Dysregulation of M segment gene expression contributes to influenza A virus host

restriction

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Abstract

The M segment of the 2009 pandemic influenza A virus (IAV) has been implicated in its emergence into human populations. To elucidate the genetic contributions of the M segment to host adaptation, and the underlying mechanisms, we examined a panel of isogenic viruses that carry avian- or human-derived M segments. Avian, but not human, M segments restricted viral growth and transmission in mammalian model systems, and the restricted growth correlated with increased expression of M2 relative to M1. M2 over-expression was associated with intracellular accumulation of autophagosomes, which was alleviated by interference of the viral proton channel activity by amantadine treatment. As M1 and M2 are expressed from the M mRNA through alternative splicing, we separated synonymous and non-synonymous changes that differentiate human and avian M segments and found that dysregulation of gene expression leading to M2 over-expression diminished replication, irrespective of amino acid composition of M1 or M2. Moreover, in spite of efficient replication, virus possessing a human M segment that expressed avian M2 protein at low level did not transmit efficiently. We conclude that (i) determinants of transmission reside in the IAV M2 protein, and that (ii) control of M segment gene expression is a critical aspect of IAV host adaptation needed to prevent M2-mediated dysregulation of vesicular homeostasis.

Author summary

Influenza A virus (IAV) pandemics arise when a virus adapted to a non-human host overcomes species barriers to successfully infect humans and sustain human-to-human transmission. To gauge the adaptive potential and therefore pandemic risk posed by a particular IAV, it is critical to understand the mechanisms underlying viral adaptation to human hosts. Here, we focused on the role of one of IAV's eight gene segments, the M segment, in host adaptation. Comparing the growth of IAVs with avian and human derived M segments in avian and mammalian systems revealed that the avian M segment restricts viral growth specifically in mammalian cells. We

show that the mechanism underlying this host range phenotype is a dysregulation of viral gene

expression when the avian IAV M segment is transcribed in mammalian cells. In particular,

excess production of the M2 protein results in viral interference with cellular functions on which

the virus relies. Our results therefore reveal that the use of cellular machinery to control viral

gene expression leaves the virus vulnerable to over- or under-production of critical viral gene

products in a new host species.

Introduction

Influenza A virus (IAV) epidemics and pandemics result in widespread and often severe disease [1-3], as well as considerable societal economic costs [4]. IAV lineages endemic in humans are ultimately derived from those circulating in wild waterfowl. Sporadic transmission of IAV from avian reservoirs to humans occurs, mainly through domesticated intermediate hosts such as chickens and pigs [5]. For example, infection of humans with H7N9 and H5N1 subtype IAVs occurs through direct exposure to infected poultry. Although they often cause severe disease, these zoonotic cases have not led to sustained onward transmission to date and have therefore not caused a pandemic. Despite abundant circulation of IAVs at the animal-human interface, pandemics occur only rarely owing to the host specificity of IAV infection. As with all viruses, IAV must exploit host cell functions and overcome antiviral barriers to execute its life cycle. Viral replication in a new host species therefore requires adaptation to re-establish virus-host interactions broken by species-specific features of host cellular processes. IAV can undergo such adaptation through reassortment of intact gene segments between avian IAVs and those already adapted to mammals or through more incremental changes brought about by polymerase error [6]. With the goal of anticipating and mitigating IAV emergence in humans, it is essential to understand the species-specific barriers to infection and the mechanisms by which IAV evolution allows these impediments to be overcome.

Changes to viral receptor specificity and polymerase function necessary to overcome host species barriers have been well documented [7-11], but it is clear that additional features of avian IAVs restrict their growth in mammalian systems [12-14]. A potential role for the M segment was suggested by the *in silico* identification of positive selection acting on the M segment of the Eurasian avian-like swine lineage, following transfer of this IAV from birds to swine [15]. In addition, we and others have shown that the M segment of the 2009 pandemic H1N1 (pH1N1) strain carries determinants of transmissibility, suggesting that adaptation of this segment to humans contributed to the emergence of the pH1N1 lineage [16-20]. The

mechanistic basis for this contribution; the specific roles, if any, of M1 and M2 proteins to host

range; and whether the M segment plays a broader role in IAV host adaptation, remain unclear.

The M segment of IAV encodes the M1 matrix and the M2 proton channel proteins via

alternative splicing (**Suppl. Figure 1)** [21, 22]. M1 forms a structural layer under the viral

envelope and is a major determinant of virion morphology [16, 18, 23, 24]. Upon endocytosis of

virus particles into cells, low pH and high [K+] trigger a conformational change in M1 required

for release of viral ribonucleoprotein (vRNP) complexes into the cytoplasm [25]. M1 is also

critical for the transport of newly replicated vRNPs from the nucleus to the cytoplasm [26-29]. At

late stages of infection, cytoplasmic M1 is thought to recruit vRNP complexes to the budding

site [30-32].

M2 is a transmembrane protein that tetramerizes to form a proton channel. Within the envelope

of incoming virions, this channel allows diffusion of protons into the virion core, thereby

triggering the release of vRNPs from M1 [33-36]. M2 also plays an important role in the final

stages of virion morphogenesis, mediating ESCRT-independent membrane scission [37].

Importantly for the findings reported herein, multiple groups have reported that M2 blocks the

fusion of autophagosomes with lysosomes [38-40]. Under normal conditions, this fusion event

allows degradation and recycling of organelles and protein aggregates contained within

autophagosomes [41], and is thus important for cellular homeostasis. M2-mediated interference

with autolysosome formation therefore stalls autophagic flux and leads to the accumulation of

autophagosomes within the cell [38-40].

Many elegant molecular virological studies have revealed that viral strategies for regulating

gene expression are central to orchestration of the viral life cycle [42-45]. Here, we report that

regulation of M2 expression of IAV is an important determinant of host range. In particular, our

data show that the expression of M1 and M2 from alternatively spliced M segment mRNAs is

dysregulated when an avian IAV replicates in mammalian cells, and that the resultant over-

expression of the M2 proton channel attenuates viral growth by disrupting the cellular autophagy

pathway. The observed block in autophagy is consistent with that reported previously for lab-

adapted strains of IAV [38-40]. Importantly, however, we see that lab-adapted IAVs express M2

at high levels, comparable to those seen for avian IAV M segments in mammalian cells. In

contrast, IAVs carrying M segments well adapted to mammalian systems express relatively little

M2 and do not trigger the accumulation of autophagosomes to the same extent as avian-origin

and lab-adapted strains. These findings suggest that IAV-induced stalling of autophagic

turnover is a result of aberrantly high M2 expression upon infection of mammalian cells with

avian IAVs, and which is overcome in human-adapted influenza A lineages. Critically, the

mechanism leading to this host-restricted phenotype occurs at the level of gene expression and

is driven by host specific differences in nucleic acid sequence, not amino acid changes. This

mechanism constitutes a novel paradigm in RNA virus host adaptation, and reveals a novel

species barrier for IAV, which may be highly relevant for the emergence of avian IAVs into

humans.

Results

Generation of isogenic IAVs differing only in the M segment

To assess the contribution of the M segment to host adaptation, we generated a panel of IAVs

possessing human- or avian-adapted M segments in the A/Puerto Rico/8/34 (H1N1) [PR8]

background (**Table 1; Figure 1A; Suppl. Figure 1B, C, D**). The M segments used were

selected with the aims of representing circulating human IAVs and capturing the breadth of

diversity of M segment sequences present in wild waterfowl. In addition to three wild-type avian

M segments, we included in our panel a mutant of the dk/Alb/76 M segment that carries a

uniquely identified mutation in M2 (S89). Reversion of this unique amino acid residue to glycine

yields an M2 protein matching the consensus amino acid sequence of IAVs in wild bird

reservoirs. The human-adapted M segment analyzed most extensively herein is that of the

pandemic A/NL/602/09 (H1N1) strain [NL/09].

Table 1. Origin of IAV M segments used in study

Strain	Abbreviation	% Nucleotide identity to avian H1N1 subtype consensus	% M1 Amino acid identity to avian consensus (no. of a.a. differences)	% M2 Amino acid identity to avian consensus (no. of a.a. differences)
A/NL/602/2009 (H1N1)	NL/09	91.7	96.4 (9)	92.8 (7)
A/Panama/2007/99 (H3N2)	Pan/99	91.0	95.6 (11)	85.6 (14)
A/Bethesda/55/2015 (H3N2)	Beth/15	90.5	95.6 (11)	83.5 (16)
A/mallard/MN/19906/99 (H3N8)	Ma/MN/99	98.9	100	97.9 (2)
A/rhea/North Carolina/39482/93 (H7N1)	Rh/NC/93	98.7	100	100
A/duck/Alberta/35/76 (H1N1)	Dk/Alb/76	96.6	100	99 (1)
A/duck/Alberta/35/76 (H1N1) M2 89G	Dk/Alb/76 89G	96.7	100	100

a.a.: Amino acid residue.

