

1 **Temporal Gut Microbial Changes Predict Recurrent *Clostridium difficile* in Patients with and**
2 **without Ulcerative Colitis**

3 Running Title: Fecal microbiota predict recurrent CDI in UC

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20 **GRANT SUPPORT:**

21 This study was funded by a research grant from the Crohn's and Colitis Foundation of America,
22 awarded to PH. PH also receives support from the NIH and the University of Michigan. AAL

23 receives support from the National Center for Advancing Translational Sciences of the NIH
24 (KL2TR002241). VBY and KR receive support from the NIH (AI124255).

25

26 **ABBREVIATIONS:**

27 AuROC, area under the receiver operating characteristic curve; CDI, *Clostridium difficile*
28 infection; EOA, end of antibiotics; FMT, fecal microbiota transplantation; IBD, inflammatory
29 bowel disease; Lasso, least absolute shrinkage and selection operator; JSD, Jensen-Shannon
30 distance; MHI, microbiome health index; OTU, operational taxonomic unit; PERMANOVA,
31 permutational multivariate analysis of variance; rCDI, recurrent *Clostridium difficile* infection;
32 UC, ulcerative colitis.

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42 **DISCLOSURES:**

43 The authors have no disclosures.

44

45 **AUTHOR CONTRIBUTIONS:**

46 AL collected clinical data, participated in analysis and interpretation of the data, statistical
47 analysis, and drafted the manuscript. KR participated in analyzing the data, interpreting the
48 results, statistical analysis, and helped draft the manuscript. JL participated in acquisition of
49 clinical data and sample processing. MG participated in acquisition of data, sample processing
50 and data analysis. BM participated in acquisition of clinical data and sample processing. VBY
51 participated in study design, interpreting the results, helped draft the manuscript. PDRH
52 conceived the study, participated in subject recruitment, data acquisition, interpretation of the
53 results, and helped draft the manuscript. All authors were involved in critical revision of the
54 manuscript and approved the final manuscript.

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56 **Word Count: 6,702**

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67 **ABSTRACT:**

68 **Background:**

69 Ulcerative colitis (UC) carries an increased risk of primary and recurrent *Clostridium difficile*
70 infection (rCDI) and CDI is associated with UC flares. We hypothesized that specific fecal
71 microbial changes associate with UC flare and rCDI.

72

73 **Methods:**

74 We conducted a prospective observational cohort study of 57 patients with UC and CDI, CDI
75 only, and UC flare only. Stool samples were collected at baseline, at the end of antibiotic
76 therapy, and after reconstitution for 16S rRNA sequencing. The primary outcomes were
77 recurrent UC flare and rCDI. Logistic regression and Lasso models were constructed for analysis.

78

79 **Results:**

80 There were 21 (45.7%) patients with rCDI, while 11 (34.4%) developed UC flare. Patients with
81 rCDI demonstrated significant inter-individual ($P=.008$) and intra-individual differences ($P=.004$
82 relative to baseline samples) in community structure by Jensen-Shannon distance (JSD)
83 compared with non-rCDI. Two cross-validated models identified by Lasso regression predicted
84 risk of rCDI: a baseline model with female gender, hospitalization for UC in the past year,
85 increased Ruminococcaceae and Verrucomicrobia, and decreased Eubacteriaceae,
86 Enterobacteriaceae, Lachnospiraceae, and Veillonellaceae (AuROC=0.94); and a model 14 days
87 after completion of antibiotics with female gender, increased Shannon diversity,
88 Ruminococcaceae and Enterobacteriaceae, and decreased community richness and

89 Faecalibacterium (AuROC=0.9). Adding JSD between baseline and post-treatment samples to
90 the latter model improved fit (AuROC=0.94). A baseline model including UC hospitalization in
91 the past year and increased Bacteroidetes showed good fit characteristics for predicting
92 increased risk of UC flare (AuROC=0.88).

93

94 **Conclusion:**

95 Fecal microbial features at baseline and following therapy predict rCDI risk in patients with and
96 without UC. These results may help risk stratify patients to guide management.

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98 **Keywords:** Gut microbiota, predictive modeling, *Clostridium difficile* infection, ulcerative colitis,
99 Lasso regression

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111 **INTRODUCTION:**

112 Although the pathogenesis of ulcerative colitis (UC) is incompletely understood,
113 accumulating evidence suggests that disruptions of gut microbial structure and function
114 contribute to inflammatory bowel disease (IBD). Introduction of gut microbiota taken from IBD
115 patients and introduced into gnotobiotic mouse models of IBD can elicit proinflammatory
116 immune responses similar to those seen in IBD patients.¹ Moreover, intestinal inflammation
117 may induce further derangements in the gut microbial community.^{2,3} Thus, IBD may be seen as
118 a deleterious feedback cycle of disruptions to the gut microbiota and alterations in host
119 immune responses.

120

121 Patients with IBD, particularly those with UC, are at higher risk for *Clostridium difficile*
122 (recently reclassified as *Clostridiodes difficile*) infection (CDI).⁴⁻⁶ IBD patients have multiple risk
123 factors for CDI, including frequent antibiotic use, prior hospitalization, and/or a
124 immunocompromised state, but CDI occurs at increased rates even in IBD patients without
125 these traditional risk factors.⁷ It is possible that alterations in the gut microbial community may
126 predispose IBD patients to CDI. Murine models suggest that shifts in microbial ecology are
127 associated with susceptibility to experimental CDI.⁸ Notably, these changes in microbial
128 dynamics in CDI are similar to those consistently observed in IBD. IBD patients with CDI also
129 carry a 2-fold increased risk of hospitalization for subsequent exacerbation of IBD, increased
130 risk for colectomy, and almost 5-fold increased risk for mortality compared to those without
131 CDI.^{5,9-11} IBD patients are also significantly more likely to have recurrent CDI (rCDI) compared
132 with non-IBD controls.¹²

133 It is not clear how the microbiome disruptions seen in CDI and IBD relate to each other
134 and/or interact. Thus, we aimed to characterize the fecal microbiota in patients with UC \pm CDI
135 longitudinally and investigate possible relationships to rCDI and recurrent UC flare. We
136 hypothesized that poor reconstitution of the gut microbiome at the End of Antibiotics + 14 days
137 (EOA+14) would be associated with rCDI and/or subsequent UC flare.

138

139 **METHODS:**

140 ***Study Design:***

141 We conducted a prospective, observational cohort study at the University of Michigan.
142 We recruited subjects from the following three groups: symptomatic patients with UC who also
143 tested positive for CDI (cohort 1); non-IBD patients with symptomatic CDI (cohort 2); and
144 patients with UC flare without CDI (cohort 3) (**Supplementary Figure 1**).

145

146 All subjects were 18 years or older and provided informed consent prior to enrollment
147 in the study. Subjects were excluded from the study if they had presence of an ostomy or
148 previous history of colectomy. Subjects in cohorts 1 and 3 had prior clinical, endoscopic and
149 histologic diagnosis of UC while subjects in cohort 2 had no documented history of UC or
150 autoimmune disease.¹³ The study was approved by the institutional review board at the
151 University of Michigan (see Supplemental Methods for full details).

