Spheroplast-mediated carbapenem tolerance in Gram-negative pathogens

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Running title: Spheroplast-mediated carbapenem tolerance

Keywords: antibiotic**,** carbapenem, carbapenemase, Gram-negative, L-form, meropenem, tolerance

Abstract

Antibiotic tolerance, the ability to temporarily sustain viability in the presence of bactericidal antibiotics, constitutes an understudied, yet likely widespread cause of antibiotic treatment failure. We have previously shown that the Gram-negative pathogen *Vibrio cholerae* is able to tolerate exposure to the typically bactericidal β-lactam antibiotics by assuming a spherical morphotype devoid of detectable cell wall material. However, it is unclear how widespread tolerance is. Here, we have tested a panel of clinically significant Gram-negative pathogens for their response to the potent, broad-spectrum carbapenem antibiotic meropenem. We show that clinical isolates of *Enterobacter cloacae, Klebsiella pneumoniae,* and *Klebsiella aerogenes,* but not *Escherichia coli,* exhibit moderate to high levels of tolerance to meropenem, both in laboratory growth medium and in human serum. Importantly, tolerance was mediated by cell wall-deficient spheroplasts, which readily recovered to wild-type morphology and exponential growth upon removal of antibiotic. Our results suggest that carbapenem tolerance is prevalent in clinically significant bacterial species, and we suggest that this could contribute to treatment failure associated with these organisms.

Introduction

Antibiotics are often differentiated by their ability to either inhibit growth (bacteriostatic) or to kill bacteria (bactericidal). The exact differentiation of antibiotics into these broad categories likely depends on the species and the specific growth environment in which antibiotic susceptibility is tested (1, 2). To optimize therapy, it is essential to gain a comprehensive understanding of the variable factors that modulate bacterial susceptibility to antibiotics. For example, the β-lactams (penicillins, cephalosporins, cephamycins, carbapenems, and the monobactam aztreonam), which are among the most powerful agents in our antibiotic armamentarium, prevent and/or corrupt proper cell wall (peptidoglycan) assembly (3, 4). Consequently, these agents typically induce cell death and lysis in susceptible bacteria at least during rapid growth *in vitro* (3, 4). However, *in vivo* β-lactams often fail to eradicate an infection caused by susceptible (*i.e.*, non-resistant) organisms (5-7). This paradox can, in part, be explained by the presence of dormant persister cells, a small subpopulation that resists killing by antibiotics that require cellular activity for their lethal action (8-10). However, specimens obtained from patients treated with β-lactam antibiotics have been reported to contain spheroplasts, bacterial cells that lack a cell wall (11)(3), and clinical isolates are often highly tolerant to β-lactam antibiotics at frequencies that cannot solely be explained by invoking rare persister cells (4,5)(12). Spheroplast formation suggests that in these bacteria the antibiotic is effective in inhibiting cell wall synthesis, demonstrating that some bacteria survive antibiotic exposure in forms that are neither dormant nor resistant. We and others have previously shown that two important Gram-negative pathogens, *Vibrio cholerae* and *Pseudomonas aeruginosa*, form viable, non-dividing spheroplasts when exposed to inhibitors of cell wall

synthesis (6,7)(13). Spheroplasts readily revert to rod-shape and exponential growth,

suggesting these cells might promote re-infection upon discontinuation of antibiotic

therapy. Successful recovery of *V. cholerae* spheroplasts requires the cell wall stress

sensing two-component system VxrAB (also known as WigKR (14, 15)), cell wall

synthesis functions and the general envelope stress-sensing alternative sigma factor

RpoE (16).

Spheroplast formation is reminiscent of so-called Gram-positive "L-forms": irregularly

dividing, cell wall-less cells surrounded only by their cytoplasmic membranes (9).

However, in striking contrast to L-forms, Gram-negative spheroplasts do not divide in the

presence of antibiotic (13, 17). Division through an L-form-like mechanism is likely

prevented by the presence of their strong outer membrane (OM) which exhibits almost

cell wall-like mechanical properties (18). Indeed, dividing L-forms of the Gram-negative

model organism *Escherichia coli* can be generated by inhibiting cell wall synthesis in

osmostabilized growth medium, which causes the cytoplasm to "escape" its OM shell

(19).

While L-form formation has been implicated as a mechanism of antibiotic resistance in

Gram-positive bacteria (11), it is unclear whether spheroplast formation represents a

general strategy elicited by Gram-negative bacteria to tolerate cell wall synthesis

inhibitors such as the β-lactams. Here, we have tested a collection of well-characterized

American Type Culture Collection (ATCC) and clinical Gram-negative isolates (**Table 1**)

for their ability to tolerate exposure to the carbapenem antibiotic meropenem. We find

that, with the notable exception of *E. coli*, all isolates formed cell wall-deficient

spheroplasts upon exposure to meropenem, and these spheroplasts were able to fully

recover to rod-shape and exponential growth upon removal of meropenem, both in a

laboratory medium and in human serum. Our data suggest that spheroplast-mediated

carbapenem tolerance is prevalent in clinically significant Gram-negative pathogens, but

rare or absent in the *E. coli* isolates tested herein. Our results suggest that measures of

antibiotic susceptibility and ultimately treatment outcome could consider more nuanced

responses in diverse, clinically-relevant Gram-negative pathogens.

