1 **Temperature drives the evolution and global distribution of avian eggshell colour**
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Phillip A. Wisocki[1], Patrick Kennelly[1], Indira Rojas Rivera[1], Phillip Cassey[2], Daniel Hanley[1*]

[1]Long Island University – Post, 720 Northern Boulevard, Brookville, NY 11548, USA

[2]School of Earth and Environmental Sciences, University of Adelaide, SA 5005, Australia

[*]email: daniel.hanley@liu.edu

The survival of a bird's egg depends upon their ability to maintain within strict thermal
limits. Avian eggshell colours have long been considered a phenotype that can help them stay
within these thermal limits, with dark eggs absorbing heat more rapidly than bright eggs.
Although long disputed, evidence suggests that darker eggs do increase in temperature more
rapidly than lighter eggs, explaining why dark eggs are often considered as a cost to trade-
off against crypsis. Although studies have considered whether eggshell colours *can* confer an
adaptive benefit, no study has demonstrated evidence that eggshell colours *have* actually
adapted for this function. This would require data spanning a wide phylogenetic diversity of
birds and a global spatial scale. Here we show evidence that darker and browner eggs have
indeed evolved in cold climes, and that the thermoregulatory advantage for avian eggs is a
stronger selective pressure in cold climates. Temperature alone predicted more than 80% of
the global variation in eggshell colour and luminance. These patterns were directly related
to avian nesting strategy, such that all relationships were stronger when eggs were exposed
to incident solar radiation. Our data provide strong evidence that sunlight and nesting
strategies are important selection pressures driving egg pigment evolution through their role
in thermoregulation. Moreover, our study advances understanding of how traits have
adapted to local temperatures, which is essential if we are to understand how organisms will
be impacted by global climate change.

The impact of global climate patterns on the evolution and distribution of traits is an area of

increasing importance as global temperatures continue to rise. Birds' eggs are an ideal system for

exploring the intersection between climate and trait diversity, because a tight thermal range is

necessary for the survival of the developing embryo[1], as eggs are unable to regulate their own

temperature[2]. As a result, many birds have adapted incubation behaviours and nest characteristics

in response to local conditions[3–5]. In addition to these behavioural adaptations, the adaptive value

of eggshell coloration for thermoregulation has been of longstanding interest[6–8]. These eggshell

colours are generated by just two pigments[9] and eggshell coloration is known to reflect local

environmental conditions[10,11]

The white colours found on many eggs (e.g., ostrich eggs) reflect incident solar radiation

from their surfaces, but can draw the attention of predators[12]. By contrast, dark brown or heavily

speckled eggs (e.g., artic loon eggs) may escape the visual detection of predators[13,14], particularly

in ground nesting birds[15,16], but these darker eggs should heat when left in the sun[7,17,18]. Therefore,

in hot climes eggs must balance thermoregulation with crypsis, while in cold climes birds laying

dark brown eggs have synergistic benefits of thermal regulation and crypsis. Thus, the potential

trade-off between thermal constraints and crypsis[19], are not equivalent across the globe; eggs found

near the poles should be darker, while those found near the equator should have higher luminance

(appear brighter) and more variable colours. The strength of these relationships should covary with

nest types, such that they are stronger in nests exposed to more light.

To quantify these ecogeographic patterns, we generated coordinates of avian eggshell

coloration within an opponent colour space spanning 634 species, representing 32 of the extant 36

orders of birds[20] (figure 1). Coordinates within this space correspond with avian perceived colour

and luminance (brightness), and they directly relate to physical metrics of colour (see Methods).

Then, we simulated random nests (N = 3,577,243) within each species' breeding range[21] and

assigned each species' eggshell colour and luminance. We then calculated the phylogenetic mean

colour and luminance (figure 1) for species found within each sampling area of an equal area

hexagonal grid, and associated annual temperature, and other climatic variables, with these

eggshell phenotypes. To explore the direct effects of solar heating on eggshell colours, we tested

the heating and cooling rates of white, blue-green, and brown *Gallus gallus domesticus* eggs under

natural sunlight conditions.

