Macrophages utilize a bet-hedging strategy for antimicrobial activity in phagolysosomal acidification

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Running title: Chance contributes to host defense

Declaration of Interests

The authors declare no competing interests.

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Abstract

Microbial ingestion by a macrophage results in the formation of an acidic phagolysosome but the host
cell has no information on the pH susceptibility of the ingested organism. This poses a problem for the
macrophage and raises the fundamental question of how the phagocytic cell optimizes the acidification
process to prevail. We analyzed the dynamical distribution of phagolysosomal pH in murine and human
macrophages that had ingested live or dead *Cryptococcus neoformans* cells, or inert beads.
Phagolysosomal acidification produced a range of pH values that approximated normal distributions,
but these differed from normality depending on ingested particle type. Analysis of the increments of
pH reduction revealed no forbidden ordinal patterns, implying that phagosomal acidification process
was a stochastic dynamical system. Using simulation modeling, we determined that by stochastically
acidifying a phagolysosome to a pH within the observed distribution, macrophages sacrificed a small
amount of overall fitness to reduce their overall variation in fitness. Hence, chance in the final
phagosomal pH introduces unpredictability to the outcome of the macrophage-microbe, which implies
a bet-hedging strategy that benefits the macrophage. While bet hedging is common in biological
systems at the organism level, our results show its use at the organelle and cellular level.

Keywords (up to 10): Cryptococcus neoformans, Chaos, Bet-hedging, phagolysosome, trained immunity,
chance, fungal, disease

Introduction

Audaces fortuna iuvat **(Fortune favors the bold) - Virgil**

Phagocytosis is a fundamental cellular process used by unicellular organisms for nutrient acquisition as well as by host immune cells for microbial defense. The parallels between food acquisition and immunity have led to the suggestion that these two processes had a common evolutionary origin(1). The process of phagocytosis results in the formation of a phagolysosome, a dynamic membrane bounded organelle, which represents a critical location in the struggle between the host and ingested microbial cells(2). Microbial ingestion into phagosomes results in exposure to host cell microbicidal mechanisms, which leads to death for some microbes while others survive by subverting critical aspects of phagosome maturation and by damaging phagolysosome structural integrity.

The process of phagosomal maturation, encompassed by the fusion of the phagosome with lysosomes and lumen acidification, is a complex choreography that includes the recruitment of V-ATPase from lysosomes to the phagolysosome(2, 3) and many other protein components(4). Proton pumping into phagolysosomal lumen results in acidification that inhibits microbes and activates antimicrobial processes that are microbicidal. Consequently, some types of microbes, such as *Mycobacterium tuberculosis* and *Histoplasma capsulatum*, interfere with phagosomal maturation and acidification to promote their intracellular survival. The extent of phagosomal acidification is determined by numerous mechanisms that include proton flux through the pump, proton consumption in the phagosomal lumen, and backflow into the cytoplasm(5). Phagosome acidification in macrophages is rapid with a pH of 6 being reached within 10 min after ingestion(6) and 5.4 by 15-20 min(7).

Cryptococcus neoformans is a facultative intracellular pathogen(8). Upon ingestion by macrophages, *C. neoformans* resides in a mature acidic phagolysosome(9). The outcome of macrophage-*C. neoformans* interaction is highly variable depending on whether the fungal cell is killed, inhibited, or unaltered. If not killed, *C. neoformans* can replicate intracellularly, resulting in variable outcomes which include death and lysis of the host cell, non-lytic exocytosis(10, 11), transfer to another macrophage(12, 13), or phagosomal persistence. A critical variable in determining the outcome of the *C. neoformans*-macrophage interaction is phagosomal membrane integrity, with maintenance of this barrier conducive to control of intracellular infection while loss of integrity leads to host cell death(14).

Prior studies of *C. neoformans* phagosomal acidification measured great variation in the pH of individual phagolysosomes(14–16). The pH of cryptococcal phagolysosomes is affected by several microbial variables that include urease expression(15), phagosomal membrane integrity(14), and the presence of the cryptococcal capsule with glucuronic acid residues that can influence the final pH via acid base properties(17). In addition, the capsule of *C. neoformans* increases in diameter as part of a stress response

which can potentially affect the phagolysosomal pH through increasing the phagolysosome volume, thus
diluting its contents and promoting membrane damage through physical stress(14).

In this study, we analyzed the time dependence of the phagolysosomal pH distribution in murine and
human macrophages and conclude that acidification is a stochastic process in which macrophages default
to a range of pHs with random variation. We demonstrate that, in doing so, macrophages employ a bet-
hedging strategy by sacrificing a small amount of overall fitness to ensure broad survivability. Thus, we
suggest that chance, in the form of stochastic dynamics, could be an important strategy in phagosomal
acidification, which benefits the macrophage by bet hedging against a range of pathogens, and could echo
through the immune process to introduce a fundamental uncertainty in the outcome of microbe-
macrophage interactions.

Results

We previously reported a wide distribution of phagolysosomal pH after the ingestion of *C. neoformans* by
murine bone marrow derived macrophages (BMDMs) (14, 15). Given that the growth rate of *C.*
neoformans is highly affected by pH(15, 18) and that the outcome of the *C. neoformans*-macrophage
interaction is determined in the phagolysosome(14, 19, 20), we analyzed the distribution of
phagolysosomal pH mathematically to gain insight into the dynamics of the acidification process. A
scheme of the method used to determine phagosomal acidification with representative data from
polystyrene bead phagocytosis experiments are shown in Supplemental Figure 1.

Murine macrophage phagolysosomes acidify stochastically

To determine whether phagolysosomal acidification is a deterministic or stochastic dynamical process, we
employed a permutation spectrum test(21) in which the distribution of ordinal patterns occurring in
subsets of our full dataset was analyzed (SFig 1C). We found no forbidden patterns at any time evaluated
for any of the pH distributions resulting from the ingestion of beads, alive *C. neoformans,* or heat-killed *C.*
neoformans, which implies that the acidification is a stochastic process (Figure 1). This analysis was
repeated on several other strains and conditions throughout the project and at no point did we observe
forbidden ordinal patterns (SFig 2A). Given that beads are inert and cannot modify pH, we reasoned that
their corresponding phagolysosomes would be the closest approximation of a default acidification state
and would therefore represent a "baseline" to which we could compare phagolysosome acidification
dynamics in other conditions.

