): p. 279-84.

27.   Addington, A.M., et al., *A novel frameshift mutation in UPF3B identified in brothers affected with childhood onset schizophrenia and autism spectrum disorders.* Mol Psychiatry, 2011. **16**(3): p. 238-9.

28.   Laumonnier, F., et al., *Mutations of the UPF3B gene, which encodes a protein widely expressed in neurons, are associated with nonspecific mental retardation with or without autism.* Mol Psychiatry, 2010. **15**(7): p. 767-76.

29.   Lynch, S.A., et al., *Broadening the phenotype associated with mutations in UPF3B: two further cases with renal dysplasia and variable developmental delay.* Eur J Med Genet, 2012. **55**(8-9): p. 476-9.

30.   Tarpey, P.S., et al., *Mutations in UPF3B, a member of the nonsense-mediated mRNA decay complex, cause syndromic and nonsyndromic mental retardation.* Nat Genet, 2007. **39**(9): p. 1127-33.

31.   Nguyen, L.S., et al., *Contribution of copy number variants involving nonsense-mediated mRNA decay pathway genes to neuro-developmental disorders.* Hum Mol Genet, 2013. **22**(9): p. 1816-25.

32.   Xu, X., et al., *Exome sequencing identifies UPF3B as the causative gene for a Chinese non-syndrome mental retardation pedigree.* Clin Genet, 2013. **83**(6): p. 560-4.

33.   Malenka, R.C. and M.F. Bear, *LTP and LTD: an embarrassment of riches.* Neuron, 2004. **44**(1): p. 5-21.

34.   Fleming, J.J. and P.M. England, *AMPA receptors and synaptic plasticity: a chemist's perspective.* Nat Chem Biol, 2010. **6**(2): p. 89-97.

35.   Takumi, Y., et al., *Different modes of expression of AMPA and NMDA receptors in hippocampal synapses.* Nat Neurosci, 1999. **2**(7): p. 618-24.

36.   Reisel, D., et al., *Spatial memory dissociations in mice lacking GluR1.* Nat Neurosci, 2002. **5**(9): p. 868-73.

37.   Bhakar, A.L., G. Dolen, and M.F. Bear, *The pathophysiology of fragile X (and what it teaches us about synapses).* Annu Rev Neurosci, 2012. **35**: p. 417-43.

38.   Crabtree, G.W. and J.A. Gogos, *Synaptic plasticity, neural circuits, and the emerging role of altered short-term information processing in schizophrenia.* Front Synaptic Neurosci, 2014. **6**: p. 28.

39.   Messaoudi, E., et al., *Sustained Arc/Arg3.1 synthesis controls long-term potentiation consolidation through regulation of local actin polymerization in the dentate gyrus in vivo.* J Neurosci, 2007. **27**(39): p. 10445-55.

40.   Bassell, G.J. and S. Kelic, *Binding proteins for mRNA localization and local translation, and their dysfunction in genetic neurological disease.* Curr Opin Neurobiol, 2004. **14**(5): p. 574-81.

41.   Buffington, S.A., W. Huang, and M. Costa-Mattioli, *Translational control in synaptic plasticity and cognitive dysfunction.* Annu Rev Neurosci, 2014. **37**: p. 17-38.

42.   Darnell, J.C. and E. Klann, *The translation of translational control by FMRP: therapeutic targets for FXS.* Nat Neurosci, 2013. **16**(11): p. 1530-6.

43.   Gkogkas, C.G., et al., *Autism-related deficits via dysregulated eIF4E-dependent translational control.* Nature, 2013. **493**(7432): p. 371-7.

44.   Kelleher, R.J., 3rd and M.F. Bear, *The autistic neuron: troubled translation?* Cell, 2008. **135**(3): p. 401-6.

45.   Liu-Yesucevitz, L., et al., *Local RNA translation at the synapse and in disease.* J Neurosci, 2011. **31**(45): p. 16086-93.

46.   Santini, E., et al., *Exaggerated translation causes synaptic and behavioural aberrations associated with autism.* Nature, 2013. **493**(7432): p. 411-5.

47.   Huber, K.M., et al., *Dysregulation of Mammalian Target of Rapamycin Signaling in Mouse Models of Autism.* J Neurosci, 2015. **35**(41): p. 13836-42.

48.   Sidorov, M.S., B.D. Auerbach, and M.F. Bear, *Fragile X mental retardation protein and synaptic plasticity.* Mol Brain, 2013. **6**: p. 15.

49.   Anggono, V. and R.L. Huganir, *Regulation of AMPA receptor trafficking and synaptic plasticity.* Curr Opin Neurobiol, 2012. **22**(3): p. 461-9.

50.   Ju, W., et al., *Activity-dependent regulation of dendritic synthesis and trafficking of AMPA receptors.* Nat Neurosci, 2004. **7**(3): p. 244-53.

51.   Lin, A., et al., *Nedd4-mediated AMPA receptor ubiquitination regulates receptor turnover and trafficking.* J Neurochem, 2011. **119**(1): p. 27-39.

52.   Schwarz, L.A., B.J. Hall, and G.N. Patrick, *Activity-dependent ubiquitination of GluA1 mediates a distinct AMPA receptor endocytosis and sorting pathway.* J Neurosci, 2010. **30**(49): p. 16718-29.

53.   Le Hir, H., J. Sauliere, and Z. Wang, *The exon junction complex as a node of post-transcriptional networks.* Nat Rev Mol Cell Biol, 2016. **17**(1): p. 41-54.

54.   Lykke-Andersen, S. and T.H. Jensen, *Nonsense-mediated mRNA decay: an intricate machinery that shapes transcriptomes.* Nat Rev Mol Cell Biol, 2015. **16**(11): p. 665-77.

55.   Weischenfeldt, J., et al., *NMD is essential for hematopoietic stem and progenitor cells and for eliminating by-products of programmed DNA rearrangements.* Genes Dev, 2008. **22**(10): p. 1381-96.

56.   Zheng, S., et al., *PSD-95 is post-transcriptionally repressed during early neural development by PTBP1 and PTBP2.* Nat Neurosci, 2012. **15**(3): p. 381-8, S1.

57.   Gu, Z., et al., *Regulation of NMDA receptors by neuregulin signaling in prefrontal cortex.* J Neurosci, 2005. **25**(20): p. 4974-84.

58.   Noel, J., et al., *Surface expression of AMPA receptors in hippocampal neurons is regulated by an NSF-dependent mechanism.* Neuron, 1999. **23**(2): p. 365-76.

59.   He, F. and A. Jacobson, *Nonsense-Mediated mRNA Decay: Degradation of Defective Transcripts Is Only Part of the Story.* Annu Rev Genet, 2015. **49**: p. 339-66.

60.   Korb, E., et al., *Arc in the nucleus regulates PML-dependent GluA1 transcription and homeostatic plasticity.* Nat Neurosci, 2013. **16**(7): p. 874.

61.   Chowdhury, S., et al., *Arc/Arg3.1 interacts with the endocytic machinery to regulate AMPA receptor trafficking.* Neuron, 2006. **52**(3): p. 445-59.

62.   Aoto, J., et al., *Presynaptic neurexin-3 alternative splicing trans-synaptically controls postsynaptic AMPA receptor trafficking.* Cell, 2013. **154**(1): p. 75-88.

63.   Rial Verde, E.M., et al., *Increased expression of the immediate-early gene arc/arg3.1 reduces AMPA receptor-mediated synaptic transmission.* Neuron, 2006. **52**(3): p. 461-74.

64.   Taylor, A.M., et al., *A microfluidic culture platform for CNS axonal injury, regeneration and transport.* Nat Methods, 2005. **2**(8): p. 599-605.

65.   Ehlers, M.D., *Reinsertion or degradation of AMPA receptors determined by activity-dependent endocytic sorting.* Neuron, 2000. **28**(2): p. 511-25.

66.   Patrick, G.N., et al., *Ubiquitin-mediated proteasome activity is required for agonist-induced endocytosis of GluRs.* Curr Biol, 2003. **13**(23): p. 2073-81.

67.   Widagdo, J., et al., *Activity-Dependent Ubiquitination of GluA1 and GluA2 Regulates AMPA Receptor Intracellular Sorting and Degradation.* Cell Rep, 2015.

68.   Zhang, D., et al., *Na,K-ATPase activity regulates AMPA receptor turnover through proteasome-mediated proteolysis.* J Neurosci, 2009. **29**(14): p. 4498-511.

69.   Dieterich, D.C., et al., *Selective identification of newly synthesized proteins in mammalian cells using bioorthogonal noncanonical amino acid tagging (BONCAT).* Proc Natl Acad Sci U S A, 2006. **103**(25): p. 9482-7.

70.   Ning, X., et al., *Visualizing metabolically labeled glycoconjugates of living cells by copper-free and fast huisgen cycloadditions.* Angew Chem Int Ed Engl, 2008. **47**(12): p. 2253-5.

71.   Gwinn, D.M., et al., *AMPK phosphorylation of raptor mediates a metabolic checkpoint.* Mol Cell, 2008. **30**(2): p. 214-226.

72.   Bolster, D.R., et al., *AMP-activated protein kinase suppresses protein synthesis in rat skeletal muscle through down-regulated mammalian target of rapamycin (mTOR) signaling.* J Biol Chem, 2002. **277**(27): p. 23977-23980.

73.   Inoki, K., T. Zhu, and K.-L. Guan, *TSC2 mediates cellular energy response to control cell growth and survival.* Cell, 2003. **115**(5): p. 577-590.

74.   Horman, S., et al., *Activation of AMP-activated protein kinase leads to the phosphorylation of elongation factor 2 and an inhibition of protein synthesis.* Curr Biol, 2002. **12**(16): p. 1419-1423.

75.   Kimura, N., et al., *A possible linkage between AMP‑activated protein kinase (AMPK) and mammalian target of rapamycin (mTOR) signalling pathway.* Genes Cells, 2003. **8**(1): p. 65-79.

76.   Sarbassov, D.D., S.M. Ali, and D.M. Sabatini, *Growing roles for the mTOR pathway.* Curr Opin Cell Biol, 2005. **17**(6): p. 596-603.

77.   Ishigaki, Y., et al., *Evidence for a pioneer round of mRNA translation: mRNAs subject to nonsense-mediated decay in mammalian cells are bound by CBP80 and CBP20.* Cell, 2001. **106**(5): p. 607-17.

78.   Singh, G., et al., *Communication with the exon-junction complex and activation of nonsense-mediated decay by human Upf proteins occur in the cytoplasm.* Mol Cell, 2007. **27**(5): p. 780-92.

79.   Chamieh, H., et al., *NMD factors UPF2 and UPF3 bridge UPF1 to the exon junction complex and stimulate its RNA helicase activity.* Nat Struct Mol Biol, 2008. **15**(1): p. 85-93.

80.   Huang, L., et al., *RNA homeostasis governed by cell type-specific and branched feedback loops acting on NMD.* Mol Cell, 2011. **43**(6): p. 950-61.

81.   Baleriola, J., et al., *Axonally synthesized ATF4 transmits a neurodegenerative signal across brain regions.* Cell, 2014. **158**(5): p. 1159-72.

82.   Gracias, N.G., N.J. Shirkey-Son, and U. Hengst, *Local translation of TC10 is required for membrane expansion during axon outgrowth.* Nat Commun, 2014. **5**: p. 3506.

83.   Hengst, U., et al., *Functional and selective RNA interference in developing axons and growth cones.* J Neurosci, 2006. **26**(21): p. 5727-32.