Figure 1. An opponent colour space based on
the difference between two opponent channels
(colour) and avian perceivable luminance,
illustrating the avian perceivable variation in
avian eggshell coloration. Inset eggs represent
where three distinct eggshell colour morphs fall
within this space. We illustrate the locations of
a gray catbird *Dumetella carolinesis*, peregrine
falcon *Falco peregrinus*, and Anna's hummingbird
Calypte anna representing blue-green, brown,
and white egg colours, respectively. The scale
of the gray catbird and peregrine are on the
same relative scale, but the hummingbird egg
was placed in its nest and enlarged for clarity.

Figure 2. An equal Earth projection of the global distribution of avian eggshell colour depicted in a (a) bivariate plot illustrating continuous variation in blue-green to brown eggshell and dark to light eggshell colours, in units of standard deviation from their means. We depict colour variation using the colours of the gray catbird *Dumetella carolinesis* and the peregrine falcon *Falco peregrinus* to represent blue-green and brown colour, respectively. Both avian perceived (b) colour ($R^2 = 0.83$, $\lambda = 0.94$, AICc $= -40,475$; latitude: $z = -0.06$, $p = 0.95$; latitude^2: $z = 4.67$, $p < 0.0001$) and (c) luminance ($R^2 = 0.88$, $\lambda = 0.94$, AICc $= -30,736$; latitude: $z = 2.08$, $p = 0.04$; latitude^2: $z = -9.26$, $p < 0.0001$) vary non-linearly across latitude, such that dark brown eggs are more likely at northerly latitudes.

We found that avian eggshell colours are darker and browner near the Arctic, and have greater

luminance and more variable colours near the equator (figure 2). Temperature accounted for 83.2%

and 88.0% of the variance in avian egg colour and luminance, respectively. Colder places had

significantly darker ($\lambda = 0.93$, AICc = $-30,763$; temperature: $z = 13.32$, $p < 0.0001$; temperature^2:

$z = -8.50$, $p < 0.0001$) and browner, eggs ($\lambda = 0.94$, AICc = $-40,467$; temperature: $z = -5.29$, $p <$

0.0001; temperature^2: $z = -2.04$, $p = 0.04$). These striking, nonlinear, relationships with latitude

and temperature suggest that avian eggshell colours are adaptive for thermal regulation in cold

climes, but not in other environments. In support of this, we found direct linear associations

between annual temperature and eggshell colour and brightness within two Köppen climate

regions[22] associated with cold climates (colour: $R^2 = 0.82$, $\lambda = 0.90$, AICc = $-13,546$, $z = -9.89$, p

< 0.0001; luminance: $R^2 = 0.94$, $\lambda = 0.93$, AICc = $-10,916$, $z = 11.80$, $p < 0.0001$; Figure 3), while

those patterns are weaker in other climate regions (colour: $R^2 = 0.79$, $\lambda = 0.89$, AICc = $-26,844$, z

$= -2.78$, $p = 0.006$; luminance: $R^2 = 0.72$, $\lambda = 0.91$, AICc = $-20,106$, $z = 1.06$, $p = 0.03$; Figure 4).

Although the role of thermoregulation in driving egg colour evolution has long been proposed as

an important selective pressure[19], dark brown colours are often considered costly because egg

temperatures are maintained close to their upper thermal limit[23]; thus, brown colours would be

counterproductive to shedding incident heat. Instead, our results illustrate that this classic trade-

off is dependent upon geography, where brown colours are adaptive for thermoregulation in only

some places on Earth.

Figure 3. Variation in avian perceived (a,c) colour and (b-d) luminance in (a,b) cold Köppen climate regions (blue dots) compared to (c,d) other ecoregions (pink dots). The central inset depicts those climate regions on the Earth. See figure 1 and methods for further details.

