Signatures of negative frequency dependent selection in colonisation factors and the evolution of a multi-drug resistant lineage of *Escherichia coli*

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Abstract

Escherichia coli is a major cause of bloodstream and urinary tract infections globally. The wide dissemination of multi-drug resistant (MDR) strains of extra-intestinal pathogenic *E. coli* (ExPEC) poses a rapidly increasing public health burden due to narrowed treatment options and increased risk of failure to clear an infection. Here, we present a detailed population genomic analysis of the ExPEC ST131 clone, in which we seek explanations for its success as an emerging pathogenic strain beyond the acquisition of antimicrobial resistance (AMR) genes. We show evidence for evolution towards separate ecological niches for the main clades of ST131 and differential evolution of anaerobic metabolism, key colonisation and virulence factors. We further demonstrate that negative frequency-dependent selection acting across accessory loci is a major mechanism that has shaped the population evolution of this pathogen.

Introduction

Escherichia coli is now the most common cause of blood stream infections in the developed world, outnumbering cases of *Staphylococcus aureus* bacteraemia by 2:1 [1]. *E. coli* is also the most common cause of urinary tract infections (UTI), which in turn are among the most common bacterial infections in the world [2]. Bacteraemia and UTI are caused by a subset of *E. coli* termed extra-intestinal pathogenic *E. coli* (ExPEC). ExPEC are not a phylogenetically distinct group of *E. coli* but rather represent strains which have acquired virulence-associated genes that confer the ability to invade and cause disease in extra-intestinal sites [3]. Genes associated with virulence that confer the ability to adhere to extra-intestinal tissues, to sequester extracellular iron, to evade the non-specific immune response, and toxins resulting in localised tissue destruction have all been described as essential in the process of ExPEC pathogenesis [4].

The problem presented by the scale of ExPEC infections is exacerbated by the number of cases involving multi-drug resistant (MDR) strains [1,5,6]. Epidemiological surveys report as many as 60% of UTI ExPEC isolates as being resistant to three or more classes of antibiotics, and as many as 50% of bacteraemia isolates [5,6]. The increase in MDR ExPEC prevalence has been rapid and primarily attributable to a small number of ExPEC lineages [5]. The most common of these is the *E. coli* ST131 lineage, which has rapidly become a dominant cause of ExPEC UTI and bacteraemia globally [5–7]. *E. coli* ST131 is particularly associated with carriage of the CTX-M class of extended-spectrum β-lactamase (ESBL) which confers resistance to 3rd-generation cephalosporins [7], and there have been a small number of reports of *E. coli* ST131 isolates carrying metallo-β-lactamases conferring resistance to

carbapenems [8]. The carriage of these resistance genes is driven by acquisition and

stable maintenance of large MDR plasmids [9].

The phylogenetic structure of *E. coli* ST131 is well characterised [10–14] and shows the

emergence of a globally disseminated, MDR-associated clade C from primarily drug

susceptible clades A and B. The lack of phylogeographic signal and phylogenetic

structure based on host source suggests rapid global dispersal and frequent host

transitions within clade C [14]. Research has suggested that the acquisition of

fluoroquinolone resistance via point mutations in DNA gyrase and DNA

topoisomerase genes was the primary driver in the rapid emergence of clade C,

alongside the predated acquisition of well-defined ExPEC virulence factors [11,12].

Later work also suggested that clade C *E. coli* ST131 may dominate as a successful

MDR clade due to the ability to offset the fitness cost of MDR plasmid acquisition

and maintenance via compensatory mutations in gene regulatory regions [14].

Genome-wide association studies (GWAS) have been used to identify loci and

lineage specific alleles significantly associated with clade C *E.coli* ST131, which

suggested a secondary flagella locus encoding lateral flagella (Flag-2[15]), and a

number of hypothetical proteins and promoter regions as being clade C *E. coli*

ST131 associated loci [14].

Recent work on *E. coli* causing bacteraemia provided compelling evidence that

resistance to antimicrobials has not been the major driver of the success of ST131

[16]. Analysis of a large 11-year population survey across the UK showed that ST131

rapidly stabilised at a level of approximately 20% after its emergence around 2002 in

the UK. This was far in excess of already-resident MDR clones, such as ST88 or

ST405. Nevertheless, the overall prevalence of resistance phenotypes remained

approximately constant in the population. Furthermore, most currently known major

ExPEC clones (primarily ST12, ST73, ST95, and ST69, the last of which also rapidly

emerged in 2002) show a similar stable population frequency across the 10 years

following the introduction of ST131, despite exhibiting far less extensive resistance

profiles. These observations suggested the distribution of ExPEC strains was

shaped by negative frequency-dependent selection (NFDS) [16]. NFDS describes the

situation in which a given phenotype is most beneficial to a population when it is

rare. This is because as the phenotype becomes common it becomes costly,

because of pressures such as host response to the population.

Recently a multilocus NFDS model of post-vaccination *Streptococcus pneumoniae*

population dynamics has been described [17]. Frequencies of accessory genes were

found to be highly conserved across multiple populations on different continents,

despite these populations themselves being composed of different strains, as

defined by core genome sequences. Detailed modelling and functional analysis

indicated changes in strain prevalence could be explained by NFDS driving

accessory loci towards equilibrium frequencies, through mechanisms involving

interactions with other bacteria, hosts, or mobile elements [17]. The level of the

selective force was estimated to be similar across the populations and manifested

itself in the maintenance of stable population frequencies of accessory loci, despite a

substantial perturbation of the population by the introduction of the pneumococcal

vaccine [17].

