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G-quadruplexes sequester free heme

in living cells

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Abstract

Heme is an essential cofactor for many enzymes, but free heme is toxic and its levels are tightly regulated. G-quadruplexes bind heme avidly *in vitro*, raising the possibility that they may sequester heme *in vivo*. If so, then treatment that displaces heme from quadruplexes is predicted to induce expression of genes involved in iron and heme homeostasis. Here we show that PhenDC3, a G-quadruplex ligand structurally unrelated to heme, displaces quadruplex-bound heme *in vitro* and alters transcription in cultured human cells, up-regulating genes that support heme degradation and iron homeostasis, and most strikingly causing a 30-fold induction of heme oxidase 1, the key enzyme in heme degradation. We propose that G-quadruplexes sequester heme to protect cells from the pathophysiological consequences of free heme. This identifies a new function for G-quadruplexes and a new mechanism for protection of cells from heme.

Keywords: G-quadruplex, heme, iron homeostasis, gene expression, oxidative damage, genomic stability

Introduction

G-quadruplexes are nucleic acid structures composed of stacked 'G-quartets' [Gellert M et al. 1962; Sen D and Gilbert W 1988], planar arrays of four hydrogen-bonded guanines (**Figure 1A**) connected by loops composed of other nucleotides. Quadruplexes form at sequences bearing the G4 motif, consisting of four or more runs of guanines punctuated by other nucleotides: $G_{\geq 3}N_xG_{\geq 3}N_xG_{\geq 3}N_xG_{\geq 3}$. In the human genome, there are nearly 400,000 G4 motifs allowing loops of ≤ 7 nt [Huppert JL and Balasubramanian S 2005], and more than 700,000 allowing loops up to 12 nt [Maizels N and Gray LT 2013]. G4 motifs are dispersed throughout the genome and considerably enriched at promoters, where they flank the transcription start site (TSS) and cluster at the 5' end of the first intron [Eddy J and Maizels N 2008; Eddy J and Maizels N 2009]. Analyses of individual G4 motifs have identified potential regulatory roles of quadruplexes in replication, transcription, splicing, and translation [Bugaut A and Balasubramanian S 2012; Tarsounas M and Tijsterman M 2013; Maizels N 2015; Valton AL and Prioleau MN 2016; Svikovic S and Sale JE 2016; Weldon C et al. 2017]. G4 motifs can be sites of replication arrest and they are closely associated with genetic and epigenetic stability [Lemmens B et al. 2015; Maizels N 2015; Svikovic S and Sale JE 2016], but G4 motifs that are thermodynamically stable and therefore genetically unstable have been purged from most genomes [Puig Lombardi E et al. 2019]. This makes the abundance of G4 motifs especially puzzling, and suggests that they may play useful roles in cell physiology that have yet to be identified.

G-quadruplexes bind avidly to heme *in vitro* ($K_d \approx 10$ nM range), as first shown more than 20 years ago [Li Y and Sen D 1996] and subsequently pursued in many contexts (reviewed in [Canale TD and Sen D 2017]). Indeed, the size, planarity and hydrophobicity of the protoporphyrin IX scaffold are well suited for stacking with the terminal G-quartets while, in

addition, guanine or cytosine residues may provide axial coordination to the ferric ion [Li T et

al. 2009], altogether making heme a privileged ligand for G-quadruplexes. This binding mode

has been confirmed by molecular dynamics [Nasab MG et al. 2017] and docking studies [Poon

LC et al. 2011]. Heme is an essential cofactor in a great variety of processes involving

oxidation, oxygen transport and electron transport, and just as protein enzymes use heme as a

prosthetic group, G-rich nucleic acid aptamers can use the electron transfer capabilities of a

bound heme to support peroxidase reactions [Poon LC et al. 2011]. The natural affinity of

quadruplexes for heme suggested that quadruplexes may bind to heme *in vivo*, enabling use of

heme as a cofactor for nucleic acid-catalyzed reactions [Poon LC et al. 2011]. However, free

heme is potentially toxic even at low concentrations, as its redox-active iron can catalyze

formation of harmful reactive oxygen species and promoting oxidative stress [Chiabrando D et

al. 2014; Ponka P et al. 2017]. This raised the possibility that sequestration of heme by

quadruplexes might protect cells and the genome from oxidative damage by limiting free heme

levels while ensuring ready availability of this key cofactor.

Here we experimentally test the possibility that quadruplexes sequester heme in living

cells. While it would be very difficult to directly quantify very small amounts of intracellular

heme bound to quadruplexes, free heme initiates its own elimination by inducing well-

documented changes in gene expression, including induction of transcription of the genes

encoding heme oxidase 1 (HMOX1), the key enzyme in heme degradation, and ferritin (FTH1

and FTL1), the iron storage protein [Kappas A and Drummond GS 1986; Hamamura RS et al.

