

1 **Complementing 16S rRNA gene amplicon sequencing with estimates of total bacterial load to**
2 **infer absolute species concentrations in the vaginal microbiome**

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12 Whereas 16S rRNA gene amplicon sequencing quantifies relative abundances of bacterial taxa,
13 variation in total bacterial load between samples restricts its ability to reflect absolute
14 concentration of individual species. Quantitative PCR (qPCR) can quantify individual species, but
15 it is not practical to develop a suite of qPCR assays for every bacterium present in a diverse
16 sample. We analyzed 1320 samples from 20 women with a history of frequent bacterial vaginosis,
17 who self-collected vaginal swabs daily over 60 days. We inferred bacterial concentrations by
18 taking the product of species relative abundance (assessed by 16S rRNA gene amplicon
19 sequencing) and total bacterial load (measured by broad-range 16S rRNA gene qPCR). \log_{10} -
20 converted inferred concentrations correlated with targeted qPCR ($r = 0.935$, $p < 2.2e-16$) for seven
21 key bacterial species. The mean inferred concentration error varied across bacteria, with rarer
22 bacterial vaginosis-associated bacteria associated with larger errors. 92% of errors $> 0.5 \log_{10}$
23 occurred when relative abundance was $< 10\%$. Many errors occurred during early bacterial
24 expansion or late contraction. When relative abundance of a species is $> 10\%$, inferred
25 concentrations are reliable proxies for targeted qPCR. However, targeted qPCR is required to
26 capture bacteria at low relative abundance, particularly with BV-associated bacteria during the
27 early onset of bacterial vaginosis.

28

29 Introduction

30 For most infectious diseases, the absolute concentration of a single pathogen is often the most
31 specific marker of disease severity and therapeutic response(1–3). In contrast, studies of
32 bacterial communities usually rely on broad-range consensus sequence PCR of taxonomically
33 informative genes (such as 16S rRNA) coupled with next generation sequencing (NGS) to assess
34 relative, but not absolute abundances of bacteria. At a mechanistic level, specific combinations
35 of bacteria and bacterial gene products are thought to play a causative role in the pathogenesis
36 of many microbiome associated conditions(4–6), and this approach of characterizing the
37 microbiota is valuable. However, absolute concentration of individual bacterial taxa within
38 communities may be a better predictor of biological activity or disease risk compared to relative
39 abundances of these taxa. Quantitating absolute concentration of individual species with qPCR
40 is time intensive, requires generation of a standard curve for each organism using known
41 concentrations of DNA, is expensive and only available in specialized laboratories. Moreover,
42 each qPCR assay requires significant development and validation costs. qPCR is therefore not
43 typically comprehensive for all species in a community. Moreover, selection of the most
44 appropriate species for analysis may reflect investigator bias.

45 A method to infer absolute concentration of multiple bacterial species from NGS data would be
46 extremely useful for the field including studies of the vaginal microbiome. NGS amplicon
47 sequencing is a fractional approach that has been used to help define conditions such as bacterial
48 vaginosis (7–10), and to identify enhanced risk for other sexually transmitted infections and pre-
49 term delivery (11,12). However, total bacterial load may vary significantly between and within
50 individuals over time even over the course of a single day (8). Therefore, relative abundances

51 may not accurately represent absolute concentrations. Consequently, as shown recently in the
52 gut microbiome, relative abundances may identify spurious disease associations which may in
53 fact be driven by total microbial load (13).

54 Here, we demonstrate that multiplying relative abundance data (composition) by estimates of
55 total bacterial DNA as measured by a broad-range 16S rRNA gene qPCR assay provides useful
56 estimates of absolute concentrations of bacterial DNA for a given species. These inferred
57 concentrations have already been used in studies of the penile microbiome, though without
58 formal validation (14). Herein we validate inferred concentrations by comparison of absolute
59 concentrations measured by targeted qPCR assay for seven key species in the vaginal
60 microbiome. We find that whereas inferred concentrations are accurate for most samples, they
61 are prone to error when relative abundance is low and may misrepresent kinetics of individual
62 species during critical periods of expansion and clearance.

63

64 **Materials and Methods**

65 ***Ethics statement.*** Vaginal samples were collected using protocol 417, which was approved by the
66 institutional review board (IRB) at the University of Washington (approval no.: STUDY00000398).

67 All participants provided written informed consent prior to study enrollment. Consent forms
68 were approved by the IRB as part of protocol 417.

69 ***Study Population.*** The study population was comprised of 20 women enrolled in a longitudinal
70 study of bacterial vaginosis (BV) natural history at the University of Washington Virology

71 Research clinic between 2015 and 2017. At enrollment, participants were given sufficient swabs
72 for three times daily swabs over 60 days. Diagnosis, sample collection, storage, and processing
73 of swabs are as described in (15). Participants were also given a study diary to record symptoms
74 of BV, antibiotic use, menstruation, sexual activity and other medical events. In total, as some
75 participants occasionally skipped samples, we analyzed 1320 data points for each of the seven
76 key species.

77 ***DNA Extraction and Quantitative Polymerase Chain Reaction (qPCR)***. DNA was extracted from
78 vaginal swabs using the BiOstic Bacteremia DNA Isoaltion Kit (Mobio, Carlsbad, CA). Sham swab
79 without human contact were extracted in parallel to assess contamination from reaction buffers
80 or the collection swabs. No template water controls were included to determine if there was any
81 contamination from PCR reagents. Each sample was evaluated for PCR inhibition (Khot et. al.
82 BMC Infectious Diseases. 2008) and total bacterial concentrations in each sample were measured
83 using a qPCR assay that targets the V3-V4 region of the 16S rRNA gene (Srinivasan et al. PloS ONE
84 2012). Concentrations of specific vaginal bacteria were measured using qPCR assays targeting 7
85 key vaginal bacteria: *Atopobium vaginae*, BV-associated bacterium 2 (BVAB2), *Gardnerella*
86 *vaginalis*, *Lactobacillus crispatus*, *Lactobacillus jensenii*, *Lactobacillus iners*, and *Megasphaera*
87 (combined species 1 and 2) species (12,16,17). We measured relative abundances of bacterial
88 taxa using broad-range PCR targeting the V3-V4 region of the 16S rRNA gene with next-
89 generation sequencing on the Illumina MiSeq instrument (Illumina, San Diego, CA)(18). The
90 DADA2 pipeline was used to infer sequene variants from raw reads for subsequent analysis (19).
91 Sequences were classified using the phylogenetic placement tool *pplacer* (20) and a curated
92 reference set of vaginal bacteria (8). In subsequent text, we use NGS to to refer to data generated

93 using broad-range PCR and sequencing. Sequence reads have been submitted to the NCBI Short
94 Read Archive (in submission. Accession numbers pending). Relative abundances and absolute
95 concentrations of specific vaginal bacteria were measured on all samples in two participants and
96 in daily morning samples for the remaining 18. We performed qPCR on all samples collected from
97 each participant, but for the purpose of this work only consider the morning samples.

