How well do routine molecular diagnostics detect rifampicin heteroresistance in

Mycobacterium tuberculosis?

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Running Head: Routine detection of rifampicin heteroresistance

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ABSTRACT

Rifampicin heteroresistance – where rifampicin-resistant and -susceptible tuberculosis bacilli

co-exist – may result in failed standard TB treatment and potential spread of rifampicin-

resistant strains. Detection of rifampicin heteroresistance in routine rapid diagnostic tests

(RDTs) allows for patients to receive prompt and effective multidrug-resistant-TB treatment,

and may improve rifampicin-resistant TB control.

The limit of detection (LOD) of rifampicin heteroresistance for phenotypic drug susceptibility

testing by the proportion method is 1%, yet is insufficiently documented for RDTs. We

therefore aimed to determine, for the four RDTs (XpertMTB/RIF, XpertMTB/RIF Ultra,

GenotypeMTBDR*plus*v2.0, and GenoscholarNTM+MDRTBII), the LOD per probe and

mutation, validated by colony-forming-unit-counting and targeted deep sequencing

(Deeplex-MycTB).

We selected one rifampicin-susceptible and four rifampicin-resistant strains, with mutation

D435V, H445D, H445Y, and S450L respectively, mixed them in various proportions in

triplicate, tested them with each RDT, and determined the LODs per mutation type. Deeplex-

MycTB revealed concordant proportions of the minority resistant variants in the mixtures.

The Deeplex-MycTB-validated-LODs ranged from 20-80% for XpertMTB/RIF, 20-70% for

Xpert Ultra, 5-10% for GenotypeMTBDR*plus*v2.0, and 1-10% for GenoscholarNTM+MTBII for

the different mutations.

Deeplex-MycTB, GenotypeMTBDR*plus*v2.0, and GenoscholarNTM+MDRTBII, provide explicit

information on rifampicin heteroresistance for the most frequently detected mutations.

Classic Xpert and Ultra report rifampicin heteroresistance as rifampicin resistance, while

Ultra may denote rifmapicin heteroresistance through additional examination of wild-type

and mutant melt probes and corresponding melt peak temperatures.

Overall, our findings inform end-users that the threshold for reporting resistance in case of

rifampicin heteroresistance is the highest for Classic Xpert and Ultra, to resolve phenotypic

and genotypic discordant rifampicin-resistant TB results.

INTRODUCTION

Resistance to rifampicin (RIF) – the most potent anti-TB drug – is a major barrier to tuberculosis (TB) control. In 2017, 71% of global RIF resistant-TB (RR-TB) cases were not diagnosed (1). The diagnosis of RR-TB may be complicated by RIF heteroresistance, observed in patient samples where RR and RIF-susceptible (RS) strains co-exist (2, 3), which may be missed and diagnosed as RS because of detection limits. RIF heteroresistance may arise from an existing resistant clonal subpopulation or from a mixed infection of independent strains with RR and RS profiles. Such heteroresistance, also known as 'unfixed' resistance, precedes full blown resistance ('fixed' resistance, 100% RR) as a result of further resistance selection under treatment (3-6). Failure to detect these minority resistant variants can thus result in unsuccessful treatment and potential spread of RR-TB strains (2, 3, 7).

The World Health Organization currently endorses use of rapid diagnostic tests (RDTs) for timely detection of RR-TB strains: XpertMTB/RIF (classic Xpert), Xpert Ultra (Ultra), and the Line Probe Assays (LPAs) GenotypeMTBDR*plus*v2.0 (LPA-Hain) and Genoscholar NTM+MDRTBII (LPA-Nipro) (8-10). Among these RDTs, only the LPAs are currently known to explicitly detect RIF heteroresistance in case of mixtures with mutations covered by the assay, exemplified by both wild-type and mutant bands being present, also known as 'mixed patterns' (3, 11).

In this study, we define RIF heteroresistance limit of detection (LOD) as the minimum proportion of mutant bacilli in the sample needed for RIF resistance to be detected. It is known that phenotypic drug susceptibility testing by the proportion method determines at least 1% resistant subpopulation in clinical samples (3, 12, 13). In the abovementioned RDTs however, the RIF heteroresistance LOD in association with the specific *rpoB* mutation, is insufficiently documented. In the case of classic Xpert, previous studies report LOD values

ranging from 65 to 100% (14, 15), for Ultra, the first validation study conducted by the

manufacturer presented LODs only for mutations L430P, H445N (20-40%), and S450L (5-

10%) (16), whereas LODs of Genoscholar NTM+MDRTB II have not been reported yet.