152 The primary outcomes were subsequent UC flare and rCDI. Secondary aims included
153 identifying any microbial features at baseline that may discriminate between patients with CDI
154 compared with UC. Subjects were contacted and their medical records were reviewed every 60

155 days for up to 180 days after enrollment to determine the recurrence of UC flare and rCDI. Due
156 to the small sample sizes in each cohort, patients in cohorts 1 and 2 were analyzed collectively
157 to determine the rate of rCDI while adjusting for UC status. Patients in cohort 1 were also
158 followed to determine the rate of UC flare. As patients in cohort 3 (UC flare only) were
159 experiencing an exacerbation of their UC on enrollment, it was not possible to differentiate
160 between an on-going vs. recurrent UC flare. As a result, patients in cohort 3 were excluded
161 from meeting the primary endpoint of UC flare but were used to adjust models for UC status.
162 Patients in cohort 3 were also analyzed to determine potential differences in microbial variables
163 between UC and CDI at baseline.

164 UC flare was defined by onset of typical symptoms occurring after enrollment in the
165 study along with 6-point Mayo score > 2.5 and a fecal calprotectin > 150 in the absence of
166 CDI.¹⁴ CDI was diagnosed by presence of diarrhea (≥ 3 unformed stools in a 24-hour period) and
167 a positive stool test for toxigenic *C. difficile* (positive testing for both the glutamate
168 dehydrogenase [GDH] antigen and TcdA/TcdB by EIA [C. Diff Quik Chek Complete®, Alere,
169 Waltham, MA], or real-time PCR for the *tcdB* gene performed when GDH/toxin results were
170 discordant [Simplexa™ *C. difficile* Universal Direct, Diasorin Molecular LLC, Cypress, CA]). Initial
171 diagnostic tests were performed by the University of Michigan clinical microbiology laboratory.
172 rCDI was defined by recurrence of symptoms at least 14 days after initial treatment of CDI and
173 positive *C. difficile* testing.¹⁵

174

175 **Stool Collection:**

176 For cohorts 1 and 2, stool samples were collected from all subjects at baseline (day 0)
177 prior to initiation of antibiotics for CDI and/or medical therapy for UC flare (**Supplemental**
178 **Figure 2**). Stool samples were also collected at the end of antibiotics (EOA, approximately day
179 14) and EOA plus 14 days (approximately day 30). For cohort 3, stool samples were collected at
180 baseline and at day 30 after clinical remission was achieved.

181

182 ***16S Sequence Analysis:***

183 DNA was extracted and libraries were prepared by the University of Michigan Host
184 Microbiome core, the 16S rRNA genes were sequenced, and the *mothur* computational
185 pipeline¹⁶ was deployed for processing sequence data as previously described (see
186 Supplemental Methods).¹⁷ Following this, the following microbiome metrics were generated:
187 Shannon diversity, Jensen-Shannon distance (JSD) relative to baseline and subsequent samples,
188 community type using unsupervised partition around medoid clustering based on JSD,¹⁸
189 relative abundance of individual operational taxonomic units (OTUs), and other variables based
190 on taxonomic class. One such constructed metric is the microbiome health index (MHI), defined
191 as the proportion of Bacteroidia and Clostridia compared to the proportion of
192 Gammaproteobacteria and Bacilli.¹⁹

193

194 ***Statistical Analysis:***

195 Continuous data were reported as mean and standard deviation (SD) if normally
196 distributed, and as median and range if not normally distributed. Categorical variables were
197 reported as frequencies and percentages. Continuous data were compared using one-way

198 ANOVA if data were parametric or Kruskal-Wallis test if non-parametric. Comparisons of
199 proportions were performed using Fisher's exact test. All data were analyzed using R version
200 3.5.2 (R Foundation for Statistical Computing, Vienna, Austria). A two-tailed P -value < 0.05 was
201 considered significant for all analyses.

202 Unadjusted and adjusted logistic regression analyses were performed to identify clinical
203 and microbial variables at baseline (time point 1) and at time point 3 (EOA plus 14 days) which
204 were associated with subsequent UC flare and rCDI. Corrections for multiple comparisons were
205 performed using the Benjamini-Hochberg method.²⁰ Only OTUs that were present in at least
206 10% of samples were included in the analysis. The overall structure of microbial communities
207 among our primary outcomes was compared using redundancy analysis, an ordination
208 technique, followed by a permutational, multivariate ANOVA (PERMANOVA) for significance
209 testing, as implemented by the R package *vegan* version 2.5-4.²¹

210 Two predictive models using different techniques and aims were performed. The first
211 method included clinical and microbiota variables with P -values $< .20$ for the association with
212 either rCDI or subsequent UC flare based on logistic regression results. A backward stepwise
213 regression method was used to select predictors in the final multivariable model, and
214 interactions among the variables in the final model were assessed. This modeling strategy
215 helped quantify the magnitude, strength, and statistical significance of individual predictors
216 while accounting for confounding. However, it is not ideal for avoiding overfitting and
217 maximizing generalizability of models.

218 Due to the large number of possible predictor variables, and in order to generate
219 models that minimized overfitting, a second approach using Lasso (least absolute shrinkage and

220 selection operator) regression with cross validation was also employed. Models were built in a
221 stepwise regression fashion, and the optimal model was automatically selected using a 3-fold
222 cross-validation that minimized the penalty term (i.e. λ), as implemented in the *glmnet* package
223 version 2.0-16.²² Since cross-validation includes a component of randomness, this stepwise
224 modeling strategy was simulated 1,000 times and those variables that appeared most
225 frequently were selected for inclusion in the final model. The area under the receiver operator
226 characteristic curve (AuROC) was calculated for each model using the R package pROC version
227 1.14.0.²³

228 To assess longitudinal associations between clinical and microbial variables of interest
229 with the primary outcomes, generalized estimating equations (GEE) with an exchangeable or
230 auto-regressive correlation structure, generalized linear mixed-effects models (GLMER) and
231 generalized additive models (GAM) were utilized using the R packages *geepack* version 1.2-1,²⁴
232 *lme4* version 1.1-21,²⁵ and *mgcv* version 1.8-28,²⁶ respectively.

233

234 **RESULTS:**

235 ***Baseline Clinical Variables:***

236 A total of 57 subjects were enrolled in this study (32 with UC/CDI, 14 with CDI only, and
237 11 with UC only). Patients with CDI only were older compared to those with UC/CDI and UC
238 only ($P=.001$) (**Table 1**). Patients with UC only were significantly more likely to receive steroids
239 as their initial treatment for UC flare compared to those subjects with UC and CDI (90.9% vs.
240 31.2%, $P=.001$). Patients with UC only were also less likely to have received antibiotics in the
241 past year compared to patients with UC and CDI or patients with CDI only ($P=.006$). There were

242 no other clinical variables at baseline that differed significantly between the three groups. A
243 total of 21 subjects (45.7%) met the primary endpoint for rCDI while 11 subjects (34.4%)
244 developed a subsequent UC flare.

245

246 ***Patients with CDI Show Reduced Microbial Diversity and Richness at Baseline Compared with***
247 ***UC:***

248 Microbial features at baseline were compared in patients with UC and CDI. Patients with
249 CDI showed decreased Shannon diversity ($P < .05$) and community richness ($P = .002$) at baseline
250 compared with UC even after controlling for UC status (**Supplemental Table 1**). There were also
251 several OTUs, including several Lachnospiraceae genera, that were depleted at baseline in
252 patients with CDI compared with UC.

