Effects of Fermented *Idesia Polycarpa* Residues supplementation on laying performance of Laying Quails

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Abstract: Although *Idesia polycarpa* oil has been wildly explored as a raw material

for biodiesel, the reports studying the by-product *Idesia polycarpa* fruit residues (IPR)

are few. This study aimed to evaluate the effect of the *Idesia polycarpa* fruit residues

fermented feed additive (IPFF) on the egg production of laying quails. The egg

production and related performances include egg quality, yolk cholesterol, yolk fatty

acid, quails' jejunum morphology, and relative gene expression were determined in

this study. Compared to the standard diet group, birds fed the 1% IPFF showed a

higher egg production (87.7% on average, 11.5% above the control; $P<0.01$). The

yolk fatty acid composition and n6/n3 ratio were affected by IPFF or IPR. Compared

to the standard diet group, the egg cholesterol content was lower in both IPFF and IPR

groups, and the yolk n6/n3 ratio in the 5% IPFF group (10.3; $P<0.01$) was more

reasonable. Meanwhile, birds under IPFF dietary supplement showed a thicker

jejunum wall, higher villus, and deeper crypt than the standard diet group. In addition,

the altered mRNA expression of four genes involved in cholesterol and fatty acids

metabolism (SREBP-1, SREBP-2, ADGL, APOVLDL-II) in the 1% IPFF group and 5%

IPR group indicated that the lipids metabolism and transportation were enhanced in

the interclavicular fat pad and liver, relative to the standard diet group.

Keywords: *Idesia polycarpa residues, Laying quail, Egg production, Cholesterol,*

Jejunum morphology.

HIGHLIGHTS:

Egg production was higher in IPFF groups

Egg cholesterol was lower in IPFF groups

23   Lipid metabolism and transportation was enhanced in IPFF groups

24   Intestine wall was thicker in IPFF groups

1. Introduction

Idesia polycarpa (*Idesia polycarpa* Maxim. var. *vestita Diels*) is wildly distributed in the south of China. *Idesia polycarpa* oil is edible and also explored as a raw material for biodiesel. (Yang F-X et al. 2009; Wang QY et al. 2013). IPR is the byproduct of the oil squeeze procedure which contains many bioactive substances. Extractions of IPR showed various bioactivities include remarkable antioxidant ability, anti-skin-aging ability, and anti-adipogenic ability in previous studies. Indicated that IPR has the potential for natural product extraction or animal feed exploitation.

From a historical perspective, the phytogenic fermented feed was recognized to benefit the farm animals and described as far back as the beginning of the last century (Curtis 1909; Thom and Church 1921). Fermentation could effectively enhance the nutrition of residues with the decrease of anti-nutritive factors and allergenic proteins (Emenalom et al. 2012; Li C-Y et al. 2014; Dwivedi et al. 2015). Besides that, fermented feed is commonly regarded as a plausible alternative to traditional antibiotics in the cultivation industry (Hong et al. 2004; Karásková et al. 2016). Hence, fermented feed is still gaining interest as it plays an essential role in the quality of feed production and the utilization of unexploited materials as one of the most common materials for fermentation in feed researches. (Zhang et al. 2020).

Quail egg is known for its good taste, health benefits, and Nutrient-rich. (Aba et al. 2016; Ibukun and Oladipo 2016). Besides that, quail eggs of *Coturnix coturnix japonica* have often been used in animal research (Chah et al. 1976) as a sensitive experimental animal (Cardoso et al. 2011; Laurence et al. 2014). It also was a

appropriate choice for testify the effect of fermented *Idesia polycarpa* products on the

quail's egg production. As we know, fatty acid and cholesterol metabolism are

involved in the regulation of egg formation (Speake et al. 1998; Wu et al. 2013; Chen

et al. 2016). There was evidence that extractions in IPR evolved in the lipids

metabolism(Lee et al. 2013). That means IPR or IPFF have the potential to enhance

the egg production of laying quails by altering the lipid metabolism. Therefore, the

present study aims to testify the performance of IPFF on the production of laying

quails as a feeding stuff additive.