2007; Ghosh S et al. 2011]. Moreover, a number of ligands that interact with G-quadruplexes

have been shown to readily displace quadruplex-bound heme *in vitro* [Kong DM et al. 2008]

and are predicted to similarly displace heme bound to quadruplexes *in vivo*. We therefore

designed an experimental strategy that would enable us to detect release of heme from G-

quadruplexes by using RNA-Seq analysis to query the effect of treatment with a G-quadruplex

ligand predicted to displace sequestered heme on expression of genes involved in heme

catabolism and iron homeostasis. We chose to use the well-characterized G4 ligand PhenDC3,

a bisquinolinium phenanthroline derivative structurally unrelated to heme (**Figure 1A**) [De

Cian A et al. 2007; Piazza A et al. 2010; Halder R et al. 2012; Chung WJ et al. 2014; Perriaud

L et al. 2014; Lista MJ et al 2017]. PhenDC3 is an ideal compound for genome-wide studies of

quadruplex function *in vivo*, because it readily enters the nucleus [Lefebvre J et al. 2017]; it

discriminates well between quadruplex and duplex DNA; and it exhibits a very high affinity

(nanomolar K_d) for quadruplexes, without pronounced selectivity for any specific quadruplex

structure. This lack of quadruplex selectivity can be attributed to the extensive overlap of

PhenDC3 with the guanines in a G-quartet, in the absence of minor groove interactions

characteristic of some G4 ligands, which enables PhenDC3 to bind with high affinity to the

external G-quartets of a quadruplex [Chung WJ et al. 2014].

In this work, we validate displacement of G4-bound heme by PhenDC3 and confirm the

hypothesis that quadruplexes sequester heme *in vivo*. By RNA-seq analysis of the response of

human HT1080 fibrosarcoma cells to PhenDC3 treatment we show that, as predicted, PhenDC3

treatment significantly up-regulated pathways involved in heme metabolism and iron

homeostasis. Most strikingly, it caused a 30-fold induction of HMOX1, the chief enzyme in the

heme degradation pathway. These findings identify a new mechanism for regulation of free

heme levels in living cells. They also identify an unanticipated potential function for

quadruplexes in maintaining genomic integrity that takes advantage of the abundance of G4

motifs and their dispersion throughout the genome.

Results and Discussion

PhenDC3 can displace quadruplex-bound hemin

G-quadruplexes can associate with hemin (Fe(III)-heme) to form G4 DNAzymes which can catalyze peroxidation reactions [Li Y and Sen D 1997; Travascio P et al. 1998], and displacement of hemin by a G4 ligand inhibits this catalytic activity. To evaluate the ability of PhenDC3 to displace hemin from a G-quadruplex, we used the chromogenic substrate 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) ($ABTS^{2-}$) as a probe. H_2O_2-mediated oxidation of $ABTS^{2-}$ produces the corresponding radical $ABTS^{.-}$ which exhibits a characteristic green signal readily detected by naked-eye and upon absorbance measurement. We tested PhenDC3-mediated displacement of hemin from three different G-quadruplex structures, one formed from an oligonucleotide representing a 22 nt G4 motif identified at the c-MYC proto-oncogene [Simonsson T et al. 1998], which folds to form a parallel structure [Ambrus A et al. 2005]; and two others formed by oligonucleotides PS2.M (18 nt) and PS5.M (24 nt), both of which have been reported to fold into antiparallel structures in the experimental conditions employed and to have strong catalytic activity once bound to hemin [Travascio P et al. 1998; Travascio P et al. 2001] (see *Materials and Methods*). A strong decrease of the absorption spectra intensity of $ABTS^{.-}$ between 500 nm and 800 nm was observed at increasing concentrations of PhenDC3 (**Figure 1B**), as predicted if displacement of hemin from the quadruplex structures reduces the catalytic activity of the hemin/G-quadruplex DNAzymes. This trend was observed for quadruplexes formed from all three sequences tested. PhenDC3 seems to be able to displace hemin more efficiently from the c-MYC sequence (**Figure 1B**, **left**), with catalytic activity is almost completely suppressed after the addition of 2 molar equivalents (6 µM) of PhenDC3. More efficient displacement may reflect a higher affinity of PhenDC3 for the c-MYC quadruplex, combined with a lower affinity of hemin towards this

structure, shown by the slightly reduced enzymatic activity observed in the absence of

PhenDC3 (ABTS$^-$ maximum absorption at 740 nm is lower if compared to the spectra reported

for PS2.M and PS5.M). The c-MYC quadruplex forms a parallel structure [Ambrus A et al.

2005], while the proposed structure for both PS2.M and PS5.M is antiparallel [Travascio P et

al. 2001]), and this may affect hemin binding. Overall, these results show that hemin is released

free in solution upon PhenDC3 binding to the G-quadruplex structure.

Figure 1C shows the predicted location for the lowest energy simulated structure

obtained upon docking of heme to a high-resolution NMR structure (PDB accession: 2MGN)

[Chung WJ et al. 2014] of the c-MYC promoter quadruplex (see *Materials and Methods*). The

heme stacks upon a loop guanine, which in turn stacks upon the G-quartets (**Figure 1C,** top).

