1 Sequencing of the MHC region defines HLA-DQA1 as the major

2 independent risk for anti-citrullinated protein antibodies

3 (ACPA)-positive rheumatoid arthritis in Han population

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43 ABSTRACT

The strong genetic contribution of the major histocompatibility complex (MHC) to 44 45 rheumatoid arthritis (RA) susceptibility has been generally attributed to HLA-DRB1. 46 However, due to the high linkage disequilibrium in the MHC region, it is difficult to 47 define the 'real' or/and additional independent genetic risks using the conventional 48 HLA genotyping or chip-based microarray technology. By the capture sequencing of 49 entire MHC region for discovery and HLA-typing for validation in 2,773 subjects of 50 Han ancestry, we identified HLA-DQ α 1:160D as the strongest independent genetic 51 risk for anti-citrullinated protein antibodies (ACPA)-positive RA in Han population 52 $(P = 6.16 \times 10^{-36}, \text{ OR}=2.29)$. Further stepwise conditional analysis revealed that 53 DR β 1:37N has an independent protective effect on ACPA-positive RA (P = 5.81 x 10^{-16} , OR=0.49). The DQa1:160 coding allele DQA1*0303 displayed high impact on 54 joint radiographic severity, especially in patients with early disease and smoking (P =55 3.02×10^{-5}). Interaction analysis by comparative molecular modeling revealed that 56 the negative charge of DQ α 1:160D stabilizes the dimer of dimers, leading to an 57 58 increased T cell activation. The electrostatic potential surface analysis indicated that 59 the negative charged DRβ1:37N encoding alleles could bind with epitope P9 arginine, 60 thus may result in a decreased RA susceptibility.

62 the strongest and independent genetic risk for ACPA-positive RA in Chinese Han

In this study, we provide the first evidence that HLA-DQA1, instead of HLA-DRB1, is

- 63 population. Our study also illustrates the value of MHC deep sequencing for fine
- 64 mapping disease risk variants in the MHC region.

65 **INTRODUCTION**

Rheumatoid Arthritis (RA) is a chronic and systemic autoimmune syndrome primarily 66 affecting peripheral joints. Results from several studies indicate that RA is a 67 68 heterogeneous disease where different subsets of the disease results from complex interactions between different genetic and environmental factors¹⁻³. The genetic 69 70 factors are believed to influence not only disease susceptibility but also severity. The 71major histocompatibility complex (MHC) genes, encoding the human leukocyte 72 antigens (HLA), represent the best described genetic risk loci linking to RA 73 susceptibility in all populations that have been investigated so far. HLA-DR genetic 74variants associated with anti-citrullinated protein are mainly antibodies (ACPA)-positive RA⁴⁻¹⁰. Furthermore, studies have reported that the RA-risk HLA 75 76 alleles are heterogeneous among ethnic groups. For example, HLA-DRB1*04:01 is the 77 major RA-risk alleles in European Caucasians, whereas DRB1*04:05 is the most frequent RA-risk alleles in East Asians^{8,11-14}. In addition to *HLA-DRB1*, other HLA 78 79 genes, such as HLA-B and -DPB1, have also been suggested to play a role in 80 susceptibility to RA^{9,15}. However, due to the high linkage disequilibrium (LD) in 81 MHC region, extended haplotype structures, and high density genes within MHC 82 region, it is difficult to identify the 'real' or/and additional independent genetic risks 83 by the conventional HLA genotyping and chip-based microarray technology, which defines MHC-resident association(s) based on indirect haplotype determination^{16,17}. 84

Smoking has been recognized as the most prominent environmental factor for RA development and severity^{18,19}. One important aspect of smoking as RA-risk factor is its involvement in gene-environment interaction. Smoking has greater impact on RA in individuals being carriers of *HLA-DRB1* alleles, and the interaction between smoking and *HLA-DRB1* alleles mainly confers a higher risk for ACPA-positive RA^{6,20-26}.

91 To fine map HLA region and identify novel variants contributing to RA, we 92 performed a deep sequencing for entire MHC region. We analyzed HLA alleles, 93 amino acids, SNPs, and indels across the MHC region to define the association for 94 ACPA-positive RA. To the best of our knowledge, we showed for the first time that 95 DQ α 1:160D, instead of DRB1*0405, is the greatest and independent risk factor for 96 ACPA-positive RA in Han population. Conditional analysis further revealed that 97 DRB1:37N is an independent protective factor for ACPA-positive RA. We validated 98 and confirmed these novel findings in an independent case-control cohort by classical 99 HLA genotyping methodology. Moreover, we observed that one of DQ α 1:160D 100 encoding alleles DOA1*0303 confers strong risk for joint destruction in patients with 101 early disease and smoking.

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104 MATERIAL AND METHODS

105 **Study subjects**

106 Two independent cohorts, including 1358 subjects for discovery cohort (357 cases 107 and 1001 controls) and 1415 subjects for validation cohort (604 cases and 811 108 controls), were enrolled in the study. Patients satisfied the American College of 109 Rheumatology 1987 revised criteria for a diagnosis of RA²⁷, and were recruited from 110 the Department of Rheumatology and Immunology at Peking University People's 111 Hospital. All cases were ACPA-positive RA patients. ACPA were quantified using a 112 second generation anti-CCP (anti-cyclic citrullinated peptides) antibodies ELISA kit, 113 with a cut-off of 5 RU/mL (Euroimmun, Luebeck, Germany). Among cases, a total of 114 558 x-ray sets of hands were available. All x-rays were chronologically scored for assessment of bone destruction, as described previously^{28,29}. 115

In the discovery cohort, the healthy controls were selected by adjusting with age and sex from the control cohort of a study in psoriasis³⁰. In the validation cohort, the healthy subjects were recruited from Health Care Center of People's Hospital and were selected by adjusting with age and sex and without any disease records. All patients and healthy individuals were Han Chinese. The baseline demographic characteristics of patients and healthy controls are summarized in **Table 1** and the workflow of this study is described in **Supplementary Fig. 1**.

