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5	The influence of feeding behaviour and temperature on the capacity of mosquitoes to transmit malaria
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27 Abstract:

28 Insecticide-treated bed nets reduce malaria transmission by limiting contact between mosquito vectors 29 and human hosts when mosquitoes feed during the night. However, malaria vectors can also feed in the 30 early evening and in the morning when people are not protected. Here, we explored how timing of blood 31 feeding interacts with environmental temperature to influence the capacity of Anopheles mosquitoes to 32 transmit the human malaria parasite, *Plasmodium falciparum*. We found no effect of biting time itself on 33 the proportion of mosquitoes that became infectious (vector competence) at constant temperature. However, when mosquitoes were maintained under more realistic fluctuating temperatures there was a 34 significant increase in competence for mosquitoes feeding in the evening, and a significant reduction in 35 36 competence for those feeding in the morning, relative to those feeding at midnight. These effects appear 37 to be due to thermal sensitivity of malaria parasites during the initial stages of parasite development 38 within the mosquito, and the fact that mosquitoes feeding in the evening experience cooling temperatures 39 during the night, whereas mosquitoes feeding in the morning quickly experience warming temperatures 40 that are inhibitory to parasite establishment. A transmission dynamics model illustrates that such 41 differences in competence could have important implications for disease endemicity, the extent of 42 transmission that persists in the presence of bed nets, and the epidemiological impact of behavioural 43 resistance. These results indicate the interaction of temperature and feeding behaviour to be a major 44 ecological determinant of the vectorial capacity of malaria mosquitoes.

45 Introduction

Wide-scale use of long-lasting insecticide-treated bed nets (LLINs) and indoor residual insecticide sprays (IRS) has led to substantial declines in the global burden of malaria in recent years¹. However, these gains are now threatened by the evolution of insecticide resistance²⁻⁴. Studies from many locations demonstrate both target site and metabolic resistance to be widespread in malaria vector populations²⁻⁴. In addition, there are growing reports of behavioural resistance, such as changes in mosquito biting behaviour (i.e. "anti-insecticide" behaviour), which reduce the probability of insecticide encounter and/or attenuate the efficacy of insecticides⁵⁻⁸.

53 In principle, physiological mechanisms of resistance can be countered by switching classes of insecticide, or using synergists to disrupt detoxification mechanisms⁹⁻¹³. However, behavioural resistance 54 55 is potentially more insidious since changes in biting time (e.g. early evening biting before humans are 56 protected under bed nets) and/or shifts in biting location (outdoor biting rather than indoors) could render whole classes of vector control tools ineffective^{5-8,14}. Furthermore, even in the absence of behavioural or 57 physiological resistance, typical biting patterns for many malaria vectors still span periods of the evening 58 and morning, when effective coverage of bed nets is less^{15,16}. This crepuscular biting behaviour 59 60 contributes to 'residual transmission,' which is defined as the transmission that persists after achieving 61 full universal coverage with an effective intervention such as LLINs, to which local vector populations are fully susceptible ¹⁵⁻¹⁷. 62

63 Vector competence describes the ability of an arthropod to become infected, allow replication, 64 and ultimately transmit a pathogen¹⁸. In order to become transmissible, malaria parasites go through multiple developmental stages within the mosquito, progressing from the gametocytes ingested in the 65 66 blood meal, to gametes, the fertilized zygotes, the motile ookinetes that invade the mosquito midgut, the oocyst in which the parasite undergoes replication, and finally to the sporozoites that invade the salivary 67 glands and can be passed onto a new host during a subsequent blood meal^{19,20}. Competence is determined 68 by both genetic and environmental factors^{18,21}. Mosquito gene expression is known to follow circadian 69 rhythms²²⁻²⁴. Further, temperatures in many malaria endemic areas exceed 30°C as temperatures fluctuate 70

during the day ²⁵⁻²⁸, and early parasite infection is known to be sensitive to high temperatures^{29,30}. These
extrinsic and intrinsic factors could have direct or indirect effects on parasite survival and establishment
and hence, contribute to variation in competence of mosquitoes feeding at different times of the day^{23,29-31}.
Understanding any such variation is key to fully understanding transmission ecology.
Here, we explore the effect of time-of-day of feeding on vector competence of *Anopheles*mosquitoes to determine whether all mosquitoes are equally capable of transmitting malaria, and to better

vunderstand the potential epidemiological consequences of shifts in feeding behaviour. First, we review

recent literature to characterise biting activity of *Anopheles* mosquitoes in the field. We find many

reasonable reasonable

80 well as evidence to suggest recent changes in biting time following wide-scale distribution of bed nets.

81 We next use a series of laboratory infection studies to examine whether timing of blood feeding affects

82 vector competence, considering both intrinsic (circadian) and extrinsic (temperature) factors. We find that

83 while there is little apparent effect of circadian rhythm alone, diurnal temperature fluctuation leads to a

84 significant increase in the vector competence of evening biting mosquitoes, but a decrease for morning

85 biting mosquitoes. To explore the possible epidemiological implications of this variation in competence

86 we use a mathematical model of malaria transmission. This model analysis suggests that differences in

87 vector competence associated with the interaction of temperature and mosquito biting behaviour could

have a noticeable impact on disease endemicity, and alter the relative efficacy of LLINs. Finally, we

89 conduct a further set of experiments to begin to elaborate on the mechanisms underpinning the variation

90 in competence and to determine whether the effects might be mitigated by mosquito thermal behaviour.

91 These experiments suggest that the changes in vector competence are associated with high thermal
92 sensitivity of the parasites during the initial infection process, and are likely robust as mosquitoes appear

93 behaviourally unresponsive to temperatures that are critically damaging to parasite establishment.

94 Overall, our results suggest the interaction of biting time and temperature to be a major ecological driver95 of vectorial capacity.

96

97 **Results**

98 Daily biting activity of malaria mosquitoes

99 We reviewed the contemporary malaria control literature published between 2000 and 2017 using 100 PubMed to examine the biting activity of Anopheles mosquitoes. The goal of this study was to 101 characterise biting activity of mosquitoes during the period in which the use of LLINs in sub-Saharan 102 Africa was scaled up substantially¹. We identified 270 papers that referred to biting time of malaria 103 vectors, with 42 papers providing measures of hourly biting activity. Peak biting time of most malaria vectors is generally considered to occur around 00:00-04:00h^{15,32} and from these 42 papers, we identified 104 78 cases where biting conformed to this conventional pattern (Supplementary Table 1 and Supplementary 105 106 Table 2). However, we identified 64 cases indicating a peak in biting time to occur before 22:00h 107 (evening biting) and 9 cases indicating a peak in biting after 05:00h (morning biting) (Supplementary 108 Table 1 and Supplementary Table 2). In about one third of those papers reporting evening or morning 109 biting time, there was a suggestion of behavioural change in response to the use of LLINs. Further, a 110 number of these papers reported measures of prevailing environmental temperature. In the majority (N =21), the mean temperatures were 25°C or above (overall mean = 26.9°C), while the remainder (N = 12) 111 112 had a lower mean of 21.4°C (Supplementary Table 1). There were significantly more cases of evening biting than morning biting overall (Chi-square test, $LR-\chi^2 = 46.68$, df = 1, P < 0.0001) regardless of 113 temperature group (Fisher's exact test, P = 0.171) (Supplementary Table 2). 114

115

116 Effects of biting time and diurnal fluctuating temperature on vector competence

Having confirmed the potential for both morning and evening biting (including in major malaria vectors), we conducted a series of experiments to investigate whether biting time affected the potential for malaria vectors to become infected with the human malaria parasite, *Plasmodium falciparum*. Specifically, we aimed to determine the influence of both intrinsic (circadian) and extrinsic (diurnal temperature fluctuation) effects on measures of infection prevalence and intensity. We focused on the warmer temperature conditions as these were the most common in our literature search, are representative of high

123 transmission settings, and are typical of conditions used in the majority of lab-based studies exploring human malaria-mosquito interactions. Accordingly, experiments were run on a 12:12h light:day cycle at 124 125 either constant 27°C, or a more realistic mean temperature of 27°C with a Diurnal Temperature Range (DTR) of 10°C. Diurnal temperature ranges of 5-20°C are common across many malaria transmission 126 settings^{25,33,34} and so DTR of 10°C is a representative intermediate value. Adult female mosquitoes of the 127 128 African malaria vector, A. gambiae, were given infected blood meals at one of three times of the day to 129 capture the range of potential feeding times from the evening through to the morning: 18:00h, 00:00h, or 130 06:00h. These times of day equate to Zeitgeber Times of ZT12, ZT18 and ZT0, respectively, where ZT0 131 refers to the beginning of the daylight cycle. For these time-of-day experiments, mosquitoes were 132 maintained in separate incubators in which the timers were offset so that the actual feeds took place 133 simultaneously using the same parasite culture, but the mosquitoes were at different points in their diel 134 cycle. Note also that for the temperature fluctuation treatments, the mosquitoes were fed at 27°C, and then 135 returned to their individual incubators to follow their particular diurnal thermal trajectories (Supplementary Fig. 1; see later discussion). 136 137 We found significant interactions between temperature and time-of-day on different measures of 138 infection (oocyst intensity: Generalized Linear Mixed effects Model [GLMM], F = 17.36, df = 2, P < 100139 0.0001; oocyst prevalence: GLMM, F = 18.64, df = 2, P < 0.0001; sporozoite prevalence: GLMM, F =16.19, df = 2, P < 0.0001; Supplementary Table 3). Under the constant temperature regime there was no 140 141 effect of time-of-day on oocyst intensity (i.e. number of oocyst in the midgut of infected mosquitoes), 142 oocyst prevalence (i.e. proportion of mosquitoes infected), or sporozoite prevalence (i.e. proportion of mosquitoes with sporozoites in their salivary glands and hence, potentially infectious) (post-hoc contrasts, 143 144 P > 0.05; Fig. 1). In contrast, under more realistic fluctuating temperatures, there was a significant effect 145 of time-of-day on oocyst intensity, oocyst prevalence, and most importantly, sporozoite prevalence (post-

hoc contrasts, P < 0.05; Fig. 1). Each of these infection measures was highest in mosquitoes fed at 18:00h

