Spatial and Temporal Analysis of the Stomach and Small Intestinal Microbiota in Fasted Healthy Humans

Authors: Anna M. Seekatz, PhD^{1*}, Matthew K. Schnizlein^{2*}, Mark J. Koenigsknecht, PhD^{1,3*}, Jason R. Baker, PhD⁴, William L. Hasler, MD⁴, Barry E. Bleske, PharmD⁵, Vincent B. Young, MD, PhD^{1,2†}, Duxin Sun, PhD^{3†}

¹Department of Internal Medicine, Division of Infectious Disease, University of Michigan, Ann Arbor, MI 48109, USA

²Department of Microbiology and Immunology, University of Michigan, Ann Arbor, MI 48109, USA

³ Department of Pharmaceutical Sciences, College of Pharmacy, University of Michigan, Ann Arbor, MI 48109, USA

⁴Department of Internal Medicine, Division of Gastroenterology and Hepatology, University of Michigan, Ann Arbor, MI 48109, USA

⁵Department of Pharmacy Practice and Administrative Sciences, University of New Mexico, Albuquerque, NM 87131

*These authors contributed equally *Corresponding authors

Contact information:

Duxin Sun, PhD Department of Pharmaceutical Sciences, College of Pharmacy, University of Michigan, Ann Arbor, MI 48109, USA, duxins@umich.edu

Vincent B. Young, MD, PhD Department of Internal Medicine, Division of Infectious Disease, University of Michigan, Ann Arbor, MI 48109, USA, youngvi@umich.edu

Manuscript word count: 3105

Patient consent: Informed consent was obtained from individuals prior to the time of sampling. IRB approved on 02/04/2015.

Conflicts of Interest: None

1 Abstract

2	Although the microbiota in the proximal gastrointestinal (GI) tract has been
3	implicated in health and disease, much of these microbes remains understudied
4	compared to the distal GI tract. This study characterized the microbiota across
5	multiple proximal GI sites over time in healthy individuals.
6	As part of a study of the pharmacokinetics of oral mesalamine
7	administration, healthy, fasted volunteers (N=8; 10 observation periods total) were
8	orally intubated with a four-lumen catheter with multiple aspiration ports. Samples
9	were taken from stomach, duodenal, and multiple jejunal sites, sampling hourly (\leq 7
10	hours) to measure mesalamine (administered at t=0), pH, and 16S rRNA gene-based
11	composition.
12	We observed a predominance of Firmicutes across proximal GI sites, with
13	significant variation compared to stool. The microbiota was more similar within
14	individuals over time than between subjects, with the fecal microbiota being unique
15	from that of the small intestine. The stomach and duodenal microbiota displayed
16	highest intra-individual variability compared to jejunal sites, which were more
17	stable across time. We observed significant correlations in the duodenal microbial
18	composition with changes in pH; linear mixed models identified positive
19	correlations with multiple <i>Streptococcus</i> operational taxonomic units (OTU) and
20	negative correlations with multiple Prevotella and Pasteurellaceae OTUs. Few OTUs
21	correlated with mesalamine concentration.
22	The stomach and duodenal microbiota exhibited greater compositional
23	dynamics compared to the jejunum. Short-term fluctuations in the duodenal

- 24 microbiota was correlated with pH. Given the unique characteristics and dynamics
- 25 of the proximal GI tract microbiota, it is important to consider these local
- 26 environments in health and disease states.

27

29 INTRODUCTION

30	The microbiota of the proximal gastrointestinal tract in humans represent an
31	understudied yet highly relevant microbial community. ¹ Physiological processes
32	such as gastric emptying, bile acid secretion, and the transit of food can influence
33	the proximal gastrointestinal (GI) tract and disease development. ²⁻⁵ However, our
34	current understanding of how the processes and microbiota in different regions of
35	the proximal GI tract relate to health and disease remains limited compared to other
36	areas of the GI tract.

37 Much of our knowledge about the involvement of the human GI microbiota in 38 health and disease has relied on fecal sampling, a non-invasive sampling method that is largely representative of the large intestine.^{6,7} Although it is known that the 39 40 microbiota across the GI tract varies in composition and density,⁸⁻¹⁰ studying the 41 microbiota at these sites is difficult, limiting our knowledge to invasive procedures, 42 specific patient populations, or single time points.¹ Analyses of mucosal samples 43 from autopsies, endoscopies, and colonoscopies have revealed that *Streptococci* and 44 Lactobacilli, both members of the oral and esophageal microbiota, are abundant 45 members of the jejunal and ileal microbiota.¹¹⁻¹⁷ Studies using naso-ileal catheters 46 and ileostoma effluent, which allow collection over time, have supported these 47 conclusions and revealed that the small intestinal microbiota is highly dynamic over short time courses, likely reflective of physiological processes at the stomach-small 48 49 intestine interface ¹⁸⁻²¹

50 Understanding how these microbiota along the GI tract are related is of
51 physiological relevance, particularly in relation to intestinal homeostasis and

52 disease. Recent evidence suggests that the drug mesalamine, designed to reach high 53 concentrations in the GI tract as treatment for irritable bowel disease (IBD), may 54 directly target the microbiota in addition to host effectors.^{22,23} It is possible that 55 some of the effectiveness of mesalamine treatment for IBD is mediated by the 56 microbiota, potentiating the need to characterize these microbial communities to a 57 fuller extent in the context of mesalamine administration. 58 This study investigated the bacterial composition across the intact upper GI 59 tract in the same healthy, fasted adults over time. We used a multi-lumen tube 60 designed to sample multiple sites along the upper GI tract. As part of a previously 61 published study aimed at measuring mesalamine dissolution, subjects were given a 62 dose of mesalamine and the proximal GI tract lumen was sampled over time.²⁴ We 63 used these samples to 1) characterize and compare microbial community dynamics 64 over time at multiple upper GI sites within an individual and 2) identify how 65 environmental factors, such as pH and the acute effect of mesalamine, shaped the 66 microbiota. To the best of our knowledge, this is the first study to characterize the 67 luminal microbiota across multiple upper GI sites over time within the same 68 individual.