84.   Hengst, U., et al., *Axonal elongation triggered by stimulus-induced local translation of a polarity complex protein.* Nat Cell Biol, 2009. **11**(8): p. 1024-30.

85.   Schudel, B.R., et al., *Microfluidic platforms for RNA interference screening of virus-host interactions.* Lab Chip, 2013. **13**(5): p. 811-7.

86.   Zhang, Y., et al., *MicroRNAs in the axon locally mediate the effects of chondroitin sulfate proteoglycans and cGMP on axonal growth.* Dev Neurobiol, 2015. **75**(12): p. 1402-19.

87.   Deglincerti, A. and S.R. Jaffrey, *Insights into the roles of local translation from the axonal transcriptome.* Open Biol, 2012. **2**(6): p. 120079.

88.   Gumy, L.F., et al., *Transcriptome analysis of embryonic and adult sensory axons reveals changes in mRNA repertoire localization.* RNA, 2011. **17**(1): p. 85-98.

89.   Taylor, A.M., et al., *Axonal mRNA in uninjured and regenerating cortical mammalian axons.* J Neurosci, 2009. **29**(15): p. 4697-707.

90.   Caffrey, D.R., et al., *siRNA off-target effects can be reduced at concentrations that match their individual potency.* PLoS One, 2011. **6**(7): p. e21503.

91.   Elbashir, S.M., et al., *Duplexes of 21-nucleotide RNAs mediate RNA interference in cultured mammalian cells.* Nature, 2001. **411**(6836): p. 494-8.

92.   Ki, K.H., et al., *The optimal concentration of siRNA for gene silencing in primary cultured astrocytes and microglial cells of rats.* Korean J Anesthesiol, 2010. **59**(6): p. 403-10.

93.   Persengiev, S.P., X. Zhu, and M.R. Green, *Nonspecific, concentration-dependent stimulation and repression of mammalian gene expression by small interfering RNAs (siRNAs).* RNA, 2004. **10**(1): p. 12-8.

94.   Kessels, H.W. and R. Malinow, *Synaptic AMPA receptor plasticity and behavior.* Neuron, 2009. **61**(3): p. 340-50.

95.   Mack, V., et al., *Conditional restoration of hippocampal synaptic potentiation in Glur-A-deficient mice.* Science, 2001. **292**(5526): p. 2501-4.

96.   Zamanillo, D., et al., *Importance of AMPA receptors for hippocampal synaptic plasticity but not for spatial learning.* Science, 1999. **284**(5421): p. 1805-11.

97.   Karam, R. and M. Wilkinson, *A conserved microRNA/NMD regulatory circuit controls gene expression.* RNA Biol, 2012. **9**(1): p. 22-6.

98.   Madisen, L., et al., *A robust and high-throughput Cre reporting and characterization system for the whole mouse brain.* Nat Neurosci, 2010. **13**(1): p. 133-40.

99.   Parks, C.L., et al., *Increased anxiety of mice lacking the serotonin1A receptor.* Proc Natl Acad Sci U S A, 1998. **95**(18): p. 10734-9.

100.   Korb, E. and S. Finkbeiner, *Arc in synaptic plasticity: from gene to behavior.* Trends Neurosci, 2011. **34**(11): p. 591-8.

101.   Penzes, P., et al., *Dendritic spine pathology in neuropsychiatric disorders.* Nat Neurosci, 2011. **14**(3): p. 285-93.

102.   Tang, G., et al., *Loss of mTOR-dependent macroautophagy causes autistic-like synaptic pruning deficits.* Neuron, 2014. **83**(5): p. 1131-43.

103.   Ma, T., et al., *Inhibition of AMP-activated protein kinase signaling alleviates impairments in hippocampal synaptic plasticity induced by amyloid β.* J Neurosci, 2014. **34**(36): p. 12230-12238.

104.   Matsuo, N., L. Reijmers, and M. Mayford, *Spine-type-specific recruitment of newly synthesized AMPA receptors with learning.* Science, 2008. **319**(5866): p. 1104-1107.

105.   Whitlock, J.R., et al., *Learning induces long-term potentiation in the hippocampus.* Science, 2006. **313**(5790): p. 1093-1097.

106.   Swanger, S.A., et al., *Dendritic GluN2A synthesis mediates activity-induced NMDA receptor insertion.* J Neurosci, 2013. **33**(20): p. 8898-908.

107.   Farris, S., et al., *Selective localization of arc mRNA in dendrites involves activity- and translation-dependent mRNA degradation.* J Neurosci, 2014. **34**(13): p. 4481-93.

108.   Bruno, I.G., et al., *Identification of a microRNA that activates gene expression by repressing nonsense-mediated RNA decay.* Mol Cell, 2011. **42**(4): p. 500-510.

109.   Wang, D.O., K.C. Martin, and R.S. Zukin, *Spatially restricting gene expression by local translation at synapses.* Trends Neurosci, 2010. **33**(4): p. 173-82.

110.   Kim, Y.K., et al., *Mammalian staufen1 recruits UPF1 to specific mRNA 3'UTRs so as to elicit mRNA decay.* Cell, 2005. **120**(2): p. 195-208.

111. Luo, Z., et al., *AMPK, the metabolic syndrome and cancer.* Trends Pharmacol Sci, 2005. **26**(2): p. 69-76.

Fig. 1 | NMD is required for proper surface expression of GluR1.
Disruption of EJC proteins, which are instrumental in directing selected mRNAs towards NMD, has been shown to result in increased surface GluR1 levels in dendrites. This suggests that NMD may regulate GluR1 levels, however EJC proteins are not specific to the NMD pathway. Therefore, we sought to specifically determine if NMD directly regulates GluR1 signaling. To do this, we cultured mouse hippocampal neurons at E16 and infected with a *control*- or *UPF2*-shRNA lentivirus at DIV7, which led to a robust and global depletion of UPF2 in these neurons (see Figure S1). The ablation of UPF2, as opposed to other NMD-related proteins, was selected given its specificity to the NMD pathway.

a-b, Hippocampal neurons infected with the *control*- or *UPF2-shRNA* lentivirus at DIV7 were fixed at DIV21. To detect surface GluR1 levels, fixed but not permeabilized neurons were stained with an anti-N-terminus-GluR1 antibody. Following this, we permeabilized neurons and costained for the synaptic vesicle marker, synapsin. The cells were visualized with GFP endogenously expressed in infected neurons by the lentiviruses applied. Representative examples of low and high magnification of surface GluR1 staining in GFP-positive neurons shown in (**a**) and (**b**), respectively. Arrows show examples of positive and negative GluR1 signal at spines.

c, Quantifications of surface GluR1 puncta revealed that neurons with disrupted NMD had approximately 50% lower surface GluR1 frequency in dendrites, compared to neurons infected with control virus (n=3 biological replicates per group; 10 neurons and 24 dendrites per group). Disruption of NMD did not change synapsin density indicating that decreased GluR1 levels do not arise from an alteration in the synaptic potential of NMD-deficient neurons. Additionally, this phenotype was recapitulated when PSD-95 was utilized as an alternative synaptic marker (see Figure S2).

d, To determine whether a reduction in *GluR1* mRNA levels accounts for the decrease in surface GluR1 protein, we prepared cDNA from control and NMD-deficient neurons at DIV21 and performed qRT-PCR for *GluR1* mRNA. qRT-PCR data revealed no significant difference in *GluR1* mRNA levels between *control*- and *UPF2*-shRNA infected neurons (n=3 replicates per group). This data suggests that alteration in *GluR1* transcription or degradation is not responsible for the loss of surface GluR1 protein in NMD-deficient dendrites

Data are represented as mean ± Standard Error of the Mean (SEM); **p < 0.01. Scale bar: 20 μm.

Fig. 2 | NMD regulates GluR1 internalization.

a, The levels of both *Arc* mRNA and Arc protein are increased in hippocampal dendrites upon knockdown of *UPF2* (see Figure S3). Because Arc drives the removal of surface GluR1 from synapses [21, 61], we examined the possibility that GluR1 internalization may occur at an increased rate in NMD-deficient dendrites due to increased Arc levels. To do this, we measured basal internalization rates of GluR1 receptor at DIV 21. We pre-incubated live cells with anti-N-terminus GluR1 antibody for 5 min, fixed, and labeled with Alexa-546 secondary to allow surface labeling of GluR1. To visualize and measure the pre-labeled internalized fraction, neurons were postfixed with methanol at -20°C for 1 min and incubated with Alexa-647 secondary. Percent internalization, calculated by dividing the integrated far-red puncta by total puncta, showed that neurons lacking NMD internalized approximately 50% more GluR1 compared to neurons infected with *control*-shRNA lentivirus (6.25% vs. 12.41% internalized GluR1; n=3 biological replicates per *control*-shRNA [13 neurons, 33 dendrites] and per *UPF2*-shRNA [20 neurons, 53 dendrites]).

b, We next sought to determine whether an alteration in total levels of GluR1 contributes to the reduced surface expression of this receptor in NMD-deficient dendrites. The total levels of GluR1 are independent of its internalization rate. Importantly, while Arc-mediated internalization of GluR1 influences surface levels, it does not influence total GluR1 levels [63]. To determine whether total GluR1 levels are affected upon loss of NMD, we quantified total GluR1 puncta using an anti-C-terminus-GluR1 antibody in fixed and permeabilized cells. NMD-deficient dendrites had significantly lower GluR1 density compared to control dendrites (n=3 biological replicates per *control*-shRNA [11 neurons, 29 dendrites] and per *UPF2*-shRNA [14 neurons, 29 dendrites]). This suggests that while NMD does not alter *GluR1* transcription or mRNA degradation, there is either an increase in GluR1 receptor degradation or a decrease in GluR1 synthesis.

Data are represented as mean ± SEM; **p < 0.01, and ***p < 0.001. Scale bar: 20 μm.

a

Postsynaptic channel ← 1 2 3 → Presynaptic channel

M M

200μm   500μm

Dendrites   Axons

Grooves   Grooves

MAP2   DAPI

Postsynaptic Channel   Synaptic Channel   Presynaptic Channel

b

± AHA ± Cycloheximide

UPF2 shRNA Virus

UPF2 shRNA Virus

± AHA ± Cycloheximide

c

CLICK-Chemistry of Nascent GluR1 Synthesis in Synaptic Channel

AHA+, *UPF2*-shRNA *

AHA+, *Control*-shRNA

AHA+, Cycloheximide

AHA-, +Methionine

0   10000   20000   30000   40000

Optical Density

Fig. 3 | Local synthesis of GluR1 is repressed in NMD-deficient dendrites

Because NMD does not regulate *GluR1* mRNA transcription or degradation (Figure 1), an alteration in the balance of local synthesis and local degradation of GluR1 protein is likely to be responsible for the reduction in local GluR1 levels observed upon knockdown of *UPF2*. To study the local synthesis of GluR1, we used a custom microfluidic device (see Methods) that allows selective access to synaptic compartments *in vitro*.

a, Schematic of custom tripartite microfluidic device used in the study of synaptic events. This microfluidic device contains three channels separated by microgrooves (M), which creates both fluidic and physical isolation between channels. When neurons are cultured in channels 1 and 3, channel 2 (middle channel) becomes enriched with dendrites and axons. As the microgrooves that separate channels 1 and 3 from the middle channel are of different lengths, dendrites of neurons cultured only in channel 1 (postsynaptic) can extend to the synaptic channel located in the middle of the device. At DIV8, immunostaining for the dendrite marker MAP2 (see axonal projection in Figure S4) showed that the synaptic channel is populated with dendrites exclusively from the postsynaptic channel. Arrows show that MAP2-positive dendrites from channel 3 do not reach the synaptic channel.

b-c, To examine local synthesis of GluR1 protein in NMD-deficient dendrites, we cultured E16 hippocampal neurons in tripartite chambers and applied *control-* or *UPF2-*shRNA virus to postsynaptic cell body channels at DIV7. This resulted in loss of UPF2 protein only in postsynaptic cell bodies and dendrites but not in presynaptic cells (see Figure S5). To measure the dendritic synthesis of GluR1, we used a CLICK-chemistry approach that labeled locally synthesized proteins at synapses. At DIV21, we exchanged the growth medium selectively within synaptic channels to methionine-free medium containing the methionine analog azidohomoalanine (AHA, 25 µM; see **c**). After harvesting material from the synaptic channels (red box), we incubated lysates with DBCO-biotin (30 µM) for 1 hr at ambient temperature. We purified biotin-containing proteins over streptavidin columns, separated by SDS-PAGE, and detected nascent GluR1 with an anti-C-terminus antibody. The dendrites of NMD-deficient neurons exhibited a significant reduction in newly synthesized GluR1 levels compared to control cultures. Since local degradation of GluR1 protein is not altered in the absence of NMD (see Figure S6), the drop in rate of local synthesis of GluR1 in dendrites is responsible for the overall reduction in the total levels of this receptor upon loss of NMD.

