

1 Parasite histones mediate leak and coagulopathy in cerebral malaria

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32 Short Title: Histones in cerebral malaria

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35 Keywords: Malaria, Severe, Cerebral, Endothelium, coagulation, brain, swelling, blood brain
36 barrier, histones

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43 **Abstract:** Coagulopathy and leak, specific to the brain vasculature, are central pathogenetic
44 components of cerebral malaria (CM). It is unclear how the parasite, *Plasmodium falciparum*,
45 triggers these processes. Extracellular histones, released from damaged host cells, bind to cell
46 membranes and cause coagulation activation, platelet aggregation and vascular leak in
47 diverse critical illnesses. In CM patients with *P. falciparum*, serum histones correlate with
48 fibrin formation, thrombocytopenia, and endothelial activation and predict brain swelling on
49 magnetic resonance imaging and fatal outcome. Post-mortem, histones bind to the luminal
50 vascular surface, co-localizing with *P. falciparum*-infected erythrocytes (IE), and with
51 thrombosis and leak. Purified *P. falciparum* histones cause toxicity and barrier disruption in
52 cultured human brain microvascular endothelial cells, as does serum from CM patients,
53 reversed by anti-histone antibodies and non-anticoagulant heparin. These data implicate
54 parasite histones as a key trigger of fatal brain swelling in CM. Neutralizing histones with
55 agents such as non-anticoagulant heparin warrant exploration to prevent brain swelling and
56 improve outcome.

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88 Introduction

89 Cerebral malaria (CM) is a severe complication of *Plasmodium falciparum* infection. Despite
90 effective antimalarial drugs, 10-20% of children developing CM die (1), contributing to
91 400,000 malarial deaths per year, mostly in children in sub-Saharan Africa (2). Recent MRI
92 studies implicate blood brain barrier (BBB) breakdown and brain swelling in the causal
93 pathway to death (3, 4). Death typically occurs in the first 24 hours after admission (5), with
94 children who do not reach critical levels of brain swelling frequently recovering rapidly. BBB
95 stabilization, through targeting causal pathways to vascular leak in the brain, could halt this
96 brain swelling and reduce mortality.

97
98 A defining feature of CM is cytoadherence of *P. falciparum* infected erythrocytes (IE) to
99 endothelial cells (EC) and sequestration in the microvasculature (1). *In vivo* retinal imaging (6,
100 7), post-mortem histology (8, 9) and *in vitro* data (10) demonstrate spatial-temporal links
101 between sequestration and microvascular leak and thrombosis, and coagulopathy predicts
102 fatal outcome in CM (11, 12). Post-mortem studies in African children demonstrate
103 sequestration in multiple organs, whereas leak and coagulopathy are most prominent in the
104 brain (9, 13, 14); implying that sequestration provides a parasite stimulus for vascular leak
105 and coagulopathy and that the response to this stimulus is different in the brain (8, 15). The
106 nature of this parasite stimulus remains unclear.

107
108 Extracellular histones, released by damaged or immune activated host cells have emerged as
109 critical EC damage mediators in diverse severe illnesses including sepsis (16), inflammatory
110 conditions (17) and trauma (18). Hallmark features of histone toxicity are thrombocytopenia
111 (19) and microvascular thrombosis and leak (16, 18). In patients with sepsis or trauma, histone
112 levels correlate with clinical severity scores (20), thrombocytopenia (19), coagulation
113 activation (18, 20, 21) and predict outcome (22). In animal models of sepsis or trauma, the
114 release of extracellular histones are causal in these processes and in fatal outcome, which are
115 prevented by anti-histone antibodies (18, 20, 23), heparins, including non-anticoagulant
116 heparins (24) (which neutralize histones) and by activated protein C (aPC, which degrades
117 histones) (16). In mice, infusion of exogenous histones of >30mg/kg are toxic and of >60mg/kg
118 are fatal; histologically histones are observed to bind to the endothelium, associated with
119 microvascular coagulopathy and vascular leak (22). *In vitro*, histone binding to the EC
120 membrane causes toxicity and barrier disruption (22, 23). The cationic domain of histones
121 also induces Weibel Palade body exocytosis, endothelial activation and thrombocytopenia
122 through platelet aggregation on von Willebrand Factor strings (25). Histones further induce a
123 procoagulant phenotype through upregulation of endothelial tissue factor (26). By an
124 unknown mechanism, histones decrease cell surface thrombomodulin *in vitro* (27), and
125 induce thrombomodulin shedding *in vivo* (18).

126
127 Given the striking similarities between the vascular leak, coagulopathy and thrombocytopenia
128 induced by histones in other conditions (16, 22) and those at sites of sequestration in CM, in

129 particular the brain (8, 9, 14), we hypothesized that histones might be an important causal
130 factor in CM pathogenesis. *P. falciparum*, as mammalian cells, contains histones (H2A, H2A.Z,
131 H2B, H3, H4), packaged in nucleosomes with DNA. Following sequestration, intraerythrocytic
132 merozoites multiply 16-24 times to form a schizont, increasing nuclear material, including
133 histones, by an order of magnitude. Schizonts rupture releasing their contents, extruding *P.*
134 *falciparum* histones *in vitro* into culture medium (28). Similar to mammalian histones, on
135 cultured ECs, purified plasmodial histones cause inflammatory pathway activation, toxicity
136 and barrier disruption (28). Therefore, histones may link sequestration and vascular
137 pathology in CM; sequestration bringing histone-packed schizonts in contact with the
138 endothelial surface, concentrating exposure to extruded histones many fold. The brain might
139 be particularly vulnerable to this mechanism. Firstly, there are high levels of sequestration in
140 the brain in CM (14, 29, 30). Secondly the brain may have reduced capacity to breakdown
141 histones: the human brain has reduced innate capacity to produce activated protein C (aPC)
142 (31), owing to low constitutive thrombomodulin and endothelial protein C receptor (EPCR)
143 expression (32, 33), the receptors involved in aPC production. Moreover, parasite variants
144 associated with the development of CM utilize EPCR as a binding receptor (34, 35), interfering
145 with its function and the production of aPC (35, 36). Thus histones released by IE would be
146 predicted to concentrate and be particularly toxic in the brain.

147
148 Supporting that *P. falciparum* histones may be released in patients with malaria, nucleosomes
149 have been detected in the plasma of South-East Asian adults with malaria, which were higher
150 in severe cases (28). However the association between nucleosomes (which have minimal
151 toxicity (21)) and free histones is variable and it was not identified whether these
152 nucleosomes were of host or parasite origin, or whether they were active. Thus, it remains
153 uncertain whether significant levels of parasite histones are produced *in vivo* in patients with
154 malaria and there are no data assessing the association between histones and clinical or
155 laboratory indicators of severity or coagulation and leak, nor data to assess whether
156 plasmodial histones bind in the vasculature at sites of sequestration.

157
158 Here we address these gaps. Using detailed laboratory, clinical and MRI imaging data we link
159 histone levels in the blood to fibrin formation, endothelial activation and thrombocytopenia
160 and to brain swelling and fatal outcome. Through post-mortem brain tissue samples from CM
161 cases we show marked correlation between sequestration and the deposition of histones on
162 the endothelial surface, and co-localisation with thrombosis and leak in the brain vasculature.
163 We then demonstrate a causal role of *P. falciparum* histones in these processes through *ex*
164 *vivo* experiments.

165 166 **Methods**

167 *Patients and blood samples*

168 Children aged 6 months – 16 years were recruited at Queen Elizabeth Central Hospital,
169 Blantyre Malawi between January 2010 and August 2011. Inclusion criteria are described

170 previously (8). Children who met WHO criteria for CM underwent funduscopic examination
171 by an ophthalmologist: characteristic retinal changes indicate sequestration of IE in the
172 brain(37) and distinguish retinopathy-positive CM with stringently defined CM (CM-pos) from
173 cases with retinopathy negative CM (CM-neg), who are more likely to have an alternative
174 diagnosis (1), to which malaria makes a variable contribution (38) and thus may have a
175 different coma aetiology. Venous blood was collected at admission into plain or sodium
176 citrate tubes and serum and plasma prepared as previously described(39), stored at -80°C
177 until assays were performed. Circulating histone levels were quantified by a custom
178 immunoblot assay (18-20) and Osteoprotegrin, Fibrin monomers, F1+2 fragment by ELISA as
179 described previously (8, 11, 40).

180

181 *MRI scans and scoring of brain swelling*

182 MRI images were acquired using a 0.35-Tesla Signa Ovation Excite MRI scanner (General
183 Electric). Images were scored independently by two radiologists who were blinded to
184 patient disease group and outcome. A score from 1 – 8 was assigned to each scan, based on
185 cerebral hemisphere swelling, using pre-specified criteria – described previously (3). We
186 divided patients into 4 groups on the basis of this 8-point score: Score 1- 3, No brain
187 swelling; 4-5, mild brain swelling; 6, moderate brain swelling and 7-8, severe brain swelling.
188 A number of children did not have MRI scans. When this was because they recovered from
189 coma within 12 hours we deemed it likely that they did not have significant brain swelling
190 and included them in category 1. Other MRI scans were not performed for several reasons
191 (e.g. patient clinical unstable, equipment issues), we could not reasonably assign a category,
192 and missing data were handled by listwise deletion.

