1	Biomarker-based assessment of the muscle maintenance and energy status of
2	anurans from an extremely seasonal semi-arid environment, the Brazillian
3	Caatinga
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5	<b>RUNNING TITLE: Anuran muscle maintenance and energy status</b>
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16	Key words: AKT; eIF2 $\alpha$ ; AMPK, Heat shock proteins, cytochrome c oxidase;
17	aestivation
18	
19	Summary statement
20	We studied seasonal variation of key metabolic regulators in the muscles of anurans that
21 22	experience drastic variation in environmental conditions and differ in the seasonal activity patterns.

### 24 Abstract

25 Strongly seasonal environments pose challenges for performance and survival of animals, especially when resource abundance seasonally fluctuates. We investigated the 26 seasonal variation of expression of key metabolic biomarkers in the muscles of three 27 species of anurans from the drastically seasonal Brazilian semi-arid area, Caatinga. The 28 three studied anuran species (*Rhinella jimi, R. granulosa* and *Pleurodema diplolister*) 29 differ in their seasonal activity patterns. We examined the expression of proteins 30 regulating energy turnover (AMP-activated protein kinase [AMPK] and protein kinase 31 B [AKT]), protein synthesis and homeostasis (total and phosphorylated eukaryotic 32 initiation factor  $2\alpha$  [eIF $2\alpha$  and p-eIF $2\alpha$ ] and chaperone proteins [HSP 60, 70, and 90]) 33 in muscles related to reproduction and locomotion. Cytochrome c oxidase (COX) 34 activity was also assessed as an index of the muscle aerobic capacity. Our results point 35 to the importance of metabolic regulators mediating the muscular function during the 36 37 drastic seasonal variation. The toads that remain active during the drought appear to maintain muscles through more energy extensive pathways including elevated protein 38 synthesis, while the aestivating species employs energy conservation strategy 39 40 suppressing protein synthesis, decreasing chaperone expression and increasing expression of AMPK. All three studied species activate cell survival pathways during 41 42 the drought likely to prevent muscle atrophy, and maintain the muscle capacity throughout the year, despite the resource limitation. These strategies are important 43 44 considering the unpredictability of the reproductive event and high demand on muscular activity during the reproductive season in these amphibians. 45

## 47 Introduction

Strongly seasonal environments characterized by large changes in conditions 48 such as temperature and food availability, pose challenges to the organisms that need to 49 adjust their functions to survive and complete their life cycles [1, 2]. These 50 physiological adjustments are dependent on biochemical regulators and cell signaling 51 pathways that mediate cell survival, ensure cell and organ integrity and prioritize the use 52 of energy to meet the (often conflicting) needs of survival, growth and reproduction 53 [1,3]. In vertebrate ectotherms, the skeletal muscle physiology and performance are 54 directly related to the overall fitness due to the muscles' involvement in courtship, 55 territorial defense, foraging, escape from predators, mating interactions and migration 56 [4]. In seasonally fluctuating environments, skeletal muscles can display phenotypic 57 changes such as atrophy and changes in the fiber number and type during extreme 58 environmental stress and/or resource limitation [5]. Nevertheless, anuran species that 59 60 aestivate display little or no changes in muscle morphology and performance [6,7] suggesting that species living in arid and semi-arid environments may have molecular 61 regulatory mechanisms supporting the muscle maintenance and functionality under the 62 63 unfavorable environmental conditions.

There is an extensive literature on physiological and biochemical adjustments 64 associated with metabolic depression in anurans from environments with strongly 65 seasonal and/or unpredictable climatic variation [8,1,2]. However, possible biochemical 66 adjustments displayed by anurans that remain active during the periods of severe 67 environmental stress and resource limitation are not well understood. Furthermore, 68 different locomotor muscles can display distinct reduction in cross-sectional area and 69 mechanical proprieties in aestivating anuran species and mammalian hibernators, 70 prioritizing the maintenance of the muscles most relevant to performance [7,9]. Yet, it is 71 unknown whether seasonal adjustments differ between reproductive and locomotor 72 muscle in anurans, reflecting preferential investment into the maintenance and 73 reproductive effort. The possible molecular adjustments of locomotor and reproductive 74 muscles that help support individual's performance and survival [1] under 75 76 environmental stress and resource limitation are not well understood and require further investigation. 77

Anurans from the Brazilian semi-arid area, the Caatinga, face drastic seasonal 78 79 changes in environmental conditions [10-12]. In the Caatinga, anurans depend on unpredictable heavy rain events (during the short rain season between January and 80 April) to reproduce. Occasional small showers during the rainy season are not sufficient 81 to trigger breeding, yet make water and food more easily available to anurans. The rest 82 of the year is the dry season, characterized by scarce water and food resources. In some 83 years, there is no rain so that the anurans have no reproductive opportunity until next 84 rainy season. Anurans from the Caatinga show interspecific variation in behavioral 85 86 strategies to survive the drought. Some species such as Rhinella jimi and R. granulosa 87 remain active and foraging around humid areas [13]. In contrast, *Pleurodema diplolister* 88 aestivates and does not feed until the first rains start [12; 14]. Previous studies show that these anuran species display adjustments in reproductive [13] and immune physiology 89 90 [14] throughout the year. During the reproductive period, they display elevated plasma 91 levels of androgens and higher immunological profile and response compared with the 92 dry season [14]. During the drought, anurans present lower steroid plasma levels and lower immune parameters and performance, with the strongest suppression observed in 93 94 the aestivating species [13,14]. This stark seasonality of the physiology and behavior in the anurans from the semi-arid Caatinga suggests a strong selective pressure to regulate 95 energy metabolism and muscle function to meet the seasonally variable demands of 96 97 reproduction, resource acquisition and activity (including the physiological challenge of metabolic depression during aestivation). 98

99 To assess the potential mechanisms involved in the regulation and maintenance 100 of the muscle function in anurans from an extremely seasonal environment of Brazilian 101 semi-arid Caatinga, we investigated the seasonal variation of expression of key metabolic regulators in the muscles of males from three species of anurans that differ in 102 103 their seasonal activity patterns: Rhinella jimi and R. granulosa that remain foraging during drought and P. diplolister, which aestivates during this period. We studied 104 105 muscles predominantly specialized on reproduction (including the trunk and larynx 106 muscles used to sustain calling activity [15,16] and the flexor carpi radialis used in 107 amplexus (grasping) behavior [17]) as well as the muscles predominantly specialized on 108 locomotion (the plantaris muscle [18]). During dry season, we expected to see an 109 increase in the pathways that support cell survival and stress response in the muscle, 110 along with the suppression of the protein synthesis and catabolic pathways [3], and a

decrease of muscle aerobic capacity to conserve energy [19], especially in muscles related to reproduction. The prioritization of the muscles integrity during drought might ensure the rapid mobilization of these muscles during an unpredictable reproductive opportunity, and thus would be adaptive. We also anticipated that the aestivating species would display a more intense downregulation of metabolic functions, such protein synthesis, compared with the species that remain active year round.