56 2. Materials and methods

57 2.1. *Idesia polycarpa* fermented feed

Defatted oil residues of *Idesia polycarpa* obtained by the physical cold pressing

process were kindly supplied by the Agriculture Bureau of Jianyang, China. IPFF was

produced in our laboratory using the solid fermentation method by *Candida utilis*

(purchased from China Center of Industrial Culture Collection, CICC), and the basal

feed purchased in the local market contains all nutrients necessary for animal feeding

which was also supplied for the local layer quail farms. Nutrients of IPFF, IPR, and

basal diet (BD) are shown in **Table 1**.

65 2.2. Experimental animals and feeding management

All animal protocols were approved by the Sichuan University Animal Care and

Use Committee. A total of 300 laying quails (*Coturnix coturnix japonica*, 90 days old)

from a local breeding farm (Chengdu, China) were used. All birds were kept in a

room with a relatively stable temperature (24-30 °C) and humidity (65%), and the fed

followed the standard procedure (All the feeding conditions were as same as the

commercial birds which were feeding in the farm). Those birds were randomly

allocated into 6 groups (50 quails in each group; Control, base diet only; A, a basal

diet supplemented with 5% IPFF; B, a basal diet supplemented with 1% IPFF; C, a

basal diet supplemented with 0.5% IPFF; D, a basal diet supplemented with 5% IPR;

E, a basal diet supplemented with 1% IPR) according to the IPR or IPFF additive

amount. During the 10 weeks experimental period, birds were fed with a fixed amount

of diet (1000 g/d, which contained adequate nutrition such as protein, based on the

farm feeding management for this season, equivalent to a dose of 20 g/d/bird), but

they had access to water *ad libitum*. The quail's differentiated diet was supplied

during the 6 weeks feeding test period from week 3 to week 8 (Phase 2), and all

groups were fed with basal diet only in the final three weeks (week 9-11; Phase 3).

The feeding experimental design is shown in **Table 2**.

2.3. Sample collection

The egg number was calculated every day, and the results were represented in the

daily egg number as the mean value of each week. Eggs were randomly collected

from each group (5 eggs from each group, 30 eggs in total) each week to measure the

egg quality during the experimental period. Egg weights, density, axis ratio, egg yolk

weight, and the ratio between egg weight and egg yolk weight were measured. The

Haugh unit values were calculated using the Haugh unit formula, based on egg weight

and albumen height, as determined by a height vernier caliper. Eggshell thickness and

membrane were determined as the mean value of measurements taken at three

locations on the egg (sharp end, blunt end, and middle section).

The egg yolk samples were separated from the rest of the egg for triglyceride and

cholesterol determination at week 6 to 8. Yolk triglyceride and cholesterol were

determined by ELISA (SMP500-15859-SBRE, Molecular Devices, America) using

commercial kits, according to the manufacturer's protocol (Jiancheng, Nanjing,

China). At week 8, 3 additional eggs per group were collected for yolk lipid extraction.

At the end of Phase 2 (week 8), 3 quails of each group were randomly sacrificed

by cervical dislocation for sample collection after being weighed. Tissues including

intestine, interclavicular fat pad, and liver samples were immediately collected from

all the 18 quails after their sacrifice. The same segment of the intestine was collected

and stored in the prepared stationary phase (10% formalin) for histology analysis, fat

pads were quickly weighted, both fat pads and liver samples were snap-frozen in

liquid nitrogen and stored at -80 °C until the subsequent RNA isolation.

2.4. Yolk lipid extraction

Yolk samples were separated from boiled eggs. Yolk lipid was extracted (three

yolks per group) by hexane extraction (AOAC 2003. 06). The extracted yolk lipids

were stored at -20 °C until the subsequent fatty acids analysis.

2.5. Methylation and GC/MS

The methylation of yolk lipid was determined using the alkali catalysis method (Ulberth 1992). Peak area and fatty acid percentages were calculated using GC/MS-solution (Shimadzu, Japan), and fatty acid methyl esters were expressed as a percentage of total fatty acids.

2.6. Jejunum morphology

After being fixed in 10% formalin for 24 h, cross-sections of the jejunum tissues were selected for 5 μm thick paraffin section and stained with hematoxylin-eosin (HE). The analysis included the wall thickness, villus height, and crypt depth was performed by a microscope equipped with a camera and connected to a computer with the appropriate software (Olympus, BX53, software Cell B, Japan). Data were collected from at least five random visible regions under the microscope. The mean values (three birds per group) were calculated for subsequent statistical analysis.