Bead ingested murine macrophage phagolysosomes stabilize to a normally distributed pH

To probe the dynamics of the phagolysosomal acidification system at this baseline, we analyzed several
hundred individual phagolysosomal pH measurements at various time intervals after BMDMs had

ingested inert beads (Figure 2A). To determine whether phagolysosome pH measurements followed a
normal distribution, the measured relative pH values were fit to a predicted normal distribution using the
"fitdistrplus" R statistical package then analyzed via Q-Q plots and the Shapiro-Wilk normality test. We
found that phagolysosome pH value distributions did not approximate normality at early times (15 and 30
min), but mostly did at intervals of and past 1 h post infection. We were able to reject the Shapiro-Wilk
null hypothesis only at 15 min, 30 min, and 3 h (Figure 2B). We hypothesized that not all phagolysosomes
were fully mature before 1 h and reasoned that the bimodal appearance of pH at early time intervals is
likely due to the population of phagosomes being at different stages of maturity. Interestingly, the pH
distribution for the phagolysosomes containing live or dead *C. neoformans* did not approximate normality
even at later times. We rejected Shapiro-Wilk normality for each of these samples except for dead *C.*
neoformans at 3 h. Q-Q plots supported the notion that each sample skews further from normality
compared to bead ingested macrophage phagolysosome pH distributions (SFig 3). Considering that
macrophages default to a random pH from a particular normal distribution and that *C. neoformans* invest
in disrupting this process, we hypothesized that this system must confer some host benefit. Thus, we
decided to compare the pH distribution of mature bead ingested phagolysosomes to a range of pHs
tolerated by relevant potential pathogens.

<u>BMDM phagolysosomes acidify to a pH range suboptimal for growth of soil and pathogenic microbes</u>

The pH of soils varies greatly from acidic to alkaline based on a variety of conditions that, in turn,
determine the associated microbiome(22). Soils contain many pathogenic microbes including *C.*
neoformans. Since the phagolysosome is an acidic environment, we reasoned that microbes that thrive in
acidic soils could proxy for the types of microbes that hosts, and thus macrophages, could encounter, and
pose a threat to the cell/host due to their acidophilic nature (ex. *Cryptococcus neoformans*). Hence, we
compared(23, 24) the distribution of pH values from mature phagolysosomes (HPI ≥ 1 h) which had
ingested latex beads, as a measure of the range of acidities generated in the absence of microbial
modulation, relative to published soil microbe growth data as a function of pH (Figure 3). The latex bead
pH distribution is narrow and centered at a pH of about 4.5, which corresponds to a pH that significantly
reduces the optimal growth even for microbes in acidic soils. To generate a more relevant comparison to
human disease models, we also searched out the pH tolerance of 27 significant human pathogens which
macrophages are likely to encounter during human infectious diseases (Supplemental Table I). We then
compared these distributions to the pH distribution in bead ingested macrophage phagolysosomes (Figure
3). The distribution of this default macrophage pH heavily overlaps with the more inhibitory pH regions
when compared to both soil and known pathogen pH tolerances. Taken together these data suggest that
the low phagosomal pH is itself a defense mechanism, with a distribution that manifests bet hedging by
defaulting to a range, rather than single value, inhibitory to most of the spectrum of pathogens the
macrophage is likely to encounter.

<u>Simulations of macrophage populations show stochastic pH as a bet-hedging strategy</u>

Bet-hedging is generally understood as a strategy which decreases the variation in fitness at the expense
of a small decrease in mean fitness. To test whether variation in macrophage phagolysosome pH
constitutes a diversified bet-hedging strategy, we first modeled host survival rate as a function of final
phagolysosomal pH in the context of a pathogen randomly selected from Supplemental Table I. This
analysis modeled phagolysosomal pH as a normal distribution with mean μ and standard deviation σ
varied over a range of possible values in order to test how bet-hedging depends on these parameters. To
each phagolysosomal pH, we associated a fitness value which models survival likelihood against
pathogens, using the list of pathogens (Table 1), with their viable pH ranges collected from the literature,
and we computed the distribution of fitness (p) as phagolysosomal pH varies (Figure 4A,B). As expected
in bet-hedging, we observed concurrent decreases in mean fitness and standard deviation of fitness with
increasing σ of phagolysosomal pH.

Another way to formalize the emergence of bet-hedging as an evolutionary strategy is by considering the
average long-term rate of growth. Thus, we considered a multiplicative model, in which the growth rate
(r_T) over time (T) was defined as the geometric mean of ρ_t, where ρ_t is the fitness at time t and t ranges
from 1 to T. Taking logs, $\log(r_T)$ is the average of the random variable $\log(\rho_t)$. By the law of large numbers,
this average will approach $E(\log(\rho_t))$. Thus $E(\log(\rho))$ is the operative quantity to be maximized, rather than
$E(\rho)$. Note that applying the log transformation has the effect of placing heavier penalties on fitness values
that are close to 0, so that maximizing mean log fitness will tend to encourage lower standard deviation
in fitness[25] (Figure 4C). This relationship between deviation in fitness and overall fitness again implies
bet-hedging behavior, supporting our hypothesis.

<u>Time intervals from ingestion of *C. neoformans* to initial budding are stochastic</u>

C. neoformans replication rate is highly dependent on pH[15]. Consequently, we hypothesized that if
phagolysosomal acidification followed stochastic dynamics, this would be reflected on the time interval
from ingestion to initial replication. Analysis of time intervals to initial fungal cell budding events revealed
stochastic dynamics with no evidence of forbidden ordinal patterns (SFig 2B). Similar results were
observed for initial budding of wild type and urease negative strains of *C. neoformans*, which reside in
phagolysosomes that differ in final pH as a result of ammonia generation from urea hydrolysis.
Acidification intervals for both strains were stochastic, despite the fact that phagolysosomes of urease
deficient strains are approximately 0.5 pH units lower than those of wild type strains[15].