PhenDC3 similarly binds with high affinity to an external G-quartet (**Figure 1C,** bottom). Thus,

heme and PhenDC3 are predicted to have similar favored binding sites and lie within similar

G-quartet to ligand distances (axial distance ~3.6 Å for heme and ~4.1 Å for PhenDC3; **Figure**

1C).

Response to PhenDC3 correlates with G4 motif frequency

To profile the transcriptome of PhenDC3-treated cells, we used RNA-seq analysis to

characterize gene expression in HT1080 cells, a human fibrosarcoma cell line with stable

diploid karyotype. Control experiments showed that treatment with 20 μM PhenDC3 for 48 hr

had only a modest effect on cell viability (**Figure 2A**) or cell cycle (**Figure 2B**; **Figure S1**).

Whole-cell RNA was isolated from cells which were untreated (DMSO) or treated with

PhenDC3 under these conditions, as three biological replicates (**Figure S1**). mRNA was

sequenced and reads were mapped to GENCODE genes in the hg19 human reference genome

(see *Materials and Methods*). G4 motifs were then located using a regular expression matching

algorithm that allowed loops of 1 to 12 nt in length, $G_{\geq 3}N_{1-12}G_{\geq 3}N_{1-12}G_{\geq 3}N_{1-12}G_{\geq 3}$,

N={A,T,C,G}. This search criterion identifies 722,264 G4 motifs in the human genome,

approximately twice as many as a search for motifs with 1 to 7 nt loops [Huppert JL and

Balasubramanian S 2005], and was used because the longer loop length better captures G4

motifs associated with biological processes [Gray LT et al. 2014].

PhenDC3 treatment caused significant changes in the expression profiles of HT1080

cells, with samples treated with 20 μM PhenDC3 or no PhenDC3 clustering uniquely upon

hierarchical classification (**Figure 3A**; **Figure S2A**). A total of 1,745 genes exhibited ≥2-fold

differential expression in response to PhenDC3 treatment, among them 1,014 up-regulated and

731 down-regulated genes (FDR<0.01) (**Figure 3B**; **Table S1**). Mapping G4 motif frequencies

of these ≥2-fold differentially expressed genes (2xDEGs) established strong correlations

between transcript abundance and enrichment or depletion of G4 motifs near the promoter and

at the 5' end of intron 1 (FDR<0.001; **Figure 3C**). This correlation was assessed by empirical

calculation of false discovery rates based on random sampling from all expressed genes (see

Materials and Methods). Furthermore, the proportion of genes carrying at least one G4 motif

in the promoter region is significantly higher among 2xDEGs than genes which were unaffected

(FDR>0.01) by PhenDC3 treatment (two-proportions z-test $P = 0.0025$ for down-regulated

genes, $P = 0.0032$ for up-regulated genes; **Figure 3D**). In particular, up-regulated genes carry

significantly more G4 sequences than any other gene set (**Figure 3D**).

We identified a very similar pattern of enrichment and depletion of G4 motifs upon

application of our analytical and mapping techniques to a previous array-based dataset that

determined the response to PhenDC3 treatment of HeLa cells [Halder R et al. 2012], a highly

transformed human cervical cancer cell line (**Figure S3**). These results confirm the premise that

PhenDC3 treatment accentuates the physiological functions of G4 motifs, and support the

correlation between transcript abundance and enrichment of G4 motifs near the promoter

(**Figure 3C**).

PhenDC3 appears to interact with both DNA and RNA quadruplexes to perturb gene

expression. For instance, positive correlations were evident with up-regulation by PhenDC3

and G4 motifs at regions immediately flanking the TSS (**Figure 3**), likely to reflect PhenDC3

interactions with DNA; on the other hand, we detect a positive correlation between differential

splicing events and enrichment of G4 motifs on the non-transcribed strand at the 5' end of intron

1 (FDR=0.004; **Figure S4**), likely reflecting PhenDC3 interactions with the G4 sequences

present in the pre-mRNA.

G4 ligands induce pathways associated with heme degradation and iron homeostasis

The top ten REACTOME pathways that correlated with up-regulated 2xDEGs are shown in

Figure 4A (full list is reported in **Table S2**). Two of the top pathways are directly related to

heme and iron homeostasis ('*Iron uptake and transport*', '*Transferrin endocytocis and*

recycling'); and three other pathways are related via the circadian rhythm/CLOCK pathway,

for which the key regulator is a transcription factor (REV-ERB) that binds heme as an essential

cofactor [Raghuram S et al. 2007]. Gene set enrichment analysis of up-regulated 2xDEGs also

correlated with two other specific pathways, associated with immune responses and nerve

growth factor (NGF) signaling. Heme binds to proteins to modulate their function, acting as a

signaling molecule in a variety of biological processes, and it has been reported that these

include innate immunity [Figueiredo RT et al. 2007; Dutra F and Bozza MT 2014] and neuronal

survival [reviewed in Smith AG et al. 2011], which may contribute to these correlations. To

observe the interaction between the up-regulated 2xDEGs, we performed network analysis

which showed how these genes clustered mainly into the four afore-mentioned pathways

(**Figure 4A**). The network was generated by mapping the significant genes to the STRING

protein-protein interactome [Szklarczyk D et al. 2015] and applying a search algorithm to

identify first-order neighbors for each of the mapped genes (see *Materials and Methods*). We

generated a highly-connected first-order network (1,301 nodes and 4,038 edges), indicating

concerted action of the up-regulated genes in key cellular processes involving heme.