Data are represented as mean ± SEM; **p < 0.01. Scale bar: 200 µm.

Fig. 4 | NMD locally regulates the levels of surface GluR1.

a, The NMD machinery is localized to dendrites. Both GluR1 internalization and synthesis are locally controlled in dendrites, suggesting that NMD might regulate GluR1 signaling in these compartments. In fact, the dendritic synthesis of GluR1 is altered in the absence of NMD (Figure 3**c**), supporting the hypothesis that NMD might occur in dendrites. Because this would require the presence of NMD-machinery components in dendrites, we first examined whether the major proteins of the NMD machinery localize to dendrites. We cultured E16 hippocampal neurons in the cell-body channels of tripartite microfluidic devices, and at DIV21, we fixed and stained synaptic channels for UPF1, UPF2 and UPF3B. All three proteins were readily detected in dendrites. MAP2 was used to visualize dendrites.

b-c, *Arc* and *AMPK* mRNAs are subjected to NMD in dendrites.

b, Arc is known to influence surface levels of GluR1 by regulating GluR1 internalization [21, 61]. Intriguingly, AMPK, another protein whose mRNA contains intron retention in the 3'*UTR*, has also been reported to regulate protein levels by suppressing protein synthesis [111]. Because both internalization and local synthesis of GluR1 are altered in NMD-deficient dendrites, we asked whether *Arc* and *AMPK* mRNAs are subjected to NMD in the synaptic channels of tripartite microfluidic devices. We first examined mRNA levels upon ablation of NMD. We cultured E16 neurons in tripartite chambers and infected postsynaptic neurons with *control-* or *UPF2*-shRNA lentivirus at DIV7. We harvested material from synaptic channels for qRT-PCR at DIV21. Compared to the synaptic material harvested from cultures infected with *control*-shRNA virus, both *Arc* and *AMPK* mRNAs were elevated in the synaptic regions of NMD-deficient postsynaptic neurons (n=3 biological replicates).

c, NMD-mediated decay is translation dependent; specifically, NMD recognizes its targets only upon their translation. Therefore, inhibition of translation causes an increase in the levels of mRNAs normally subjected to NMD, thus identifying accumulated mRNAs as NMD targets. To determine whether *Arc* and *AMPK* are accumulated in dendrites upon inhibition of translation, we selectively treated synaptic channels with the translation inhibitor CHX (10 µM) at DIV21 for 3 hr. This resulted in the significant accumulation of both *Arc* and *AMPK* mRNAs (n=3 biological replicates) Together, these data suggest that NMD degrades both *Arc* and *AMPK* locally within dendrites.

d, NMD locally regulates surface expression of GluR1 in dendrites. In the previous experiments, NMD was ablated only in postsynaptic neurons, which did not directly test the local role of this pathway in regulating GluR1 signaling specifically in dendrites. To disrupt NMD locally in dendrites, we interfered with the local synthesis of UPF3B by applying a siRNA cocktail against the *UPF3B* mRNA selectively to the synaptic channels of tripartite chambers. UPF3B is specific to the NMD pathway, and its local synthesis in dendrites is the only source for this protein in these compartments (see Figure S7) allowing the study of local NMD. We cultured E16 neurons in cell-body channels and, starting at DIV14, we repeatedly treated synaptic channels with non-overlapping *UPF3B*-siRNAs (10 nM) for 7 days, which led to complete loss of UPF3B exclusively in these channels (see Figure S7). Exclusive loss of UPF3B in synaptic channels resulted in a greater than 40% decrease in the surface levels of GluR1

compared to control cultures (n=10; 10 neurons and 10 dendrites per group). This suggests that the NMD-mediated regulation of GluR1 occurs locally in dendrites. Data are represented as mean ± SEM; **p < 0.01, ***p < 0.001, and ****p < 0.0001. Scale bar: 20 µm.

Figure 5.

Fig. 5 | Locally synthesized AMPK negatively regulates GluR1 levels in dendrites.
a-b, Local synthesis of GluR1 is repressed in NMD-deficient dendrites (Figure 3). Activated AMPK is known to interrupt translation by either inhibiting the mammalian target of rapamycin (mTOR) kinase or the translation elongation factor 2. These suggest that NMD might regulate total levels of GluR1 through degradation of *AMPK* mRNA in dendrites. To determine whether local AMPK in dendrites modulates GluR1 levels, we inhibited AMPK synthesis in the synaptic channels of tripartite microfluidic devices and examined total GluR1 levels. Application of 10 nM of two non-overlapping *AMPK*-siRNAs to synaptic channels for 7 days, starting at DIV14, led to selective depletion of AMPK in dendrites in synaptic channels but not in dendrites in microgrooves (see middle panel of **a**). Local ablation of AMPK increased the total levels of GluR1 by ~80% in synaptic channels (n=3 biological replicates per *control*-siRNA [6 neurons, 9 dendrites] and per *AMPK*-siRNA [8 neurons, 9 dendrites] (**b**). This suggests that elevated levels of dendritic AMPK in the absence of NMD may account for reduced GluR1 levels in dendrites.
c-e, The NMD machinery, and NMD targets, are not expressed in mature axons. The synaptic channel of tripartite chambers contains both dendrites and axons, raising the possibility that some of the phenotypes observed upon loss of local NMD or AMPK in synaptic channels might arise from affected axons. To clarify this, we addressed whether the NMD machinery, as well as *Arc* and *AMPK,* are also present in mature axons in addition to dendrites. We cultured E16 neurons in two-partite microfluidic chambers (**c**). Unlike tripartite chambers used in other experiments, two-partite chambers allow physical isolation of axons [11]. At DIV21, we collected the axonal material and measured the levels of *Arc* and *AMPK* mRNAs by qRT-PCR (**e**). While the axonal mRNA *L32* was readily detected, mature hippocampal axons lacked *Arc* and *AMPK* mRNAs (n=3 biological replicates). This is consistent with previous reports that the axonal transcriptome significantly shrinks as axons mature [87] and does not include any known NMD targets [88, 89]. Similarly, unlike navigating axons [11], mature axons did not contain the major proteins of the NMD machinery. These data suggest that the GluR1 phenotypes observed upon application of siRNAs against both *UPF3B* and *AMPK* in the synaptic channels of tripartite chambers solely originate from dendrites and not axons.
Data are represented as mean ± SEM; ****$p < 0.0001$. Scale bar: **a-b** 20 μm, **d** 30 μm.

Fig. 6 | NMD regulates surface GluR1 levels via degradation of *Arc* and *AMPK* in dendrites.

a-c, We next sought to functionally test the role Arc and AMPK in NMD-mediated GluR1 regulation. To do this, we ablated NMD only in postsynaptic neurons by applying *UPF2-*shRNA virus in the postsynaptic cell channels of tripartite chambers at DIV7, and then systematically normalized the elevated levels of NMD targets in dendrites by siRNA transfection of synaptic channels at DIV14 for a week (**a**). First, we determined the amount of siRNA required to correct the levels of each target in NMD-deficient dendrites by treating the synaptic channels of tripartite chambers with non-overlapping siRNA cocktails at different concentrations (10 pm - 1 nm) for each target mRNA (see Figure S8). Immunostainings and quantifications were performed within synaptic channels (red box). Compared to cultures with intact NMD in postsynaptic cells (i.e., those treated with *control*-shRNA lentivirus), cultures infected with *UPF2*-shRNA lentivirus had significantly lower surface GluR1 as expected. Restoring expression levels of *Arc* (50 pmol of siRNA) or *AMPK* (100 pmol of siRNA) in NMD-deficient dendrites led to a significant but incomplete recovery of GluR1 density for each target (n=3 biological replicates per *control*-siRNA [10 neurons, 10 dendrites], *Arc*-siRNA [10 neurons, 10 dendrites] and per *AMPK*-siRNA [10 neurons, 10 dendrites]). We next considered whether reduced GluR1 in NMD-deficient dendrites might be a combinatorial effect of both Arc and AMPK, due to an amalgamation of both increased internalization and decreased translation from each respective molecule. Co-normalization of both *Arc* and *AMPK* levels led to a complete recovery of GluR1 surface density in NMD-deficient dendrites, resulting in an expression profile indistinguishable from control cultures. These data indicate that increased *Arc* and *AMPK* upon loss of NMD together account for the low surface expression of GluR1 in dendrites.

Data are represented as mean ± SEM; ****p < 0.0001, N.S. represents "Not Significant". Scale bar: 75 μm.

Fig. 7 | NMD regulates hippocampal synaptic plasticity and spine density.
a-b, NMD regulates LTP but not LTD in hippocampus. Strengthening of synapses by LTP, or weakening of synaptic strength by LTD, can be represented by the synaptic insertion or removal of AMPA receptors, respectively [34]. This suggests that NMD might play a role in the major forms of synaptic plasticity. To address this, we genetically ablated NMD in postmitotic neurons using a conditional knockout mouse of *UPF2* (*UPF2*$^{fl/fl}$). We spatially and temporally controlled NMD ablation by crossing *UPF2*$^{fl/fl}$ with a mouse line that expresses tamoxifen-inducible Cre under the α*CaMKII* promoter (*UPF2*$^{fl/fl}$;α*CaMKII*:*CreER*^{T2}; referred to as CKO). We treated CKO and CTRL (*UPF2*$^{wt/wt}$;α*CaMKII*:*CreER*^{T2}) mice with tamoxifen (200 mg/kg) every-other-day for 5 doses from 6 weeks of age. This tamoxifen regimen led to successful depletion of UPF2 from postmitotic hippocampal neurons (see Figure S9). To measure LTP, hippocampal slices (400 μm) were prepared at approximately 10 weeks of age. To induce LTP, we used either one (E-LTP) or three (L-LTP) 1 sec 100-Hz high-frequency stimulation trains, with an intertrain interval of 60 sec for the L-LTP experiments. Although E-LTP was not altered in CKO mice, when fEPSPs were compared to CTRL mice, we found that L-LTP was disrupted in CKO mice (n=12 hippocampal slices from 7 CTRL mice, n=14 slices from 8 CKO mice, **a**). For LTD, Cre was induced at 3 weeks of age and hippocampal slices were acquired from 6 week-old CTRL and CKO mice. LTD was induced by acute application of 100 μM DHPG for 10 min to hippocampal slices. fEPSPs were collected for 60 min post-LTD induction. Compared to CTRL mice (n=14 slices from 7 mice), CKO mice (n=10 slices from 5 mice) did not show significantly different slope values post-DHPG application indicating that LTD is unaltered in the absence of NMD in hippocampus (**b**).
c, Disruption of NMD leads to a decrease in spine density in hippocampal excitatory neurons. Synaptic plasticity is tightly linked to spine density and form. We therefore sought to examine whether loss of NMD alters spine density in hippocampus. To visualize dendrites and spines in CTRL and CKO mice, we stereotaxically injected AAV-CaMKIIa-eGFP virus bilaterally into the CA1 subfields of the hippocampus. To perform spine quantification, we cut CTRL and CKO brains at 200 μm and acquired images by creating maximum intensity projections from Z-stacks using up to ~30 optical sections (0.75 μm per section, Olympus Fluoview). CKO mice showed significantly fewer spines on the apical dendrites of hippocampal CA1 neurons compared to CTRL mice (n=3 mice per group; 4-10 independent apical dendrite segments were acquired from up to 5 distinct fields of imaging per mouse). Together, these data indicate that NMD is required for proper synaptic plasticity and spine density in the adult hippocampus.
Data are represented as mean ± SEM; *p < 0.05 and ****p < 0.0001. Scale bar: 5 μm.

