Defining and Evaluating Microbial Contributions to Metabolite Variation in Microbiome-Metabolome Association Studies

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Abstract

Correlation-based analysis of paired microbiome-metabolome datasets is becoming a widespread research approach, aiming to comprehensively identify microbial drivers of metabolic variation. To date, however, the limitations of this approach have not been comprehensively evaluated. To address this challenge, we introduce a mathematical framework to quantify the contribution of each taxon to metabolite variation based on uptake and secretion fluxes. We additionally use a multi-species metabolic model to simulate simplified gut communities, generating idealized microbiome-metabolome datasets. We then compare observed taxon-metabolite correlations in these datasets to calculated ground-truth taxonomic contribution values. We find that in simulations of both a model 10-species community and of complex human gut microbiota, correlation-based analysis poorly identifies key contributors, with extremely low predictive value despite the idealized setting. We further demonstrate that the predictive value of correlation analysis is strongly influenced by both metabolite and taxon properties, as well as exogenous environmental variation. We finally discuss the practical implications of our findings for interpreting microbiome-metabolome studies.

Importance

Identifying the key microbial taxa responsible for metabolic differences between microbiomes is an important step towards understanding and manipulating microbiome metabolism. To achieve this goal, researchers commonly conduct microbiome-metabolome association studies, comprehensively measuring both the composition of species and the concentration of metabolites across a set of microbial community samples, and then testing for correlations between microbes and metabolites. Here, we evaluated the utility of this general approach by first developing a rigorous mathematical definition of the contribution of each microbial taxon to metabolite variation, and then examining these contributions in simulated datasets of microbial community metabolism. We found that standard correlation-based analysis of our simulated microbiome-metabolome datasets identifies true contributions with very low predictive value, and that its performance depends strongly on specific properties of both metabolites and microbes, as well as on the surrounding environment. Combined, our findings can guide future interpretation and validation of microbiome-metabolome studies.

Introduction

Microbial communities have a tremendous impact on their surroundings, ranging from the degradation of environmental toxins (1) to the production of climate change-relevant metabolites (2). Host-associated communities, in particular, have a substantial impact on their hosts, and often produce a diverse set of metabolites that interact with numerous host pathways. In humans, such microbiome-derived metabolites have been identified as contributing factors to a wide array of diseases including heart disease (3), autism (4), non-alcoholic fatty liver disease (5), colon cancer (6), inflammatory bowel disease (7), and susceptibility to infection (8). Characterizing the ways microbial communities modulate their environments and the relationship between community structure and metabolic impact is therefore a major, timely, and complex challenge with promising implications for human health, as well as to environmental stewardship, agriculture, and industry.

When facing this challenge, perhaps the most important task is identifying specific community members that drive variation in metabolites of interest. Taxa responsible for observed metabolic differences across communities may be ideal targets for interventions aiming to modify metabolic phenotypes. Their identification, however, can be a daunting task. Complex microbial communities are often composed of hundreds or thousands of poorly characterized species, each with a unique and frequently unknown complement of metabolic capacities. Even when multiple species are known to possess the potential to synthesize or degrade a metabolite of interest, the metabolic activity of each species (and consequently, its contribution to metabolic variation) may be different (9). Moreover,

community ecology, interspecies interactions, and nutrient availability (e.g., via diet) can

all regulate and influence the metabolic activity of each species, rendering the link

between community members and metabolic products extremely complex and

challenging to infer (10–12).

To address this challenge and to identify community members that play an important role

in metabolic variation, a growing number of studies are now comprehensively assaying

multiple facets of community structure across samples, including, most notably,

taxonomic and metabolite compositions (13). For example, to investigate the links

between taxonomic shifts and metabolic phenotypes in the healthy vaginal microbiome

and in bacterial vaginosis, a recent study used a combination of 16S rRNA qPCR,

sequencing, and both global and targeted metabolomics (14). Another study, aiming to

identify taxonomic and metabolic features of resistance and susceptibility to *C. dificile*

infection in the mouse gut similarly applied 16S rRNA sequencing and global

metabolomics (15). In another example, researchers characterized metabolic and

microbial features of periodontitis in the oral microbiome before and after treatment,

combining 16S rRNA sequencing, shotgun metagenomic sequencing, and metabolomics

(16). These are just a few examples of a plethora of recent microbiome-metabolome

studies, investigating the metabolic effects of microbiome variation in the contexts of

chronic and infectious disease, agriculture, precision medicine, nutrition, fermented food

science, and more (17–24). Such multi-omic studies are also a major focus of several

large-scale initiatives to study both host-associated and environmental microbiomes (25,

26).

Given the taxonomic and metabolomic profiles obtained via such microbiome-

metabolome assays, the vast majority of studies rely on simple univariate correlation-

based analyses to link variation in community ecology to variation in metabolic activity

(11, 14, 15, 27–30). Such analyses specifically aim to identify species whose abundance

across samples is correlated with the concentration of metabolites, often assuming that

highly significant correlations reflect a direct mechanistic link between the taxon and

metabolite in question. These studies further regularly assume that positive correlations

imply synthesis and negative correlations imply degradation, or that targeting the microbe

in question could be used to modulate the concentrations of the metabolites with which it

is correlated. For example, a recent study characterizing the microbiome and metabolome

in Spleen-yang-deficiency syndrome (29) concluded that a positive correlation between

Bacteroides and mannose likely resulted from extracellular degradation of mannan into

mannose by that taxon. Similarly, a study of antibiotic perturbations to the microbiome

and metabolome stated that the presence of several weak positive and negative

correlations between genera and arginine supported the conclusion that arginine levels

may be affected by many community members with high functional redundancy (27).

Yet, to date, the extent to which a correlation-based analysis effectively detects direct

metabolic relationships between taxa and metabolites is unclear. Obviously, a strong

correlation between the abundance of a certain species and the concentration of a

metabolite across samples *could* reflect direct synthesis or degradation of the metabolite

by that species, but could also arise due to environmental effects, precursor availability,

selection, random chance, or co-occurrence between species. Similarly, cross-feeding,

external host processes, and varying enzymatic regulation can mask a correlation even

when this species does in fact contribute to observed metabolite variation. Indeed,

previous studies have suggested that microbe-metabolite correlations must have a high

rate of false positives (31), and a recent experimental study pairing microbiome-

metabolome correlation analysis with *in vitro* monoculture validations found anecdotally

that several observed correlations were in fact false positives (32). The limitations of

correlation analysis have also been discussed and well-characterized in other data types

(for example (33, 34)). Importantly, however, the extent of such limitations in the context

of microbiome-metabolome studies, the way they are shaped by microbial community

metabolism, and their impact on data interpretation in this context have not been

systematically evaluated.

Importantly, two crucial challenges hinder a comprehensive and systematic evaluation of

correlation-based analysis. The first is the lack of a rigorous general definition of a

microbe's contribution to metabolite variability. While establishing the main taxonomic

contributors to metabolite variation may be straightforward for specialized, well-

characterized metabolites that are synthesized by just a single taxon, it can be much less

clear for metabolites that can be synthesized (and/or degraded or modified) by many

different taxa in the community. The second challenge is the absence of ground truth data

on the nature of microbe-metabolite relationships. While limited data on the taxa driving

metabolite shifts can be obtained from comparative mono- and co-culture studies (32, 35,

36), large-scale and comprehensive datasets that link species and metabolite

abundances in the context of a complex community, for which the precise impact of each

species on observed metabolite variation is known, are currently not available.

In this study, we address these two challenges, combining a novel framework for

quantifying microbial contributions with a model-based simulated dataset. Specifically, we

first introduce a generalizable and rigorous mathematical framework for decomposing

observed metabolite variation and quantifying the contribution of each community

member to this variation based on uptake and secretion fluxes. Second, we use a

dynamic multi-species genome-scale metabolic model to simulate the metabolism of

microbial communities of varying complexity and to generate idealized datasets of paired

taxonomic and metabolomic abundances, with complete information on metabolite fluxes,

microbial growth, interspecies interactions, and environmental influences. Applying our

mathematical framework to these simulated datasets, we could then compare calculated

contribution values to observed taxon-metabolite correlations and evaluate the ability of

correlation-based analyses to identify key microbial contributors. We were additionally

able to investigate factors that shape the relationship between community composition

and metabolism in depth and to identify specific properties and mechanisms that impact

the performance of microbiome-metabolome correlation studies.

Notably, given the objectives of this study, we intentionally focus on characterizing

microbiome-metabolome relationship in a model-based, tractable, and well-defined

setting. Indeed, our metabolic model may not perfectly capture all the complex and

diverse mechanisms that are at play in host-associated communities; however,

considering the scope of this study, accurately modeling the metabolism of a specific

community may not be crucial. Rather, for our analysis, we want our simulated data to

recapitulate broad trends observed in naturally occurring microbial ecosystems, as indeed

has been observed in similar models (37–41). Moreover, utilizing this model-based

approach allows us to dissect the relationship between community composition and

metabolic phenotypes without the complexities inherent to *in vivo* communities (including

spatial heterogeneity, measurement error, inter-microbial signaling, or strain-level

variation), and with variation in the concentrations of environmental metabolites resulting

exclusively from microbial metabolic activity. Analyzing the ability of a correlation-based

analysis to detect true microbial drivers of metabolite variation in these simplified, best-

case settings provides a baseline for the expected performances of such analyses in real

microbiome-metabolome studies.

