

1 **Integrated multi-omics analysis to study the effects of simulated** 2 **weightlessness on rhesus macaques (*Macaca mulatta*)**

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25

26 **Abstract**

27 Safety and health of astronauts in space is one of the most important aspects of space exploration,
28 however, the genomic research about how a weightless space can affect astronaut's health was
29 limited. In this study, we sequenced 25 transcriptomic, 42 metabolomic and 35 metagenomic data
30 of 15 rhesus macaques (*Macaca mulatta*) spanning seven simulated weightlessness experiment
31 stages. We identified 84 genes, 1911 features and 55 genera which are significantly changed in
32 blood and muscle, hippocampal region, dorsomedial prefrontal cortex as well as fecal, respectively.

33 Furthermore, performing the integrated analysis of three omics data, we found several pathways
34 which were related to regulation of immune system process, glucose uptake, reaction to threatens,
35 neurotoxic and bone or joints damage, such as tyrosine metabolism and tryptophan metabolism.
36 Our results provided an initial attempt of "multi-omics" approaches which combined
37 transcriptomics, metabolomics and metagenomics to illustrate some molecular clues for simulated
38 weightlessness effect on the rhesus macaques and potential sight of microgravity's effect on
39 astronauts' health.

40

41 **Keywords**

42 weightlessness, transcriptomics, metabolomics, metagenomics, immune

43

44 **Introduction**

45 Since the first traveling to space, the frequency of long-term spaceflight has increased rapidly.
46 However, health issues are threatening mankind's space exploring and the normal life of retired
47 astronauts. Because research under real condition of spaceflight is limited, researchers often use
48 ground-based analogs to study spaceflight's effect on organisms. One such popular model is the
49 head down-tilt bed rest (HDBR) which mimics the headward fluid shift and axial body unloading
50 of spaceflight [1], and in which organisms remain either horizontal or -6 degree HDBR for days to
51 months [1, 2]. Several previous studies suggested that long duration space flight can affect
52 intracranial pressure [3], brain structure and function [4, 5], osteoclastogenesis [6], blood pressure
53 [7], visual impairment [8] and the immune system [9, 10], indicating that solutions for maintain
54 astronaut's health. Multiple studies on space traveling astronauts, animals and plants, as well as
55 microgravity analogues on animal models have been taken to study the biology changes during and
56 after the spaceflight [11, 14].

57 The characteristics of space environment have two main factors, space radiation and
58 microgravity [15]. It has been reported that the space radiation can damage DNA, leading to
59 potentially harmful health consequences [15]. Space flight, especially microgravity, is one of the
60 most extreme conditions that humans encounter [16]. However, little is known about the changes
61 of gene expression, gut microbiota and metabolites of astronaut under microgravity. Addition of
62 omics profiling to microgravity space flight experiments will understand key areas of variance in
63 the molecular landscape [17]. The genomic and transcriptome studies can find gene expressions
64 under difference environmental [18]. Space flight affects the community behavior of bacteria that
65 harmful and beneficial human microbial interactions change during space flight [19]. About
66 microgravity of systemic immune dysfunction may make the host more susceptible to pathogen
67 infection [16]. Besides, metabolomics, the comprehensive study of metabolic reactions, was
68 applied to study the metabolite profile in the studies of spaceflight effects on astronauts [2, 7],
69 which help to understand the mechanism of physiological changes during and after space life. Thus,
70 the results of integrated omics analysis could be used for aerospace medicine and research [17].

71 In this study, we recruited 15 rhesus macaques in different stages of ground-based HDBR analog
72 using transcriptomics, metabolomics and metagenomics to understand the effects of weightless
73 space flight analogues (HDBR) in rhesus macaques. As far as we know, our study will be the first
74 multi-omics sights into the molecular study of space flight analogues.

75

76 **Results**

77 **Metabolism significance of rhesus macaques in HDBR study**

78 To investigate the effect of spaceflight on metabolism, we established a head down-tilt bed rest
79 (HDBR) model using rhesus macaques. We then used ultra-performance liquid chromatography /
80 mass spectrometry (UPLC/MS)-based metabolomics approach to quantify the metabolism
81 signatures of the muscle, hippocampal region (HIP), dorsomedial prefrontal cortex (dmPFC) of 15
82 rhesus macaques in three different time points: pre-HDBR (control, T1), HDBR (T4) and recovery

83 states (T7) (Figure 1, Table S1). We firstly conducted pair-wised comparison among these three
84 time points using univariate and multivariable analysis. 356, 287 and 100 significantly different
85 abundance features (DAFs) were identified in muscle by comparing HDBR to control, recovery to
86 HDBR, and recovery to control, respectively ($P < 0.05$, fold change > 1.2 or fold change $< 1/1.2$,
87 $VIP > 1$, Figure S1). Besides, we also identified 328, 430 and 177 DAFs in HIP; 368, 472 and 109
88 DAFs in dmPFC. For the further analysis, we mainly focused on the 154, 198 and 207 DAFs that
89 were significantly changed in HDBR comparing to control and recovery in muscle, HIP and dmPFC,
90 respectively ($P < 0.05$, Figure 2a, Figures S2a and S2b). Based on KEGG pathways analysis (Table
91 S5), we found that the tryptophan metabolism pathway emerged in all comparisons of three tissues
92 and tyrosine metabolism pathway contained 8 metabolites emerged in comparisons of muscle and
93 dmPFC. Out of these eight metabolites, L-dopa (3,4-dihydroxy-L-phenylalanine, C00355,
94 HMDB00609), L-Norepinephrine (C00547, HMDB00216), epinephrine (C00788, HMDB00068),
95 L-Metanephrine (C05588, HMDB04063) were reported to be involved in neurotransmitter
96 precursor, blood pressure control, stress reaction, glucose uptake and energy metabolism [20, 24].

