# Classifying drugs by their arrhythmogenic risk using machine learning

Francisco Sahli Costabal, Kinya Seo, Euan Ashley, Ellen Kuhl

# Classifying drugs by their arrhythmogenic risk using machine learning

Francisco Sahli Costabal, Kinya Seo, Euan Ashley, Ellen Kuhl

**Abstract.** An undesirable side effect of drugs are cardiac arrhythmias, in particular a condition called torsades de pointes. Current paradigms for drug safety evaluation are costly, lengthy, and conservative, and impede efficient drug development. Here we combine multiscale experiment and simulation, high-performance computing, and machine learning to create an easy-to-use risk assessment diagram to quickly and reliable stratify the pro-arrhythmic potential of new and existing drugs. We capitalize on recent developments in machine learning and integrate information across ten orders of magnitude in space and time to provide a holistic picture of the effects of drugs, either individually or in combination with other drugs. We show, both experimentally and computationally, that drug-induced arrhythmias are dominated by the interplay of two currents with opposing effects: the rapid delayed rectifier potassium current and the L-type calcium current. Using Gaussian process classification, we create a classifier that stratifies safe and arrhythmic domains for any combinations of these two currents. We demonstrate that our classifier correctly identifies the risk categories of 23 common drugs, exclusively on the basis of their concentrations at 50% current block. Our new risk assessment diagram explains under which conditions blocking the L-type calcium current can delay or even entirely suppress arrhythmogenic events. Using machine learning in drug safety evaluation can provide a more accurate and comprehensive mechanistic assessment of the pro-arrhythmic potential of new drugs. Our study shapes the way towards establishing science-based criteria to accelerate drug development, design safer drugs, and reduce heart rhythm disorders.

**Keywords.** Machine learning; drug screening; torsades de pointes; multiscale modeling; cardiac electrophysiology

# 1 Introduction

Developing a new drug is an expensive and lengthy process. The estimated average cost to design and approve a new drug is \$2.5 billion [1] and the time to market from the initial discovery into the pharmacy is at least ten years [2]. Numerous drugs, not just cardiac drugs, interact with specific ion channels in the heart and can induce serious rhythm disorders [3]. The current gold standard to assess the pro-arrhythmic potential of a drug is to measure the block of a specific potassium channel in single cell experiments [4] and the duration of ventricular activity in animal models and healthy human volunteers [5]. Undeniably, pro-arrhythmic risk evaluation is critical to avoid introducing dangerous drugs to the market, but the high cost and long time to test new compounds often impedes the discovery of new drugs [6]. Also, the poor specificity of potassium channel block alone to assess pro-arrhythmic potential generates a lot of false-positives and prevents many potentially useful drugs from ever reaching the market [7]. Computational modeling and machine learning could significantly accelerate the early stages of drug development, guide the design of safe drugs, and help reduce drug-induced rhythm disorders.

# Torsades de pointes is a serious side effect of many drugs

A common adverse reaction of many drugs is torsades de pointes, a ventricular arrhythmia characterized by rapid, irregular patterns in the electrocardiogram [8]. Most episodes of torsades de pointes begin spontaneously and revert to normal sinus rhythm within a few seconds; but some persist, degenerate into ventricular fibrillation, and lead to sudden cardiac death, even in patients with structurally normal hearts [9]. In the United States, more than 350,000 sudden cardiac deaths occur each year, but the true incidence of torsades de pointes is largely unknown [10]. Increasing evidence suggests that early afterdepolarizations play a critical role in generating of torsades de pointes [11]. Early afterdepolarizations are oscillations during the repolarization phase of the cellular action potential that result from a reduced outward current, an increased inward

current, or both [12]. The theory of nonlinear dynamics can help explain the ionic basis of early afterdepolarizations [13]; yet, it remains unclear which ion channels have the strongest effect on creating or suppressing early afterdepolarizations. A better quantitative understanding of the relevant ionic currents would significantly reduce the design space and accelerate drug screening in the early stages of drug development.

### Machine learning can help accelerate drug development

Leading pharmaceutical companies have long recognized the potential of machine learning, especially during the early stages of drug development: On the protein and cellular levels, machine learning can help identify efficient drug targets, confirm hits, optimize leads, and explain the molecular basis of therapeutic activity [14]. On the tissue and organ levels, machine learning can guide pharmacological profiling and predict how a drug that was designed in the lab will affect an entire organ [15]. While using machine learning in the early stages of drug design, target selection, and high throughput screening is almost standard today, the potential of machine learning in the later stages of drug development, toxicity screening, and risk stratification has not been recognized to full extent [16]. A promising application of machine learning in the context of cardiotoxicity is to combine several experimentally measured and computationally simulated features into a unifying classifier for torsadogenic risk assessment [17]. A recent study demonstrated that a machine learning classifier that combines cellular action potentials and intracellular calcium waveforms provides a better torsadogenic risk prediction than potassium channel block alone [18]. While there is a general agreement between clinical researchers, pharmaceutical companies, and regulatory agencies that computational tools should play a more central role in the pro-arrhythmic risk assessment of new drugs [19], current efforts focus exclusively on classifiers at the single cell level and ignore ventricular heterogeneity and the interaction of different cell types across the entire heart [20]. We have recently proposed a novel exposure-response simulator that allows us to quickly and reliably visualize how different drugs-either individually or in combination–modulate ion channel dynamics, cellular electrophysiology, and electrocardiogram recordings across ten orders of magnitude in space and time [21]. Combining this simulator with machine learning techniques [22] would allow us to seamlessly integrate experimental and computational data from the protein, cellular, tissue, and organ scales to assess cardiac toxicity during pharmacological profiling [23].

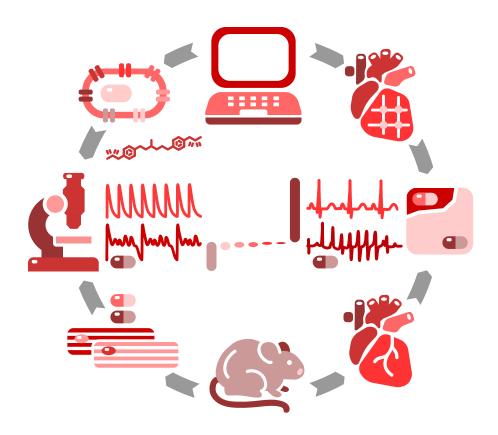


Figure 1: Hybrid computational-experimental approach to quickly and reliably characterize the pro-arrhythmic potential of existing and new drugs. We characterize calcium transients in ventricular cardiomyocytes in response to drugs, both computationally (top) and experimentally (bottom) and identify the ion channels that most likely generate early afterdepolarizations (left). We then screen the concentration space of the two most relevant channels and identify the classification boundary between the arrhythmic and non-arrhythmic domains using high performance computing and machine learning (center). We validate our approach using electrocardiograms, both computationally and experimentally, in whole heart simulations and excised Langendorff perfused hearts (right). We demonstrate the potential of our new classifier by risk stratifying 23 common drugs and comparing the result against the reported risk categories of these compounds.