To test these hypotheses, we investigated the expression of two protein kinases 117 that play a key role in the regulation of energy turnover in the muscle (the AMP-118 119 activated protein kinase and protein kinase B) and key proteins involved in the regulation of the protein synthesis and homeostasis (eukaryotic initiation factor  $2\alpha$  and 120 121 chaperone proteins). The cytochrome c oxidase (COX) activity was assessed as an index 122 of the mitochondrial aerobic capacity in the tissue [20]. The AMP-activated protein 123 kinase (AMPK) is an energy sensor of the cell responding to the AMP:ATP ratio [21,22]. During periods that animals need to save energy, AMPK is activated to regulate 124 125 catabolic versus anabolic metabolism increasing ATP synthesis and suppressing ATP consumption [21,22]. Protein kinase B (AKT) plays a central role in metabolism and 126 127 cell survival stimulating glucose uptake, glycogen synthesis, lipogenesis and protein synthesis, and regulating the cell cycle and apoptosis [23]. Eukaryotic initiation factor 128  $2\alpha$  regulates protein synthesis and plays a key role in the stress response and 129 suppression of the ATP-consuming protein synthesis under low energetic budget 130 131 scenarios [24]. Heat shock proteins are involved in the general stress response acting as molecular chaperones and regulating folding of newly synthesized proteins or those 132 damaged by stressors [25]. Considering their key roles in regulation of the muscle 133 134 integrity and function, we expect to see different patterns of activation of the studied signaling proteins across the season in different species. We also anticipate that the 135 136 stress-related pathways involved in energy conservation are upregulated and the aerobic capacity (measured as the COX activity) is suppressed in anuran muscles during the 137 138 drought, when the species that remain active (R. jimi and R. granulosa) are facing food 139 and water shortage, and *P. diplolister* is aestivating.

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### 141 Materials and Methods

### 142 Field collections

Field work was conducted at Fazenda São Miguel near the city of Angicos, in 143 the State of Rio Grande do Norte, Brazil (5°30'43"S. 36°36'18"W). The area is in the 144 145 domain of Brazilian Caatinga, and is characterized by high temperatures. January is the hottest month with an average temperature of 27.4°C (minimum: 22.8°C, maximum: 146 32.0°C), and July is the coldest month, with an average temperature of 24.3°C 147 (minimum: 20.3°C, maximum: 28.3°C) (http://pt.climate-data.org/location/312354/). 148 The annual average temperature from 1950 to 2000 is 26.6 °C (worldclim.org) and there 149 are two distinct seasons: a rainy season (January to April, 96.4 mm of 150 precipitation/month) and a dry season (August to November, 2.5 mm of 151 152 precipitation/month). The intermediate months of June, July and December can be considered dry or rainy depending on the extent of drought in the specific year. In 153 154 response to the challenges of the dry season, anurans from this locality have adopted different behavioral strategies. R. granulosa and R. jimi remain active, foraging close to 155 156 humid areas and artificial water sources [14], while Pleurodema diplolister aestivate in 157 the sandy soil under the beds of temporary rivers [12]. For this study, animals were 158 collected during two different periods in 2015: (A) during the reproductive season (March, 5–12<sup>th</sup>, 2015); (B) during the dry season (August, 10–16<sup>th</sup>, 2015). 159

During the reproductive period, males of R. granulosa (N = 13), R. jimi (N = 11) 160 and P. diplolister (N = 16) were located by visual inspection. During the dry period, 161 males of R. granulosa (N = 6), R. jimi (N = 7) were found by visual inspection, and P. 162 *diplolister* (N = 8) was found by excavating the known burrowing sites in the sandy 163 soil. Anurans were collected and individually maintained in plastic containers with 164 access to water, except the individuals of P. diplolister collected during the dry period, 165 166 which were maintained in plastic containers filled with humid sand collected in the location they were found. After two days, animals were weighted (to the nearest 0.01g) 167 and euthanized with an injection of sodium thiopental solution (25 mg/ml) 168 169 (Thiopenthax) while kept in an ice-cold dry bath. The muscles (plantaris from the posterior limb, flexor from anterior limbs, larynx and trunk) were rapidly dissected. 170 171 Muscle samples were either immediately frozen in liquid nitrogen (for immunoblotting analyses), or incubated for 1 to 2 minutes in a cryopreservation medium (10 mM 172 173 EGTA, 1.3 mM CaCl<sub>2</sub>, 20 mM imidazole, 20 mM taurine, 49 mM K-MES, 3 mM K<sub>2</sub>HPO<sub>4</sub>, 9.5 mM MgCl<sub>2</sub>, 5 mM ATP, 15 mM phosphocreatine, 10 mg/ml fatty acid-174

free BSA, 20% glycerol, pH 7.1) [26] prior to freezing (for COX activity). Tissues were 175 stored in liquid nitrogen until their transport to the University of North Carolina at 176 177 Charlotte (UNC Charlotte), NC, USA on dry ice. At UNC Charlotte the muscle samples were stored at -80°C until analyses. Fieldwork, maintenance of animals, and transport of 178 samples were conducted under the approved permissions of Comissão de Ética no Uso 179 de Animais do IB (CEUA) (Protocol number: 181/2013) and Ministério do Meio 180 Ambiente, ICMBio, SISBio (License to collect and transport animals: N°29896-1; 181 Export License number: 15BR017888/DF). 182

