

1 **Title:** Human intestinal enteroids with inducible neurogenin-3 expression as a novel
2 model of gut hormone secretion
3

4 **Short Title:** *NGN3* enteroids as an enteroendocrine cell model
5

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59 **Abbreviations:** neurogenin-3 (NGN3), tetracycline (tet), doxycycline (dox),
60 gastrointestinal (GI), human intestinal enteroids (HIEs), human intestinal organoids
61 (HIOs), short chain fatty acids (SCFAs), chromogranin A (ChgA), pancreatic polypeptide
62 (PP), glucose-dependent insulintropic peptide (GIP), glucagon-like peptide-1 (GLP-1),
63 peptide YY (PYY), monocyte chemoattractant protein-1 (MCP-1), tryptophan
64 hydroxylase (Tph1), villin (VIL1), sucrase isomaltase (SI), rotavirus (RV), hour (hr),
65 hours post infection (hpi), reverse transcriptase – quantitative polymerase chain
66 reaction (RT-qPCR), immunofluorescence (IF), hematoxylin and eosin (H&E), two-
67 dimensional (2D), three-dimensional (3D), complete medium without growth factors
68 (CMGF-), complete media with growth factors (CMGF+), high Wnt complete media with
69 growth factors (hW-CMGF+)

70

71 **Word Count:** 4368

72 **Synopsis:** Enteroendocrine cells have low abundance but exert widespread effects on
73 gastrointestinal physiology. We engineered human intestinal enteroids with inducible
74 expression of neurogenin-3, resulting in increased enteroendocrine cells and facilitating
75 investigations of host responses to the dynamic intestinal environment.

76

77 **Abstract**

78 Background: Enteroendocrine cells (EECs) are specialized epithelial cells that produce
79 molecules vital for intestinal homeostasis, but due to their limited numbers, in-depth
80 functional studies have remained challenging. Human intestinal enteroids (HIEs) that
81 are derived from intestinal crypt stem cells are a biologically relevant *in vitro* model of
82 the intestinal epithelium. HIEs contain all intestinal epithelial cell types; however, like the
83 intestine, HIEs spontaneously produce few EECs, which limits their study.

84

85 Methods: To increase the number of EECs in HIEs, we used lentivirus transduction to
86 stably engineer jejunal HIEs with doxycycline-inducible expression of neurogenin-3
87 (*NGN3*), a transcription factor that drives EEC differentiation (tet*NGN3*-HIEs). We
88 examined the impact of *NGN3* induction on EECs by quantifying the increase in the
89 enterochromaffin cells and other EEC subtypes. We functionally assessed secretion of
90 serotonin and EEC hormones in response to norepinephrine and rotavirus infection.

91

92 Results: Treating tet*NGN3*-HIEs with doxycycline induced a dose-dependent increase
93 of chromogranin A (ChgA)-positive and serotonin-positive cells, demonstrating
94 increased enterochromaffin cell differentiation. Despite increased ChgA-positive cells,
95 other differentiated cell types of the epithelium remained largely unchanged by gene
96 expression and immunostaining. RNA sequencing of doxycycline-induced tet*NGN3*-
97 HIEs identified increased expression of key hormones and enzymes associated with
98 several other EEC subtypes. Doxycycline-induced tet*NGN3*-HIEs secreted serotonin,
99 monocyte chemoattractant protein-1, glucose-dependent insulinotropic peptide, peptide

100 YY, and ghrelin in response to norepinephrine and rotavirus infection, further supporting
101 the presence of multiple EEC types.

102

103 Conclusions: We have combined HIEs and inducible-*NGN3* expression to establish a
104 flexible *in vitro* model system for functional studies of EECs in enteroids and advance
105 the molecular and physiological investigation of EECs.

106

107 Keywords: enteroendocrine cell; enteroid; serotonin

108

109 **Introduction**

110 The gastrointestinal (GI) epithelium is the largest sensory interface between host
111 and environment and must both detect and communicate luminal contents to the host
112 [1]. The GI lumen is a complex mixture of dietary nutrients and their breakdown
113 products, microorganisms and their metabolites, as well as irritants, toxins, and drugs.
114 Microorganisms in particular create a dynamic ecosystem in the GI lumen with both
115 beneficial and detrimental effects. For example, the gut microbiome is important for
116 degradation of complex carbohydrates and polysaccharides into short chain fatty acids
117 (SCFAs) such as acetate, butyrate, and propionate that can be used as nutrients by the
118 host or other microbes. SCFAs also modulate a variety of important physiological
119 effects such as inflammation and gut motility [2]. By contrast, pathogenic
120 microorganisms invade the epithelium or produce toxins that threaten the GI epithelial
121 barrier and thus necessitate activation of host defenses. Therefore, integrating signals
122 from luminal stimuli to the host for coordinated and appropriate physiological responses
123 is complex, which has complicated efforts to study the molecular mechanisms
124 governing these processes.

125 Microbiome-to-epithelium communication is multifaceted and includes receptors
126 on various cell types, including enterocytes, goblet cells, Paneth cells and stem cells.
127 Recent evidence shows that enteroendocrine cells are one of the most important
128 mediators of communication between the GI lumen and host [3]. Enteroendocrine cells
129 (EECs) are a rare cell lineage found throughout the length of the GI tract (<1% of GI
130 epithelial cells), yet they have a significant impact on human physiology [4-6]. In
131 response to host, microbial, and environmental stimuli, subtypes of EECs synthesize

132 and secrete hormones including gastrin (G cells), somatostatin (D cells),
133 enteroglucagon/peptide YY (PYY) and glucagon-like peptide 1 (GLP-1) (L cells),
134 neurotensin (N cells), pro- γ -melanocyte-stimulating hormone (MSH) cells, and serotonin
135 (enterochromaffin cells) [7-9]. The broad array of enteroendocrine cell types reflects the
136 diversity of critical physiological functions including the coordination of both local and
137 systemic responses by the endocrine and nervous systems to the stimuli present in the
138 lumen. Enterochromaffin cells are the most common EEC subtype, comprising ~40% of
139 the EECs. These cells synthesize and secrete the neurotransmitter serotonin in
140 response to various physiological stimuli, including microbial metabolites, irritants,
141 toxins, and infection [10-12]. Given the importance of serotonin in mammalian
142 physiology and greater abundance among EECs, many studies focus on
143 enterochromaffin cells, but due in part to their rarity, how other EEC subtypes function in
144 the context of the gut environment remains less well studied.

145 Studying the interaction of EECs and stimuli in the GI lumen has been
146 challenging due to the limited numbers of these cells in the intestinal epithelium and the
147 lack of appropriate non-cancer derived *in vitro* models. Generation of enteroids is a
148 recent technology that has revolutionized the study of intestinal epithelial cells. They
149 have been generated from several mammalian hosts, including mouse and human, and
150 recapitulate the GI physiology of the donor species [13-16]. This complex epithelial
151 culture system is derived from adult stem cells isolated from intestinal tissue or biopsy
152 samples that can be maintained and expanded in culture as an *in vitro* model system
153 [13-15, 17-21]. Thus, enteroids offer a promising new tool to study non-transformed,
154 non-cancerous human EECs in an *in vitro* culture system [17].

155 Previous studies have established that neurogenin 3 (Ngn3) is a key transcription
156 factor for EEC differentiation [22-36]. Consistent with the role of Ngn3 in EEC fate,
157 overexpression of *NGN3* in multiple systems has been shown to increase EEC numbers
158 [37, 38]. *In vitro*, adenoviral-based *NGN3* overexpression in neonatal mouse jejunal
159 intestinal spheres induced a threefold increase in the number of chromogranin A
160 (ChgA)-positive EECs [39]. In human intestinal organoids (HIOs) derived from
161 pluripotent stem cells, overexpression of *NGN3* by an adenoviral vector or tetracycline-
162 inducible lentiviral vector also increased ChgA-positive EECs [29, 40]. In this study, we
163 generated a new model system using jejunal human intestinal enteroids (HIEs)
164 engineered to overexpress *NGN3* from a tetracycline-inducible promoter (*tetNGN3*) to
165 drive EEC differentiation. These *tetNGN3*-HIEs exhibit a doxycycline dose-dependent
166 increase in ChgA expression in both 3-dimensional culture and as 2-dimensional
167 monolayers, as well as upregulation of markers for multiple EEC subtypes, including
168 enterochromaffin cells, L cells and K cells. In response to microbial and host stimuli,
169 these induced EECs secreted serotonin, monocyte chemoattractant protein-1 (MCP-1),
170 glucose-dependent insulintropic peptide (GIP), peptide YY (PYY), and ghrelin. Thus,
171 *tetNGN3*-HIEs are a new and physiologically relevant model system to study EEC-
172 based communication pathways in response to both microbial and host stimuli.
173

174 **Results**

175 ***Creation and propagation of inducible tetNGN3-HIEs***

176 Since host-microbe interactions via EECs has a profound impact on host
177 physiology, we sought to develop a new model for screening, identification, and testing
178 of microbe-induced EEC responses. Due to the low abundance of EECs within intestinal
179 tissue and human intestinal enteroids (HIEs), we aimed to increase EEC abundance
180 through inducible overexpression of *NGN3* using lentivirus transduction to introduce a
181 doxycycline-inducible *NGN3* expression cassette into an HIE [72, 73]. In preparation for
182 transduction, jejunal HIEs were grown high Wnt complete media with growth factors
183 (hW-CMGF+) to enrich the stem cell population, which was evidenced by the majority of
184 HIEs exhibiting a cystic morphology with multiple small buds (**Fig. 1A, left panel**).
185 Growth in high Wnt media was important for increasing the success rate of the
186 transduction. After lentivirus transduction, geneticin selection initially increased
187 sloughing of dead cells from the HIEs, and full selection of transduced tet*NGN3*-HIEs
188 occurred after ~5 weeks (**Fig. 1A, right panel**).

189 To confirm the ability of *NGN3* to drive EEC differentiation we used
190 immunofluorescence (IF) staining for chromogranin A (ChgA) as a marker of endocrine
191 cells, which are often used to assess increases in EEC numbers upon *NGN3*
192 overexpression [29, 39, 40]. First, the number of ChgA-positive cells present in the
193 tet*NGN3*-HIEs after induction with 1 μ g/mL doxycycline was assessed (**Fig. 1B**). In
194 paraffin-embedded slices of 3D tet*NGN3*-HIE cultures, we observed abundant ChgA-
195 positive cells in both apical and basolateral areas of cells (**Fig 1B**). In contrast to the
196 doxycycline-induced tet*NGN3*-HIEs, very few ChgA-positive cells were observed in the

197 absence of doxycycline (**Fig. 1C, left panel**). However, induction of *tetNGN3* increased
198 the number of ChgA-positive cells in a doxycycline dose-dependent manner (**Fig. 1C**). A
199 similar doxycycline dose-dependent increase in ChgA-positive cells was observed in
200 two-dimensional (2D) flat monolayers (**Fig. 1D**). Of note, the ChgA-positive cells in both
201 3D and 2D formats exhibited the polygonal cell shape typically associated with
202 enterochromaffin cells [41].

203 Using image analysis software, we quantified the abundance of ChgA-positive
204 cells from the different doxycycline-induction conditions above. In the absence of
205 doxycycline, both 3D and monolayer *tetNGN3*-HIEs exhibited few to no ChgA-positive
206 cells. In contrast, addition of 0.1 $\mu\text{g/mL}$ and 1 $\mu\text{g/mL}$ doxycycline to 3D *tetNGN3*-HIEs
207 resulted in a dose-dependent increase in the number of ChgA-positive cells ($p < 0.0001$)
208 (**Fig. 2A, left panel**). This pattern was also observed in 2D flat *tetNGN3*-HIEs
209 monolayers, with doxycycline concentrations at or below 0.01 $\mu\text{g/mL}$ exhibiting ~0.4%
210 ChgA-positive cells, similar to the non-induced *tetNGN3*-HIEs (**Fig. 2A, right panel**).
211 Treatment of *tetNGN3*-HIEs with 0.1 $\mu\text{g/mL}$ doxycycline resulted in ~5% ChgA-positive
212 cells, about a 12-fold increase, while addition of 1 $\mu\text{g/mL}$ doxycycline resulted in ~40%
213 ChgA-positive cells (**Fig. 2A right panel**). Thus, induction of *tetNGN3* correlated with an
214 increase in ChgA-positive cells, supporting our premise that overexpression of *NGN3*
215 would drive EEC differentiation in HIEs. The *tetNGN3*-HIEs have stably maintained the
216 *tetNGN3* transgene and exhibited the doxycycline-induced increase in ChgA-positive
217 cells (detected by IF staining) for >10 months. Additionally, *tetNGN3*-HIEs maintained
218 inducible expression after storage in liquid nitrogen (data not shown).