Figure 1 illustrates how we use machine learning to combine computational (top) and experimental (bottom) tools and technologies at the single cell (left) and whole heart (right) levels. First, we probe how different ion channels modulate early afterdepolarizations on the single cell level. Using a hybrid computational and experimental approach, we identify the two most relevant channels and systematically screen the two-channel parameter space to quantify the critical blockage that initiates torasdes de pointes. Then, we use high performance computing and machine learning to identify the classification boundary between the arrhythmic and non-arrhythmic domains in this space. We validate our approach using computational and experimental electrocardiograms from whole heart simulations and excised Langendorff perfused hearts. Finally, we demonstrate the potential of our classifier by risk stratifying 23 common drugs and comparing the result against the reported risk categories from the literature.

# Results

# $I_{Kr}$ and $I_{CaL}$ enhance and prevent early afterdepolarizations

Increasing evidence suggests that early afterdepolarizations are a precursor of torsades de pointes at the cellular level [13]. To identify which ion channels have the most significant impact on the appearance of early afterdepolarizations, we perform 500 simulations of single midwall cells and systematically blocked seven ion channels: the L-type calcium current  $I_{\rm CaL}$ , the inward rectifier potassium current  $I_{\rm K1}$ , the rapid and slow delayed rectifier potassium currents  $I_{\rm Kr}$  and  $I_{\rm Ks}$ , the fast and late sodium currents  $I_{\rm NaP}$  and  $I_{\rm NaL}$ , and the transient outward potassium current  $I_{\rm to}$ . Figure 2 illustrates these seven ion channels within the O'Hara Rudy model for ventricular cardiomyocytes [42]. After determining the presence or absence of early afterdepolarizations for all simulations, we fit a logistic regression and extracted the marginal effects, a measure that quantifies the effect of each channel blockage on the probability of early afterdepolarizations. Our results in Figure 2 show that of the seven channels, the rapid delayed rectifier potassium

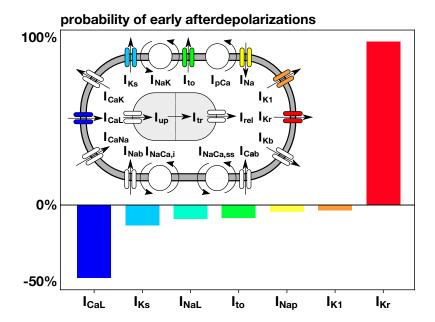


Figure 2: Effect of different ion channels on the probability of early after depolarizations. Positive values imply that blocking this ion channel enhances early afterdepolarizations; negative values imply that blocking prevents early afterdepolarizations. Blocking the rapid delayed rectifier potassium current  $I_{\rm Kr}$  and the L-type calcium current  $I_{\rm CaL}$  has the strongest effect on enhancing and preventing early afterdepolarizations.

current  $I_{\rm Kr}$  and the L-type calcium current  $I_{\rm CaL}$  have the most pronounced effects on early afterdepolarizations. Yet, these two currents display opposite effects: The rapid delayed rectifier potassium current  $I_{\rm Kr}$  significantly increased the risk of early afterdepolarizations, while the L-type calcium current  $I_{\rm CaL}$  decreases the risk.

# $I_{\mbox{\scriptsize Kr}}$ blockage triggers early afterdepolarizations invsimulation and experiment

To validate our findings of the computational model, we use isolated rat ventricular cardiomyocytes and expose them to the drug dofetilide, which selectively blocks the rapid delayed rectifier potassium current  $I_{\rm Kr}$ . We record intracellular calcium signaling and compare it to the calicium transients predicted by the computational model of human ventricular endocardial cells. Figure 3 shows the development of early afterdepolarizations in the presence of the drug dofetilide, both in isolated rat cardiomyocytes and in the single cell model. In both cases, the relationship between

the probability of early afterdepolarizations and the concentration of the drug is dose-dependent: Increasing the dose of dofetilide increases the probability of early afterdepolarizations.

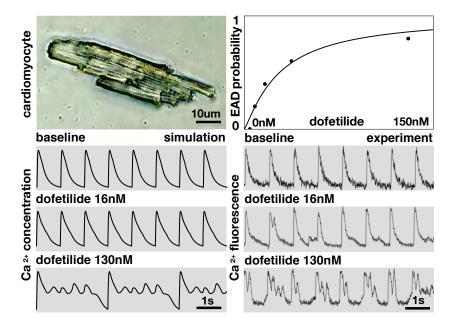


Figure 3: **Early after depolarizations in single cell simulation and experiment.** Isolated rat cardiomyocyte, top left, and probability to develop early afterdepolarizations in response to the drug dofetilide at concentrations of 4nM, 8nM, 16nM, 38nM, 130nM (n=6 cells each), top right. Calcium transients in response to the drug dofetilide at 0nM, 16nM, and 130nM in the computational simulation, bottom left, and experiment, bottom right.

# Machine learning classifies boundary beyond which arrhythmias develop

According to our simulated probability of early after depolarizations at the single cell level in Figure 2, we select the two ion channels, which most strongly enhance and prevent early after-depolarizations, the rapid delayed rectifier potassium current  $I_{\rm Kr}$  and the L-type calcium current  $I_{\rm CaL}$ . We use our high fidelity human heart model [39] to simulate the effect of combined  $I_{\rm Kr}$  and  $I_{\rm CaL}$  block at different concentrations [21]. Our human heart model has 7.5M global degrees of freedom and 0.3G internal variables and runs 1.0M time steps for a simulation window of 5s, which typically takes 40 hours using 160 CPUs. To alleviate the computational cost, we turn to machine learning techniques and adopt a particle learning Gaussian process classifier with

adaptive sampling to efficiently explore the parameter space. We randomly perform the first ten simulations and then adaptively sample the points of maximum information entropy determined by our classifier.

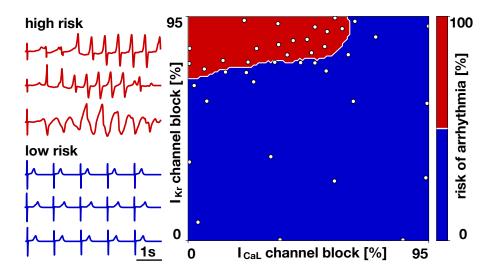


Figure 4: **Pro-arrhythmic risk classification.** Screening the parameter space of rapid delayed rectifier potassium current  $I_{\rm Kr}$  and the L-type calcium current  $I_{\rm CaL}$  block reveals the classification boundary beyond which arrhythmias spontaneously develop. Blue electrocardiograms associated with the blue region displayed a regular heartbeat without fibrillation; red electrocardiograms associated with the red regions spontaneously developed an episode of torsades de pointes.