Particularly striking was the 30-fold ($\log_2$FC=4.9) up-regulation of HMOX1 (**Figure**

4B; **Table S3**), which cleaves excess heme to initiate its degradation. In addition, the two chains

of the ferritin iron-storage complex (FTH1 and FTL) were up-regulated 5- to 7-fold. Highly

significant up-regulation also was evident for the mucolipin channel protein (MCOLN1), a

component of the cationic channel for Fe^{++} transport; a heme transporter (SLC46A1) and a

heme exporter (FLVCR1). PhenDC3 treatment also induced transcription of several

components of the vacuolar ATPase (V-ATPase) complex involved in iron and copper transport

(**Figure 4B**; **Table S3**).

The altered regulation of iron-related pathways prompted us to analyze the expression

of genes that encode iron-sulfur proteins. These proteins undergo iron-regulated biogenesis in

the mitochondrion [Lill R 2009], where G4 ligands can localize due to their lipophilic cationic

features and also upon binding with quadruplexes in mitochondrial DNA [Huang WC et al.

2015]. Of 26 genes surveyed, 3 were modestly but significantly up-regulated in response to

PhenDC3 treatment, and 15 were down-regulated (**Figure S6**; **Table S4**). The only gene

exhibiting more than 2-fold down-regulation was the G4 helicase, RTEL1 ($\log_2$FC=-1.1). These

results suggest that the primary effect of PhenDC3 may be mediated by heme release, rather

than catabolism of heme that releases iron.

The HMOX1, FTH1 and FTL1 genes are all regulated by NRF2, a transcriptional

activator that is stabilized upon binding to heme. NRF2 competes with the BACH1 repressor

protein for access to antioxidant response elements (AREs), cis-acting elements that regulate

not only genes involved in heme and iron metabolism, but also the glutathione and thioredoxin

antioxidant systems, enzymes involved in detoxification of reactive oxygen species and

xenobiotics, and in regeneration of NADPH [reviewed in Tonelli C et al. 2018]. We therefore

asked how the transcriptional response of other human cells to heme or to synthetic G4 ligands PhenDC3, CM03 and AQ1 (**Figure S5A**), as documented in publicly available datasets (**Figure S5B**), compared to the response of HT1080 cells to PhenDC3. The response to PhenDC3 and to heme were compared by determining the overlap of the sets of genes more than 2-fold up-regulated (FDR < 0.5) in two cultured endothelial cell lines treated with Fe(III)-heme [Ghosh S et al. 2011] and in HT1080 cells treated with PhenDC3. The overlap included four genes, all of them targets of NRF2: HMOX1, FTH1, and two genes that function in NRF2-regulated antioxidant pathways, GCLM and NQO1 (**Figure S5C**). Hierarchical cluster analysis of $\log_2$(Fold Change) of these genes in all of the four publicly available datasets documenting the effects of G4 ligands on gene expression supported the view that NRF2-regulated genes are key targets of hemin, PhenDC3, and the anthraquinone derivative AQ1 (**Figure S5D**). In contrast, a computer-designed G4 ligand of distinct structure, the trisubstituted naphthalene diimide derivative, CM03 (**Figure S5A**), which is a potent inhibitor of proliferation of pancreatic tumor cell lines and xenografts [Marchetti C et al. 2018], did not affect expression of these four genes.

These results support the hypothesis that heme is sequestered by G-quadruplexes. They further show that some (but not necessarily all) G4 ligands can displace heme, and that one result is activation of HMOX1 and other genes involved in heme and iron homeostasis. **Figure 5** outlines a simple model for one mechanism by which this may occur, illustrating how heme displaced from a quadruplex by PhenDC3 may stabilize NRF2 to activate transcription of HMOX1 and other target genes.

Both DNA and RNA quadruplexes bind heme *in vitro*, and either could be the source of free heme released upon treatment of living cells with PhenDC3. Within a cell, interactions of heme with either DNA or RNA quadruplexes could result in local oxidation that compromises molecular integrity. In light of the robust catalytic activity that heme confers on quadruplex DNA and RNA aptamers, Sen and colleagues proposed that accumulation of

transcripts bearing quadruplexes could be the source of potentially harmful 1- and 2-electron

oxidative reactions [Poon LC et al 2011; Grigg JC et al. 2014]. Heme bound to RNA could

contribute to the pathophysiology of repeat expansion diseases in which the transcript contains

multimers of quadruplexes, such as the CGG repeat expansion in Fragile X; or sporadic cases

of amyotrophic lateral sclerosis (ALS) and frontotemporal dementia (FTD) caused by an

expansion of a GGGGCC repeat (reviewed in [Maizels N 2015]). Oxidation at heme bound to

quadruplex DNA may also cause local damage, and could even constitute a potent local source

of genomic instability. However, cells have evolved to repair isolated nicks and breaks in

genomic DNA, and in an alternative view binding of DNA quadruplexes to heme might

contribute to genomic stability, by capturing free heme near its site of origin and sequestering

it until the quadruplex structure is resolved during replication or transcription. If so,

sequestration of heme by quadruplexes represents an unanticipated role in maintenance of

genomic stability, which may explain the abundance of G4 motifs and their dispersion

throughout the genome.