2.7. RNA isolation

Total RNA was extracted from the fat pad and liver tissue using TRIZOL reagent (Takara, USA). The RNA quality and quantity were determined using nanodrop 2000 (Thermo Scientific, USA). The absorption (260/280nm) ratios of all extracted samples were between 1.8 and 2.0, and RNA integrity was further analyzed by gel electrophoresis. The first-strand cDNA was immediately synthesized using the PrimeScript RT reagent kit (Takara, USA). The obtained cDNA was stored at -20 °C

129   until the subsequent real-time PCR analysis.

2.8. qRT-PCR analysis

Primers used for target genes amplification were either designed using primer 3.0

based on quail-related gene sequences or reported by specific reference (**Table 3**). *β-*

actin was selected as a housekeeping gene to normalize target gene expression. All

primers in this study were synthesized by TSINGKE biotech (Chengdu, China). The

specificity of each of the designed primers was checked via gel electrophoresis

analysis and melting curve analysis during quantitative real-time PCR. Relative

quantification of all transcripts was performed by qRT-PCR using the Bio-Rad CFX96

real-time PCR system (Bio-Rad Laboratories, USA). Real-time quantitative PCR was

performed with SsoFast EvaGreen Supermix (Bio-Rad Laboratories, USA). A total

volume of 10 µl containing 5 µl of SsoFast EvaGreen Supermix, 3 µl of RNA free

water, 0.5 µl of forward primer, 0.5 µl of reverse primer, 1 µl of template cDNA was

used. PCR amplification was carried out as follows: denaturation at 95 °C for 30 s,

followed by 40 cycles at 95 °C for 5 s, specific annealing temperature at 55 °C for 30

s. The $2^{-\Delta\Delta CT}$ method was used to evaluate mRNA expression levels (Livak and

Schmittgen 2001).

2.9. Statistical analysis

147   Statistical analysis was measured by using the SPSS software (SPSS, IBM,

148   version 20). The standard error of means (SEM) obtained from the analysis of

149 variance (ANOVA) that was generated. The significance of difference among means

150 was determined by using one-way ANOVA and compared by Dunnett's multiple

151 range tests. The results were considered statistical significant at $P< 0.05$.

3. Results and discussion

3.1. Genes

Adipose triglyceride lipase (ATGL) is highly expressed in adipose tissue and

catalyzes the initial step of triglyceride hydrolysis (Zimmermann and Zechner

2004).In the study of Chen et al, G0/G1 switch gene 2 (G0S2) overexpression carried

out the inhibition of ATGL expression and resulted in a delayed laying onset and

reduced egg production (Chen et al. 2016). Sterol regulatory element-binding protein-

1 (SREBP-1) and SREBP-2 are SREBPs encoding genes that mainly regulate the

homeostasis of lipid and cholesterol, respectively (Brown and Goldstein 1997; Eberlé

et al. 2004). SREBP-1 up-regulation preferentially enhances fatty acid and

triglyceride synthesis, while an increased SREBP-2 expression promotes cholesterol

synthesis (Li X et al. 2014; Dong et al. 2015; Park et al. 2016). Apo Very Low

Density Lipoprotein II (APOVLDL-II) is related to the secretion of VLDL, which

plays a pivotal role in egg formation (Yang S et al. 2013). The described change of fat

pad and the ATGL expression in the research of Chen et al (Chen et al. 2016) was also

observed in our study (**Fig. 1**, **Fig. 2**). In group B, as compared to control, SREBP-1

was up-regulated in the fat pad ($P<0.05$) but was not significantly changed in the liver,

while SREBP-2 was significantly down-regulated in the fat pad and up-regulated in

the liver, indicated an enhanced lipids synthesis in the fat pad and enhanced

cholesterol synthesis in the liver. Furthermore, the significant up-regulation of

APOVLDL-II indicated that the secretion of VLDL was enhanced in both groups B

and D (**Fig. 2**, P<0.01).

