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## 2 Dissociating orexin-dependent and -independent functions of orexin neurons

- 3 using novel orexin-Flp knock-in mice
- 4

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#### 1 Abstract

2 Uninterrupted arousal is important for survival during threatening situations. Activation of 3 orexin/hypocretin neurons is implicated in sustained arousal. However, orexin neurons 4 produce and release orexin as well as several co-transmitters including dynorphin and 5 glutamate. Thus, it is important to disambiguate orexin peptide-dependent and 6 -independent physiological functions of orexin neurons. To attain this, we generated a 7 novel orexin-flippase (Flp) knock-in (KI) mouse line. Crossing with Flp-reporter or 8 Cre-expressing mice showed gene expression exclusively in orexin neurons. 9 Histological studies confirmed that orexin was completely knock-out (KO) in KI/KI 10 homozygous mice. Orexin neurons without orexin showed altered electrophysiological 11 properties, as well as received decreased glutamatergic inputs. Selective chemogenetic 12 activation revealed that both orexin and co-transmitters functioned to increase 13 wakefulness, however, orexin was indispensable to promote sustained arousal. 14 Surprisingly, activation of orexin neurons without orexin caused a significant increase in 15 the total time spent in cataplexy. Taken together, orexin is essential to maintain basic 16 membrane properties and input-output computation of orexin neurons, as well as to exert 17 awake-sustaining aptitude of orexin neurons.

18

19 **Keywords:** Orexin/hypocretin, flippase, electrophysiology, chemogenetics,

20 sleep/wakefulness, cataplexy

### 1 Introduction

2 Orexin A (hypocretin-1) and orexin B (hypocretin-2) (de Lecea et al., 1998; 3 Sakurai et al., 1998), generated from the same precursor protein called prepro-orexin, 4 are endogenous ligands for two closely related G-protein-coupled receptors termed 5 orexin-1 receptor (OX1R) and orexin-2 receptor (OX2R) (Sakurai et al., 1998). Although 6 orexin was named for its effect on inducing feeding behavior, it gained immense interest 7 in sleep research as the knockout (KO) of prepro-orexin or dysfunction of OX2R in 8 canines or mice reportedly mimics the human sleep disorder narcolepsy (Chemelli et al., 9 1999; Lin et al., 1999). Narcolepsy is a neurological disorder characterized by 10 fragmented sleep/wakefulness, persistent daytime sleepiness and brief episodes of 11 muscle weakness called cataplexy, which is often triggered by positive emotions. 12 Narcolepsy patients showed a loss of overall prepro-orexin mRNA, confirming the 13 association between orexin neuronal loss and the pathogenesis of narcolepsy (Peyron et 14 al., 2000: Thannickal et al., 2000).

15 A small number of orexin-producing neurons (orexin neurons) are exclusively 16 distributed in the lateral hypothalamic area (LHA) and perifornical area, but send 17 projections widely throughout the major brain areas (Nambu et al., 1999; Peyron et al., 18 1998). Thus, it is no surprise that orexin neurons have diverse physiological roles, 19 including the regulation of sleep/wakefulness (Chemelli et al., 1999; Lin et al., 1999), 20 energy homeostasis (Yamanaka et al., 2003), thermoregulation (Tupone et al., 2011), as 21 well as regulation of heart rate and blood pressure (Zhang et al., 2006). Using 22 optogenetic and/or chemogenetic techniques, we and others showed that orexin 23neurons modulate sleep/wake cycles in rodents (Adamantidis et al., 2007; Sasaki et al., 24 2011; Tsunematsu et al., 2011). In addition to these, employing transgenic mice, we 25reported that chemogenetic activation of orexin neurons increased locomotion, feeding 26 behavior and metabolism (Inutsuka et al., 2014). Thus, orexin neurons are thought to

interact with the neuroregulatory, autonomic and neuroendocrine systems, and perform
 critical roles in the regulation of sleep/wakefulness and energy homeostasis.

3 The physiological activity of orexin neurons is modulated by multiple neural 4 inputs and humoral factors. These inputs include GABAergic neurons in the preoptic 5 area, serotonergic neurons in the dorsal and median raphe nuclei, central amygdala, 6 basal forebrain cholinergic neurons, the bed nucleus of the stria terminalis, 7 supraventricular zone, and the dorsomedial, lateral and posterior hypothalamus (Sakurai 8 et al., 2005; Yoshida et al., 2006). Recently, we reported that serotonergic neurons in the 9 raphe nucleus inhibit orexin neurons both directly and indirectly (Chowdhury and 10 Yamanaka, 2016). Orexin neurons are also found to respond to multiple humoral factors 11 and neuropeptides (Inutsuka and Yamanaka, 2013; Sakurai, 2014). Most interestingly, 12 orexin neurons form a positive-feedback circuitry among themselves in the LHA by 13activating other orexin neurons through OX2R to maintain the wake-active network at 14 optimum level and/or for a sustained period (Yamanaka et al., 2010a).

15 However, orexin neurons contain other neurotransmitters including glutamate 16 (Rosin et al., 2003), dynorphin (Chou et al., 2001) and galanin (Hakansson et al., 1999). 17 Therefore, to better understand the physiology and pathophysiology of orexin/hypocretin 18 system, it is essential to disambiguate the roles of orexin from other co-transmitters. To 19 address this, we generated novel orexin-Flppase (Flp) knock-in mice, which express Flp 20 recombinase under control of prepro-orexin gene in mice. Employing this novel mouse 21 line, we found that orexin performs critical roles in maintaining basic electrophysiological 22 properties of orexin neurons as well as to initiate feed-forward activation of orexin 23neurons by facilitating excitatory glutamatergic inputs. Focusing on sleep/wakefulness, 24we also manipulated orexin neuronal activity and evaluated their physiological effects in 25 freely-moving mice. To achieve this, we employed a chemogenetic technique, Designer 26 Receptors Exclusively Activated by Designer Drugs (DREADD) (Armbruster et al.,

1 2007). Our results showed orexin plays the major role in the awake-sustaining aptitude 2 of orexin neurons. Although the phenotypic consequences of orexin neurons activation 3 in increased wakefulness was reinforced for by co-transmitters, these co-transmitters 4 rather deteriorated cataplexy. Together, these data clearly identified the importance of 5 orexin neuropeptides for the physiological function of orexin neurons and their 6 postsynaptic partners.

#### 1 Results

## 2 Generation of novel orexin-Flp (OF) mice

3 We previously (Inutsuka 2014) generated orexin-Cre et al., or 4 orexin-tetracycline-controlled trans-activator (orexin-tTA) (Tabuchi et al., 2013) 5 transgenic mice in which Cre recombinase or tTA was expressed in orexin neurons to 6 allow regulation of transgene expression in the orexin neurons. However, expression of 7 Cre and tTA in those transgenic mice was driven by a 3.2 kb short gene fragment 8 upstream of the human prepro-orexin gene. Thus, we generated a new mouse by 9 targeting the prepro-orexin gene of the mouse genome. Employing a homologous 10 recombination system, here we generated orexin-Flippase (OF) mice by knocking in the 11 EGFP-2A-Flp transgene just downstream of the translation initiation site of the 12 prepro-orexin gene in-frame (Figure 1A). To visualize the function of Flp recombinase, 13we bred these mice with Flp-reporter (FSF-mTFP1) mice (Imayoshi et al., 2012) in which 14 fluorescent protein mTFP1 is expressed in a Flp-dependent manner (Figure 1B). 15 Immunohistochemical analysis showed mTFP expression in 80.9  $\pm$  4.4% of 16 orexin-immunoreactive neurons. We observed no ectopic expression of EGFP and/or 17 mTFP1 protein in melanin-concentrating hormone (MCH)-immunoreactive (n = 4 mice; 18 Figure 1C and 1D) or in any other non-orexin-immunoreactive neurons in these bigenic 19 mice. Together, these data confirmed that functional Flp was expressed exclusively in 20 the orexin neurons of newly generated OF mice.