IAV M segments of avian origin confer a host-restricted phenotype

The relative fitness of PR8-based viruses carrying M segments from the human-adapted NL/09

virus or from avian IAVs was evaluated in three avian substrates: embryonated chicken's eggs

(ECE), chicken origin DF-1 cells, and quail origin QT-6 cells. When grown from low multiplicities

of infection (MOI) in each of ECE and DF-1 cell substrates, all viruses exhibited similar kinetics

and reached comparable titers (**Figure 1B and 1C**). Also, under high MOI growth conditions in

DF-1 and QT-6 cells, the phenotypes of the PR8 NL/09 M and PR8 avian M viruses were similar

(**Figure 1D and 1E)**. At no time did the NL/09 M-encoding virus grow to significantly higher titers

than the avian M-encoding viruses in avian host substrates. In contrast, in mammalian cells,

human-adapted IAV M segments were found to support improved growth relative to avian-

adapted M segments. Viral growth was monitored from low and high MOI in human A549 cells

and canine MDCK cells (**Figure 2**), and additionally from high MOI in 293T cells (**Suppl. Figure**

2A). In each case, PR8-based viruses carrying the NL/09 M segment grew with more rapid

kinetics and to higher titers than isogenic viruses carrying avian M segments, although the

differences in growth from low MOI did not reach statistical significance. To extend our findings

to an independent human lineage of IAV, we evaluated the growth from high MOI in A549 cells

of PR8 Pan/99 M and PR8 Beth/15 M viruses, each of which have an M segment derived from

the human seasonal H3N2 lineage (**Suppl. Figure 1C, D**). We found that both of these human-

adapted M segments supported significantly faster kinetics and higher magnitude of growth than

the dkAlb76 (89G) M segment (**Suppl. Figure 2B**). Thus, results from multiple different avian

and mammalian culture systems reveal defects in the kinetics and magnitude of viral growth

associated with avian IAV M segments specifically in mammalian host cells, and provide

evidence of the acquisition of adaptive changes in the M segment of pH1N1 and H3N2 human

influenza A lineages.

Avian IAV M segments confer lower viral infectivity, growth and transmission than NL/09

M segment in a guinea pig model

To evaluate the impact of M segment host adaptation on viral phenotypes in an intact host, we

evaluated the PR8 NL/09 M virus and the four PR8-based viruses carrying avian M segments in

a guinea pig model [46, 47]. A low inoculation dose of 10 PFU per animal was used to maximize

the sensitivity of the system. Each inoculated animal was co-caged with a naïve guinea pig at

24 h post-inoculation and viral infectivity, magnitude and kinetics of growth, and transmission

were monitored by collecting nasal lavage samples every other day. Among those animals that

were productively infected, total virus sampled in nasal washes over the course of infection was

evaluated by calculating the area under the shedding curves shown in **Figure 3A**. Area under

the curve values did not differ significantly among the four viruses with avian M segments, but

were significantly higher for PR8 NL/09 M virus (**Figure 3A**). As shown in **Figure 3B**, fewer

guinea pigs were productively infected with 10 PFU when the inoculating virus carried an avian

M segment. Differences in the kinetics of viral growth were determined by assessing changes in

growth over time using repeated measures ANOVA (**Suppl. Figure 3**). Each virus encoding an

avian host derived M segment replicated with significantly slower kinetics than the PR8 NL09 M

virus.

The efficiency of transmission was assessed by calculating the proportion of contact animals

that contracted infection, considering only cages in which donor guinea pigs were productively

infected through intranasal inoculation. While transmission occurred in 7/9 instances for PR8

NL/09 M virus, a significantly lower proportion of animals (1/20; $p<0.0001$) were infected with a

virus carrying an avian M segment transmitted from her cage mate (**Figure 3B**). Thus, data from

a mammalian animal model reveal defects in infectivity, growth and transmission associated

with avian IAV M segments. Our results suggest the acquisition of adaptive changes in the M

segment of pH1N1 human IAV since its introduction from the avian reservoir into mammals.

The M2 proton channel is aberrantly over-expressed from avian IAV M segments in

mammalian cells

To investigate the mechanism underlying the host restricted phenotypes conferred by avian-

adapted M segments, the steady state levels of the M1 and M2 proteins were evaluated in

human A549 and avian DF-1 cells infected at high MOI. Western blotting with the monoclonal

antibody E10, which recognizes the shared N-terminus of M1 and M2, was used to monitor

levels of both proteins concurrently.

In the avian cell line, the PR8 NL/09 M virus expressed lower levels of M2 than M1 (**Figure 4A**).

When M1 and M2 levels were normalized to those of vinculin and the relative levels of M1 and

M2 calculated, the NL/09 M2 protein comprised <10% of the total M segment derived protein

expression. Very similar results were seen for four PR8-based viruses carrying avian M

segments grown in DF-1 cells. In each case, M2 comprised <20% of the total M segment

derived protein, and in the case of three avian M segment-containing viruses (PR8 dkAlb76 M;

PR8 dkAlb76 M 89G; and PR8 rheaNC M), the levels of M1 and M2 proteins were not

significantly different from those expressed by the PR8 NL/09 M virus (**Figure 4B, 4C, 4D**).

In A549 cells, the PR8 NL/09 M virus expressed M2 at ~20% of the total M protein, similar to the

expression levels observed in infected DF-1 cells (**Figure 5A**). In contrast, avian M segments

yielded markedly higher levels of the M2 protein than were observed for the same viruses grown

in avian cells. Here, M2 levels were approximately equal to those of M1 (**Figure 5B, 5C, 5D**).

Moreover, when compared to the NL/09 M segment in human cells, levels of M2 protein were

significantly higher for avian M segments (P<0.0001) (**Figure 5C, 5D**). Thus, compared to

matched virus-host pairings in both human and avian systems, M2 was markedly over-

expressed when avian-adapted M segments were introduced into human cells.

Over-expression of M2 protein in mammalian cells corresponds to increased levels of the

M2 mRNA (mRNA 10)

The M segment vRNA is transcribed by the viral polymerase to give rise to a co-linear mRNA

(mRNA$_7$), which can be spliced by cellular splicing factors to yield mRNA$_{10}$ or mRNA$_{11}$ [48, 49].

The M1 protein is translated from the unspliced mRNA$_7$, while M2 is expressed from the spliced

mRNA$_{10}$. To date, no polypeptide corresponding to the short mRNA$_{11}$ ORF has been identified.

Aberrantly high levels of IAV mRNA$_{10}$ in mammalian cells have been previously reported for the

avian IAV, fowl plague virus [50, 51]. We therefore hypothesized that the high expression levels

of M2 protein, observed for avian adapted M segments in human cells, was due to increased

splicing of mRNA$_7$ to yield excessive mRNA$_{10}$. We used a primer extension assay to quantify the

levels of each M segment-derived mRNA species in DF-1 and A549 cells infected with either

PR8 NL/09 M virus or one of four viruses carrying an avian-adapted M segment.

As expected, based on the levels of the encoded proteins, mRNA$_{10}$ was of low abundance

compared to mRNA$_7$ for all viruses in DF-1 cells (**Figure 6A**). Quantification of band intensities

revealed that, in DF-1 cells infected with PR8 NL/09 M virus, mRNA$_7$ comprised ~75%, while

mRNA$_{10}$ comprised ~5% of the total M segment derived mRNA (**Figure 6B**). For three avian M

viruses (PR8 dkAlb76 M; PR8 dkAlb76 M 89G; and PR8 rheaNC93 M), relative levels of mRNA$_7$

were ~70-75% and were not significantly different from those of PR8 NL/09 M virus (**Figure 6B**).

For all viruses, mRNA$_{10}$ was expressed at low levels (10-40% of total segment 7 mRNA), and in

the case of two avian M segment-containing viruses (PR8 dkAlb76 M; PR8 dkAlb76 M 89G), the

levels of $mRNA_{10}$ were not significantly different from those expressed by the PR8 NL/09 M

virus (**Figure 6C**). $mRNA_{11}$ was expressed in each infection at approximately 20% of the total M

segment derived mRNA, and the relative level did not differ significantly with any virus (**Figure**

6D). Overall, the relative levels of each of the three mRNA species were similar when

synthesized from avian- or human-origin encoded M segments in DF-1 cells, correlating with

western blot data on M segment protein expression in these cells.

In A549 cells, the PR8 NL/09 M virus showed relatively high abundance of $mRNA_7$ and low

abundance of $mRNA_{10}$, as was seen in DF-1 cells (**Figure 7A**). By contrast, for viruses carrying

avian adapted M segments, $mRNA_{10}$ levels exceeded those of $mRNA_7$ in this human cell line

(**Figure 7B, 7C**). Again, no significant differences in relative $mRNA_{11}$ levels among the viruses

were noted (**Figure 7D**) suggesting that changes in splicing to produce $mRNA_{11}$ do not

contribute to changes in M segment mRNA and protein expression observed in A549 cells.

