A physiological approach to the ecology and evolution of flowers

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Abstract

For most angiosperms, flowers are critical to reproduction because they increase rates of outcrossing. Flowers are highly variable in numerous traits, including size, shape, and color. Most of this variation is thought to have arisen due to selection by pollinators. Yet, non-pollinator selection is increasingly being recognized as contributing to floral trait evolution. One such non-pollinator agent of selection that often opposes pollinator selection includes the physiological and resource costs of producing and maintaining flowers. Yet, our understanding of the physiological function of flowers remains limited. Here I argue for a comparative, physiological framework for studying flowers and highlight recent work elucidating some of the basic physiological structure-function relationships of flowers and apply an energy balance model to show how two pollination traits (flower size and flower color) can interact with physiological traits. This modeling shows that (1) physiologically meaningful estimates of flower size can be easily gleaned from available floras, (2) the range of flower size most common in the California flora is the range in which complex, non-linear dynamics in flower energy balance occur, and (3) that intraspecific variation in flower color can, by these conservative estimates, cause large (up to 8°C) changes in flower temperature. The strong interaction between pollination traits (flower size and color) and physiological traits (surface conductance to water vapor) suggests that a more unified framework for understanding the evolution of floral form and function would include physiological traits that represent the costs of flower production and maintenance.

Introduction

It is commonly assumed that an organism's phenotype is the result of adaptation. Selection, it is thought, hones the various traits of an organism to best maximize fitness in the ecological context in which the organism thrives. The fundamental challenge facing an organism is, therefore, one of allocation: how to allocate its limited resources in order to maximize survival and reproduction. But simply observing the diversity of plant life makes obvious the fact that there is no single solution to this problem. Allocation even to reproductive structures–whose function is most immediately tied to fitness–can vary, in terms of biomass, from 1-60% among plant species (Bazzaz et al. 1987). One way to reconcile the presumption of maximizing fitness with the obvious diversity of phenotypes has been with optimality models (e.g. Parkhurst and Loucks 1972; Givnish and Vermeij 1976; Ashman and Schoen 1994). These models define cost and benefit functions, which, when solved under varying conditions, yield a variety of optimal solutions. In evolutionary models, the number of equally fit solutions increases and the maximum fitness of any one of them decreases as the number of constraints or selective agents increases (Niklas 1994). Put simply, phenotypic diversity increases as organisms must perform more tasks.

Defining the costs of plant structures for optimality models is inherently a question of physiology–what are the costs of producing and maintaining the structure? The most common currency of cost is carbon, which is a basic component of plant structures and is necessary for respiration. For photosynthetic structures, such as leaves, water is also considered a cost because the diffusion of CO_2 from the atmosphere into the leaf requires that water be evaporated. As a result, optimal leaf size and shape can be predicted for different environmental conditions based on the carbon and water costs of construction and maintenance, the carbon benefits of photosynthesis, and the various environmental factors (light, temperature, humidity) that influence the biochemical pathways inside leaves (Parkhurst and Loucks 1972; Givnish and Vermeij 1976). Thus, the factors that generate phenotypic diversity are those that influence the cost and benefit functions, which are typically in terms of carbon and water.

For flowers, however, benefit functions are defined by ovule fertilization and pollen
dissemination (e.g. Ashman and Schoen 1994). Since the recognition and articulation of the
role of flowers in plant reproduction over two centuries ago (Sprengel 1793; Sprengel
1996; Vogel 1996), there has, rightfully, been a strong emphasis on characterizing the
diversity of floral form and the adaptive value of various floral traits. These studies have
elaborated the numerous floral traits that can be involved in pollinator interactions (Kevan
and Baker 1983; Fenster et al. 2004), have detailed how different floral morphological
traits are associated with different pollinators (e.g. Whittall and Hodges 2007), and have
shown how certain combinations of floral characters are likely more advantageous than
others (Stebbins 1951a; O'Meara et al. 2016). Yet, the costs of flowers–the resources
associated with their production and maintenace (Reekie and Bazzaz 1987a; Reekie and
Bazzaz 1987b)–have received notably less attention (Gleason 2018), despite their key role
in determining fundamental traits, such as longevity (Ashman and Schoen 1994) and
despite the tradeoff between resource investments in reproduction and leaf function
(i.e. gas exchange and growth; Bazzaz et al. 1987; Reekie and Bazzaz 1987c; Galen et al.
1999). Furthermore, the maintenance costs of flowers–e.g. rates of respiration–can better
predict future reproductive effort than their static production costs (Ashman 1994). Thus,
characterizing the adaptive accuracy of flowers for their pollination function may ignore
important physiological factors that may also exert substantial influence over floral form
and evolution.