<u>Trained murine macrophages have inverse acidification dynamics</u>

Trained immunity has recently been shown to influence repeated infection in monocyte populations not
exposed to the adaptive immune system[26]. To determine whether initial exposure to a pathogen has
an effect in the dynamics of this system we exposed BMDMs to *C. neoformans,* resolved the infection with
antifungals, and measured phagolysosome acidification dynamics upon reinfection. We found that pH
distribution of phagolysosomes from macrophages previously trained as described also exhibited
stochastic behavior (Figure 5A), veering away from a normal distribution of pH (Figure 5B and SFig 3,4).

However, trained BMDMs on average exhibited a significantly lower initial pH, which became significantly
higher compared to untrained BMDMs over time (Figure 5C). Fully understanding this system will require
significant further study outside the scope of this manuscript. In this regard we note that amphotericin B
is a powerful activator of macrophages(27) and that *C. neoformans* residence inside macrophages is
associated with host cell damage(28, 29). Hence, the effects we observe could be the aggregate of several
influences in the system. Nevertheless, there is a clear suggestion of a historical effect on which pH
distribution a macrophage will employ. This may also suggest an adaptive component to the macrophage
bet-hedging strategy.

<u>Human monocytes acidify stochastically and approximate normality</u>

To determine how closely the murine system resembled human acidification dynamics, we isolated
macrophages from human peripheral blood monocytes and repeated these experiments with beads and
live *C. neoformans*. We found that acidification intervals in human cells were also stochastic in nature
(Figure 6A). Additionally, human cells that ingested inert beads were normally distributed at the 15 min
and 1 h time intervals. Even though the times skewed away from normality, the skew was not as severe
as that observed in yeast containing phagolysosomes (Figure 6B). We hypothesize that some of this
skewing could result from different dynamics due to the different background inherent to human donors,
which differ from the mouse system in which cells are isolated from genetically identical individuals (SFig
5). Furthermore, within the context of our simulation, if we model the phagolysosome pH values of a
population of human macrophages as a normal distribution with mean and standard deviation
determined from pH values observed across all time points (5.08 and 1.08, respectively), the resulting
mean log fitness is high with dramatically reduced deviation in fitness (Figure 4).

Cryptococcus neoformans <u>skews phagolysosome acidification towards conditions favorable to the yeast</u>

Cryptococcal cells buffer the phagolysosome pH toward 5.5, a value optimal for yeast growth(14). We
therefore hypothesized that *C. neoformans* could use this buffering capability to disrupt the host
acidification strategy. We found that phagolysosomes containing live *C. neoformans* and live *C. gattii*
acidified to distributions of pH less normally distributed and more permissive to general fungal replication
by increasing the average observed phagolysosomal pH.

To probe host fitness with regard to *C. neoformans* specifically, we modified our model by declaring the
inhibitory pH as ≤ 4, which inhibits *C. neoformans* replication(30), and calculated the likelihood of each
population of macrophages to achieve an inhibitory pH, assuming phagolysosome pHs were normally
distributed around the observed mean and standard deviation. Here we analyzed the combined data for
all time intervals, reasoning that in actual infection interactions between *C. neoformans* and host
macrophages early phagosomes would be important as well, rather than focusing only on mature
phagolysosomes.

We estimated the proportions of inhibitory phagolysosomes and found that bead-containing
phagolysosomes were more likely to acidify to ≤ 4, followed by heat-killed and *Δure1 C. neoformans*,
followed by live *C. neoformans*, with capsule deficient *Cap59* being particularly likely, and trained
macrophages or *C. gattii* containing phagolysosomes being particularly unlikely to achieve inhibitory pH
(Fig 7A). Our actual data was not normally distributed with non-bead samples though, as *C. neoformans*
actively modulates phagolysosomal pH. The starkest difference we observed is that killed and live *C.*
neoformans phagolysosomes had the same proportion of inhibitory phagolysosomes, suggesting the
capsule has a more significant effect on pH modulation than we initially expected. This finding is
corroborated by the high proportion of inhibitory phagolysosomes in *Cap59* containing phagolysosomes,
a strain incapable of modulating pH since it has no capsule (Fig 7C). Additionally, the expected and
observed increased likelihood of bead containing phagolysosomes to inhibit *C. neoformans* replication
compared to live *C. neoformans* phagolysosomes was consistent between murine and human cells (Fig
7B,D).

Discussion

The complexity and sequential nature of the phagolysosomal maturation process combined with the
potential for variability at each of the maturation steps, and the noisy nature of the signaling networks
that regulate this process, have led to the proposal that each phagolysosome is a unique and individual
unit(31). In fact, the action of kinesin and dynein motors that move phagosomes along microtubules
exhibits stochastic behavior, adding an additional source of randomness to the process(32). Hence, even
when the ingested particle is a latex bead taken through one specific type of phagocytic receptor there is
considerable heterogeneity in phagolysosome composition, even within a single cell(31). Since the
phagolysosome is a killing machine used to control ingested microbes, this heterogeneity implies there
will be differences in the microbicidal efficacy of individual phagolysosomes. This variability raises
fundamental questions about the nature of the dynamical system embodied in the process of phagosomal
maturation.

In this study, we analyzed the dynamics of phagolysosome pH variability after ingesting live yeast cells,
dead yeast cells, and latex particles. We sought to characterize the acidification dynamics as either
stochastic—an inherently unpredictable process with identical starting conditions yielding different
trajectories in time, or deterministic—a theoretically predictable process with identical starting conditions
leading to identical trajectories. In particular, we focused our analysis on differentiating stochastic vs.
chaotic signatures in the trajectories of phagolysosomal pH. While both dynamics might yield highly
divergent trajectories for similar starting conditions (i.e. only one of 100 variables differing by only a
minuscule amount), a chaotic system is inherently deterministic, such that if strictly identical starting
conditions were replicated, the same trajectory would follow from those conditions each time. A chaotic
system is defined as one so sensitive to initial conditions that, in practice, initial conditions cannot be
replicated precisely enough to see these same trajectories followed. The dynamical signatures of such
systems are unique and can be differentiated from that of deterministic or stochastic dynamics.