Overall, our data point to increased splicing to produce $mRNA_{10}$ as the underlying mechanism

leading to heightened M2 expression from avian M segments in A549 cells, and suggest that

cis-acting signals present on the M segment are responsible for driving the disparate M2

expression levels.

M2 expressed from avian M segments localizes in perinuclear puncta

To gain initial insight into the phenotypic consequences of M2 overexpression, we examined the

subcellular localization of M2 in A549 cells infected with PR8 NL/09 M virus or one of four PR8-

based viruses with avian M segments. At 8 hours-post-infection (hpi) in PR8 NL/09 M virus-

infected cells, M2 showed mainly dispersed cytoplasmic staining, along with weak cytoplasmic

membrane localization and some perinuclear accumulation. By contrast, in cells infected with

viruses that encoded any of the four avian origin M segments, we noted more abundant M2

protein staining localized at the plasma membrane, and in large puncta near the cell nucleus

(**Figure 8A, 8B**). Similar data were obtained from virus-infected 293T cells at 8 hpi (**Figure 8C,**

8D) and from both human cell lines at 12 hpi (**Suppl. Figure 6**). This staining pattern, along with

data in previously published studies [38-40], prompted us to investigate whether highly

expressed M2 protein was interacting with the cellular autophagy pathway.

Human cells exhibit increased LC3B II levels when infected with IAV carrying avian M

segments

An interaction between the IAV M2 protein and the cellular autophagy pathway has been

reported previously [38-40]. To test whether M2 expression from avian vs. human M segments

has differential effects on autophagy, we first evaluated the level of LC3B lipidation in PR8

NL/09 M- and PR8 avian M-infected cells. Upon activation of the autophagy pathway, LC3B is

modified through the addition of phosphotidylethanolamine [52, 53]. This lipidated form is called

LC3B II and it remains associated with the membranes of maturing and mature

autophagosomes. Thus, increased levels of LC3B II in the cell are indicative of autophagosome

formation; however, under normal conditions LC3B I and II are cycled through an autophagic

flux which involves autophagosome maturation and degradation via fusion with lysosomes [54].

A block in this fusion event can therefore lead to accumulation of autophagosomes in the

cytoplasm and, consequently, accumulation of LC3B II in the cell.

Western blot analysis of LC3B revealed decreased LC3B I, and increased LC3B II protein levels

in virus-infected cells compared to mock, providing evidence of autophagy activation and/or

block during IAV infection of either avian or human cells (**Figure 4A, 4E, 4F; 5A, 5E, 5F**). In

avian DF-1 cells, levels of LC3B I were slightly decreased and levels of LC3B II were slightly

increased over mock, but LC3B I and LC3B II levels were generally comparable among human

M- and avian M-containing viruses (**Figure 4E, 4F**). Importantly, human A549 cells infected

with PR8 avian M-containing viruses consistently showed lower levels of LC3B I, and higher

levels of LC3B II than A549 cells infected with PR8 NL/09 M as well as other human M-

containing viruses (**Figure 5E, 5F).** Additionally, the same phenotypes were obtained from the

panel of viruses upon infection of human origin 293T cells (**Suppl. Figure 4A-4F**), or canine

origin MDCK cells (**Suppl. Figure 4G-4L**).

Taken together, these data reveal a correlation between levels of M2 expression and LC3B

lipidation (accumulation of LC3B II), suggesting that high levels of M2 present in PR8 avian M-

infected cells may be inducing an over-activation of autophagy, or a block in the turnover of

autophagosomes.

Infection of human cells with IAV carrying avian M segments triggers accumulation of

autophagosomes

To confirm that M2 protein was co-localizing with LC3-positive autophagic vesicles in

mammalian cells, we monitored sub-cellular localization of an overexpressed LC3B-GFP fusion

protein in infected cells. Human 293T cells were primarily used for this purpose as they

transduce well with GFP-LC3. Under normal conditions, LC3B-GFP can be seen throughout the

cell with a diffuse distribution (**Figure 9, row 1: mock infected cells**). Treatment with

chloroquine, an inhibitor of autophagy that decreases autophagosome-lysosome fusion, results

in the concentration of LC3B-GFP into punctate cytoplasmic structures (**Figure 9, row 7: CQ-**

treated cells). This relocalization is indicative of the accumulation of autophagosomes [55]. In

LC3B-GFP expressing 293T cells infected with PR8 NL/09 M virus, we observed a slight

increase in GFP-positive cytoplasmic puncta (**Figure 9, row 2: NL09 M infected cells**). In cells

infected with PR8 avian M-encoding viruses, by contrast, extensive accumulation was apparent,

with both the size and number of intracellular vesicles increased relative to PR8 NL/09 M

infection (**Figure 9, rows 3-6: Avian M infected cells**). In addition to these cytoplasmic puncta,

viruses with avian M segments were found to redirect a small proportion of LC3B-GFP to the

plasma membrane. Notably, the M2 protein co-localized with LC3B-GFP in PR8 avian M

infected cells, both in cytoplasmic puncta and at the plasma membrane. Similar phenotypes

were observed in virus-infected A549 cells, at 8 hpi **(Suppl. Figure 7)**. Overall, these results

suggest that expression of avian M2 protein at high levels interferes with the turnover of

autophagosomes and with the localization of LC3B-GFP. In addition, the results reveal a

reduction in the tight perinuclear localization of M2 upon LC3B overexpression.

As an additional test designed to differentiate autophagy induction from autophagy block in cells

infected with IAV carrying avian M segments, we used chloroquine treatment followed by

western blotting for LC3B I and LC3B II. We hypothesized that, if autophagic flux is blocked in

cells infected with PR8 avian M viruses, then treatment with chloroquine would not lead to a

further increase in LC3B II levels. Conversely, if virus infection of these cells induces autophagy,

then blocking their turnover with chloroquine would result in heightened LC3B II over mock

infected, chloroquine-treated cells. As shown in **Suppl. Figure 8A and 8C**, we observed a

significant difference in the activation of LC3B II following infection with human or avian M-

encoding viruses. This difference in LC3B II activation is lost in the presence of chloroquine.

Additionally, as we observed no change in LC3B II levels upon treatment of virus-infected cells

with chloroquine, relative to chloroquine-treated, mock infected cells, we conclude that the high

levels of IAV M2 protein expressed from avian M segments, but not human M segments,

precipitate a block in the autophagy pathway such that chloroquine treatment cannot bring

about further accumulation of autophagosomes.

Ion channel activity of IAV M2 contributes to LC3B II accumulation in A549 cells

To evaluate the contribution of IAV M2 ion channel activity to the observed stalling of autophagy

in PR8 avian M virus-infected cells, we inhibited channel activity with amantadine [56].

Amantadine was added at 1 hpi and the level of LC3B lipidation was assessed at 8 hpi in PR8

NL/09 M and PR8 avian M virus-infected A549 cells. The timing of amantadine addition was

designed to avoid disruption of the early function of M2 in delivery of the viral genome to the

cytoplasm, but allow inhibition of M2 activity in autophagosomes.

As noted above (**Figure 5; Suppl. Figure 4**), western blot analysis of LC3B revealed decreased

LC3B I and increased LC3B II upon infection of A549, 293T or MDCK cells, with avian or human

M-encoding IAV, with the effect being stronger for viruses possessing avian M segments.

Interestingly, addition of amantadine reversed the intracellular accumulation of LC3B II in both

human and Av M infected A549 cells (**Figure 10**). Quantitation of M segment-encoded proteins

by western blot showed no difference in the expression levels of M1 or M2 protein upon

treatment with amantadine (**Figure 10 A, 10B, 10C, 10D**), but revealed a statistically significant

increase in LC3B I (**Figure 10E**) and decrease in LC3B II (**Figure 10F**) to levels comparable to

mock infected cells.

To ensure that the amantadine was working to prevent LC3B II accumulation through inhibition

of M2 ion channel activity, we assessed the impact of amantadine treatment on the inhibition of

phagosome-lysosome fusion by chloroquine. Amantadine had no impact on LC3B II

accumulation in the absence of M2 protein (**Figure 10G-I**), indicating that the mechanism of

amantadine block of autophagosome accumulation was specifically mediated through

interference with M2 function.

As a complementary approach to monitor the effects of amantadine, we again used

overexpressed LC3B-GFP fusion protein in infected 293T cells at 12 hpi. Using confocal

microscopy, we tracked LC3B-GFP localization in the presence and absence of the ion channel

blocker. In line with the western blot analyses obtained in A549 cells, we saw that amantadine

reduced the accumulation of LC3B-GFP within cytoplasmic puncta and at the plasma

membrane of infected cells (**Figure 11**). Of note, amantadine treatment did not alter levels or

localization of M2 protein and, moreover, had no detectable effect on LC3B-GFP appearance in

chloroquine-treated cells (**Figure 11**).