123 The study was approved by the Medical Ethics Committee of Peking University

124 People's Hospital and informed consent was obtained from all participants.

125 MHC target sequencing

126 In discovery stage, the MHC region was sequenced using the targeted capture 127 sequencing methodology, as described previously³¹. Briefly, genomic DNA was 128 extracted using DNeasy Blood & Tissue Kits (QIAGEN, 69581). Following the 129 manufacturer's instructions, whole genome shotgun libraries were built from 3 µg of 130 genomic DNA (Illumina, San Diego, CA, USA). Then one µg of prepared sample library was hybridized to the capture probes for incubating at 65 °C, following the 131 132 manufacturer's protocol (Roche NimbleGen, Madison, WI, USA). The targeted 133fragments were subsequently captured and samples were washed twice at 47°C and at 134 room temperature. The Platinum Pfx DNA polymerase (Roche NimbleGen, Madison, 135WI, USA) were used to amplify the captured fragments. The PCR products were 136 thereafter purified and sequenced with standard 2×90 -bp paired-end reads on the 137 Illumina HiSeq 2000 sequencer. Sequencing data for the 1001 healthy controls were 138 cited and selected by adjusting with age and sex from a recent publication of psoriasis 139 project³⁰.

140 Alignment and variant calling

141 Sequenced samples were aligned to the NCBI human genome reference assembly 142 (Build 37) using Burrows-Wheeler Aligner (BWA, version 0.5.9). On average, the 143 MHC region was sequenced to a mean depth of 94 X, with 96.6% covered by at least 144 one read and 93.1% covered by at least ten reads for cases. The data summary of the 145 health controls is described in the previous study³⁰. Then using SAMtools (v0.1.17), 146 the file was conversed from SAM to BAM, the sorted and indexed BAM files were 147 generated and duplicates were marked. To perform the realignment around known 148 Indels, the BAM files were analyzed using the Genome Analysis Toolkit (GATK 149 v1.4). All aligned read data were subjected to CountCovariates (GATK) on the basis 150of known single-nucleotide variants (SNVs) (dbSNP135) and TableRecalibration (in 151GATK) was used to recalibrate the base quality. Single nucleotide variants and indels 152were called jointly with GATK UnifiedGenotyper. Then, the GATK resource bundle 153was used for variant quality score recalibration, which includes known SNP sites from 154 HapMap v3.3, dbSNP135, the Illumina Omni2.5 array, the Mills and the 1000G gold standard Indels as training data ³². To build a genotype matrix as input for the 155156subsequent analysis, the genotypes for each detected variant position were extracted 157from all samples.

158 HLA typing

159 In discovery cohort, a total of 26 highly polymorphic HLA genes were genotyped 160 according to the Short Oligonucleotide Analysis Package (SOAP)-HLA³¹. 161 SOAP-HLA is a flow of sequencing data analysis pipeline to type any HLA genes 162 using capture sequenced data based on IMGT/HLA database with a high accuracy³¹. 163 The following HLA genes were typed including HLA-A, HLA-B, HLA-C, HLA-E, 164 HLA-F, HLA-G, HLA-H, HLA-J, HLA-K, HLA-L, HLA-P, HLA-V, HLA-DRA, 165 HLA-DRB1, HLA-DQA1, HLA-DQB1, HLA-DPA1, HLA-DPB1, HLA-DMA, 166 HLA-DMB, HLA-DOA, HLA-DOB, HLA-MICA, HLA-MICB, HLA-TAP1, and

167 HLA-TAP2. The amino acid sequence of each HLA allele was determined according

- 168 to the IMGT/HLA database (Release 3.22.0).
- 169 In validation cohort, a total of 1415 individuals (604 cases and 811 controls) were 170genotyped for HLA-A, -B, DRB1, -DPB1 and -DQA1. Genotypes of HLA-A, -B, 171-DRB1 and -DPB1 alleles were determined by using the next generation sequencing (NGS) method³³. In brief, the amplicons were pooled and sheared randomly. Gel 172173slicing was used to recover the sequencing libraries with fragments which include the 174library adapters between 400 and 700 bp in length. Then, the sequencing was 175performed on Illumina Miseq with PE 150 bp reads in a single run. Finally, using the 176 unique variant calling and haploid sequencing assembly algorithm with the short 177sequence read as input, the genotypes were accurately obtained. HLA-DQA1 were 178 genotyped by sequencing of both exons 2 and 3 using the gold standard Sanger sequencing method^{34,35}. 179

180 **Quality control**

181 Sequencing data were evaluated against a quality control metrics for all the samples.

182 We restricted each individual as follows: (i) average sequencing depth $\geq 4X$; (ii) 90%

- 183 of the target region covered by 4X; (iii) GC content within 42%-48%. According to
- 184 the criteria, a total of 58 samples from the discovery stage were filtered and removed

185 for further analysis (**Supplementary Table 1**).

186 After initial sample quality control for the MHC capture sequencing, we performed

187 further filtering to identify the high-confidence SNPs and Indels in targeted region.

