

1 APAP–induced organ toxicity in rats: The prophylactic role of
2 *Acrocarpus fraxinifolius*

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15 APAP–induced organ toxicity in rats: The prophylactic role of
16 *Acrocarpus fraxinifolius*

17 **Abstract**

18
19 APAP (N-acetyl-p-aminophenol) is used over-the-counter analgesic and anti-pyretic drug. APAP
20 overdose can seriously damage several organs. *Acrocarpus fraxinifolius* Wight and Arn leaves (AFL)
21 family Fabaceae is a medicinal tree species native to Africa and Asia. Traditionally, AFL is used in
22 the prevention/treatment of liver and kidney damages. This study investigates the possible protective
23 effects of AFL *n*-hexane extract (nHEAFL) against the APAP–induced organ toxicity in adult male
24 Wistar albino rats. Rats were randomly divided into four groups. Group, I was the healthy control group
25 that received placebo, group II (nHEAFL 500): rats received nHEAFL (500 mg/kg, p.o), group III
26 (APAP+vehicle): rats received APAP (750 mg/kg, p.o) for 7 days. Group IV (nHEAFL 500+ APAP):
27 rats pre-treated with nHEAFL (500 mg/kg, p.o) before inducing the organs damage in the last 7 days
28 by APAP. Twenty-four hrs after last administration of APAP, the rats were sacrificed. APAP–induced
29 a significant body weight loss, with the rise in serum liver markers (ASAT & ALAT), urea, uric acid,
30 creatinine and renal/splenic/cardiac MDA, as well as with a reduction of cellular GSH, GR, GPx, SOD,
31 and CAT activities. nHEAF showed a remarkable organs protective effect against APAP as evidenced
32 by reduction of serum cellular toxicity and cellular lipid peroxidation, as well as enhanced cellular
33 anti-oxidant defense system in renal/splenic/cardiac tissues. These findings suggest a potential
34 protective role of AFL against APAP–induced organ toxicity in rats.
35

36 **Keywords:** Leguminosae, anti-oxidants, heart, mundane, oxidative stress, paracetamol, pink cedar,
37 shingle tree, spleen.
38

39 **Abbreviations:**

40 AFL, *Acrocarpus fraxinifolius leaves*; ALAT, Alanine aminotransferase; APAP, N-acetyl-p-
41 aminophenol; ASAT, Aspartate aminotransferase; CAT, Catalase; COX, Cyclooxygenases; GR,
42 Glutathione reductase; GSH, Reduced glutathione; GPx, Glutathione peroxidase; MDA,
43 Malondialdehyde; NAPQI, N-acetyl-p-benzoquinoneimine; nHEAFL. AFL *n*-hexane extract;
44 NSAIDs, Nonsteroidal anti-inflammatory drugs.

45 **Introduction**

46

47 Nonsteroidal anti-inflammatory drugs (NSAIDs) are a heterogeneous class that non-
48 selective/selective inhibitors for cyclooxygenase (at least two isoforms: COX1 and COX1). Commonly
49 prescribed for their NSAIDs (such as: aspirin, paracetamol, ibuprofen, naproxen, and diclofenac) are
50 extensively used for the relief of pain, fever and treatment of inflammatory conditions [1,2]. The
51 common mechanism of these drugs is the ability to decrease prostaglandin synthesis by inhibiting COX
52 (COX also known as prostaglandin-endoperoxide synthase). NSAIDs vary in their relative inhibitory
53 effects on COX-1 and COX-2. There are worried that the COX-2 inhibitors may increase
54 cardiovascular diseases [3]. The overdose of NSAIDs is associated with an increased toxicity. Also,
55 this toxicity can lead to multiple complications, and may be result in death.

56 N-acetyl-p-aminophenol (APAP), also known as paracetamol or acetaminophen, is a non-
57 prescription drug used as an analgesic, and anti-pyretic drug globally, considered safe and effective at
58 therapeutic doses. APAP toxicity is one of the main causes of poisoning world-wide. Several studies
59 reported that excessive use or overdose of APAP can damage several organs (especially the liver:
60 represents the site of formation of the toxic metabolites, and the kidney: represents the site of its
61 clearance) and even death [4,5]. Its toxicity is mediated by the activity of its reactive metabolite (N-
62 acetyl-p-benzoquinoneimine, NAPQI), that generated via cytochrome P450 in liver. NAPQI is
63 detoxified by the antioxidant effects of intracellular glutathione (GSH). Thus, an overdose of APAP
64 cause depletion of cellular GSH. Therefore, it led to a reduced GSH capacity to detoxify NAPQI.
65 Elevation of NAPQI mediates oxidative damage. This subsequently enhances cellular injuries and
66 organ dysfunction [6]. Other studies reported that acute renal damage/failure can occur by overdose
67 APAP even in the absence of liver damage/failure [6,7].

68 Several studies reported that APAP exerts acute and/or chronic hepato-toxic, nephro-toxic
69 effects, gastrointestinal complications and hyperplasia of splenic tissue as well as cardio-toxicity

70 [1,2,6,8-12]. 75% of blood advent to the liver arrives directly from gastro-intestinal organs, and then
71 goes to the spleen by portal veins that bring drugs as foreign substances and xenobiotics in near-
72 undiluted form. Following tissue injury, splenic monocytes enter the circulation migrating to
73 inflammatory sites. These splenic monocytes differentiate into macrophages, that participate in
74 pro/anti-inflammatory responses [11]. In dogs, the toxic effects of APAP include hepatic damage,
75 kidney failure and serious hematologic disorders as Heinz bodies formation and hemoglobin damage
76 (non-functioning hemoglobin) [9,13].