97 In addition, to observe the interaction of these DAFs, we performed the weighted correlation
98 network analysis (WGCNA) for three tissues, respectively [34]. In details, we classified 552 DAFs
99 into six modules in muscle, 668 DAFs into seven modules in HIP and 691 DAFs into six modules
100 in dmPFC, respectively (Figure 2b, Figures S3a and S3b). Particularly, we found the DAFs of
101 tyrosine metabolism pathway (mcc00350) mainly distributed in three modules (M1, M5 and M6).
102 Interestingly, the DAFs of M1 showed a good co-abundant pattern in muscle that all of these
103 features decreased in HDBR and increased in recovery (Figure S3c and Figure 2c). Among them,
104 the abundance of L-Alanine (C00041, HMDB00161), L-Carnitine (C00318, HMDB00062) and
105 calcitric acid (HMDB06472) were decreased, which might be related to the muscle weakness and
106 bone loss (Figures S3d-S3f). L-Alanine (C00041, HMDB00161) is an important amino acid in
107 glucose-alanine cycle, which moves gluconeogenesis from muscle to liver to produce ATP stored
108 in muscle for muscle contraction [26]. L-Carnitine ((C00041, HMDB00161) is most abundant in

109 skeletal muscle and cardiac muscle, and it activates and transports fatty acids into the mitochondria
110 for energy generation in skeletal muscle [27]. Calcitroic acid (HMDB06472) is a major metabolite
111 from 1,25-Dihydroxyvitamin D₃ which plays an important role on bone homeostasis and resorption,
112 was found decreasing after long-term bed rest or space flight [38] [28]. Besides, we found that
113 epinephrine (C00788, HMDB00068) was increased the metabolic rate in skeletal muscle (C00788,
114 HMDB00068) [30], and it was the hub metabolite of M1 (Figure 2d). Pyridoxamine (C00534,
115 HMDB01431) was the hub metabolite of M6, which was one form of vitamin B₆ taking part in
116 metabolism of L-Alanine.

117 **Gut microbiome changes of rhesus macaque in HDBR study**

118 The gastrointestinal tract harbors most of microbes, which play important roles in organisms' health,
119 disease, immunity, and even behavior [31, 32]. To investigate the effect of HDBR on the
120 microbiome, we sequenced 35 metagenomics gut samples from five rhesus macaque individuals of
121 seven time points (T1~T7) of HDBR analog (Figure 1). We generated a total of 286.86 Gb raw
122 data and 275.99 Gb high-quality data after removing low quality data and the host, the average
123 clean data was 7.89 Gb for each sample (Table S2). Then, we constructed a reference gene
124 catalogue of rhesus macaque's gut metagenome using all samples (Table S3). Among of these
125 genes, 63.10% of gene catalogue could be annotated to phylum level, 21.00% to genus level, and
126 2.43% to species level. And 45.51% could be annotated to 6,631 KEGG Orthologs (KOs).

127 From the annotation of microbiome species, we found that Firmicutes and Bacteroidetes were
128 dominated on the phylum level, as well as Prevotella and Clostridium were the dominated genera
129 on the genus level (Figure S4). From the annotation of KEGG function, K03088, K03327, K06147,
130 K00599 and K00754 were most dominated KOs with a higher abundance which annotated to
131 transcription machinery, ion-coupled transporters, transporters, histidine metabolism/tyrosine
132 metabolism and fructose and mannose metabolism. In all, 49.48% of genera and 95.58% of KO
133 functions were shared by monkey, human gut gene catalogues (Figure S5).

134 We identified 55 genera with a significant change of abundance from T1 to T7 (Table S6).
135 Interestingly, out of these 55 genera, 43% of them had decreased in their abundance in the
136 experimental stages (T2~T4) and increase during the recovery phases (T5-T7). These genera
137 include such as *Acinetobacter* and *Lactococcus*, which is involved regulation of inflammation [33,
138 34, 35] and protection of infections [36], indicating that HDBR caused a disorder in the rhesus
139 macaque's intestinal flora (Figure 3a and 3b). The abundance of two genera had been decrease
140 continuously throughout the study, such as *Bifidobacterium*, which could modulate host immune
141 responses, inhibit infection by pathogens, and regulate intestinal microbial homeostasis [37, 38, 39]
142 (Figure 3c). In addition, we found 537 KOs with significantly changed abundance were assigned
143 into 139 genera, of which 27 genera were significantly changed during T1 to T7 ($P < 0.05$).
144 Correlation analysis showed that 44.76% of pair-wise correlation between KOs and genera were
145 positive, whereas only 3.38% correlation were negative ($R^2 > 0.3$, $P < 0.05$) (Figure 3d). This results
146 indicate that the changes of genera abundance positively affect the gut microbial function, such as
147 *Myroides* and *Acinetobacter*, which could help to improve the K00121, K00151, K00276, K00451
148 and K01555 which participate in tyrosine metabolism pathway. In summary, our findings revealed
149 that HDBR affects the abundance of gut microbiome, which might be related to the host immune
150 response and metabolism.