Results

Tolerance to Meropenem Varies Across Gram-Negative Clinical Isolates

Spheroplast-mediated β-lactam tolerance might be an underappreciated menace in the

clinical setting. To test how widespread the ability to tolerate cell wall acting antibiotics is

in clinical isolates, we assayed a panel of clinical isolates representative of significant

Gram-negative pathogens of the family *Enterobacteriaceae*: *E. coli*, including

Enterohemorrhagic *E. coli* (EHEC), *Enterobacter cloacae*, *Klebsiella aerogenes* (formerly

Enterobacter aerogenes), and *Klebsiella pneumoniae.* We also tested organisms known

to form spheroplasts under some conditions: *V. cholerae* and *P. aeruginosa*. As a

representative β-lactam, we used the carbapenem meropenem. We chose meropenem

due to its importance as a potent, broad-spectrum agent (20, 21), and also because in

clinical practice, especially in the setting of multi-drug resistance, it is often used against

members of our isolate panel (20, 22).

We conducted time-dependent killing experiments measuring both colony forming units

(cfu/ml) and optical density (OD_{600}). Killing experiments for all isolates were conducted in

supplemented Brain Heart Infusion (BHI+) broth under high inoculum/slow growth

conditions (see Methods for details) to emulate the likely slow growth behavior during an

infection (23). We chose a meropenem concentration (10 µg/mL), which is above the

meropenem resistant breakpoint for *Enterobacteriaceae* [≥4 µg/mL], *P. aeruginosa* [≥8

µg/mL], and *V. cholerae* [≥4 µg/mL] (24, 25) and between 6.7 × and 625 × higher than

the minimum inhibitory concentration (MIC) for each susceptible/non-resistant, non-

carbapenemase producing isolate (**Table 1**). Crucially, antibiotic susceptibility testing

(AST) revealed that MIC values did not differ significantly between media Mueller Hinton

agar [MHA] (recommended for AST by the Clinical and Laboratories Standards Institute

(CLSI) (24, 25)) and BHI+ agar; the essential agreement (26) between MIC values on

both media was 100% for all but one isolate (ARB0120, although the isolate exhibited

MIC values greater than the meropenem resistant breakpoint on both MHA and BHI+

agar) (**Table 1**), suggesting that AST performed with BHI+ is comparable with

standardized methods. For comparison to the susceptible/non-resistant strains, we

included a panel of conspecific clinical isolates that are carbapenem-resistant due to their

possession of the carbapenemase KPC (***K****lebsiella* ***p****neumoniae* **c**arbapenemase).

Among the susceptible/non-resistant, non-carbapenemase producing isolates, killing and

optical density dynamics varied widely between species and even isolates within the

same species (*e.g.*, *E. cloacae* WCM0001 versus *E. cloacae* ARB0008) (**Fig. 1**).

Interestingly, both in lysis behavior and survival, *E. coli* was considerably less tolerant

than all other tested organisms (**Fig. 1**). While killing efficiency after 6 hours of

meropenem exposure generally ranged from ~ 5 to10-fold killing (*V. cholerae* N16961*, P.*

aeruginosa PA14*, E. cloacae* WCM0001, *E. cloacae* ATCC 13047) to ~5,000-fold killing

(*K. aerogenes* WCM0001*, E. cloacae* ARB0008, *K. pneumoniae* WCM0001 and

WCM0002)*,* both *E. coli* isolates tested were almost completely eradicated by

meropenem (~10^8-fold killing) (**Fig. 1, S1 - S2**). In contrast, almost all isolates grew well

in the absence of meropenem, except for both isolates of *P. aeruginosa*, which exhibited

slower growth in BHI+ compared to the other isolates (**Fig. S3**). Interestingly, *E. cloacae*

ARB0008 had a higher meropenem MIC than the other *E. cloacae* isolates, but was

among the isolates with the highest degree of killing. This observation suggests that

susceptibility (*i.e.*, differences in MIC values) might not necessarily correlate with

tolerance, *i.e.*, the degree of killing.

Similar to *V. cholerae* and *P. aeruginosa* (**Fig. S1 – S2** and (13)), survival of meropenem-

treated cells often coincided with a substantial increase in OD_{600} (while cfu/mL stayed the

same or decreased)(**Fig. 1)**, demonstrating that surviving cells are not dormant, but as a

population continue to increase in mass. This was not observed in either isolate of *E. coli*,

where a rapid decrease in OD_{600} indicated lysis during meropenem exposure. Thus,

meropenem tolerance (and potentially β-lactam tolerance in general) is appreciable in

clinical isolates of some *Enterobacteriaceae*, but not observed (at least under conditions

tested herein) in *E. coli.* In comparison to the susceptible isolates, and as expected, all

KPC positive isolates increased in both OD_{600} and cfu/ml during meropenem exposure

(**Fig. S4**).