Figure 4 summarizes the results of our pro-arrhythmic risk classification. The blue electrocardiograms were sampled at points in the blue region and display a regular heartbeat without fibrillation. The red electrocardiograms were sampled at points in the red region and spontaneously develop an episode of torsades de pointes. The white contour indicates the classification boundary. The vertical axis reveals the pro-arrhythmic risk for a selective block of the the rapid delayed rectifier potassium current  $I_{\rm Kr}$ : At a critical  $I_{\rm Kr}$  block of 70%, the risk classification changes from low, shown in blue, to high, shown in red, and the heart will develop spontaneous episodes of torsades de pointes. Moving horizontally to the right modulates the pro-arrhythmic risk for a combined block with the L-type calcium current  $I_{\rm CaL}$ : When combining  $I_{\rm Kr}$  and  $I_{\rm CaL}$  block, the critical  $I_{\rm Kr}$  block decreases below 70%. Strikingly, beyond an  $I_{\rm CaL}$  block of 60%, the heart will not develop fibrillation, no matter how high the  $I_{\rm Kr}$  block. In agreement with our observations on the cellular

level in Figure 2, Figure 4 supports the notion that certain channels can have a positive effect and mitigate torsadogenic risk upon rapid delayed rectifier potassium current block.

# $I_{\text{Kr}}$ and $I_{\text{CaL}}$ enhance and prevent ventricular arrhythmias

To explore the interaction between the rapid delayed rectifier potassium current  $I_{
m Kr}$  and the Ltype calcium current  $I_{\mathrm{CaL}}$  at the organ level, we combine computational modeling and isolated Langendorff perfused rat heart preparations using two different drugs, dofetilide, which selectively blocks the rapid delayed rectifier potassium current  $I_{
m Kr}$  and nifedipine, which selectively blocks the L-type calcium current  $I_{\rm CaL}$ . We probe different concentrations of these two drugs and determine the presence of arrhythmias from the computational and experimental electrocardiograms. Figure 5, top, illustrates our Langendorff perfused heart, our four drug concentrations visualized in the pro-arrhythmic risk classification diagram, and the risk of premature ventricular contractions and arrhythmias for these four cases. Figure 5, bottom, shows the electrocardiograms in response to dofetilide at 0nM and 20nM combined with nifedipine at 0nM, 60nM, and 480nM both for the computational simulation, left, and the experiment, right. For the baseline case without drugs, both the computation and experiment display a regular excitation, first row. Blocking the rapid delayed rectifier potassium current  $I_{
m Kr}$  by administering dofetilide beyond a critical concentration induces arrhythmias both computationally and experimentally, second row, an observation that agrees well with the single cell simulation and experiment in Figure 3. Additionally blocking the L-type calcium current  $I_{\rm CaL}$  by co-administering a small concentration of nifedipine markedly alters the excitation pattern both computationally and experimentally, but still triggers irregular beats. Increasing the L-type calcium current  $I_{\rm CaL}$  block by co-administering a large concentration of nifedipine removes the risk of arrhythmias both computationally and experimentally, the hearts excite at a regular pattern, however at a slightly different rate than for the baseline case without drugs.

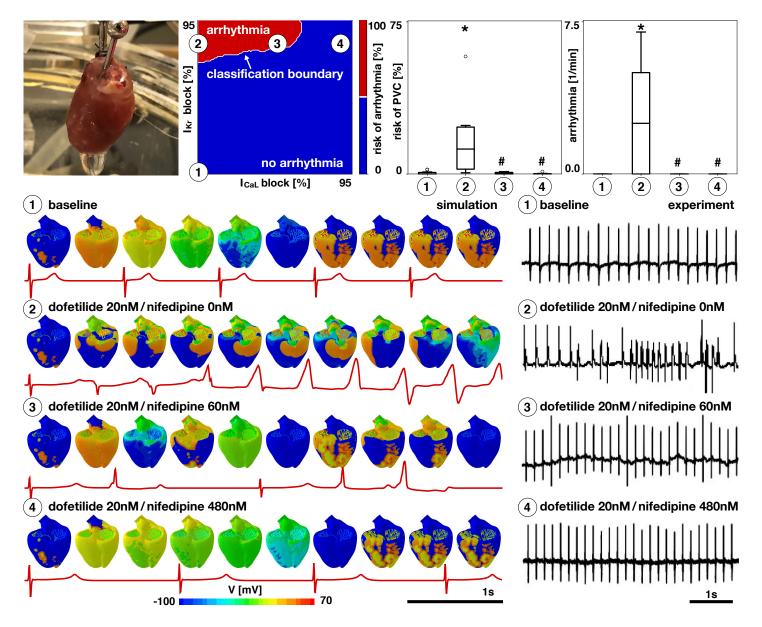


Figure 5: Ventricular arrhythmias in whole heart simulation and Langendorff perfused hearts. Preparation of excised rat heart, top left, four drug concentrations visualized in the pro-arrhythmic risk classification diagram, top middle, and risk of premature ventricular contractions and arrhythmias in response to varying concentrations of drugs dofetilide and nifedipine ( $n \ge 6$ , \*  $p_10.05$  compared to ①, #  $p_10.05$  compared to ②), top right. Dofetilide selectively blocks the rapid delayed rectifier potassium current  $I_{\rm Kr}$ ; nifedipine selectively blocks the L-type calcium current  $I_{\rm CaL}$ . Electrocardiograms in response to dofetilide at 0nM and 20nM combined with nifedipine at 0nM, 60nM, and 480nM in the computational simulation, bottom left, and experiment, bottom right.

## Critical drug concentrations are a predictor of drug toxicity

To validate our approach, we calculate the critical concentrations for 23 common drugs—but now without a complete simulation and without any additional knowledge—simply by identifying the drug's location in the risk assessment diagram in Figure 4 using reported  $I_{\rm Kr}$  and  $I_{\rm CaL}$  block-concentration characteristics for each drug [3,45]. In essence, each drug defines a curve in the risk-assessment diagram. The intersection of this curve with the classification boundary defines the critical drug concentration. Curves that never cross the classification boundary indicate a safe drug.

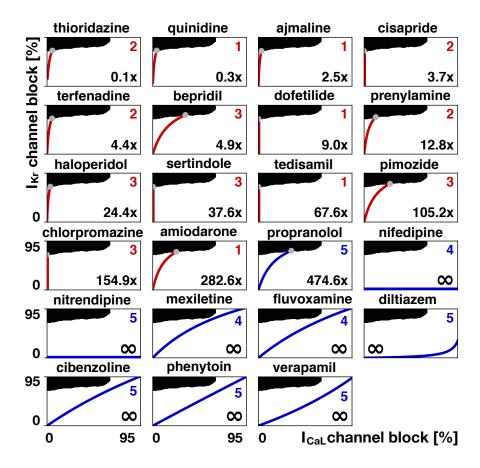


Figure 6: **Risk stratification of 23 drugs using our pro-arrythmic risk classification.** Black and white regions indicate fibrillating and non-fibrillating regimes; red and blue curves indicate high and low risk drugs; gray dots and numbers indicate the critical concentration at which the curves cross the classification boundary as predicted by our pro-arrythmic risk classification in Figure 4. Numbers from 1 to 5 indicate the reported torsadogenic risk [19]; red and blue colors of the numbers indicate torsadogenic and non-torsadogenic compounds [18].

