Familiarity with neighbours, but not relatedness, is linked to enhanced fitness
in a territorial mammal

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Abstract

Competition for limited resources is a defining feature of natural systems. Understanding the

relative role of mutually beneficial behaviours versus kin selection in resolving conflict and

facilitating cooperation remains a persistent enigma in evolutionary biology. Using 22 years of

data from North American red squirrels, we assessed how kinship and familiarity with

neighbours affected fitness in a solitary, territorial species. While living near kin did not enhance

fitness, familiarity with neighbours was associated with both increased survival and annual

reproductive success. These fitness benefits were strong enough to compensate for the effects of

aging later in life, with potential consequences for the evolution of senescence. We suggest that

such substantial fitness benefits provide the opportunity for the evolution of cooperation between

otherwise adversarial neighbours, offering insight into the role that mutually beneficial

behaviours might play in facilitating and stabilizing social systems.

Introduction

One of the outstanding questions in evolutionary biology is the extent to which mutualistic

benefits and kin-selection can facilitate the evolution of cooperation through mitigation of

conflict between interacting organisms (Clutton-Brock 2002). The indirect fitness benefits

gained from associating with kin are well established as an important pathway to conflict

resolution (Hamilton 1964), however, other pathways to the evolution of cooperation may be

more common than previously thought (Clutton-Brock 2002). It has been widely demonstrated

that mutually beneficial interactions in the form of stable social bonds among conspecifics can

play an important role in mitigating intragroup conflict and enhancing fitness in group-living

organisms. For example, stable social relationships are known to be associated with reduced

stress levels (Engh *et al.* 2006; Wittig *et al.* 2008), enhanced longevity (Silk *et al.* 2010; Brent *et*

al. 2017), and increased offspring production and survival (Silk 2003; Cameron *et al.* 2009;

Vander Wal *et al.* 2015). Social connectedness is also positively associated with human health

and longevity (Holt-Lunstad *et al.* 2010), and, in particular, may be important in later life for

mitigating effects of aging (Steptoe *et al.* 2013).

While the majority of research has focused on group-living species, where much conflict

resolution has already taken place, the question of how cooperation can first be favored in

solitary species where interactions are primarily agonistic, remains a key question. Kin can help

to mitigate territorial aggression and enhance fitness (Viblanc *et al.* 2010), but there is also

potential for stable interactions between neighbours to play an important role in helping to

resolve conflict over territorial space (Grabowska-Zhang *et al.* 2012; Bebbington *et al.* 2017).

Although physical contact with conspecifics is typically limited, territorial individuals, like their

group-living counterparts, engage in regular recurring interactions with neighbouring individuals,

often through auditory signaling or olfactory signatures, which are central to the establishment of

territorial boundaries (Nowicki *et al.* 1998; Siracusa *et al.* 2017b). It is well understood that

familiarity among long-term neighbours allows for the formation of stable social relationships

that can facilitate reduced aggression and territory defence, a phenomenon known as the 'dear

enemy' effect (Temeles 1994). Given that these stable social relationships help to minimize

negotiation of territory boundaries and alleviate costs of territoriality for both individuals, social

familiarity is illustrative of a mutualism-based pathway to conflict resolution. Familiarity with

neighbours is known to have benefits for a variety of individual traits including faster growth

rates (Liebgold & Cabe 2008), enhanced body condition (Seppä *et al.* 2001) and increased

reproductive success (Beletsky & Orians 1989; Grabowska-Zhang *et al.* 2012).

Owing to the kin-structured nature of many animal societies, it has been difficult for

previous research to distinguish between the relative roles of kin selection and mutually

beneficial interactions in reducing conflict and facilitating cooperation. In many study systems

where the importance of social relationships have been investigated, interactions typically take

place between related individuals (Silk 2003; Brent *et al.* 2017) . Similarly, studies that look at

the benefits of relatedness within a social group (Silk 2007) may inherently be confounded by

affiliative relationships among stable social partners . As such, the benefits of kinship and stable

social relationships have rarely been parsed in the same system and so the relative importance of

each mechanism is difficult to assess (but see Bebbington *et al.* 2017).