Overall, our results indicate that the intracellular ion channel activity of IAV M2 protein is

necessary to mediate the observed block in autophagy, and that addition of amantadine can

reverse the autophagic phenotypes induced by both human and avian M-encoding IAVs.

Improved viral growth in the presence of amantadine implicates autophagy block in viral growth restriction

To test for a causal link between the observed block in autophagy and the restriction of growth seen for PR8 avian M-encoding viruses in mammalian cells, we monitored the effect on viral growth of relieving the autophagy block with amantadine treatment. Specifically, we evaluated single cycle growth in A549 cells using PR8 NL/09 M and PR8 dkAlb76 M 89G viruses. Amantadine was again added at 1 hpi to avoid disruption of the earliest steps of the viral life cycle. While amantadine had no effect on growth of the PR8 NL/09 M virus (P=0.271), a modest but consistent increase in the titer of PR8 dkAlb76 M 89G virus was noted throughout the time course (P=0.0007) (**Figure 12**). This result indicates that M2 ion channel-induced disruption of vesicular homeostasis contributes to the host restriction conferred by avian IAV M segments.

Viral growth restriction and autophagy block are linked to M2 expression levels, not amino acid sequence

To determine whether the observed effects of avian-origin M segments on the viral life cycle and the autophagy pathway are attributable to avian-adapted amino acid sequences or rather to the over-expression of the viral proton channel, we generated a series of chimeric M segments in which the coding changes found in the NL/09 M segment were transferred to an avian adapted RNA background, and vice versa. We introduced all 16 coding changes into M1 and M2 simultaneously, or introduced only the nine or seven changes into M1 or M2, respectively. The genotypes of this panel of six chimeric viruses are outlined in **Table 2** and **Suppl. Figure 9**.

Table 2. Genotypes of avian-human chimeric M segments

	Nucleic acid background	M1 amino acid sequence	M2 amino acid sequence
NL M 16mut	NL/09 M	Avian consensus M1	Avian consensus M2
NL M 9mut	NL/09 M	Avian consensus M1	NL/09 M2

NL M 7mut	NL/09 M	NL/09 M1	Avian consensus M2
Av M 16mut	Dk Alb 76 M 89G	NL/09 M1	NL/09 M2
Av M 9mut	Dk Alb 76 M 89G	NL/09 M1	Avian consensus M2
Av M 7mut	Dk Alb 76 M 89G	Avian consensus M1	NL/09 M2

Western blot analysis of M1 and M2 proteins expressed from these six chimeric M segments in

infected A549 cells is shown in **Figure 13A**. Among the viruses with the NL/09 M nucleic acid

background, the PR8 NL M 16mut and PR8 NL M 9mut viruses both showed increased levels of

M2 relative to the PR8 NL/09 M virus control, indicating that all or some of the coding changes

introduced into the M1 ORF impact regulation of M2 gene expression. The PR8 NL M 7mut

virus showed similar M1 and M2 expression levels as the PR8 NL/09 M control, however. This

virus therefore expresses the avian consensus M2 protein at low levels. All viruses with the

nucleic acid background of the avian M segment showed relatively high levels of M2, similar to

those seen for the PR8 dkAlb76 M 89G virus control. Thus, in the avian nucleic acid

background, we were able to fully separate M2 expression level from M2 and M1 amino acid

sequence.

Single cycle growth analysis of the chimeric viruses in A549 cells revealed a strong correlation

between M2 expression level and viral yields (**Figure 14A, B and C**). Notably, all viruses with

the dkAlb76 M 89G derived nucleic acid background, which express high levels of M2 protein,

grew to approximately 10-fold lower titers than the PR8 NL/09 M virus, despite expression of

NL/09 M1 and/or M2 proteins. In addition, the PR8 NL M 7mut virus, which expresses the

human M1 and avian M2 proteins at levels typical of human-adapted strains, showed equivalent

growth to that seen with the PR8 NL/09 M virus, indicating that amino acid changes in M2 are

not required for efficient replication in human cells. Notably, the PR8 Av M 9mut virus, which

encodes identical M1 and M2 proteins as PR8 NL M 7mut virus (**Suppl. Figure 9**), exhibits

approximately 10-fold reduced viral replication relative to PR8 NL M 7mut virus (P=0.0003)

(**Figure 14B and C**). This result confirms that over-expression of M2 protein is a dominant

negative trait that is deleterious to virus growth.

Examination of LC3B lipidation by western blot analysis also revealed a clear correlation

between M2 expression levels and those of LC3B II within infected cells (**Figure 13A**).

Importantly, overexpression of either human or avian M2 during infection boosted LC3B II levels

(compare lanes 2, 3, 5, 6, 7 and 8 in **Figure 13A**), while expression of Av M2 at levels

comparable to those of PR8 NL/09 M virus gave low LC3B II levels (compare lanes 1 and 4 in

Figure 13A). Confocal images of 293T cells transduced with LC3B-GFP and infected with the

chimeric viruses were consistent with these findings. As seen for wild type avian M segments,

high M2 expression again led to the accumulation of LC3B-GFP in perinuclear puncta and at the

plasma membrane (**Suppl. Figure 10**). Thus, as with viral growth, the accumulation of

autophagosomes within infected cells appears to be triggered by high levels of M2, regardless

of amino acid sequence.

To verify that the levels of M1 and M2 protein exhibited by the chimeric M segment-encoding

viruses are modulated at the level of mRNA expression, we conducted RT primer extension

assays.　These data confirmed that differences in the levels of segment 7 mRNA expression

(**Suppl. Figure 11**) mirrored the observed differences in M1 and M2 protein expression levels.

Overall, these data support the premise that splicing signals are at least partly encoded in non-

synonymous nucleotide changes residing in the M1 ORF.

Chimeric M segment expressing NL/09-like levels of NL/09 M1 and avian M2 supports

robust growth in vivo

To evaluate whether correcting expression of the Av M2 protein to levels seen for viruses with

human-adapted M segments yielded a well-adapted phenotype in a mammalian animal model,

we evaluated growth and transmission of PR8 NL/09 M 7mut virus in guinea pigs. Titration of

nasal wash samples revealed that the PR8 NL/09 M 7mut virus (which expresses Av M2 at low

levels) had a similar growth phenotype to that of PR8 NL/09 M virus: growth kinetics and area

under the curve values were not significantly different (**Figure 15; Suppl. Figure 12**). In

contrast, analysis of nasal wash samples collected from contact animals indicated that only one

of eight inoculated guinea pigs transmitted the PR8 NL/09 M 7mut virus to her cage mate. This

level of transmission is significantly decreased relative to the PR8 NL/09 M virus (p=0.0339)

(**Figure 3B**). Taken together, these results indicate that, when expressed at levels typical for a

human-adapted M2 protein, an avian M2 supports efficient replication but inhibits transmission

in a mammalian host.

Lab-adapted IAV, but not recent human isolates, express abundant M2 and block

autophagy in human cells

The M2-induced block in autophagic flux reported previously was based on multiple IAVs that

were originally isolated from human hosts but passaged extensively in laboratory substrates

[38-40]. To assess whether these prior data were consistent with our own, we compared M2

expression levels exhibited by one of the lab-adapted strains used, PR8. Our results show that

the relative expression levels of M1 and M2 in PR8 infected 293T cells are comparable to those

seen in cells infected with avian M-encoding viruses (**Suppl. Figure 13**). These results suggest

that prior reports of M2-induced block in autophagy reflect a feature of mal-adaptation to the

host cell.

Discussion

Our data indicate that dysregulation of gene expression from the IAV M segment contributes to

the limited replicative capacity of avian IAVs in mammalian hosts. When transcribed within

mammalian cells, avian IAV M segments gave rise to abundant $mRNA_{10}$ and correspondingly

high levels of the encoded M2 proton channel. Comparison to matched virus-host systems

indicated that this M2 expression profile was an aberrant feature of avian IAV replication in

mammalian cells. When present at high levels, M2 had marked effects on the infected cell,

blocking the turnover of autophagic vesicles and redirecting LC3B II, the activated form of a

critical autophagy mediator, to the plasma membrane. These effects were found to rely on the

proton channel activity of M2 and occurred when either the avian or human M2 protein was

overexpressed in infected cells. Importantly, the reduction in viral growth conferred by avian M

segments in mammalian systems could be attributed at least in part to disruption of vesicular

homeostasis and was fully attributed to M2 overexpression. Thus, our data identify the

regulation of viral gene expression as a novel host-dependent feature of the IAV lifecycle that

contributes to the host range restriction of this virus.