69

70 **METHODS**

71 **Study recruitment**

Healthy individuals (age 18-55) were included who were free of medications
for the past two weeks, passed routine health screening, had a BMI 18.5-35, and had
no significant clinical illness within three weeks. Health screening included a review

of medical history and a physical examination (checking vital signs,

76 electrocardiography, and clinical laboratory tests) described in Yu et al.²⁴

77 Catheter design and sterilization

78 A customized multi-channel catheter was constructed by Arndorfer Inc.

79 (Greendale, WI), consisting of independent aspiration ports located 50 cm apart.

80 The catheter had a channel to fit a (0.035 in x 450 cm) guidewire (Boston Scientific,

81 Marlborough, MA), a channel connected to a balloon that could be filled with 7 ml of

82 water to assist tube placement, and an end that was weighted with 7.75 grams of

83 tungsten. Each single-use catheter was sterilized according to guidelines set by the

84 American Society for Gastrointestinal Endoscopy at the University of Michigan prior

- 85 to insertion (Supplemental Methods).²⁵
- 86 Collection of GI fluid samples

87 The full details of catheter placement have been previously described.²⁴ 88 Briefly, catheter placement occurred approximately 12 hours before sample 89 collection. The catheter was orally inserted into the GI tract with aspiration ports 90 located in the stomach, duodenum, and the proximal, mid and distal jejunum. 91 confirmed by fluoroscopy. Subjects were given a light liquid snack approximately 11 92 hours before sample collection and fasted overnight for 10 hours prior to sample 93 collection. At 0 hours, a mesalamine formulation was administered to each subject 94 (Table 1). Luminal GI fluid samples (approximately 1.0 ml) were collected from up 95 to four sites of the upper GI tract hourly up to 7 hours. Samples were collected by 96 syringe, transferred to sterile tubes, and placed at -80°C until sample processing. A

97 paired sample was collected to detect pH using a calibrated micro pH electrode

98 (Thermo Scientific (Waltham, MA) Orion pH probe catalog no. 9810BN).

99 DNA extraction and Illumina MiSeq sequencing

100 The detailed protocol for DNA extraction and Illumina MiSeq sequencing was

101 followed as previously described with modifications (Supplemental Methods).²⁶

102 Briefly, 0.2 ml of GI fluid or 20 mg of stool was used for DNA isolation using a Qiagen

103 (Germantown, MD) MagAttract Powermag microbiome DNA isolation kit (catalog

no. 27500-4-EP). Barcoded dual-index primers specific to the V4 region of the 16S

105 rRNA gene were used to amplify the DNA,²⁷ using a "touchdown PCR" protocol

106 (Supplemental Methods). Multiple negative controls were run parallel to each PCR

107 reaction. PCR reactions were normalized, pooled and quantified.²⁸ Libraries were

108 prepared and sequenced using the 500 cycle MiSeq V2 Reagent kit (Illumina, San

109 Diego, CA, catalog no. MS-102-2003). Raw FASTQ files, including those for negative

110 controls, were deposited in the Sequence Read Archive database (BioProjectID:

111 PRJNA495320; BioSampleIDs: SAMN10224451-SAMN10224634).

112 Data processing and microbiota analysis

113 Analysis of the V4 region of the 16S rRNA gene was done using mothur

114 (v1.39.3).^{27,29} Full methods, including detailed processing steps, raw processed data,

115 and code for each analysis, are described in:

116 <u>https://github.com/aseekatz/SI mesalamine</u>. Briefly, following assembly, quality

- 117 filtering, and trimming, reads were aligned to the SILVA 16S rRNA sequence
- 118 database (v128).³⁰ Chimeric sequences were removed using UCHIME.³¹ Prior to
- analysis, both mock and negative control samples (water) were assessed for

120	potential contamination; samples with < 2500 sequences were excluded (Table S1).
121	Sequences were binned into operational taxonomic units (OTUs), 97% similarity,
122	using the opticlust algorithm. 32 The Ribosomal Database Project (v16) was used to
123	classify OTUs or sequences directly for compositional analyses (> 80% confidence
124	score). ³³ Alpha and beta diversity measures (inverse Simpson index; the Yue $\&$
125	Clayton dissimilarity index, $ heta_{ m YC})^{34}$ were calculated from unfiltered OTU data. Basic R
126	commands were used to visualize results, calculate % OTUs shared between
127	samples, and conduct statistics, using packages plyr, dplyr, gplots, tidyr, and
128	tidyverse. The nonparametric Kruskal-Wallis test, using Dunn's test for multiple
129	comparisons and adjusting <i>p</i> -values with the Benjamini-Hochberg method when
130	indicated, was used for multi-group comparisons. The R packages lme 4^{35} and
131	lmerTest ³⁶ were used for mixed linear models between OTU relative abundance
132	(filtered to include OTUs present in at least half of samples collected from a subject,
133	per site) and pH or mesalamine.
134	
135	RESULTS
136	Study population
137	Using a multi-channel catheter with multiple aspiration points, ²⁴ samples
138	collected from the upper GI tract of 8 healthy subjects during 10 different study
139	visits were processed for 16S microbial community analysis (Supplemental
140	Methods, Table 1, Table S1). Samples were collected hourly over the course of 7
141	hours primarily from the proximal GI tract in the following possible locations: the

142 stomach (n=44), duodenum (n=64), proximal/mid/distal jejunum (n=46), and stool

143 (n=3). At the beginning of the study, subjects were given one form of mesalamine
144 (Table 1). One of the seven subjects was studied three times over the course of 10
145 months; for most analyses, each study visit from this subject was considered
146 independently.

147

The proximal GI microbiota is dominated by Firmicutes and is distinct from the fecal microbiota

150 Analysis of the relative abundances of 16S rRNA-encoding genes from the GI

151 tract across all timepoints and individuals demonstrated that the small intestinal

152 microbiota was compositionally unique compared to stool (Fig. 1A). At all four sites

153 in the proximal GI tract, Firmicutes composed the most abundant phyla (i.e.