Although pollinators are still considered the primary drivers of floral traits (Fenster et al.
2004), over the last few decades the role of resource availability have been increasingly
acknowledged as important factors shaping floral traits (Sapir 2017; Sapir and Ghara
2017). Because non-pollinator agents of selection often oppose pollinator selection, there is
often a tradeoff between these competing agents (Galen 1999; Strauss and Whittall 2006).
Despite the importance of these non-pollinator agents of selection, little effort has been
made to fully characterize the physiological costs of flowers and the evolution of traits
underlying these costs. While studies focused on one or a few species help to elucidate
physiological mechanisms (e.g. Galen et al. 1999; Chapotin et al. 2003; Roddy and Dawson
2012; Teixido and Valladares 2014a; Teixido and Valladares 2015; Roddy et al. 2018), a

comparative, macroevolutionary framework is critical to understanding the long-term, net
impacts of variation in floral physiological traits on evolutionary dynamics and to
distinguishing the developmentally possible from the selectively advantageous.
Furthermore, the climate is changing faster than even the most aggressive models have
predicted (Raupach et al. 2007), driving major shifts in phenology (Fitter and Fitter 2002;
Parmesan and Yohe 2003) and plant investment in reproduction (Wright and Calderon
2006). These phenological shifts have physiological underpinnings and implications.
Understanding the physiology of flowers is, therefore, critical to understanding the causes
and consequences of shifting flowering time on plant function and evolution.

Here I have three aims. First, I argue for a more comparative approach to studying floral
physiology and show how existing data may be used to address basic but unanswered
questions about floral ecology and evolution. Second, I summarize recent research
elucidating the physiological traits of flowers, focusing primarily on hydraulic architecture,
and layout a series of hypotheses about the evolution of hydraulic structure-function
relationships in flowers. Finally, I apply an energy balance modeling approach to show how
traits important to pollinator interactions can have physiological implications. My
approach here is, by no means, comprehensive; rather, I aim to showcase how a biophysical
perspective can elucidate new insight into floral form, function, and evolution.

Towards a comparative physiology of flowers

Since the pioneering studies of Kohlreuter and Sprengel (Sprengel 1793; Sprengel 1996;
Vogel 1996), floral biology has been predominated by focused studies on single species or
closely related taxa. Broad, macroevolutionary studies of floral trait evolution have focused
on highly conserved and/or easily measurable traits (Stebbins 1951a; Sargent 2004; Reyes
et al. 2016). The diversity and complexity of floral form, the difficulty of measuring
structures as delicate and as ephemeral as flowers, and concerns over homology have all
likely precluded efforts of broader, macroevolutionary studies of flowers. While intense,
focused studies on single species and closely related taxa remain fundamentally important
for experiments, these studies should be complemented by broader analyses of more
species and traits.

However, the great diversity of flowers inevitably raises concerns in evolutionary studies
about comparisons of non-homologous structures. These concerns about homology are
inherently related to developmental homology. Our continued exploration of the genetic
mechanisms underlying floral development in new, non-model lineages has required that
the elegant ABC model of flower development be ever altered to accommodate the nuances
from more lineages (Soltis et al. 2007; Specht and Bartlett 2009). That differentiated
corollas have evolved multiples times among the angiosperms (Irish 2009) should not
dissuade us from macroevolutionary studies, nor should concerns over homology severely
limit what taxa we sample. Planar leaves likely evolved multiple times, but that has not
precluded comparisons of traits among these independent origins of leaf form. The
diversity of floral development and the numerous times certain floral traits have evolved
should be heralded as hallmarks of convergent evolution: while flowers may not be
developmentally homologous they are, in many ways, *functionally* homologous. That
morphologically similar structures have repeatedly evolved could be taken as evidence of
their importance but, even more assuredly, should be taken as evidence of the genetic and
developmental lability that has allowed the repeated evolution of complex traits. Focusing
on the physiological functions of structures can enable new avenues of research, much as it
has done in other aspects of the plant sciences.

