Incorporation of doxorubicin in different polymer nanoparticles and their anti-cancer activity

S. Pieper^{1#}, H. Onafuye^{2#}, D. Mulac¹, Jindrich Cinatl jr.³, Mark N. Wass², M. Michaelis^{2*}, K. Langer^{1*}

¹ Institute of Pharmaceutical Technology and Biopharmacy, University of Münster, Corrensstr.

48, D-48149 Münster, Germany

5

² Industrial Biotechnology Centre and School of Biosciences, University of Kent, Canterbury

CT2 7NJ, United Kingdom

³ Institute for Medical Virology, University Hospital, Goethe-University, Paul Ehrlich-Straße

40, 60596 Frankfurt am Main, Germany

equal contribution

* to whom correspondence should be addressed

Phone: 0044 (0)1227 / 82-7804 Fax: 0044 (0)1227 / 82-4034

15 Email: m.michaelis@kent.ac.uk

Phone: 0049 (0)251 / 83-39860 Fax: 0049 (0)251 / 83-39308

Email: k.langer@uni-muenster.de

Abstract

20

25

30

35

40

Nanoparticles are under investigation as carrier systems for anti-cancer drugs. They have been shown to accumulate in cancer tissues through the enhanced permeability and retention (EPR) effect, to reduce toxicity to non-target tissues, and to protect drugs from preliminary inactivation. However, nanoparticle preparations are not commonly compared for their anticancer effects at the cellular level. Here, we prepared doxorubicin-loaded nanoparticles based on poly(lactic-co-glycolic acid) (PLGA), polylactic acid (PLA), and PEGylated PLGA (PLGA-PEG) by solvent displacement and emulsion diffusion approaches. The resulting nanoparticles covered a size range between 73 and 246 nm. PLGA-PEG nanoparticle preparation by solvent displacement resulted in the smallest nanoparticles. In PLGA nanoparticles, the drug load could be optimised using solvent displacement at pH7 reaching 53 µg doxorubicin/mg nanoparticle. In addition, these PLGA nanoparticles displayed sustained doxorubicin release kinetics compared to the more burst-like kinetics of the other preparations. In neuroblastoma cells, doxorubicin-loaded PLGA-PEG nanoparticles (presumably due to their small size) and PLGA nanoparticles prepared by solvent displacement at pH7 (presumably due to their high drug load and superior drug release kinetics) exerted the strongest anti-cancer effects. In conclusion, doxorubicin-loaded nanoparticles made by different methods from different materials displayed substantial discrepancies in their anti-cancer activity at the cellular level. Optimised preparation methods resulted in PLGA nanoparticles characterised by increased drug load, controlled drug release, and high anti-cancer efficacy. The design of drug-loaded nanoparticles with optimised anti-cancer activity at the cellular level is an important step in the development of improved nanoparticle preparations for anti-cancer therapy.

Keywords: Nanoparticles; doxorubicin; poly(lactic-*co*-glycolic acid) (PLGA); polylactic acid (PLA); PEGylated PLGA (PLGA-PEG); emulsion diffusion; solvent displacement; drug release; cancer

INTRODUCTION

45

50

55

60

65

According to Globocan, there "were 14.1 million new cancer cases, 8.2 million cancer deaths and 32.6 million people living with cancer (within 5 years of diagnosis) in 2012 worldwide" [http://globocan.iarc.fr/Pages/fact_sheets_cancer.aspx]. Despite substantial improvements over recent decades, the prognosis for many cancer patients remains unacceptably poor. In particular, the outlook is grim for patients that are diagnosed with disseminated (metastatic) disease who cannot be successfully treated by local treatment (surgery, radiotherapy). These patients depend on systemic drug therapy. However, the therapeutic window is small, and anti-cancer therapies are typically associated with severe side-effects [Steeg, 2016; Siegel et al., 2018].

One strategy to develop more effective cancer therapies is to use nano-sized drug delivery systems that mediate a more specific tumour accumulation of transported drugs. Tumour targeting can be achieved via the enhanced permeability and retention (EPR) effect, which is the consequence of increased leakiness of the tumour vasculature and a lack of lymph drainage [Rodallec et al., 2018]. Nano-sized drug carrier systems can also prolong the circulation time of anti-cancer drugs, protect them from degradation, and sustain therapeutic drug concentrations due to prolonged/ controlled drug release. In addition, nanoparticles can be used to administer poorly soluble agents, as demonstrated for Nab-paclitaxel, an HSA nanoparticle-based paclitaxel preparation approved for the treatment of different forms of cancer [Brufsky, 2017; Mir et al., 2017; Ricciardi et al., 2018; Rodallec et al., 2018; Tan et al., 2018; Zhao et al., 2018].

Another important aspect of the efficacy of nanoparticles as delivery system for anti-cancer is their uptake and, in turn, the drug transport into cancer cells. Uptake mechanisms may differ between different types of nanoparticles, which may affect their effectiveness as carriers for anti-cancer drugs. Here, we prepared and directly compared the effects of doxorubicin-loaded polylactic acid (PLA) and poly(lactic-*co*-glycolic acid) (PLGA) nanoparticles in

neuroblastoma cells. PLA and PLGA are FDA- and EMA-approved for human use [Wischke & Schwendeman, 2008; Tyler et al., 2016] and are easily degraded into their monomers, lactic acid and glycolic acid. Furthermore, a copolymer composed of polyethylene glycol (PEG) and PLGA (PLGA-PEG) was used for nanoparticle preparation. PEGylated ("stealth") nanoparticles display prolonged systemic circulation time, because they avoid agglomeration, opsonisation, and phagocytosis [Suk et al., 2016]. Doxorubicin was incorporated into nanoparticles prepared from these three polymers by emulsion diffusion or solvent displacement approaches. The resulting nanoparticles were compared by particle diameter, polydispersity index, zeta potential, drug load, and drug release behaviour. Selected

preparations were tested for anti-cancer efficacy in cell culture.