Meropenem tolerant survivors are cell wall-deficient spheroplasts

In *V. cholerae* and *P. aeruginosa*, β-lactam tolerant cells are cell wall-less, metabolically

active spheroplasts. In principle, the moderate to high level tolerance we observed in our

experiments could also be a consequence of unusually high levels of dormant persister

cells in these clinical isolates due to a prolonged lag phase (27) emerging from stationary

phase. To distinguish between these two possibilities, we withdrew samples at various

time points following exposure to meropenem and imaged them. Dormant persister cells

remain rod-shaped in the presence of cell wall acting antibiotics, since these cells prevent

antibiotic damage completely through their lack of growth (28, 29). Visual examination

revealed that, comparable to previous observations in *V. cholerae* and *P. aeruginosa*

(6,7), the tolerant populations of almost all isolates consisted exclusively of spherical cells

(**Fig. 2** and **S1- S2, S5 – S8**). The notable exception were the two *E. coli* isolates; while

some spherical cells could be observed after short exposure periods in both tested

isolates, after 6 hours of antibiotic exposure only cell debris was observed (**Fig. 2** and

Fig. S9). In contrast to those cultures treated with meropenem, untreated bacteria

retained rod-shape in BHI+ (**Fig. S10**); similar to the conspecific, but KPC positive,

isolates with or without meropenem treatment (**Fig. S11**).

We next used the cell wall stain 7-hydroxycoumarin-amino-D-Alanine (HADA) (30) to test

whether the observed spheroplasts were able to survive meropenem exposure by

synthesizing cell wall material in a meropenem-insensitive manner, or by being able to

sustain structural integrity in the absence of the cell wall. Indeed, osmotically stable, cell

wall-containing spherical cells that resemble spheroplasts can be observed in *E. coli*

when the elongation-specific class B penicillin-binding protein (PBP) 2 is inhibited (31).

Addition of HADA revealed little to no detectable cell wall material in meropenem-treated

cells, but, consistent with published data from *E. coli*, did result in strong staining of PBP2-

inhibited (*i.e.*, mecillinam-treated) cells (**Fig. 3**). The lack of detectable cell wall material

in meropenem-treated cells, combined with their rapid loss of cell shape, suggests these

spheroplasts maintain structural integrity through their outer membrane, rather than a

reorganized cell wall. This is in line with the recent realization that the Gram-negative OM

has a higher than appreciated mechanical load capacity (12). Lastly, loss of the cell wall

is typically associated with inhibition of multiple PBPs that include class A PBPs (32).

Meropenem has a high affinity for PBP2 (33), but also inhibits multiple other PBPs

(PBP1a/b and PBP3) in *E. coli* and *P. aeruginosa* (34, 35) and our data suggest that at

the concentration used here, multiple PBPs are inactivated.

If the observed spheroplasts are truly tolerant cells, they should readily revert to rod-

shape (*i.e.,* wild-type shape) and exponential growth upon removal of the antibiotic. To

test this, we withdrew samples after 6 hours of meropenem exposure, removed the

antibiotic by addition of purified NDM-1 carbapenemase and imaged these cells in time-

lapse. With varying frequencies roughly reflecting the different survival rates, at least

some spheroplasts from all isolates were able to recover to rod-shape (**Fig. 4, Fig. S1 –**

S2, S5- S8); albeit with different dynamics (cf. *E. cloacae* WCM0001 vs. *K. aerogenes*

WCM0001). The recovery process often included rapid division (*e.g.*, 25 min after

removing the antibiotic in *K. pneumoniae* WCM0001) as spherical cells, resulting in two

half-spheroplasts that then increasingly approximated rod-shape during subsequent

division events. Taken together, our results suggest that the high tolerance levels

observed for the Gram-negative pathogens tested here are not mediated by dormancy,

or prolonged lag phase after stationary phase, but rather by the ability to survive for

extended time periods without a structurally sound cell wall.

Quantification of Gram-Negative Tolerance: The Weaver Score

Since our observational data suggested variations in tolerance levels, we sought to

quantify the ability to survive and maintain cellular structural integrity during exposure to

meropenem. Assays to determine tolerance levels based on killing dynamics have been

developed (10, 36); however, we chose to incorporate both cfu/mL and OD_{600}

measurements in our tolerance score. In principle, both cfu/mL (viability) and OD_{600}

measurements can report on tolerance to β-lactam antibiotics as both are indicators of

the bacterial cell's ability to resist antibiotic-induced lysis. We argue that cell lysis and

death can in principle be separable contributors to tolerance. We cannot exclude, for

instance, that a significant proportion of antibiotic-damaged spheroplasts die only upon

plating on solid media, a condition that results in oxidative stress (37). An isolate that

exhibits a significant decrease in viability after exposure to a β-lactam but does not lyse

would likely be given a low tolerance designator if cfu/mL only were considered. However,

the spheroplasts that do not recover on plates might recover at a high rate under

circumstances where cells are not plated following exposure (*e.g.*, in the host). Thus, we

consider that OD_{600} measurements (in conjunction with cfu/mL) hold informative value for

tolerance measurements. We developed a meropenem survival/integrity score, the

Weaver tolerance score, by multiplying the fraction of survival (cfu/mL after 6 hours of

treatment over initial cfu/mL) with the fraction of OD_{600} readings (OD_{600} reading after 6

hours of treatment over initial OD_{600} reading) (see Methods for details). We were thus

able to generate a single value for overall tolerance that considers both parameters of the

culture: lysis behavior and plating defect. According to this score, *V. cholerae* N16961*, P.*

aeruginosa PA14 and the *E. cloacae* isolates WCM0001 and ATCC 13047 emerged as

the most tolerant of the susceptible/non-resistant, non-carbapenemase producing

organisms, while both tested *K. pneumoniae* and both *K. aerogenes* isolates exhibited

intermediate tolerance, and *E. coli* ranked the lowest (**Fig. 5**). Consistent with their ability

to grow in the presence of meropenem, the KPC- producing isolates scored the highest.