Results

Quantifying the impact of individual microbial species on variation in metabolite

concentrations

In this study, we consider a microbial community as an idealized system, consisting of a population of multiple microbial species in a shared, well-mixed, biochemical environment. Each species uptakes necessary metabolites from the shared environment, performs a variety of metabolic processes to promote its growth, and secretes certain metabolites back into the shared environment. We additionally assume that certain nutrients flow into the environment and that microbial cells and metabolites are diluted over time. These processes can represent, for example, the inflow of dietary nutrients and the transit through the gut in the context of the gut microbiome. For simplicity, we primarily consider a constant inflow and dilution rate, as in a chemostat setting. Accordingly, a microbiome-metabolome study can be conceived as analyzing a set of several such communities (at a certain point in time), each with a different composition of microbial species and correspondingly variable environmental metabolite concentrations. We focus initially on a controlled setting with identical nutrient inflow across all microbiomes, but later examine the impacts of differences in nutrient inflow between communities.

Given this setting, we first sought to establish a rigorous and quantitative framework for defining the impact of each microbial species (or any taxonomic grouping) in the community on the variation observed in the concentration of a given metabolite across community samples. We focused on species that *directly* modulate the environmental

concentration of a given metabolite via synthesis or degradation, ignoring indirect effects

via, for example, the synthesis of a precursor substrate that could impact the metabolic

activity of other species. We noted that the total concentration of a metabolite in the

environment can be represented as the sum of cumulative synthesis or degradation fluxes

of this metabolite by each of the *n* species in the community, as well as cumulative

environmental fluxes (e.g., total nutrient inflow and dilution). Formally, the metabolite

concentration, *M,* can therefore be expressed as a sum of *n* dependent random variables

m_i, where each m_i denotes the overall synthesis or degradation of the metabolite by each

species, along with an additional random variable m_{env}, denoting the overall impact of

environmental processes.

$$M = \sum_{i=1}^{n} m_i + m_{env}$$

As discussed above, when analyzing microbiome-metabolome datasets, the goal is often

to identify taxa responsible for *changes* in the concentration of a metabolite of interest

across a set of samples. Accordingly, here we wish to quantify the *contribution* of each

species to the *variance* in the concentration of that metabolite across samples.

Specifically, in the formulation

above, *var(M)* depends on the variance in the constituent microbial and environmental

factors, as well as the covariance between these components. This variance can then be

linearly separated into *n+1* terms, representing the contribution of each species (denoted

c_i), and of any

environmental nutrient fluxes (denoted c_{env}) to the total variation in the metabolite:

$$var(M) = \sum_{i=1}^{n} c_i + c_{env} \; ; \; c_i = var(m_i) + \sum_{j \neq i} cov(m_i, m_j) + cov(m_i, m_{env})$$

If the nutrient inflow is constant across samples, its effect can be ignored and its

contribution to the variance c_{env} is 0. Additionally, in a chemostat setting, the dilution of

each metabolite can be accounted for in the calculation of each contribution, as it depends

strictly on the dilution rate and on previous metabolite concentrations (Methods). Finally,

in order to compare species contributions across metabolites and to represents the

relative share of the total variance of a given metabolite that is attributable to species *I*,

we defined the *relative* contribution to variance $\hat{c}_i$ of each species *i* to metabolite *M* by

normalizing contribution values by the metabolite's total variance:

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$$\hat{c}_i = \frac{c_i}{var(M)}$$

This framework for calculating microbial contribution values provides a systematic

measure of the causal impact of each taxon on observed variation in the environmental

concentration of each metabolite, distilling the effect of complex ecological and metabolic

interactions to a concise and interpretable set of quantities. Moreover, the obtained

contribution profile is a linear decomposition of observed metabolic variation, wherein the

sum of contributions of all species equals the observed variation in the metabolite.

Notably, when a species' activity has large negative covariances with the activities of

other community members, contribution values can be negative. Such negative

contribution values indicate that a species' secretion or uptake of that metabolite varies

in a way that mitigates the activity of others. Correspondingly, contribution values can be

greater than 1, reflecting scenarios in which a species in fact generates more variation of

this metabolite than is ultimately observed, but that its impact is mitigated by other

species.

It is also worth noting that our analytical decomposition of contributions to variance is

mathematically equivalent to calculating the Shapley values for the variance in metabolite

concentrations (see Methods and Figure S1). Shapley value analysis is a game theory

technique that defines an individual's contribution to a collective outcome, and has been

shown to be the only general definition that is efficient, linear, symmetric, and assigns

zero values to null contributors (42). A similar, Shapley value-based approach was

recently applied to address the related problem of identifying the primary taxonomic

contributors to differential functional abundances in metagenomic data (43).

A multi-species metabolic model for generating complex microbiome-

metabolome data

We next set out to generate a large-scale dataset of microbiome-metabolome profiles

with complete information about metabolite uptake and secretion fluxes. To this end, we

used a multi-species metabolic model to simulate the growth, dynamics, metabolism, and

environment of a simple microbial community. This model is based on a previously

introduced genome-scale framework for modeling the metabolism of multi-species

communities and for tracking the metabolic activity of each community member over time

(44, 45). Briefly, this framework assumes that each species optimizes its growth selfishly

given available nutrients in the shared environment and predicts the metabolic activity for

each species in short time increments using Flux Balance Analysis (46). After each

increment, the model uses the predicted metabolic activities of the various species to

update the biomass of each species and the concentration of metabolites in the shared

environment (hence, potentially impacting the growth and metabolism of other species in

subsequent time steps). Importantly, this model allows for the natural emergence of

metabolic competition and exchange between species, as well as selection for taxa with

the most efficient growth rate in a given nutrient environment. Full details of this model

and simulation parameters can be found in the Methods.

We specifically modeled a simplified gut community that was previously explored

experimentally (47). This community includes 10 representative gut species, spanning

the major clades found in the human gut and collectively encoding the key metabolic

processes taking place in this environment, including breakdown of complex dietary

polysaccharides, amino acid fermentation, and removal of fermentation end products via

sulfate reduction and acetogenesis. Genome-scale metabolic models of these 10 species

were obtained from the AGORA collection (40) – a recently introduced set of high-quality

gut-specific metabolic models. To mimic the experimental gnotobiotic mouse setting (47),

we simulate growth in a chemostat, with a nutrient inflow mimicking the content of a

standard corn-based mouse chow, and a dilution rate consistent with mouse transit time

and gut volume. While maintaining this nutritional environment, we systematically

explored the landscape of possible community compositions, varying the initial relative

abundance of each species from 10% to 60% (with a consistent total abundance equal to

the community carrying capacity), resulting in a total of 61 different community

compositions. For the analysis below, we simulated growth for 144 hours (as 576 15-

minute time steps). For most community compositions considered, this simulation time

consisted of an initial stabilization period followed by a transition to a near-steady-state

equilibrium with little change in community composition (Figure 1A). Notably, across the

various simulations, some species maintained high abundances throughout the course of

the simulation, while others reverted to lower levels.

Throughout the course of each simulation, we recorded the abundances of each species,

the secretion and uptake rate of each metabolite by each species (as well as internal

reaction fluxes), and the concentration of each metabolite in the environment (Figure 1A-

B), thereby obtaining a comprehensive dataset describing species composition,

metabolic activities, and metabolite concentrations across 61 different communities. To

mirror the typical structure of a microbiome-metabolome cross-sectional dataset, we

specifically considered the abundances of species and the concentrations of metabolites

in the environment at the end of each simulation (i.e., after the final time point; see Figure

1). 60 of the 68 metabolites present in the nutrient inflow exhibited at least some variation

across communities, as did 18 additional microbially-produced metabolites. Metabolite

variation was generally low (median coefficient of variation 0.021), reflecting a relatively

stable nutrient environment, yet 25 metabolites (32%) did have a coefficient of variation

greater than 0.1. For downstream analysis, we excluded metabolites without substantial

measurable variance across samples, filtering those with variance at or below the 25th

percentile. This resulted in a dataset of 52 variable metabolites, of which 14 are purely

microbially-produced metabolites, 9 are microbially-produced but also present in the

nutrient inflow, and 29 are introduced only through the nutrient inflow. Of these 52 variable

metabolites, 47 are utilized by any member of the community (including 18 that are cross-

fed in at least one simulation). The final species compositions and the final concentrations

of several key metabolites across all simulations are shown in Figure 2A-F, and ordination

plots of species and metabolite data are shown in Figure S2.

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Exploring this dataset, we found that species composition and metabolite concentrations

exhibited complex patterns and biologically reasonable distributions (Figure S3) (49).

