

Black sea cucumber (*Holothuria atra* Jaeger, 1833) rescues *Pseudomonas aeruginosa*-infected *Caenorhabditis elegans* via reduction of pathogen virulence factors and enhancement of host immunity

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1 **Abstract:**

2 A strategy to circumvent the problem of multidrug resistant pathogen is consumption of
3 functional food rich in anti-infectives targeting bacterial virulence or host immunity. The
4 black sea cucumber (*Holothuria atra*) is a tropical marine sea cucumber species traditionally
5 consumed as remedy for many ailments. There is a paucity of knowledge the
6 anti-infectives capacity of *H. atra* and the underlying mechanisms involved. The
7 objectives of this study were to utilize the *Caenorhabditis elegans*-*P. aeruginosa* infection
8 model to assess the anti-infective properties of *H. atra*. We first showed the capacity of a
9 *H. atra* extract and fraction in promoting survival of *C. elegans* during a customarily lethal
10 *P. aeruginosa* infection. The same chemical entities also attenuate the production of
11 several *P. aeruginosa* virulence factors and biofilm. Treatment of infected transgenic
12 *lys-7::GFP* worms with *H. atra* fraction restored the repressed expression of *lys-7*, a defense
13 enzyme, indicating improved host immunity. QTOF-LC/MS analysis revealed the
14 presence of aspidospermatidine, an indole alkaloid and inosine. Collectively, our finding
15 shows that *H. atra* confers survival advantage in *C. elegans* against *P. aeruginosa* infection
16 through inhibition of pathogen virulence and eventually, the restitution of host *lys-7*
17 expression.

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19 **Keywords:** *Pseudomonas aeruginosa*; *Caenorhabditis elegans*; *Holothuria atra*;
20 anti-virulence; immunomodulator

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1 **1. Introduction**

2 Increasing number of antibiotic resistance *P. aeruginosa*, an opportunistic pathogen
3 are being reported globally.¹ Attempts to overcome bacteria resistance through modification
4 of existing drugs or drug discovery are often ineffectual.² Collectively, these issues
5 underscore the need for alternative therapies with different modes of targeting mechanism
6 involving host immune response or pathogen virulence. In comparison to direct killing of
7 pathogens, these paths are projected to invoke milder evolutionary pressure responsible for
8 resistance development. Since nutrient status is a crucial contributing factor to immune
9 fitness, functional food with immunomodulator characteristic may play a pivotal role in
10 alleviation of infection.³

11 From the estimated 1000 varieties of sea cucumbers worldwide, around 20 species are
12 valued as functional food.⁴ Sea cucumbers are reported to be effective remedy for asthma,
13 hypertension, joint pain, sprains intestinal and urinary problems.^{5, 6} Correspondingly,
14 studies on sea cucumber metabolites have reported multiple activities including anticancer,
15 anticoagulant, anti-hypertension, anti-inflammatory, antimicrobial, antioxidant,
16 antithrombotic, antihyperglycemic, anti-ageing and wound healing.^{4, 7, 8} These bioactivities
17 are linked to a wide range of metabolites, such as triterpene glycosides, peptides, collagen,
18 mucopolysaccharides, carotenoids, polyunsaturated fatty acids and phospholipids.⁸⁻¹⁰
19 Therefore, sea cucumber is an opportune strategy to discover novel and potent
20 anti-infective entities. *Holothuria atra* Jaeger 1833 (Holothuridae), colloquially known as
21 black sea cucumber or lollyfish, is one of the most commonly found sea cucumber species in
22 the Indo-Pacific region, dwelling in seagrass beds and rocky reefs.¹¹ Among the many
23 medicinal properties linked with sea cucumbers, sea cucumbers are also traditionally
24 consumed for its immune boosting properties.⁵ In tandem, metabolites with *in vitro* or *in*
25 *vivo* immunomodulatory activities have been isolated from several sea cucumber species,
26 making this taxonomy group an opportune organism for discovery of novel and potent
27 anti-infective entities.¹²⁻¹⁵

28 The nematode *Caenorhabditis elegans* is a proven model for deciphering host–pathogen
29 interactions due to its readiness for infection by numerous human pathogens.¹⁶ As a model
30 organism, it is also supported by an array of tools useful for deciphering immunity related

31 pathways.¹⁷ The *C. elegans* host-pathogen interaction is a proven powerful platform for
32 discovery of anti-infectives and is frequently utilized to screen for novel anti-infectives
33 against a myriad of pathogens.^{18, 19} An advantage in having both host and pathogen in a
34 screening assay is early detection of undesirable toxic properties in hit candidates.²⁰ In
35 relation to food, *C. elegans* has been used as platform for deciphering various beneficial
36 properties of food including longevity, tolerance, lipid metabolism and stress resistance.²¹⁻²³

37 To date, the only published report of an anti-infective from marine invertebrates using
38 the *C. elegans* platform is from a tropical mollusk.²⁴ Using the *C. elegans* host-pathogen
39 platform, we investigated the anti-infective properties of *H. atra*. Overall, we demonstrate
40 the capacity of an extract from this sea cucumber in rescuing worms from a lethal *P.*
41 *aeruginosa* infection. The capacity of *H. atra* metabolites in impeding the production of
42 well-characterized *P. aeruginosa* virulence factors and boosting an immune-related gene
43 were also studied.

44

45 **2. Results**

46 **2.1 *H. atra* promotes survival of *P. aeruginosa* PA14-infected *C. elegans* without direct** 47 **bactericidal effect**

48 The slow-killing assay showed methanol extract of *H. atra* causing a significantly higher
49 percentage of worm survival ($60.21 \pm 6.7\%$) at 48 hours after treatment, which is comparable
50 to value obtained with curcumin ($60.68 \pm 8.6\%$), a known anti-infective against PA14
51 infection (Fig. 1). A lower percentage of survival ($56 \pm 7.6\%$) was obtained with the
52 acetone extract. The bactericidal effect of the methanol extract on *P. aeruginosa* PA14 was
53 determined. Extract concentrations ranging from 25 $\mu\text{g/mL}$ to 1000 $\mu\text{g/mL}$ did not reduce *P.*
54 *aeruginosa* PA14 growth, as compared to streptomycin at 100 $\mu\text{g/mL}$ (Supplementary 1).
55 This extract was also non-detrimental towards the growth kinetic of *P. aeruginosa* PA14, as
56 no significant difference was observed between *H. atra* and DMSO exposed bacteria
57 population (Fig. 2).