219

220 ***Induction of enteroendocrine cell differentiation***

221 To confirm that doxycycline treatment alone did not induce EEC differentiation in
222 HIEs, we measured mRNA transcript levels after treating the parental (non-transduced)
223 jejunum HIEs with 0 or 1 µg/mL doxycycline. We quantitated the mRNA levels of the
224 enterochromaffin cell markers *CHGA* and *TPH1* and the enterocyte marker villin (VIL1)
225 by quantitative polymerase chain reaction (qPCR) (**Fig. 2B**). No significant difference
226 between treatment groups was present in any of the cell markers examined, indicating
227 that doxycycline alone does not impact EEC differentiation in the absence of *NGN3*
228 expression (**Fig. 2B**).

229 In a complementary approach to demonstrate that induction of tet*NGN3*
230 increases EEC differentiation, we correlated the increase in *NGN3* and *CHGA*
231 transcripts in tet*NGN3*-HIEs treated with 0, 0.1, and 1 µg/mL doxycycline, and
232 compared gene expression in the three different HIE formats (i.e., 3D culture, flat
233 monolayers, and transwell monolayers), summarized in **Table 3**. Overall, we observed a
234 doxycycline dose-dependent increase in both *NGN3* and *CHGA* expression in all three
235 formats of the tet*NGN3*-HIEs. Treatment with 1 µg/mL doxycycline significantly
236 increased both enterochromaffin cell markers in all three culture formats (**Fig. 2C**).
237 However, there were some notable differences in the expression profiles between each
238 type of HIE format. Treating 3D tet*NGN3*-HIEs with 0.1 µg/mL doxycycline induced
239 *NGN3* and *CHGA* expression to a lesser degree than 0.1 µg/mL doxycycline treatment
240 of flat or transwell monolayers (**Fig. 2C**), which may be due to limited penetrance of
241 doxycycline through the Matrigel used for 3D cultures. Further, transwell monolayers
242 treated with 0.1 µg/mL doxycycline have a greater fold induction of *NGN3* and *CHGA*

243 expression than in flat monolayers (**Fig. 2C**). This difference may be the result of
244 greater cell surface contact with the media in transwell monolayers, which have both
245 apical and basolateral access to the media, than in flat monolayers. Together, these
246 results demonstrate that the inducible tet*NGN3*-HIEs are a tunable and versatile system
247 for increased differentiation of enterochromaffin cells in each of the HIE culture formats.

248

249 ***Characterization of epithelial cell types present in tetNGN3-HIEs***

250 To assess the impact of *NGN3* overexpression on HIE morphology, we treated
251 3D and transwell monolayer preparations of the tet*NGN3*-HIEs with 0, 0.1, and 1 µg/mL
252 doxycycline (**Fig. 3A, B**). Hematoxylin and eosin (H&E) staining of 3D (**Fig. 3A**) and
253 transwell monolayers (**Fig. 3B**) showed only minor alterations in morphology upon
254 induction with 0.1 µg/mL doxycycline, primarily larger nuclei and increased cell height
255 (**Fig. 3B, middle panel**). Strong induction with 1 µg/mL doxycycline resulted in more
256 significant morphological changes. In the 3D tet*NGN3*-HIEs, there was a marked
257 increase in luminal (apical) cell debris (**Fig. 3A, right panel**), and in transwell
258 monolayers we observed larger nuclei and a discontinuous apical membrane with
259 increased shedding of cellular material (**Fig. 3B, right panel**). Further, we examined the
260 ultrastructure of the tet*NGN3*-HIEs using transmission electron microscopy of 3D HIEs
261 treated for 5 days with 0 or 1 µg/mL doxycycline in differentiation media (**Fig. 3C and**
262 **3D**). Most cells observed in the 0 µg/mL doxycycline-treated tet*NGN3*-HIEs had the
263 basolateral nuclei, apical microvilli, and brush border characteristic of enterocytes (**Fig.**
264 **3C**). As expected, in tet*NGN3*-HIEs treated with 1 µg/mL doxycycline, we observed

265 more EECs based on greater numbers of cells with electron-dense granules, including
266 cells open to the lumen of the 3D enteroid (**Fig. 3D**).

267 'Differentiation' of HIEs by exclusion of Wnt3a from the culture media drives
268 maturation of the different epithelial cell types [14, 17, 21, 42, 43], so we next used RT-
269 qPCR to determine whether *NGN3* induction altered expression of cell lineage-specific
270 marker genes in differentiated HIEs. For this we tested markers for Paneth cells (*LYSZ*),
271 crypt base columnar stem cells (*LGR5*), goblet cells (*MUC2*), and enterocytes [villin
272 (*VIL1*) and sucrase isomaltase (*SI*)] (**Table 2**). First, we observed no difference in
273 differentiation marker expression between the parental HIE line and the uninduced
274 tet*NGN3*-HIEs, indicating that lentivirus transduction itself did not cause alterations in
275 HIE cell differentiation (data not shown). In 3D tet*NGN3*-HIEs (**Fig. 4A, left panel**),
276 doxycycline induction caused no significant changes in cell lineage-specific gene
277 expression, and while *SI* exhibited a trend for lower levels, expression of *VIL1* remained
278 unchanged. Further, in tet*NGN3*-HIE flat monolayers the overall gene expression levels
279 were similar to the 3D tet*NGN3*-HIEs and no significant changes in lineage-specific
280 marker genes were observed (**Fig. 4A, right panel**).

281 To gain further insight into the broader impacts of *NGN3* overexpression, we
282 performed global transcriptional analysis of mRNA (RNA-seq) isolated from tet*NGN3*-
283 HIEs cultured in transwell format in the absence or presence of 1 µg/mL doxycycline for
284 5 days. Comparison of the expression levels across 31 genes indicated a dramatic
285 increase in the abundance of *NGN3* and *CHGA* transcripts (**Fig. 4B**) However, there
286 was relatively little change in genes involved in tight junctions, or markers of Paneth,
287 goblet or tuft cell lineages. In contrast, all markers of enterocytes decreased modestly,

288 with log₂ fold changes of less than 2 (**Fig. 4B, Table 4**). Similar to the H&E staining
289 (**Fig. 3**), immunofluorescence microscopy of 3D cultures and transwell monolayers
290 demonstrated that the tet*NGN3*-HIEs maintained a polarized cell layer upon doxycycline
291 treatment, as demonstrated by apical localization of phospho-ezrin, SI, and sodium-
292 glucose transporter 1 (**Fig. 4C-E**). Finally, we examined whether *NGN3* overexpression
293 altered goblet cell numbers in the tet*NGN3*-HIEs. Immunostaining for Muc2 in non-
294 induced or induced (1 µg/mL doxycycline) 3D tet*NGN3*-HIEs showed that induction of
295 *NGN3* expression did not decrease the number of Muc2-positive cells (**Fig. 4F**), which
296 is consistent with the lack of changes in *MUC2* gene expression between 0 and 1 µg/mL
297 doxycycline treatments found by qPCR and RNA-seq analyses (**Fig. 4A,B**). Taken
298 together, inducible *NGN3* overexpression significantly increases the EEC population,
299 but this does not substantially change the transcript levels of other differentiated cell
300 types or the morphological characteristics of these enteroids.

301

302 ***tetNGN3-HIEs secrete serotonin in response to physiological stimuli***

303 The enterochromaffin cell subtype is an important source of serotonin-mediated
304 signaling, which has multiple effects on intestinal homeostasis, and disruptions in
305 serotonin signaling have been shown to contribute to several GI disorders [44-50].
306 Serotonin is synthesized via the conversion of L-tryptophan by the enzyme tryptophan
307 hydroxylase (Tph1), and stored in secretory vesicles for stimulus-driven secretion [51].
308 Therefore, we tested if induction of *NGN3* overexpression in HIEs increased serotonin
309 response to biological stimuli *in vitro*. We confirmed that both *CHGA* and *TPH1* gene
310 expression are upregulated in doxycycline-induced tet*NGN3*-HIEs (**Fig. 5A**). Further,

311 we showed that doxycycline induction (1 $\mu\text{g}/\text{mL}$) increased the number of ChgA and
312 serotonin double-positive cells by fluorescence of 3D tet*NGN3*-HIEs (**Fig. 5B**). These
313 indicate an increase in the number of serotonin-secreting enterochromaffin cells.

314 We next characterized the physiological response of the tet*NGN3*-HIE-derived
315 enterochromaffin cells to stimuli previously shown to elicit serotonin secretion by other
316 enterochromaffin model systems [52, 53]. A previous study found that mouse
317 enterochromaffin cells secrete serotonin in response to norepinephrine and isovalerate
318 [52]. Norepinephrine is a neurotransmitter important for communication between the gut
319 and the enteric nervous system, particularly in response to infection or injury [54].
320 Isovalerate is a fatty acid metabolite likely generated by the microbiome, particularly by
321 amino acid fermenting bacteria such as from the Clostridial, Bacillus, Lactobacillus,
322 Streptococcus and Proteobacteria groups [55]. We quantified serotonin secretion into
323 the media of flat monolayers of tet*NGN3*-HIEs, induced with 0 or 1 $\mu\text{g}/\text{mL}$ doxycycline,
324 and treated with different concentrations of norepinephrine or isovalerate. After
325 stimulation with these agonists, supernatants were collected to measure serotonin
326 secretion using a serotonin ELISA. We found that norepinephrine treatment of induced
327 tet*NGN3*-HIEs stimulated a significant and dose-dependent increase in serotonin
328 secretion, but no increase in serotonin secretion was observed from the non-induced
329 tet*NGN3*-HIEs ($p < 0.05$, $p < 0.0001$) (**Fig. 5C**). Interestingly, treatment with up to 500 μM
330 isovalerate did not stimulate measurable serotonin secretion in either the non-induced
331 or the doxycycline-induced tet*NGN3*-HIEs (**Fig. 5D**).

332 To determine if our model is responsive to other microbial stimuli, we tested
333 whether rotavirus (RV) infection, a common diarrhea-causing enteric virus, stimulates

334 serotonin secretion from tet*NGN3*-HIEs. Previous studies in both human
335 enterochromaffin cell lines, and in mice found that RV infects both enterocytes and
336 ChgA- and serotonin-positive enterochromaffin cells and stimulates serotonin secretion
337 [12, 53]. Furthermore, HIEs are a new model for RV infection and enterochromaffin cells
338 in HIEs support RV infection; however, whether RV infection stimulates serotonin
339 secretion in HIEs has not been tested [13, 14]. Flat monolayers of tet*NGN3*-HIE induced
340 with 0 or 1 $\mu\text{g}/\text{mL}$ doxycycline were infected with trypsin-activated human RV (strain Ito,
341 G3[P8]). Supernatants were harvested at 24 hr post-infection to measure serotonin
342 secretion. RV infection significantly increased serotonin secretion in both the non-
343 induced and doxycycline-induced tet*NGN3*-HIEs compared to mock-infected tet*NGN3*-
344 HIEs ($p < 0.0001$) (**Fig. 5E**). Most notably, the serotonin response to RV infection was
345 significantly greater from the doxycycline-induced tet*NGN3*-HIEs, demonstrating that
346 the tet*NGN3*-HIEs amplify observed enterochromaffin cell responses (**Fig. 5E**).