The field of plant functional biology has, over the last three decades, developed a set of
standard protocols for measuring leaf traits–both anatomical and physiological–which has
galvanized research on the variation in these traits and led to the development of a
conceptual framework describing the evolution of suites of traits (Wright et al. 2004; Reich
2014). While this approach has extended to research on stems and roots (Chave et al. 2009;
Roumet et al. 2016), flowers and fruits have remained notably absent from this framework.
Ignoring concerns over homology, we should develop a more cohesive framework of what
traits may be useful for determining the functional dimensions and tradeoff axes of flowers.
From an ecophysiological perspective, traits related to the metabolic currencies–carbon,
water, nutrients–are most interesting, as are traits that are directly related to pollination,
such as flower size. One immediate source for data on many species are floras, which

commonly contain basic information about floral traits such as color and size. But can data
from floras be reliably used to estimate flower size?

I tested the utility of flower size estimates available from floras by comparing
measurements of the surface area of flowers to reports of flower size from the regional
flora of California (Jepson eFlora, 2015). I measured the two-dimensional, projected
surface area of floral perianths on fully expanded flowers of 43 species from 29 families
growing at the University of California Botanical Garden. Flowering shoots were excised,
the cut shoot surfaces immediately recut underwater, and the shoots transported back to
the laboratory where flowers were dissected. The calyx and corolla structures were
individually placed on a flatbed scanner, and their areas measured using ImageJ (Rueden et
al. 2017), totaled per flower and averaged per species. This provided two potential
estimates of flower size: one in which the corolla and calyx structures were summed and
one in which only the corolla structures were included (for flowers lacking a differentiated
perianth, such as monocots and magnoliids, I included all tepals). For these 43 species, I
extracted estimates of flower size from the Jepson eFlora (2015), which were reported as
either petal length or flower diameter and often included a minimum and maximum.
Because measurements of flower size were in units of area (i.e. square centimeters),
reports from the flora needed to be converted into similar units for comparison. I averaged
the minimum and maximum measurements reported in the flora and made two
assumptions to convert these estimates into units of area: (1) that flowers are circular, and
(2) that the length of a petal was equivalent to the radius of this circle. These assumptions
were probably safer for actinomorphic flowers than zygomorphic flowers. I used standard
major axis regression (R package "smatr"; Warton et al. 2012) to compare the slopes and
intercepts in the relationships between predicted and measured flower size. Flower size
estimated from the flora was a strong predictor of actual flower size, for whole flowers (R^2
= 0.63, P < 0.0001; Figure 1a) and for corollas (R^2 = 0.65, P < 0.0001; Figure 1b). For neither
relationship was the slope significantly different from unity (P = 0.45 and P = 0.69,
respectively), suggesting that with a sufficient number of species, estimates of flower size
from floras may be reliable estimates for physiologically meaningful measurements. This
result enables mining published floras for data on flower size, a trait that is known to be

important to pollination but for which there has been no consistent method for
measurement.

Centering metabolism in macroevolutionary studies of flowers

The origin and early diversification of the flowering plants may not have presaged the
grandeur of their future. The first angiosperms were most likely ruderal and adapted to
living under the dominant ferns and gymnosperms (Stebbins 1951b; Feild et al. 2004). The
many unique traits that have come to characterize the angiosperms either predated the
crown group angiosperms or were not all present in their origin (Doyle and Donoghue
1986; Sanderson and Donoghue 1994; Crane et al. 1995). Yet the angiosperms rapidly
diversified, accumulating novel traits–new reproductive structures, new anatomical
features that facilitated higher rates of metabolism–that enabled them to dominate
ecosystems globally and further promoted their diversity and dominance (Bond 1989;
Crepet and Niklas 2009; Brodribb and Feild 2010; Boer et al. 2012; Simonin and Roddy
2018). Traditionally, innovations in floral reproductive traits were thought to have been
the primary drivers of angiosperm diversity (Sanderson and Donoghue 1994; Crepet and
Niklas 2009), but more recent work has suggested that their ecological dominance–and
also possibly their diversity–may be due to factors linked to metabolism (Brodribb and
Feild 2010; Boer et al. 2012; Simonin and Roddy 2018). While the earliest angiosperms
were likely drought-intolerant with low physiological rates (Feild and Arens 2007; T. S.
Feild, D. S. Chatelet, et al. 2009), subsequent lineages rapidly developed smaller, more
densely packed cells that allowed unprecedented rates of primary metabolism and
expanded their metabolic scope (Simonin and Roddy 2018).