Here, we present the analysis of 862 genomes collated from previous large scale *E.*

coli ST131 phylogenomic studies [11–14,16,18] and newly sequenced isolates from the

BSAC bacteraemia resistance project from the UK and Ireland. This allowed us to

perform sufficiently powered population genetic analyses and identify the key steps

in the evolution from the largely drug susceptible clades A and B to the globally

dominant MDR clade C. Pan-genome analyses identified the formation of clade C

was underpinned by an accumulation of allelic diversity, particularly enriched for

genes involved in anaerobic metabolism and other loci important for colonisation of

the human host by ExPEC. Our data suggest the evolution of the MDR phenotype is

part of a wider, ongoing adaptation towards prolonged human colonisation that is

currently accompanied by a radiation through diversification of metabolic and

antigenic loci.

Methods

Genome data

We analysed a collection of 862 *E. coli* ST131 genomes (Table S1), of which 684

were previously sequenced as part of phylogenomic investigations of the ST131

lineage [10,11,13,14,16,19]. We added 184 previously unpublished ST131 isolates from the

British society for antimicrobial chemotherapy (BSAC) bacteraemia resistance

surveillance project which were selected from *E. coli* in the BSAC resistance

surveillance bacteraemia collection from the UK and Ireland between 2001–2011.

Together this collection represents bacteria isolated from invasive disease (blood

stream infections), human asymptomatic carriage and disease resulting from

intestinal carriage (UTI), and bacteria isolated from a range of veterinary livestock,

pets, wild birds, and the wider environment, minimising population or sampling bias

to as large an extent as possible.

In an attempt to avoid any issues arising from different assembly or annotation

metrics employed in the previous projects, we downloaded only raw sequence data

in fastq format using the previously published accession data. We then performed de

novo assembly on all the genomes using Velvet [20] and annotation using Prokka [21] as

previously described [16]. A pan-genome of the entire data set was constructed using

Roary with 95% identity cut-off [22]. A concatenated core CDS alignment was made

from the Roary output and a maximum likelihood phylogenetic tree was constructed

from the alignment using RaxML version 8.2.8 [23] and the GTR model with Gamma

rate heterogeneity.

For comparative lineage analysis we utilised the 264 ST73 genomes, and162 ST95

genomes that were sequenced and fully characterised as part of the UK BSAC

genome study [16].

Accessory genome analysis

The pan-genome matrix from Roary was utilised to investigate the presence of clade

specific loci. The PANINI tool was used with the default setting to visualize the

accessory   gene   sharing   patterns   in   the   population

https://microreact.org/project/BJKoeBt2b [24]. PANINI has been demonstrated to

provide efficient complementary visual means to phylogenetic trees to accurately

extract both distinct lineages present in a population-wide genomic dataset, and to

highlight clusters within lineages, that are explained by rapidly occurring, homoplasic

alterations, such as phage infection. Roary was run on the entire data set using the

default 95% sequence identity threshold to cluster genes, allowing us to separate

genes based on allelic as well functional differences. Based on a frequency

distribution histogram (Figure S1), we assigned a locus as being clade specific if it

occurred at a frequency > 95% in one clade and at < 5% in the other two clades.

Loci identified as clade specific were functionally annotated by performing a tBlastn

analysis of the nucleotide sequence of the loci against the NCBI non-redundant

database.

Functional categorisation of pangenomes

To assess the functional composition of the accessory pangenome we assigned Gene Ontology (GO) terms to gene sequences from the pangenome. Briefly, representative sequences from the pan genome of ST131 were mapped to orthologous groups in the bactNOG database using the eggNOG emapper utility [25] Mapping was performed using the diamond search algorithm. Output from eggNOG was filtered to remove Orthologous Groups with no GO terms, a score was assigned to each Orthologous Group based on gene mapping frequency.

Comparisons of lineage and clade specific loci

In order to compare lineage pan-genomes whilst accounting for differences in the number of genomes a sampling approach was utilised. Specifically, a subset with size equal either to the number of ST73 or ST95 genomes was selected at random from the ST131 Clade C. The functional enrichment of genes in the subset was quantified and statistically compared to the ST73 or ST95 pangenome using a Chi Squared test. This process was repeated 100 times to produce 100 p-values, from which the median p-value was calculated. Utilising the same subsampling approach, the pangenome composition of Clade C ST131 genomes was compared to both the Clade A and Clade B pangenomes.

Chi squared statistical tests were performed to assess the significance of the observed differences in functional enrichment. Briefly, with each iteration of the sampling procedure a Chi squared test was performed using the functional proportion of the subsampled pangenome as the observed values and the proportions for ST73 or ST95 as the expected value. This generated 100 p-values from which one can use the average, maximum, or median to assess significance of

the observed differences. In addition, proportional Z statistic tests were also

performed to assess the significance of the observed difference. The measurements

from the 100 replicates of the subsampling procedure were used to generate an

average for the proportions as well as to estimate the variance. The tests were

conducted using the proportional measurements from ST73 and ST95 as the 'true'

means and quantifying how distinct the ST131 subsamples were from these

reference values.

The sequences of 64 anaerobic metabolic genes in which allelic diversity was

observed were extracted from individual genomes. The nucleotide sequences were

then clustered at 80% identity and 80% length using CD-HIT which was run using

the accurate flag and 'word size' of 5 [26]. An additional CD-HIT script was used to

extract gene sequences for clusters with more than 3 genes, the minimum required

by MEGA-CC for analysis. The sequences were then aligned using Muscle with

default settings [27]. Resulting alignment files were analysed in MEGA-CC to produce

measurements of Tajima's D [28].

ST131 clade specific SNPs

To visualise the ST131 clades A, B, C, C1 and C2 within the ML tree and the PANINI

clustering we identified clade specific SNPs (Table S1) as previously described [16].

NFDS modelling

NFDS modelling used genomic data from the previous publication analysing the

population dynamic of blood stream infection *E. coli* isolates in the UK [16]. Isolates

were assigned to genotypes based on a hierBAPS analysis of the core genome [29].