151 **Transcription features of rhesus macaque in HDBR study**

152 To investigate the effect of HDBR on gene expression in immune cells, we collected 25 blood
153 samples from five rhesus macaque individuals of six time points (T1, T3~T7) (Figure 1). We
154 generated 779.09 M reads in six time points of HDBR analog (Table S4). Using pairwise
155 comparison of each time point, we detected 84 significantly differential expressed genes (DEGs,
156 fold change > 2 and $P < 0.05$) in at least two time points. We firstly focused on 65 DEGs in HDBR
157 (T3 and T4) comparing to the control (T1) and the recovery phases (T5~T7, Figure 4a). These
158 DEGs were significantly enriched in 44 biological processes ($P < 0.05$), and 41 of them were related
159 to the regulation of immune system, including regulation of leukocyte activation (GO:0002694),

160 regulation of T cell differentiation (GO:0045580) and regulation of interleukin-2 production
161 (GO:0032663) (Figure 4b and Table S7). DEGs in these immune response biological processes
162 were mainly down-regulated in the HDBR, which were consistent with the previous researches
163 about the immune system of animal and human in simulated long-term microgravity environment
164 [36][40]. In addition, we also found 71 DEGs in recovery status (T5~T7) comparing to the control
165 (T1, Figure 4a), which were also mainly enriched in the immune system. Besides, WGCNA [25]
166 method was employed to construct genes co-expression networks in transcriptomes, 1941 genes
167 with max median absolute deviation (MAD) were clustered into eleven modules. In accordance
168 with the differential expression analysis, genes in the purple module were mainly related to immune
169 response (Table S8) with the expression dropped in HDBR.

170 **Integrated analysis of omics data in rhesus macaque**

171 Short-chain fatty acids (SCFA) is a dominant metabolite produced from bacteria, related to the
172 immune response, such as butyrate regulates the size and function of the regulatory T cell network
173 by promoting the induction and fitness of regulatory T cells in the colonic environment [41, 42,
174 43]. In our study, DEGs in lymphatic cells were related to reduce immune response and
175 dysregulation of muscle butyrate metabolism. In the gut microbiome, the relative abundance of
176 butyrate-producing colon bacteria *Eubacterium*, *Roseburia* and their cross-feeding bacteria
177 *Bifidobacteria* were reduced in the HDBR. Thus, our results revealed that the weak immune
178 response and the reduced abundance of butyrate during HDBR might be related to the abundance
179 change of gut microbe (Figure 5).

180 Besides, previous study showed that 3-hydroxyphenylacetate is a by-product of the tyrosine
181 metabolism mediated by *Clostridium spp* [28]. Enzyme 4-hydroxyphenylacetate 3-monooxygenase
182 (EC: 1.14.14.9), which was not found in rhesus macaque, could transform 3-hydroxyphenylacetate
183 (C00642, HMDB00020) to 3,4-Dihydroxybenzeneacetic acid (3,4DPHAA, C01161, HMDB01336)
184 in tyrosine metabolism. Coincidentally, enzyme 4-hydroxyphenylacetate 3-monooxygenase and
185 3,4DPHAA both increased in during HDBR and decreased during the recovery phase, consistent

186 with the abundance changes of a gut microbe *Providencia rettgeri* which produces enzyme 4-
187 hydroxyphenylacetate 3-monooxygenase (EC: 1.14.14.9), indicating *Providencia rettgeri*
188 influence tyrosine metabolism by producing 3,4DPHAA (Figure 5). Besides, we also found enzyme
189 tryptophan 2,3-dioxygenase (EC: 1.13.11.11) could produce N'-Formylkynurenine (C02700,
190 HMDB60485), which then transformed to Formylanthranilic acid (C05653, HMDB04089) by
191 enzyme kynureninase (EC: 3.7.1.3) in tryptophan metabolism. Enzyme tryptophan 2,3-
192 dioxygenase and kynureninase could be produced by the gut microbes with abundance change
193 during HDBR, such as *Myroides* and *Comamonas*. Furthermore, we found *Myroide* were positively
194 and significantly correlated with Leucodopachrome (C05604, HMDB04067) and Dopaquinone
195 (C00822, HMDB01229) in the tyrosine metabolism pathway (mcc00350) and *Providencia* were
196 found positively and significantly correlated with p-Cresol (C01468, HMDB01858) which is a
197 metabolite of tyrosine (P<0.05). Meanwhile, *Lactococcus* were positively correlated with L-
198 Carnitine (C00318, HMDB00062) which is crucial in providing energy to muscles [27] (Figure S6).
199 Therefore, the significantly changed abundance of gut microbes were involved in tyrosine
200 metabolism (mcc00350) and tryptophan metabolism (mcc00380) pathways during the HDBR
201 analog (P<0.05).

202 **Discussion**

203 Living in a space environment with microgravity and motionless for long periods of time may have
204 adverse effects on immunity, metabolism and health. The first report from the Soviet immunologist,
205 Konstantinova and coworkers [44], found that lymphocyte responsiveness to mitogens was
206 remarkably reduced after astronauts after a longtime spaceflight. In this study, we applied
207 transcriptomic, metabolomic and metagenomic analysis in a head down-tilt bed rest model to
208 elucidate the effect of spaceflight and analogue microgravity environment on biology functions. In
209 transcriptome data, DEGs were enriched in multiple biological processes mainly related to immune
210 response, indicating that gene expression has plausible functional connections with spaceflight and
211 microgravity. For the first time, we also found the effects of an analogue microgravity environment

212 on immunity by combining metabolomics and metagenomics. We found that tyrosine metabolism,
213 which plays an important role in muscle function, was affected by HDBR. The abundance of L-
214 Dopa, norepinephrine, epinephrine and L-Metanephrine in catecholamines biosynthesis and
215 metabolism pathway, dopaquinone and leucodopachrome in L-Dopachrome biosynthesis pathway
216 and 4-Hydroxyphenylpyruvate and homogentisate in homogentisate biosynthesis pathway were
217 significantly affected by HDBR (Figure 2e). We also found that calcitric acid (related to bone
218 balance), L-Alanine and L-Carnitine (related to muscle contraction and muscle weakness) were
219 affected by HDBR.