154 *Streptococcus, Veillonella*, and *Gemella* sp.). Higher levels of Bacteroidetes species

155 (Prevotella) were detected in the stomach and duodenum. Proteobacteria and

156 Actinobacteria predominated the remainder of the community at all sites. Diversity

157 of the microbiota (inverse Simpson index) was decreased in sites of the upper GI

158 tract compared to stool, which were enriched in Firmicutes (*Blautia*,

159 Ruminococcaceae sp., and *Faecalibacterium*) and depleted in Bacteroidetes in these

160 individuals (n=3) (Fig. 1B).

161

162 The proximal GI microbiota is individualized and variable over time

163To compare the microbiota across the proximal GI tract within and across

164 individuals, we assessed pairwise community dissimilarity using the Yue & Clayton

165 dissimilarity index, θ_{YC} , which takes into account relative abundance of OTU

166	compositional data. Both across (inter-individual) and within (intra-individual)
167	subjects, stool was highly dissimilar to any proximal GI site (Figure 2A, 2B). Across
168	proximal GI sites, subjects were more similar to their own samples than samples
169	across other individuals (Figure 2A-D). The stomach microbiota was highly
170	dissimilar across individuals compared to the duodenum or any part of the jejunum,
171	which exhibited the least amount of dissimilarity (Figure 2C). A similar degree of
172	dissimilarity was observed within an individual in the stomach, duodenum, and
173	combined parts of the jejunum (Figure 2D).
174	Using a dissimilarity measure such as $ heta_{YC}$ allows us to assess stability based
175	on changes in the relative abundance of OTUs. It is possible that certain GI sites
176	fluctuate more in total OTUs. To measure whether any site had a higher rate of flux
177	in their community, i.e. a higher rate of OTU turnover, we calculated the $\%$ OTUs
178	detected at a given timepoint from the total number of OTUs detected within that
179	individual at a given site. We observed that for each proximal GI site, a mean of
180	36.6% of the OTUs ever detected in that subject at a given site (mean number of
181	total OTUs ever detected per subject per site = 135; range 78-212) were detectable
182	at a given timepoint (Figure 3A). Similarly, we calculated the number of OTUs that
183	were consistently present in all samples collected at that site within an individual
184	(mean number of consistently detected OTUs per subject per site = 14.1; range 2-
185	45). Overall, only 28.7% of the total OTUs ever detected at a given time point within
186	an individual at a given site were represented by these consistently prevalent OTUs
187	(Figure 3B). However, these prevalent OTUs explained an average of 72.0% of the
188	relative abundance observed in the samples (Figure 3C). Of all sites, the relative

abundance explained by the individual's most prevalent OTUs in the stomach was

190 lowest, followed by the duodenum, suggesting more variation at these sites

191 compared to the jejunum (Kruskal-Wallis, p < 0.05).

192 One subject (M046) returned three times over the course of 10 months,

- allowing us to compare long-term changes. Across the sites that were sampled
- 194 during multiple visits (the duodenum and mid-jejunum), prevalent OTUs were still
- detected during all three visits, explaining 74.4% and 66.1% OTUs in the duodenum
- 196 and mid-jejunum, respectively (Fig. S1).
- 197

Large fluctuations in the duodenal microbiota are associated with pH but not mesalamine

200 We next investigated how these compositional trends changed over time 201 across the subjects. We focused on the duodenum and stomach since these sites 202 were highly sampled across and within individuals and demonstrated variable pH. 203 In the duodenum, we observed large fluctuations in genus-level composition across 204 hourly timepoints within individuals (Figure 4, Figure S2, S3), Specifically, the 205 relative abundance of Streptococcus, Prevotella, and an unclassified Pasteurellaceae 206 species fluctuated in all individuals. We hypothesized that these fluctuations could 207 be driven by mesalamine, administered in different forms to each subject at study 208 onset. However, no visible pattern was observed with mesalamine levels. 209 Interestingly, we observed that these compositional changes tracked with pH 210 fluctuations (Figure 4). These patterns were less apparent in the stomach, where 211 individuals displayed variable dynamics and highly individualized compositional

212	patterns independent of mesalamine levels or pH, or in the jejunum of the subject
213	with three different admissions, where pH fluctuated less (Figure S1, S2).
214	To identify whether any singular OTUs correlated with changes in pH, we
215	applied a generalized linear mixed model approach that takes into account subject-
216	specificity. ³⁷⁻³⁹ Within duodenal samples (n=56), we observed 15 OTUs that
217	significantly correlated with pH changes. Linear regression of pH and relative
218	abundance of these OTUs was significant across all samples (Figure 5; Table S2). Of
219	the negatively correlated OTUs, six OTUs were classified as Bacteroidetes, mainly
220	<i>Prevotella</i> , and two OTUs were classified as Pasteurellaceae sp. (Proteobacteria).
221	The majority of the OTUs that were positively correlated with pH were Firmicutes,
222	mainly <i>Streptococcus</i> , alongside an <i>Actinomyces</i> OTU (Actinobacteria). Only one OTU
223	in the duodenum was significantly correlated to mesalamine (Table S2). We
224	identified 17 OTUs that correlated with pH or mesalamine in the stomach; however,
225	these were not representative at all sites (Table S2).
226	
227	DISCUSSION

228Our results demonstrate that the microbial communities inhabiting the GI229tract are distinct and dynamic across different sites within the proximal GI tract. Our230sampling procedure provided us with an opportunity to longitudinally characterize231such microbial populations in conjunction with the administration of a commonly232used drug, mesalamine. We observed high stability of the microbiota in the jejunum233compared to the stomach or duodenum, indicating that the indigenous microbiota234residing in more proximal regions of the GI tract may experience greater changes.