Spheroplast-formation in human serum

To evaluate tolerance in an environment more reminiscent of growth in the human host,

we performed killing experiments in human serum. Colony forming units (serum growth

medium is incompatible with OD measurements) were measured after six hours of

incubation with or without meropenem (**Fig. 6**) and cells were observed directly for

spheroplast-formation. All isolates grew in serum growth medium (**Fig. 6B**), but compared

to BHI+, killing by meropenem was reduced for some isolates. *K. aerogenes* ARB0007

and *K. pneumoniae* WCM0001 were almost completely tolerant with only a ~5-fold

decrease in viability over the 6 hour period, compared to the 10 to 100-fold killing that

occurs in BHI+ with these isolates. Conversely, *E. cloacae* WCM0001 was killed at a

higher rate in human serum than in BHI+. However, spheroplasts were observed for all

isolates, except for *E. coli*, and recovery to rod-shape morphology and exponential growth

upon removal of the antibiotic by addition of NDM was efficient (**Fig. 6C**). Taken together,

these data suggest that the degree of tolerance is growth-medium specific (though *E. coli*

was still the least tolerant), but that spheroplast formation as a means of tolerating

exposure to meropenem is conserved across bacteria and conditions tested here.

Discussion

In contrast to antibiotic resistance (the ability to grow in the presence of antibiotics), the

phenomenon of antibiotic tolerance (the ability to resist killing by bactericidal antibiotics

for extended time periods) remains understudied. While a lot of effort has been directed

at understanding persister cells (9) (multidrug tolerant, dormant or near-dormant

phenotypic variants produced as a small fraction of bacterial populations), it is unclear

what other strategies might exist among bacteria to resist killing by ordinarily bactericidal

antibiotics. We and others have previously described a tolerance mechanism (via

formation of stable spheroplasts) by which Gram-negative bacteria are able to survive the

normally lethal event of cell wall removal that is caused by exposure to β-lactam

antibiotics and other inhibitors of cell wall synthesis (13, 14, 16, 17). Cell wall-less Gram-

negative spheroplasts are formed by the majority population, are not dormant (*i.e.*, not

persisters), and presumably rely on their strong OM to maintain structural integrity (16).

Here, we show that this phenomenon is more widespread than previously recognized.

Gram-negative clinical isolates that are susceptible/non-resistant to meropenem as

determined using conventional MIC-based methods failed to be eradicated at appreciable

levels of antibiotic, and surviving cells were spheroplasts devoid of detectable cell wall

material. Our data raise the possibility that rapid death and lysis of majority populations

after β-lactam therapy might be the exception, not the norm, in clinical practice. Therefore

in addition to persister formation (8-10, 38), heteroresistance (39), and overt resistance

(20), these data highlight a fourth potential mechanism for β-lactam therapy treatment

failure.

Importantly, spheroplast-like structures have been isolated from patients that were

infected with Gram-negative pathogens and treated with β-lactam antibiotics (3), raising

the possibility that these cells are able to survive without a cell wall in the human host.

Consistent with this idea, we have observed spheroplast formation in our collection of

Enterobacteriaceae during exposure to meropenem in human serum growth medium.

Therefore, we consider it likely that spheroplasts, similar to persisters, can be responsible

for recalcitrant infections. Indeed, herein, we present the first evidence that carbapenem-

induced spheroplasts in significant pathogens of the family *Enterobacteriaceae* can

readily revert to rod-shape and exponential growth upon removal of carbapenem. While

in some previous studies spheroplast formation has been noted (3,13)(40, 41), evidence

of spheroplast recovery (*i.e.*, reversion to rod-shaped, exponentially growing cells) was

lacking. As such, spheroplast formation has not been incorporated into models of

antibiotic susceptibility, particularly in the host. In addition, Gram-negative bacteria

typically used as model organisms in the laboratory lyse upon exposure to β-lactams in

standard laboratory media (*e.g.*, LB broth) (42), creating the potential misconception that

the standard response to inhibition of cell wall synthesis is lysis. Future experiments will

determine if spheroplasts that are able to revert to a growing population are also observed

during infections in patients treated with β-lactam antibiotics, and if their formation

correlates with treatment outcomes.

In addition to providing a reservoir for a large number of cells that can repopulate an

infection after antibiotic therapy is discontinued, a majority population of damaged but

recoverable cells, such as spheroplasts after antibiotic treatment, poses other health

risks. β-lactam antibiotics have been suggested to induce the generation of reactive

oxygen species as well as the SOS DNA damage response, and could thus have

mutagenic potential (14,15). A large reservoir of damaged cells might therefore enhance

the possibility of developing broad resistance to other antibiotics (16). Furthermore,

though we did not test this directly, spheroplasts could in principle continue to produce

virulence factors (toxins, proteases and other tissue damaging enzymes), and thus

disease, during antibiotic therapy.

The spheroplasts observed here are reminiscent of L-forms in Gram-positive bacteria.

However, unlike L-forms, Gram-negative spheroplasts fail to proliferate in the presence

of antibiotics and only recover to rod-shape and exponential growth when the antibiotic is

removed. L-form cell division relies on membrane lipid overproduction and subsequent

stochastic blebbing (43). We speculate that in Gram-negative spheroplasts, L-form-like

proliferation is prevented due to their cytoplasmic membranes being confined by their

rigid OMs, thus preventing division through membrane blebs.