- 147 (ZT12) and lowest in those fed at 06:00h (ZT0) (Fig. 1). For the 06:00h treatment, there was an
- approximate 98% reduction in sporozoite prevalence relative to the 18:00h treatment, with <1% of

149 mosquitoes potentially able to transmit parasites. In addition, oocyst intensity and sporozoite prevalence 150 was also lower in the 00:00h (ZT18) treatment compared to both the 18:00h (ZT12) treatment in the 151 fluctuating temperature regime, and 00:00h (ZT18) in the constant temperature regime (post-hoc 152 contrasts, P < 0.05; Fig. 1). 153 These results were corroborated for a second mosquito species, the Asian vector A. stephensi, in two separate infection experiments. In the first experiment, which followed the same experimental design 154 155 described above, we found significant interaction between temperature and time-of-day on oocyst 156 intensity (GLMM, F = 13.23, df = 2, P < 0.0001) and sporozoite prevalence (Generalized Linear Model [GLM], $LR-\gamma^2 = 14.08$, df = 1, P < 0.001; Supplementary Table. 4). Consistent with the results for A. 157 158 gambiae, under the constant temperature regime there was no effect of time-of-day on oocyst intensity, 159 oocyst prevalence, or sporozoite prevalence (post-hoc contrasts, P > 0.05; Supplementary Fig. 2a). In 160 contrast, under more realistic fluctuating temperatures, there was a significant effect of time-of-day on oocyst intensity, and more importantly, sporozoite prevalence (post-hoc contrasts, P < 0.05; 161 Supplementary Fig. 2a). In the second experiment, we used a simplified design to provide a basic contrast 162 163 between feeding in the evening (18:00h [ZT12]) vs morning (05:00h [ZT23]), under both constant and 164 fluctuating temperatures. We found significant interactions between temperature and time-of-day on different measures of infection (oocyst intensity: GLM, $LR-\chi^2 = 4.78$, df = 1, P = 0.029; oocyst 165 prevalence: GLM, $LR-\chi^2 = 16.51$, df = 1, P < 0.0001; sporozoite prevalence: GLM, $LR-\chi^2 = 7.38$, df = 1, P166 167 = 0.007; Supplementary Table 5). Again, oocyst intensity, and oocyst and sporozoite prevalence were not 168 affected by time-of-day at constant 27°C (post-hoc contrasts, P > 0.05; Supplementary Fig. 2b), but all were significantly reduced when mosquitoes were fed in the morning under 27°C with a DTR of 10°C, 169 170 compared with both the evening and morning feeds at constant temperatures (post-hoc contrasts, P <171 0.05; Supplementary Fig. 2b). 172

173 Effect of altered vector competence on malaria transmission potential

174 Our initial experiments suggest the potential for biting time to alter vector competence when daily 175 temperatures fluctuate. To further explore the significance of these findings, we used a deterministic version of a transmission dynamics model of malaria³⁵⁻³⁸ to illustrate the potential public health 176 177 implications of changes in vector competence in the context of LLIN use. First, we examined the effects 178 of differences in vector competence alone on malaria prevalence, considering feeding distribution for an 179 anthropophilic and anthropophagic vector where most bites happen at midnight and indoors (i.e. 70% at 180 midnight and 30% in the evening and morning³⁹), and illustrative scenarios where biting is skewed towards the evening (70% in the evening and 30% at midnight), or towards the morning (70% in the 181 182 morning and 30% at midnight). Model predictions indicate no effect of biting time on malaria prevalence 183 when all mosquitoes are equally competent (Fig. 2a and Supplementary Table 6). Similarly, when biting 184 is centred around midnight there appears little effect of variation in vector competence (i.e. predicted 185 malaria prevalence is almost identical whether competence differs between mosquitoes or not) (Fig. 2a 186 and Supplementary Table 6). However, variation in competence leads to an increase in equilibrium infection prevalence if feeding is dominated by evening biting mosquitoes and a reduction in prevalence 187 if feeding is dominated by morning biting (Fig. 2a and Supplementary Table 6). We next simulated the 188 189 effects of LLINs assuming nets to be used by 50% of the population (approximating mean net use by children across sub-Saharan Africa⁴⁰) and that contact rate with nets was the same for all mosquitoes 190 191 regardless of biting time. LLINs reduced infection prevalence in all cases, but the relative efficacy is 192 lower when biting is skewed towards the evening and greater when biting is skewed towards the morning, 193 even when we assumed equivalent exposure to the LLINs for the different feeding behaviours (Fig. 2b 194 and Supplementary Table 6). When we included the fact that evening and morning biters will likely 195 experience reduced contact with LLINs (in the model, we halve the probability that biting takes place 196 when people are in bed for the evening or morning biters), malaria prevalence increased overall, but the 197 skew to evening biting resulted in the greatest prevalence and the lowest relative effectiveness of LLINs 198 (Fig. 2c and Supplementary Table 6).

199

200 Mechanistic effects of temperature fluctuation on vector competence

201 In order to better understand the influence of temperature fluctuation on vector competence, we 202 conducted a series of experiments to determine the thermal sensitivity of malaria parasite establishment. 203 The focus on initial parasite establishment is justified since it is only during the initial 24h following 204 feeding that mosquitoes experience different conditions (i.e. they follow different short-term thermal 205 trajectories as feeding occurs at different points on the fluctuating cycle) and conditions experienced in 206 subsequent days are essentially identical. First, we examined the effects of absolute temperature by 207 feeding A. gambiae and A. stephensi infected blood and maintaining them under constant temperatures of 208 27°C (control), 30°C, or 32°C, to test whether these higher temperatures were detrimental to parasite infections as temperature rise to >32°C during the day cycle of the 27°C DTR10°C regime. We observed 209 a decline in overall oocyst intensity (GLM, $LR-\gamma^2 = 78.7$, df = 1, P < 0.0001) and oocyst prevalence 210 211 (GLM, $LR-\chi^2 = 36.9$, df = 1, P < 0.0001) at 30°C relative to 27°C for both mosquito species, while no 212 oocyst infections were observed at 32°C (Fig. 3a and Supplementary Table 7). These data indicate that 213 parasite establishment is constrained at temperatures that exceed 30°C. Next, we examined the 214 importance of duration of exposure to high temperatures by varying the period of incubation at the 215 permissive temperature of 27°C from 3 to 48h post blood meal, before moving mosquitoes to the more constraining temperature of 30°C, to test whether the earlier stage of parasite infection in particular is 216 217 sensitive to high temperatures. In this case, overall infection levels were low because the parasite culture 218 had unexpectedly low gametocytemia. Nonetheless, we found that incubating at 27°C for 12 to 24h led to 219 a progressive recovery in oocyst intensity and oocyst prevalence rendering the infections statistically not 220 different to those observed in a cohort maintained at 27° C (post-hoc contrasts, P > 0.05), while those 221 mosquitoes transferred to 30°C before 12h showed no infections (Fig. 3b), indicating higher thermal 222 sensitivity of early infection (i.e. < 12h post infection).

An additional observation is that the effects of high temperature appear to vary to some extent with oocyst intensity (and so depend on the level of gametocytemia in the blood meal). For example, the data presented in Fig. 3a had the highest baseline intensities amongst our various experiments and in this

226 case, reduction in oocyst prevalence at 30°C was not as high as when the baseline intensity was lower. 227 To test the hypothesis that the negative effects of exposure to high temperature on parasite establishment 228 depend on infection intensity, we fed A. gambiae blood meals containing four different dilutions (1, 1/2, 1/2, 1/2)229 1/4, or 1/10) of gametocytes to generate a range of infection loads, and then kept them at 27°C or 30°C. 230 At 27°C, the oocyst prevalence varied from 84 to 52% across the dilution treatments, with median oocyst 231 intensities ranging from nine down to one per mosquito (Supplementary Fig. 3a). Incubation at 30°C reduced oocyst intensity and prevalence across the board (oocyst intensity: GLM, $LR-\gamma^2 = 5.96$, df = 1, P 232 = 0.015; oocyst prevalence: GLM, $LR-\chi^2 = 138$, df = 1, P < 0.0001; Supplementary Table 8). However, 233 234 the per cent reduction in oocyst prevalence was 73% in the highest oocyst intensity treatment and 235 increased up to 96% in the lowest intensity treatment (Supplementary Fig. 3a). Furthermore, when we 236 plot per cent reduction in oocyst prevalence due to high temperature against mean number of oocysts per 237 mosquito for each of our experiments, we find that the impact of temperature declines as intensity of 238 infection increases (Supplementary Fig. 3b).