Here we used a natural population of North American red squirrels (*Tamiasciurus*

hudsonicus) to assess the importance of familiarity with neighbours for resolving conflict over

territorial space and thereby enhancing reproductive success and survival, while simultaneously

accounting for effects of kinship. Red squirrels are arboreal rodents in which both sexes defend

exclusive territories (Smith 1968). Territories are important for overwinter survival (LaMontagne

et al. 2013) and are defended through vocalizations called 'rattles' (Siracusa *et al.* 2017b), which

are uniquely identifiable (Wilson *et al.* 2015). Juveniles typically disperse 100 m on average and

females are known to bequeath all or part of their territory to offspring (Berteaux & Boutin 2000).

As a result, neighbours are sometimes closely related and have been shown to exhibit affiliative

behaviour with kin. For example, red squirrels communally nest preferentially with kin

(Williams *et al.* 2013) and adopt orphaned pups from related neighbours (Gorrell *et al.* 2010).

Red squirrels also have potential to establish long-term familiarity with neighbours since

individuals rarely relocate to a vacant territory following natal dispersal (Larsen & Boutin 1995).

Squirrels regularly interact with these territory neighbours through auditory signals (Dantzer *et al.*

2012; 2013). Such reoccurring interactions mean that red squirrels establish social relationships

with nearby conspecifics that have the potential to shape behaviour and fitness. Previous research

has demonstrated, for instance, that neighbours can recognize one another's calls (Robertson *et*

al. 2019) and that the risk of territory intrusion (Siracusa *et al.* 2017a) and the time spent on

territory defence (Siracusa *et al.* 2019) is reduced among long-term (familiar) neighbours.

Given these benefits of established social relationships with familiar neighbours, in this

study we tested whether red squirrels that were more familiar with neighbouring conspecifics

had increased annual reproductive success (ARS) and a higher probability of surviving to the

following year, than squirrels that were less familiar with their social neighbourhood (i.e.

squirrels within a 130 m radius; Fig. 3). Given that in humans, strong social connections in old

age have been demonstrated to reduce mortality risk and enhance longevity (Steptoe *et al.* 2013),

we also tested whether familiar social relationships might help to buffer organisms against the

effects of senescence. To do this, we looked for effects of familiarity on survival and

reproductive success in red squirrels specifically during the 'senescent' period (squirrels ≥ 4

years old; McAdam *et al.* 2007; Descamps *et al.* 2008). We tested these hypotheses using 22

years of data from a natural population of red squirrels in the Yukon, Canada. Through genetic

analysis and monitoring of red squirrel pups in the natal nest we were able to establish a long-

term pedigree, allowing us to assess effects of social familiarity while simultaneously accounting

for relatedness. Our findings demonstrate that, even in the absence of kin benefits, stable social

relationships with territory neighbours are associated with substantial fitness benefits that may

offset the negative effects of aging.

Materials and Methods

Study population

We studied a wild population of North American red squirrels located in the southwest Yukon,

Canada (61° N, 138° W). This population has been followed since 1987 on two 40-ha study grids

separated by the Alaska Highway ('Kloo' and 'Sulphur'). We monitored squirrels annually from

March to August and used a combination of live-trapping and behavioural observations to assess

territory ownership, track reproduction and survival, and determine offspring recruitment

(Berteaux & Boutin 2000; McAdam *et al.* 2007). We trapped squirrels using Tomahawk live-

traps (Tomahawk Live Trap Co., Tomahawk, Wisconsin, USA) baited with peanut butter.

During their single-day oestrous, female red squirrels mate with multiple males and produce

multiply-sired litters (Lane *et al.* 2008), with an average of three pups per litter (Humphries &

Boutin 2000). We monitored the reproductive statuses and parturition dates of females through

palpation, mass changes, and evidence of lactation. After parturition, we used radio telemetry

and/or behavioural observations to follow females to their nests. We fitted pups with unique

alphanumeric metal ear tags (Monel #1; National Band and Tag, Newport, KY, USA) at 25 days

old, allowing us to follow individuals throughout their lifetimes.

Measuring familiarity

We completed a full census of the population twice annually in May and August and determined

territory ownership using the aforementioned methods. We defined each squirrel's social

neighbourhood to be all conspecifics whose middens (i.e. the center of the territory) were within

a 130 m radius of the focal squirrel's midden (Fig. 3). One hundred and thirty meters is the

farthest distance that red squirrel territorial vocalizations ('rattles') are known to be detectable to

the human ear (Smith 1978), and is similar to the distance at which red squirrels have been

demonstrated to be most responsive to changes in local density (150 m; Dantzer *et al.* 2012).