The previously-defined sequence types were used to divide any diverse clusters to

similar levels of resolution. Therefore the clusters used corresponded to the largest

hierBAPS cluster that corresponded to a clonal complex, if links were constructed

between single- and double-locus variants; if neither condition could be satisfied, the

third level of clustering was used. This identified 62 sequence clusters across the

population. The sets of orthologous sequences were those defined by a previous

Roary analysis [16] those present at between 5% and 95% frequency in the first

sample, from 2001, were modelled as evolving under NFDS, and tending towards an

equilibrium frequency, e_l, corresponding to that in the 2001 sample.

Seven resistance phenotypes, present within this frequency range in 2001, were also

modelled as evolving under NFDS: amoxicillin, clavulanic acid, ciprofloxaxin,

cefuroxime, gentamicin, piperacillin-tazobactam, and trimethoprim. The first six of

these were directly inferred from the previously published analysis. Trimethoprim

was instead inferred from the *sul* and *dfrA* alleles identified by Roary; data from the

Cambridge University Hospitals collection [16] was used to train a model constructed

with the randomForest R library (https://cran.r-

project.org/web/packages/randomForest/) which had 93% accuracy when applied

back to the training dataset. This was used to infer resistance phenotypes for the

BSAC collection.

Analysis used the heterogeneous multilocus NFDS model described previously [17],

modified to treat a vaccine cost, *v*, as a fitness advantage, *r*. All individuals, *i*, of the

sequence clusters corresponding to ST131 and ST69 were assigned the same

fitness advantage, $r_i = r$; $r_i = 0$ for all other *i*. Hence the function defining the number

of progeny, $X_{i,t}$, produced by *i* at time *t* was:

$$X_{i,t} \sim Pois\left(\left(\frac{\kappa}{N_t}\right)(1 + r_i)(1 - m)\left(\left(1 + \sigma_f\right)^{\pi_{i,t}} + (1 + \sigma_w)^{\omega_{i,t}}\right)\right)$$

225 In this formula, density-dependent competition is parameterised by the carrying

226 capacity κ, set at 50,000 to represent a large population that is still computationally

227 feasible, and the total number of cells in the simulated population at t, N_t. The

228 strength of NFDS was determined by the parameters p_f, σ_f and σ_w. As previously, the

229 accessory loci and resistance phenotypes were ordered according to the statistic Δ_l:

$$\Delta_l = \frac{(f_{l,t>0} - e_l)^2}{(1 - e_l(1 - e_l))}$$

Where $f_{l,t>0}$ is the mean post-2001 locus frequency. If the L loci and phenotypes

considered to be under NFDS were ordered by ascending values of Δ_l, then l_f was

the highest ranking locus meeting the criterion $\frac{l_f}{L} \le p_f$. This determined the strength

of NFDS acting on each locus, and therefore the reproductive fitness of individual i,

based on which loci were encoded in its genome, as represented by the binary

variable $g_{i,l}$, and the deviation of their simulated locus frequency at time t, $f_{l,t}$, from

their corresponding equilibrium frequencies:

$$\pi_{i,t} = \sum_{l=1}^{l_f} g_{i,l}\left(e_l - f_{l,t}\right)$$

238 And:

$$\omega_{i,t} = \sum_{l=l_f+1}^{L} g_{i,l}\left(e_l - f_{l,t}\right)$$

These summed deviations served as the exponents for the NFDS terms of the

reproductive fitness, with $\pi_{i,t}$ and σ_f corresponding to those loci under stronger

NFDS, and $\omega_{i,t}$ and σ_w corresponding to those loci under weaker NFDS.

The simulations were initialised with a random selection of κ genotypes from the

genomic data, which were biased such that those isolates observed in 2001 were

represented at one thousand fold greater frequency than genotypes collected in later

years. This was necessary to 'seed' the initial population with ST131 and ST69, to

facilitate their expansion in a realistic manner in subsequent years. The parameter *m*

represented the rate at which all isolates entered the population through migration;

this was biased to import all sequence clusters at the same rate, to avoid any fits in

which high rates of migration would artefactually replicate the population observed in

the later years of the collection [17].

Model fitting to genomic data

As in Corander et al. [17] the simulation model was fitted through Approximate

Bayesian Computation (ABC) using the BOLFI algorithm, which has been shown to

accelerate ABC inference 1000-10000 times without loss of accuracy [30]. The prior

constraints placed on the parameter values were as follows: the lower bound on all

parameters was set to 0.0009 and the upper bounds were r_i – 0.99, m – 0.2, p_f –

0.99, σ_f – 0.03, σ_w. – 0.005. We used 500 iterations of the BOLFI algorithm to

minimise the Jensen-Shannon divergence of the sequence cluster frequencies in the

genomic data and in the simulations, as ascertained through randomly sampling

discrete sets of isolates in accordance with the size and timings of the genomes

selected for sequencing from the original collection. Convergence of BOLFI was

monitored each 100 iterations and the approximate likelihood estimate was

assessed to have been stabilized by the end of the 500 iterations [30]. The 95%

posterior credible intervals for the parameters were obtained using three generations

of sequential Monte Carlo sampling with the same default settings as used in

Corander et al [17]. The neutral model was fitted by fixing p_f, σ_f, and σ_w at zero and

estimating r and m through 500 iterations of the BOLFI algorithm, followed by

sequential Monte Carlo sampling, as with the full model.

Results

NFDS on accessory loci can explain ExPEC population dynamics

Previous work on this population suggested it was subject to balancing selection

based on the persistent diversity of strains, and stable prevalence of resistance

phenotypes, despite the invasion of genotypes ST69 and ST131, the latter of which

has an MDR phenotype [16]. It is possible this could represent strains being adapted to

distinct niches through unique gene content. However, using the previous analysis of

gene content with Roary, the 18 strains with at least ten representatives in the

population had a mean of only 16.7 private genes (range: 1-49), defined as those

loci present at >95% in one strain, and <5% in all others. This is consistent with

strains being defined by a characteristic combination of common accessory loci,

rather than distinctive sequence [14,31].