Quantification of IAV encoded mRNAs within infected cells indicated that overexpression of M2

from avian IAV M segments stems from over-production of the corresponding mRNA. M2 is

encoded by the $mRNA_{10}$ transcript, which is generated through splicing of the M1 message,

$mRNA_7$ [48, 49]. Thus, regulation of M2 gene expression is intimately linked to the cellular

splicing machinery. Our data indicate that this is a finely balanced interaction between IAV and

its host cell, which is susceptible to disruption upon transfer to new species. In this regard, it is

notable that the M segment splice donor and acceptor sites are identical between the human

and avian IAVs examined. M segment sequences outside of these canonical splice sites have,

however, been shown to modulate splicing efficiency [57-60]. Interestingly, $mRNA_7$ association

with mammalian SF2/ASF [59], and with mammalian hnRNPK and NS1-binding protein [60],

have been shown to alter the efficiency of splicing. Nucleotide differences in these binding

regions exist between human- and avian-adapted M segments. An interesting area of further

investigation will be to test whether there are differences in the binding of human and avian

$mRNA_7$ molecules to mammalian SF2/ASF, hnRNPK and NS1-binding proteins.

The gene segments of IAVs circulating in humans are ultimately derived from the avian IAV

gene pool. Thus, the contrasting phenotypes conferred by avian- and human-adapted M

segments in mammalian cells suggest that a resetting of M segment gene expression to reduce

M2 levels has been positively selected following emergence of avian IAVs into mammalian

populations. Indeed, our data reveal that this adaptation has occurred in at least two

independent incidences: i) within the Eurasian avian-like swine lineage M, that emerged from

birds in the late 1970s and contributed the M segment to the pH1N1 virus prior to 2009; and ii)

within the human seasonal lineage derived from the 1918 pandemic, which contributed its M

segment to the H3N2 lineage represented by Pan/99 virus. The timing of the adaptive changes

is unclear in each case, and cannot be inferred from our data. Importantly, M2 expression in

human IAV mimics that of avian IAV in avian cells. Thus, restriction of splicing efficiency to

achieve low M2 levels appears to be an important feature of IAV host adaptation. Our data

furthermore suggest that the negative impact of an autophagy block on viral growth constitutes

an important pressure driving this selection.

To date, most publications related to autophagy in IAV infected cells have used the PR8 or

WSN lab-adapted strains, the X31 variant of PR8, or avian IAVs [38, 39, 61, 62]. We found that

PR8 virus expresses levels of M2 in mammalian cells that are comparable with avian IAVs. This

phenotype may be a result of adaptation to growth in chicken eggs. Owing to the use of viruses

carrying lab-adapted M segments, the current literature suggests that IAV infection routinely

induces a block in autophagy [38, 39, 61, 62]. We also see evidence of such a block when using

viruses that express high levels of M2, but we propose that this phenotype is a symptom of poor

adaptation to the mammalian host cell. Analysis of viruses carrying human M segments in

mammalian cells suggests that low levels of M2 and activation, but not blocking, of autophagy

are the norm in IAV infected cells.

While the previously reported block in autophagy induced by IAV has generally been interpreted

as a viral defense against an antiviral mechanism, a pro-viral role for autophagy is not without

precedent. In Dengue virus infection, autophagy has been reported to support viral replication.

Specifically, autophagic turnover of lipid droplets in infected cells is thought to provide energy

needed for viral growth and to supply phospholipids important during virion assembly [63-65].

For IAV, the availability of activated LC3B protein was reported to be important for viral

morphogenesis [38]. Specifically, M2 was implicated in recruitment of LC3B II to the plasma

membrane, and disruption of this recruitment was found to affect budding and reduce stability of

released virions [38]. We also noted strong redistribution of LC3B-GFP to the plasma

membrane during infection with viruses that express high levels of M2. This relocalization

occurred to a lesser extent in a well-matched IAV-host system (NL/09 M in human cells), and

may play a functionally important role in this context. A role for LC3B II in morphogenesis is

consistent with the activation of autophagy having a proviral effect. Conversely, our data

indicate that a block in autophagic turnover reduces viral growth, potentially owing to disruption

of vesicular trafficking that is normally exploited by the virus [66-68], or due to disruption of

cellular metabolic functions on which the virus relies.

By inhibiting the proton channel activity of the avian M2 with amantadine, we found that a

functional channel is needed to bring about the observed effects on autophagy. Indeed, M2 has

been shown previously to block the fusion of autophagosomes with lysosomes in a proton

channel-dependent fashion [61]. Surprisingly, however, amantadine treatment was also found to

reduce LC3B II accumulation in PR8 NL/09 M infected cells. The pH1N1 M2 protein carries the

S31N mutation, which confers resistance to amantadine. Our data suggest that this resistance

is not effective at a relatively high concentration of 200 μM amantadine, at least in the context of

intracellular viral infection.

The mutagenesis of the M segment that we carried out with the goal of separating the effects of

M2 expression level from M2 amino acid sequence revealed an important constraint on M1

coding capacity. Namely, the human / avian amino acid polymorphisms introduced into the M1

ORF were found to impact regulation of M2 gene expression. Some or all of these non-

synonymous changes to M1 likely modulate the efficiency of $mRNA_7$ splicing. With this new

insight in mind, a fresh look at viral phenotypes previously attributed to M1 amino acid variations

is warranted. Effects of M1 amino acid sequence on virion morphology [17, 23, 24, 69, 70], for

example, may in fact be directly or indirectly mediated through changes in intracellular M2

expression level.

Notably, while an avian M2 protein was sufficient to support robust viral replication in

mammalian systems when expressed at low levels, this sufficiency did not extend to

transmission. Virus expressing the avian M2 from a human M segment transmitted poorly,

indicating that the IAV M2 carries viral determinants of transmission and that these determinants

are not well conserved between avian and human strains. This novel observation also supports

the notion that high replicative capacity of a virus in a given host species is not necessarily

sufficient for transmission between individuals. In this context, it will be interesting to evaluate

the impact of avian M2 amino acid signatures on virion stability in the environment.

In summary, our data suggest that adaptive change in the M segment is needed to maintain low

expression of M2 in mammalian cells and that, in the absence of such adaptive changes,

excess M2 limits viral growth by blocking the autophagy pathway. These findings establish

regulation of viral gene expression as a feature of the virus-host interface critical for IAV host

range determination and therefore emergence into novel host populations.

Materials and Methods

Cells

Madin-Darby Canine Kidney (MDCK) cells (a kind gift of Peter Palese, Icahn School of Medicine

at Mount Sinai) were maintained in minimal essential medium (Gibco) supplemented with 10%

fetal bovine serum (FBS) and penicillin-streptomycin. A549 and 293T cells were obtained from

the ATCC and maintained in Dulbecco's minimal essential medium (DMEM; Gibco)

supplemented with 10% FBS and penicillin-streptomycin. DF-1 cells were obtained from ATCC

and maintained in DMEM plus 5% FBS and penicillin-streptomycin. QT-6 cells were obtained

from ATCC and maintained in F-12K medium plus 5% FBS, 10% tryptose phosphate and

penicillin-streptomycin. All cells were incubated at $37^{o}C$ with 5% CO_2.

Viruses

All viruses used in this work were generated using reverse genetics techniques [71]. The

rescue system for PR8 was a gift of Peter Palese (Icahn School of Medicine at Mount Sinai).

The rescue system for A/Panama/2007/99 (H3N2) [Pan/99] virus was initially described in [7];

and that for A/Netherlands/602/2009 (H1N1) [NL/09] virus was a gift of Ron Fouchier (Erasmus

Medical Center) [72]. The NL/09 virus was propagated in MDCK cells for two passages. All

other virus stocks were generated in 10-11 day old embryonated chicken's eggs.

Generation of chimeric M segments

Non-synonymous nucleotide changes differentiating NL/09 and avian consensus M segments

were introduced in a reciprocal fashion into i) M1 and M2 to generate 16 mut viruses, ii) M1-only

to generate 9 mut viruses, and iii) M2-only to generate 7 mut viruses. The modified viral cDNAs

were synthesized by Genewiz and subcloned into the pDZ reverse genetic vector [73].

Sequence alignments and generation of consensus sequences

Alignment of the FASTA sequences downloaded from Genbank (or GISAID) databases was

carried out using DNASTAR Lasergene 13 MegAlign software running the Clustal W

phylogenetic alignment algorithm.

To obtain a consensus nucleotide sequence and to assess the degree of variability in the M

segment of H1N1 subtype avian IAVs, we searched the Genbank nucleotide database for full

length M segment sequences derived from avian H1N1 subtype IAV collected between 1976

and 2008 from any temperate Northern hemisphere location. We obtained 262 sequences,

which included sequences with partial 3' and 5' UTRs, and manually curated the sequences to

(i) remove swine and human lineage derived H1N1 M segments, retaining 247 sequences, and

(ii) trim UTR sequences from the retained segments. Alignment of the sequences by Clustal W

provided a working consensus sequence and revealed up to 7% variability at the nucleotide

level among the selected avian host-derived sequences.

To assess the degree of amino acid variability in the M segment of avian IAV of any subtype we

searched Genbank for full length M1 or M2 protein sequences derived from avian H1Nx to

H16Nx subtype IAV, collected between 1970 and 2000, from any geographical location. These

dates were chosen to avoid selecting sequences representing isolates originating from the

repeated H5 subtype HPAI incursions into poultry populations which dominate the Genbank

database from the early 2000s onwards, and which would likely bias the subsequent analysis.