### 183 Immunoblotting

Muscle samples were homogenized (1:10 w:v) in ice-cold buffer (100 mM Tris, 184 185 pH = 7.4, 100 mM NaCl, 1 mM EDTA, 1 mM EGTA, 1% Triton-X, 10% glycerol, 0.1% sodium dodecylsulfate [SDS], 0.5% deoxycholate, 0.5  $\mu$ g mL<sup>-1</sup> leupeptin, 0.7  $\mu$ g 186 187 mL<sup>-1</sup> pepstatin, 40  $\mu$ g mL<sup>-1</sup> phenylmethylsulfonyl fluoride [PMSF], and 0.5  $\mu$ g  $mL^{-1}$  aprotinin), sonicated three times for 10 s each (output 69 Watts; Sonicator 3000, 188 189 Misonix Inc.) and centrifuged at  $14000 \times g$  for 5 min at 4°C. The protein content of the 190 supernatant was measured using Bio-Rad Protein Assay kit (Bio-Rad, Hercules, CA, 191 USA) with the bovine serum albumin (BSA) as a standard. Protein-containing 192 supernatant was mixed 3:1 (v:v) with a solution containing 4 parts of 4x Laemmli buffer 193 and 1 part of 1 M dithiothreitol (DTT), boiled for 5 minutes and frozen in -20°C until further analysis. 194

195 Samples (20-50 µg protein per lane, depending on the antibody) were loaded into 10% polyacrylamide gels and run at 72V for 3 hours at room temperature. After the 196 run, the gels were incubated for 30 min in 96 mmol·l<sup>-1</sup> glycine, 12 mmol·l<sup>-1</sup> Tris and 197 20% methanol (v/v). The proteins were transferred to a nitrocellulose (for HSP60, 198 HSP70 and HSP90) or polyvinylidene difluoride (PVDF) membrane (for all other 199 200 antibodies) using a Trans-Blot semi-dry cell (Thermo Fisher Scientific Inc., Portsmouth, NH, USA). Membranes were blocked for one hour in 3% non-fat milk in Tris-buffered 201 202 saline, pH 7.6 with 0.1% Tween 20 (TBST) at room temperature, and incubated 203 overnight at 4°C with the primary antibodies diluted 1:1000 in 5% BSA in TBST. After washing off the primary antibody with TBST, the membranes were probed with the 204 polyclonal secondary antibodies conjugated with horseradish peroxidase (Jackson 205 206 ImmunoResearch, West Grove, PA, USA) diluted 1:1000 with 3% non-fat milk in

TBST for one hour at the room temperature. After washing off the secondary antibody, 207 208 the proteins were detected using enhanced chemiluminescence according to the 209 manufacturer's instructions (Amersham Biosciences, Pierce, Rockford, IL, USA). The 210 signals were captured on X-ray film and relative optical density of protein bands was digitalized with an image analysis software (Gel Doc EZ Imager, Bio-Rad, Hercules, 211 CA, USA) and quantified using Image Lab<sup>TM</sup> software (Bio-Rad Laboratories Inc., 212 Hercules, CA, USA). The loading order of samples in the gels was randomized. The 213 protein loads per lane were identical for all muscle types and for both studied seasons 214 215 except for p-eIF2a in R. granulosa collected during the dry season where the original load of 30 µg per lane did not produce a signal, and 50 µg per lane was used. A single 216 217 sample (used as an internal control) was loaded on each gel and used to standardize the 218 expression of the target proteins and account for the potential gel-to-gel signal variation. 219 The following antibodies were used: AKT (AKT rabbit polyclonal IgG; Cell Signalling Technology, cat. #9272, Danvers, MA, USA), total AMP-activated protein kinase 220 221 (AMPK) (AMPKa, Thr172, Rabbit mAb, Cell Signalling Technology, cat. #2535, Danvers, MA, USA), phospho-EIF- 2a (Ser51) (no. 07-760, Millipore, cat. #07-760, 222 223 Temecula, CA, USA), EIF-2α (no. AHO1182, Life Technology, Grand Island, NY, 224 USA), HSP 60 (HSP60 [insect] polyclonal antibody, Enzo Life Science, cat.#ADI-SPA-805-D, Farmingdale, NY, USA), HSP 70 (Heat Shock Protein 70 [HSP70] Ab-2, Mouse 225 Monoclonal Antibody, Thermo Fisher Scientific Inc., cat. # MA3-006, Portsmouth, NH, 226 227 USA), HSP 90 (Anti-HSP90 antibody, Rat [monoclonal], cat. #SPA-835, Stressgen Bioreagents, Ann Arbor, MI, USA). All antibodies produced a single band of the 228 expected length (S1 Fig). 229

### 230 Measurements of cytochrome c oxidase capacity

Cryotubes containing the frozen plantaris or trunk muscles were incubated for 231  $\sim 2 \text{ min}$  at 35°C until the cryopreservation medium was completely thawed. The muscle 232 fibers were immediately washed in ice-cold medium containing 120 mM KCl, 10 mM 233 234 NaCl, 2 mM MgCl<sub>2</sub>, 2 mM KH<sub>2</sub>PO<sub>4</sub>, 20 mM HEPES, 1mM EGTA Ca-free, 10µg mL<sup>-1</sup> PMSF and homogenized in 1-2 ml of the same media with several passes of a Potter-235 236 Elvenhjem homogenizer and a loosely fitting Teflon pestle at 200 rpm. The homogenate was centrifuged at 2000 × g and 4°C for 8 min to remove cell debris, and the 237 238 supernatant containing mitochondria was used to measure activity of cytochrome c oxidase (COX). 239

COX activity was determined by measuring the oxygen consumption of 240 mitochondria-containing supernatant at 23°C in the presence of 5 µM antimycin A, 5 241 mM ascorbate and 10 mM N,N,N',N'-Tetramethyl-p-phenylenediamine (TMPD) as an 242 243 electron donor [27]. Oxygen concentrations were monitored using a fiber optic oxygen sensor connected to the Microx TX3 oxygen monitor with temperature correction 244 (Precision Sensing, Dussel-dorf, Germany) and Oxy Micro ver. 2.00 software (World 245 Precision Instruments, Sarasota, FL). A two-point calibration was performed prior to 246 each measurement. To correct for the potential autooxidation of TMPD, oxygen 247 248 consumption was measured after addition of 25 mM KCN to inhibit COX, and the difference in the oxygen consumption rates in the presence and absence of KCN was 249 250 used to calculate COX activity. Concentrations of oxygen in the respiration chamber 251 were monitored using Logger Pro 3.2 with a Vernier LabPro interface (Vernier 252 Software and Techi8nology, Beaverton, OR). Protein concentrations in mitochondrial isolates were measured using a Bio-Rad protein assay (Bio-Rad, Hercules, CA, USA) in 253 254 the presence of 0.1% Triton X-100 to solubilize mitochondrial membranes, with BSA as the standard. COX activity was expressed as  $\mu$ mol O<sub>2</sub> min<sup>-1</sup> g<sup>-1</sup> mitochondrial protein. 255 256 Each biological replicate represented an individual isolate obtained from the pooled tissues of 2-3 animals. 257