This therefore suggests that 130 m is a reasonable measure of the distance at which squirrels can

receive and respond to information about their social environment. We measured the pairwise

familiarity between the territory owner and each neighbour as the number of days that both

individuals had occupied their current territories within 130 m of each other. We then averaged

all pairwise measures of familiarity to obtain a measure of each individual's average familiarity

with its neighbours. The timing of our semi-annual censuses meant that we could only update

each squirrel's familiarity with its neighbours twice per year. Therefore, an individual's average

familiarity could increase by 90 days if all neighbours were maintained from the May census to

the August census, and by 270 days if all neighbours were maintained from August to May of the

following year.

Measuring relatedness

We temporarily removed juveniles from their natal nest immediately following parturition to

weigh, sex, and take ear tissue samples. Observing pups in the natal nest also allowed us to

assign maternity with certainty. Starting in 2003, we determined paternity by genotyping all

individuals at 16 microsatellite loci (Gunn *et al.* 2005) and assigned paternity with 99%

confidence using CERVUS 3.0 (Kalinowski *et al.* 2007). Genotyping error based on known

mother-offspring pairs was 2%. Additional details on the genetic methods can be found in Lane

et al. (2008). Using the established multigenerational pedigree, we calculated the coefficient of

relatedness between the territory owner and each neighbour. We averaged all pairwise measures

of relatedness to provide a measure of the average relatedness between each squirrel and all of its

neighbours.

Fitness measures

For individuals alive between 1994 and 2015, we measured annual survival as the probability of

surviving to the following year (N = 2346 records over 1009 individuals). Given that long-term

monitoring of individuals in this population first began in 1987, we excluded data prior to 1994

to ensure accurate measurement of familiarity between neighbours. Our ability to successfully

redetect adults in the population each year is estimated to be 1.0 (Descamps *et al.* 2009).

We measured female ARS as the number of pups recruited each year (i.e. surviving

overwinter). We included data from 450 breeding females between 1994 and 2015 (N = 981

records). All females with a known parturition date were considered to have bred; all other non-

breeding females were excluded from analysis. Since red squirrel males do not contribute to the

raising of pups and the male's social environment is, therefore, unlikely to affect pup recruitment,

we defined male ARS as the number of pups sired each year. We used data from 207 males

between 2003 and 2014 (N = 412 records). We excluded male reproductive success outside of

this timeframe because paternity data was not available prior to 2003 and after 2014. For all

analyses we only used data for adults ($\geq$ 1 year old) whose age could be assigned with certainty

(i.e. individuals tagged in nest as juveniles).

It is possible that our ability to accurately assess recruitment is somewhat confounded by

dispersal beyond the borders of our study grids (Martinig *et al.* 2020). On average, juveniles

typically disperse less than 100 m (Berteaux & Boutin 2000; Cooper *et al.* 2017), and estimates

of juvenile survival do not differ between the center and edge of our study grids, which might be

expected if dispersing juveniles were mistakenly considered to have died (McAdam *et al.* 2007).

However, 37% of our population is comprised of immigrants from outside our study grids

(Martinig *et al.* 2020), which suggests that some juvenile recruitment outside the study area is

likely to have been missed by our methods.

Ethical note

This study required trapping individuals using Tomahawk live traps to determine territory

ownership and assess reproductive status. Traps were checked every 60-90 min and squirrels

were never left in a trap for longer than 120 min. We also entered the natal nest when pups were

1-2 days old and 25 days old to collect DNA, measure pup growth, and tag individuals. We

returned the pups to the natal nest immediately after processing to minimize time spent away

from the dam. These procedures had no detectable negative effects on the survival or welfare of

the study animals. This research was approved by the University of Guelph Animal Care

Committee (AUP number 1807).

Statistical analyses

Annual survival and ARS

To assess the effects of familiarity on ARS and survival, we used generalized linear mixed

effects models (GLMMs) with a BOBYQA optimizer. We used a binomial distribution (logit-

link) to assess probability of annual survival and a Poisson distribution (log-link) for male and

female ARS. For all models we fitted average familiarity, a linear and quadratic term for age,

grid density, and average relatedness as continuous predictors and included study grid as a

categorical fixed effect (Table 1). For the survival models we checked for an effect of sex, but

sex was not significant and so was not considered further. We included a random effect of

squirrel ID and year to account for repeated measures of individuals and temporal variation in

resource availability, respectively (Table S1). To account for inherent spatial structure in our

data, we grouped squirrels into 150 m squares (within each year) based on their known spatial

locations and included this 'spatial ID' as a random effect in all of our models. Models for the

senescent period included the same covariates as the full models described above, but only

included a linear effect of age.