98 All data generated or analysed during this study are included in the supplementary material.

99 **Statistical considerations.** We calculated inferred concentrations using equation 1.

100 *Equation 1*

$$\begin{matrix} 101 & & \text{Inferred Concentration} & = & \text{Relative abundance} & \times & \text{Total Bacterial Load} \\ 102 & & (\text{16S rRNA gene copies}) & & (\%) & & (\text{16S rRNA gene copies}) \end{matrix}$$

103 We present the plots and related calculations on a \log_{10} scale. To keep all values finite, zero
104 relative abundance (%) were mapped to $1e-5$ and zero inferred concentrations were mapped to
105 1. The choice of this mapping changes some of the numerical results presented here, namely the
106 correlation coefficient and the clustering class of the samples. However, the general
107 observations being made are consistent.

108 We defined the error of inferred concentration, IC error, as

109 *Equation 2*

$$110 \quad \text{IC error} = \log_{10}(\text{absolute concentration}) - \log_{10}(\text{inferred concentration})$$

111
112 Rates of change per day were calculated between any two consecutive time points which were
113 18-36 hours apart. Rates were calculated from \log_{10} converted values for relative abundance and
114 inferred and absolute concentration. We defined the error in rates from inferred concentrations,

115 rIC error, as

116

117 *Equation 3*

118
$$\text{rIC error} = \text{rates}(\text{absolute concentration}) - \text{rates}(\text{inferred concentration})$$

119

120 Comparison of means was done using the `t.test` function in R (21). We used Pearson's correlation
121 coefficient for all correlation analysis. This was done using the `cor.test` function in the `stats`
122 package in R (21). Correlation coefficients were compared using the `Cocor` package in R (22). The
123 suite provides 10 test for overlapping correlations, i.e. measurements taken from the same data
124 set. All test were significant, but we report the value of the Hittner test here for simplicity.

125 The Breusch-Pagan test was used to test the heteroskedasticity of the linear regression model of
126 the relative abundance and inferred concentration vs absolute concentration. It tests whether
127 the variance of the erros from a regression is dependent on the values of the independent
128 variables. This was implemented using the `bptest` of the `lmtest` package in R (23).

129 We constructed the dendrograms for clustering analysis by complete linkage hierarchical
130 clustering of species abundance and/or concentration based on Euclidean distance between all
131 sample pairs.

132 We tested concordance between pairs of dendrograms using the entanglement coefficient found
133 in the `dendextend` package in R (24). To calculate the coefficient, first all the samples are
134 numbered in the order they appear for each tree. The coefficient is then calculated by taking the
135 Euclidean distance of these two vectors which is then normalised by the worst case entanglement
136 value (i.e. the Euclidean distance when the order of the two dendrograms is opposite). The
137 entanglement coefficient thus defined ranges from 0 to 1, with 0 indicating perfect alignment

138 between the dendrograms and 1 a complete mismatch.

139

140 Results

141 **Bacterial kinetics in 20 women with frequent recurrent BV.** The bacterial kinetics observed for a
142 single participant are shown in **Figure 1a and b**. The individual shown underwent dynamic
143 changes in bacterial profile with notable shifts between low to high diversity states. The bacterial
144 kinetics of 19 other participants can be found in **Figure S1**. As previously noted, high diversity
145 states were often concurrent with high absolute concentrations of *Gardnerella vaginalis*,
146 *Atopobium vaginae*, BVAB2 and *Megasphaera*, which all have been associated with bacterial
147 vaginosis (BV) (8,10,25).

148 In 5 of the participants, shifts in composition appear less abruptly when measured by
149 single species qPCR than by NGS. For example, for the participant shown in Figure 1, the absolute
150 concentration of *A. vaginae* increases on day 17 (hour 415), but its relative abundance does not
151 show a consistent increase until day 28 (hour 671) although there are some non-zero abundances
152 in 4/9 samples before this point. From day 0 to day 28 (hour 168), the participant received
153 metronidazole for BV: qPCR shows an exponential decline in BV-associated species absolute
154 concentrations(26); yet, NGS shows a much more abrupt shift towards *L. iners* predominance.
155 NGS can also fail to capture low-level colonization of bacteria, such as that of *G. vaginalis* on days
156 12 to 11 (hours 150 and 261). Several high-diversity samples have highly prevalent species which
157 were not measured with qPCR in this study, such as *Prevotella bivia* from day 28 onwards (hour
158 671). These observations, which can be made for many of the individuals in this cohort, highlight
159 that qPCR provides more granular estimates for measuring single species kinetics while NGS is
160 optimal to estimate bacterial diversity in high diversity communities.

161

162 **Relative abundances may misclassify single species absolute concentration due to shifts in total**
163 **bacterial load.** We compared absolute concentration and relative abundance from the same
164 samples measured within individuals over the course of the study. Examples for two species, *L.*
165 *crispatus* and *Megasphaera*, are shown in **Figure 2a** and **b** (examples for the remaining five
166 species are in supplementary **Figure S2**). There were time points in which absolute and relative
167 abundance measures demonstrated opposing or differing kinetics, often due to concurrent large
168 shifts in total bacterial load. These are indicated by arrows in **Figure 2a** and **b**. Thus, relative
169 abundance may misrepresent absolute concentration when not accounting for total bacterial
170 load.

171

172 **Inferred concentrations are predictive of absolute concentrations measured by qPCR.** For each
173 species we calculated inferred concentrations by multiplying total bacterial load by NGS-relative
174 abundance as shown in equation 1. We then compared these with absolute concentration as
175 measured by targeted qPCR assay for the seven key species. For each species, inferred bacterial
176 concentration closely tracked absolute concentration for most samples (**dotted line in Figure 2a**
177 **and b and Figure S2**). In many instances and for most species there were no obvious extreme
178 discordance noted (**Figure 2a** and **S2**). For some species however, such as *Megasphaera* and
179 BVAB2, inferred concentration consistently overestimated absolute concentration by an order of
180 magnitude (**Figure 2b** and **S2d**). In a subset of samples, for all species, inferred concentration was
181 zero while qPCR levels were positive leading to profound discordance between inferred and
182 absolute concentration: this was most often noted at low absolute concentration (**Figure 2a** and

183 **b).**

184 We compared correlation between relative abundance and absolute concentration
185 ($r=0.936$, $P < 2.2e-16$ **Figure 3a**) to correlation between inferred concentration and absolute
186 concentration ($r=0.935$, $p<2.2e-16$ **Figure 3b**). The two correlation coefficients are not
187 statistically different (Hittner test, $p>0.08$)(22). Species-specific correlations were noted. For
188 inferred concentrations, *Megasphaera* and BVAB2 produced the strongest correlation followed
189 by *L. crispatus*, *A. vaginae* and *L. jensenii*; *G. vaginalis* and *L. iners*, which are often present at
190 moderate concentrations ($\sim 10^6$ 16S rRNA gene copies), had the weakest correlations though
191 correlations coefficients for all species were high (**Table 1**).