21

## 22 **OF** mice enable the dual targeting of adjacent cell types

By taking advantage of the vast repertoire of cell type-specific Cre- or tTA-expressing mice, the new *OF* mice may enable the expression of various genes in different subsets of neurons (Figure 2A). To confirm this, we next generated two different bigenic mice by crossing *OF* mice with *MCH-Cre* or *Gad*67-*Cre* mice (Figure 2B and 2E). *MCH-Cre* or

1 Gad67-Cre mice exclusively express Cre recombinase in MCH or GABA neurons, 2 respectively (Higo et al., 2009; Kong et al., 2010). To test whether we could target dual 3 cell types simultaneously inside the LHA, we performed injection of an AAV cocktail 4 of AAV(DJ)-CMV-FLEX-tdTomato composed of an equal volume and 5 AAV(DJ)-CMV-dFRT-hrGFP in both orexin-Flp; MCH-Cre and orexin-Flp; Gad67-Cre 6 bigenic mice (Figure 2C and 2F). Given that MCH and GABA neurons are distinct 7 neuronal subsets from orexin neurons in the LHA (Broberger et al., 1998; Rosin et al., 8 2003), we expected a discrete expression of tdTomato and hrGFP in both bigenic mice. 9 Indeed, we observed that Flp and Cre recombinase-driven fluorescent protein 10 expression did occur in distinct populations (Figure 2D and 2G) in coronal brain sections 11 (n = 3 mice for each). These data demonstrated that a broader range of opportunities for 12 cell type-specific manipulation and/or activity recording is possible with OF mice.

13

### 14 *OF* (KI/KI) homozygote knockout orexin peptides

15 Since the EGFP-2A-Flp sequence was inserted in-frame at the start codon of the 16 prepro-orexin gene using the KI method, we reasoned that KI/KI homozygous mice are 17 essentially orexin-KO mice. To confirm, immunohistochemical studies were conducted to 18 compare the expression of EGFP, orexin and dynorphin in the LHA of heterozygous OF 19 (KI/-) and homozygous OF (KI/KI) mice (Figure 3A and 3B). As expected, we found that 20 EGFP expressing neurons were distributed in the LHA, however. 21 orexin-immunoreactivity was absent in the LHA in OF (KI/KI) homozygous mice (Figure 22 3B). We stained every  $4^{\text{th}}$  slice of mouse brain containing LHA and counted 567 ± 25 23orexin-positive and  $673 \pm 55$  dynorphin-positive cells/animal in heterozygous mice (n = 3 24mice). Among the counted neurons,  $84.9 \pm 4.4\%$  of dynorphin-positive neurons 25 co-expressed orexin. However, while we counted 661 ± 15 dynorphin-positive 26 cells/animal, we did not find any orexin-positive neurons in the homozygous mice (n = 3

mice, Hetero vs Homo, p = 0.847 (dynorphin), p = 2.4e-5 (orexin), unpaired *t*-test), showing that the number of dynorphin-positive cells were comparable to that in heterozygous animals. These immunohistochemical studies confirmed that orexin neurons in homozygous mice did not express orexin, however, expression of dynorphin was unaffected.

6

# 7 Electrophysiological properties of orexin neurons lacking orexin

8 The expression of EGFP in the OF mice allowed us to visualize orexin neurons in the 9 acute brain slice preparations. To this end, we sought to evaluate the importance of 10 orexin neuropeptides in conserving the electrophysiological properties of orexin 11 neurons. Therefore, we recorded and compared resting membrane potentials (Vrest), 12 firing frequency, input resistance and capacitance in OF (KI/-), OF (KI/KI), and 13 orexin-EGFP (Tg/Tg) (OE) mice (Yamanaka et al., 2003) (Figure 4A-4E). Orexin neurons 14in the OF (KI/KI) mice were found to have significantly hyperpolarized membrane 15 potential (-58.8 ± 1.2 mV; n = 21) compared to OF (KI/-) mice (-51.6 ± 0.9 mV; n = 21, p = 16 1.0e-5) and OE mice (-50.4  $\pm$  0.9 mV; n = 22, p = 3.5e-7; Figure 4A-i to 4A-iv). 17 Spontaneous firing frequency measured by cell-attached recordings were also found to 18 be significantly lower in orexin neurons in OF (KI/KI) mice (1.5  $\pm$  0.2 Hz; n = 25) 19 compared to OF (KI/-) mice  $(2.5 \pm 0.3 \text{ Hz}; n = 21, p = 0.015)$  and OE mice  $(2.6 \pm 0.2 \text{ Hz}; n = 21, p = 0.015)$ 20 n = 25, p = 0.004; Figure 4B-i to 4B-iv). This lower discharge rate could be attributed to 21 the hyperpolarized membrane potential of orexin neurons in homozygous mice. We next 22 measured the input resistance of identified neurons by measuring the voltage deviation 23generated by current injection from -100 to +100 pA in the current clamp protocol. In mice 24lacking orexin peptide (OF (KI/KI) mice), orexin neurons were found to have significantly 25 lower input resistance (485.9  $\pm$  35.8 M $\Omega$ ; n = 23) compared to OF (KI/-) mice (639.9  $\pm$ 26 48.2 M $\Omega$ ; n = 21, p = 0.037) and OE mice (638.2 ± 43.4 M $\Omega$ ; n = 24, p = 0.032; Figure

1 4C-i to 4C-iv). The lower input resistance in neurons lacking orexin peptides suggests 2 that greater synaptic inputs (current injection) are necessary to generate changes in 3 membrane potential. We also compared the membrane capacitance measured during 4 whole-cell recordings. Interestingly, we observed that orexin neurons in OF (KI/KI) mice 5 had significantly higher membrane capacitance (35.4  $\pm$  1.3 pF; n = 25) than OF (KI/-) 6 mice  $(29.9 \pm 1.5 \text{ pF}; \text{ n} = 25, p = 0.012)$  and OE mice  $(30.0 \pm 1.3 \text{ pF}; \text{ n} = 25, p = 0.014)$ , 7 one-way ANOVA post-hoc Tukey; Figure 4E). This higher capacitance in orexin neurons 8 that lack orexin peptides reflects the increased surface area of the plasma membrane. 9 Taken together, these data clearly suggest that orexin neuropeptide is essential for 10 maintaining the active and passive electrophysiological properties of orexin neurons.

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# 12 Orexin mediates feed-forward activation of orexin neurons via facilitation of 13 glutamatergic inputs

14 To characterize whether the excitatory and inhibitory synaptic inputs onto orexin neurons 15 are regulated by the presence or absence of orexin peptides, we recorded glutamatergic 16 and GABAergic inputs using the voltage clamp method. We recorded spontaneous 17 excitatory post-synaptic currents (sEPSCs) from EGFP-expressing orexin neurons in the 18 presence of picrotoxin (400 µM), a GABA-A receptor antagonist. We found that orexin 19 neurons lacking orexin protein had significantly lower sEPSC frequency while the 20 amplitudes were unaffected (Figure 5A-5E). The average inter-event interval for all 21 recorded sEPSCs of orexin neurons in OF (KI/KI) mice was  $247.2 \pm 48.6$  ms (n = 29) 22 while that of OF (KI/-) mice was  $116.7 \pm 7.6$  ms (n = 25, p = 0.01 vs OF (KI/KI)) and OE 23mice was 77.9  $\pm$  7.4 ms (n = 26, p = 5.8e-4 vs OF (KI/KI), one-way ANOVA pot-hoc 24Tukey; Figure 5D). The sEPSC amplitude of orexin neurons in OF (KI/KI) mice was 22.6 25  $\pm$  1.3 pA (n = 29) while that of OF (KI/-) mice was 22.6  $\pm$  1.3 pA (n = 25, p = 1.0 OF (KI/KI)) 26 and in OE mice was 20.5  $\pm$  1.1 pA (n = 26, p = 0.46 vs OF (KI/KI), one-way ANOVA 1 post-hoc Tukey; Figure 5E).

2 Next, we recorded spontaneous inhibitory post-synaptic currents (sIPSCs) 3 from orexin neurons in the presence of CNQX (20 µM) and AP-5 (50 µM) to block 4 glutamatergic inputs. Although sIPSCs in neurons lacking orexin peptides showed a 5 tendency toward decreasing frequency and amplitude, these changes were not 6 statistically significant. The inter-event interval for sIPSCs in orexin neurons in OF (KI/KI) 7 mice was 835.0 ± 124.6 ms (n = 17) while that of OF (KI/-) mice was 642.4 ± 70.9 ms (n 8 = 22, p = 0.35 vs OF (KI/KI)) and in OE mice was 595.0 ± 96.7 ms (n = 21, p = 0.21 vs OF 9 (KI/KI), one-way ANOVA post-hoc Tukey; Figure 5H). The sIPSC amplitude in orexin 10 neurons in OF (KI/KI) mice was 48.4 ± 6.1 pA (n = 17) while that of OF (KI/-) mice was 11  $52.5 \pm 3.9 \text{ pA}$  (n = 22, p = 0.86 vs OF (KI/KI)) and in OE mice was  $57.7 \pm 6.5 \text{ pA}$  (n = 21, 12 p = 0.48 vs OF (KI/KI), one-way ANOVA post-hoc Tukey; Figure 5I). These, along with 13previous, results indicate that orexin plays a role in maintaining the physiological 14 input-output functions in orexin neurons.