In summary, our work demonstrates that the ability to survive bactericidal β-lactam

antibiotics does not solely rely on classical resistance or dormancy, but instead could also

be dependent upon an intrinsic tolerance mechanism in Gram-negative pathogens that

are otherwise fully susceptible to the damage induced by cell wall acting agents. Rather

than preventing harmful effects of antibiotics (as in resistance and dormancy), these

tolerant spheroplasts survive by circumventing the essentiality of the antibiotic's main

target, the cell wall. Our observations underscore the necessity of studying clinical

isolates to gain a more complete understanding of the complex processes underlying the

susceptibility to antibiotics in clinical settings.

Acknowledgements

Research in the Dörr lab is supported by NIAID grant 1R01AI143704. Research in the

VanNieuwenhze lab is supported by NIH grant GM113172. Isolates *E. cloacae* ARB0008,

K. aerogenes ARB0007, *K. pneumoniae* ARB0120 and *P. aeruginosa* ARB0090 were

obtained from the CDC and FDA Antibiotic Resistance Isolate Bank

(https://www.cdc.gov/drugresistance/resistance-bank/index.html). Isolates *E. cloacae*

complex 41952, *E. coli* 52862, and *K. aerogenes* 28944 were a gift from Barry Kreiswirth

(Rutgers University, NJ). We thank Matthew K. Waldor (Harvard Medical School, MA) and

Pamela V. Chang (Cornell University, NY) for the gift of *V. cholerae* N16961 and *E. coli*

TUV93-0, respectively.

Material and Methods

Chemicals, media and growth conditions

Meropenem (TCI chemicals, Portland, OR) was formulated as a 10 mg/mL stock solution

in distilled water and stored at -20˚C. BHI+ medium (per liter: 17.5 g brain heart infusion

from solids, 10.0 g pancreatic digest of gelatin, 2.0 g dextrose, 5.0 g sodium chloride, 2.5

g disodium phosphate, 15.0 µg/mL hemin, 15.0 µg/mL NAD+) was purchased from RPI

(Wilmington, NC) and prepared as a broth according to package instructions; with 15 g

per liter agar added for solid media. All isolates were grown in supplemented BHI (BHI+)

by adding nicotinamide adenine dinucleotide (NAD; Sigma-Aldrich, St. Louis, MO) and

hemin (Beantown Chemical, Hudson, NH), both at a final concentration of 15 µg/mL. All

isolates were grown overnight in a 37˚C shaking incubator prior to initiating the

experiment.

Bacterial isolates

Bacterial isolates are summarized in **Table 1**. Clinical isolates were identified to the

species or complex level (in the case of *E. cloacae*) using matrix-assisted laser

desorption/ionization-time of flight mass spectrometry (MALDI Biotyper, Bruker Daltonics,

Inc., Billerica, MA) according to the manufacturer's instructions. Meropenem AST (**Table

1**) was performed for all isolates using gradient diffusion (Etest, bioMérieux, Inc., Durham,

NC) according to the manufacturer's instructions on both MHA and BHI+ agar (*i.e.*, solid

media). Each day of testing, quality control testing of the Etest strips was performed on

both MHA and BHI+ with *E. coli* ATCC 25922. In all cases, quality control passed on both

MHA and BHI+ agar. The resultant AST data obtained with MHA was interpreted using

the CLSI M100-S29 (*Enterobacteriaceae* and *P. aeruginosa*) and M45 (*V. cholerae*)

documents (24, 25). For the KPC-producing isolates the presence of the *bla*$_{KPC}$ gene was

confirmed using the Xpert Carba-R assay (Cepheid, Sunnyvale, CA, USA) according to

the manufacturer's instructions.

Microscopy

All images were taken on a Leica MDi8 microscope (Leica Microsystems, GmbH, Wetzlar,

Germany) with a PECON TempController 2000-1 (Erbach, Germany), heated stage at 37

°C for growth experiments, or room temperature for static images. Time-lapse microscopy

was performed by imaging frames five minutes apart and data were processed in ImageJ

(44). HADA stained cells were imaged at 365 nm excitation for one second exposure time.

Images were minimally processed in ImageJ by subtracting background and adjusting

brightness/contrast uniformly across all fluorescent images.

Time-dependent killing experiments

Overnight cultures of each isolate were grown at 37°C in liquid BHI+ medium and the

following day diluted 1:10 in fresh, pre-warmed BHI+ medium containing a final

concentration of 10 μg/mL meropenem. At each time-point, samples were diluted five-

fold in blank medium and OD$_{600}$ was measured. At the same time point, viable cell counts

were also assessed by 10-fold serially diluting cells in BHI+ and spot-plating 10 μL of

each dilution on BHI+ agar plates. Colonies were counted after 24 hours growth at 30°C.

Images were taken by placing cells on BHI+ agarose pads (0.8 % [w/v] agarose). Cells

were concentrated by centrifugation (8,000 *x g*, 5 min) where necessary.

Weaver tolerance score

The tolerance score was calculated from measurements of OD_{600} and cfu/mL after 6

hours of exposure to meropenem. The score was calculated as $(OD_{t6}/OD_{t0}) \times (cfu/mL_{t6}$

$/cfu/mL_{t0})$; *i.e.*, OD-fold change multiplied with survival fraction.