58 The lethality of *P. aeruginosa* PA14 infection in the slow killing assay involves the
59 colonization of *C. elegans* intestinal tract.²⁵ Therefore, we ascertain if the improved
60 survival of worms treated with extract is an outcome of reduced worm feeding activities.
61 We observed the worm pharyngeal pumping rate, a reliable indicator of bacterial feeding in

62 this species.²⁴ Results show no significant difference in feeding activities between
63 untreated worms fed PA14 with those treated with either 0.5% DMSO or methanol *H. atra*
64 extract, respectively (Fig. 3). Therefore, worms exposed to *H. atra* methanol extract still
65 display normal feeding activities, which presumably leads to gut colonization by the
66 ingested PA14 bacteria.

67 Column chromatography fractionation of the *H. atra* butanol partition resulted in 9
68 fractions (F1-F9). Based on the slow-killing assay, fractions F2 ($55.37 \pm 8.4\%$), F3 ($64.05 \pm$
69 8.8%), F4 ($52.75 \pm 6.3\%$) and F9 ($52.00 \pm 8.0\%$) resulted in significantly higher worm
70 survival as compared to 0.5% DMSO treatment (Fig. 4A). Dose dependent assay for fraction
71 F3 showed that 200 $\mu\text{g/mL}$ was the minimal concentration resulting in significantly highest
72 percentage of worm survival, comparable to value obtained with curcumin (Fig. 4B). At
73 higher concentrations, a decreasing trend of survival rates was observed. Fraction F3 also
74 did not appear to perturb *P. aeruginosa* PA14 growth (Fig. 4C).

75 **2.2 *H. atra* fraction inhibits the production of *P. aeruginosa* PA14 elastase, protease,** 76 **pyocyanin and formation of biofilm**

77 In comparison with 0.5% DMSO, treatment of *P. aeruginosa* PA14 with F3 significantly
78 suppressed the production of elastase and protease at 24 hr after treatment (Fig. 5A).
79 Formation of biofilm in microtiter plate was also attenuated with F3. As for pyocyanin,
80 significant reduction in pyocyanin production was obtained at 6 and 12 hr after incubation,
81 respectively, but not 24 hr. (Fig. 5B).

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83 **2.3 *H. atra* induces the expression of *C. elegans* immune effector *lys-7* in PA14-infected** 84 **worms**

85 At 12 hr after infection, GFP intensity of *P. aeruginosa* PA14 infected worms was lower
86 than uninfected worms, indicating diminished *lys-7* expression (Fig. 6A). Treatment with
87 *H. atra* restored *lys-7* expression to a level comparable with uninfected worms.
88 Correspondingly, qPCR analysis of *lys-7* in worms also showed higher expression levels in
89 worms exposed to F3 at 12 or 24 hours after treatment (Fig. 6B). *H. atra* fraction *also*
90 resulted in higher *lys-7* expression as compared to curcumin.

91 **3.3 Tentative identification of major compounds in *H. atra* F3 and F4 fractions**

92 QTOF-LCMS separation detected two major peaks in F3 at Retention Times (R_T) 17.764
93 min and 18.395. The compounds were identified using an HR MS (accurate mass in
94 negative mode) and HR MS/MS spectra (fragmentation) that matched with METLIN,
95 MassBank and Chemspider databases. From the accurate mass analysis (Table 1), the
96 molecular formula was calculated as $C_{18}H_{22}N_2$ and $C_{10}H_{12}N_4O_5$, respectively. The
97 compounds were putatively identified as aspidospermatidine and inosine.

98 **3. Experimental**

99 **3.1 Bacterial and Nematode Strains**

100 *P. aeruginosa* strain PA14²⁶, which is rifampicin-resistant, was grown in King's B broth
101 supplemented with rifampicin (100 μ g/mL) while the streptomycin-resistant *E. coli* strain
102 OP50²⁷ was cultured in Luria Bertani (LB) broth with streptomycin (100 μ g/mL). Cultures
103 were grown overnight with aeration at 37°C. The wild type *C. elegans* Bristol N2 (N2) and
104 transgenic *lys-7::GFP* worm strain SAL105 were obtained from the *Caenorhabditis* Genetics
105 Center (CGC), USA, with growth and handling as described elsewhere.²⁷ Standard
106 Operating Procedures involving *C. elegans* and living modified organisms (LMOs) were
107 approved by the Universiti Sains Malaysia Animal Ethic Committee (AECUSM) and the
108 Institutional Biosafety Committee (UKKP)

109 **3.2 Preparation of *H. atra* extract**

110 *Holothuria atra* was collected from Pulau Songsong Kedah situated at the northern
111 region of Peninsular Malaysia (N5°48'33.72" E100°17'32.63") and authenticated by the
112 Centre for Marine and Coastal Studies, Universiti Sains Malaysia. Samples were stored at
113 -20°C until further processing. Frozen samples were cleaned with distilled water, sliced into
114 smaller pieces and freeze-dried for about 5-7 days. Dried samples were extracted with either
115 methanol or acetone, followed by 15 minutes of sonication at room temperature and lastly,
116 filtration with Whatman filter paper No. 1. Extraction procedure was repeated thrice.
117 Filtrates were then concentrated using a rotary evaporator at 39°C. All dried extracts were
118 kept at -20°C before dilution in DMSO at 20mg/mL, followed by storage at 4°C.
119 Depending on assays, the extract stock solution is further diluted to achieve the desired
120 concentrations.

