

1 **Viral infection enhances vomocytosis of intracellular fungi via Type I** 2 **interferons**

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13

14 **Abstract**

15 *Cryptococcus neoformans* is an opportunistic human pathogen, which causes serious disease
16 in immunocompromised hosts. Infection with this pathogen is particularly relevant in HIV⁺
17 patients, where it leads to around 200,000 deaths *per annum*. A key feature of cryptococcal
18 pathogenesis is the ability of the fungus to survive and replicate within the phagosome of
19 macrophages, as well as its ability to escape via a novel non-lytic mechanism known as
20 vomocytosis. We have been exploring whether viral infection affects the interaction between
21 *C. neoformans* and macrophages. Here we show that viral infection enhances cryptococcal
22 vomocytosis without altering phagocytosis or intracellular proliferation of the fungus. This
23 effect occurs with distinct, unrelated human viral pathogens and is recapitulated when
24 macrophages are stimulated with the anti-viral cytokine interferon alpha (IFN α). Importantly,
25 the effect is abrogated when type-I interferon signalling is blocked, thus underscoring the

26 importance of type-I interferons in this phenomenon. Our results highlight the importance of
27 incorporating specific context cues while studying host-pathogen interactions. By doing so, we
28 found that acute viral infection may trigger the release of latent cryptococci from intracellular
29 compartments, with significant consequences for disease progression.

30

31 **Non-Technical Author Summary**

32 Infectious diseases are typically studied in the laboratory in isolation, but in real life people
33 often encounter multiple infections simultaneously. Here we investigate how the innate
34 immune response to the fatal fungus *Cryptococcus neoformans* is influenced by viral
35 coinfection. Whilst virally-infected macrophages retain a normal capacity to engulf and kill
36 Cryptococci, they demonstrate a dramatically enhanced propensity to expel them via the
37 process known as non-lytic expulsion or vomocytosis. Activation of vomocytosis is
38 independent of the type of virus encountered, since both HIV and measles (two entirely
39 unrelated viral pathogens) trigger the same effect. Instead it is driven by interferon- α , a generic
40 ‘antiviral’ response, which signals back to the infected macrophage, triggering expulsion of the
41 fungus. We propose that this hitherto unobserved phenomenon represents a ‘reprioritisation’
42 pathway for innate immune cells, by which they can alter the frequency with which they expel
43 one pathogen (*Cryptococcus*) depending on the level of threat from a secondary viral infection.

44

45 **Introduction**

46

47 Since their discovery in 1957 by Isaacs and Lindenmann (1), the antiviral effects of type I
48 interferons have been well documented (2-4). More recently, their roles in non-viral infections
49 have been investigated (5, 6). Different bacterial stimuli have been shown to elicit type I
50 interferon production, and in turn these so called “antiviral cytokines” play a role in the
51 outcome of bacterial infections (7-9). This stems in part from the complex and sometimes
52 contradictory effects that type I interferons have on host cells, for instance in enhancing
53 inflammatory responses in some infectious settings (6) to preventing hyperinflammation in
54 others (10, 11), and even affecting the priming of immune responses at lymph nodes (12).

55

56 To date, little is known about the interplay between type I interferons and fungal infections,
57 despite the fact that many life-threatening fungal infections occur in the context of chronic viral
58 infection. This is particularly true of *Cryptococcus neoformans*, a globally distributed
59 opportunistic pathogen that is responsible for nearly 200,000 deaths per year in human
60 immunodeficiency virus (HIV) infected people, where it causes cryptococcal meningitis (13).
61 Extensive work over many years has demonstrated that a key feature of cryptococcal
62 pathogenesis is the ability of the fungus to survive, proliferate within, and then escape from,
63 host macrophages (14-17). Macrophages are among the first immune cells to encounter the
64 fungus within the human host (18) , and thus are very important in the fight against this
65 pathogen. These cells are able to phagocytose and contain the threat, as happens in
66 immunocompetent hosts, but can also be hijacked by Cryptococcal cells and used as a “Trojan
67 horse” to disseminate to distal sites within the body, particularly to the central nervous system
68 (19). Engulfed Cryptococcal cells can escape from host macrophages through lytic or non-lytic
69 mechanisms, the latter being known as vomocytosis or non-lytic extrusion (20, 21). Most

70 studies to date have focused on the interaction of *Cryptococcus* with healthy host cells, and
71 consequently how this intracellular lifestyle may be impacted by viral coinfection remains
72 unknown.

73

74 Here we show that viral infections enhance vomocytosis of *Cryptococci* from infected
75 macrophages, without affecting phagocytosis or intracellular proliferation rate of the fungus.

76 This effect is lost when signalling through the type I interferon receptor is blocked, and can be
77 recapitulated by addition of exogenous IFN α . Thus, antiviral responses by the host have a
78 hitherto unexpected impact on the release of intracellular pathogens by vomocytosis.

79 **Materials and Methods**

80 All reagents were purchased from SIGMA unless otherwise stated.

81

82 ***Cryptococcus* Strains**

83 Cryptococcal strains were grown in Yeast Peptone Dextrose (YPD) broth (2% glucose, 1%
84 peptone and 1% yeast extract) at 25°C on a rotator (20 rpm). Yeast from overnight cultures
85 were centrifuged at 6500 rpm for 2 minutes and resuspended in PBS at the required
86 concentration. All experiments were carried out using *C. neoformans* var. *grubii* serotype A
87 strain Kn99 α . Wildtype, GFP- (22) or mCherry-expressing (23) derivatives of Kn99 α were
88 used, as stated for each figure.