For each hemagglutinin subtype (H1Nx to H16Nx), we aligned the available sequences to

generate individual consensus M1 and M2 amino acid sequences (**Supplemental Table 1**), and

aligned those consensus sequences to the avian H1N1 subtype consensus M1 and M2

sequences, in order to assess amino acid diversity. The matrix proteins of each subtype, with

the exception of H9Nx, were 100% conserved. The H9Nx subtype matrix protein shared 97.6%

identity to the avian H1N1 sequence. The M2 proteins of each subtype were 100% conserved,

excepting H9Nx, H13Nx and H16Nx subtypes, which shared 97.2%, 94.8% and 93.8% identity

respectively, to the avian H1N1 consensus sequence. Thus, the amino acid composition of M1

and M2 proteins are highly conserved within wild waterfowl, particularly within isolates that

circulate among dabbling ducks and geese. In these host species, both M1 and M2 proteins are

at, or close to, 100% identity at the consensus amino acid level.

To identify a consensus nucleotide sequence for the 2009 pH1N1 IAV, and compare it to the

avian consensus sequence, we searched Genbank for full-length M segments derived from

pH1N1 subtype IAV isolated in North America, collected between the 7th June and the 20th June

2009, which was shortly after emergence of the pH1N1 lineage into the human population. 189

individual nucleotide sequences were obtained, curated, and aligned, to provide a working

consensus sequence for the pH1N1 M segment. The pH1N1 M segments possessed >2%

variability at the nucleotide level. The A/NL/602/09 (H1N1) (NL09) M segment is a 100% match

to the consensus sequence of the 2009 pH1N1 lineage at the nucleotide level, and the M

segment from this strain was adopted for use throughout the current study. Interestingly,

comparison of the NL09 M segment to the avian consensus sequence revealed 8.3% difference

at the nucleotide level, and 9 and 7 amino acid changes in M1 and M2 proteins, respectively

(**Table 2**). These data suggest that pH1N1 M segment possesses a nucleotide sequence that is

highly divergent from M segments obtained from viruses circulating within the wildfowl reservoir,

and which may encode host adaptive changes.

Evaluation of viral growth in cell culture

To assess growth, subconfluent cell monolayers in 6 well dishes were inoculated at an MOI of 5

PFU/cell (for single-cycle growth assays) or 0.01 PFU/cell (for multi-cycle growth assays) in a

200 µl volume. Following incubation for 1 h at 37°C, inocula were removed, cells washed 3x

with PBS and 2 ml viral growth medium (MEM (for MDCK cells), DMEM (for 293T, and DF1

cells), or F-12K (for A549, and QT-6 cells) medium plus 3% bovine serum albumin, penicillin

streptomycin, and TPCK-treated trypsin) was added. Infected cells were incubated at 37°C for

the remainder of the time course. At the indicated time points, 120 µl medium was sampled from

each dish and 120 µl fresh medium was added to maintain a 2 ml volume. Samples were stored

at -80°C and later titered by plaque assay on MDCK cells. Each infection was performed in

triplicate and at least three biological replicate infections were carried out on different days. Data

are plotted as mean with SD and analyzed by repeated measures ANOVA.

Evaluation of viral growth in guinea pigs

Female, Hartley strain, guinea pigs weighing 300-350 g were obtained from Charles River

Laboratories. Prior to inoculation or nasal lavage, animals were sedated with a mixture of

ketamine (30 mg/kg) and xylazine (4 mg/kg). Virus used for inoculation was diluted in PBS to

allow intranasal inoculation of guinea pigs with $1x10^{1}$ to $1x10^{3}$ PFU in a 300 µl volume. Nasal

wash samples were collected as described previously [46], with PBS as the collection fluid.

Animals were housed in a Caron 6040 environmental chamber set to 10°C and 20% RH

throughout the seven-day period and lids were left off of the cages during this time to ensure

environmental control within the cages [74].

Immunoblotting

A549 or DF-1 cells in 6-well plates were infected with the specified viral strains and cells were

lysed with 2X Laemmli sample buffer (Bio-rad) plus 2% beta-mercaptoethanol, 8 hpi. Samples

were boiled at 95 ºC for 10 min and resolved on 4-20% gradient SDS-PAGE gels, followed by

transfer to nitrocellulose membranes (Bio-rad), and incubation of membranes with 5% non-fat

dry milk/TBST blocking buffer. Antibodies used for immunoblotting were: anti-vinculin

monoclonal antibody (catalog no. V9131; Sigma-Aldrich) at 1:5000 dilution, IAV nucleoprotein

monoclonal antibody (HT-103; catalog no. EMS010, Kerafast) at 1:1000 dilution, IAV matrix

protein monoclonal antibody (E10; catalog no. EMS009, Kerafast) at 1:1000 dilution, and LC3B

polyclonal antibody (Thermo Fisher Scientific) at 1:1000 dilution. Bands were quantified using

ImageLab software (Bio-rad) after normalization to vinculin. At least three biological replicate

viral infections were carried out, with two technical replicates of the immunoblotting for each

infection. Data shown with error bars representing SD and statistical analysis was carried out

using one-way ANOVA with Tukey's multiple comparisons in GraphPad Prism software.

Primer extension assay

A549 or DF-1 cells in 6-well plates were infected with the specified viral strains and total RNA

was extracted 8 hpi using an RNeasy Kit (Qiagen). Total RNA was eluted in RNase-free water

and stored at -80 ºC until needed.

Radiolabeling of primers: 1 µmol of oligo DNA primer was incubated with 10 µCuries of ^{32}P-Y-

ATP and 10 U of T4 PNK (New England Biolabs) in 70 mM Tris-HCl (pH 7.6) containing 10 mM

MgCl$_2$ and 5 mM DTT. Radiolabeling reactions were carried out at 37 °C for 1 h and diluted to

30 µL with RNase-free water after termination of the reaction. Radiolabeled primers were stored

at –20 ºC until needed. 500 ng of total RNA was incubated with 0.45 µL unlabeled 5S rRNA

primer, 0.05 µL radiolabeled 5S rRNA primer, 0.25 µL radiolabeled IAV segment 7 vRNA

primer, and 0.25 µL radiolabeled IAV segment 7 mRNA primer in a final volume of 5 µL. Primers

were annealed to RNA by sequential incubations at 95 ºC for 3 min and ice for 3 min. Reactions

were pre-warmed at 50 ºC for 5 min. Transcription was initiated by the addition of 50 mM Tris-

HCl (pH 8.3) buffer containing 75 mM KCl, 3 mM MgCL2, 10 mM DTT, 2mM dNTP, and 50 units

of SuperScript III Reverse Transcriptase (Thermo Fisher Scientific). Reactions were incubated

at 50 ºC for 1 h and terminated by the addition of Gel Loading Buffer II (Thermo Fisher

Scientific) and incubation at 95 ºC for 10 min. Reactions were resolved on denaturing

sequencing polyacrylamide gels (7M urea, 6% acrylamide). Gels were subsequently dried and

exposed to a phosphor storage screen overnight. The intensity of bands was analyzed using a

Typhoon Trio Imager (GE Healthcare) and quantified with ImageQuant software (GE

Healthcare) after normalization to 5S rRNA. At least three biological replicate viral infections

were carried out, with two technical replicates of the primer extension assay for each infection.

Data are shown with error bars representing SD and statistical analysis was carried out using

one-way ANOVA with Tukey's multiple comparisons in GraphPad Prism software.

Fluorescence microscopy

To allow tracking of LC3B II and viral protein, cells grown on collagen-coated coverslips were

transduced with lentivirus expressing LC3B-GFP (BacMamm 2.0; catalog no. P36235,

ThermoFisher), as follows.

18h post transduction, 293T or A549 cells were infected with the indicated IAVs at an MOI of 5

PFU/cell and incubated at 37°C. At 8h or 12 h post-IAV infection, cells were washed once with

PBS and fixed with 4% paraformaldehyde. Following permeabilization with 0.1% Triton X-100,

cells were incubated overnight at 4°C with anti-M2 monoclonal antibody (E10; catalog no.

EMS009, Kerafast). Three washes were performed prior to addition of goat anti-mouse Alexa

Fluor-647 secondary antibody (catalog no. A21241, Life Technologies) and incubation for 2 h at

room temperature. Antibody dilutions and washes were performed with PBS plus 1% Tween-20.

Cells were treated with DAPI, and coverslips were mounted on slides using Vectashield (Vector

Labs) mounting medium. Images were obtained with on an Nikon FV1000 confocal microscope

at the Emory Integrated Cellular Imaging core facility.

Drug treatments

Where indicated, chloroquine (Invitrogen) was added to cell culture medium at a final

concentration of 60 or 120 µM. Amantadine HCl (catalog no. 1018505, Sigma) was added to cell

culture medium at a final concentration of 200 µM. Both drugs were added to infected cells 1 h

after IAV inoculation.