239

240 Potential confounders

241 There are a number of potential confounders that could impact the robustness of our results. For example, 242 we assume that in a fluctuating temperature environment, mosquitoes will generally track ambient 243 temperature and not exhibit strong thermoregulatory behaviours that might limit exposure to the critical 244 temperatures that impact parasite establishment. In order to investigate this, we adapted methods from a previous study⁴¹ to examine the thermal avoidance behaviour of A. gambiae following a blood meal at 245 246 06:00h that is either infected or uninfected. The approach exposes mosquitoes to temperatures that ramp 247 gradually from 28 to $>35^{\circ}$ C and monitors the time point at which mosquitoes escape the warmed 248 microenvironment (Fig. 4a). We found no evidence that mosquitoes were sensitive to temperatures of 30-249 32°C and only observed a thermal escape response as temperatures approached 35°C (Fig. 4b). There were no differences between infected and uninfected mosquitoes in escape response (Log-rank test; χ^2 = 250

1.25, df = 1, P = 0.264) (dissection of mosquitoes from this experiment revealed oocyst prevalence of 60-75% with 5.5-9 median oocyst intensity).

253 Additionally, in our experiments the blood meal was administered at the mean temperature of 254 27°C before mosquitoes were returned to their respective temperature treatments. This was done to 255 standardise blood feeding compliance and hence the proportion of mosquitoes acquiring parasites (note, 256 blood feeding frequency exceeded 95% in all experiments). It is also technically challenging to blood-257 feed mosquitoes at different ambient temperatures for different temperature treatment groups using the 258 same parasite culture at the same time. In reality, mosquitoes have to feed at the prevailing ambient 259 temperatures. However, these prevailing temperatures for the different feeding times in the 27°C DTR 10°C regime vary from 22.6 to 28.5°C, so it is unlikely that these modest temperature differences would 260 261 impact feeding compliance or efficiency, especially when the blood meal itself is at 37°C and this has a 262 marked effect on mosquito body temperature during the feeding process 42,43 . To provide some 263 confirmation of this, we conducted a simple assay to compare the feeding efficiency of A. gambiae 264 mosquitoes at 21 and 27°C. We found no effect of temperature or its interaction with time-of-day on feeding compliance (Temperature: GLMM, F = 3.05, df = 1, P = 0.131; Temperature × Time-of-day: 265 266 GLMM, F = 3.98, df = 1, P = 0.080; Supplementary Table 9 and Supplementary Table 10). Furthermore, as part of a separate investigation, we have conducted an experiment in which A. gambiae adults were 267 268 maintained at 21°C, fed at 27°C and then returned to 21°C to test whether transferring mosquitoes 269 between different temperatures for blood feeding could affect vector competence. We found no difference 270 in oocyst intensity, or oocyst or sporozoite prevalence between mosquitoes transferred between 21 and 271 27°C, and those maintained at 27°C throughout (post-hoc contrasts, P > 0.05; Supplementary Fig. 4). 272 We also examined whether transfer of mosquitoes at different times of day from their respective 273 fluctuating temperatures affected subsequent blood meal size at the common feeding temperature of 274 27°C. Using fresh body weight of blood-fed mosquitoes as a proxy for blood meal size, we found no 275 difference in body weight between temperature (time-of-day) groups for either A. gambiae or A. stephensi 276 (GLMM, F = 0.46, df = 2, P = 0.635; Supplementary Fig. 5; Supplementary Table 11).

277

278 Discussion

279 In the current study we used a combination of empirical and theoretical approaches to explore whether 280 mosquitoes feeding at different times of day were equally likely to become infected with malaria parasites 281 and hence contribute to transmission. The research was motivated by the fact that although most malaria 282 mosquitoes tend to feed at night, the distribution in biting around the peak means that a proportion of 283 bites also occur in the evening and the morning. Our analysis of the recent literature indicates that this crepuscular feeding is widespread (from our review around 50% of cases reporting hourly feeding 284 285 behaviour indicated peak biting time either before 10pm or after 5am) and might possibly be increasing as 286 a behavioural avoidance response to the use of insecticide treated bed nets. This suggestion is consistent 287 with another recent systematic review, which indicated that on average only 79% of bites by the major 288 malaria vectors in Africa occur during the time when people are in bed, an estimate substantially lower 289 than previous predictions¹⁶. Note also that there are very broad confidence intervals around this estimate, 290 with 95 percentiles ranging from 33.9 to 97.2% for bites received when people are in bed, depending on 291 vector species and location¹⁶.

292 How such feeding behavior influences transmission depends, in part, on whether biting time 293 affects the capacity of mosquitoes to acquire and successfully incubate the malaria parasite. From a range 294 of laboratory infection studies, we show that vector competence varies substantially depending on 295 whether mosquitoes feed in the evening, at midnight, or in the morning. This variation does not appear to 296 be driven by circadian rhythm of the mosquitoes but rather, an interaction with daily temperature 297 variation. More specifically, time-of-day of feeding had no significant effect on the proportion of 298 mosquitoes that successfully developed parasites through to sporozoite stage when mosquitoes were 299 maintained at constant 27°C. However, when mosquitoes were maintained under conditions representing 300 more realistic diurnal temperature variation (i.e. $27^{\circ}C\pm 5^{\circ}C$) there was significant variation in vector 301 competence, with approximately 55 and 88% of evening biters, 26 and 65% of midnight biters, and 0.8 302 and 13% of morning biters positive for sporozoites for A. gambiae and A. stephensi, respectively (Fig. 1

and Supplementary Fig. 2a). Consistent with some earlier work^{29,30}, our additional experiments suggest 303 that this pattern results from transient exposure to temperatures >30°C reducing vector competence via a 304 305 negative effect on the initial stages of parasite development. Importantly, mosquitoes feeding in the 306 morning (i.e. 06:00h [ZT0]) have only 4h before temperatures exceed 30°C under a fluctuating 307 temperature regime, while those that feed at midnight or in the evening (i.e. 00:00h [ZT18] or 18:00h 308 [ZT12]) have 10h and 16h at permissive temperatures, respectively (see Supplementary Fig. 6). As the 309 duration of permissive temperatures increases, so does the probability of parasite establishment. 310 Our illustrative modelling analysis indicates that the differences in vector competence associated 311 with biting time could have important implications for malaria burden (Fig. 2). In the absence of LLINs, 312 the variation in vector competence we observe in our empirical studies leads to increased infection 313 prevalence in the human population when feeding patterns are skewed towards evening biting, and 314 reduced prevalence when skewed towards morning biting. When biting is distributed symmetrically 315 around midnight the model suggests negligible effect of variation in competence on prevalence, relative 316 to predictions based on the standard assumption that all mosquitoes have equal competence. However, 317 this does not mean that variation in competence is unimportant but rather, that the increased transmission 318 potential of mosquitoes biting in the evening is more or less counterbalanced by reduced transmission 319 potential of mosquitoes biting in the morning. LLINs reduce overall infection prevalence, but the impact 320 of LLINs is less if biting is skewed towards the evening relative to midnight or morning biting, as evening 321 biters have the greatest vector competence and hence, higher overall transmission. If we further assume 322 that evening or morning biting mosquitoes escape contact with bednets because people are unlikely to be 323 in bed and protected by LLINs at these times, the relative efficacy of LLINs is reduced, even if 324 mosquitoes have equivalent competence (comparing the grey lines with the black lines in Fig 2c provides 325 an illustration of the impact of behavioural resistance with constant competence). If we include the 326 additional effect of variable vector competence, the decline in relative efficacy of LLINs is more modest 327 for morning biters but greater for evening biters. The reason is that if mosquitoes feed in the morning, the 328 reduced competence of the mosquitoes could compensate for the lower contact rate with LLINs. In the

case of morning feeding being a consequence of behavioural resistance, such an effect would represent an
unexpected positive side effect of selection on mosquito life history⁴⁴. On the other hand, if mosquitoes
feed in the early evening, then not only will LLIN contact rate tend to be reduced, but the mosquitoes
could be even more efficient vectors, exacerbating the epidemiological consequences of residual
transmission and/or behavioural resistance.

The exact mechanisms underlying the transient thermal sensitivity of parasite establishment remain unclear. There could be direct negative effects of temperature on parasite biology and/or indirect effects mediated via the mosquito. Previous research has suggested that an increased blood digestion rate at higher temperatures could increase the quantity of midgut proteases, potentially reducing ookinete density in the mosquito midgut³⁰. Given the importance of elements of the innate immune response and certain components of the midgut microbiome in determining susceptibility to infection, it is possible that these factors could also interact with temperature^{45,46}.