89

90 **Virus strains**

91 HIV-1 virus stocks were generated by transfection of human embryonic kidney 293T cells
92 (European Collection of Authenticated Cell Cultures) as previously described (24, 25). The
93 R9HIV Δenv virus was derived from clade B HIV-1 strain (NL43) with 500bp deletion in *env*,
94 pseudotyped with vesiculostomatitis virus G envelope. SIV3mac single round virus like
95 particles (VLPs) containing vpx (SIV3vpx) were generated by transfection into 293T cells with
96 pSIV3+ and pMDG plasmids (26, 27). At 48, 72h and 96h viral containing supernatant was
97 harvested, centrifuged at 800 x g for 10 min and filtered through 0.45 μ m filter then centrifuged
98 on a 20% sucrose cushion at 20,000 x g for 2h at 4°C. Purified virus was then re-suspended in
99 RPMI media and frozen at -80°C. To quantify single round HIV infection, a vial was thawed
100 for each harvest and serial dilutions used to infect CCR5/CD4 and CXCR4/CD4 transfected
101 NP-2 cells. At 72h post infection wells were fixed in ice cold acetone-methanol and infected
102 cells were identified by staining for p24 protein using a 1:1 mixture of the anti-p24 monoclonal
103 antibodies EVA365 and EVA366 (NIBSC, Center for AIDS Reagents, UK). Infected cells

104 were detected by light microscopy to provide a virus titre (focus-forming U/mL). The SIV3vpx
105 particles were quantified after thawing using a reverse transcriptase (RT) assay colorimetric kit
106 (Roche) following the manufacturer's instructions to provide a RT ng/mL titre.

107

108 Recombinant MeV strain IC323 expressing green fluorescent protein (MeV-GFP) was
109 generated as previously reported by Hashimoto *et al.* (28) MeV-GFP represents a virulent field
110 isolate from Japan (Ichinose-B (IC-B) strain) and was isolated from a patient with acute
111 measles in 1984 (29). For the generation of virus stocks, Vero (ATCC CCL-81) cells
112 overexpressing human SLAMF1 receptor (vero-hSLAM cells) were grown in T75 tissue
113 culture flasks to approximately 80% confluency in DMEM supplemented with 0.4 mg/mL
114 G418. Flasks were infected with MeV-GFP at an MOI of 0.01:1 in 5 mL media for 1 hour at
115 37°C. After 1h a further 10 mL of DMEM supplemented with 10% FBS was added and
116 infection allowed to continue for 48 h. At harvest the flasks were frozen to -80°C. After
117 thawing, the collected supernatants were centrifuged at 2500 rpm for 10 min at 4°C to pellet
118 cell debris. Aliquoted virus in supernatant was then frozen to -80°C. MeV-GFP viruses were
119 then titred using the TCID-50 method. Vero-hSLAM cells were seeded into flat-bottomed 96
120 well plates and infected with serial dilutions of thawed MeV-GFP in triplicate. After 72 h,
121 wells were scored for positive or negative infection under UV illumination on a Nikon TE-
122 2000 microscope.

123

124 **Ethics Statement**

125 All work with human tissue was approved by the University of Birmingham Ethics Committee
126 under reference ERN_10-0660. Samples were collected specifically for this work and were not
127 stored beyond the duration of the experiments described herein. All donors provided written
128 consent prior to donation.

129

130 **Human macrophage isolation and culture**

131 20-40 mL of blood were drawn from healthy donors by venepuncture. 6 mL of whole blood
132 were carefully layered on top of a double layer of Percoll (densities of 1.079 and 1.098 g/mL).
133 Samples were centrifuged in a swing bucket rotor at 150g for 8 minutes, followed by 10
134 minutes at 1200g, with acceleration and break set to zero. The resulting white disc of peripheral
135 blood mononuclear cells (PBMC) was transferred to a clean vial and incubated with red blood
136 cell lysis buffer at a ratio of 1:3 for 3 minutes, with gentle mixing throughout to prevent clot
137 formation. Cells were then washed with ice cold PBS twice, with centrifugation at 400g for 6
138 minutes in between each wash, and counted with a haemocytometer. 1×10^6 PBMC were seeded
139 onto 48-well plates in RPMI-1640 media containing 1% penicillin/streptomycin, 5% heat-
140 inactivated AB human serum and 20 ng/mL M-CSF (Invitrogen). Cells were washed with PBS
141 and resuspended in fresh media on days 3 and 6 of differentiation. Macrophages were ready to
142 use on day 7. A yield of 1×10^5 macrophages per well was estimated.

143

144 ***Cryptococcus* infection**

145 Fungi were opsonised with 10% human AB serum or 18B7 antibody (a kind gift from Arturo
146 Casadevall) for 1 hour and then added to macrophages at a multiplicity of infection of 10:1.
147 Infection was carried out in serum free-media, at 37°C with 5% CO₂. After 2 hours, cells were
148 washed 3 times with PBS to remove any extracellular fungi and fresh serum free-media was
149 added.

150

151 **Drug treatments**

152 Exogenous compounds were added to macrophages at two stages; when infecting with
153 *Cryptococcus* and again when replenishing with fresh media after removing extracellular fungi.

154 Compounds tested include interferon alpha (IFN α) at concentrations ranging from 5 to 100
155 pg/mL (Bio-Techne), polyinosinic-polycytidilic acid (polyIC) at 3 and 30 ng/mL (Invivogen),
156 type-I interferon receptor inhibitor (IFNARinh) at 2.5 μ g/mL (pbl assay science).

157

158 **Co-infection assay**

159 Human monocyte-derived macrophages were infected with either attenuated human
160 immunodeficiency virus (HIV) or MeV-GFP as follows:

161 For attenuated HIV co-infections, 24h before cryptococcal infection, human monocyte-derived
162 macrophages were infected either with R9HIV Δ env at a MOI of 10:1, SIV3vpx at 3 ng/mL or
163 both in serum free RPMI. At 24 h post infection duplicate wells were fixed in ice cold acetone-
164 methanol and infected cells were identified by staining for p24 protein as described above.

165 Experimental wells were infected with antibody opsonised-*Cryptococcus* Kn99 α -GFP for 2
166 hours, washed to remove extracellular fungal cells, and replenished with fresh serum free-
167 media.

168

169 Alternatively, macrophages were infected with MeV-GFP at an MOI of 5:1 in serum free-
170 media and kept at 37°C with 5% CO₂. After 24 hours, cells were washed with PBS and fresh
171 media, supplemented with 5% heat-inactivated human AB serum, was added. After 3 days,
172 cells were co-infected with serum opsonised-*Cryptococcus* Kn99 α -mCherry for 2 hours,
173 washed to remove extracellular fungal cells, and replenished with fresh serum free-media.

174

175 **Live imaging**

176 Infected samples were kept at 37°C with 5% CO₂ in the imaging chamber of a Ti-E Nikon
177 Epifluorescence microscope. Images were taken every 5 minutes over an 18-hour period and
178 compiled into a single movie file using NIS Elements software. Movies were blinded by a third

179 party before manual scoring for phagocytosis of *Cryptococcus*, virus infection rates,
180 vomocytosis events, intracellular proliferation rates and macrophage integrity.