Such distribution of gene content is similar to that observed in *S. pneumoniae*, in

which NFDS acting on variable phenotypes encoded by genomic islands was

suggested to shape the population [17]. The Roary analysis identified 6,824

intermediate-frequency genes, present in between 5% and 95% of the overall

population. Comparisons between the pre-ST131 2001 samples, and subsequent

data from up to 2011, found strong, linear correlations between the prevalence of

their intermediate-frequency genes (Fig 1A, Fig S2). This is consistent with these loci

existing at 'equilibrium' frequencies, determined by their costs and frequency-

dependent benefits. Furthermore, these correlations with the first sample, in 2001,

did not successively weaken year-on-year, as might be expected with neutral drift

(Fig 1B). Instead, deviation from the first sample increased until 2008, as the

sequence clusters (SCs) primarily associated with ST131 and ST69 became more

prevalent (Fig 1C). The rise of ST131 was primarily driven by a dramatic rise in the

prevalence of MDR clade C isolates, with clade B persisting at a lower, but stable,

level. This was followed by a reversion back towards the equilibrium gene

frequencies up to 2010, which does not correspond to major changes in the

frequency of either ST131 or ST69, suggesting a reconfiguration of other lineages in

the population.

In order to obtain a population-wide view of these dynamics, the previously-

described multilocus NFDS model was applied to this dataset to test whether these

strain dynamics were consistent with selection at the accessory locus level. The

model was initialised with the 2001 population, which was seeded with genotypes

observed in later years at a low level, representing the possibility they were present

in the population but unsampled. Subsequent simulation with a Wright-Fisher

framework included these post-2001 genotypes migrating into the population at a

rate m, while the hierBAPS clusters corresponding to ST131 and ST69 expanded at

a rate determined by their increased reproductive fitness relative to the rest of the

population, r. The equilibrium frequencies of 7,211 intermediate frequency loci,

corresponding to genes identified by Roary that were between 5% and 95% in the

2001 sample plus ten antibiotic resistance phenotypes, were assumed to be those

observed in 2001 sample of genomes. These were then simulated as evolving under

NFDS; a fraction p_f evolved under strong NFDS, determined by the parameter σ_f,

while the rest evolved under weak NFDS, according to parameter σ_w (see Methods).

Fitting this model using BOLFI estimated the parameters listed in Table S2, which

identified significant evidence for NFDS (σ_f and p_f greater than zero), providing a

gene-level mechanistic basis for NFDS underlying the previous strain-level

observations of Kallonen et al [16].

These simulations successfully reproduced several aspects of the observed data

(Fig 2, Fig S3). Both ST131 and ST69 rapidly spread through the population, before

stabilising at an equilibrium frequency. This does not occur at the expense of the

established, common clones, such as ST73 and ST95. Instead, in accordance with

the genomic data, the displaced sequence clusters include ST10, ST14, ST144 and

ST405. These patterns are qualitatively distinct from an equivalent neutral model fit

(Fig 2C). Without NFDS, both ST131 and ST69 are predicted to exponentially

increase in frequency, with all other strains decreasing at accelerating rates,

proportionate to their original prevalence. The greater invasion rate of ST131,

relative to ST69, is an artefact of its higher prevalence in the overall dataset meaning

it is seeded at a higher level, rather than a true ecological difference. Although NFDS

constrains the invasion of new strains in these simulations, the multidrug-resistant

clade C of ST131 is still able to reach high prevalence, even when such selection is

active. This may be at least partially attributable to some members of this recently-

emerged clade C having considerably diversified in their genome content, as

indicated by pairwise comparisons of gene content, which show clade C isolates

were similar to those between random representatives selected from the same

sequence cluster (Fig S4). This might enable the clade to avoid the limitations of any

loci that NFDS would suppress to low frequencies. Hence the underlying genotype of

ST131 appears to represent a highly-fit genotype that has subsequently diversified

into both antibiotic-sensitive (clade B) and resistant (clade C) forms, expressing one

of multiple capsules [35]. Therefore a comprehensive genomic dataset encompassing

all known ST131 genome sequences was created to understand the unique

characteristics of the ST131 lineage, with particular focus on the successful clades B

and C.

Core and accessory genomic structure of the ST131 population.

A maximum likelihood phylogeny generated from an alignment of concatenated core

CDS from all 862 genomes confirmed the earlier consensus three clade structure of

the lineage (Fig 3a), and in agreement with previous studies, there was no strong

phylogeographic signal or host source clustering evident in the phylogeny

(https://microreact.org/project/BJKoeBt2b). To confirm that the collation of the 862

genomes was consistent with previous descriptions of the accessory genome

distribution in ST131, isolate relatedness based on shared accessory gene content

was visualized as a two-dimensional projection using PANINI (Fig 3b) [24]. Clades A

and B largely resided in dense clusters at the periphery of the projection. In contrast,

clade C isolates were more diffuse, overlapping with some clade B isolates, forming

a cloud with discernible sub-structuring into distinct groups. This concurs with the

previous analysis of the gene content of clade C, and the previous finding of multiple

accessory genome sub-clusters in clade C [14].

Low frequency accessory genes suggest differential ecology of clade A and

clade B/C *E. coli* ST131

Given that the vast majority of accessory genes occur at very low frequency, we

sought to determine if these represented mobile genetic elements circulating

transiently in the population. We functionally categorised genes occurring in less

than 20% of the overall ST131 sample (based on the distribution of the gene

frequencies in Fig S1) that were confined to a single clade. In both clade A and clade

B/C (Dataset S1-S3) the overwhelming majority of low frequency accessory genes

encode hypothetical proteins (64.4% clade A, 58% clade B/C). Excluding the

hypothetical proteins from the analysis showed unexpected bias in functional gene

categories differentially observed in the lineages (Fig 4). The most common gene

types were functional phage, plasmid and other mobile genetic element (MGE)

genes, with more private phage genes present in clade B/C than in clade A.