193

194 *Isolation and purification of *P. falciparum* histones*

195 ITG mature IE were lysed with saponin and *P. falciparum* histones (H2A, H2B, H3, H4) purified
196 using a Kit (Active Motif). Protein concentrations were determined by Biorad Protein Assay,
197 using bovine serum albumin and purified calf histones (Roche) standards and purity examined
198 by SDS-PAGE and Coomassie staining (>95% pure; Fig. S3)

199 *Mass spectrometry sample preparation*

200 Purified *P. falciparum* and human histones (New England Biolabs) (6µg), normal serum,
201 histone spiked serum and CM patient serum were separated by 15% SDS-PAGE and stained
202 with Coomassie brilliant blue. The excised gel slices (<35kDa) from SDS-PAGE, were cut into
203 1mm³ plugs, transferred to a microtube and fully de-stained using 25mM Ambic alternately
204 with Ambic/MeCN (2:1). Cysteine reduction was performed by adding 100µL DTT solution
205 (1.5mg/mL) and incubated at 60°C for 60 min. Samples were centrifuged and the supernatant
206 was discarded. Alkylation was performed by the addition of 100µL iodoacetamide (10mg/mL)
207 for 45 min (protected from light). Samples were centrifuged and the supernatant discarded.
208 Gel plugs were then washed with Ambic (25mM) for 15min at 37°C. To fully dehydrate the gel
209 plugs, samples were washed with MeCN. In-gel digestion was performed by adding 100µL of

210 trypsin (12.5ng/ μ L in 25mM Ambic) to each sample with overnight incubation at 37°C, and
211 reactions terminated by the addition of 10 μ L formic acid (1% final concentration). The
212 solutions surrounding the gel plugs (containing the tryptic peptides) were retained for
213 analysis. To extract additional peptides from the gel plugs, a further incubation with a solution
214 containing water:MeCN:FA (50:49:1) and then MeCN:FA (80:19:1) was performed. Finally,
215 solutions were pooled and dried to a 10 μ L solution.

216

217 *Liquid Chromatography-mass spectrometry analysis*

218 Analysis was performed using an Ultimate 3000 RSLC™ nano system (Thermo Scientific,
219 Hemel Hempstead), coupled to a QExactive-Hf™ mass spectrometer (Thermo Scientific).
220 Samples were loaded onto a trapping column (Thermo Scientific, PepMap100, C18, 300 μ m X
221 5 mm), using partial loop injection, for seven minutes at a flow rate of 9 μ L/min with 0.1%
222 (v/v) FA. Samples were then resolved on the analytical column (Easy-Spray C18 75 μ m x 500
223 mm 2 μ m column) using a gradient of 97% A (0.1% formic acid) 3% B (99.9% ACN 0.1% formic
224 acid) to 60% A 40% B over 15 min at a flow rate of 300 nL min⁻¹. The data-dependent program
225 used for data acquisition consisted of a 70,000 resolution full-scan MS scan (AGC set to 1 x
226 10⁶ ions, with a maximum fill time of 20ms) the 10 most abundant peaks were selected for
227 MS/MS using a 35,000 resolution scan (AGC set to 1 x 10⁵ ions with a maximum fill time of
228 100ms) with an ion-selection window of 3 m/z and a normalized collision energy of 28. To
229 avoid repeated selection of peptides for MS/MS the program used a 15 second dynamic
230 exclusion window. Sequence alignment was performed in PEAKs software (v8.5) against both
231 *P. falciparum* and *Homo sapiens* databases. Once species-specific peptides were identified
232 they were further verified using Skyline analysis software for quantification (comparisons
233 between the specific amino acid sequences of *P. falciparum* and *Homo sapiens* histone
234 proteins illustrated in Fig S4).

235

236 *Immunohistochemistry*

237 Brain tissue samples of parietal cortex were collected at autopsy from Malawian children
238 dying with encephalopathic illness and were formalin fixed and paraffin embedded as
239 described previously (9). Based on clinical information and autopsy findings the cause of
240 death was determined for each case by a clinical pathologist. We used samples classified into
241 one of 3 overall categories as defined previously (1): 1) Definitive CM (CM1 and CM2) –
242 children who met the case definition for CM during life and who at death had sequestration
243 of IE in cerebral vessels and in whom no alternative cause of death was identified at autopsy;
244 2) 'Faux CM' (CM3) – met the case definition for CM during life but who had no visible
245 sequestration of IE in cerebral vessels and in whom at autopsy another cause of coma and
246 death was identified in all cases; 3) Aparasitemic non-malarial coma comatose patients who
247 had no detectible malaria parasites in blood or tissue.

248

249 Cortical sections (4 μ m in thickness) were stained for histones and fibrinogen. Heat-induced
250 antigen retrieval in citrate buffer (pH 6.0) was performed prior to incubation with primary

251 antibodies: anti-histone H3 (Abcam); anti-Fibrinogen (ThermoFisher)). Bound primary
252 antibody was detected with an immunoperoxidase kit (EnVision Plus; Dako). Negative
253 controls without primary antibody were used for all samples to confirm specificity.
254 Immunohistochemistry was performed on all cases by a single investigator blinded to
255 histologic diagnosis. Slides were scored by 3 investigators blinded to histological classification.
256 70 random vessels were scored from each slide. IE sequestration for each vessel was scored
257 as: negative (0); positive but <50% of the vessel lumen (+) or >50% of the vessel lumen (++)
258 Histone membrane staining for each vessel was scored as absent (0); weak (+) or strong (++)
259 Fibrinogen extravasation as a marker of leak was scored for each vessel as absent or present.

260

261 *Endothelial cell culture, endothelial cell damage assays and barrier function assays*

262 Primary HBMEC (Cell Systems, US) were cultured in 1% gelatin-coated flasks, in Complete
263 Medium containing 10% FBS (Cell Systems, US) as per manufacturer's instructions.

264

265 For toxicity assays, HBMEC were treated with either purified histones in Cell Systems media
266 with 2% serum or serum from healthy controls or patients for 1 hour at 37°C, under 5% CO₂.
267 Cell viability was determined by propidium iodide (PI) staining and quantified using flow
268 cytometry. Cell toxicity in patient samples was calculated as the percentage of cells that were
269 PI positive, subtracting the percentage of PI positive cells from the healthy donors from each
270 sample. For anti-histone treatments, patient sera were pre-incubated for 10mins with anti-
271 histone single-chain variable fragment (ahscFv; 200 µg/ml, synthesis described previously
272 (18)) or with non-anticoagulant N-acetyl heparin (200 µg/ml; Sigma).

273

274 Transmembrane permeability of confluent HBMEC was analysed in a dual-chamber system
275 (0.4 µm pore size; Millipore). HBMEC were treated with normal serum or patient serum for
276 1hr, replaced with horse radish peroxidase (HRP)-containing media. Leaked HRP over 1hr was
277 determined using TMB substrate (ThermoFisher) on a microplate reader (450nm).
278 Permeability was expressed as a fold change compared to monolayers treated with pooled
279 normal serum from healthy UK donors [RETH000685].

280

281 *In vitro platelet aggregation*

282 Platelets (2x10³/µl) prepared from healthy donors were mixed with pooled plasma spiked
283 with malarial histones. Platelet aggregation was determined optically at 405nm (Multiskan
284 Spectrum plate reader, ThermoScientific) in a 96-well plate, over 15mins at 37°C. To
285 normalize for differences in optical density between plasma samples each sample was
286 blanked with plasma in the absence of platelets, allowing the specific changes in optical
287 density induced by platelet aggregation to be determined.

288

289 *Statistical analysis*

290 Statistical analyses were performed using Stata (version 11; Statacorp) and Prism (version 5;
291 GraphPad) software. Continuous variables were assumed to have normal or log normal

292 distribution depending on their level of skewness. Differences between groups were
293 compared using linear regression models. To adjust for multiple comparisons we used the
294 Tukey (when comparing all groups to each other) or Dunnett tests (when comparing all groups
295 to a control group). The association between histone levels and other variables was assessed
296 by linear regression and expressed as correlation coefficients. For ordered categorical slide
297 scoring data, the associations between histological classification, extent of sequestration and
298 degree of fibrinogen extravasation were assessed by use of ordinal logistic regression models,
299 controlling for clustering within cases and adjusting for any differences between scorers. All
300 tests were two-tailed with a conventional 5% alpha-level.

301

302 **Results**

303 *Circulating concentrations of extracellular histones are elevated in cerebral malaria cases and*
304 *levels correlate with the degree of fibrin generation and with endothelial activation*

305 Clinical characteristics of the patients are detailed in Table 1. Compared with CM-pos, CM-
306 neg patients had a higher haemoglobin and platelet count and lower lactate level and parasite
307 count. To explore whether histones are released *in vivo* and whether levels were associated
308 with diagnosis, we measured circulating histones in serum samples taken from patients on
309 admission. Histone concentrations were markedly higher in children with CM-pos than in
310 children with CM-neg, non-CM encephalopathy, uncomplicated malaria, non-severe febrile
311 illness or healthy controls (Fig 1A). These differences were not explained merely by an
312 association with parasite density as there was only weak correlation between extracellular
313 histone levels and peripheral parasite density ($r=0.22$ $p=0.0044$, Fig 1B) and there was no
314 correlation between histone and histidine rich protein 2 levels (PfHRP2, a released parasite
315 protein used as a marker of biomass [$r=0.09$, $p=0.25$]).