Central to this emerging perspective about early angiosperm evolution and subsequent
dominance is that the need to supply resources for primary metabolism (photosynthesis) is
a main selective agent driving innovation throughout the bauplan. Because the diffusion of
CO_2 into the leaf mesophyll requires that stomata on the leaf surface open, the wet internal
surfaces of the leaf are exposed to a desiccating atmosphere. In this way CO_2 uptake is
mechanistically coupled to the transport of water throughout the leaf such that traits
associated with water supply and loss are coordinated (Sack et al. 2003; Brodribb et al.

2005; Brodribb et al. 2007; Scoffoni et al. 2016). Given that most flowers assimilate little

carbon and need not transport large fluxes of water, does this water balance framework

apply to flowers? Early evidence suggests that it does: vein and stomatal densities exhibit

similar interspecific correlations among flowers as they do among leaves (Roddy et al.

2016; Zhang et al. 2018), and flowers obey the same scaling relationships between

hydraulic traits as leaves (Roddy et al. In revision). However, a few key differences exist

between leaves and flowers. While ANA grade and magnoliid leaves have lower vein and

stomatal densities than most eudicots, ANA grade and magnoliid flowers have higher vein

and stomatal densities than monocot and eudicot flowers (Figure 2). The higher rates of

metabolism that smaller, more densely packed cells enable (Simonin and Roddy 2018) are

likely unneccessary in flowers; flowers have lower vein and stomatal densities and larger

cells than their conspecific leaves (Lipayeva 1989; T. S. Feild, David S. Chatelet, et al. 2009;

Roddy et al. 2013; Roddy et al. 2016; Zhang et al. 2018), further suggesting that selection

on metabolism affects anatomical traits in heterotrophic as well as autotrophic organs. This

pattern also suggests that developmental modularity has enabled flower and leaf hydraulic

traits to diverge (Berg 1960; Roddy et al. 2013). Whether high vein and stomatal densities

in flowers are plesiomorphic, however, remains unclear without estimates of these traits

from ancestral lineages.

Reducing the abundance of stomata may have been a key physiological innovation with

cascading consequences on other floral traits. Relaxed from the need to supply high rates of

water to support photosynthesis, flowers could have reduced water loss through their

stomata, which would have allowed the densities of veins to be reduced. This transition

would have reduced both water and carbon costs of flowers and possibly would have

allowed alternative modes of hydration. While *Illicium* (Schisandraceae) and magnoliid

flowers are hydrated by the xylem (T. S. Feild, D. S. Chatelet, et al. 2009; T. S. Feild, David S.

Chatelet, et al. 2009; Roddy et al. 2018), some have argued based on water potential

gradients that eudicot flowers are hydrated by the phloem (Trolinder et al. 1993; Chapotin

et al. 2003). Such a transition in the basic plumbing of a flower would have been a critical

event in floral evolution, but unequivocal evidence for this pattern remains lacking.

Further, other physiological properties, such as high hydraulic capacitance could generate

similar patterns as those considered indicative of phloem-hydration (Roddy et al. 2018).