181

182 **Growth curve assay**

183 A 10-fold diluted cryptococcal overnight culture was inoculated into YPD broth in a 48-well
184 plate (final dilution in well: 1000-fold), in the presence or absence of type-I interferons. The
185 plate was sealed with a breathable membrane and incubated at 37°C within a fully automated
186 plate reader (FLUOStar, BMG Omega). Optical density readings at 600 nm were taken every
187 30 minutes over a 24 hour-period, with orbital shaking in between readings.

188

189 **Data analysis**

190 Statistical analysis was performed using GraphPad Prism 6. Categorical data of phagocytosis
191 or vomocytosis occurrence in the different conditions was assessed using Chi² test and Fisher's
192 exact test. If data was normally distributed as assessed by Shapiro-Wilk test, then it was
193 compared using Student's t test. Figures show percentage of *cryptococcus*-infected
194 macrophages experiencing at least one vomocytosis event within each experiment. For
195 intracellular proliferation rates, data was analysed using Mann-Whitney test. Growth curves
196 were fitted to sigmoidal curves and the parameters were compared using Kruskal-Wallis test.
197 All data shown corresponds to at least three independent experiments.

198 Raw data (collated manual counts for multiple timelapse movies) are provided as supplemental
199 material for each figure. Original timelapse movies, upon which manual scoring was
200 performed, are freely available upon request from the authors.

201 Results

202

203 Given the relevance of cryptococcosis to HIV⁺ patients (13), we set out to test whether HIV
204 infection had an effect on vomocytosis of *C. neoformans*. Human monocyte-derived
205 macrophages were infected with HIV-1 capable of a single-round of infection and subsequently
206 with *C. neoformans* and then used for time-lapse imaging over 18 hours. Subsequent scoring
207 showed that virally infected cells had a significantly higher occurrence of cryptococcal
208 vomocytosis (Figure 1A), whilst fungal uptake and intracellular proliferation were unaltered
209 (Figure 1C, 1E).

210

211 The experimental HIV system we used here includes co-transduction with SIV3 ν px VLPs in
212 order to counteract the antiviral effect of SAMHD1 and ensure maximal HIV infection of the
213 macrophages (26, 30) (Figure S1A). Interestingly, we noted that the addition of SIV3 ν px or
214 R9HIV Δ env alone also increased vomocytosis (Figure S1B). Since neither condition results
215 in widespread viral infection of host cells, this suggested that the enhancement of vomocytosis
216 occurs at the level of viral detection, rather than being a consequence of active HIV infection.

217

218 To explore this further, we tested whether vomocytosis was altered in macrophages infected
219 with an unrelated macrophage-tropic virus (31); measles (MeV, Figure 1B). The measles strain
220 used represents a virulent field isolate from Japan. Once again, infection with the virus resulted
221 in significantly enhanced vomocytosis of *Cryptococcus*. Neither HIV nor measles infection
222 affected uptake of *Cryptococcus* nor the intracellular proliferation rate (IPR) of the fungus
223 (Figure 1C-F), suggesting that the viral effect acts specifically at the level of vomocytosis,
224 rather than fungal pathogenicity *per se*, and that it is independent of the type of virus.

225

226 To test whether active viral infection was required for enhanced vomocytosis, we mimicked
227 the effect of viral exposure by stimulating macrophages with polyinosinic-polycytidilic acid
228 (polyIC). PolyIC is a double-stranded RNA synthetic analogue, which is known to trigger
229 antiviral responses by binding to TLR3 (32). Human monocyte-derived macrophages were
230 stimulated with polyIC and infected with *C. neoformans* simultaneously. Infected cells were
231 imaged over 18 hours and scored for vomocytosis (Figure 2A). As with HIV or MeV infection,
232 polyIC stimulation enhanced vomocytosis of *Cryptococcus*. Thus, it is likely that the antiviral
233 reaction of the host macrophage, rather than an aspect of viral pathogenesis, is the trigger for
234 enhanced vomocytosis from infected host cells.

235

236 The hallmark of the cellular anti-viral response is the induction of type-I interferons. Among
237 these, the best studied are IFN α and IFN β . During HIV infection specifically, the induction of
238 IFN α is the most relevant (33). We therefore tested whether the impact of viral infection on
239 vomocytosis could be recapitulated by exposure to interferon- α (IFN α). Stimulation of human
240 monocyte-derived macrophages with 10 pg/mL IFN α (a level that closely matches that seen in
241 HIV-infected patients (33)) resulted in significantly enhanced vomocytosis of *Cryptococcus*
242 (Figure 2B) without altering cryptococcal growth, uptake or IPR (Figure S2). Interestingly, we
243 noticed that higher doses of IFN α suppressed this effect, suggesting that the impact of
244 interferons on vomocytosis can be rapidly saturated.

245

246 To confirm that type-I interferons were behind the increase in vomocytosis observed, we
247 performed the viral infection experiments in the presence of a type-I interferon receptor
248 (IFNAR) inhibitor (Figure 3). The addition of IFNAR inhibitor blocked the enhancement of
249 vomocytosis otherwise elicited by viral infection in both HIV- and Measles-infection settings,
250 confirming that type-I interferon signalling is necessary for this effect. Interestingly, this effect

251 was particularly prominent on virally infected cells rather than neighbouring cells which were
252 not infected (Non-MeV; Figure 3B), suggesting that the impact of IFN α signalling on
253 vomocytosis is highly localised and specific to the autocrine responses occurring within
254 infected cells, rather than endocrine responses mediated through cytokines.

255 Discussion

256

257 In this study we set out to explore the consequences, if any, of viral infection on Cryptococcal
258 infection, focusing on the non-lytic escape mechanism known as vomocytosis. Infection with
259 either HIV or measles virus led to an enhancement in vomocytosis of *C. neoformans*, without
260 affecting uptake or intracellular proliferation of the fungus (Figure 1), an effect that could be
261 recapitulated by stimulation with IFN α and abrogated when signalling from type-I interferon
262 receptor was blocked (Figures 2 and 3). Thus, viral coinfection stimulates expulsion of
263 intracellular fungi via Type I interferon signalling.