121 **3.3 *C. elegans* survival Assay**

122 The slow killing assay was performed according to the protocol described elsewhere.²⁸
123 PA14 cultured overnight on King's B broth was evenly spread on Pseudomonas Infection
124 Agar (PIA) assay plates supplemented with natural products, followed by incubation at 37°C
125 for 24 hours to allow growth of PA14. Triplicate plates containing 50-60 young adult worms
126 each were used. At least three independent repeats were performed.

127 Percentage survival of the infected worm population was determined after 48 hours of
128 incubation at 25°C. DMSO (0.5%) and curcumin (100 µg/mL), a known anti-infective agent,
129 was used as negative and positive control, respectively.²⁹

130 **3.4 Antimicrobial test**

131 The minimum inhibitory concentration (MIC) broth microdilution antimicrobial test was
132 carried out to determine bactericidal activities of natural product. Stock solution of extracts
133 or fractions were further diluted in DMSO to achieve concentration ranging from 25 µg/mL
134 to 1000 µg/mL. Overnight culture of *P. aeruginosa* PA14 was adjusted to 0.5 McFarland
135 standard turbidity and diluted to 1:20. A total of 10 µL of inoculum was added into the wells,
136 followed by incubation at 37°C for 24 hours. Streptomycin (100 µg/mL) and DMSO (0.5%)
137 were also tested as positive and negative controls, respectively.

138 **3.5 Bacterial growth assay**

139 The assay was conducted with similar preparations as the MIC broth microdilution test.
140 Upon inoculum addition, the well plate was incubated at 37°C with aeration and bacterial cell
141 density was measured at OD₆₀₀ every 2 hours.

142 **3.6 Liquid-liquid partitioning of methanolic *H. atra* extract**

143 The methanol extract was subjected to liquid-liquid chromatography, to separate
144 compounds according to polarity. The extract was suspended in distilled water and
145 subsequently partitioned with butanol. The partition was collected and dried with a rotatory
146 evaporator, followed by storage at -20°C. Stock solution for the partition was prepared in
147 DMSO and stored at 4°C.

148 **3.7 Fractionation of *H. atra* butanol partition**

149 The butanol partition was column chromatographed over silica gel 60 (70-230 mesh) and
150 eluted stepwise from 100:0:1 to 0:100:1 with the chloroform:methanol:water solvent system
151 at ratio of 80:20:1. The process was repeated until sufficient fractions were obtained.

152 **3.8 Virulence factors and biofilm production assays**

153 Protease and elastase activity assays were performed as described elsewhere, with minor
154 modifications.³⁰ Briefly, *P. aeruginosa* PA14 was grown in the presence of bioactive
155 fraction at 200 µg/mL or DMSO (0.5%) for 24 hours at 37°C. The supernatants were
156 collected and filtered with a 0.22 µm nylon filter. Reaction mixture consisting of 0.8%
157 azocasein in 500 µL of 50mM K₂HPO₄ (pH7) and 100 µL of the purified supernatant were
158 incubated at 25°C for 3 hours. A total of 0.5 mL of 1.5M HCl was added into the reaction,
159 followed by placement on ice for 30 minutes and centrifugation. After the addition of 0.5 mL
160 1M NaOH, the absorbance was measured at 400nm (SpectraMax M5).

161 As for elastase activity, 100 µL of the purified supernatant described above was added
162 into tubes pre-prepared with 1 mL of 10mM Na₂HPO₄ and 20 mg of elastin-Congo red. The
163 mixtures were then incubated at 37°C for 4 hours with agitation. After the incubation, the
164 mixtures were centrifuged at 14 000 rpm for 10 minutes and absorbance determined at
165 495nm.

166 The pyocyanin quantification assay was conducted as described.³¹ *P. aeruginosa* PA14
167 was grown in the presence of bioactive fraction for up to 24 hours at 37°C. Cultures were
168 collected at 6, 12 and 24 hours after treatments and centrifuged. A total of 3 mL chloroform
169 was then added into the resulting supernatant, vortexed briefly and centrifuged for 10
170 minutes at 10 000 rpm. The bottom blue layer was isolated, and the extraction processes were
171 repeated using 1.5 mL of 1M HCl. The absorbance at 520 nm of the pink layer was measured.
172 Pyocyanin concentration was determined by multiplying the absorbance value with 17.072.

173 A microtiter biofilm formation assay was used to determine the effect of *H. atra* fraction
174 on *P. aeruginosa* PA14 biofilm formation.³² *P. aeruginosa* PA14 was grown overnight
175 followed by dilution to 1:100. A total of 100 µL of the inoculum was added into 96 wells
176 plate preseeded with *H. atra* fraction or 0.5% DMSO. The plate was then incubated for 24
177 hours at 37°C. Liquid and cells were discarded, followed by rinsing of plate with distilled
178 water. For visualisation, 125 µL of 0.1% crystal violet solution was added into each well,
179 followed by incubation for 15 minutes at room temperature. Excessive stain was washed off
180 with water and wells left air-dried for 2 hours. Stained biofilm was treated with 125 µL of
181 30% acetic acid followed by 10-15 min incubation. A total of 125 µL of solubilized crystal
182 violet was transferred into a new microtiter for measurement at 550 nm.

183 **3.9 Visualization of transgenic *lys-7::GFP C. elegans***

184 Transgenic *C. elegans lys-7::GFP* strain SAL105 were exposed *P. aeruginosa* PA14 in
185 the presence or absence of *H. atra* fractions as described in the slow killing assay. The
186 fluorescence intensities of young adult worms at 12 hpi for all the experimental conditions
187 were visualized using Leica Microsystem M205 FA microscope and digitally captured with
188 Leica DFC310 FX camera (60x magnification)

189 **3.10 Real-time PCR based quantification of *lys-7* expression in *C. elegans***

190 Primers were designed accordingly for the amplification of *C. elegans lys-7* and
191 pan-actin as housekeeping gene. Total RNA was treated with RNase-free DNase (Promega,
192 USA) for removal of genomic DNA. PCR optimization and amplification was performed
193 under condition described previously.²⁸ Melt curve analysis was performed to ensure the
194 specificity of the PCR products. Quantitative expression of *lys-7* was calculated using CFX
195 Manager software (BioRad, USA) by normalizing its level to housekeeping gene. Three
196 independent replicates were performed for each analysis.