Following criteria were applied: i) pass ratio ≥ 0.9 (Q100 and Q500 were defined as pass for SNPs and Indels, respectively); ii) missing rate ≤ 0.1 (a depth of $\geq 5X$ was considered as high quality; individuals failed to meet the criteria were considered as missing); iii) minor allele frequency (MAF) ≥ 0.01 ; iv) Hardy-Weinberg test *P*- value $\geq 1.0 \times 10^{-6}$ (**Supplementary Table 2**). For HLA types and amino acids, the same process was performed except for the pass ratio criteria (**Supplementary Table 2**).

194 **Statistical analyses**

Using the same data processing procedure and analysis^{30,36}, logistic regression model 195 196 was applied to test the association between ACPA-positive RA and the variants in the 197 MHC region, adjusting by gender. We define the HLA variants by including the four 198 digit biallelic classical HLA alleles, biallelic SNPs, Indels, and biallelic HLA amino 199 acid polymorphisms for respective residues within MHC region. The top five 200 principal-components (PCs) were applied to control for population stratification in the 201 discovery study. For the individual HLA allele and amino acid variant, the association 202 was determined after stratifying the data using the relative predispositional effect 203 (RPE) method³⁷. Thus, the logistic regression model is as follows:

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$$\log it(p(Y_1)) = \beta_0 + \beta_1 x_k + \beta_2 sex + \beta_3 PCA \qquad (1)$$

Where Y₁ is RA status (1 if ACPA-positive RA and 0 otherwise) and x_k is the genotype at the *k*th variants. The β_0 is the logistic regression intercept and β_1 , β_2 , β_3 are the effect size of *k*th variants, gender and the PCA respectively. The P values for this test were observed while the odds ratio (OR) and standard error (SE) of OR wereestimated.

210 To assess the independent effects of candidates identified in logistic analysis, we 211 assumed the logistic regression model additionally including the most significant loci 212 as covariates for the stepwise conditional regression analysis. If additional 213 independent risk factors were identified, we further consecutively included them as 214 covariates in the subsequent multivariate analyses in a forward conditional stepwise manner until none of loci met the cut off P-value^{30,38}. Assuming that there may be 215216 linkage disequilibrium (LD) between the intergenic regulatory variants and specific 217 genes, thus the independence of intergenic variants from its surrounding genes should be tested³⁶. If the *P*-value of the intergenic variants is no longer less than the 218 219 significant threshold after conditioning on the polymorphism sites (including SNPs, 220 INDELs, amino acids, HLA type) of the nearby genes, we should perform condition 221 analysis on its tagged genes, otherwise the intergenic variant is considered a real 222 independent association locus. The unpaired T-test was applied to assess the 223 significance of differences in radiological scores between two groups.

In discovery stage, a *P*-value less than $1.0 \ge 10^{-5}$ was suggested as significance threshold. In validation and combined stages, a conventional genome-wide statistical significance threshold of *P* less than $5.0 \ge 10^{-8}$ was applied. Analysis of radiological severity was conducted in R statistics program.

228 **Comparative modeling**

229	The comparative modeling was conducted using Modeller v9.14 ³⁹ . The crystal
230	structure of HLA-DR1 (DRA-DRB1*0101) (PDB ID: 1AQD) was employed as
231	template for comparative modeling of DQA1*0303-DQB1*0401 ⁴⁰ . The overall
232	sequence identify and similarity between DQA1*0303-DQB1*0401 and HLA-DR1
233	are 61.7% and 76.6%, respectively. The crystal structure of HLA-DR3
234	(DRA-DRB1*03:01) (PDB ID: 1A6A) has been solved and thereby was used as
235	template for the comparative modeling of <i>DRA-DRB1*13:01</i> and <i>DRA-DRB1*13:02</i> ⁴¹ .
236	The sequence identities of HLA-DR3 to DRA-DRB1*13:01 and DRA1-DRB*13:02
237	were 98.1%, and 97.8%, respectively. For each comparative modeling, ten models
238	were generated, and the structure with the lowest probability density function total
239	energy was selected for structural refinement. Energy minimization was performed
240	using the Amber14 package with the Amber ff14SB force field ⁴² . Each structure
241	model was solvated in an octahedron TIP3P water box and neutralized by adding
242	proper counter ions. The distance of box boundary and structure model was set to 10
243	Å. The particle-mesh-Ewald (PME) method ⁴³ was used for the treatment of
244	long-range electrostatic interactions. The non-bond interaction cutoff was set to 8.0 Å.
245	Each simulation system was subjected to three stages of energy minimization,
246	including (1) 5000 steps of steepest descent (SD) and 2000 steps of conjugate gradient
247	(CG) minimization with harmonic restraints (10 kcal/Å) applied on all structural
248	atoms; (2) 5000 steps of SD minimization and 2000 steps of CG minimization with
249	reduced harmonic restraints (2 kcal/Å) on backbone atoms; (3) 10,000 steps of

250 steepest descent and 5000 steps of conjugate gradient minimization with all restraints

- removed.
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255 **RESULTS**

HLA-DQα1:160D is the strongest genetic risk for ACPA-positive RA – Discovery by MHC sequencing

To define the independent association(s) and/or discover any novel variant(s) contributing to RA in addition to *HLA-DRB1*, we first conducted a capture sequencing of the whole MHC region in 357 patients with ACPA–positive RA and 1001 previously sequenced healthy controls of Han Chinese. After quality control, a total of 24,177 variants, 166 HLA types, and 1,283 amino acids were obtained (**Supplementary Table 2**).