253

254 ***Patients with rCDI Exhibited a Distinct Community Structure Compared with Non-rCDI:***

255 We next performed redundancy analysis to explore differences in microbial
256 communities across populations with rCDI and UC flare as variables (cohorts 1 and 2). There
257 were significant differences in the baseline community structure between patients who
258 subsequently developed rCDI vs. non-rCDI ($P = .008$ by PERMANOVA), **Figure 1A**). No significant
259 differences were seen between patients with subsequent UC flare vs. without a recurrent UC
260 flare ($P = .44$) (**Figure 1B**).

261

262 ***Patients with rCDI Showed Greater Intra-Individual Variability of the Fecal Microbiota Over***
263 ***Time:***

264 We then evaluated intra-individual community changes in cohorts 1 and 2 by Jensen-
265 Shannon Distance (JSD, ranging from 0, indicating complete similarity relative to baseline
266 samples, to 1 or complete dissimilarity with baseline samples) over time. At the end of
267 antibiotics (EOA), there were no differences in JSD between patients who developed rCDI and
268 those who did not develop rCDI ($P=.41$) (**Figure 2A**). However, 14 days after completion of
269 antibiotics, those patients who subsequently developed rCDI demonstrated greater dissimilarity
270 to baseline samples in community structure compared with non-rCDI patients ($P=.004$) (**Figure**
271 **2B**). There were no differences in JSD at EOA ($P=.75$) or at EOA plus 14 days ($P=.22$) in patients
272 with and without subsequent UC flare.

273

274 ***Baseline Clinical and Microbial Variables Are Predictive for rCDI:***

275 *Unadjusted Variables Associated with rCDI:*

276 We performed logistic regression models to determine baseline variables that were
277 associated with risk for rCDI (cohorts 1 and 2) while controlling for UC status (cohorts 1 and 3)
278 (**Supplemental Table 2**). Female gender was associated with an increased risk for rCDI (OR=2.5,
279 $P=.05$). In terms of microbial variables, an increase in the relative abundance of
280 Lachnospiraceae at baseline was protective against subsequent risk for rCDI (OR=0.52 for every
281 10% increase, $P=.02$). There were no other clinical or microbial variables at baseline that were
282 associated with risk for rCDI.

283

284 *Multivariable Model for rCDI:*

285 Using backward stepwise regression analyses, in our final model we identified five
286 baseline variables that were significantly associated with rCDI even after adjusting for UC status
287 (**Table 2**). Female gender was associated with an increased risk for rCDI (OR=16.2, $P=.005$). In
288 contrast, increased OTU richness (OR=0.86 per every increase of 10 taxa, $P=.02$) as well as
289 increased relative abundance of Enterobacteriaceae (OR=0.29 per every 10% increase, $P=.004$);
290 Lachnospiraceae (OR=0.17 per every 10% increase, $P=.002$); and Veillonellaceae (OR=0.17 per
291 every 10% increase, $P=.05$) were protective against rCDI (**Figure 3A-D**). We assessed for
292 interactions among variables in the final model and none were found. This final model had
293 excellent fit characteristics (AuROC=0.91) (**Figure 3E**).

294

295 Model selection using 3-fold cross-validated Lasso regression to minimize λ with 1000
296 simulations identified two clinical and six taxonomic variables at baseline that were associated
297 with rCDI in the largest number of simulations (**Supplemental Table 3**). Increased risk for rCDI
298 was associated with hospitalization for UC in the past year and female gender, as well as
299 increased relative abundances of Verrucomicrobia and Ruminococcaceae. Conversely, an
300 increase in Eubacteriaceae, Lachnospiraceae, Veillonellaceae, and Enterobacteriaceae at
301 baseline were protective against subsequent risk for rCDI. When these variables were included
302 in a Lasso regression model, this final model demonstrated excellent predictive capabilities for
303 rCDI (AuROC=0.94) (**Figure 3F**).

304

305 ***Baseline Clinical and Microbial Variables Associated with Increased Risk for UC Flare:***

306 *Unadjusted Variables Associated with UC flare:*

307 Prior hospitalization for UC in the past year (OR=16.0, $P=.003$) as well as steroid use as
308 initial treatment for UC exacerbation (OR=10.5, $P=.008$) were significantly associated with risk
309 for UC flare (cohort 1) (**Supplemental Table 2**). An increase in the relative abundance of
310 Bacteroidetes was associated with increased risk for UC flare (OR=2.06 for every 10% increase,
311 $P=.01$) (**Supplemental Figure 3**).

312

313 *Multivariable Modeling Associated with UC Flare:*

314 Using backward stepwise regression, hospitalization for UC in the previous year
315 (OR=17.70, $P=.008$) and increased relative abundance of Bacteroidetes at baseline (OR=1.07,
316 $P=.03$) were associated with increased risk for UC flare (AuROC=0.88).

317

318 *Longitudinal Models Utilizing Microbial Variables Predict Increased Risk for rCDI:*

319 We used microbial data from all timepoints in cohorts 1 and 2 to model rCDI by fitting
320 generalized estimating equations (GEE) and generalized linear mixed models (GLMM) while
321 adjusting for UC status (cohorts 1 and 3). However, models using both GEE and GLMM either
322 did not converge, resulted in singular fits, or gave nonsensical results. This was likely related to
323 excessive collinearity of variables, overdispersion/excessive variability over time, and/or
324 nonlinearity in the shape of the data. In terms of the latter, since the data did not follow a
325 linear pattern (**Supplemental Figure 4A-D**), we tried three different approaches to produce a
326 coherent model. First, in order to more accurately model the parabolic nature of the dataset, a
327 quadratic term was introduced but this still did not result in models that converged. Secondly,
328 we also modeled our data at two different time points, including at time points 1 (baseline) and

329 3 (EOA plus 14 days) and separately at time points 2 (EOA) and 3 (EOA plus 14 days). However,
330 modeling with only two time points did not produce a model that converged. Finally, we used
331 generalized additive models (GAM), which introduce a penalized regression spline in order to
332 model non-linear data. Here, we identified by GAM that female gender as well as decreasing
333 OTU richness and increasing Ruminococcaceae longitudinally were associated with future risk
334 for rCDI (AuROC=0.87).

335

336 ***Clinical and Microbial Variables at Time Point 3 Also Predict Risk for rCDI:***

337 *Unadjusted Variables Associated with rCDI:*

338 We next performed logistic regression modeling to determine whether microbial
339 features at time point 3 (microbial reconstitution, EOA plus 14 days) were associated with rCDI
340 (cohorts 1 and 2) while controlling for UC status (cohorts 1 and 3) (**Supplemental Table 4**). An
341 increased relative abundance of Gammaproteobacteria (OR=1.63 per every 10% increase,
342 $P=.04$), Enterobacteriaceae (OR=1.78 per every 10% increase, $P=.03$), and Jensen-Shannon
343 Distance (JSD) at time point 3 relative to baseline (OR=1.80 per every 0.1 increase, $P=.01$) were
344 associated with increased rCDI risk. Conversely, an increase in Shannon diversity (OR=0.34,
345 $P=.04$) and OTU richness (OR=0.85 per every increase of 10 taxa, $P=.008$) as well as increased
346 relative abundance of Ruminococcaceae (OR=0.40 per every 10% increase, $P=.04$) and
347 Faecalibacterium (OR=0.10 per every 10% increase, $P=.04$) were all protective against future
348 risk for rCDI. Additionally, at a lower level of significance, increased Bacteroidetes (OR=0.60 per
349 every 10% increase, $P=.05$), Lachnospiraceae (OR=0.62 per every 10% increase, $P=.06$) and MHI
350 (OR=0.78 per every 1% increase, $P=.05$) were also protective against rCDI.