341 Our results appear robust to mosquito behaviour as our thermal escape response assay indicated 342 that mosquitoes are behaviourally unresponsive to temperatures that are critically damaging to malaria 343 parasite establishment. The limited behavioural response of adults to temperatures of around 32°C is 344 similar to that reported previously⁴¹. Moreover, studies comparing the effects of temperature extremes on 345 Anopheles mosquitoes indicate that long-standing laboratory colonies are sufficiently similar in thermal tolerance to field-collected mosquitoes to provide reasonable surrogates of wild populations⁴⁷. Further, 346 347 our feeding compliance and blood meal volume assays suggest that transferring mosquitoes between 348 temperatures for feeding in our main experiments, likely had little confounding effect.

We acknowledge that our study used standard laboratory mosquito and parasite strains, and it is possible that in field settings, local adaptation could yield different patterns of thermal sensitivity for parasites in wild type mosquitoes⁴⁸. Previous studies do indicate that infection with *P. falciparum* is possible above $32^{\circ}C^{49,50}$, and there is a suggestion that naturally circulating parasites might exhibit higher thermal tolerance than standard lab strains⁵¹. For example, one study using parasite populations from 30 naturally infected children in Kenya found that parasites established in mosquitoes following blood feeds

355 from 50% of the carriers (i.e. blood from 15 of the 30 gametocyte positive children yielded mosquito 356 infections) when mosquitoes were maintained at 27°C, but this fell to 30% (i.e. mosquito infections from blood of 8/27 of the children) when mosquitoes were maintained at $32^{\circ}C^{51}$. For those feeds that yielded 357 358 infections at both temperatures, the mean percentage of mosquitoes infected at oocyst stage was 31% at 359 27°C and 17% at 32°C. These reductions in frequency of infection and infection prevalence are less 360 extreme than our data might predict but still indicate a marked impact of temperature. Whether the 361 differences between studies result from variation in parasite thermal sensitivity between strains, or other factors, is not known. Our data, together with those of Bradley et al.⁵² and Pathak et al.⁵³, suggest 362 363 variation in gametocyte densities between feeds/hosts could mediate the effects of temperature on parasite 364 establishment (i.e. if infection is partly a numbers game, then low gametocyte densities might result in 365 even lower probability of a successful infection under thermally constraining conditions). There might 366 also be circadian patterns in the developmental rhythm of parasites⁵⁴ and gametocyte infectiousness²³. Our experiments used cultured parasites and we found little evidence for circadian effects in the mosquito 367 368 in the absence of temperature fluctuation. Recent work on rodent malaria, however, indicates that 369 gametocytes are less infective in the day than at night, but this reduced infectivity is partly offset by 370 mosquitoes being more susceptible to infection when they feed during the day⁵⁵ (though it should be 371 noted that neither the mosquito or the rodent species used in these latter studies is the natural host, and the 372 infection experiments were conducted under constant temperatures). Studies on *P. falciparum* in the field 373 provide mixed results; some research indicates no difference in infectiousness or density of gametocytes 374 between day (16:00h) and night $(23:00h)^{56}$, while other research suggests a diel cycle in gametocyte density with the highest density in the early evening (17:30h) and the lowest in the morning (05:30h) 57 , 375 376 which would likely exacerbate the effects we report.

In addition to potential biological differences between systems (both lab vs. field, and field vs. field), how the time-of-day effects impact malaria transmission intensity in the field will likely vary with prevailing temperatures. If either the mean temperatures or the extent of daily temperature variation limit exposure to temperatures above 30°C, there might be little impact of biting time. Whether biting time

381 affects competence in conditions representative of the lower temperature environments we identified in 382 the literature review is the subject of ongoing research. However, there are extensive areas of malaria transmission in Africa where peak daily temperatures exceed 30°C²⁵⁻²⁸. Furthermore, interactions with 383 384 other traits could influence the net impact on transmission. For example, it is generally assumed that malaria vectors feed at night to exploit sleeping hosts and reduce biting-related mortality¹⁵. The extent to 385 386 which feeding earlier in the evening increases mortality rate or otherwise influences mosquito-to-human 387 transmission and thus vectorial capacity overall, is unknown. Further mathematical modelling work is needed to better understand the full implications of the difference in human-to-mosquito transmission, 388 389 though it will be impeded by a general lack of knowledge of mosquito behaviour and transmission ecology⁵⁸⁻⁶⁰. 390

391 All these factors caution against over-extrapolation of our results and point to the need to extend 392 research to field settings to validate our findings using natural mosquito-parasite pairings. Nonetheless, 393 the high thermal sensitivity of the early stages of malaria parasite infection is widely observed in diverse 394 systems, including human (P. falciparum and P. vivax), rodent (P. chabaudi and P. berghei), and avian malaria (*P. relictum*)^{29,30,33,61-63}, so there is little reason to think the qualitative effects we report are unique 395 396 to our experimental system. As such, we believe our empirical and theoretical findings could have 397 significant implications for basic understanding of malaria transmission ecology since they suggest that 398 not all mosquito bites are equivalent and that evening feeding might contribute disproportionately to vectorial capacity. There is significant interest in how aspects of the innate immune system⁶⁴⁻⁶⁶, or factors 399 400 such as the midgut microbiome⁶⁷⁻⁶⁹, can impact the capacity of mosquitoes to transmit malaria parasites. 401 In the context of this research, it is noteworthy that ecological factors like daily variation in temperature 402 and biting time can interact to render the same mosquitoes either highly susceptible, or essentially 403 refractory. These results are not simply of academic interest as they add important ecological complexity 404 to understanding the potential significance of residual transmission and behavioural resistance.

405

406 Materials and Methods

407 Characterization of biting behaviour in *Anopheles* mosquitoes in the literature

- 408 We used eight combinatorial search terms composed of 'biting', either of 'malaria' or 'Anopheles', and
- 409 one of 'nets', 'bednets', 'ITNs', or 'LLINs' in PubMed for identifying literature that provided hourly
- 410 biting time data (18:00-06:00h) generated by human landing catch methods or human baited bed net traps.
- 411 Publication year was limited to 2000-2017 considering a marked increase for the malaria control efforts in
- 412 sub-Saharan Africa since 2000¹. Conventional peak biting time of *Anopheles* mosquitoes is generally
- 413 known to occur between $00:00-04:00h^{15,32}$, and studies have shown majority of people go to bed at 21:00-
- 414 22:00h and get out of bed at $05:00-06:00h^{7,70-75}$. Accordingly, we considered cases of peak biting time
- 415 before 22:00h (i.e. evening biting) or after 05:00h (i.e. morning biting) to be consistent with behavioural
- 416 change. A "case" was determined as a mosquito species or species complex for which biting activity had
- 417 been determined in a given paper.
- 418 Temperature data for the studies were either provided directly in the source literature or, if not
- 419 presented, monthly mean temperature was estimated for the time (study periods) and location (regional
- 420 estimates of study sites) of the study using Global Surface Summary of the Day (GSOD) provided by
- 421 National Oceanic and Atmospheric Administration, Department of Commerce
- 422 (https://data.noaa.gov/dataset/dataset/global-surface-summary-of-the-day-gsod), or Climte-Data.org
- 423 (<u>https://en.climate-data.org</u>). Temperature measures were categorized into high (25°C or above) and low
- 424 (< 25°C) based on a recent study determining the optimal temperature for malaria transmission as $25^{\circ}C^{76}$,
- 425 and a mean temperature was determined for each group.
- 426

427 Mosquitoes

- 428 Anopheles gambiae (G3, NIH) and A. stephensi (Liston, Walter Reed Army Institute of Research)
- 429 mosquitoes were used throughout the experiments. Mosquitoes were reared under standard insectary
- 430 conditions at 27°C±0.5°C, 80%±5% relative humidity, and a 12h:12h light-dark photo-period. Larval
- 431 density and amount of larval food (ground TetraFinTM; Tetra, Blacksburg, VA) were standardised to

432	ensure uniform adult size. Adults were maintained on 10% glucose solution supplemented with 0.05%
433	para-aminobenzoic acid (PABA). For the infectious feeds, 5-6-day-old female mosquitoes were randomly
434	aspirated into cardboard cup containers that are covered with netting, and starved for approximately 6
435	hours before infectious feed. Individual containers contained 120-150 mosquitoes.
436	
437	General procedures for mosquito transmission studies
438	In vitro cultured Plasmodium falciparum (NF54 isolate, MR4) was provided by the Parasitology Core
439	Lab (<u>http://www.parasitecore.org/</u>) at John's Hopkins University. Gametocyte culture in stage four to five
440	(day 14 after gametocyte initiation) was transported overnight to Penn State in a sterile 50ml falcon tube
441	filled with fresh culture media. The culture tube was packaged in a Styrofoam box with heating pads to
442	keep the temperature at approximately 37°C during transport. Gametocyte-infected erythrocytes were
443	provided with fresh culture media on the day of arrival, and were maintained > 24 hours before the
444	infectious feed to allow additional maturation of gametocytes.
445	Mosquitoes were fed on day 16 post gametocyte initiation. The proportion of erythrocytes infected
446	with mature gametocytes (i.e. gametocytemia) generally ranged between 1-3% in the culture. An
447	infectious blood meal was prepared by mixing gametocyte infected erythrocytes with fresh human serum
448	and erythrocytes at 40% haematocrit on the day of blood feeding as previously described ⁷⁷ .
449	Gametocytemia in the blood meal was adjusted so that mosquitoes were infected at realistic infection
450	intensities (e.g., see Supplementary Fig. 3, and Bradly et al. ⁵²).
451	All infectious feeds were conducted in a walk-in environment controlled chamber. Glass bell jars