347 The ability of RV to stimulate serotonin secretion in tet*NGN3*-HIEs was also
348 tested in transwell monolayers that were induced with 0.1 $\mu\text{g}/\text{mL}$ doxycycline in
349 differentiation media for 5 days. In transwell monolayers, we were able to test serotonin
350 secretion both apically and basolaterally after infection with RV at 1 hpi, 12 hpi, and 24
351 hpi (**Fig. 5F and 5G**). At 12 hpi, RV-infected transwell monolayers secreted significantly
352 more serotonin into the basolateral compartment than mock-infected monolayers
353 ($p < 0.05$) (**Fig. 5G**), while apical serotonin secretion was not significantly increased (**Fig.**
354 **5F**). By 24 hpi, there was significantly more serotonin secretion both apically and
355 basolaterally from RV-infected than mock-infected monolayers ($p < 0.01$) (**Fig. 5G and**
356 **5F**). These data indicate that serotonin is primarily secreted basolaterally from the

357 monolayer, particularly early in RV infection, but both basolateral and apical serotonin
358 secretion is detected later in infection. Finally we confirmed that the doxycycline-
359 induced enterochromaffin cells are susceptible to RV infection by immunofluorescence
360 confocal microscopy. At 12 hpi, the tet*NGN3*-HIE transwell monolayers were fix and
361 stained for ChgA and the RV non-structural protein 2 (NSP2), which shows co-
362 immunostaining of cells for ChgA and NSP2 (**Fig. 5H**) that is consistent with the known
363 susceptibility of enterochromaffin cells to RV infection [12, 13, 53].

364

365 ***tetNGN3-HIEs differentiate into multiple enteroendocrine cell types***

366 To identify other EEC types that are present in the induced tet*NGN3*-HIEs, we
367 examined the RNA-seq data from doxycycline-induced tet*NGN3*-HIEs for expression of
368 marker genes predominantly expressed in the seven EEC subtypes, as well as marker
369 genes for enterochromaffin cells. We found that expression of each of the EEC marker
370 genes was upregulated to varying degrees (**Fig. 6A, Table 4**), suggesting that
371 doxycycline treatment of the tet*NGN3*-HIEs could induce the other EEC cell types in
372 addition to enterochromaffin cells. These results are supported by positive
373 immunostaining for GLP-1 distinct from ChgA-positive cells in tet*NGN3*-HIE monolayers
374 when induced with 1 µg/mL doxycycline (**Fig. 6B**). To test if doxycycline-induced
375 tet*NGN3*-HIEs functionally amplified the physiological response of these EEC subtypes,
376 we quantified gut hormones known to be secreted by different EEC types after
377 stimulation with norepinephrine or infection with RV, as in the experiments above (**Fig.**
378 **6C-F**). We did not detect secreted hormones from uninduced tet*NGN3*-HIE monolayers
379 after stimulation with norepinephrine or RV infection, with the exception of monocyte

380 chemoattractant protein-1 (MCP-1), which is also known to be produced by enterocytes
381 (**Fig. 6C and 6D**). In contrast, tet*NGN3*-HIE monolayers induced with 1 µg/mL
382 doxycycline exhibited increased secretion of MCP-1 and glucose-dependent
383 insulintropic peptide (GIP, from K cells) in response to 5 µM norepinephrine (**Fig. 6B**).
384 Of note, norepinephrine did not stimulate PYY (L cells) or ghrelin (P/D1 cells). Further,
385 in response to RV infection, the induced tet*NGN3*-HIEs secreted large quantities of
386 MCP-1 and GIP and moderate amounts of PYY and ghrelin (**Fig. 6E**), and this response
387 was absent in uninduced tet*NGN3* HIEs (**Fig. 6D**). Norepinephrine and RV infection did
388 not stimulate PP (pancreatic polypeptide; PP cells also known as F cells) secretion,
389 which is primarily produced in pancreatic cells and only rarely in the intestine [56].
390 Together, these data show that our tet*NGN3*-HIE model drives the differentiation of
391 multiple functional EEC subtypes that secrete gut hormones in response to biologically
392 relevant stimuli.

393

394

395 **Discussion**

396 Limitations of the available human EEC systems have made it challenging to
397 comprehensively study the molecular physiology of EECs. In this study, we engineered
398 a HIE line to have inducible overexpression of *NGN3* that enable vast upregulation of
399 EEC numbers in the HIE. For the characterization of the tet*NGN3*-HIEs, we initially
400 focused on enterochromaffin cells because they are the dominant intestinal EEC
401 subtype and of great interest for EEC biology, and serve a key role in
402 sensing/responding to microbial metabolites and intestinal pathophysiology [57-59]. We
403 demonstrated that doxycycline-induced *NGN3* overexpression in human jejunal
404 intestinal enteroids increased EECs, as measured by mRNA and protein expression of
405 the endocrine marker *CHGA*. This response was doxycycline-dose dependent,
406 demonstrating that the tet*NGN3*-HIEs allow for “tunable” customization of the number of
407 EECs in different HIE formats (e.g., 3D, flat monolayers, and transwell monolayers).
408 Further, in response to known stimuli, differentiated tet*NGN3*-HIEs release serotonin
409 and several gut hormones characteristic of K cell, L cell, and enterochromaffin cell
410 populations in a single culture system [12, 52, 53].

411 The tet*NGN3*-HIE model system described in this work overcomes some of the
412 limitations associated with the existing models of EECs. In contrast to primary EECs
413 isolated from tissue and cancer-derived cell lines, HIOs and HIEs are more robust and
414 renewable model systems for studying EECs [29, 52, 60, 61]. However, like the
415 intestine, few EECs spontaneously develop in both HIOs and HIEs, so the rarity of EEC
416 cells remains a limitation of native organoid/enteroid cultures. Thus, increasing *NGN3*
417 expression to drive EEC differentiation, as has been done in recent work with HIOs, is

418 an effective strategy to increase the abundance of EECs for study [29, 40, 62]. In HIOs,
419 *NGN3* overexpression increased the number of ChgA-positive cells to 5% using
420 adenovirus-based constitutive expression and to 23% using lentivirus-based
421 doxycycline-inducible expression [29, 40, 62]. This is comparable to our results with the
422 tet*NGN3*-HIEs wherein we obtained 40% ChgA-positive cells using a lentivirus-based
423 inducible *NGN3* overexpression strategy. These results indicate that for both HIOs and
424 HIEs, stably engineering the stem cell to have inducible expression of *NGN3* is an
425 efficient approach to drive differentiation of higher numbers of EECs.

426 Together, the use of inducible *NGN3* expression in HIOs and HIEs establish
427 complementary systems that will be widely useful to interrogate different aspects of
428 EEC interactions in the GI tract. In the tet*NGN3*-HIEs model, the HIEs are derived from
429 undifferentiated adult stem cells, and will therefore be particularly useful for studies of
430 adult intestinal epithelial cell expression, function, and physiology. Indeed, isolation,
431 establishment, and transduction of enteroids from individual patients to assess EEC
432 function or response to drug treatments may be a future strategy for personalized
433 medicine [63]. Whereas HIOs are composed of both epithelial and mesenchymal cells,
434 HIEs consist of only epithelial cells so the tet*NGN3*-HIEs allow direct study of EEC
435 interactions with other intestinal epithelial cells. Additionally, co-culture studies that
436 combine the tet*NGN3*-HIEs with other cell types, such as immune cells, endothelial
437 cells, and neurons, will be facilitated by the adaptability of HIEs to different culture
438 formats (3D, 2D, and transwells), which is unique to HIE cultures. Finally, induction and
439 differentiation of tet*NGN3*-HIEs yields EECs in 6-7 days, which may be a simpler and

440 faster system for generating increased numbers of EECs for higher-throughput studies
441 of EEC responses to microbial, diet, or environmental stimuli.

442 The induced EECs from tet*NGN3*-HIEs exhibit strong functional responses to
443 both norepinephrine and RV infection. Both norepinephrine and RV infection increased
444 secretion of serotonin, MCP-1, and GIP, but RV infection also elicited secretion of PYY
445 and ghrelin. Thus, this system displays distinct functional responses to different stimuli.
446 HIEs have been established as a new, biologically relevant system to study RV-induced
447 gut hormone secretion. RV infects enterochromaffin cells in HIEs and induces serotonin
448 secretion both in mice and *in vitro* from GOT1 cells [12-14]. Here we show that RV
449 infection of tet*NGN3*-HIEs induced serotonin secretion, but this response was
450 significantly amplified by doxycycline-induction to increase EECs. Using transwell
451 monolayers, we were able to show that serotonin is secreted both apically and
452 basolaterally, though it is possible that some basolateral-to-apical diffusion of serotonin
453 occurs, potentially through damaged tight junctions [12, 53]. RV also induced secretion
454 of GIP, PYY, and ghrelin, which was only detected from doxycycline-induced tet*NGN3*-
455 HIEs and indicates that biological responses from rare EECs may be missed in native
456 enteroids. These finding highlights the potential tet*NGN3*-HIEs have for molecular
457 discovery, because secretion of GIP, PYY, and ghrelin during RV infection has not
458 previously been identified, so whether RV infects these EEC subtypes or secretion of
459 these hormones occurs through other signaling pathways merits future investigation
460 [64]. Finally, since insults to the epithelium elevate levels of catecholamines (e.g.,
461 norepinephrine), the sensitivity of tet*NGN3*-HIEs to norepinephrine makes them a good

462 model for co-culture studies to measure EEC responses to inflammation or infection [48,
463 87].

464 The tet*NGN3*-HIEs are a robust and versatile system for induction of EECs, but
465 some limitations and unknowns about this new model remain. First, the induction of
466 EECs in this system requires lentivirus-integration of a recombinant *NGN3* gene,
467 making these an engineered intestinal organoid system. An alternative approach to
468 induce endogenous EECs in mouse intestinal organoids was established through the
469 combined inhibition of WNT, Notch, and EGFR (i.e., MAPK) signaling pathways [65].
470 This method leads to increased EEC differentiation, with a concomitant decrease in
471 Paneth and goblet cell numbers [65]. In contrast, the tet*NGN3*-HIEs maintained markers
472 of both Paneth and goblet cells, suggesting that Ngn3 expression alone is insufficient to
473 abolish these other lineage pathways. Second, using this HIE model, we observed
474 increases in most EEC subtypes by RNA-seq and measured hormone secretion from
475 enterochromaffin, L, K, and P/D1 cell subtypes. Although beyond the scope of this
476 study, further studies are needed to determine whether the other subtypes are also
477 functionally responsive to stimuli [66-71]. Finally, the tet*NGN3*-HIEs did not secrete
478 serotonin in response to the short-chain fatty acid isovalerate, in contrast to recent
479 studies using enteroids derived from ChgA-EGFP reporter mice (segment not specified)
480 [52]. Inherent differences between the two systems, such as different receptor
481 expression between human and mouse or between intestinal segments, may account
482 for the different responses.

483 The tet*NGN3*-HIE system is a new and powerful tool for investigating the roles of
484 EECs in microbial-environment-host communication, infection, inflammation,

485 metabolism. Doxycycline-induction of the tet*NGN3*-HIEs generates large numbers of
486 EECs and amplifies EEC responses to biologically relevant stimuli, yet these cultures
487 retain the salient characteristics of HIEs. Further, this is an adaptable system of in terms
488 of both regulating the number of EECs and culture formats, which enables greater
489 throughput and functional characterization of EEC responses to a multitude of stimuli.
490 The ability of tet*NGN3*-HIEs to differentially respond to norepinephrine and RV infection
491 suggests this new model system is well-suited to study the EEC modulatory effects of
492 commensal microbes, microbial metabolites, pathogens and inflammatory mediators
493 involved in epithelial health and disease.
494

495 **Materials and Methods**

496 *Establishment of HIE cultures*

497 Human intestinal enteroid (HIE) cultures were generated from crypts isolated
498 from the jejunal tissues of adult patients undergoing bariatric surgery as previously
499 described [13]. These established cultures were obtained at Baylor College of Medicine
500 through the Texas Medical Center Digestive Diseases Center Study Design and Clinical
501 Research Core. Three-dimensional HIE cultures were prepared from the tissue samples
502 and maintained in culture as described previously [13, 17]. For these studies, jejunum
503 HIEs from patient J2 were used. Complete medium without growth factors (CMGF-) and
504 complete medium with growth factors (CMGF+) were prepared as previously described
505 [13, 17]. Briefly, CMGF- consisted of Advanced Dulbecco's modified Eagle medium
506 (DMEM)/F-12 medium (Invitrogen) supplemented with 100 U/mL penicillin-streptomycin
507 (Invitrogen), 10 mM HEPES buffer (Invitrogen), and 1X GlutaMAX (Invitrogen). CMGF+
508 consisted of CMGF- medium with 50% (v/v) Wnt3A-conditioned medium, 20% (v/v) R-
509 spondin conditioned medium, 10% (v/v) Noggin-conditioned medium, 1X B-27
510 supplement (Invitrogen), 1X N-2 supplement (Invitrogen), 1 mM N-acetylcysteine
511 (Sigma-Aldrich), 50 ng/mL mouse epidermal growth factor (EGF) (Invitrogen), 10 mM
512 nicotinamide (Sigma-Aldrich, St. Louis, MO), 10 nM Leu-Gastrin I (Sigma-Aldrich), 500
513 nM A-83-01 (Tocris Bioscience), and 10 nM SB202190 (Sigma-Aldrich).