264 In total, 563 variants (including HLA types and amino acids) showed significant associations by a cut-off of *P*-value less than 1.0×10^{-5} (Supplementary Table 3). 265 266 We found that the top association signal was mapped to *HLA-DOA1*, with a peak at HLA-DO α 1 amino acid position 160 (DO α 1:160D, $P = 4.03 \times 10^{-14}$, OR=2.42, 95% 267 CI 1.92-3.04), followed by DQa1:160A ($P = 2.01 \times 10^{-13}$, OR=2.34, 95% CI 268 1.86-2.93) and DQA1*0303 ($P = 2.62 \times 10^{-13}$, OR=3.02, 95% CI 2.25-4.06) (Fig. 1 269 270 and **Supplementary Table 3**). *HLA-DRB1*0405* allele, the putative greatest RA risk 271in Asians in previous reports, also showed a strong association with ACPA-positive RA, but fell out of the top 10 risk variants ($P = 9.48 \times 10^{-12}$, OR=3.22, 95% CI 272 273 2.30-4.50) (Supplementary Table 3). These results indicated that by sequencing the 274 entire MHC region we discovered HLA-DQ α 1:160D may be the top genetic risk for 275ACPA-positive RA in Han population, instead of the well-known HLA-DRB1 *0405.

276 HLA-DRβ1:37N has an independent protective effect on ACPA–positive RA

277 By stepwise conditional analysis on HLA-DQa1:160D, the second signal was 278 mapped to a list of SNPs, with a peak at rs7764856 (chr6_32680640_T_A) (Supplementary Table 4). The SNPs are in high LD $(r^2 = 0.72)$ and all located in 279 280 intergenic region between DQA2 and DQB1 according to NCBI RefSeq database 281 (http://www.ncbi.nlm.nih.gov/RefSeq). An immediate significant association was 282 observed for HLA-DRB1:37N after these intergenic SNPs (Fig. 1 and 283 Supplementary Table 4). Of note, HLA-DRB1:37N has an independent protective 284 effect on ACPA-positive RA ($P = 2.71 \times 10^{-6}$, OR=0.51, 95% CI 0.39-0.68). 285 Conditioning on DRB1:37N, the intergenic SNPs lost their association and no 286 additional independent association(s) reached the suggestive statistical significance 287 threshold of $P < 1.0 \text{ x} 10^{-5}$ (data not shown).

To assess whether DQ α 1:160D and DR β 1:37N were independent of each other, we performed the conditional analysis starting from DR β 1:37N. As shown in **Supplementary Fig. 2**, after conditioning on DR β 1:37N, DQ α 1:160D displayed even stronger association ($P = 1.19 \times 10^{-18}$, OR=3.53, 95% CI 2.67-4.68). This indicates

that DQ α 1:160D also has an independent effect on ACPA–positive RA.

293 The validation study confirms the findings discovered by capture sequencing

- 294 To validate the findings discovered by capture sequencing, we performed Sanger or
- NGS to genotype HLA-A, -B, -DRB1, -DQA1, and -DPB1 genes in an independent
- 296 case-control cohort, consisting of 604 cases with ACPA-positive RA and 811 healthy

subjects. Joint analysis was then performed by combining the results from discovery

and validation cohorts.

299	In line with the findings in the discovery stage, DQ α 1:160D showed consistent top
300	association with ACPA–positive RA in the validation panel ($P = 7.14 \times 10^{-19}$, OR =
301	2.23, 95% CI 1.87-2.66), followed by $DQA1*0303$ ($P = 5.74 \ge 10^{-18}$, OR = 3.13, 95%
302	CI 2.41-4.05) and DQa1:160A ($P = 4.18 \times 10^{-17}$, OR=2.10, 95% CI 1.77-2.50). A
303	consistent association was also observed for <i>DRB1</i> *0405 ($P = 5.76 \times 10^{-15}$, OR = 3.40,
304	95% CI 2.50-4.62) (Supplementary Table 5). After conditioning to DQα1:160D,
305	though DR β 1:96H became the second independent signal ($P = 2.80 \times 10^{-10}$, OR =
306	1.68, 95% CI 1.43-1.97), it was followed by DR β 1:37N ($P = 1.93 \times 10^{-8}$, OR=0.51,
307	95% CI 0.40-0.65) (Supplementary Table 6). When conditioning on DR β 1:37N, the
308	$DR\beta1:96H$ lost the association according to the genome-wide statistical significance
309	threshold of $P < 5.0 \ge 10^{-8}$ ($P = 1.18 \ge 10^{-4}$, OR = 1.45, 95% CI 1.20-1.76, data not
310	shown).
311	Joint analysis of discovery and replication panels provided compelling evidence that

HLA-DQ α 1:160D conferred the highest risk on ACPA–positive RA ($P = 6.16 \times 10^{-36}$,

313 OR=2.29, 95% CI 2.01-2.60), followed by DQ α 1:160A ($P = 3.29 \times 10^{-33}$, OR=2.17,

314 95% CI 1.91-2.47) and *DQA1*03:03* ($P = 5.13 \times 10^{-33}$, OR=3.17, 95% CI 2.63-3.83)

315 (Fig. 2, Supplementary Table 7, and Table 2). After conditioning to DQα1:160D,

though the DR β 1:96H remained as the second independent signal ($P = 4.90 \times 10^{-16}$,

317 OR=1.64, 95% CI 1.45-1.84, Fig. 2 and Supplementary Table 7), DRβ1:37N also

318 displayed strong association ($P = 5.81 \times 10^{-16}$, OR=0.49, 95% CI 0.41-0.58, Fig. 2,

Supplementary Table 7, and Table 2). When conditioning on DR β 1:37N, there was no additional independent association(s) reached the study-wide statistical significance of $P < 5.0 \ge 10^{-8}$ (data not shown).