452 were uniformly covered with Parafilm to serve as membrane feeders and heated to 37°C with

453 continuously circulating water as previously described⁷⁷. An appropriate amount of infectious blood (1-2

454 ml depending on the size of experiment but consistently the same amount within an experiment) was

455 pipetted into each bell jar. Containers of mosquitoes were randomly allocated to bell jars to minimize any

- 456 effect of position or feeder. Mosquitoes were fed for 20 min at 27°C after acclimating at 27°C for an hour,
- 457 and > 95% mosquitoes were fully engorged in all infectious feeds. Immediately after blood feeding,

458 mosquitoes were placed into incubators (Percival Scientific Inc., Perry, Iowa) with appropriate 459 temperature treatment conditions (90%±5% relative humidity, and 12h:12h light-dark photo-period) and 460 provided daily with fresh 10% glucose solution supplemented with 0.05% PABA. Mosquitoes were 461 transferred and fed under red light as appropriate to maintain light:dark cycles. 462 To determine vector competence, mosquitoes were randomly collected by aspirating into 95% 463 ethanol, and midguts and salivary glands were dissected in $1 \times$ phosphate-buffered saline solution under a 464 standard dissecting scope. Presence or absence of parasite infection was determined by examining midguts and salivary glands, and oocysts in midguts were counted, using a compound microscope. To 465 466 ensure correct scoring, oocysts and sporozoites were inspected under 40× magnification and cross-467 checked by a second person. Oocyst or sporozoite prevalence was calculated as the total number of 468 infected mosquitoes divided by the total number of dissected mosquitoes by combining dissection data 469 from given dissection days and replicated containers of mosquitoes for each treatment. 470 Experimental design for mosquito transmission studies 471 472 *Effects of biting time and diurnal fluctuating temperature on vector competence.* For experiments 473 examining the effect of time-of-day of blood meal and diurnal temperature fluctuation on vector 474 competence, Anopheles mosquitoes were infected at different times of day and maintained at 27°C with a Diurnal Temperature Range of zero (i.e. DTR 0°C) or with a DTR of 10° C (i.e. 27° C $\pm 5^{\circ}$ C; 475 476 Supplementary Fig. 6). The Parton-Logan model was used for the fluctuating temperature regime that 477 follows a sinusoidal progression and an exponential decay for the day and night cycle, respectively^{33,78}. 478 The air temperature of incubator (Percival Scientific Inc., Perry, Iowa) was monitored closely using 479 HOBO data loggers (Onset Computer Corporation, Bourne, MA) at 5 min intervals, and the accuracy of 480 temperature was maintained with the error range of ± 0.5 °C. Prior to infections, pupae were collected and 481 placed into separate incubators in which the clocks were offset so that adult mosquitoes emerged into 482 environments that were staggered in terms of time-of-day. This enabled us to do the infectious feeds 483 simultaneously using the same parasite culture, but with the mosquitoes at different points in their diel

484 cycle (see Supplementary Fig. 1). Anopheles mosquitoes were provided with infectious blood meals in 485 two containers of mosquitoes (150 each unless otherwise specified) at 18:00h (ZT12), 00:00h (ZT18), or 486 06:00h (ZT0) and maintained at either 27°C with DTR 0°C or DTR 10°C (i.e. two replicates per 487 treatment group). For dissections, twenty mosquitoes were sampled daily (10 per container) on 7, 8, and 9 488 days post infection (dpi) for oocysts and 14, 15, and 16 dpi for sporozoites. Oocyst intensity, or oocyst or 489 sporozoite prevalence were determined using dissection data from the three days (sample size of 60 per 490 treatment). We repeated the experiment two times for A. gambiae and one time with A. stephensi, each 491 with different batches of parasite culture and mosquitoes. A further independent experiment was 492 conducted with A. stephensi in which approximately 150 A. stephensi mosquitoes were fed in a container 493 at 18:00h (ZT12) or 23:00h (ZT23) and maintained at either 27°C with DTR 0°C or DTR 10°C. 494 Approximately 10 mosquitoes were sampled daily on 8-10 dpi for dissecting midguts to determine oocyst 495 intensity or prevalence, and on 13, 14, and 16 dpi for dissecting salivary glands to determine sporozoite 496 prevalence.

497

498 *Effect of temperature variation on vector competence.* Effects of temperature treatment, mosquito 499 species and/or gametocytemia on vector competence were examined in a series of infection experiments. For general procedures, approximately 120 mosquitoes were fed in a container (unless otherwise 500 501 specified) with *P. falciparum* infected blood meals, and maintained at appropriate temperature conditions 502 for each experiment. Approximately 10-15 mosquitoes were collected daily for generally 2-3 days to 503 dissect midguts or salivary glands, unless otherwise specified. Dissection days were determined by 504 Detinova's parasite growth model⁷⁹ and data from pilot tests (data not shown) to ensure we sampled when 505 infection prevalence was at a maximum depending on temperature treatments. For measures of vector 506 competence, oocyst intensity, or oocyst or sporozoite prevalence were determined by combining data 507 among dissection days. A separate batch of parasite culture was used for each experiment, and 508 mosquitoes were fed around 18:00h (ZT12) to standardise time-of-day of blood feeding, unless otherwise 509 specified.

510 In the first experiment, infected A. gambiae and A. stephensi mosquitoes were maintained at 511 27°C, 30°C, or 32°C to examine the effect of high temperature on vector competence. In the second 512 experiment, to examine the effect of high temperature on early parasite infection, A. stephensi mosquitoes 513 were incubated at 27°C for 3h, 6h, 12h, 24h, or 48h before moving them to 30°C. As a control group, 514 infected mosquitoes were maintained at 27°C. In the third experiment, to examine the effects of 515 gametocytemia and temperature interaction on vector competence, A. stephensi mosquitoes were fed 516 blood meals with varying gametocytemia dilutions (1, 1/2, 1/4, or 1/10) and maintained at 27°C or 30°C. 517 An infectious blood meal was prepared as described above, and serially diluted to generate blood meals 518 with lower gametocytemia while maintaining 40% haematocrit. In the fourth experiment, 240 A. gambiae 519 mosquitoes were fed in two containers (120 each) and kept at 21°C to examine the effect of transferring 520 mosquitoes between different temperatures. Prior to the infection, pupae were collected and placed into 521 the incubator at 21°C. As a control, mosquitoes were kept at 27°C throughout. Control and treatment 522 mosquitoes were fed at 27°C (at 00:00h [ZT18]).

523

Feeding compliance and blood meal size. To determine the effect of different temperatures on blood
feeding compliance, we compared feeding rates of *A. gambiae* maintained at 21°C DTR 0°C with the
27°C DTR 0°C control (data from Fig. 1, 2nd feed). Mosquitoes were reared as described above.
Mosquitoes were provided with infectious blood meals in two containers (120 each) at 18:00h (ZT12),
00:00h (ZT18), or 06:00h (ZT0). Blood feeding compliance was measured by scoring the proportion of
unfed mosquitoes.

To explore whether transfer of mosquitoes from different points on the fluctuating cycle (i.e. 18:00h [ZT12], 00:00h [ZT18], 06:00h [ZT0] in the 27°C DTR 10°C temperature regime) affected subsequent blood meal size of mosquitoes feeding at 27°C, we compared the body weight of blood-fed mosquitoes as a proxy for blood meal size. Mosquitoes were reared following the same protocol for the time-of-day and fluctuating temperature experiment described above. The blood meal was prepared using the same method used for the infectious feeds, except we used uninfected blood on this occasion. After

starving for 6h prior to blood feeding by removing the sugar source, 5~6 day old *A. gambiae* and *A. stephensi* female mosquitoes were blood fed for 20 min at 27°C in two containers (30 each) per each time-of-day treatment with 1h acclimation at 27°C. One hour post blood feeding, blood-fed mosquitoes were killed by freezing at -20°C for 30 min, and unfed mosquitoes were discarded. Twenty mosquito samples were randomly selected from each container to measure the whole body weight of individual mosquitoes (i.e. 40 sample size per treatment group per species), using an analytical balance with the accuracy of ± 0.1 mg (MS104S; Mettler Toledo, Columbus, OH).