235 While we did not observe strong correlations between mesalamine concentration 236 and particular microbiota members at any site, we did observe a strong correlation 237 between the microbiota composition and pH, particularly in the duodenum. 238 In this report, we describe the use of a multi-lumen catheter design with 239 unique aspiration ports that enabled sampling of small intestinal content over the course of seven hours.²⁴ Many studies aimed at investigating the microbiota of the 240 241 proximal GI have overcome sampling difficulty in this region by using ileostoma 242 effluent, samples from newly deceased individuals, or naso-ileal tubes. Although 243 easy to access, ileostoma effluent does not fully recapitulate the distal small 244 intestine, as it more closely resembles the colon than the small intestine due to 245 increased oxygen concentrations near the stoma.⁴⁰⁻⁴³ Single lumen naso-ileal tubes 246 are unable to sample multiple sites simultaneously.^{18,20,21,44} GI fluid collected with 247 our methodology was sufficient for determining mesalamine concentration, 248 assaying fluid pH, and isolating microbial DNA across time and GI sites, which has 249 not been previously described.²⁴ 250 Our results support previous observations that the small intestine is dynamic 251 with higher inter-individual than intra-individual variability.^{18,21,45} However, the 252 mid-distal small intestine also contains a resilient microbial community composed 253 of several highly abundant OTUs. This resilience is demonstrated by the shift from

an altered to a normal ileal microbiota following the resolution of an ileostoma.⁴⁶

255 This mirrors the colonic microbiota, which also has a small community which is

256 stable over long periods of time.^{42,47,48}

257	This and other studies have shown that the jejunal and proximal ileal
258	microbiota are distinct from the colonic microbiota. ^{10,49} Despite changes in overall
259	community structure and an overall decrease in microbial diversity across the
260	stomach and small intestine compared stool, many of the same organisms
261	commonly observed in stool were also present in the upper GI tract, albeit at very
262	different abundances. 10 Interestingly, colonic resection and ileal pouch-anal
263	anastomosis has been shown to shift the terminal ileum microbiota to a state similar
264	to the colon, suggesting that a colonic community structure can develop at these
265	sites given the right conditions. ^{21,43,49-51}
266	Many of the abundant microbes observed in our study, Streptococcus,
267	Veillonella, Gemella, and Pasteurellaceae species, are also common residents of the
268	oral cavity, which reflects the proximity of these locations in the GI tract.
269	Populations of Proteobacteria, such as Pasteurellaceae, have also been observed
270	consistently in the small intestinal microbiota in other studies, particularly in
271	patients with IBD. ^{14,52-54} In our study, <i>Streptococcus</i> and <i>Veillonella</i> were correlated
272	with pH in duodenal samples. It is possible that growth of these organisms drives a
273	decrease in pH via metabolism of short-chain fatty acids, an observed functional
274	capacity of these genera. ^{21,55} Conversely, large fluctuations in environmental pH
275	may select for genera like Streptococcus, which have evolved a variety of
276	mechanisms to control pH intracellularly. ⁵⁶⁻⁵⁹ In any case, our data suggests a
277	relationship between microbial dynamics and environmental physiology of the
278	duodenum, which is an important observation to consider when comparing this site
279	across individuals.

280 We observed little association between mesalamine concentration and 281 changes in microbial relative abundance in our cohort. Several studies have 282 reported differences in the fecal microbiota of patients with or without IBD, in 283 particular Crohn's disease, which can affect the small intestine.⁵² Compositional 284 shifts in the small intestine have been reported during IBD, specifically increased 285 levels of Enterobacteriaceae species, such as *Enterococcus*, *Fusobacterium*, or 286 *Haemophilus*.^{14,53,54} It has been hypothesized that mesalamine's ability to reduce inflammation in patients with ulcerative colitis could be by altering the 287 288 microbiota.^{22,23} While acute effects of mesalamine on the microbiota have not 289 previously been reported, earlier work has demonstrated that mesalamine 290 decreases bacterial polyphosphate accumulation and pathogen fitness, suggesting 291 an influence on the microbiota.²³ We did not observe strong correlations between 292 mesalamine concentration and the microbiota here. However, our study was small, 293 used different doses of mesalamine that may be metabolized differently across GI 294 sites, and was conducted in healthy individuals.²⁴ It is possible that mesalamine is 295 less likely to impact the small intestinal microbiota, which historically has lower 296 efficacy in treating active Crohn's Disease, which manifests in the small intestine, 297 compared to ulcerative colitis, which manifests in the large intestine.^{22,60,61} As 298 indicated by the variability of mesalamine in the subjects in this study, the effects of 299 mesalamine on the small intestinal microbiota may be highly individualized.^{24,62-64} 300 Furthermore, individuals with disease may harbor a distinct microbiota that 301 responds to mesalamine differently.

302	Despite the opportunity provided by our method to describe the microbiota
303	across the GI tract, our study has some lingering questions. Movement by the subject
304	during the study can result in movement of each sampling port, particularly
305	between the distal stomach and antrum. This may explain the inconsistent pH
306	values and severe fluctuations of the microbiota observed in the stomach. Similarly,
307	the shorter length of the sampling device, as compared to a naso-ileal catheter,
308	prevented reliable collection of fluid from the distal small intestine, limiting our
309	sampling to the proximal region. We also were limited to three concurrent fecal
310	samples, each of which was low in Bacteroidetes, a profile generally observed in
311	individuals on low fat-high fiber, non-Western diets. ⁶⁵
312	The use of a novel catheter allowed us to assess the microbiota across several
313	proximal GI sites overtime, representing a powerful clinical and/or investigative
314	tool for studying the small intestinal microbiota. Future studies on the upper GI
315	microbiota should collect concurrent oral swab/sputum and fecal samples to
316	strengthen the ability to "track" microbial populations across the GI tract,
317	potentiating our ability to correlate the microbiota from fecal sampling, a more
318	convenient method to study the microbiota, to other sites of the GI tract.
319	Declarations:
320	Acknowledgements:
321	This research was funded by FDA grant HHSF223201000082C. Clinical
322	samples collected with help from Michigan Institute for Clinical & Health Research
323	(MICHR) NIH grant UL1TR000433. The authors would also like to thank the Host