192 We defined error of inferred concentration, IC error, as in equation 2. While there was a
193 large range in errors for non-zero inferred concentrations (**Figure 3b**, range: $-7.32 \log_{10}$ (16S
194 rRNA gene copies) – $2.66 \log_{10}$ (16S rRNA gene copies)), the mean IC error ($-0.319 \log_{10}$ (16S rRNA
195 gene copies)) and standard deviation ($0.999 \log_{10}$ (16S rRNA gene copies)) were low. Moreover,
196 the median IC error for most species approximated zero with samples within the interquartile
197 range demonstrating minimal IC error (**Figure 4a**). However, for BVAB2 and *Megasphaera*, the
198 interquartile range of IC error, while narrow, was all less than zero, implying consistent
199 overestimation of absolute concentration by inferred concentration (pair-wise t-test $p<0.05$).
200 There was a trend towards global underestimation of *G. vaginalis* using inferred concentration
201 (**Figure 4a**).

202

203 **Low relative abundance is the major source of IC error.** The variance in the relationship with
204 absolute concentration tended to be inversely proportional to species concentrations [Breusch-
205 Pagan test; $p = 0.06$] highlighting that a larger range of IC errors tended to be reported at lower
206 bacterial loads (**Figure 3a**). Accordingly, 93% of >0.5 IC errors were accounted for by relative
207 abundances below 10% and 85% by relative abundances below 1%. Many of these IC errors
208 occurred on double negatives – samples for which inferred concentration was zero and absolute
209 concentration was reported at threshold. When these samples were removed from the analysis,
210 84% of >0.5 IC errors were accounted for by relative abundances $<10\%$ and 66% by relative
211 abundances below 1% (**Figure 4b**). The median absolute concentration above the limit of
212 detection for >0.5 IC errors was $5.95 \log_{10}(16S \text{ rRNA gene copies})$ (IQR: 4.03 – 7.88 , range: 1.97
213 – 10.39).

214 We defined false positive samples as non-zero inferred concentration values when
215 absolute concentration qPCR values were at or below the detection threshold and false negatives
216 as zero-values for inferred concentration when absolute concentrations were above the
217 detection threshold. False negatives were more common (23.6% of samples) than false positives
218 (3.17 % of samples) which demonstrates that targeted qPCR is more sensitive for single species
219 detection than NGS.

220 The incidence of false negatives was not equal across species, with *G. vaginalis* having the
221 highest percentage of false negatives, followed by *L. inners* and *A. vaginae* (*L. crispatus* 13.8%, *L.*
222 *jensenii* 31.1 %, *L. iners* 35.1%, *G. vaginalis* 60.4%, *A. vaginae* 35.3%, *Megasphaera* 5.40%, BVAB2
223 9.84%). The higher percentages of false negative for some species occurred because they are

224 often present at moderate concentrations, near the relative abundance error threshold. The
225 median qPCR value for false negative samples was 3.92 log₁₀ (16S rRNA gene copies) (IQR: 2.88 –
226 4.82, range: 1.97 -7.84), again showing that IC errors generally occur at lower bacterial loads.

227 Total bacterial load measured by broad-range qPCR assay was frequently below the sum
228 of the concentration of all seven species measured by targeted qPCR assays (37.6% per species
229 per sample). Non-zero inferred concentrations from samples with underestimates of total
230 bacterial load consistently overpredicted absolute concentration (one-tailed t-test p<2.6e-4) and
231 did so more than at other points (pair-wised t-test p<2.2e-16) (**Figure 4c**). Non-zero inferred
232 concentrations from samples with known underestimates of total bacterial load had a median IC
233 error of 0.171 log₁₀ (16S rRNA gene copies) (IQR -0.138 - 0.447, range -7.31 – 2.66) compared
234 to -0.368 log₁₀ (16S rRNA gene copies) (IQR -0.638 - -0.143, range: -6.54 – 1.42) in other samples.

235 *L. crispatus* had the highest percentage of false positives (*L. crispatus* 8.42%, *L. jensenii*
236 1.08%, *L. iners* 3.56%, *G. vaginalis* 0.46%, *A. vaginae* 3.07%, *Megasphaera* 1.12%, BVAB2 1.79%).
237 The median relative abundance of false positives across all samples was extremely low 0.06%
238 (IQR: 0.04 – 0.11%, range 0.0007 – 36.8%).

239 ***Concentrations inferred from NGS predicts observed absolute concentration regardless of***
240 ***sample diversity or sequencing depth.*** Inferred concentrations did not disproportionately record
241 misleading results from low or high diversity samples as measured by Shannon Diversity index
242 (**Figure 5a**). Moreover, we observed occasional large absolute IC errors across all sequencing
243 depths (**Figure 5b**). Low bacterial abundance was the primary source of absolute IC error
244 regardless of diversity or sequencing depth (**Figure 5a and b**). Larger than 0.5 absolute IC error

245 was observed across all raw species counts, but the largest absolute IC errors (above >2) were
246 almost exclusively associated with raw species counts below 100 (**Figure 5c**).

247

248 ***Inferred concentration estimates are predictive of most temporal changes in single species***
249 ***bacterial load.*** We examined whether inferred concentration is a useful tool for evaluating
250 individual species kinetics by determining changes in bacterial levels over the course of a day.
251 Rates of change in relative abundances correlated only weakly with absolute concentrations
252 [$r=0.271$, $p<2.2e-16$]. Moreover, 17.1% of the time, we observed a change in relative abundance
253 in the opposite direction to that of absolute concentration (top-left and bottom-right quadrants
254 in **Figure 6a**). This type of error occurred commonly for both the most abundant (e.g. *L. crispatus*)
255 and rarer species (e.g. BVAB2).