Several metabolic processes known to occur in the mammalian gut were replicated by

our simulations, including, for example, conversion of acetate to butyrate by *E. rectale*

(48), and production of key microbial metabolites such as 4-aminobutyric acid (GABA),

indole, and succinate. Cross-feeding relationships were observed frequently (18

metabolites), including cross-feeding of 6 amino acids, whose exchange is widespread in

host-associated microbiota (50). Additionally, we ran several sets of simulations with

introduced fluctuations in the nutrient inflow concentrations, and found that the resulting

species compositions partially recapitulated the diet responses observed by Faith *et al.*

(47) (Supplementary Results).

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Clearly, the model and simulations described above represent a gross simplification of

the microbiome's structure, dynamics, and function. Importantly, however, this

simplification is also an important strength. Specifically, the data obtained from these

simulations provide a unique opportunity to examine the relationship between community

dynamics and metabolic activity in a realistic, yet tractable model of community

metabolism where complete information about the activity and fluxes of each microbial

species is available (Figure S4). Indeed, our multi-species model captures many of the

intricacies of bacterial genome-scale metabolism and the interconnectedness (both within

and between species) of multiple metabolic processes, yet without additional complexities

inherent to *in vivo* communities. Furthermore, in our simulations, variation in the

concentrations of environmental metabolites results exclusively from microbial metabolic

activity, with no variation in nutrient inflow or other non-microbial sources, providing a

controlled setting for evaluating the relationship between community members and

metabolite concentrations.

Metabolite variation is driven by diverse microbial mechanisms

Given the simulated dataset described above (for which uptake and secretion fluxes are

known), we applied our contribution framework to calculate the contribution of each

species to the variation observed in each of the 52 variable metabolites (Figure S5). The

resulting contribution values can be used as ground-truth information about the link

between microbial activity and environmental metabolites.

To highlight the nature and utility of such contribution values, and to demonstrate how

metabolic fluxes translate into contribution profiles, we first describe our results for several

example metabolites (Figure 2). Putrescine, an amino acid fermentation product, is an

example of the simplest case, in which one microbial species – *E. coli* – synthesizes a

metabolite that is not utilized or modified by other community members. Variation in the

environmental concentration of putrescine was hence fully determined by the level of

secretion from *E. coli*, which is therefore assigned a relative contribution of 1 (Figure 2B).

Tetradecanoic acid, in contrast, was introduced (at a constant rate) via the nutrient inflow

and utilized by the three *Bacteroides* species in the community to varying degree

(primarily by *B. ovatus* and to a slightly lesser extent by *B. thetaiotaomicron*). The

calculated contribution values successfully attributed variation in the environmental

concentration of this metabolite to these three species, and correctly captured the

difference in the magnitude between their effects (Figure 2C). Variation in uracil, another

metabolite introduced via the nutrient inflow, was mainly driven by large shifts in its uptake

by *B. ovatus,* but this effect is partially masked by *E. rectale,* which reduced its uptake

when *B. ovatus*' flux was high and vice versa. Other species also utilized uracil, but at

relatively similar levels across samples, and accordingly with relatively little impact on its

variation. These complex patterns were all captured by the contribution profile obtained

by our framework, with *B. ovatus* assigned a high positive contribution, *E. rectale*

assigned an intermediate *negative* contribution, and other species assigned relatively

negligible contribution values (Figure 2D). More complex species-metabolite relationships

were also accurately and effectively summarized. Contribution values for acetate, for

example, reflected the cross-feeding interactions that underlie variation in its

concentration (Figure 2E). It was introduced to the shared environment by several species

(primarily *C. symbiosum*), but most of its variation ultimately depended on the level of

uptake by *E. rectale.* Finally, the contribution profile of succinate demonstrates how

extremely strong interspecies interactions can produce contribution values much greater

than the observed variance (Figure 2F). In the simulated data, this metabolite was

synthesized by *B. hydrogenotrophica,* but was almost always fully utilized by other

community members. The calculated contributions suggest that if the synthesis of

succinate by *B. hydrogenotrophica* would not have been offset by uptake from other

species, the variance in succinate concentration across samples would have been 71.7

times higher than is actually observed. (Note that the difference between positive and

negative is always 1.)

Examining the complete set of variable metabolites and calculated contribution values

revealed similar patterns of interactions (Figure S5). Specifically, as for the metabolites

discussed above, negative contributions and/or contribution values greater than 1 were

widespread. Nearly all metabolites (50 out of 52) had at least one species with a negative

contribution value, and 36 had at least one species with a contribution value greater than

1. Of the 32 other metabolites with negative contributions, 29 were present in the nutrient

inflow and their negative contributions result from competition between species for their

uptake. This prevalence of negative and extreme values suggests that strong negative

interspecies interactions have substantial impacts on metabolite concentrations, and that

often, observed variation in a given metabolite's concentration is the complex outcome of

multiple species generating and offsetting much higher variation.

It is also important to note that while the average metabolic uptake/secretion flux of each

species and the magnitude of its contribution to a given metabolite were generally

significantly correlated (Spearman, $p < 0.01$ for 49 of the 52 metabolites), the species with

the highest flux was often *not* the largest contributor to variation (26 of the 52 metabolites).

Similarly, the variance in a species' flux was significantly correlated with its contribution

for 48 of the metabolites, but for 9 metabolites the species with the most variable flux was still not the largest contributor (due to differences in whether variable flux generated by one species is compensated by variation in the flux of another). These findings suggest that even if the magnitude and variation of species uptake and secretion fluxes across a set of microbiome samples are known (rather than just the abundances of species, which is the only measure usually assayed), metabolic interdependence between species would still make true contributor species challenging to identify.

Combined, the observations above highlight the complex relationship between species activity and measured metabolite concentrations, demonstrating the important role of both direct and indirect species interactions. This complex relationship, observed even in the idealized settings of our simulation model, is potentially markedly more complex than what is assumed by many microbiome-metabolite association-based analyses.

Correlation analysis fails to detect true microbial contributors to metabolite variation

Given our observations above, we next set out to comprehensively assess how well pairwise correlation analysis (commonly used for analyzing microbiome-metabolome data) can detect true taxonomic contributors to metabolite variance. Put differently, we evaluated the extent to which a correlation between species abundance and metabolite concentration across samples captures the true causative contribution of a species' metabolic activity to observed metabolite variation.

Following numerous microbiome-metabolome studies (14, 23, 28, 51), we considered

identifying species-metabolite relationships as a classification task, aiming to identify for

each metabolite the set of species that are primarily responsible for the variation observed

in its concentration across samples. To this end, we defined *key contributor* species for

each metabolite as those with a contribution value greater than 10% of the total positive

contribution values. This resulted in a set of 83 species-metabolite key contributor pairs,

representing true links between species activity and metabolite variation. On average,

each metabolite had only 1.6 contributors (Figure S6), although 7.5 species on average

had utilized or synthesized each metabolite at any point. 31.3% of these contributions

occurred via synthesis reactions, 66.3% via utilization, and 2.4% (2 instances) via both

processes. We then calculated the Spearman rank correlations between species

abundances and metabolite concentrations across samples, and used a *p*-value

threshold of 0.01 to define significant correlation between species and metabolites. This

produced a set of 191 significant species-metabolite correlations, representing putative

species-metabolite links. Scatter plots of these species-metabolite abundance

relationships are shown for several example pairs in Figure S7.

Comparing this set of significant species-metabolite correlations to the set of species-

metabolite key contributors clearly illustrated the difficulty of using univariate associations

to infer mechanistic contributions (Figure 3). Indeed, of the 191 significant species-

metabolite correlations, the vast majority (141) were false positives (corresponding to a

positive predictive value of only 26.2%), and did not represent true contributor

relationships (Figure 3A). Moreover, more than a third of these false positive species-

metabolite pairs (51 out of 141) had *no* mechanistic connection; i.e., the species did not

ever use or produce the metabolite in question. Furthermore, for 12 variable metabolites

(out of 52), none of the key contributors were successfully detected by a correlation

analysis. The overall accuracy was somewhat higher (66.5%), reflecting the high number

of non-contributors that are also not correlated. Using a stricter cutoff ($p < 0.0001$,

equivalent to a Bonferroni-corrected value of 0.05) only improved the positive predictive

value to 33% and the accuracy to 77.1%. Indeed, a ROC curve analysis (Figure 3B)

produced an area under the curve of 0.72, and overall correlations and scaled contribution

values were only weakly associated (Figure 3C), suggesting that these findings can only

be partially mitigated by changing classification thresholds. Metabolites of different

classes had generally similar correspondence between correlations and contributions

(Figure 3D).

Notably, key contributors for purely microbially-produced metabolites were not identified

more accurately than those for metabolites in the nutrient inflow (66% versus 67%), which

is perhaps not surprising since we used a constant inflow across samples (but see also

our analysis below with variable inflow). Moreover, the total variance in a metabolite was

not associated with the accuracy or predictive value with which key contributors for that

metabolite were identified (Spearman rho, $p > 0.1$). Across species, contributions were

identified most accurately for *D. piger*, which had a relatively low number of contributions

(Figures 3E and S5C), but the positive predictive value was nonetheless <50% for all

species.