264

265 The effect was seen using two distinct viral pathogens which differ, among other parameters,
266 in the magnitude of anti-viral response they elicit in human macrophages. Relative to other
267 viral infections, HIV is very good at avoiding the induction of type-I interferons (24, 25).
268 Nonetheless, the low levels of type-I interferons induced by HIV, potentially enhanced by the
269 co-infection with *Cryptococcus*, are sufficient to have a significant effect on vomocytosis.
270 Infection with measles virus has been reported to induce limited production of type-I
271 interferons in macaque models, albeit with potent induction of interferon-stimulated genes (34,
272 35). To date, there is no direct correlation between measles infection and cryptococcosis.
273 However, given that both pathogens have a distinct respiratory phase it is possible that they
274 interact within this shared niche, potentially through low doses of antiviral signalling.

275

276 Why might antiviral signalling induce vomocytosis? One possibility is that vomocytosis serves
277 to “reset” phagocytes that have been unable to kill their prey, thus allowing them to serve a
278 useful purpose in phagocytosing other pathogens rather than remaining “unavailable”. In that
279 context, a potent inflammatory signal such as IFN α may serve to accelerate this process during

280 localised infection, returning macrophages to functionality faster than would otherwise occur.
281 The consequences of vomocytosis on disease progression, however, are likely to be highly
282 context dependent; in some settings, this may enable a more robust immune response, but in
283 others it may serve to inadvertently disseminate the fungus to distal sites.

284

285 This is supported by previous reports showing variable outcomes of interferon signalling on
286 cryptococcal infection in mice. Sato *et al.* (36) showed that IFNARKO mice have lower fungal
287 burden than WT mice and consequently argue that type-I interferon signalling is detrimental
288 for the host during cryptococcal infection. Supporting this notion but using the sister species
289 *C. gatti*, Oliveira *et al* (37) show that infection with influenza virus worsens the prognosis of
290 subsequent fungal infection. On the other hand, Sionov *et al* (38) showed that stimulation with
291 IFN α or with the double-stranded RNA analogue pICLC protected the host from infection by
292 either *C. neoformans* or *C. gatti* infection. This effect was time-dependent, with the protective
293 effect of pICLC treatment only occurring if administered during the first 72 hpi before the
294 fungus reaches the brain. A tempting model, therefore, is that stimulating vomocytosis via
295 antiviral signalling early in infection (when the fungus remains in the lung) helps prevent
296 dissemination, whilst triggering vomocytosis later on may actually enhance fungal spread and
297 accelerate disease progression.

298

299 Taken together, our findings therefore suggest that the antiviral response, and IFN α in
300 particular, induce the expulsion of intracellular cryptococci and that this effect could be
301 advantageous or detrimental to the host, depending on the localization of the infected
302 phagocyte and timing of the event.

303

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311

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- 421

422 **Figure Captions**

423 **Fig 1. Viral infection enhances vomocytosis of *C. neoformans***

424 Human monocyte-derived macrophages were infected with HIV (left) or measles virus (right)
425 and subsequently infected with *C. neoformans*. Time-lapse microscopy videos were manually
426 scored for vomocytosis (top), uptake (middle) and intracellular proliferation rate of *C.*
427 *neoformans* (bottom). **A-B** Graphs show percentage of *cryptococcus*-infected macrophages
428 which have experienced at least one vomocytosis event. **C-D** Percentage of *cryptococcus*-
429 infected macrophages. **E-F** Intracellular proliferation rate of *C. neoformans* over 18 hours. In
430 all cases, data corresponds to at least 3 independent experiments. Categorical vomocytosis and
431 phagocytosis data was analysed by Chi² test followed by Fisher's exact test. * p < 0.05; **** p
432 < 0.0001. IPR data was analysed using Mann-Whitney test.

433

434 **Fig 2. Antiviral response increases vomocytosis**

435 Human monocyte-derived macrophages were stimulated with different doses of polyIC (**A**) or
436 IFN α (**B**), and infected with *C. neoformans*. Graphs show Mean + SD of percentage of
437 *cryptococcus*-infected macrophages which have experienced at least one vomocytosis event.
438 Chi² test followed by Fisher's exact test performed on raw vomocytosis counts. Data
439 corresponds to at least three independent experiments.

440

441 **Fig 3. Type-I interferon signalling is necessary to enhance vomocytosis**

442 Human monocyte-derived macrophages were infected with HIV (**A**) or GFP-expressing
443 measles virus (MeV-GFP, **B**) and subsequently with mCherry-expressing *C. neoformans*
444 (Kn99 α -mCherry), in the presence or absence of an IFNAR blocking antibody. GFP negative
445 cells, which did not have an active Measles infection, were termed "Non-MeV". Graph shows
446 Mean + SD of percentage of *Cryptococcus*-infected macrophages which have experienced at

447 least one vomocytosis event. Fisher's exact test performed on raw vomocytosis counts. Data
448 corresponds to two and three biological repeats, respectively.

449

450 **Supporting information**

451 **Fig S1**

452 **A.** Human monocyte-derived macrophages were infected with VLPs as indicated. After 24
453 hours, viral infection was assessed by p24 staining (blue).

454 **B.** Cells were infected with VLPs as indicated, and subsequently infected with *C. neoformans*.
455 Time-lapse microscopy videos were manually scored for vomocytosis. Graph shows
456 percentage of *cryptococcus*-infected macrophages which have experienced at least one
457 vomocytosis event. Chi² test followed by Fisher's exact test performed on raw vomocytosis
458 counts from 5 independent experiments.

459

460 **Fig S2**

461 **A.** Cryptococcal cells were grown in the presence or absence of IFN α over 24 hours. Growth
462 was assessed by optical density readings at 600 nm.

463 **B-C.** Human monocyte-derived macrophages were infected with *C. neoformans* in the
464 presence of different doses of recombinant IFN α . Time-lapse microscopy videos were
465 manually scored for phagocytosis and intracellular proliferation rate of the fungus (B and C,
466 respectively).