77

78 Medicinal plants such as Caesalpinieae may be play a significant role in both cases of disease
79 conditions and as a possible material for maintaining health. So, Caesalpinieae (9 subtribes that have
80 more than 47 genera) have a spectrum of biological activities including anti-oxidant, anti-
81 inflammatory, anti-tumor, anti-diabetic, anti-fungal, anti-bacterial, hepato-protective, gastro-
82 protective, analgesic, anti-arthritic, anti-filarial, anti-malarial, anthelmintic, amoebicidal, diuretic,
83 anti-psoriatic, anti-estrogenic, anti-fertility, wound-healing, anxiolytic, cardio-protective, immune-
84 modulatory, anti-HIV [2,14-18].

85 *Acrocarpus fraxinifolius* leaves (AFL), Fabaceae family and Caesalpinieae subfamily, is a
86 native wide spread tree worldwide especially in Africa and Asia. Also, it is distributed in the tropical
87 countries including Egypt. It common name pink cedar, mundani or shingle tree [2,15]. The extracts of
88 the plant were reported to have anti-diabetic, anti-proliferative, anti-inflammatory, anti-oxidant, and
89 hepato-protective activities *in vivo* [2,14,17,19,20] as well as antitumor activity *in vitro* [16]. Until
90 now, there is not enough scanty information on the protective effect of nHEAFL on oxidative stress
91 induced by APAP in some tissues like kidney, spleen and heart. So, this study was designed to
92 investigate the possible protective activity of nHEAFL, may be for the first time, against APAP-
93 induced organs toxicity (especially kidney, spleen and heart) in male albino rats. At the same time, it
94 investigated any side effects caused by nHEAFL in healthy normal albino rats.

95

96 **Materials and Methods**

97

98 **Chemicals**

99 APAP was purchased from Sanofi-Aventisegypts.A.E. (El Sawah, El Amiriya, Cairo, Egypt). The kits
100 used for biochemical measurements were all purchased from Bio-diagnostic Company (Dokki, Giza,
101 Egypt).

102 **Preparation of nHEAFL**

103 AFL were prepared by following the previous method [2,20]. Briefly, two kg powder of AFL was
104 soaked in methanol (80%) for four days then filtered. The filtrate was completely evaporated (*in vacuo*
105 at ≈ 55 °C) till complete dryness. The dried extract was further successively fractionated with *n*-hexane
106 (nH). The nHEAFL was evaporated *in vacuo* until dryness to give fifty grams of a sticky dark greenish
107 material. nHEAFL obtained was preserved in a sterile glass container (4°C) until further use.

108 **Animals**

109 Adult male Wistar albino rats weighing between 130-140gm were purchased from the Animal Breeding
110 House of the National Research Centre (Dokki, Cairo, Egypt). The animals were housed in
111 polypropylene cages in well-ventilated animal room (Zoology Department, Faculty of Science, Ain
112 Shams University) and fed with pellet diet (Agricultural-Industrial Integration Company, Giza, Egypt)
113 and tap water *ad libitum*. The animals (male rats) were acclimatized for one week before to the start of
114 experiments. All experimental rats were humanely-treated (accordance with WHO guideline for animal
115 care) and the design of this study was approved by the Ain Shams University Research Ethics
116 Committee.

117

118 **Experimental design & treatment schedule**

119 Rats were divided into four groups (n = 6), i.e., Group I (healthy control group): rats received orally
120 distilled water only for 21 days; Group II (nHEAFL 500): rats received nHEAFL only (500 mg/kg
121 b.wt, p.o) for 21 days. The selected dose of nHEAFL was based on Abd El-Ghffar et al. [2] and Alaa
122 [20] who showed the hepato-protective effects of nHEAFL on the APAP-induced hepato-toxicity.
123 Group III (APAP + vehicle): rats received orally distilled water then the animals received APAP (750
124 mg/kg b.wt; p.o) in the last 7 days to induced oxidative stress in organs [6]; and Group IV (nHEAFL
125 500 + APAP): rats received orally nHEAFL for 21 days then treated with APAP in the last 7 days.

126

127 **Blood & tissues sampling**

128 Animals were sacrificed after the last administration dose after an overnight fast (on day 22). The
129 [blood was collected into tubes with EDTA \(for complete blood picture analysis\) or without EDTA \(for](#)
130 [serum markers of cellular toxicity\)](#). The kidney, spleen and heart were separated out of the body,
131 cleaned, and weighed then homogenized in 5mL cold buffer (0.5 g of Na₂HPO₄ and 0.7 g of NaH₂PO₄
132 per 500mL deionized water, pH 7.4) per gram tissue. Then, the homogenates were centrifuged (15
133 min/4000 rpm/4°C); and the obtained supernatants were divided into [aliquots](#) and preserved at -80°C
134 until used for evaluating the oxidant/anti-oxidant parameters.