Irrespective of the nature of the ingested particle, we observed that the distribution of the increment of phagolysosomal pH reduction was random, indicative of a stochastic process. We found no evidence that phagosome acidification was a chaotic process. Systems in which a large number of variables each contribute to an outcome tend to exhibit 'noise', which gives them the characteristics of a stochastic dynamical system. In this regard, our finding that phagolysosomal pH demonstrates stochastic features is consistent with our current understanding of the mechanisms involved. Quantile-Quantile (Q-Q) plots revealed that most phagolysosomal pH distributions in this study manifested significant deviations from normality in several instances. The most normally distributed pH sets were those resulting from the ingestion of latex beads, particles that cannot modify the acidity of the phagolysosome. We note that for the three *C. gattii* strains the pH distributions revealed more skewing in Q-Q plots than for the H99 *C. neoformans* strain. Although the cause of this variation is not understood and the strain sample size is too small to draw firm conclusions, we note that such variation could reflect more microbial-mediated modification of the phagolysosomal pH by the *C. gattii* strains. In this regard, the capsular polysaccharide of *C. gattii* strains has polysaccharide triads that are more complex(33) and, given that the cryptococcal polysaccharide capsule contains glucuronic acids that can modify phagolysosomal pH via acid-base properties(17), it is possible that this skewing reflects differences in phagolysosome to phagosome capsular effects.

For most microbes, maintenance of an acidic environment in the phagolysosome is critically determinant on the integrity of the phagolysosomal membrane, keeping protons in the phagolysosomal lumen whilst excluding more alkaline cytoplasmic contents. For example, with *C. albicans,* the rupture of the phagolysosomal membrane is followed by rapid alkalization of the phagolysosomal lumen(34). For *C. neoformans*, phagolysosomal integrity is compromised by secretion of phospholipases that damage membranes as well as the physical stress on membranes resulting from capsular enlargement in the phagolysosome(14). However, for *C. neoformans*, loss of phagolysosomal membrane integrity does not immediately result in loss of phagolysosomal acidity, which is attributed to buffering by glucuronic acid residues in the *C. neoformans* capsule(17). Adding to the complexity of the *C. neoformans*-macrophage interaction is the fact that the phagolysosomal pH in the vicinity of 5.5 matches the optimal replication pH for this fungus(15), which can be expected to place additional stress on the organelle membrane through the increased volume resulting from budding cells. Treating macrophages with chloroquine, which increases phagosomal pH(35), potentiates macrophage antifungal activity against *C. neoformans*(36). Hence, phagosomal acidification does not inhibit *C. neoformans* replication but is critical for activation of mechanisms involved in antigen presentation(37). In the cryptococcal-containing phagolysosome the luminal pH is also likely to reflect a variety of microbial-mediated variables which include ammonia generation from urease, capsular composition, and the integrity of the phagolysosomal membrane.

Analysis of the normality of phagolysosomal pH distributions as a function of time by the Shapiro-Wilk test produced additional insights into the dynamics of these systems. Phagolysosomes containing inert beads manifested pH distributions that met criteria for normality at most time intervals after 1 h post infection (HPI). We hypothesize that at 0.25 and 0.5 HPI there are two populations of phagolysosomes, mature and maturing, with the latter having not yet fully acidified and thus resulting in the observed bimodal distributions. In contrast, the pH distribution of phagolysosomes containing dead *C. neoformans* cells initially veered away from normality at 15 min, 30 min, and 1 h but in later time intervals approached normality, meeting the criteria for normality at 3 h. One interpretation of this result is that the process of phagocytosis is itself a randomizing system with Gaussian noise resulting from phagolysosome formation and kinetics of the initial acid-base reactions between increasing proton flux and quenching glucuronic acids in the capsular polysaccharide. With time, the titration is completed as all glucuronic acid residues are protonated, as dead cells did not synthesize additional polysaccharide, which moved the phagolysosomal pH distribution towards normality. A similar effect may have occurred with strains R265, W179, and *ure1Δ*. Convergence to or away from normality could reflect a myriad of such variables affecting phagolysosomal pH including the intensity of acidification, the volume of the phagolysosome (largely determined by the yeast capsule radius), the glucuronic acid composition of the capsule, the production of ammonia by urease, and the leakiness of the phagolysosome to cytoplasmic contents with higher pH. Although our experiments cannot sort out the individual contributions of these factors, they suggest that, in combination, they produce Gaussian noise effects that push or pull the resulting distribution to or from normality. Additionally, human phagolysosome acidification dynamics resembled those of mouse cells but noted significant differences in the distributions of phagolysosomal pH between individual human donors. This donor-to-donor variation could reflect differences in polymorphisms in Fc receptor genes or other genetic variables and is an interesting subject for future studies.

When a phagocytic cell ingests a microbe, it has no information as to the pH range tolerated by the internalized microbe. A stochastic dynamical process for phagolysosomal acidification could provide phagocytic immune cells and their hosts with the best chance for controlling ingested microbes. The acidic pH in the phagolysosome activates microbicidal mechanisms and acidity is not generally considered a major antimicrobial mechanism in itself. However, our analysis of pH tolerances of 27 pathogenic microbes revealed that the majority are inhibited by phagolysosomal pH with the caveat that some, like *C. neoformans*(18) and *Salmonella typhimrium*(38), thrive in acidified phagolysosomes. On the other hand, a less acidic phagosomal pH is conducive to intracellular survival for *M. tuberculosis*(39). During an infectious process when the immune system confronts numerous microbial cells the random nature of the final phagosomal pH will result in some fraction of the infecting inoculum being controlled, and possibly killed, by initial ingestion allowing antigen presentation. In this regard, the mean number of bacteria in the phagolysosomes and cytoplasm of macrophages infected with the intracellular pathogen *Franciscella tularensis* exhibits stochastic dynamics(40), which in turn could result from the type of stochastic processes in phagolysosome formation noted here. Hence, chance in phagolysosomal pH acidification provides phagocytic cells with a mechanism to hedge their bets such that the stochastic nature of the process is itself a host defense mechanism.