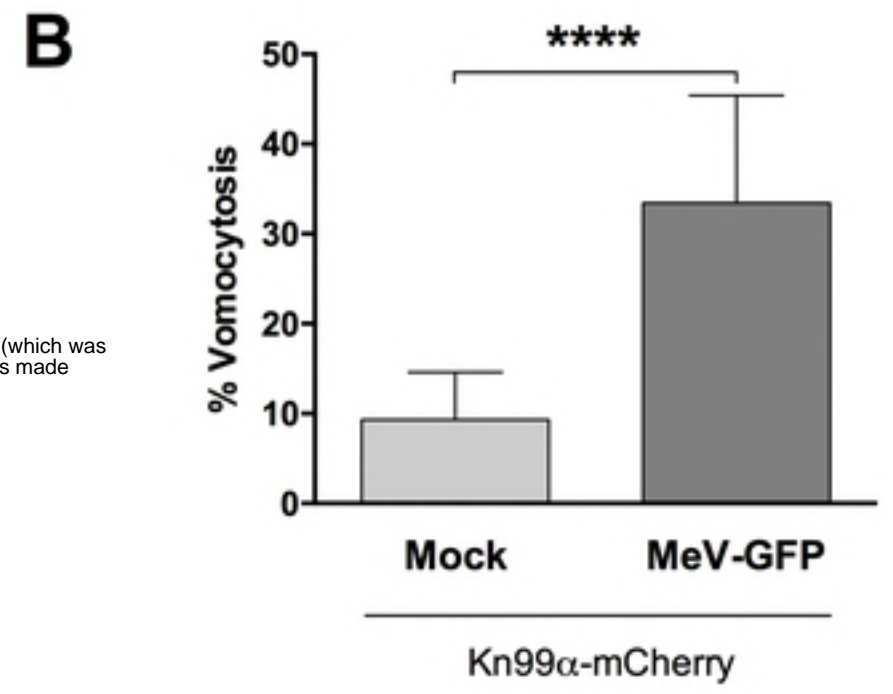
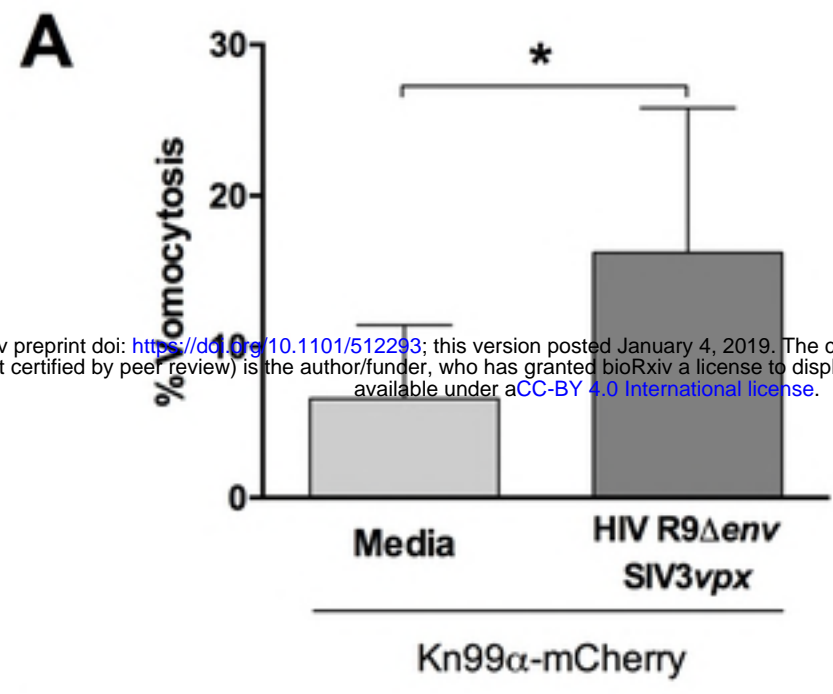
467 Data corresponds to 3 independent experiments.

468

HIV infection

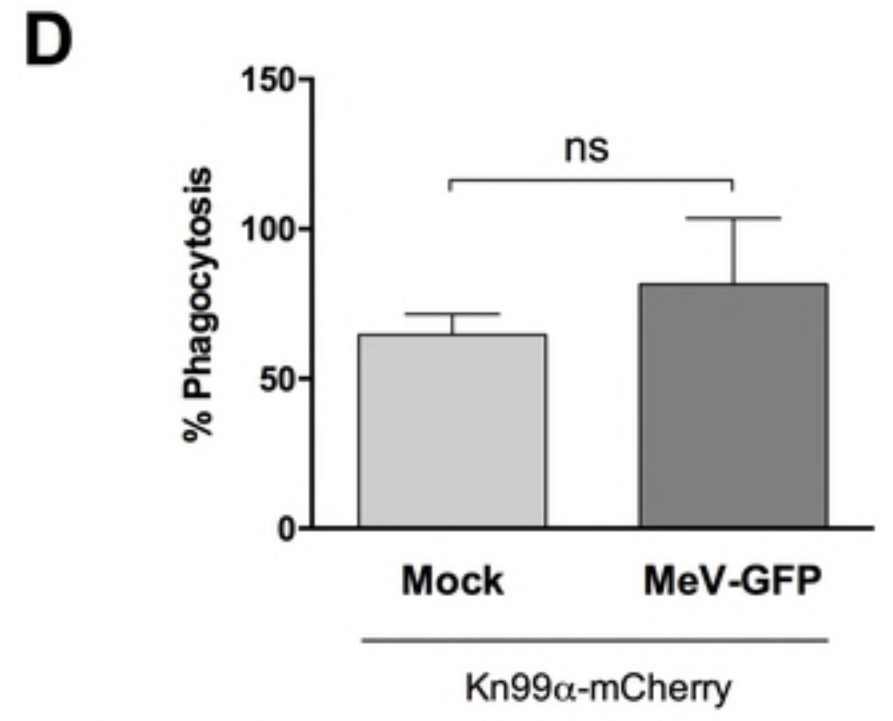
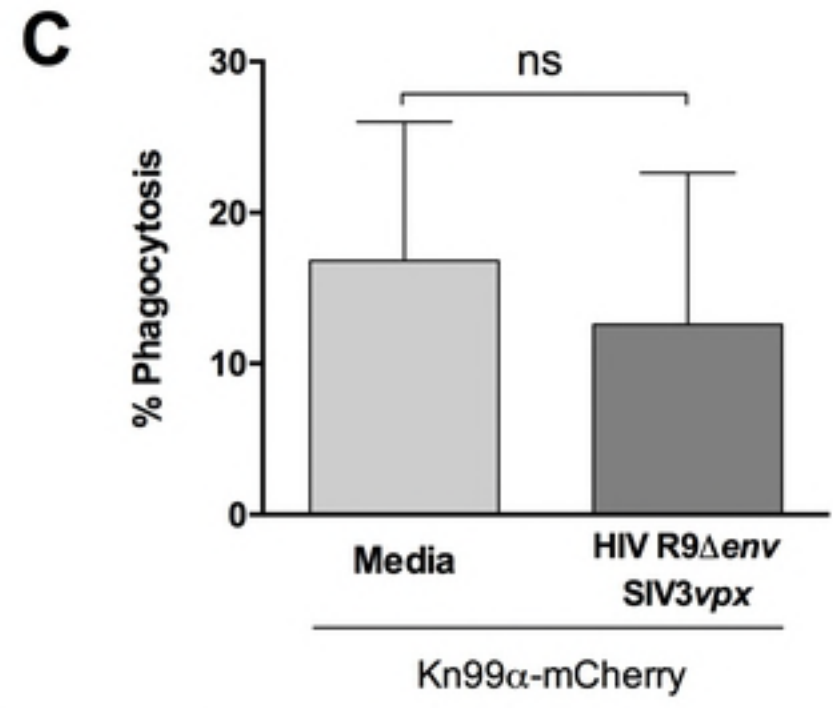
Measles infection

