

1 Sustaining yam yields amidst climate threat in the forest – 2 savannah transition zone of Ghana

3
4 Frimpong F.*^{1,2}, Owusu Danquah E.², Ennin S. A.², Asumadu H.³, Aidoo A. K.², Maroya N.³

5
6 ¹Forschungszentrum Jülich, Institute of Bio-Geosciences 2, Plant Sciences, Germany

7
8 ²Council for Scientific and Industrial Research- Crops Research Institute, P. O. Box 3785
9 Kumasi, Ghana.

10
11 ³IITA, Ibadan, Nigeria

12
13 *Corresponding Author's Email: f.frimpong@fz-juelich.de

14 Abstract

15
16 With about 70% of yam tuber been water, yield is critically affected during bulking as a result
17 of onset of temporal drought. As a consequence of climate change, farmers who are into
18 *Dioscorea rotundata* (white yam) production for local and international market lose their
19 investments mainly due to erratic precipitation, drought spells culminating into low yields of
20 just 12t/ha compared to the potential of about 22-49t/ha depending on the variety. Innovative
21 land uses technologies with higher and sustained productivity for yam production are
22 imperative. This study verifies improved agronomic package for sustainable yam production
23 in yam growing areas in the forest – savannah transition zone of Ghana during the 2015 and
24 2016 cropping seasons. The improved agronomic package included use of ridging as seedbed,
25 seed treatment before planting, fertilizer application at a rate of 30:30:36 N:P₂O₅:K₂O kg/ha
26 plus 15 kg/ha Mg and 20 kg/ha S as MgSO₄ and the use of minimum stakes (trellis; 30-50%
27 less number of stakes used by farmers staking). This was compared with farmers' practice
28 which consisted of mounding, no fertilizer application and no seed treatment. The results
29 revealed significant ($P \leq 0.01$) yam yields of more than 60% difference between the improved
30 agronomic practice and farmers' practice from Ejura, Atebubu and Kintampo yam growing
31 communities. Adoption of improved agronomic practices does not only sustain yam
32 production and address deforestation but also provide higher returns on investments
33 promoting climate resilience by small holders.

34 Key Words

35 *Climate smart agriculture, Fertilizer, Improved technology, Seed treatment, Trellis staking,*
36 *Yam*

38 Background

40 In Ghana, crops are already experiencing heat stress, drought spells, several pests and
41 diseases outbreak and shorter growing crop duration as a consequent of the changing climate
42 (1). Thus, a potential catastrophe for smallholder farmers and the millions of people who
43 regularly grow rain-fed full season crops such as yam, cocoyam, rice etc.(2–5). Choices about
44 what to grow are often dictated by the ability of the rainfall regime to support moisture for
45 plant growth (6). One way around this would be to breed for varieties with shorter crop
46 maturity durations or management interventions that build on the resilience of cropping
47 production systems to reduce shocks if the shocks from the climate change cannot be done
48 away with. Evidence suggests that climate smart agriculture can make a contribution to
49 mitigation by supporting more efficient use of fertilizers, weed management and reduced
50 staking options in yam production (1,7,8).

51 Yam, an important staple food crop across West Africa is a major non-traditional export
52 crop in Ghana contributing to about 16% of the National Agricultural Gross Domestic Product
53 (9,10). However, there are a number of challenges that hamper the production and
54 productivity of yam. Predominantly amongst them are; inadequate rainfall, low soil fertility,
55 weed infestation, pests and diseases in the field (foliar and soil borne) and inadequate storage
56 facilities, attack by organisms such as rodents, access to quality improved seed, implements
57 for mechanization etc.(8,11). Others include shortage of stakes especially from deforested
58 areas and guinea savannah regions. This is as a consequent of clearing new lands year after
59 year popularly known as shifting cultivation and slash and burn agriculture, inadequate labour
60 in view of the labor intensive nature of yam cultivation (e.g. for preparation of mounds,
61 staking, harvesting)(8,12,13). This current yam production system where there is annual
62 shifting of farm to new lands is not sustainable and therefore the urgent need to disseminate
63 an environmentally sound yam production technology that would increase yield and sustain
64 production on continuously cropped fields particularly in the face of climate change (14).

65 As a follow up on an on-station evaluation conducted in 2013 and 2014 cropping seasons
66 at the CSIR-Crops Research Institute research stations, recommended agronomic package of
67 planting treated yam seeds on ridges with fertilizer rate of 30:30:36 N: P₂O₅:K₂O kg/ha plus 15
68 kg/ha Mg and 20 kg/ha S as MgSO₄ and trellis staking were verified by comparing it with the
69 farmers practices on farmers' fields at Ejura, Atebubu and Kintampo yam growing
70 communities. The use of ridges and yam seed treatment helps to maintain optimum number of
71 stands per unit area and fertilizer addresses the soil nutrient depletion whiles the trellis staking
72 option uses ropes and few stakes to address the challenge of scarcity of stakes and cutting of
73 more trees/bamboo for staking. The study has a major objective of validating and
74 demonstrating improved yam production technologies (macronutrients (NPK) and
75 micronutrients (Mg & S), minimum staking option and seed treatment) to major yam growing
76 communities in Ghana.

77 **Methodology**

78 **Study sites characteristics**

79 The experiments were conducted in 2015 and 2016 cropping seasons at Ejura-Sekyere
80 dumasi (Aframso/Teacherkrom, Ashakoko, Dromankuma & Nkwanta), Atebubu- Amantin
81 (Adom, Dagaati Line, Munchunso & Nwowamu) and Kintampo North (Asantekwa, Suamre,
82 Babaso/Yabraso & Kintampo Magazine) districts of Ghana (Fig 1). These areas lies in the
83 forest-savannah transition agro-ecological zone and amongst the major yam growing areas of
84 Ghana (15). Eight farmers (4 randomly selected for analysis) from each of the three
85 operational areas were selected for the study every season (Table 1). Mean annual rainfall
86 (mm) for 2015 & 2016 across locations are shown in the map (Fig 1). The data were sourced
87 from the local district weather stations which revealed a reduced rainfall amount (mm) in
88 2016 compared to 2015 with Kintampo communities severely affected (Fig 1). Mean annual
89 rainfall (mm) pairs recorded for 2015 and 2016 were 1256:1034, 929:769, and 863:795 at

90 Ejura, Atebubu and Kintampo respectively (Fig 1). These locations have bimodal rainfall i.e.
 91 major rainy season from March-Mid August and minor rainy season from September-
 92 November; peak in October. Temperature ranges from 25-39 °C with soil type of Ferric
 93 Acrisol; Asuansi series, upper top soil consist of 5cm grayish brown sandy loam topsoil of
 94 dark brown gritty clay loam (16).