543

544 Thermal avoidance assay

545 A. gambiae mosquitoes were collected at pupal stage and adapted for > 5 days at 27°C DTR 10°C until 546 blood feeding. Mosquitoes were fed with either P. falciparum infected or uninfected blood meals at 547 06:00h (ZT0) as described above, and maintained at 27°C until used for the behavioural assay. Three 548 containers of mosquitoes were fed (100 mosquitoes per container) for the infected or uninfected groups, 549 and mosquitoes from a container from each group were used for each round of assay. Infected and 550 uninfected blood meals were prepared as described above, but gametocyte infected-erythrocytes were 551 replaced with uninfected erythrocytes in the uninfected blood meal. The behavioural assay was conducted 552 in an environmental chamber at $27^{\circ}C\pm0.5^{\circ}C$ with $80\%\pm5\%$ relative humidity using WHO insecticide bioassay tubes as described previously⁴¹ (Supplementary Fig. 7). One side of the tube (the holding tube) 553 554 was wrapped with plastic tubing with continuously circulating water heated by a water bath (WB05; 555 PolyScience Inc., Niles, IL) to control the inner surface temperature of holding tube, while the temperature of escape tube was maintained at $28^{\circ}C\pm0.5^{\circ}C$. Ten mosquitoes fully engorged with either 556 557 infected or uninfected blood meals were introduced into a holding tube and acclimated at 28°C±0.5°C. 558 The assay tubes were used in rotation by mosquito groups fed with either infected or uninfected blood 559 meals within and between the assays. The gate between the holding and escape tubes was opened after 20 560 min of acclimation, and mosquitoes could then choose to move to the escape tube. The number of 561 mosquitoes in the escape tube was recorded every 2 min. No mosquitoes in the escape tube returned ever

562 to the holding tube during the entire assay period. The temperature of water bath was set to 32.6° C at the time of gate was opened, which was equivalent to the maximum temperature in 27°C DTR 10°C 563 564 treatment. The surface temperature of holding tube increased at the rate of approximately 0.23°C/min 565 over 20 min and was maintained at 32.6°C±0.5°C for an additional 20 min. The temperature of the water 566 bath was then set to 36°C to further examine the thermal behaviour. The surface temperature of holding tube increased at the rate of approximately 0.17°C/min over 20 min, and was maintained at 36°C±0.5°C 567 568 for additional 20 min. The rates of temperature increase were comparable to that of Kirby and Lindsay⁴¹. 569 The temperature of the two holding tubes in the treatment group was recorded at 5 sec intervals using 570 thermocouple data loggers (SL500; MicroDAQ.com, Ltd., Contoocook, NH) throughout the experiments. 571 Baseline activity of mosquitoes were monitored as a control by keeping the temperature of the holding 572 and escape tubes at $28^{\circ}C\pm5^{\circ}C$ throughout the experiment and otherwise following the same methods as 573 for the treatment group. A total of eight assay tubes were used for running the control and treatment 574 groups (four each) at the same time, with two replicates for the mosquito group fed with infected or uninfected blood meals. Three rounds of assay were conducted between 4-10 hours post infection 575 576 totalling six replicates for each mosquito group (see Supplementary Fig. 7 for experimental setup). 577 Oocyst prevalence and intensity were determined on 8 dpi in total cohort of 60 mosquitoes (20 per 578 container) fed with the same infectious blood meal and kept at 27°C.

579

580 Transmission dynamics model

A deterministic version of a transmission dynamics model of malaria³⁵⁻³⁸ was adjusted and used to explore the potential public health implications of a theoretical change in mosquito infectivity driven by the timing of mosquito bites. The transmission model mechanistically tracks *P. falciparum* infection in people and mosquitoes. Susceptible people are exposed to infectious mosquito bites at a rate dependent on local mosquito density and infectivity. Mosquito dynamics describe the effects of mosquito control and the resulting decline in egg laying³⁶. Adult mosquitoes can be either susceptible to malaria, infected, or infectious to people.

588

589 *Model adjustment.* Susceptible (S_V) , exposed (E_V) and infective (I_V) mosquitoes are present, and the 590 dynamics of these are expressed as: 591 $\frac{d}{dt}(S_V) = -inc_e - \mu_V S_V + \beta$ 592 $\frac{d}{dt}(E_V) = inc_e - \mu_V E_V - inc_v$ 593 $\frac{d}{dt}(I_V) = inc_v - \mu_V I_V$ 594 595 596 Where mosquito pupae emerge as adults at a rate β that is density dependent and die at a constant rate μ_V 597 which is assumed to be independent of infection status. The rate of exposure to infection with

598 *Plasmodium falciparum (inc_e)* is dependent on the force of infections (FOI_V) such that:

- 599
- $600 \qquad \qquad inc_e = FOI_V \times S_V$
- 601

The Force of Infection is the product of: i) the sum of infectivity from all infective people in the population, ii) the biting rate, which is allowed to vary such that some people could be bitten more than others; iii) the biting rates of mosquitoes, which is dependent on vector intervention categories (bed nets and/or indoor residual spraying may be used), and; iv) the age-specific force of infection, which is normalized so that people of different ages could contribute differently to transmission.

607 The rate that mosquitoes then became infectious (inc_v) is dependent on the proportion of 608 mosquitoes that survived long enough to transmit infection onward. The extrinsic incubation period (EIP) 609 is the number of days needed for sporozoites to be found in the salivary glands. The current model has a 610 constant EIP of 11.5 days (to match experimental data).

$$612 inc_V = inc_e \times Surv$$

$$Surv = exp(-\mu_V \times EIP)$$

614

615Based on the experimental observations, the transmission model was adjusted so that mosquitoes616that exhibit either evening ($Mosq_{EV}$), midnight ($Mosq_{MD}$) or morning ($Mosq_{MN}$) biting behaviour had

617 different rates of becoming infective (inc_V) .

618 The differential equations describing the infection status of adult mosquitoes is adjusted such

- 619 that:
- 620

$$\frac{d}{dt}(S_V) = -inc_e - \mu_V S_V + \beta$$

622
$$\frac{d}{dt}(E_V) = inc_e - \mu_V E_V - (Mosq_{EV} + Mosq_{MD} + Mosq_{MN}) \times inc_v$$

623
$$\frac{d}{dt}(I_V) = (Mosq_{EV} + Mosq_{MD} + Mosq_{MN}) \times inc_v - \mu_V I_V$$

624

The sum proportions of mosquitoes in the different feeding classes equals 1 but the conversion to
sporozoite positive status is different for each group. Our empirical study showed that about 55% of
mosquitoes that bite in the evening became infectious (i.e. sporozoite positive), compared to 22.5% that
bite at midnight and 0.83% of those that bite in the morning. The conversion term, *tob*:

629

$$630 tob = (Mosq_{EV} + Mosq_{MD} + Mosq_{MN})$$

631

632 was parameterized to sum to 1 when all mosquitoes are feeding at midnight. The proportion of

mosquitoes was adjusted given the ratio of 55.0%:22.5%:0.83% for vector competence in evening,

634 midnight and morning biters respectively, such that:

$$Mosq_{EV} = Prop_{EV} \times 2.444$$

$$Mosq_{MD} = Prop_{MD} \times 1$$

$$Mosq_{MN} = Prop_{MN} \times 0.037$$

639

For baseline (control) scenarios representing constant vector competence with respect to biting time, the
proportion of mosquitoes was adjusted given the ratio of 22.5%:22.5% for vector competence of
evening, midnight and morning biters, respectively (assuming all equals to midnight biting), such that:

643

$$Mosq_{MD} = Prop_{MD} \times 1$$

647

To estimate 95% confidence intervals (CIs) for prevalence data, exact Clopper-Pearson 95% CI was estimated from the empirical vector competence data of 55% (45.7-64.1%), 22.5% (15.4-31.0%), and 0.83% (0.02-4.7%) for evening, midnight and morning biting, respectively. These CI values were then divided by the standard prevalence of 22.5% to calculate equivalent parameter ratios of 2.444 (2.029-2.848), 1 (0.684-1.379) and 0.037 (0.001-0.203) for evening, midnight and morning biting, respectively.

Mosquito biting patterns. Evidence suggests that most mosquitoes actively search for blood-meals in the
middle of the night and less so either in the evening or morning^{71,74,80,81}. To reflect this, we considered a
'status quo' scenario that examines the proportion of mosquitoes feeding during the evening and morning
to be 0.15 each whilst the proportion feeding at midnight is 0.7 (as per Supplementary Table 6; runs 1, 4,
7, and 10). We then explored what would happen if mosquito feeding patterns shifted toward evening
(Supplementary Table 6; runs 2, 5, 8, and 11) or morning (Supplementary Table 6, runs 3, 6, 9, and 12).