256 Rates of change in inferred concentration showed improved correlation with rates of
257 change in absolute concentration [$\text{pmcc}=0.392$, $p<2.2e-16$]. The mean rIC error (defined in the
258 **Methods**) was low (-2.71×10^{-3} , SD: $1.54 \log_{10}(16S \text{ rRNA gene copies})$ per hour) though the range
259 of rIC errors was high ($-9.29 - 9.31 \log_{10}(16S \text{ rRNA gene copies})$ per hour), indicating occasional
260 samples with very poor prediction. Inferred concentrations decreased the sign rIC error rate by
261 more than 50% (from 17.1% to 7.97%, **Figure 6b**).

262 **Figure 7a** shows a typical profile of *A. vaginae* absolute levels and sample-to-sample
263 change, to demonstrate the two types of rIC errors which were most common to the data. The
264 first were large positive or negative rates which occurred when one of two consecutive points
265 had an inferred concentration of zero, while absolute concentration was detectable by qPCR.
266 These points resulted in dramatic overestimation of growth or contraction rates for individual

267 species across all samples (**Figure 6b & 7b**, right upper and left lower quadrants). Such rIC error
268 often occurred when species were transitioning to or from a low abundance ($<10^6$ 16S rRNA gene
269 copies per sample). The second type of rIC error, occurred when two consecutive points had
270 inferred concentrations of zero, resulting in underestimation of growth or contraction rates for
271 individual species (**Figure 7b**). This phenomenon also commonly occurred when a species was
272 transitioning to or from a low abundance ($<10^6$ 16S rRNA gene copies per sample). These two
273 forms of transitions accounted for 91.7% of rIC error > 0.05 (**Figure 7c**). If all transitions involving
274 a zero value were eliminated from the analysis, we observed excellent correlation between
275 inferred and observed rate of change ($r=0.876$, $p<2.2e-16$). It follows that inferred concentrations
276 do not capture kinetics during microbial blooming or contraction when bacteria are at low
277 concentration or not detected using the less sensitive broad-range PCR with NGS approach.
278 However, inferred concentrations can be used to estimate individual species growth and
279 contraction rates when bacteria are present at higher concentrations such as $>10^6$ 16S rRNA gene
280 copies/swab .

281

282 ***Complete linkage clustering by inferred and absolute concentrations shows general agreement.***

283 To assess whether inferred concentrations provide similar or disparate classification of samples,
284 we clustered samples using complete linkage hierarchical clustering based on Euclidean distances
285 (21) by inferred and absolute concentrations (**Figure S3**). We compared the resulting
286 dendrograms using the entanglement coefficient from the dendextend package in R (24), where
287 a value of 1 corresponds to complete discordance and a value of 0 indicates perfect alignment.

288 The two dendrograms were found to be in agreement, with a low entanglement coefficient 0.11.

289

290 We next determined the number of clusters using NbClust package in R (27). Absolute
291 concentration identifies two whereas inferred concentration identifies three clusters. The third
292 cluster arose from a general distinction between samples dominated by *L. crispatus* from *L. iners*
293 as the inferred concentrations had a lower threshold (1 copy per swab) than the qPCR (93.8
294 copies per swab).

295

296 ***Inferred concentration may provide the most comprehensive overview of individual species***
297 ***kinetics.*** Inferred concentrations can be calculated for all species captured by NGS. In **Figure 1**
298 and **S1**, we show the inferred concentrations of the most abundant species across all samples.
299 We imposed a 1% relative abundance threshold to limit the possible 0.5 IC error described in
300 **Figure 4b**. This relative abundance cut-off results in abrupt appearance and disappearance of
301 organisms. Although we cannot validate our projections for species outside of the seven key
302 bacterial species for which we have targeted qPCR assays, inferred concentrations have the
303 potential to describe the kinetics of relevant species present at moderate to high concentrations
304 during bacterial shifts in the microbiome.

305 We carried out complete linkage hierarchical clustering based on Euclidean distance by
306 inferred concentration and relative abundance for the 20 most abundant species of the data set
307 (**Figure S4**). The resulting dendrograms showed general agreement, with an entanglement
308 coefficient of 0.12. Both techniques identified two clusters defined by high concentration *G.*
309 *vaginalis* and high diversity versus *Lactobacillus* predominance (27).

310 Discussion

311 An ideal assay that characterizes bacterial communities in an ecological niche would capture
312 several metrics including species composition, diversity, and quantity as reflected by absolute
313 concentration of all species present. Broad-range PCR of phylogenetically informative genes
314 followed by NGS is the most commonly used approach and captures the first two metrics.
315 However, because total bacterial levels may shift dramatically over narrow time intervals, relative
316 abundance measures by NGS do not reflect absolute concentration. While it is possible to
317 circumvent this issue with targeted (taxon specific) qPCR, these assays are expensive, time
318 consuming and only available in specialized laboratories. Invariably, the absolute concentration
319 of many relevant species is left unmeasured due to these constraints.

320 This measurement gap is of high relevance to clinical studies of the human microbiome in which
321 total bacterial load may not be stable. It is biologically plausible that the absolute levels of critical
322 species are more predictive of health and disease states than relative levels, as is the case with
323 classical single pathogen infectious diseases. Moreover, serial measurements of absolute levels
324 are necessary to fully capture non-linear microbial dynamic changes which relate to inter-species
325 competition for limited resources.

326 Using a large longitudinal dataset of the vaginal microbiome notable for frequent changes
327 between low and high diversity states, we demonstrate that the absolute concentration of a
328 given species can be inferred by multiplying the total bacterial quantity by its relative abundance
329 as measured by NGS. Given that quantitating total bacterial load is affordable and available to
330 many laboratories, this simple approach may allow estimation of absolute concentration without

331 needing to perform qPCR on all samples.

332 Our technique is remarkably predictive of absolute concentration with certain key exceptions.
333 Species such as BVAB2 and *Megasphaera* which were often present at low absolute
334 concentration were notable for high precision but slight inaccuracy: inferred concentration
335 consistently slightly overestimated the abundance for these species. This result highlights that
336 individual comparisons between inferred and absolute concentration must be performed for all
337 species of interest. Other than in an exploratory fashion, we do not advocate the use of inferred
338 concentration for species which have not been validated in depth with targeted qPCR assays and
339 compared to absolute concentration.

340 Second, our approach has a very high IC error rate when relative abundance is low, or zero. In
341 our qPCR dataset low level colonization of certain species often precedes a surge in levels prior
342 to this species predominating. Because qPCR is more sensitive than NGS for low amounts of
343 bacterial DNA, and because inferred concentration relies on NGS, inferred concentration will
344 often miss persistent low-level colonization, as well as the critical early growth phase or late
345 contraction phase of relevant species. Despite this fact, inferred concentration performs
346 remarkably well at estimating growth and decay rates at the single species level, provided these
347 rates are estimated based on positive sequential samples. One might be able to improve accuracy
348 of the inferred concentrations by increasing sequencing depth or improving the accuracy of
349 measurements of the total bacterial load.