95
 96 **Figure 1. Map of Ghana on the (right), zoomed in on Ejura-Sekyeredumasi, Atebubu –**
 97 **Amantin and Kintampo North districts (left) of the forest-savanna transition zone.**
 98 Farming communities where the studies were undertaken for 2015 and 2016 cropping seasons
 99 are illustrated with dots (.) with their names beside. Mean annual rainfall (mm) per location
 100 are depicted by bar plots for each season.

101
 102 **Table 1. Farmers and planting dates selected from each of the operational areas for the**
 103 **analysis in 2015 and 2016.**

Year	Atebubu		Ejura		Kintampo	
	Farmers and their respective planting dates					
2015	Farmer A	2-Jun	Farmer A	11-Jun	Farmer A	21-Jun
	Farmer B	5-Jun	Farmer B	11-Jun	Farmer B	21-Jun
	Farmer C	6-Jun	Farmer C	11-Jun	Farmer C	21-Jun
	Farmer D	4-Jun	Farmer D	12-Jun	Farmer D	21-Jun
2016	Farmer E	4-Jun	Farmer E	1-Jun	Farmer E	9-Jun
	Farmer F	5-Jun	Farmer F	2-Jun	Farmer F	10-Jun
	Farmer G	5-Jun	Farmer G	3-Jun	Farmer G	10-Jun
	Farmer H	6-Jun	Farmer H	2-Jun	Farmer H	11-Jun

113 Experimental design

114 A randomized complete block design with each farmer as a replicate was used for the study. A
 115 total of 8 trials (8 replicates) were established in all the operational areas in 2015 and 2016.
 116 Local white yam variety “Dente” of *Dioscorea rotundata* species was planted and subjected
 117 to two treatment applications from start of planting till harvest. Planting of yam across these
 118 locations were started in June and completed by 21-June of each year (Table 1). Harvesting

119 of yam was completed by the end of December of each year. The treatments were
120 recommended (improved agronomic practice) and local technology/farmers' practice. The
121 recommended practice for yam production included a package of; treating yam seed before
122 planting with fungicide and insecticide, use of ridging as seedbed, fertilization at 30:30:36 N:
123 P₂O₅:K₂O Kg/ha plus 15Kg/ha of Mg and 20Kg/ha S as MgSO₄ and use of trellis for staking
124 whiles in the farmers' practice, farmers were allowed to use their local technology (planting
125 on mounds), no pre-treatment of seed, no fertilizer application for comparison. Continuously
126 cropped fields that farmers would normally not use for yam production were selected in each
127 operational area for the study. Each improved agronomic field had an area of a quarter of an
128 acre (0.25ac/0.1ha) planted at 1.2m inter row and 0.8m on the ridges (10,416 stands/ha).

129 The same size (0.25ac/0.1ha) was demarcated for the farmers practice treatment where they
130 mounded sparsely to cover the entire field (3,400 – 4,000 stands/ha). Each farmer field was
131 considered as a replicate and analysis compiled for each district/operational area together. The
132 Fertilizer treatment was applied at 50% split at 5-6 weeks and 11-12 weeks after planting in
133 all the locations. The seed setts (200-250g) of the improved agronomic fields were treated
134 with Dursban (Chlorpyrifos from Dow Agro Sciences; 1.25 l/ha) and Mancozeb
135 (Dithiocarbamate from Ag-Chem Africa 80%; 75 g in 15 l of water) before planting. Farmers'
136 sett sizes used ranged between 350g to 650g depending on each farmer. Emerged weeds in the
137 improved agronomic fields were controlled with glyphosate (2.5 liter per ha) before the
138 sprouting of the yam while farmers only slashed on their fields. There after weeds were
139 manually controlled with cutlass and hoe in either improved agronomic field or farmers' field
140 by hoeing. In 2016, sensory evaluations were conducted with 50 participants (who were
141 mainly farmers from the localities) in all areas after eating boiled yam during the December
142 harvest. Fertilized and unfertilized boiled yam (coded at the blind side of the participants)
143 using one on one questionnaire interviews, farmers scored for taste, texture, aroma and
144 acceptability (Table 3).

145 **Data collection and analysis**

146 During harvest, the tubers were grouped into two; ware yam (tuber sizes of more than 500g)
147 and seed yam (500g and below) and weighed separately for each of the practices. Four
148 replications from each operational area (Ejura, Atebubu and Kintampo) and across the two
149 seasons (2015, 2016) were subjected to statistical analysis. Data on stand harvested, weight of
150 ware yam, weight of seed yam and total yam yield collected were subjected to one way
151 analysis of variance linear model at 5% significant level using 'R' statistical software with the
152 practice treatment as the independent variable. Where treatment means differ, Tukey's HSD
153 test was used to group them and visualized with bar graphs using MS excel 2010. Percentage
154 differences of total yam yield harvested between the improved practice and the farmer's was
155 calculated based on the formula;

$$156 \text{ Percentage difference} = \frac{(\text{improved agronomic practice} - \text{farmers' practice})}{(\text{improved agronomic practice} + \text{farmers' practice}/2)} \times 100$$

157 Sensory evaluation through one on one interviews upon tasting boiled yam from fertilized and
158 unfertilized samples were calculated with data from 50 participants for each location who
159 were mainly farmers. In order to deduce return on investment after venturing in any of the
160 practices was subsequently calculated using benefit cost ratio for each of the locations using
161 total yam yield and price per kg of yam at the time of harvest.

162 **Results and Discussion**

163 **Influence of improved agronomic technology on yam tuber yield**

164 Generally, total yam tuber yields were high in 2015 than in 2016 cropping season irrespective
165 of the practice (Figs 2-4). The improved agronomic practice fields had significantly ($P < 0.01$)
166 higher total tuber yields compared to the farmers' practice fields across the locations despite
167 the season (Figs 2-4). Availability of moisture is critical for yam to sprout and establish
168 during early growth stages and vital to bulk bigger tubers(11,17–20). Higher rainfall during
169 2015 cropping season (Fig 1) might have ensured yam establishment and increased overall

170 yields compared to 2016. The use of improved agronomic package of ridging, yam seed pre-
171 treatment, trellis staking and fertilizer rate of 30:30:36 N: P₂O₅:K₂O kg/ha plus 15 kg/ha Mg
172 and 20 kg/ha S as MgSO₄ resulted in total tuber yield percentage difference over farmers'
173 practice of mounding and planting of 68.6%, 78.3%, 80.7% for the 2015 cropping season and
174 113.6%, 113.9%, 120% for 2016 cropping season in Ejura, Atebubu and Kintampo farming
175 communities (Fig 5) respectively. Stand count/ha on the ridges were significantly (P<0.01)
176 higher on the improved agronomic practice fields than farmers' practice fields for all the
177 locations and across season (Figs 2-4). This we attribute to the use of ridges which made it
178 possible to plant at 1.2m between ridges and 0.8m on the ridges resulting in a planting density
179 of about 10,416 stands per hectare while the farmers practice of mounding were relatively
180 sparse (1.5m-2m) resulting in just about 3,400 – 4,000 stands/ha. Thus, ridging helped
181 maintain optimum number of plants and promoted efficient use of fertilizer and conserved
182 moisture than mounding.