Statistical analyses

Statistical analyses were performed in GraphPad Prism.

Multi-cycle and single-cycle growth in cell culture was assessed in three independent

experiments, with three technical sample replicates per experiment. Overall statistical

significance was determined using repeated measures, two-way, multiple comparisons ANOVA

on log transformed mean values, with Bonferroni correction applied to account for comparison

of a limited number of means, as well as by assessing pairwise comparisons of viruses at each

timepoint, except for single-cycle growth in cell culture in the presence of amantadine, which

was assessed in four independent experiments, with three technical sample replicates per

experiment. Overall statistical significance was determined using repeated measures, two-way,

multiple comparisons ANOVA on log transformed values, with Bonferroni correction applied to

account for comparison of a limited number of means, as well as by assessing pairwise

comparisons of viruses at each timepoint.

Growth of each virus in the guinea pig model was assessed in three independent experiments

with four guinea pigs per experiment. For transmission analysis, each guinea pig was treated as

an independent biological sample. Statistical significance in the magnitude of replication was

determined by comparing AUC of growth curves using two-tailed Students t-Test. Statistical

significance in transmission efficiency was determined using unpaired two-tailed Students t-

Test.

Significance of differences in the kinetics of replication was determined by assessing the

interaction of time and virus using repeated measures, two-way ANOVA on mean log

transformed values, with Bonferroni correction applied to account for comparison of a limited

number of means.

For experiments presented throughout the manuscript, unless specific values are provided, P

values are represented as follows: *< 0.05; **<0.01;   ***< 0.001; ****< 0.0001.

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Extension assays, and Emory Integrated Cellular Imaging Core Facility for assistance with

confocal imaging techniques.

Figure Legends

Figure 1. pH1N1 M segment does not confer improved growth relative to avian M

segment in avian cells at 37°C. (A) A panel of PR8-based viruses was rescued by reverse

genetics. The viruses differ only in the identity of the M segment, which were derived from

A/mallard/MN/99 (H3N8), A/rhea/NC/93 (H7N1), A/duck/Alberta/76 (H1N1), or A/NL/602/09

(H1N1) viruses. **(B)** 11-day-old embryonated chicken eggs (ECE) or **(C)** chicken DF-1 cells

were infected at low MOI with the indicated viruses. **(D)** Quail QT-6 cells or **(E)** DF-1 cells were

infected at a high MOI of 5 PFU/cell with the indicated viruses. In all avian systems assessed,

the pH1N1 M segment did not confer an increase in magnitude or kinetics of growth, relative to

any avian-origin M segment. Multi-cycle and single-cycle growth were assessed in three

independent experiments, with three technical replicates per experiment. Graphs show the

means with SD for the three experiments. Statistical significance was determined using

repeated measures, two-way, multiple ANOVA on log transformed values, with Bonferroni

correction applied to account for comparison of a limited number of means.

Figure 2. pH1N1 M segment confers higher growth relative to avian M segment in

mammalian cells at 37°C. (A) canine MDCK cells or **(B)** human A549 cells were inoculated

with the indicated viruses at a low MOI of 0.01 PFU/cell. **(C)** MDCK cells or **(D)** A549 cells were

inoculated with the indicated viruses at a high MOI of 5 PFU/cell. In mammalian cells, the

pH1N1 M segment conferred more rapid kinetics and higher peak titers than any avian-origin M

segment. Multi-cycle and single-cycle growth were assessed in three independent experiments,

with three technical sample replicates per experiment. Graphs show the means with SD for the

three experiments. Statistical significance was determined using repeated measures, two-way,

multiple ANOVA on log transformed values, with Bonferroni correction applied to account for

comparison of a limited number of means. At each time point, pairwise comparisons between

viruses were performed, and asterisks corresponding to the most significant difference observed

is shown.

Figure 3. pH1N1 influenza A virus M segment confers efficient replication and

transmission of PR8-based virus among guinea pigs. Groups of four guinea pigs were

inoculated with 10 PFU of each avian M-encoding virus or NL/09 M-encoding virus, as

indicated. **(A)** Virus replication in nasal wash was measured by plaque titration at days 2, 4, 6,

and 8 post-infection and the area under the curve was calculated. Graphs show mean AUC with

SD for three experiments. All avian M-encoding viruses exhibited lower levels of growth in vivo

than the isogenic virus possessing the NL/09 M segment. The replication differences between

avian M and NL/09 M-based viruses were statistically significant, whereas those among avian

M-based viruses were not. Statistical significance was evaluated using an unpaired, two-tailed

Student's *t*-test. **(B)** To assess transmission, each inoculated guinea pig was treated as an

independent biological sample. The pH1N1 M segment conferred efficient transmission to naïve

animals that were contact exposed (7/9 transmissions; 78%). In contrast, significantly poorer

(12%), or no transmission was observed from guinea pigs infected with PR8 avian M viruses to

naïve cage mates. Statistical significance of transmission differences were evaluated using an

unpaired, two-tailed Student's *t*-test.

Figure 4. Ratio of M1 to M2 protein expression is high in DF-1 Cells irrespective of viral M

segment host origin. DF-1 cells were inoculated at MOI=5, with PR8 viruses encoding the

indicated M segments, and incubated at 37$^{\text{o}}$C for 8 hours, then lysed with whole cell lysis buffer.

Western blot analysis of virus-infected DF-1 cells: **(A)** Vinculin expression was measured to

allow normalization of viral protein levels. NP expression was measured to assess viral

replication. Levels of M1 and M2 protein expression were assessed using an antibody (Mab

E10) to a common epitope at the amino terminus of M1 and M2 proteins, allowing relative

expression to be assessed. Levels of LC3B I and II were assessed using an antibody that

detects both the precursor and activated forms of LC3B protein. M1 protein **(B)** and M2 protein

(C) were normalized to vinculin, quantitated and displayed as a percentage of total protein

expressed from the M gene. The ratio of M1:M2 protein expression was calculated and is

plotted in **(D).** LC3B I protein **(E)** and LC3B II protein **(F)** were normalized, quantitated and

displayed as a percentage of total LC3B protein. Graphs in **B-F** show the means with SD from

three independent experiments. For each experiment, two replicate Western blots were

performed and quantitated. Statistical significance was assessed using ordinary one-way

ANOVA.

Figure 5. High expression ratio of M1 to M2 protein in A549 cells is dependent upon viral

M segment host origin. A549 cells were inoculated at MOI=5 with PR8 viruses possessing M

segments from human or avian host-derived strains and incubated at 37°C for 8 hours, then

lysed with whole cell lysis buffer.

Western blot analysis of virus-infected A549 cells: **(A)** Vinculin expression was measured to

allow normalization of viral protein levels. NP expression was measured to assess viral

replication. Levels of M1 and M2 protein expression were assessed using an antibody (Mab

E10) to a common epitope at the amino terminus of M1 and M2 proteins, allowing relative

expression to be assessed. Levels of LC3B I and II were assessed using an antibody that

detects both the precursor and activated forms of LC3B protein. M1 protein **(B)** and M2 protein

(C) were normalized to vinculin, quantitated and displayed as a percentage of total protein

expressed from the M gene. The ratio of M1:M2 protein expression was calculated and is

plotted in **(D)**. LC3B I protein **(E)** and LC3B II protein **(F)** were normalized, quantitated and

displayed as a percentage of total LC3B protein. Graphs in **B-F** show the means with SD from

three independent experiments. For each experiment, two replicate Western blots were

performed and quantitated. Statistical significance was assessed using ordinary one-way

ANOVA.

Figure 6. Ratio of mRNA$_7$ (encoding M1) to mRNA$_{10}$ (encoding M2) expression is high in

DF-1 cells irrespective of viral M Segment host origin.

DF-1 cells were inoculated at MOI=5 with PR8 viruses encoding the indicated M segments and

incubated at 37°C for 8 hours, then lysed with an RNeasy Kit.

RT Primer extension radiogram of virus-infected DF-1 cells: **(A)** 5S rRNA levels were measured

to allow normalization of viral RNA. Segment 7 vRNA expression was measured to assess viral

replication. Levels of mRNA$_7$, mRNA$_{10}$, and mRNA$_{11}$ mRNA expression were assessed using

radiolabeled probes. mRNA$_7$ **(B)**, mRNA$_{10}$ **(C)**, and mRNA$_{11}$ **(D)** was quantitated and displayed

as a percentage of total M gene expressed mRNA. Graphs in **B-D** show the means with SD

from three independent experiments. For each experiment, two replicate radiograms were

quantitated. Statistical significance was assessed using ordinary one-way ANOVA.