197 **3.11 Chemical profiling of fractions**

198 Compounds identification of both the *H. atra* active fractions were performed using the
199 Agilent 6520 accurate-mass quadrupole time-of-flight liquid chromatography mass
200 spectroscopy (QTOF-LCMS). Zorbax SB-C18 column (1.5 μ m particle size, 0.5x150mm)
201 was used and separation was achieved with a 22.5 minutes gradient of 3-90% acetonitrile,
202 followed by 3% acetonitrile for 10 minutes at a flow rate of 20 μ L/min. Solvents contained
203 0.1% formic acid. The compound prediction was achieved by comparing the obtained
204 individual MS/MS fingerprinting spectrum with METLIN, MassBank and Chemspider
205 databases.

206 **3.12 Statistical analysis**

207 Data were analyzed using Student's *t*-test whereby in all comparisons, $p < 0.05$, $p < 0.01$
208 and $p < 0.001$ were accepted as statistically significant.

209 **4. Discussion**

210 An ongoing strategy to overcome the problem of drug-resistant pathogens is discovery
211 of anti-infective activity, which either disrupt virulence-related pathways or boost host
212 immunity. The diverse marine environment imposes the selection of an array of metabolites
213 produced by an immeasurable source of organisms. Marine natural products with
214 anti-virulence or immunomodulatory properties have been reported.³³⁻³⁷. Among edible

215 marine organisms, sea cucumber is regarded as a potent source of novel entities useful for
216 both nutraceutical and pharmaceutical industries. There is an increasing reports of
217 bioactivities from *H. atra*, a widely distributed tropical sea cucumber species. This includes
218 antibacterial, antifungal, anti-proliferative, anti-apoptotic and antioxidant properties.^{6, 38-43}
219 We report here for the first time the anti-infective capacity of *H. atra* extract through an *in*
220 *vivo*

221 Our results showed that the *H. atra* methanol extract conferred survival to *P. aeruginosa*
222 PA14-infected *C. elegans* without possessing direct bactericidal activity towards *P.*
223 *aeruginosa* PA14, ruling out bacteria mortality as reason for improved worm survival.
224 Previously, a methanol extract of *H. atra* was also reported to not exert any bactericidal effect
225 on several pathogenic bacteria species, including *P. aeruginosa*.⁴⁴ Further separation of the
226 *H. atra* methanol extract yielded a fraction with similar bioactive properties. The range of
227 worm survival obtained with this fraction is comparable to levels using a similar slow-killing
228 assay where infected worms were treated with a terrestrial plant seed extract²⁸ or curcumin.²⁹
229 These levels however, are lower than a fraction isolated from a tropical marine
230 actinomycete.⁴⁵

231 In order to better understand the mechanisms responsible for the survival of infected
232 worms, we assessed the effect of *H. atra* towards several *P. aeruginosa* PA14 virulence
233 factors. Although the complete spectrum of the pathogenesis of *C. elegans*-*P. aeruginosa*
234 slow killing assay is not fully understood, the involvement of multiple virulence factors such
235 as pyocanin, pyoverdine, various proteases, elastase, phospholipase and exotoxin is
236 canonical.^{25, 26} Results show *H. atra* lowered both proteolytic and elastolytic activities, and
237 diminished the production of pyocyanin and formation of biofilm, collectively signifying the
238 attenuation of *P. aeruginosa* PA14 virulence. In addition, the collective mitigation of these
239 virulence factors suggests a possible interference of PA14 quorum sensing (QS) by *H. atra*
240 metabolites. QS have been corroborated as a crucial factor responsible for host mortality in
241 the *C. elegans* slow killing assay. Elsewhere, a marine seaweed extract was reported to
242 repress *P. aeruginosa* QS genes, leading to diminished production of virulence factors and
243 survival of infected worms.³⁶ Future work should ascertain the capacities of *H. atra*
244 metabolites in interfering with pivotal elements of the *P. aeruginosa* QS pathway.

245 The bioactive fraction was also able to restore the expression of *lys-7*, which encodes an
246 immune-specific lysozyme which facilitates the clearance of bacterial infection through
247 disruption of bacterial cell wall peptidoglycans.⁴⁶ Two plausible reasons could explain the

248 restitution of *lys-7*. A known characteristic of *P. aeruginosa* infection in *C. elegans* is the
249 suppression of host *lys-7* through the subversion of the DAF-2/DAF-16 insulin-like signaling
250 pathway, leading to the downstream transcriptional suppression of several antimicrobial
251 factors, including *lys-7*.⁴⁶⁻⁴⁸ Since the *H. atra* F3 fraction could mutually reduce the
252 production of virulence factors and restore expression of *lys-7* in infected worms, it is
253 possible that the latter observation is a consequence of halting the *P. aeruginosa* virulence
254 activities upstream of the DAF2-DAF16 pathway. This would mimic the effects exerted by
255 a marine brown seaweed extract in overcoming the pathogenicity of PA14 towards *C.*
256 *elegans*.³⁵ The second possible explanation is that *H. atra* also contain compounds capable
257 of directly inducing *lys-7* activities.^{45, 49}