On an area basis, these transitions in both water and carbon costs seem to have occurred in

the common ancestor of monocots and eudicots, although better sampling of these

divergences is strongly needed (Figure 2). While reducing stomatal densities would have

curtailed maximum transpiration rate, stomata play a critical role in dynamically regulating

water loss in leaves and flowers (Roddy et al. 2018). Without stomata, water loss from

flowers may be entirely unregulated and controlled by epidermal and cuticular traits. The

non-stomatal epidermal conductance of leaves is increasingly being considered an

important trait that may influence drought tolerance (Duursma et al. 2019), and some

evidence suggests it is linked to flower water balance, as well, because it correlates with

vein density and whole-flower hydraulic conductance (K_{flower}; Roddy et al. 2016). If

selection has driven reduced water loss from flowers, then the loss of stomata would have

drastically reduced maximum transpiration rates and any further selection on reduced

water loss may have revealed epidermal and cuticular traits to selection on water balance.

The macroevolutionary patterns in floral hydraulic traits suggest that innovations in floral

water balance may have been a key dimension of floral evolution among early

angiosperms, but do these dynamics play out over contemporary timescales? Correlations

between traits and climate are often taken as strong evidence of natural selection, and

within species larger flowers and floral displays occur in wetter habitats (Lambrecht

2013). Because larger flowers can more readily heat up (see discussion below), the

disproportionate maintenance costs of large flowers leads them to have shorter longevities

(Teixido and Valladares 2014a; Teixido and Valladares 2015), suggesting that physiological

traits related to water balance interact with other traits linked to pollination success

(Teixido and Valladares 2013; Teixido and Valladares 2014b). Because insect pollinators

frequently prefer warmer flowers (Kevan 1975; Dyer et al. 2006), there is likely a tradeoff

between the need to prevent overheating and the benefit of being warmer to attract

pollinators (Patiño and Grace 2002; Patiño et al. 2002). These early results suggest that the

need to maintain water balance may influence key pollination traits and affect floral form

and function over both contemporary and historical timescales.

Physiological implications of pollination traits

In cold habitats, flower shape and orientation are under selection to increase the temperature of the flower microenvironment in order to attract pollinators (Kevan 1975; Stanton and Galen 1989; Atamian et al. 2016). In many cases, then, elevated flower temperatures are beneficial, as they also can be involved in the release and dissemination of floral volatiles (Jakobsen and Olsen 1994; Sagae et al. 2008; Schiestl 2015), a component of pollination interactions that likely predates the angiosperms (Terry et al. 2007; Penalver et al. 2012). But flower temperatures cannot exceed critical temperatures that might hinder pollination and seed development, and so there is a tradeoff between elevating temperatures to attract and reward pollinators and maintaining temperatures cool enough to prevent overheating.

For an individual plant, flowers are almost always positioned at the top of the canopy, where air temperature is warmest and humidity lowest. This placement can have important implications on the energy and water balance of flowers because of high solar radiation and exposure to high windspeeds. For example, in seasonally dry tropical forests, most species flower in the dry season, when rainfall and atmospheric humidity are low and air temperature and solar radiation high, creating conditions of high evaporative demand (Wright and Van Schaik 1994; Wright and Calderon 1995; Wright and Calderon 2006). In the understory, conditions are generally thought to be more stable, but even understory flowers can still overheat to temperatures that induce mortality in carpels and pollen (Patiño and Grace 2002).

One way to regulate temperature is through latent heat loss due to the evaporation of water. Leaves transpire substantial amounts of water through their stomata, but the relatively low abundance of stomata on flower petals (Lipayeva 1989; Roddy et al. 2016; Zhang et al. 2018) suggests their ability to regulate water loss and temperature is limited. Yet, stomatal densities and, thus, maximum transpiration rates, have been measured on relatively few species. Furthermore, many traits that influence energy balance (e.g. color, shape) are more variable in flowers than in leaves, suggesting that the dynamics of floral temperature may be more complicated, particularly because of the multiple selective

pressures acting on flowers. One first step in understanding these dynamics would be to
determine the sensitivity of flower energy balance to variation in traits linked to pollinator
preference. The lower vein and stomatal densities of flowers suggest that they have lower
rates of transpiration, which would hinder their ability to dissipate energy through latent
heat loss. Using energy balance as a framework, I focus here on two flower traits important
to pollinator interactions: flower color and flower size.