Finally, the results reported here suggest that heme may function as an endogenous G4

ligand. If so, then changes in the levels of free heme in the nucleus may perturb expression not

only of genes involved in heme and iron homeostasis, but also of other genes which are

susceptible to perturbation by G4 ligands.

Materials and methods

Reagents for DNAzyme titration. 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES), 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) ($ABTS^{2-}$) diammonium salt, potassium acetate, DMSO, hemin and triton X-100 were purchased from Sigma-Aldrich. H_2O_2 30% was purchased from Merck. Inorganic salts and organic chemicals employed were high quality (analytical grade). Hemin and PhenDC3 were dissolved in DMSO to obtain two solutions at 1 mM concentration and stored in the dark at -20°C. $ABTS^{2-}$ was freshly prepared in water to final concentration of 100 mM. Freshly prepared H_2O_2 was made on the spot by directly diluting the high concentration H_2O_2 30% (9.8 M) to the desired concentration (2 mM) for use. The reactions were carried out in 1 x K+ buffer (40 mM HEPES-NH_4OH pH 7.8 with 20mM CH_3COOK, 1% DMSO, and 0.05% Triton X-100), optimized to favor the highest activity of G4 DNAzymes (i.e. minimal background, with the complex-catalyzed reaction occurring 20 to 50 times faster than the background reaction), prepared by dilution of 10 x K^+ buffer (400 mM HEPES-NH_4OH, pH 7.8; 200 mM CH_3COOK; 10% DMSO; 0.5% Triton x-100) made in ultrapure water and stored at 4°C before use. Assays used hemin 3 µM, $ABTS^{2-}$ 500 µM, H_2O_2 50µM, 3 µM G-quadruplexes (3 nmol); and PhenDC3 0, 0.5, 1, 3, 6 µM.

Sequences are shown in the table below for the PS2.M, PS5.M [Travascio P et al. 1998] and c-MYC [Simonsson T et al. 1998] DNA oligonucleotides used in this work. Oligonucleotides were purchased from Eurogentec (Liège, Belgique), dissolved in ultrapure water at room temperature and quantified by OD_{260nm} using the molar extinction coefficient values provided by the manufacturer.

Oligonucleotide	Sequence
PS2.M	GTGGGTAGGGCGGGTTGG
PS5.M	GTGGGTCATTGTGGGTGGGTGTGG
c-MYC	TGAGGGTGGGTAGGGTGGGTAA

Hemin/G-quadruplex DNA 1:1 complex titration in the presence of increasing concentration of PhenDC3. Absorption titrations using the chromogenic substrate $ABTS^{2-}$ were performed on a Cary 300 UV-Vis spectrophotometer Agilent Technologies (Les Ulis, France), using a 1 cm path-length quartz cuvette. To prepare G4 DNA, the DNA oligos (300 μM in 1 x K^+ buffer) were folded by heating at 95°C for 5 min and left to cool at room temperature over three hr. The DNA was distributed into separate tubes to prepare the sample for the titration experiments (final concentration 3 μM in 1 mL total volume for each sample). One-tenth volume 10 x K^+ buffer (see above) was added to the DNA, for a final buffer concentration of 1 x K^+ in ddH_2O, and the samples were left to fold over 30 min. Hemin was added to a final concentration of 3 μM and the solutions were left to stand at room temperature for 30 min. Samples were brought to final concentrations of 0, 0.5, 1, 3, and 6 μM PhenDC3 by addition of appropriate volumes of 1 mM PhenDC3 in DMSO carrier. After 30 min incubation at room temperature, $ABTS^{2-}$ was then added to each sample to a final concentration of 500 μM and the blanks were recorded with the spectrophotometer. To initiate the oxidation reaction, H_2O_2 was added to a final concentration of 50 μM, followed by quick mixing. Five min later the absorption spectra were recorded in the range of 400 to 800 nm. Final concentrations were as follows: 3 μM DNA, 3 μM Hemin, 1 x K^+ (40 mM HEPES-NH_4OH, pH 7.8; 20 mM CH_3COOK; 1% DMSO; 0.05% Triton x-100), 0, 0.5, 1, 3, and 6 μM PhenDC3, 500 μM $ABTS^{2-}$, and 50 μM H_2O_2 in a total volume of 1 mL.