135

136 **Measurements**

137 Body weight ([gain or loss](#)) and relative organs weight were calculated. Serum amino transaminases
138 enzymes (ASAT and ALAT), urea nitrogen, creatinine and uric acid were estimated according to
139 Reitman & Frankel [21], Vassault et al. [22], Young et al. [23] and Fossati et al. [24], respectively. The
140 malondialdehyde (MDA), superoxide dismutase (SOD), glutathione peroxidase (GPx), glutathione
141 reductase (GR), and reduced glutathione (GSH) in tissue homogenates were estimated by the
142 spectrophotometric methods described by Ohkawa et al. [25], Nishikimi et al. [26], Paglia & Valentine

143 [27], Goldberg & Spooner [28], and Beutler et al. [29], respectively. Red blood cell (RBC), hemoglobin
144 (HGB), hematocrit (HCT), blood indices, white blood cell (WBC) and differential counts were
145 determined by automated hematology analyzer (Hemat 8 analyzer; SEAC, Freiburg, Germany).

146

147

148 **Statistical analysis**

149

150 The results were expressed as mean values with their standard errors (SE). Data was analyzed using
151 ANOVA, and the differences between groups were determined by Tukey's multiple comparison test
152 using Graph Pad Prism. Differences at $P < 0.05$ were considered statistically significant.

153 **Results**

154

155 In Fig 1, the body weight gain and relative kidney weight were significantly decreased and
156 increased ($p < 0.05-0.001$), respectively, in APAP- intoxicated group in contrast to the control group.
157 This was not accompanied by significant change in spleen and heart relative weights ($p > 0.05$). Oral
158 treatment of nHEAFL completely modulated the decrease in in the body weight loss ($p > 0.05$; compared
159 to the healthy control animals), and partially alleviated the increase in relative kidney weight
160 ($p < 0.05/p < 0.001$; compared to the healthy/APAP intoxicated control animals, respectively).

161

162 Fig 1. Body weight (a) and organs weight (b) and relative organs weight (c) of control, nHEAFL 500
163 alone, APAP-only and nHEAFL500 plus APAP groups. Values are means ($n = 6$ /group), with their
164 SEM represented by vertical bars. nHEAFL: *n*-hexane extract of *Acrocarpus fraxinifolius* leaves;
165 APAP: N-acetyl-*p*-aminophenol. ** $p < 0.05$, *** $p < 0.001$: compared with the healthy control group;
166 †† $P < 0.01$, ††† $P < 0.001$: compared with the APAP intoxicated group that received vehicle.

167

168 There was a slight but not significant decrease ($p>0.05$) RBCs, Hb, and HCT in APAP-
169 intoxicated group compared with control rats (Fig 2). In addition, granulocytes and agranulocytes were
170 a slight but not significant increase ($p>0.05$) in APAP- intoxicated group compared with control rats.
171 All these hematological parameters did not significantly change ($p>0.05$) in APAP treated with
172 nHEAFL compared with the healthy/ APAP- intoxicated control rats (Fig 2).

173

174 Fig 2. Hematological parameters (a) and blood indices (b), differential granulocytes (c), differential
175 agranulocytes, (d) and total agranulo- agranulocytes counts (e) of control, nHEAFL 500 alone, APAP-
176 only and nHEAFL500 plus APAP groups. Values are means ($n = 6$ /group), with their SEM represented
177 by vertical bars. nHEAFL: *n*-hexane extract of *Acrocarpus fraxinifolius* leaves; APAP: N-acetyl-*p*-
178 aminophenol, Hb: hemoglobin, HCT: hematocrit, MCH: mean corpuscular Hb, MCHC: mean
179 corpuscular, Hb concentration, MCV: mean corpuscular volume, RBCs: red blood corpuscles.

180

181 Fig 3 revealed that the serum markers for cellular toxicity (serum ALAT, ASAT activities, urea,
182 uric acid and creatinine levels) significantly increased ($p<0.05$ to $p<0.001$) in APAP- intoxicated group
183 compared with the healthy control animals.

184

185 Fig 3. Serum markers for cellular toxicity (a&b) of control, nHEAFL 500 alone, APAP-only and
186 nHEAFL500 plus APAP groups. Values are means ($n = 6$ /group), with their SEM represented by
187 vertical bars. nHEAFL: *n*- hexane extract of *Acrocarpus fraxinifolius* leaves; APAP: N-acetyl-*p*-
188 aminophenol, LAT: alanine aminotransferase, ASAT: aspartate aminotransferase. ** $p<0.05$,
189 ** $p<0.001$, *** $p<0.001$: compared with the healthy control group; † $P<0.05$, ††† $P<0.001$: compared
190 with the APAP intoxicated group that received vehicle.

191

192

193 As shown in Fig 4, kidney/spleen/heart MDA and non-enzymatic/enzymatic anti-oxidant
194 (GSH, GR, GPx, SOD and CAT) were significantly increased and decreased ($p<0.001$), respectively,
195 in APAP- intoxicated group compared with the healthy control group. Oral treatment of nHEAFL
196 completely modulated the increase in heart MDA ($p>0.05$) compared with the healthy/APAP-
197 intoxicated control group; But, partially alleviated the increase/decrease in MDA and non-

198 enzymatic/enzymatic anti-oxidant ($p<0.05$ - 0.001 to $p<0.01$ - 0.001) compared with the healthy/APAP-
199 intoxicated control group, respectively.