514 Differentiation medium consisted of the same components as CMGF+ without
515 Wnt3A conditioned medium, R-spondin conditioned medium, SB202190, and
516 nicotinamide and only 5% (v/v) Noggin conditioned medium. High Wnt CMGF+ (hW-
517 CMGF+), for creating and maintaining lentivirus-transduced HIEs, consisted of CMGF+

518 mixed with an additional 50% (v/v) Wnt3a conditioned medium. All HIEs were passaged
519 in phenol red-free, growth factor-reduced Matrigel (Corning).

520

521 *Creation of NGN3-expressing HIEs*

522 Tetracycline-inducible tetNGN3-expressing HIEs were created using lentivirus
523 transduction. The tetNGN3 lentivirus transfer plasmid was in the pINDUCER backbone
524 and a kind gift from Dr. Noah Shroyer and Dr. Jim Wells [62, 72]. The tetNGN3
525 lentiviruses were packaged and harvested in-house with the packaging plasmid
526 psPAX2, a gift from Dr. Didier Trono (Addgene plasmid #12260), and the envelope
527 plasmid pCMV-VSV-G, a gift from Dr. Bob Weinberg (Addgene plasmid #8454), as
528 described in more detail previously [73]. Virus packaging was assessed using Lenti-X
529 GoStix (Clontech) but virus titers were not otherwise measured. Densely seeded
530 jejunum HIEs were grown in hW-CMGF+ for one week to increase stem cell counts.
531 HIEs were dissociated from Matrigel with ice-cold 1X phosphate buffered saline (PBS)
532 and pipetted into 1.7 mL centrifugation tubes for centrifugation in a swinging bucket
533 rotor at 200 x g for 5 min at 4°C. Supernatant was removed, HIEs were resuspended
534 and washed twice with 1 mL ice-cold 1X PBS and centrifuged using the same
535 conditions. Supernatants were removed and HIEs resuspended with lentivirus inoculum
536 consisting of 8 µg/mL polybrene (EMD Millipore), 10 µM Y-27632 Rock inhibitor (Tocris
537 Biosciences), 50 µL tetNGN3 lentivirus, and freshly made hW-CMGF+ for a total volume
538 of 200 µL. HIEs were incubated with the inoculum in closed centrifugation tubes for 24
539 hr at 37°C in a humidified 5% CO₂ incubator. After 24 hr, HIEs were centrifuged again
540 and washed twice with ice-cold 1X PBS followed by suspension in Matrigel drops on a

541 24-well plate. Following Matrigel polymerization in the incubator for 10 min, 500 μ L of
542 hW-CMGF+ medium was added to the well. Media was changed every other day for
543 one week before passaging and selecting with 200 μ g/mL Geneticin (VWR). We refer to
544 this transduced line as tetNGN3-HIEs, and they were grown in hW-CMGF+ with 200
545 μ g/mL Geneticin.

546

547 *Preparation and differentiation of HIE monolayers*

548 HIE monolayers were prepared from three-dimensional cultures and seeded into
549 flat 96-well plates or transwells as described previously [21, 42]. In brief, 96-wells or
550 transwell inserts (Costar, cat. no. 3413) were pre-treated with Matrigel diluted in 1XPBS
551 (1:40) and incubated at 37°C. 3D HIEs were lifted from Matrigel and washed with an ice
552 cold solution of 0.5 mM EDTA in 1X PBS and dissociated with 0.05% trypsin/0.5 mM
553 EDTA for 4 min at 37°C. Trypsin was inactivated with CMGF- + 10% FBS and the cell
554 solution was pipetted vigorously and filtered using a 40 μ m nylon cell strainer (Falcon,
555 cat. no. 352340) to dissociate into single cells. Then cells were centrifuged for 5 min at
556 400 x g, resuspended with CMGF+ and 10 μ M Y-27632 Rock inhibitor, and plated into
557 prepared wells. After 48 hr in CMGF+ and 10 μ M Y-27632 Rock inhibitor, the medium
558 was changed to differentiation media with the addition of 10 μ M Y-27632 Rock inhibitor
559 and indicated concentrations of doxycycline (Fisher Scientific). Differentiation medium
560 with Y-27632 and doxycycline was changed every day for 4-5 days to differentiate cells.

561

562 *Immunofluorescence of HIE monolayers*

563 Two-dimensional HIE flat monolayers were fixed using the BD Cytotfix/Cytoperm
564 kit (BD Biosciences, cat. no. 554714) according to manufacturer instructions. Primary
565 antibodies were diluted in BD Perm/Wash buffer and (**Table 1**) were incubated at 4°C
566 overnight. Primary antibodies were recognized by the appropriate secondary antibodies
567 (**Table 1**) and incubated for 1 hr at room temperature. Nuclei were stained with DAPI
568 (Thermo Fisher Scientific, cat. no. R37606) for 5 min at room temperature and washed
569 with 1X PBS for imaging and storage.

570

571 *Immunofluorescence of paraffin-embedded sections*

572 Three-dimensional (3D) HIEs embedded in Matrigel were gently removed and
573 transferred to 1 mL syringes. The cells were then fixed in 4% (v/v) paraformaldehyde
574 solution for 1 hr at room temperature. After fixation, cells were deposited into a cassette
575 for paraffin embedding. For transwell cross-sections HIE membranes were cut from
576 transwells, fixed in 4% (v/v) paraformaldehyde solution for 1 hr at room temperature and
577 placed into cassettes for paraffin embedding. Paraffin-embedded sections of 7 µm in
578 thickness were subjected to a series of dehydration steps. Epitope retrieval was
579 performed by incubating slides with Vector Labs Antigen Unmasking Solution Citrate
580 Buffer pH 6 (Vector labs, cat no. H-3300) for 20 min at 100°C in a steamer. Slides were
581 then blocked for 1 hr at room temperature in 10% goat and/or donkey serum. Primary
582 antibodies (**Table 1**) were incubated at 4°C overnight. Primary antibodies were
583 recognized by the appropriate secondary antibodies (**Table 1**) and incubated for 1 hr at
584 room temperature. Nuclei were stained with DAPI (Thermo Fisher Scientific, cat. no.

585 R37606) for 5 min at room temperature. All slides were cover-slipped with mounting
586 media (Life Technologies) and imaged.

587

588 *Transmission Electron Microscopy*

589 Three-dimensional HIEs embedded in Matrigel were primary fixed in a solution of
590 2% paraformaldehyde + 2.5% glutaraldehyde + 2 mM calcium chloride in 0.1 M
591 cacodylate buffer (pH = 7.4) for 5-7 days at 4°C. They were post-fixed in 1% osmium
592 tetroxide in 0.1 M cacodylate buffer for 1 hr and en bloc stained with saturated aqueous
593 uranyl acetate. After a routine dehydration sequence, tissue pieces were gradually
594 infiltrated in a gradient series of Spurr's Low Viscosity resin and ethanol, then
595 embedded in fresh Spurr's resin and polymerized at 60° C for 3 days. 55-60 nm thin
596 sections were cut on a Leica UC7 ultra-microtome using a Diatome Ultra 45 diamond
597 knife. Sections were viewed on a Hitachi H7500 transmission electron microscope set to
598 80kV. Images were collected using an AMT XR-16 digital camera and AMT Image
599 Capture, v602.600.51 software.

600

601 *Microscopy and image analysis*

602 tetNGN3-HIEs were imaged with widefield epifluorescence on a Nikon TiE
603 inverted microscope and an upright Nikon Eclipse 90i microscope using a SPECTRA X
604 LED light source (Lumencor) as well as a Nikon A1plus point scanning confocal
605 microscope for fluorescence imaging. The following objectives were used: 10X Plan
606 Fluor (NA 0.3) phase contrast objective, 20X Plan Apo (NA 0.75) differential
607 interference contrast (DIC) objective, a 40X Apo DIC water objective, and a Plan Apo

608 VC 60X Oil DIC objective. Fluorescence images were recorded using either an ORCA-
609 Flash 4.0 sCMOS camera (Hamamatsu) or a CoolSNAP HQ2 camera (Photometrics),
610 and color images for H&E sections were recorded using a DS-Fi1-U2 camera (Nikon).
611 Nikon Elements Advanced Research v4.5 software was used for data acquisition and
612 image analysis.

613 To quantify ChgA-positive cells in 3D and monolayer tet*NGN3*-HIEs, images
614 were analyzed using Nikon Elements software. Individual images were processed with a
615 4 μm size threshold by channel to reduce noise from nonspecific staining. Images were
616 morphologically separated using a 3x3 matrix, and objects touching the borders were
617 removed. The percent of positive cells was the number of Alexa Fluor 488-positive
618 objects divided by the number of DAPI-stained detected nuclei. At least 5 images per
619 condition were analyzed with an average of 140 (3D cultures) or 1400 (flat monolayers)
620 nuclei per image.

621

622 *RNA extraction, reverse transcription, and real-time PCR*

623 tet*NGN3*-HIEs were rinsed once with ice cold 1XPBS and transferred to a
624 centrifugation tube (technical duplicates were combined into a single tube). Cells were
625 lysed by the addition of 1 mL of TRIZOL Reagent (Invitrogen) and mixed thoroughly
626 using a vortex mixer for 30 seconds. Chloroform (200 μL) was added, the samples were
627 mixed again, and then incubated for 5 min at room temperature. The phases were
628 separated by centrifugation at 14,000 x *g* for 10 min, and the aqueous phase was
629 moved to a new tube (~400 μL). Total RNA was then isolated using the RNeasy
630 Isolation Kit (Qiagen) according to the manufacturer's instructions. RNA was eluted in

631 20 μ L sterile nuclease free water (Fischer Scientific). RNA concentration and purity
632 were determined by absorbance at 260 nm and 280 nm using a spectrophotometer
633 (DS-11, DeNovix). RNA (200 ng) was treated with DNase (Ambion Turbo DNA-free) to
634 remove any contaminating genomic DNA per manufacturer's directions, and then cDNA
635 was synthesized from purified total RNA using SuperScript III reverse transcriptase
636 (Invitrogen) according to the manufacturer's instructions. Reaction components included
637 random hexamers (Integrated DNA Technologies), 10 mM dNTPs (New England
638 Biosciences), and approximately 2 ng of RNA. No reverse transcriptase controls were
639 included by omitting SuperScript III.

640 Real time PCR reactions were performed in triplicate with the following reaction
641 components: 1 μ L cDNA, 0.25 μ L of 20 mM forward and reverse primer (**Table 2**), 10 μ L
642 Power SYBR Green PCR MasterMix (Applied Biosystems), and 8.5 μ L nuclease free
643 water (Fisher Scientific). Real-time PCR was performed using QuantStudio real time
644 thermocycler (Applied Biosciences) under the following conditions: 95°C 10 min, 40
645 cycles of 95°C for 15 seconds, followed by 60°C for 1 min, when data was recorded. A
646 melting curve between 60°C and 95°C was performed. No template controls were
647 included by substituting water for the cDNA in the reaction. C_T values of technical
648 replicates were averaged for each independent biological experiment and normalized to
649 the expression of the 18S ribosomal subunit. Data graphed are representative of 3
650 experiments (n=3 biological replicates, with 3 technical replicates in each experiment).