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### Statistical analysis

Variables were log<sub>10</sub> transformed to improve normality. For the immunoblotting 259 results, a two-way ANOVA was used to compare the effects of the season, gel and their 260 interaction on protein expression (measured as a densitometric signal). When the effects 261 262 of the gel and/or gel x season interactions were not significant, a one-way ANOVA was used to test for the effect of the season. To compare different muscles within a season, a 263 264 one-way ANOVA was used followed by Bonferroni post-hoc test. For COX activity, a two-way ANOVA was used to compare the effects of species and muscles (COX  $\sim$ 265 species + muscle); and species and season in each muscle ( $COX_{muscle} \sim species +$ 266 267 season). Assumptions of the ANOVA and t test (normality and equal variance) were met and statistical significance was set at P < 0.05. All tests were run in R software, 268 269 version 2.10.0 (R Development Core Team, 2010). Data are shown as means  $\pm$  the standard error of the mean (S.E.M). 270

## 271 **Results**

### 272 Metabolic signaling

273 Total AMPK showed higher expression during the dry period compared to the reproductive period in all studied muscle types of R. jimi (larynx -  $F_{1.6} = 0.25$ , P = 274 0.001; trunk -  $F_{1,12} = 0.68$ , P = 0.001; flexor -  $F_{1,9} = 0.13$ , P = 0.04; plantaris -  $F_{1,12} =$ 275 0.65, P = 0.003) (Fig 1). A similar trend was seen in *P. diplolister*, albeit it was only 276 significant in the plantaris muscle ( $F_{1,10} = 0.14$ , P = 0.002) (Fig 1C). R. granulosa 277 displayed similar AMPK expression levels across the two studied seasons in all muscle 278 types (Flexor:  $F_{1.8} = 2.74$ , P = 0.14; trunk:  $F_{1.12} = 0.84$ , P = 0.38; plantaris:  $F_{1.12} = 0.34$ 279 P = 0.57). When compared within the same season, AMPK levels in different muscle 280 types were similar within R. *jimi* and R. granulosa (P > 0.05, Table 1). In P. diplolister, 281 282 AMPK levels were similar in different muscle types during the dry period (Table 1). During the reproductive period, trunk muscles of P. diplolister showed higher AMPK 283 expression compared with other muscles ( $F_{2.20} = 4.23$ , P = 0.03, Bonferroni P = 0.03) 284 (S2 Fig). 285

Fig 1. Expression of AMPK and AKT in different muscle types of *R. granulosa*, *R. jimi*, and *P. diplolister* during reproductive and dry periods. n = 3-10. AMPK expression is shown for (A) larynx, (B) trunk, (C) plantaris, and (D) flexor muscles. AKT expression is shown for (E) larynx, (F) trunk, (G) plantaris, and (H) flexor muscles. Asterisks indicate significant difference between the reproductive and dry periods (P < 0.05). ND - not determined because of the lack of samples.

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Table 1. ANOVA: comparison of protein expression in different muscles within a
season. F ratios (with the degrees of freedom and the error shown as a subscript),
P values are given, and significant effects (P < 0.05) are highlighted in bold.</li>
Missing analysis are either protein detection below limit or lack of samples.

	Rhinella jimi	Rhinella granulosa	Pleurodema diploliste
	Reproductive	Reproductive	Reproductive
АКТ	$F_{3,13} = 3.69 P = 0.04$	$F_{3,13} = 3.35 P = 0.053$	$F_{3,11} = 0.91 P = 0.47$
ANI	Dry	Dry	Dry
	$F_{3,6} = 4.56 P = 0.06$	$F_{3,5} = 0.34 P = 0.80$	$F_{3,10} = 1.39 P = 0.30$
АМРК	Reproductive	Reproductive	Reproductive

	$F_{3,18} = 2.44 P = 0.10$	$F_{3,13} = 1.70 P = 0.20$	$F_{3,17} = 3.42 P = 0.04$
	Dry	Dry	Dry
	$F_{3,18} = 2.35 P = 0.11$	$F_{2,7} = 0.72 P = 0.52$	$F_{1,10} = 0.14, P = 0.002$
	Reproductive	Reproductive	Reproductive
p-eIF2a	$F_{3,14} = 2.21 P = 0.13$	$F_{3,6} = 0.87 P = 0.51$	$F_{3,15} = 1.59 P = 0.24$
p-e11 20	Dry	Dry	Dry
	$F_{3,14} = 0.74 P = 0.55$	-	$F_{3,6} = 11.53 P = 0.01$
	Reproductive	Reproductive	Reproductive
eIF2α	$F_{3,15} = 11.18 P = 0.001$	$F_{3,18} = 23.82 P = 0.001$	$F_{3,19} = 2.89 P = 0.06$
err 2a	Dry	Dry	Dry
	$F_{3,5} = 26.67 P = 0.002$	$F_{3,6} = 1.19 P = 0.39$	$F_{3,5} = 1.02 P = 0.46$
	Reproductive	Reproductive	Reproductive
p-eIF2a/	$F_{3,10} = 1.94 P = 0.19$	$F_{3,5} = 0.17 P = 0.92$	$F_{3,12} = 1.28 P = 0.32$
eIF2α	Dry	Dry	Dry
	$F_{3,6} = 11.30 P = 0.007$	-	$F_{3,4} = 3.02 P = 0.16$
	Reproductive	Reproductive	Reproductive
HSP60	$F_{3,22} = 9.44 P = 0.001$	$F_{3,15} = 3.70 P = 0.04$	$F_{2,13} = 1.46 P = 0.27$
1151 00	Dry	Dry	Dry
	$F_{3,12} = 13.90 P = 0.001$	$F_{2,6} = 0.002 P = 0.99$	$F_{3,5} = 2.65 P = 0.16$
	Reproductive	Reproductive	Reproductive
HSP70	$F_{3,16} = 10.36 P = 0.001$	$F_{3,9} = 0.47 P = 0.71$	$F_{2,25} = 0.92 P = 0.41$
1151 70	Dry	Dry	Dry
	$F_{3,6} = 0.90 P = 0.50$	$F_{3,8} = 1.16 P = 0.38$	$F_{3,8} = 2.63 P = 0.12$
	Reproductive	Reproductive	Reproductive
HSP90	$F_{3,12} = 28.07 P = 0.001$	-	$F_{2,8} = 40.87 P = 0.001$
1151 70	Dry	Dry	Dry
	$F_{3,14} = 1.45 P = 0.27$	-	$F_{1,4} = 0.003 P = 0.96$
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Expression of the protein kinase B (AKT) tended to be higher during the dry 299 300 period in all studied species and muscle types (except flexor for all species and the larynx of R. jimi; Fig 1E-H). This trend was significant in the larynx muscles from P. 301 diplolister ( $F_{1,8} = 0.58$ , P = 0.001), the trunk muscles from R. granulosa and P. 302 *diplolister* ( $F_{1,7}$  = 1.55, P = 0.002;  $F_{1,6}$  = 0.79, P = 0.006), and the plantaris muscle from 303 all three studied species (*R. granulosa* -  $F_{1,7} = 0.24$ , P = 0.03; *R. jimi* -  $F_{1,6} = 0.25$ , P = 304 0.001; P. diplolister -  $F_{1,11} = 1.21$ , P = 0.002) (Fig 1E-G). There were no significant 305 differences of AKT expression between seasons in the flexor muscle in the three studied 306 species (R. granulosa -  $F_{1,6} = 3.57$ , P = 0.11; R. jimi -  $F_{1,8} = 0.19$ , P = 0.68; P. 307