To test the sensitivity of flower energy balance to variation in flower size and flower color, I
modeled energy balance using the R package 'tealeaves' (Muir 2019), which enables
manipulation of physiological and environmental parameters. Because these models are
generally applied only to leaves, there is an implicit assumption that the structure being
modeled is planar, and so the temperature modeled is most applicable to a flat petal. In
reality, more complex, three-dimensional shapes would cause deviation from the modeled
temperatures, most likely by reducing transpiration such that the assumption of a flat petal
used in the present analyses would produce lower flower temperatures (T_{flower}) than those
measured under natural conditions. In all model runs, I kept constant solar radiation (1000
W m^{-2}), air temperature (T_{air}, 25°C), relative humidity (50%), and windspeed (2 m s^{-1}). To
examine how flower size and color may interact with water balance to influence T_{flower}, I
varied the total surface conductance to water vapor responsible (g_t) for transpiration and
latent heat loss by using five values for g_t (5, 10, 25, 50, 100 µmol m^{-2} s^{-1} Pa^{-1}) that span the
range of values measured from a phylogenetically diverse set of species (Roddy et al. 2016;
Roddy et al. 2018). For flowers lacking stomata, the epidermal conductance is the primary
contributor to g_t. Further details about the energy balance calculations (e.g. characteristic
dimension, absorptance) are discussed in the relevant sections below. It should be noted
that the environmental parameters I held constant in all models (solar radiation, air
temperature, relative humidity, and windspeed) all influence the calculated flower
temperature (T_{flower}). The modeled T_{flower} results, therefore, reflect the relative effects of the
varied parameters (color, size, g_t) and not the absolute temperatures the flowers may
experience.

Flower color

In order to be seen and visited by a pollinator, a flower must stand out against the green backdrop of leaves and be distinct from other flowers in the community or from closely related species (Spaethe et al. 2001; Peter and Johnson 2008; Hopkins and Rausher 2012; Muchhala et al. 2014). Differences between pollinators in their ability to see colors can help to drive diversity in flower color, often in association with other morphological traits (Whittall and Hodges 2007), but pollinators are not the only selective agent on flower color. Flower color can also change in response to environmental stress, such as temperature, drought, or ultraviolet light, because plant pigments such as anthocyanins are commonly upregulated in response to stress, and they can be expressed in flowers as well as in leaves (Wettberg et al. 2010). Flower color polymorphisms are often linked to environmental gradients (Dick et al. 2011; Arista et al. 2013; Koski and Ashman 2015), further contributing to the high lability of flower color (Rausher 2008; Smith and Goldberg 2015).

The optical properties of flowers are influenced by a variety of factors, including surface texture (e.g. cell shape and cuticle structure; Whitney et al. 2009), internal structure of the mesophyll (Kooi et al. 2016), which can scatter absorbed light, and the type and distribution of pigments throughout the petal (Kay et al. 1981). These factors that influence floral color profiles can also influence flower energy balance and water relations. The surface texture of petals can have a significant impact on the amount of light–and, by extension, energy–that is reflected or absorbed (Gorton and Vogelmann 1996; Kooi et al. 2015; Vignolini et al. 2015). Epidermal cell structure and cuticle properties directly influence wettability (Taneda et al. 2015), which determines whether water droplets roll off the petal or can be absorbed. Absorption of water through the epidermal surface can be a critical source of water for leaves (Berry et al. 2018), mitigating water potential declines that develop throughout the course of the day by harvesting small amounts of intercepted precipitation that might not otherwise penetrate the soil surface be accessible by the roots. Furthermore, how pigments are distributed in the different tissues would influence light penetration through the petal (Kooi et al. 2016) and where energy is absorbed and

dissipated through evaporation. Darker pigmentation leads to higher absorptance,

elevating flower temperature, but latent heat lost to transpiration prevents overheating of

the floral microenvironment (Patiño and Grace 2002). Yet, the effects of flower color on

energy balance have not been fully explored.

To test for the effects of flower color on energy balance, I measured incoming solar

irradiance on a representative sunny day and reflectance and transmittance profiles of

white, pink, and red flowers of *Dodecatheon* sp. (Primulaceae) using an Ocean Optics S2000

spectrometer (Ocean Optics, Largo, Florida, USA) with sensitivity between 400 and 900 nm.