200 Fig 4. Cellular oxidant and anti-oxidant markers (a-f) in kidney, spleen, and heart of control, nHEAFL
201 500 alone, APAP-only and nHEAFL500 plus APAP groups. Values are means ($n = 6$ /group), with their
202 standard errors (\pm SEM) represented by vertical bars. nHEAFL: n- hexane extract of *Acrocarpus*
203 *fraxinifolius* leaves; APAP: N-acetyl-p-aminophenol, CAT: Catalase; GPx: Glutathione peroxidase;
204 GR: Glutathione reductase; GSH: Reduced glutathione; MDA: malondialdehyde; SOD: Superoxide
205 dismutase. ** $p<0.05$, ** $p<0.001$, *** $p<0.001$: compared with the healthy control group; †† $P<0.01$,
206 ††† $P<0.001$: compared with the APAP intoxicated group that received vehicle.
207

208 All the above parameters measured in the present study were not significantly altered ($p>0.05$)
209 in healthy-treated rats that received nHEAFL compared with the healthy control rats (Figs 1-4).
210 Furthermore, the mortality rates in all groups that received nHEAFL were zero during the period of the
211 study. Subsequently, no deleterious effects were detected for the dose of nHEAFL used in this study.

212

213 Discussion

214 APAP is now the most common drug in self-poisoning, with a high rate of morbidity and mortality
215 [30]. The present study showed that over dose of APAP-induced deleterious effects on some organs
216 (kidney, spleen and heart) as indicated by decreasing cellular anti-oxidant defense system (GSH, GR,
217 GPX, SOD and CAT and increasing serum liver/kidney biochemical markers (ALAT, ASAT, urea,
218 uric acid and creatinine) and cellular lipid peroxidation (MDA). The elevation in serum cellular toxicity
219 markers are indicative of cellular leakage and loss the functional integrity of cell membranes
220 [6,13,19,31,32]. The liver, kidney, spleen and heart are thought to form a toxic metabolite only when
221 their GSH content depleted by APAP [4,11-13]. Where, APAP is metabolized to NAPQI (highly
222 reactive free radicals) decreases the body's natural anti-oxidant GSH and can bind covalently to
223 proteins (selenium-binding protein and glutamine synthetase) and unsaturated fatty acids of cell
224 membranes, resulting in lipid peroxidation, cellular membrane disruption, depressed mitochondrial

225 function and elevated cellular injury markers and initiates cell death. The loss in body weight caused
226 by APAP was also reported by Abdul Hamid et al. [6] and Manimaran et al. [33] in rats treated with
227 105 and 750 mg APAP/kg b.w, respectively. Relative kidney weight was significantly increased in
228 APAP- intoxicated group. On the other hand, spleen/heart relative weights in the APAP experimental
229 model did not significantly change, most probably due to the short treatment duration of APAP toxicity.
230 But, we observed disturbance in anti-oxidant defense system in renal, splenic and cardiac tissues of
231 male rats.

232 Several studies suggested that myocardial injury may be occurs due to a similar mechanism
233 which causes hepatic injury by APAP through its a toxic metabolite, (NAPQI). Where NAPQI may
234 acts as a direct toxin on the myocardium [8,10,12]. These results are in line with the research work of
235 Hinson et al. [4] who reported that hepatic injury resulted from APAP may be suggested to toxic
236 reactive metabolites (NAPQI) and/or their acidic moiety that bind to possibly critical cellular proteins
237 in the liver, kidney, spleen and cardiac tissue And this damage results in the alteration of lipid/protein
238 structure/function, loss of functional integrity of cell membrane and causes tissue injury [34]. APAP
239 can deplete sulfhydryl-groups, which interferes with nitric oxide (NO) production, and may results in
240 coronary ischemia [8,12]. In addition, APAP may also cause organs toxicity (like liver, kidney, heart
241 and spleen) by mechanisms leading to the formation of reactive oxygen species (ROS) and reactive
242 nitrogen species (RNS) such as superoxide anion ($O_2^{\cdot-}$), hydrogen peroxide (H_2O_2) and hydroxyl
243 radical, nitric oxide and peroxyxynitrite [6, 32,35,36]. Such assumption was confirmed in the present
244 study by the observed significant decrease in cellular non-enzymatic/enzymatic anti-oxidant and
245 increase cellular lipid peroxidation in kidney, spleen and heart. In addition, this may explain the
246 observed changes in the serum urea, uric acid and creatinine [6,36].

247 Hematological parameters are frequently used as indicators of health status. Current data
248 revealed that administration of APAP had no significant changes in hematological parameters (RBCs,

249 Hb, HCT, blood indices, total WBC, neutrophil, eosinophil, monocyte and lymphocyte counts), which
250 suggest that the immune system have not been compromised or due to immune modulatory effects
251 [34,37].

252 Pretreatment with nHEAFL produced partial protection against APAP induced organs toxicity
253 (such as liver, kidney, spleen and heart) represented by significant reduction of serum cellular markers
254 (ALAT, ASAT, urea, uric acid, and [creatinine](#)), cellular MDA concentration and significant elevation
255 renal/splenic/cardiac anti-oxidants (GSH, GR, GPX, SOD and CAT) compared with non-treated APAP
256 group. This finding may suggest nHEAFL's ability to restore the balance between generation and
257 clearance of ROS and lipid peroxidation, and the stability of the function during organs injury [19,20].
258 Also, these modulations led to alleviate the loss in body weight gain [2] and relative kidney weight.
259 This may be attributed to the fact that phenolic acids in AFL [have anti-oxidant and free radical](#)
260 [chelators/scavengers activities as with special impact over hydroxyl/peroxyl radicals, superoxide](#)
261 [anions, and peroxynitrites](#) [16].

262 Recently, bioactive phenolics such as brevifolin carboxylic acid, ellagic acid, gallic acid and
263 methyl gallate were identified from the extract of AFL [16,17], and may be responsible for its radical
264 scavenging activity [38].