MATERIALS AND METHODS

Reagents and chemicals

85

90

95

100

PLGA (Resomer® RG502H), PLA (Resomer® R203H) and PLGA-PEG (Resomer® RGP d 50155) were obtained from Evonik Industries AG (Essen, Germany). Ethyl acetate, dichloromethane and methanol were purchased from VWR International GmbH (Darmstadt, Germany). Acetone, acetonitrile and dimethyl sulfoxide (DMSO) were obtained from Carl Roth GmbH (Karlsruhe, Germany). Poly(vinyl alcohol) (PVA, 30,000–70,000 Da), bovine serum albumin (BSA), HSA, and glutaraldehyde were obtained from Sigma-Aldrich Chemie GmbH (Karlsruhe, Germany). Dulbecco's Phosphate buffered saline (PBS) was purchased from Biochrom GmbH (Berlin, Germany). Doxorubicin was obtained from LGC Standards GmbH (Wesel, Germany). All chemicals were of analytical grade and used as received.

Nanoparticle preparation via emulsion diffusion

PLA and PLGA nanoparticles were prepared by a previously described emulsion diffusion technique [Michaelis et al., 2000; Astete & Sabliov, 2006]. PLA, PLGA, PLGA-PEG were dissolved in organic solvents (Table 1) and 200 μL of a methanolic doxorubicin solution (2.5 mg/mL) was added. This solution was then poured into 5 mL (1%, m/v) PVA solution and afterwards homogenized with an Ultra Turrax (IKA-Werke, Staufen, Germany) as indicated in Table 1. Subsequently this pre-emulsion was mixed with another 5 mL (1%, m/v) PVA solution. After stirring overnight, the resultant nanoparticles were purified three times by centrifugation at 21,000 g for 15 min (Eppendorf Centrifuge 5430 R, Eppendorf, Hamburg, Germany) and re-dispersion in purified water.

After the final purification step, an aliquot of the nanoparticle suspension was centrifuged and

the resulting pellet was dissolved in 1 mL DMSO in order to measure the entrapped amount of

doxorubicin by HPLC (see below).

105

110

115

120

125

In order to increase the drug load for PLGA nanoparticles different volumes of the methanolic

doxorubicin solution (2.5 mg/mL) were used corresponding to 1.0, 1.5, and 2.0 mg total

doxorubicin. For a further increase in drug load different aqueous doxorubicin solutions

(ranging from 10.0 to 50.0 mg/mL) were used to achieve total doxorubicin amounts of 0.5, 2.5,

5.0, 7.5, 12.5, and 25.0 mg. In both cases the amount of the polymer was kept constant at 50 mg.

To prepare doxorubicin-loaded nanoparticles at a defined pH of 7, a PVA solution (1%, m/v)

in phosphate buffer (15.6 mg/mL NaH₂PO₄ • 2 H₂O; pH adjusted to 7 with NaOH) was used.

Nanoparticle preparation via solvent displacement

For nanoparticle preparation via solvent displacement technique 60 mg polymer were dissolved

in 2 mL acetone and combined with 200 µL doxorubicin solution (2.5 mg/mL). This mixture

was injected into 4 mL 2% (m/v) PVA solution to produce PLGA and PLGA-PEG

nanoparticles or into 4 mL 1% (m/v) PVA solution to produce PLA nanoparticles. After stirring

overnight at 550 rpm and evaporation of the organic solvent, PLA and PLGA nanoparticles

were purified three times by centrifugation at 21,000 g for 15 min and re-dispersion in purified

water. PLGA-PEG nanoparticles were purified three times by centrifugation at 30,000 g for

60 min and re-dispersion in purified water.

Determination of particle size, size distribution and zeta potential

Average particle size and the polydispersity were measured by photon correlation spectroscopy

(PCS) using a Malvern zetasizer nano (Malvern Instruments, Herrenberg, Germany). The

resulting particle suspensions were diluted 1:100 with purified water and measured at a

temperature of 22°C using a backscattering angel of 173°. The zeta potential was determined with the same instrument and the same diluted nanoparticle suspension by Laser Doppler microelectrophoresis.

Scanning electron microscopy (SEM)

For scanning electron microscopy (SEM), the particle suspensions were diluted with purified water to 0.25 mg/mL. The suspension was dropped on a filter (MF-MilliporeTM membrane filter VSWP, 0.1 μm) and dried for 24 h in a desiccator. Afterwards, the membranes were sputtered with gold under argon atmosphere (SCD 040, BAL-TEC, Balzers, Liechtenstein). The SEM pictures were received at an accelerating voltage of 10,000 V and a working distance of 10 mm (CamScan CS4, Cambridge Scanning Company, Cambridge, UK).

Doxorubicin quantification via HPLC-UV

145

150

The amount of doxorubicin that had been incorporated incorporated into the nanoparticles was determined by HPLC-UV (HPLC 1200 series, Agilent Technologies GmbH, Böblingen, Germany) using a LiChroCART 250 x 4 mm LiChrospher 100 RP 18 column (Merck KGaA, Darmstadt, Germany). The mobile phase was a mixture of water and acetonitrile (70:30) containing 0.1% trifluoroacetic acid [Dreis et al., 2007]. In order to obtain symmetric peaks a gradient was used. In the first 6 min the percentage of water was reduced from 70% to 50%. Subsequently within 2 min the amount of water was further decreased to 20% and then within another 2 min increased again to 70%. These conditions were hold for a final 5 min resulting in a total runtime of 15 min. While using a flow rate of 0.8 mL/min, an elution time for doxorubicin of t = 7.5 min was achieved. The detection of doxorubicin was performed at a wavelength of 485 nm [Sanson et al., 2010].