183 It was observed that the improved agronomic fields had better yam canopy as a result of the
184 combined effect of trellis staking and ridging. Revealing similar tuber yield trends on
185 fertilized mounds and unfertilized ridges (8) supports the argument that fertilizer application
186 helps the farmer to achieve value by being more efficient and profitable on ridges than on
187 mounds. Moreover, pre-treating seed yam before planting on the improved agronomic fields
188 resulted in a reduction in yam rot and increased stands/ha than on the farmers' practice fields
189 where seeds were not treated resulting in lower stands/ha. Seed treatment for pest and disease
190 before planting is recommended to promote sprout rate ensuring improvement in final stand
191 density culminating into overall high yam yields (11,12,17). Erratic rainfall and prolonged
192 drought require technologies that enable the soil to conserve moisture and promote nutrient
193 use efficiency in order to increase resiliency of any cropping system. An observation we made
194 during the studies was that drought was more pronounced on the farmers' practice which used
195 relatively sparse mounds and vertical staking option than on the improved agronomic

196 practices which used ridges and trellis staking option. Similar studies suggest that planting on
197 ridges can maintain optimum plant stands and conserve more moisture than mounds resulting
198 in more efficient water used on ridges than on mounds (7,8,17,21). These attributes makes the
199 use of ridges more soil nutrient efficient upon application of fertilizer than on mounds.
200 Furthermore, (8) made a similar observation with planting on ridges increasing yields
201 significantly than on mounds.

202 It is recommended that adopting and following through the improved agronomic package
203 based on results of 2016 cropping season (Figs 1-5) where rainfall were considerably lower
204 illustrates the resilience ability of it during reduced precipitation. In spite of the gains in yam
205 fertilization, there are perceptions and claims by some consumers and farmers in the public
206 space that fertilizing yam leads to rots and reduces the overall shelf life. We recommend
207 further research into these claims as we settled the dust in this paper (Table 3) on claims that
208 fertilizer affected the taste quality of yam.

209
210 **Figure 2. Yam tuber yields and stand count as influenced by improved agronomic**
211 **practice and farmers' practice in the Ejura farming communities for 2015 and 2016**
212 **cropping seasons.** Mean values and standard errors (n = 4) are plotted. Index letters above the
213 bars indicate significant differences (P < 0.01) between media not sharing the same letter by
214 Tukey's HSD test. Asterisks indicate significant differences (P < 0.01) between the two
215 practices.

216
217 **Figure 3. Yam tuber yields and stand count as influenced by improved agronomic**
218 **practice and farmers' practice in the Atebubu farming communities for 2015 and 2016**
219 **cropping seasons.** Mean values and standard errors (n = 4) are plotted. Index letters above the
220 bars indicate significant differences (P < 0.01) between media not sharing the same letter by
221 Tukey's HSD test. Asterisks indicate significant differences (P < 0.01) between the two
222 practices.

223

224 **Figure 4. Yam tuber yields and stand count as influenced by improved agronomic**
225 **practice and farmers' practice in the Kintampo farming communities for 2015 and 2016**
226 **cropping seasons.** Mean values and standard errors (n = 4) are plotted. Index letters above the
227 bars indicate significant differences (P < 0.01) between media not sharing the same letter by
228 Tukey's HSD test. Asterisks indicate significant differences (P < 0.01) between the two
229 practices.

231
232 **Figure 5. Percentage differences between the two practices across two seasons calculated**
233 **for each location based on their total yam yield (kg/ha).**

235 **Partial budgeting and cost benefit analysis of the two practices**

236 **Table 2** presents the partial budgeting and cost benefit analysis of “*Dente*” white yam
237 production under improved agronomic practice and farmers' practice in Ejura, Atebubu and
238 Kintampo operational areas. The results revealed that irrespective of location or the season,
239 yam planted with the improved agronomic package had higher benefit to cost ratio compared
240 to farmers' practice. Benefit to cost ratios of 4.76:3.64, 4.04:2.48 and 2.01:1.08 were achieved
241 for Ejura, Atebubu and Kintampo communities respectively for the 2015 cropping season
242 (**Table 2**) in sequence of improved technology: farmers' practice. Thus, when a farmer invests
243 GhC 1.00 in yam production using the recommended improved technology a profit of GhC
244 3.76, GhC 3.04 and GhC 1.01 was to be accrued in addition to the GhC 1.00 invested capital
245 at Ejura, Atebubu and Kintampo respectively during the 2015 season. During the 2016
246 cropping season, drought was more intense particularly for Atebubu and Kintampo areas
247 (Figure 1). This however did not affect benefit to cost ratio for using the improved agronomic
248 package thus achieving 3.76, 3.03 and 1.33 compared to 1.16, 0.75 and -0.55 for Ejura,
249 Atebubu and Kintampo communities respectively (**Table 2**). Thus, a profit of GhC 2.76, GhC
250 2.03 and GhC 0.33 was to be accrued in addition to the GhC 1.00 invested capital upon the
251 use of improved agronomic practices at Ejura, Atebubu and Kintampo respectively. The use
252 of the farmers' practice resulted in total loss of GhC 1.55 in Kintampo area (**Table 2**). This
253 suggest that the use of the improved agronomic practice would not only increase and sustain

254 yields on continuously cropped fields but also the it is the best option during drought spells,
 255 erratic and reduced rainfall conditions. The improved agronomic package thereby increases
 256 farmer's resilience in dealing with such harsh weather conditions with assured returns on their
 257 investments.