Docking of heme on the c-MYC DNA G-quadruplex. Receptor and ligand standard representation data files (Protein Data Bank, PDB format) were retrieved for the G-quadruplex structure of the c-MYC promoter (PDB accession: 2MGN [Chung WJ et al. 2014]) and the ligand Fe(III) protoporphyrin IX (PDB accession: HEM). We used a text editor to remove the HETATM residues from the receptor PDB file, as it contains information corresponding to the

PhenDC3 ligand. We used the AutoDockTools (ADT) GUI v1.5.6 [Morris GM et al. 2009] to

prepare the pdbqt files needed for docking, which contain atomic charges and atom type

definitions.

We added hydrogen positions as well as topological information for the heme ligand to

perform flexible docking by allowing 10 rotatable bonds (using the *TorsionTree* utility in

ADT). Then, we defined a docking box covering the space to be searched around the receptor

(*GridBox* utility in ADT), manually adjusting the size of the box and the exact position of its

center before exporting it into a configuration file. We used AutoDock vina v1.1.2 [Trott O and

Olson AJ 2010] for MacOSX to perform docking simulations from command line, increasing

the exhaustiveness value from 8 (default) to 24, which gives a more consistent docking result

[Forli S et al. 2016]. Nine docking poses were generated at the end of the run and ranked

according to their binding energies, and these proved to be quite similar: all fell within the range

of -6.9 to -5.2 kcal/mol (mean=-6.3±0.5 kcal/mol). Root-Mean-Square Deviation of atomic

positions (RMSD) values were calculated relative to the best mode and are reported in the table

below (l.b: lower-bound; u.b: upper-bound), showing one clear preferred pose relative to the

receptor.

Mode	Affinity (kcal/mol)	Distance from best mode	
		RMSD l.b.	RMSD u.b.
1	-6.9	0	0
2	-6.8	0.655	5.719
3	-6.8	1.318	5.862
4	-6.5	1.272	1.663
5	-6.3	4.079	7.779
6	-6.0	2.242	3.312
7	-5.9	2.403	6.832
8	-5.7	4.017	9.427
9	-5.6	4.704	9.914

Visualization of the docked receptor-ligand structures was performed using PyMOL v2.3.1 for

MacOSX [The PyMOL Molecular Graphics System, Version 2.0 Schrödinger, LLC]. All

ligands poses were located in the same region of the G-quadruplex, from visual inspection.

Finally, visualization of the G4 structure bound to PhenDC3 was also performed on PyMOL,

using the original 2MGN PDB file.

Cell culture and cell viability, cell death and cell cycle assays. HT1080 fibrosarcoma cells

were cultured in Dulbecco's Modified Essential Medium (DMEM) with 5% fetal bovine serum,

glutamate, penicillin, and streptomycin. To assess cell viability, a 96 well plate was seeded with

2000 cells per well and cultured for 24 hr at 37°C in 5% CO_2. Samples were then brought to

final concentrations of 1% DMSO and 0, 10 or 20 μM PhenDC3 by addition of DMSO carrier

alone or 1 mM PhenDC3 in DMSO. After an additional 24 or 48 hr culture, cell viability was

assayed by addition of CellTiter Glo (Promega) flowed by quantification of luminescence using

a Fluostar Omega (BMG Labtech). Cell death was measured by staining cells with

LIVE/DEAD Fixable Near-IR Dead Cell Stain (Invitrogen) for 30 min, resuspending them in

3.7% formaldehyde, and analysis using a FACS Canto II with 633 nm excitation and 780 nm

emission. Cell cycle profiles of DAPI-stained cells were generated by flow cytometry on a

LSRII with 355 nm excitation and 450 nm emission. Results of LIVE/DEAD assays and cell

cycle profiles were analyzed using FlowJo v10.

We chose to examine cells treated with 20 μM PhenDC3 for 48 hr based on control

experiments which showed that effects of treatment were barely perceptible at 24 hr, and that

20 μM PhenDC3 was relatively non-toxic (>90% viable; **Figures 3**; **S1**). Cells were split 24 hr

prior to treatment and cultured in six plates at 3x105 cells per 10 cm plate, in 10 ml of media

per plate. Treatment was initiated by replacing culture media with 10 ml of fresh media

containing either 100 μl of 2 mM PhenDC3 stock in DMSO (20 μM final concentration; 3

culture plates), or DMSO only (3 culture plates). At 48 hr, cells were removed from each plate

by trypsinization and the resulting six samples separately processed for RNA-seq.

RNA extraction and sequencing. Cells were pelleted by centrifugation, re-suspended in TRIzol Reagent (Life Technologies), and total RNA was harvested using the supplier's protocol and stored at -80°C. RNA concentration was adjusted to 0.5 μg/μl, and 5 μg of each sample was submitted to the UW High-Throughput Genomics Center (htSeq) for library preparation and sequencing. RNA samples were tested for quality using a Bioanalyzer (Agilent Technologies). mRNA library preparation was carried out using poly-dT selection. After library construction, multiplexed libraries were sequenced on an Illumina Hi-Seq to 36 bp in paired-end mode. Data were deposited in the Gene Expression Omnibus (GEO) database, accession number GSE60630.