3.2. Jejunum morphology

In the poultry industry, the wide use of antibiotics usually results in a thinner

intestine wall, smaller total villus area, shorter villus height, and crypt depth (Miles et

al. 2006). In this study, all birds were purchased from a local farm (90 days), with no

different treatment from the local commercial birds. The jejunum morphology

analysis was performed in week 8 (**Table 4; Fig. 3**). The change found in the jejunum

resulting from dietary supplements was significant as compared to control ($P<0.01$).

The intestine wall thickness was significantly increased in the IPFF groups:

approximately 79 µm, thicker than other groups ($P<0.01$). The villus height of group

A, D, and E was approximately 800 µm, and achieved 908 µm in group B, suggesting

that the intestinal villi growth were activated (Afsharmanesh and Sadaghi 2013).

Group A and B showed a clear enhancement on the intestine wall, villus height, and

crypt depth. Meanwhile, although the villus height and crypt depth showed no

significant difference compared to the control group, the intestine wall was thicker in

group C, suggesting that the IPFF additive was beneficial for the health of the

intestine wall. In addition, a higher mucosal growth which required more energy for

its performance (Awad et al. 2011), and so we assumed that the higher villus height

and crypt depth in group B might be associate with the increased rate of tissue

turnover to renew villi (Mehri et al. 2015).

3.3. Yolk cholesterol and fatty acids

Cholesterol is essential for many physiological functions , including as a raw

material for yolk formation and egg production (Schroeder et al. 1991; Simons and

Ikonen 2000; Naviglio et al. 2012). However, high cholesterol intake must be avoided

in our diet, because the excess of cholesterol is related to a range of diseases such as

inflammation, diabetes, and cancer (Oliveira et al. 2011; Tajima et al. 2014; Wang X

et al. 2019). Lower cholesterol egg was helpful to control cholesterol intake, thus is

commonly considered as the superior quality (Zhong et al. 2019).

The determination of yolk cholesterol and yolk triglycerides is shown in **Table 5**.

In this study, as compared to control, all groups showed no effects on triglycerides.

The decrease in yolk cholesterol was observed in group B, C and E as compared to

control ($P<0.01$), while the 5% groups (A and D) have no significant change. And the

most significant yolk cholesterol decline was observed in the group B. These results

indicate that the 1% addition of IPFF or IPR was the most effective on the yolk

cholesterol regulation.

Ouyang et al found that the oil supplement given to hens was able to change the

cholesterol and polyunsaturated fatty acid content in the yolk (Ouyang et al. 2004).

Furthermore, in the research of Aydin et al, the dietary conjugated linoleic acid added

to the hen's diet significantly changed the fatty acid composition of the yolk (Aydin

and Cook 2004). Indeed, both IPFF and IPR contained few lipids (**Table 1**): the

conjugated linoleic acid in IPR oil was 68.64% and in IPFF oil was 72.21% (**Table 6**)

which was in agreement with the results of Yang et al (Yang F-X et al. 2009). The

composition of yolk fatty acids is shown in **Table 7.** However, the changes in fatty

acids, including saturated acids and monounsaturated acids, were inconsistent with the

change described in the study of Shinn et al (Shinn et al. 2015). Moreover, while the

lipids content is different, the yolk cholesterol has no significant difference between

groups B, C, and E. These results suggested that *Idesia polycarpa* oil might exert an

effect upon the egg and birds, but it was not the main factor responsible for the

changes in this study.

A lower n6/n3 ratio is good as the guidelines of WHO regarding healthy food for

humans (Kris-Etherton et al. 2007). As shown in **Table 7,** the n6/n3 ratio was

significantly higher than the control in groups D and E ($P<0.01$). Conversely, as

compared to control, the decrease of n6/n3 ratio in group A was significant ($P<0.01$),

with the increased n3 (EPA and DHA) and decreased n6 content that was more

beneficial for the absorption of unsaturated fatty acid (Kris-Etherton et al. 2007).

3.4. Egg production and quality

The effect of IPFF or IPR dietary supplements on quail eggs was measured

(**Table 8**). The results showed that the different dietary supplements produced no

effect on egg or shell morphology. The yolk weight, shell thickness, Haught unit, and

diameter ratio were similar among the groups. The yolk weight was approximately

0.29-0.33% of the total weight of the egg. Shell thickness was 0.16-0.18 mm, Haught unit was 79-84, and the diameter ratio was 0.77-0.82.