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322 Exclusive dissection of HLA-DRB1 indicates that DRβ1 variants could be strong
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323 risks for ACPA-positive RA, if the effect of HLA-DQA1 is ignored.
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As mentioned above, *HLA-DRB1* was recognized as the strongest RA risk in previous 324 325 studies, especially for ACPA-positive RA and variations DRB1*0405, DRB1:11, 13, 326 57, 74, and 71 have been shown to confer risks for RA in Asian patients ¹⁰. Thus, we 327 next investigated RA association at HLA-DRB1 separately. As shown in 328 Supplementary Table 8, multiple alleles at HLA-DRB1 showed strong associations, with DR β 1:120N (P = 6.46 x 10⁻²⁸, OR=2.27, 95% CI 1.96-2.63), DRB1*0405(P = 329 6.55 x 10^{-28} , OR=3.40, 95% CI 2.73-4.23), and DR β 1:11V (P = 2.43 x 10^{-27} , 330 331 OR=2.45, 95% CI 1.94-2.60) being the top three risks. When conditioning on either DR β 1:11V or :120N, the second signal was seen for DR β 1:31I ($P = 2.23 \times 10^{-18}$, 332 333 OR=1.93, 95% CI 1.67-2.24) and DR β 1:13F ($P = 2.90 \times 10^{-17}$, OR=1.82, 95% CI 1.58-2.09) (Fig. 3). After further conditioning to either DRβ1:13F or :31I, strong 334 association signals were observed for DRB1*04:05 ($P = 6.26 \times 10^{-11}$, OR=2.53, 95% 335 CI 1.92-3.35) and DR β 1:57S ($P = 3.14 \times 10^{-9}$, OR=1.81, 95% CI 1.49-2.20), 336 337 respectively. Then we continued conditioning on DRB1:57S, DRB1:74A showed a 338 suggestive association with ACPA-positive RA ($P = 5.09 \times 10^{-7}$, OR = 0.72, 95% CI

339	0.63-0.82). When conditioning on DR β 1:74A, DR β 1:71E also showed a suggestive
340	association ($P = 2.95 \text{ x } 10^{-6}$, OR=0.37, 95% CI 0.24-0.56). Our results indicated that
341	if the effect of <i>DQA1</i> is ignored, <i>DRB1*0405</i> , amino acid variants at DRβ1:11, 13, 57,
342	74, and 71 can come up and be very strong risk factors for ACPA-positive RA.
343	Next, we compared the individual amino acid frequencies between Han Chinese and
344	European populations. As shown in Fig. 4A, both DQ α 1:160D and DQ α 1:160A are
345	common amino acids in Han Chinese and were significantly increased in
346	ACPA-positive RA patients. However, the two amino acids have not been detected in
347	European population ⁹ . For amino acid positions 11, 13, 57, 71 and 74 in DR β 1, the
348	amino acid frequencies are similar between two ethnic groups or case and controls,
349	except for a few amino acids. For example, DR β 1:11D, 13G, 57V, and 74E are
350	common in Han Chinese but rare in Europeans (Fig. 4B, C, D, F). In contrast,
351	DR β 1:71K is rare in Han Chinese but common in Europeans (Fig. 4E).

352 DQA1*0303, an allele encoding DQα1:160D, confers increased risk of joint 353 damage in early ACPA-positive RA

DQα1:160D is encoded by two alleles, i.e. DQA1*0302 and *0303. We next examined whether the top susceptible factor DQα1:160D and its encoding alleles confer a risk for the severity of joint damage in ACPA-positive RA. A total of 557 patients with available SHS data were divided into three groups according to the disease durations (≤ 1 years, 1–10 years, or ≥ 10 years). Overall, there was no difference in SHS according to either DQα1:160 variations or its coding allele 360 polymorphisms in three disease stages (data not shown). As smoking is a 361 well-established environmental factor contributing to ACPA-positive RA 362 susceptibility and severity, we further stratified the patients by smoking status. 363 Though there was no significant difference in SHS between DQ α 1:160D carriers and 364 non-carriers after stratifying by smoking status, in the early disease stage one of its coding allele DQA1*0303 showed high impact on radiographic scores in smoking 365 group ($P = 3.02 \times 10^{-5}$). Similarly, in early disease stage DQA1*0303 carriers with 366 367 smoking had higher radiographic scores than DQA1*0303 carriers without smoking $(P = 4.05 \times 10^{-8}, \text{Fig. 5a})$. In the early disease stage *DRB1*0405* also showed a higher 368 369 impact on radiographic score in smoking group ($P = 3.02 \times 10^{-5}$). DRB1*0405 carriers with smoking had increased radiographic scores, compared to DRB1*0405 370 371 carriers without smoking ($P = 6.96 \times 10^{-6}$, Fig. 5b). These findings are consistent 372 with previous finding that the gene-environment interaction between DRB1 variants 373 and smoking contribute to ACPA-positive RA. Our data also suggest that DOa1:160 374 coding allele DQA1*0303 has high impact on radiographic severity of ACPA-positive 375 RA, especially in patients with early disease and smoking.