351

352 *Multivariable Model Selection for rCDI:*

353 Model selection by backward stepwise regression identified four clinical and microbial
354 variables at time point 3 that were significantly associated with rCDI after adjusting for UC
355 status (**Table 3**). Female gender (OR=5.69, $P=.03$) and increased relative abundance of
356 Ruminococcaceae (OR=1.43 per every 1% increase, $P=.03$) were associated with increased risk
357 for future rCDI. In contrast, an increase in OTU richness (OR=0.83 per every increase of 10 taxa,
358 $P=.03$), and increased relative abundance of Faecalibacterium (OR=0.47 per every 1% increase,
359 $P=.02$) were protective against rCDI (**Figure 4A-C**). This model showed good fit characteristics
360 (AuROC=0.87) for predicting rCDI. When Jensen-Shannon Distance (JSD) at time point 3 relative
361 to baseline was added to the model, it had a statistically significant effect by likelihood ratio
362 testing ($P=.007$) and improved the model fit (AuROC=0.90).

363 Cross-validated Lasso regression simulations identified similar variables to the backward
364 stepwise regression, including an increased relative abundance of Ruminococcaceae, decreased
365 OTU richness, and decreased Faecalibacterium at time point 3 (EOA plus 14 days) as being
366 associated with increased risk for rCDI (**Supplemental Table 5**). Lasso regression also identified
367 additional variables associated with increased rCDI, including female gender, increased
368 Enterobacteriaceae (**Figure 4D**), and increased Shannon diversity (**Figure 4E**). When these
369 variables selected by the greatest number of simulations were included in a final Lasso
370 regression model, this model showed excellent predictive capabilities for identifying rCDI
371 (AuROC=0.90). When Jensen-Shannon Distance (JSD) at time point 3 relative to baseline was
372 added, the model showed increased fit characteristics (AuROC=0.94) (**Figure 4F**).

373

374 ***Clinical and Microbial Variables Did Not Associate with UC Flare at Time Point 3:***

375 We did not identify any microbial variables at time point 3 in cohort 1 that were
376 associated with risk for UC flare. Similarly, model selection by Lasso regression did not identify
377 any variables that were significantly associated with UC flare (data not shown).

378

379 **DISCUSSION:**

380 We have conducted a prospective, longitudinal cohort study examining whether gut
381 microbial changes can predict future risk for rCDI and recurrent flare of UC in a cohort of
382 patients with CDI, with and without UC. In this study, we have shown that specific microbial
383 characteristics, either at baseline or upon reconstitution of the microbiome, can detect those
384 patients at high risk for future episodes of rCDI and UC flare. Specifically, we demonstrated that
385 (1) patients with CDI \pm UC who subsequently develop rCDI possess a distinct microbial
386 community structure compared with non-rCDI patients; (2) there are unique microbial
387 characteristics at baseline which can identify patients at risk for rCDI with 94% accuracy; (3)
388 those patients with on-going perturbations of their fecal microbiota two weeks after
389 completion of antibiotics are at increased risk for rCDI; and (4) patients with history of
390 hospitalization for UC in the previous year and increased Bacteroidetes at baseline had
391 increased risk for subsequent UC flare.

392

393 Patients with UC and CDI represent a high-risk patient population with significant risk for
394 rCDI and poor outcomes. Identifying those patients with higher risk for recurrence of disease

395 would represent a major advance in the field. Our results have identified several key variables
396 at baseline that are associated with rCDI even after adjusting for UC status. Specifically, female
397 gender, hospitalization for UC in the prior year, increased Ruminococcaceae and
398 Verrucomicrobia were associated with increased risk for rCDI while increased abundances of
399 Eubacteriaceae, Enterobacteriaceae, Lachnospiraceae, and Veillonellaceae were protective
400 against risk for future rCDI. This model demonstrated excellent discriminative ability with 94%
401 accuracy to predict future occurrences of rCDI. Notably, these variables were identified in
402 baseline samples, which suggests that high-risk patients can be identified at the time of CDI
403 diagnosis. These patients might benefit from more aggressive therapy, such as prolonged
404 antibiotic tapers, an antibiotic with lower risk of rCDI such as fidaxomicin,²⁷ use of a monoclonal
405 antibody to reduce risk of rCDI,²⁸ fecal microbiota transplantation (FMT), or even a rationally
406 designed probiotic (based on data from the current study) containing Eubacteriaceae,
407 Lachnospiraceae, Enterobacteriaceae, and Veillonellaceae.

408 Female gender has previously been identified as an independent risk factor for CDI,²⁹
409 which may be related to differences in sex hormone levels resulting in differences in gut
410 microbial composition.³⁰ Widespread changes in the gut microbiota, including lower diversity
411 and decreased abundance of putatively beneficial bacteria, such as Lachnospiraceae, have been
412 demonstrated in both UC and CDI.^{31,32} Lachnospiraceae is a primary producer of butyrate,
413 which is known to inhibit *C. difficile* *in vitro*³³ and enhances intestinal epithelial barrier
414 function.³⁴ Furthermore, both *C. difficile* and Lachnospiraceae are taxonomically classified
415 within the Clostridiales order. Thus, Lachnospiraceae may be protective against CDI by
416 occupying a similar ecological niche within the gastrointestinal tract competing for similar

417 resources as *C. difficile*. In addition, a probiotic containing 33 different bacterial species,
418 including Lachnospiraceae, Ruminococcaceae, and Eubacteriaceae, was protective against rCDI
419 for up to 6 months posttreatment.³⁵

420 Although there is a paucity of data regarding association between microbial
421 characteristics and rCDI, the available data show some differences from our results. Studies
422 prior to FMT in CDI patients have demonstrated widespread changes in the gut microbiota,
423 including decreased abundances of Lachnospiraceae and Ruminococcaceae as well as
424 enrichment of Enterococcaceae and Veillonellaceae.³⁶ Khanna, *et al.* reported increased
425 abundance of Veillonella, Enterobacteriaceae, and Lachnospiraceae in pre-treatment fecal
426 samples were associated with rCDI,³⁷ while our results show the opposite directionality for
427 these taxa. However, in this prior study, rCDI was determined retrospectively by review of the
428 electronic medical record. Furthermore, all of these studies were limited by their cross-
429 sectional study design and lack of longitudinal sampling. This is particularly limiting when
430 considering the effects of antibiotic treatment for CDI on the gut microbiota.

431 There are only two published studies examining longitudinal changes in the gut
432 microbiota in rCDI. Seekatz, *et al.* demonstrated significant differences at baseline in
433 community structure in rCDI vs. non-rCDI patients.¹⁷ Notably, patients with rCDI were more
434 likely to show greater intra-individual similarity in their gut microbiota longitudinally compared
435 with non-rCDI patients, which is discordant with our results. However, similar to the study
436 design by Khanna, *et al.*, patients were retrospectively designated as having rCDI vs. recovery
437 by chart review. Additionally, the number of and interval between samples collected was highly
438 variable with samples collected up to 800 days after initial CDI diagnosis. Thus, our respective

439 studies may have captured different trajectories in gut microbial changes between perturbation
440 and reconstitution resulting in rCDI or recovery. Furthermore, our results may provide a more
441 clinically useful model given the ability to determine risk for rCDI at baseline, or shortly after
442 completion of antibiotics rather than weeks or months after collection of the index sample.