308 *diplolister* -  $F_{1,4} = 5.58$ , P = 0.08). AKT levels were the same across different muscle 309 types when compared within the same season in all three studied species (P > 0.05, 310 Table 1).

### 311 **Protein homeostasis**

Total expression levels of the eukaryotic initiation factor  $2\alpha$  (eIF2 $\alpha$ ) were lower 312 during the dry period than in the reproductive period in the larynx and flexor muscles 313 from *P. diplolister* (F<sub>1.7</sub> = 0.079, P = 0.016; F<sub>1.4</sub> = 0.110, P = 0.04) (Fig 2A-D), and in 314 the trunk and plantaris muscles from R. granulosa ( $F_{1.14} = 1.06$ , P = 0.002;  $F_{1.12} = 0.132$ , 315 316 P = 0.02) (Fig 2A-D). In all other muscle types (including the trunk and plantaris of P. diplolister, the larynx and flexor of R. granulosa, and all muscle types of R. jimi), 317 318 season had no significant effect on eIF2 $\alpha$  expression (P > 0.05). In R. granulosa, during the dry period, the flexor muscle had the highest levels of total eIF2 $\alpha$  when compare 319 320 with the other studied muscles types; during reproductive period, the flexor and trunk muscles had elevated levels of eIF2 $\alpha$  compared larynx and plantaris (Table 1; S3A and 321 322 B Fig; Bonferroni P = 0.001 and 0.028, respectively). For R. *jimi* collected in the 323 reproductive period, trunk and plantaris muscles showed lower total  $eIF2\alpha$  expression 324 compared with the larynx and flexor (Table 1; S3C Fig; Bonferroni P = 0.042). No 325 differences in total eIF2a levels were found between different muscle types of R. jimi during the dry period, or of *P. diplolister* during the dry and reproductive periods (Table 326 327 1).

Fig. 2. Relative intensity of eIF2a protein levels (A) larynx, (B) trunk, (C) flexor 328 and (D) plantaris; phosphorylate eIF2a protein levels (E) larynx, (F) trunk, (G) 329 flexor and (H) plantaris; phosphorylate eIF2a/ eIF2a ratio (I) larynx, (J) trunk, 330 (K) flexor and (L) plantaris in R. granulosa, R. jimi, and P. diplolister during 331 reproductive and dry period. n = 3-10, except when it is indicated. Zero indicates 332 protein levels below the detection limit. ND - not determined because of the lack of 333 samples. Asterisks indicate significant difference between reproductive and dry periods 334 335 (P < 0.05).

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Phosphorylated eukaryotic initiation factor 2- $\alpha$  (p-eIF2 $\alpha$ ) showed lower expression during the dry period in trunk, flexor and plantaris muscles (F<sub>1,13</sub> = 0.94, P = 0.003; F<sub>1,9</sub> = 0.23, P = 0.006; F<sub>1,10</sub> = 0.47, P = 0.004, respectively) (Fig 2E-H), but not in

the larynx from *R. jimi* ( $F_{1,4} = 3.52$ , P = 0.13). In contrast, p-eIF2 $\alpha$  levels were elevated 340 in the muscles of *P. diplolister* during the dry period compared to the reproductive one 341 (Fig 2E-H), and this trend was significant in the trunk ( $F_{1.6} = 0.30$ , P = 0.003) and 342 marginally significant in the flexor muscle ( $F_{1,1} = 83.38 P = 0.069$ ) but not in the larynx 343  $(F_{1.8} = 0.673, P = 0.436)$  or plantaris  $(F_{1.12} = 0.506 P = 0.49)$ . Notably, p-eIF2 $\alpha$  levels 344 were below the detection limit in all muscles from R. granulosa during the dry period 345 (at 50 µg of total protein per lane) (Fig 2E-H). Comparisons between different muscle 346 types within each species and each study season showed similar p-eIF2a expression 347 348 among different muscle types in R. jimi and R. granulosa during the dry and reproductive periods, and in *P. diplolister* during the reproductive period (Table 1). 349 However, during the dry period the trunk muscle of *P. diplolister* had significantly 350 higher levels than flexor and plantaris, and levels of p-eIF2 $\alpha$  in the plantaris tissue was 351 352 below that in all other studied muscle types (Table 1, S3D Fig).