Additional negative charge of D160α enhances the interaction with DQβ1, leading to an increased T cell activation

378 MHC class II molecules could present in the form of either heterodimers or dimer of 379 dimers^{40,44,45}. The dimer of dimers appears to play an important role in T cell response 380 to low affinity antigens by enhancing overall affinity between MHC/peptide and 381 TCR^{45,46}. The electrostatic interactions between the interface residues are critical for 382 maintaining structural stability as well as T cell activation⁴⁷. According to sequence 383 analysis, D160a locates far away from antigen binding groove and should impose 384 little influence on epitope binding. To investigate the potential function of 385 DQα1:160D, constructed dimer we the of dimer structure for 386 DQA1*0303-DQB1*0401 by comparative modeling, as it is the major D160a 387 encoding haplotype in Han Chinese (69.0% from our data and 56% in the Han MHC 388 database³⁰). As shown in **Fig. 6A**, D160 α is adjacent to the dimer of dimer interface 389 and may contribute to the stability of dimer of dimers. Strong electrostatic interactions are observed between negative DQ α 1 interface residues (D161 α , E182 α and E184 α) 390 391 and positive DQB1' interface residues (R105B, H111B and H112B). Compared with 392 non-charged A160 α or S160 α coded by other DQA1 alleles, the additional negative 393 charge introduced by D160 α further enhances the interaction with DQ β 1 in the other 394 dimer, which may lead to an increased T cell activation (Fig. 6B).

395 The negatively charged P9 pockets from DRβ1: 37N encoding alleles benefit 396 electrostatic interaction and epitope P9 arginine binding

397 It is well accepted that *HLA-DRB1* susceptibility alleles are strongly associated with 398 ACPA-positive RA, and its encoded molecules preferentially present the citrullinated 399 autoantigens⁴⁸. The susceptibility is determined by the electrostatic property of 400 antigen binding pockets and the ability to differentially recognize citrullinated 401 antigens. The positively charged antigen binding pocket in RA-susceptible alleles

402	preferentially accommodate citrullinated antigens, whereas electronegative or
403	electroneutral pockets in RA-resistant alleles can bind both arginine and citrullined
404	antigens ⁴⁹ . The amino acid residues at position 37 in DR β 1 are located within the P9
405	pocket of antigen binding groove. By sequence analysis, we found four alleles
406	containing an asparagine at position DR β 1:37 (Asn37 β or 37N), including
407	DRB1*03:01, *09:01, *13:01, and *13:02. Though DRB1*0901 was reported to be
408	the risk allele for RA in Koreans ¹¹ , its influence on developing of ACPA-positive RA
409	subgroup seemed protective ^{50,51} . We then constructed the structure models for other
410	allele-containing haplotypes by comparative modeling. The electrostatic potential
411	surface and the residues of the P9 pocket from the three models are shown in Fig. 7,
412	respectively. DRA1-DRB1*03:01, DRA1-DRB1*13:01 and DRA1-DRB1*13:02 share
413	identical P9 pocket, which is composed of Asn69α, Met73α, Tyr30β, Asn37β, Val38β
414	and Asp57 β (Fig. 7D, E and F). The electrostatic potential surface analysis indicates
415	that P9 pockets of DRA1-DRB1*03:01, DRA1-DRB1*13:01 and DRA1-DRB1*13:02
416	are negatively charged and could benefit electrostatic interaction with epitope P9
417	arginine (Fig. 7A, B and C). Collectively, all three alleles containing negatively
418	charged P9 pocket of Asn37 could bind the epitope P9 arginine and thus may result in
419	a decreased RA susceptibility.
420	

421 **DISCUSSION**

432

422 In this study, by applying the target capture sequencing, we fine mapped the 423 ACPA-positive RA risks within the MHC region. A key finding of this study is the 424 major influence of HLA-DQa1:160D on ACPA-positive RA instead of the 425 well-described RA-risk HLA-DRB1 alleles in Han ancestry. HLA-DRB1:37N is an 426 independent protective factor for ACPA-positive RA. The novel findings are 427 confirmed in an independent case-control cohort by classical HLA genotyping. 428 Furthermore, one of DQ α 1:160D encoding allele DQA1*0303 confers high risk for 429 joint damage in patients with smoking in early disease. 430 Previously, a number of reports have shown that the greatest genetic risk for ACPA-positive RA came from certain HLA-DRB1 alleles⁵²⁻⁵⁴, in which the 431

433 patients¹⁰. However, even though the classical *HLA-DRB1* alleles have been reported 434 to confer strong RA risks in different populations, other HLA genes have also been 435 shown to associate with ACPA-positive RA. For example, Raychaudhuri et al. have 436 reported that single-amino-acid variations in HLA-B (at position 9) and HLA-DPB1 437 (at position 9) were strong risks for seropositive RA, besides other three amino acid positions (11, 71 and 74) in HLA-DR β 1⁹. Another study also reported a strong 438 439 association with ACPA-positive RA at HLA-A amino acid position 77¹⁵. It has thus 440 been a challenge to draw definitive conclusion concerning the role of different MHC

DRB1*0405, DRB1:11, 13, 57, 74, and 71 were reported as strong risks for Asian RA

441 class II alleles in susceptibility to ACPA-positive RA.