We obtained similar results across several variants of this analysis (Supplementary

Results, Figures S6, S8, and S9). To assess the impact of dynamic shifts over the

duration of each simulation, we calculated an alternative set of contribution values based

on the net steady-state metabolite flux rates at the final time point of each simulation,

finding extremely similar results as for contributions to cumulative variation in

concentration. We also evaluated the use of an alternative classification task, aiming to

detect all microbes that affect variation in a given metabolite across samples regardless

of whether their effects are ultimately reflected in the observed concentrations (i.e. those

with large positive or negative contributions), again resulting in similar findings

(Supplemental Results, Figure S6). Finally, we profiled the effects of model simulation

parameters on correlation results, including the simulation length and the maximum

enzymatic rate V_max, again finding minimal effects on contribution and correlation

results (Supplementary Results, Figures S8-9).

Species and metabolite properties explain discrepancies between correlations

and contributions

Our analysis above demonstrated that correlations between species abundances and

metabolite concentrations can often be only poorly associated with true contribution of

species to metabolite variation. We therefore next investigated the origins of such

discrepancies. We examined whether individual metabolites or species are predisposed

to produce a significant species-metabolite correlation when the species in fact does *not*

contribute to that metabolite variation (i.e., false positives), or to mask such correlation

when the species *does* in fact contribute to this metabolite variation (i.e., false negatives),

and if so, what species and metabolite properties are linked to those outcomes.

To determine whether the identity of the species or metabolite in question can explain

inaccurate identifications of key contributors, we used a regression-based analysis.

Specifically, we considered all species-metabolite non-contributor pairs, and fitted a

logistic regression model to predict whether a species-metabolite pair exhibited significant

correlation (false positive), based on either species identities, metabolite identities, or

both (Methods). We then compared these three models using a likelihood ratio test to

assess whether species and/or metabolite identities are informative. We similarly

considered all species-metabolite key contributor pairs separately, again fitting a logistic

regression model based on species identities, metabolite identities, or both to predict

whether a pair failed to exhibit significant correlation (false negative).

For non-contributors, we found that false positives can be explained largely by species

identity (likelihood ratio test (LRT) for inclusion of species terms $p < 10^{-13}$). Incorporating

both species and metabolite identities did not significantly improve the model (LRT for

metabolite terms $p=0.72$). This finding suggests that false positives – correlations

observed between species and metabolites to which they in fact did not contribute – are

the outcome of interactions at the species level, regardless of the metabolite in question.

This impact of strong interactions between dataset features on association test results

has been described extensively in other data types (33, 34). Indeed, examining the 141

false positives identified above, we found that many can be explained by the relationships

between the three dominant species in this community: *E. rectale*, *B. thetaiotaomicron*,

and *B. ovatus*. These species competed strongly for carbon sources (and utilized their

maximum allocation of sucrose, glucose, and fructose at nearly every step of the

simulation), and their abundances were therefore negatively correlated. As a result,

metabolites that varied due to the activity of one of these species were also frequently

correlated with the other two. In total, 32 false positive correlations paired one of these

species with a metabolite for which another species in this trio was a key contributor.

More generally, we found that the probability of a false positive correlation for a particular

species and metabolite depended on the species' correlation with the true key

contributors for that metabolite (p=0.006, Spearman rho between share of false positives

and interspecies correlation; Figure 4A). Moreover, the maximum correlation each

species had with any other species is a strong predictor of its overall specificity, which

varies widely from 33.3% for *E. rectale* to 92% for *D. piger* (Spearman rho=-0.84,

p=0.002). We also found that species identity was similarly predictive of whether a

significantly correlated metabolite-species pair represented a true contributor versus a

false positive (Supplementary Results).

In the case of key contributors, we found that false negative correlations can be explained

largely by metabolite identity (LRT for metabolite terms p=0.002; although the species

involved was also somewhat informative with LRT p=0.08). Put differently, a lack of

correlation between the abundance of a key contributor species and the concentration of

the metabolite to which it contributed was determined mainly by the nature of the

metabolite in question. This lack of correlation between a given metabolite and its

contributors could have resulted from competition or exchange of a metabolite between

multiple species, such that none of the involved species end up strongly associated with

the final outcome on their own. Indeed, across all metabolites, the average correlation

between a metabolite and its key contributors is negatively associated with its number of

key contributors (Spearman rho=-0.45, p=0.0008). The number of key contributors for

any metabolite was also thus negatively associated with the sensitivity of contributor

detection for that metabolite (Spearman rho=-0.48, p=0.0004; Figure 4B). We further

hypothesized that false negative outcomes might be more common for metabolites with

more or larger negative species contributions, since these, by definition, mask or

compensate for the activity of key contributor species. While all metabolites with a false

negative outcome did have at least one species with a negative contribution value, as

mentioned above, this was true for nearly all analyzed metabolites (50/52), and the

number of negative contributing species was not associated with the occurrence of a false

negative correlation (p=0.86, Wilcoxon rank sum test). Moreover, we also did not observe

any effect of the average concentration of a metabolite on the sensitivity and accuracy of

its detection via correlation analysis, nor of whether it is secreted, utilized, or cross-fed

(Figure 4C). In summary, our analysis suggests that the largest factor explaining whether

a metabolite's key contributor can be detected by a correlation analysis is simply whether

there are other community members (key contributors) that also impact the observed

concentration of that metabolite.

Environmental fluctuations in metabolite concentrations impact detection of key

contributors

Our analyses above all focused on a single simulated dataset in which the nutrient inflow

was constant across all samples, meaning that metabolite variation was fully governed

by microbial activity. However, in reality, metabolite variation can and does arise also from

non-microbial sources, potentially affecting both the landscape of key microbial

contributors and our ability to detect them via correlation-based analyses. To explore the

impact of environmental fluctuations, we therefore ran several sets of additional

simulations with varying degrees of nutrient fluctuation, designed to emulate a range of

levels of experimental diet control and variation in host absorption across the simulated

mouse gut communities. In these simulations, we maintained the same set of 61 initial

species compositions but added small amounts of stochastic noise to the nutrient inflow,

sampling inflow concentrations for each compound in each simulation from a normal

distribution with a mean equal to the compound's original inflow rate and a standard

deviation ranging from 0.5% to 10% of the mean in 8 increments (Methods). For each of

the resulting 8 datasets, we again calculated contribution values (with the added element

of the nutrient inflow as a potential contributor to variance), identified key contributors,

and compared them with the results of a correlation analysis.

Examining the obtained contribution values, we found, as expected, that variation in inflow

quantities can outweigh the variation in microbial fluxes, and that as the variation in inflow

increases, its contribution to metabolite variation increased at the expense of the

contributions of community members (Figure 5A). As a result, the number of key

contributions attributed to each species decreased for metabolites in the nutrient inflow

(Figure 5B). Interestingly, however, some species lost their contributions more gradually

than others, and in some cases even became key contributors for additional metabolites

(Figure 5B). For most metabolites, the relative ranking of species with the highest

contribution values was unchanged with increasing fluctuations (Supplementary Results).

We next examined how correlation-based detection of key microbial contributors was

affected by these inflow fluctuations. We assigned each of the 52 metabolites in each of

the 9 datasets (the original dataset with no inflow fluctuations and the 8 datasets with

varying degree of fluctuations) to bins according to the level of contribution attributed to

the inflow for this metabolite at that degree of fluctuation (see Methods). We then

evaluated the performance of correlation analysis for each bin separately. The share of

true key contributors naturally decreased rapidly with increasing environmental

contribution, as did the number of significantly correlated species-metabolite pairs (Figure

5C). Importantly, however, the sensitivity of correlations decreased substantially with the

level of contribution attributed to the inflow, but the specificity in fact increased from 67.7%

to 92.3% (Figure 5D). This suggests that while environmental fluctuations disrupted the

signal linking microbial species with the metabolites they impact, they also disrupted

indirect associations between species and metabolites (false positives). Overall,

however, the AUC did not change significantly with increasing environmental contribution

(Figure S10A), and the positive predictive value is similarly relatively stable (and never

rose higher than 37%). Interestingly, the detection of some metabolites not present in the

inflow was also affected by inflow fluctuations in a similar manner (Supplementary Text,

Figure S10B).

Correlation analysis is similarly limited in simulations of more complex and

diverse human gut microbiota

Our results have illustrated consistent discrepancies between microbe-metabolite

correlations and microbial contributions to metabolite variation in a model ten-species

community. We lastly addressed the question of whether these findings generalize to

more complex mammalian gut microbiota, communities with many times more taxa and

a more uneven distribution across individuals. To do so, we ran an additional set of

simulations emulating human gut microbiota transplanted into gnotobiotic mice. We first

mapped 16S rRNA sequence variants from the Human Microbiome Project (52) to the

genomes of the AGORA model collection at 97% sequence identity (40), and selected 57

samples with a successful mapping rate greater than 25% relative abundance. The total

share of mapped reads averaged 36.7% across these samples, with a maximum of

73.5%. Despite this variation, mapped reads displayed features typical of Western gut

microbiomes, including a predominance of Bacteroidetes and Firmicutes phyla along with

varying lower abundances of Actinobacteria and Proteobacteria (Figure 6A). The number

of species identified in each sample ranged from 23 to 62, with a median of 42. We ran a

simulation based on each sample by setting the initial species relative abundances

according to the relative abundances of mapped reads, while maintaining the same

physical parameters as previous simulations (see Methods for additional details). We

used nutrient inflow quantities with 1% standard deviation between samples. Initial

species compositions displayed characteristic shifts in abundance over the simulation

time course (Figure S11A). Metabolites were also highly variable, with a median

coefficient of variation of 71% across 222 metabolites (Figure S11B). We calculated

contribution values for this dataset, finding a smaller share of key contributions (only 392

out of 29,082 possible species-metabolite pairs). Only 35.1% of species (46 out of 131)

were identified as key contributors to any metabolite. The genera with the most

contributions were *Bacteroides*, *Ruminococcus*, and *Enterobacter*, which were also three

of the four most abundant genera in the final dataset (Figure 6B).