Low dose IPFF dietary supplementation enhanced the egg production capacity (**Fig. 4**). Group C kept a steady increase as compared to the control. The egg production of the IPFF groups was increased during the whole experiment period, compared to the control (**Table 9**). The egg production increased in the IPFF groups at different levels but decreased in the IPR added groups. Group B (1% IPFF added) achieved the highest production in the last week of phase 2, since it was 90.2% on average, approximately 15% above the control. Furthermore, the results of phase 3 show that the layer quails production was still affected by the previous IPFF or IPR supplementation. Likewise, the IPFF and IPR supplementation were changing the egg mass effectively. The average egg mass in group B was 9.77, which was significantly higher than in other groups. On the contrary, the egg mass decreased in IPR groups: group D (5% IPR added) exhibited a significant dose-related production decrease which particularly in the last week as compared to control (week 8; $P<0.01$).

Compared to the 5% IPFF group, lower IPFF amount (1% and 0.5%) added groups were more effective to promote egg production and egg mass ($P<0.01$). Furthermore, the result also suggested that most of the potential anti-nutritional factors of IPR that are harmful to nutrients absorption could be alleviated by solid fermentation.

The additive amount of 1% is the most efficient in egg quantity, while we noticed that the egg mass of group B was decreased as the experiment went on. The egg mass

of group B was significantly higher than in other groups but lower than that in group

C and similar to control in the last week (week 8). It is well known that lipid

mobilization from the adipose tissue is one of the primary sources that support the

onset of egg production. As a result of lipid mobilization, the increased fat pad is the

most intuitive reflection of raw material supply for egg production (Yang S et al.

2013). In this study, the interclavicular fat pat weight was significant decreased in

both IPFF added groups and IPR added groups. However, the ATGL and SREBP-1

were up-regulated in the fat pad which means the enhanced synthesis of the lipids

(**Fig. 2**). Meanwhile, up-regulated SREBP-2 and APOVLDL-II in the liver suggested

that the synthesis and transportation of cholesterol were enhanced. The enhanced

lipids metabolism could supply abundant raw materials for body physiological

processes. And egg formation is the most important process at this stage. Besides,

described jejunum morphology results indicated that the birds of group B had a better

intestine health situation which made better digestion and absorption (**Fig. 5**).

However, the daily feeding amount was strictly controlled to 20 g per bird to

observe the change of the egg production more indicative. IPFF has promoted the

quantity of eggs, but the eggs were lighter due to the fixed diet, just as the results

showed in group B. These results indicated that while the raw-material supplement

which supplies for the egg production was enhanced in IPFF groups, but with the

improvement of product performance, the fixed diet cannot meet the requirement of

gradually strengthened production performance. The egg mass of group B was picked

up in phase 3, this is also bearing this opinion out. Moreover, the same tendency of

gene expression was found in both groups B and D, combined with the change of fat

pad. And as such, we hold the opinion that the bio-active substances which existed in

Idesia polycarpa residues were able to affect the egg formation and production of

laying quails. However, the key substance which plays an essential role still needs to

be confirmed in subsequent studies. And the taste, by the way, after a small scope test

(20 persons) we found, the eggs obtained from IPFF added groups were still as

delicious as a commercial egg.

4. Conclusion

Overall, our research showed that IPFF could be a good feeding additive for

laying quails which help to increase egg production and quality. 1% added was the

most efficient dosage of IPFF that not only for the enhance of egg production but also

for the decrease of yolk cholesterol. Meanwhile, although 5% IPFF added had no

significant effect on egg production, but it helps to a higher EPA and DHA content

and a better n3/n6 ratio. Furthermore, IPFF was helpful for the health of the quail's

intestine and reduced the potential negative effect of industrial feeding. To our

knowledge, this study is the first time showing the application of *Idesia polycarpa*

residues in poultry feeding. Moreover, we found a new method to transform the

"useless" *Idesia polycarpa* residues into valuable agriculture products.

Abbreviations: *Idesia polycarpa, Idesia polycarpa Maxim.* var. *vestita Diels*; IPR,

Idesia polycarpa residue; IPFF, *Idesia polycarpa* residue fermented feed; PUFA,

Polyunsaturated fatty acid.