443 In the first prospective longitudinal study regarding fecal microbial changes in rCDI,
444 Pakpour, *et al.* identified decreased Shannon diversity, depletion of Bacteroidetes and reduced
445 abundance of *Veillonella dispar* by random forest models as being predictive of rCDI.³⁸
446 However, the predictive capability of their model was poor (AuROC=0.68). Although there were
447 differences in the microbial characteristics identified, this was likely related to differences in
448 patient populations between our studies. The majority of patients enrolled by Pakpour, *et al.*
449 identified as being of Afro-Caribbean descent and IBD patients were specifically excluded.
450 Interestingly, these authors identified only baseline microbial characteristics as being
451 associated with rCDI while their longitudinal samples could not discriminate between rCDI and
452 non-rCDI. It is important to note two key methodologic differences between our respective
453 studies. Pakpour, *et al.* collected three stool samples shortly after initiating antibiotic
454 administration while a final sample was collected 4 days after completion of antibiotic
455 treatment. It is possible that the gut microbiota may have been significantly disturbed by on-
456 going antibiotic administration at this time point, which precluded discrimination between
457 patients who recurred vs. those who recovered. Furthermore, subjects were only followed for
458 2-4 weeks, which is likely insufficient follow-up time to adequately determine rCDI.

459 In contrast, we identified distinct temporal changes in the gut microbiota that were
460 associated with rCDI. We identified specific microbial changes 14 days after completion of

461 antibiotics which were predictive for risk of future rCDI. Specifically, those patients whose fecal
462 microbiota showed greater dissimilarity to their baseline samples were at highest risk for rCDI.
463 This suggests that patients with on-going disruptions in the gut microbial ecosystem have a
464 permissive state for recurrence of CDI. Additionally, we identified increased Ruminococcaceae
465 and increased Enterobacteriaceae were associated with increased risk for rCDI while an
466 increase in community richness and Faecalibacteria were protective against rCDI even after
467 adjusting for UC status. Similar to Lachnospiraceae, Faecalibacteria are in the Clostridiales
468 order, produce butyrate, and are associated with decreased risk for CDI.³⁹ Expansion of
469 Enterobacteriaceae, which normally occupy only a small fraction of the distal gut microbiota in
470 healthy subjects, can be seen during periods of gut inflammation, such as in IBD or CDI.^{3,40}
471 Interestingly, examining the fecal microbiota at baseline or at reconstitution (14 days after
472 completion of antibiotics) separately produced more robust models compared with longitudinal
473 associations by generalized estimating equations, mixed models or generalized additive models
474 in this cohort. This suggests that studying the fecal microbiota separately at baseline or after
475 reconstitution of the microbiome, rather than the trajectory of the gut microbiota
476 longitudinally, will be most useful in identifying those patients at highest risk for rCDI.

477 Prior IBD studies have identified different microbial features that are associated with
478 worse outcomes. Using a random forest classifier, Shaw, *et al.* identified two genera, including
479 *Coprococcus* and *Adlercreutzia*, which showed fair predictive ability to identify responders to
480 therapy in IBD (AuROC=0.75).⁴¹ We identified prior hospitalization for UC in the previous year
481 and increased Bacteroidetes at baseline as showing good predictive ability to identify patients
482 at higher risk for subsequent UC flare in the next 180 days (AuROC=0.88). Previously, studies

483 have demonstrated increased Bacteroidetes from mucosal biopsies of UC patients compared
484 with controls.⁴² Some members of the Bacteroidetes phyla, such as certain *Bacteroides* species,
485 can impair epithelial barrier function by producing mucin-degrading sulfatases or may lead to
486 immune activation via Toll-like receptor 4.^{43,44} It is notable that we were not able to develop a
487 model identifying microbial characteristics longitudinally with risk for UC flare. This may reflect
488 differences in the pathogenesis of these two different diseases, where UC may be driven more
489 by host factors, while CDI is dependent on disruptions to the microbial ecological network. In
490 addition, this study could have been underpowered for microbial differences in UC, and a larger
491 cohort with increased frequency and/or longer duration of sampling could be required to
492 develop more robust microbial-driven models of UC exacerbation given the wide variability of
493 the IBD microbiome.⁴⁵

494 It is difficult to clinically differentiate between an exacerbation of UC vs. CDI in UC
495 patients.⁴⁶ Our results suggest that patients with CDI have significant reductions in Shannon
496 diversity and community richness at baseline even after controlling for UC status. Similarly, CDI
497 patients have depletion of several OTUs at baseline, particularly in the genera Lachnospiraceae.
498 These results suggest that baseline microbial features may be of help in differentiating between
499 a flare and CDI in symptomatic UC patients while modulation of the microbiome in high-risk
500 patients to increase abundance of Lachnospiraceae may be considered in future studies.

501 There are several notable strengths of our study, including the longitudinal study design
502 with clinical outcome data for up to 6 months, repeated sample collection, robust demographic
503 and clinical data, and well-defined study endpoints. However, there are limitations to our
504 study. First, there were a small number of patients who developed UC flare, which likely

505 limited our ability to develop a predictive model for exacerbation of UC. Secondly, we only
506 sampled the fecal microbiota, while the mucosal-associated microbiota may provide more
507 relevant information regarding host-microbial interactions in UC and CDI. Finally, a longer
508 follow-up time may be required for other important adverse clinical outcomes, such as those
509 requiring colectomy.

510 In conclusion, we have identified characteristic temporal changes in the gut microbiota
511 associated with increased risk for subsequent rCDI in a cohort of patients with UC and/or CDI.
512 Although our findings require validation, these results could have important clinical
513 implications. The novel ability to identify patients at high risk for rCDI with over 90% accuracy
514 using a single stool sample, either at baseline prior to initiation of antibiotics or 14 days after
515 completion of antibiotics, could affect future clinical decision making. Inclusion of changes in
516 microbial diversity over time adds accuracy to the model but may be less clinically useful as this
517 requires sampling at two different time points. Clinicians could utilize this microbial-derived
518 information to escalate preventive therapy in higher-risk patients if prospective studies validate
519 a risk-stratified strategy of preventive therapy. Future work will focus on the mechanisms of
520 how shifts in the gut microbiota predispose patients to rCDI, and rational design of preventive
521 probiotics to reduce recurrence of *Clostridioides difficile* infection in high risk patients.