Conversely, there were more private plasmid genes in clade A than clade B/C,

despite the presence of a diverse number of MDR plasmids within clade C.[14]

Together this suggests that clade A strains of *E. coli* ST131 and clade B/C strains of

E. coli ST131 are exposed to different plasmid and phage pools, an observation

which is most parsimoniously explained by them having different ecological habitats.

Clade-specific and intermediate frequency genes in the population.

To identify which aspects of the accessory genome differed between the clades of

ST131, the distributions of the 32,631 sets of orthologous genes identified by Roary

were analysed (Dataset S3). Characterising the full set of loci present at intermediate

frequencies was not feasible, as even focussing on the 3,354 present at between 5%

and 95% frequency found the majority of these were present at a frequency below

20% (Fig S1). Therefore, the search was refined to clade specific genes, occurring at

a frequency > 95% in one clade but at <5% in the other two clades (Dataset S1).

Clade A contained the highest number of loci exclusive to a lineage (54) despite

constituting the least sampled clade. Clade B had only 2 exclusive loci and clade C

had 18. When clades B and C were combined against clade A, there were 60 loci

exclusively present in the B/C combination. The majority of clade A private genes

encode hypothetical proteins whilst those private to clade C encode DNA

modification proteins and metabolic functions. The genes private to clade B/C

combined also encode hypothetical proteins and metabolic functions, notably five

dehydrogenase enzymes involved in anaerobic metabolism labelled *yihV*, *garR_3,*

fadJ, fdhD, and *gnd* in our dataset (Dataset S2). Blast analysis against the NCBI

non-redundant database suggested that the dehydrogenase enzyme gene annotated

as *pdxA* in our Roary dataset was confined to clade C ST131 strains. These

dehydrogenase enzyme genes were found to be present across phylogroup B2 *E.*

coli strains (of which ST131 is a member) through BLASTN searches of the NCBI

non-redundant database. Therefore these loci are not unique to clade C ST131, and

were either acquired by an ancestral clade B/C strain, or have been lost by clade A.

High diversity in core anaerobic metabolism genes unique to clade B/C

Analysis of accessory loci private to clade B/C (present in >95% of that population)

identified two separate loci encoding 3-hydroxyisobutyrate dehydrogenase enzymes,

and loci encoding 3-hydroxyacyl-CoA dehydrogenase, 6-phosphogluconate

dehydrogenase, and formate dehydrogenase. Analysis of clade B/C loci circulating

at low frequency of <20% also identified a significant over-representation of genes

encoding dehydrogenase enzymes involved in anaerobic metabolism (a total of 64

loci), including seven variants of formate dehydrogenase. There were also seven

variants of the *eutA* gene found in the ethanolamine utilisation pathway (the *eut*

operon) and a distinct version the *cobW* gene which encodes the sensor kinase for

activation of the cobalamin biosynthesis operon. Closer investigation of the

sequences of these loci suggested that these were not genes private to clade B/C

per se, but rather represented multiple unique alleles of genes that are core to the

ST131 population which differ at nucleotide sequence level by more than 5%. This

implies a unique selection pressure is acting on these core genes in clade B/C

compared to clade A.

Further scrutiny of low frequency loci in clade B/C also identified alternative alleles of

a large number of well characterised extra-intestinal pathogenic *E. coli* virulence-

associated genes, including: antigen 43 (7 alternative alleles); heavy metal

resistance such as arsenic (5 loci), copper (4 loci), and mercury (5 loci); capsule

biosynthesis (20 loci); cell division and septation (14 loci); antibiotic resistance to

chloramphenicol (3 loci), macrolides (2 loci), rifampicin (1 locus), and MDR efflux

pumps (21 loci); iron acquisition (39 loci); curli and type I fimbriae and P pili (42 loci);

lateral and classical flagella (26 loci); and LPS synthesis (9 loci). These loci

represent alternative alleles of genes found widely across the *E. coli* phylogeny

indicating there are multiple allelic variants of important genes that are confined to

clade B/C of the *E. coli* ST131 lineage.

We sought to determine the distribution of this allelic diversity across the *E. coli*

ST131 phylogeny by annotating the tips of the phylogenetic tree with the

presence/absence of each of the anaerobic metabolism (Figure 5), and capsule, cell

division, MDR efflux, iron acquisition, pili, and flagella divergent loci (Figure 6). Our

analysis shows that each alternative allele occurs at very low frequency but that

alleles are randomly distributed throughout the phylogeny of the C clade, and are

exclusive to clade C. Given that these alleles differ from the normal conserved

versions of genes by >5% at nucleotide level, it is implausible that these alleles

would be arising repeatedly and independently via mutation. Instead, the most

parsimonious explanation is that the minor frequency alternative alleles are being

distributed through the population via recombination. This conclusion is supported by

the fact that every one of the allele variants identified in our analysis has 100%

nucleotide identity matches with genes present in other *E. coli* in the NCBI non-

redundant database.

Given that our data set is biased towards clade C genomes, we performed

comparative analyses of the frequency with which allelic diversity occurs in

anaerobic metabolism genes. We randomly subsampled clade C 100 times and

compared an equal number of clade A, B, and C genomes for allelic diversity. Our

data shows that even when randomly subsampling clade C, the levels of diversity

observed in anaerobic metabolism genes is significantly higher than in clade A,

providing evidence that the accumulation of sequence diversity is specific to the

MDR clade C (Figure 5).