15

# 16 **OF (KI/KI) mice showed symptoms in narcolepsy**

17 We reasoned that if orexin is successfully knocked out from OF (KI/KI) mice, it must 18 show the sign of behavioral arrest, cataplexy, which is defined as the sudden and 19 reversible episodes of the drop of voluntary muscle tone while remains fully conscious 20 during the episodes (Tabuchi et al., 2014a). Thus, we recorded and analyzed the 21 baseline sleep/wakefulness cycle in OF (KI/KI) mice. Behavioral states shown by OF 22 (KI/KI) mice were classified in 4 states which includes either wakefulness, REM, NREM 23or cataplexy (see methods). All recorded OF (KI/KI) mice showed cataplexy attack, 24especially during the start of the dark period. Sleep state parameters for orexin knockout 25 mice are presented in Table 1. These values were comparable with our previously 26 generated orexin neuron-ablated mice (Tabuchi et al., 2014a), as well as with the

1 previously generated orexin-knockout mice (Chemelli et al., 1999).

2

## 3 Chemogenetic activation of orexin neurons lacking orexin neuropeptides

4 Next, we sought to isolate the physiological effects of orexin from those of all other 5 neurotransmitters co-released by orexin neurons. To achieve this, we employed 6 chemogenetics, DREADD. Using Flp recombinase-dependent gene expression, hM3Dq 7 was exclusively expressed in orexin neurons. Here, hM3Dq was fused with mCherry to 8 detect expression and localization. AAV(9)-CMV-dFRT-hM3Dg-mCherry was injected 9 bilaterally into the LHA of both homozygous OF (KI/KI) and heterozygous OF (KI/-) mice 10 (Figure 6A). We quantified the number of orexin-positive cells in every 4<sup>th</sup> brain slices. 11 The number of orexin-immunoreactive cells was 439 ± 23 cells/mouse in the brain of 12 heterozygous mice and, among these,  $92.1 \pm 0.6\%$  expressed mCherry (n = 3 mice; 13 Figure 6B). Moreover, a very similar number of LHA neurons expressed mCherry in both 14 heterozygous and homozygous mice:  $422 \pm 80$  cells/mouse (n = 6) in OF (KI/-) and  $455 \pm$ 15 74 cells/mouse (n = 6) in OF (KI/KI) mice expressed mCherry (p = 0.76, unpaired *t*-test). 16 To confirm the selective activation of hM3Dq-expressing neurons in vivo, we measured 17 the expression of an immediate early gene product, c-Fos, which is a surrogate 18 molecular marker of neuronal activity. Following the behavioral studies, 6 randomly 19 selected mice from both the heterozygous and homozygous groups received i.p. 20 administration of either saline or clozapine N-Oxide (CNO) (1.0 mg/kg). Animals were 21 perfused, and tissues were collected 90 min after the injection. c-Fos staining of brain 22 slices confirmed that CNO selectively activated hM3Dq-expressing neurons in both 23heterozygous and homozygous mice. In heterozygous mice, the ratio of c-Fos 24expression in mCherry-positive cells of saline or CNO injected mice was 11.6 ± 1.9% or 25  $89.2 \pm 1.4\%$ , respectively (n = 3 mice/group, p = 9.2e-5, Figure 6C-6D). In homozygous 26 mice, the ratio of c-Fos expression in mCherry-positive cells of saline or CNO injected mice was  $10.6 \pm 1.8\%$  or  $90.3 \pm 1.1\%$ , respectively (n = 3 mice/group, *p* = 9.6e-4, paired *t*-test, Figure 6C-6D). Thus, we concluded that the DREADD system successfully enabled selective activation of orexin neurons in both heterozygous and homozygous mice.

5

# 6 Orexin, and not other co-transmitters, was critical to promote sustained 7 wakefulness and preventing cataplexy

8 To this end, we compared the effect of chemogenetic activation of orexin neurons on 9 sleep/wakefulness. Mice were injected with either saline or CNO during the light (L) 10 period (at 10:00 AM) and the dark (D) period (at 10:00 PM; Figure 6E). Expectedly in OF 11 (KI/-) mice, activation of orexin neurons increased total time spent in wakefulness (n = 9, 12 Figure 7B-i and 8D-i) and decreased time in REM sleep (Figure 7B-ii and 7D-ii) and in 13NREM sleep (Figure 7B-iii and 7D-iii) after CNO administration during both the light and 14 dark periods. However, while the effects of orexin neuronal activation in OF (KI/KI) mice 15 were comparable to the OF (KI/-) control during the dark period, it was dampened during 16 the light period (n = 8, Wakefulness: Figure 7B-i and 7D-i); REM sleep: Figure 7B-ii and 17 7D-ii: and NREM sleep: Figure 7B-iii and 7B-iii).

18 This clear difference could be explained by the ability of co-transmitters to 19 partially compensate for the increased wakefulness. Therefore, we hypothesized that the 20 co-transmitters could eventually rescue OF (KI/KI) mice from cataplexy as well. 21 Surprisingly, however, activation of orexin neurons that lacked orexin peptide rather 22 deteriorate the cataplexy during the light periods while it showed similar propensity 23during the dark period (saline (L):  $0.2 \pm 0.1$  min/hr; CNO (L):  $0.9 \pm 0.3$  min/hr, n = 8, p = 240.04; saline (D): 3.0 ± 1.2 min/hr; CNO (D): 5.2 ± 1.4 min/hr, n = 8, p = 0.14; Figure 7B-iv 25 and 7D-iv). These results clearly suggested that neurotransmitters other than orexin 26 could partially compensate for abnormalities in the regulation of sleep/wakefulness, 1 excluding cataplexy.

2 We also compared the effect of orexin neuronal activation in the number of 3 episodes (bouts) and average time spent in each vigilance state. Whereas, in OF (KI/-) 4 mice, total observed bouts decrease in all 3 vigilance states for 2 hours after CNO 5 injection (Wakefulness: Figure 7C-i and 7E-i; REM: Figure 7C-ii and 7E-ii, NREM: Figure 6 7C-iii and 7E-iii), they remain unaffected in case of OF (KI/KI) mice (Wakefulness: Figure 7 7C-i and 7E-i; REM: Figure 7C-ii and 7E-ii, NREM: Figure 7C-iii and 7E-iii; Cataplexy: 8 Figure 7C-iv and 7E-iv). Conversely, orexin neuronal activation increased average wake 9 duration in OF (KI/-) mice (Figure 7C-i and 7E-i); and decreased REM sleep (Figure 7C-ii 10 and 7E-ii) and NREM sleep duration (Figure 7C-iii and 7E-iii). However, in case of OF 11 (KI/KI) mice, total wake time was increased after chemogenetic activation of orexin 12 neurons (Figure 7B and 7E i-iv), duration of wake was not extended (Wakefulness: 13Figure 7C-i and 7E-i; REM: Figure 7C-ii and 7E-ii; NREM: Figure 7C-iii and 7E-iii; 14 Cataplexy: Figure 7C-iv and 7E-iv). Together, all these experimental analyses indicated 15 that orexin neuropeptide was indispensable to promote sustained arousal, where the 16 co-transmitters could not compensate.

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### 18 **CNO-induced cataplexy was not different from naïve cataplexy**

19 Finally, we sought to answer the question of whether CNO-induced increased in 20 cataplexy attack showed similar properties to naïve cataplexy. We analyzed and 21 compared the relative power spectrum EEG during the cataplexy episode in the daytime 22 after saline or CNO administration as chemogenetic activation of orexin-KO neurons 23 resulted in increased cataplexy in the daytime (Figure 8). Relative power analysis 24 showed no difference in either power of the delta, theta, alpha or beta wave (n = 8 mice, 25 Figure 8C), suggesting that CNO-induced cataplexy showed similar electrocortical 26 activity as the naïve cataplexy attack observed in OF (KI/-) mice.