Figure 6 demonstrates that our classification boundary in Figure 4 can reliably stratify the risk of 23 common drugs. Fourteen drugs are classified as high risk drugs. Of those, thioridazine and quinidine cross the classification boundary at the lowest concentrations of 0.1x and 0.3x; chlorpromazine and amiodarone at the highest concentrations of 154.9x and 282.6x. Nine drugs are classified as low risk drugs. Of those, propranolol crosses the classification boundary at 474.6x and all other drugs never cross the classification boundary.

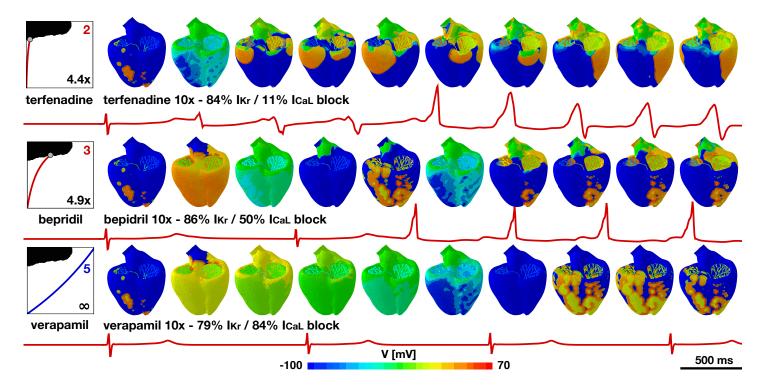


Figure 7: Computational validation of risk stratification for three drugs applied at the same concentration. At 10x the effective free therapeutic concentration, terfenadine blocks 84% of  $I_{\rm Kr}$  and 11% of  $I_{\rm CaL}$ , bepidril blocks 86% of  $I_{\rm Kr}$  and 50% of  $I_{\rm CaL}$ , and verapamil blocks 79% of  $I_{\rm Kr}$  and 84% of  $I_{\rm CaL}$ . The different degrees of blockage results in arrhythmic patterns for terfenadine and bepidril, but not for verapamil, where the high degree of  $I_{\rm CaL}$  block prevents the development of arrhythmia and slows the beating rate.

Figure 7 illustrates a computational validation of our risk stratification for three drugs, terfenadine, bepidril, and verapamil. Our stratification classifies terfenadine and bepidril as high risk and verapamil as safe. To validate this classification, we apply all three drugs at 10x their effective free therapeutic concentration. Terfenadine, with a critical concentration of 4.4x, triggers an arrhythmia immediately after the first beat; bepidril, with a critical concentration of 4.9x, triggers an arrhythmia after the second beat; and verapamil, which never crosses the classification boundary, is non-arrhythmogenic. While all three drugs initiate a similar degree of blockage of the rapid delayed rectifier potassium current  $I_{\rm Kr}$  of 84%, 86%, and 79%, their blockage of the L-type calcium current  $I_{\rm CaL}$  of 11%, 50% and 84% varies significantly. These three examples, now with a complete simulation, highlight the interaction of different channels, and confirm the predictive power of our pro-arrhythmic risk assessment diagram in Figure 4 and its resulting risk stratification in Figure 6.

**Discussion** 

Current drug screening paradigms are expensive, time consuming, and conservative. Here we propose a new approach that integrates knowledge from the ion channel, single cell, and whole heart levels via computational modeling and machine learning to reliably predict the cardiac toxicity of new and existing drugs. We combine multiscale experiments, multiscale simulation, high-performance computing, and machine learning to create a risk assessment diagram that allows us to quickly and reliably identify the pro-arrhythmic potential of existing and new drugs, either in isolation or combined with other drugs. As a side aspect of these efforts, we determined which ion channels play the most significant role in triggering arrhythmias. These new insights are significant in the development of new compounds. Our efforts are in line with recent initiatives by pharmaceutical industries, clinical researchers, and regulatory agencies with the common goal to develop a new testing paradigm for a more accurate and comprehensive mechanistic assessment of new drugs.

### Early afterdepolarizations are a multiple-channel phenomenon

At the single cell level, we have shown that early afterdepolarizations are triggered when the rapid delayed rectifier potassium current  $I_{\rm Kr}$  is blocked above a certain level. This is in line with the current regulatory frame, which identifies this channel as the most relevant for torsades de pointes [4]. However, through computational modeling we have seen that early afterdepolarizations are really a multi-channel phenomenon. Our sensitivity analysis in Figure 2 identifies the rapid delayed rectifier potassium current  $I_{\rm Kr}$  and the L-type calcium current  $I_{\rm CaL}$  as the most relevant currents for the formation of early afterdepolarizations. These two channels have opposing effects: blocking  $I_{\rm Kr}$  can initiate and blocking  $I_{\rm CaL}$  can prevent early afterdepolarizations. In a recent study, we have found a similar trend at the QT interval level [23], which is also considered in current regulations [5]. These results are in line with other studies that have highlighted the importance of altered calcium dynamics during early afterdepolarizations [13, 24, 25], and, more recently, also during delayed afterdepolarizations [26]. These multi-channel effects between the rapid delayed rectifier potassium current  $I_{\rm Kr}$  and the L-type calcium current  $I_{\rm CaL}$  observed in Figure 5 open the door towards a systematic search for blockage combinations that can offset the torsadogenic effects of  $I_{\rm Kr}$  block alone [27].

# $I_{Kr}$ and $I_{CaL}$ modulate the onset of torsades de pointes

Our study shows that the rapid delayed rectifier potassium current  $I_{\rm Kr}$  and the L-type calcium current  $I_{\rm CaL}$  not only determine the onset of early afterdepolarizations, but also the development of torsades de pointes. Our results in Figure 5 suggest that blocking the L-type calcium current  $I_{\rm CaL}$  can prevent the development of arrhythmias, even at high levels of rapid delayed rectifier potassium current  $I_{\rm Kr}$  blockage, both in our high resolution model and in isolated rat hearts. Recent studies have pointed out this preventive role of  $I_{\rm CaL}$ . An analysis of 55 compounds showed that adding the effects of  $I_{\rm CaL}$  blockage to  $I_{\rm Kr}$  block improved the predictive potential, while adding the effects of  $I_{\rm NaL}$  did not [28]. However, this study only demonstrated correlation,

without a mechanistic explanation. A recent machine-learning based approach suggested to improve the risk prediction of torsades de pointes by include intracellular calcium currents [18]. This trend was confirmed by a recent study that classified drugs in terms of  $I_{\rm Kr}$  and  $I_{\rm CaL}$  blockage metrics [17]. This study also identified a classification boundary, to counteract the pro-arrhythmic effects of blocking the rapid delayed rectifier potassium current  $I_{\rm Kr}$  by blocking the L-type calcium current  $I_{\rm CaL}$ . At the cellular level, these findings reflect the importance of these currents in the development of early afterdepolarizations [13]. At the whole heart level, the presence of these action potential abnormalities is a necessary but not sufficient condition to initiate torsades de pointes; here heterogeneities [29, 30] and electrotonic effects [11, 20] play a major role in the propagation of this type of arrhythmia.