In biology, bet-hedging was described by Darwin as a strategy to overcome an unpredictable environment(41), which is now known as diversified bet-hedging: diversifying offspring genotype to ensure survival of at least some individuals at the expense of reducing the mean inclusive fitness of the parent. The main idea behind any bet-hedging strategy, under the assumption of multiplicative fitness, is that to maximize long-term fitness, an organism must lower its variance in fitness between generations(42–44). For example, varying egg size and number in a clutch can bank against years with a hostile environment in a form of diversified bet-hedging(45). During any given "good year" fewer of the offspring will thrive because some are specifically designated for survival in "bad years", drastically increasing fitness during bad years at the cost of a slight fitness reduction during good. Our observations suggest that, as a population, macrophages perform a bet-hedging strategy by introducing a pH level as inhospitable to pathogens as possible, while still maintaining biologically possible levels. However, such an approach could select for acid-resistant microbes. Our observation suggests that to avoid an arms-race, the macrophage not only lowers the pH level to a level that is unfavorable to most microbes, since the reduction in pH level reduces the optimal growth condition to around 70% of the optimum (see Figure 3 red line under the blue shaded curve), but it also introduces randomness in the achieved pH, such that ingested microbes are less likely to adapt to the potentially hostile environment. In other words, tightly controlled pH reduction by the host without increased variation, might introduce an evolutionary arm-race between pathogens and their host cells, leading towards deleterious outcome of selecting microbial acid resistance. Additionally, our model shows that even at the lower extreme mean pH, macrophage populations still benefit in the long run by increasing their phagolysosomal pH. We note that the pH of other mammalian fluids such as that of the blood are tightly regulated such that their physiological variance is very small(46). For example, human plasma pH averages 7.4 with a range of only 0.05 units. Hence, organisms can maintain tight pH control when it is physiologically important, thus implying that the comparatively large range of phagolysosomal pHs measured in all conditions studied is a designed feature of this system. In other words, one can envision the macrophage's first line of defense of bet-hedging phagolysosomal pH as a roulette wheel, where the payout is likelihood of macrophage survival and the placed bet is a range of possible pH. Placing multiple bets across the table (increasing standard deviation of pH distribution) increases the chance of winning at the cost of a lower payout (mean fitness), resulting in a more profitable long-term strategy (increased mean log fitness). In fact, the most profitable roulette strategy is broad color bets with lower payouts but the best winning probability. The most profitable betting strategy would of course be to play Blackjack instead, but macrophages do not have that luxury.

Given that acid has potent antimicrobial properties, one might wonder why phagolysosomal acidification does not reach even lower and more acidic pHs. There are several explanations for observed lower limits in pH. Acidification is achieved by pumping protons into the vacuole and achieving lower pHs against an ever-increasing acidity gradient could prove thermodynamically difficult. There is also evidence that the integrity of the cell membrane lipid bilayer is compromised by acidity at pHs of 3 and below(47, 48) which could promote leakage of phagolysosomal contents into the cytoplasm with damage to the host cell.

Consequently, we propose that a larger variation in macrophage phagolysosomal pH acts as a diversified
bet-hedging strategy against the stochasticity of the potential pH tolerances of ingested microbes within
the physiological limits of achievable acidification. This hypothesis is supported by simulated data in which
an increase in standard deviation of the pH distribution slightly lowers the expected mean but significantly
decreases the standard deviation of host survival. Fully analyzing the consequences and evolutionary
tradeoff of this strategy would require a closer analysis that considers the costs and benefits with regard
to the host. Though outside the scope of our current work, our observations suggest this line of
investigation for future studies.

Our results delineate new avenues for investigation. Most perplexing is how a random phagolysosomal
pH is established and maintained. One can imagine various mechanisms including variation in the number
of ATPase molecules and/or differences in activity of individual pumps depending on location and
adjoining structures. To resolve this would require sophisticated technology allowing the measurement
of pH in individual phagolysosomes as a function of pump occupancy and efficacy. Such techniques are
likely beyond the current technological horizon but suggests new fertile areas of scientific investigation.
From a clinical perspective, a drug that increases variation in phagolysosomal pH could be useful in
enhancing macrophage anti-microbial efficacy in situations which one cannot anticipate which specific
microbes will be encountered. On the other hand, drugs that specifically modulate pH may be useful in
situations with specific microbes that express marked acid/base tolerance. In this regard, chloroquine
alkalizes *C. neoformans* phagolysosomes, moving away from optimal inhibitory pH. This drug has been
shown to enhance macrophage activity against *C. neoformans*(9, 49).

In summary, we document that phagolysosomal acidification, a critical process for phagocytic cell efficacy
in controlling ingested microbial cells, manifests stochastic dynamics that permit a bet-hedging strategy
for phagocytic cells ingesting microbes of unknown pH tolerance. These observations establish that the
use of bet-hedging strategies in biology extends to the sub-organism level to involve cells and their
organelles. This, in turn, implies a significant role for chance in the resolution of conflict between microbes
and host phagocytic cells in individual phagolysosomes. We have recently argued that chance is also a
major determinant of individual susceptibility to infectious diseases at the organismal level(50). Variability
in the outcome of infectious disease between individual hosts may reflect the sum of innumerable chance
events for host-microbe interactions at the cellular level, which include the process of phagosome
acidification.

Methods

<u>Cell Strains and Culture Conditions</u>

Cryptococcus gattii species complex strains R265, WM179, and WM161 were obtained from ATCC
(Manassas, VA), and *Cryptococcus neoformans* species complex serotype A strain H99 as well as *ure1Δ*

(lacking urease, derived from H99) were originally obtained from John Perfect (Durham, NC). The strains were stored at 80°C.Frozen stocks were streaked onto Sabouraud dextrose agar (SAB) and incubated at 30°C. Liquid suspensions of cryptococcal cultures were grown in SAB overnight at 30°C. Cryptococcal cultures were heat killed by incubating at 65 °C for 1 h.