Under natural solar radiation, luminance and egg mass, explained 91% of the variance in surface heat gain ($F_{3,44}$ = 159.97, R^2_{adj} = 0.91, p < 0.0001), while colour did not significantly predict the rate of heat gain (colour: z = −0.05, p = 0.73; luminance: z = −1.40, p < 0.0001; mass: z = 0.43, p = 0.005; all VIF < 2.7; figure 5). Specifically, dark brown eggs heated faster (7.28 °C h^{-1}; $F_{3,44}$ = 127.3, R^2_{adj} = 0.89, p < 0.0001) than light brown (6.78 °C h^{-1}; p = 0.006), blue-green (5.71 °C h^{-1}; p < 0.0001), or white eggs (4.17 °C h^{-1}; p < 0.0001) and retained heat longer (figure S1*a*). This evidence suggests that pigmentation is an important factor in egg thermoregulation, such that darker eggs are more adaptive than lighter eggs in colder climes, especially in exposed nests. Because darker brown colours are more common in the coldest places, our findings suggest that the dark brown eggshell pigment, protoporphyrin, provides a greater thermal adaptive benefit than the blue-green eggshell pigment, biliverdin. Thus, birds may adapt an optimal colour to their

locale.

In cold climates, the ability to maintain temperature for longer periods of time afforded by

darker coloration is particularly important[24]. This is not to say that species laying exposed eggs

will leave their eggs unattended for longer, but instead, when unattended, dark eggs would have

greater heat retention over comparable time periods. Eggshell pigmentation thus can confer an

additional advantage over the chill tolerance found in some species. By contrast, in warmer

climates dark eggs might be more costly because they heat relatively quickly (e.g., nearly twice as

fast as white eggs). In these environments, species are subjected to competing selection pressures

and while eggs may have greater luminance (less pigmentation) in these warmer climes the colour

is unlikely to be selected for thermoregulation. Instead, in these environments eggs are likely

impacted by a range of other selective pressures: solar filtration[6,8,25,26], anti-microbial defence[27],

signalling of mate quality[28], and egg recognition[29,30]. Additionally, crypsis[31,32] and eggshell

strength[33] are known to influence egg coloration, and are likely important selective pressures

globally. This interpretation is supported by our data. Egg colour was increasingly variable nearer

the equator, indicating other selective pressures (e.g., ecological or behavioural) are acting on

eggshell coloration.

As predicted, the strength of these relationships varied with nest types that experience

differing levels of solar irradiance, such that these patterns were the strongest in ground nesting

birds which are exposed to the most light (*colour*: $R^2 = 0.77$, $\lambda = 0.88$, AICc $= -30,793$,

temperature: $z = -7.81$, $p < 0.0001$; *brightness*: $R^2 = 0.77$, $\lambda = 0.87$, AICc $= -23,955$ temperature:

$z = 9.63$, $p < 0.0001$), were weaker in cup nesting birds that often nest in dense foliage (*colour*: R^2

$= 0.62$, $\lambda = 0.81$, AICc $= -32,893$; temperature: $z = 8.68$, $p < 0.0001$; *brightness*: $R^2 = 0.78$, $\lambda =$

0.87, AICc $= -25,400$; temperature: $z = 10.92$, $p < 0.0001$), and weakest in cavity nests entirely

enclosed from light (*colour*: $R^2 = 0.68$, $\lambda = 0.85$, AICc = −37,734; temperature: $z = −1.02$, $p =$

0.31, *brightness*: $R^2 = 0.74$; $\lambda = 0.87$, AICc = −22,359; temperature: $z = 3.78$, $p = 0.0002$).

Interestingly, recent research has documented that in non-avian dinosaurs these two eggshell

pigments emerged in species employing exposed nesting strategies[34]. This evidence suggests that

nesting ecology was a pervasive and important selective pressure driving the evolution and

distribution of eggshell colours.