#### 1 Discussion

2 It has been shown that orexin neurons possess several neurotransmitters and 3 release them together with orexin. However, orexin- or OX2R-KO mice closely 4 phenocopy the symptoms observed in human narcolepsy, which is caused by the 5 specific degeneration of orexin neurons. This might suggest that other neurotransmitters 6 have either no or insignificant role in the regulation of sleep/wakefulness. Physiological 7 importance of orexin can be explored in several ways including central administration, 8 KO, functional manipulation or ablation of source neurons, among others. Here, we 9 dissociated the effect of orexin by applying electrophysiological analyses and neural 10 activity manipulation to orexin neurons that lack orexin peptide using novel KI mice. 11 Previously, we generated *orexin-Cre* or *orexin-tTA* transgenic mice in which a short 3.2 12 kb fragment from the 5'-upstream region of the human prepro-orexin gene was used as a 13promoter (Inutsuka et al., 2014; Sakurai et al., 1999; Tabuchi et al., 2013; Yamanaka et 14 al., 2003). However, the random integration of the *orexin-Cre* or *orexin-tTA* transgene 15 into the genome could result in ectopic gene expression in non-targeted cells as well as 16 unexpected expression during development, as the timing and regulation of gene 17 expression might be affected by genes located near the integrated locus. This could be 18 problematic if these mouse lines were bred with reporter mice. In contrast, KI permits 19 accurate temporo-spatial gene expression control. The Flp function was restricted in 20 orexin neurons in the OF mice as confirmed by reporter mice. To our knowledge, OF 21 mice represent the first line which enabled exclusive gene expression in orexin neurons 22 by crossing with reporter mice. Moreover, combining Flp and Cre driver mice enable us 23to express different genes in different neuronal subtypes to apply neural manipulations 24and/or activity readout simultaneously. By crossing OF mice with either MCH-Cre or 25 Gad67-Cre, we generated orexin-Flp; MCH-Cre and orexin-Flp; Gad67-Cre bigenic 26 mice, and argued that OF mice could be an essential tool for studying the functional

1 connectome between orexin neurons and any other neurons in the hypothalamus.
2 Besides, *OF* mice can also be useful for analyzing long-range neuronal connections. By
3 using the *orexin-Flp; Gad67-Cre* bigenic mice, we recently found that GABAergic
4 neurons in the ventral tegmental area inhibited orexin neuronal activity by making
5 monosynaptic inhibitory projections (Chowdhury et al., *Manuscript submitted*).

6 Previously, we reported that orexin neuropeptide depolarized orexin neurons 7 via OX2R and mediates a positive-feedback loop both directly and indirectly (Yamanaka 8 et al., 2010b). In agreement with this, we also found that orexin facilitated glutamate 9 release onto orexin neurons. However, several basic electrophysiological properties of 10 orexin neurons were also found to be altered in the absence of orexin peptides, including 11 hyperpolarized membrane potential, lower discharge rate and input resistance. 12 Surprisingly, the capacitance of orexin neurons that lack orexin peptide was significantly 13 larger than that of orexin neurons possessing orexin. This indicates that orexin neurons 14 lacking orexin have a larger surface of cell membrane since capacitance reflects the 15 surface area of the cytoplasmic membrane. We did not directly measure the difference in 16 diameter of cell size since an approximately 3 pF increase is estimated to be associated 17 with a 1-2 µm increase in diameter as a spherical body. This might suggest that orexin 18 signaling through either OX2R or glutamatergic excitatory inputs is involved in the 19 regulation of cell size.

Orexin neurons are known to play an essential role in maintaining uninterrupted wakefulness as human narcolepsy patients show chronic daytime sleepiness (Crocker et al., 2005; Thannickal et al., 2000). Disruption of orexin signaling in mice, rats and dogs produce a very similar phenotype which includes short bouts of wakefulness and increased transitions of vigilance states (Chemelli et al., 1999; Mochizuki et al., 2004). These evidences suggest that orexin might be the key component released from the orexin neurons in performing the wake-maintaining role of

1 orexin neurons. Our study showed further evidence in support of this hypothesis in 2 mouse model as putative increase in the probability of co-transmitters release from 3 orexin neurons could not rescue from short bout and frequent state-transition 4 phenomenon. Chemogenetic activation of orexin neurons prolonged duration of 5 wakefulness only in the presence of orexin, suggesting that orexin is crucial to achieve 6 long-duration wakefulness. Moreover, orexin administration can also make wakefulness 7 with high cognitive ability in non-human primates (Deadwyler et al., 2007). Such effect of 8 orexin is also expected in human society, and our results indicate the irreplaceability of 9 orexin.

10 On the contrary, we found that other behavioral outcomes of activating orexin 11 neurons, including increased wakefulness and decreased REM and NREM sleep, can 12 be compensated for by co-transmitters. This effect was obvious especially during the 13dark (active) period when baseline activity of orexin neurons is presumably higher 14 (Estabrooke et al., 2001; Lee et al., 2005; Milevkovskiv et al., 2005), Interestingly, some 15 other behavioral effects, like the prevention of cataplexy, cannot be compensated for by 16 co-transmitters. Rather, it deteriorates the condition. This might suggest that the role of 17 orexin in the prevention of cataplexy is not simply to activate post-synaptic neurons since 18 glutamate (co-transmitter) also activates post-synaptic neurons. Rather, neurons that 19 are not directly innervated by orexin neurons might also be involved in the regulation of 20 cataplexy. It is also possible that the released orexin diffuses in the CSF since 21 intracerebroventricular injection of orexin inhibited cataplexy (Mieda et al., 2004). 22 Moreover, orexin co-transmitter dynorphin, which inhibit orexin neurons both directly and 23indirectly by depressing glutamatergic afferent inputs to orexin neurons, might also play 24a key role in such deterioration of cataplexy (Li and van den Pol, 2006).

The release of orexin follows a circadian rhythm that is also strongly related to locomotion (Zhang et al., 2004). In rodents, the level of orexin peptide in the CSF is low

during the light period and high during the active-wake period (Zeitzer et al., 2003).
Moreover, orexin neurons supposedly show higher activity during active wakefulness
and become less active or inactive during REM or NREM sleep (Lee et al., 2005;
Mileykovskiy et al., 2005). Our data also suggest that the activity of orexin neurons is
differentially regulated during the light and dark periods. It is possible that the higher
endogenous activity of orexin neurons during the dark period may facilitate
CNO-induced transmitter release resulting in improved wakefulness in *OF*(KI/KI) mice.

8 In summary, here we dissociated the role of orexin at the cellular and 9 behavioral level. We suggest that the primary function of orexin is to maintain the 10 electrophysiological balance, the input-output functions in orexin neurons and most 11 importantly, to exert the function of orexin neurons in maintaining sustained wakefulness.

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#### 1 Methods

### 2 Subjects

All experimental protocols in this study involving the use of mice were approved and were performed in accordance with the approved guidelines of the Institutional Animal Care and Use Committees of the Research Institute of Environmental Medicine, Nagoya University, Japan. Mice were group housed unless stated otherwise, on a 12-hour light-dark cycle (lights were turned on at 8:00 AM), with free access to food and water. All efforts were made to reduce the number of animals used and to minimize the suffering and pain of animals.

10

# 11 Generation of *OF* knock-in mice

12 To generate the OF knock-in mice, we designed a targeting vector in which Flp 13recombinase cDNA was fused to enhanced green fluorescent protein (EGFP) with the 2A 14 peptide gene (EGFP-2A-Flp) and was placed just behind the translational initiation site of 15 the prepro-orexin gene in-frame. The knock-in vector was constructed with the MC1 16 promoter-driven diphtheria toxin gene, a 5.44 kb fragment at the 5' site. Flp recombinase, 17 including a nuclear localization signal cDNA, was fused to EGFP with the T2A peptide 18 sequence, a pgk-1 promoter-driven neomycin phosphotransferase gene (neo) flanked 19 by two Dre recognition target (rox) sites, and a 5.16 kb fragment at the 3' site (Figure 1A). 20 The sequence of EGFP-2A-Flp was codon-optimized for expression in mammalian cells. 21 Linearized targeting vector was electroporated into embryonic stem cells from the 22 C57BL/6 mouse line (RENKA), and corrected targeted clones were isolated by southern 23blotting. Two founders were obtained, and the B line was used in this study. PCR 24 genotyping of mouse tail DNA was performed with the following primers: knock-in 25 forward, 5'-CTCATTAGTACTCGGAAACTGCCC-3'; knock-in reverse, 26 5'-AAGCACTATCATGGCCTCAGTAGT-3'.