316

317 To explore histones as a possible trigger for coagulation activation in CM we assessed the
318 association between circulating histones and markers of *in vivo* fibrin formation and
319 coagulation activation (11). In CM-pos cases, plasma fibrin monomer concentrations
320 correlated with circulating histone levels ($r=0.56$; $p<0.001$, Fig 1C) more strongly than with
321 (log) peripheral parasite density ($r=0.34$, $p<0.001$), PfHRP2 ($r=0.24$, $p=0.013$), platelets ($r=-$
322 0.18 , $p=0.2$), lactate ($r=0.33$, $p<0.001$), blood glucose ($r=0.08$ $p=0.58$) or haemoglobin
323 ($r=0.06$, $p=0.89$). Circulating histone levels showed a moderate correlation with prothrombin
324 fragment F1+2 (a marker of thrombin generation ($r=0.34$, $p<0.001$; Fig 1D)). Hence
325 circulating histones better predict fibrin generation and coagulation activation than parasite
326 density or other markers of disease severity.

327

328 Histones cause Weibel Palade Body (WBP) exocytosis and thrombocytopenia in mice through
329 endothelial activation and increased platelet adhesion (25). Here circulating histone
330 concentration correlated negatively with platelet levels, weakly in the subgroup of children
331 with retinopathy positive CM ($r=-0.22$, $p=0.0039$ [in whom thrombocytopenia was nearly
332 universal]), but moderately when patients with retinopathy negative CM were also

333 considered ($r = -0.41$, $p < 0.001$; Fig 1E). Endothelial activation and WPB exocytosis are well
334 established in CM including release of osteoprotegrin (OPG), which we have previously shown
335 correlates with thrombocytopenia (40). Here circulating histone concentration correlated
336 with plasma osteoprotegrin concentration ($r = 0.54$, $p < 0.001$, Fig 1F). These data show a
337 specific association between histones and CM-pos but not with CM-neg or aparasitaemic
338 encephalopathy and suggest a link between extracellular histones and critical factors involved
339 in clot formation and localization.

340

341 *Association between histone levels, brain swelling and fatal outcome.*

342 Given this association between histones and coagulopathy, a process implicated in brain
343 swelling (41) and death (8, 42) in CM, we assessed the correlation between histone levels and
344 fatal outcome and brain swelling. In children with CM-pos, the serum histone concentration
345 was significantly higher in patients who died ($n = 24$; geometric mean $35.7 \mu\text{g/ml}$ [18.6 – 68.6
346 $\mu\text{g/ml}$]; Fig 2A) than in patients who survived ($n = 146$; geometric mean $21.6 \mu\text{g/ml}$ [16.4 –
347 $28.6 \mu\text{g/ml}$]; $p = 0.04$).

348

349 In CM-pos cases histone levels were 3 times higher in children who had moderate brain
350 swelling (geometric mean $26.9 \mu\text{g/ml}$; 95% CI $17.45 - 41.42$, $p = 0.028$) or severe brain
351 swelling ($29.86 \mu\text{g/ml}$; 95% CI $18.58 - 47.97$, $p = 0.012$) than in children who had no evidence
352 of brain swelling on MRI ($8.79 \mu\text{g/ml}$; 95% CI $3.09 - 25.01$) (Fig 2B). In comparison peripheral
353 parasite density, PfHRP2, lactate, platelet levels, and osteoprotegrin levels were not
354 significantly associated with brain swelling (Fig.S1). There was a significant association
355 between platelet levels and swelling and lactate levels and swelling when a less stringent
356 definition of CM was used (i.e. when both CM-pos and CM-neg cases were included, Figure
357 S2), this wider inclusion also increased the strength of association for histones (Figure S2).
358 Taken together these data indicate a strong association between histone levels and the
359 degree of brain swelling over and above other laboratory factors associated with severity in
360 CM.

361

362 *Detection of significant levels of P. falciparum histones in patient samples using mass*
363 *spectrometry*

364 Owing to the highly conserved nature of histones, with >90% sequence homology between
365 *Plasmodium* and human histones, available antibodies react with both human and
366 *Plasmodium* histones (28). We developed a semi-quantitative mass spectrometry method
367 (outlined in Figure 3A), to determine the proportion of parasitic and human histones within
368 patient samples. Using *P. falciparum* histones purified from culture (Fig. S3), and pure human
369 histones, we identified specific peptides for both H4 (Fig. 3B, C, Fig. S4) and H2A.Z (Fig. S4)
370 that distinguished between *P. falciparum* and human histones (Fig. 3D, E). We then applied
371 this method to serum samples from 10 children with CM-pos. *P. falciparum* and human
372 histones were identified in all 10 CM cases, with *P. falciparum* histones constituting a mean
373 of 51% (range 2% to 91%, Fig. 3F, G) of the total histone concentration.

374

375 *Accumulation of histones at the endothelial surface in the brain in fatal cases is associated*
376 *with sequestration and with blood brain barrier breakdown*

377 Histone mediated barrier disruption is caused by histones binding to the endothelium,
378 observed by histology in histone-infused mice (22). To explore whether extracellular histones
379 bind to the endothelium in CM we performed immunostaining for histones in post-mortem
380 brain samples from Malawian children (details of cases in Table S1). Compared with “faux
381 CM” (CM3) cases (n=6, Fig 4A) or non-CM cases (n=5) luminal histone staining was more
382 frequent and stronger in CM cases (CM1/2, n=15, Fig 4B). Quantifying this by scoring with
383 observers blinded to diagnosis, strong membrane staining was markedly associated with
384 definitive CM when compared with faux CM (odds ratio [OR] 2.6; 95% Confidence Interval [CI]
385 1.7 – 3.9; p<0.001) or non-CM (OR 7.2; 95% CI 5.0 – 10.6; p<0.001; Fig 4C).

386

387 Among definitive CM cases there was a strong association between histone membrane
388 staining and the presence of IE. This increased with more intense IE-sequestration: when
389 sequestration was present but in less than 50% of the vessel (+) the OR of histone membrane
390 staining being present was 5.2 (95% CI 2.8 – 9.7, p<0.001; Fig 4D); when greater than 50% of
391 the vessel contained sequestered IE (++) the OR for the presence of histone staining was 16.9
392 (95% CI 9.2 – 31.3; p<0.001).

393

394 Histone staining was also strongly correlated with areas of BBB breakdown, demonstrated by
395 staining for fibrinogen extravasation (Fig 4E): weak histone staining was associated with an
396 OR of 2.8 for the presence of fibrinogen extravasation (95% CI 1.6 – 5.0; p<0.001, 4F) and
397 strong histone staining with an OR of 4.5 for fibrinogen extravasation (95% CI 1.8 – 11.4;
398 p=0.001), as shown in fig.4H as “% of vessels with leak”. Histone staining was also observed
399 to co-localize with thrombi (Fig 4G) and with ring hemorrhages (Fig 4H).

400

401 *Purified P. falciparum histones and serum from CM cases induce endothelial damage and*
402 *barrier disruption*

403 Mammalian histones directly induce endothelial cell membrane damage and barrier
404 disruption on human vein umbilical vein EC (16, 18) and *P. falciparum* histones induce damage
405 in dermal and lung EC (28). To investigate the potential relevance of this in the brain, we
406 tested whether purified *P. falciparum* histones cause cell damage and leak on primary human
407 brain microvascular EC (HBMEC). *P. falciparum* histones induced significant cellular toxicity
408 (n=3 for each condition, Fig. 5A, B) similar to the effects seen with mammalian histones (16,
409 18). To demonstrate that this effect was specifically induced by histones, and not a
410 contaminant, we used an anti-histone single-chain Fragment variable (ahscFv), previously
411 shown to inhibit histone toxicity (18, 43). ahscFV abrogated histone-induced toxicity (Fig. 5A).
412 Non-anti-coagulant heparin, a potential treatment with minimal toxicity that prevents toxicity
413 of mammalian histones (24), also prevented *P. falciparum* histone toxicity on HBMEC (Fig.
414 5A).

415

416 To investigate whether circulating histones from patients induce membrane toxicity, we
417 incubated patient serum with HBMEC. Serum from CM-pos cases with elevated histones
418 (histone concentration >100ug/ml; n=5) induced significant cellular toxicity, whereas serum
419 from CM-pos cases without substantially elevated histones levels (histone concentration
420 <25ug/ml) did not (n=3), nor did samples from children with uncomplicated malaria (n=3),
421 mild non-malarial febrile illness (n=3), non-malarial encephalopathy (n=3) or retinopathy
422 negative CM (n=3; Figure 5B). Serum-induced toxicity was abrogated by ahscFv treatment,
423 supporting a causal link with histones in the serum (Fig. 5A, B).