#### The degree of toxicity correlates with the critical drug concentration

We have classified drugs based on their critical concentration, the concentration at which they cross the classification boundary of our risk assessment diagram in Figure 4. Critical concentration based methods have been used both in rabbit models [31] and in computational models [32]. Here, succesfully employed this concept by inducing arrhythmias at elevated drug concentrations both computationally and experimentally. Critical concentrations can be interpreted as the distance from an event of torsades de pointes: The higher the normalized concentration, the further away is the baseline concentration, and thus the safer the compound. When using the critical drug concentration to stratify the risk of drugs in Figure 6, we correctly identify quinidine, bepridil, dofetilide, chlorpromazine, cisapride, and terfenadine as high risk and diltiazem, mexiletine, and verapamil as low risk drugs, similar to a classifier based on net current [33]. Figure 7 confirms the high risk action of terfenadine and bepridil and the low risk action of verapamil, which is widely known as a calcium channel blocker with antifibrillatory effects [34]. Moreover, we correctly identified 22 compounds as high and low risk in Figure 6, compared to the reported high risk categories 1-3 and low risk categories 4-5 [19]. For these 22 compounds, our classifier also

agrees exactly with a recent machine learning classifier based on action potential duration and diastolic calcium [18]. To eliminate sources of noise in the evaluation of our model, we have only considered those drugs for which 70% or more of the published studies agreed on their risk classification [50]. The only drug that our approach classifies incorrectly is propanolol, which has a critical concentration of 474.6x of the effective free therapeutic concentration. Although Figure 6 suggests that this concentration is significantly higher than for all other high risk drugs, the classifier is trained without any other compound similar to propanolol when performing leave-one-out cross validation. If more data were available, the predictive power of our classifier could be improved. Nonetheless, the potential of our approach lies in supporting the successful progression of compounds that have a poor selectivity to the rapid delayed rectifier potassium current alone and would, under current paradigms, be falsely discontinued through the drug discovery and development process. Our study suggest that our approach correctly identifies those drugs. Our risk assessment diagram in Figure 4 allows us to quickly and reliably screen the pro-arrhythmic potential of any drug, either in isolation or in combination with other drugs.

#### Limitations

Although our proposed method seems well suited to rapidly access the risk of a new drug, it is only at its early stage and has a few limitations: First, our major focus was on combining computational modeling and machine learning to create risk assessment diagrams; long term, more experiments will be needed to better validate the method and broaden its scope and use. Second, our model is only as good as its input, the concentration-block curves; we have addressed this limitation in a separate study [23], similar to other groups [35, 45], and found that there is a mismatch between the drugs that have been well characterized experimentally [3]—the input of the classifier—and the drugs that we agree in their risk classification—the output of the classifier; to mitigate this limitation, we used a deterministic approach to classify the set of compounds. Third, our current work has mainly followed recommendations of the CiPA initiative [6]; it will

be important to validate our model against other cell and heart models, and, probably most importanly, against other compounds. Fourth, we have based our initial studies on reported experiments and clinical observations, supplemented with our own cell level and isolated heart studies with rodent hearts; a critical and logical next step would be to validate our method using our own independent experiments with human adult cardiomyocytes, in larger animals, and, ideally, in human Langendorff perfused hearts.

**Conclusion** 

We propose a novel strategy towards drug screening. This was only possible by combining cutting edge technologies of multiscale exposure-response simulation, machine learning, and high-performance computing. Using systematic sensitivity analyses, we identified the L-type calcium channel as a critical antagonist to the rapid delayed rectifier potassium current in modulating arrhythmogenic risk. Our simulations highlight the mechanisms by which drug-induced arrhythmias propagate across scales, from modifications at the ion channel level, via early after depolarizations at the cellular level, to rapid oscillations in the electrocardiogram at the whole heart level. Using machine learning, we integrate information from different scales and sources, experimental and computational, into a single, easy-to-use risk assessment diagram. Our results suggest that this pro-arrhythmic risk assessment diagram can rapidly and reliably stratify any drug based on block-concentration characteristics from single cell recordings. Our study provides a more holistic insight into the generation of drug-induced arrhythmias than current single cell studies alone. We envision that our findings will help accelerate drug development and reduce the cost to deliver safe and effective drugs to patients.

#### Methods

All studies were approved by the Stanford Administrative Panel on Laboratory Animal Care and conform to the Guide for the Care and Use of Laboratory Animals published by the National Institutes of Health.

### Simulating action potentials in ventricular cardiomyocytes

We modeled the temporal evolution of the transmembrane potential  $\phi$  using an ordinary differential equation,

$$\dot{\phi} = -I_{\rm ion}/C_{\rm m} \,, \tag{1}$$

where  $C_{\rm m}$  is the membrane capacitance and  $I_{\rm ion}(\phi, \boldsymbol{q})$  is the ionic current, which we represented as a function of the transmembrane potential  $\phi$  and a set of state variables  $\boldsymbol{q}$  [36]. The state variables obey ordinary differential equations,  $\dot{\boldsymbol{q}} = \boldsymbol{g}(\phi, \boldsymbol{q})$ , as functions of the transmembrane potential  $\phi$  and their current values  $\boldsymbol{q}$  [37]. For our single cell simulations, we used ventricular cardiomyocytes with 15 ionic currents and 39 state variables [42],

$$I_{\text{ion}} = I_{\text{Kr}} + I_{\text{Ks}} + I_{\text{K1}} + I_{\text{CaL}} + I_{\text{Na}} + I_{\text{CaNa}} + I_{\text{CaK}} + I_{\text{Cab}} + I_{\text{Nab}} + I_{\text{Kb}} + I_{\text{to}} + I_{\text{NaK}} + I_{\text{pCa}} + I_{\text{NaCa,i}} + I_{\text{NaCa,ss}},$$
(2)

with a minor modification [47] of the fast sodium current  $I_{\text{NaP}}$  [48]. We parameterized the model for human midwall cells [42], and modeled the effect of drugs by selectively blocking the relevant ionic currents  $I_{\text{ion}}$  [44]. For a desired concentration C, for each current i, we calculate the fractional block  $\beta_i$  using a Hill-type model parameterized with data from patch clamp electrophysiology [19,45], and scale the ionic current  $I_i$  by this fractional block [21],

$$I_{i}^{\text{drug}} = [1 - \beta_{i}] I_{i} \text{ with } \beta_{i} = [1 + [C/IC_{50}]]^{-1}.$$
 (3)

We studied the relative importance of seven ion channels,  $I_{\rm CaL}$ ,  $I_{\rm K1}$ ,  $I_{\rm Kr}$ ,  $I_{\rm Ks}$ ,  $I_{\rm NaL}$ ,  $I_{\rm NaP}$ , and  $I_{\rm to}$  on inducing early afterdepolarizations. To achieve a steady state, we paced the cells for 600 cycles at a frequency of 1Hz. We defined the presence of early afterdepolarizations as the occurrence of a change in potential greater than  $0.1 \, \text{mV/ms}$  between the 50 and 1000ms of the last two recorded cycles [20]. We used a latin hypercube design to perform 500 simulations and systematically varied the block of the seven ion channels between 0 and 95%. Then, we labeled the results depending on the presence or absence of early afterdepolarizations. We fit a logistic regression and computed the marginal effects, which correspond to the derivative of the output of the regression with respect to the ion channel block. We normalized the results by the maximum value.