High coverage depths achieved through pre-selected amplified genes allow targeted deep

sequencing to capture and quantify minority resistant variants of *Mycobacterium*

tuberculosis mutants and detect RIF heteroresistance with high sensitivity (17, 18)*.* As an

example of such an approach, Deeplex®-MycTB (Genoscreen, France; Deeplex) employs

ultra-deep sequencing of a single, 24-plexed amplicon mix to detect drug resistance-

associated mutations in *M. tuberculosis* complex (MTBC) strains, in addition to

mycobacterial species identification and MTBC strain genotyping, with a 24-48 turnaround

time starting from smear positive clinical samples or primary cultures. Among the 18 main

gene targets associated with 1st and 2nd– line drug resistance included in Deeplex-MycTB, the

rpoB gene – associated with RR - is covered by two amplicons of which one comprises the

main mutation hotspot region also known as the rifampicin resistance determining region

(RRDR) (19).

Precise documentation of LODs for most relevant *rpoB* mutations and for the state-of-the-

art RDTs is necessary for timely and more accurate identification of RIF heteroresistance and

prompt initiation of appropriate treatment. Therefore, we determined the LODs of classic

Xpert, Ultra, LPA-Hain, and LPA-Nipro for detecting RIF heteroresistance linked with RR

mutations S450L, D435V, H445D, and H445Y, in relation with the different probes used in

each RDT. These four mutations are most frequently detected in association with RR-TB in

the global MTBC strain population according to large-scale studies (20, 21). We used

simulated mixtures of selected, cultured RR and RS-TB strains, at ratios initially based on

colony-forming-unit (CFU) counts after McFarland standardization of the bacillary

suspensions. Targeted deep sequencing by Deeplex-MycTB was used as reference for

quantitative assessment of the RR:RS ratios.

MATERIALS AND METHODS

Selection of strains

We selected one RS- and four RR-TB strains from the Belgian Coordinated Collection of

Microorganisms hosted in the Institute of Tropical Medicine Antwerp (22), on the basis of

the presence of mutations confirmed by Sanger sequencing and captured by mutation

probes of LPA-Hain and LPA-Nipro: the Beijing 2.2.1.1 strains TB-TDR-0090 (ITM-041208

with *rpoB* mutation S450L (S531L in *E.coli* numbering)) and TB-TDR-0100 (ITM-041220,

D435V (D516V)); the LAM 4.3.4.2 strains TB-TDR-0036 (ITM-000930, H445D (H526D)) and

TB-TDR-0131 (ITM-041289, H445Y (H526D)) (23). The RS strain was the Euro-American

lineage 4.9 TDR-0140 (ITM-091634, *rpoB* wildtype).

Bacillary suspensions and baseline colony-forming-unit (CFU) counting

We prepared two batches of McFarland standard 1 suspensions for each RR and the RS

strain, and performed serial dilution until 10^{-4}-10^{-6}. The first batch was tested by classic

Xpert, LPA-Hain, and LPA-Nipro, and the second batch was prepared to be assessed by Ultra,

which was only released after initial testing. To check if numbers of bacilli were similar

among the cultures after McFarland standardization, we performed CFU counting by spread

plating (Figure S1 a). From each dilution, 100μl was plated in triplicate on Dubos agar plates

that were sealed with a double layer of parafilm, placed in ziplock bags and incubated at

37°C for four weeks, before colony counting.

Simulation of RIF heteroresistance

RIF heteroresistance was simulated for each mutation type, by mixing RS and respective RR

strains in triplicate in the following proportions (R:S): 0:100, 1:99, 5:95, 10:90, 20:80, 30:70,

40:60, 50:50, 60:40, 70:30, 80:20, and 100:0 (Figure S1 b), and vortexing the mixtures for 20

seconds. Replicate 3 of each RR:RS mixture per batch was tested by targeted deep

sequencing (Deeplex-MycTB), the results of which served for cross-validation of variant

quantification.