442 In present study, we identified HLA-DQ α 1:160D as the strongest and independent 443 genetic risk instead of the well-known HLA-DRB1 alleles for ACPA-positive RA in 444 Han population. Our novel finding could be rationally explained by the fact that 445 DQa1:160D is encoded by two alleles, i.e. DQA1*0302 and *0303. Though the two Asians, 446 alleles are common in East they rare variants in are Caucasians^{55,56}(http://www.allelefrequencies.net/hla6006a.asp). 447 Thus, the **SNPs** 448 tagging DQA1*0302 and *0303 may not be included in DNA beadchips for GWAS. This could help to explain why DQ α 1:160D and its coding alleles *0302 and *0303 449 450 have not been detected or suggested to be risk factors for RA, though many RA 451 GWASs and chip-based genotypic imputations have been performed, including a 452 recent large-scale HLA imputation study of ACPA-positive RA in Japanese 453 population⁵⁷. Furthermore, differences between our findings and previously reported 454 HLA associations could also be due to the progress in HLA typing methodology using 455 sequencing technology that covers the whole MHC class II region, which allows 456 typing of HLA alleles at a much higher resolution than before. Notably, however, in 457 our previous work we have showed that HLA-DQA1*03 is significantly associated with RA susceptibility (allelic frequencies: 0.351 vs. 0.256, $P = 4.76 \times 10^{-4}$, OR = 458 1.56, 95% CI 1.22–2.03)⁸. Consistently with our finding, Raychaudhuri⁹ also reported 459 460 the allelic frequencies of DQA1*03 to be increased in seropositive RA patients 461 compared to healthy controls (0.462 vs. 0.185). Moreover, DQA1*0302 has been reported as a genetic risk for Vitiligo and Ocular myasthenia gravis in Chinese Han 462

population^{58,59}, and for Type 1 diabetes mellitus in children in Japanese population⁶⁰.

In agreement with previous studies, our data indicated that *HLA-DRB1*0405*, DR β 1:11, 13, 57, 74, and 71 could be strong risks for ACPA-positive RA, if the *DQA1* association was not noted.

463

467 It has been well established that smoking is a risk factor linked to RA susceptibility 468 and severity and this risk is increased by a gene-environment interaction between 469 smoking and DRB1 alleles and restricted to ACPA-positive RA. Consistent with previous finding¹⁴, we now also show that DRB1*0405 carriers with smoking had 470 471 increased radiographic damage in ACPA-positive RA patients at an early stage of 472 disease. We further show that one of DQ α 1:160 coding allele DQA1*0303 has high 473 impact on radiographic severity of ACPA-positive RA, especially in patients with 474 smoking and in early disease. Our data thus supports the notion that smoking, in the 475 presence of RA-risk genetic background, may trigger immunity to citrullinated 476 proteins and lead to RA development and accelerate joint damage.

Although DQ α 1:160 locate far away from antigen binding groove and may have little influence on epitope binding, it is adjacent to the DQ α -DQ β dimer of dimer interface. Previous study has reported that the amino acid substitutions in the dimer of dimer interface of HLA-DR β 1 inhibited CD4⁺ T cell activation⁶¹. Therefore, we assume that the residue substitutions at DQ α 1:160 may contribute to the dimer of dimer structure stability and T cell activation. Indeed, by electrostatic interaction analysis we observed a strong electrostatic interaction between negatively charged DQ α 1 484 interface residues and positively charged $DQ\beta1'$ interface residues. Compared to the 485 non-charged A160 α or S160 α , the additional negative charge introduced by D160 α 486 further enhances the interaction with $DQ\beta1$, leading to an increased T cell activation. 487 The DRB1:37 residue is located within pocket P9 on the beta-sheet floor with their 488 side chains oriented into the peptide-binding groove. Modification of DRB1:37 residue is sufficient to alter the T-cell receptor peptide recognition^{62,63}. Pocket P9 of 489 490 class II molecules has been linked to several autoimmune diseases. For example, amino acid variations within the pocket P9 of HLA-DRB have been shown to 491 associate with increased risk for primary Sjogren's syndrome⁶⁴. DR β 1:37N was a risk 492 residue for susceptibility to primary sclerosing cholangitis⁶⁵. In present work, by 493 494 electrostatic potential surface analysis we showed that three DR\$1:37N encoding 495 alleles *03:01, *13:01, and *13:02 have negative charged P9 pocket, which benefits 496 electrostatic interaction and could bind with epitope P9 arginine, thus could at least 497 partly explain its protective effect for ACPA-positive RA discovered in present study. 498 In summary, by sequencing of the entire MHC region for discovery and HLA 499 genotyping for validation in two independent cohorts, our study demonstrates that 500 HLA-DQA1, instead of HLA-DRB1, confers the greatest independent genetic risk for 501 ACPA-positive RA in Chinese Han. Our study also illustrates the value of deep 502 sequencing for fine mapping real risk variants in the MHC region. 503

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518 AUTHOR CONTRIBUTIONS

J.G., X.X. and Z.L. conceptualized and designed the study. X.Z and L.K. participated
in the study design and supervised manuscript writing. J.G., T.Z. and H.C.
coordinated and supervised the study teams. J.G., X.W.L., T.Z., H. L., and H.C.
conducted data management and manuscript preparation. T.Z., X.W.L., Y.W.Z., X.M.
and H.J.Y. conducted the statistical analyses. H.M.Y., H.J.J., J.W., L.S., L.P., L.H.L.
L.L. and K.Y. participated in data interpretation and manuscript writing. M.L., Y.Z.,

525 X.S., F.H., Y.D., M.Z., H.J., Xin L., Y.H., Xu L., Y.Y., X.W., X.Z., and Y.S.

- 526 conducted sample selection and participated in data management. All coauthors edited
- 527 and reviewed the final version of manuscript.