Mechanisms underlying male reproductive success

We conducted a post-hoc analysis to reveal potential mechanisms by which familiarity with

neighbours might lead to increased male reproductive success. We had two hypotheses: 1) that

familiarity with neighbours leads to increased energetic resources, allowing males to travel

farther to mate or 2) that familiarity with females provides males with more mating opportunities

within the males' social neighbourhood. To test hypothesis one, we assessed whether familiarity

with neighbours affected the farthest distance that a male traveled to mate using a linear mixed

effect model (LMM) with average familiarity, average relatedness, age, and grid density as

continuous fixed effects and squirrel ID and year as random effects (Table S2, S3). To test

hypothesis two, we measured whether average familiarity affected the number of pups that a

male sired inside or outside his neighbourhood. We fitted both these models using a Poisson

GLMM with the same fixed and random effects structure as above.

Data analysis

We conducted statistical analyses using R version 3.4.1 (R Core Team 2017) and fitted models

using the lme4 package (version 1.1-13; Bates *et al.* 2015). We obtained *P* values for the LMMs

using the package lmerTest (version 3.0-1; Kuznetsova *et al.* 2017). For all models, we checked

for significant non-linearities between the predictor and response variables by fitting generalized

additive models. For GLMMs we checked for overdispersion by assessing whether the sum of

squared Pearson residuals approximated a Chi-squared distribution with N-P degrees of freedom

(Bolker *et al.* 2009). Of the 1009 squirrels used in this analysis 12 individuals were not in the

pedigree, meaning there were 25 neighbourhoods for which we could not calculate relatedness

with neighbours. We assigned these neighbourhoods the mean average neighbourhood

relatedness (r = 0.05). To facilitate direct comparison of effect sizes (Schielzeth 2010) we

standardized all continuous predictors to a mean of zero and unit variance. We estimated all

effect sizes by using first and third quartile familiarity values while holding all other variables

constant at their mean and using 'Kloo' as the study grid. We present all means ± SE, unless

otherwise stated, and consider all differences statistically significant at $\alpha < 0.05$.

Results

Survival

We analyzed 2346 records of annual survival from 1009 squirrels. Over the 22-year period in

which we analyzed survival (1994-2015), average familiarity ranged between 0 and 1186 days

(mean = 191 ± 4 days) and average relatedness ranged between 0 and 0.5 (mean = 0.05 ± 0.001).

We found no effect of average relatedness of the social neighbourhood on male or female

survival in either the full models or senescent models (all |z| < 1.21, all P > 0.22; Table 1). Based

on the full models, increased familiarity with neighbouring individuals was associated with a 6%

increase in male and female survival ($\beta = 0.18 \pm 0.06$, $z = 2.78$, $P = 0.005$; Table 1). In the

senescent period (≥ 4 years old; $N = 512$ records over 288 individuals), living near familiar

neighbours was associated with a 17% increase in the probability of annual survival for both

sexes ($\beta = 0.45 \pm 0.11$, $z = 3.40$, $P < 0.001$; Fig. 1; Table 1). For example, squirrels with high

familiarity with their neighbours (500 days; third quartile) had a 69% chance of surviving to the

next year, while squirrels with low familiarity with their neighbours (130 days; first quartile) had

a 52% chance of surviving to the next year.

Male ARS

We analyzed 412 records of 207 males between 2003 and 2014. Over this timespan, average

familiarity ranged between 0 and 1186 days (mean = 167 ± 9 days) and average relatedness

ranged between 0 and 0.33 (mean = 0.04 ± 0.003). There was no effect of average relatedness of

the social neighbourhood on number of pups sired in either the full models or senescent models

(all |z| < 1.48, all P > 0.13; Table 1). In contrast, in full models including all data increased

familiarity with neighbouring individuals was associated with a 40% increase in the number of

pups sired (β = 0.18 ± 0.09, z = 2.04, P =0.04; Table 1). In the senescent period alone, the

fitness benefits associated with increased social familiarity were even more substantial. For

squirrels aged 4 and older (N = 78 records over 60 individuals), living near familiar neighbours

was associated with an 89% increase in the number of pups sired (β = 0.39 ± 0.15, z = 2.67, P =

0.008; Fig. 1; Table 1). Males with high familiarity with their neighbours (500 days, third

quartile) sired 1.7 pups annually while males with low familiarity with their neighbours (130

days, first quartile) sired 0.9 pups annually.