1

# 2 Generation of orexin-Flp; FSF-mTFP1, orexin-Flp; MCH-Cre and orexin-Flp; 3 Gad67-Cre bigenic mice

After several generations of breeding, *OF* mice were separately bred with either *R26-CAG-FRT-STOP-FRT-mTFP1* (*FSF-mTFP1*) (Imayoshi et al., 2012), *MCH-Cre* (Kong et al., 2010), or glutamic acid decarboxylase at 67 K-dalton (Gad67)-Cre (*Gad67-Cre*) (Higo et al., 2009) mice to generate *orexin-Flp; FSF-mTFP1*, *orexin-Flp; MCH-Cre* or *orexin-Flp; Gad67-Cre* bigenic mice, respectively.

9

# 10 Generation and microinjection of viral vectors

11 Adeno-associated viral (AAV) vectors were produced using the AAV Helper-Free System 12 (Agilent Technologies, Inc., Santa Clara, CA, USA). The virus purification method was 13modified from a previously published protocol(Inutsuka et al., 2016). Briefly, HEK293 14 cells were transfected with a pAAV vector, pHelper and pAAV-RC (serotype 9 or DJ: 15 purchased from Cell Biolabs Inc., San Diego, CA, USA) plasmid using a standard 16 calcium phosphate method. Three days after transfection, cells were collected and 17 suspended in artificial CSF (aCSF) solution (in mM: 124 NaCl, 3 KCl, 26 NaHCO<sub>3</sub>, 2 18 CaCl<sub>2</sub>, 1 MgSO<sub>4</sub>, 1.25 KH<sub>2</sub>PO<sub>4</sub> and 10 glucose). Following multiple freeze-thaw cycles, 19 the cell lysates were treated with benzonase nuclease (Merck, Darmstadt, Germany) at 20 37°C for 30 min, and were centrifuged 2 times at 16,000 g for 10 min at 4°C. The 21 supernatant was used as the virus-containing solution. Quantitative PCR was performed 22 to measure the titer of purified virus. Virus aliquots were then stored at -80°C until use.

A dFRT cassette was used for Flp-dependent gene expression control. A dFRT cassette is composed of two different FRT sequences (FRT and F3) located in a cis position. In the presence of Flp, sequence between dFRT is reversed and fixed. To express hM3Dq exclusively in Flp-expressing neurons, we stereotactically injected 600 nl of

AAV(9)-CMV-dFRT-hM3Dq-mCherry (viral titer: 1.0×10<sup>12</sup> particles/ml) virus into both 1 2 brain hemispheres of OF mice using the following coordinates: -1.4 mm posterior to the 3 bregma, 0.8 mm lateral to the midline, -5.0 mm ventral to the brain surface. Mice were 4 anesthetized with 1.5-2.0% isoflurane (Wako Pure Chemical Industries, Osaka, Japan) 5 using a Univentor 400 Anaesthesia Unit (Univentor Ltd., Malta) throughout the entire 6 surgery. These mice were used in the behavioral experiments beginning at least 3 weeks 7 post-injection. For Flp-dependent expression of humanized Renilla reniformis green 8 fluorescent protein (hrGFP) and Cre-dependent expression of tdTomato, we 9 stereotactically injected 600 nl of virus cocktail containing AAV(DJ)-CMV-dFRT-hrGFP 10 (viral titer: 3.7×10<sup>12</sup> particles/ml) and AAV(DJ)-CMV-FLEX-tdTomato (viral titer: 2.0×10<sup>12</sup> 11 particles/ml) virus into one brain hemisphere of OF mice using the same coordinates 12 described above.

13

#### 14 Immunohistochemistry

15 Mice were anesthetized with 10% somnopentyl (1.0 mg/kg, Kyoritsu Seiyaku 16 Corporation, Tokyo, Japan) and were perfused transcardially with 20 ml of ice-cold 17 saline. This perfusion was immediately followed by another 20 ml of 10% ice-cold 18 formalin (Wako Pure Chemical Industries, Ltd., Osaka, Japan). Brains were then isolated 19 and postfixed in 10% formalin solution at 4°C overnight. Subsequently, brains were 20 immersed in 30% sucrose in PBS at 4°C for at least 2 days. Coronal brain slices of 40 µm 21 thickness were generated using a cryostat (Leica CM3050 S; Leica Microsystems, 22 Wetzlar, Germany). For staining, coronal brain sections were immersed in blocking 23buffer (1% BSA and 0.25% Triton-X in PBS), then incubated with primary antibodies at 24 4°C overnight. The sections were then washed with blocking buffer and incubated with 25 secondary antibodies for 1 hr at room temperature (RT). After washing, brain sections 26 were mounted and examined using a fluorescence microscope (BZ-9000, Keyence, 1 Osaka, Japan or IX71, Olympus, Tokyo, Japan).

2

# 3 Antibodies and stains

4 Primary antibodies were diluted in the blocking buffer as follows: anti-orexin-A goat 5 antibody (Santa Cruz, Dallas, TX) at 1:1000, anti-MCH rabbit antibody (Sigma-Aldrich) at 6 1:2000, anti-prodynorphin guinea pig antibody (Merck Millipore, Billerica, MA) at 1:100, 7 anti-c-Fos rabbit antibody (Santa Cruz) at 1:500 and anti-GFP mouse antibody (Wako, 8 Japan) at 1:1000. Secondary antibodies included: CF 488- or CF 594-conjugated 9 anti-goat antibody (Biotium Inc., Hayward, CA), CF 647-conjugated anti-rabbit antibody 10 (Biotium), CF 680-conjugated anti-guinea pig antibody (Biotium) and CF 488-conjugated 11 anti-mouse antibody (Biotium); all were diluted at 1:1000 in blocking buffer.

12

#### 13 Acute brain slice preparations and electrophysiological recording

14 OF and orexin-EGFP (OE) (Yamanaka et al., 2003) mice of both sexes, aged 2-5 15 months, were used for electrophysiological recordings. Brain slice preparations and 16 subsequent electrophysiological recording were modified from a previously published 17 protocol (Chowdhury and Yamanaka, 2016). Briefly, mice were deeply anesthetized 18 using isoflurane (Wako) and decapitated at around 11:00 AM. Brains were quickly 19 isolated and chilled in ice-cold oxygenated ( $95\% O_2$  and  $5\% CO_2$ ) cutting solution (in mM: 20 110 K-gluconate, 15 KCl, 0.05 EGTA, 5 HEPES, 26.2 NaHCO<sub>3</sub>, 25 Glucose, 3.3 MgCl<sub>2</sub> 21 and 0.0015 (±)-3-(2-Carboxypiperazin-4-yl)propyl-1-phosphonic acid). After trimming the 22 brain, coronal brain slices of 300 µm thickness that contained the LHA were generated 23 using a vibratome (VT-1200S; Leica, Wetzlar, Germany) and were temporarily placed in 24an incubation chamber containing oxygenated bath solution (in mM: 124 NaCl, 3 KCl, 2 25 MgCl<sub>2</sub>, 2 CaCl<sub>2</sub>, 1.23 NaH<sub>2</sub>PO<sub>4</sub>, 26 NaHCO<sub>3</sub> and 25 Glucose) in a 35°C water bath for 60 26 min. Slices were then incubated at RT in the same incubation chamber for another 30-60 1 min for recovery.