661 *Contact with bed nets.* The degree of protection that a bed net can elicit depends on the proportion of 662 bites received while a person is protected. Therefore, in the transmission model, the impact of bed nets is 663 determined by the proportion of bites that happen when a person is in bed (Φ_B). Bed nets are modelled to 664 impact the probability of mosquito from species *i* successfully biting (w_i), and the probability of 665 repellence (a mosquito is reflected away by the intervention before biting) (z_i) following (1): 666 667 $w_i = 1 - \varphi_B + \varphi_B s_N$ 668 $z_i = \varphi_B r_N$ 669 670 Mosquitoes that successfully feed (s_N) , die (d_N) or repeat a feeding attempt (r_N) in the presence of a bed 671 net relative to the absence of a bed net were estimated using data from experimental hut trials that examined the entomological impact of LLINs^{2,35}. People are usually not in bed at 18:00h and start getting 672 up before 06:00h^{82,83}, thus the probability of LLIN contact varied by mosquito biting time (in reality, 673 674 these proportions may vary night to night or person to person but in the absence of data, we simply 675 assigned different estimates for Φ_B to each biting class): 676 $\varphi_{B} = \left(\varphi_{B_{EV}} \times Prop_{EV} + \varphi_{B_{MD}} \times Prop_{MD} + \varphi_{B_{MN}} \times Prop_{MN}\right)$ 677 678 679 For the outputs in Supplementary Table 6, $\varphi_{B_{EV}}$ and $\varphi_{B_{MN}}$ were defined as 0.425 (half the contact with bed nets of midnight feeding mosquitoes) whilst $\varphi_{B_{MD}}$ was parameterized to be 0.85¹⁶. This reflected 680 681 mosquito population that feeds principally in the evening (runs 2, 5, 8, and 11), at midnight (runs 1, 4, 7, 682 and 10) or in the morning (runs 3, 6, 9, and 12).

683

Model simulations. We explored how much biting time might affect estimates of prevalence in 2-10 year-old children in a theoretical high transmission setting i) in the absence of LLINs (runs 1-3 for altered

686 vector competence and runs 7-9 for constant vector competence) and ii) in the presence of LLINs but with 687 equal probability of exposure to LLINs for each of the biting classes (runs 1-3 for altered vector 688 competence and runs 7-9 for constant vector competence); and iii) what would happen if the probability 689 of exposure to LLINs differed between biting classes, consistent with hosts less likely to be in bed and 690 protected by bed nets in the evening and morning (runs 4-6 for altered vector competence and runs 10-12 for constant vector competence). For simplicity, we assumed that: i) the mosquito population is density 691 692 dependent; ii) biting rates are constant between people; iii) that there are either no interventions, or 50% 693 of people use bed nets, and; iv) there is no pyrethroid resistance in the mosquito population. The scenario 694 was a high transmission, perennial setting such that without interventions prevalence in 2-10-year-old 695 children is about 60%.

$$Efficacy = \frac{(Prevalence_0 - Prevalence_N)}{Prevalence_0} \times 100$$

699

Where subscripts 0 and N represent the scenarios without or with bed nets, respectively. Post bed net
prevalence estimates are taken 3 years after LLINs were introduced to estimate the efficacy.

702

703 Statistical analyses

Literature review. The ratio of the number of cases where biting time oriented towards either evening or
morning (Supplementary Table 1 and Supplementary Table 2) was compared to the expected ratio of 50%
using chi-squire goodness-of-fit test. Fisher's exact test (two-tailed) was used to test if this ratio of
evening and morning biting was different between the high and low temperature groups (Supplementary
Table 1 and Supplementary Table 2).

Mosquito transmission experiments. For analysing infection data in general, Generalized Linear Models
(GLM) were used unless otherwise specified. Oocyst intensity data were analysed with a negative
binomial error structure with log link considering the highly over-dispersed nature of parasite load data,
unless otherwise specified (see Supplementary Table 12). Oocyst or sporozoite prevalence data were
analysed with a binomial error structure with logit link. Model fit and distributions were determined based
on Akaike's Information Criterion (AIC) value and residual plots.

716 For the time-of-day and fluctuating temperature experiment using A. gambiae, a Generalized Linear 717 Mixed effects Model (GLMM) was used to examine the effects of time-of-day of blood meal, temperature 718 regime, and their interaction (fixed variables) on oocyst intensity, or oocyst or sporozoite prevalence 719 (dependent variables). Infectious feed was included as a random variable, and dissection day was 720 additionally included as a fixed variable in the model to account for any day effect. Time-of-day groups 721 were pairwise compared for oocyst intensity, or oocyst or sporozoite prevalence within temperature 722 regime groups and between temperature regime groups for each time-of-day group, using post-hoc 723 contrasts followed by Bonferroni corrections.

724 For the time-of-day and fluctuating temperature experiment using A. stephensi replicated in two 725 containers of mosquitoes, GLMM was used to examine the effects of time-of-day of blood meal, 726 temperature regime, and their interaction (fixed variables) on oocyst intensity and prevalence (dependent 727 variables). In addition, in the model analyses, mosquito container and dissection day was included as a 728 random and fixed variable, respectively. For sporozoite prevalence data, GLM was used for pooled data 729 from two containers of mosquitoes after confirming no difference in sporozoite prevalence between two 730 replicate containers using Fisher's exact test (two-sided) within each treatment group. This was because 731 the variance of the random effect was estimated as zero (i.e. Hessian matrix not positive definite) rendering validity of model uncertain when GLMM was used for prevalence data^{84,85}. Because of slight 732 733 differences in experimental design, the second time-of-day and fluctuating temperature experiment using 734 A. stephensi which used just one container of mosquitoes was analysed separately. Similarly to the model 735 structure used above, GLM was used to examine the effects of time-of-day, temperature regime, and their

interaction in addition to dissection day (fixed variables) on oocyst intensity, or oocyst or sporozoite
prevalence (dependent variables). For both infection experiments with *A. stephensi*, time-of-day groups
were pairwise compared for oocyst intensity, or oocyst or sporozoite prevalence within temperature
regime groups and between temperature regime groups for each time-of-day group, using post-hoc
contrasts followed by Bonferroni corrections.
For the constant or translocation experiments, GLM was used to examine the effects of temperature

742 treatments, mosquito species, gametocytemia and/or interactions on oocyst intensity, or oocyst or 743 sporozoite prevalence in each study. Treatment groups with zero infections were not included in the analyses^{84,85}. When one control group was compared to all other treatment groups, post-hoc contrasts 744 745 were used followed by Bonferroni corrections. To examine the effect of parasite intensity on the reduction 746 in infection prevalence at 30°C, a linear regression was used to examine the relationship between the 747 mean oocyst intensity in 27°C control group and per cent reduction in the oocyst prevalence at 30°C. The 748 per cent reduction was calculated as the reduced percentage in oocyst prevalence in the 30°C treatment 749 relative to oocyst prevalence in the 27°C control using the data collected from the infection studies 750 described above.

751

Mosquito translocation and blood feeding compliance. The effects of temperature during blood feeding and time-of-day on the feeding compliance of *A. gambiae* mosquitoes (blood feeding success of individual mosquitoes) were examined by using a GLMM (binomial error structure, logit link) as each treatment group had two technically replicated containers of mosquitoes. Temperature, time-of-day, and their interaction were included as fixed variables, in addition to container of mosquitoes as a random variable in the model.

758

Mosquito translocation and blood meal size. To examine the effect of transferring *A. gambiae* and *A. stephensi* mosquitoes to 27°C for blood feeding from prevailing temperatures at different times of day in
 27°C DTR 10°C, GLMM was used for time-of-day, mosquito species, and their interaction as fixed

762	variable, and container of mosquitoes as random variable with normal distribution with an identity link
763	after confirming normality assumptions (e.g. normal distribution of residuals, equal variance, etc.).
764	
765	Thermal avoidance assay. The escape probability of mosquitoes combined from six replicates was
766	analysed using Kaplan Meier Log-rank test to examine the effects of parasite infection on the proportion
767	of mosquitoes that escaped over time. Any mosquitoes that escaped within one minute after opening the
768	gate were left-censored as it was considered a response to human disturbance. Mosquitoes that remained
769	in the holding tube until the end of assay were right-censored.
770	SPSS Statistics 25 (SPSS Incorporation, Chicago, IL) was used for all analyses. Information on
771	experimental designs, dissection methods, and/or statistical analyses on empirical studies are summarized
772	in Supplementary Table 12.
773	
774	Ethical statement
775	We have compiled with all relevant ethical regulations, and all experiments were conducted under Penn
776	State IBC protocol #48219.
777	
778	Reporting summary
779	Further information on research design is available in the Nature Research Reporting Summary linked to
780	this article.
781	
782	Data availability
783	The authors declare that all data supporting the findings of this study are available within the paper and its
784	supplementary information files.
785	

786 Code availability

787 All code used in modelling analysis is available upon request

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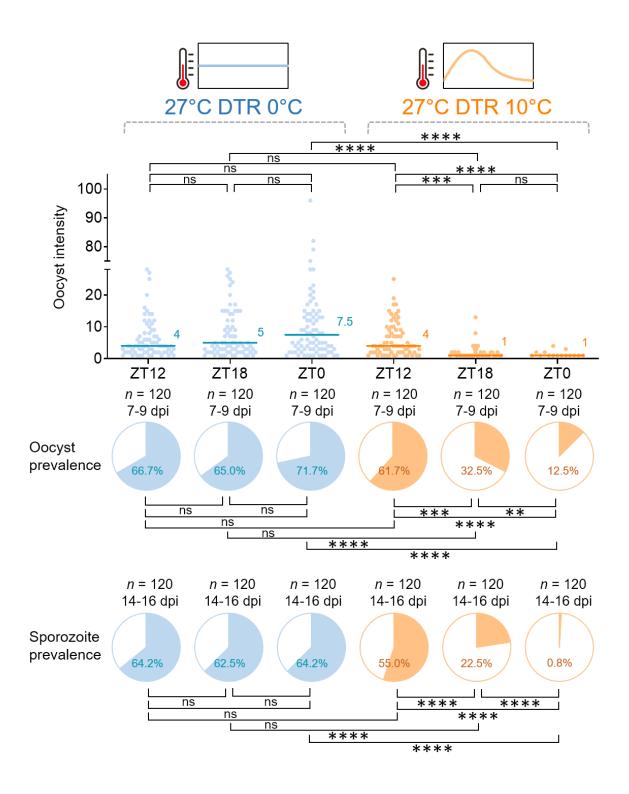
1022 Author contributions

- 1023 E.S., J.L.W., E.S.S., T.S.C., and M.B.T. designed research; E.S., J.L.W., N.L.D. and E.S.S. performed
- 1024 research; E.S., M.K.G., E.S.S., and T.S.C. analysed data; and E.S., E.S.S., T.S.C., and M.B.T. wrote the
- 1025 manuscript with inputs from M.K.G., J.L.W, and N.L.D.