651

652 *Preparation of HIE transwells for RNA-sequencing and transcriptional analysis*

653 To assess the transcriptional profile changes of *tetNGN3-HIEs* during
654 doxycycline induction. HIE monolayers were prepared on transwells and differentiated
655 as described above. The total RNA was extracted from transwells in the presence or
656 absence of 1 $\mu\text{g/ml}$ doxycycline using the same protocol as for RT and qPCR described
657 above. rRNA integrity was checked on an Agilent 2100 bioanalyzer from six
658 independent biological replicates per condition. Paired-end Illumina sequencing was
659 performed on mRNA enriched samples by Novogene (USA) following the standard
660 work-flow procedure. Raw sequence reads were mapped to human genome hg19 using
661 STAR software to generate the number of fragments per kilobase per million mapped
662 reads (FPKM) for each gene. Ratios of transcript abundance per group were based on
663 the \log_2 FPKM value in 1 $\mu\text{g/ml}$ doxycycline condition relative to the 0 $\mu\text{g/mL}$
664 doxycycline condition were used to determine the fold change in gene expression.
665 Samples were filtered for those containing >10% N value, presence of adaptor
666 sequences, and quality. Greater than 97% of reads in each sample were clean reads
667 post-filtering with error rates $\leq 0.03\%$. Pearson correlation coefficients between samples
668 were between 0.92 and 0.97 R^2 values. In total, 10,741 genes were differentially
669 expressed between the groups (5,870 up-regulated, 4,871 down-regulated) as indicated
670 by DESeq2 analysis using a padj value <0.05 , and a \log_2 fold change >1 , q-value
671 <0.005 .

672

673 *Isovalerate and norepinephrine stimulation*

674 After four days in differentiation medium and induced with 0, 0.1, or 1 $\mu\text{g/mL}$
675 doxycycline, confluent HIE monolayers were washed with 1XPBS. Isovalerate (Sigma-

676 Aldrich) and noradrenaline bitartrate (Tocris Bioscience) solutions were prepared in 1X
677 PBS and added to the HIE monolayers. Monolayers were incubated for 2 hr at 37°C and
678 5% CO₂. Following incubation, supernatants were harvested and kept at -20°C for
679 downstream analysis. PrestoBlue Cell Viability Reagent (ThermoFisher Scientific), a
680 resazurin-based assay, was utilized according to manufacturer's recommended
681 protocols. Fluorescence intensity of reduced resazurin (560-610 nm, Infinite F200Pro,
682 Tecan) measures metabolic activity of the cells and was used as an indication of cell
683 viability.

684

685 *Rotavirus infection of HIE monolayers*

686 African green monkey kidney (MA104) cells were cultured in DMEM
687 supplemented with 10% (v/v) fetal bovine serum (Corning). Ito RV (G3[P8]) was
688 propagated in MA104 cells in serum-free DMEM in the presence of 1 µg/mL
689 Worthington's Trypsin (Worthington Biochemical). After harvest, stocks were subjected
690 to three freeze/thaw cycles. Plaque assays with MA104 cells were used to determine
691 the titers of the viral preparations. The tet*NGN3*-HIE flat or transwell monolayers were
692 induced with 0, 0.1, or 1 µg/mL doxycycline in differentiation media for 4-5 days. For
693 infection, the confluent HIE monolayers were washed once with CMGF-. Mock MA104
694 cell lysates and Ito RV were treated with 10 µg/mL Worthington's trypsin for 30 min at
695 37°C. Then the tet*NGN3*-HIE monolayers were treated with an inoculum of CMGF- with
696 MA104 cell lysate or Ito RV. Cells were infected basolaterally following observations
697 that this method results in more efficient infections (Blutt, Crawford, and Estes,
698 unpublished data). Transwell and flat monolayers were incubated for 1 hr or 2 hr,

699 respectively, at 37°C with 5% CO₂. Following incubation, the supernatants were
700 removed and replaced with differentiation media and returned to the incubator. For the 1
701 hpi timepoint, supernatants were collected 5 min after washing inoculum. Supernatants
702 were harvested and kept at -20°C for downstream analyses.

703

704 *Measurement of serotonin release*

705 Serotonin secretion by HIEs following stimulation with norepinephrine,
706 isovalerate, or RV infection was quantified by ELISA (Eagle Biosciences) according to
707 the manufacturer's instructions. A standard curve of known serotonin concentrations
708 was plotted against optical density at 450 nm with a limit of detection of 2.6 ng/mL
709 (Infinite F200Pro, Tecan).

710

711 *Measurement of metabolic hormones*

712 Hormone secretion was quantified by Luminex assay (Human Metabolic
713 Hormone Magnetic Bead Panel, HMHEMAG-34K, EMD Millipore) according to
714 manufacturer's standard protocol. Supernatants following stimulation with
715 norepinephrine or RV infection were assayed for the amount of secreted amylin (active),
716 C-Peptide, ghrelin (active), GIP (total), GLP-1 (total), glucagon, IL-6, leptin, MCP-1, PP,
717 PYY (total), and TNF- α . Limits of detection of the assay are: amylin 11.81 pg/ml, C-
718 Peptide 13.28 pg/ml, ghrelin 9.40 pg/ml, GIP 0.33 pg/ml, GLP-1 1.11 pg/ml, glucagon
719 12.73 pg/ml, IL-6 3.75 pg/ml, leptin 54.16 pg/ml, MCP-1 8.57 pg/ml, PP 0.68 pg/ml, PYY
720 11.18 pg/ml, and TNF- α <0.14 pg/ml.

721

722 *Statistical analysis*

723 Biostatistical analyses were performed using GraphPad Prism (version 7)
724 software (GraphPad Inc., La Jolla, CA). Comparisons were made with either One-way
725 or Two-way Analysis of Variance (ANOVA) and Tukey's post hoc multiple comparisons
726 test when appropriate. Differences between the groups were considered significant at p
727 < 0.05 (*), and the data are presented as mean \pm standard deviation. All authors had
728 access to the study data, reviewed, and approved the final manuscript.

729

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738

739

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- 1004
1005

1006 **Tables**

1007

1008 **Table 1: Antibodies used in this work**

Antibody Type	Target	Species	Company	Cat#	Dilution
Primary	Muc2	Mouse	Santa Cruz	sc-515032	1:200
Primary	Sucrase Isomaltase	Mouse	Santa Cruz	sc-393470	1:100
Primary	Sodium-glucose transporter 1/ SLC5A1	Rabbit	Novus Biologicals	NBP-238748	1:100
Primary	Chromogranin A	Rabbit	Novus Biologicals	NBP-253140	1:500
Primary	Serotonin	Goat	Immunostar	20079	1:500
Primary	Phospho-Ezrin	Rabbit	Cell Signaling	3726S	1:200
Primary	Rotavirus NSP2	Guinea Pig	[74]		1:500
Secondary	Anti-goat Alexa Fluor 488	Donkey	Life Technologies	A11055	1:1,000
Secondary	Anti-rabbit Alexa Fluor 488	Donkey	Life Technologies	R37116	1:2,000
Secondary	Anti-rabbit Alexa Fluor 555	Donkey	Life Technologies	A31572	1:1,000
Secondary	Anti-guinea pig Alexa Fluor 568	Goat	Life Technologies	A11075	1:1,000
Secondary	Anti-mouse Alexa Fluor 568	Goat	Life Technologies	A11004	1:2,000

1009

1010

1011 **Table 2: Primers used in this work**

Gene	Forward (5') Sequence	Reverse (3') Sequence	Marker of	Reference
<i>18S</i>	GATATGCTCATGTGGTGTTG	AATCTTCTTCAGTCGCTCCA	Housekeeping	[75]
<i>LYZ</i>	AAAACCCCAGGAGCAGTTAAT	CAACCCTCTTTCACAAAGCT	Paneth Cell	[76]
<i>LGR5</i>	CTCCAGGTCTGGTGTGTTG	GAGGTCTAGGTAGGAGGTGAAG	Stem Cell	[77]
<i>MUC2</i>	CTGCACCAAGACCGTCCTCATG	GCAAGGACTGAACAAAGACTCAGA	Goblet Cell	[78]
<i>VIL1</i>	AGCCAGATCACTGCTGAGGT	TGGACAGGTGTTCCCTCCTTC	Enterocyte	[79]
<i>CHGA</i>	TGTAGTGCTGAACCCCACC	CTCTCGCCTTTCGGATCT	Enteroendocrine	[80]
<i>NGN3</i>	AGTTGGCACTGAGCAAGC	AGTGCCGAGTTGAGGTTG	Enteroendocrine	[67]
<i>TPH1</i>	TGGCTGAACCTAGTTTTGCC	CCAAAGACTCTTAGCTGTCCATC	Enteroendocrine Serotonin synthesis	[81]

1012

1013

1014 **Table 3: Fold Changes in *NGN3* and *CHGA* Expression with Doxycycline Treatment**

tetNGN3-HIE format	<i>NGN3</i>		<i>CHGA</i>	
	0.1 µg/mL dox	1 µg/mL dox	0.1 µg/mL dox	1 µg/mL dox
3D cultures	1.5	143	14	239
Flat monolayers	12	141	54	316
Transwell monolayers	300	436	326	445

1015

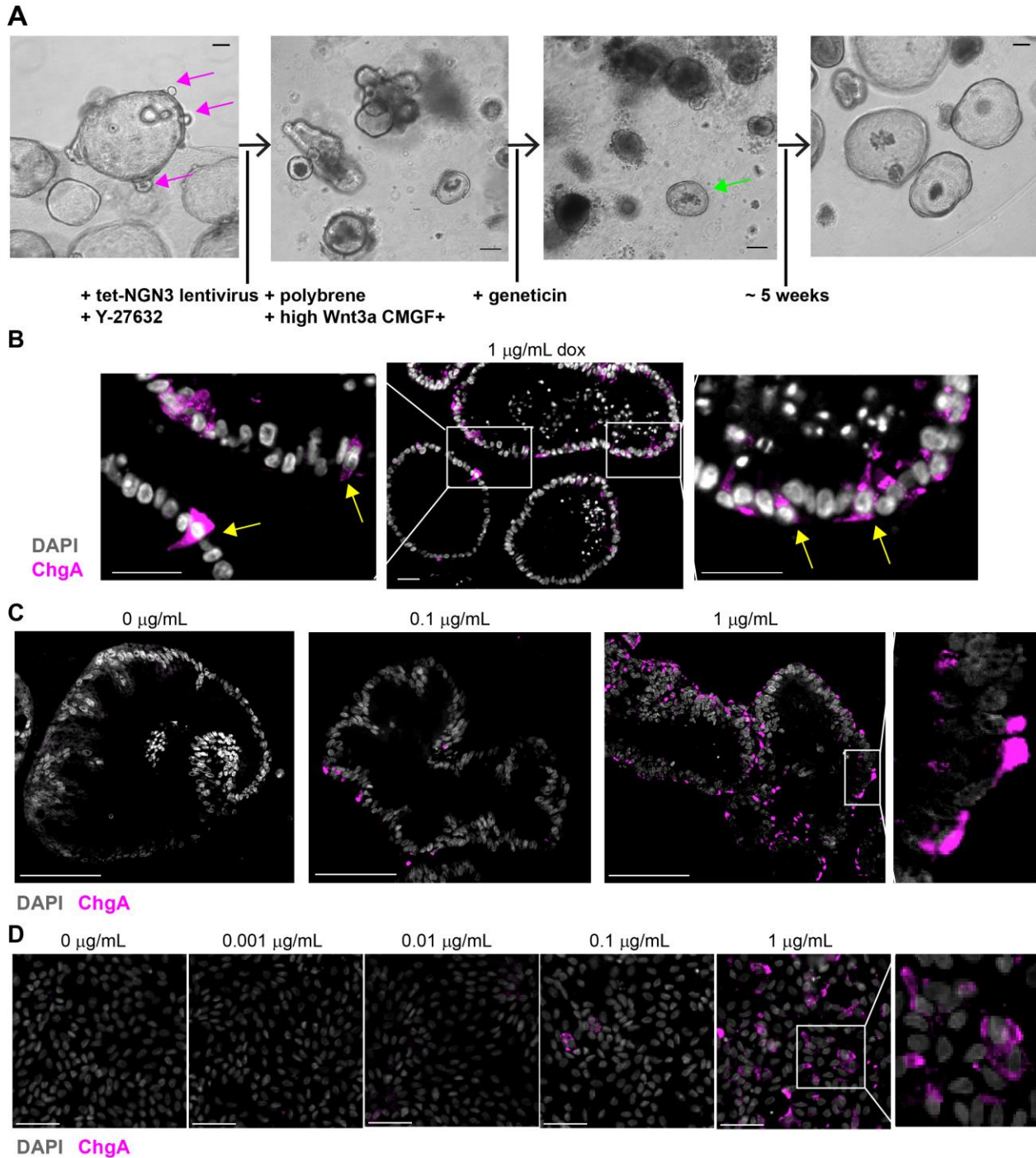
1016 **Table 4:** RNA-seq Analysis of Fold Changes in Gene Expression with Doxycycline
 1017 Treatment