In vitro drug release studies

155

160

165

170

175

To study drug release in vitro, a nanoparticle suspension of 1 mg nanoparticles in 1 mL of PBS

containing 5% (m/v) bovine serum albumin (BSA) was shaken at 37°C with 500 rpm.

Nanoparticle suspensions were centrifuged (30,000 g, 15 min) after 0, 0.5, 1, 2, 4, 6, 8, and

24 h, and an aliquot (250 µL) of the supernatant was diluted with 750 µL ethanol (96%, v/v) in

order to precipitate BSA. After a second centrifugation step (30,000 g, 10 min) the supernatant

was analysed for the amount of released doxorubicin as mentioned above. Additionally, the

resulting pellet was dissolved in DMSO in order to calculate doxorubicin recovery.

Cell culture

The MYCN-amplified neuroblastoma cell line UKF-NB-3 was established from stage 4

neuroblastoma patients [Kotchetkov et al., 2005]. UKF-NB-3 sub-lines adapted to growth in

the presence of doxorubicin 20ng/mL (UKF-NB-3rDOX²⁰) [Kotchetkov et al., 2005] or

vincristine lng/mL (UKF-NB-3^rVCR¹) were established by continuous exposure to step-wise

increasing drug concentrations as described previously described [Kotchetkov et al., 2005;

Michaelis et al., 2011] and derived from the Resistant Cancer Cell Line (RCCL) collection

(https://research.kent.ac.uk/ibc/the-resistant-cancer-cell-line-recl-collection/).

All cells were propagated in Iscove's modified Dulbecco's medium (IMDM) supplemented

with 10 % foetal calf serum, 100 IU/ml penicillin and 100 mg/ml streptomycin at 37°C. The

drug-adapted sub-lines were continuously cultured in the presence of the indicated drug

concentrations. Cells were routinely tested for mycoplasma contamination and authenticated

8

by short tandem repeat profiling.

Cell viability assay

180

185

190

Cell viability was determined by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay modified after Mosman [Mosman, 1983], as previously described [Michaelis et al., 2000]. 2x10⁴ cells suspended in 100 µL cell culture medium were plated per well in 96-well plates and incubated in the presence of various concentrations of drug or drug preparations for 120 h. Then, 25µL of MTT solution (1 mg/mL (w/v) in PBS) were added per well, and the plates were incubated at 37°C for an additional 4h. After this, cells were lysed using 200µL of a buffer containing 20% (w/v) sodium dodecylsulfate and 50% (v/v) N, N-dimethylformamide (pH 4.7) at 37°C for 4h. Absorbance was determined at 570 nm for each well using a 96-well multiscanner. After subtracting of the background absorption, the results are expressed as percentage viability relative to untreated control cultures. Drug concentrations that inhibited cell viability by 50% (IC50) were determined using CalcuSyn (Biosoft, Cambride, UK).

RESULTS

195

200

205

210

Influence of the preparation technique on particle diameter and polydispersity index

Particle diameters are presented in Figure 1. Emulsion diffusion (173.5 \pm 5.9 nm) and solvent

displacement (179.4 \pm 7.6 nm) resulted in PLGA nanoparticles with similar diameters. In

contrast, solvent displacement resulted in PLGA-PEG nanoparticles 72.6 ± 3.3 nm whereas

emulsion diffusion resulted in PLGA-PEG nanoparticles > 200 nm. In accordance, solvent

displacement using the stabiliser PVA at concentrations between 2-4% (w/v) and controlled

injection at mild stirring had previously been shown to produce PLGA-PEG nanoparticles with

a diameter < 100 nm [Kwon et al., 2001; Astete and Sabliov, 2006; Zhou et al., 2015]. The

hydrophilic PEG chains may sterically stabilise the nanoparticles by reducing PLGA

aggregation during nanoparticle formation resulting in smaller particle diameters [Ameller et

al., 2003].

Emulsion diffusion resulted in PLA nanoparticles of 246.2 ± 2.9 nm and solvent displacement

in PLA nanoparticles of 192.1 \pm 2.5 nm. Polydispersity indices < 0.1 indicated a monodisperse

size distribution for all nanoparticle preparations. Monodispersity and particle diameters were

confirmed by scanning electron microscopy (SEM) images (Figure 2).

Influence of the preparation technique on loading efficiency and drug release

Loading efficiencies ranging from $25.5 \pm 1.0\%$ to $44.8 \pm 5.8\%$ of the applied doxorubicin were

detected in the different nanoparticle preparations (Figure 1), resulting in drug loads between

 $2.6 \pm 0.2 \,\mu g$ doxorubicin/mg nanoparticle and $6.7 \pm 0.3 \,\mu g$ doxorubicin/mg nanoparticle

10

(Table 2).

In PLGA and PLGA-PEG nanoparticles, emulsion diffusion and solvent displacement resulted

in nanoparticles with a similar drug load. In PLA nanoparticles, there was a substantial

difference between the techniques (solvent displacement: $6.3 \pm 0.1 \, \mu g/$ doxorubicin/ mg

nanoparticle, emulsion diffusion: $2.6 \pm 0.2 \,\mu g$ doxorubicin/mg nanoparticle) (Table 2).

All nanoparticles displayed a similar drug release behaviour characterised by an initial burst

release (Figure 3), which is in accordance to previous studies and caused by the release of drug

adsorbed to the nanoparticles [Corrigan & Li, 2009]. PEGylated polymers may result in a more

porous particle structure, which is caused by aqueous channels created by PEG chains and

anticipated to further increase the initial burst release [Ruan & Feng, 2003]. However, we did

not observe a particularly pronounced burst release in PLGA-PEG nanoparticles. A slight drop

in the doxorubicin concentration was noticeable in the medium of the PLGA nanoparticles.