350 A final issue not addressed by our technique is the limitation inherent to comparing bacterial
351 quantities between species using qPCR based on differing amplification efficiencies of different

352 assays. This variability may arise from different bacterial targets having varying GC content,
353 secondary structures and amplification product size. In this sense, absolute concentration by
354 qPCR may not be a perfect gold standard for comparing inferred concentration.

355 In summary, we developed and validated a simple, user-friendly method to estimate absolute
356 species abundance in complex polymicrobial communities. This method is best employed when
357 species are present at >10% relative abundance and must be validated for each species of
358 interest. Ultimately, inferred concentration of one or several species may serve as a more
359 predictive variable of disease association, compared to relative abundance, and may advance our
360 understanding of how specific environmental and host factors influence microbial
361 concentrations.

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365 **Author Contributions**

366 J.T.S, S.S. and D.N.F conceived and designed the experiments. A.L. performed the experiments.
367 N.G.H. managed the NGS bioinformatic pipeline. S.P. managed data integration and contributed
368 to figure generation. J.T.S. and F.A.T.B. conceived the idea of inferred concentration. F.A.T.B
369 completed the analysis, contributed to figure generation and wrote the manuscript.

370 **Competing Interests**

371 The authors declare no competing interests.

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Participant 18

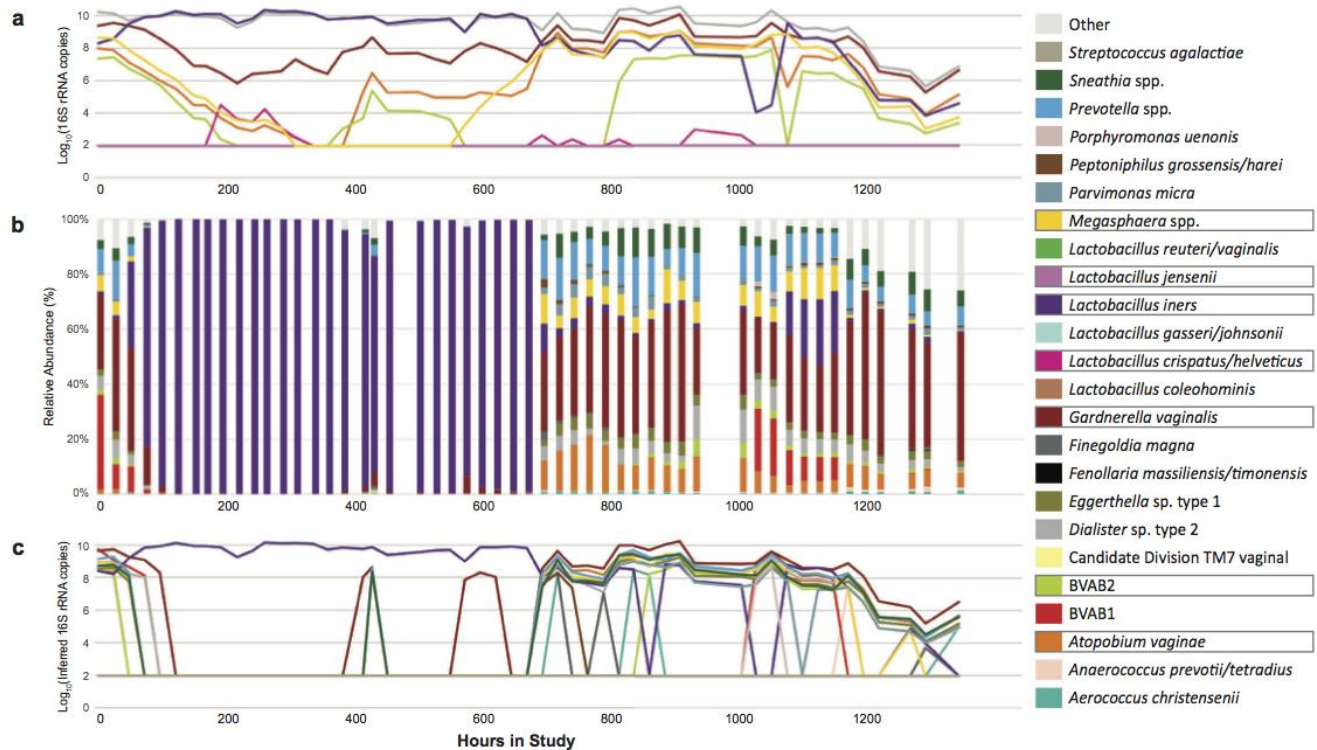


Figure 1. Complex bacterial kinetics in the vaginal niche in one representative study

participant. Daily samples from a woman, Participant 18, who performed self-swabbing of the vagina were analyzed by: **a)** targeted qPCR of seven specific species, **b)** high throughput sequencing using 16S rRNA and **c)** inferred concentration for species with relative abundance above 1%. qPCR allows measures of absolute concentration, whereas broad range PCR with sequencing provides a measure of bacterial diversity in a given sample. Targeted qPCR often detects shifts in single species prior to NGS. Inferred concentration follows qPCR more closely than relative abundance does and may project concentration of species for which targeted qPCR assays are not available.