258 Compounds with immunomodulatory activities have been isolated from edible sea
259 cucumber species such as *Cucumaria japonica*, *C. frondosa* and *Stichopus japonicus*.¹²⁻¹⁵
260 Among these anti-infective molecules, polysaccharides are the most studied group.^{15, 50} In
261 addition, some triterpene glycosides, which are prominent secondary metabolites in sea
262 cucumbers, also possessed immune-boosting effects.¹⁰ Two examples, cucumariosides and
263 frondoside, were reported to promote cellular immunity through stimulation of
264 phagocytosis and lysosomal activities.^{12, 14, 51} In this study, the main constituents detected
265 in the bioactive *H. atra* fraction are aspidospermatidine and inosine. Aspidospermatidine is
266 an indole alkaloid, a large and growing group of potentially useful marine-based
267 metabolites.⁵² Elsewhere, alkaloids have been identified in *H. atra* extract.⁴² Indole and its
268 derivatives have been demonstrated to repress the *P. aeruginosa* QS system, leading to
269 diminished production of protease, pyocyanin and biofilm.⁵³⁻⁵⁵ Inosine, a deaminated
270 product of adenosine, has also been highlighted elsewhere as having immunomodulatory and
271 neuroprotective properties.⁵⁶⁻⁵⁸

272 **5. Conclusions**

273 Using *C. elegans* as host model organism, we propose that *H. atra* has anti-infective
274 properties against *P. aeruginosa*. A bioactive fraction of this sea cucumber species inhibits
275 the production of pathogen virulence factors. Concomitantly, *H. atra* also restored the
276 expression level of host *lys-7*. Collectively, this signifies an *in vivo* anti-infective capacity
277 in *H. atra* which maybe mitigate concerns related with drug resistant pathogens.

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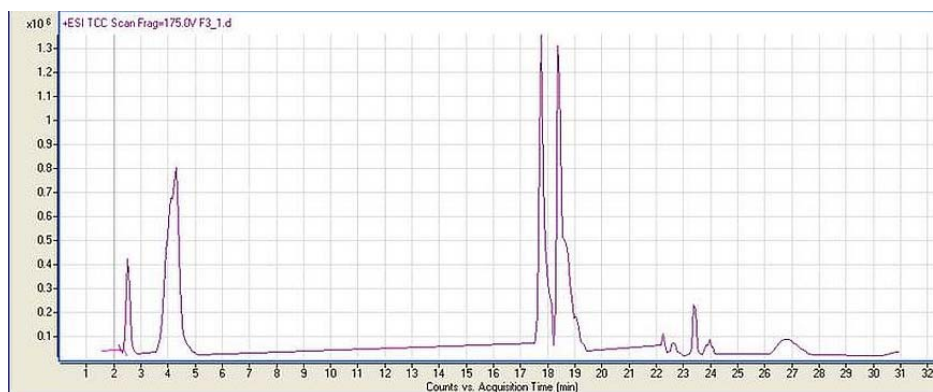
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458 **Table 1.** Aspidospermatidine and inosine, the main compounds identified in F3
459 fraction of *Holothuria atra*

ESI-MS RT (min)	Detected ion (<i>m/z</i>) [M-H] ⁻	Fragments	Molecular Formula	Identification
17.764	266.1789	266, 144, 136, 130	C ₁₈ H ₂₂ N ₂	Aspidospermatidine
18.395	268.194	268, 215, 185, 136, 133, 109, 93, 82, 54	C ₁₀ H ₁₂ N ₄ O ₅	Inosine

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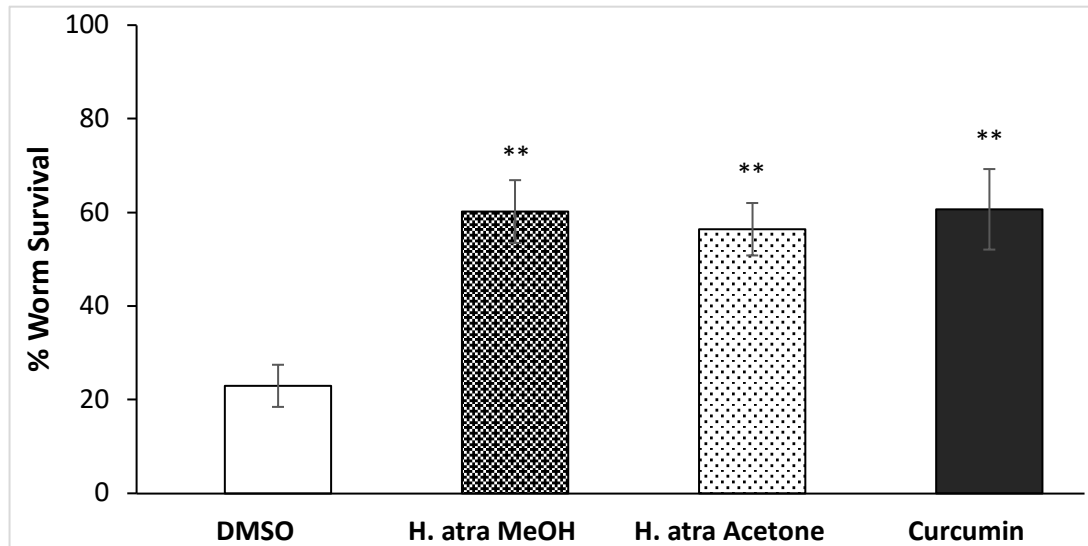
464 **Supplementary 1**

465 The antimicrobial effect of *Holothuria atra* on *P. aeruginosa* PA14 as determined by Minimum
466 Inhibitory Concentration (MIC) test*.

Samples	Concentration ($\mu\text{g/mL}$)				
	25	50	100	500	1000
<i>Holothuria atra</i> -methanol	-	-	-	-	-
<i>Holothuria atra</i> -fraction F3	-	-	-	-	-
Streptomycin**			+		

467 * + denotes inhibition; – denotes no inhibition of PA14 growth

468 ** 100 ug/ml streptomycin was used as control



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Figure 1. Improved survival of *P. aeruginosa* PA14-infected *C. elegans* at 48 hours after treatment with *Holothuria atra* extracts (200 µg/mL). The methanol extract showed the highest percentage of survival. Data were analyzed using Student's *t*-test where ** denotes significance at $p < 0.01$ when compared to 0.5% DMSO treatment. Curcumin was used as positive control.