Our results indicated that temperature is the main selective pressure driving avian eggshell colour

in colder northern climates, but that further selective pressures may be more important at other

latitudes. The chemical properties of eggshell pigments underlying eggshell colours may have

adapted in response to other environmental forces. For example, eggshell pigments may protect

the developing embryo's DNA from ionizing radiation, due to their absorption peaks in the UV

range[8,25]. The blue-green pigment, biliverdin, absorbs more UV than protoporphyrin (the brown

pigment)[35]; therefore, we would expect more intense blue-green coloration in locales with high

UVB radiation. Cold regions had between 2.5 to 9.6 times less UVB radiation than other regions[36],

yet in both regions blue-green eggs were associated with locales with higher UVB and the

relationship was strongest in cold climes with the lowest UVB levels (*cold*: $\lambda = 0.85$, $z = −11.58$,

$p < 0.0001$, $R^2 = 0.82$, AICc = −13,458; *other*: $\lambda = 0.90$, $z = −4.28$, $p < 0.0001$, $R^2 = 0.79$, AICc =

−26,856). Moreover, luminance was only related to UVB levels in cold climes with lower UVB

levels (*cold*: $\lambda = 0.94$, $z = 12.31$, $p < 0.0001$, $R^2 = 0.95$, AICc = −10,956; *other*: $\lambda = 0.85$, $z = 0.45$,

$p = 0.65$, $R^2 = 0.71$, AICc = −19,959), suggesting that these relationships are driven by the strong

correlation between UVB and temperature (r = 0.91, p < 0.0001). Differentiating the independent

selection pressures exerted by either is an important area of future research.

It is also possible that protoporphyrin protects the egg from microbial invasion because

protoporphyrin has photo-dependent anti-microbial activity[27,37–40]. Because microbial loads are

associated with humidity[41,42], we expect to find browner eggs in more humid places; however,

although we found that in cold regions humidity significantly predicted eggshell colour ($\lambda = 0.89$,

$z = 4.00$, $p < 0.0001$, $R^2 = 0.81$, AICc = −13,358) and luminance ($\lambda = 0.96$, $z = -3.75$, $p = 0.0002$,

$R^2 = 0.94$, AICc = −10,874), it did not in other climate regions (colour: $\lambda = 0.90$, $z = 0.87$, $p = 0.38$,

$R^2 = 0.79$, AICc = −26,844; brightness: $\lambda = 0.90$, $z = 1.38$, $p = 0.17$, $R^2 = 0.79$, AICc = −26,863).

Together, these suggest an important role of eggshell coloration in thermoregulation in northern

latitudes, but suggests that other selective pressures are major drivers of eggshell colour diversity

in other parts of the world.

Here we provide a robust analysis across the full phylogenetic diversity of birds and at a

global scale to consider how abiotic factors have shaped the evolution and distribution of a trait.

We illustrate why such scale, scope, and depth is necessary to understand a classic example of an

ecological trade-off. Thus, while our findings provide a framework for understanding the selective

pressures shaping eggshell colours, they also provide insight into the forces driving pigmentation

generally. We show that abiotic pressures such as temperature constrain the expression of

phenotypes, and may limit the role of alternative selective pressures in some places while those

same traits may be less constrained in other places on Earth. Such explorations of the impact of

climate on phenotypes[43], particularly those inherently linked with survival[44], are necessary if we

wish to quantify climate change impacts. As temperatures rise in the Arctic[45], the egg colours

found in that region could be shifting from adaptive to maladaptive, while the resultant loss of

biodiversity remains unexplored. Thus, in addition to illustrating how abiotic factors have shaped

trait diversity our research outlines novel, unexplored consequences of anthropogenic climate

change.

Online content

Any methods, additional references, Nature Research reporting summaries, source data, statements

of data availability and associated accession codes are available at _. Birdlife Range data can be

requested at http://datazone.birdlife.org/species/requestdis

References

Main text references will go here.