Absorptance profiles were calculated as the difference between unity and the sum of the

reflectance and transmittance profiles. While the white flower had near uniform

reflectance and absorptance across the visible waveband, the red and pink flowers had

higher absorptance below 650 nm (Figure 3a,b). The red flower had near complete

absorptance in the 400-600 nm band. These differences in absorptance were expected to

drive differences in temperature. Using a representative spectrum for incoming solar

radiation, I calculated a weighted average absorptance as:

$$\overline{A} = \frac{\sum(A \cdot \%E_e)}{\sum(\%E_e)}$$

where A is the absorptance at each wavelength and $\%E_e$ is the intensity of that wavelength

scaled to the maximum intensity of the incoming solar radiation. The weighted average

absorptances for the white, pink, and red flowers were 0.29%, 26.8%, and 64.2%,

respectively. I tested how these differences in absorptance may interact with the total

conductance to water vapor by calculating leaf temperature at all combinations of these

traits, using the conditions listed above.

Both flower color (absorptance) and g_t had strong effects on T_{flower}. Darker flowers were

hotter, but these elevated temperatures were offset by higher g_t (Figure 3c). Varying g_t

twenty-fold caused T_{flower} to change about 3.5°C for white flowers, about 5.5°C for pink

flowers, and almost 8°C for red flowers. Meanwhile, at a g_t of 100 µmol m^{-2} s^{-1} Pa^{-1}, red

flowers were more than 3°C warmer than white flowers, but at a g_t of 5 µmol m^{-2} s^{-1} Pa^{-1},

red flowers were about 7°C warmer than white flowers. The effects of flower color were

most pronounced at low g_t values, in the range of values for many monocots and eudicots

(Roddy et al. 2016), suggesting that small changes in stomatal abundance and epidermal

conductance can have large impacts on energy balance. It is important to note that these

energy balance simulations were run with a windspeed of 2 m s^{-1}, and windspeeds lower

than this would lead to higher T_{flower}.

Flower size

Two of the most well studied morphological characteristics of flowers are their size and

shape. Flower size can vary at all taxonomic scales, including within individual plants.

Flower size is thought to be under strong pollinator selection, particularly for pollinators

that use visual cues, with larger flowers attracting more pollinators. But flowers are not

universally large, and the complexity of their shape has hindered progress toward

understanding the evolution of flower size. Furthermore, flower size can evolve extremely

rapidly (Davis et al. 2007). Yet, despite its importance to plant-pollinator interactions,

flower size has been absent from macroevolutionary studies of floral traits (Sauquet et al.

2017).

Beyond the structural costs of building a large flower, are there physiological costs and

tradeoffs associated with the maintenance of flowers that are driven by variation in flower

size? To examine how variation in flower size interacts with g_t to influence T_{flower}, I used the

estimates of flower size from the California flora described above to parameterize the

range in flower size used in the energy balance model. Most species in the dataset had

relatively small flowers, below 20 cm^2 (Figure 4a). To test for the effects of flower size on

energy balance, I set absorptance to 0.268, which is equivalent to the pink flower modeled

above, and varied flower size in the energy balance model by assuming that the

characteristic dimension that represents size in energy balance models was equivalent to

flower diameter. I varied this characteristic dimension from 0.5 cm to 12 cm, which

represents variation in corolla surface area from approximately 0.2 cm^2 to 113 cm^2, the

range observed among the California flora (Figure 4a).

Variation in flower temperature depended primarily on g_t and, secondarily, on flower size

for a given flower color (Figure 4b). The effects of a proportional change in g_t were much

larger at lower values of g_t. For example, reducing g_t from 25 to 5 μmol m^{-2} s^{-1} Pa^{-1}, within

the range of epidermal conductances reported for monocots and eudicots caused an

approximtely 2.5°C increase in T_{flower}. Thus, reducing g_t by reducing stomata can have large

and significant impacts, and the proportional reduction of g_t by eliminating a single stoma

are even greater among small-flowered species. Above a surface area of approximately 15

cm^2, flower temperature increased for all values of g_t, although the effects were relatively

small (less than 0.5°C). However, below approximately 15 cm^2, flower size impacts on

T_{flower} were more variable. For very small flowers, increasing flower size decreased T_{flower},

but this effect quickly dissipated such that increasing corolla area up to approximately 15

cm^2 drove increases in T_{flower} by almost 0.5°C. Coincidentally, these large effects of small

changes in flower size on T_{flower} occurred in the range of flower sizes that are most common

among the species sampled (Figure 2a).