258 **Table 2. Partial budget and cost benefit analysis of white yam production with improved**
 259 **technology and farmers practices at Ejura, Atebubu and Kintampo farming**
 260 **communities for the 2015 and 2016 cropping seasons.**

Location Practice	Ejura operational area				Atebubu operational area				Kintampo operational area			
	Improve d agro nom ic prac tice	Far mer s' pra ctic e	Improve d agro nom ic prac tice	Far mer s' pra ctic e	Improve d agro nom ic prac tices	Far mer s' pra ctic e	Improve d agro nom ic prac tices	Far mer s' pra ctic e	Improve d agro nom ic prac tices	Far mer s' pra ctic e	Improve d agro nom ic prac tices	Farme rs' practi ce
Year	2015	2015	2016	2016	2015	2015	2016	2016	2015	2015	2016	2016
Average yield (kg/ha)	1780	870	1420	391	1670	730	1240	340	1060	450	8200	2050
Adjusted yield (kg/ha)	1602	783	1278	351	1503	657	1116	306	9540	405	7380	1845
Farm gate price in December each year (C/kg)	1.4	1.4	1.45	1.4	1.3	1.3	1.4	1.4	1.2	1.2	1.2	1.2
Gross benefit(C/ha)	2242	109	1853	510	1953	854	1562	428	1144	486	8856	2214
Cost of chemical fertilizer, glyphosate, fungicide & pesticide(C)	355	0	355	0	355	0	355	0	355	0	355	0
Labour cost for application of fertilizer & others (C/ha)	153	0	153	0	153	0	153	0	153	0	153	0
Cost of land clearing and stumping (C/ha)	320	0	320	0	290	0	290	0	300	0	300	0
Construction of ridges (C/ha)	300	0	300	0	300	0	300	0	300	0	300	0
Construction of mounds (C/ha)	0	200	0	200	0	250	0	250	0	240	0	240
Cost of seed yam(C)	955	455	955	455	955	455	955	455	955	455	955	455
Labour cost of planting(C/ha)	161	139	161	139	160	140	160	140	160	140	160	140
Cost of stakes(C/ha)	392	282	392	282	392	282	392	282	392	282	392	282
Labour cost of staking(C/ha)	400	460	400	460	415	500	415	500	405	470	405	470

Cost of weeding and reshaping(C/ha)	675	675	675	675	675	675	675	675	600	600	600	600
Harvesting cost(C/ha)	182	153	182	153	182	153	182	153	182	153	182	153
Total cost that vary (C)	3893	2364	3893	2364	3877	2455	3877	2455	3802	2340	3802	2340
Net benefit (C)	18535	8598	14638	2738.55	15662	6086	11747	1829	7646	2520	5054	-126
Benefit cost/Ratio	4.76	3.64	3.76	1.16	4.04	2.48	3.03	0.75	2.01	1.08	1.33	-0.05

261

262 **Influence of fertilizer on the taste of boiled yam**

263 Dente yam planted in 2016 under the improved agronomic practice (fertilized) and farmers’
 264 practice (unfertilized) were boiled after harvest and given to fifty participants each from
 265 Atebubu, Ejura and Kintampo who were mainly farmers for sensory evaluation (Table 3).
 266 Participants were not previewed as to whether the yam they evaluated at a given time was
 267 fertilized or unfertilized as they were coded in order to avoid bias. Participants assessed the
 268 various boiled yam on three culinary qualities: ‘taste’, ‘texture’ and ‘aroma’ (Table 3) based
 269 on their individual preferences from a scale of 1 up to 5 with 1 been the best score and 5 as
 270 the worst. Overall acceptability and STD acceptability on the three traits; taste, texture and
 271 aroma was subsequently calculated following the approach of (8). The results was in line with
 272 previous results by (8) that, contrary to the view that the use of fertilizer in yam production
 273 affects the quality of yam, sensory evaluation showed that the culinary qualities of fertilized
 274 yam is good and could even be better than unfertilized yam.

275

276

277

278

279

280 **Table 3. Sensory evaluation of fertilized and unfertilized boiled yam involving farmers**
 281 **from Atebubu, Ejura and Kintampo farming communities.**

Location	Treatment	Taste	Texture	Aroma	Overall acceptability	STD acceptability
Atebubu	Fertilized yam (30 30 36 N-P ₂ O ₅ -K ₂ O (Kg/ha) + 20kg S & 15kg 15 Mg as MgSO ₄)	2.30	2.5	2	2.20	0.87
	Unfertilized yam (0kg/ha)	2.60	2.5	2.4	2.50	0.86
Ejura	Fertilized yam (30 30 36 N-P ₂ O ₅ -K ₂ O (Kg/ha) + 20kg S & 15kg 15 Mg as MgSO ₄)	2.90	2.9	2.8	2.80	0.91
	Unfertilized yam (0kg/ha)	2.90	2.9	2.8	2.80	0.91
Kintampo	Fertilized yam (30 30 36 N-P ₂ O ₅ -K ₂ O (Kg/ha) + 20kg S & 15kg 15 Mg as MgSO ₄)	2.10	2.2	2.4	2.20	0.81
	Unfertilized yam (0kg/ha)	2.70	3.3	3.1	3.10	0.97

282 *n=50, Score Scale 1-5; 1=best, 5=worst*

283

284 **Conclusion and Policy Implication**

285

286 The improved agronomic technology has proven to be climate resilient comparing the overall
 287 yield (significantly >60% difference) trends of 2015 and 2016 seasons against farmers'
 288 practice given the rainfall amounts and pattern in those years. The overarching difference
 289 between what farmers do today and the improved agronomic model is the intensification drive
 290 and a higher use efficiency (staking, nutrient, soil moisture conservation, improved sprouting)
 291 of the technology at a given area as a consequence of the high planting density allowed by the
 292 linear arrangement of ridging, trellis staking and seed treatment. It is anticipated that more and

293 more farmers who have shown keen interest would adopt the technology through the gains
294 made. Claims on yam fertilization affecting taste quality proved otherwise with even a higher
295 overall acceptability. Further research is needed to understand claims and perceptions by
296 farmers on fertilizer affecting yam storage. Up-scaling of the improved agronomic technology
297 to other yam growing communities would further augment the gains already made.

298 **Acknowledgement**

299 We thank the Bill and Melinda Gates Foundation who funded this research work through
300 YIIFSWA project that was coordinated by IITA, Nigeria through CSIR-Crops Research
301 Institute. We are grateful to Mr. Henry Azotibah (Ejura), Mr. Kyeremeh (Atebubu) all of
302 MoFA and Mr. Enoch Bessah of CSIR for their invaluable support and advice during data
303 acquisition and analysis.