265 Our previous studies have indicated that nHEAFL (500 mg/kg,p.o, for 7 to 21 days) plays an
266 important role in improving GSH status and total anti-oxidant capacity in intoxicated rats with APAP
267 [2,20]. In this study, the high level of GSH in response to nHEAFL may result from increased activity
268 of cellular anti-oxidant enzymes and decreased cellular lipid peroxidation.

269 Higher activity in nHEAFL may be due to presence of α -tocopherol (an isoform of vitamin E
270 and as an anti-oxidant agent), which has a powerful anti-oxidant activity in detoxifying free radicals,
271 stabilization of the cell membrane and structure restoration [2]. α -Tocopherol may have inhibited the
272 chain reactions of APAP-generated free radicals or scavenged the ROS before reaching its renal,

273 splenic and cardiac targets. Furthermore, α -tocopherol stimulated the upregulation of endogenous
274 cytochrome P3 (A4 and A5) which metabolize APAP into reactive metabolite NAPQI [2,39].

275 The Polyphenols, flavonoids, and anthocyanins are known to possess antioxidant activities
276 (scavenging of free radicals), due to their several phenolic hydroxyl groups [40]. Recently, El-Kashak
277 et al. [17] reported that AFL have very strong anti-oxidant effect due to presence of flavonoids (such
278 as: quercetin-3-O- β -D-glucopyranoside, quercetin-3-O- α -L-rhamnopyranoside, myricetin-3-O-
279 β -D-galactopyranoside and myricetin-3-O- α -L-rhamnopyranoside). Abd El-Ghffar et al. [2]
280 reported that the phytochemical screening of nHEAFL afforded varieties of polyphenolic components;
281 α -tocopherol (18.23%), labda-8 (20)-13-dien-15-oic acid (13.15%), lupeol (11.93%), phytol (10.95%)
282 and squalene (7.19%). Also, it has been reported that nHEAFL contains flavonoids, tri-terpenoids, α -
283 tocopherol and steroids [2] which exhibited strong anti-oxidant activity. Another scientific report
284 indicated certain flavonoids, tri-terpenoids and steroids have the protective effect on hepatic tissue due
285 to its anti-oxidant properties [41]. The presence of these compounds in nHEAFL may be responsible
286 for the protective effect against APAP only induced organs toxicity in rats.

287 Abd El-Ghffar et al. [2] and Alaa [20] proved that the anti-oxidant and hepato-protective
288 activities exerted by nHEAFL against APAP-induced oxidative damage was attributed to its active
289 constituents such as lupeol, squalene, and phytol. Also, another study proved that lupeol from *Ficus*
290 *pseudopalma* Blanco (Moraceae) extract has the anti-oxidant and hepato-protective activities against
291 APAP-induced oxidative damage [42]. Regarding squalene Sivakrishnan & Muthu [43] and Zuhan et
292 al. [44] reported about the promising hepato-protective effects of squalene isolated from *Albizia*
293 *procera* (Roxb.) Benth (Mimosaceae) against APAP- and CCl₄-induced toxicity. It has been reported
294 that phytol, which is an acyclic diterpene alcohol, acts as a precursor for vitamin E and K1 and it has
295 anti-oxidant as well as anticancer activities [2,45]. Taking this fact with gained results we could suggest
296 that the amount of exogenous polyphenolic diets increases, endogenous anti-oxidant defense system

297 increase as well. Therefore, the medicinal anti-oxidant therapeutic will offers a promising way to
298 prevent and/or treat the diseases induced by the excessive exposure to oxidative stress (ROS/NOS).

299 Finally, our study demonstrated that nHEAFL has important anti-oxidant effects as ability to
300 scavenge ROS, inhibit lipid peroxidation as well as increase of anti-oxidant defense system in kidney,
301 spleen, and heart tissue organs; which was attributed to presence of mainly α -tocopherol, terpenoidal
302 and steroids compounds.

303

304

305 **Conclusion**

306

307 In our observations, we have concluded that nHEAFL has great value as a source of compounds for
308 pharmaceutical applications. nHEAFL was found to be effective in protecting the liver, kidney, spleen
309 and heart tissue from oxidative damage in animal models of APAP -induced organs toxicity. The
310 possible mechanism by which nHEAFL exhibited significant protection against APAP-induced organs
311 damage may be due to its anti-oxidant effect and its constituents such as α -tocopherol, terpenoidal,
312 and steroids compounds. Additional experiments are necessary to confirm the mechanisms of action of
313 nHEAFL and the it's protective role that plays important role in APAP-induced oxidative damage to
314 these organs.