This may be caused by a combination of doxorubicin adsorption to BSA, which was added to

simulate the presence of plasma proteins, and slower doxorubicin release compared to the other

nanoparticle systems.

215

220

225

230

235

Burst release suggests that a drug is primarily bound to the nanoparticle surface and not

incorporated into the particle matrix. Such a burst release should be avoided, because it may

result in drug release shortly after i.v. application before the nanoparticles reach the desired site

of drug action (e.g. the tumour tissue) [Danhier et al., 2012].

To optimise the loading efficiency and drug release kinetics of PLGA nanoparticles the pH of

the stabiliser solution used during nanoparticle preparation was increased to 7. At this pH value,

doxorubicin exists in the more lipophilic deprotonated form. The use of PVA solution at pH 7

had no influence on the nanoparticle characteristics like particle diameter, PDI, and zeta

potential (Table 3). However, loading efficiency and drug load increased. The drug load raised

from 6.7 ± 0.3 µg doxorubicin/mg nanoparticle ($44.8 \pm 5.8\%$ loading efficiency) without pH

adjustment to $7.9 \pm 0.8 \,\mu g$ doxorubicin/mg nanoparticle ($60.2 \pm 3.8\%$ loading efficiency) at pH

7. By increasing the amount of doxorubicin to 2 mg, the drug load of PLGA nanoparticles could

be further enhanced (non-adjusted pH: $18.0 \pm 3.2 \,\mu g$ doxorubicin/mg nanoparticle; pH7:

 $31.6 \pm 3.1 \,\mu g$ doxorubicin/mg nanoparticle, respectively) (Figure 4). Different amounts of

doxorubicin did not change the loading efficiency at pH 7. Using aqueous solutions instead of

methanol, we increased the doxorubicin amount to 5 mg and 7.5 mg doxorubicin per 50 mg

PLGA. While 5 mg resulted in an increase of the drug load to of

 $52.5 \pm 0.4 \,\mu g$ doxorubicin/mg nanoparticle, 7.5 mg doxorubicin did not result in a significant

further increase ($54.4 \pm 3.4 \,\mu g$ doxorubicin/mg nanoparticle) (Figure 5A). A further increase

of doxorubicin resulted in unstable nanoparticle systems, as indicated by increasing particle

diameter and polydispersity index (Figure 5B). The loading efficiency for PLGA nanoparticles

prepared at pH 7 with 5 mg doxorubicin was higher than this for nanoparticles manufactured

with 7.5 mg doxorubicin ($50.6 \pm 0.6\%$ and $33.9 \pm 0.5\%$, respectively). In addition, PLGA

nanoparticles prepared at pH 7 displayed a much more controlled and sustained doxorubicin

release than PLGA nanoparticles prepared without pH adjustment (Figure 6). Hence, PLGA

nanoparticles prepared at pH 7 with 5 mg doxorubicin were selected for cell culture

experiments.

240

245

250

255

260

The different release kinetics from PLGA nanoparticles prepared at pH7, may be attributed to

the higher lipophilicity of doxorubicin at this pH and in turn a stronger incorporation into the

lipophilic PLGA nanoparticle matrix. This explanation is consistent with data showing that

PLGA nanoparticle degradation is unlikely to occur in a 24 h timeframe [Li, 1999; Danhier et

12

al., 2012].

Nanoparticle efficacy in cell culture

Finally, the effects of doxorubicin-loaded PLA nanoparticles prepared by solvent displacement

(because they were smaller and the drug load was higher compared to those prepared by

emulsion diffusion), PLGA nanoparticles prepared by solvent displacement at uncontrolled pH

and at pH7, and PLGA-PEG nanoparticles prepared by emulsion diffusion and solvent

displacement were tested on the viability of the neuroblastoma cell line UKF-NB-3, its

doxorubicin-adapted sub-line UKF-NB-3^rDOX²⁰, and its vincristine-resistant sub-line UKF-

NB-3^rVCR¹.

265

270

275

280

285

In all three cell lines, PLA nanoparticles, PLGA nanoparticles prepared by solvent displacement

at uncontrolled pH, and PLGA-PEG nanoparticles prepared by emulsion diffusion displayed

reduced efficacy compared to doxorubicin solution (Figure 7). In contrast, PLGA nanoparticles

prepared by solvent displacement at pH7 and PLGA-PEG nanoparticles prepared by solvent

displacement were similarly active as free doxorubicin (Figure 7). The corresponding empty

nanoparticles did not affect cell viability in the tested concentrations.

The main difference between the doxorubicin-loaded PLGA-PEG nanoparticles prepared by

solvent displacement and the other preparations is the size. It is the only preparation in which

nanoparticles have a size clearly smaller than 100 nm (72.6 \pm 3.3 nm, Figure 1). This indicates

that the cellular uptake of smaller nanoparticles is higher than that of larger nanoparticles, which

is coherent with previous findings showing that cellular uptake of nanoparticles decreases with

an increase of size [Salatin et al., 2015]. PLGA nanoparticles prepared by solvent displacement

at pH7 displayed the highest drug load. Hence, their superior effects may be explained by an

increased drug transport per nanoparticle into cancer cells.