Fig. 8 | NMD is required for learning and memory and suppresses perseverative behavior.

a-c, To assess hippocampus-dependent short-term spatial and associative memory, we subjected CKO and CTRL mice to the Y-maze and contextual fear conditioning respectively. In the Y-maze, mice were exposed to 2 of 3 arms of the maze for 10 min. After a 1 hr delay, mice were returned to the apparatus for 5 min, and were free to explore all 3 arms of the maze. Preference for exploring the previously blocked 'novel' arm, relative to the other arms, was quantified as our index of short-term spatial memory. Compared to CTRL mice, who had an intact preference for exploring the novel arm relative to familiar arms of the Y-Maze (n=24), CKO mice displayed a complete lack of preference for the novel arm relative to the familiar arms of the Y-Maze (n=22, **a**). To examine learning (**b**) and hippocampus-dependent associative fear memory (**c**), we adapted a simple 2-day contextual fear memory protocol. Mice were conditioned using 3 tone-shock pairings on day 1. To study learning, we interpreted increased freezing behavior to each successive tone-shock pairing as learning behavior. Analysis of freezing behavior across successive tone-shock pairings revealed that CKO mice (n=22) froze less than CTRL mice (n=24) on the third tone-shock pairing at the end of conditioning, implicating that CKO mice displayed aberrant acquisition of this task (**b**). On day 2, mice were returned to their conditioning context for 6 min. Freezing behavior to the context during this trial was used as our index of hippocampus-dependent contextual fear memory. On this trial, CKO mice (n=22) also displayed lower freezing levels than CTRL mice (n=24), implicating that CKO mice had worse associative contextual fear memory (**c**).

d-f, To further confirm learning and memory phenotypes, we also employed the Morris Water Maze (MWM). Mice were trained 4 times each day, for 4 consecutive days, to learn the location of a hidden platform submerged in opaque water. Trials were averaged across each day of testing and plotted as a time-course, with gradually decreasing escape latencies being interpreted as evidence of spatial learning. When comparing the escape latencies to CTRL mice, CKO mice showed delayed escape latencies on days 2, 3, and 4 (n=18 for each group), implicating attenuated spatial learning upon loss of NMD (**d**). Following training in the MWM, mice were subjected to a probe test to examine spatial memory of the hidden platform location. The hidden platform was removed from the MWM, and time spent exploring the quadrant that previously contained the hidden platform was quantified. Compared to CTRL mice, CKO mice spent significantly less time exploring the target quadrant that previously contained the hidden platform (n=18 per group), implicating a spatial-memory deficit (**e**). During the probe trial of the MWM, we also measured latency to enter the previously hidden platform zone as an additional measure of spatial memory. Consistent with quadrant search times, CKO mice took significantly longer to enter the hidden platform zone compared to CTRL mice supporting a spatial memory deficit in CKO mice (**f**). Together, these data suggest that loss of NMD in hippocampal excitatory neurons leads to attenuated learning, and disrupted spatial and associative fear memory mice.

g-i, Because deficits in synaptic plasticity and spine density are also associated with perseverative behavior, we also tested *UPF2* CKO mice for repetitive and compulsive-like behavior. In the widely-adapted marble-burying test, we quantified the number of marbles buried as a % of total after a 20 min exposure period. CKO mice buried

significantly more marbles than CTRL mice (58.86% versus 81.14% of marbles; n=25 per group), which in lieu of an anxiety-like phenotype in CKO mice (see Figure S7), is suggestive of an induced perseverative behavioral phenotype in conditional NMD mutant mice (**g**). As an additional measure, we also monitored self-grooming behavior over a 20 min observation period. CKO mice (n=24) groomed for significantly longer than CTRL mice (n=25), supporting the repetitive behavior seen in the marble burying test (**h**). During the self-grooming assay, we also monitored if CKO mice displayed any additional behavioral traits reminiscent of compulsive-like behavior. Apart from an increase in the number of grooming bouts, CKO mice showed no further compulsive-like traits when compared to CTRL mice (**i**). These data suggest that NMD in excitatory neurons is required to suppress perseverative behavior.

Data are represented as mean ± SEM; *p < 0.05, **p < 0.01, ***p <0.001 and ****p < 0.0001. N.S. represents "Not Significant".

Methods

Mice and constructs
Hippocampal neuronal cultures were prepared from C57BL/6J mouse embryos (Charles River Laboratories). *UPF2*-shRNA virus is on a piLenti-shRNA-GFP backbone carrying four shRNAs against the *UPF2* mRNA (1-ACAAGGAAGGTCTTTCCTTAATCTACGAA, 2-AGGCGTATTCTGCACTCTAAAGGCGAGCT, 3-AGCATTTGTTCCAGCCATCTTGTTCAAAG, 4-GCACTGGATCTCATCTCAAACTCATAGTA). In experiments with *UPF2* deletion in excitatory neurons, a *UPF2* conditional knockout mouse line, which carries flanked loxP sites in the second exon of this gene, [1] was crossed with α*CaMKII*:*CreER*^{T2} line [2], and *UPF2*$^{wt/wt}$;α*CaMKII*:*CreER*^{T2} (CTRL) or *UPF2*$^{fl/fl}$;α*CaMKII*:*CreER*^{T2} (CKO) adults were used. To induce Cre, mice were treated with 200 mg tamoxifen/kg body weight every other day for five days. To outline dendrites and spines, an AAV-*CaMKIIa-eGFP* virus (Addgene; 50469-AAV5) was injected into the adult hippocampus of CTRL and CKO mice.

Hippocampal neuronal cultures
For culturing hippocampal neurons, we followed a previously described protocol with some modifications [3]. We typically isolated hippocampal neurons from embryos at embryonic day 16 (E16) and plated 1×10^5 neurons per coverslip (diameter: 12 mm) pre-coated with poly D-lysine (PDL) in Neurobasal medium containing 2% B27, 1 mM sodium pyruvate, 2 mM Glutamax, 30% D-glucose and penicillin (100 units/ml) /streptomycin (100 µg/ml).

Compartmentalized culture in microfluidic devices.
Tri-partite microfluidic device was designed and manufactured by the Jeon lab. Microfluidic chambers were prepared in house as described previously described [4]. To isolate synaptic regions or to selectively treat the synaptic regions as well as post- or presynaptic cells with either pharmacological agents or sh/siRNAs, hippocampal neurons were cultured in tripartite microfluidic devices. The polymethyldimethylsiloxane (PDMS) devices were fabricated as previously described [4]. These devices have different channels separated by a physical barrier with embedded microgrooves (10 µm wide, 3 µm high). Unlike traditional microfluidic chambers with two channels [5], the tripartite PDMS chamber contains three channels (Figure 3). To access a high number of dendritic synapses, a 'synaptic' channel was placed 200 µm from the edge of one channel and 500 µm away from the other. Since the average length of dendrites extending into the microgrooves is less than 300 µm at 21 days in culture (DIV21), the closer "postsynaptic cell channel" allows a large number of dendrites to project from this channel to the new "synaptic" channel. On the other hand, the "presynaptic cell channel" that is located 500 µm away from the new channel ensures that only axons from this channel can extend into the synaptic channel. Fluidic isolation is established across the microgrooves, making it possible to isolate synaptic regions or to selectively treat the synaptic regions as well as post- or presynaptic cells. Reagents applied to synaptic channels were as follows: Cycloheximide (10 µM, Calbiochem), MG132 (10 µM, Sigma), and Leupeptin (10 µM, Sigma). siRNAs were applied to synaptic channels at different

concentrations using 10% NeuroPORTER (Sigma) following manufacturer's instructions.

For microfluidic cultures, we reversibly affixed the tripartite chambers to PDL-coated coverslips (Assistant; 50x24mm; two per coverslip) and then place them in 10 cm dishes. For culturing hippocampal neurons, we followed a previously described protocol with some modifications [3]. We typically isolated hippocampal neurons from embryos at embryonic day 16 and plate 1×10^5 neurons per coverslip (diameter: 12mm) pre-coated with poly D-lysine (PDL) in Neurobasal medium containing 2% B27, 1 mM sodium pyruvate, 2 mM Glutamax, 30% D-glucose and penicillin (100 units/mL) /streptomycin (100 µg/mL). We plated 8×10^4 neurons in cell-body channels and maintain these cultures in neuronal medium for up to 21 days. For immunostaining, we fixed neurons inside microfluidic chambers and continued with the staining procedure upon careful removal of chambers.

Immunohistochemistry

Hippocampal neuronal cultures were fixed in 4% paraformaldehyde (PFA)/PBS for 15 min, which was followed by 3 x 10 min washes in PBS. Standard immunohistochemistry was performed as previously described [4]. Briefly, samples were incubated overnight in PBS containing 1% Triton X-100, 10% normal goat serum and the relevant dilution of primary antibodies. The following morning, samples were washed with PBS (3 x 10 min) to remove any residual primary antibody. Secondary antibodies were incubated in PBS containing 1% Triton X-100 and 10% normal goat serum for 2 hr. Samples were subsequently washed with PBS (3 x 20 min) and mounted (Vectashield, Vector Laboratories). Primary commercial antibodies included AMPK (rabbit; Thermofisher, PA5-13797, PRKAG3 subunit), Arc (rabbit; Synaptic Systems, 156002), MAP2 (mouse; Abcam, ab11276), synapsin (rabbit; Abcam, ab64581) and UPF3B (rabbit; Sigma, HPA001882). Two commercial GluR1 antibodies were used: mouse GluR1 antibody (Abcam, ab174785) for stainings with synapsin and rabbit GluR1 antibody (Calbiochem, pc246) for the internalization assay. Anti-UPF1 and anti-UPF2 antibodies (both rabbit) were a gift from Jens Lykke-Andersen. Secondary antibodies were Alexa 488, 546, and 647 conjugated (Molecular Probes, 1:2000).

qRT-PCR

RNA was isolated from the synaptic channels of microfluidic devices by perfusion with TRIzol reagent (Invitrogen), with RNA being subsequently extracted from lysates following the manufacturer's instructions. Purified RNA was inbcubated with DNase I (RNase-Free DNase Set, Qiagen) over a mini kit column (RNAeasy, Qiagen) to ensure DNA digestion. SuperScript III First-Strand Synthesis SuperMix (Invitrogen) was used to amplify cDNAs in a 20 µl reaction using 1 µg of RNA. Quantitative Real-Time PCR (qRT-PCR) reactions were performed as previously described [4] using the iQ SYBR Green Supermix (Bio-Rad) and an Eppendorf Mastercycler EP Realplex Thermocycler. For each reaction 10 ng cDNA was used. Relative expression levels were either normalized to *GAPDH* or *Beta-Actin*.