315

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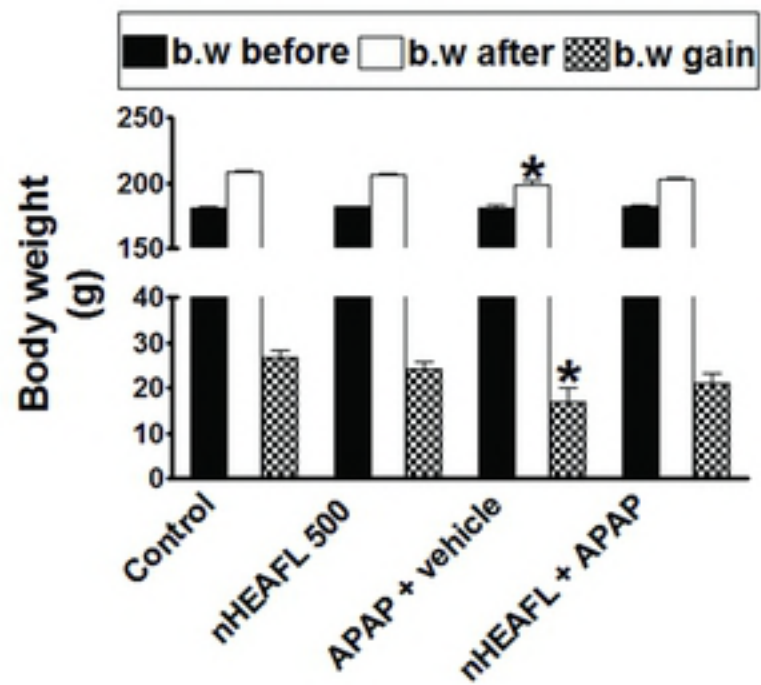
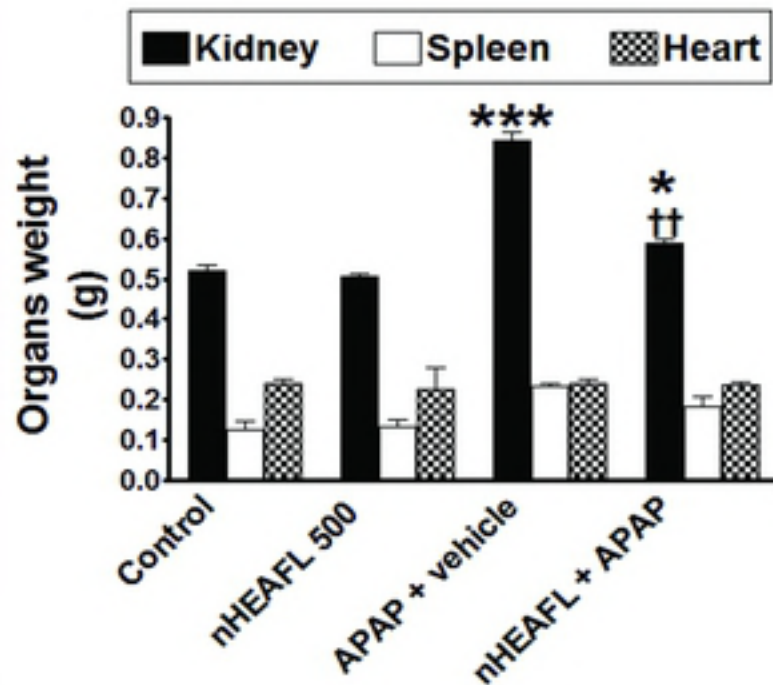
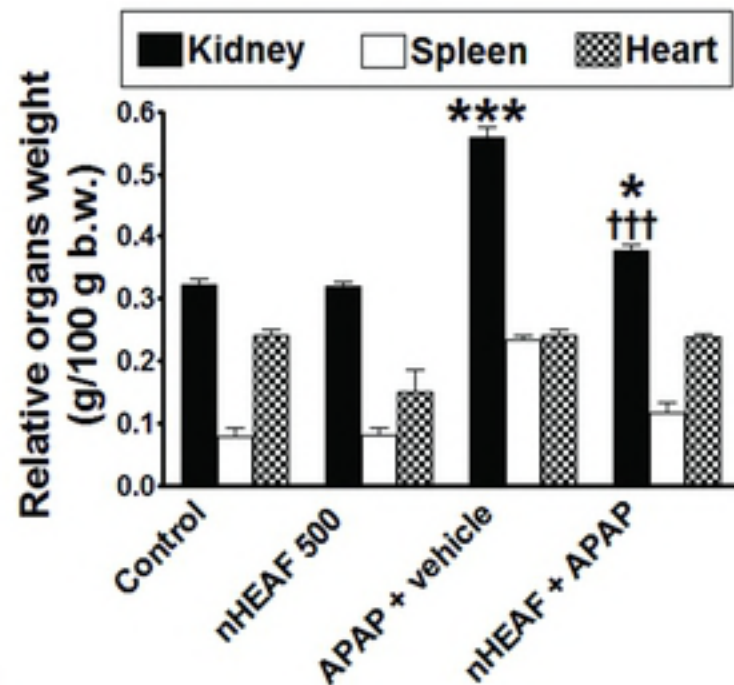
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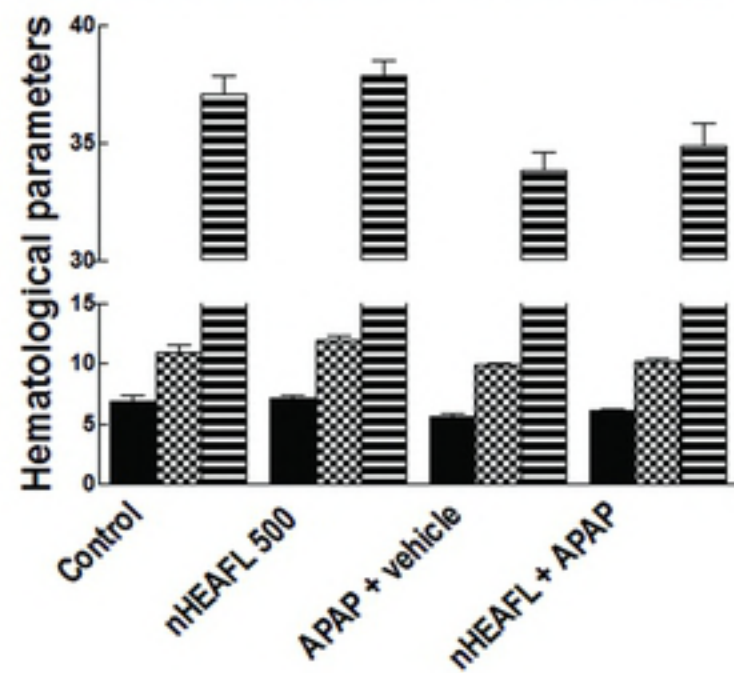
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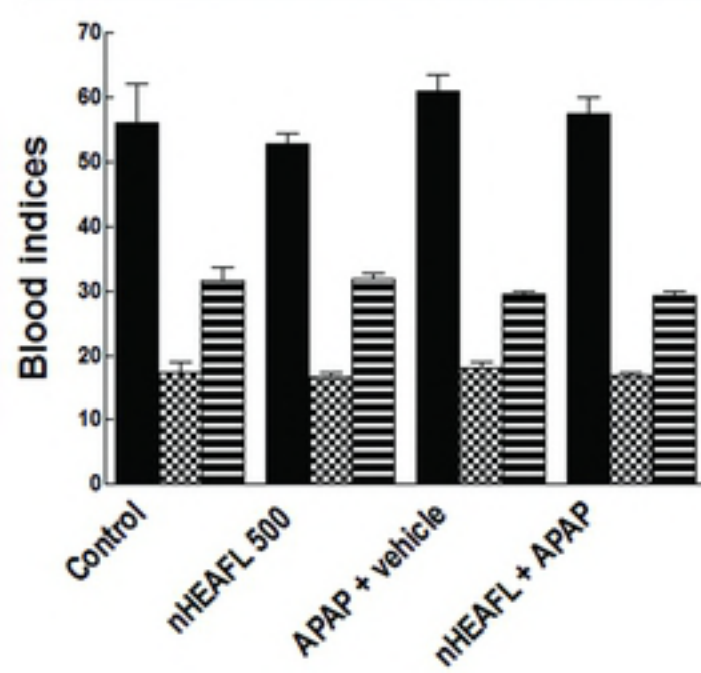
a**b****c**