RNA-seq data analysis. Reads were aligned to the human reference genome hg19 using STAR v2.7 [Dobin A et al. 2013] with the ENCODE processing pipeline standard settings for RNA-seq data (*--outFilterType* BySJout, *--outFilterMultimapNmax* 20, *--alignSJoverhangMin* 8, *--alignSJDBoverhangMin* 1, *--outFilterMismatchNmax* 999, *--alignIntronMin* 20, *--alignIntronMax* 1000000 and *--alignMatesGapMax* 1000000). Reads mapping uniquely to GENCODE-annotated genes were summarised using *featureCounts* [Liao Y et al. 2014].

The raw gene count matrix was imported into the R environment [R Core Team 2018] for further processing and analysis. Genes with low read counts (less than ~10 reads in more than 3 samples) were filtered out, leaving a set of 20,000 genes to test for differential expression between control (DMSO) and treated (+PhenDC3) conditions. Differential expression analysis was carried out using the R package *DESeq2* version 1.18.1 [Love MI et al. 2014]. Unless otherwise stated, differentially expressed genes were identified based on false discovery rate (FDR, using Benjamini-Hochberg adjusted p-values), with the threshold FDR < 1%. A fold-change cutoff was used to create the sets of genes used for G4 enrichment analysis: only ≥2-

fold (≥1-log$_2$fold) differentially expressed genes (2xDEGs) were retained. Hierarchical

clustering was performed for the top 500 differentially expressed genes using Euclidean

distances. The *cuffdiff* tool from Cufflinks v2.1.1 [Trapnell C et al. 2013] was used to calculate

differentially expressed isoforms with the default q-value cutoff of < 0.05. Statistics for isoform

expression levels and differential isoform expression are available in the GEO repository

(GSE60630).

G4 motif enrichment analysis. G4 motifs were defined as carrying 4 or more runs of 3 or more

Gs, separated by 1-12 nt loops, and were located using regular expression matching as

previously described [Gray LT et al. 2014]. Results were stored as bed files with coordinates

as well as wig files for visualization and further processing. G4 enrichment was assessed using

R scripts that calculated the frequency of G4 overlap at each position and on each strand near

the TSS (+/- 250 bp) and near the 5' end of first intron (1-250 bp). TSS and intron locations

were retrieved from the Ensembl genes table in the UCSC hg19 iGenomes database using gene

symbols. Briefly, we determined false discovery rates (FDR) by selecting 1000 sets of genes of

matching size (e.g. for the 716 genes up-regulated >2-fold, we assessed 1000 sets of 716

random genes) from the pool of all reliably detected genes, which were subjected to the same

count analysis described above. G4 motif enrichment or depletion found in fewer than 5% of

the randomly selected sets was considered significant (FDR < 0.05). R scripts were used to

tabulate and assemble results.

Gene Set Enrichment Analysis (GSEA) and protein-protein interaction network. The

REACTOME pathways enrichment analysis was done using the GSEA (Gene Set Enrichment

Analysis) software [Subramanian A et al. 2005] with the Molecular Signatures Database

collection on the identified up-regulated gene lists. Significantly enriched pathways were

selected based on FDR q-values (*P*-value adjustment for multiple hypergeometric tests), with

the cutoff FDR<5%. The NetworkAnalyst platform [Xia J et al. 2015] and the Cytoscape 3.5

software [Shannon P et al. 2003] were used to create and visualize the first-order (proteins that

directly interact with a given protein) protein-protein interactions based on the high-confidence

STRING interactome information [Szklarczyk D et al. 2015]. High-confidence interactions

were defined has having a confidence score > 0.9 and experimental evidence. As the first-order

network was very dense, we constructed a minimally connected network containing all the seed

genes as well as essential non-seed interactors that maintain the network connection. To do this,

we compute pair-wise shortest paths between all seed nodes, and remove the nodes that are not

on the shortest paths. The obtained minimum first-order network consisted of 1,301 nodes and

4,038 edges, with larger nodes indicating higher connectivity.

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Authors' contributions. L.T.G. carried out cell culture, PhenDC3 treatment and prepared
RNA. L.T.G. and E.P.L. designed the *in silico* analytical framework and wrote the code for
analyzing and presenting the data. E.P.L. performed the final version of the RNA-seq data
analysis and implemented the docking simulations. D.V performed the hemin/G-quadruplex
DNAzyme assay. C.G. synthesized PhenDC3. A.N., M.P.-T.F., A.L.V. and N.M. conceived of
and supervised the project. The manuscript was written by L.T.G., E.P.L. and N.M. All authors
read and approved the final draft of the manuscript.

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Figure legends

Figure 1. PhenDC3 displaces hemin from three different G-quadruplex structures.