Vomocytosis



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Phagocytosis



Intracellular Proliferation

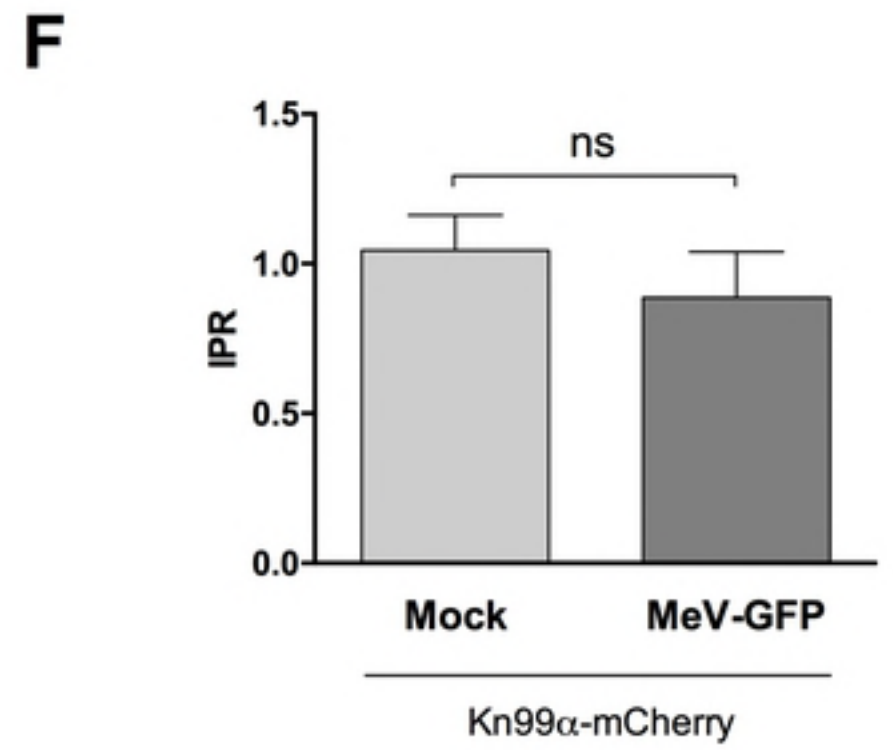
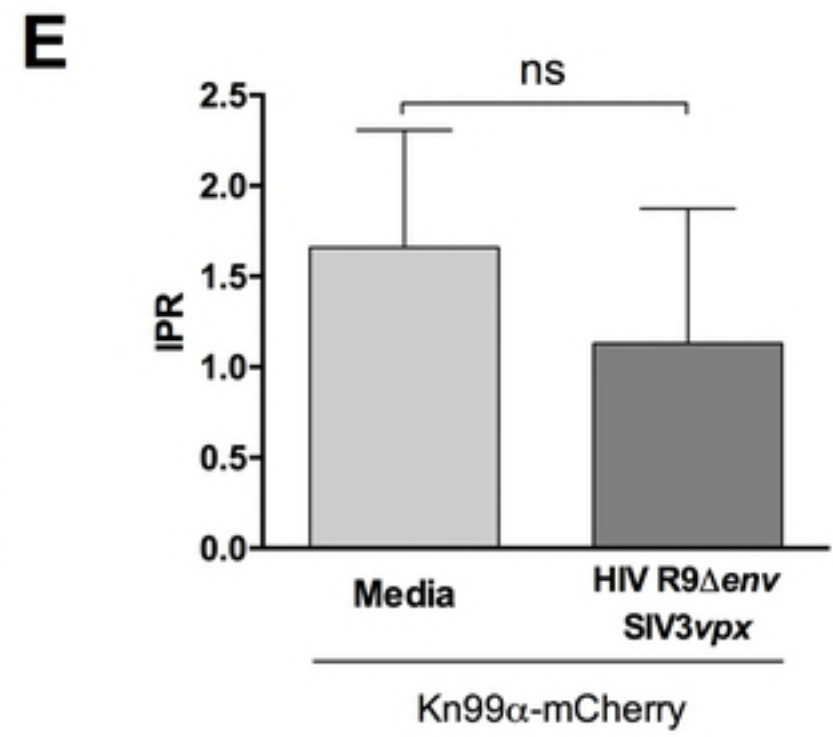