The ratio of p-eIF2 $\alpha$  to total eIF2 $\alpha$  levels was lower during the dry period in all 353 muscle types of R. granulosa (reflecting the non-detectable levels of p-eIF2a during the 354 dry period) and in the flexor and plantaris muscles R. jimi ( $F_{1,3} = 0.518$ , P = 0.02;  $F_{1,4} =$ 355 0.257, P = 0.034), but not P. *diplolister* (P > 0.05) (Fig 2I-L). The ratio of p-eIF2 $\alpha$  to 356 total eIF2 $\alpha$  did not significantly vary among the different muscle types when compared 357 within the same season in P. diplolister and R. granulosa (Table 1). In R. jimi during the 358 359 dry period, larynx muscle showed higher p-eIF2 $\alpha$ / eIF2 $\alpha$  ratio when compared to the other muscles (S3E Fig; Bonferroni P = 0.05); this difference was not significant during 360 the reproductive period (Table 1). 361

362 Heat shock protein 60 (HSP60) showed lower expression during the dry period 363 in the flexor from R. *jimi* ( $F_{1,11} = 1.12$ , P = 0.001), and in the larynx and trunk of P. *diplolister* ( $F_{1,7} = 0.33$ , P = 0.047;  $F_{1,8} = 0.11$ , P = 0.008) (Fig 3A-D). In all other studied 364 365 tissue/species combinations, no significant differences in HSP60 levels were found between the reproductive and dry periods (P > 0.05). Notably, the trunk muscles of R. 366 367 jimi and R. granulosa had lower HSP60 levels compared to other muscle types in the reproductive season (Table 1; S4A and C Fig). During the dry period, HSP60 levels in 368 369 the trunk muscle of R. jimi were similar to that in the larynx and flexor while HSP60 370 levels in the plantaris muscle were higher than in the larynx and flexor (Table 1; Bonferroni P = 0.052) (S4B Fig). In P. diplolister, HSP60 were similar among different 371 muscle types within each respective studied season (P > 0.05). 372

Fig 3. Relative intensity of HSP 60 protein levels in (A) larynx, (B) trunk, (C) 373 flexor, (D) plantaris, HSP 70 protein levels in (E) larynx, (F) trunk, (G) flexor, (H) 374 375 plantaris, HSP 90 protein levels in (I) larynx, (J) trunk, (K) flexor and (L) plantaris of R. granulosa, R. jimi, and P. diplolister during reproductive and dry 376 **periods.** Data are means  $\pm$  S.E.M., n = 3-11, except when indicated. ND indicates not 377 determined because of the lack of samples. Zero indicates protein levels below the 378 detection limit of the method employed. ND - not determined because of the lack of 379 samples. Asterisks indicate significant difference between reproductive and dry periods 380 381 (P < 0.05).

382

383 Heat shock protein 70 (HSP70) showed lower expression during the dry period compared to the reproductive season in the larynx and trunk of P. diplolister ( $F_{1,9}$  = 384 0.42, P = 0.03;  $F_{1,13} = 0.191$ , P = 0.02) (Fig 3E-H). Similarly, the trunk muscles of R. 385 *jimi* had lower HSP70 levels during dry period compared to the reproductive one  $(F_{1,7} =$ 386 0.19, P = 0.02). The flexor muscle of *R. jimi* showed higher HSP70 expression during 387 the dry period ( $F_{1.6} = 10.27$ , P = 0.019), while larynx displayed similar HSP70 388 389 expression along the year ( $F_{1.5} = 2.05$ , P = 0.21) (Fig 3E-H). R. granulosa's trunk muscles (but not the plantaris, flexor or larynx) showed higher HSP70 levels during the 390 dry period compared to the reproductive season ( $F_{1.8} = 8.35$ , P = 0.02) (Fig 3E-H). 391 Within each species and study season, only R. jimi showed differences in HSP70 levels 392 among different muscle types during the reproductive season, with the highest levels in 393 the trunk and the lowest levels in the plantaris muscle (Table 1; S4D Fig; Bonferroni P 394 = 0.006). 395

396 Heat shock protein 90 (HSP 90) showed lower expression during the dry period compared with the reproductive period in the larynx and flexor muscles of R. jimi ( $F_{1,8}$ 397 = 0.27, P = 0.007;  $F_{1,11}$  = 0.37, P = 0.001) and in the trunk muscles from P. diplolister 398  $(F_{1,1} = 1.02, P = 0.03; F_{1,6} = 0.44, P = 0.042)$  (Fig 3I-L). In contrast, in the plantaris 399 400 muscle of R. jimi lower levels of HSP90 were found during the reproductive period compared with the dry one ( $F_{1,2} = 0.13 P = 0.045$ ). HSP90 could not be detected in *R*. 401 402 granulosa due to the lack of the cross-reactivity of the antibody. Comparison among different muscle types within the same season showed elevated HSP90 levels in the 403 404 larynx and flexor compared to the trunk and plantaris of R. *jimi* during the reproductive 405 period (Bonferroni P = 0.013), and in the larynx of *P. diplolister* compared to all other

406 tissue types, also during the reproductive period (Bonferroni P = 0.007) (S4E and F 407 Fig, Table 1). In all other studied species/season combinations, no significant 408 differences in HSP90 levels were found between different muscle types (P > 0.05).

### 409 Aerobic capacity

Activity of cytochrome c oxidase (COX), which can serve as a marker of the 410 mitochondrial density and thus aerobic capacity of the tissue, was higher in the trunk 411 and plantaris muscles of R. *jimi* compared to R. granulosa and P. diplolister ( $F_{2,22}$  = 412 7.000, P = 0.005 and  $F_{2,43}$  = 9.616, P = 0.001, for the dry and the reproductive period 413 respectively) (Fig 4). Notably, COX activity tended to be lower in the trunk muscle than 414 in the plantaris muscle across the species during the dry period (by 40-45% in R. 415 416 granulosa and P. diplolister and by 68% in R. jimi), although this difference was significant only for *R. jimi* ( $F_{1,22} = 5.334$ , P = 0.03). Comparing within species, COX 417 activity was marginally higher during reproductive season than during the dry season in 418 the trunk R. granulosa (t = 2.194, df = 5, P = 0.07), but not in the plantaris (t = 0.132, df 419 = 1, P = 0.90). *Rhinella jimi* and *P. diplolister* did not display differences in the COX 420 activity between seasons (P > 0.05). 421

Fig 4. Activity of cytochrome c oxidase (COX) in trunk (A) and plantaris (B) muscles during reproductive and dry periods in *R. granulosa*, *R. jimi*, and *P. diplolister*. n = 3-11, except when indicated. Asterisk indicates significant difference between periods (P < 0.05).