In this noisier and more layered dataset, only a small share of species-metabolite pairs

was significantly correlated. In order to fairly compare with the previous dataset while

accounting for the larger number of hypothesis tests, we defined significance based on

an equivalent Benjamini-Hochberg estimated false discovery rate (0.027) as the $p < 0.01$

cutoff used for the previous dataset. 2.2% of species-metabolite pairs displayed

significant correlations at this cutoff ($p < 0.00058$). This level of correlation is comparable

to a recent microbiome-metabolome study of the colon of healthy humans (51), in which

1.4% of OTU-metabolite pairs displayed Spearman correlation coefficients of the same

effect size. In our dataset, correlation analysis detected contributors with high specificity

(98.4%), and an area under the ROC curve of 0.89. However, the positive predictive value

was still only 29.0%, rising as high as 57% with a significance cutoff of $p < 10^{-10}$. We

compared these classification results with the original dataset, finding that despite the

difference in overall AUC, sensitivity, sensitivity, and predictive value are similar or worse

for the two datasets at commonly used FDR thresholds between 0.1 and 0.01 (Figure

6C), and sensitivity and predictive value are both highly dependent on the choice of

significance threshold. As in the ten-species dataset, a large share of false positive

species-metabolite pairs (65.4%, 291 out of 445) also involved species with no capacity

to impact the metabolite in question.

The outcomes of correlation analysis were influenced by the same factors as observed in

the model community dataset, but also by several additional characteristics. False

positive classifications were, again, driven by interspecies covariance: Species

significantly correlated (at 10% FDR) with a true key contributor for a metabolite were

13.6 times more likely to have a false positive correlation with that metabolite than species

with no such link ($p < 10^{-16}$). Notably, the false positive rate of a given species was also

substantially affected by its prevalence: the number of samples in which a species was

present was negatively associated with its specificity (Spearman rho = -0.57, p=0.002,

Figure S11C), among species with at least 3 key contributions. In other words, widely

prevalent species were more prone to false positive correlations than rarer species.

False negative contributions were again influenced by properties of both metabolites and

species. As in the ten-species dataset, species contributions to metabolites with more

than one key contributor were 5.2 times more likely to not be correlated than those that

were the sole key contribution for a metabolite ($p < 10^{-10}$, Fisher exact test). In this dataset,

an elevated share of these metabolites with multiple key contributors were cross-fed

between different species (p=0.00007, Fisher exact test), and correspondingly, key

contributors for cross-fed metabolites were also 1.6 times less likely to be significantly

correlated (p=0.02). Both cross-feeding and false negative outcomes occur variably

across metabolite classes, with nucleotide metabolites having the highest rates of both

phenomena (Figure S11D). Taken overall, our simulations and analysis of this realistic

microbiota simulation demonstrates that correlation analysis can have greater utility in a

microbial community dataset with greater complexity and variability, but the results are

again strongly influenced by properties of individual metabolites and species.

Discussion: Insights and implications for microbiome-metabolome analyses

Above, we have investigated the ability of correlation-based analyses to detect key
microbial contributors responsible for variation in metabolite concentrations across
samples. Our findings suggest that microbe-metabolite correlation analysis may be a
useful approach for exploratory analyses, but they highlight some of the limitations and
caveats of such microbiome-metabolome studies and identify several factors that impact
the relationship between community composition and metabolite concentrations. Below,
we elaborate on a set of practical conclusions and their implications for the analysis and
interpretation of microbiome-metabolome studies.

Association-based analyses of microbiome-metabolome assays have low
predictive value for detecting direct species-metabolite relationships and require
conservative interpretation. Microbiome-metabolome association studies have been
previously proposed as a powerful tool for the identification of causal mechanisms of
microbiome metabolism (53), and indeed, such studies often present detected
associations as evidence for mechanistic relationships (11, 27, 29). However, our
analysis suggested that the positive predictive value of significant species-metabolite
correlations for identifying true microbial contributors can be extremely low: less than 50%
across all settings, as low as 10% in the context of large environmental fluctuations, and
29% in simulations based directly on human gut composition. Recent experimental

studies pairing microbiome-metabolite correlation analysis with *in vitro* monoculture

validations have similarly anecdotally observed many false positive correlations (32).

Additionally, given the somewhat low sensitivity observed in our analysis, a lack of

association is not necessarily sufficient to reject a hypothesis that a particular microbial

taxon impacts a particular metabolite. The choice of correlation threshold should therefore

be chosen carefully, taking into account the complexity of the community and the

environmental context. In general, identified correlations between microbial taxa and

metabolites should be interpreted very conservatively and used mostly to prioritize

microbe-metabolite relationships for follow-up validation studies (e.g., via culture-based

studies or germ-free model organism colonization). One potential approach for improving

the predictive value of such correlation-based analyses is to examine whether they

replicate across multiple conditions. Indeed, we found that a correlation does provide

stronger evidence for a contributor relationship if it persists across different contexts.

Across our 9 simulated datasets with varied environmental fluctuations, the 43 species-

metabolite pairs that were significantly correlated in every dataset were 2.1 times more

likely to denote true key contributor relationships than other significant correlations (Fisher

exact test, p=0.05), although their positive predictive value was still relatively low (39.5%).

Of the limited number of significant correlations shared between our original and HMP-

based datasets (n=5), all were false positives in both datasets, reiterating the need for

caution.

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The predictive power of correlation-based analysis is species-, metabolite-, and

context- dependent. In our datasets, metabolites varied widely in both contribution

profiles and in their detectability via correlation analysis. In particular, the key contributors

for metabolites acted upon by fewer species, and potentially those that are not exchanged

between different species, were identified more readily. Moreover, in our simulations of

human gut communities, contributions by less prevalent species were identified much

more accurately than those by widely-found species, indicating that hypotheses based on

associations of rarer species should potentially be prioritized. Correlation analysis may

thus identify microbes involved in specialized secondary metabolic processes (e.g.

products of complex biosynthetic pathways) more readily than those involved in more

widespread processes.. Therefore, correlation-based approaches may be more

informative for analyzing compounds that are specific to a small number of rare taxa, but

accurate dissection of the taxa controlling variation in widely-trafficked metabolites may

require more detailed analysis and experimentation. Similarly, we found that species-

metabolite correlations for species that are strongly associated with other taxa (e.g., those

with tight interactions with other community members) are often spurious, suggesting that

such correlations should be regarded less confidently.

External metabolic fluctuations can strongly impact the detection of microbial

contributions. Our analysis of the impact of environmental fluctuations suggested that

the presence of environmental variability from a diverse set of samples could in fact

increase correlation specificity. We also found that the sensitivity of correlation analysis

rapidly decreased with increasing environmental fluctuations (from 60% to 9%). These

observations suggest that while a tightly controlled environment (e.g., identical diets) is

intuitively expected to increase the strength of microbiome-metabolome studies, its value

depends on the study priorities. Specifically, if the goal is to identify clear-cut microbial

drivers of healthy- and disease-associated metabolite shifts, stochastic variation in

nutrient availability could be beneficial as it may reduce the rate of false positive

associations. In contrast, for studies searching for a particular microbial taxon's

involvement in a particular process (e.g. aiming to determine whether an ingested

probiotic impacts aspects of gut metabolism), a more controlled environment may be

favorable. It should, however, be noted that our findings were based on environmental

fluctuations that were uniform and independent, which may not hold for real-life

environmental fluctuations such as diet variation. It is also worth noting that in our

simulations, microbial fluxes for some environmental metabolites could be drowned out

by as little as 0.5% variation in nutrient inflow quantities, while others still had substantial

microbial contributions even with 10% variation in inflow. When interpreting an observed

association, the scale of possible microbial variation relative to external variation should

therefore be taken into account.