### Simulating electrocardiograms in human hearts

To pass information across the scales, we created an ultra high resolution finite element model of the human heart [21] that represents individual ion channel dynamics through local ordinary differential equations at the integration point level and action potential propagation through global partial differential equations at the node point level [41]. The basis of this model is the classical monodomain model that characterizes the spatio-temporal evolution of the transmembrane potential  $\phi$  through the following partial differential equation,

$$\dot{\phi} = \operatorname{div}(\boldsymbol{D} \cdot \nabla \phi) - I_{\mathrm{ion}}/C_{\mathrm{m}}$$
 (4)

In addition to the local source term  $I_{\rm ion}/C_{\rm m}$  from equation (1), the transmembrane potential depends on the global flux term  ${\rm div}({\bf D}\cdot\nabla\phi)$ , where  ${\bf D}$  is the conductivity tensor that accounts for a fast signal propagation of  $D^{\parallel}$  parallel to the fiber direction  ${\bf f}$  and a slow signal propagation of  $D^{\perp}$  perpendicular to it [36],

$$\boldsymbol{D} = D^{\parallel} \boldsymbol{f} \otimes \boldsymbol{f} + D^{\perp} \left[ \boldsymbol{I} - \boldsymbol{f} \otimes \boldsymbol{f} \right]. \tag{5}$$

We used the O'Hara Rudy model [42] from equation (2) for all ventricular cells and the Stewart model [43] for all Purkinje cells. We discretized the monodomain equation (4) in time using finite differences and in space using finite elements [36] and introduced the transmembrane potential as a degree of freedom at the node point level and all state variables as local degrees of freedom at the integration point level [37]. We solved the resulting system of equations using the finite element software package Abaqus [38] with an explicit time integration scheme. We discretized our simulation window of five healthy heart beats in time using 1.0M equidistant time steps of  $\Delta t = 0.005$ ms. We discretized our human heart model [39] in space using 6.9M regular trilinear hexagonal elements with a constant edge length of h = 0.3mm. This results in 7.5M global degrees of freedom and 0.3G local internal variables [41].

Using machine learning tools to sample the parameter space

To quickly and efficiently sample the parameter space for a wide range of conditions and a wide variety of drugs we combine our computational models with machine learning techniques [17,23]. Briefly, to characterize ventricular fibrillation, we performed n=40 human heart simulations and employed a particle learning method to systematically sample the classification boundary within the parameter space. To identify the boundary that divides the arrhythmic and non-arrhythmic domains, we used a Gaussian process classifier and adaptively sampled the point of maximum entropy [46]. We generated the first n=10 samples from a latin hypercube design, and sampled the remaining n=30 samples adaptively. Our results suggest that n=40 simulations are sufficient to reliably identify the classification boundary.

Classifying drugs into risk categories

We classified 23 drugs into high and low risk, based on our pro-arrhythmic risk assessment diagram in Figure 4 and validated our approach against the known risk classification of these drugs. To select the compounds, we began with a list 31 drugs [19] for which the concentration block

20

is thoroughly characterized. From these 31 drugs, we only considered those for which 70% or more of the published studies agreed on their risk classification [49,50], and did not consider the remaining eight controversial drugs. Table 1 summarizes the  $IC_{50}$  values used to compute the degree of blockage of the L-type calcium current  $I_{\rm CaL}$  and the rapid delayed rectifier potassium current  $I_{\rm Kr}$  [19].

Measuring calcium transients in isolated cardiomyocytes

To characterize calcium transients, we isolated ventricular cardiomyocytes from the hearts of male Sprague Dawley rats with a weight of 250-300g (Charles River, Massachusetts). We anesthetized the rats with inhaled isoflurane and quickly removed the hearts from the chest after euthanasia. We retrograde-perfused the hearts with Ca<sup>2+</sup>-free Tyrode buffer (140mM NaCl, 5.4mM KCl, 0.33mM NaH<sub>2</sub>PO<sub>4</sub>, 0.5mM MgCl<sub>2</sub>, 11mM glucose, and 5mM HEPES at pH7.4) at 1.0ml/min for three minutes, followed by an enzyme solution containing collagenase (1.0mg/ml collagenase type II, Worthington), protease (0.05mg/ml, type XIV, Sigma), and 0.1mM  ${\rm Ca}^{2+}$  for seven minutes. To harvest the cardiomyocytes, we cut the ventricular tissue into small pieces and filtered it with a  $250\mu m$  nylon mesh. We gradually increased the calcium concentration of the Tyrode solution to 1.0mM for the physiologic analysis and incubated the cardiomyocytes for 15 minutes with  $1\mu M$ Fura-2-AM (Invitrogen, California) in Tyrode (1.0mM,  $Ca^{2+}$ ). We mounted the cardiomyocytes into a recording chamber on the stage of an Olympus IX-71 inverted microscope (Olympus, New York) where we stimulated them electrically at a frequency of 0.5Hz. Using a galvanometer-driven mirror (HyperSwitch, IonOptix, Massachusetts), we excited Fura-2 at a wavelength of 340/380nm and recorded the emission at 510nm using a photomultiplier (IonOptix, Massachusetts). After five minutes of incubation with the drug dofetilide at concentrations of 4nM, 8nM, 16nM, 38nM, 130nM, we recorded cardiomyocyte calcium fluorescence at 250Hz for eight minutes for n=6 cells each and analyzed the recordings in real time using IonOptix.

### Recordings electrocardiograms in perfused Langendorff hearts

To record electrocardiograms, we harvested the hearts of male Sprague Dawley rats with a weight of 250-300g (Charles River, Massachusetts). We excised the hearts from anesthetized rats (2.5% isoflurane in 95% oxygen and 5% carbon dioxide), immediately cannulated the aorta, connected it to a constant pressure perfusion Langendorff system (Harvard Apparatus, Massachusetts) with Krebs solution (118mM NaCl, 4.75mM KCl, 25mM NaHCO<sub>3</sub>, 1.2mM KH<sub>2</sub>PO<sub>4</sub>, 1.2mM MgSO<sub>4</sub>, 1.5mM CaCl<sub>2</sub>, 11mM glucose, and 2mM Pyruvate), warmed to  $37^{\circ}$  C, and bubbled with 95% oxygen and 5% carbon dioxide. We instrumented the spontaneously beating hearts with ECG electrodes located at the apex and base. After ten minutes of equilibration, we switched the perfusion system to a reservoir to expose the hearts to selected concentrations of dofetilide and nifedipine for a period of five minutes. For  $n \ge 6$  hearts in each group, we recorded the ECG by Animal Bio Amp (AD Instruments, Colorado) and monitored it continuously throughout the experiment and the a washout period using a Power Lab system (AD Instruments, Colorado).