Acknowledgements: We thank Long Island University for space and support for this project. We
also thank K. Mendola and K. Dalto for their assistance, and S. Tettelbach, M. C. Stoddard, and
T.E. Lewis for helpful comments.
Author contributions The concept was developed by D.H., data was collected by D.H. and P.C.,
colour analyses were conducted by D.H and I.R., biogeographic models were developed and
implemented by P.W., P.K, and D.H., the initial draft was prepared by P.W. and D.H., and all
authors edited the paper.
Correspondence and requests for materials should be addressed to D.H

Methods

Colour estimation: We used spectral reflectance data of avian eggshells ($N = 634$) spanning all avian orders excluding Eurypygiformes (two species: Kagu and Sunbittern) Leptosomiformes (one species: Cuckoo Roller), Mesitornithiformes (three Mesites species), and Pteroclidiformes (16 Sandgrouse species)[1]. Of those orders represented in our data, 87±4% of the families within them were sampled. These reflectance data were smoothed using a locally weighted polynomial function. These data had previously been used to determine the extant variation in avian eggshell coloration[47] within the avian tetrahedral colour[48,49]. We then modelled avian perceived colour of each eggshell using a noise limited neural model to estimate quantum catch for each photoreceptor. We calculated relative photoreceptor and double cone quantum catch[50] assuming the average photoreceptor sensitivity of an ultraviolet sensitive bird and the double cones of the blue tit *Cyanistes caeruleus*. To provide a comparable objective measurement of perceived eggshell colours we used an ideal illuminant with equal irradiance across all wavelengths for these analyses. Then we constructed an opponent colour space, using these quantum catches to calculate responses to opponent channels corresponding with relatively short and long wavelength light[51]. Specifically, we calculated the coordinates of eggshell colours within an opponent space defined by perceived eggshell luminance (y axis), and by opponent channels corresponding with the perception of relatively short and long wavelength light[51] defined by eggshell quantum catches to calculate responses (x axis). Specifically,

$SU = (q_s - q_u)/(q_s + q_u)$

$LM = (q_l - q_m)/(q_l + q_m)$

where, q_u, q_s, q_m, q_l represent the quantile catch of the ultraviolet, short, medium, and long

wavelength-sensitive photoreceptors, respectively[51]. The difference between LM and SU (divided

by 2) standardized all colour values to a minimum of −1 and a maximum of +1, corresponding

with blue-green and brown respectively (Fig. 1). The eggshell luminance was standardized to the

brightest value. Unlike previous analyses that quantified avian eggshell coloration[47,52,53], this

approach uses quantum catch from all four receptors, while providing a quantification of variation

in coloration from blue-green to brown, along with a second dimension of capturing variation in

perceived eggshell luminance (Fig. 1). Although species differ in their photoreceptor sensitivity,

the opponent colour spaces the average ultraviolet- and violet-sensitive avian viewer, two broadly

divergent types of avian vision[54], were highly correlated (*colour*: $\beta = 0.93$, $CI_{0.95} = 0.90$ to 0.95, *p*

< 0.0001, Pagel's $\lambda_{max}=0.92$; *luminance*: $\beta = 1.00$, $CI_{0.95} = 0.999$ to 1.003, $p < 0.0001$, Pagel's

$\lambda_{ML}= 0.85$). Our use of avian perceived colour and luminance is important for future studies

involving conspecific signalling[28], brood parasitism[55], and avian predation[56]. Our calculated avian

perceived colour and luminance relate to a measure of blue-green chroma (the sum of the

reflectance within 450 and 550nm divided by the sum total reflectance within 300 and 700nm) and

brightness (the average reflectance within 300 to 700nm)[57] (*colour*: $\beta = -0.92$, $CI_{0.95} = -0.95$ to

-0.88, $p < 0.0001$; *luminance*: $\beta = 0.98$, $CI_{0.95} = 0.98$ to 0.99, $p < 0.0001$), respectively. We chose

to quantify colour using an avian perceptual system because they actively select eggs, and therefore

these data have value for meta-replication when testing hypotheses related to avian signalling.