424

425 We next investigated the effect of purified *P. falciparum* histones and patient serum on
426 barrier integrity. Similar to human histones, *P. falciparum* histones induced rapid barrier
427 disruption in HBMEC. This leak was reversed by ahscFv (Fig S5). Similarly, serum from CM-pos
428 cases with high histone levels (n=3) induced leak, but serum from CM-neg cases and other
429 control groups (all n=3) did not. Leak in the CM-pos cases was abrogated by ahscFV, also
430 supporting that histones in the serum were causal in this leak (Fig. 5C).

431

432 Given the correlation between histones and thrombocytopenia in CM (Fig. 1E) we
433 investigated whether *P. falciparum* histones also cause platelet aggregation. Incubation of
434 purified *P. falciparum* histones with platelet rich plasma from normal healthy controls
435 resulted in dose dependent platelet aggregation, inhibited with ahscFv treatment (Fig. 5D).

436

437 **Discussion**

438 A number of factors released from IE have been shown to cause endothelial damage or leak
439 *in vitro* including glycosylphosphatidylinositol (44), extracellular vesicles (45), hemozoin and
440 PfHRP2. IE-EC receptor-ligand interactions also cause endothelial perturbation (46-48). While
441 it seems likely that CM pathogenesis constitutes a combination of interacting factors, rather
442 than a single toxin or ligand (49, 50), we sought a factor that is necessary for CM vascular
443 pathology and targetable with a safe and deployable treatment. Histones were a compelling
444 candidate. Firstly because of the strong parallels between the clinicopathological features of
445 histone-induced vascular pathology in other conditions and those in malaria. Secondly,
446 because the sequestration of histone-packed IE in tissues would predict substantial
447 concentration of histones being extruded to the endothelial surface. Thirdly because histones
448 are a plausible target for an adjunctive therapy; treatments targeted against histones are
449 protective in animal models of sepsis and trauma, even though extracellular histones are
450 clearly not the sole factor contributing to pathogenesis in either of these conditions.

451

452 Our data provide evidence for histones as a necessary mediator of the vascular pathology in
453 the brain in CM that link causal data from ex vivo experiments (patient serum directly causes
454 leak and toxicity, which is reversed by blocking histones) to multi-model observations in a
455 rigorously defined patient cohort. Correlation between histones levels, diagnosis, fatal

456 outcome, thrombocytopenia and fibrin production imply a role for histones in death and in
457 key pathogenetic processes. Employing MRI scans and a grading system we established a
458 correlation between serum histone levels and the level of brain swelling in children. We then
459 showed that a significant proportion of histones were of parasite origin. Although human
460 histones are also toxic, they are produced by diverse activated or damaged cells and might be
461 a bystander event, triggered distant from sites of sequestration and vascular pathology. In
462 contrast, parasite histones in the systemic circulation strongly suggest downstream detection
463 of histones released from rupturing mature schizonts, in which histones are concentrated 16–
464 24-fold, occurring almost exclusively in sequestered IE. Examination of histological staining in
465 post-mortem CM brain samples supported this paradigm. Extracellular histones were bound
466 to the EC membrane, more frequently in CM cases than controls and spatially associated with
467 the presence of sequestered IE and with areas of fibrinogen leak and thrombosis.

468
469 To confirm whether plasmodial histones might be causal in these pathogenetic events, we
470 purified *P. falciparum* histones from parasites grown in culture and showed that they induced
471 membrane damage and leak in primary HBMEC and platelet aggregation in platelets from
472 healthy donors. These effects were prevented by specific ahscFv. Patient serum from CM
473 cases with high levels of histones also induced EC membrane toxicity and leak. Both were
474 blocked by pre-incubation with ahscFv, indicating that the effects were caused by active
475 histones in serum. Heparins, including non-anticoagulant heparins have been shown to
476 neutralize the effects of mammalian histones and may represent promising therapies. As a
477 proof of concept, we showed that non-anticoagulant heparin prevented toxicity from *P.*
478 *falciparum* histones. Taken together, these data show that *P. falciparum* histones are
479 produced at significant levels *in vivo*, that they circulate in an active form, show a causal role
480 for histones from patient serum samples *ex vivo* in processes leading to CM pathogenesis and
481 provide multiple points of evidence supporting a role of histones in key disease processes in
482 patients.

483
484 The locations of plasmodial histone production and what we know about modifiers of histone
485 response fit well with the non-uniform pattern of vascular involvement in CM, whereby
486 coagulopathy and leak are localized to sites of IE sequestration and in particular to the brain.
487 It is notable that the median concentration of histones in the serum in CM-pos cases was
488 24.6µg/ ml, and that toxicity to HBMEC in our assay was only seen at histones concentrations
489 of >50µg/ ml (similar to mammalian histones and to experiments using purified exogenous
490 histone infusion in mice (16, 22, 28)). The implication being that in most patients with CM,
491 histone levels in the circulation do not reach levels sufficient to cause systemic toxicity. This
492 is in keeping with the observed clinical pattern of disease in CM in African children: deep coma
493 and marked cerebral irritability, generally without multi-organ failure (14) or systemic
494 coagulopathy (11). In contrast it seems highly plausible that *P. falciparum* histones
495 concentrate several fold at sites of intense sequestration (Fig. 3B) and cross this toxic
496 threshold. We hypothesize that the brain is particularly vulnerable to histone toxicity because

497 of reduced capacity to produce aPC. This would not be expected to manifest in conditions
498 involving release of histones from immune-activated cells such as in sepsis and trauma, given
499 that the brain is an immune-privileged site (51). The paradigm in CM is different; parasite
500 histones reach high levels in the brain through IE sequestration. Moreover, IE sequestration
501 in the brain may itself impair aPC production - firstly because IE reduce surface
502 thrombomodulin and EPCR, putatively by receptor cleavage (8, 15). Secondly, parasite
503 variants associated with the development of CM (expressing domain cassette 8 [DC8]) reduce
504 aPC production, by binding to EPCR and inhibiting its activity (52). DC8 variants also show a
505 tropism for brain endothelium (34, 52, 53). Hence parasites in CM patients may be more likely
506 to concentrate plasmodial histones in the brain, through sequestration, and simultaneously
507 may prevent their breakdown, through inhibiting aPC production. In support of this, DC8
508 expressing variants are associated with both thrombocytopenia and brain swelling (48); aPC
509 inhibition potentially increasing both histone-induced platelet aggregation and histone-
510 induced endothelial leak. It is notable that histones are implicated in neurotoxicity and
511 ischemic damage in neurodegenerative conditions and stroke, and that in animal models
512 these effects are reversed by aPC (54-56).

513
514 Our study has several limitations. Firstly, our study is in human patients. While generally a
515 strength, this leads to marked heterogeneity, including in variables that might affect histone
516 levels, such as length of illness and timing of antimalarial administration. Further we took
517 blood from each patient at only one timepoint, representing a snapshot in a dynamic disease
518 process. This precluded examination of the temporal association between histone levels and
519 other variables. Secondly, while the association between histone binding and sequestration
520 and the finding that 51% of histones in serum were of parasite origin are both highly
521 suggestive of a parasite origin for luminal histones, we did not prove this. Nonetheless
522 concentration of host histones at sites of IE sequestration would also be predicted to have
523 similar effects and to respond to similar treatments.

524
525 Given that a significant proportion of histones detected in blood are of parasite origin it is
526 notable that histone levels do not correlate well with parasitemia or PfHRP2. This may reflect
527 the limitations of each of these assays, used at a single time point, to determine total parasite
528 biomass. Firstly, our main assay to determine histone levels does not distinguish human from
529 parasite histones. Serum histone levels are likely to be a function of production, breakdown
530 and luminal binding and hence it is unclear how accurately serum histone levels of either
531 species correlate with total production. Secondly peripheral parasitemia is a poor predictor
532 of total parasite biomass: sequestered IE do not circulate, and so the concentration of
533 parasites detectable in the periphery fluctuates markedly depending on the stage of the
534 majority of the parasites in an individual patient. Thirdly, PfHRP2, a soluble parasite factor,
535 has a long half-life and therefore its concentration in serum is a function of parasite biomass
536 and duration of infection. While PfHRP2 is a predictor of parasite biomass and correlates with
537 disease severity in several populations (57, 58), among Malawian children with CM, serum

538 PfHRP2 levels do not correlate well with markers of severity (such as lactate or
539 thrombocytopenia) or with outcome (59).

540

541 Further work is warranted to explore the biology and timing of plasmodial histone release
542 and the mechanism of action of plasmodial histones in greater detail. A specific antibody
543 against *P. falciparum* histone would be useful to differentiate *P. falciparum* histone levels in
544 serum and in tissue. It remains to be determined whether agents that neutralize or degrade
545 histones can reduce brain swelling during the critical 24 hours after hospital admission and
546 thereby improve outcome in CM. Potential agents include aPC or heparin (24, 60, 61).
547 Modified non-anticoagulant heparins are a rational first choice, particularly given their use in
548 critically ill patients with a variety of inflammatory diseases (61) and in patients with sickle
549 cell crisis (62). There is a planned phase II study in patients to use a modified heparin to
550 reverse binding and rosetting in malaria. A different dosing regimen is likely to be needed to
551 reverse the effects of histones than to block binding, which would require further
552 investigation. However, the possibility that modified heparins could be synergistic in malaria
553 – both reducing binding and neutralizing heparins – make the potential benefits more
554 compelling. Finally, since cells in all eukaryotic organisms contain histones it will be important
555 to explore whether parasite histones contribute to pathogenesis in other parasitic infections.