# Experimentally characterizing the effect of drugs

We characterize the occurrence of arrhythmias in both the isolated cardiomyocytes and the perfused hearts. For the isolated cardiomyocytes, we counted the prevalence of arrhythmia as one if at least one early afterdepolarization occurred within the recording period of eight minutes, and as zero otherwise. We then quantified the relation between the prevalence of arrhythmia and the concentration of dofetilide using a non-linear regression curve with a two-parameter equation. For the perfused hearts, we calculated the percentage of premature ventricular contractions of all heart beats during the last minute of drug administration. We defined ventricular tachycardia as three or more consecutive premature ventricular contractions. We analyzed the data using student's t-tests for normally distributed data with equal variance between groups and Mann-Whitney U tests for all other data. For all analyses, we used the Prism 7 software.

Table 1: **Effect of drugs on ion channels.**  $IC_{50}$  values and effective free therapeutic concentration  $C_{\max}$  for the 23 drugs used in this study [19].

drug	$I_{ m CaL}~IC_{ m 50}~{ m [nM]}$	$I_{ m Kr}~IC_{ m 50}~{ m [nM]}$	$C_{ m max}$ [nM]
ajmaline	71000	1040	900
amiodarone	270	30	0.3
bepridil	211	33	21.5
chlorpromazine	-	1470	20.5
cibenzoline	30000	22600	739
cisapride	-	6.5	3.8
diltiazem	450	17300	87.5
dofetilide	60000	5	1.2
fluvoxamine	4900	3100	196
haloperidol	1700	27	2.4
mexiletine	100000	50000	2787
nifedipine	60	275000	5.4
nitrendipine	0.3	10000	1.6
phenytoin	103000	100000	4250
pimozide	162	20	0.6
prenylamine	1240	65	13
propranolol	18000	2828	19
quinidine	15600	300	2080.5
sertindole	8900	14	0.8
tedisamil	-	2500	80
terfenadine	375	8.9	4.5
thioridazine	1300	33	593.5
verapamil	100	143	53

# **Acknowledgments**

This study was supported by the Stanford School of Engineering Fellowship (F.S.C.), the Becas Chile-Fulbright Fellowship (F.S.C.), the Extreme Science and Engineering Discovery Environment XSEDE (E.K.), the Stanford Bio-X IIP Seed Grant program (E.A. and E.K.), and the National Institutes of Health Grant U01-HL119578 (E.K.).

# References

- [1] Maxmen A (2016) Big pharma's cost-cutting challenger. *Nature* 536:388–390.
- [2] DiMasi JA, Hansen RW, Grabowski HG (2003) The price of innovation: new estimates of drug development cost. *Journal of Health Economics* 22:151–185.
- [3] Crumb W, Vicente J, Johannesen L, Strauss D (2016) An evaluation of 30 clinical drugs against the comprehensive in vitro proarrhythmia assay (CiPA) proposed ion channel panel. *Journal of Pharmacolological Toxicology Methods* 81:251e262.
- [4] Redfern WS, Carlsson L, Davis AS, Lynch WG, MacKenzie I, Palethorpe S, Siegl PKS, Strang I, Sullivan AT, Wallis R, Camm AJ, Hammond TG (2003) Relationships between preclinical cardiac electrophysiology, clinical QT interval prolongation and torsade de pointes for a broad range of drugs: Evidence for a provisional safety margin in drug development. Cardiovascular Research 58:32–45.
- [5] Gintant G, Sager P, Stockbridge N (2016) Evolution of strategies to improve preclinical cardiac safety testing. *Nature Reviews Drug Discovery* 15:1–15.
- [6] Colatsky, T, Fermini B, Gintant G, Pierson J, Sager P, Sekino Y, Strauss D, and Stockbridge N (2016) The comprehensive in vitro proarrhythmia assay (CiPA) initiative Update on progress. *Journal of Pharmacological and Toxicological Methods* 81:15–20.
- [7] Stockbridge N, Morganroth J, Shah RR, Garnett C (2013) Dealing with global safety issues. *Drug Safety* 36:167–182.
- [8] Dessertenne F (1966) La tachycardie ventriculaire a deux foyers opposes variables. *Archives des Maladies du Coeur et des Vaisseaux* 59:263–272.
- [9] Gupta A, Lawrence AT, Krishnan K, Kavinsky CJ, Trohman RG (2007) Current concepts in the mechanisms and management of drug-induced QT prolongation and torsade de pointes. *American Heart Journal* 153:891–899.
- [10] American Heart Association (2018) Heart Disease and Stroke Statistics 2018 Update: A report from the American Heart Association. *Circulation* 137:e67–e492.
- [11] Sato D, Xie LH, Sovari AA, Tran DX, Morita N, Xie F, Karagueuzian H, Garfinkel A, Weiss JN, Qu Z (2009) Synchronization of chaotic early afterdepolarizations in the genesis of cardiac arrhythmias. *Proceedings of the National Academy of Sciences* 106:2983–2988.
- [12] Roden DM, Lazzara R, Rosen M, Schwartz PJ, Towbin J, Vincent GM (1996) Multiple mechanisms in the long-QT syndrome. *Circulation* 94:1996–2012.
- [13] Qu Z, Xie Y, Olcese R, Karagueuzian HS, Chen PS, Garfinkel A, Weiss JN (2013) Early afterdepolarizations in cardiac myocytes: beyond reduced repolarization reserve. *Cardiovascular Research* 99: 6e15.