a

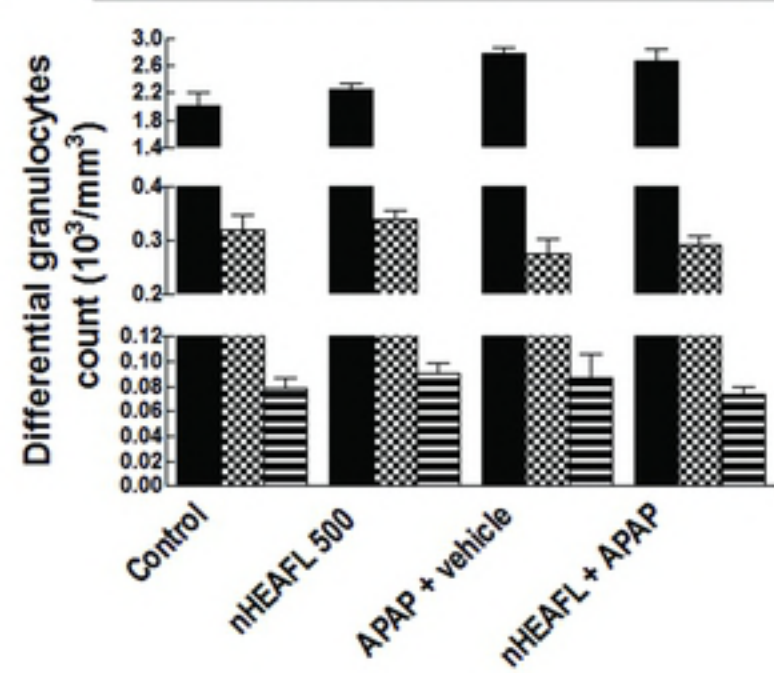
■ RBCs ($10^6/\text{mm}^3$) ▨ Hb (g/dL) ▩ HCT (%)

**b**

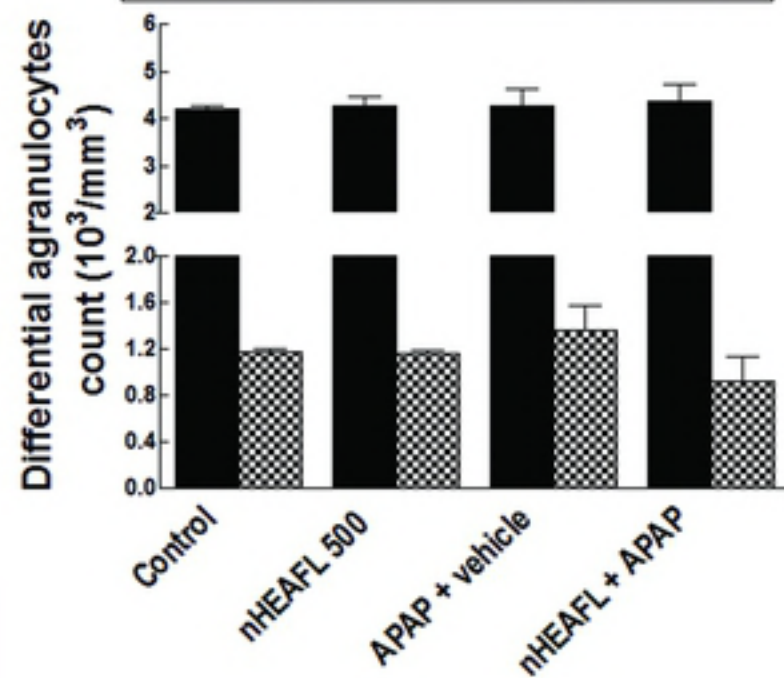
■ MCV (fL/RBC) ▨ MCH (pg/RBC) ▩ MCHC (g/dL)