Finally, we sought to exclude the possibility that the presence of these allelic variants

was skewed by some form of geographically localised expansion of variants. To do

this we compared the relative frequency of all accessory genes, highlighting the

allele variants in anaerobic metabolism, capsule, cell division, MDR efflux, iron

acquisition, fimbriae, and flagella present in UK versus non-UK isolate genomes

(Figure S5). Our data showed a strong linear relationship between the frequency of

genes in the two populations, indicating that the data was not biased by expansion of

alleles in a given geographical location, and that this accumulated diversity was

equally as likely to happen in any given strain independent of its geographical origin.

Allelic diversity of anaerobic metabolism genes in Clade C ST131 is not

observed in other dominant ExPEC lineages

The possibility exists that the above observations made for clade C of *E. coli* ST131

simply reflect the general evolutionary path of a successful extra-intestinal pathogen.

To test this we performed an identical analysis on the pangenome of 261 ST73

isolates and of 160 ST95 isolates from the UK BSAC population survey [16]. *E. coli*

ST73 and ST95 represent two of the most dominant lineages associated with clinical

extra-intestinal disease alongside ST131 [5,16], but are predominantly non-MDR

lineages and rarely associated with MDR plasmids [16]. As with our inter-clade

comparisons, we randomly subsampled clade C ST131 100 times to allow equal

numbers of genomes per lineage to be compared. Our analysis showed a similar

ratio of plasmid, phage and hypothetical proteins in the accessory genome as in

ST131 (Fig 7). ST73 and ST95 displayed similar ratios of alternative alleles in P and

Type 1 fimbriae, cell division and septation genes, and multiple iron acquisition

genes as observed in ST131. However, enrichment in allelic variation in anaerobic

metabolism genes was significantly higher in any given subsampled set of clade C

ST131 genomes compared to both lineages. This supports the hypothesis that the

observation of increased diversity accumulating in anaerobic metabolism genes is

not a more general extra-intestinal pathogenic *E. coli* trait but is particularly enriched

in the ST131 lineage.

The accumulation of nucleotide diversity in a given set of loci can often be

interpreted as a signature of some form of selection occurring on those genes.

However the low levels of frequency of any given allele across clade C strains

contradicts a hypothesis for positive selection, where one would expect successful or

beneficial alleles to sweep to a high frequency or fixation. Indeed comparison of the

sequences of each of the 64 anaerobic metabolism loci in which diversity was

observed identified just three loci which showed signatures of positive selection as
indicated by a Tajima's D score above two.

However, these results can be reconciled with a lineage evolving under NFDS.
Different resource use strategies can facilitate co-existence between competing
strains, such those co-colonising a host, resulting in frequency-dependent selection
[32,33]. This would explain the sustained intermediate frequencies of genes encoding
dehydrogenases over multiple years (Fig S6). Hence this diversification of metabolic
loci could represent the adaptive radiation of particular traits within a successful
genetic background, able to efficiently compete with the resident *E. coli* population
through a diverse panel of metabolic capacities suited to exploiting resources under
anaerobic conditions.

Discussion

The evolutionary events that led to the emergence of *E. coli* ST131 have been an
intense focus of research, with consensus opinion suggesting that, following
acquisition of key ExPEC virulence factors, acquisition of fluoroquinolone resistance
in the 1980's by the clade C sub-lineage of ST131 was a key event in that
emergence [11,12]. However, a recent nationwide UK population survey rejected this
hypothesis and suggested that success of the major ExPEC clones is not dictated by
resistance traits [16]. Here, we identify the conserved frequencies of accessory genes
in the *E. coli* population which strongly suggest this species' population structure and
dynamics are shaped by NFDS acting on genomic islands. Such multilocus NFDS is
able to account for how an otherwise stable population was disrupted by the invasion
of ST131 and ST69, displacing some lineages while leaving other, largely antibiotic-
susceptible, genotypes at almost untouched prevalence.

Previous work has suggested that clade C strains of *E. coli* ST131 undergo reduced

levels of detectable core genome recombination compared to other phylogroup B2 *E.*

coli [36] or ST131 clade A strains [14]. We have previously postulated that this may be a

result of ecological separation between clade C strains and other common ExPEC

[14,36]. Our analysis of nearly 900 genomes has allowed us to interrogate accessory

gene movement to a far greater resolution than previously possible. From the

analysis of the accessory genome we identified thousands of plasmid, phage and

other mobile genetic element genes which are private to clade A and the combined

clade B/C, respectively. Such an observation is a classic signature of ecological

separation of the two populations [37,38], particularly given that the genetic distance

between clade A and clade B/C is much smaller than it is to other lineages and

species from which the circulating genes are also found in the NCBI non-redundant

database.

Our analysis also identified a significantly increased level of sequence diversity in

genes involved in key host colonisation processes in clade C. This diversity was

uncovered through our pan-genome analysis as allelic variants of core genes.

Primary amongst these is a large number of genes involved in anaerobic

metabolism, including seven allelic variants of the formate dehydrogenase gene, as

well as allelic variants of genes involved in ethanolamine utilisation and cobalamin

biosynthesis. The pivotal role of ethanolamine production and cobalamin

biosynthesis in the ability of Gram negative pathogens to outcompete bacteria in the

human intestine is well documented [39,40], and this phenomenon only occurs when

supported by an increased ability to perform anaerobic respiration in the presence of

inflammation [39]. It has been shown that MDR *E. coli* ST131 is able to colonise the

gastro-intestinal tract of humans for months or years in the absence of antibiotic

selection [41,42], and that this colonisation results in a displacement of the *E. coli*

colonising the host prior to exposure to the MDR strain [41].