Nano-sized drug carriers have been shown to bypass efflux-mediated drug resistance [Bar-Zeev

et al., 2017]. This included various nanoparticle and liposome formulations of the ABCB1

substrate doxorubicin that were shown to modify the cellular uptake and intracellular

distribution of doxorubicin resulting in enhanced effects against ABCB1-expressing cancer

cells, when compared to free doxorubicin in solution [Thierry et al., 1993; Bennis et al., 1994; Wong et al., 2006; Prados et al., 2012; Oliveira et al., 2016; Maiti et al., 2018]. The doxorubicin-adapted UKF-NB-3 sub-line UKF-NB-3 DOX²⁰ is characterised by high ABCB1 expression [Kotchetkov et al., 2005]. In addition, the vincristine-resistant resistant UKF-NB-3 sub-line UKF-NB-3 VCR¹ displays cross-resistance to doxorubicin and becomes sensitised to doxorubicin by the specific ABCB1 inhibitor zosuquidar (Suppl. Figure 1). This indicates that drug resistance is at least in part mediated by ABCB1 in this cell line. However, free doxorubicin solution and doxorubicin bound to PLGA-PEG nanoparticles prepared by solvent displacement or PLGA nanoparticles prepared by solvent displacement at pH7 displayed similar efficacy in UKF-NB-3 DOX²⁰ and UKF-NB-3 VCR¹ cells (Figure 7). Hence, these drug carrier systems are not able to overcome transporter-mediated drug resistance.

290

CONCLUSION

In this study, we synthesised a range of doxorubicin-loaded PLA- and PLGA-based nanoparticle systems using emulsion diffusion and solvent displacement approaches. Our results show that particle size, loading efficiency, and drug release kinetics can be controlled by the production procedure. Testing of the nanoparticle preparations in the neuroblastoma cell line UKF-NB-3 and its sub-lines with acquired resistance to doxorubicin or vincristine indicated that smaller nanoparticles and a high drug load result in nanoparticle preparations that have a similar efficacy at the cellular level as doxorubicin solution. Since nanoparticle preparations are known to have the capacity to improve the in vivo activity of anti-cancer drugs by tumour targeting through the EPR effect, this is an important step in the development of improved nanoparticle preparations

References

310

315

320

330

Ameller T, Marsaud V, Legrand P, Gref R, Barratt G, Renoir JM. Polyester-poly(ethylene glycol) nanoparticles loaded with the pure antiestrogen RU 58668: physicochemical and opsonization properties. Pharm Res. 2003 Jul;20(7):1063-70.

Astete CE, Sabliov CM. Synthesis and characterization of PLGA nanoparticles. J Biomater Sci Polym Ed. 2006;17(3):247-89.

Bar-Zeev M, Livney YD, Assaraf YG. Targeted nanomedicine for cancer therapeutics: Towards precision medicine overcoming drug resistance. Drug Resist Updat. 2017 Mar;31:15-30.

Bennis S, Chapey C, Couvreur P, Robert J. Enhanced cytotoxicity of doxorubicin encapsulated in polyisohexylcyanoacrylate nanospheres against multidrug-resistant tumour cells in culture. Eur J Cancer. 1994;30A(1):89-93.

Brufsky A. nab-Paclitaxel for the treatment of breast cancer: an update across treatment settings. Exp Hematol Oncol. 2017 Mar 22;6:7.

Corrigan OI, Li X. Quantifying drug release from PLGA nanoparticulates. Eur J Pharm Sci. 2009 Jun 28;37(3-4):477-85.

Danhier F, Ansorena E, Silva JM, Coco R, Le Breton A, Préat V. PLGA-based nanoparticles: an overview of biomedical applications. J Control Release. 2012 Jul 20;161(2):505-22.

Dreis S, Rothweiler F, Michaelis M, Cinatl J Jr, Kreuter J, Langer K. Preparation, characterisation and maintenance of drug efficacy of doxorubicin-loaded human serum albumin (HSA) nanoparticles. Int J Pharm. 2007 Aug 16;341(1-2):207-14.

Kotchetkov R, Driever PH, Cinatl J, Michaelis M, Karaskova J, Blaheta R, Squire JA, Von Deimling A, Moog J, Cinatl J Jr. Increased malignant behavior in neuroblastoma cells with acquired multi-drug resistance does not depend on P-gp expression. Int J Oncol. 2005 Oct;27(4):1029-37.

- Kwon, HY, Lee, JY, Choi SW, Jang Y, Kim JH. Preparation of PLGA nanoparticles containing estrogen by emulsification–diffusion method. Colloids Surf A Physicochem Eng Asp. 2001;182:123-30.
 - Li S. Hydrolytic degradation characteristics of aliphatic polyesters derived from lactic and glycolic acids. J Biomed Mater Res. 1999;48(3):342-53.
- Maiti C, Parida S, Kayal S, Maiti S, Mandal M, Dhara D. Redox-Responsive Core-Cross-Linked Block Copolymer Micelles for Overcoming Multidrug Resistance in Cancer Cells. ACS Appl Mater Interfaces. 2018 Feb 14;10(6):5318-5330.

Michaelis M, Matousek J, Vogel JU, Slavik T, Langer K, Cinatl J, Kreuter J, Schwabe D, Cinatl J Jr. Bovine seminal ribonuclease attached to nanoparticles made of polylactic acid kills leukemia and lymphoma cell lines in vitro. Anticancer Drugs. 2000 Jun;11(5):369-76.

345

350

Michaelis M, Rothweiler F, Barth S, Cinatl J, van Rikxoort M, Löschmann N, Voges Y, Breitling R, von Deimling A, Rödel F, Weber K, Fehse B, Mack E, Stiewe T, Doerr HW, Speidel D, Cinatl J Jr. Adaptation of cancer cells from different entities to the MDM2 inhibitor nutlin-3 results in the emergence of p53-mutated multi-drug-resistant cancer cells. Cell Death Dis. 2011 Dec 15;2:e243.

Mir M, Ahmed N, Rehman AU. Recent applications of PLGA based nanostructures in drug delivery. Colloids Surf B Biointerfaces. 2017 Nov 1;159:217-231.