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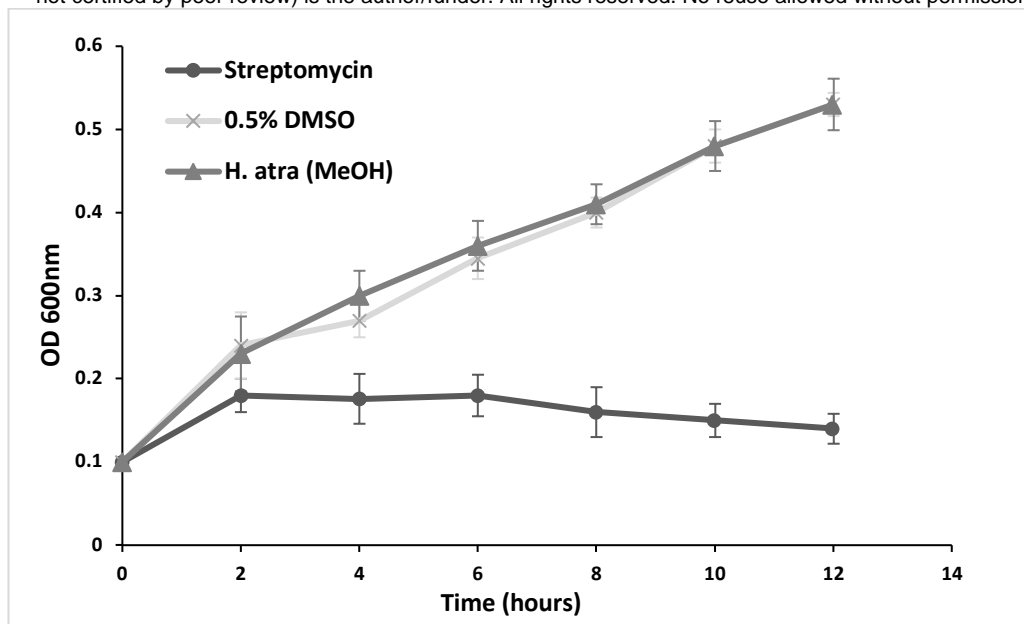
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Figure 2. Hourly growth rate of *P. aeruginosa* PA14 in the presence of 200 µg/mL *Holothuria atra* methanolic extract. Growth was comparable to 0.5% DMSO treatment while streptomycin (100 µg/mL) reduced bacterial proliferation.

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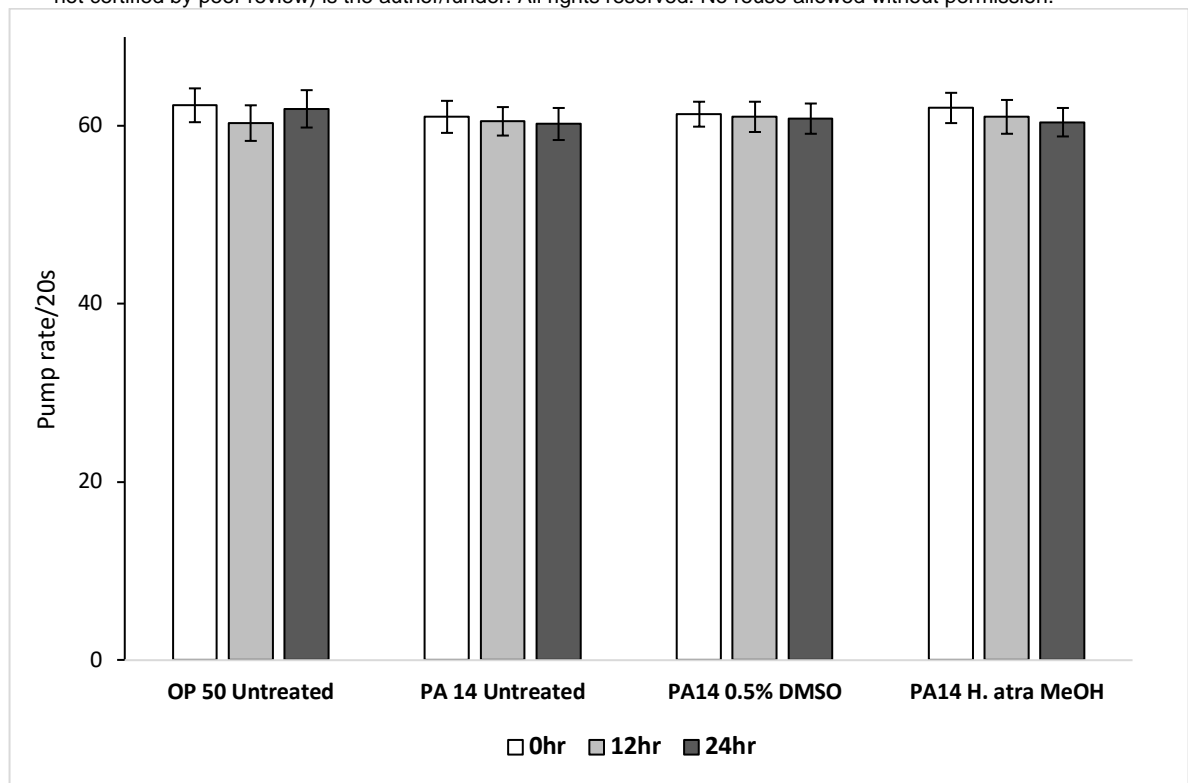
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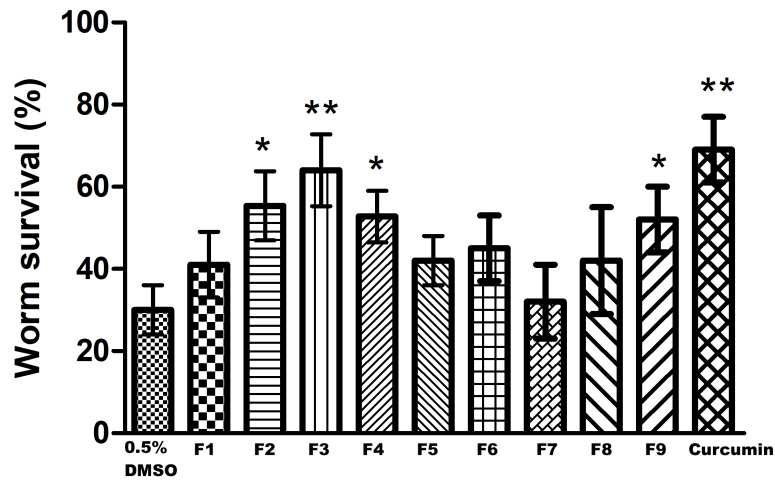