Macrophage cells were either mouse bone marrow-derived macrophages (BMDM) obtained from 6 week old C57BL/6 female mice from The Jackson Laboratory (Bar Harbor, ME), J774.16 macrophage-like cells, or human monocytes isolated from PMBCs. BMDMs were isolated from hind leg bones and for differentiation were seeded in 10 cm tissue culture treated dishes (Corning, NY) in Dulbecco's Modified Eagle Medium (DMEM, Corning) with 10% FBS (Atlanta Biologicals, Flowery Branch, GA), 1% nonessential amino acids (Cellgro, Manassas, VA), 1% penicillin-streptomycin (Corning), 2 mM Glutamax (Gibco, Gaithersburg, MD), 1% HEPES buffer (Corning), 20% L-929 cell conditioned supernatant, 0.1% beta-mercaptoethanol (Gibco) for 6 days at 37 °C and 9.5% CO_2. BMDMs were used for experiments within 5 days after differentiation. J774.16 cells were cultured in DMEM with 10% FBS, 1% nonessential amino acids, 10% NCTC109 (Gibco), and 1% penicillin-streptomycin at 37 °C with 9.5% CO_2. For human peripheral blood mononuclear cells (hPBMCs), CD14+ monocytes were isolated using Dynabeads Untouched Human Monocytes Kit (Thermo Fisher Scientific) according to the manufacturer protocol. The isolated cells were differentiated in RPMI-1640 medium (RPMI) with 10% FBS (Atlanta Biologicals, Flowery Branch, GA), 1% penicillin-streptomycin (Corning), and 25 ng/mL of human granulocyte-macrophage colony-stimulating factor (GM-CSF, Sigma-Aldrich) for five days. Human cells were further cultured in RPMI (RPMI) with 10% FBS (Atlanta Biologicals, Flowery Branch, GA), 1% penicillin-streptomycin (Corning), and activated with 0.5 ug/mL LPS and 10 ng/mL IFN-γ.

Phagolysosomal pH measurement

Phagolysosomal pH was measured using ratiometric fluorescence imaging involving the use of pH-sensitive probe Oregon green 488 as described in prior studies[15]. The pH values analyzed here were collected in part during prior studies of *C. neoformans*-macrophage interactions[14–16]. Briefly, Oregon green 488 was first conjugated to monoclonal antibody (mAb) 18B7, which binds *C. neoformans* capsular polysaccharide, using Oregon Green 488 Protein Labeling Kit (Molecular Probes, Eugene, OR). The labeling procedure was done by following the manufacture's instruction. BMDMs were plated at a density of 1.25 × 10^5 cells/well or differentiated human macrophages were plated at a density of 2.5 x 10^5 cells/well on 24-well plate with 12 mm circular coverslip. Cells were activated with 0.5 µg/ml lipopolysaccharide (LPS; Sigma-Aldrich) and 100 U/ml interferon gamma (IFN-γ; Roche), at 37 °C in a 9.5% CO_2 (BMDM) or 5% CO_2 (Human macrophage) atmosphere overnight. Prior to infection, 2 d old live, heat killed H99, R265, WM179, ure1, cap59, or anti-mouse IgG coated polystyrene bead (3.75 × 10^6 cells or beads/ml) were incubated with 10 µg/ml Oregon green conjugated mAb 18B7 for 15 min. Macrophages were then incubated with Oregon green conjugated mAb 18B7-opsonized particles in 3.75 × 10^5 cryptococcal cells or beads per well (BMDM) or 2.5 x 10^5 cell/well (Human macrophage). Cells were centrifuged immediately at 350 x g for 1 min to synchronize ingestion and cultures were incubated at 37 °C for 10 min to allow phagocytosis. Extracellular cryptococcal cells or beads were removed by washing three times with fresh medium, a step that prevents the occurrence of new phagocytic events. As an additional safeguard against

new phagocytic events fresh media was supplemented with AlexaFluor 568 conjugated mAb 18B7 for 1 h
to label extracellular particles. Samples on coverslip were collected at their respective time points after
phagocytosis by washing twice with pre-warmed HBSS and placing upside down on MatTek petri dish
(MatTek, Ashland, MA) with HBSS in the microwell. Images were taken by using Olympus AX70 microscopy
(Olympus, Center Valley, PA) with objective 40x at dual excitation 440 nm and 488 nm, and emission 520
nm. Images were analyzed using MetaFluor Fluorescence Ratio Imaging Software (Molecular Devices,
Downingtown, PA). Fluorescence intensities were used to determine the ratios of Ex488 nm/Ex440 nm
that were converted to absolute pH values using a standard curve where the images are taken as above
but intracellular pH of macrophages was equilibrated by adding 10 µM nigericin in pH buffer (140 mM KCl,
1 mM $MgCl_2$, 1 mM $CaCl_2$, 5 mM glucose, and appropriate buffer ≤ pH 5.0: acetate-acetic acid; pH 5.5-6.5:
MES; ≥ pH 7.0: HEPES. Desired pH values were adjusted using either 1 M KOH or 1 M HCl). The pH of
buffers was adjusted at 3-7 using 0.5-pH unit increments.

Trained macrophage experiments

BMDMs were plated at a density of 2×10^5 cells/well on 24-well plate with 12 mm circular coverslip.
Cells were activated with 0.5 µg/ml LPS and 100 U/ml IFN-γ; Roche and incubated at 37 °C in a 9.5% CO_2
atmosphere overnight. Prior to the infection, H99 were stained with 0.01% Uvitex 2B for 10 min.
BMDMs were then infected with H99 (2×10^5 cells/well) in the presence of 10 µg/ml 18B7. After 1 h of
infection, 5 µg/ml of amphotericin B were added to each well and the culture were incubated for
overnight. On the following day, the cultures were washed three times with PBS, and incubated in PBS
for 2 h. After the incubation, the cultures were further washed three times with PBS. A fresh overnight
culture of H99 were incubated with 10 µg/ml Oregon green conjugated mAb 18B7 for 15 min.
Macrophages were then incubated with Oregon green conjugated mAb 18B7-opsonized H99 in 2×10^5
cells per well. Cells were centrifuged immediately at 350 x g for 1 min to synchronize ingestion.
Phagolysosomal pH were then measured using Olympus AX70 microscopy.