Subjection of RR:RS mixtures to RDTs

We subjected mixtures of the RR-TB bacillary suspensions to classic Xpert and Ultra (9, 10),

and thermolysates to LPA-Hain and LPA-Nipro following manufacturer's instructions. We

recorded the LODs and corresponding RDT probe reaction per mutation type, in comparison

with values cross-validated by CFU counts and variant quantification with Deeplex-MycTB.

We excluded replicate 3 from the first batch of S450L-WT preparation due to substantially

high deviation across all mixture ratios, as revealed by Deeplex-MycTB (Supplemental Figure

S2). This deviation potentially reflects pipetting variation or bacillary clumping despite

similar CFU counts of the respective RR and RS strains. Hence for the S450L-WT mixture,

replicate 3 of batch 2 – which was initially only tested by Ultra and Deeplex – was subjected

also to classic Xpert and the LPAs, given the good correlation between the two batches and

to ensure triplicate testing for all mixtures.

First reading of the LPA strips was done by the person who prepared the mixtures and

performed the tests, while second reading was done by a colleague who was blinded to the

sample information to ensure objective reading of raw results. Additionally, for LPA-Nipro,

the Genoscholar Reader - a mobile application developed by Nipro (Osaka, Japan,

https://itunes.apple.com/by/app/genoscholar-reader/id1149733183?mt=8) was utilized.

In their standard reporting, Classic Xpert and Ultra (Supplemental File Figure S3 a) report RIF

heteroresistance, above or equal its LOD, as RR. Users can indirectly infer RIF

*hetero*resistance from Ultra data, as shown by the simultaneous presence of wild-type and

mutant (Mut) melt peak temperatures at the 'Melt Peaks' tab (Supplemental File Figure S3

b-d). When generating the results in portable document format, users must tick the 'Melt

Peaks' box to include the melt peak temperatures associated with each wild-type and Mut

melt probe, which may denote RIF heteroresistance, in the extended report (Supplemental

File Figure S3 f). Full resistance is detected by presence of both rpoB4A and rpoB3 Mut melt

probes for mutation S450L, whereas RIF heteroresistance is detected only by the rpoB4A

Mut melt probe in combination with the corresponding wild-type melt probe (Supplemental

File Figure S3 e and g).

Quantitative assessment of mutant proportions by Deeplex-MycTB

Per batch, we quantitatively assessed proportions of resistant subpopulations in replicate 3

of the prepared RR:RS mixtures by Deeplex-MycTB. These proportions were determined by

calculating the mean percentages of minority resistant variants across all mutation positions

borne by each of the RR strains in the *rpoB* gene and other gene targets depending on the

strain genetic background.

Thermolysates of the RR:RS mixtures prepared as previously described (24) were subjected

to amplicon deep sequencing, using Deeplex-MycTB Kits for the amplification according to

the manufacturer's instructions. Replicates 3 of all first batch mixtures were tested with the

classical 18-gene target version, while replicate 3 of the second batch with S450L-WT

mixtures was tested with a customized version, including 5 gene targets (*rpoB, katG, inhA,*

fabG1, gyrA). Amplicons were purified using Agencourt® AMPure® XP magnetic beads

(Beckman Coulter, USA) and quantified by fluorescence quantification in 96-well plates on

Victor. Paired-end libraries of 150-bp read length were prepared using the Nextera XT DNA

Sample Preparation kit (Illumina Inc., San Diego, 160 CA, USA) and sequenced on Illumina

MiniSeq using standard procedures. Variant calling was performed using a dedicated,

parameterized web application developed by Genoscreen. The nominal threshold for calling

minority resistant variants – indicating heteroresistance for drug resistance associated

mutations – is set at a minimum of 3% of all reads, after filtering and depending on the

coverage depths, to minimize false positive calls due to background technical noise (19, 25,

26). Variants present in lower proportions than 3% in the relevant *rpoB* mutation positions

were detected separately from the web application,(27) without application of this nominal

threshold in the analysis pipeline.