324 Microbiome Initiative and the Microbial Systems Molecular Biology Laboratory at

- 325 the University of Michigan for their support with the 16s rRNA sequencing, and
- 326 Krishna Rao and Rose Putler for their assistance with the modelling and statistical
- analyses. This research was funded by the FDA(HHSF223201000082C) and the NIH
- 328 (5U01AI124255-03).
- 329
- 330 Availability of data and material:
- 331 SRA: BioProjectID: PRJNA495320; BioSampleIDs: SAMN10224451-
- 332 SAMN10224634
- 333 GitHub: <u>https://github.com/aseekatz/SI mesalamine</u>
- 334

335 Authors' contributions:

- 336 MJK, DS, BEB, AMS, VBY, MKS Conception or design of the work
- 337 MJK, BEB, WLH, JRB Data collection
- 338 AMS, MJK, MKS Data analysis and interpretation
- 339 MKS, AMS Drafting the article
- 340 MKS, AMS, DS, VBY Critical revision of the article
- AMS, MKS, MJK, JRB, WLH, BEB, VBY, DS Final approval of the version to be
- 342 published
- 343

344 **Ethics approval and consent to participate:**

- 345 Samples collected in this study were part of clinical trial NCT01999400. The
- institutional review boards at the University of Michigan (IRBMED) and the
- 347 Department of Health and Human Services, Food and Drug Administration

- 348 (Research Involving Human Subjects Committee/RIHSC) both approved the study
- 349 protocol. All subjects provided written informed consent in order to participate.
- 350 **Consent for publication:**
- 351 Not applicable
- 352
- 353 **Competing interests**:
- 354 None

355 **Table 1: Subject Recruitment.** Selected metadata and sample collections for 10

- admissions (subject M046 was admitted for three visits).
- 357

358 **Figure 1: Bacterial community relative abundance and diversity in the upper**

- **GI tract. A)** The mean relative abundance of genera at each GI site (sample *n*
- indicated). **B)** Boxplots of the inverse Simpson Index measuring community
- diversity across the GI tract (median, with first and third inter-quartile ranges).
- 362 Statistical analysis: Kruskal-Wallis test (ns).
- 363

364 **Figure 2: Dissimilarity of the proximal GI tract within and across individuals.**

Heatmap of the Yue & Clayton dissimilarity index, θ_{YC} , comparing different proximal

366 GI sites and stool **A**) across individuals (inter-individual pairwise comparisons) and

- 367 **C)** within individuals (intra-individual pairwise comparisons). C) Inter-individual
- and D) intra-individual dissimilarity in the stomach, duodenum, and jejunum (sites
- 369 combined). Statistical analysis: Kruskal-Wallis test (will add p values to graph).

370 Statistical analysis: Dunn's test for multiple comparisons with a Benjamini-

- 371 Hochberg p-value adjustment (*p < 0.01; **p < 0.001; ***p < 0.0001).
- 372

373 Figure 3: Fluctuations in prevalent OTUs observed within an individual across

374 the proximal GI tract. A) Boxplots of the percentage of OTUs detected in a given

- 375 sample out of all OTUs detected (all OTUs possible for that individual) at a subject-
- 376 site. **B)** Boxplots of the percentage of OTUs that were consistently detected at a
- 377 subject-site out of the total OTUs detected in a given sample. **C)** The percent of

- 378 relative abundance explained by prevalent OTUs at a subject-site in a given sample.
- 379 Statistical analysis: Kruskal-Wallis test.
- 380

Figure 4: Longitudinal compositional dynamics, mesalamine levels, and pH in

- 382 the duodenum. Streamplots of genus-level composition over time in the duodenum
- of six individuals (%, left y-axis; genera coded in legend). White lines indicate pH
- 384 measurements (black y-axis labels on right) and red lines indicate mesalamine
- 385 concentration (red y-axis labels on right).
- 386
- 387 **Figure 5: Relative abundance of significant OTUs vs. pH.** Log relative abundance
- 388 (log(RA)) as a function of pH of OTUs found to be significantly correlated with pH
- 389 using linear mixed models (all samples with measurable pH). Lines represent linear
- 390 fit per OTU. OTUs classified as A) Firmicutes, B) Bacteroidetes, C) Proteobacteria,
- and **D)** Actinobacteria are depicted (genus-level OTU classification coded by
- 392 legends).
- 393
- 394
- 395
- 396

397 **REFERENCES**

398 1 El Aidy, S., van den Bogert, B. & Kleerebezem, M. The small intestine 399 microbiota, nutritional modulation and relevance for health. Current Opinion 400 *in Biotechnology* **32**, 14-20, doi:10.1016/j.copbio.2014.09.005 (2015). 401 2 Poulakos, L. & Kent, T. H. Gastric Emptying and Small Intestinal Propulsion in 402 Fed and Fasted Rats. *Gastroenterology* **64**, 962-967, doi:10.1016/S0016-403 5085(73)80008-3 (1973). 404 3 Ridlon, J. M., Kang, D. J., Hylemon, P. B. & Bajaj, J. S. Bile acids and the gut 405 microbiome. *Current opinion in gastroenterology* **30**, 332-338, 406 doi:10.1097/mog.000000000000057 (2014). 407 4 Araújo, J. R., Tomas, J., Brenner, C. & Sansonetti, P. J. Impact of high-fat diet on 408 the intestinal microbiota and small intestinal physiology before and after the 409 onset of obesity. Biochimie 141, 97-106, doi:10.1016/j.biochi.2017.05.019 410 (2017).411 5 Martinez-Guryn, K. et al. Small Intestine Microbiota Regulate Host Digestive 412 and Absorptive Adaptive Responses to Dietary Lipids. *Cell Host & Microbe* 23, 413 458-469.e455, doi:10.1016/j.chom.2018.03.011 (2018). 414 Flynn, K. J., Ruffin, M. T., Turgeon, D. K. & Schloss, P. D. Spatial Variation of the 6 415 Native Colon Microbiota in Healthy Adults. *Cancer Prevention Research* **11**, 416 393-402, doi:10.1158/1940-6207.Capr-17-0370 (2018). 417 7 Falony, G., Vieira-Silva, S. & Raes, J. Richness and ecosystem development 418 across faecal snapshots of the gut microbiota. Nature microbiology 3, 526-419 528, doi:10.1038/s41564-018-0143-5 (2018). 420 Sekirov, I., Russell, S. L., Antunes, L. C. M. & Finlay, B. B. Gut Microbiota in 8 Health and Disease. Physiological Reviews 90, 859-904, 421 422 doi:10.1152/physrev.00045.2009 (2010). 423 9 Donaldson, G. P., Lee, S. M. & Mazmanian, S. K. Gut biogeography of the 424 bacterial microbiota. Nature Reviews Microbiology 14, 20, 425 doi:10.1038/nrmicro3552 (2015). 426 Zmora, N. *et al.* Personalized Gut Mucosal Colonization Resistance to Empiric 10 427 Probiotics Is Associated with Unique Host and Microbiome Features. Cell 428 **174**, 1388-1405.e1321, doi:10.1016/j.cell.2018.08.041 (2018). 429 Hayashi, H., Takahashi, R., Nishi, T., Sakamoto, M. & Benno, Y. Molecular 11 430 analysis of jejunal, ileal, caecal and recto-sigmoidal human colonic microbiota 431 using 16S rRNA gene libraries and terminal restriction fragment length 432 polymorphism. *Journal of medical microbiology* **54**, 1093-1101, 433 doi:10.1099/jmm.0.45935-0 (2005). 434 Wang, M., Ahrné, S., Jeppsson, B. & Molin, G. Comparison of bacterial diversity 12 435 along the human intestinal tract by direct cloning and sequencing of 16S 436 rRNA genes. FEMS Microbiology Ecology 54, 219-231, 437 doi:10.1016/j.femsec.2005.03.012 (2005). 438 Wang, X., Heazlewood, S. P., Krause, D. O. & Florin, T. H. J. Molecular 13 439 characterization of the microbial species that colonize human ileal and 440 colonic mucosa by using 16S rDNA sequence analysis. Journal of Applied 441 *Microbiology* **95**, 508-520, doi:10.1046/j.1365-2672.2003.02005.x (2003).