Figure 1

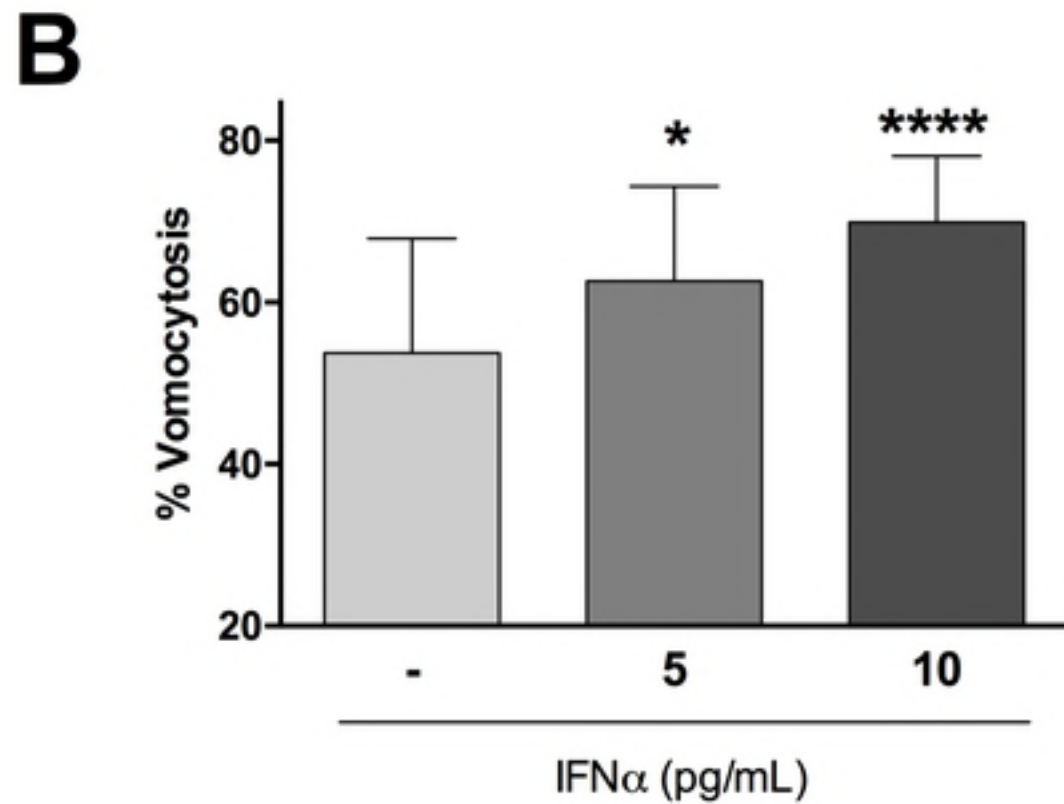
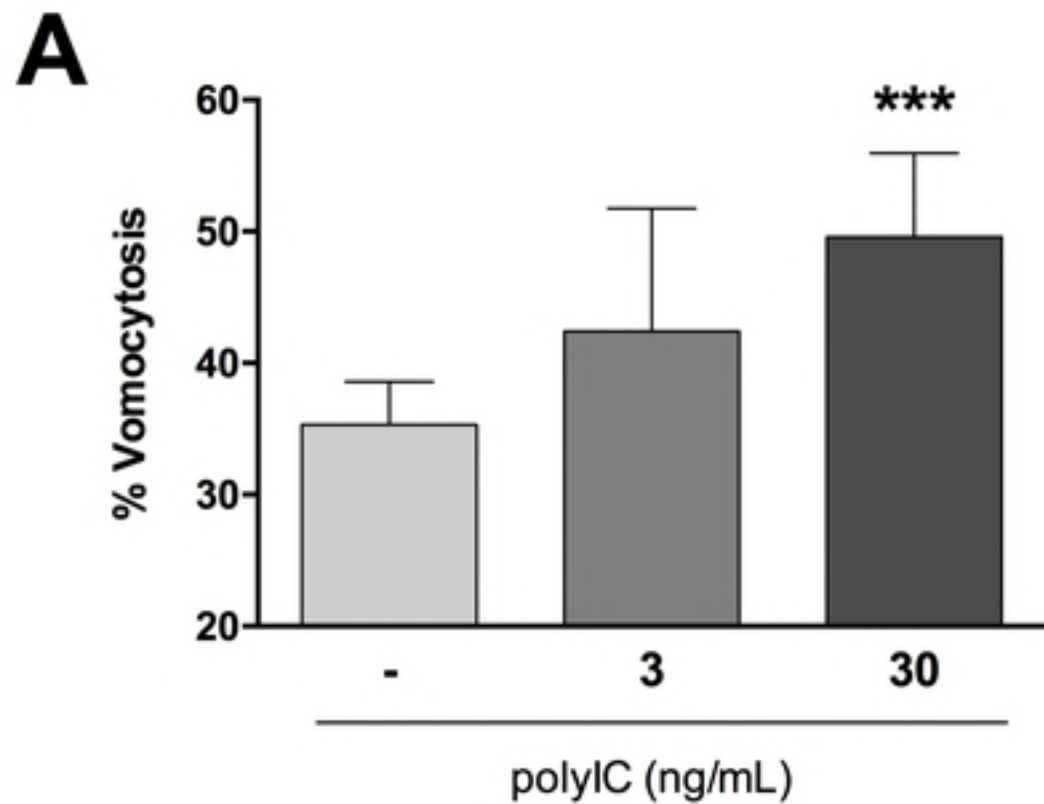