Female ARS

We analyzed 981 records of 450 breeding females between 1994 and 2015. Over this period,

average familiarity ranged between 0 and 892 days (mean = 213 ± 6 days) and average

relatedness ranged between 0 and 0.5 (mean = 0.07 ± 0.002). We found no effect of average

relatedness of the social neighbourhood on number of pups recruited in either the full models or

senescent models (all |z| < 0.80, all P > 0.42; Table 1). In the full model, there was also no effect

of familiarity on number of pups recruited (β = 0.06 ± 0.05, z = 1.38, P =0.17; Fig. 4.1).

However, in the senescent period (≥ 4 years old; N = 268 over 170 individuals), familiarity with

neighbours was associated with a 40% increase in the number of pups recruited (β = 0.23 ± 0.09,

z = 2.52, P =0.01; Fig. 1; Table 1). Females with high familiarity with their neighbours (500

days; third quartile) recruited 0.7 pups annually compared to females with low average

familiarity with their neighbours (130 days; first quartile) that recruited 0.5 pups annually.

Mechanisms underlying male reproductive success

Analysis of the spatial locations of male paternity success revealed that males traveled farther to

mate as familiarity with neighbours increased ($\beta = 19.93 \pm 8.83$, $t = 2.26$, $P = 0.03$; Fig. 2). This

does not appear to be due to inbreeding avoidance (see Table S2). Additionally, while the

number of pups sired outside the social neighbourhood (130 m radius) was positively associated

with social familiarity ($\beta = 0.39 \pm 0.10$, $z = 3.79$, $P < 0.001$; Fig. 2; Table S2), there was no

association between familiarity and siring success within a male's social neighbourhood ($\beta =$

0.12 ± 0.10, $t = 1.25$, $P = 0.21$; Table S2).

Discussion

Stable social relationships among group-living species are known to play an important role in

mediating intragroup conflict and enhancing fitness (Silk 2003; Cameron *et al.* 2009; Vander

Wal *et al.* 2015). For territorial species, maintaining territorial boundaries can be a costly

endeavor and long-term associations among neighbours may serve an equally important role in

helping to alleviate the negative effects of competition (Fisher 1954; Temeles 1994). Here we

used 22 years of data from a population of territorial red squirrels to test the direct fitness effects

of long-term familiarity with neighbouring conspecifics (Fig. 3). We tested for these effects

while controlling for kinship to help elucidate the importance of mutualistic interactions relative

to inclusive fitness benefits, the relative importance of which has previously been difficult to

disentangle (c.f. Cameron *et al.* 2009; Bebbington *et al.* 2017). Our findings demonstrate that

stable social relationships with neighbouring competitors are associated with increased survival

and reproductive success in solitary red squirrels, particularly in the senescent period, while

relatedness with neighbours is not (Fig. 3).

While we did not find evidence that kin provide fitness benefits for red squirrels, we

acknowledge that low average relatedness among neighbours (average neighbourhood

relatedness $= 0.05 \pm 0.001$) could have constrained the potential for kin selection to act in this

system. We recognize that our findings do not mean that neighbour relatedness has no

biologically meaningful effects on red squirrel fitness, but simply that the scale at which we

attempted to measure these effects did not detect any influence of kinship. If, for instance, the

primary benefits of kinship come from sharing food (Siracusa *et al.* 2017a), relatedness of

nearest neighbours may be a more relevant measure to assess whether red squirrels obtain

benefits from kin. Future work should attempt to use other measures of the social environment to

offer additional insight as to the relative importance of kin-selection in this system. Regardless,

our results demonstrate that stable social relationships are associated with increased fitness in red

squirrels, independent of kinship, suggesting that inclusive fitness benefits are not a necessary

prerequisite to facilitate cooperation between social partners.