Time-dependent killing assays in human serum

To generate serum growth medium (SGM), human serum (Rockland Pharmaceuticals,

Limerick, PA) was thawed on ice and diluted in Dulbecco's modified Eagle's medium

(DMEM, VWR, Radnor, PA) to 40% (v/v). Bacteria were inoculated from frozen stocks

into 300 µL of SGM in Eppendorf tubes and incubated at 37 ˚C overnight without agitation.

After incubation, cells were diluted 10-fold into 450 µL of fresh SGM, followed by addition

of meropenem (10 µg/mL). Survival was measured by diluting and spot plating for cfu/mL

at the indicated times. For recovery time-lapse images, cells were concentrated 10-fold

(via centrifugation, 8,000 rcf for 5 min) and the antibiotic inactivated by addition of 5 µL of

purified NDM-1 (5 mg/mL). Time-lapse images were obtained at 37˚C on SGM + 0.8%

(w/v) agarose.

HADA staining following antibiotic treatment

Cultures were grown shaking at 37°C BHI+ liquid media and subcultured the next day

1:10 to total 1 mL volumes containing 50 µM HADA (30) (7-hydroxycoumarin-amino-D-

Alanine) with or without meropenem (10 µg/mL). At each time-point, 100 µL of the culture

was harvested and washed three times with 200 µL BHI+ by centrifugation (5 min, 8000

x g) to remove antibiotic and excess HADA. After the third wash, cells were concentrated

10-fold and imaged on BHI+ agarose pads (0.8 % [w/v] agarose). Where indicated, HADA

staining/imaging was performed as described above after treatment with 20 µg/mL

mecillinam (Sigma-Aldrich, St. Louis, MO). Images were analyzed in ImageJ and are

minimally processed (background removal).

Purification of New Delhi Metallo-β-lactamase-1 (NDM-1)

Isolate *E. cloacae* ATCC BAA-2468 was used as a template for the PCR-amplification of

the bla_{NDM-1} gene. SignalP 4.1 was used to predict the membrane-localization signal

sequence of *NDM-1.* PCR primers BR_83 (5′-

cagcagcggcctggtgccgcgcggcagccaGTGCATGCCCGGTGAAATCCG-3′) and BR_84 (5′-

cagcttcctttcgggctttgttagcagccgCATGGCTCAGCGCAGCTTGTC-3′) were designed to

amplify the gene without the predicted signal sequence. Following PCR using Q5 DNA-

polymerase (New England Biolabs, Ipswich, MA) and the BR_83/BR_84 primer pair, the

product was cloned into the pET1-5b N-terminal 6×His expression plasmid (New England

Biolabs).

The plasmid was transformed by heat-shock into chemically competent *E. coli* BL21

(DE3) cells (New England Biolabs). Using the transformed cells, 1 L LB medium cultures

were grown from single colonies shaking at 37˚C. At OD_{600} ~ 0.3, cells were induced with

1 mM isopropyl-β-D-thiogalactopyranoside (Sigma-Aldrich, St. Louis, MO) and grown for

an additional 3 hours at 37˚C. Cells were harvested by centrifugation (20 min, 11,200 *x*

g) and the pellets frozen at -80˚C. After lysis by sonication, the protein was found to be

insoluble. Insoluble protein pellets were resolubilized in 3 M urea (VWR, Radnor, PA) and

purified using immobilized metal affinity chromatography using Ni-NTA resin (Qiagen,

Hilden, Germany). Eluted proteins were renatured by three-step dialysis to a final buffer

composition of 20 mM Tris, 150 mM NaCl, 50 µM $ZnSO_4$ and 30% (v/v) glycerol. The

resulting protein was quantified by Bradford Assay (45) and its functionality verified in a

biological assay by purified NDM-1's ability to restore growth of meropenem-susceptible

E. coli MG1655 on agar containing meropenem (10 µg/mL).

Figure Legends

Figure 1. Clinical Gram-negative pathogens exhibit variable degrees of killing after

exposure to meropenem. Overnight cultures of the indicated isolates were subcultured

1:10 (final volume 5 mL) into pre-warmed BHI+ liquid medium supplemented with 10

µg/mL meropenem. Optical density (OD_{600}, dotted lines) and viable cell counts (cfu/mL,

solid lines) were measured at the indicated time points. Error bars represent standard

error of the mean of at least six biological replicates.

Figure 2. Meropenem exposure induces spheroplast formation in Gram-negative pathogens. Overnight cultures of the indicated isolates were subcultured 1:10 (final volume 5 mL) into pre-warmed BHI+ liquid medium containing 10 µg/mL meropenem and imaged at the indicated time points. Scale bar, 5 µm.

Figure 3. Meropenem-treated spheroplasts have no detectable cell wall material. The indicated isolates were grown in the presence of HADA and treated with either vehicle (no AB), meropenem (10 µg/mL), or mecillinam (20 µg/mL). After 6 hours, cells were washed and imaged using fluorescence microscopy.

Figure 4. Meropenem-induced spheroplasts can recover to form an exponentially growing population. Time-lapse montage of spheroplasts upon removal of meropenem after 6 hours of treatment. The antibiotic was removed by addition of purified NDM-1 carbapenemase, followed by time-lapse microscopy on BHI+ agarose pads (0.8 % [w/v] agarose). Images were then acquired 5 min apart for another 2 hours. Both *E. coli* isolates were omitted since no spheroplasts were observed after 6 hours of meropenem treatment. Scale bars, 5 µm.