Figure 7. Ratio of mRNA$_7$ (encoding M1) to mRNA$_{10}$ (encoding M2) expression in A549

cells is dependent upon viral M segment host origin. A549 cells were inoculated at MOI=5

with PR8 viruses encoding the indicated M segments and incubated at 37°C for 8 h prior to RNA

extraction. RT Primer extension radiogram of virus-infected A549 cells: **(A)** 5S rRNA levels were

measured to allow normalization of viral RNA. Segment 7 vRNA expression was measured to

assess viral replication. Levels of mRNA$_7$, mRNA$_{10}$, and mRNA$_{11}$ mRNA expression were

assessed using radiolabeled probes.   mRNA$_7$ **(B)**, mRNA$_{10}$ **(C)**, and mRNA$_{11}$ **(D)** was

quantitated and displayed as a percentage of total M gene expressed mRNA. Graphs in **B-D**

show the means with SD from three independent experiments. For each experiment, two

replicate radiograms were quantitated. Statistical significance was assessed using ordinary one-

way ANOVA.

Figure 8.   In human cells, avian M2 was expressed at higher levels and localized more

strongly to perinuclear bodies than human M2. A549 and 293T cells were inoculated with

the indicated viruses, encoding avian or human M segments, at an MOI of 5 PFU/cell. At 8 hpi

cells were stained with anti-M2 (Mab E10; red) and DAPI (blue) and imaged by confocal

microscopy. Examples of optical sections are shown, either as merged 2-color images or the

red and blue channels alone (shown in grey scale). **(A)** A549 cells with 63x magnification. **(B)** 3x

magnification of the same images shown in **A**. **(C)** 293T cells with 63x magnification. **(D)** 3x

magnification of the same images shown in **C**. Brightness was adjusted for optimal clarity, with

all images treated equally.

Figure 9. Visualization of LC3 and M2 co-localization.

293T cells were transduced with GFP-LC3 protein and inoculated 24 h later with the indicated

IAVs, encoding avian or human-derived M segments, at an MOI of 5 PFU/cell. Cells were fixed

8 h later and stained with anti-M2 (Mab E10; red) and DAPI (blue) followed by imaging with

confocal microscopy. Examples of optical sections are shown, either as merged 3-color images

or the red, green, and blue channels alone (in grey scale). **(A)** 293T cells with 63x magnification.

(B) 3x magnification of the same images shown in **A**. Brightness was adjusted for optimal

clarity, with all images treated equally.

Figure 10. Inhibition of M2 ion channel results in loss of activation of LC3B.

A549 cells were inoculated at an MOI=5 PFU/cell with PR8 viruses encoding avian or human-

derived M segments and incubated in the presence or absence of 200 µM amantadine from 1

hpi. Cells were lysed at 8 hpi. **(A)** Representative Western blot. Vinculin expression was

measured to allow normalization of viral protein levels. NP expression was measured to assess

viral replication. Levels of M1 and M2 protein were assessed using an antibody (Mab E10) to a

common epitope of M1 and M2 proteins, allowing relative expression to be assessed. Levels of

LC3B I and II were assessed using an antibody that detects both the precursor and activated

forms of LC3B protein. **(B)** M1 protein and **(C)** M2 protein were normalized to vinculin and

displayed as a percentage of total M gene expressed protein. **(D)** The ratio of M1:M2 protein

expression was calculated.   **(E)** LC3B I and **(F)** LC3B II were normalized to vinculin and

displayed as a percentage of total LC3B protein. As a control to ensure the specificity of

amantadine, we incubated chloroquine-treated A549 cells in the presence or absence of 200

μM amantadine for 8 h **(G)**. LC3B I **(H)** and LC3B II **(I)** were normalized to vinculin and

displayed as a percentage of total LC3B protein. Graphs in **B-F, H-I** show the means with SD

from three independent experiments. For each experiment, two replicate Western blots were

performed and quantitated. Statistical significance was assessed using ordinary one-way

ANOVA.

Figure 11. Inhibition of proton channel activity relieves M2-induced accumulation of LC3B

positive vesicles. 293T cells transduced with LC3-GFP were inoculated at MOI=5 PFU/cell with

PR8 viruses possessing M segments from a human or an avian strain and incubated in the

presence or absence of 200 μM amantadine from 1 hpi. Cells were fixed at 12 hpi and stained

with anti-M2 (Mab E10; red) and DAPI (blue) followed by imaging with confocal microscopy.

Examples of optical sections are shown, either as merged 3-color images or the red, green, and

blue channels alone (in grey scale). 3x zoom of a 63x magnification is shown. Brightness was

adjusted for optimal clarity, with all images treated equally.

Figure 12. Amantadine improves growth of avian M segment-encoding virus in A549

cells. Figure 12. Amantadine improves growth of avian M segment-encoding virus in

A549 Cells at 37°C.

PR8-based NL09 M or Avian M-encoding viruses were inoculated at an MOI of 5 onto A549

cells. At 1hpi, cells were treated with 200μM amantadine, and incubated at 37°C for 24 hours in

the continuous presence of amantadine. Virus released into supernatant was collected at the

indicated time-points, and virus growth was measured by plaque titration. The pH1N1 M

segment conferred more rapid kinetics and higher peak titers of growth than the avian-origin M

segment, however amantadine had no impact on the growth of the pH1N1 M encoding virus. In

contrast, growth of the avian M-encoding virus was improved in the presence of drug (P=

0.0007). Single-cycle growth was assessed in four independent experiments, with three

technical sample replicates per experiment. Graphs show the means with SD for the four

experiments. Statistical significance was determined using repeated measures, two way,

multiple comparisons ANOVA on log transformed values, with Sidaks correction applied.

Figure 13. Activation of LC3B II correlates with high expression of M2 protein in A549

cells regardless of M2 amino acid composition. PR8 NL09 M virus and PR8 Av M virus,

along with six chimeric variant PR8-based viruses, were inoculated at an MOI of 5 PFU/cell onto

A549 cells. Cells were incubated for 8 h then lysed. **(A)** Western blot analysis of virus-infected

A549 cells. Vinculin was measured to allow normalization of viral protein levels. NP was

measured to assess viral replication. Levels of M1 and M2 protein were assessed using an

antibody (Mab E10) to a common epitope at the amino terminus of M1 and M2 proteins,

allowing their direct comparison. Levels of LC3B I and II were assessed using an antibody that

detects both the precursor and activated forms of LC3B protein. M1 protein **(B)** and M2 protein

(C) were normalized to vinculin and displayed as a percentage of total protein expressed from

the M gene. **(D)** The ratio of M1:M2 protein is plotted. LC3B I protein **(E)** and LC3B II protein **(F)**

were normalized to vinculin and displayed as a percentage of total LC3B protein. Graphs in **B-F**

show the means with SD from three independent experiments. For each experiment, two

replicate Western blots were performed and quantitated. Statistical significance was assessed

using ordinary one-way ANOVA.

Figure 14. pH1N1 M amino acid sequences are not sufficient to confer high growth

phenotype in A549 cells. PR8 NL09 M virus and PR8 Av M virus, along with six PR8-based

viruses carrying avian-human chimeric M segments, were inoculated at an MOI of 5 PFU/cell

onto A549 cells. Virus growth was measured by plaque titration. The effects on viral growth of

amino acid changes in **(A)** both M1 and M2, **(B)** M1 only and **(C)** M2 only are shown. Single-

cycle growth was assessed in at least three independent experiments, with three technical

sample replicates per experiment. Graphed data show the means with SD for at least three

experiments. Statistical significance was determined using repeated measures, two-way,

multiple ANOVA on log transformed values, with Bonferroni correction applied to account for

comparison of a limited no of means. Experiments involving PR8 NL09 9mut or 7mut viruses as

well as PR8 Av M 9mut or 7mut viruses were performed at the same time, but are displayed on

two separate graphs with the same PR8 NL09 M and PR8 Av M control virus data, to improve

clarity of presentation.

Figure 15. Reduced expression of avian M2 improves replication efficiency *in vivo* but is

not sufficient for efficient transmission in guinea pigs.

Groups of twelve guinea pigs were inoculated with 10 PFU of PR8-based viruses carrying avian

M, NL09 M, chimeric NL09 M 7mut M, or chimeric avian M 9mut segments, as indicated. **(A)**

Virus replication in nasal washings was measured by plaque titration at days 2, 4, 6, and 8 post-

infection and the total area under the curve was calculated. The replication differences between

viruses encoding the NL09 M 7mut segment and the avian M 9mut segment were statistically

significant (P=). Differences between viruses with NL09 M and NL09 M 7mutAv segments, and

between avian M and avian M 9mutNL segments were not significant. (**B**) Transmission to

naïve cage mates that were exposed at 24 h post inoculation. Neither chimeric M segment

conferred efficient transmission (7/9 transmissions; 78%). Statistical significance of replication

differences was determined using a two-tailed Students t-Test. Statistical significance of

transmission differences was determined using an unpaired two-tailed Students t-Test. NL M

and Avian M data are identical to data presented in Figure 3 and are reproduced here for clarity.

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Figure 1

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Figure 8 contd

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Figure 14

Figure 15