Mechanistic reference information can improve the predictive power of

microbiome-metabolome studies. In our simulated dataset, 36% of the false positive

correlations occurred between a metabolite and a species that was in fact not capable of

uptaking or secreting that metabolite. Ruling out such falsely detected links would

substantially improve the positive predictive value of a correlation-based analysis. One

approach for doing so is by utilizing genomic information, which can be obtained or

predicted for many microbial taxa (54). By coupling such genomic information with

metabolic databases such as KEGG or MetaCyc (55, 56), researchers can filter out

correlation-based links that are likely not feasible causative relationships. Further

improvement can be obtained by integrating such reference information directly into the

analysis. Indeed, we previously introduced a computational framework, termed MIMOSA

(57), that utilizes a simple community-wide metabolic model to assess whether measured

metabolite variation is consistent with shifts in community metabolic potential, and to

identify potential contributing taxa. MIMOSA has been applied to varied host-associated

microbiomes from varied body sites and from human and mouse hosts (12, 58, 59).

Applying MIMOSA to the simulated ten-species dataset analyzed above (Methods), we

found that it indeed identified key contributors significantly more accurately than a

correlation-based analysis, with an AUC of 0.89 (Figure 6). Notably, in this analysis, we

assumed MIMOSA has access to the correct set of metabolic reactions possessed by

each species. Using standard less-complete information obtained directly from the KEGG

database (as done regularly when using this tool) reduced the number of metabolites that

could be analyzed from 52 to 39, with improved specificity (96%) and positive predictive

value (61%) and an ultimately comparable AUC (0.74). Combined, these findings suggest

that reference model-based approaches can provide stronger evidence for mechanistic

relationships than strictly correlation-based methods, but their use depends on complete

and high-quality metabolic reference databases.

793   Future opportunities and challenges

Microbiome-metabolome studies have an important role in microbial ecology research.

They specifically have great potential to dissect the metabolic interactions of complex

microbial communities, and to unify "top down" and "bottom up" microbiome research

approaches by providing mechanistic information at a systems level. Moreover, from a

translational perspective, microbiome-metabolome studies can inform efforts to design

targeted therapies to alter specific microbial or metabolic features of a community (13).

Such interventions require first identifying putative targets, which in many cases may

entail identifying the key contributor species that drive observed shifts in a particular

beneficial or detrimental metabolic phenotype.

Importantly, while we show here that a correlation-based analysis may be limited in its

ability to identify these key microbe-metabolite links, this does not necessarily imply an

inherent limitation of microbiome-metabolome data. For example, analyzing our data, we

found that species abundance is in fact a very good proxy for metabolic activity (median

correlation of 0.996 between abundance and flux for all species-metabolite pairs),

meaning that the variance in total species abundance drastically outweighs the individual-

level variance in flux rates. When we further examined whether false negative

associations in our original dataset stem from a disconnect between the abundance of a

species and its metabolite uptake or secretion rates, we identified only 2 undetected key

contributor pairs that could be explained by such a discrepancy. This analysis suggests

that taxonomic abundance data is sufficient to explain and model community metabolic

variation to great extent, despite common concerns about potential discrepancies

between community composition and function. It also suggests that metatranscriptomic

expression data may not provide much additional value for this purpose, as other studies

have indicated (54, 60, 61).

Given the increasing prevalence of microbiome-metabolome studies, their promise, and

the caveats of association-based research discussed above, further development of

computational and statistical methods for analyzing such datasets is clearly needed.

Possible directions include the use of multi-species dynamic metabolic models that can

replicate experimental observations (62), multivariate approaches for deconvolving

interactions between species and the environment (63, 64), and probabilistic methods

that can integrate prior information while allowing for other unknown mechanisms (31,

65). The conceptual framework of taxon-metabolite contributions, and the use of dynamic

simulations demonstrated here, can both inform the future development and evaluation

of such methods.

There is also a continued need for gold standards to evaluate new methods. This study

is only a first step in that direction and has analyzed one specific type of research

question: identifying microbial taxa directly responsible for variation in metabolite

concentrations between samples in a cross-sectional study design. Although this focus

describes many recent microbiome-metabolome studies, other studies may address a

wide range of complementary research questions, and correspondingly, the desired

"ground truth" can take different forms. Moreover, depending on the objective, an

alternative definition of a taxon-metabolite relationship may be required. For example, it

may be valuable to identify key contributors that act via alternative mechanisms, such as

by modifying substrate availability or environmental conditions (for example (66)), or to

distinguish metabolite variation arising in response to a perturbation from variation due to

differences in steady-state metabolism between communities. Additionally, our findings

rely on an *in silico* system that may not capture many aspects of community ecology and

metabolism, and it is possible that the predictive value of correlation analysis, as well as

of other analytical methods, differs fundamentally in this system as compared to true

biological systems. Further studies should also consider additional variables such as

community diversity, sample size, measurement error, and other types of environmental

variation. Ongoing technology developments in mass spectrometry and stable isotope

probing will ideally enable future evaluation analyses using experimental, quantitative,

species-specific community flux data to define key microbial contributors (67, 68). Such

evaluations can also take advantage of datasets comparing community microbiome-

metabolome data with *in vitro* monoculture or mono-colonization data (32, 35, 36).

Ultimately, much remains to be learned about the many processes through which

complex microbial communities shape their environment. The first major call for the

application of metabolomics to microbiome research, published 10 years ago (69), noted

that new methods will be necessary to integrate genomic and metabolic data and inform

the prediction of community metabolic properties from metagenomes. Now that

microbiome-metabolome datasets are widely available, ongoing development of analysis

methods for these studies has great potential to generate new knowledge. Moreover,

future work in this area stands to benefit from the utility of dynamic, multiscale metabolic

modeling. Detailed mechanistic simulations are used widely in astronomy, climate

science, and other fields to make methodological choices and assess possible

experimental outcomes when ground truth measurements are unavailable or difficult to

obtain (70, 71). An analogous strategy in microbiome research may be similarly fruitful.

Methods

Derivation of species contributors to variation

We derived an expression representing the contribution of each species to the variance

in the concentration of each metabolite. While we describe this calculation in terms of

species, a similar calculation could be done at the level of phyla, strains, or any grouping

of the community for which metabolite secretion and uptake fluxes are available.

The concentration of a given metabolite M at the end of a single simulation run is a

function of the uptake and secretion fluxes (responding to the species' degradation and

synthesis activities) of the n species, the environmental inflow over all time steps m_{in}, and

the dilution m_{out} out of the chemostat over all time steps:

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$$M = \sum_{i=1}^{n} m_i + m_{in} - m_{out}$$

881 The value of m_{out} at a given time step t is the product of the dilution rate D and the

882 metabolite concentration at the previous time point (see above). This fact can be used to

883 express m_{out} in terms of all the previously recorded environmental inflow and microbial

884 activities. The metabolite concentration at any time point t, $M(t)$, is then equal to:

886
$$M(t) = \sum_{k=1}^{t-1} \left[(1-D)^{t-k-1} \sum_{i=1}^{n} m_{ik} \right] + m_{in} \sum_{k=1}^{t-1} (1-D)^k,$$

where m_{ik} represents the activity of species i at a single time point k. We can then ignore

dilution outflow by replacing each activity value m_i in the final concentration calculation

above with a value corrected for the mitigating effect of chemostat dilution over the course

of the simulation up to time t, defined here as m_i^*. m_i^* represents the total amount of a

compound secreted or uptaken by species i, minus the share of that quantity that is

eventually diluted out over the course of the simulation.

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$$m_i^* = \sum_{k=1}^{t-1} (1-D)^{t-k-1} m_{ik},$$

896   and thus,

897
$$M = m_{in} + \sum_{i=1}^{n} m_i^*$$

In this work, we refer to "environmental fluctuations" as the effect of the independently

parameterized nutrient inflow, m_{in}, and where not otherwise specified we use m_i to imply

m_i^*, a species activity quantity that accounts for the corresponding subsequent dilution

out of the system.

Using the expression above, *var(M)* can then be clearly expressed as a sum of correlated

environmental and microbial random variables:

$$906 \quad var(M) = \sum_{i=1}^{n}\sum_{j=1}^{n} cov\big(m_i, m_j\big) + \sum_{i=1}^{n} cov(m_i, m_{env})$$

$$907 \quad = \sum_{j=1}^{n} var\big(m_j\big) + var(m_{env}) + 2\sum_{i=1}^{n}\sum_{j=i+1}^{n} cov(m_i, m_j) + 2\sum_{i=1}^{n} cov(m_i, m_{env})$$

909   This expression can then be partitioned additively into *n+1* terms representing the

910   contribution of each microbial species and of fluctuations in the environmental nutrient

911   inflow.

$$913 \quad c_i = \sum_{j=1}^{n} cov(m_i, m_j) + cov(m_i, m_{env}) = var(m_i) + \sum_{j \neq i} cov\big(m_i, m_j\big) + cov(m_i, m_{env})$$

Multi-species Dynamic Flux Balance Analysis modeling

In this study, we simulated the growth and metabolism of a community of 10

representative gut species that was previously explored experimentally (47). We

specifically utilized a previously introduced multi-scale framework for modeling the

dynamics and metabolism of multiple microbial species in a well-mixed shared nutrient

environment (44, 72). This framework assumes that each species in the community aims

to maximize its own growth on a short time scale given available nutrients, and uses Flux

Balance Analysis to predict the growth and metabolic activity of each species at this short

time scale (46). The shared environment is then iteratively updated based on the species'

predicted growth, uptake, and secretion rates, such that metabolic interactions are

mediated via the environment as a natural byproduct of species activities, rather than

being explicitly modeled (45).