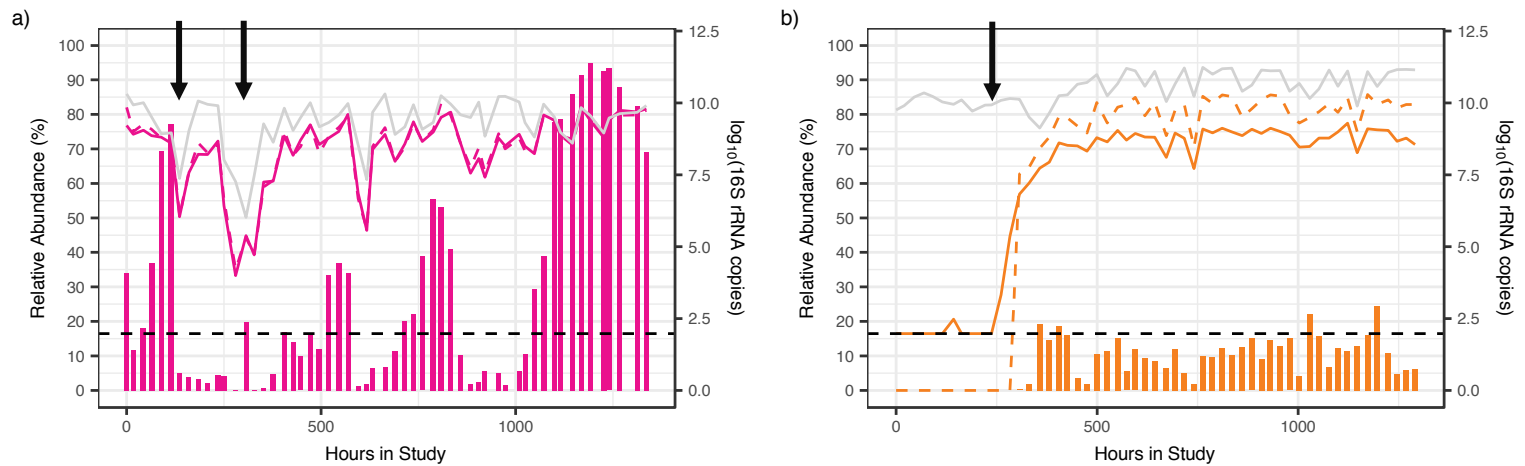


Figure 2. Relative abundances estimates can misrepresent actual concentrations due to shifts in total bacterial load. Examples of species-specific profiles in two participants for two different species **a)** *L. crispatus*, Participant 06 and **b)** *Megasphaera*, Participant 17. Vertical bars show relative abundance (%; left-y-axis), solid lines are absolute concentrations measured by qPCR and grey line is total bacterial load, dashed lines are inferred concentrations (all right y-axis). The dashed black line indicates detection threshold for qPCR data (93.8 16S rRNA copies). Arrows indicate timepoints when relative abundance changes are discordant from absolute concentration changes, which often occur when bacterial loads shift dramatically, or relative abundance is low. Examples for the remaining species can be found in **Fig S2**.

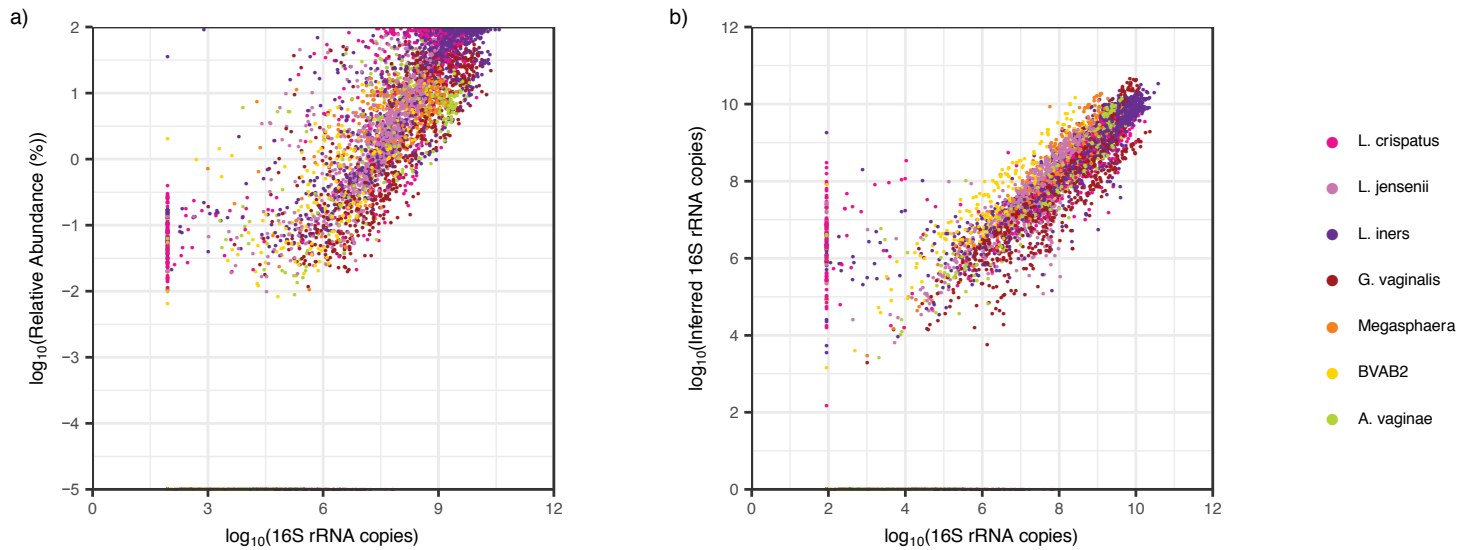


Figure 3. Inferred concentration correlates more strongly with absolute concentration than relative abundance. a) Scatter plot of relative abundance vs absolute concentration. Pearson correlation coefficient (pcc), r is 0.936, $P < 2.2e-16$. **b)** Scatter plot of inferred concentration vs absolute concentration. Both axes are plotted on a logarithmic scale. Pearson correlation coefficient (pcc), r is 0.935, $P < 2.2e-16$. Samples which were negative by NGS but not by targeted qPCR are plotted on the x-axis while samples negative by targeted qPCR but positive by NGS are listed on the reported threshold for targeted qPCR ($\log_{10}(93.8)$ 16S rRNA gene copies). Relative abundances and inferred concentrations were generally falsely negative at low absolute concentrations. Variance in the relationship between absolute concentration and relative abundance is inversely proportional to species concentrations (Breusch-Pagan test, $P = 2e-3$). Whereas this relationship was not statistically significant between absolute concentration and inferred abundance (Breusch-Pagan test, $P = 0.06$).

Species	PCC Relative Abundance	PCC Inferred Abundance
Megasphaera	0.969	0.978
BVAB2	0.942	0.952
Lactobacillus crispatus	0.941	0.920
Atopobium vaginae	0.911	0.916
Lactobacillus jensenii	0.908	0.911
Gardnerella vaginalis	0.881	0.890
Lactobacillus iners	0.863	0.872

Table 1. Pearson correlation coefficients of single species between absolute concentration versus relative abundance and inferred concentration.