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Tables

Table 1. The Main Nutrients and Amino acids of IPFF and IPR (%)

	IPFF	IPR
Crude protein	16.4	8.49
Crude lipid	6.34	13.34
Moisture content	5.04	7.20
Ash	4.62	4.49
Free Amino acid	6.81	5.01
Lysine	0.13	0.09
Methionine	0.11	0.05
Phenylalanine	0.36	0.27
Threonine	0.31	0.23
Leucine	0.57	0.44
Isoleucine	0.34	0.26
Arginine	0.35	0.15
Histidine	0.30	0.23
Valine	0.42	0.33

IPFF: means *Idesia polycarpa* residues fermented feed. Superscripts; IPR: means *Idesia polycarpa* residues. Both IPFF and IPR were mixed to basal diet (BD) in different dose (0.5-5%). Dietary ingredients of BD (per Kg): Ca 2.51%, P 0.52%, NaCl 0.3%, Methionine 0.46%, Lysine 1.04%; Fe 1600 mg, Cu 1500 mg, Mn 6000mg, Zn 5000 mg, Se 20mg, 30mg I; VA 330000 IU, VD 90000IU, VE 2500IU, VB_2 400IU, VB_1 200IU, VB_6 300 IU, VB_5 1500IU, Folic acid 100 IU; total energy 12.12MJ.

Table 2. Daily Diet Arrangement of IPFF, IPR, Control Groups in This Study (g)

	Week 0 to 2			Week 3 to 8			Week 9 to 11		
	BD	IPFF	IPR	BD	IPFF	IPR	BD	IPFF	IPR
A	1000	-	-	950	50	-	1000	-	-
B	1000	-	-	990	10	-	1000	-	-
C	1000	-	-	995	5	-	1000	-	-
D	1000	-	-	950	-	50	1000	-	-
E	1000	-	-	990	-	10	1000	-	-
Control	1000	-	-	1000	-	-	1000	-	-

BD: means basal diet; IPFF: means *Idesia polycarpa* residues fermented feed. Superscripts; IPR: means *Idesia polycarpa* residues. (20 g per bird)

Table 3. Primer Sequences for the mRNA Expression Analysis of Genes in This Study

Genes	primer sequence (5'-3')	product size (bp)	Gene Bank
APOVLDL-II	F: CAGTTCTTGCTGGATGTTTCCCAGAC	430	S82591.1
	R: CAATGGCCAAGTCATTCAGGAGGA		
SREBP-1	F: CTACCGCTCATCCATCAACG	181	NC_029529.1
	R: CTGCTTCAGCTTCTGGTTGC		
SREBF-2	F: CCCAGAACAGCAAGCAAGG	108	XM_416222
	R: GCGAGGACAGGAAAGAGAGTG		
ATGL	F: CAGCAGGACGGTTGGGTATTTC	154	GQ221783.1
	R: CCACGCAAGGTTGGAGGTATCA		
β-actin	F: TGATGGTTGGTATGGGTCAGAAAG	92	NC_029529
	R: ATGTTCAATGGGGTATTTCAAGGT		

Table 4. Jejunum Morphology Analysis of Laying Quails Fed a Basal Diet, IPFF Added Diet or IPR Added Diet

	IPFF			IPR				
	A	B	C	D	E	Control	SEM	*P*
	(5%)	(1%)	(0.5%)	(5%)	(1%)			
Intestine wall thickness(μm)	78.5^a	79.2^a	76.9^a	43.7^b	43.4^b	41.3^b	6.09	<0.01
villous height (μm)	835^b	908^a	575^d	818^{bc}	801^c	610^d	26.9	<0.01
Crypt depth (μm)	112.8^b	189.5^a	94.7^c	72.9^d	77.0^d	91.5^c	4.35	<0.01
V/C[a]	7.40^b	4.79^d	6.07^c	11.22^a	10.41^a	$6.67b^c$	0.50	<0.01

N=9. [a]. V/C means the ratio of villous length/crypt depth. **A**: Basal diet supplemented with 5% IPFF, **B**: basal diet supplemented with 1% IPFF, **C**: basal diet supplemented with 0.5% IPFF, **D**: basal diet supplemented with 5% IPR, **E**: basal diet supplemented with 1% IPR, **Control**: Control group (base diet); Superscripts **a, b, c, d, e** Means within the same superscripts without the same row are significantly different (P<0.05).