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676 **TABLE LEGEND:**

677 **Table 1. Baseline Demographic Variables for Patients with Ulcerative Colitis (UC) with or**
 678 **without *Clostridium difficile* Infection (CDI).**

	UC/CDI (n = 32)	CDI only (n = 14)	UC only (n = 11)	P-value
Age, median (range)	40.4 (18.1-85.7)	66.5 (21.2-83.2)	45.0 (21.5-71.1)	.001
Gender, n (%)				
Female	11 (34.4)	7 (50.0)	5 (45.5)	.58
Male	21 (65.6)	7 (50.0)	6 (54.5)	
Caucasian, n (%)	29 (90.6)	13 (92.9)	10 (90.9)	>.99
Pan colitis, n (%)	26 (81.2)	NA	7 (63.6)	.37
History of Tobacco use, n (%)	13 (40.6)	6 (42.9)	5 (50.0)	.93
Maintenance Therapy, n (%)		NA		
5-ASA	24 (75.0)		8 (72.7)	>.99
Immunomodulator	15 (46.9)		5 (45.5)	>.99
Biologics	15 (46.9)		3 (27.3)	.67
Probiotic use, n (%)	7 (21.9)	5 (38.5)	4 (44.4)	.26
Acid suppressive medications, n (%)	7 (22.6)	6 (42.9)	2 (20.0)	.67
Prior history of CDI, n (%)	15 (46.9)	8 (57.1)	NA	>.99
Prior use of antibiotics in the past year, n (%)	25 (80.6)	12 (85.7)	3 (30.0)	.006
UC flare, n (%)	11 (34.4)	NA	NA	
Biochemical parameters, median (range)				
WBC, K/ μ L	7.0 (2.3-21.4)	10.6 (3.6-18.7)	9.5 (6.0-15.1)	.39
Albumin, g/dL	3.9 (2.8-5.1)	3.8 (2.6-4.4)	4.0 (2.8-4.9)	.44
BUN, mg/dL	13.0 (5.0-21.0)	12.0 (4.0-57.0)	10.0 (6.0-25.0)	.06
Creatinine, mg/dL	0.8 (0.6-1.5)	0.7 (0.5-2.4)	0.8 (0.7-1.2)	.27

Steroid Administered for Treatment of UC flare, n (%)	10 (31.2)	NA	10 (90.9)	.001
CDI Recurrence, n (%)	14 (43.8)	7 (50.0)	NA	.66
Initial Antibiotic Treatment for CDI Recurrence Vancomycin, n (%)	23 (71.9)	8 (57.1)	NA	.63

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681 **Table 2. Multivariable Logistic Regression Models of Clinical and Microbial Variables at**
 682 **Baseline Associated with Recurrent *Clostridium difficile* Infection (rCDI).**

	OR	95% CI	P-value
<i>Clinical Variables Associated with Increased Risk for rCDI</i>			
Female gender	16.2	2.77 – 155.62	.005
<i>Microbial Variables Protective Against rCDI</i>			
OTU Richness (per every increase of 10 taxa)	0.86	0.73 – 0.96	.02
Enterobacteriaceae (per every 10% increase)	0.29	0.09 – 0.56	.004
Lachnospiraceae (per every 10% increase)	0.17	0.04 – 0.44	.002
Veillonellaceae (per every 10% increase)	0.17	0.02 – 0.75	.05

683 Effect sizes are presented after adjustment for UC status.

684

685

686 **Table 3. Multivariable Logistic Regression Models of Clinical and Microbial Variables at Time**
687 **Point 3 (14 days after Completion of Antibiotics) Associated with Recurrent *Clostridium***
688 ***difficile* Infection (rCDI).**

	OR	95% CI	P-value
<i>Clinical and Microbial Variables Associated with Increased Risk for rCDI</i>			
Female gender	5.69	1.36 – 29.71	.03
Ruminococcaceae (per every 1% increase)	1.43	1.08 – 2.07	.03
Jensen Shannon Divergence (per every 0.1 increase)	2.59	1.28 – 6.15	.01
<i>Microbial Variables Protective Against Risk for rCDI</i>			
OTU Richness (per every increase of 10 taxa)	0.83	0.66 – 0.96	.03
Faecalibacterium (per every 1% increase)	0.47	0.23 – 0.75	.02

689 Effect sizes are presented after adjustment for UC status.

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691 **FIGURE LEGEND:**

692 **Figure 1. Patients with Recurrent *Clostridium difficile* Infection (rCDI) Show Broad Differences**
693 **in Microbial Community Structure Compared with non-rCDI.**

694 (A) Principal coordinates analysis (PCoA) based on redundancy analysis demonstrated
695 significant differences in the community structure between patients who subsequently
696 developed rCDI (red) compared with patients without rCDI (blue) ($P=.008$ by PERMANOVA). (B)
697 PCoA plot showing no differences between community structures in patients who subsequently
698 developed UC flare (red) vs. non-UC flare (blue) ($P=.44$).

699

700 **Figure 2. Patients with Recurrent *Clostridium difficile* Infection (rCDI) Show Significant**
701 **Perturbations of the Fecal Microbiota Longitudinally Compared with Non-rCDI Patients.**
702 Jensen-Shannon distance (JSD), a measure of intra-individual microbial community dissimilarity
703 compared to baseline samples, was calculated over time. (A) At the end of antibiotics, there
704 were no differences in JSD between patients who subsequently developed rCDI (red) and non-
705 rCDI (blue) ($P=.41$). (B) However, 14 days after completion of antibiotics, patients who
706 subsequently developed rCDI (red) demonstrated a significantly elevated JSD (greater
707 community dissimilarity relative to baseline samples) compared with non-rCDI patients (blue)
708 ($P=.004$). These results suggest that patients with on-going perturbations of the fecal
709 microbiota 2 weeks after completion of antibiotics were at higher risk for rCDI.

710

711 **Figure 3. Identification of Microbial Variables at Baseline Associated with Increased or**
712 **Decreased Risk for Recurrent *Clostridium difficile* Infection (rCDI).** Three bacterial taxa and
713 community richness were identified by backward stepwise regression as being associated with
714 subsequent rCDI. The relative abundances for these three taxa as well as community richness
715 are shown grouped by whether or not rCDI occurred. Data are shown as violin plots with
716 accompanying boxplot and whiskers indicating median, interquartile range (IQR) and 1.5 x IQR
717 of the median for the following variables: (A) OTU richness, (B) Enterobacteriaceae, (C)
718 Lachnospiraceae, and (D) Veillonellaceae. Note that OTU richness, Enterobacteriaceae, and
719 Veillonellaceae are shown in logarithmic scale. (E) Receiver Operating Characteristic (ROC)
720 Curve for this model identified by backward stepwise regression is shown (AuROC=0.91). (F)
721 ROC for model selected by Lasso regression, which included variables for female gender,

722 hospitalization for UC in the previous year, and increased relative abundances of
723 Ruminococcaceae and Verrucomicrobia, and decreased Eubacteriaceae, Enterobacteriaceae,
724 Veillonellaceae, and Lachnospiraceae (AuROC=0.94).

725

726 **Figure 4. Fecal Microbial Characteristics at End of Antibiotics Plus 14 Days are Associated with**
727 **Future Risk for Recurrent CDI.**

728 Several microbial variables 14 days after completion of antibiotics were identified as being
729 associated with risk for future rCDI. The relative abundances for representative taxa as well as
730 Shannon diversity and community richness are shown grouped by whether or not rCDI
731 occurred. Data are shown as violin plots with accompanying boxplot and whiskers indicating
732 median, interquartile range (IQR) and 1.5 x IQR of the median for the following variables: (A)
733 OTU richness, (B) Ruminococcaceae, (C) Faecalibacterium, (D) Enterobacteriaceae, and (E)
734 Shannon diversity over time, including at baseline, end of antibiotics (EOA), and end of
735 antibiotics plus 14 days (EOA+14d). Note that OTU richness, Ruminococcaceae,
736 Faecalibacterium, and Enterobacteriaceae are shown in logarithmic scale. (F) ROC curve
737 displaying good fit characteristics of model identified by Lasso regression containing variables
738 of female gender, increased Shannon diversity, increased relative abundances of
739 Ruminococcaceae and Enterobacteriaceae, decreased OTU richness and Faecalibacterium, and
740 Jensen Shannon Distance (relative to baseline) at end of antibiotics plus 14 days for risk of
741 future rCDI (AuROC=0.94).