426

## 427 **Discussion**

Our results indicate the importance of metabolic regulators mediating the muscle 428 429 maintenance and function during the drastic seasonal variation faced by the Caatinga anurans. The toads that remain active during the dry period appear to maintain muscles 430 431 through more energy extensive pathways including elevated protein synthesis, while the aestivating frogs employs energy conservation strategy that involves suppression of 432 433 protein synthesis, decrease in the chaperone expression and higher total expression of AMPK. These adjustments are consistent with their lower metabolic rates [12] and need 434 435 for saving energy during aestivation. All three studied species activate cell survival 436 pathways during the dry period in the muscles likely to prevent muscle atrophy. All

three studied species thereby maintain the muscle capacity throughout the year, despite
the resource limitation. These strategies are important considering the unpredictability
of the reproductive event and the need to rapidly engage the muscular activity in
response to the rain event triggering reproduction.

# 441 Cellular survival and protein synthesis pathways in the 442 muscle

The protein kinase B (AKT) is an important signaling protein involved in 443 cellular survival pathways in the muscle [28]. AKT expression was elevated during the 444 445 dry period in the trunk and plantaris muscles from all studied species and in the larynx 446 in the aestivating species, but not in flexor. The most pronounced increases of AKT was 447 in the aestivating species, *P. diplolister*. Possibly, activation of AKT in the flexor may occur later as the dry season progresses (similar to the delayed activation of the AKT 448 449 pathway in some skeletal muscle types of a hibernating mammal Marmota flaviventris [29]; this hypothesis remains to be tested with regard to the Caatinga anurans. Similarly 450 451 to our present results, elevated expression of AKT was reported in the foot muscle and hepatopancreas of estivating snails [30] and in the liver of a frog Rana sylvatica 452 453 exposed to freezing [31]. AKT promotes cell survival, downregulates pro-apoptotic 454 factors [32,30,33,31,34], and activates the cascade involved in cell cycle arrest and quiescence [35]. Therefore, the upregulation of AKT in the Caatinga anurans during the 455 456 dry period could be important for preventing the muscle atrophy when resources are limited. Notably, the upregulation of AKT during the dry period goes hand-in-457 hand with an increase of the phosphorylated form of  $eIF2\alpha$  (p- $eIF2\alpha$ ) in the trunk 458 muscle and/or a decrease of the total eIF2 $\alpha$  in the larynx and flexor muscles of the 459 estivating species, P. diplolister. This agrees with the earlier findings showing that 460 phosphorylated eIF2 $\alpha$  can facilitate AKT activation thereby promoting cell survival 461 [36]. Furthermore, the eIF2 $\alpha$  is an essential initiation factor in protein synthesis which 462 463 controls the translation rates and becomes inactivated by phosphorylation [37]. Thus, 464 low levels of eIF2 $\alpha$  and/or elevated expression of p-eIF2 $\alpha$  indicate suppression of the protein synthesis in the muscles of *P. diplolister* during aestivation. The stable level of 465 eIF2 $\alpha$  and p-eIF2 $\alpha$  in the other studied *P. diplolister* muscles might indicate that the 466 regulation of the protein synthesis in these tissues might be dependent on alternative 467 468 mechanisms such as control of the translation elongation [38] or ribosome

(dis)assembly [39]. Suppression of the protein synthesis is a common energy-saving 469 470 mechanism in estivating species [38] and has been observed in desert amphibians 471 Neobatrachus centralis [40] and in estivating snails Otala lactea [41,42]. Earlier studies 472 on estivating frogs (*Cvclorana alboguttata*) showed that muscles are protected against 473 atrophy during prolonged (9 months) estivation with no decline in muscle mass, cross-474 sectional area or fiber number [7]. Our study in P. diplolister suggests a possible mechanism for this protection involving the coordinated suppression of the protein 475 synthesis to conserve energy reserves and activation of the cell survival pathways to 476 477 prevent loss of the muscle cells.

The protein synthesis was activated during the dry period in the muscles of R. 478 479 *jimi* and *R. granulosa* (two species that remain active throughout the year) as indicated 480 by a decline in the amount of inactive p-eIF2 $\alpha$  in all studied muscle types, but not in the aestivating species P. diplolister. This was especially notable in R. granulosa where p-481  $eIF2\alpha$  levels were below the detection limits of immunoblotting during the dry period. 482 The maintenance of foraging activity of *Rhinella* species during dry period might allow 483 484 higher protein synthesis and activation of the cell survival pathways, potentially helping to build the muscle mass in preparation for the reproductive period in the two toad 485 486 species. The maintenance of the muscle mass during the dry period is important for the Caatinga anurans, which start reproduction immediately after fairly unpredictable 487 488 rainfall events [13]. The reproductive behavior involves strenuous calling activity (which engages the trunk muscles) in all three studied species [12]. In P. diplolister, 489 490 males must also energetically beat legs to build foam nests for eggs deposition [12]. Despite some variation in the AKT, eIF2 $\alpha$  and p-eIF2 $\alpha$  levels among the muscle types, 491 the seasonal patterns of expression of these proteins were generally consistent in 492 different muscles within each studied species. These results indicate that the molecular 493 494 mechanisms of the muscle maintenance during the resource-limited dry season are 495 similar in the locomotor muscles (i.e. plantaris) and the reproductively-related muscles (such as trunk, flexor and larynx). 496

### 497 Indices of energy status

Elevated expression of AMPK in muscle tissues (indicative of the cellular energy stress) was observed during the dry period in all muscles of *R. jimi* and in plantaris muscle of *P. diplolister*. An increase in AMPK levels is common during the

resource- and energy-limited periods in many organisms including hibernating 501 mammals [43,44] and frogs exposed to hypothermia, hypoxia, freezing, dehydration or 502 anoxia [45,46,44]. Furthermore, AMPK suppresses energy-demanding metabolic 503 504 processes [47,22] and induces cell cycle arrest [12,22,44], which also contributes to 505 energy savings. The reasons for the differences in AMPK response between the two 506 non-estivating active species are not known. Furthermore, the expression of phosphorylated and total AMPK might not always be in the same direction which limits 507 our conclusions on the potential changes in the active form of this protein (since the 508 509 phosphorylated form of AMPK could not be measured in our present study due to the lack of antibody cross-reactivity with the anuran protein). Different responses regarding 510 511 AMPK activation in anuran species submitted to the same freezing condition has been 512 reported in *Rana perezi* and *Rana sylvatica* [45,46]. Additionally, during reproductive 513 period, AMPK expression was particularly elevated in trunk of P. diplolister compared to other muscle types, which might indicate a metabolic stress due to high energy 514 515 demand of the trunk muscles due to calling activity [48,49,50]. However, this hypothesis remains to be tested. 516