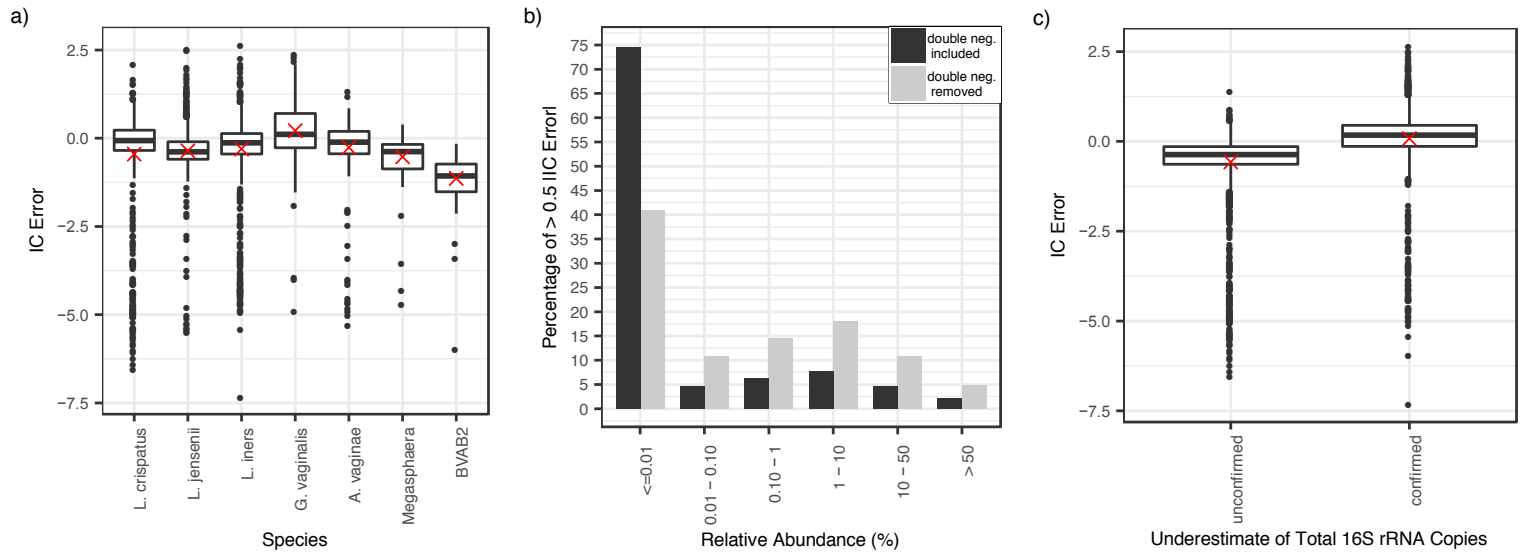


Figure 4. Low relative bacterial abundance is the major predictor of IC error for inferred concentrations compared to absolute concentrations. a) Boxplots displaying IC error (equation 2), with zero inferred concentrations removed, indicate low IC error rates overall. Inferred values are consistent overestimates for BVAB2 and *Megasphaera* spp. Boxes are the interquartile range; whiskers are 1.5x the IQR and dots are samples outside of this range; red crosses are mean. **b)** Bar-chart of incidence of >0.5 IC error by relative abundance group. Black is inclusive of double-negatives (0 inferred concentration and threshold absolute concentration): 93% of >0.5 IC errors are accounted for by relative abundances <10% (85% by relative abundances <1%). In grey, concurrent negative samples are removed: 84% of >0.5 IC errors are accounted for by relative abundances <10% (66% by relative abundances <1%). **c)** Boxplots displaying IC error for samples with unconfirmed and confirmed underestimates of total bacterial load by broad range qPCR assay (samples where BR16S is lower than the sum of concentrations of the seven targeted species). Data points with zero inferred concentration were removed. Samples with underestimates of total bacterial load overestimate concentration more than other samples. Overall however, the range of IC error is comparable between both groups. Boxes are the interquartile range; whiskers are 1.5x the IQR and dots are samples outside of this range; crosses are mean.

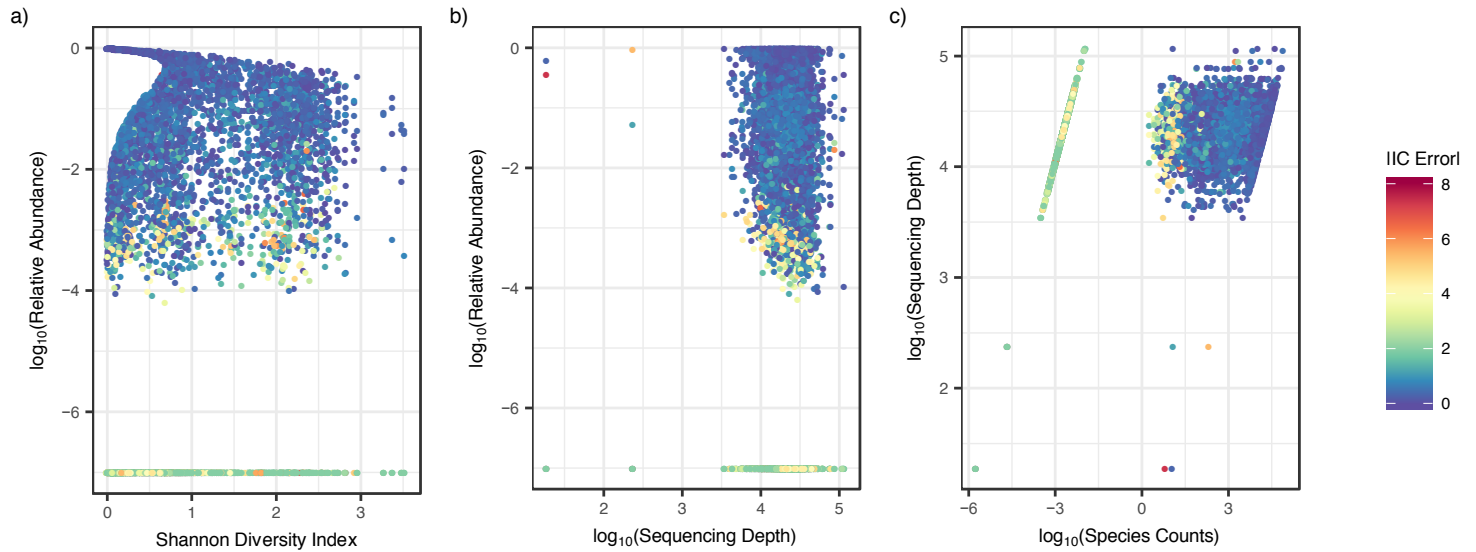


Figure 5. Sample diversity, sequencing depth and species counts do not impact IC error of inferred concentration. Scatter-plots color-coded by IC error. Each dot is a sample for a specific species from a single participant. **a)** Relative abundance versus Shannon diversity index. High IC error predominately occurred at low relative abundance but across both low and high diversity samples. **b)** Relative abundance versus sequencing depth. High IC error predominately occurred at low relative abundance but across various levels of sequencing depth. **c)** Sequencing depth vs species counts. High IC error occurred at species counts below 100, although >0.5 IC error is observed across all species counts.