We used genome-scale metabolic model reconstructions of the 10 community members

from the AGORA collection version 1.01 (40), which have been consistently curated to

remove or modify thermodynamically unfavorable reactions, remove futile cycles, and

confirm growth in anaerobic environments on expected carbon sources, with additional

curation for several biosynthesis pathways. The COBRA toolbox was used to convert

each AGORA model to MATLAB format (73). The growth and metabolism of the 10-

species community were simulated in a chemostat setting in 15-minute time intervals. We

set the chemostat volume to be approximately equal to a mouse gut (0.00134 liter (74)).

We similarly set metabolite inflows to emulate the macronutrient and micronutrient

quantities in a corn-based mouse chow (47) (provided in Supplementary Data 1).

The simulations were performed following a previously introduced procedure (44),

repeated for each time step t_n: First, the maximum uptake rate for all metabolites by all

species, denoted as v_{jk} for metabolite j and species k, were calculated based on

Michaelis-Menten single-substrate kinetics, with assumed universal values for maximum

rate V_{max} and transporter affinity K_m for all metabolites (provided in Supplementary Data

1). v_{jk} was further constrained based on an allocation of the metabolite's environmental

concentration to each species in proportion with its biomass. Then, the steady state

reaction fluxes for each species k at time point t_n were determined by maximizing the

growth rate μ_k, within the obtained constraints on environmental metabolite uptake. To

obtain a single and consistent flux solution for each species, the total flux activity for each

species (i.e., the sum of absolute fluxes given the predicted optimal growth rate) was

minimized, under the assumption that organisms prefer to operate their metabolism with

minimal enzymatic cost (75). The optimal flux solutions were solved using linear

programming with GLPK (www.gnu.org/software/glpk). With the resulting flux and growth

rate information, the total biomass of each species k, $bio_k(t_n)$, was updated for the next

time point t_{n+1}, using a standard exponential growth function incorporating dilution:

$$bio_k(t_{n+1}) = bio_k(t_n)e^{\mu_k \Delta t} - bio_k(t_n)D\Delta t,$$

958   where D is the dilution rate. We set D to 0.0472 per hour, in order to obtain community

959   growth rates consistent with the observed average growth rate of the three most abundant

960   species growing under 47 different carbon conditions (76). The total amount of uptake or

961   secretion for each species k and metabolite j over a single time step was then calculated

962   as previously derived (44):

$$m_{FBA}^{jk}(t_n) = \frac{v_{jk}}{\mu_k} * bio_k(t_n)(e^{\mu_k \Delta t} - 1),$$

where v_{jk} is the rate of uptake or secretion specified by the FBA solution for that species

and metabolite at that time point, μ_k is the species growth rate, $bio_k(t_n)$ is the species

abundance, and Δt is the size of the time step. Finally, combining the flux solutions of all

species, nutrient inflow, and dilution, along with the steady state assumption of no

intracellular metabolite accumulation, the concentration of a given metabolite in the

shared nutrient environment at the next time point, $M_j(t_{n+1})$ can be updated as:

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$$M_j(t_{n+1}) = M_j(t_n) + m_{FBA}^j(t_n) + m_{in}^j \Delta t - M_j(t_n)D\Delta t,$$

where $m_{FBA}^j(t_n)$ is the metabolic impact from all species considering their abundance and

their uptake and secretion rates of metabolite j, and m_{in}^j is the inflow rate of metabolite j.

This process of calculating uptake rates, Flux Balance Analysis solutions, and updated

metabolite concentrations was then repeated iteratively for the duration of the simulation.

Each simulation was run for a period of 144 hours or 576 time steps. This time period was

long enough for most simulation runs to approach a steady state composition: specifically,

in >65% of the simulations analyzed in our study, the change in abundance in any species

over the final 3 hours was less than 0.01% of the carrying capacity (see below), and all

had no changes greater than 0.3% of the capacity over that period. The concentrations

of species and metabolites, the species growth rates, and the solved rates of all reactions

for each species (including uptake and secretion) were recorded in each step of each

simulation and used for subsequent analyses (Supplementary Data 1 and 2).

Simulation initialization parameters

We fixed the initial total abundances of microbes to the carrying capacity for this system

and media, which was estimated to be 0.433 units of biomass. This capacity was

calculated as the average final total abundance from a set of simulations with varying

compositions and low initial abundances. We then varied the relative abundances,

increasing the abundance of one species at a time at the expense of all other species

equally. Specifically, for each species, we ran simulations in which the ratio of that

species' initial abundance relative to all other species was 2, 3, 4.5, 6, 9, and 13 times

(equating to a range in relative abundance of 10% to 60% for each species). This resulted

in a total of 61 simulation runs (one with all species starting at equal abundance and 6

with increased abundance of each species). We chose this sample size to approximately

represent the sample sizes of published cross-sectional microbiome-metabolome

association studies (14, 16). We set the initial inflow concentrations to the amount that

would dilute in over one hour under the calculated inflow rates.

1003

1004 ***Calculation of contribution values for variable metabolites***

1005 We calculated contribution values for all metabolites with variance in concentration

1006 above the 25th percentile. We chose this threshold in order to include as many

1007 metabolites as possible while excluding those that only varied at all in fewer than half of

1008 the simulation runs, or whose variation would be subject to potential numerical errors.

1009

Comparison with Shapley values

We implemented an approximate Shapley value algorithm (43) as an alternative strategy

to calculate contributions for the simulated dataset. Briefly, 15,000 random orderings of

the 10 species were randomly generated. For each ordering, the variance in metabolite

activity is calculated for subsets of size 1 to 10, adding in species according to the

specified ordering. The difference in variance as a given species is added to the subset,

denoting the *marginal* contribution of that species to variation, is recorded. The average

marginal contribution across all orderings for each species is then defined as its

contribution to variance.

1019

Species-metabolite correlation analysis

We calculated Spearman correlations between absolute species abundances (quantified

as total biomass) and concentrations of variable metabolites. We used absolute

abundances in order to evaluate the relationships between species and metabolites under

the hypothetically best possible measurements of both data types. We also compared

correlation results using relative abundances and found very minimal differences in the

main simulation dataset: only 7 species-metabolite pairs (1.3%) are significantly

correlated using absolute abundances but not relative, and only 4 pairs (0.8%) are

correlated using relative abundances but not absolute.

1029

We used a *p*-value threshold of 0.01 to classify "significant" associations for binary

comparisons. For interpretability, we refer to *p*-values not corrected for multiple

hypothesis testing, since the number of tests remained constant across nearly all of our

analyses (520 possible species-metabolite pairs). The 0.01 threshold we use to define

significantly correlated pairs is equivalent to a Benjamini-Hochberg corrected false

discovery threshold of 0.027, calculated using the R function *p.adjust* (77).

1036

Logistic regression modeling of correlation outcomes

We used logistic regression models to identify factors that can be used to predict whether

a non-contributing species-metabolite pair displays a significant correlation (false

positive), and whether a key contributor species-metabolite pair fails to be correlated

(false negative). We used the *glm* function in R to fit models of the log odds of whether a

non-contributing species is correlated with its corresponding metabolite (false positive or

true negative), using as predictors grouped indicator values for species and metabolite

identities. We separately fit another set of logistic regression models to predict whether a

key contributor species is correlated (true positive or false negative), with the same

predictors. Models were compared using likelihood ratio tests using the *anova* function in

R.

1048

Simulations with varied inflow quantities

We ran 8 additional sets of simulations with the same set of 61 different initial species

compositions but with varying degrees of inflow fluctuations. Specifically, the nutrient

inflow quantities were sampled independently from a normal distribution, with a mean of

the original inflow concentration and the standard deviation equal to a set percent of the

mean. The 8 levels of deviation were 0.5%, 1%, 2%, 3%, 4%, 5%, 8%, or 10%. In the

comparison of correlation results across samples, we evaluated the same set of 52

variable metabolites as for the original dataset for consistency, although given the added

noise, additional metabolites met the same variance cutoff we used to define variable

metabolites.

1059

To evaluate correlation performance as a function of increasing environmental

contribution, we binned the 38 analyzed inflow metabolites across the 8 datasets based

on the size of the environmental contribution to variance for the metabolite in that dataset.

In other words, metabolites in any dataset with an environmental contribution greater than

0 but less than 10% of the total positive variance contributions were binned into a single

category, those with an environmental contribution between 10% and 20% were binned

into the next category, and so on. We analyzed the 52 metabolites in the original constant-

environment dataset as a separate category, and did the same for the 14 non-inflow

metabolites in each of the 8 environmentally-varying datasets.

1069

1070   Confidence intervals for AUC values were calculated using the *pROC* package in R (78),

1071   using a bootstrap method with 500 resamplings.