Figure 5. Meropenem Tolerance Scores of Gram-negative Pathogens. Relative tolerance to meropenem was quantified using the Weaver Score equation that is based upon viable cell concentration and optical density data for broth cultures exposed to 10 µg/mL meropenem for 6 hours. The Weaver Score was calculated using the following equation: $[(OD_{t6}/OD_{t0})*(cfu/mL_{t6}/cfu/mL_{t0})]$, and the resultant values arranged in

descending order indicating decreasing tolerance to meropenem. Error bars show

standard error of the mean of at least six biological replicates.

Figure 6. Spheroplast formation and recovery in human serum. The indicated

isolates were grown overnight in 40% (v/v) serum/DMEM liquid medium, diluted 10-fold

into fresh serum/DMEM liquid medium and incubated in the presence **(A)** or absence **(B)**

of 10 µg/mL meropenem. Cells were plated (cfu/mL) at the indicated time points. After 6

hours of incubation, purified NDM-1 carbapenemase was added to remove meropenem,

followed by time-lapse microscopy on agarose pads containing 40% (v/v) human serum

(C). All values represent the mean of three biological replicates, error bars represent

standard error of the mean. Red circle indicates the first steps of a recovering spheroplast

within cell debris.

Supplemental Figure Legends

Figure S1. Spheroplast formation and recovery in _V. cholerae_ N16961

(A) Survival (cfu/mL, blue; OD_{600}, red) in the presence of 10 µg/mL meropenem; error

bars show the standard error of the mean of three biological replicates. **(B)** Spheroplast

formation at 0, 1, 3, and 6 hours after exposure to 10 µg/mL meropenem. **(C)** Time-lapse

images showing recovery upon removal of meropenem with purified NDM-1

carbapenemase (frames were acquired 5 min apart). Scale bars, 5 µm.

Figure S2. Spheroplast formation and recovery in _P. aeruginosa_ PA14

(A) Survival (cfu/mL, blue; OD$_{600}$, red) in the presence of 10 µg/mL meropenem, error bars show the standard error of the mean of three biological replicates. **(B)** Spheroplast formation at 0, 1, 3, and 6 hours after exposure to 10 µg/mL meropenem. **(C)** Time-lapse montage of spheroplasts upon removal of meropenem after 6 hours of treatment. The antibiotic was removed by addition of purified NDM-1 carbapenemase, followed by time-lapse microscopy on BHI+ agarose pads (0.8 % [w/v] agarose). Images were then acquired 5 min apart for another 2 hours. Both *E. coli* isolates were omitted since no spheroplasts were observed after 6 hours of meropenem treatment. Scale bars, 5 µm.

Figure S3. Growth of susceptible/non-resistant and carbapenemases-producing isolates without antibiotic treatment.

Growth of the indicated isolates in BHI+ (cfu/mL, solid lines; OD$_{600}$, dotted lines), error bars show standard error of the mean of two biological replicates.

Figure S4. Growth of KPC-producing *Enterobacteriaceae* in the presence of meropenem. Growth of the indicated isolates in BHI+ (cfu/mL, solid lines; OD$_{600}$, dotted lines) supplemented with 10 µg/mL meropenem, error bars show standard error of the mean of two biological replicates.

Figure S5. Spheroplast formation and recovery in *E. cloacae* ATCC 13047

(A) Spheroplast formation at 0, 1, 3, and 6 hours after exposure to 10 µg/mL meropenem in BHI+. **(B)** Time-lapse montage of spheroplast recovery upon removal of meropenem after 6 hours of treatment. The antibiotic was removed by addition of purified NDM-1

carbapenemase, followed by time-lapse microscopy on BHI+ agarose pads (0.8 % [w/v]

agarose). Images were acquired 5 min apart for another 2 hours. Scale bars, 5 µm.

Figure S6. Spheroplast formation and recovery in *K. aerogenes* ARB0007

(A) Spheroplast formation at 0, 1, 3, and 6 hours after exposure to 10 µg/mL meropenem

in BHI+. **(B)** Time-lapse montage of spheroplast recovery upon removal of meropenem

after 6 hours of treatment. The antibiotic was removed by addition of purified NDM-1

carbapenemase, followed by time-lapse microscopy on BHI+/0.8% (w/v) agarose. Images

were acquired 5 min apart for another 2 hours. Scale bars, 5 µm.

Figure S7. Spheroplast formation and recovery in *K. pneumoniae* WCM0002

(A) Spheroplast formation at 0, 1, 3, and 6 hours after exposure to 10 µg/mL meropenem.

(B) Time-lapse montage of spheroplast recovery upon removal of meropenem after 6

hours of treatment. The antibiotic was removed by addition of purified NDM-1

carbapenemase, followed by time-lapse microscopy on BHI+ agarose pads (0.8 % [w/v]

agarose). Images were acquired 5 min apart for another 2 hours. Scale bars, 5 µm.

Figure S8. Spheroplast formation and recovery in *E. cloacae* ARB0008

(A) Spheroplast formation at 0, 1, 3, and 6 hours after exposure to 10 µg/mL meropenem.