304 **Abbreviations**

305

306 CSIR – Council for Scientific and Industrial Research

307 FAO – Food and Agriculture Organisation

308 IITA –International Institute for Tropical Agriculture

309 MoFA – Ministry of Food and Agriculture

310 YIIFSWA – Yam Improvement for Income and Food Security in West Africa

311

312

313

314

315 **References**

316

- 317 1. Essegbey GO, Nutsukpo D, Karbo N, Zougmore R. National Climate-Smart
318 Agriculture and Food Security Action Plan of Ghana (2016-2020) [Internet].
319 Copenhagen, Denmark; 2015. Report No.: 139. Available from: www.ccafs.cgiar.org
- 320 2. Maliki R, Toukourou M, Sinsin B, Vernier P. Productivity of yam-based systems with
321 herbaceous legumes and short fallows in the Guinea-Sudan transition zone of Benin.
322 *Nutr Cycl Agroecosystems*. 2011;92(1):9–19.
- 323 3. Mignouna BD, Abdoulaye T, Alene AD, Asiedu R, Manyong VM. Characterization of
324 Yam-growing Households in the Project Areas of Ghana. Nigeria; 2014.
- 325 4. Srivastava AK, Gaiser T, Cornet D, Ewert F. Estimation of effective fallow availability
326 for the prediction of yam productivity at the regional scale using model-based multiple
327 scenario analysis. *F Crop Res*. 2012;131(November):32–9.
- 328 5. Amekudzi L, Yamba E, Preko K, Asare E, Aryee J, Baidu M, et al. Variabilities in
329 Rainfall Onset, Cessation and Length of Rainy Season for the Various Agro-Ecological
330 Zones of Ghana. *Climate* [Internet]. 2015;3(2):416–34. Available from:
331 <http://www.mdpi.com/2225-1154/3/2/416/>
- 332 6. Oteng-Darko P, Frimpong F, Sarpong F, Amenorfe LP. Promoting smallholder
333 irrigation for food Security-A review. *African J Food Integr Agric* [Internet]. 2018;2:1–
334 7. Available from: www.asofost.org/journals/index.php/ajfia
- 335 7. Owusu Danquah E, Ennin SA, Lamptey JNL, Acheampong PP. Staking Options for
336 Sustainable Yam Production in Ghana. *Sustain Agric Res* [Internet]. 2015;4(1):106–13.
337 Available from: <http://dx.doi.org/10.5539/sar.v4n1p106>
- 338 8. Ennin SA, Issaka RN, Acheampong PP, Numafo M, Owusu Danquah E. Mechanization
339 , fertilization and staking options for environmentally sound yam production. *African J*
340 *Agric Res*. 2014;9(29):2222–30.
- 341 9. FAO. *The State of Food and Agriculture*. Rome, Italy; 2006. (37).
- 342 10. Ghana Standard Board. *Roots and Tubers –Specification for fresh yams*. Accra, Ghana;
343 2011. (2nd Edition). Report No.: GS 150.
- 344 11. Bhattacharjee R, Gedil M, Sartie A, Otoo E, Dumet D, Kikuno H, et al. *Dioscorea*. In:
345 *Wild Crop Relatives: Genomic and Breeding Resources. Industrial Crops*. C. Kole.
346 Springer-Verlag Berlin Heidelberg; 2011. p. 71–96.
- 347 12. Asiedu R, Sart A. *Crops that feed the World 1. Yams: Yams for income and food*
348 *security*. *Food Secur Springer*. 2010;2:305–15.

- 349 13. Akwaag, A. A., Berchie, J. N., Echavez, M. L., Dapaah, H. K., Kebede, T., Njue, S.
350 W., Paraoam, I., and Labrada HR. Sustainable Farming Practices- Towards Reducing
351 the Expansion of the Forest Savanna Transitional Zone of the Sekyere-West and Ejura-
352 Sekyeredumase Districts of the Ashanti Region of Ghana. International Center for
353 Development Oriented Research in Agricultu. 2000. (86).
- 354 14. Otoo E. Yam production in Ghana: A food security enhancer or an environmental
355 degrader. In: Akoroda M, editor. 8th Symposium of the International Society for
356 Tropical Root Crops Africa Branch Triennial Workshop. Ibadan, Nigeria; 2001. p.
357 387–91.
- 358 15. Ministry of Food and Agriculture. Agriculture in Ghana, Facts and figures (2010)
359 [Internet]. Accra, Ghana; 2010. Available from: [http://mofa.gov.gh/site/wp-](http://mofa.gov.gh/site/wp-content/uploads/2011/10/AGRICULTURE-IN-GHANA-FF-2010.pdf)
360 [content/uploads/2011/10/AGRICULTURE-IN-GHANA-FF-2010.pdf](http://mofa.gov.gh/site/wp-content/uploads/2011/10/AGRICULTURE-IN-GHANA-FF-2010.pdf)
- 361 16. Adu S. V. and Asiamah R. D. Soils of the Ayensu-Densu Basin, Central, Eastern and
362 Greater Accra Regions of Ghana. Council for Scientific and Industrial Research (CSIR)
363 – Soil Research Institute Memoir, Kumasi, Ghana; 1992. Report No.: 9.
- 364 17. Ennin S. A., Owusu Danquah E., Frimpong F., Akom M., Osei-Adu J., Lamptey J. N.
365 L., Oteng-Darko P., Osei K., Osuman A. S., Aidoo A. K., Adama I., Appiah-Danquah
366 P. HJ. Yam Production and Marketing Guide. H. Adu-Dapaah, J. N. L. Lamptey, I. S.
367 Baning, B. N. Frimpong JOA and SAE, editor. Kumasi, Ghana: CSIR-Crops Research
368 Institute; 2016.
- 369 18. Maroya NG, Balogun M, Asiedu R, Aighewi B, Lava Kumar P, Joao A. Yam
370 Propagation Using ‘ Aeroponics ’ Technology. Annu Res Rev Biol. 2014;4(24):3894–
371 903.
- 372 19. Maroya NG, Asiedu R, Kumar PL, Lopez-Montes A, Orchard J, Ndiame F. YIIFSWA
373 Project Description [Internet]. Ibadan, Nigeria; 2014. (YIIFSWA Working Paper).
374 Report No.: 1. Available from: www.iita.org
- 375 20. Maroya NG, Balogun M, Asiedu R. Seed yam Production in an Aeroponics System: A
376 Novel Technology [Internet]. Ibadan, Nigeria; 2014. (YIIFSWA Working Paper
377 Series). Report No.: 2. Available from: www.iita.org
- 378 21. Ennin SA, Otoo E, Tetteh FM. Ridging, a mechanized alternative to mounding for yam
379 and cassava production. West African J Appl Ecol. 2009;15(1).
380