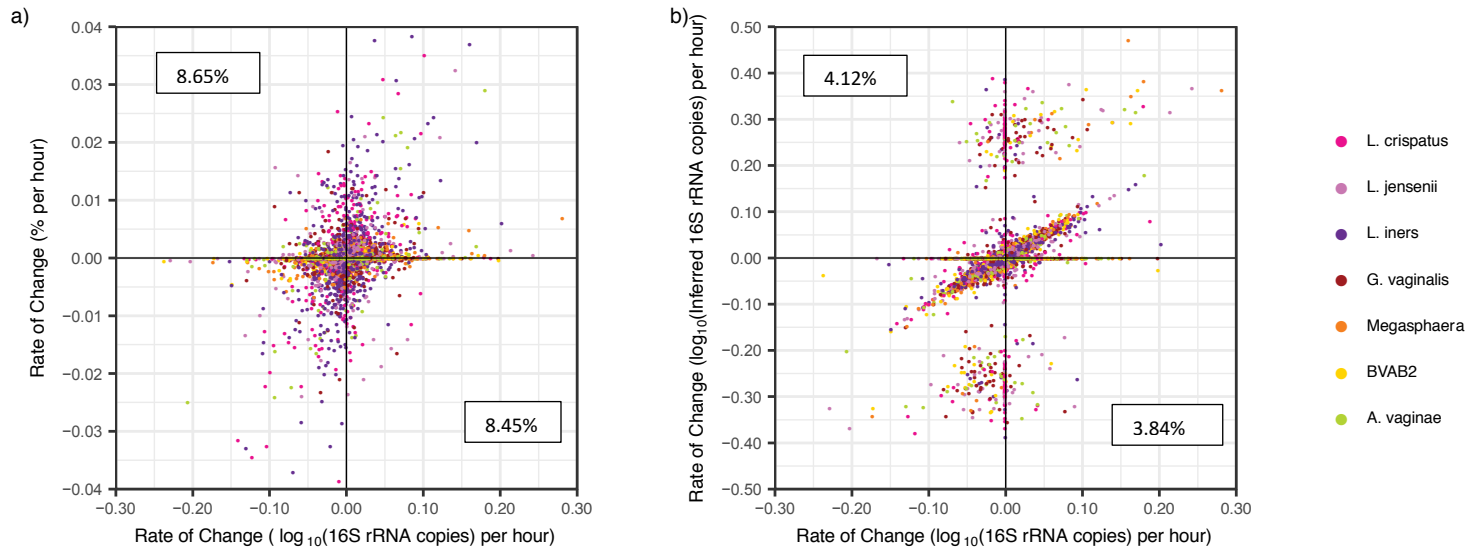


Figure 6. Inferred concentrations allow somewhat accurate inference of kinetic changes between two sequential samples. **a)** Scatter plot of change in relative abundance vs change absolute concentration shows poor correlation. Pearson correlation coefficient (pcc), r is 0.271 ($P < 2.2 \times 10^{-16}$). A high percentage of observed changes in relative abundance are in the opposite direction as those in absolute concentration (left upper and right lower error quadrants marked with percentages) **b)** Scatter plot of inferred concentration vs absolute concentration shows improved correlation. Both axes are plotted on a logarithmic scale. Pearson correlation coefficient (pcc), r is 0.392 ($P < 2.2 \times 10^{-16}$). Percentages correspond to the number of data points which fall within the error quadrants and are lower than for relative abundance. Inferred values misreport direction of kinetics less frequently.

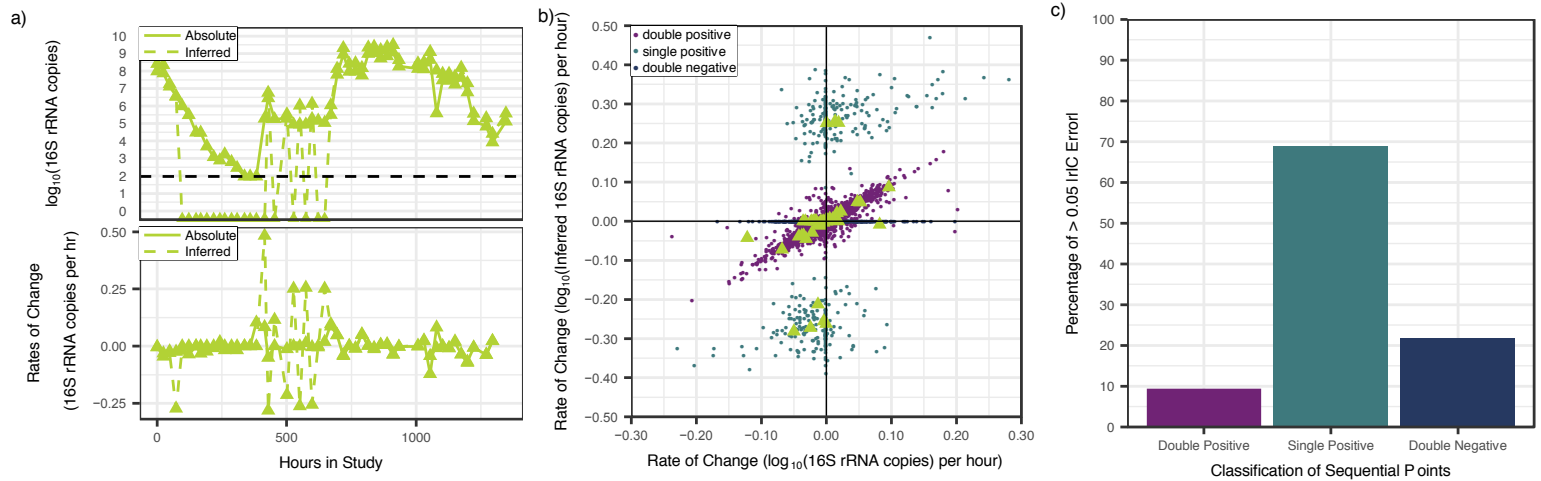


Figure 7. Inferred concentration measures allow accurate inference of kinetic changes between two sequential non-negative samples. a) Top: Levels of *A. vaginae* over time in a single participant (dotted is inferred and solid is absolute concentration); bottom: rate of change in levels of *A. vaginae* over time in the same participant (dotted is inferred and solid absolute concentration); divergence in swab to swab levels between inferred and absolute concentrations varies only when inferred concentration is zero in one of the sequential samples. **b)** Scatter plot of rate of change of inferred concentration as predicted by NGS vs qPCR observed values. Both axes are plotted on a logarithmic scale. Data is the same as in **Fig 6 a** and **b**. Triangles correspond to panel **c**. Points are colored according to whether consecutive samples were double positive (both >0 inferred concentration), single positive (one >0 and one 0 inferred concentration) or double negative (both 0 inferred concentration). Data points in which both samples are positive (no zeroes) are much more highly correlated (r is 0.876, $P < 2.2e-16$). **c)** A majority of rIC errors > 0.05 occur during transitions between positive and negative samples (one zero).