Gene Symbol	Gene Name	Marker of	Fold change FPKM	SD	Log ₂ fold change FPKM	SD
<i>LGR5</i>	Leucine-rich repeat containing G protein coupled receptor 5	Stem cells	0.94	0.50	-0.28	0.842
<i>WNT3a</i>	Wnt family member 3A	Stem cells	0.81	0.39	-0.53	0.993
<i>SOX9</i>	SRY-Box 9	Stem cells	0.68	0.12	-0.58	0.267
<i>CDH1</i>	Cadherin 1	Tight Junctions	0.93	0.08	-0.10	0.122
<i>CDH2</i>	Cadherin 2	Tight Junctions	4.80	4.09	1.12	2.303
<i>CDH3</i>	Cadherin 3	Tight Junctions	1.12	0.23	0.14	0.285
<i>CLDN1</i>	Claudin1	Tight Junctions	1.43	0.29	0.49	0.302
<i>CLDN2</i>	Claudin 2	Tight Junctions	1.14	0.47	0.09	0.552
<i>TJP1</i>	Tight junction protein 1	Tight Junctions	1.03	0.08	0.03	0.114
<i>TJP2</i>	Tight junction protein 2	Tight Junctions	0.79	0.08	-0.35	0.143
<i>TJP3</i>	Tight junction protein 3	Tight Junctions	0.55	0.07	-0.88	0.159
<i>NHE3</i>	Solute carrier family 9 member A3	Enterocytes	0.61	0.19	-0.78	0.443
<i>ALPI</i>	Alkaline phosphatase	Enterocytes	0.27	0.13	-2.09	0.818
<i>SI</i>	Sucrose isomaltase	Enterocytes	0.29	0.25	-2.46	1.697
<i>SGLT</i>	Solute carrier family 5 member 1	Enterocytes	0.27	0.14	-2.07	0.837
<i>VIL1</i>	Villin	Enterocytes	0.57	0.04	-0.82	0.106
<i>KRT20</i>	Keratin 20	Enterocytes	0.41	0.17	-1.39	0.635
<i>FABP2</i>	Fatty acid binding protein 2	Enterocytes	0.25	0.14	-2.18	0.882
<i>MUC2</i>	Mucin 2	Goblet cells	1.13	0.35	0.12	0.445
<i>TFF3</i>	Trefoil factor 3	Goblet cells	1.04	0.17	0.04	0.239
<i>KLF4</i>	Kruppel-like factor 4	Goblet cells	0.57	0.09	-0.83	0.238
<i>AGR2</i>	Anterior gradient 2	Goblet cells	1.74	0.24	0.79	0.196
<i>SPDEF</i>	SAM pointed domain containing ETS transcription factor	Goblet cells	4.66	1.38	2.16	0.462
<i>LYZ</i>	Lysozyme	Paneth cells	0.94	0.12	-0.10	0.178
<i>MMP7</i>	Matrix metalloproteinase 7	Paneth cells	1.53	1.46	-0.08	1.676
<i>DCLK1</i>	Double cortin like kinase 1	Tuft cells	1.52	0.82	0.45	0.687
<i>HPGD</i>	15-hydroxyprostaglandin dehydrogenase	Tuft cells	0.33	0.21	-1.88	0.981
<i>TRPM5</i>	Transient receptor potential cation channel subfamily M member 5	Tuft cells	1.01	0.40	-0.08	0.593
<i>POU2F3</i>	POU class 2 homeobox 3	Tuft cells	0.40	0.19	-1.45	0.675
<i>NGN3</i>	Neurogenin-3	Enteroendocrine	428.67	141.38	8.68	0.494
<i>CHGA</i>	Chromogranin A	Enteroendocrine	17779.46	23032.47	13.29	1.63
<i>TPH1</i>	Tryptophan hydroxylase 1	Enteroendocrine	3054.77	251.17	11.17	1.25
<i>PAX6</i>	Paired Box 6	Enteroendocrine	75.60	43.61	5.97	0.96
<i>NEUROD1</i>	Neuronal differentiation 1	Enteroendocrine	5073.90	2738.32	11.83	1.39
<i>GIP</i>	Gastric inhibitory polypeptide	Enteroendocrine – subtype K	6926.92	3346.00	11.26	2.63

<i>GHRL</i>	Ghrelin prepropeptide	Enteroendocrine – subtype K	1576.15	1351.91	10.33	0.90
<i>SST</i>	Somatostatin	Enteroendocrine – subtype D	6733.26	3495.26	10.93	2.62
<i>PAX4</i>	Paired Box 4	Enteroendocrine – subtype D	3468.87	1504.07	11.32	1.22
<i>GLP1</i>	Glucagon-like peptide 1	Enteroendocrine – subtype L	15.62	11.63	3.54	1.13
<i>PYY</i>	Peptide YY	Enteroendocrine – subtype L	5.65	2.68	1.73	0.646
<i>GAST</i>	Gastrin	Enteroendocrine – subtype G	46.49	35.50	4.53	2.04
<i>SCT</i>	Secretin	Enteroendocrine – subtype S	7.37	3.617	2.301	1.47
<i>CCK</i>	Cholecystokinin	Enteroendocrine – subtype I	39.66	26.75	4.57	1.88
<i>MLN</i>	Motilin	Enteroendocrine – subtype M	146280.01	22926.82	13.55	4.13

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1019 **Figures**

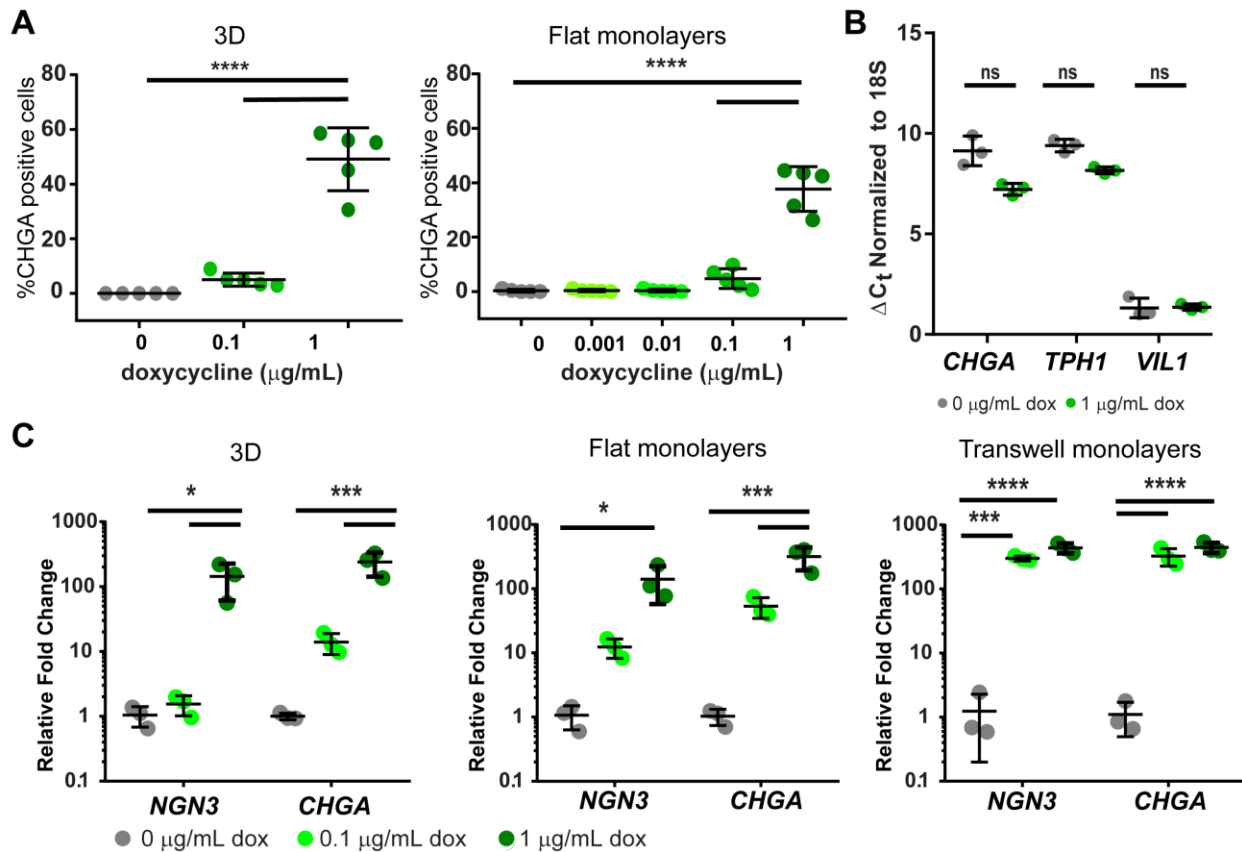


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Figure 1: (A) Production pipeline for creating tetNGN3-HIEs using lentivirus transduction. Jejunum HIEs grown in high Wnt CMGF+ media increases stem cells, evidenced by cysts and crypt buds (pink arrows), followed by inoculation with lentivirus. Reseeding the HIEs in Matrigel is followed by geneticin selection for approximately 5 weeks, so that only HIEs with tetNGN3 construct survive (green arrow) (scale bar =

1027 100 μ m). Images were acquired using a 10X Plan Fluor (NA 0.3) phase contrast
1028 objective on an inverted Nikon TiE microscope with an ORCA-Flash 4.0 sCMOS
1029 camera and Nikon Elements software. **(B, C, D)** Doxycycline induces enterochromaffin
1030 marker chromogranin A (ChgA) expression in tet*NGN3*-HIEs. Tet*NGN3*-HIEs were fixed
1031 and stained for ChgA (Alexa Fluor 488 [pink]) to mark enterochromaffin cells and
1032 counterstained with DAPI (gray). **(B)** 3D tet*NGN3*-HIEs were differentiated for 4 days
1033 with 1 μ g/mL doxycycline (scale bars = 25 μ m). ChgA-positive cells (inset) were
1034 observed (yellow arrows). **(C, D)** tet*NGN3*-HIEs as **(C)** 3D cultures and **(D)** flat
1035 monolayers were differentiated for 4 days with 0, 0.1, and 1 μ g/mL doxycycline and also
1036 0.01 and 0.001 μ g/mL doxycycline in flat monolayers. 3D culture images were acquired
1037 using a 20X Plan Apo (NA 0.75) DIC objective on an upright Nikon Eclipse 90i
1038 microscope with a Photometrics CoolSNAP HQ2 camera and Nikon Elements software
1039 (scale bar = 100 μ m). Flat monolayer images were acquired using a 20X Plan Apo (NA
1040 0.75) DIC objective on an inverted Nikon TiE microscope with an ORCA-Flash 4.0
1041 sCMOS camera and Nikon Elements software (scale bar = 50 μ m).