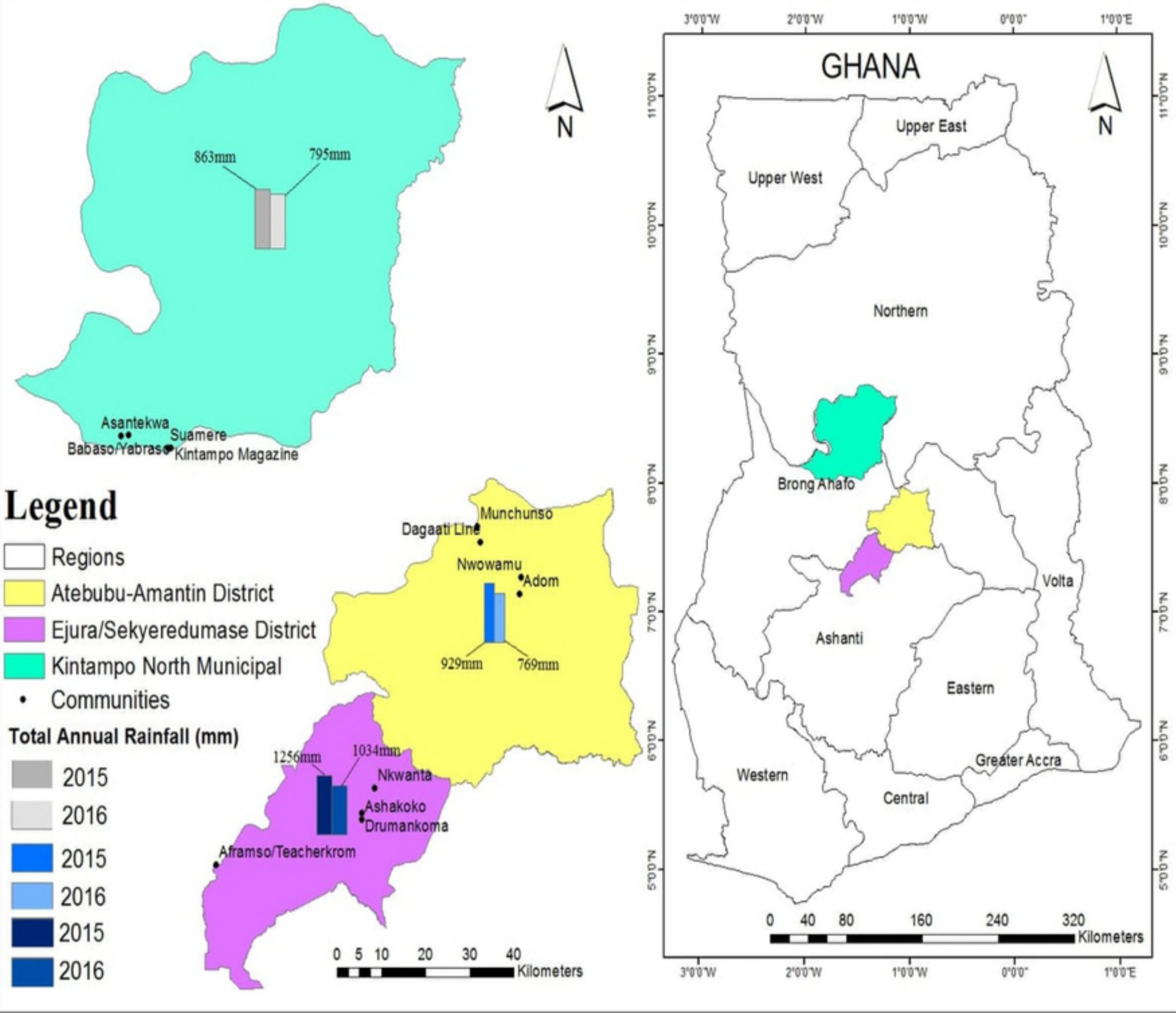


Figure 1

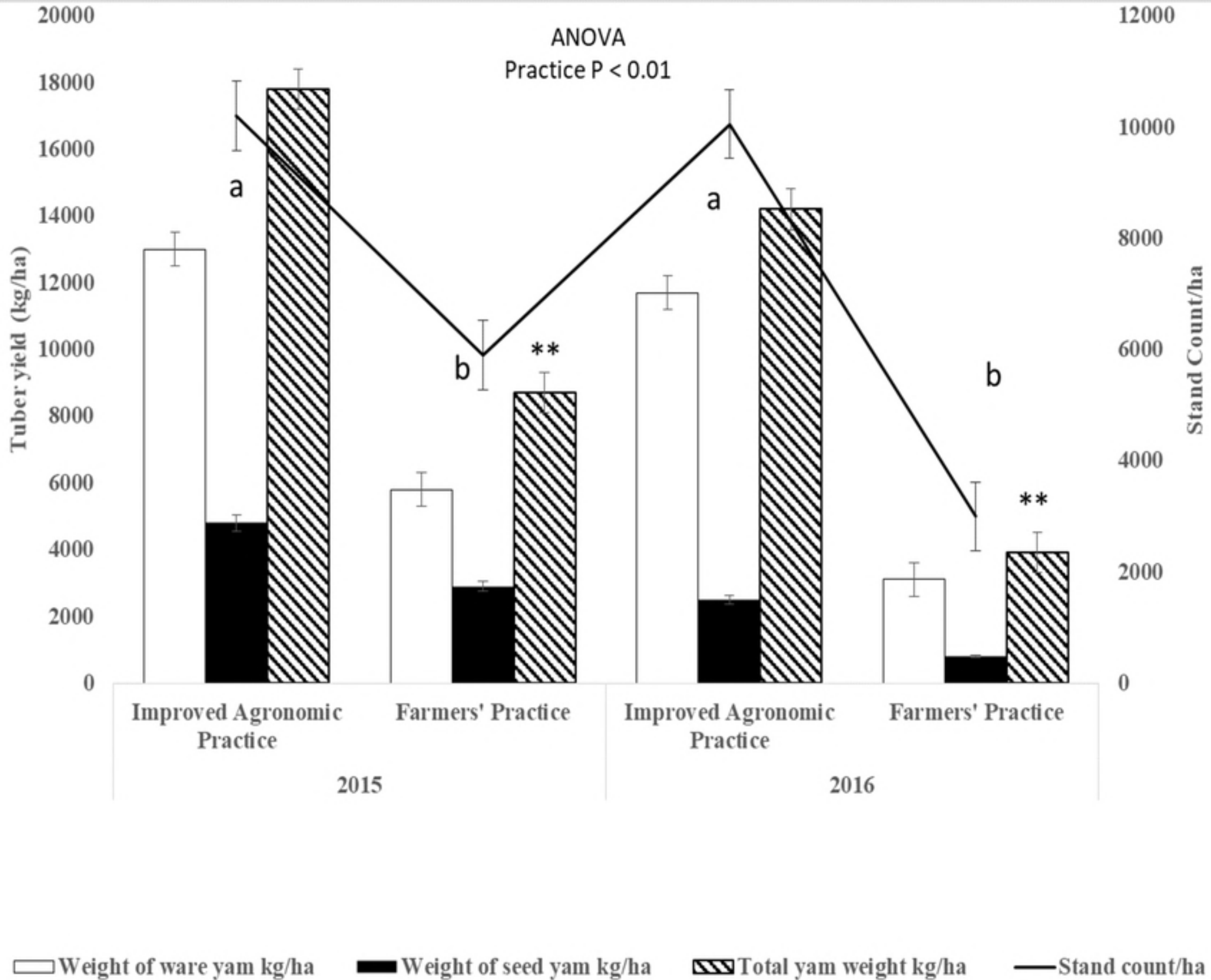


Figure 2