220 To our knowledge, this was the first study successfully combining metabolomics and
221 metagenomics in studying simulated microgravity on health and metabolism. The findings
222 provided valuable insights into how long-term spaceflight could affect metabolism and health.
223 More importantly, our findings on the link between gut microbiome with metabolism and immunity
224 provided the possible solutions to combat dysregulated immunity and metabolism in spaceflight.
225 This study was conducted with animal model in a simulated environment, we supposed a solid
226 combination of omics in the study of astronauts could be a useful tool for future study of astronauts
227 in extremely environment. Further study with more astronauts would provide more information
228 during long term space flight.

229

230 **Materials and Method**

231 **Animal experiments**

232 We sampled 20 healthy male rhesus macaques, aged 4 to 6 years and weighing 4 to 8 kg from
233 Beijing Institute of Xie'erxin Biology Resource (Beijing, China). All of these rhesus macaques
234 received 3 months of domestication (involving preliminary caretaker handling, confinement jacket
235 fitting, and tilt-table acclimation training) at the Laboratory Animal Center of China Astronaut
236 Research and Training Center prior to the start of the experiments. Only 15 well-domesticated
237 rhesus macaques were selected and separated into 3 groups: 1) CON: ground-based controls, 2)

238 HDBR: 42 days of HDBR, 3) REC: 42 days of HDBR plus 32 days of recovery.

239 A six-week head-down tilted bed rest (HDBR) experiment was performed on rhesus macaques
240 to simulate weightlessness as described previously [45]. Briefly, rhesus macaques laid on beds,
241 which were tilted backward 10 °C from the horizontal. The head-down monkeys wore the
242 confinement jacket, which enabled them to be fixed to the bed. These rhesus macaques were housed
243 one per bed in rooms with air temperature maintained at $23 \pm 2^{\circ}\text{C}$ and a standard 12:12 h dark–
244 light cycle (lights were turned on at 8:00 a.m. and off at 8:00 p.m.). After six weeks of HDBR, each
245 rhesus macaque was solely removed into stainless steel mesh cages to recovery for 32 days.
246 Throughout the duration of the experiment, rhesus macaques received an intensive humanistic care.
247 For instance, the rhesus macaques always had free access to food and water. Toys (such as the
248 drum-shaped rattle, a Chinese traditional toy) were available all the time except during
249 experimental procedures. The caretaker accompanied the rhesus macaques during the day time to
250 help relieve anxiety. The general health condition of the rhesus macaques was also carefully
251 monitored. All procedures were performed in accordance with the principles of the Association for
252 Assessment and Accreditation of Laboratory Animal Care International (AAALAC), approved by
253 Institutional Animal Care and Use Committee of China Astronaut Research and Training Center
254 (ACC-IACUC-2014-001).

255 **Sample collection**

256 All samples provided consent forms which were approved by BGI genomics Committee of Ethics.
257 Under light ketamine sedation, sterile heparinized peripheral blood samples were obtained from
258 femoral vein of the five rhesus macaques in REC group before (Pre-3, T1), during (HB-12, HB-25,
259 HB-40, T2~T4) and after (R-12, R-24, R-32, T5~T7) the HDBR at 10:00 a.m. Peripheral blood
260 mononuclear cells (PBMCs) were then collected by Ficoll-Hypaque density-gradient centrifugation.
261 Fecal samples were also collected from the five rhesus macaques in REC group before (Pre-2, T1),
262 during (HB-16, HB-30, HB-42, T2~T4) and after (R-13, R-17, R-28, T5~T7) the HDBR. Skeletal
263 muscle sample, dmPFC sample and HIP sample were collected from all of the selected rhesus

264 macaques in each group.

265 **Transcriptome analysis**

266 mRNA of the PBMCs was isolated by oligo(dT) and sequenced by Complete Genomics(CG) SE50,
267 we then use SOAPnuke to filter out the reads of low quality, at least 20 million reads were generated
268 for each sample. HISAT2 was applied to map sequence reads to genome and RSEM to calculate
269 the FPKM. Spearman correlation between all samples were calculated using FPKM, the correlation
270 between all samples was very high (>0.95) and the biological replicates did not cluster well together.
271 We used DESeq2 package in R to find different expressed genes [46], and GO was used to
272 annotated function information.

273 **Metabolomics analysis**

274 UPLC-MS technology was implemented for metabolites detection. The experimental quality was
275 evaluated by quality control (QC) samples. Features alignment, picking and identification were
276 performed by Progenesis QI (Waters, Nonlinear Dynamics, Newcastle, UK). MetaX software was
277 used for data cleaning and statistical analysis [47]. Low quality features were removed within data
278 cleaning. By combining the univariate and multivariate statistical analysis, significantly changed
279 features (P value <0.05 , fold change $<1/1.2$ or fold change >1.2 , VIP >1) were acquired. Those
280 features were further annotated by Progenesis QI with Human Metabolome databases (version 3.6),
281 and online Kyoto Encyclopedia of Genes and Genomes database (www.genome.jp/kegg/).

282 Clusters of co-abundant metabolites of muscle, HIP and dmPFC were performed by R package
283 WGCNA [25], respectively. Soft threshold $\beta=9$ for muscle features, soft threshold $\beta=13$ for dmPFC
284 features, and soft threshold $\beta=12$ for HIP features were chosen by scale free topology analysis, for
285 signed, weighted features co-abundance correlation network construction. Dynamic hybrid tree-
286 cutting algorithm by deepSplit of 4 and a minimum cluster size of 30 were applied for clusters
287 identification. If the biweight mid-correlation between the cluster's eigenvectors exceeded 0.8, the
288 similar clusters would be subsequently merged. The muscle, dmPFC and HIP features clusters,
289 were labelled by M1-M6, D1-D7 and H1-H6, respectively.