Primers used for qRT-PCR:

Arc Primers:
(FW) 5'CTGAGATGCTGGAGCACGTA3'

(REV) 5'GCCTTGATGGACTTCTTCCA3'

AMPK primers:
(FW) 5' CAGGTCTACATGCACTTCATGC 3'
(REV) 5' AAAGCTCTGCTTCTTGCTGTCC 3'

GluR1 primers:
(FW) 5'AGAGAAGAGGAGGAGAGCAG 3'
(REV) 5' CTATCTGGATATTGTTGGGGA 3'

GAPDH primers:
(FW) 5' ACATGGTCTACATGTTCC 3'
(REV) 5' CAGATCCACAACGGAATAC 3'

Beta-Actin primers:
(FW) 5' AGTGTGACGTTGACATCCGT 3'
(REV) 5' TGCTAGGAGCCAGAGCAGTA 3'

Dicer-substrate siRNAs were acquired from Integrated DNA Technologies, and were predesigned using their proprietary algorithm which integrates design principles from 21mer siRNA theory with updated 27mer criteria. This design process ensures siRNA target sites do not match known single nucleotide polymorphisms or exons that are the product of alternative splicing, with all sequences having been pre-screened using Smith-Waterman analysis to reduce off-target binding.

Arc siRNA Cocktail

Duplex 1:

5' CUGAUGGCUAUGACUAUACCGUUAG 3'
3' UCGACUACCGAUACUGAUAUGGCAAUC 5'

Duplex 2:
5' CUACAUGGACUGAACAUCAAGAAGC 3'
3' ACGAUGUACCUGACUUGUAGUUCUUCG5'

AMPK siRNA Cocktail

Duplex 1:
5' GACCUUGUUUCAAAUUGAAACAATA 3'
3' UUCUGGAACAAAGUUUAACUUUGUUAU 5'

Duplex 2:
5' CGAGAAAUUCAAAAUCUUAAACUCT 3'
3' UUGCUCUUUAAGUUUUAGAAUUUGAGA 5'

UP3B siRNA Cocktail

Duplex 1:
5' AAAUUGAAGCCAAAAAUCGAGAATT 3'

3' CCUUUAACUUCGGUUUUUAGCUCUUAA 5'

Duplex 2:
5' GGGUCAAGAAUAUCAUGCUAUAGTA 3'
3' UUCCCAGUUCUUAUAGUACGAUAUCAU 5'

Fluorescent *in-situ* hybridization (FISH) for *UPF3B* mRNA
For the detection of *UP3B* mRNA, a mix of five non-overlapping antisense probes were used. Each oligonucleotide was 49 base pairs in length. FISH was visualized using the Tyramide In Situ System (Perkin Elmer) as previously described [4]. Briefly, samples were pretreated with hybridization buffer (50% formaldehyde, 5 x SSC, 0.1% tween, 100 ug/ml tRNA [Roche], 50 ug/ml heparin [Sigma]) for 2 hr at 65°C. Riboprobes were (100 ng/μl) were next heated to 97°C for 7 min and left to cool on ice. Hybridization was performed overnight at 65°C, and was followed by a series of washes at room temperature in hybridization buffer (no tRNA or heparin, 2 x 30 min), hybridization buffer/PBT (0.1% tween in PBS, 2 x 30 min), and lastly just PBT (4 x 30 min). Samples were next blocked for 1 hr (Roche Blocking Solution) and incubated with anti-DIG-POD (Roche) 1:800 in PBT overnight at 4°C. The following morning, samples were washed in PBT (3 x 20 min). Detection was visualized with tyramide-488 1:50 in supplied amplification buffer from the TSA-Plus *in situ* kit (Perkin Elmer).

Oligonucleotides used for antisense *UPF3B* probes

1-GGAAGAAAAGATCATAGGCCTAAGGAGAAACGAGTGACCCTGTTTACG

2-GTCAAGAATATCATGCTATAGTAGAATTTGCACCATTTCAAAAAGCTGC

3-AAGAAAAGAGAGAAGAAAGGAGGAGACGGGAAATAGAGAGGAAAAGGCA

4-AAGAAAGAGCCAGTGGGCACAGTTATACTCTGCCCAGGCGTTCTGATGT

5-GGCACTTCGAGATAAAGGAAAGAAGAGTGAGAATACAGAATCAATATGC

GluR1 internalization assay
GluR1 internalization experiments were carried-out and quantified as previously described [6, 7]. Briefly, we incubated live DIV21 hippocampal cultures infected with control or *UPF2* shRNAs at 37°C for 5 min with GluR1 antibody (Calbiochem, PC246) to allow labeling of surface GluR1. After washing, we incubated neurons at 37°C for 10 min to allow for basal internalization. We then fixed neurons with 4% PFA in PBS and blocked in a detergent-free blocking solution for 1 hr. Following blocking, we incubated neurons with AlexaFluor546 secondary antibody for 1 hr to label the surface population. To label the pre-labeled internalized fraction, we post-fixed neurons with 100% methanol at −20°C for 1 min and stained with Alexa-647 secondary antibody. We calculated the percent internalization by dividing the integrated far-red intensity (internalized GluR1) by the total (red + far red) intensity between control and NMD-deficient neurons.

Click chemistry and SDS-page

To measure the dendritic translation of *GluR1*, we used a click chemistry based approach and labeled locally synthesized GluR1 at synaptic regions. At DIV21, we exchanged the growth media in the synaptic channels to methionine-free medium containing the methionine-analog azidohomoalanine (AHA; 25 µM) for 6 hr. AHA is incorporated into all newly synthesized proteins. After harvesting the material from the synaptic channels in RIPA, we incubated the lysate with DBCO-biotin [8] (30 µM; Click Chemistry Tools LLC) for 1 hr at ambient temperature. DBCO reacts with AHA [9], functionalizing newly synthesized proteins with biotin. We purified biotin-containing proteins with Dynabeads (150 µl per reaction; Dynabeads M-280 Streptavidin-Thermo Fisher Scientific)., Dynabeads were separated over a magnetic rack and subsequently washed 2 times in PBS containing 0.1% Bovine Serum Albumin (BSA). Proteins were dissociated and denatured from beads by boiling Dynabeads for 5 min in 0.1% SDS. Lysates were subsequently analyzed for protein concentration via BCA Protein Assay (Thermofisher). Proteins were separated via SDS-PAGE, as previously described [10]. Briefly, protein aliquots were mixed with an equal volume of loading buffer, denatured at 95°C and loaded onto 8% gels before being subject to SDS-PAGE. Proteins were subsequently transferred to nitrocellulose membrane, incubated in 5% BSA diluted in TBST for 1hr and then incubated with primary anti-C-terminus GluR1 antibody overnight (Abcam, ab31232). Membranes were washed in TBST (3 x 5 min), incubated for 1 hr in IRDye 800CW goat anti-rabbit secondary (Licor) diluted in 5% low-fat milk diluted in TBST, and bands resolved on a Licor Odyssey CLx imager.

Electrophysiology

The electrophysiology experiments were performed as previously described (114). All experiments were performed on transvers hippocampal slices (400 µm) from 3-month old (LTP studies) or 6-week-old (LTD studies) $UPF2^{fl/fl}$;$\alpha CaMKII$:$CreER^{T2}$ mice and their control littermates ($UPF2^{wt/wt}$;$\alpha CaMKII$:$CreER^{T2}$) following induction of Cre expression by tamoxifen (Sigma) at 2-months (for LTP) and 1-month (for LTD) of age. Given that Tamoxifen is fat soluble, we prepared our tamoxifen solution by dissolving the relevant quantity of drug into sunflower oil with 1:10 ETOH added. Tamoxifen solutions were incubated at 37°C with rocking for 6-8 hr. Tamoxifen was administered via oral gavage at 200 mg tamoxifen/kg body weight every other day for five total doses. This tamoxifen regimen led to successful ablation of UPF2 protein in the adult brain (Figure S5). Slice preparation and aCSF composition were performed as described previously [11, 12]. Briefly, slices were isolated and transferred to recording chambers (preheated to 32°C), where they were superfused with oxygenated aCSF. We recorded field excitatory postsynaptic potentials (fEPSPs) from the stratum radiatum of CA1 using microelectrodes filled with artificial cerebrospinal fluid (ACSF) (resistance 1-4 MΩ). A bipolar Teflon-coated platinum electrode was placed in the stratum radiatum of CA3 to activate Schaffer collateral/commissural afferents at 0.05 Hz. Slices recovered in the recording chamber at least 1 hr before recordings began. In all experiments, basal field excitatory postsynaptic potentials (fEPSPs) were stable for at least 20 min before the start of each experiment. LTP was induced with either one (E-LTP) or three 1 sec 100-Hz high-frequency stimulation (HFS) trains, with an intertrain interval of 60 sec. To induce mGluR-LTD, slices were incubated with DHPG (100 µM) for 10 min. After induction of either E-LTP or mGluR-LTD, we collected fEPSPs for an additional 60 min

(180 min for L-LTP). Slope values were compared from the conditional NMD mutant mice and their control littermates.

Stereotaxic injection of virus and CA1 spine density analysis
To measure hippocampal spine density, the spine density of CA1 hippocampal neurons in control (CTRL: *UPF2*^{wt/wt};α*CaMKII*:*CreER*^{T2}) and Conditional Knockout (CKO: *UPF2*^{fl/fl};α*CaMKII*:*CreER*^{T2}) mice was examined post-labelling with GFP-expressing virus. To target the dorsal CA1 field, the stereotaxic coordinates AP: -2, ML: 1.6, DV: 1.5-.25 were used. 1 µl of AAV-*CaMKIIa-eGFP* (Addgene, #50469-AAV5) virus was injected bilaterally using a 10 µl nanofil syringe (World Precision Instruments) fitted with a 33-gauge beveled needle. Post-surgery, wounds were closed with tissue adhesive (Vetbond, 3M). Mice were transcardially perfused 7 days later with 4% PFA (without PBS flush) brains removed, sectioned at 200 µm and apical CA1 dendrites imaged on an Olympus FluoView-FV1000 confocal microscope. All spine quantifications were completed in ImageJ.