Although we do not have direct evidence for the mechanism by which familiarity with

neighbours might lead to increased reproductive success, previous work in this this study system

has shown that social familiarity results in reduced risk of pilfering (Siracusa *et al.* 2017a) and

reduced time spent on territory defence (Siracusa *et al.* 2019). Conceivably then, these direct

fitness benefits may result from cooperative agreements of non-intrusion among long-term

neighbours, which might increase food stores or reduce time and energy allocated to territory

defence. We sought to provide some mechanistic understanding of how familiarity contributes to

fitness by exploring two hypotheses in male red squirrels. We first hypothesized that if

familiarity is providing an increase in energetic resources (Siracusa *et al.* 2017a; 2019) this

might allow male squirrels in familiar social neighbourhoods to travel farther to obtain mating

opportunities (Lane *et al.* 2009; 2010), which might explain the large observed increase in siring

success associated with social familiarity. Alternatively, we hypothesized that social familiarity

might directly benefit males through increased mating success within their more familiar social

neighbourhoods. Our analyses revealed that males traveled farther to mate and sired more pups

outside their social neighbourhood (>130 m away) when more familiar with their neighbours

(those within 130 m; Fig. 2). However, we found no association between familiarity and a male's

siring success within his social neighbourhood. Together, these results suggest that stable social

relationships with neighbours enhance male fitness by allowing them to travel farther and

increase their siring success (Lane *et al.* 2009). This might result from familiarity with

neighbours increasing the energetic resources available to males through reduced territory

defence (Siracusa *et al.* 2019) or reduced cache pilfering by neighbours (Siracusa *et al.* 2017a).

Our findings also demonstrate a previously unappreciated benefit of maintaining social

relationships into later life. The magnitudes of the benefits of social familiarity in the senescent

period were sufficient to offset age-related declines in survival and reproductive success (Nussey

et al. 2013). Specifically, for an average 4-year old squirrel, aging by one year decreases the

probability of survival from 68% to 59%. But if that individual were to maintain all of its

neighbours, such that average familiarity increased by one year (from the mean familiarity of

318 days to 679 days), the maintenance of those stable social relationships would more than

compensate for the change in age, resulting in an increase in survival probability from 68% to

74%. However, despite the large individual benefits of increased social familiarity late in life,

few squirrels currently enjoy this fitness advantage. For example, only 4% of 4-year olds

surviving to age 5 maintain all of their neighbours, and mean familiarity does not continue to

increase with age through the senescent period (Fig. S1). As a result, our observed fitness

increases in later life associated with social stability are not currently widespread enough to

affect the decline in the force of natural selection with age and the arrival of the mutational 'wall

of death' (Hamilton 1966; see Supplementary Materials for methods and a more in-depth

discussion of these results; Fig. S2).

Nevertheless, such individual fitness benefits of familiarity provide strong incentive for

squirrels to reduce turnover in their social neighbourhood. While squirrels compete with

territorial neighbours for resources (Donald & Boutin 2011), space (Smith 1968), and

reproductive success (Fisher *et al.* 2017), here we have shown that individuals also benefit from

the enhanced survival of neighbours. The idea that territorial neighbours might engage in

cooperative behaviours to prevent neighbourhood turnover has been theorized (Getty 1987).

Here our documented benefits of social familiarity provide the opportunity for the evolution of

cooperative behaviour toward otherwise adversarial neighbours. Specifically, while the loss of an

unfamiliar neighbour would have no effect on survival probability, the loss of a neighbour with 6

years of familiarity would decrease the owner's probability of survival by 7%. A squirrel should,

therefore, be willing to engage in behaviours that ensure their neighbour's survival as long as this

does not reduce the actor's survival by more than 7%. This scope for cooperation is comparable

to kin selection interactions between first cousins once removed ($r = 0.06$; Hamilton 1964). It is

possible then that reduced aggression when interacting with familiar neighbours (i.e. the dear-

enemy phenomenon; Temeles 1994) is a mechanism that not only serves to reduce an

individual's own time and energy spent on defence, but also enhances the survival of familiar

neighbours, which provides indirect fitness returns through increased social familiarity. In red

squirrels, reduced territory defence toward familiar individuals (Siracusa *et al.* 2019) may

convey survival benefits to neighbours through reduced aggression or lowered defense of food

resources. Red squirrels have also been known to nest communally during cold temperatures

(Williams *et al.* 2013), which might enhance neighbour survival. Other mechanisms by which

red squirrels might reduce neighbourhood turnover such as predator alarm calling, or forming

defensive coalitions (e.g. Getty 1987) to prevent a territory takeover, have yet to be tested.

Ultimately, if cooperative behaviours enhancing the survival of familiar neighbours were to

become widespread enough that mean social familiarity increased with age across the population,

then this socially driven increase in fitness late in life could influence the force of selection and

consequently the evolution of senescence (Fig. S2).