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Figure 3. Pharyngeal pumping rate of *C. elegans* fed *E. coli* OP-50, *Pseudomonas aeruginosa* PA14 untreated, PA14 treated with 0.5% DMSO and PA14 treated with *Holothuria atra* methanol extract at 200 µg/mL at 0, 12 or 24hr after treatment. Values were compared to 0.5% DMSO treatment for each respective hr after treatment using Student's *t*-test at $p < 0.05$ and $p < 0.01$, respectively.

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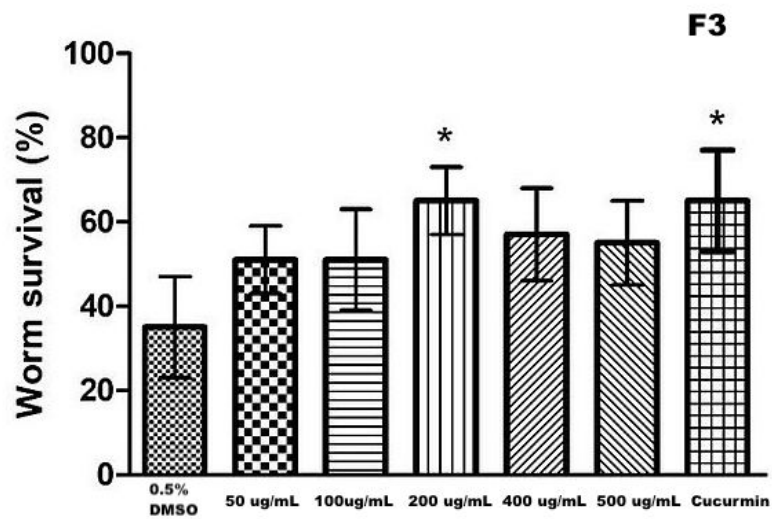
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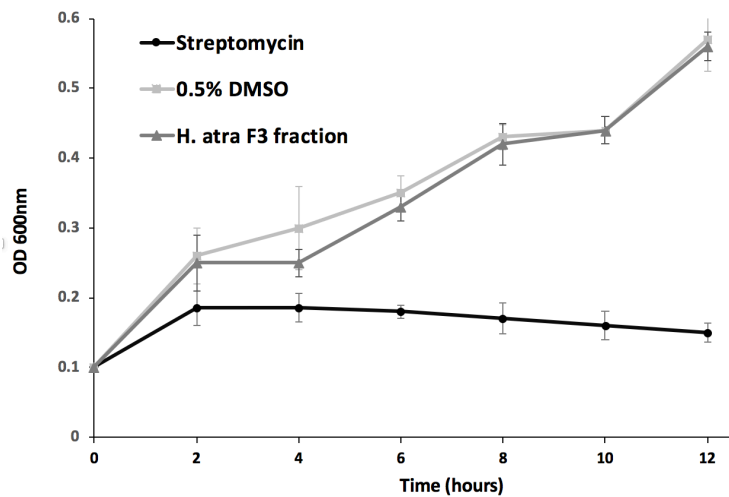
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78 **Figure 4.** A) Survival of *P. aeruginosa* PA14-infected *C. elegans* at 48 hours after
79 treatment with *Holothuria atra* fractions F1-F9. The F3 fraction showed the
80 highest percentage of survival. Data were analyzed using Student's *t*-test where *
81 and ** denotes significance at $p < 0.05$ and $p < 0.01$ respectively when compared to
82 0.5% DMSO treatment. Curcumin, used as positive control, also prolonged worm
83 survival significantly. B) Dose dependent response of *P. aeruginosa* PA14-infected
84 *C. elegans* at 48 hours after treatment with *Holothuria atra* fraction F3. Data were
85 analyzed using Student's *t*-test where * at $p < 0.05$ when compared to 0.5% DMSO
86 treatment. Curcumin, as positive control, also prolonged worm survival
87 significantly. C) Hourly growth rate of *P. aeruginosa* PA14 in the presence of 200
88 $\mu\text{g/mL}$ *Holothuria atra* fraction F3. Growth was comparable to 0.5% DMSO
89 treatment while streptomycin (100 $\mu\text{g/mL}$) reduced bacterial proliferation.