556

557

558 **Supplementary Materials**

559 Fig. S1. Histones but not other laboratory factors are associated with the degree of brain
560 swelling in CM-pos patients.

561 Fig. S2. When both CM-pos and CM-neg cases are included, histones platelet count and
562 lactate are associated with the degree of brain swelling.

563 Fig. S3. Gel showing purified *Plasmodium falciparum* (P. f.) and human histones.

564 Fig. S4. Alignment of Homo sapiens and *P. falciparum* histones

565 Fig. S5. Time-course of barrier disruption of Primary human brain microvascular endothelial
566 cells (HBMEC) by *P. falciparum* histones in a dual chamber system

567

568 Table S1. Summary of post-mortem cases

569

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748

749 **Acknowledgments:** For recruiting and caring for patients, we would like to thank the nurses
750 and clinicians on the Paediatric Research Ward team (Malawi–Liverpool–Wellcome Clinical
751 Research Programme and Blantyre Malaria Project), and the nurses and clinicians in the
752 Department of Paediatrics and Child Health (Queen Elizabeth Hospital, Blantyre, Malawi).

753 For performing the fibrin-based assays, we would like to thank C. Powell (Roald Dahl
754 Haemostasis & Thrombosis Centre, Liverpool, U.K.). For histopathology advice we would like
755 to thank Dan Milner. For technical support with histopathology we would like to thank Qian
756 Zhen (Program in Dermatopathology, Department of Pathology, Brigham and Women's
757 Hospital, Boston, U.S.A.). For providing laboratory space and advice we would like to thank
758 Dyann Wirth. For helpful comments on the manuscript we would like to thank Andy Waters
759 and Matthias Marti (Wellcome Centre for Integrative Parasitology, University of Glasgow).

760 **Funding:** This work was supported by funding from the Wellcome Trust (to C.A.M) and
761 Academy of Medical Sciences (to C.A.M.); and a grant from the NIH (T. E. Taylor,
762 5R01AI034969-14). The Malawi–Liverpool Wellcome Clinical Research Programme is
763 supported by core funding from The Wellcome Trust (084679/Z/08/Z).

764 **Author contributions:** C.A.M., S.T.A., A.G.C., W.G. and C.H.T., conceived the study and
765 designed experiments. C.A.M. and S.A. performed analysis. Y.A., S.A., J-Y. K., J.S., J.M.T.**
766 and C.A.M. performed laboratory experiments. K.B.S. and T.E.T. ran the clinical study and

767 provided clinical and scientific input. M.E.M. provided clinical and scientific input. G.M.,
768 G.G-C. and J.O. designed experiments and provided scientific and technical input. C.A.M.
769 wrote the original draft. All authors contributed to critical review and editing of the
770 manuscript.

771 **Competing interests:** The authors have no conflicting interests.

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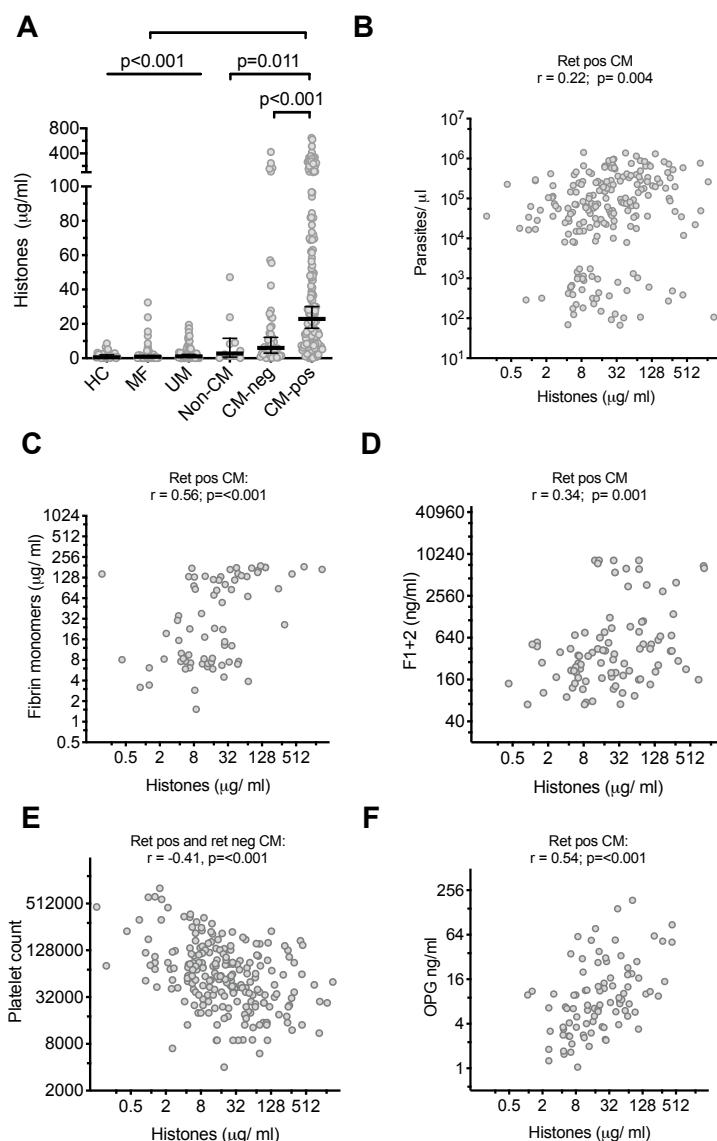
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814 **Figures**

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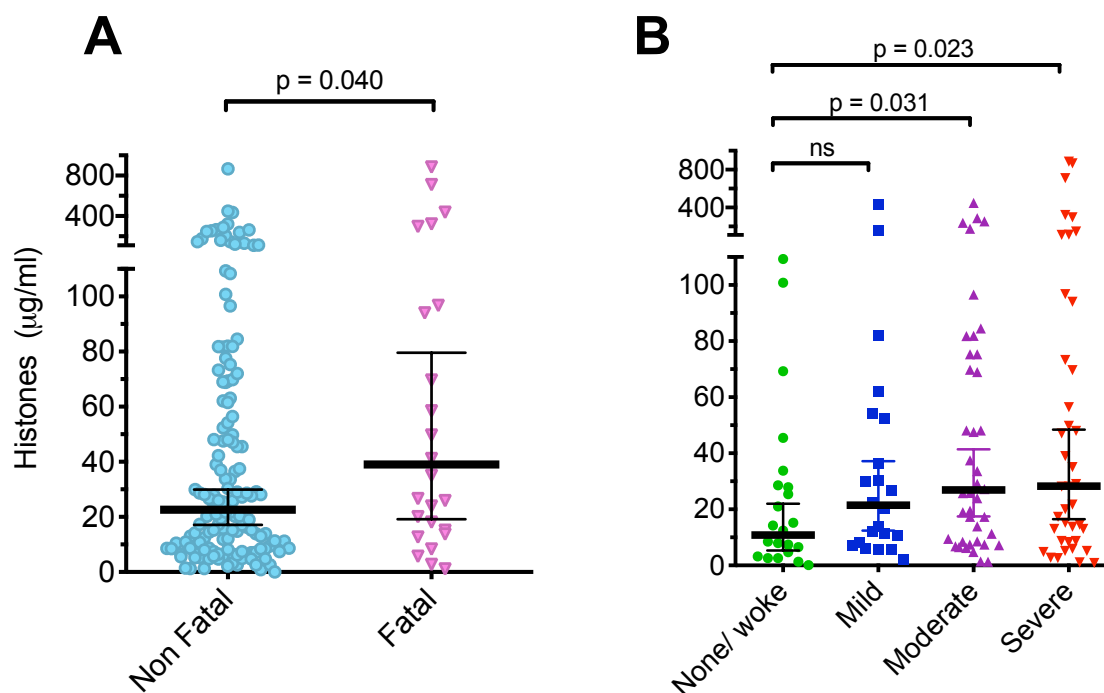
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819 **Fig 1. Circulating extracellular histones are elevated in cerebral malaria and correlate with**
820 **intravascular fibrin generation and with endothelial activation.** Extracellular histone levels
821 were measured in serum samples taken on admission. (A) The mean concentration of
822 extracellular histone levels in circulation was significantly higher in retinopathy positive
823 cerebral malaria cases (CM-pos) than in all other patient groups including retinopathy
824 negative CM (CM-neg). (B-F) correlations between serum extracellular histone concentration:
825 peripheral parasite density in children with CM-pos (B); plasma fibrin monomer levels in
826 children with CM-pos (C); prothrombin fragment F1+2 in children with CM-pos (D); platelet
827 count among all children with CM (CM-pos and CM-neg) (E); plasma osteoprotegrin (OPG)
828 concentration in children with CM-pos (F).

829 HC = Healthy control; MF = Mild Febrile illness; UM = uncomplicated malaria; Non-CM
830 (aparasitaemic children with encephalopathy [in coma] due to a cause other than malaria).