290 **Metagenomics analysis**

291 Raw reads sequenced on the Illumina Hiseq 2000 platform (Expression Analysis Inc., San Diego,
292 CA, USA) at BGI were filtered to remove the adaptor contamination, low-quality reads and host
293 genomic DNA (Rhesus macaques, assembly Mmul_8.0.1, NCBI). The remaining high-quality
294 reads were assembled by metaSPAdes (v3.10.1). Open Reading Frames (ORFs) in contigs of each
295 sample were obtained using GeneMark (v2.7). The non-redundant gene set of all ORFs was
296 clustered using CD-HIT (v4.5.7) based on nucleotide sequence and the identity is 95% at the
297 coverage 90%. Taxonomic annotation of gene set was made with CARMA3 on the basis of
298 BLASTP alignment with bacteria and archaea from NCBI-NR database. And the gene set was also
299 annotated against KEGG (v59) databases with BLAST (v2.2.23).

300 Gene abundance profiling was calculated based on the alignment of SOAP2 and the species
301 abundant profile and functional profile were summarized from their respective genes [48]. The
302 differential alpha diversity, species and KOs of different time points were calculated using R
303 `kruskal.test`. Spearman coefficient was used to calculate the relationship between different genus
304 and different Kos, between different genus and different metabolic features according to their
305 abundance.

306

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312

313 **Competing interests**

314 Competing interest statement: The author denies that he has any intention to obtain any financial
315 interests.

316

317 **Figure 1. Overview of the study integrating metabolome, metagenome and transcriptome data**
318 **and rhesus macaques HDBR experiments.** Experimental Design for 15 rhesus macaques HDBR
319 experiments. Each group of 5 rhesus macaques participated in this experiment. 5 rhesus macaques
320 before HDBR were chosen for muscle, HIP and dmPFC tissues obtaining. 5 of the others took part
321 in following HDBR experiment, then muscle, HIP and dmPFC tissues of which at HDBR 42 days
322 were obtained. The 5 remaining rhesus macaques got into recovery experiments, and muscle, HIP
323 and dmPFC tissues were obtained at 32 days after recovery experiment. Among all the experiments,
324 blood samples 3 days before HDBR, 12 days, 25, and 40 days during HDBR, 12 days, 24, 32 days
325 during recovery, and fecal samples 2 days before HDBR, 16 days, 30, and 42 days during HDBR,
326 and 13 days, 17 and 28 days during recovery were all collected from the last 5 rhesus macaques.
327

328 **Figure 2. Meaningful metabolites and tyrosine metabolism pathway were found in muscle by**
329 **metabolomics analysis.**(a)A heatmap of 154 DAFs which only changing significantly in HDBR
330 comparing to control and recovery in muscle.(b)Dendrogram of 552 muscle DAFs mainly
331 clustering into 6 modules by WGCNA analysis. 6 modules colored with ‘turquoise’, ‘yellow’, ‘red’,
332 ‘green’, ‘blue’ and ‘brown’ were labeled by ‘M1’ - ‘M6’, respectively. And ‘grey’ module included
333 the remaining DAFs that did not fit clustering criteria.(c)A heatmap of DAFs in M1 showing that
334 all DAFs down-regulated during HDBR and up-regulated during recovery in
335 muscle.(d)Epinephrine was the hub metabolite of M1 network in muscle. Correlation of M1 DAFs
336 were calculated by WGCNA. And the bigger size of the node means the more neighbor of this node.
337 The adjacent lines of epinephrine colored with ‘red’, and the others colored with ‘light gray’.(e)11
338 significantly changed muscle metabolites showing in tyrosine metabolism pathway. 5 metabolites
339 in M1 decreasing during HDBR and increasing during recovery were colored with ‘turquoise’, 3
340 metabolites in M2 showing opposite changes to M1 were colored with blue. And 5 metabolites in
341 M3 showing similar trend with M1 were colored with brown. The 5 remaining metabolites colored
342 with grey weren’t found in differential metabolites.

343

344 **Figure 3. Several important intestinal genera alterations in seven time points with 95% confidence**

345 **interval for the medians, and associations of differential gut microbial genera with differential**

346 **KOs.**(a-c) Box plot of the differential genera abundance of Acinetobacter, Lactococcus and

347 Bifidobacterium. The x coordinate represents T1~T7 time points, y coordinate represents the genera

348 abundance (log10). For each interquartile ranges (IQRs), the first and third quartiles were showed as the

349 boxes, and the line inside the box represents the median. The circles data points represent the outside of

350 the whiskers which marked as the lowest or highest values within 1.5 times IQR boxes.(d) Spearman

351 correlation coefficient heatmap ($P < 0.05$) between 27 genera differed in abundance (x coordinate) and

352 442 Kos differed in abundance (y coordinate). The red color represented significantly positive

353 correlation, the blue color represented significantly negative correlation, and blank areas indicate no

354 significant correlation.

355

356 **Figure 4. Interesting DEGs and biological processes found in transcriptomics**

357 **analysis.**(a)Histograms of DEGs between any two time points. Up-regulated and down-regulated DEGs

358 were colored with 'orange' and 'blue', respectively. (b)GO analyses of the 65 DEGs showing a

359 significant enrichment of several biological processes.