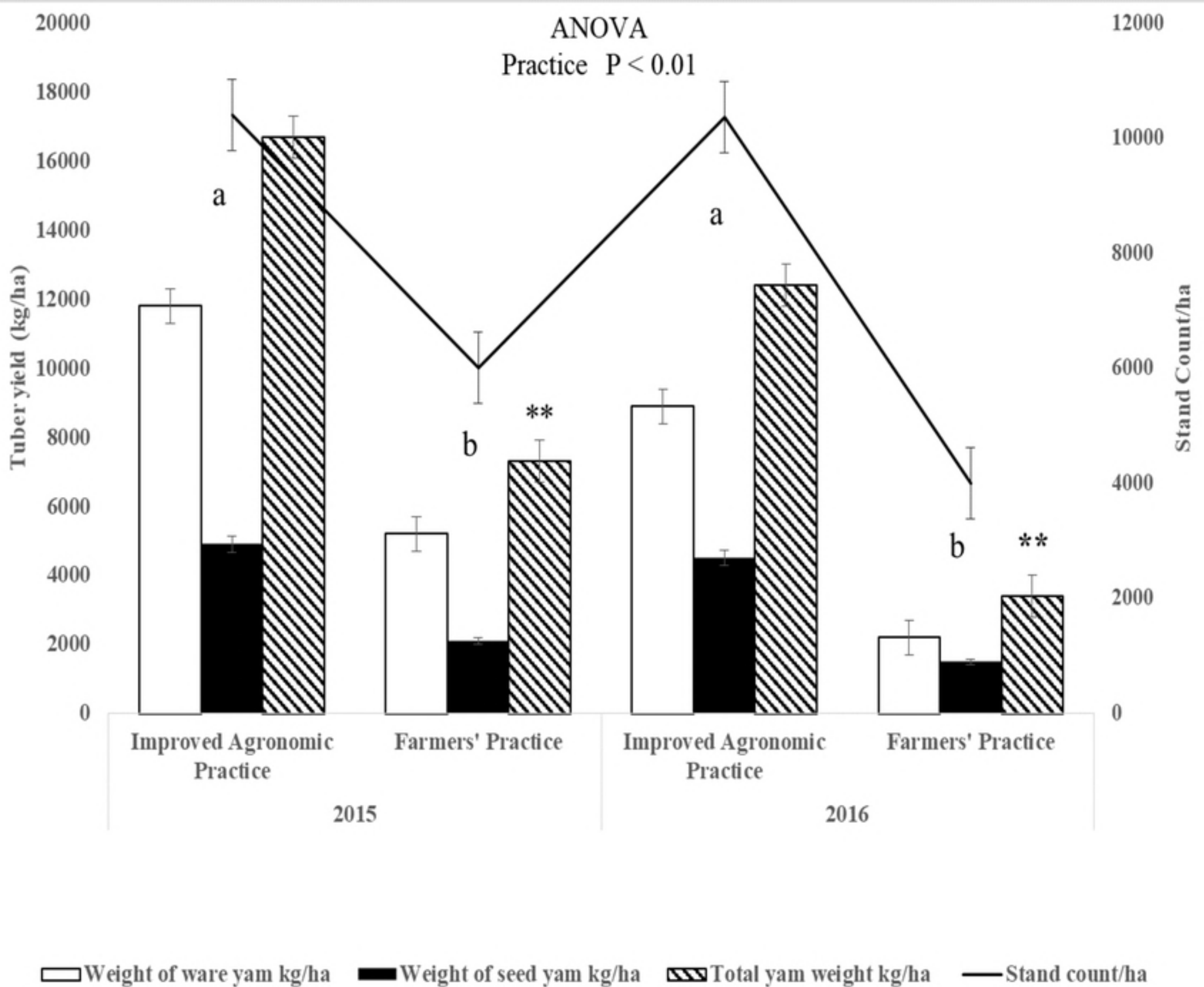


Figure 3

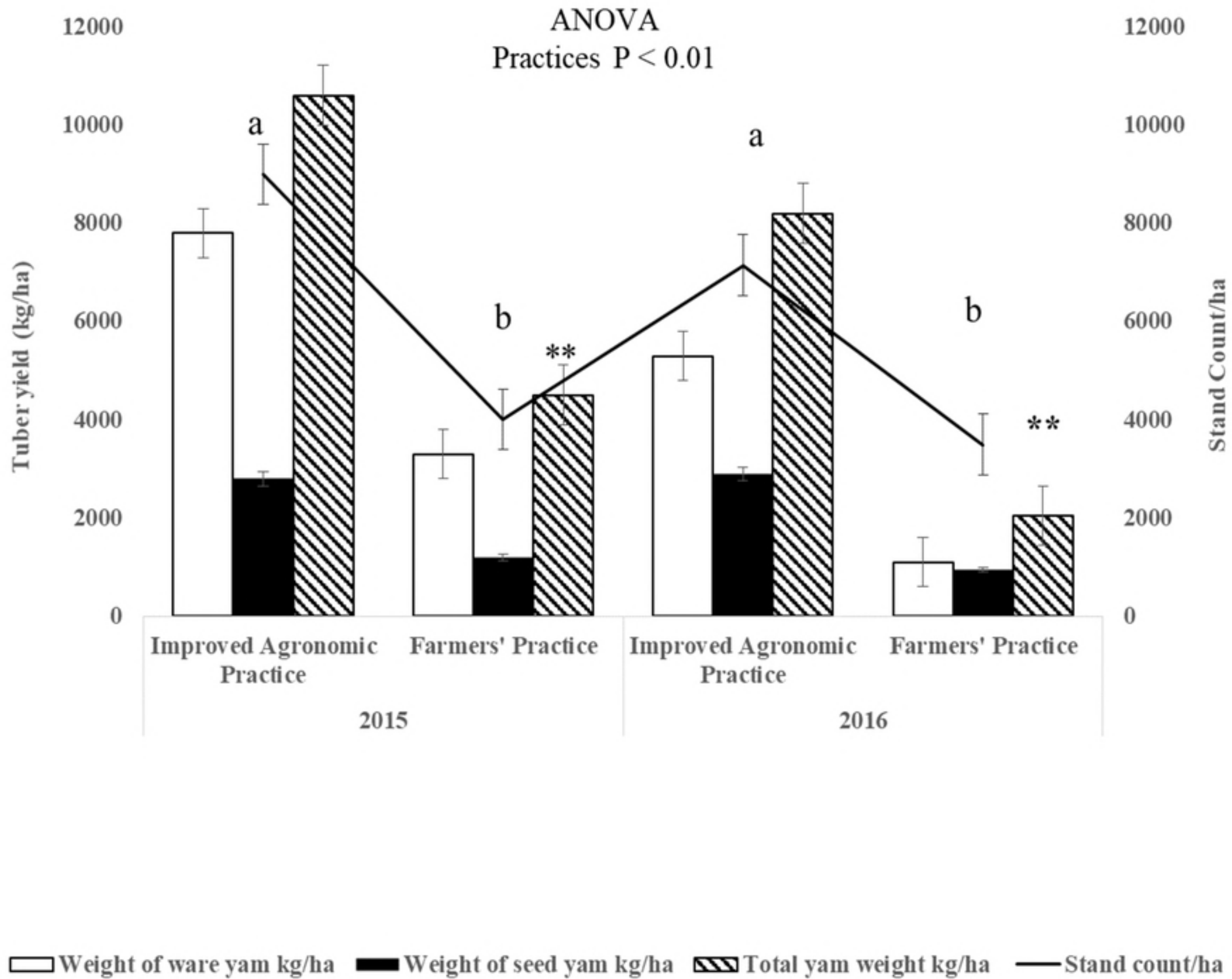


Figure 4

Percentage (%) difference between the improved technology and farmers' practice

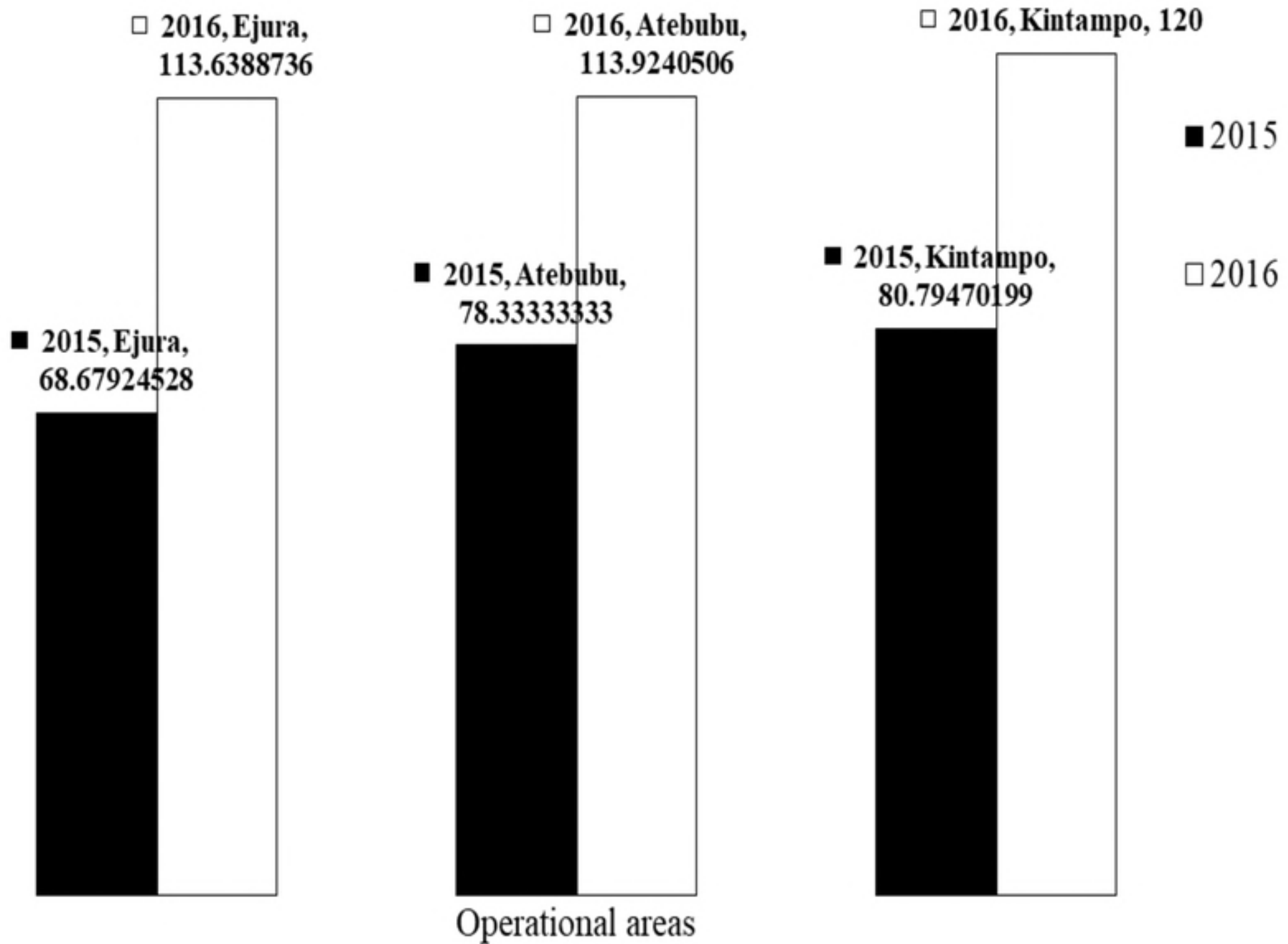


Figure 5