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744 **SUPPLEMENTAL METHODS:**

745 ***Clinical Data Extraction:***

746 Clinical data were collected from patient interviews and manual chart review. Clinical
747 and demographic variables included age, gender, ethnicity, current/prior smoking history,
748 current therapy for UC, laboratory results, current/prior use of acid suppressive medications,
749 current/prior use of probiotics, prior history of CDI, prior use of antibiotics within the past year,
750 and hospitalization for UC in the past year.

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752 ***DNA Extraction and 16S rRNA Sequencing:***

753 All stool samples were collected and immediately stored in a -80°C freezer. Total fecal
754 DNA was extracted using the MoBio PowerMag soil isolation kit (MoBio Laboratories). DNA
755 libraries were prepped by the University of Michigan Host Microbiome core as previously
756 described.¹⁷ Briefly, dual-index primers specific to the V4 region of the 16S rRNA gene were
757 employed for DNA amplification.⁴⁷ PCR mixtures contained 5 µl of primer set at 4 µM
758 concentration, 0.15 µl Accuprime High-Fidelity *Taq*, 2 µl of 10x Accuprime PCR II buffer (Life
759 Technologies), 11.85 µl sterile water, and 1 µl of DNA template. Cycling conditions consisted of
760 initial denaturation at 95°C for 2 min, followed by 30 cycles of 95°C for 20 s, 55°C for 15 s, 72°C
761 for 5 min, and then 72°C for 10 min. Samples were normalized to the lowest concentration of
762 the pooled plates by a Sequel Prep normalization plate kit (Life Technologies). Amplicons were
763 pooled and quantified by the Kapa Biosystems Library Quantification kit (Kapa Biosystems)
764 while amplicon size was determined by the Agilent Bioanalyzer high-sensitivity DNA analysis kit.

765 Libraries were then spiked with 10% PhiX to add diversity and sequenced on the Illumina MiSeq
766 platform according to the manufacturer's specification for 500 cycles.

767

768 ***Raw Sequence Processing and Analysis:***

769 Raw sequence files were analyzed using the software package mothur (version 1.35.1).¹⁶

770 Sequences were then aligned to the V4 region using the SILVA rRNA database project (release

771 132).⁴⁸ Sequences were taxonomically classified at 80% bootstrap minimum using the RDP

772 database (release 11).⁴⁹ Operational taxonomic units (OTUs) were clustered at 97% similarity

773 and used for downstream community analyses. The number of OTUs (richness), Shannon

774 index, and Jensen-Shannon distance metrics were calculated in mothur using OTU abundance.

775 Principal coordinates analysis (PCoA) plots based on redundancy analysis were then analyzed

776 using the R package *vegan* (version 2.5-4).²¹ Differences in community structure for each group

777 were compared using permutational multivariate ANOVA (PERMANOVA).

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787 **SUPPLEMENTAL TABLES:**

788 **Supplemental Table 1. Changes in Microbial Variables at Baseline in Patients with *Clostridium***
 789 ***difficile* Infection (CDI) Compared with Ulcerative Colitis.**

Variable	β -estimate (SE)	P-value*
Shannon diversity	-0.44 (0.2)	<.05
OTU richness	-83.03 (25.6)	.002
Veillonella (OTU0074)	-1.65 (0.3)	.006
Lachnospiraceae (OTU0110)	-0.20 (0.1)	.02
Listeria (OTU0122)	-0.61 (0.2)	.02
Lachnospiraceae (OTU0317)	-0.05 (0.02)	.04
Lachnospiraceae (OTU0487)	-0.002 (0.0004)	.02
Lachnospiraceae (OTU0639)	-0.005 (0.001)	.02
Clostridiales (OTU0766)	-0.004 (0.001)	.007

790 *Note P-values are shown after correction by Benjamini-Hochberg method.

791 All estimates are adjusted to account for UC status.

792

793 **Supplemental Table 2. Unadjusted Odds Ratios for Baseline Clinical and Microbial Variables**

794 **Associated with Recurrent *Clostridium Difficile* Infection (rCDI) and Ulcerative Colitis (UC)**

795 **Flare.**

	UC Flare, OR (95% CI)	Unadjusted P-value	CDI Recurrence, OR (95% CI)	Unadjusted P-value
Clinical Variables				
Age, (for every increase of 10 years)	0.85 (0.53-1.30)	.47	0.93 (0.7-1.3)	.63
Caucasian race	>1000 (<0.001 - >1000)	.99	2.5 (0.3-50.8)	.79
Female gender	0.61 (0.11-2.85)	.54	3.0 (1.0-9.6)	.05
Pan colitis	0.44 (0.07-2.86)	.38	2.3 (0.5-16.8)	.34
Maintenance medications for UC				
Other	0.83 (0.16-4.89)	.83	1.1 (0.4-3.2)	.91
Immunomodulator				

Biologics	2.84 (0.39-3.78) 1.6 (0.37-7.25)	.18 .53	1.2 (0.4-3.8) 0.8 (0.2-2.5)	.72 .71
Current Use of Acid Suppressive Medications	1.82 (0.30-10.56)	.50	1.8 (0.5-6.2)	.33
Current use of Probiotics	1.59 (0.26-9.02)	.60	1.0 (0.3-3.4)	.96
Biochemical Parameters	1.08 (0.89-1.32)	.44	1.1 (1.0-13)	.12
WBC	0.79 (0.18-3.22)	.74	1.1 (0.3-3.3)	.91
Albumin	0.93 (0.72-1.18)	.57	1.0 (0.9-1.0)	.42
BUN	0.57 (0.008-22.1)	.76	0.06 (0.001-1.0)	.11
Creatinine				
Hospitalization for UC in the Past Year	16.0 (2.97-117.76)	.003	3.7 (0.9-15.4)	.07
Prior history of CDI	0.92 (0.21-4.0)	.91	2.1 (0.7-6.5)	.19
Antibiotic Use in the Past Year	3.32 (0.45-68.98)	.30	3.3 (0.88-16.0)	.10
Steroid Use as Rescue Med for Treatment of UC Flare	10.5 (2.03-69.67)	.008	0.4 (0.1-1.4)	.18
Vancomycin as Initial Antibiotic for Treatment of CDI	0.55 (0.11-2.78)	.46	0.6 (0.2-2.2)	.47
Microbial Variables at Baseline				
Shannon diversity	1.37 (0.44 – 5.90)	.61	0.58 (0.21 – 1.31)	.19
OTU Richness (per every 100% increase)	1.0 (0.99 – 1.02)	.53	0.56 (0.22 – 1.20)	.17
Firmicutes (per every 100% increase)	0.12 (0.002 – 4.54)	.27	1.83 (0.10 – 35.71)	.68
Bacteroidetes (per every 10% increase)	2.06 (1.22 – 3.94)	.01	1.09 (0.79 – 1.49)	.60
Enterobacteriaceae (per every 10% increase)	0.51 (0.15 – 1.01)	.15	0.69 (0.39 – 1.03)	.12
Lachnospiraceae (per every 10% increase)	0.84 (0.46 – 1.46)	.55	0.52 (0.29 – 0.85)	.02
Veillonellaceae (per every 10% increase)	0.63 (0.18 – 1.75)	.42	0.53 (0.18 – 1.25)	.18