Biogeographical sampling: We downloaded bird distribution maps from Birdlife[21], and buffered

entirely oceanic ranges by 10 km using the 'Digital Chart of the World' base map[58] to restrict all

ranges to land. We chose the 10 km buffer because it was well within one sampling area (see

below). Then, we removed all lakes from all sampled species bird ranges using a 1:10,000,000

map of worldwide lakes from Natural Earth Data version 3.0.0[59]. We obtained environmental data

from WorldClim[60], National Center for Atmospheric Research[36] and the Atlas of the Biosphere[61]

datasets. Next we randomly generated one nest every 10,000 km^2 within each species' breeding or

resident range[21]. Each point was then assigned its species' colour and luminance value. We

overlaid an equal area hexagonal discrete global grid (ISEA aperture 3, resolution 7, $N = 7,158$),

and within each hexagon (hereafter locales) we averaged both egg and environmental data. Köppen

climate regions[22] were summarized to their primary categories: tropical (mean species richness =

29.89±0.37), arid (23.04±0.42), temperate 36.60±0.59), cold (40.28±0.47), and polar

(12.82±0.32). We pooled cold and polar regions to represent 'cool' regions. Each locale was

assigned its modal climate classification. All biogeographic sampling was conducted using

ArcGIS ArcMap version 10.5 (Esri, Redlands, CA).

Phylogenetic and geospatial analysis: We accounted for the phylogenetic relatedness among birds

by constructing a phylogenetic hypothesis using a sample of 9,999 fully resolved phylogenetic

trees from a recent complete avian phylogeny[62,63]. Using these data, we calculated the Bayesian

maximum credibility tree (Extended Data Fig. 3), using the mean branch lengths of the candidate

set using DendroPy[64], dropping 10% of trees as burn in. We then assigned all nodes an ancestral

nest type, assuming equal rates using a maximum likelihood estimation[65]. For each locale, we

calculated the phylogenetic mean colour and luminance for all birds, as well as birds nesting

exclusively on the ground, in open nests, dome nests, cavities, or in mounds using the 'phyloMean'

function in the 'motmot 2.0' package. We removed any locale that could not be phylogenetically

controlled for (e.g., fewer than 3 species), which reduced our final sample size to 6,692 locales.

Although phylogenetic signal[66] varied across geography (colour: Moran's I = 0.84, $p < 0.0001$,

brightness: Moran's I = 0.89, $p < 0.0001$), phylogenetic means and non-phylogenetic means were

highly correlated (colour: z = 97.48, $p < 0.0001$, luminance: z = 104.81, $p < 0.0001$) suggesting

that any bias introduced by controlling for full phylogenetic signal (Brownian motion) was

minimal (Extended Data Fig. 2).

Thermoregulation and colour: We tested whether the thermoregulatory properties of the egg could

be predicted by eggshell colour and luminance using domestic chicken *Gallus gallus domesticus*

eggs (Carrol's, Pete and Jerry's, and Stop and Shop) under natural illumination conditions. These

eggs ($N = 48$) were either dark brown, light brown, blue-green, or white. Each egg's mass was

recorded using a microbalance (Ohaus Adventure Pro, model AV114C, $\pm$ 0.0001g) to the nearest

centigram, their surface reflectance recorded using an Ocean Optics Jaz photometer (Ocean Optics,

Jaz, Dunedin, Florida, USA), and then each egg's coordinates within the opponent space. The eggs

were then sorted into 12 groups of four, each containing an egg of each colour in a random order.

These eggs were acclimated to room temperature ~24.1 °C overnight, and then placed in direct

sunlight on 24 August 2018 at 27°C. We measured temperature using a thermal imaging camera

(FLIR Infra-Cam) at 15-minute intervals for 75 minutes spanning solar noon (30 min prior to 45

minutes after). Mean egg temperature for each egg was calculated using calibrated thermal images

in ImageJ[67]. To estimate the capacity for heat retention in these colour categories eggs, we heated

two new sets of eggs (sourced as above) in simulated nests made of locally sourced topsoil, sand,

and fallen leaves ($N = 24$) to incubation temperature (37°C) in a Powers Scientific Inc. (model

DROS33SD) incubator overnight. These eggs were placed outside in direct sun on May 9th, 2018

at 24.1°C, and another similar set was placed in the same location on a partly cloudy day on

May10[th], 2018 at 17.8 °C. We measured egg temperatures every minute for 25-36 minutes using a

FLIR Infra-Cam. To verify that estimates of surface temperature measured by the FLIR Infra-Cam

correspond with internal temperatures, we inserted a Omega type T thermocouple (Omega

SSRTC-TT-T-24-36) 2.5 cm into dark brown ($N = 3$) and white eggs ($N = 3$) and recorded internal

temperature using a thermocouple logger (Omega HH506RA); internal and external temperature

were highly related (r = 0.92, $CI_{0.95}$ = 0.83 to 0.95, $p < 0.0001$; Extended Data Fig. 1b).