Table 5. Yolk Cholesterol and Triglyceride Content of Laying Quails Fed a Basal Diet, IPFF Added Diet or IPR Added Diet

	IPFF			IPR		Control	SEM	*P*-value
	A	B	C	D	E			
	(5%)	(1%)	(0.5%)	(5%)	(1%)			
Yolk Weight								
(g)	3.61	3.10	3.65	3.60	3.29	3.39	0.39	0.73
Cholesterol								
(mg/g yolk)	14.1[a]	12.1[b]	12.1[b]	14.0[a]	11.2[b]	14.5[a]	0.25	<0.01
(mg/ yolk)	63.4[a]	46.2[b]	46.3[b]	62.3[a]	39.7[c]	66.0[a]	4.73	<0.01
Triglyceride								
(mg/g yolk)	183	175	172	197	183	190	8.57	0.10
(mg/ yolk)	763[a]	669[b]	658[b]	875[a]	650[b]	871[a]	69.2	0.01

N=9. **A**: Basal diet supplemented with 5% IPFF, **B**: basal diet supplemented with 1% IPFF, **C**: basal diet supplemented with 0.5% IPFF, **D**: basal diet supplemented with 5% IPR, **E**: basal diet supplemented with 1% IPR, **Control**: Control group, base diet only. Superscripts **a, b, c, d, e**: Means within the same superscripts without the same row are significantly different (P<0.05).

Table 6. Fatty Acid Composition of IPFF Oil and IPR Oil (%)

Fatty Acid		IPFF	IPR
Palmitic	C16:0	15.51	17.36
Stearic	C18:0	1.79	1.66
Oleic	C18:1	3.5	4.54
Palmitoleic	C16:1	6.41	7.55
Linoleic	C18:2	72.21	68.64

N=3. All fatty acids are cis.

Table 7. Fatty Acid Composition of Yolk Oil extracted from each groups

Fatty acid		Control	A	B	C	D	E
Myristic	C14:0	0.45[b]	0.57[a]	0.54[a]	0.43[b]	0.43[b]	0.39[b]
Palmitic	C16:0	29.53	30.55	31.88	29.94	30.92	32.72
Palmitoleic	C16:1;n-7	2.16[c]	3.64[a]	2.39[bc]	1.75[d]	2.82[b]	2.20[bc]
Stearic	C18:0	12.8[a]	11.6[b]	10.5[c]	10.1[c]	9.23[d]	10.6[c]
Oleic	C18:1;n-9	33.8	35.3	34.6	38.8	37.2	32.2
Linoleic	C18:2;n-6	17.1[b]	14.1[c]	16.7[b]	15.8[b]	16.8[b]	18.2[a]
α-Linolenic	C18:3;n-3	0.22[a]	0.21[a]	0.25[a]	0.17[b]	0.17[b]	0.22[a]
Arachidonic	C20:4;n-6	2.56[a]	2.38[a]	1.88[b]	1.84[b]	1.65[b]	1.64[b]
Eicosapentaenoic	C20:5;n-3	0.27[b]	0.37[a]	0.29[ab]	0.23[b]	0.14[c]	0.25[b]
Docosahexaenoic	C22:6;n-3	0.89[b]	1.02[a]	0.76[c]	0.68[c]	0.51[d]	0.48[d]
SFA		42.8[a]	42.7[a]	42.9[a]	40.5[b]	40.6[b]	43.7[a]
MUFA		36.0[c]	38.9[b]	37.0[bc]	40.6[a]	40.0[a]	34.4[d]
PUFA		21.0[a]	18.1[d]	19.8[b]	18.7[c]	19.3[b]	20.8[ab]
n-3PUFA		1.38[b]	1.60[a]	1.30[b]	1.08[c]	0.82[d]	0.95[cd]
n-6PUFA		19.6[a]	16.5[d]	18.5[b]	17.6[c]	18.4[b]	19.9[a]
n6/n3		14.2[d]	10.3[e]	14.3[d]	16.3[c]	22.5[a]	20.9[b]

N=3. **A**: Basal diet supplemented with 5% IPFF, **B**: basal diet supplemented with 1% IPFF, **C**: basal diet supplemented with 0.5% IPFF, **D**: basal diet supplemented with 5% IPR, **E**: basal diet supplemented with 1% IPR, **Control**: Control group (base diet); Superscripts **a, b, c, d, e** Means within the same superscripts without the same row are significantly different (P<0.05). All fatty acids are cis.