1026

1027 Competing interests

1028 The authors declare no competing interests.

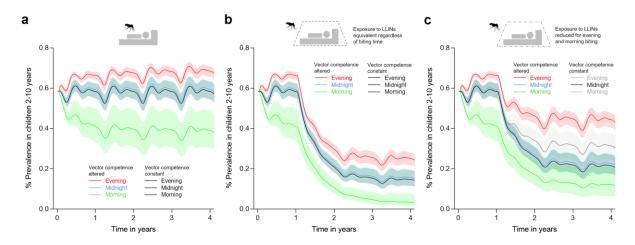


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Figure 1. Effects of time-of-day of blood meal and diurnal temperature fluctuation on vector
 competence of *A. gambiae* mosquitoes infected with *P. falciparum* malaria. Mosquitoes were offered

1032 infected blood meals at a different time-of-day (18:00h [ZT12], 00:00h [ZT18], or 06:00h [ZT0]) and

1033 kept under either constant (i.e. 27° C with a Diurnal Temperature Range [DTR] of 0° C) or fluctuating (i.e. 1034 27° C with a DTR of 10° C) temperature regimes. There is no effect of time-of-day of blood feeding on 1035 vector competence (oocyst or sporozoite prevalence) under constant temperature conditions but a 1036 significant increase in competence for mosquitoes feeding in the evening (18:00h; ZT12) and a significant 1037 reduction in competence for those feeding in the morning (06:00h;ZT0), relative to those feeding at 1038 midnight (00:00h; ZT18) under realistic fluctuating temperatures. The scatter plots show oocyst intensity, 1039 with the data points representing the number of oocysts found in infected individual mosquitoes, and the 1040 horizontal lines the median. The pie charts show oocyst or sporozoite prevalence calculated as the 1041 proportion of infected mosquitoes revealed by dissection of midguts and salivary glands, respectively. Asterisks indicate statistically significant differences between treatments (** P < 0.01, *** P < 0.001, 1042 1043 **** P < 0.0001; ns, not significant at P = 0.05; P-values were Bonferroni corrected after pairwise 1044 comparisons). n indicates the number of mosquitoes sampled from four replicate containers of mosquitoes 1045 from two biologically replicated infection experiments. Forty mosquitoes were sampled daily from four 1046 replicate containers (10 per container) for dissecting midguts on 7-9 days post infection (dpi) or salivary 1047 glands on 14-16 dpi. Further details of the analysis are reported in Supplementary Table 3.

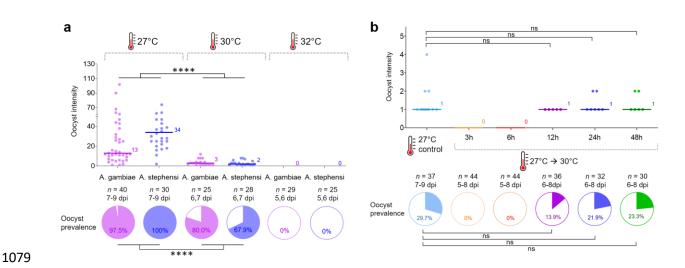


1048

Figure 2. Model outputs illustrating potential epidemiological significance of altered vector 1049 1050 competence. a, Effect of altered vector competence on malaria prevalence in children in a high 1051 transmission setting with mosquitoes biting predominantly in the evening (red line, run 2 and 5 in 1052 Supplementary Table 6), at midnight (blue line, run 1 and 4 in Supplementary Table 6) or in the morning 1053 (green line, run 3 and 6 in Supplementary Table 6) in the absence of bed nets (LLINs). In these and 1054 subsequent figures the solid lines represent the means and the matching coloured bands, the 95% 1055 confidence intervals. The black line shows the control scenarios where, in line with conventional 1056 assumptions, competence is the same for all mosquitoes (run 7-12 in Supplementary Table 6). In these 1057 cases of constant vector competence, prevalence is identical regardless of biting time. If we allow 1058 competence to vary in line with our empirical data (i.e. high for evening biters, intermediate for midnight 1059 biters and low for morning biters), there is little effect on prevalence if mosquitoes bite predominantly at 1060 midnight. However, variation in competence leads to increased infection prevalence when feeding 1061 patterns are skewed towards evening biting, and reduced prevalence when skewed towards morning 1062 biting. **b**, Impact of LLINs on malaria prevalence when mosquitoes bite predominantly in the evening, at 1063 midnight, or in the morning either with altered (evening = red line, midnight = blue line, morning = green 1064 line, run 1-3 in Supplementary Table 6) or constant (evening, midnight, and morning = black line, run 7 1065 -9 in Supplementary Table 6) vector competence, assuming all mosquitoes have equal probability of contacting an LLIN (i.e. the impact of LLINs on mosquito mortality and transmission potential does not 1066

1067	vary with biting time). Under these assumptions, LLINs lead to reduced overall infection prevalence, but
1068	the efficacy of LLINs is less if biting is skewed towards the evening relative to midnight or morning
1069	biting, as evening biters have the greatest vector competence and hence, higher overall transmission
1070	potential. c, Impact of LLINs on malaria prevalence when mosquitoes bite predominantly in the evening,
1071	at midnight, or in the morning either with altered (evening = red line, midnight = blue line, morning =
1072	green line, run $4 - 6$ in Supplementary Table 6) or constant (evening and morning = black line, midnight
1073	= grey line, run $10 - 12$ in Supplementary Table 6) vector competence, but assuming that mosquitoes
1074	feeding in the evening or morning have reduced contact with LLINs (either because they feed outdoors or
1075	because people are less likely to be in bed and using nets at these times). Under these assumptions the
1076	relative efficacy of LLINs is reduced, but most markedly when feeding is dominated by evening biting

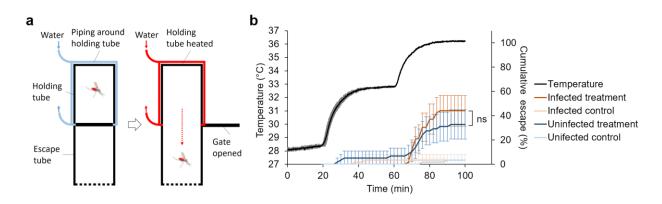
1077 mosquitoes with highest vector competence.



1080 Figure 3. Effect of exposure to high temperatures on vector competence of Anopheles mosquitoes infected with *P. falciparum* malaria. a, *A. gambiae* and *A. stephensi* mosquitoes were kept at 27°C. 1081 1082 30° C, or 32° C following an infectious blood meal. The data indicate that exposure to constant 30° C is 1083 detrimental to parasite establishment for both A. gambiae and A. stephensi, while the infection is 1084 eliminated at 32° C. Results of analyses to examine the effects of temperature treatment and mosquito 1085 species on oocyst intensity or prevalence are reported in Supplementary Table 7. Asterisks indicate statistically significant differences between treatment groups (**** P < 0.0001). **b**, A. stephensi 1086 mosquitoes were incubated at 27°C for various periods of time ranging from 3 to 48h following an 1087 1088 infectious blood meal, before being transferred to 30°C. Control mosquitoes were kept at 27°C throughout. These data indicate that the probability of parasite establishment in the mosquito increases as 1089 1090 the time spent at a permissive temperature (27°C) increases, and that parasites are most sensitive to high 1091 temperatures during the first 12-24h following blood feeding. The control group was compared with each 1092 treatment group with > 0 infection using GLM with pairwise post-hoc contrasts followed Bonferroni 1093 corrections for P-values (ns, not significant at P = 0.05). For (a) and (b), the scatter plots show oocyst 1094 intensity, with the data points representing the number of oocysts found in individual mosquitoes, and the 1095 horizontal lines the median. The pie charts show oocyst or sporozoite prevalence calculated as the

1096 proportion of infected mosquitoes revealed by dissection of midguts and salivary glands, respectively. *n*

1097 indicates the number of mosquitoes sampled per treatment group (dpi = days post infection).



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