**c**

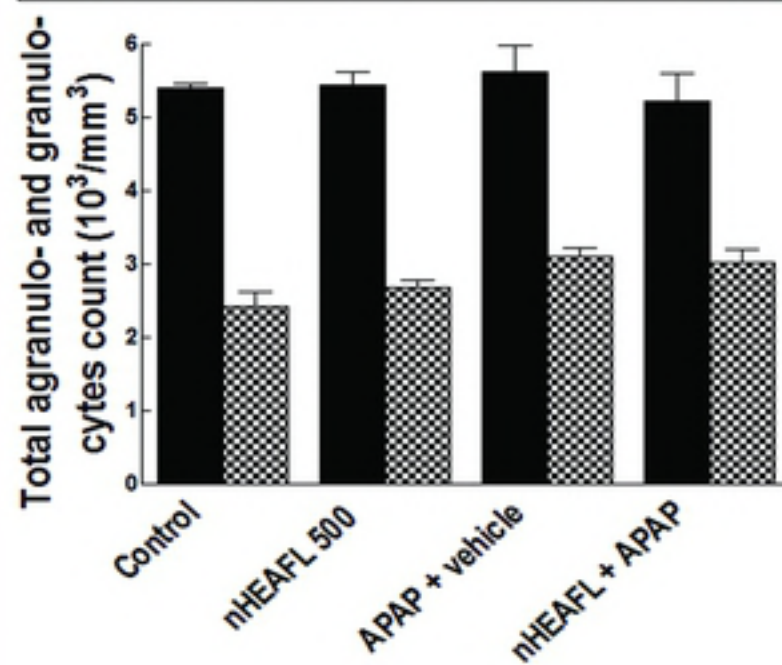
■ Neutrophils ▨ Eosinophils ▩ Basophils

**d**

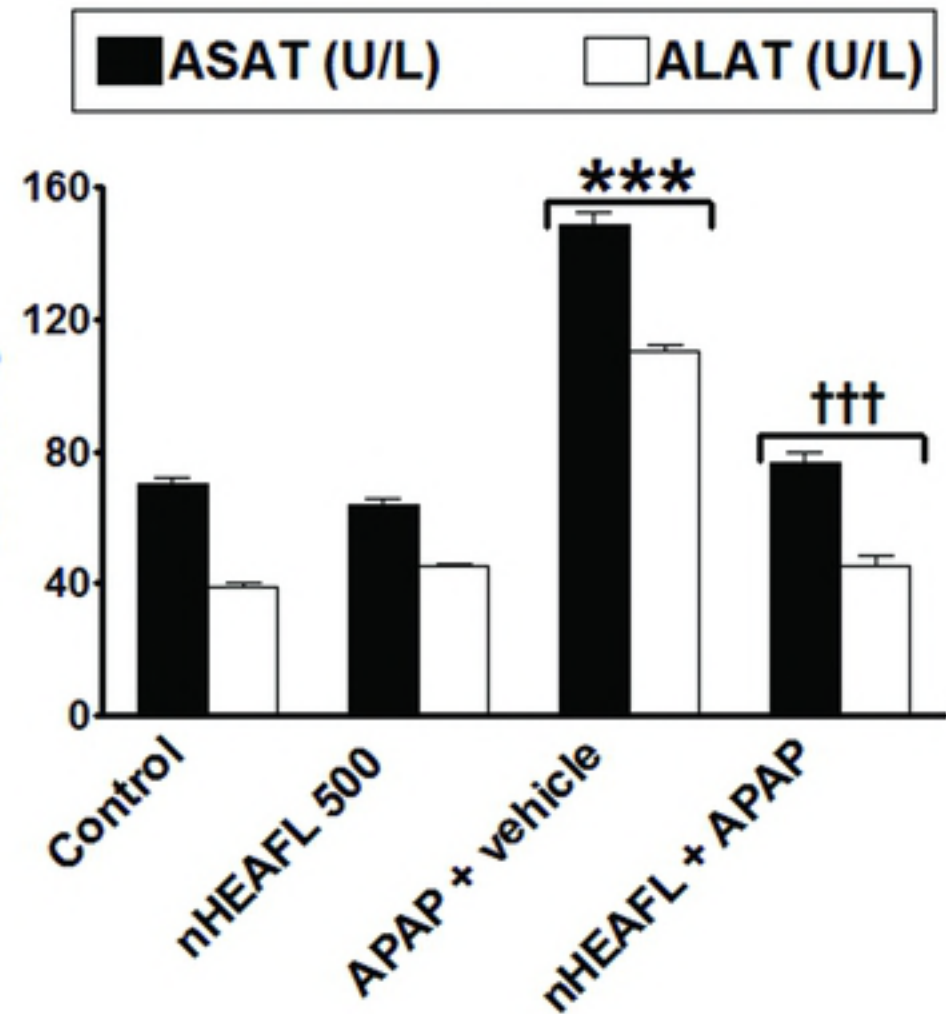
■ Lymphocytes ▨ Monocytes

**e**

■ Total agranulocytes ▨ Total agranulocytes



markers for cellular toxicity



markers for kidney cellular toxicity (mg/dL)