Whilst this diversity in anaerobic metabolism genes was unique to clade C ST131,

the allelic variation observed in other human colonisation and virulence factors such

as iron acquisition, fimbriae, and cell division was also observed in two of the other

most commonly isolated lineages of *E. coli* from extra-intestinal infections, ST73 and

ST95. This diversity likely reflects selection occurring on genes important for ExPEC

pathogenesis. Iron acquisition is well characterised as a key virulence determinant in

ExPEC, with the ability to initiate a successful UTI completely abrogated in the

absence of functional iron acquisition systems [43]. Recent experimental vaccine work

exploiting siderophore production by ExPEC has shown to be highly effective in

rodent models on ExPEC UTI [44]. The importance of iron acquisition can also explain

many of the MDR efflux allele variants seen in this data set, with half occurring in the

acrD gene which has been experimentally shown to play a role in iron acquisition in

E. coli [45]. We identified multiple alleles of genes in the type 1 fimbriae operon and in

genes in the P pilus operon which are classical virulence determinants in UTI [46], and

multiple genes involved in capsule biosynthesis, which we have previously reported

as being a hotspot for recombination in *E. coli* ST131 [13,35]. We also identified

multiple alleles of genes involved in controlling incomplete septation and filamentous

growth, which is a crucial process in the formation of the filamentous intracellular

bacterial communities (IBCs) which are thought to be fundamental in the ability of

ExPEC to survive inside bladder epithelial cells and cause UTI [47]. There are a small

number of allelic variants in anaerobic metabolism genes also present in ST73 and

ST95, possibly reflecting recent experimental studies suggesting a crucial role for the

cytochrome-bd oxidase system in the ability to cause urinary tract infection [48]. Also

previous studies using saturated mutagenesis techniques and studying global

transcriptional patterns during urinary tract infection of ExPEC strains have

suggested a key role for dehydrogenase enzymes involved in anaerobic metabolism

in the ability to cause pathology in the mammalian urinary tract [49–51].

Recent modelling data on why drug resistant and drug susceptible populations of

bacteria co-exist highlighted that any factors which increase the duration of

colonisation in a human host will also increase the selective pressure for it to evolve

antibiotic resistance [52]. Hence both the success of ST131 in invading the population,

and the association of many isolates in this lineage with an MDR phenotype, would

be consistent with its distinctive anaerobic metabolism loci facilitating enhanced

persistence within its host, perhaps through an improved ability to outcompete

resident commensal *E. coli* strains. The fact that this selection is only seen in clade

C of ST131 suggests that this occurred around the time of the emergence of the

lineage as a human clinical threat [13] alongside the development of fluoroquinolone

resistance. Subsequent acquisition of MDR plasmids, and the consequent selection

for an ability to offset the fitness costs of long term MDR plasmid maintenance [14], is

likely to have occurred as a result of prolonged exposure to selective antibiotic

environments during colonisation of humans. Nevertheless, neither anaerobic

metabolism genes nor antibiotic resistance loci have swept to fixation in ST131,

reflecting their fluctuating but stable prevalence in the broader *E. coli* population (Fig

S6).

This diversification can instead be explained by NFDS, under which these genes are

beneficial when rare, because they provide an advantage over co-colonising strains

which will typically lack the same metabolic capacities. However, as these traits

become more common as ST131 expands, representatives of this lineage will more

commonly encounter one another, therefore necessitating further diversification for

different clade C representatives to sustain their advantage over competitors.

Similarly, the capsule locus diversification previously observed within clade C,

resulting in the capsule synthesis locus corresponding to a 'hotspot' of recombination

[35], could result from NFDS of variable antigens [54], with the host immune system

selecting for a diversity of capsule structures as the dominant type becomes more

common following ST131's emergence[16].

This study presents evidence for both ecological niche separation, resulting in the

formation of distinct subclades within ST131, and NFDS, resulting in the adaptive

radiation of specific phenotypes within clade C as it increases in prevalence. Further

studies are required to fully determine the extent to which niche separation and

NFDS are either separate or linked processes. Determining whether loci subject to

NFDS are also those that determine niche adaptation will be integral to this process.

Understanding the processes that govern the epidemiological dynamics of dominant

E. coli lineages, and those of similar pathogens causing bloodstream infections, is

critical for addressing the public health threat of antibiotic resistance.

Data accession

Accession numbers for the reads used in this study are listed in Table S1 with

information of year and place of isolation and the results of the *in silico* PCR for

clade specific SNPs.

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Figure 1: Summarising the population dynamics of the British Society for

Antimicrobial Chemotherapy extraintestinal pathogenic *E. coli* collection. These

isolates were collected from bacteraemia cases around the UK between 2001 and

2011. (A) Conservation of gene frequencies. Each point corresponds to one of the

6,824 genes identified by ROARY in the BSAC collection with a mean frequency

between 0.05 and 0.95 across all years. The horizontal axis position indicates the

starting frequency in 2001, and the vertical axis indicates the mean frequency over

all years, with the error bars indicating the full range observed across annual

samples. (B) Correlation of gene frequencies with those observed in 2001. This

shows the changing correlation of gene frequencies, calculated by both the Pearson

and Spearman methods, in each year relative to those observed in 2001. Both

measures indicate a divergence in gene frequencies as ST69 and ST131 emerge,

until 2010, at which point there is a reversion to the frequencies seen in the original

population. (C) Emergence of ST69, in orange, and ST131, in red. The frequencies

of the subclades of ST131 are shown by the red dashed lines.

Figure 2: Simulations of changes in the BSAC extra-intestinal pathogenic *E. coli*

population evolving under multilocus NFDS. Panel A shows the genomic data, and

panel B shows the median frequencies observed from 100 simulations run with the

best-matching parameter set identified by fitting the model with BOLFI. This

corresponded to $\sigma_f = 0.029$, $r = 0.179$, $m = 0.001$, $p_f = 0.425$ and $\sigma_w = 0.0048$. Each

column corresponds to a sequence cluster identified by hierBAPS (see Methods),

and is annotated with the predominant sequence type with which it is associated.

Each bar indicates the frequency of the sequence cluster in consecutive time

periods, from left to right. The bars are coloured according to the number of antibiotic

resistance phenotypes associated with the isolates within the sequence cluster at

different timepoints. Panel C shows the equivalent best fit in the absence of NFDS.