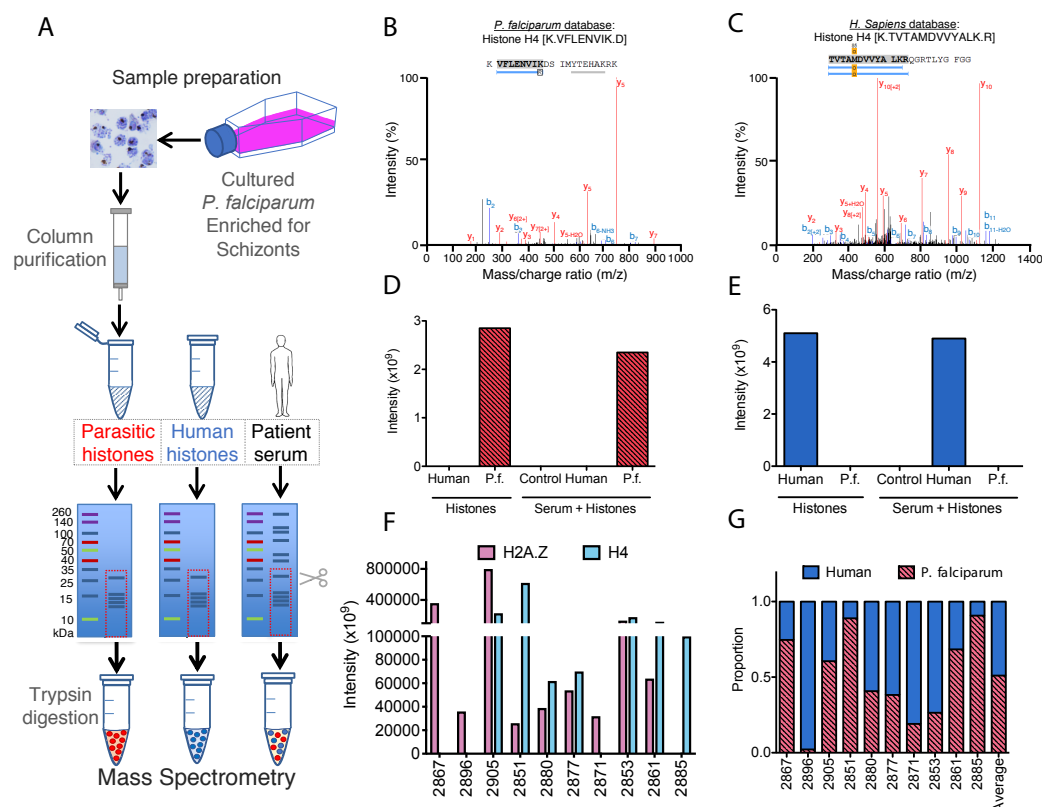
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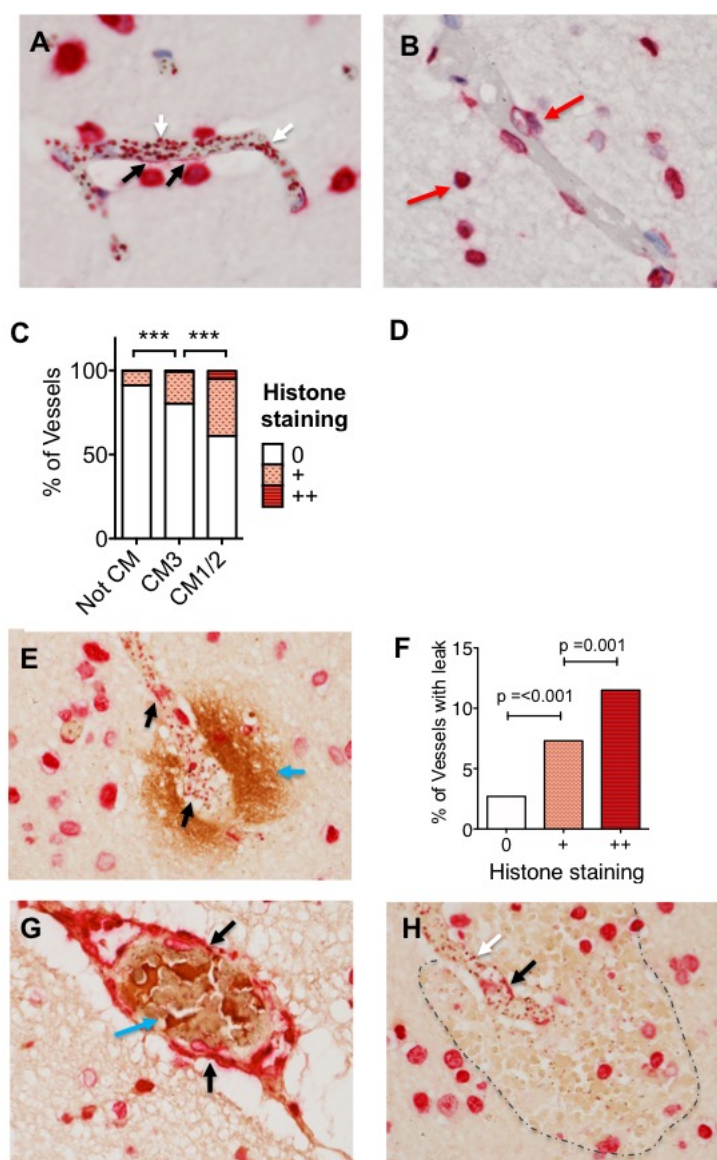
Fig 2. Extracellular histones are associated with fatal outcome and with the degree of brain swelling demonstrated on MRI scan.

(A) In CM-pos cases, the mean extracellular histone level was higher in children who went on to die (fatal) than in those who survived (non-fatal). (B) Children were categorised by the degree of brain swelling on MRI; circulating histones were higher in children with moderate or severe brain swelling than in those with no evidence of brain swelling.



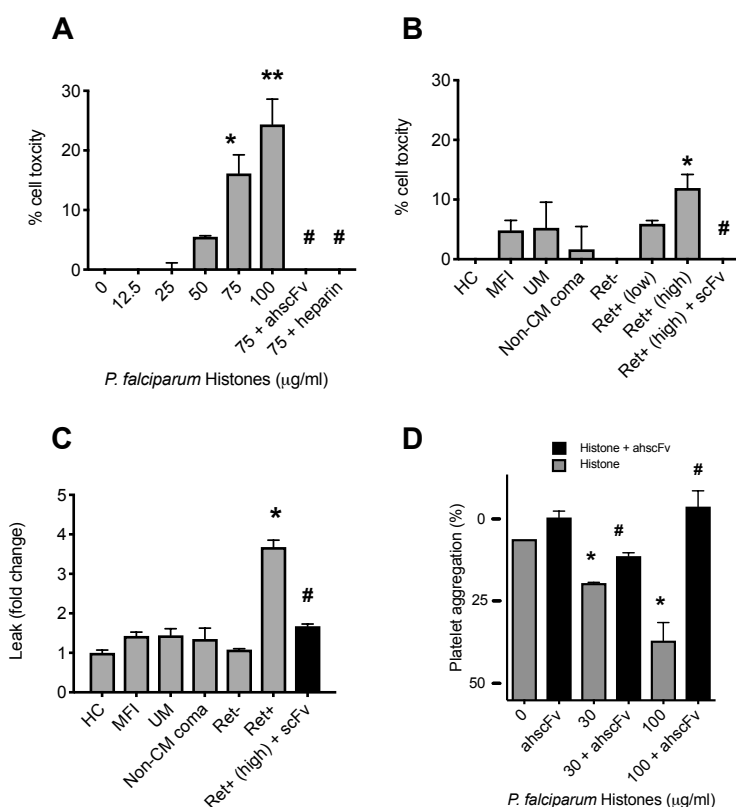
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Figure 3. Mass spectrometry analysis of origin of extracellular histones in cerebral malaria cases. (A) Schematic representation of the methodology used for isolation, purification and mass spectrometry analysis. (B,C) Using Skyline software and by aligning tryptic fragments to reference amino acid sequences we were able to identify specific histone H2A.Z and H4 peptides that were present in purified *P. falciparum* (malarial) preparations, that were not present in purified human histones (H1, H2A, H2B, H3 and H4) and vice versa. Typical peptides are presented from human (B) and malarial (C) database searches. Using Skyline software, we were able to identify histone H4 peptides for each species that demonstrated different Mass/Charge ratios with distinct human and *P. falciparum* peptides and also distinct H2A.Z human and *P. falciparum* peptides (data not shown). (D,E) This enabled us to identify with high specificity and *P. falciparum* (D) and Human (E) species-specific peptides derived from samples spiked into PBS (left) or serum (right); data shown are for H4. (F) In CM-pos patient serum (n=10) we were able to *P. falciparum* histones H2A.Z and H4 in the samples as well as human H2A.Z and H4 (data not shown). (G) We combined the contribution of these two components to estimate the variable proportions of circulating human and *P. falciparum* in the patient serum, demonstrating a significant contribution of *P. falciparum* histones to the total pool.