360

361 **Figure 5. Reducing gut microbes produced lesser butyrate to weaken the host immune**

362 **response, and the gut microbes might take part in tyrosine metabolism (mcc00350) and**

363 **tryptophan metabolism pathway (mcc00380).**

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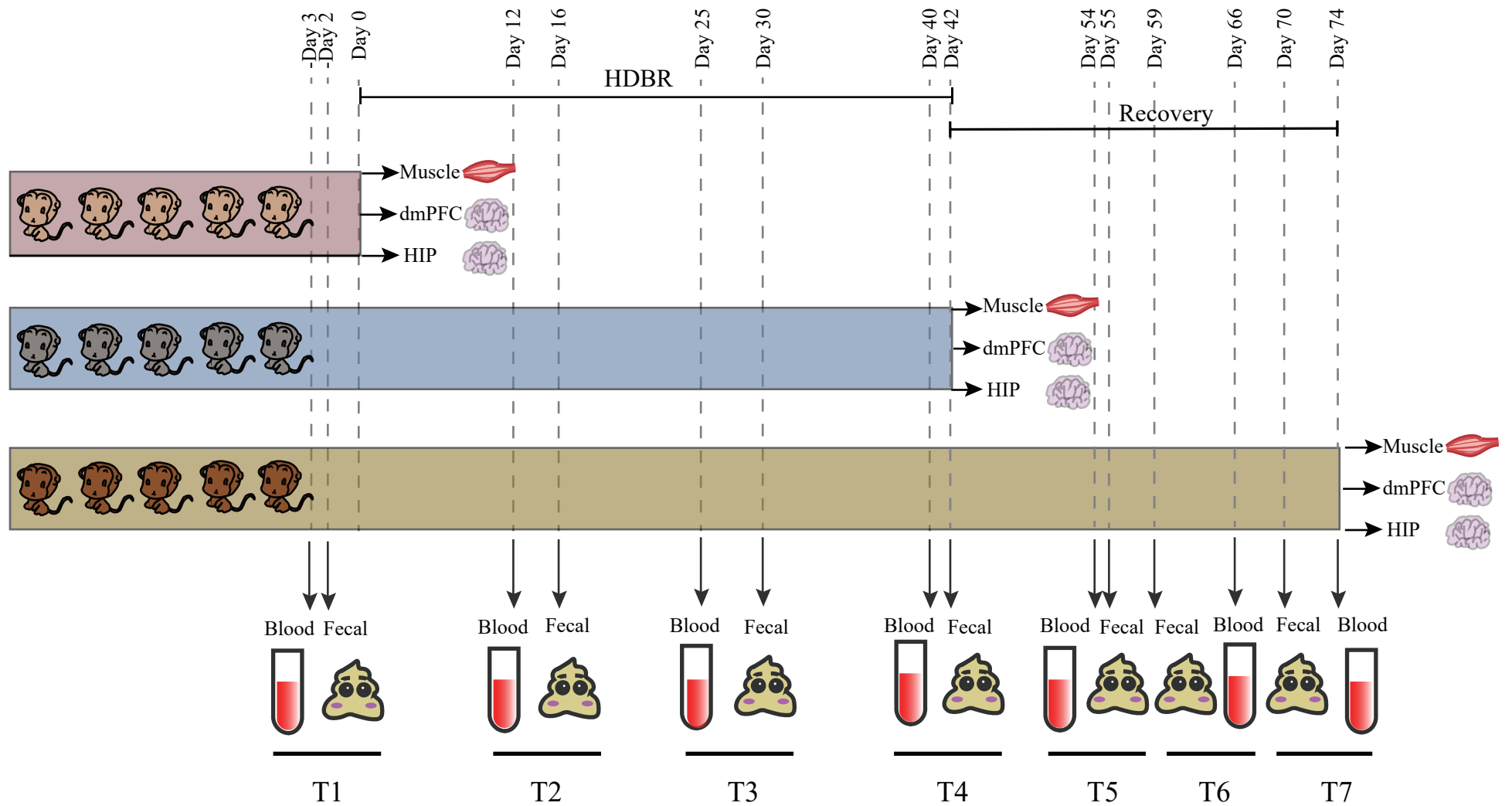