442	14	Dey, N., Soergel, D. A., Repo, S. & Brenner, S. E. Association of gut microbiota
443		with post-operative clinical course in Crohn's disease. <i>BMC gastroenterology</i>
444		13 , 131, doi:10.1186/1471-230x-13-131 (2013).
445	15	Barrett, E. et al. Microbiota diversity and stability of the preterm neonatal
446		ileum and colon of two infants. <i>MicrobiologyOpen</i> 2 , 215-225,
447		doi:10.1002/mbo3.64 (2013).
448	16	Di Pilato, V. <i>et al.</i> The esophageal microbiota in health and disease. <i>Annals of</i>
449		the New York Academy of Sciences 1381 , 21-33, doi:10.1111/nyas.13127
450		(2016).
451	17	Verma, D., Garg, P. K. & Dubey, A. K. Insights into the human oral microbiome.
452		Archives of Microbiology 200 , 525-540, doi:10.1007/s00203-018-1505-3
453		(2018).
454	18	Booijink, C. C. G. M. <i>et al.</i> High temporal and inter - individual variation
455		detected in the human ileal microbiota. <i>Environmental Microbiology</i> 12 ,
456		3213-3227, doi:10.1111/j.1462-2920.2010.02294.x (2010).
457	19	den Bogert, B. v. <i>et al.</i> Diversity of human small intestinal Streptococcus and
458		Veillonella populations. <i>FEMS Microbiology Ecology</i> 85 , 376-388,
459		doi:10.1111/1574-6941.12127 (2013).
460	20	Angelakis, E. <i>et al.</i> A Metagenomic Investigation of the Duodenal Microbiota
461		Reveals Links with Obesity. <i>PLOS ONE</i> 10 , e0137784,
462	21	doi:10.1371/journal.pone.0137784 (2015).
463	21	Zoetendal, E. G. <i>et al.</i> The human small intestinal microbiota is driven by
464 465		rapid uptake and conversion of simple carbohydrates. <i>The Isme Journal</i> 6 , 1415, doi:10.1038/ismej.2011.212 (2012).
465 466	22	Hauso, Ø., Martinsen, T. C. & Waldum, H. 5-Aminosalicylic acid, a specific drug
400 467		for ulcerative colitis. <i>Scandinavian journal of gastroenterology</i> 50 , 933-941,
468		doi:10.3109/00365521.2015.1018937 (2015).
469	23	Dahl, JU. <i>et al.</i> The anti-inflammatory drug mesalamine targets bacterial
470	25	polyphosphate accumulation. <i>Nature microbiology</i> 2 , 16267,
471		doi:10.1038/nmicrobiol.2016.267 (2017).
472	24	Yu, A. <i>et al.</i> Measurement of in vivo Gastrointestinal Release and Dissolution
473		of Three Locally Acting Mesalamine Formulations in Regions of the Human
474		Gastrointestinal Tract. <i>Molecular Pharmaceutics</i> 14 , 345-358,
475		doi:10.1021/acs.molpharmaceut.6b00641 (2017).
476	25	Committee, A. Q. A. I. E. <i>et al.</i> Multisociety guideline on reprocessing flexible
477		gastrointestinal endoscopes: 2011. <i>Gastrointest Endosc</i> 73 , 1075-1084,
478		doi:10.1016/j.gie.2011.03.1183 (2011).
479	26	Seekatz, A. M. et al. Fecal Microbiota Transplantation Eliminates Clostridium
480		difficile in a Murine Model of Relapsing Disease. <i>Infection and immunity</i> 83 ,
481		3838-3846, doi:10.1128/IAI.00459-15 (2015).
482	27	Kozich, J. J., Westcott, S. L., Baxter, N. T., Highlander, S. K. & Schloss, P. D.
483		Development of a dual-index sequencing strategy and curation pipeline for
484		analyzing amplicon sequence data on the MiSeq Illumina sequencing
485		platform. <i>Appl Environ Microbiol</i> 79 , 5112-5120, doi:10.1128/AEM.01043-13
486		(2013).