RESULTS

After McFarland standardization of the different strain cultures, the mean CFU counts for

dilutions 10^{-4}-10^{-6} of the three replicates of both first and second batches of the different RS

and RR bacillary suspensions were very similar (Table S1 a and b). The proportions obtained

from the Deeplex-MycTB analysis were overall consistent with the expected mixture ratios

and the relative variation seen among CFU counts, as relative deviations from expected

values were limited to 0-16% (Figure 1).

In line with these levels of experimental variation, all *rpoB* variants from 5:95 RR:RS mixtures

were called by the Deeplex application in proportions ranging from 4.3% (H445Y) to 7.5%

(H445D)(Table 1). When the analysis pipeline was used without applying this threshold,

expected variants of 1:99 mixtures were also detected in percentages ranging from 1.0%

(H445Y) to 1.6% (D435V), which were above background levels of 0.0 to 0.05% detected in

the 0:100 mixtures (i.e. wild type strain only) on these specific sequence positions. The

average minimum coverage depth observed from the Deeplex analyses was 1595 reads.

Among the available classical RDTs, LPAs had a lower LOD to detect RIF heteroresistance

compared to classic Xpert and Ultra. The proportion of variants required to be detectable

through LPA-Hain was 5% for mutation S450L and 5-10% for mutations D435V, H445D, and

H445Y (Table S2). LPA-Nipro performed similarly, with 1-5%, 5%, 5-10% and 10% resistant

bacilli detected for mutations S450L, H445D, D435V, and H445Y respectively (Table S3). LPA

reading results were consistent between the two readers. Additionally, the 'automated'

Genoscholar reader had similar results with manual reading for mutations H445Y and S450L;

whereas it had lower sensitivity for mutations D435V (20% Genoscholar reader vs 5%

manual reading) and H445D (10% Genoscholar reader vs 5% manual reading) (Table S6,

Figure S4 a-d).

In contrast, Classic Xpert detected mutation S450L only in mixtures with at least 20-40%

resistant bacilli, mutation H445D with at least 40-60% and mutations D435V and H445Y with

at least 70-80% mutant bacilli (Table S4). Likewise, Ultra required a minimum of 20-30%

resistant bacilli to detect mutation S450L, 40-50% for D435V, 60% for H445D and 60-70% for

H445Y (Table S5; Supplementary File Figure S3 b-e).

Notably, in case of S450L at 20% mutant bacilli, only Ultra rpoB4 Mut melt A probe was

observed, whereas both rpoB4 Mut melt A and rpoB3 Mut melt probes were present in case

of 100% S450L (Supplemental File Figure S3 e and g). For mutations D435V, H445D, and

H445Y only one Mut melt probe was observed, whether hetero- or fully resistant. The melt

peak temperatures did not differ among hetero- or fully resistant populations for all four

mutations tested (Supplemental File Figure S3 b-d; h-j).

DISCUSSION

Focusing on the most commonly detected *rpoB* mutations in the MTBC strain population -

D435V, H445D, H445Y and S450L (20, 21) - we determined the RIF heteroresistance LOD of

the WHO-endorsed RDTs - classic Xpert, Ultra, LPA-Hain and LPA-Nipro - against CFU

counting and Deeplex-MycTB (19, 26) as reference. As seen from analysis of different

heteroresistant mixtures defined based on bacterial colony counts, Deeplex-MycTB provided

useful information for validating qualitative observations from the RDTs.

The LPA-Hain LODs ranging between 5 and 10% was consistent with a previous study that

employed version 1 of the LPA-Hain kit (3). Further, the initial visual reading of LPA results

was consistent with results of second blinded reading and Genoscholar Reader, although we

observed that the mobile application was less sensitive than visual reading for mutations

D435V and H445D.

We performed LPA testing of thermolysates in order to allow 'optimal' reading of results.

Routine LPA is commonly done directly on clinical specimens, where background

hybridization is more common and can be harder to distinguish from heteroresistance, as

both phenomena may produce faint(er) bands which are often disregarded. Thus, the

sensitivity for heteroresistance detection that we determined for the LPAs likely represent

the upper bound of values achievable in clinical practice. Moreover, LPA will not detect

heteroresistance for mutations not covered by a mutant probe.

The LODs recorded for classic Xpert and Ultra were higher (less sensitive) than for the LPAs.