Behavioral assays
To study the role of NMD in cognitive function, we induced Cre in 2-month old *UPF2* CKO mice as well as in their control littermates by tamoxifen. This experimental design ensured that phenotypes are not caused by an acute effect of tamoxifen, or a non-specific effect of Cre at cryptic LoxP sites. A 2-week washout period followed tamoxifen dosing before behavior began, at approximately 3-months of age. The Y-maze [13, 14], fear conditioning [14, 15], Morris water maze [16, 17], marble burying [18], grooming (12), locomotor hyperactivity/open field [19], elevated-plus maze [19, 20] and three-chamber social interaction assay [21] were completed and analyzed as previously described, except where outlined below. Briefly, the Y-Maze comprised exposing mice to 2 of 3 arms of the maze for 10 min as a training trial. The third, blocked, arm of the maze was designated as the novel arm, and was pseudorandomized between mice. Following a 1 hr delay, mice were returned to the maze but were free to explore all 3 arms for 5 min. The time spent exploring the novel arm, relative to the other familiar arms, was quantified as our index of short-term spatial memory. To examine associative memory, we utilized a simple 2-day fear conditioned memory protocol. On day 1, mice were exposed to a 6 min conditioning trial that involved 3 tone-shock pairings. A 30-sec tone duration and 30 sec ISI was utilized, while all shock stimuli comprised a 0.7mA scrambled foot-shock that co-terminated with tone presentation. Learning was evaluated by plotting % freezing to each successive tone presentation as a time-course. On day 2, mice were returned to their conditioning context for 6 min, with % freezing over the test session being quantified as contextual fear memory. All experiments were completed in Colbourn fear chambers. The Morris water maze was used to test more sophisticated learning and longer-term spatial memory. Learning was measured by training mice to find a hidden platform (four trials per day, 75 sec/trial) over 4 consecutive days of testing. Trials on each day of testing were averaged, and plotted as a time-course, with gradually decreasing escape latencies being used as our index of spatial learning behavior. To assess spatial memory, we conducted a probe trial 24 hr after the last day of training on day 5. In this trial, the hidden escape platform was removed from the pool. Latency to enter the hidden platform zone, and time spent exploring the target quadrant, were quantified as measurements of spatial memory.

Reversal learning was not evaluated as *UPF2* CKO mice did not display adequate learning behavior, thus making it impossible to distinguish a general learning deficit from a *reversal* learning deficit even with addition of extra training trials. Assays were performed in order of least stressful (locomotor hyperactivity/open field) to most stressful (Morris water maze). Mice were bred and tested across 4-5 small cohorts, ensuring that all phenotypes were independent of idiosyncratic effects or nuisance variability that may contaminate any single day of testing.

Data analysis

Where total protein levels were measured via immunostaining, Image J was used to measure total fluorescence. In these analyses, a defined area containing dendrites were identified and the integrated fluorescent density was measured in each region. Background fluorescence was measured by selecting a region adjacent to dendrites, and was subtracted from positive fluorescent signal-measurements to derive corrected total fluorescence. Depending on the test, behavior was analyzed using a between-groups or mixed-model ANOVA with genotype and sex added as main effects. For tests that involved multiple observations, data were corrected using Tukey's method. Consistent with prior research [10, 14, 22], as no significant interaction involving the main effect of sex was observed on any given behavioral assay – explicating no modulatory effect of sex on genotype-dependent effects – data from mice were pooled to increase power. No specific exclusion criteria were applied to the datasets, excepting the removal of outliers (defined as values falling outside of ± 2 S.D.). Significance was set at $p=0.05$ per Fisher's tables. Data analysis was completed using the Graphpad Prism software package.

References for Methods

1. Weischenfeldt, J., et al., *NMD is essential for hematopoietic stem and progenitor cells and for eliminating by-products of programmed DNA rearrangements.* Genes Dev, 2008. **22**(10): p. 1381-96.
2. Madisen, L., et al., *A robust and high-throughput Cre reporting and characterization system for the whole mouse brain.* Nat Neurosci, 2010. **13**(1): p. 133-40.
3. Kim, Y., et al., *Phosphorylation of WAVE1 regulates actin polymerization and dendritic spine morphology.* Nature, 2006. **442**(7104): p. 814-7.
4. Colak, D., et al., *Regulation of axon guidance by compartmentalized nonsense-mediated mRNA decay.* Cell, 2013. **153**(6): p. 1252-65.
5. Taylor, A.M., et al., *A microfluidic culture platform for CNS axonal injury, regeneration and transport.* Nat Methods, 2005. **2**(8): p. 599-605.
6. Aoto, J., et al., *Presynaptic neurexin-3 alternative splicing trans-synaptically controls postsynaptic AMPA receptor trafficking.* Cell, 2013. **154**(1): p. 75-88.
7. Lin, J.W., et al., *Distinct molecular mechanisms and divergent endocytotic pathways of AMPA receptor internalization.* Nat Neurosci, 2000. **3**: p. 1282-1290.
8. Ning, X., et al., *Visualizing metabolically labeled glycoconjugates of living cells by copper-free and fast huisgen cycloadditions.* Angew Chem Int Ed Engl, 2008. **47**(12): p. 2253-5.

9.   Agard, N.J., J.A. Prescher, and C.R. Bertozzi, *A strain-promoted [3 + 2] azide-alkyne cycloaddition for covalent modification of biomolecules in living systems.* J Am Chem Soc, 2004. **126**(46): p. 15046-7.

10.   Notaras, M., et al., *The BDNF Val66Met polymorphism regulates glucocorticoid-induced corticohippocampal remodeling and behavioral despair.* Transl Psychiatry, 2017: p. e1233.

11.   Trinh, M.A., et al., *The eIF2a kinase PERK limits the expression of hippocampal metabotropic glutamate receptor-dependent long-term depression.* Learn Mem, 2014. **21**: p. 298-304.

12.   Sharma, A., et al., *Dysregulation of mTOR signaling in fragile x syndrome.* J Neurosci, 2010. **30**(2): p. 694-702.

13.   Sarnyai, Z., et al., *Impaired hippocampal-dependent learning and functional abnormalities in the hippocampus in mice lacking serotonin(1A) receptors.* Proc Natl Acad Sci U S A, 2000. **97**(26): p. 14731-6.

14.   Notaras, M., et al., *BDNF Val66Met genotype determines hippocampus-dependent behavior via sensitivity to glucocorticoid signaling.* Mol Psychiatry, 2016. **21**(6): p. 730-732.

15.   Chen, Z.Y., et al., *Genetic variant BDNF (Val66Met) polymorphism alters anxiety-related behavior.* Science, 2006. **314**(5796): p. 140-3.

16.   Dumont, M., et al., *Reduction of oxidative stress, amyloid deposition, and memory deficit by manganese superoxide dismutase overexpression in a transgenic mouse model of Alzheimer's disease.* FASEB J, 2009. **23**(8): p. 2459-66.

17.   Santini, E., et al., *Exaggerated translation causes synaptic and behavioural aberrations associated with autism.* Nature, 2013. **493**(7432): p. 411-5.

18.   Angoa-Perez, M., et al., *Marble burying and nestlet shredding as tests of repetitive, compulsive-like behaviors in mice.* J Vis Exp, 2013. **82**: p. 50978.

19.   Mitchell, E., et al., *Behavioural traits propagate across generations via segregated iterative-somatic and gametic epigentic mechanisms.* Nat Commun, 2016. **7**: p. 11492.

20.   Walf, A.A. and C.A. Frye, *The use of the elevated plus maze as an assay of anxiety-related behavior in rodents.* Nat Protocol, 2007. **2**: p. 322-328.

21.   Moy, S.S., et al., *Sociability and preference for social novelty in five inbred strains: an approach to assess autistic-like behavior in mice.* Genes Brain Behav, 2004. **3**(5): p. 287-302.

22.   Notaras, M., et al., *BDNF Val66Met genotype interacts with a history of simulated stress exposure to regulate sensorimotor gating and startle reactivity.* Scz Bull, 2017. **43**(3): p. 665-672.

Supplementary Figures

Compartmentalized nonsense-mediated mRNA decay regulates synaptic plasticity and cognitive function via GluR1 signaling

Michael Notaras[1], Megan Allen[1], Francesco Longo[2], Nicole Volk[1], Miklos Toth[3], Noo Li Jeon[4], Eric Klann[2], Dilek Colak[1,5, *]

[1] Center for Neurogenetics, Feil Family Brain and Mind Research Institute, Weill Cornell Medical College, Cornell University, New York City, New York, USA.
[2] Center for Neural Science, New York University, New York City, New York, USA.
[3] Department of Pharmacology, Weill Cornell Medical College, Cornell University, New York City, New York, USA.
[4] School of Mechanical and Aerospace Engineering, Seoul National University, Seoul, South Korea.
[5] Gale & Ira Drukier Institute for Children's Health, Weill Cornell Medical College, Cornell University, New York City, New York, USA.

*Correspondence: dic2009@med.cornell.edu

Fig. S1 | Knockdown of UPF2 in mouse hippocampal neurons by *UPF2-shRNA:GFP* lentivirus.

To disrupt NMD, we targeted the *UPF2* mRNA using *UPF2*-shRNA:GFP lentivirus. Canonical NMD is completed by the interaction of UPF1, UPF2 and UPF3 proteins. While UPF1 function is not restricted to the NMD pathway [1], UPF2 has been successfully used to disrupt NMD in several studies [2-4]. We infected E16 hippocampal neurons at DIV7 with *control-* or *UPF2*-shRNA virus. To assess the knockdown of UPF2, we fixed the cells at DIV14 and performed immunohistochemistry for UPF2. *UPF2*-shRNA application resulted in a robust depletion of UPF2 within infected neurons and their dendrites, while UPF2 expression remained intact in scrambled *control*-shRNA cultures and non-infected neurons in *UPF2*-shRNA cultures (UPF2+, GFP- cells in *UPF2*-shRNA panel). In Figures 1-6, we depleted UPF2 using this *UPF2*-shRNA:GFP lentivirus. Scale bar: 30 µm.

Fig. S2 | Decrease in GluR1 surface levels in NMD-deficient dendrites was also recapitulated when the synaptic marker PSD-95, in addition to synapsin, was used for quantifications.

In Figure 1, we show that knockdown of UPF2 in hippocampal neurons led to a robust depletion of surface GluR1 levels without altering the mRNA transcription of this receptor. For these quantifications, we used synapsin as a normalization marker as is consistent with prior work (see Methods). To address whether this GluR1 phenotype is recapitulated when another synaptic marker is used for normalization, we repeated this experiment using the postsynaptic marker PSD-95. Similar to the synapsin quantifications, the ablation of UPF2 in hippocampal neurons resulted in a significant depletion of surface GluR1 levels when synapses were identified and normalized against PSD-95 expression (n=3 biological replicates per group; 11 dendrites from 7 neurons for *control*-shRNA cultures, and 12 dendrites from 8 neurons for *UPF2*-shRNA cultures). Arrows show examples of GFP and GluR1 colocalization in spines. Two panels of *UPF2*-shRNA dendrites are presented to exemplify contrasting aspects of GluR1 expression. Arrows depict the loss of surface GluR1 in spines of *UPF2*-shRNA infected hippocampal neurons relative to control cultures. Arrowheads in the merged panel of *UPF2*-shRNA example 2 depict a non-infected dendrite segment with intact GluR1 expression that is overlapping an infected dendrite that exhibits reduced GluR1 colocalization in isolated GFP+ spines. These data replicate the depletion of GluR1 surface levels in NMD-deficient dendrites presented in Figure 1, and provide confirmation that synapsin produces concordant data to PSD-95 when used to evaluate surface GluR1 levels.