487	28	Kozich II Wostcott S.I. Poyton N.T. Highlandon S.K. & Schlogg, D.D.
487	20	Kozich, J. J., Westcott, S. L., Baxter, N. T., Highlander, S. K. & Schloss, P. D. Development of a dual-index sequencing strategy and curation pipeline for
400 489		analyzing amplicon sequence data on the MiSeq Illumina sequencing
490	20	platform. <i>Appl Environ Microbiol</i> 79 , doi:10.1128/aem.01043-13 (2013).
491	29	Schloss, P. D. <i>et al.</i> Introducing mothur: open-source, platform-independent,
492		community-supported software for describing and comparing microbial
493		communities. <i>Appl Environ Microbiol</i> 75 , 7537-7541,
494		doi:10.1128/AEM.01541-09 (2009).
495	30	Pruesse, E. <i>et al.</i> SILVA: a comprehensive online resource for quality checked
496		and aligned ribosomal RNA sequence data compatible with ARB. <i>Nucleic</i>
497		Acids Res 35 , 7188-7196, doi:10.1093/nar/gkm864 (2007).
498	31	Edgar, R. C., Haas, B. J., Clemente, J. C., Quince, C. & Knight, R. UCHIME
499		improves sensitivity and speed of chimera detection. <i>Bioinformatics</i> 27,
500		2194-2200, doi:10.1093/bioinformatics/btr381 (2011).
501	32	Westcott, S. L. & Schloss, P. D. OptiClust, an Improved Method for Assigning
502		Amplicon-Based Sequence Data to Operational Taxonomic Units. <i>mSphere</i> 2 ,
503		doi:10.1128/mSphereDirect.00073-17 (2017).
504	33	Cole, J. R. <i>et al.</i> The Ribosomal Database Project: improved alignments and
505		new tools for rRNA analysis. <i>Nucleic Acids Res</i> 37 , D141-145,
506		doi:10.1093/nar/gkn879 (2009).
507	34	Yue, J. C. & Clayton, M. K. A Similarity Measure Based on Species Proportions.
508		Communications in Statistics - Theory and Methods 34 , 2123-2131,
509		doi:10.1080/STA-200066418 (2005).
510	35	Bates, D., Mächler, M., Bolker, B. & Walker, S. Fitting Linear Mixed-Effects
511	00	Models Using Ime4. Journal of Statistical Software; Vol 1, Issue 1 (2015)
512		(2015).
513	36	Kuznetsova, A., Brockhoff, P. B. & Christensen, R. H. B. ImerTest Package:
514	00	Tests in Linear Mixed Effects Models. <i>Journal of Statistical Software; Vol 1,</i>
515		Issue 13 (2017) (2017).
516	37	Xia, Y. & Sun, J. Hypothesis testing and statistical analysis of microbiome.
517	07	<i>Genes & Diseases</i> 4 , 138-148, doi:10.1016/j.gendis.2017.06.001 (2017).
518	38	Gajer, P. <i>et al.</i> Temporal dynamics of the human vaginal microbiota. <i>Sci Transl</i>
510	50	<i>Med</i> 4 , 132ra152, doi:10.1126/scitranslmed.3003605 (2012).
520	39	Mehta, S. D. <i>et al.</i> The vaginal microbiota over an 8- to 10-year period in a
520	57	cohort of HIV-infected and HIV-uninfected women. <i>PLoS One</i> 10 , e0116894,
521		doi:10.1371/journal.pone.0116894 (2015).
522	40	
525 524	40	Heimesaat, M. M. <i>et al.</i> Comprehensive Postmortem Analyses of Intestinal
		Microbiota Changes and Bacterial Translocation in Human Flora Associated
525	11	Mice. <i>PLOS ONE</i> 7 , e40758, doi:10.1371/journal.pone.0040758 (2012).
526	41	DeBruyn, J. M. & Hauther, K. A. Postmortem succession of gut microbial
527		communities in deceased human subjects. <i>PeerJ</i> 5 , e3437,
528	40	doi:10.7717/peerj.3437 (2017).
529	42	Fukuyama, J. <i>et al.</i> Multidomain analyses of a longitudinal human microbiome
530		intestinal cleanout perturbation experiment. <i>PLOS Computational Biology</i> 13 ,
531		e1005706, doi:10.1371/journal.pcbi.1005706 (2017).

500	40	
532	43	Young, V. B. <i>et al.</i> Multiphasic analysis of the temporal development of the
533		distal gut microbiota in patients following ileal pouch anal anastomosis.
534		<i>Microbiome</i> 1 , 9, doi:10.1186/2049-2618-1-9 (2013).
535	44	Muller-Lissner, S. A. <i>et al.</i> Effect of gastric and transpyloric tubes on gastric
536		emptying and duodenogastric reflux. <i>Gastroenterology</i> 83 , 1276 (1982).
537	45	Onishi, J. C. <i>et al.</i> Bacterial communities in the small intestine respond
538		differently to those in the caecum and colon in mice fed low- and high-fat
539		diets. Microbiology (Reading, England) 163 , 1189-1197,
540		doi:10.1099/mic.0.000496 (2017).
541	46	Hartman, A. L. <i>et al.</i> Human gut microbiome adopts an alternative state
542		following small bowel transplantation. <i>Proceedings of the National Academy</i>
543		of Sciences of the United States of America 106 , 17187-17192,
544		doi:10.1073/pnas.0904847106 (2009).
545	47	Caporaso, J. G. et al. Moving pictures of the human microbiome. Genome
546		<i>Biology</i> 12 , R50, doi:10.1186/gb-2011-12-5-r50 (2011).
547	48	Dethlefsen, L. & Relman, D. A. Incomplete recovery and individualized
548		responses of the human distal gut microbiota to repeated antibiotic
549		perturbation. Proceedings of the National Academy of Sciences 108 , 4554-
550		4561, doi:10.1073/pnas.1000087107 (2011).
551	49	Villmones, H. C. <i>et al.</i> Species Level Description of the Human Ileal Bacterial
552	17	Microbiota. <i>Scientific Reports</i> 8 , 4736, doi:10.1038/s41598-018-23198-5
553		(2018).
554	50	Hinata, M. <i>et al.</i> A Shift from Colon- to Ileum-Predominant Bacteria in Ileal-
555	50	Pouch Feces Following Total Proctocolectomy. Digestive diseases and sciences
556		57 , 2965-2974, doi:10.1007/s10620-012-2165-9 (2012).
557	51	Maharshak, N. <i>et al.</i> Alterations of Enteric Microbiota in Patients with a
558	51	Normal Ileal Pouch Are Predictive of Pouchitis. <i>Journal of Crohn's and Colitis</i>
559		11 , 314-320, doi:10.1093/ecco-jcc/jjw157 (2017).
560	52	Harris, K. G. & Chang, E. B. The intestinal microbiota in the pathogenesis of
561	52	inflammatory bowel diseases: new insights into complex disease. <i>Clinical</i>
562		science (London, England : 1979) 132 , 2013-2028, doi:10.1042/cs20171110
563		(2018).
564	53	
	55	De Cruz, P. <i>et al.</i> Association between specific mucosa-associated microbiota
565		in Crohn's disease at the time of resection and subsequent disease
566		recurrence: a pilot study. <i>J Gastroenterol Hepatol</i> 30 , 268-278,
567	F 4	doi:10.1111/jgh.12694 (2015).
568	54	Gevers, D. <i>et al.</i> The treatment-naive microbiome in new-onset Crohn's
569		disease. <i>Cell Host Microbe</i> 15 , 382-392, doi:10.1016/j.chom.2014.02.005
570		(2014).
571	55	Pancholi, V. & Caparon, C. in Streptococcus pyogenes : Basic Biology to Clinical
572		Manifestations (eds J. J. Ferretti, D. L. Stevens, & V. A. Fischetti) Ch.
573		Streptococcus pyogenes Metabolism, (University of Oklahoma Health
574	_	Sciences Center
575	(c) T	he University of Oklahoma Health Sciences Center., 2016).