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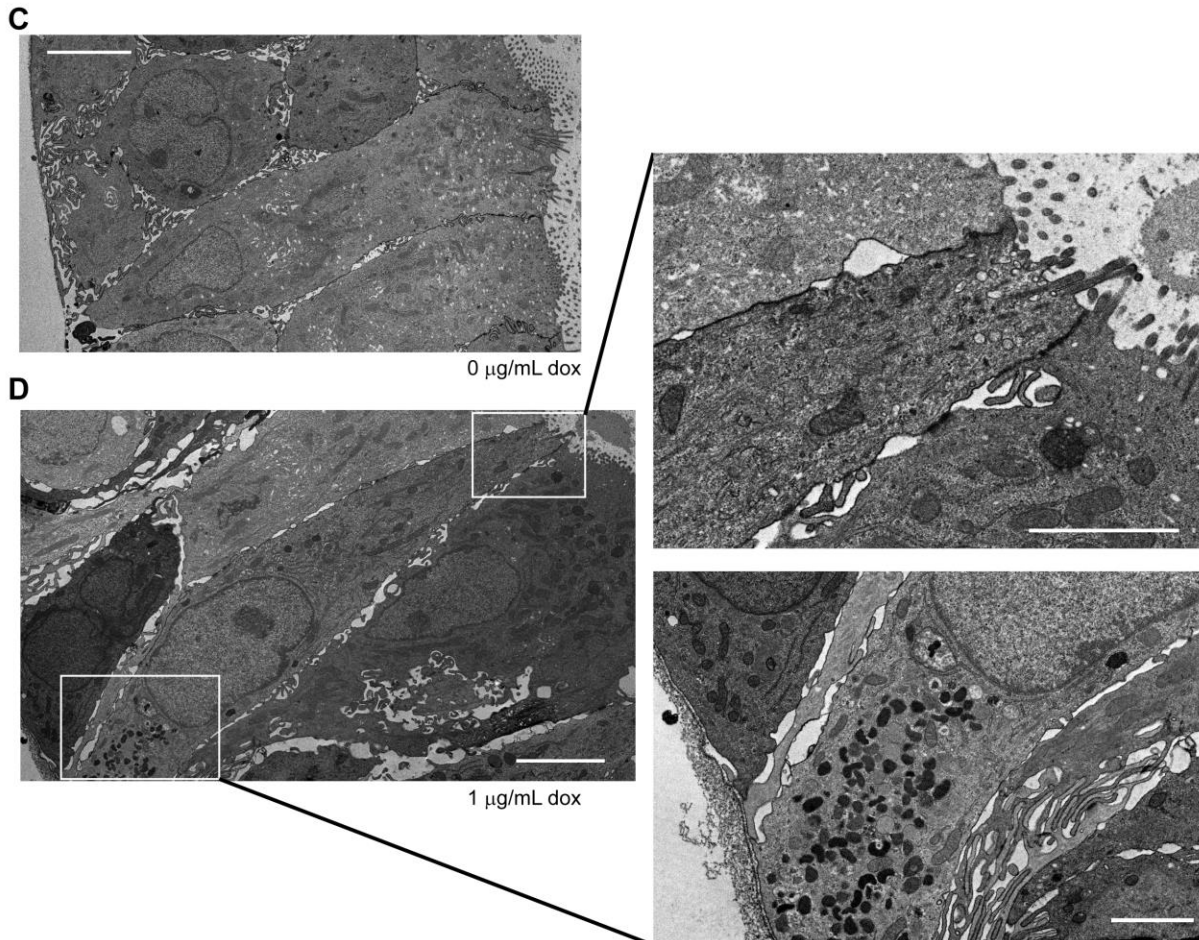
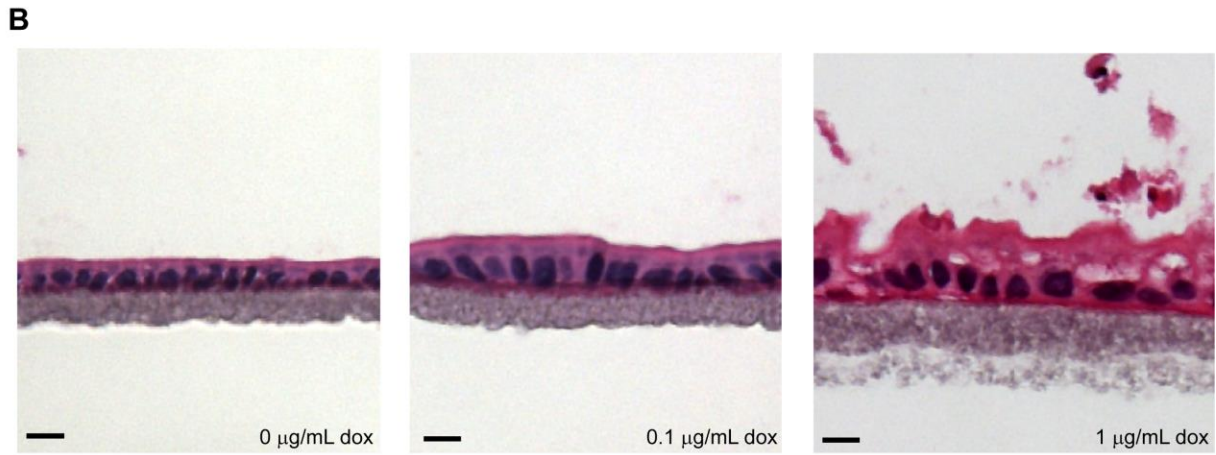
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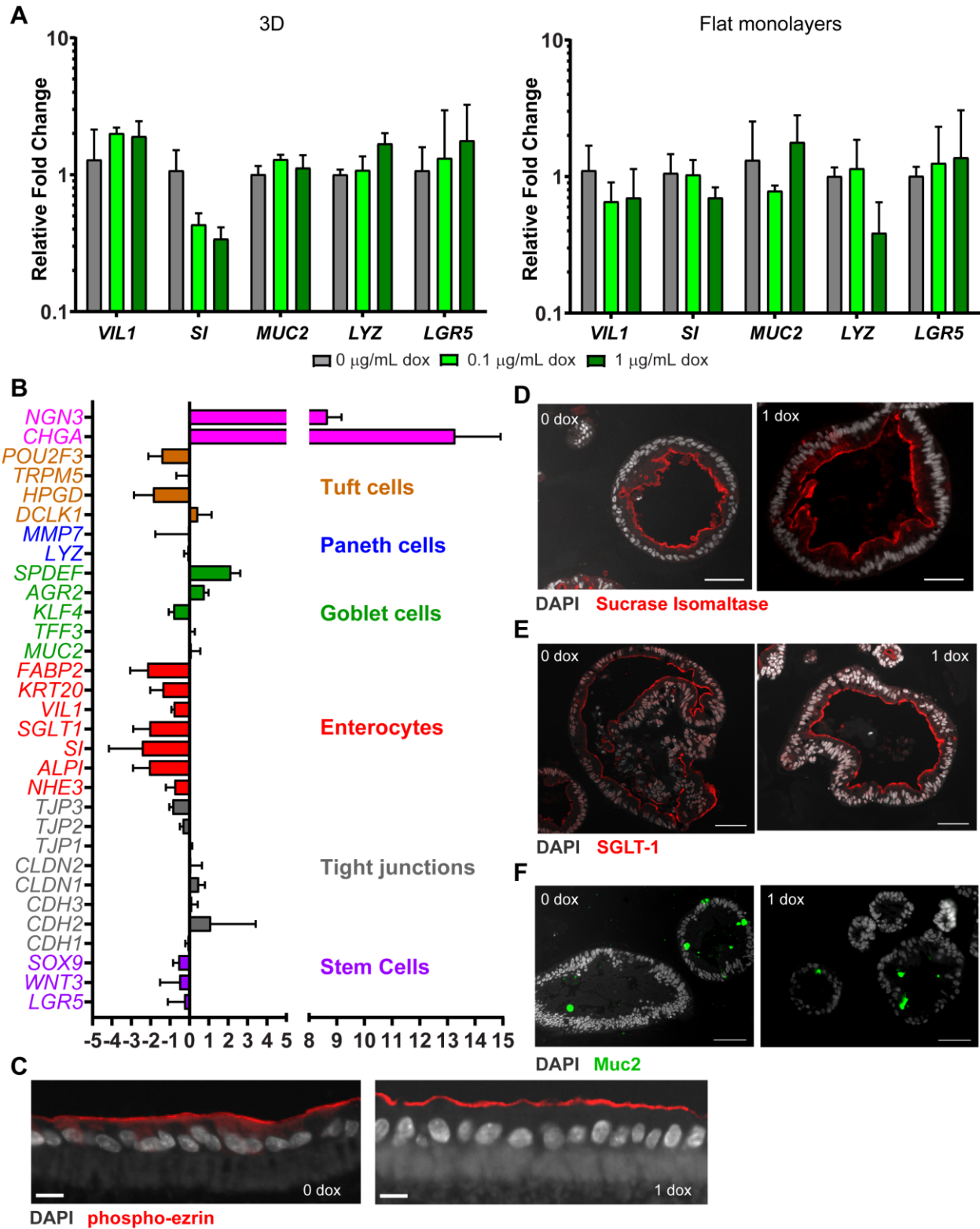
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Figure 2: Doxycycline induces enteroendocrine cell lineage in tetNGN3-HIEs. **(A)** Increased doxycycline concentration increases the percentage of ChgA-positive cells in differentiated tetNGN3-HIE 3D cultures and flat monolayers. Images were analyzed with Nikon elements software with 5 images per condition with an average of 220 nuclei per image in 3D cultures and 1400 nuclei per image in flat monolayers. (n = 2 biological replicates) **(B)** qPCR of *CHGA* (chromogranin A), *TPH1* (tryptophan hydrolase-1), and *VIL1* (villin) mRNA transcripts of parental jejunum 3D enteroids were treated with 0 or 1 $\mu\text{g/mL}$ doxycycline and normalized to 18S mRNA. (n = 3 biological replicates) **(C)** qPCR of *NGN3* and *CHGA* mRNA transcripts normalized to 18S mRNA transcripts in tetNGN3 3D cultures, flat monolayers, and transwell monolayers. (n = 3 biological replicates) (ns, not significant, * $p < 0.05$, *** $p < 0.001$, **** $p < 0.0001$).



1059 **Figure 3:** *tetNGN3*-HIEs maintain cellular morphology in culture. Hematoxylin and eosin
1060 (H&E) stained **(A)** three-dimensional (scale bar = 100 μ m) and **(B)** transwell monolayer
1061 (scale bar = 10 μ m) *tetNGN3*-HIEs treated with 0, 0.1, or 1 μ g/mL doxycycline. Images
1062 were acquired using a 20X Plan Apo (NA 0.75) DIC objective on an upright Nikon
1063 Eclipse 90i microscope with a DS-Fi1-U2 camera and Nikon Elements software.
1064 Transmission electron micrographs (TEM) H&E of three-dimensional *tetNGN3*-HIEs
1065 with **(C)** 0 μ g/mL (scale bar = 4 μ m, 1500x magnification) or **(D)** 1 μ g/mL doxycycline (left
1066 scale bars = 4 μ m, 1500x magnification, right scale bars = 2 μ m, 3000x magnification).
1067 TEM sections were viewed on a Hitachi H7500 transmission electron microscope set to
1068 80kV and collected using an AMT XR-16 digital camera and AMT Image Capture,
1069 v602.600.51 software.

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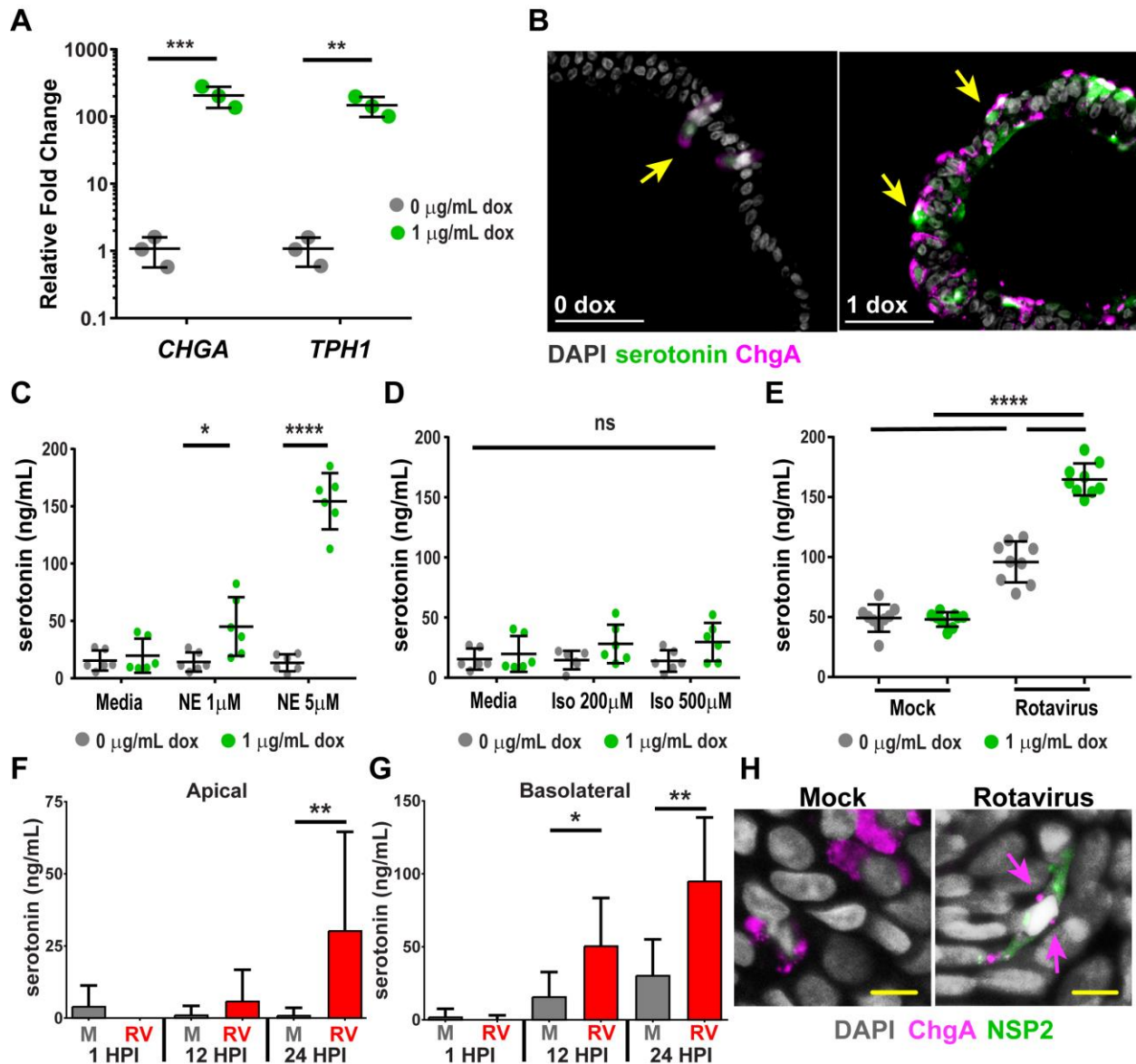
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1072 **Figure 4:** Characterization of epithelial cell types in doxycycline-induced tetNGN3-HIEs.