Only sequence clusters reaching a frequency of at least 2.5% at one timepoint in the

genomic sample are shown; the full results of the simulation, including measures of

between-simulation variation, are shown in Fig S3.

Figure 3: (A) Maximum likelihood phylogeny of 862 *E. coli* ST131 strains. The phylogeny was inferred using RAxML with a GTR GAMMA model of substitution, on an alignment of concatenated core CDS as determined by Roary. (B) PANINI plot of the accessory genome content of all 862 strains based on a tSNE plot . The plot is a diagrammatical representation of the relatedness of each strain based on the presence/absence of accessory genes, and is presented as a two dimensional representation. The taxa are colour coded by BAPS grouping (Table S1) and show clade A (Green, BAPS-3), clade B (red, yellow and purple – BAPS 2, 4, and 5) and clade C (blue, BAPS-1).

Figure 4: Bar chart depicting functional classes of accessory genes differentially

present in clade A (blue bars) and clade B/C (orange bars) *E. coli* ST131. Functional

classes are based on GO classes as described in methods. Bars marked with *

indicate where a significant difference exists between clade A and clade C as

determined by t-test.

Figure 5: Annotation of a maximum likelihood phylogeny of *E. coli* ST131, based on

concatenated core CDS, with the presence of alternative alleles of 64 loci involved in

anaerobic metabolism. Each blue box along the top of the tree annotation represents

an individual anaerobic metabolism gene, and its presence in the ST131 population

is indicated by a blue line. The inset is a bar chart displaying the proportion of the

accessory pangenome that is occupied by genes involved in anaerobic metabolism

for ST131 Clade A (light blue), Clade B (light green), subsampled Clade C vs. Clade

A (orange) and subsampled Clade C vs. Clade B (orange). P = 0.042 for Clade C vs.

Clade A and P = 0.086 for Clade C vs. Clade B. Error bars represent standard error

of the mean. Significance was determined using the median value p-value from Chi

squared tests performed on random subsamples of the C clade.

Figure 6: Annotation of a maximum likelihood phylogeny of *E. coli* ST131, based on

concatenated core CDS, with the presence of alternative alleles of loci involved in

capsule production (blue boxes), cell division (grey boxes), iron acquisition (orange

boxes), pili/fimbriae production (green boxes), flagella (red boxes), and MDR efflux

pumps (pink boxes). Each box represents an individual gene, and its presence in the

ST131 population is indicated by an appropriately coloured line.

Figure 7: Bar charts depicting the composition of the accessory genome of ST73

(green) and ST95 (purple) compared to a repetitively sampled Clade C ST131

(orange). The proportion of the accessory genome is plotted against manually

assigned functional categories. Hypothetical proteins are responsible for the majority

of the accessory pan genome and are omitted from the graphs. Error bars are

standard error of the mean. Iterative Chi squared tests were performed to assess

significance, as described in methods, p<0.05 (*), p<0.01 (**) and p<0.001 (***).

Figure S1: Histogram of the relative frequency of genes within the accessory

genome of *E. coli* ST131. The x-axis indicates the relative frequency with which a

gene appears, whilst the y-axis indicates the number of accessory genes which

appear at that given frequency.

Figure S2: Correlations of gene frequencies in the BSAC collection over time. Each

plot shows the frequencies of those genes, identified by ROARY, that were found to

be present at a mean frequency between 0.05 and 0.95 across the entire collection.

In each panel, the horizontal axis shows the frequency in 2001, and the vertical axis

shows the frequency in a subsequent year. These graphs show how the correlation

between the starting frequencies, in 2001, and later years weakened until 2008, at

which point the correlation strengthen considerably in 2010 and 2011.

Figure S3: Full results of the NFDS simulations. These barcharts show the

frequencies for all lineages from the one hundred simulations performed using the

optimal parameters identified within the BOLFI model fitting, which are summarised

in Fig 2. Each column again corresponds to a sequence cluster, and is annotated

according to the predominant sequence type. The five bars within each column

represent the frequency of the sequence cluster over subsequent time intervals:

either that observed in the genomic samples for the top panel, or the median

frequency in simulations in the bottom panel. The error bars on the bottom panel

indicate the interquartile range for each bar from the 100 simulations. The red bars

correspond to the ST69 and ST131 sequence clusters that had a reproductive

fitness benefit, *r*, over the rest of the population.

Figure S4: Diversity of intermediate frequency loci within *E. coli* lineages. The

dissimilarity between pairs of isolates was measured as the binary Jaccard distance

between them, based on the presence or absence of the intermediate frequency loci

simulated in the multilocus NFDS model. The genetic diversity of each sequence

cluster represented by at least ten isolates in the BSAC collection, and the three

clades of the ST131 *E. coli*, are represented by a boxplot that shows the distribution

of all such pairwise comparisons within the sequence cluster. This demonstrates the

success of ST131 cannot be attributed to it exhibiting a greater diversity of loci under

selection in the model relative to other lineages.

Figure S5: Frequency dependence plot showing the frequency at which all *E. coli*

ST131 accessory genes occur in strains isolated from the UK versus strains isolated

from outside the UK. The allele variants identified colour coded as in the previous

figures: anaerobic metabolism (blue boxes), capsule production (pale blue boxes),

cell division (black boxes), iron acquisition (orange boxes), pili/fimbriae production

(green boxes), flagella (red boxes), and MDR efflux pumps (pink boxes)

Figure S6: Stable intermediate frequencies of anaerobic metabolism loci. Four genes

involved in anaerobic metabolism were found to be present at intermediate

frequencies in the BSAC collection. All were absent from the ST131 lineage, except

nirB_2, which was found in a subset of the lineage. Nevertheless, plotting their

annual frequencies reveals distinct, stable frequencies over the period, despite the

rise to prominence of ST131.

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