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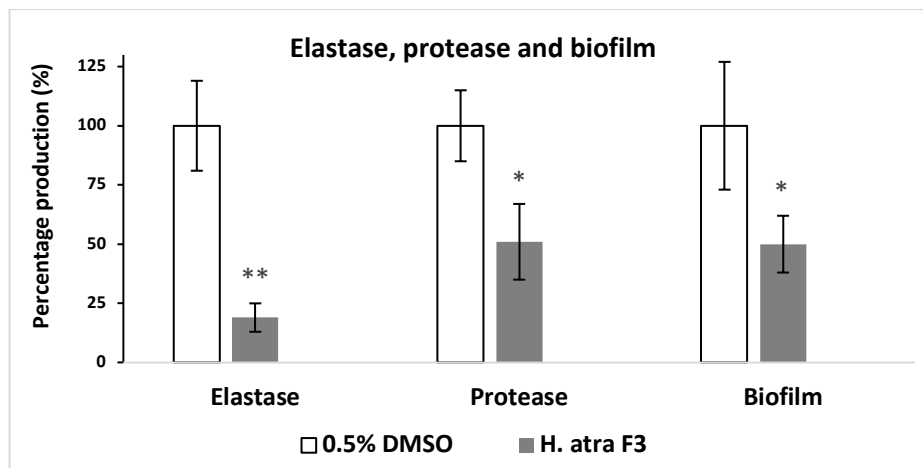
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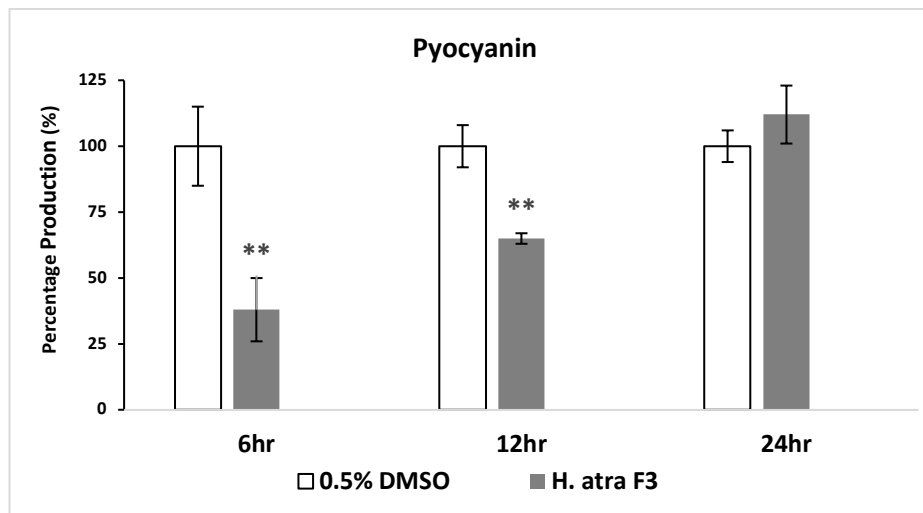


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Figure 5 Effect of *Holothuria atra* F3 fraction on production of *P. aeruginosa* PA14 virulence factors (A) Reduced production elastase, protease and biofilm at 24 hr after exposure to F3 (B) Reduced pyocyanin production at 6 and 12 hr after exposure. Data were analyzed using Student's *t*-test where * and ** denotes significance at $p < 0.05$ and $p < 0.01$ respectively when compared to 0.5% DMSO treatment.

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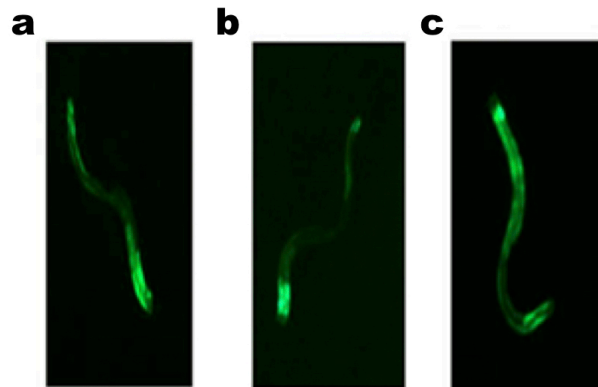
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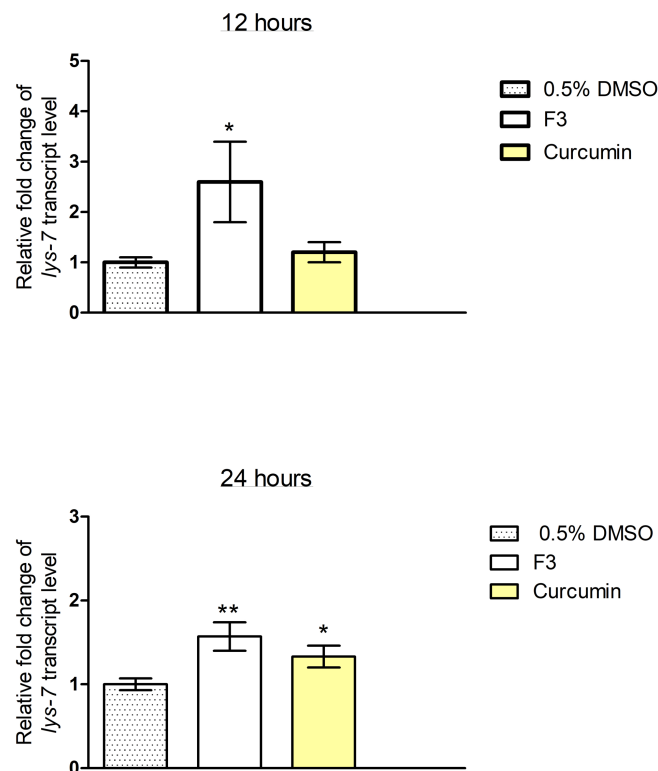
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Figure 6. A) *Holothuria atra* restore *lys-7* expression in *P. aeruginosa* PA14 infected *C. elegans*. Representative fluorescence micrographs (60x magnification) of transgenic *lys-7::GFP* worms fed with *E. coli* OP50 (a), infected with *P. aeruginosa* PA14 and treatment with 0.5% DMSO (b), infected with *P. aeruginosa* PA14 and treatment with F3 (c). Images were captured at 12 hr after treatment. (B) qPCR of *C. elegans lys-7* in PA14 infected worms treated with 0.5% DMSO, *H. atra* F3 fraction or curcumin at 12 or 24 hrs. Data were analyzed using Student's *t*-test where * and ** denotes significance at $p < 0.05$ and $p < 0.01$ respectively when normalized to 0.5% DMSO treatment.