Finally, it is important that we address the potential issues associated with spatial

confounds in this study. Individual squirrels are distributed fairly continuously across our study

areas, so individually defined neighbourhoods are spatially overlapping. It is possible that our

observed fitness effects could be confounded by spatial variation in resource availability or

predation risk. In particular, areas with consistently low survival would have high turnover and

hence low average familiarity locally. If this kind of spatial autocorrelation in survival were

present, low neighbourhood familiarity might be linked to low survival in the absence of a causal

relationship. While this is a relevant concern that warrants consideration, there are several

reasons why we do not think this is likely.

First, there is no evidence of consistent spatial variation in spruce cone production (the

primary food for red squirrels; Boutin *et al.* 2006; Fletcher *et al.* 2010) across years in this study

system (LaMontagne *et al.* 2013). Therefore, there should not be locations that are consistently

rich or poor in food resources. Second, given this lack of consistency in the spatial distribution of

resource availability, it would have been inappropriate to fit a constant spatial autocorrelation

term in our models (Fisher *et al.* 2019). Fitting separate spatial autocorrelation terms for each

year would have been ideal, however, it was not possible to obtain convergence from our data

using this method. Therefore, as a simpler alternative, we added a spatial random effect ('spatial

ID') to our models by grouping squirrels into 150 m squares (within each year) based on their

known spatial locations (Fisher *et al.* 2019). Fitting this as a random effect allowed us to account

for any similarity among squirrels within each 150 m x 150 m area in each year (Table S1). All

effects of familiarity we observed were robust to its inclusion (Table 1), and our results remained

unchanged even when this spatial grouping term was defined to be a 75 m or 300 m square (see

Table S4).

Third, we calculated Moran's I (ape package, version 5.1; Paradis & Schliep 2019) for

each study grid and year to test whether similarity in ARS or probability of survival was related

to the spatial proximity of any two individuals. We found only 9 out of 112 year/grid

combinations in which the observed Moran's I value was significantly greater than the expected

value, indicating that the trait in question demonstrated positive spatial autocorrelation (Table

S5). We then proceeded to remove those year/grid combinations with positive autocorrelation

from our analyses and found that our conclusions remained the same when our analyses were

rerun with this limited dataset (Table S6).

Ultimately all of these concerns stem from the possibility that our findings might result

from among individual differences in familiarity that result from covariation with individuals or

locations of high quality. By refitting our ARS models using a within-individual mean centering

approach (van de Pol & Wright 2009) we were able to demonstrate why this is unlikely to be the

case. We split our familiarity term into an among-individual effect (the mean familiarity score

for an individual across all observations) and a within-individual effect (the deviation in each

familiarity observation for each individual from their mean score), and found that associations

between familiarity and fitness are primarily driven by within individual changes in familiarity

rather than among individual differences in familiarity (Table S7). In other words, it appears that

some individuals do not consistently experience high familiarity environments and others low

familiarity environments due to some intrinsic (individual quality) or extrinsic (habitat quality)

factor. It is instead the within individual changes in familiarity that occur within an individual's

lifetime that are associated with variation in fitness, resulting in the patterns observed in our data.

Conclusion

Although interactions among territorial individuals are fundamentally defined by

competition for food, mates, or other resources, here we have shown that stable social

relationships can limit these competitive interactions and provide important fitness benefits that

might feed back to maintain strong affiliative relationships among territorial neighbours. Similar

fitness benefits of social familiarity have also been demonstrated in territorial birds such as red-

winged blackbirds (Beletsky & Orians 1989) and great tits (Grabowska-Zhang *et al.* 2012). Our

findings, in conjunction with these previous studies, demonstrate that the benefits of stable social

relationships are not exclusive to group-living organisms but can extend to solitary species,

suggesting a shared evolutionary importance of stable relationships across a range of social

complexities. The strength of the effects of familiarity, particularly in the senescent period, was

surprising. We suggest that by increasing the force of selection later in life, stable social

relationships have the potential to lead to the evolution of slower rates of aging, although these

late-life social benefits are not currently widespread enough to affect senescence in red squirrels.

Importantly, our results indicate that intraspecific conflict can be mitigated through mutualistic

pathways, with resulting fitness benefits, independent of kinship effects (see also Cameron *et al.*

2009; Bebbington *et al.* 2017). Consequently, stable social relationships with neighbours may be

an important and overlooked contributor to fitness in territorial species, and may offer insight

into the relative importance of mutualistic behaviours for facilitating conflict resolution.