Oliveira MS, Aryasomayajula B, Pattni B, Mussi SV, Ferreira LAM, Torchilin VP. Solid lipid nanoparticles co-loaded with doxorubicin and α -tocopherol succinate are effective against drug-resistant cancer cells in monolayer and 3-D spheroid cancer cell models. Int J Pharm. 2016 Oct 15;512(1):292-300.

355

365

370

Prados J, Melguizo C, Ortiz R, Vélez C, Alvarez PJ, Arias JL, Ruíz MA, Gallardo V, Aranega A. Doxorubicin-loaded nanoparticles: new advances in breast cancer therapy. Anticancer Agents Med Chem. 2012 Nov;12(9):1058-70.

Ricciardi AS, Quijano E, Putman R, Saltzman WM, Glazer PM. Peptide Nucleic Acids as a Tool for Site-Specific Gene Editing. Molecules. 2018 Mar 11;23(3). pii: E632. doi: 10.3390/molecules23030632.

Rodallec A, Benzekry S, Lacarelle B, Ciccolini J, Fanciullino R. Pharmacokinetics variability: Why nanoparticles are not just magic-bullets in oncology. Crit Rev Oncol Hematol. 2018 Sep;129:1-12.

Ruan G, Feng SS. Preparation and characterization of poly(lactic acid)-poly(ethylene glycol)-poly(lactic acid) (PLA-PEG-PLA) microspheres for controlled release of paclitaxel. Biomaterials. 2003 Dec;24(27):5037-44.

Salatin S, Maleki Dizaj S, Yari Khosroushahi A. Effect of the surface modification, size, and shape on cellular uptake of nanoparticles. Cell Biol Int. 2015 Aug;39(8):881-90.

Sanson C, Schatz C, Le Meins JF, Soum A, Thévenot J, Garanger E, Lecommandoux S. A simple method to achieve high doxorubicin loading in biodegradable polymersomes. J Control Release. 2010 Nov 1;147(3):428-35.

Steeg PS. Targeting metastasis. Nat Rev Cancer. 2016 Apr;16(4):201-18.

375 Siegel RL, Miller KD, Jemal A. Cancer statistics, 2018. CA Cancer J Clin. 2018 Jan;68(1):7-30.

Suk JS, Xu Q, Kim N, Hanes J, Ensign LM. PEGylation as a strategy for improving nanoparticle-based drug and gene delivery. Adv Drug Deliv Rev. 2016 Apr 1:99(Pt A):28-51.

Tan YF, Lao LL, Xiong GM, Venkatraman S. Controlled-release nanotherapeutics: State of translation. J Control Release. 2018 Aug 28;284:39-48.

380

385

390

395

Thierry AR, Vigé D, Coughlin SS, Belli JA, Dritschilo A, Rahman A. Modulation of doxorubicin resistance in multidrug-resistant cells by liposomes. FASEB J. 1993 Apr 1;7(6):572-9.

Tyler B, Gullotti D, Mangraviti A, Utsuki T, Brem H. Polylactic acid (PLA) controlled delivery carriers for biomedical applications. Adv Drug Deliv Rev. 2016 Dec 15;107:163-175.

Wischke C, Schwendeman SP. Principles of encapsulating hydrophobic drugs in PLA/PLGA microparticles. Int J Pharm. 2008 Dec 8;364(2):298-327.

Wong HL, Bendayan R, Rauth AM, Xue HY, Babakhanian K, Wu XY. A mechanistic study of enhanced doxorubicin uptake and retention in multidrug resistant breast cancer cells using a polymer-lipid hybrid nanoparticle system. J Pharmacol Exp Ther. 2006 Jun;317(3):1372-81.

Zhao CY, Cheng R, Yang Z, Tian ZM. Nanotechnology for Cancer Therapy Based on Chemotherapy. Molecules. 2018 Apr 4;23(4). pii: E826. doi: 10.3390/molecules23040826.

Zhou Z, Badkas A, Stevenson M, Lee JY, Leung YK. Herceptin conjugated PLGA-PHis-PEG pH sensitive nanoparticles for targeted and controlled drug delivery. Int J Pharm. 2015 Jun 20;487(1-2):81-90.

Table 1:

400

Preparation parameters for nanoparticles based on different polymers using emulsion diffusion technique.

Polymer	Amount of polymer	Organic solvent	Homogenisation
PLGA	50 mg	2.5 mL ethyl acetate	15,000 g for 5 min
PLA	100 mg	2.0 mL dichloromethane	18,000 g for 15 min
PLGA- PEG	50 mg	2.5 mL ethyl acetate	15,000 g for 5 min

Nanoparticle (NP) yield and doxorubicin (Dox) drug load results for nanoparticles prepared by either emulsion diffusion (ED) or solvent displacement (SD) technique (data expressed as means \pm SD, $n \ge 3$).

	NP yield	NP yield	Drug load
NP system	[mg NP/mL]	[%]	[μg Dox/mg NP]
PLGA ED	3.3 ± 0.4	66.8 ± 7.2	6.7 ± 0.3
PLGA SD	8.5 ± 0.4	70.4 ± 3.0	5.1 ± 0.2
PLGA-PEG ED	4.2 ± 0.1	84.4 ± 1.8	3.0 ± 0.2
PLGA-PEG SD	7.6 ± 0.9	63.6 ± 7.4	4.1 ± 0.6
PLA ED	8.0 ± 1.0	79.6 ± 9.8	2.6 ± 0.2
PLA SD	5.3 ± 0.2	44.1 ± 1.8	6.3 ± 0.1

Table 3:

Resulting particle diameter, PDI, and zeta potential (ZP) for PLGA nanoparticles prepared by an unmodified PVA solution and a PVA solution adjusted to pH 7 (data expressed as means \pm SD, n = 3).