Table 8. Egg Quality of Laying Quails Fed a Basal Diet, IPFF Added Diet or IPR Added Diet

	IPFF			IPR		Control	SEM	P-VALUE
	A	B	C	D	E			E
	(5%)	(1%)	(0.5%)	(5%)	(1%)			
Yolk/Egg								
(in weight %)								
initial	0.30	0.30	0.31	0.31	0.30	0.31	0.187	0.980
last week	0.31	0.30	0.32	0.33	0.31	0.29	0.029	0.935
average	0.31	0.30	0.31	0.32	0.31	0.30	0.119	0.754
Shell Thickness(mm)								
Initial	0.16	0.16	0.16	0.16	0.17	0.16	0.007	0.785
Last week	0.17	0.18	0.18	0.19	0.18	0.18	0.008	0.285
Average	0.18	0.18	0.18	0.18	0.18	0.17	0.008	0.563
Haugh Unit								
Initial	80.59	79.84	78.12	80.75	79.59	79.15	2.760	0.827
Last week	79.25	81.18	80.42	79.86	80.42	80.78	1.881	0.924
Average	82.92	81.51	79.78	84.75	81.26	80.81	1.437	0.458
Diameter Ratio								
Initial	0.77	0.80	0.78	0.82	0.79	0.80	0.346	0.805
Last week	0.77	0.78	0.78	0.78	0.78	0.79	0.082	0.285
Average	0.78	0.77	0.78	0.79	0.78	0.77	0.007	0.269

N=9. **Control**, Control group (base diet); **A**, basal diet supplemented with 5% IPFF; **B**, basal diet supplemented with 1% IPFF; **C**, basal diet supplemented with 0.5% IPFF; **D**, basal diet supplemented with 5% IPR; **E**, basal diet supplemented with 1% IPR.

Initial: Mean of week 0 to 2; **Last week**: Mean of week 8; **Average**: Mean of week 2 to 8.

Table 9. Egg Mass and Egg Production of Laying Quails Fed a Basal Diet, IPFF Added Diet or IPR Added Diet

	IPFF			IPR				
	A	B	C	D	E	Control	SEM	*P*-value
	(5%)	(1%)	(0.5%)	(5%)	(1%)			
Egg mass (g/d/bird)								
Initial	9.44[a]	9.41[a]	9.25[a]	9.31[a]	9.14[a]	9.18[a]	0.30	0.88
Last week	9.18[b]	9.31[ab]	9.58[a]	6.04[d]	7.82[c]	9.27[ab]	0.30	<0.01
Average	9.41[a]	9.77[a]	9.40[a]	6.06[d]	7.86[c]	8.87[b]	0.38	<0.01
Phase 3	8.19[b]	9.01[a]	8.63[ab]	6.24[d]	7.13[c]	8.37[ab]	0.32	<0.01
Egg production (%)								
Initial	81.0[a]	81.3[a]	81.3[a]	80.7[a]	80.7[a]	79.3[a]	2.57	0.97
Last week	80.1[b]	90.2[a]	83.8[b]	56.3[e]	68.1[d]	78.4[c]	2.91	<0.01
Average	82.2[a]	87.7[a]	81.7[a]	62.4[c]	72.3[b]	76.0[b]	3.15	<0.01
Phase 3	70.3[b]	81.5[a]	75.8[ab]	59.2[c]	63.5[c]	72.3[b]	2.92	<0.01

N=9. **A**: Basal diet supplemented with 5% IPFF, **B**: basal diet supplemented with 1% IPFF, **C**: basal diet supplemented with 0.5% IPFF, **D**: basal diet supplemented with 5% IPR, **E**: basal diet supplemented with 1% IPR, **Control**: control group (base diet); Superscripts **a, b, c, d, e** Means within the same superscripts without the same row are significantly different (P<0.05). **Initial**: Mean of week 0 to 2; **Last week**: Mean of week 8; **Average**: Mean of week 8 to 10; **Phase 3**: Mean of week 10 to 11.