(A) Structures of a G-quartet, Fe(III)-heme and PhenDC3 (structures are not size-scaled). **(B)**

Absorption spectra analyzing H_2O_2-dependent oxidation of $ABTS^{2-}$ to $ABTS^{1-}$ by G4

DNAzyme in the presence of the G4 ligand PhenDC3 (0-6 μM). G4 DNAzymes assayed were

complexes of hemin with quadruplexes formed from the indicated oligonucleotides: hemin/c-

MYC, hemin/PS2.M and hemin/PS5.M. **(C)** Above: structure of Fe(III) hemin (PDB accession:

HEM) docked on the c-MYC promoter DNA G-quadruplex, shown as (from left to right) a side

view, a zoomed side view and a top view. The distance from the loop to the iron at the center

of the heme is ~3.6 Å (middle panel, dotted yellow line). Below: model view of the solution

structure of the G4 ligand PhenDC3 bound to the c-MYC G-quadruplex (PDB coordinates

accession: 2MGN), shown as (from left to right) a side view, a zoomed side view and a top

view. For the PyMOL visualizations, we used default atom colors. In particular, hemin iron is

dark orange (RGB code triples R=0.87843137; G=0.400000000 and B=0.200000000); refer to

https://pymolwiki.org/index.php/Color_Values).

Figure 2. Effects of PhenDC3 on cell viability and cell cycle.

(A) Viability of cells treated with DMSO carrier alone (1%) or 10 or 20 μM PhenDC3 in DMSO

carrier as measured by ATP concentration (left) and live/dead staining (right). Error bars

indicate standard deviation among triplicate samples. *, $p < 0.01$; **, $p < 0.001$; ***, $p < 0.0001$.

(B) DAPI cell cycle profiles for populations treated as in panel A for 48 hr.

Figure 3. PhenDC3 treatment induces significant transcriptional changes in HT1080 fibrosarcoma cells.

(A) Supervised clustering of log-transformed gene counts obtained from three independent RNA-seq experiments performed in HT1080 cells treated with PhenDC3 (20 μM) for 48 hours. Top scoring 500 genes are shown. **(B)** Volcano plot of genes differentially expressed (FDR < 0.01) in cells treated or untreated with PhenDC3 (20 μM). A subset of the genes significantly upregulated (Log_2(Fold Change) > 0) is shown. **(C)** G4 ($[G_{3+}N_{1-12}]_{3+}G_{3+}$) enrichment and depletion statistics for 250 nt windows flanking the TSS and downstream of the 5' end of first introns. Enrichment (green) and depletion (red) are relative to 1000 sets of randomly selected gene drawn from a pool of all genes expressed at detectable levels. FDR values in parentheses. FDR > 5% (0.05) is considered non-significant (n.s, no highlight). **(D)** G4 ($[G_{3+}N_{1-12}]_{3+}G_{3+}$) detection in promoter regions (1000 nt upstream and 250 nt downstream of TSS) of 2xDEGs (red, up-regulated; blue, down-regulated genes) and unaltered genes (gray, FDR>0.01). Pie charts show the number of genes carrying at least one G4 motif (black) or no G4 motif (gray) within promoter regions. Boxplots: ***, pairwise Wilcoxon tests adj$P$ < 0.001 compared to NS; Pie charts: **, two-proportion z-tests P < 0.01.

Figure 4. PhenDC3 treatment activates genes involved in heme and iron homeostasis.

(A) Minimal first-order protein-protein interaction networks between up-regulated 2xDEGs. Node size is proportional to the number of its connections with other nodes (n = 1,301 nodes). The barplot shows REACTOME pathway-based enrichment analysis of genes strongly up-regulated (Log_2(Fold Change) > 1; FDR < 0.01) in treated (+PhenDC3) relative to untreated samples. The top 10 results correlated with upregulated genes are shown. FDR, GSEA false discovery rate q-value. **(B)** Log_2(Fold Changes) for common genes involved in iron homeostasis REACTOME pathways.

Figure 5. One possible mechanism for induction of HMOX1 expression in response to

heme displacement by a quadruplex ligand.

Heme sequestered by a G-quadruplex is displaced by PhenDC3. The free heme thus released

binds to and stabilizes NRF2, which then drives the BACH1 repressor from the promoter to

induce gene expression. Regulation of HMOX1 is shown, but this model could be applicable

to many NRF2 target genes. ARE, Antioxidant Response Element.

A

B

A

B

- 1014 genes FDR < 0.01 and log$_2$FC > 1
- 731 genes FDR < 0.01 and log$_2$FC < -1

C

Gene Set	Strand	TSS		5' end of intron 1
		-250 nt	+250 nt	+250 nt
Up-regulated	(+)	Enriched (<0.001)	Enriched (<0.001)	Enriched (<0.001)
	(-)	Enriched (<0.001)	Enriched (<0.001)	Enriched (<0.001)
Down-regulated	(+)	Depleted (0.015)	Depleted (<0.001)	n.s.
	(-)	Depleted (0.003)	Depleted (0.029)	Depleted (0.001)

D

A

B

Iron Homeostasis   V-ATPase Components