As a foremost example, classic Xpert performed relatively poorly in detecting heteroresistant

mixtures with mutation S450L, which is by far the globally most prevalent allele in RR-TB (9,

21). Nevertheless, the 20-40 % LOD we found for classic Xpert was lower (more sensitive)

compared to previous studies which recorded 65-90% LOD (14, 15). Ultra performed

similarly to classic Xpert in detecting minority resistant variants of mutations S450L (20-30%

vs 20-40%) and H445D (60% vs 40-60%), but did relatively better in capturing those of

mutations D435V (40-50% vs 70-80%) and H445Y (60-70% vs 70-80%). The 20% Ultra LOD for

S450L was slightly less sensitive than the 5-10% LOD reported for the same mutation by

Chakravorty and colleagues (16), who tested single mixtures of RR and RS DNA. We observed

higher (less sensitive) LODs for the non-S450L mutations, consistent with findings of

Chakravorty et al. (16).

Apart from the slight differences in the LODs recorded for classic Xpert and Ultra, we

observed that Ultra allows users to infer from raw results on the computer screen – under

'Melt Peaks' tab – the phenomenon of heteroresistance (Supplemental File Figure S3 b-e),

which is not possible from classic Xpert data. RIF heteroresistance may be rapidly detected

by Ultra through observed melt peak temperatures of both wild-type and Mut melt probes

akin to mixed patterns of absent wild-type and developed mutant bands in LPA. Further, in a

sample with S450L mutation, observing only the melt peak temperature of rpoB4 Mut melt

A probe (vs rpoB4 Mut melt A and rpoB3 Mut melt probes for 100% RR) and corresponding

wild-type melt probe may also denote RIF heteroresistance (Supplemental File Figure S3 e

and g).

This information is deemed useful for conducting research on Ultra data and could be

practical in the field if export of the melt peak temperatures through the LIS port becomes

feasible in future software updates, together with other raw data (e.g.wild-type and Mut

melt probes associated with RR mutation). Export to connectivity solutions such as

DataToCare (Savics, Belgium), GXAlert (SystemOne, USA), or C360 (Cepheid, USA), with

possible integration into e-Health patient charts beyond tuberculosis diagnostics, allows to

transform this data into usable information for the National TB Programs using a

combination of unique patient ID and geographical information (9, 28). This may not only

greatly benefit the remote resolution of discordant results to improve patient management,

but also aids to build more systematic data on the prevalence and impact of

heteroresistance on a programmatic level.

We addressed potential variability resulting from bacillary clumping and pipetting by

inclusion of biological replicates, showing differences in LOD of maximum two dilutions

amongst replicates with the same mutation.

In conclusion, we report distinct abilities of LPA-Hain, LPA-Nipro, classic Xpert, and Ultra to

detect the most common RR-conferring mutations in varying mutant proportions against

quantitative results of Deeplex-MycTB. We found that the LPAs have more sensitive LODs

than Ultra, although they detect heteroresistance only for the four most common

undisputed mutations – D435V, H445D, H445Y, and S450L. For mutations without

confirmatory mutant (MUT) band, such as L452P, RIF heteroresistance cannot be detected,

and with faint intensity of the WT band (29), it may be difficult to distinguish between WT

and (hetero)resistance. Ultra on the other hand, can detect RR and RIF heteroresistance

associated with all *rpoB* mutations within the hotspot, albeit requiring a higher proportion of

mutant bacilli than LPA. The LPAs and Deeplex-MycTB provide direct information on the

occurrence of RIF heteroresistance, whereas Ultra, after informing that RR was detected,

may suggest RIF heteroresistance only through additional examination of wild-type and Mut

melt probes and corresponding melt peak temperatures in the raw data on the computer

screen or in the generated extended report (Supplemental File Figure S3 b-e, f).