2 Acute brain slices were transferred from the incubation chamber to a recording 3 chamber (RC-26G; Warner Instruments, Hamden, CT, USA) equipped with an upright 4 fluorescence microscope (BX51WI: Olympus, Tokyo, Japan), and were superfused with 5 oxygenated bath solution at the rate of 1.5 ml/min using a peristaltic pump (Dynamax; 6 Rainin, Oakland, CA, USA). An infrared camera (C3077-78; Hamamatsu Photonics, 7 Hamamatsu, Japan) was installed in the fluorescence microscope along with an electron 8 multiplying charge-coupled device camera (EMCCD, Evolve 512 delta; Photometrics, 9 Tucson, AZ, USA) and both images were separately displayed on monitors. 10 Micropipettes of 4-6 MΩ resistance were prepared from borosilicate glass capillaries 11 (GC150-10; Harvard Apparatus, Cambridge, MA, USA) using a horizontal puller 12 (P-1000; Sutter Instrument, Novato, CA, USA). Patch pipettes were filled with KCI-based 13internal solution (in mM: 145 KCl, 1 MgCl<sub>2</sub>, 10 HEPES, 1.1 EGTA, 2 MgATP, 0.5 Na<sub>2</sub>GTP; 14 pH 7.3 with KOH) with osmolality between 280-290 mOsm. Positive pressure was 15 introduced in the patch pipette as it approached the cell. For whole-cell current clamp or 16 voltage clamp recordings, a giga-seal of resistance >1 G $\Omega$  was made between the patch 17 pipette and the cell membrane by releasing the positive pressure upon contacting the 18 cell. The patch membrane was then ruptured by gentle suction to form a whole-cell 19 configuration. Electrophysiological properties of the cells were monitored using the 20 Axopatch 200B amplifier (Axon Instrument, Molecular Devices, Sunnyvale, CA). Output 21 signals were low-pass filtered at 5 kHz and digitized at a 10 kHz sampling rate. Patch 22 clamp data were recorded through an analog-to-digital (AD) converter (Digidata 1550A; 23Molecular Devices) using pClamp 10.2 software (Molecular Devices). Blue light with a 24wavelength of 475 ± 17.5 nm was generated by a light source that used a light-emitting 25 diode (Spectra light engine; Lumencor, Beaverton, OR, USA) and was guided to the 26 microscope stage with a 1.0 cm diameter fiber. Brain slices were illuminated through the

1 objective lens of the fluorescence microscope. EGFP-expressing orexin neurons were 2 identified by its fluorescence. For cell-attached recording, a seal of resistance <1 G $\Omega$ 3 was made and spontaneous firing was recorded. The resting membrane potentials 4 (Vrest) were measured from offline analysis of current clamp recordings using the 5 predefined fitting function provided by Clampfit. We performed standard exponential 6 fitting with zero shift for the initial 20 s of data to measure the Vrest of recorded neurons. 7 Firing frequency was also calculated from offline analysis of the initial 60 s of the 8 cell-attached recording data. sEPSCs were recorded with picrotoxin (400 µM) and 9 sIPSCs were recorded with AP-5 (50 µM) and CNQX (20 µM) in bath solutions. Both 10 sEPSCs and sIPSCs were recorded in the presence of KCI-based pipette solutions that 11 included 1 mM of QX-314.

12

#### 13 **EEG-EMG** surgery, data acquisition, and vigilance state determination

14 Virus injected age-matched male mice were implanted with EEG and EMG electrodes for 15 polysomnographic recording under isoflurane anesthesia following the protocol 16 published elsewhere (Tabuchi et al., 2014a). Immediately after surgery, each mouse 17 received an i.p. injection of 10 ml/kg of analgesic solution containing 0.5 mg/ml of 18 Carprofen (Zoetis Inc., Japan). The same analgesic at the same dose was administered 19 again 1 day after surgery. Mice were singly housed for 7 days during recovery. Mice were 20 then connected to a cable with a slip ring in order to move freely in the cage and were 21 habituated with the cable for another 7 days. The first 3 days were treated as the 22 adaptation period for the animals to acclimate to the new environment and to 23intraperitoneal (i.p.) administration (10 ml/kg) of saline. On days 4 and 5, the mice were 24injected with saline (day 4) and CNO (Enzo Life Sciences, Farmingdale, NY, USA) (day 25 5) at 10:00 AM during the light period. On days 7 and 8, they were injected with saline (day 7) and CNO (day 8) at 10:00 PM during the dark period (See Figure 6). CNO was 26

dissolved in water to make a stock solution (10 mg/ml) and was diluted with saline to a
 final concentration of 100 µg/ml just prior to i.p. administration.

3 EEG and EMG signals were amplified (AB-610J, Nihon Koden, Japan), filtered (EEG 4 1.5-30 Hz and EMG 15-300 Hz), digitized (at a sampling rate of 128 Hz), recorded (Vital 5 Recorder, Kissei Comtec Co., Ltd, Japan) and finally analyzed (SleepSign, Kissei 6 Comtec). Animal behavior was monitored through a CCD video camera (Amaki Electric 7 Co., Ltd., Japan) during both the light and dark periods. The dark period video recording 8 was assisted by infrared photography (Amaki Electric Co., Ltd., Japan) and an infrared 9 sensor (Kissei Comtec). EEG and EMG data were automatically scored in 4 sec epochs 10 and classified as wake, rapid eye movement sleep, and non-rapid eye movement sleep. 11 The EEG analysis yielded power spectra profiles over a 0~20 Hz window with 1 Hz 12 resolution for delta (1-5 Hz), theta (6-10 Hz), alpha (11-15 Hz), and beta (16-20 Hz) 13 bandwidths. All auto-screened data were examined visually and corrected. The criteria 14 for vigilance states were the same as described previously(Tabuchi et al., 2014b). Briefly, 15 (i) wake (low EEG amplitude with high EMG or locomotion score), (ii) non-rapid eye 16 movement (NREM) sleep (low EMG and high EEG delta amplitude), and (iii) rapid eye 17 movement (REM) sleep (low EMG, low EEG amplitude with high theta activity, and 18 should be followed by NREM). Cataplexy was tracked using a combination of multiple 19 criteria: muscle atonia lasting  $\geq$ 10 sec, predominance of theta activity and more than 40 20 seconds of wakefulness before the cataplectic attack.

21

# 22 Data analysis and presentation

Immunostaining data were analyzed and processed with ImageJ (US National Institute of Health) and BZ-X Analyzer (Keyence BZ-X710 microscope). Electrophysiological analysis was performed with either Clampfit10 (Molecular Devices, Sunnyvale, CA) or Minianalysis software (Synaptosoft Inc., Decatur, GA). Electrophysiological data were saved as American Standard Code for Information Interchange (ASCII) files and further
data calculations were performed in Microsoft Excel. Graphs were generated in Origin
2017 (OriginLab, Northampton, MA) using data from Excel. Statistical analysis was also
performed with Origin 2017. Graphs were generated using Canvas 15 (ACD Systems,
Seattle, WA).

6

# 7 Experimental design and statistical analysis

8 The electrophysiological effects of knocking out a single neuropeptide in its source 9 neurons were analyzed by slice electrophysiology. Individual sample sizes for slice 10 patch-clamp recordings (n number of neurons) are reported separately for each 11 experiment. The physiological effects of activating orexin neurons that lack orexin 12 neuropeptide were also analyzed. In all cases, five or more animals were used for each 13 parameter tested. All statistical tests, including the exact p values, are described when 14 used. No statistical analyses were used to predetermine sample sizes. All data are presented as the mean ± standard error of the mean (SEM). For all statistical tests \* 15 16 p<0.05, \*\* p<0.01, \*\*\* p<0.001 were considered significant and p>0.05 was considered 17 not significant (ns).