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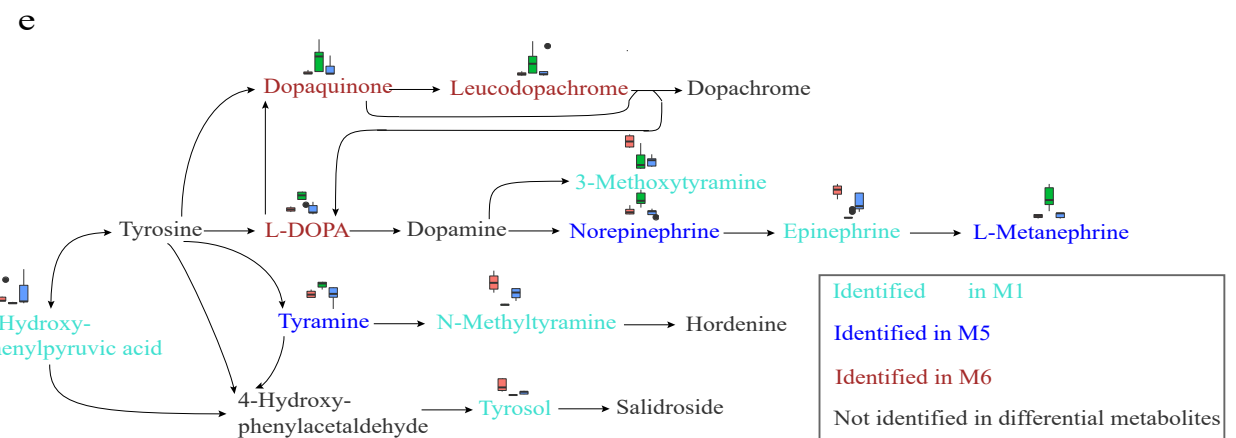
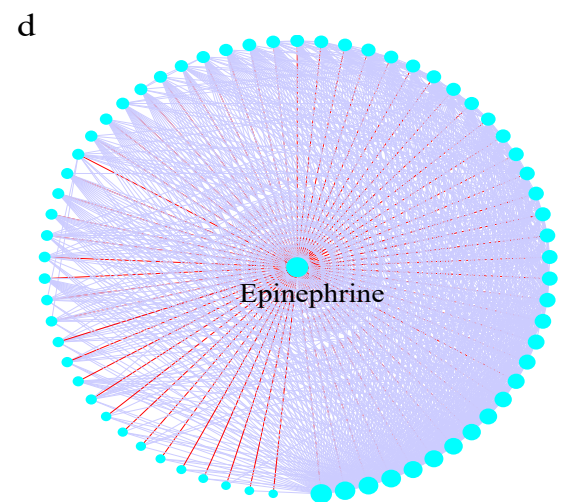
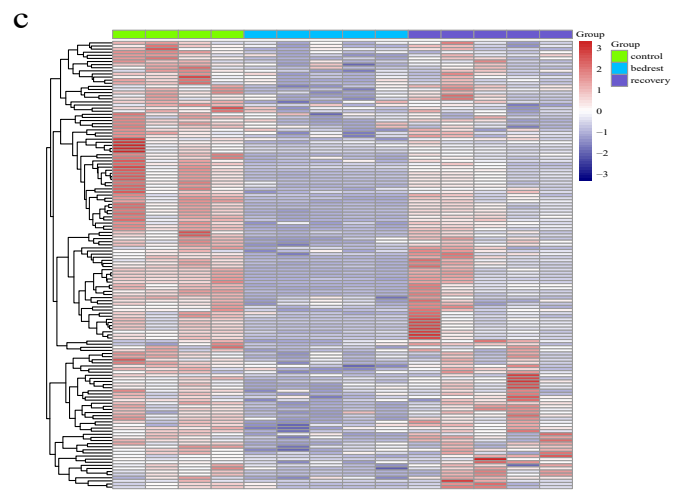
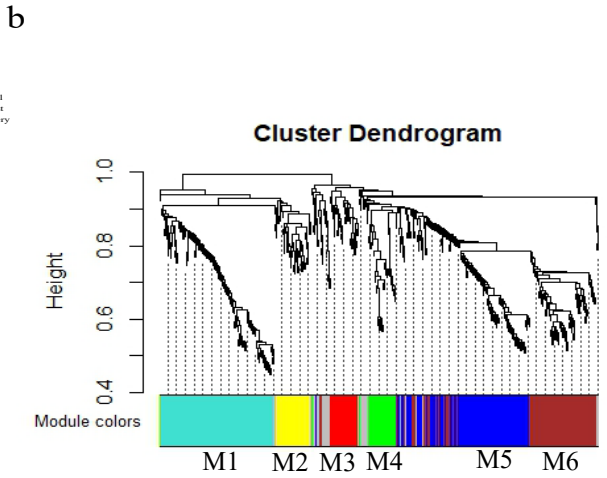
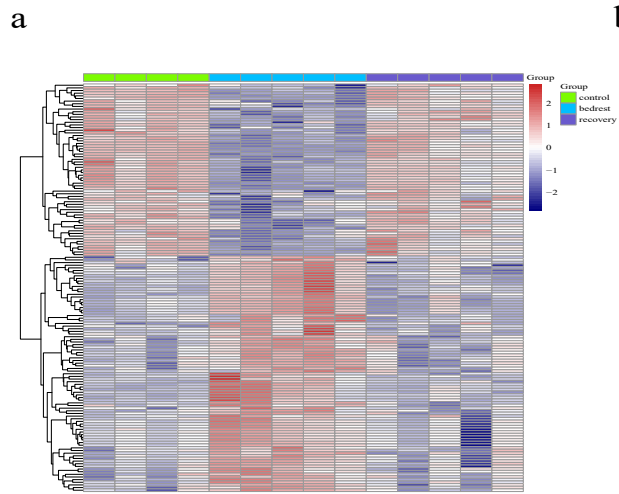