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Figure 1. Effects of average neighbourhood familiarity on a) annual survival (N = 512), b) male

annual reproductive success (ARS; N = 78), and c) female ARS (N = 268) during the senescent

period (≥ 4 years old). Shaded grey bars indicate 95% confidence intervals. Values on x-axis are

standardized measures of average familiarity. Points indicate raw data with a small amount of

jitter introduced to show overlapping points.

Figure 2. Effects of average neighbourhood familiarity on a) the distance that males traveled to mate and b) number of pups sired outside the social neighbourhood (i.e. 130 m radius; N = 199). Shaded grey bars indicate 95% confidence intervals. Values on x-axis are standardized measures of average familiarity. Points indicate raw data.

Figure 3. Schematic depiction of a low and high familiarity red squirrel neighbourhood with

associated fitness metrics. Low and high familiarity are based on first and third quartile

familiarity values. Neighbourhoods include all squirrels within a 130 m radius of the focal

squirrel's midden, this reflects the acoustic social environment as 130 m is the farthest distance

that red squirrel rattles (unique territorial vocalizations) carry. The biology of the system is

simplified here for sake of space and clarity. On average squirrels have 13 neighbours and

multiple spruce trees per territory. Familiarity with neighbours can only be updated twice per

year, see methods for details. Effect sizes reported here are based on models from the senescent

period. Confidence intervals around the predicted effects of familiarity on these three measures

of fitness can be found in Figure 1.

Table 1. Fixed effects from annual survival, male annual reproductive success (ARS), and

female ARS generalized linear mixed-effects models. Models are based on the full and senescent

($\geq$ 4 years old) datasets are shown with significant effects indicated in bold. Regression

coefficients are standardized.

Data set	N	Response	Fixed effect	Parameter ± SE	z	P
Full data						
	2346	Probability of survival	**Familiarity**	**0.18 ± 0.06**	**2.78**	**0.005**
			Age	**-0.27 ± 0.09**	**-2.94**	**0.003**
			Age^2	**-0.11 ± 0.04**	**-2.57**	**0.01**
			Relatedness	0.008 ± 0.05	0.15	0.88
			Density	0.10 ± 0.11	0.92	0.36
			Grid-SU	0.17 ± 0.10	1.67	0.10
	412	No. pups sired	**Familiarity**	**0.18 ± 0.09**	**2.04**	**0.04**
		(Male ARS)	**Age**	**0.68 ± 0.14**	**4.75**	**<0.001**
			Age2	**-0.41 ± 0.08**	**-5.32**	**<0.001**
			Relatedness	-0.11 ± 0.08	-1.47	0.14
			Density	0.04 ± 0.12	0.37	0.71
			Grid-SU	-0.07 ± 0.19	-0.38	0.70
	981	No. pups recruited	Familiarity	0.06 ± 0.05	1.38	0.17
		(Female ARS)	Age	0.08 ± 0.05	1.42	0.16
			Age^2	**-0.10 ± 0.04**	**-2.72**	**0.007**
			Relatedness	0.02 ± 0.04	0.63	0.53
			Density	**-0.37 ± 0.13**	**-2.78**	**0.005**
			Grid-SU	-0.06 ± 0.08	-0.78	0.43
Senescent data						
	512	Probability of survival	**Familiarity**	**0.45 ± 0.11**	**3.40**	**<0.001**
			Age	**-0.36 ± 0.10**	**-3.42**	**<0.001**
			Relatedness	0.13 ± 0.11	1.20	0.23
			Density	0.15 ± 0.11	1.33	0.18
			Grid-SU	0.14 ± 0.21	0.68	0.49
	78	No. pups sired	**Familiarity**	**0.39 ± 0.15**	**2.67**	**0.008**
		(Male ARS)	**Age**	**-0.39 ± 0.19**	**-2.01**	**0.04**
			Relatedness	0.05 ± 0.14	0.37	0.72
			Density	0.11 ± 0.19	0.60	0.55
			Grid-SU	0.26 ± 0.32	0.82	0.41
	268	No. pups recruited	**Familiarity**	**0.23 ± 0.09**	**2.52**	**0.01**
		(Female ARS)	**Age**	**-0.29 ± 0.10**	**-2.79**	**0.005**
			Relatedness	0.06 ± 0.08	0.79	0.43

Density	**-0.38 ± 0.17**	**-2.20**	**0.03**
Grid-SU	-0.32 ± 0.17	-1.85	0.07