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Figure 4. Histones accumulate at the endothelial surface in the cerebral microvasculature, associated with sequestration, coagulopathy and blood brain barrier breakdown. (A) Cerebral malaria case showing histone staining in close proximity with endothelial cell luminal surface (black arrows) and in both mammalian nuclei and malaria infected red blood cell (IE) nuclei (white arrow); (B) Non-CM case with no histone endothelial membrane binding, histone staining can be seen in mammalian cell nuclei (red arrows); (C) Extracellular histone staining is markedly increased in CM1/2 “true cerebral malaria”; (D) In CM1 and CM2 cases there is a strong association between the degree of sequestration and the presence and strength of histone membrane staining. (E) Histone endothelial membrane staining (black arrows) co-localizing with fibrinogen extravasation (blue arrow), which is indicative of blood brain barrier breakdown. (F) Strong association between the extent of histone endothelial membrane staining and the presence of fibrinogen extravasation. (G) Histone membrane staining (black arrows) co-localizing with thrombosis (blue arrow). (H) Histone membrane staining (black arrow) co-localizing with a ring hemorrhage (edge demarcated by dotted line).



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 885 **Figure 5. *P. falciparum* histones induce endothelial cell damage, permeability and platelet**
 886 **aggregation.** A) HBMECs were treated for 1 hour with medium with or without purified *P.*
 887 *falciparum* histones (conc) ± anti-histone single-chain Fragment variable (ahscFv) or non-
 888 anticoagulant heparin. Cell toxicity was determined by propidium iodide staining using flow
 889 cytometry. Data are expressed relative to cells treated with media alone (set to 0%). ANOVA
 890 test, * = $p < 0.05$ when compared with untreated, # = $p < 0.05$ when compared with that
 891 treated with histone alone. B) HBMECs were treated for 1 hour with serum from retinopathy
 892 positive CM (± ahscFv), uncomplicated malaria, mild non-malarial febrile illness, non-malarial
 893 encephalopathy or retinopathy negative malaria and healthy controls. Cell toxicity (means ±
 894 SD) relative to HBMEC treated with serum from healthy control cases (set to 0%) are
 895 presented. C) Transwell permeability changes of HBMEC monolayer are expressed as fold
 896 changes in HRP pass through compared to cells treated with normal healthy serum. *ANOVA
 897 test shows a significant decrease compared with normal ($P < 0.05$), # $p < 0.05$ when compared
 898 with retinopathy positive CM alone. D) Platelet rich plasma was incubated with different
 899 concentrations of *P. falciparum* histones ± ahscFv. Platelet aggregation (%) (means ± SD) are
 900 presented following 15 mins incubation. ANOVA test, * $p < 0.05$ when compared with
 901 untreated, # $p < 0.05$ when compared with that treated with histone alone.

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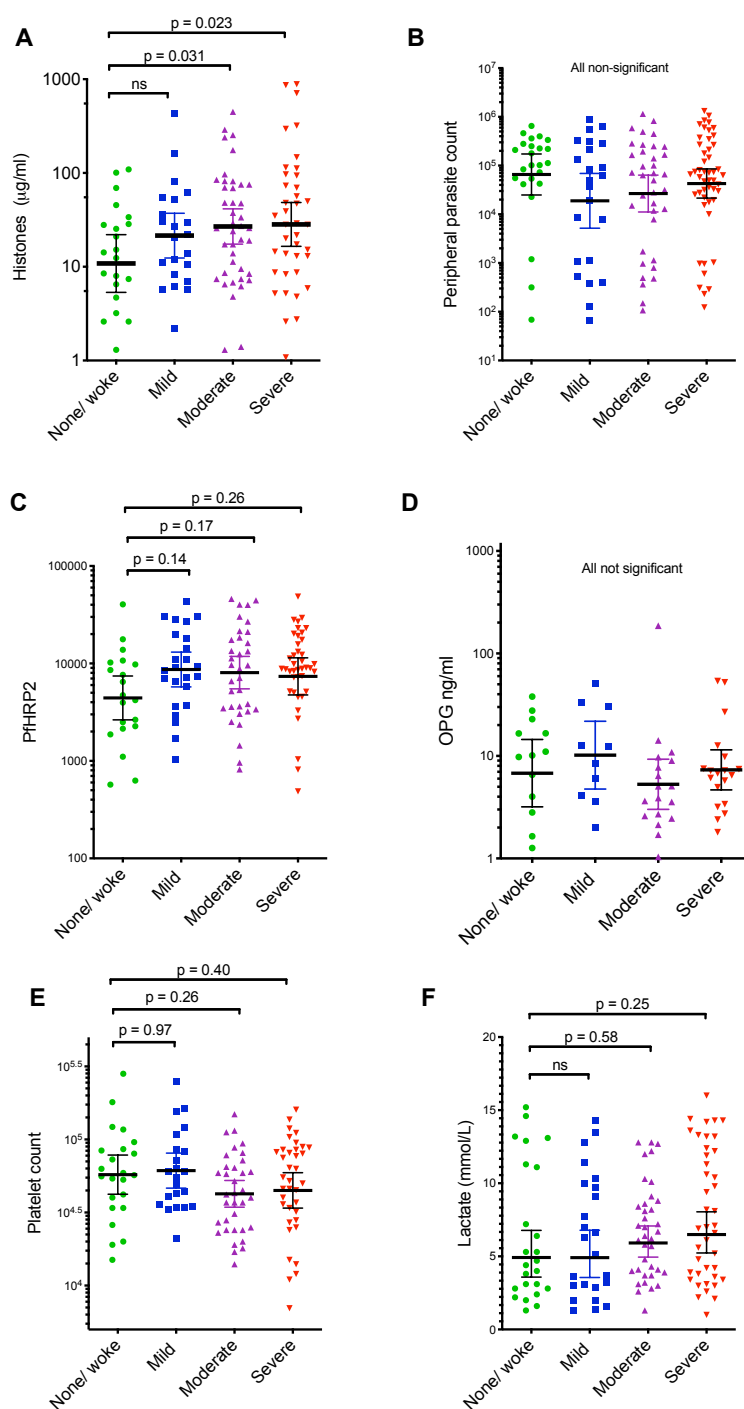
	Healthy controls	Mild febrile illness	Uncomplicated malaria	Non-malarial coma	CM-neg	CM-pos
	(n=21)	(n=34)	(n=50)	(n=10)	(n=48)	(n=170)
Age - months median (IQR)	82 (41-112)	41 (23 – 63)	63 (40 – 92)	46 (32-72)	48 (28-67)	42 (32-55)
Female sex - no. (%)	8 (38)	15 (44)	26 (52)	1 (10)	23 (48)	86 (50)
HIV positive - no. (%)	0 (0)	0 (0)	0 (0)	0 (0)	4 (8.3)	15 (8.8)
Axillary temperature - median (IQR):	36.8 (36.1-36.8)	38.2 (37.9- 38.6)	38.3 (37.9-39.0)	38.6 (38.4-39.0)	38.7 (37.7-39.6)	38.7 (38.7-39.6)
Pulse rate - beats/ minute - median (IQR):	117 (104-125)	136 (113-154)	137 (119-147)	140 (119-157)	143 (130-164)	150 (138-167)
Systolic BP - mmHg - median (IQR):	112 (103-118)	117 (107-123)	114 (107-122)	100 (94-110)	98 (91-105)	95 (89-106)
Respiratory rate - breaths/ min - median (IQR):	28 (22-32)	32 (28-36)	27 (24-32)	37 (28-40)	40 (36-52)	44 (38-52)
Blood glucose - mmol/ L - median (IQR):	5.3 (4.7-5.8)	4.8 (4.4-5.4)	5.7 (4.9-6.6)	7.45 (6.2-8.8)	6.7 (5.5-8.6)	6.4 (5.3-7.8)
Blood lactate - mmol/ L - median (IQR):	1.9 (1.8-2.05)	1.7 (1.2-2.2)	2.4 (1.9-3.0)	3.1 (2.1-5.2)	4.0 (3.0-7.1)	6.4 (3.4-10.3)
Hb - g/ L - median (IQR):	104 (98-111)	115 (105-120)	93 (76-107)	91 (82-92)	82 (69-102)	64 (51-77)
Platelets - $\times 10^9$ / L - median (IQR):	392 (342-474)	331 (239-388)	132 (82-185)	335 (176-462)	133 (57-221)	50 (27-84)
Peripheral parasite density ($\times 10^3/\mu\text{l}$) - median (IQR):	0	0	31 (0.7-32)	0	48 (5-173)	75 (17-273)
Serum Histones - $\mu\text{g}/\text{mL}$ - median (IQR):	1.3 (0.0 – 3.0)	0.8 (0.0 – 3.8)	1.5 (0.4 – 5.6)	3.2 (1.0 – 12.7)	6.3 (2.2-23.5)	24.6 (8.4-69.4)

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Table 1. *Clinical characteristics of the children.* IQR - interquartile range; HIV - Human Immunodeficiency Virus; Hb - Hemoglobin.