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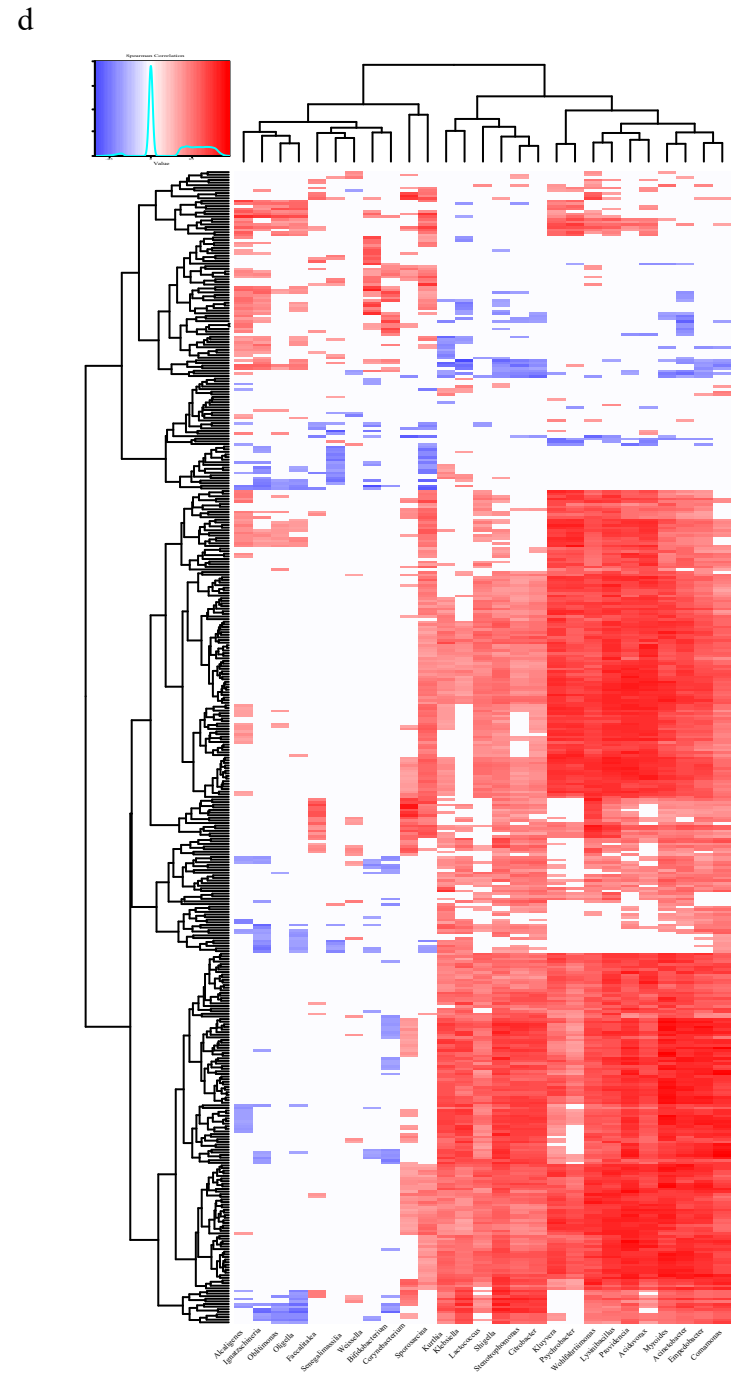
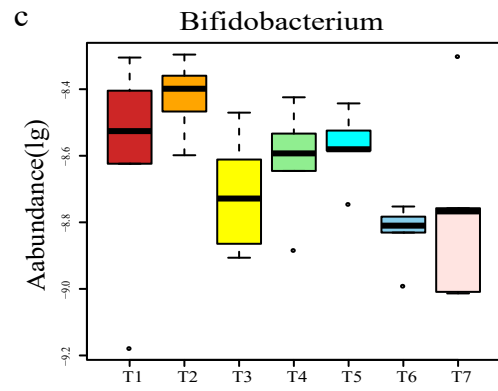
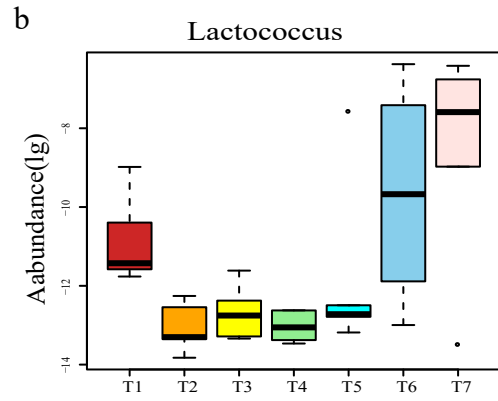
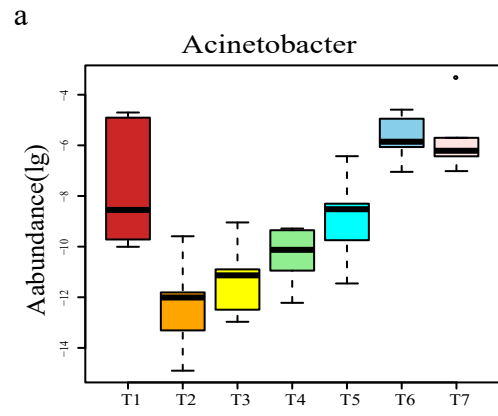
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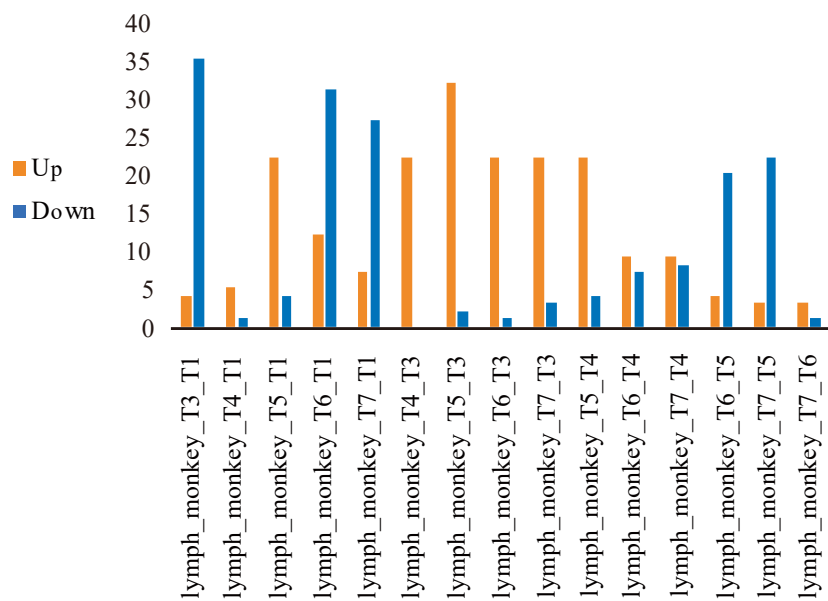
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