1072

Simulations of Human Microbiome Project-based microbiota

To simulate more complex gut microbiota, we downloaded the 16S rRNA sequence

variant abundance tables from the Human Microbiome Project (52), processed with

deblur (79), from Qiita (80). We also downloaded ribosomal RNA sequences for all of the

818 genomes corresponding with AGORA v1.0.2 models from NCBI RefSeq and

GenBank using the biomartr R package (81). We used *vsearch* version 2.8.1 (82) to map

the HMP sequences to the AGORA ribosomal sequences with 97% identity, with the

max_rejects parameter set to 0 in order to obtain the highest identity match for each

sequence variant. We chose to model a subset of 57 samples for which at least 25% of

their total read counts successfully mapped to an AGORA genome. We normalized

species abundances based on the 16S rRNA copy number of the corresponding genome,

and initialized 57 simulations with the starting relative abundances determined based on

the AGORA-mapped relative abundances of these samples. We updated the nutrient

inflow to enable growth by most models. We assessed whether the additional of each

individual metabolite to the original nutrient inflow had a growth-promoting effect on any

species, specifying proportions similar to the average European diet in the Virtual

Metabolic Human database where possible (83). Metabolites that promoted growth in at

least one species were retained in the revised nutrient inflow, and the process of testing

for increased growth with the addition of any single metabolite was repeated. After two

rounds of adding metabolites to the inflow, 15 models, representing 3.4% of the total

normalized abundance across all samples, still displayed zero growth. We removed these

from the simulations and used the final updated nutrient inflow with the 131 remaining

models. All other simulation parameters were the same as for the original 10-species

community simulations. When analyzing the role of interspecies correlation in this

dataset, we excluded species that appear in fewer than 4 samples.

1098

Application of MIMOSA to simulated data and comparison with correlation

analysis

We applied MIMOSA v1.0.2 (github.com/borenstein-lab/MIMOSA) (57) to the obtained

set of metabolite and species abundances. To construct the community metabolic

network model required by MIMOSA, we merged the 10 species-level models used in the

simulations into a single stoichiometric matrix. If a reversible reaction only ever proceeded

in a single direction in any simulation, we encoded it as non-reversible. To apply the

KEGG-based version of MIMOSA, we converted the model metabolite IDs to KEGG IDs

(56), downloaded KEGG Orthology gene annotations for the 10 modeled species from

the IMG/M database (84), and ran a MIMOSA analysis using the KEGG metabolic

network model encoded in *reaction_mapformula.lst* (KEGG version downloaded 2-2018).

1110

Code and data availability

Code for all the analyses presented in this study is available online in the form of R

notebooks at https://github.com/borenstein-lab/microbiome-metabolome-evaluation. The

code and media files for performing dynamic FBA co-culture simulations is available from

https://borensteinlab.com/download.html. All data generated and analyzed in this study

and displayed in the figures are included in Supplementary Data 1 through 4.

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Author contributions

C.N. and E.B. designed the study and wrote the paper. C.N. performed the analysis.
H.C.C. and C.P.M. contributed to the multi-species metabolic modeling simulations. All
authors read and approved the paper.

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Figure 1. Simulating multi-omic data with a dynamic multi-species genome-scale framework. (A) Community species abundances throughout a single simulation run. Abundances were quantified in units of microbial biomass. In this simulation, community composition was initialized with a high relative abundance of *Eubacterium rectale*. For visual clarity, only every eighth time step is illustrated. Species abundances at the final time point (highlighted with larger colored circles) were used for calculating species-metabolite correlations. **(B)** Cumulative secretion and uptake of acetate by each community member, throughout the same simulation run illustrated in panel A. Acetate was synthesized by several species and consumed by *E. rectale* over the course of the simulation. Total cumulative fluxes (highlighted with larger colored circles) were used for calculating species contributions to metabolite variation. The bottom plot illustrates the resulting environmental concentration of acetate at each time point. The metabolite concentration at the final time point (highlighted with a larger black triangle) was used for calculating species-metabolite correlations.

Figure 2. Species abundances, cumulative fluxes, and contributions to variance in metabolite concentrations in our simulated dataset. (A) The dataset of species abundances at the final time point of 61 simulation runs. Each bar represents a simulation run, with the colors indicating relative abundance of each species. The abundance profile from the simulation runs highlighted in Figure 1 is indicated with an asterisk. **(B-F)** For five example metabolites, the upper plot shows the total cumulative secretion or uptake of that metabolite by each species across all 61 simulation runs (or samples). The lower plot shows the corresponding environmental concentration at the final time point. The bar plot on the right shows the contribution values for each species and metabolite, calculated from the flux values and describing each species' linear contribution to the overall metabolite variance.

Figure 3. **Species-metabolite correlations poorly predict species contributions to metabolite variation. (A)** The number of species-metabolites pairs that were significantly correlated (left bar) or not-correlated (right bar) and its correspondence with true species-metabolite key contributors (indicated by shade of gray). **(B)** Receiver operating characteristic (ROC) plot, showing the ability of absolute Spearman correlation values to classify key contributors among all species-metabolite pairs. **(C)** Scatter plot of species-metabolite pairs, showing the poor correspondence between true contribution values (x-axis) and Spearman correlation (y-axis). Key contributors are plotted as blue points, others as hollow circles. Dashed lines show significant correlations ($p<0.01$). There are 65 species-metabolite pairs with a contribution value greater than 3 in magnitude whose values are not shown. **(D-E)** Accuracy and positive predictive value of Spearman correlation analysis for detecting true key contributors across metabolite classes (Panel D) and for each of the 10 species (Panel E).

Figure 4. Metabolite and species properties explain correlation-contribution discrepancies. (A) Strongly correlated species pairs produced more false positive metabolite correlations. In this plot, the color of each tile indicates the strength of correlation in the abundances of each pair of species. The size of the outer black circle in each cell represents the number of metabolites for which the species on the x-axis is a key contributor and the species on the y-axis is not. The size of the inner circle represents the share of those metabolites for which a false positive is observed for the species on the y-axis. It can be seen that many false positive correlations involve the taxa with the strongest interspecies associations: *E. rectale, B. ovatus,* and *B. thetaiotaomicron.* **(B)** Metabolites with more microbial key contributors were more prone to false negative correlations. Each column represents an analyzed metabolite, ordered by its number of key microbial contributors, which are represented by each tile. The tiles are coded by the correlation outcome for each contributor. **(C)** Correlations detected key contributors equally accurately regardless of whether a metabolite is secreted, utilized, or cross-fed by the species. Each point represents the accuracy of correlations for a single metabolite across its comparisons with all 10 species.

Figure 5. Environmental fluctuations impact correlation-contributor sensitivity and specificity. (A) Example set of contribution profiles for a single inflow metabolite, L-valine, with increasing fluctuations in its inflow. The relative contribution values for each species and for the inflow are shown for 4 sets simulation runs, each with a different degree of fluctuation. The label on each plot describes the relative standard deviation (coefficient of variation) of inflow metabolite concentrations for that set of simulations. The microbial contributions to variance in L-valine concentrations became relatively smaller with increasing variation from the external environment. **(B)** Shifts in key microbial contributors with increasing environmental inflow fluctuations. The number of key contributions of each species to the 52 analyzed metabolites is shown, separately for metabolites present in and absent from the nutrient inflow. Microbial contributors to inflow metabolites decreased as environmental contributions increased, but this effect varied between taxa. **(C)** Correlation analysis failed to detect key microbial contributors regardless of the size of contribution from external inflow variation. Across all sets of simulations, metabolites were binned based on the percent of total positive contribution from the external inflow. The bar plots shown have the same format as Figure 3A, showing the number of species-metabolites pairs that were significantly correlated (left bar) or not-correlated (right bar) and its correspondence with true species-metabolite key contributors (indicated by shade of gray). The first two bars, labeled "Orig" describe the original set of simulations (replicating Figure 3A). The next two show the results for non-inflow metabolites across all levels of inflow fluctuations. The remaining bars show the results for metabolites with increasing levels of environmental contribution. **(D)** Correlation analysis detected key microbial contributors with increased specificity, decreased sensitivity, and generally consistent positive predictive value with increasing contribution from the external inflow. Sensitivity, specificity, and positive predictive value are shown for same environmental contribution bins as in Panel C.

Figure 6. Correlation-contribution discrepancies persist in simulations of complex human gut-based microbiota. (A) Species abundances of the 57 Human Microbiome Project (HMP) based-simulations at the 144 hour time point. Shades of blue indicate species in the phylum Firmicutes; red, Bacteroidetes; green, Proteobacteria; and purple, Actinobacteria. **(B)** Key contributions to metabolite variation across the HMP-based dataset, summarized at the level of taxonomic orders and metabolite categories. **(C)** Performance of correlation analysis for identifying key species-metabolite contributors in the HMP-based dataset (solid lines) compared with the original 10-species dataset (dashed lines) across varying significance levels, using Benjamini-Hochberg false discovery rate (FDR) corrected *p*-values.

Figure 7. MIMOSA identified key microbial contributors more accurately than correlation analysis. (A) The number of species-metabolite pairs that were identified as potential contributors (left bar) or not (right bar) by MIMOSA, and its correspondence with true key contributors. **(B)** Receiver operating characteristic (ROC) plot, showing the ability of both MIMOSA and absolute Spearman correlation values to classify key contributors among all species-metabolite pairs.