- [14] Sliwoski G, Kothiwale S, Meiler J, Lowe EW (2014) Computational methods in drug discovery. *Pharmacological Reviews* 66:334-395.
- [15] Bowes J, Brown AJ, Hamon J, Jarolimek W, Sridhar A, Waldron G, Whitebread S (2012) Reducing safety-related drug attrition: the use of in vitro pharamcological profiling. *Nature Reviews Drug Discovery* 11:909-922.
- [16] Yang H, Sun L, Liu G, Tang Y (2018) In silico prediction of chemical toxicity for drug design using machine learning methods and structural alerts. *Frontiers in Chemistry* 6:30.
- [17] Parikh J, Gurev V, Rice J (2017) Novel two-step classifier for torsades de pointes risk stratification from direct features. *Frontiers in Pharmacology* 8:818.
- [18] Lancaster MC, Sobie EA (2016) Improved prediction of drug-induced torsades de pointes through simulations of dynamics and machine learning algorithms. *Clinical Pharmacology & Therapeutics* 100:371–379.
- [19] Mirams G, Cui Y, Sher A, Fink M, Cooper J, Heath B, McMahon N, Gavaghan D, Noble D (2011) Simulation of multiple ion channel block provides improved early prediction of compounds' clinical torsadogenic risk. *Cardiovascular Research* 91(1):53–61.
- [20] Sahli Costabal F, Yao J, Sher A, Kuhl E (2019) Predicting critical drug concentrations and torsadogenic risk using a multiscale exposure response simulator. *Progress in Biophysics and Molecular Biology* doi:10.1016/j.pbiomolbio.2018.10.003.
- [21] Sahli Costabal F, Yao J, Kuhl E (2018) Predicting the cardiac toxicity of drugs using a novel multiscale exposure-response simulator. *Computer Methods in Biomechanics and Biomedical Engineering* 21:232–246.
- [22] Perakakis N, Yazdani A, Karniadakis GE, Mantzoros C (2018) Omics, big data and machine learning as tools to propel understanding of biological mechanisms and to discover novel diagnostics and therapeutics. *Metabolism Clinical and Experimental* 87:A1-A9.
- [23] Sahli Costabal F, Matsuno K, Yao J, Perdikaris P, Kuhl E (2019) Machine learning in drug development: Characterizing the effect of 30 drugs on the QT interval using Gaussian process regression, sensitivity analysis, and uncertainty quantification. *Computer Methods in Applied Mechanics and Engineering* doi:10.1016/j.cma.2019.01.033.
- [24] January CT, Riddle JM (1989) Early Afterdepolarizations: Mechanism of Induction and Block. *Circulation Research* 64:977–991.
- [25] Weiss JN, Garfinkel A, Karagueuzian HS, Chen PS, Qu Z (2010) Early afterdepolarizations and cardiac arrhythmias. *Heart Rhythm* 7(12):1891-1899.
- [26] Song Z, Qu Z, Karma A (2017) Stochastic initiation and termination of calcium-mediated triggered activity in cardiac myocytes. *Proceedings of the National Academy of Sciences* E270-E279.

- [27] Wallis R, Benson C, Darpo B, Gintant G, Kanda Y, Prasad K, Strauss DG, Valentin JP (2018) CiPA challenges and opportunities from a non-clinical, clinical and regulatory perspective. Journal of Pharmacology and Toxicological Methods 93:15–25.
- [28] Kramer J, et al. (2013) MICE models: superior to the HERG model in predicting Torsade de Pointes. *Scientific Reports* 3:2100.
- [29] Garfinkel A, et al. (2000) Preventing ventricular fibrillation by flattening cardiac restitution. *Proceedings of the National Academy of Sciences* 97(11):6061–6066.
- [30] Zykov V, Krekhov A, Bodenschatz E (2017) Fast propagation regions cause self-sustained reentry in excitable media. Proceedings of the National Academy of Sciences 114(6):1281– 1286.
- [31] Lawrence CL, Bridgland-Taylor MH, Pollard CE, Hammond TG, Valentin J-P (2006) A rabbit Langendorff heart proarrhythmia model: predictive value for clinical identification of Torsades de Pointes. *British Journal of Pharmacology* 149(7):845–860.
- [32] Okada J, et al. (2015) Screening system for drug-induced arrhythmogenic risk combining a patch clamp and heart simulator. *Science Advances* 1(4):e1400142–e1400142.
- [33] Dutta S, Chang KC, Beattie KA, Sheng J, Tran PN, Wu WW, Wu M, Strauss DG, Colatsky T, Li Z (2018) Optimization of an in silico cardiac cell model for proarrhythmia risk assessment. *Frontiers in Physiology* 8:616.
- [34] Karma, A (2000) New paradigm for drug therapies of cardiac fibrillation. *Proceedings of the National Academy of Sciences* 97(11):5687–5689.
- [35] Chang KC, et al. (2017) Uncertainty quantification reveals the importance of data variability and experimental design considerations for in silico proarrhythmia risk assessment. *Frontiers in Physiology* 8:917.
- [36] Göktepe S, Kuhl E (2009) Computational modeling of electrophysiology: A novel finite element approach. *International Journal for Numerical Methods in Engineering* 79:156–178.
- [37] Wong J, Göktepe S, Kuhl E (2013) Computational modeling of chemo-electro-mechanical coupling: A novel implicit monolithic finite element approach. *International Journal for Numerical Methods in Biomedical Engineering* 29:1104–1133.
- [38] Dassault Systèmes, SIMULIA (2017) Abaqus 2017, Documentation. Dassault Systèmes, Rhode Island.
- [39] Baillargeon B, Rebelo N, Fox DD, Taylor RL, Kuhl E (2014) The Living Heart Project: A robust and integrative simulator for human heart function. *European Journal of Mechanics A/Solids* 48:38–47.
- [40] Sahli Costabal F, Hurtado DE, Kuhl E (2016) Generating Purkinje networks in the human heart. *Journal of Biomechanics* 49:2455–2465.

- [41] Sahli Costabal F, Yao J, Kuhl E (2018) Predicting drug-induced arrhythmias by multiscale modeling. *International Journal for Numerical Methods in Biomedical Engineering* 34:e2964.
- [42] O'Hara T, Virág L, Varró A, Rudy Y (2011). Simulation of the undiseased human cardiac ventricular action potential: Model formulation and experimental validation. *PLoS Computational Biology* 7(5):e1002061.
- [43] Stewart P, Aslanidi OV, Noble D, Noble PJ, Boyett MR, Zhang H (2009) Mathematical models of the electrical action potential of Purkinje fibre cells. *Philosophical Transactions A* 367(1896):2225–2255.
- [44] Zemzemi N, Bernabeu MO, Saiz J, Cooper J, Pathmanathan P, Mirams GR, Pitt-Francis J, Rodriguez B (2013) Computational assessment of drug-induced effects on the electrocardiogram: From ion channel to body surface potentials *British Journal of Pharmacology* 168(3):718–733.
- [45] Johnstone RH, Bardenet R, Gavaghan DJ, Mirams GR (2016) Hierarchical bayesian inference for ion channel screening dose-response data. *Wellcome Open Research* 1:6.
- [46] Gramacy RB, Polson NG (2017) Particle learning of Gaussian process models for sequential design and optimization. *Journal of Computational and Graphical Statistics* 20(1):102–118.
- [47] Priest JR, Gawad C, Kahlig KM, et al.(2016) Early somatic mosaicism is a rare cause of long-QT syndrome. *Proceedings of the National Academy of Sciences* 113(41):115550–11560.
- [48] ten Tusscher K, Noble D, Noble P, Panfilov A (2004) A model for human ventricular tissue. American Journal of Physiology - Heart and Circulation Physiology 286(4):H1573–H1589.
- [49] McMillan B, Gavaghan DJ, Mirams GR (2017) Early afterdepolarisation tendency as a simulated pro-arrhythmic risk indicator. *Toxicology Research* 6(6):912–921.
- [50] Wisniowska B, Polak S (2017) Am I or am I not proarrhythmic? Comparison of various classifications of drug TdP propensity. *Drug Discovery Today* 22(1):10–16.