930 **Supplementary Material**

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933 **Fig S1.** Histones but not other laboratory factors are associated with the degree of brain

934 swelling in CM-pos patients. PfHRP2 = *P. falciparum* histidine rich protein 2; OPG =

935 osteoprotegrin

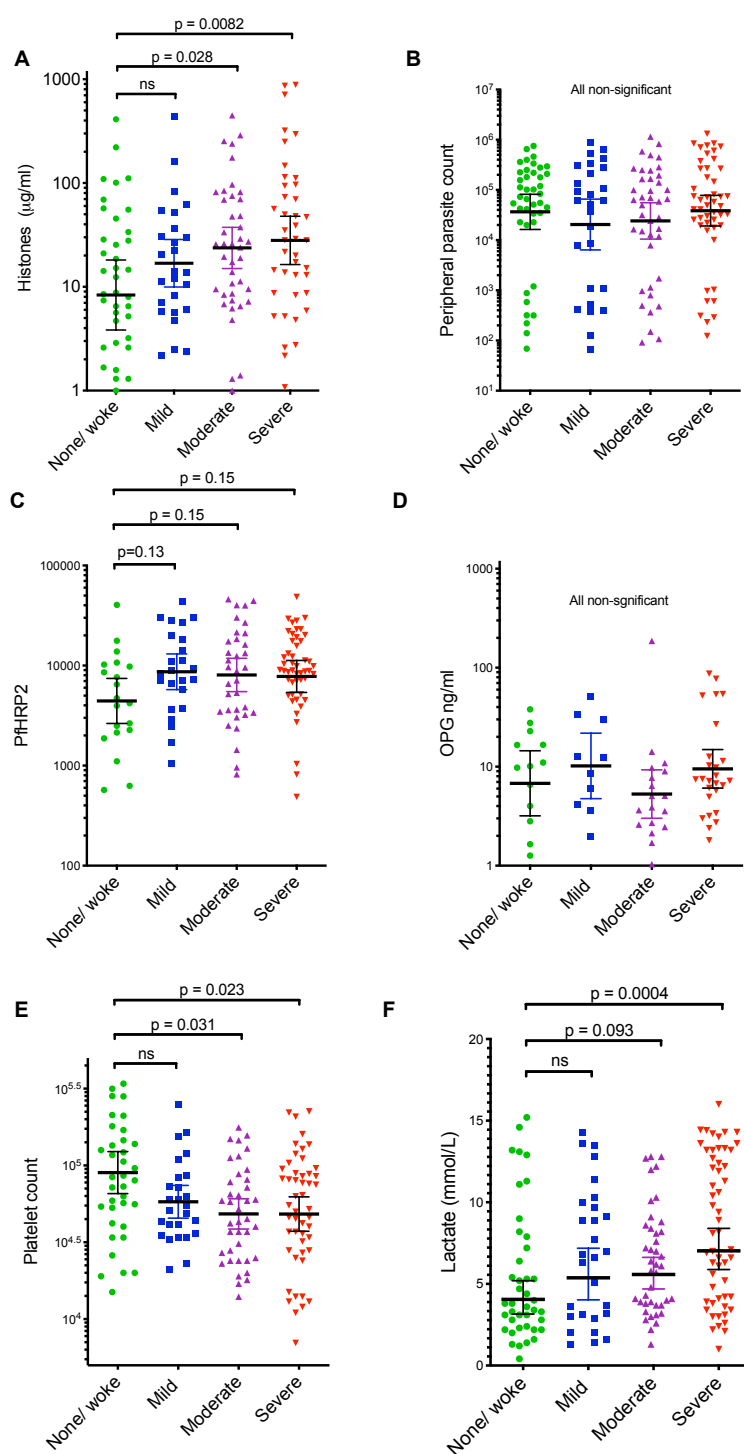
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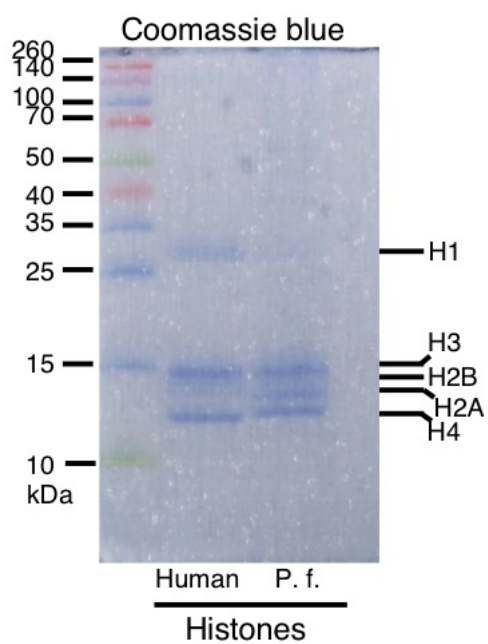
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Fig S2. When both CM-pos and CM-neg cases are included, histones platelet count and lactate are associated with the degree of brain swelling.

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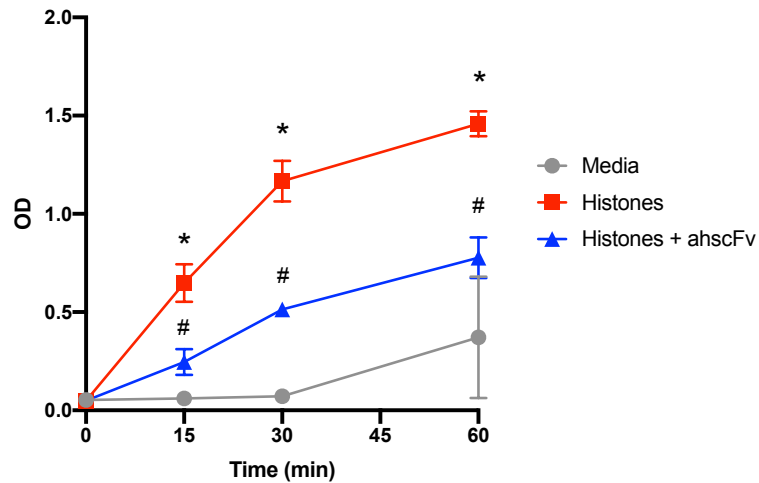
Fig. S3. Gel showing purified Plasmodium falciparum (P. f.) and human histones. Different core histones (H2A, H2B, H3, H4) are identified by size.



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956 **Fig. S4** Alignment of *Homo sapiens* and *P. falciparum* histones. Amino acid sequences of
957 individual histone variant proteins (H2A, H2B, H3 and H4) were compared between *Homo*
958 *sapiens* and *P. falciparum*. Using these data, we were able to identify heterologous (species-
959 specific) histone peptide sequences (including protein ID numbers) for further downstream
960 analysis. Dark grey = homologous amino acids; light grey and clear = heterologous amino
961 acids.

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967 **Fig S5.** Time-course of barrier disruption of Primary human brain microvascular endothelial
968 cells (HBMEC) by *P. falciparum* histones in a dual chamber system. Histone concentration
969 100µg/ml; Antibody concentration 200µg/ml. * = significant difference from media alone; #
970 = significant difference from histone alone (i.e. significant protection by ahscFv).

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Autopsy Number	Classification	Diagnosis	% Vessels with High Seq.	% Vessels with Strong Histone staining	% Vessels with Leak
74	CM1	Cerebral malaria	67.1	17.1	2.86
79	CM1	Cerebral malaria	73.3	6.7	2.1
84	CM1	Cerebral malaria	60	0	0
97	CM1	Cerebral malaria	82.9	4.3	1.4
100	CM1	Cerebral malaria	3.33	0	0
60	CM2	Cerebral malaria	55.7	1.4	1.4
62	CM2	Cerebral malaria	65.2	0	1.4
63	CM2	Cerebral malaria	83	1.4	7.1
64	CM2	Cerebral malaria	85.6	2.2	3.3
66	CM2	Cerebral malaria	4.3	0	1.4
68	CM2	Cerebral malaria	75.7	0	1.4
75	CM2	Cerebral malaria	82.9	24.3	1.4
78	CM2	Cerebral malaria	22.3	5.7	13.3
101	CM2	Cerebral malaria	21.4	10	2.1
102	CM2	Cerebral malaria	47.8	1.1	14.4
43	CM3	Giant cell myocarditis	0	0	5.6
49	CM3	Ruptured Arteriovenous malformation	0	4.4	1.4
54	CM3	Skull fracture	0	0	10
71	CM3	Subdural/intracerebral hematomas	0	0	4.4
92	CM3	Left ventricular failure with pulmonary oedema	0	0	0
93	CM3	Clinical CM; Diagnosis uncertain	0	0	0
44	Non-CM	Salicylate toxicity - suspected	0	1.4	4.4
46	Non-CM	Severe (non-malarial) anemia	0	0	0
59	Non-CM	Reye's syndrome	0	0	1.4
65	Non-CM	Reye's syndrome	0	0	0
88	Non-CM	Subdural hematoma, head trauma	0	0	0

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1035 **Table S1. Summary of post-mortem cases.** Clinical pathologist's diagnosis at autopsy and
 1036 proportion of vessels with each of: (1) high sequestration (seq; sequestration involving >50%
 1037 of vessel lumen); (2) strong histone staining and; (3) leak (fibrinogen staining adjacent to a
 1038 vessel).

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