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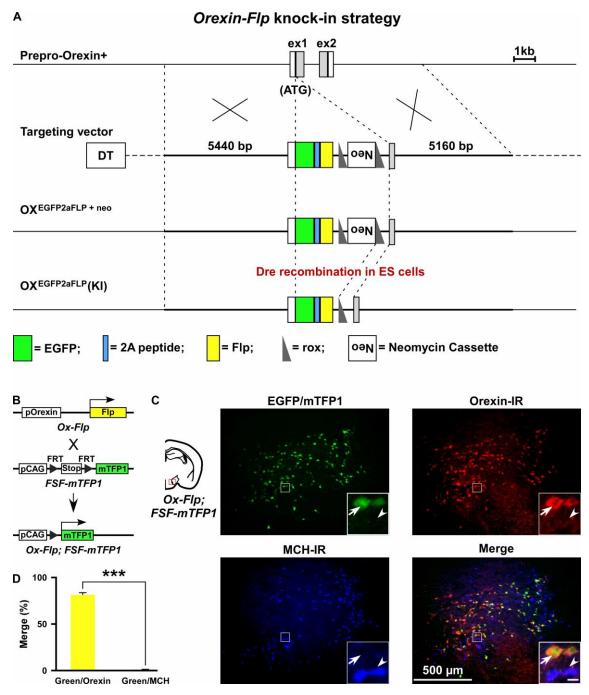
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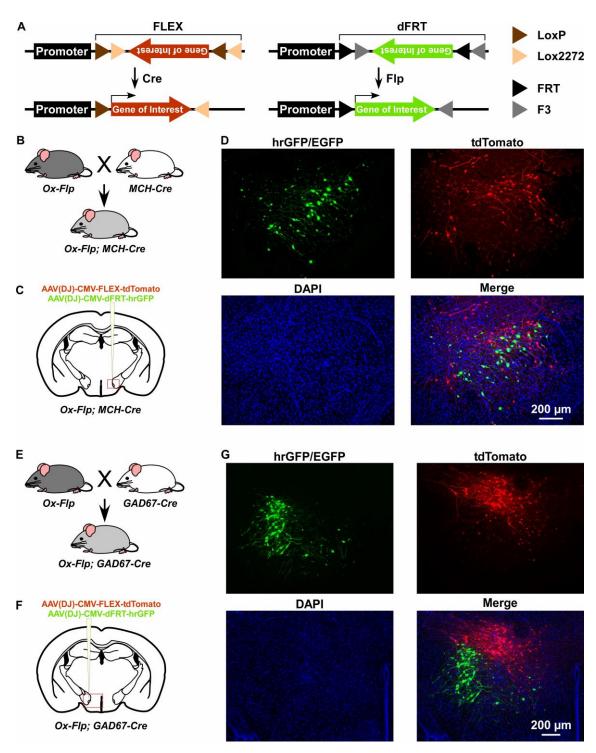
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**Figure 1**: Generation of *OF* mice. A, Schematic representations of the prepro-orexin gene, targeting vector, and targeted gene. To achieve orexin neuron-specific expression of Flp recombinase, we inserted EGFP-2A-Flp just behind the translation initiation site of the prepro-orexin gene in-frame. Viral T2A peptide is cleaved just after translation, and EGFP and Flp recombinase localize independently. DT, diphtheria toxin; Neo, neomycin-resistant gene expression cassette. B, Structure of the reporter gene in the presence of Flp. *Orexin-Flp; FSF-mTFP1* bigenic mice were generated to express

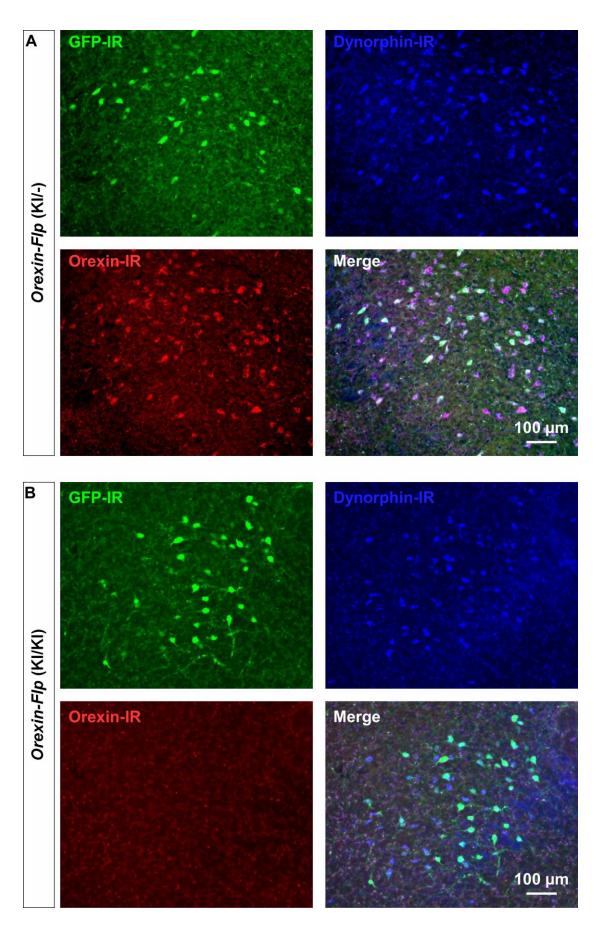
- 1 mTFP1 in orexin neurons. C) Representative pictures from coronal brain sections of
- 2 *orexin-Flp; FSF-mTFP1* bigenic mice. Arrow indicates mTFP1 and/or EGFP expressing
- 3 orexin neurons and the arrowhead indicates the position of the MCH neuron. Inset scale
- 4 bar: 20  $\mu$ m. D) Summary of the co-expression analysis (n = 4 mice). The *p* values were
- 5 measured by two-tailed paired student's *t*-test. Data represent the mean ± SEM.



1

2 Figure 2: Gene expression control using OF mice to target different cell types within the 3 region. Schematic showing Cre (left) and Flp same brain Α, (right) 4 recombinase-dependent gene expression control. B and E, The breeding scheme for 5 orexin-Flp; MCH-Cre and orexin-Flp; Gad67-Cre bigenic mice, respectively. C and F, 6 Schematic drawings showing micro-injection of the AAV cocktail into the LHA of bigenic

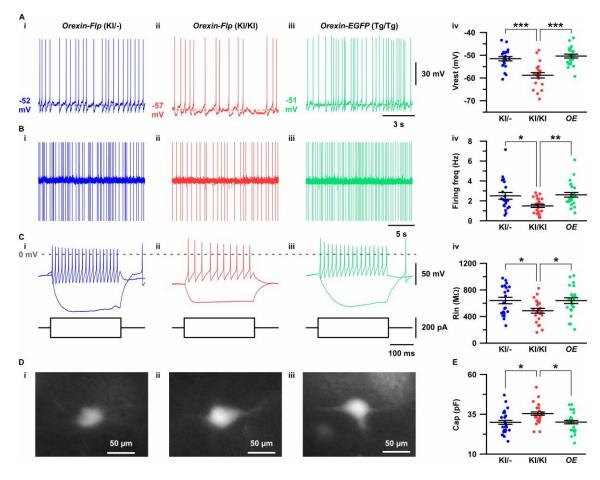
- 1 mice. D and G, Representative coronal brain sections showing the segregated
- 2 expression of tdTomato and hrGFP in a Cre and Flp recombinase-dependent manner,
- 3 respectively.



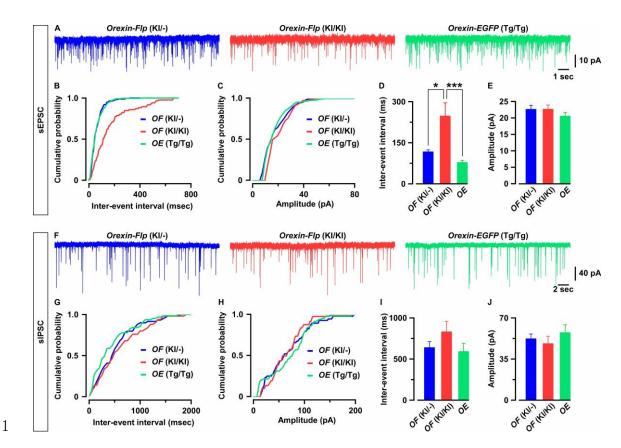
1 Figure 3: Immunohistochemical confirmation of OF mice. A and B, Representative

2 coronal brain sections showing the expression of EGFP (green), orexin (red) and

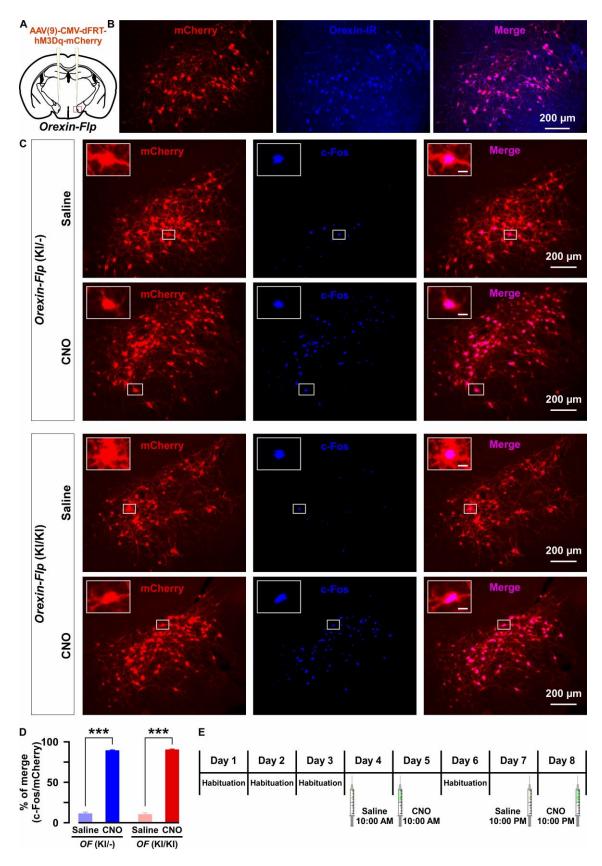
3 dynorphin (blue).