528 **COMPETING INTERESTS**

- 529 The authors declare no competing financial interests.
- 530
- 531

532 List of Figures



Figure 1 Plots of stepwise conditional analysis for ACPA-positive RA in MHC region for discovery cohort. Each diamond represents $-\log 10(P)$ of the variants, including SNPs, Indels, classical HLA alleles and amino acid polymorphisms of HLA genes. The dotted horizontal line represents the suggestive significance threshold of $P = 1 \times 10^{-5}$. The bottom panel indicates the physical positions of the HLA genes on chromosome 6 (NCBI Build 37). (a) The major

- 540 genetic determinants of ACPA-positive RA mapped to HLA-DQα1 corresponding
- 541 Asp-160. (b) Subsequent conditional analyses controlling for HLA-DQα1 Asp-160
- 542 reveal an independent association at HLA-DR β 1 corresponding Asn-37. (c) Upon
- 543 controlling for HLA-DQα1 Asp-160 and HLA-DRβ1 Asn-37, no additional
- 544 significant association signal was observed.
- 545



Figure 2 Joint analysis of discovery and replication panels in the MHC region. The association for each locus used for conditioning (*HLA-DQA1*, *HLA-DRB1*) is shown in red in each panel. For each panel, the horizontal axis shows the position of amino acid for each HLA gene and the vertical axis shows negative log10-transformed *P* values for association. The dashed horizontal line corresponds to the significance threshold of $P=5 \times 10^{-8}$.



Figure 3 Plots of stepwise conditional analysis for HLA-DRβ1 in combined cohort. (a) Amino acid position 120 represents the strongest association with ACPA– positive RA ($P < 10^{-27}$), followed by position 11 ($P < 10^{-26}$). (b) Controlling for position 11 or 120, position 13 is an independent risk for ACPA–positive RA (P =2.90 × 10⁻¹⁷). (c) Controlling for positions 11 and 13, position 57 showed an independent association ($P = 3.14 \times 10^{-9}$). (d) Controlling for positions 11,13 and 57,

- 561 position 74 becomes a suggestive signal ($P = 5.09 \times 10^{-7}$) (e) Conditioning on
- 562 positions 11,13, 57 and 74 revealed a suggestive association for amino acid 71
- 563 (p=2.95 ×10⁻⁶).









Impact of DQA1*0303 on risk of joint damage in ACPA-positive RA. 574Figure 5 (a) In early disease stage DQA1*0303 showed high impact on radiographic scores in 575576 smoking group ($P = 3.02 \times 10^{-5}$). Similarly, DQA1*0303 carriers with smoking had higher radiographic scores than DQA1*0303 carriers without smoking (P = 4.05 x577 10^{-8}). (b) In early disease stage DRB1*0405 also showed a high impact on 578 radiographic score in smoking group ($P = 3.02 \times 10^{-5}$). DRB1*0405 carriers with 579 smoking had increased radiographic scores, compared to DRB1*0405 carriers without 580 smoking ($P = 6.96 \times 10^{-6}$). 581



The dimer of dimer structure of DQA1*0303-DQB1*0401. (A) 583 Figure 6 Overall dimer of dimer structure of DQA1*0303-DQB1*0401. One dimer is 584 585 composed of DQ α 1 and DQ β 1, whereas the other dimer is composed of DQ α 1' and DQ β 1'. The DQ α 1, DQ β 1, DQ α 1' and DQ β 1' were shown as green, cyan, purple, 586 and yellow cartoon, respectively. (B) The interface of dimer of dimer structure. DQa1 587 588 and DQ β 1' residues involved in the interaction are displayed sticks and their carbon atoms are colored in green and yellow, respectively, whereas nitrogen and oxygen 589 590 atoms are colored in blue and red, respectively.

- 592
- 593
- 594
- 595



Figure 7 The electrostatic potential surface of *DRA1-DRB1*03:01* (A) *DRA1-DRB1*13:01* (B) and *DRA1-DRB1*13:02* (C). All structure models are
displayed by surface. The positive, neutral and negative regions are colored in blue,
white and red, respectively. The P9 pocket structure of *DRA1-DRB1*03:01* (D), *DRA1-DRB1*13:01* (E), and *DRA1-DRB1*13:02* (F). HLA molecules and pocket
residues are shown as grey cartoon and green sticks, respectively.

	Stage I (Discovery)	Stage II (Validation)
No. of patients/ controls	357/1001	604/811
Demographic characteristics		
Female (%)	80.4/72.4	81.0/82.2
Age, mean \pm SD years	$57.4 \pm 12.1/43.0 \pm 15.7$	$54.6 \pm 13.0 / 45.3 \pm 13.6$
Clinical characteristics		
Age at onset, mean \pm SD years	47.1 ± 13.9	45.3 ± 14.6
Disease duration, mean \pm SD years	10.3 ± 8.9	9.4 ± 8.7
SHS, mean \pm SD (n)*	80.5 ± 63.0 (336)	41.6 ± 51.8 (212)

607 **Table 1 Demographic characteristic of the study cohorts**

608 RA: rheumatoid arthritis; ACPA: anti-citrullinated proteins antibodies; SHS: modified

609 Sharp-van der Heijde score; SD: standard deviation.

610 *: the case number when data were available.

611

613 Table 2 Independent effects of DQα1:160D and DRβ1:37N in ACPA-positive RA

614

Amino	Discovery stage		Validati	on stage	Combined stage		
Acid	P-value	OR (95% CI)	<i>P</i> -value	OR (95% CI)	P-value	OR (95% CI)	
DQα1:160D	4.03 x 10 ⁻¹⁴	2.42 (1.92-3.04)	7.14 x 10 ⁻¹⁹	2.23 (1.87-2.66)	6.16 x 10 ⁻³⁶	2.29 (2.01-2.60)	
DRβ1:37N	2.71 x 10 ⁻⁶	0.51 (0.39-0.68)	1.93 x 10 ⁻⁸	0.51 (0.40-0.65)	5.81 x 10 ⁻¹⁶	0.49 (0.41-0.58)	

615

616 RA: rheumatoid arthritis; ACPA: anti-citrullinated proteins antibodies;

617 OR (95% CI): odds ratio (95% confidence interval).

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