Data are represented as mean ± Standard Error of the Mean (SEM); ****$p < 0.0001$. Scale bar: 30 µm.

a *Control* shRNA   *UPF2* shRNA
Arc   Arc

b *Arc* mRNA Expression

c Arc Protein Expression

Fig. S3 | Arc levels are increased upon disruption of NMD in hippocampal neurons.

a, Arc immunostaining in mouse hippocampal neurons upon knockdown of UPF2. Disruption of NMD caused a significant reduction in the surface levels of GluR1 without affecting the *GluR1* mRNA levels (Figure 1). This suggests that NMD regulates GluR1 surface expression through other mechanisms than transcription or *GluR1* degradation. GluR1 signaling is modulated by dynamic insertion and removal of the GluR1 receptor to the synaptic surface [5]. The synaptic plasticity protein Arc drives the removal of GluR1 from the surface of synapses. *Arc* mRNA is a known target of NMD. Both *Arc* mRNA and Arc protein are increased in the absence of NMD [2, 6] suggesting that elevated Arc levels may account for the reduced surface expression of GluR1. To confirm that ablation of NMD disrupts endogenous Arc levels, we cultured E16 mouse hippocampal neurons and infected with *control-* or *UPF2*-shRNA lentivirus at DIV7 to disrupt NMD. At DIV21, we performed immunostaining for Arc protein.

b, Quantitative RT-PCR analysis of *Arc* mRNA in NMD-deficient neurons. To quantify *Arc* mRNA, we performed qRT-PCR. *GAPDH* was used as a control transcript. Expression of *Arc* was presented relative to *GAPDH*. Neurons infected with *UPF2*-shRNA lentivirus displayed exaggerated *Arc* mRNA expression (n=3 biological replicates per group) compared to control neurons.

c, Quantifications of Arc protein in NMD-deficient neurons. Quantifications of fluorescent intensity, normalized to MAP2, showed that Arc protein levels are also increased in neurons with disrupted NMD (per group, n=10 dendrites for analysis of fluorescent intensity). Together, these data confirm that Arc levels are increased in the absence of NMD, which likely influences the GluR1 internalization in NMD-deficient dendrites (see Figure 2**a**).

Data are represented as mean ± Standard Error of the Mean (SEM); ** $p < 0.01$, **** $p < 0.0001$. Scale bar: 30 μm.

Fig. S4 | Axonal penetrance of microgrooves in the tripartite microfluidic device.
As shown in the schematic presented here, and the MAP2 immunostaining presented in Figure 3, our custom-engineered tripartite microfluidic device only permits the dendrites of neurons from left channel to penetrate the middle channel, which is referred to as synaptic channel. Here, TAU staining shows that axons from both channels extend to the synaptic channel suggesting that axons of both channel 1 and channel 3 can form synapses with dendrites that originated from channel 1. However, due to the limited length, dendrites remain in very close proximity to channel 1 (Figure 3) restricting the dendrite-axon synapses to the proximity to the channel 1. Because axons are very long, and the short microgrooves that separate channel 1 and synaptic channel are just 200 µm in length, the majority of channel 1 axons span the entire synaptic channel and reach channel 3. Thus, the majority of the synapses formed in the synaptic channel consist of dendrites projecting from channel 1 and axons originating from channel 3. UPF2 is not expressed in mature axons (Figure 5), and only dendrites from neurons plated in channel 1 can reach the synaptic channel (Figure 3). Therefore, regardless of where the presynaptic axons project from, or where synapses are formed within the synaptic channel, the manipulation of NMD exclusively in channel 1 is confined to postsynaptic dendrites
Scale bar: 200 µm.

Postsynaptic Channel
+shRNA Virus

Grooves

Synaptic
Channel

Grooves

Presynaptic Channel
No Virus

Control shRNA

UPF2

GFP

UPF2

UPF2 shRNA

UPF2

GFP

UPF2

Fig. S5 Application of *UPF2* shRNA virus exclusively to the postsynaptic channel results in loss of UPF2 in this channel as well as in dendrites within the synaptic channel but not in presynaptic channel neurons or their projections.
The physical and fluidic isolation of channels is a fundamental feature and component of microfluidic devices, as it permits the selective manipulation/isolation of neuronal populations and compartments. To address the role of NMD in dendrites in synaptic function, we selectively treated postsynaptic channels with *UPF2*-shRNA virus at DIV7. To determine whether the virus application resulted in selective loss of UPF2, we performed immunostainings for UPF2 following fixation of cells at DIV13. Consistent with the fluidic isolation of channels, the GFP signal was specific to infected neurons restricted to the postsynaptic channels and their neurites in the synaptic channel. Selective application of the *UPF2*-shRNA virus in the postsynaptic channel resulted in nearly complete loss of UPF2 protein in this channel, as well as in the dendrites in the synaptic channel, but not in the presynaptic channel. Because mature axons do not express UPF2 (Figure 5), the UPF2-positive signal in the synaptic channels in the control experiment solely reflects dendritic expression. Consistent with this, dendrites that emerged from the presynaptic channel, which only traveled half way through microgrooves (white arrows), also retained their UPF2 expression in both the *control*- and *UPF2*-shRNA experiments (see Figure 3 and Figure S4 for the comparison of dendrite and axon projection in these grooves). In all experiments that employed *control*- or *UPF2*-shRNAs in tripartite devices, viruses were only applied to the postsynaptic cell body channel of microfluidic devices. Scale bar: 200 µm.

Fig. S6 | GluR1 degradation is not altered upon disruption of NMD.
In addition to surface levels (Figure 1), the total expression of local GluR1 in dendrites is also reduced in the absence of NMD (Figure 2**b**). Although the increase in basal internalization rate of GluR1 in the absence of NMD (Figure 2**a**) could account for the reduction in surface levels of this receptor, it does not explain the decrease in total GluR1 levels [7]. Since the disruption of NMD does not alter *GluR1* transcription or degradation (Figure 1), an alteration in the balance of local synthesis and degradation of GluR1 is likely to account for the overall reduction in the total levels of this receptor upon disruption of NMD. Therefore, we examined the local synthesis of nascent GluR1 protein (Figure 3) as well as the degradation of GluR1 upon loss of NMD. Figure 3 shows that the local synthesis of GluR1 is repressed in NMD-deficient dendrites. To study GluR1 protein degradation, we cultured E16 mouse hippocampal neurons in either 24 well plates or in the cell body compartments of tripartite chambers and infected with *UPF2*-shRNA lentivirus at DIV7. In the case of tripartite chambers, we only infected postsynaptic cells with the *UPF2*-shRNA lentivirus. Because endocytosed AMPA receptors can undergo either lysosome- or proteasome-mediated degradation [8-12], we targeted both lysosomal and proteasomal degradation simultaneously. At DIV21, proteasomal and lysosomal degradation were inhibited with 10 µM of the protease inhibitor MG132 and 20 µM of leupeptin, respectively, for 6 hr. For the tripartite experiment, proteasomal and lysosomal degradation were inhibited by treating the synaptic channels with 10 µM of the protease inhibitor MG132 and 20 µM of leupeptin, respectively, for 6 hr. To label surface GluR1, neurons were fixed and stained with an anti-Nterminus-GluR1 antibody without permeabilization (see also extended experimental procedures).
a-b, Representative low (regular cultures) and high magnification (in tripartite chambers) images of GluR1 surface expression in treated and non-treated NMD-deficient dendrites.
c, Quantification of surface GluR1 puncta shows that inhibition of proteasomal and lysosomal degradation did not significantly influence GluR1 puncta frequency in NMD-deficient dendrites (n=3 biological replicates per group; 11 neurons per group).
Data are represented as mean ± SEM. Scale bar: 20 µm.

a

MAP2
UPF3B mRNA

UPF3B mRNA

b

Grooves | Control

UPF3B

MAP2

Synaptic
Channel

Grooves | CHX

UPF3B

MAP2

Synaptic
Channel

c

Synaptic Channels

Control siRNA | *UPF3B* siRNA

Synapsin | Synapsin

d

Grooves | Synaptic Channel

Control siRNA

UPF3B

UPF3B siRNA

UPF3B

Fig. S7 | UPF3B is locally synthesized in dendrites.
a-b, UPF3B is locally synthesized in hippocampal dendrites. Both dendritic internalization and local synthesis of GluR1 receptor are altered in the absence of NMD. In addition, NMD targets *Arc* and *AMPK* are subjected to translation-dependent degradation in dendrites. Although these data suggest that NMD might regulate GluR1 locally in dendrites, there is no direct evidence for the local requirement for NMD in these compartments.
a, To study the specific requirement of locally-occurring NMD in the regulation of GluR1 within dendrites, we devised a strategy for targeting UPF3B protein (which, like UPF2, is also a specific and major component of the NMD machinery) locally within the synaptic channel of tripartite devices (Figure 4**d**). Dendritic transcriptome analysis showed that the mRNA of UPF3B protein is localized to dendrites [13]. To confirm this, we performed Fluorescent In Situ Hybridization (FISH) on hippocampal neurons with antisense riboprobes against *UP3B* mRNA at DIV21. *UPF3B* FISH resulted in punctate labeling (green) along dendrites confirming the localization of *UPF3B* mRNA to these compartments.
b, Next, we sought to determine if UPF3B is locally synthesized in dendrites. To do this, we inhibited *UPF3B* mRNA translation via dendritic application of Cycloheximide (CHX, 10 µM) and evaluated the UPF3B protein in synaptic channels. We cultured E16 mouse hippocampal neurons in tripartite chambers and, at DIV21, we treated the synaptic channels with CHX for 6 hr. This resulted in an almost complete loss of UPF3B protein in dendrites. MAP2 was used to visualize dendrites in both (**a**) and (**b**).
c-d, To determine whether inhibition of local synthesis of UPF3B in synaptic channels alters GluR1 locally, we selectively treated synaptic channels with siRNAs against the *UPF3B* mRNA and evaluated GluR1 levels (Figure 4**d**). Here, we confirmed that while the treatment of synaptic channels with *UPF3B* siRNA-cocktail (10 nM) for 7 days did not cause an alteration in synaptic potential in these channels (**c**), it led to a complete loss of UPF3B protein (**d**). Note that expression of UPF3B remained intact within dendrites adjacently located within fluidically-isolated microgrooves in panel (**d**).
Data are represented as mean ± SEM. Scale bar: **c** 20 µm, **d** 75 µm.

A

B

Fig. S8 | *Arc* and *AMPK* titers for siRNA normalization of exaggerated expression in NMD-deficient dendrites.

a-b, We have identified *Arc* and *AMPK* as candidate targets in the NMD-mediated regulation of GluR1 levels within the dendrites and synaptic compartments of hippocampal neurons. We next sought to functionally determine which of these molecules is responsible for depletion of surface GluR1 in NMD-deficient dendrites. To do this, we systematically modulated the elevated levels of *Arc* and *AMPK* in dendrites by siRNA transfection of synaptic channels that contain NMD-deficient dendrites (Figure 6). As siRNA treatment affects mRNA expression in a concentration-dependent manner [14-17], we first determined the amount of siRNA required to correct the levels of each target in NMD-deficient dendrites presented in Figure 6. First, we applied the *UPF2*-shRNA virus to the postsynaptic-cell channels of tripartite microfluidic devices at DIV7. Starting at DIV14, we treated the synaptic channels of NMD-deficient dendrites with non-overlapping siRNAs (2 independent siRNAs per mRNA; see Extended Experimental Procedures) at different concentrations for either *Arc* (**a**) or *AMPK* (**b**). To deliver siRNAs, we used 10% NeuroPORTER (Sigma). At the end of the treatment, synaptic channels were perfused with TRIzol and lysates used for quantitation of *Arc* and *AMPK* mRNA by qRT-PCR. A panel of *Arc* or *AMPK* siRNA-cocktail titers was selectively applied to the synaptic channels of tripartite chambers (n=3 replicates per mRNA and group). As expected, infection of neurons with *UPF2*-shRNA virus significantly increased the expression of *Arc* (**a**) and *AMPK* (**b**).

a, Subsequent treatment with *Arc* siRNA cocktail at 10 pmol led to a significant decrease in the expression of *Arc* mRNA in the dendrites of NMD-deficient postsynaptic neurons, but was still elevated relative to levels observed in the dendrites of postsynaptic neurons in control cultures. Similarly, 100 pmol and 200 pmol titers of *Arc* siRNA cocktail led to a significant downregulation of *Arc* mRNA in the dendrites of NMD-deficient postsynaptic neurons, but produced expression levels lower than that required to recapitulate the physiological profile of dendritic *Arc* mRNA expression observed in control cultures. However, we observed that 50 pmol of *Arc* siRNA cocktail normalized the expression of *Arc* mRNA in the dendrites of NMD-deficient postsynaptic neurons, and that these cultures were indistinguishable from control cultures, leading us to adapt this titer in experiments Figure 6.

b, Treatment of the synaptic channels of tripartite chambers with 10 pmol and 50 pmol titers of *AMPK* siRNA cocktail significantly reduced the overexpression of *AMPK* in the dendrites of NMD-deficient postsynaptic neurons, but did not restore expression levels to those observed in control cultures. 100 pmol *AMPK* siRNA cocktail titer was chosen for functional experiments in Figure 6, as raw values closely resembled and statistically did not differ from those observed in the control group (n=3 replicates).