Time-lapse imaging and intracellular replication

The time of intracellular replication here were collected in time-lapse imaging during prior studies of *C.*
neoformans-macrophage interactions(15). For imaging BMDM (5×10^4 cells/well) were plated on poly-D-
lysine coated coverslip bottom MatTek petri dishes with 14mm microwell (MatTek). Cells were cultured
in completed DMEM medium and stimulated with 0.5 µg/ml LPS and 100 U/ml IFN-γ overnight at 37 °C
with 9.5 % CO_2. On the following day, macrophages were infected with cryptococcal cells (H99 or ure1;
1.5×10^5 cells/well) opsonized with 18B7 (10 µg/ml). After 2 h incubation to allow phagocytosis,
extracellular cryptococcal cells were removed by washing the culture five times with fresh medium.
Images were taken every 4 min for 24 h using a Zeiss Axiovert 200M inverted microscope with a 10x phase
objective in an enclosed chamber at 9.5 % CO_2 and 37 °C. The time intervals to initial replication of
individual cryptococcal cells inside macrophage were measured in time-lapse imaging.

Data Processing

Phagolysosome pH intervals were calculated by subtracting measured pH levels of phagolysosomes from a starting pH of 7.2, and individual interval measurements were concatenated into a single dataset for each time point examined.

Data analysis

Discrimination of deterministic vs. stochastic dynamics was achieved using the previously characterized permutation spectrum test(21). In this method, the processed datasets were segmented into overlapping subsets of 4 data points using a sliding window approach, as detailed in figure 4, and assigned 1 of 24 (4!) possible ordinal patterns based on the ordering of the 4 terms in the subset. The frequencies with which each unique ordinal pattern occurred in the dataset were then calculated and plotted. Deterministic dynamics were characterized by the occurrence of "forbidden ordinals", equal to ordinal patterns that doesn't occur in the dataset whereas stochastic dynamics were characterized by the presence of all ordinals. Measured phagolysosomal pHs were subtracted from an initial pH value (7.2) based on cell media pH and placed in a vector. Subsets of 4 data points were generated using a sliding window approach in which the first four values were grouped, the window shifted by one, and the subsequent set of 4 values grouped. Each subset was prescribed an "ordinal pattern" based on the relative values of the data points in the subset to each other with, for instance, the lowest value assigned a "0" in the ordinal pattern and the highest a "3". Further characterization of deterministic dynamics was achieved using the previously characterized point count plot(51), in which periodic vs. chaotic dynamics were differentiated based on the distribution of "peaks" in the calculated power spectrum of each dataset. Power spectrums were estimated with Matlab's Lomb-Scargle power spectral density (PSD) estimate function and subsequently normalized. From the normalized power spectrum, "point count plots" were generated by counting the number of peaks above a set threshold—the point threshold—with values of the point threshold ranging from 0 to 1. Periodic dynamics were characterized by "staircase" point count plots whereas chaotic dynamics were characterized by point count plots with a decreasing exponential shape.

Distribution and normality analysis

Each set of sample data was fit to a series of distributions using the R package "fitdistrplus" with default parameters for each distribution type, generating the histograms and Quantile-Quantile (Q-Q) plots. Normality and significance were calculated via the base R Shapiro-Wilk test.

Generating and Analyzing Simulations

Let f(x) be the probability distribution of the host's pH. For simplicity, we assume that f is Normal(μ, σ). Let F(x) be the corresponding cdf. At every time-point, we randomly sample a pathogen i from a set of pathogens. The pathogen has a range (a_i,b_i) of viable pH, which differs among pathogens. Minimum

tolerable pH values were obtained from the literature as described, while a constant value of 8 was used
for maximum since most pathogens were inhibited as high pH as well as phagolysosomes being unlikely
to alkalize. The host, in turn, randomly chooses a pH by sampling from the distribution f(x). If the host's
pH x falls in the interval (a_i, b_i), then there is a probability p of the host dying. We can think of the host's
survival rate ρ as its fitness, which is a random variable that depends on the randomness in pathogens. As
a function of i, we have ρ(i)=p*(F(b_i)-F(a_i)); the random variable ρ assumes the values ρ(i) with equal
probability.

Author Contributions

543 Conceptualization, Q.D., K.S., A.V, A.C; Methodology: Q.D., K.S., Y.S., M.F., Y.S., C.Y., A.B., A.C.; Software,
544 Q.D., K.S., Y.S., A.V.; Formal Analysis, Q.D.; Investigation, Q.D., K.S., Y.S., M.F., Y.S., C.Y., I.Y., C.M.DLR, J.F.,
545 A.B., A.C.; Writing – Original Draft, Q.D., K.S., M.F, A.B., A.C.; Writing – Review & Editing, Q.D., K.S., Y.S.,
546 M.F., Y.S., C.Y., I.Y., C.M.DLR, J.F., A.B., A.C.; Visualization, Q.D.

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Figure 1. Murine macrophage phagolysosomes acidify stochastically. The frequency of each 4-unit ordinal pattern for each ingested particle: beads (solid black), live *C. neoformans* (dotted), and dead *C. neoformans* (solid gray) at various HPI (gray box value) is graphed. Note that all ordinal patterns have a non-zero frequency.

Figure 2. Bead ingested murine macrophage phagolysosomes stabilize to a normally distributed pH. **A.** Distributions of measured phagolysosomal pH after ingestion of various particles by BMDMs at various hours post infection (gray box value) for bead, live *C. neoformans* (H99), and dead *C. neoformans* (HK-H99). **B.** Visualization of estimated normality via Shapiro-Wilk (line) and total phagolysosome count (bar) for each sample.

Figure 3. BMDM phagolysosomes acidify to a default pH range suboptimal for soil microbe and
pathogen growth. Growth rates of soil bacteria(23, 24) as percent thymine incorporation (red line) and
distribution of minimal culturable pH for 27 human pathogens (red fill) compared to the distribution of
observed phagolysosomal pH after bead ingestion and phagolysosome maturation (blue fill). The bead
pH distribution overlaps unfavorably with minimal growth conditions of microbes, and only minimally
overlaps with the optimal growth pH range of the same 27 pathogens (green fill).