The morphological complexity of flowers complicates more accurate modeling of flower

energy balance. For these simulations, I assumed flowers were planar, but many flowers

are curved or tubular, both of which would reduce latent heat loss by increasing boundary

layer resistance causing an incrase in T_{flower}. Nonetheless, this sensitivity analysis shows

that nonlinear dynamics in the energy balance model may be particularly important for

small-flowered species, which predominate the Mediterranean-type climate of California.

Conclusions

Despite their ephemerality, flowers are a critical component of the plant life cycle, and their

physiology is intimately tied to their performance. While pollinators are likely the primary

selective agents acting on flowers, the physiological costs of flower production and

maintenance often oppose pollinator selection and, therefore, can directly impact their

form and function. Centering metabolism in our study of flowers has begun to yield new

insights into the function of flowers. I have shown here that physiological traits and

pollination traits can interact in complex ways. These results highlight the need to more

fully characterize the diverse tradeoffs between pollination traits and physiological traits

and how the interactions between these types of traits influence floral trait disparity and

diversity. Furthermore, more rigorous quantification of the physiological costs of flowers

will help to address fundamental questions in floral evolution. Early evidence from

macroevolutionary patterns of floral physiological traits suggests that reducing the costs of

flowers would have relaxed the strength of non-pollinator selection and allowed floral

traits to more rapidly and more closely track pollinator preference. Only by more fully

understanding the physiological traits of flowers will we be able to more completely

understand the many dimensions of their past and future evolution in response to a

changing climate.

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Figure legends

Figure 1. The scaling of measured flower surface area and the surface area predicted from
descriptions for 43 species in the California flora. (A) The measured surface area is the
total surface area of the calyx and corolla structures. (B) The measured surface area of only
the corolla structures. In both figures, point colors correspond to clade membership (blue
= magnoliids, orange = monocots, red = eudicots), the solid line is the 1:1 relationship, the
dashed line and the grey shading represent the estimated standard major axis regression
and its 95% confidence intervals.

Figure 2. Variation in floral physiological and structural traits among extant angiosperm
clades (modified from Roddy et al. (2016) with permission from the publisher). Traits are
standardized and include whole-flower hydraulic conductance (K_{flower}), vein density,
minimum epidermal conductance to water vapor (g_{min}), stomatal pore area index (a
function of stomatal density and stomatal size), and corolla dry mass per projected surface
area. Images show stomata (left) and veins (right) for leaves and flowers of two species,
(top) *Calycanthus occidentalis* (Calycanthaceae) and (bottom) *Rhododendron*
davidsonianum (Ericaceae). Outlines and colors indicate clade affinity (grey = ANA grade,
blue = magnoliids, orange = monocots, red = eudicots). Scale bars for images of stomata are
100 μm and for images of veins are 1 mm.

Figure 3. (A) Absorptance and (B) reflectance spectra for three *Dodecatheon* sp. flowers
that differ in flower color (grey lines = white flower, pink lines = pink flower, red lines = red
flower). (C) The modeled differences between between flower temperature (T_{flower}) and air
temperature (T_{air}) as a function of absorptance and the total surface conductance to water
vapor (g_t). Numbers indicate the value of the g_t isoclines (5, 10, 25, 50, 100 μmol m^{-2} s^{-1} Pa^{-1}
$^{-1}$), and colored points represent the values for the three measured flowers.

Figure 4. (A) Histogram of the two-dimensional projected surface area of flowers from the
California flora (n = 43 species). (B) The modeled differences between flower temperature
(T_{flower}) and air temperature (T_{air}) as a function of flower size and the total surface
conductance to water vapor (g_t). Numbers indicate the value of the g_t isoclines (5, 10, 25,
50, 100 μmol m^{-2} s^{-1} Pa^{-1}).

standardized trait value

K_{flower}
vein density
g_{min}
stomatal pore area
dry mass per area