PVA			
	Diameter [nm]	PDI	ZP [mV]
solution			
unmod	177.9 ± 1.0	0.039 ± 0.031	-41.6 ± 2.0
pH 7	174.1 ± 2.8	0.057 ± 0.030	-43.8 ± 3.7

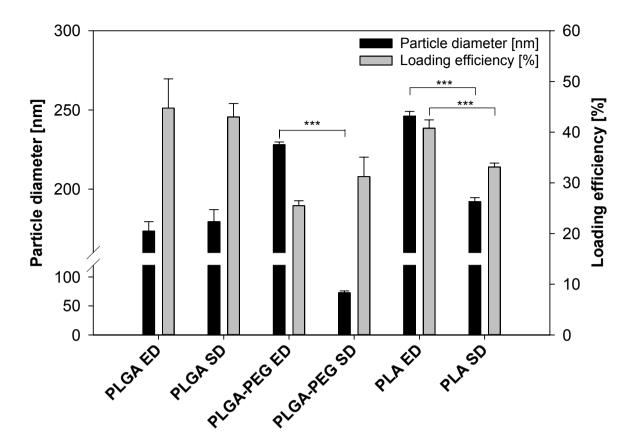


Figure 1: Resulting particle diameters and loading efficiencies for different nanoparticle formulations using emulsion diffusion (ED) or solvent displacement (SD) techniques (data expressed as means \pm SD, $n \ge 3$).

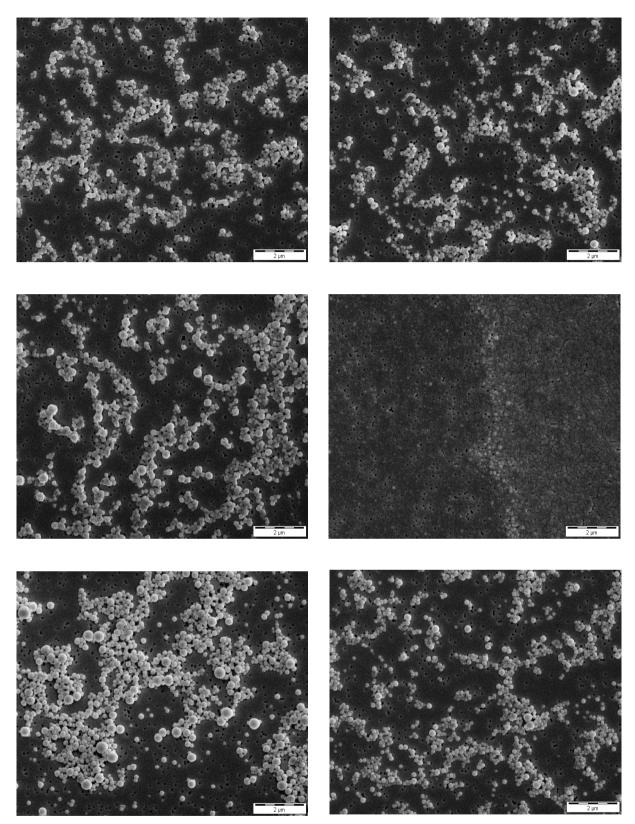


Figure 2: SEM images of nanoparticles using emulsion diffusion (ED) or solvent displacement (SD) preparation technique (A) FLGA nanoparticles ED, (B) PLGA nanoparticles SD, (C) PLGA-PEG nanoparticles ED, (D) PLGA-PEG nanoparticles SD, (E) PLA nanoparticles ED, (F) PLA nanoparticles SD. Images were taken at 10,000x magnification.

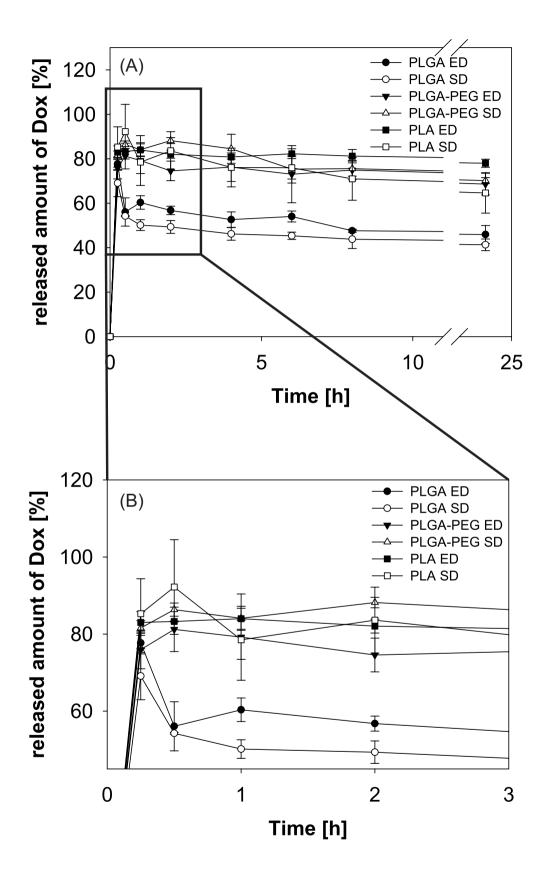


Figure 3: (A) Doxorubicin (Dox) release profiles for all nanoparticle systems using emulsion diffusion (ED) or solvent displacement (SD) preparation technique over 24 h. (B) Detailed section of the timeframe 0–3 h (data expressed as means \pm SD, n = 3).