Figure 4. Simulated macrophage populations show stochastic pH as bet-hedging strategy. Success of host-microbe interactions are visualized as macrophage populations faced with randomly selected pathogens and acidified to random pHs from normal distributions of mean μ and standard deviation σ. Meshes represent host macrophage fitness, deviation in fitness, and log mean fitness. Plotted points represent measured data of H99 containing murine (red) and human (magenta) or bead containing murine (blue) and human (cyan) phagolysosomes. **A.** Mean macrophage survival (Z axis, colorbar) increases significantly as pH lowers, and mostly unchanged with standard deviation. **B.** Examples of simulated populations based on numbered points in panel A. Each combination of mean and SD from the axes of panel A represent a unique population of macrophages with a fitness represented by the Z axis and colored mesh. **C.** Deviation in host fitness (Z axis, colorbar) dramatically decreases by increasing standard deviation of pH, and mostly unaffected by shifts in mean pH. **D.** Logarithmic measurement of host fitness (Z axis, colorbar) to observe long term trends applicable to a bet-hedging strategy.

Figure 5. Trained murine macrophages have inverse acidification dynamics. **A.** Ordinal pattern analysis of phagolysosome pH in trained BMDMs. All ordinal patterns appear at a non-zero frequency. **B.** pH distributions of phagolysosomes at various HPI. **C.** Difference (95% CI) after subtracting mean trained phagolysosome pH from mean untrained phagolysosome pH at each timepoint. *, **, **** denote $P < 0.05$, 0.01, and 0.0001 respectively via two tailed t-test.

Figure 6. Isolated human monocytes acidify stochastically and approximate normality. Human macrophages were infected with inert beads or live *C. neoformans*, and their pH analyzed at various timepoints. **A.** Ordinal Pattern analysis for all conditions. All patterns exist at non-zero frequencies for all timepoints. **B.** Distributions of phagolysosome pH at different timepoints. **C.** Shapiro-Wilk normality and total sample count for each condition.

Figure 7. Expected and observed likelihood of phagolysosomes to achieve pH ≤ 4. **A.** The expected proportions of murine BMDM phagolysosomes to achieve pH ≤ 4 assuming a normal distribution based on the observed data. **B.** The expected proportions of human macrophage phagolysosomes to achieve pH ≤ 4 assuming a normal distribution based on the observed data. Expected proportions of macrophages to achieve pH ≤ 4 were calculated from a cumulative distribution function for a normal distribution whose mean and standard deviation were calculated from the observed data. **C.** The observed proportions of murine BMDM phagolysosomes to achieve pH ≤ 4. **D.** The observed proportions of human macrophage phagolysosomes to achieve pH ≤ 4.

790 **Supplemental Information**

791 Supplemental Table-I: pH Susceptibility of Common Pathogens.

Microorganism	Inhibitory pH	Optimal Growth pH (range, average)	Reference
Acetinobacter baumannii	5	7	(52)
Bacillus cereus	4.3	6.75	(53)
Bartonella henselae	<6.6	6.8-7.2 (7.0)	(54)
Bacteroides fragilis	5	7-7.5 (7.25)	(55)
Bordetella pertusis	6	7-7.5 (7.25)	(56)
Brucella spp.	3.5	6.6-7.4 (7.0)	(57)
E. coli	~4	6-8 (7.0)	(58)
Campylobacter jujeni	4	6.5-7.5 (7.0)	(59)
Enterococcus spp.	4.5	7.5	(60)
Group A Streptococcus	5.5	7.5	(61, 62)
Group B Streptococcus	4.3	7	(63)
Histoplasma capsulatum	5	6-9 (7)	(64)
Legionella pneumophila	5	5.5-9.2 (7.35)	(65)
Listeria monocytogenes	3.3	5.6	(66, 67)
Mycobacterium tuberculosis	6.0	7.0	(68)
Mycobacterium avium	4.6	6	(69, 70)
Neisseria gonorrhea	5.8	6.7	(71, 72)
Neisseria menigitidis	6	7.2-9.0 (8.1)	(73)

Pseudomonas aeruginosa	5.4	6-7.5 (6.75)	(74)
Salmonella typhimurium	5	7	(75)
Staphylococcus aureus	4.3	6.5	(76)
Streptococcus pneumoniae	7.0	7.9	(77)
Serratia marcesens	3.0	9.0	(78, 79)
Shigella flexneri	5.5	7.5	(80)
Vibrio cholerae	5.0	8.5	(81, 82)
Yersinia enterocolitica	5.0		(83)
Yersinia pestis	5	7.6	(84, 85)

Supplemental Table-I. pH Susceptibility of Common Pathogens. pH tolerances of pathogens were found
through literature search. In the case of a range of optimal pH, the average was used for simulation data.
Species names are italicized.

Supplemental Figure 1. Experimental designs for described methods. **A.** Experimental design for
phagolysosomal pH measurement. Measurements are based on ratiometric measuring of Ex440/Em520
and Ex488/Em520. **B.** Experimental design for the detection of Chaos within a system. A scanning window
generates sets of windows values which are analyzed for ordinal patterns.

Supplemental Figure 2. Ordinal pattern analysis for expanded samples. **A.** Ordinal pattern frequencies for phagolysosomal acidification intervals in BMDMs infected with various particles at various hours post infection (gray box values). **B.** Ordinal pattern frequencies for time elapsed before initiation of budding for yeast strains ingested by BMDMs.

Supplemental Figure 3. Phagolysosomal pH distributions for expanded samples. Two strains of *C. gattii* (179 and 265), a urease deficient H99 mutant (*Δure1),* and a capsule deficient H99 mutant (cap59) were analyzed at various hours post infection (gray box value).

810   **Supplemental Figure 4.** Normality analysis for expanded samples. Shapiro-Wilk normality values (lines)
811   alongside total phagolysosome sample sizes (bars) for two strains of *C. gattii* (179 and 265), a urease
812   deficient H99 mutant (*Δure1*), a capsule deficient H99 mutant (cap59), and trained BMDMs on reinfection.

Supplemental Figure 5. Phagolysosomal pH distributions for human macrophages infected with H99 separated by individual donor. Human macrophages were analyzed after ingesting either H99 or inert beads at various hours post infection (gray box value).