796

797

798 **Supplemental Table 3. Lasso Regression Model of Clinical and Microbial Variables Associated**

799 **with Risk for Recurrent *Clostridium difficile* Infection (rCDI) at Baseline**

	β -Estimate
<i>Clinical and Microbial Variables Associated with Increased Risk for rCDI</i>	
Hospitalization for UC in prior year	1.72
Female gender	1.26
Verrucomicrobia	0.07
Ruminococcaceae	0.06
<i>Microbial Variables Protective Against rCDI</i>	
Eubacteriaceae	-12.32
Lachnospiraceae	-0.07
Veillonellaceae	-0.06
Enterobacteriaceae	-0.04

800 β -estimates for all microbial variables are represented per every 1% increase in relative

801 abundance.

802

803 **Supplemental Table 4. Unadjusted Odds Ratios for Microbial Variables Associated with**

804 **Recurrent *Clostridium difficile* Infection (rCDI) 14 days After Completion of Antibiotics.**

	OR	95% CI	P-value
<i>Microbial Variables Associated with Increased Risk for rCDI</i>			
Gammaproteobacteria (per every 10% increase)	1.63	1.07 – 2.72	.04
Enterobacteriaceae (per every 10% increase)	1.78	1.12 – 3.16	.03
Jensen-Shannon Divergence (per every 0.1 increase)	1.77	1.17 – 2.91	.01
<i>Microbial Variables Protective Against Risk for rCDI</i>			
Shannon diversity	0.34	0.11 – 0.91	.04
OTU Richness (per	0.85	0.74 – 0.94	.008

every increase in 10 taxa)			
Bacteroidetes (per every 10% increase)	0.60	0.32 – 0.96	.05
MHI (per every 1% increase)	0.78	0.59 – 0.95	.05
Lachnospiraceae (per every 10% increase)	0.62	0.37 – 1.01	.06
Ruminococcaceae (per every 10% increase)	0.40	0.15 – 0.87	.04
Faecalibacterium (per every 10% increase)	0.10	0.005 – 0.50	.04

805

806 CI, confidence interval; MHI, Microbiome health index; OR, odds ratio; OTU, operational

807 taxonomic unit

808

809 **Supplemental Table 5. Lasso Regression Model of Clinical and Microbial Variables Associated**

810 **with Risk for Recurrent *Clostridium difficile* Infection (rCDI) 14 Days After Completion of**

811 **Antibiotics**

	β -Estimate
<i>Clinical and Microbial Variables Associated with Increased Risk for rCDI</i>	
Jensen Shannon Diversity (relative to baseline sample)	5.84
Female gender	1.53
Shannon diversity	1.39
Ruminococcaceae	0.20
Enterobacteriaceae	0.04
<i>Microbial Variables Protective Against rCDI</i>	
Faecalibacterium	-0.29
OTU richness	-0.02

812 β -estimates for OTU richness is represented for every increase in 1 taxa while microbial

813 variables are represented per every 1% increase in relative abundance.

814

815

816 **SUPPLEMENTAL FIGURES:**

817 **Supplemental Figure 1.** Consort Flow Diagram.

818

819 **Supplemental Figure 2. Study Design and Fecal Sample Collection Timeline.**

820 Subjects with ulcerative colitis (UC) and *Clostridium difficile* infection (CDI) as well as non-

821 inflammatory bowel disease (IBD) controls with CDI provided stool sample 1 (SS1) at day 0

822 when they had positive CDI testing but prior to initiation of antibiotics. Additional samples

823 were provided at the end of antibiotic therapy (SS2) and at the end of antibiotic therapy plus 14

824 days (SS3). Subjects were then contacted at 60, 120, and 180 days to assess for recurrent UC

825 flare and/or recurrent CDI. A third cohort of patients with UC flare without CDI provided stool

826 samples at baseline (SS1) and again at day 30 (SS2) when their disease was in remission.

827

828 **Supplemental Figure 3. Baseline Microbial Variables Associated with Ulcerative Colitis (UC)**

829 **Flare.**

830 Increased relative abundance of Bacteroidetes (presented on a logarithmic scale) (OR=2.06 for

831 every 10% increase, $P=.01$) was significantly associated with risk for ulcerative colitis (UC) flare.

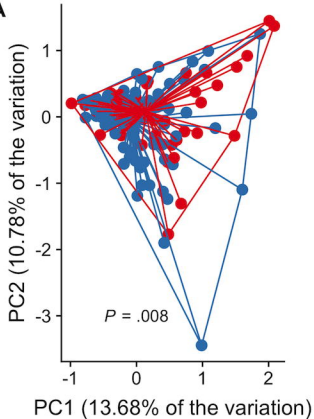
832 Data are shown as violin plot with accompanying boxplot and whiskers indicating median,

833 interquartile range (IQR) and 1.5 x IQR of the median.

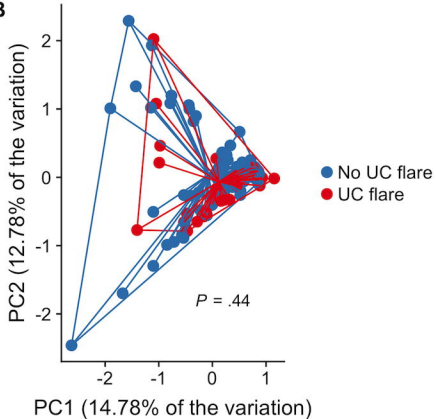
834

835 **Supplemental Figure 4. Patients with Recurrent *Clostridium difficile* Infection (rCDI) and**
836 **Ulcerative Colitis (UC) Flare Demonstrate Non-Linear Dynamic Changes in the Fecal**
837 **Microbiota.**

838 Longitudinal modeling of the fecal microbiota demonstrated a non-linear pattern in this patient
839 cohort. Representative examples include (A) Shannon diversity for patients with and without
840 recurrent *Clostridium difficile* infection (rCDI) as well as (B) patients with and without ulcerative
841 colitis (UC) flare are shown at baseline, end of antibiotics (EOA) and end of antibiotics plus 14
842 days (EOA+14d). Individual subjects are represented by different colored lines. (C) Operational
843 taxonomic unit (OTU) richness in patients with and without rCDI as well as (D) in patients with
844 and without UC flare is also shown longitudinally. A locally estimated scatterplot smoothing
845 (LOESS) curve has been fitted to the data and depicted by the black line with error bars in gray.
846

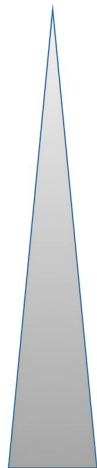
A

● No rCDI
● rCDI

B

● No UC flare
● UC flare

Greater
Dissimilarity to
Baseline Samples



Less
Dissimilarity to
Baseline Samples