Data are represented as mean ± SEM; * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, N.D. indicates "No Difference".

Fig. S9 | NMD does not influence baseline locomotor activity, anxiety-related behavior or sociability in mice.

a, NMD regulates GluR1 levels (Figures 1, 2, 3, & S2) which is tightly linked to synaptic plasticity, cognitive function and sociability. However, the extent to which NMD is physiologically relevant to plasticity and behavior is not clear. To determine the potential role of NMD in hippocampus-dependent cognition in the adult brain, we genetically ablated NMD in postmitotic neurons using a conditional knockout mouse of *UPF2* (*UPF2*$^{fl/fl}$) [3]. To temporally control NMD ablation, we crossed *UPF2*$^{fl/fl}$ mice with a mouse line that expresses tamoxifen-inducible Cre under the α*CaMKII* promoter (α*CaMKII::CreER*^{T2}) [18]. Before assessing synaptic plasticity (Figure 7), and learning and memory (Figure 8) in *UPF2*$^{fl/fl}$;α*CaMKII:CreER*^{T2} (CKO) and *UPF2*$^{wt/wt}$;α*CaMKII:CreER*^{T2} (CTRL) mice, we confirmed that conditional deletion of *UPF2* gene (using 200 mg/kg Tamoxifen, for 5 doses) led to the successful loss of UPF2 protein in the hippocampus.

b-d, To determine whether NMD induces hyperactivity, mice were subjected to a 2 hr locomotor hyperactivity assay in photocells. During this 2 hr trial, the distance that mice travelled in cm was analyzed. Greater distances travelled are used as an indicator of locomotor hyperactivity, which may confound behavioral testing on other maze tasks. Similarly, this assay can also assess hypoactivity induced by genetic alterations, which may also influence task performance.

b, In our assessment of baseline locomotor activity, there were no genotype differences between CTRL (n=25) and CKO (n=22) mice. This indicates that loss of NMD does not result in acquired hyper- or hypoactivity.

c, A 10 min open field assay was also conducted in locomotor photocells as an additional control assay, with less time spent exploring the center field of photocells being interpreted as an anxiety-like phenotype. Consistent with the outcome of the locomotor activity assay, no evidence of anxiety-like behavior between CTRL (n=25) and CKO (n=22) mice emerged on this test, indicating that NMD does not modify anxiety-related behavior.

d, The elevated-plus maze was used as a control assay to ensure that NMD did not modify anxiety-related exploratory drive, which may compound measurements of learning and memory. Briefly, mice were subjected to a 10 min test session, with time spent exploring the open arms being used as an index of anxiety-like behavior. No genotype differences emerged between CTRL (n=25) and CKO (n=22) mice on this test.

e, Alterations in both spine density and GluR1 levels are linked to deficits in sociability [19, 20]. In addition, defects in the NMD machinery are linked to numerous neurodevelopmental diseases associated with alterations in normal social behavior [21-26]. To determine whether NMD is required for sociability, we used the three-chamber social interaction task and measured sociability in CTRL and CKO mice. Mice were habituated to the empty three-chamber apparatus for 10 min before being exposed to a stranger mouse placed inside a cup in one chamber and an empty cup in the opposite chamber for an additional 5 min. A preference index was derived from time spent sniffing or interacting with the cup containing the stranger mouse divided by time spent interacting with the empty cup, with higher preference indexes representing more social behavior. No significant differences in preference index emerged between CTRL (n=24)

and CKO (n=19) mice on the three-chamber social interaction assay.
Data are represented as mean ± SEM; N.D. represents "No Difference". Scale bar: 15 μm.

Fig. S10 | Neuronal activity upregulates local UPF3B expression in dendrites.
The mRNA of UPF3 protein is trafficked to [13] and locally translated in dendrites (see Figure S7). Local translation of selected mRNAs is induced by activity in dendrites [27], suggesting that NMD might be regulated at the level of translation in these compartments. To test this, we stimulated synapses with the mGluR agonist DHPG and measured the levels of UF3B in dendrites. E16 mouse hippocampal neurons were cultured in tripartite microfluidic devices and, at DIV21, the mGluR agonist DHPG (100 µM) was selectively applied to synaptic channels for 5 min to induce synaptic activity. Following fixation of cells, immunostaining for UPF3B was performed in control (vehicle) and DHPG-treated dendrites. Quantification of UPF3B puncta within 100 µm dendrite segments revealed a significant increase in UPF3B expression following treatment with DHPG relative to vehicle-treated cultures (n=3 biological replicates per group). This suggests that NMD is induced by neuronal activity in dendrites.
Data are represented as mean ± SEM; ** $p < 0.01$.

Supplementary References

1. Kim, Y.K., et al., *Mammalian Staufen1 recruits Upf1 to specific mRNA 3' UTRs so as to elicit mRNA decay.* Cell, 2005. **120**(2): p. 195-208.

2. Colak, D., et al., *Regulation of axon guidance by compartmentalized nonsense-mediated mRNA decay.* Cell, 2013. **153**(6): p. 1252-65.

3. Weischenfeldt, J., et al., *NMD is essential for hematopoietic stem and progenitor cells and for eliminating by-products of programmed DNA rearrangements.* Genes Dev, 2008. **22**(10): p. 1381-96.

4. Zheng, S., et al., *PSD-95 is post-transcriptionally repressed during early neural development by PTBP1 and PTBP2.* Nat Neurosci, 2012. **15**(3): p. 381-8, S1.

5. Anggono, V. and R.L. Huganir, *Regulation of AMPA receptor trafficking and synaptic plasticity.* Curr Opin Neurobiol, 2012. **22**(3): p. 461-9.

6. Giorgi, C., et al., *The EJC factor eIF4AIII modulates synaptic strength and neuronal protein expression.* Cell, 2007. **130**(1): p. 179-91.

7. Rial Verde, E.M., et al., *Increased expression of the immediate-early gene arc/arg3.1 reduces AMPA receptor-mediated synaptic transmission.* Neuron, 2006. **52**(3): p. 461-74.

8. Ehlers, M.D., *Reinsertion or degradation of AMPA receptors determined by activity-dependent endocytic sorting.* Neuron, 2000. **28**(2): p. 511-25.

9. Patrick, G.N., et al., *Ubiquitin-mediated proteasome activity is required for agonist-induced endocytosis of GluRs.* Curr Biol, 2003. **13**(23): p. 2073-81.

10. Schwarz, L.A., B.J. Hall, and G.N. Patrick, *Activity-dependent ubiquitination of GluA1 mediates a distinct AMPA receptor endocytosis and sorting pathway.* J Neurosci, 2010. **30**(49): p. 16718-29.

11. Widagdo, J., et al., *Activity-Dependent Ubiquitination of GluA1 and GluA2 Regulates AMPA Receptor Intracellular Sorting and Degradation.* Cell Rep, 2015.

12. Zhang, D., et al., *Na,K-ATPase activity regulates AMPA receptor turnover through proteasome-mediated proteolysis.* J Neurosci, 2009. **29**(14): p. 4498-511.

13.   Cajigas, I.J., et al., *The local transcriptome in the synaptic neuropil revealed by deep sequencing and high-resolution imaging.* Neuron, 2012. **74**(3): p. 453-66.

14.   Caffrey, D.R., et al., *siRNA off-target effects can be reduced at concentrations that match their individual potency.* PLoS One, 2011. **6**(7): p. e21503.

15.   Elbashir, S.M., et al., *Duplexes of 21-nucleotide RNAs mediate RNA interference in cultured mammalian cells.* Nature, 2001. **411**(6836): p. 494-8.

16.   Ki, K.H., et al., *The optimal concentration of siRNA for gene silencing in primary cultured astrocytes and microglial cells of rats.* Korean J Anesthesiol, 2010. **59**(6): p. 403-10.

17.   Persengiev, S.P., X. Zhu, and M.R. Green, *Nonspecific, concentration-dependent stimulation and repression of mammalian gene expression by small interfering RNAs (siRNAs).* RNA, 2004. **10**(1): p. 12-8.

18.   Madisen, L., et al., *A robust and high-throughput Cre reporting and characterization system for the whole mouse brain.* Nat Neurosci, 2010. **13**(1): p. 133-40.

19.   Kessels, H.W. and R. Malinow, *Synaptic AMPA receptor plasticity and behavior.* Neuron, 2009. **61**(3): p. 340-50.

20.   Penzes, P., et al., *Dendritic spine pathology in neuropsychiatric disorders.* Nat Neurosci, 2011. **14**(3): p. 285-93.

21.   Addington, A.M., et al., *A novel frameshift mutation in UPF3B identified in brothers affected with childhood onset schizophrenia and autism spectrum disorders.* Mol Psychiatry, 2011. **16**(3): p. 238-9.

22.   Laumonnier, F., et al., *Mutations of the UPF3B gene, which encodes a protein widely expressed in neurons, are associated with nonspecific mental retardation with or without autism.* Mol Psychiatry, 2010. **15**(7): p. 767-76.

23.   Lynch, S.A., et al., *Broadening the phenotype associated with mutations in UPF3B: two further cases with renal dysplasia and variable developmental delay.* Eur J Med Genet, 2012. **55**(8-9): p. 476-9.

24.   Tarpey, P.S., et al., *Mutations in UPF3B, a member of the nonsense-mediated mRNA decay complex, cause syndromic and nonsyndromic mental retardation.* Nat Genet, 2007. **39**(9): p. 1127-33.

25.   Nguyen, L.S., et al., *Contribution of copy number variants involving nonsense-mediated mRNA decay pathway genes to neuro-developmental disorders.* Hum Mol Genet, 2013. **22**(9): p. 1816-25.

26.   Xu, X., et al., *Exome sequencing identifies UPF3B as the causative gene for a Chinese non-syndrome mental retardation pedigree.* Clin Genet, 2013. **83**(6): p. 560-4.

27.   Wang, D.O., K.C. Martin, and R.S. Zukin, *Spatially restricting gene expression by local translation at synapses.* Trends Neurosci, 2010. **33**(4): p. 173-82.