1073 (A) qPCR of cell marker mRNA transcripts normalized to 18S mRNA transcripts in

1074 tet*NGN3*-HIE 3D cultures and flat monolayers (n = 3 biological replicates) **(B)** Log₂ fold
1075 expression of FPKM (fragments per kilobase of transcript per million mapped reads)
1076 values from RNA-seq analysis. Transwell monolayers **(C)** and 3D cultures **(D-F)** were
1077 treated with 0 or 1 µg/mL doxycycline and fixed and stained. IF staining for phospho-
1078 ezrin (Alexa Fluor 555 [red]) **(C)**, sucrase isomaltase (Alexa Fluor 555 [red]) **(D)**, and
1079 sodium-glucose transporter 1 (Alexa Fluor 555 [red]) **(E)** to mark the apical border and
1080 **(F)** for muc2 (Alexa Fluor 488 [green]) to mark goblet cells and counterstained with
1081 DAPI (blue). Images were acquired using a 20X Plan Apo (NA 0.75) DIC objective on
1082 an upright Nikon Eclipse 90i microscope with a Photometrics CoolSNAP HQ2 camera
1083 and Nikon Elements software. **(C)** scale bar = 10µm, **D-F** scale bar = 50µm)

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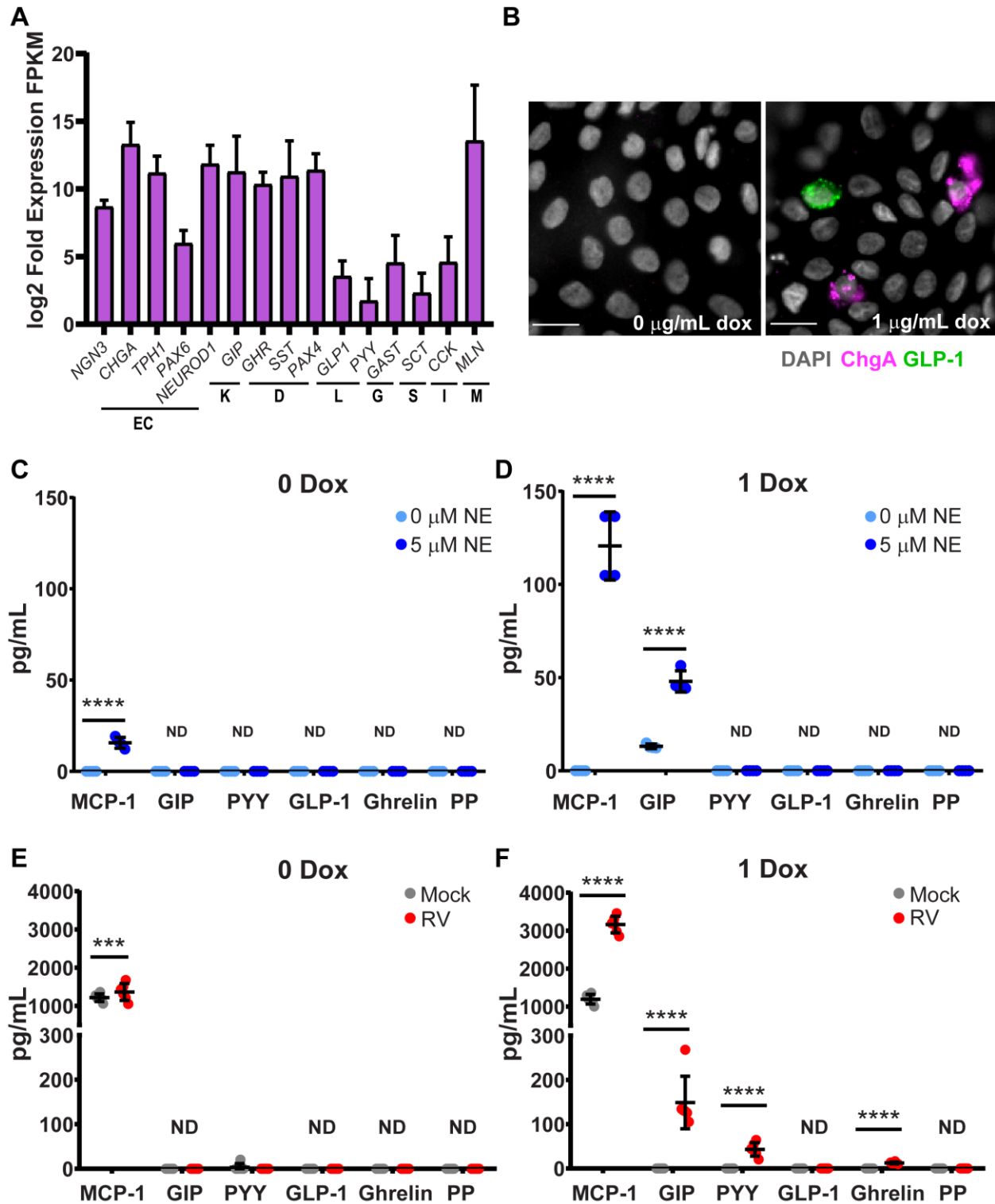


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1086 **Figure 5:** tetNGN3-HIEs produce serotonin in response to physiological stimuli. (A)
 1087 qPCR of chromogranin A (*CHGA*) and tryptophan hydroxylase-1 (*TPH1*) mRNA
 1088 transcripts normalized to 18S mRNA transcripts. (n = 3 biological replicates) (B) 3D
 1089 tetNGN3-HIEs were treated with 0 or 1 $\mu\text{g/mL}$ doxycycline (dox) and fixed and
 1090 immunostained for chromogranin A (ChgA, Alexa Fluor 555 [pink]) and serotonin (Alexa
 1091 Fluor 488 [green]) and counterstained with DAPI (gray). Some cells are double-positive
 1092 for ChgA and serotonin (yellow arrows). Images were acquired using a 20X Plan Apo
 1093 (NA 0.75) DIC objective on an upright Nikon Eclipse 90i microscope with a Photometrics
 1094 CoolSNAP HQ2 camera and Nikon Elements software (scale bar = 50 μm) (C-E)
 1095 tetNGN3-HIE flat monolayers were induced with 0 or 1 $\mu\text{g/mL}$ do). Serotonin release as
 1096 measured by ELISA: (C) after 2 hr treatment with norepinephrine (NE) (n = 2 biological
 1097 replicates), (D) after 2 hr treatment with isovalerate (Iso) (n = 2 biological
 1098 replicates), and (E) after 24 hpi with rotavirus (n = 3 biological replicates) (F-G) tetNGN3-HIE

1099 transwell monolayers were differentiated for 5 days with 0.1 µg/mL doxycycline and
1100 mock or rotavirus (RV)-infected. Serotonin release measured by ELISA from apical **(F)**
1101 or basal **(G)** transwell compartments. **(H)** Max intensity projection images of confocal Z-
1102 stack of transwell monolayers fixed and stained for rotavirus nonstructural protein 2
1103 (NSP2) (Alexa Fluor 488 [green]) and ChgA (Alexa Fluor 568 [pink], arrows) and
1104 counterstained with DAPI (gray) using a Plan Apo VC 60x Oil DIC objective on a Nikon
1105 A1plus point scanning confocal microscope. (scale bar = 10µm; *p<0.05,
1106 **p<0.01, ***p<0.001, ****p<0.0001).
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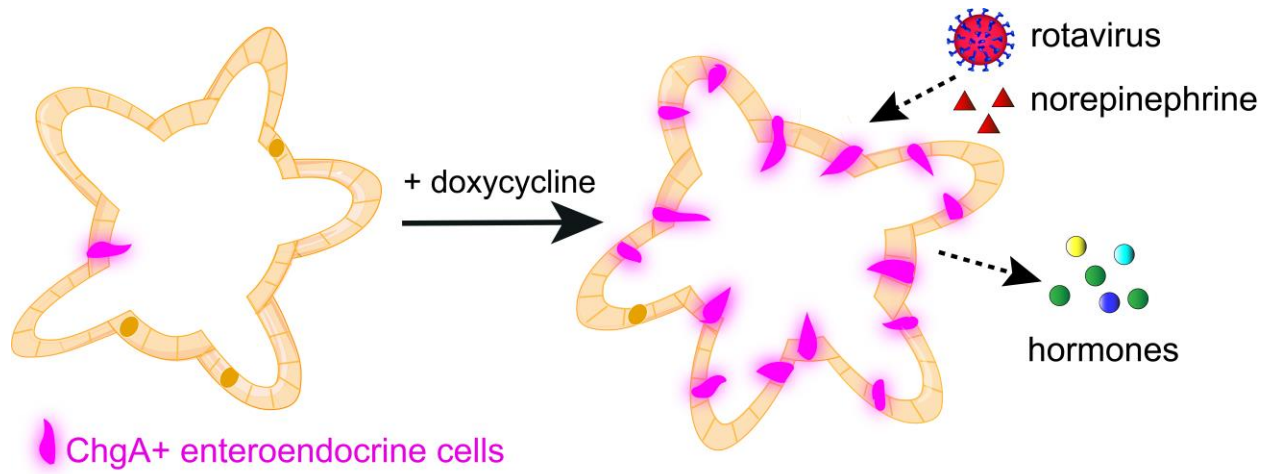


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1111 **Figure 6:** tetNGN3-HIEs differentiate into other EEC types. **(A)** Log₂ fold expression of
1112 FPKM (fragments per kilobase of transcript per million mapped reads) values from
1113 RNA-seq. **(B)** Images of monolayers fixed and stained for chromogranin A (ChgA)

1114 (Alexa Fluor 488 [pink]) and glucagon-like peptide-1 (GLP-1) (Alexa Fluor 568 [green])
1115 counterstained with DAPI (gray). Images were acquired using a 40X Apo (NA 1.15) DIC
1116 water objective on an inverted Nikon TiE microscope with an ORCA-Flash 4.0 sCMOS
1117 camera and Nikon Elements software. Supernatants from tet*NGN3*-HIEs were induced
1118 with 0 µg/mL doxycycline (dox) **(C,E)** or 1 µg/mL dox **(D,F)** and collected after **(C,D)** 2 hr
1119 stimulation with norepinephrine (NE) (n = 2 biological replicates) or **(E,F)** 24 hpi with
1120 rotavirus (RV) (n = 3 biological replicates) and secreted products quantitated by
1121 Luminex [monocyte chemoattractant protein-1 (MCP-1), glucose-dependent
1122 insulinotropic peptide (GIP), peptide YY (PYY), glucagon-like peptide-1 (GLP-1),
1123 pancreatic polypeptide (PP)]. (scale bar = 20µm, ***p<0.001, ****p<0.0001)

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Graphical Abstract



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