576 577	56	Scott, K. P., Gratz, S. W., Sheridan, P. O., Flint, H. J. & Duncan, S. H. The influence of diet on the gut microbiota. <i>Pharmacological Research</i> 69 , 52-60,
578	- -	doi:10.1016/j.phrs.2012.10.020 (2013).
579 580	57	Abuhelwa, A. Y., Williams, D. B., Upton, R. N. & Foster, D. J. R. Food,
580 581		gastrointestinal pH, and models of oral drug absorption. <i>European Journal of</i>
581		Pharmaceutics and Biopharmaceutics 112 , 234-248, doi:10.1016/j.cimb.2016.11.024 (2017)
	58	doi:10.1016/j.ejpb.2016.11.034 (2017).
583 584	28	Lund, P., Tramonti, A. & De Biase, D. Coping with low pH: molecular strategies
584 585		in neutralophilic bacteria. <i>FEMS Microbiology Reviews</i> 38 , 1091-1125,
	۲O	doi:10.1111/1574-6976.12076 (2014).
586	59	Bradshaw, D. & Marsh, P. D. Analysis of pH–Driven Disruption of Oral
587	()	Microbial Communities in vitro. <i>Caries Research</i> 32 , 456-462 (1998).
588 580	60	Wright, E. K. <i>et al.</i> Recent Advances in Characterizing the Gastrointestinal
589 590		Microbiome in Crohn's Disease: A Systematic Review. <i>Inflammatory bowel</i>
	(1	<i>diseases</i> 21 , 1219-1228, doi:10.1097/MIB.000000000000382 (2015).
591	61	Lim, W. C., Wang, Y., MacDonald, J. K. & Hanauer, S. Aminosalicylates for
592		induction of remission or response in Crohn's disease. <i>The Cochrane database</i>
593		of systematic reviews 7, Cd008870, doi:10.1002/14651858.CD008870.pub2
594	()	
595	62	Allocca, M. <i>et al.</i> Effectiveness of Mesalazine, Thiopurines and Tumour
596		Necrosis Factor Antagonists in Preventing Post-Operative Crohn's Disease
597	()	Recurrence in a Real-Life Setting. <i>Digestion</i> 96 , 166-172 (2017).
598	63	Hanauer, S. B. <i>et al.</i> Postoperative maintenance of Crohn's disease remission
599		with 6-mercaptopurine, mesalamine, or placebo: A 2-year trial.
600	C A	<i>Gastroenterology</i> 127 , 723-729, doi:10.1053/j.gastro.2004.06.002 (2004).
601	64	Singh, S. & Nguyen, G. C. Management of Crohn's Disease After Surgical
602		Resection. <i>Gastroenterology clinics of North America</i> 46 , 563-575,
603	< -	doi:10.1016/j.gtc.2017.05.011 (2017).
604	65	Smits, S. A. <i>et al.</i> Seasonal cycling in the gut microbiome of the Hadza hunter-
605		gatherers of Tanzania. <i>Science</i> 357 , 802-806, doi:10.1126/science.aan4834
606		(2017).
607		

Subject ID*	Mesalamine Formulation†	Age	BMI	Sex	Stomach	Duodenum	Proximal	Jejunum <i>Mid</i>	Distal	Stool	Total
M046-A	Pentasa	38	21.2	М	1	8	-	7	-	1	17
M046-B	Apriso	38	21.3	М	-	8	-	5	6	-	19
M046-C	Lialda	38	21.7	М	8	6	-	7	-	1	22
M047	Pentasa	36	21.1	М	-	8	6	-	-	-	14
M048	Apriso	51	34.3	F	5	7	-	-	-	-	12
M053	Apriso	34	25.2	F	1	-	7	3	-	-	11
M061	Pentasa	51	21.6	М	7	8	-	-	-	-	15
M062	Pentasa	37	27.3	М	7	7	-	-	-	1	15
M063	Lialda	26	28.6	М	7	5	-	5	-	-	17
M064	Lialda	25	27.5	F	8	7	-	-	-	-	15
Summary	40% P, 30% A, 30% L	37 ±8.6	25 ±4.4	70% M	44	64	13	27	6	3	157

*All subjects were caucasian and none identified as hispanic/latinx.

†Pentasa = Immediate release in stomach acid; Apriso = Extended release at pH > 6; Lialda = Extended release at pH > 7