(B) Time-lapse montage of spheroplast recovery upon removal of meropenem after 6

hours of treatment. The antibiotic was removed by addition of purified NDM-1

carbapenemase, followed by time-lapse microscopy on BHI+ agarose pads (0.8 % [w/v]

agarose). Images were acquired 5 min apart for another 2 hours. Scale bars, 5 µm.

Figure S9. Absence of spheroplasts in *E. coli* isolates. Overnight cultures of *E. coli*

WCM0001 **(A)**, and TUV93-0 **(B)** were subcultured 1:10 (final volume 5 mL) into pre-

warmed BHI+ liquid medium supplemented with 10 µg/mL meropenem and imaged at the

indicated time points. Scale bar, 5 µm.

Figure S10. Cell Morphology without antibiotic treatment. Overnight cultures of the

indicated isolates were diluted 10-fold into BHI+ liquid media, and imaged at the indicated

time points. Scale bar, 5 µm.

Figure S11. Cell Morphology of KPC-producing *Enterobacteriaceae*.

Overnight cultures of the indicated isolates were diluted 10-fold into fresh BHI+ liquid

media containing vehicle **(A)**, or meropenem (10 µg/mL) **(B)**, and imaged at the indicated

time points. Scale bar, 5 µm.

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712 **Table 1**. Bacterial isolates evaluated in this study.
713

Isolate	Carbapenemase	Specimen Source	MHA MIC (µg/mL)	MHA MIC Interpretation [f]	BHI+ Agar MIC (µg/mL)	BHI+ Agar MIC Interpretation [h]
E. cloacae complex WCM0001	N/A	Blood	0.023	SUS	0.023	N/A
E. cloacae complex ATCC 13047	N/A	N/A	0.064	SUS	0.094	N/A
E. cloacae complex ARB0008 [a]	N/A	N/A	0.75	SUS	1.5	N/A
E. coli WCM0001	N/A	Urine	0.016	SUS	0.016	N/A
E. coli TUV93-0	N/A	N/A	0.023	SUS	0.023	N/A
K. aerogenes WCM0001	N/A	Respiratory/Sinus	0.032	SUS	0.032	N/A
K. aerogenes ARB0007	N/A	N/A	0.064	SUS	0.047	N/A
K. pneumoniae WCM0001	N/A	Blood	0.032	SUS	0.023	N/A
K. pneumoniae WCM0002	N/A	Respiratory/Sinus	0.032	SUS	0.032	N/A
P. aeruginosa PA14	N/A	N/A	0.25	SUS	0.38	N/A
V. cholerae N16961	N/A	N/A	0.125	SUS	0.125	N/A
E. cloacae complex ATCC BAA-2468	NDM	N/A	>32	RES	>32	N/A
E. cloacae complex 41952	KPC	N/A	>32	RES	>32	N/A
K. pneumoniae ARB0120 [b]	KPC	N/A	12 [d]	RES	32 [g]	N/A
E. coli 52862	KPC	N/A	12	RES	8	N/A
P. aeruginosa ARB0090 [c]	KPC	N/A	>32	RES	>32	N/A
K. aerogenes 28944	KPC	N/A	3 [e]	RES	3	N/A

714
715 **Abbreviations**: ARB, Centers for Disease Control and Prevention and United States Food and Drug Administration Antibiotic Resistance Isolate
716 Bank; ATCC, American Type Culture Collection; BHI+, Brain-Hearth Infusion agar with supplements; INT, intermediate; MHA, Mueller Hinton agar;
717 MIC, minimum inhibitory concentration; N/A, not applicable; RES, resistant; SUS, susceptible; WCM, Weill Cornell Medicine.
718
[a] ARB0008, meropenem MIC value determined by the ARB, 2 µg/mL (INT). The MIC value obtained using BHI+ agar is consistent with an
interpretation of INT.
[b] ARB0120, meropenem MIC value determined by the ARB, >8 µg/mL (RES).
[c] ARB0090, meropenem MIC value determined by the ARB, >8 µg/mL (RES).
[d] The isolate intersected the meropenem Etest strip between 8 to 12 µg/mL.

[e] When interpreting MIC values generated using gradient diffusion (Etest), MIC values that fall between conventional two-fold dilutions (*e.g.*, 0.25
µg/mL, 0.5 µg/mL, 1 µg/mL, 2 µg/mL, 4 µg/mL, etc.) are rounded up to the next upper two-fold value before categorization. Therefore, an MIC
value of 3 µg/mL would be rounded up to 4 µg/mL, and thus considered resistant using breakpoints for *Enterobacteriaceae* in the M100-S29
document.
[f] Data were interpreted using the Clinical and Laboratories Standards Institute M100-S29 and M45 documents.
[g] The isolate intersected the meropenem Etest strip between 24-32 µg/mL.
[h] There are no interpretative criteria for antibiotic susceptibility testing performed on BHI+ agar. Nonetheless, essential agreement between MHA
and BHI+ agar was 100% for all isolates except ARB0120. However, ARB0120 tested resistant to meropenem (≥4 µg/mL) on both media and in
agreement with data obtained by the ARB (>8 µg/mL).
733

Fig. 1

Fig. 2

Fig. 3

Enterobacter cloacae WCM0001
time

Klebsiella aerogenes WCM0001
time

Klebsiella pneumoniae WCM0001
time

Fig. 4

Fig. 5

Fig. 6