Statistical analysis: We accounted for spatial autocorrelation in both dependent and independent

variables using a spatial Durban model, using first and second order Queen's contiguity[68]

weighting and lower-upper matrix decomposition. A first order Queen's contiguity considers all

neighbours for each locale, while in this case a second contiguity considers all neighbouring

locales as well as all their neighbours (weights were roughly equivalent to ~350 km). We use AICc

[69,70] to determine whether the model weighted by the first or second order contiguity better

explained our data, and we report the model with the lowest AICc. We calculate and report impact

statistics (e.g., z scores and p values) for each spatial Durbin model. All isolated locales and locales

with missing information were removed from weight files, which is a requirement of the spatial

Durbin model. This resulted in datasets of eggshell coloration and luminance of the eggs from

locales containing all birds ($N = 6,692$), ground nesting birds ($N = 6,539$), open nesting birds ($N =$

6,475), and cavity nesting birds ($N = 6,557$). Phylogenetic mean colour and luminance for each

nest type was considered in the presence of all possible nest types at each locale, rather than

truncating the dataset. Dome nesting birds and mound builders were retained for these calculations

(Extended Data Fig. 3), but we do not have predictions for these groups so we do not explore their

independent relationships. We predicted the rate of heating of chicken eggs under natural incident

solar radiation based on colour, luminance, and mass using a general linear model. We report the

variance inflation factor (VIF) for models predicting heat gain by colour or luminance to account

for the correlation between egg mass and these parameters.

Data availability

The data that support the findings of this study are available from the corresponding author upon

request.

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Extended Data Fig. 1. Eggshell surface temperatures under (a) natural ambient conditions 24.1 °C
for dark brown (db), light brown (lb), blue-green (bg), and white domestic chicken eggs. Over this
time course brown eggs retained their intial temperature, while blue-green eggs lost temperature
slowly, and white eggs lost temperature rapidly. After 20 minutes, dark brown eggs were 7°C warmer
than white eggs in the same location. These external surface tmperatures were (b) related to the internal
temperatures for dark brown (filled) and white (open) eggs (see Methods for details). The external
temperatures change more rapidly than internal temperatures when wind increases convective cooling
(arrows), as experienced 10 minutes into this trial (inset).
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Extended Data Fig. 2. Relationships between the phylogenetic and weighted means for (a) colour
and (b) luminance, as well as the relationship between the (c) colour and (d) luminance components
of the opponent colour space calculated for the average violet- and ultraviolet-sensitive avian viewer.
Here the weighted means were calculated using an intercept-only phylogenetic generalized least
squares, where estimates correspond with weighted means[68] but the maximum likelihood value for
Pagel's lambda[63] is calculated for each locale. These figures illustrate the maximum degree of error
introduced into our analyses (residuals) by our application of phylogenetic means and ultraviolet-
sensitive visual systems. In both cases more fine-tuned variation likely exists in our data, but these
illustrate extremes (e.g., no phylogenetic correction versus full Brownian motion, and two common
but broadly divergent visual systems). The inset histograms represent the residuals from each's

respective tests (see Results). Units are scaled, and presented on a comparable scale (−2.5 to 2.5
standard deviations) and dashed lines represent −1 and 1 standard deviation, respectively. The
percentages above each histogram represent deviations more extreme than 1 standard deviation.
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524 **Extended Data Fig. 3**. The maximum clade credibility tree used in this study. Here we plot branch
525 lengths in continuous coloration representing avian perceived eggshell luminance from dark (red)
526 to bright (blue). At each node, we illustrate pie charts representing the most likely ancestral state
527 for nest types: ground nesting (black), cup nesting (blue), dome nesting (green), cavity nesting
528 (orange), and mound nesting (red).
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