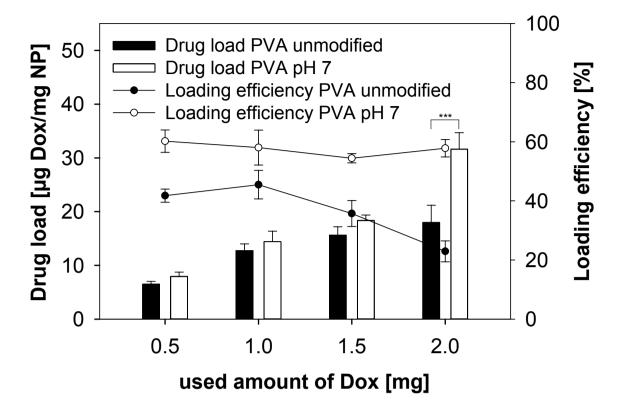
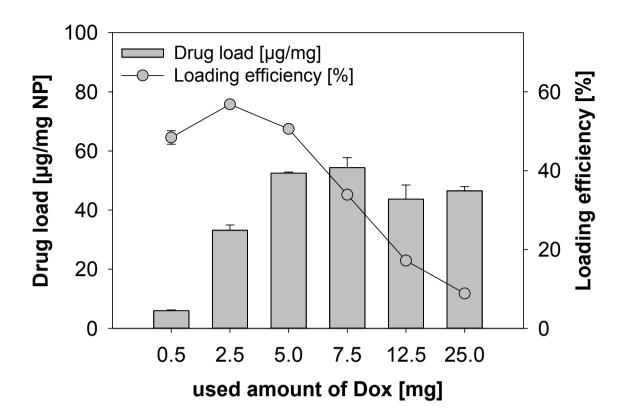


Figure 4: Doxorubicin (Dox) load and loading efficiency for PLGA nanoparticles (NPs) prepared using an unmodified PVA solution and a PVA solution adjusted to pH 7 (data expressed as means \pm SD, n = 3).



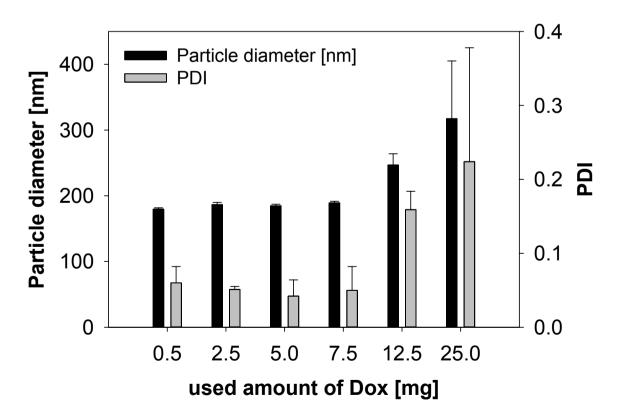


Figure 5. (A) Drug load and loading efficiencies as well as (B) particle diameter and PDI for different amounts of doxorubicin (Dox) used for the preparation of PLGA nanoparticles by emulsion diffusion technique (data expressed as means \pm SD, n = 3).

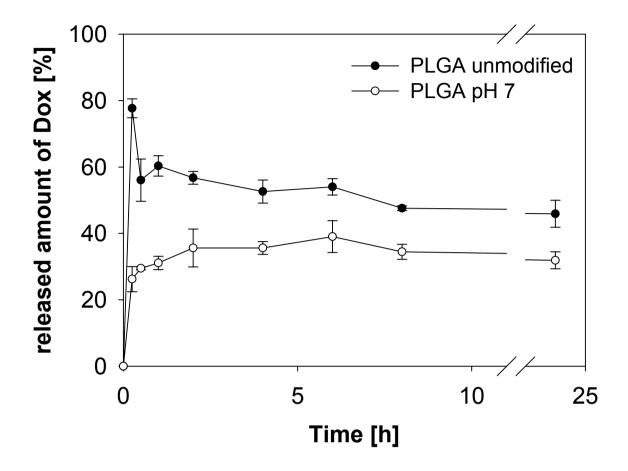


Figure 6. Release profiles of doxorubicin from PLGA nanoparticles prepared using an unmodified PVA solution and a PVA solution adjusted to pH 7 (data expressed as means \pm SD, n = 3).

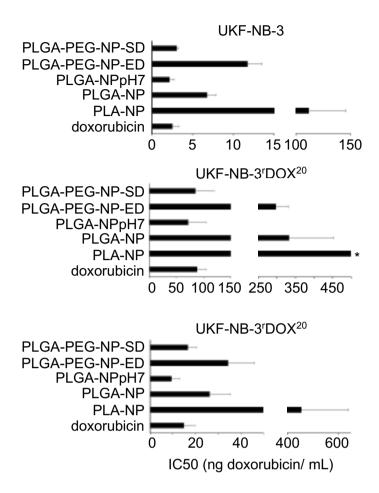
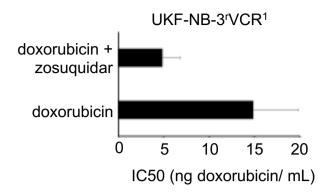


Figure 7. Doxorubicin concentrations that reduce neuroblastoma cell viability by 50% (IC50) when administered encapsulated into different nanoparticle preparations (PLA-NP, PLA nanoparticles prepared by solvent displacement; PLGA-NP, PLGA nanoparticles prepared by solvent displacement at non-adjusted pH; PLGA-NPpH7, PLGA nanoparticles prepared by solvent displacement at pH7; PLGA-PEG-ED, PLGA-PEG nanoparticles prepared by emulsion diffusion; PLGA-PEG-SD, PLGA-PEG nanoparticles prepared by solvent displacement) compared to doxorubicin solution (doxorubicin). Unloaded nanoparticles did not affect cell viability in the tested concentration range. * IC50 > 500 ng/mL



Suppl. Figure 1. Doxorubicin concentrations that reduce UKF-NB-3^rVCR¹ viability by 50%
455 (IC50) in the absence or presence of the ABCB1 inhibitor zosuquidar (1μM). Zosuquidar did not affect cell viability when administered alone.