Figure 2

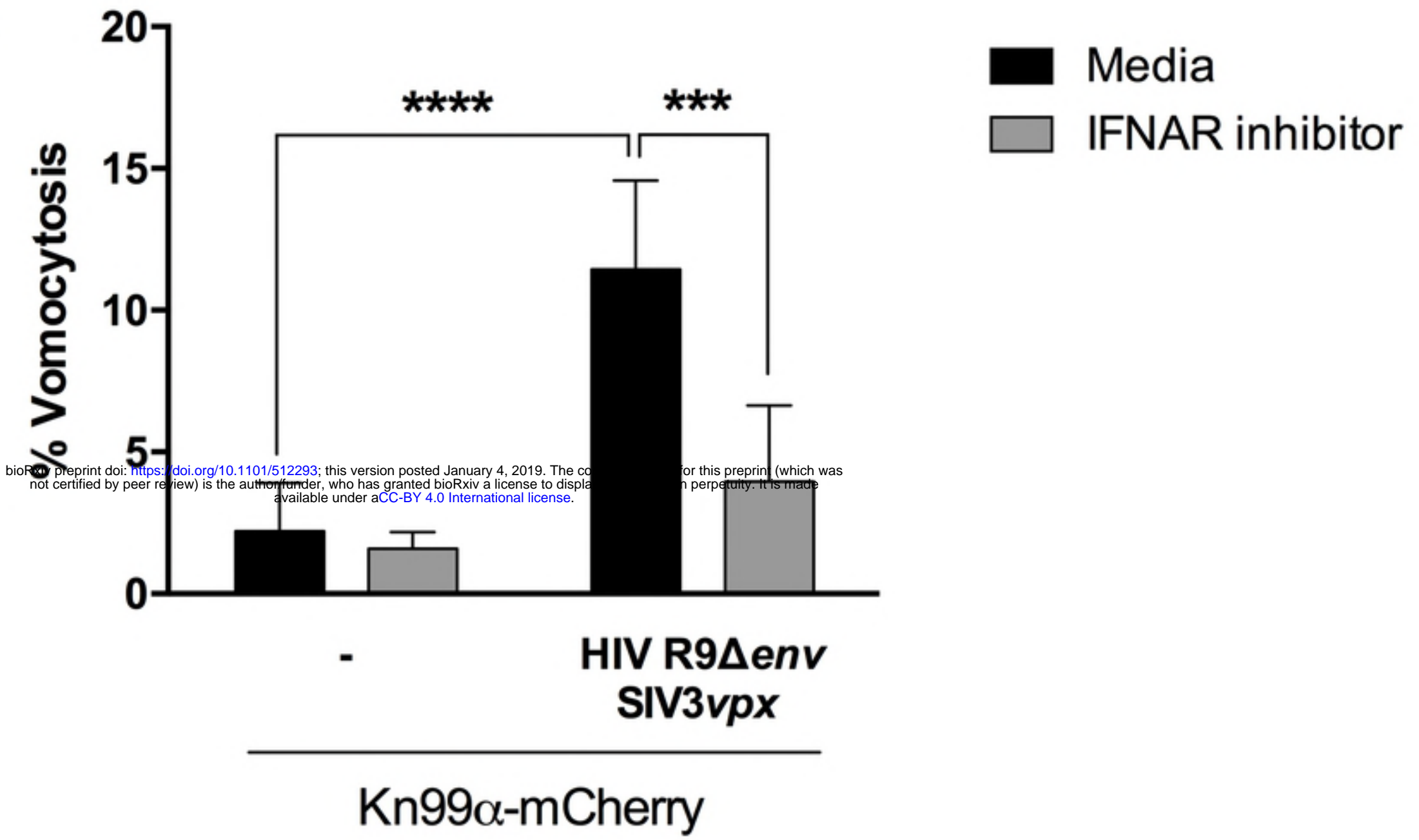
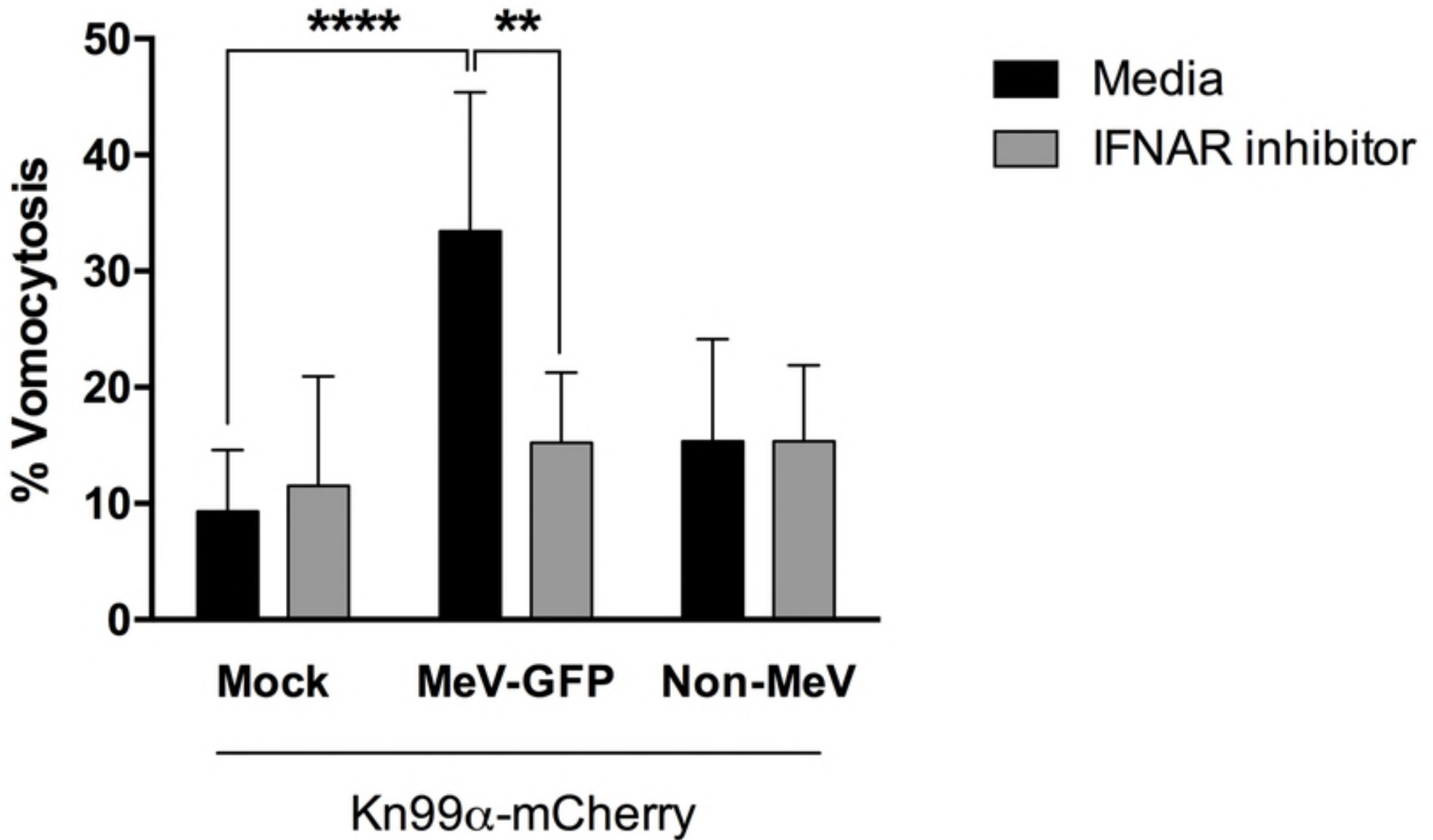
A**B**

Figure 3