2 Figure 4: Electrophysiological properties of orexin neurons with/without orexin. A-C 3 show representative traces recorded from OF (KI/-) (i), OF (KI/KI) (ii) and OE (iii) mice. A, 4 Membrane potential in whole-cell current clamp recordings. B, Spontaneous firing in 5 cell-attached recordings. C, Step current injection-induced membrane potential 6 changes. Panel iv is a summary of the data in panel i to iii. D, Representative images 7 showing EGFP expression in acute coronal brain slices during electrophysiological 8 recording. E, Cell capacitance from whole-cell current clamp recording. The p values 9 were determined using one-way ANOVA test followed by a post-hoc Tukey analysis. 10 Data represent the mean ± SEM.

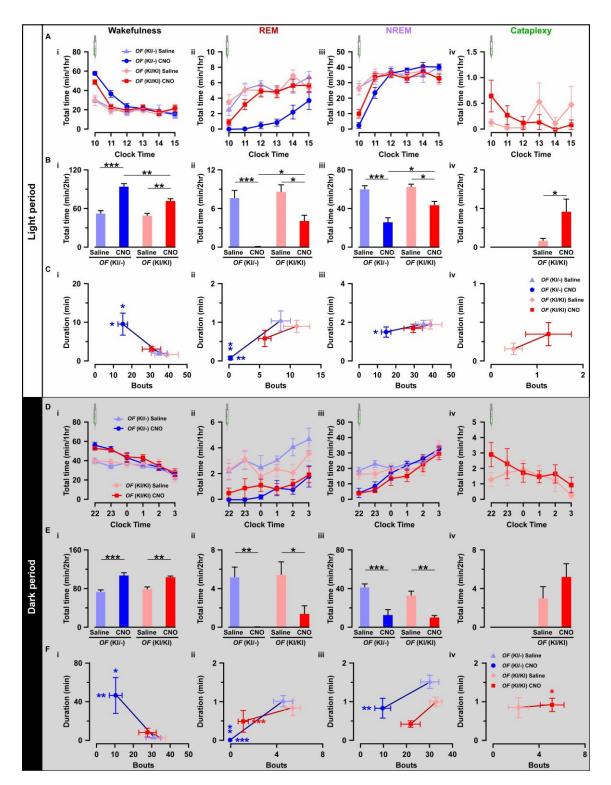


2 Figure 5: Orexin neurons receive fewer glutamatergic inputs in the absence of orexin. A, 3 Representative sEPSC traces recorded from EGFP-expressing neurons at a holding 4 potential of -60 mV. B-C, Cumulative probability plot for the representative traces shown 5 in A. Bar diagrams in D and E summarize the sEPSC data. D, Inter-event interval. E, 6 amplitude (n = 25-29). F, Representative sIPSC traces recorded from EGFP-expressing 7 neurons at a holding potential of -60 mV. G-H, Cumulative probability plot for the 8 representative traces shown in F. Bar diagrams in I and J summarize the sIPSC data. G, 9 Inter-event interval. H, amplitude (n = 17-22). The *p* values were calculated by one-way 10 ANOVA followed by a post-hoc Tukey test. Data represent the mean ± SEM.



**Figure 6**: Selective chemogenetic activation of orexin neurons. A, Intracranial injection

- 1 of AAV in OF mice to achieve Flp-dependent expression of hM3Dq-mCherry fusion
- 2 protein in orexin neurons. B, Representative images showing the expression of mCherry
- 3 in orexin-immunoreactive neurons in heterozygous *OF* (KI/-) mice. C, c-Fos expression
- 4 after i.p. administration of either saline or CNO in both OF (KI/-) and OF (KI/KI) mice. D,
- 5 Summary of the immunostaining data shown in C. CNO administration can significantly
- 6 increase neuronal activity in both heterozygous and homozygous mice (n = 3 mice per
- 7 group). E, Schematic showing the schedule of i.p. administration during sleep recording.
- 8 The *p* values were determined by a two-tailed student's *t*-test; data represent the mean ±
- 9 SEM.



**Figure 7:** Chemogenetic activation of orexin neurons resulted in altered sleep/wakefulness based on the availability of orexin. A, Line graph with symbols showing the time spent in wakefulness (i), REM sleep (ii), NREM sleep (iii), and cataplexy (iv) during each hour for the 6 hrs following CNO or saline

administration during light period. B. Bar graph showing the 2-hr average of the 1 2 total time spent in wakefulness (i), REM sleep (ii), NREM sleep (iii), and cataplexy 3 (iv) following CNO or saline injection during the light period. C, Scatter plot 4 showing the averaged bout and duration in wakefulness (i), REM sleep (ii), 5 NREM sleep (iii), and cataplexy (iv). The data in D-F are shown similar to the representation in A-C, respectively, recorded during the dark period (OF (KI/-): n 6 7 = 9 mice and OF (KI/KI): n = 8 mice). Data represent the mean ± SEM in both the 8 line and bar graph. The p values were determined by either two-way ANOVA 9 followed by a post-hoc Bonferroni test or paired student's *t*-test (cataplexy).

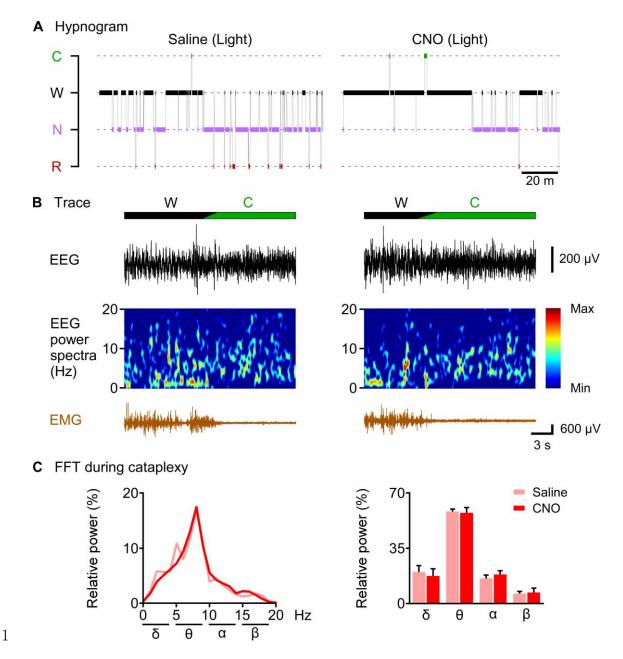


Figure 8: CNO-induced cataplexy was not different from naïve cataplexy. A, hypnogram of 2 hours after saline or CNO administration. B, typical traces showing EEG signal, EEG power spectrum and EMG of cataplexy episode. C, line graph (left) and bar graph (right) showing relative power spectrum of EEG during cataplexy episode in the light period (n = 8 mice). Data represent the mean ± SEM in both the line and bar graph.

1

24 hours	REM	Cataplexy	NREM	Wake
Total time (min)	96.0±5.7	18.7±6.3	584.6±19.1	740.7±18.3
Duration (sec)	1429.1±129.7	550.9±140.6	1951.1±168.5	2620.7±177.5
bouts	111.4±8.6	17.7±5.4	450.4±37.4	463.6±36.4
Light period				
Total time (min)	57.3±3.8	2.1±0.8	355.1±13.5	305.5±14.6
Duration (sec)	626.1±77.4	110.0±40.5	1134.7±93.6	1068.0±70.7
bouts	74.0±7.6	2.0±0.7	239.7±17.0	235.0±17.7
Dark period				
Total time (min)	38.7±4.8	16.6±5.6	229.5±12.4	435.2±11.3
Duration (sec)	803.0±83.6	440.9±111.3	816.4±87.5	1552.7±123.7
bouts	37.4±4.3	15.7±4.9	210.7±21.3	228.6±20.4

2

Table 1: Vigilance states in *OF* (KI/KI) mice. The table shows total time spent in
each state in minutes, duration of state in seconds and number of episode (bouts)
observed in either 24 hr or in the light or dark period in *OF* (KI/KI) mice (n = 7
mice). Values are represented as mean ± SEM.