The clinical importance of heteroresistance is likely substantial (2), akin to 'fixed', i.e. 100%

resistance. The proportion method for phenotypic drug susceptibility testing, which has

been around for over half a century, by design, tests for $\geq$1% resistant subpopulations (3, 12,

13), with strong predictive value for poor treatment outcome, at least for the core drugs,

e.g. fluoroquinolones (30) and rifampicin (3). Moreover, samples with ≥5% minority *gyrA*

resistant variants were found to have the same minimum inhibitory concentration level as

that of samples with 100% fluoroquinolone resistance (L. Rigouts, submitted for publication,

(30)), while for *rpoB*, the Mycobacterium Growth Indicator Tube phenotypic drug

susceptibility testing results were similar for samples with ≥5% minority resistant variants

and 100% RIF resistance (3). Taken together, this implicates that in samples with resistant

subpopulations of at least 5%, classification of heteroresistance as 'RR', even when less

sensitive than the proportion method, is probably key, notwithstanding the lack of direct

evidence on clinical impact. Our findings can thus inform and guide TB reference laboratory

staff, healthcare providers, and researchers, that the threshold for reporting resistance in

case of rifampicin heteroresistance is the highest for Classic Xpert and Ultra, to resolve

phenotypic and genotypic discordant rifampicin-resistant TB results. Prospective large-scale

clinical studies using next generation sequencing approaches (2, 7) are necessary to establish

the proportion of mutants that predicts poor outcome of treatment with the specific drug.

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Tables

Table 1. Proportions of minority resistant variants detected among the rifampicin-

resistant:rifampicin-susceptible mixtures by targeted deep sequencing (Deeplex-MycTB).

The values represent the percentage of sequence reads bearing the indicated *rpoB*

mutation. Gray boxes represent proportions below the nominal threshold of 3% for calling

minority resistant variants used in the Deeplex-MycTB application.

RR:RS proportions	Minority resistant variant proportion detected for each specific mutation by Deeplex-MycTB			
	TB-TDR-0036 (H445D/H526D)	TB-TDR-0090 (S450L/S531L)	TB-TDR-0100 (D435V/D516V)	TB-TDR-0131 (H445Y/H526Y)
0:100	0.03	0.05	0.0	0.03
1:99	1.3	1.3	1.6	1.0
5:95	7.5	5.0	6.0	4.3
10:90	14.7	10.0	10.0	8.7
20:80	28.6	21.7	25.2	20.8
30:70	39.9	28.4	35.4	26.0
40:60	55.9	41.6	43.6	37.9
50:50	60.0	50.1	60.6	46.0
60:40	69.4	61.9	67.0	57.5
70:30	77.6	64.9	69.6	66.7
80:20	85.5	69.8	86.2	79.0
100:0	98.3	99.9	98.3	98.9

433   Table 2. (Range of) limits of detection for rifampicin heteroresistance among triplicates, tested by different rapid diagnostic tests, per

434   mutation type, with quantification of the respective lowest proportion by targeted deep sequencing (Deeplex-MycTB).

Strain number	Rifampicin resistance-conferring mutation		LPA-Hain[1,a]	Deeplex[1,b]	LPA-Nipro[1,a]	Deeplex[1,b]	Xpert[1,a]	Deeplex[1,b]	Ultra[2,a]	Deeplex[2,b]
TB-TDR-0036	H445D*	H526D^	5-10	7.5	5	7.5	40-60	55.9	60	
TB-TDR-0090	S450L*	S531L^	5	5	1-5	5	20-40	21.7	20-30	21.7
TB-TDR-0100	D435V*	D516V^	5-10	6	5-10	6	70-80	69.6	40-50	
TB-TDR-0131	H445Y*	H526Y^	5-10	4.3	10	8.7	70-80	66.7	60-70	

435   *in *M. tuberculosis* numbering; ^in *E.coli* numbering ; Deeplex-MycTB = targeted deep sequencing; RDTs rapid diagnostic tests; LPA-Hain

436   = Genotype MTDBR*plus* v2.0; LPA-Nipro = Genoscholar NTM + MTB II; Xpert = classic Xpert MTB/RIF; Ultra = Xpert MTB/RIF Ultra; [1] =

437   batch 1; [2] = batch 2; [a]Limit of detection (range) among triplicates for the RDTs versus Deeplex quantification on the lowest proportion of

438   replicate 3; [b]minority resistant variant proportion as determined by Deeplex on replicate 3.

Figure 1. Minority resistant variant proportions detected across all mutation positions by

targeted deep sequencing (Deeplex-MycTB) among the rifampicin-resistant:rifampicin-

susceptible mixtures. The legend shows the RR-TB strain numbers and the corresponding RR-

conferring mutations in *Mycobacterium tuberculosis* / *Escherichia coli* numbering system.