COX activity (indicative of the mitochondrial density) was considerably higher 517 in the muscles of the largest of the three studied species (R. jimi) compared to P. 518 diplolister or R. granulosa. COX activity was especially high in the plantaris muscle of 519 520 R. jimi, which is consistent with higher locomotor capacity of large toads from Rhinella marina group of species [51]. Generally, the mitochondrial COX capacity of the frogs' 521 522 muscles was maintained at the same level in the reproductive and dry period except for 523 a small but significant decline in the COX activity in the trunk muscle of R. granulosa 524 during the dry period. This indicates that the aerobic capacity of the locomotor as well as the reproductive muscles is maintained throughout the year despite the energy and 525 526 resource limitation in the dry season.

#### 527 **Expression of molecular chaperones**

528 Molecular chaperones involved in the folding of nascent and damaged proteins 529 (including a mitochondrial HSP60 and cytosolic HSP70 and HSP90) were expressed at 530 lower levels in the muscles of the estivating *P. diplolister* during the dry period. A 531 decrease in HSP expression in aestivating frogs goes hand-in-hand with the suppressed 532 protein synthesis in the muscles and may reflect lower protein turnover rates during

aestivation [41,52]. Similarly, other aestivating species such as land snails also decrease
HSP expression during quiescence [53, 54] and sharply increase it during arousal [55].

The higher expression of HSPs in the muscles trunk of *P. diplolister* during the 535 reproductive period might be attributed to the stress caused by the exercise from calling 536 537 behavior and high steroid receptor expression levels [56,57,58]. Calling is a highly energetic demanding aerobic exercise for anuran males [59,48], and calling effort is 538 positively correlated with plasma levels of androgens and corticosterone [60, 65, 66]. 539 540 Furthermore, anurans show increased expression of steroid hormones during reproductive season [65,67], which are associated with HSP in the inactive state 541 [68,69,70]. Thus, elevated expression of HSPs during the reproductive season in P. 542 543 diplolister might also reflect the high levels of steroids during this period. However, the pattern of HSP levels in the muscles of R. jimi or R. granulosa males are less clear, 544 545 considering they also display high steroid levels during the reproductive season. 546 Overall, HSP levels of in the muscle tissues in the two anurans species that are year-547 round active showed relatively little variation and no consistent pattern of seasonal change between different muscle types. This indicates the lack of strong unfolded 548 protein response and thus maintenance of the protein homeostasis during the period of 549 reproductive activity as well as during times of resource limitation in these species. 550

551

### **Conclusions and perspectives**

The differential responses of the cell signaling and stress response pathways 552 found in the muscles of the three studied species of desert anurans reflect differences in 553 554 their life habit and activity levels as well as the common need to maintain the muscle capacity in an extremely seasonal environment of the Caatinga. Activation of the cell 555 survival pathways is the most consistent response in the muscles of all three studied 556 species during the dry period likely playing a role in preventing muscle atrophy during 557 558 the resource limitation. Expression of the regulators of protein homeostasis (including chaperones and regulators of the protein synthesis) reflect different levels of resource 559 560 limitation, so that the less resource-limited active species upregulate protein synthesis and maintain high levels of chaperones during the dry periods in the muscle while a 561 severely resource-limited aestivating species shuts down the protein synthesis to 562 conserve energy. Contrary to our prediction, we did not observe differential metabolic 563 564 regulation or trade-off between the reproductive and locomotor muscles. Future studies

are needed to determine whether the muscle maintenance during the dry period is prioritized over that of other tissues and whether potential trade-offs exist between the support of the muscle capacity throughout the year and other fitness-related functions in desert frogs.

569

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### 573 **Competing interests**

574 The authors declare no competing or financial interests.

## 575 Author contributions

I.S., C.B.M and F.R.G. conceived the study, designed the experiments and contributed
substantially to interpreting the data. C.B.M and I.S. collected the data; C.B.M.
analyzed the data; C.B.M, I.S. and F.R.G. wrote the manuscript, and take full
responsibility for the content of the paper.

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### 764 Supporting information

Fig S1. AMPK expression during (A) reproductive and (B) dry period for *R. jimi*,

766 AKT expression during (C) reproductive period for *R. jimi*; Total eIF2α expression

during (D) reproductive and (E) dry period for *P. diplolister;* Phosphorylated
eIF2α expression during (F) reproductive and (G) dry period for *R. jimi*; HSP60
expression during (H) reproductive and (I) dry period for *R. jimi*; HSP70
expression during (J) reproductive period for *R. jimi*; and HSP90 expression
during (K) reproductive period for *R. jimi*.

Fig S2. Relative intensity of AMPK protein levels among different muscles in *P*. *diplolister* during reproductive period. Data are means  $\pm$  S.E.M., n = 7–10. ND indicates not determined because of the lack of samples. Different letters indicates significant difference (P < 0.05).

Fig S3. Relative intensity of eIF2a protein levels among different muscles in *R*. *granulosa* during (A) reproductive and (B) dry period and *R. jimi* during (C) reproductive period; phosphorylate eIF2a among different muscles in *P. diplolister* during (D) dry period; and phosphorylate eIF2a/eIF2a ratio among different muscles in *R. jimi* during (E) reproductive period. Data are means  $\pm$  S.E.M., n = 3– 10, except when otherwise indicated. Asterisks and different letters indicates significant difference (P < 0.05).

Fig S4. Relative intensity of HSP 60 protein levels among different muscles in *R*.

784 *jimi* during (A) reproductive and (B) dry period and in *R. granulosa* during (C)

- reproductive period; HSP 70 protein levels in *R. jimi* during (D) reproductive
- 786 period; and HSP 90 in *R. jimi* during (E) reproductive period and in *P. diplolister*
- 787 during (F) reproductive period. Data are means  $\pm$  S.E.M., n = 4–8, except when
- otherwise indicated. ND indicates not determined because of the lack of samples.
- Asterisks and different letters indicates significant difference (P < 0.05).

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