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(p)ppGpp and CodY promote *Enterococcus faecalis* virulence in a murine model of catheter-associated urinary tract infection

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27 **Abstract**

28 In Firmicutes, the nutrient-sensing regulators (p)ppGpp, the effector molecule of the
29 stringent response, and CodY work in tandem to maintain bacterial fitness during infection.
30 Here, we tested (p)ppGpp and *codY* mutant strains of *Enterococcus faecalis* in a catheter-
31 associated urinary tract infections (CAUTI) mouse model and used global transcriptional
32 analysis to investigate the (p)ppGpp and CodY relationship. Absence of (p)ppGpp or single
33 inactivation of *codY* led to lower bacterial loads in catheterized bladders, and diminished biofilm
34 formation on fibrinogen-coated surfaces under *in vitro* and *in vivo* conditions. Single inactivation
35 of the bifunctional (p)ppGpp synthetase/hydrolase *rel* did not affect virulence supporting
36 previous evidence that association of (p)ppGpp with enterococcal virulence is not dependent on
37 activation of the stringent response. Inactivation of *codY* in the (p)ppGpp⁰ strain restored *E.*
38 *faecalis* virulence in the CAUTI model as well as the ability to form biofilms *in vitro*.
39 Transcriptome analysis revealed that inactivation of *codY* restores, for the most part, the
40 dysregulated metabolism of (p)ppGpp⁰ cells. While a clear linkage between (p)ppGpp and CodY
41 with expression of virulence factors could not be established, targeted transcriptional analysis
42 indicate that a possible association between (p)ppGpp and c-di-AMP signaling pathways in
43 response to the conditions found in the bladder may plays a role in enterococcal CAUTI.
44 Collectively, this study identifies the (p)ppGpp-CodY network as an important contributor to
45 enterococcal virulence in catheterized mouse bladder and supports that basal (p)ppGpp pools
46 and CodY promote virulence through maintenance of a balanced metabolism during adverse
47 conditions.

48

49 **Importance**

50 Catheter-associated urinary tract infections (CAUTI) are one of the most frequent types
51 of infection found in the hospital setting that can develop into serious and potentially fatal
52 bloodstream infections. One of the infectious agents that frequently cause complicated CAUTI is

53 the bacterium *Enterococcus faecalis*, a leading cause of hospital-acquired infections that are
54 often difficult to treat due to the exceptional multidrug resistance of some isolates.
55 Understanding the mechanisms by which *E. faecalis* causes CAUTI will aid in the discovery of
56 new druggable targets to treat these infections. In this study, we report the importance of two
57 nutrient-sensing bacterial regulators, named (p)ppGpp and CodY, for the ability of *E. faecalis* to
58 infect the catheterized bladder of mice.

59

60 **Introduction**

61 Catheter-associated urinary tract infections (CAUTI) are one of the most common
62 hospital-acquired infections, accounting worldwide for about 40% of all nosocomial infections (1-
63 3). In addition to substantially increasing hospitalization time and costs, CAUTI can lead to
64 serious and potentially deadly secondary bloodstream infections (4). Complicated CAUTI is
65 often the result of bacteria forming biofilms on indwelling urinary catheters, and enterococci
66 (mainly *Enterococcus faecalis* and *E. faecium*) appear as the second leading cause of
67 complicated CAUTI in many healthcare facilities (4-6). In addition, *E. faecalis* and *E. faecium*
68 are major etiological agents of other life-threatening infections such as infective endocarditis,
69 and an even more serious threat to public health due to their exceptional antibiotic resistance
70 (7). The recent rise in enterococcal infections urges the development of new therapies, and
71 understanding the mechanisms that promote *E. faecalis* CAUTI might uncover new druggable
72 targets.

73 The pathogenic potential of *E. faecalis*, and of all enterococci in general, is tightly
74 associated with their outstanding ability to survive an array of physical and chemical stresses,
75 including common detergents and antiseptics, fluctuations in temperature, pH, humidity, and
76 prolonged starvation (7). The regulatory second messengers ppGpp (guanosine
77 tetraphosphate) and pppGpp (guanosine pentaphosphate), collectively known as (p)ppGpp,
78 broadly promote bacterial stress tolerance and virulence (8, 9). In *E. faecalis*, (p)ppGpp has

79 been shown to promote virulence in invertebrate and vertebrate animal models, and to mediate
80 expression of virulence-related traits such as growth in blood and serum, biofilm formation,
81 intraphagocytic survival and antibiotic tolerance (10-17). Originally described as the mediator of
82 the stringent response (SR) (8), (p)ppGpp has distinct effects on bacterial physiology; at low
83 (basal) concentrations it fine-tunes bacterial metabolism to adjust cellular growth in response to
84 mild environmental changes (18), whereas at high levels it activates the SR responsible for
85 promoting cell survival by slowing down growth-associated pathways and activating stress
86 survival pathways (8, 18).

87 Two enzymes, the bifunctional synthetase/hydrolase Rel and the small alarmone
88 synthetase RelQ, are responsible for enterococcal (p)ppGpp turnover (10, 19). Despite both
89 Δrel and $\Delta rel/\Delta relQ$ strains being unable to mount the SR (10, 13), there are fundamental
90 differences in basal (p)ppGpp levels between these two strains. Specifically, while the double
91 mutant, herein (p)ppGpp⁰ strain, is completely unable to synthesize (p)ppGpp, basal (p)ppGpp
92 pools are about 4-fold higher in the Δrel strain due to the constitutively and weak synthetase
93 activity of RelQ (10, 14, 19). Accumulated evidence indicates that the metabolic control exerted
94 by basal (p)ppGpp pools is more important during enterococcal infections than the semi-
95 dormancy state characteristic of the SR (10, 13-17). This is exemplified by the distinct virulence
96 phenotypes of Δrel and (p)ppGpp⁰ strains, both unable to mount the SR. Specifically, while only
97 the (p)ppGpp⁰ strain displayed attenuated virulence in *Caenorhabditis elegans* (10), *Galleria*
98 *mellonella* (11, 13, 16) and in a rabbit abscess model (15), the Δrel single mutant strain showed
99 attenuated virulence in a rabbit model of infective endocarditis (17).

100 In low-GC Gram-positive bacteria such as *E. faecalis*, (p)ppGpp controls transcription of
101 nutrient uptake and amino acid biosynthesis genes via the branched-chain amino acid (BCAA)-
102 and GTP-sensing CodY regulator (20). It follows that (p)ppGpp accumulation during BCAA
103 starvation severely depletes intracellular GTP pools in all Firmicutes such that CodY regulation
104 is severely impaired due to depletion of its two co-factors (20). We recently confirmed the

105 existence of the (p)ppGpp-CodY network in *E. faecalis* and demonstrated that inactivation of
106 *codY* restored several phenotypes of the (p)ppGpp⁰ mutant strain, including virulence in *G.*
107 *mellonella* (16). However, the contribution of the global nutritional regulator CodY to
108 enterococcal pathogenesis in mammalian hosts remains unknown.

109 In this work, we examined the contribution of the (p)ppGpp and CodY to the
110 pathogenesis of *E. faecalis* in a murine CAUTI model (21). We discovered that, in separate,
111 basal levels of (p)ppGpp and the transcriptional regulator CodY promote biofilm formation in
112 urine under *in vitro* conditions as well as virulence in a murine CAUTI model. Global
113 transcriptome analysis validate earlier findings that deletion of *codY* restores, at least in part, the
114 dysregulated metabolism of the cell in the absence of (p)ppGpp. Finally, targeted mRNA
115 quantifications reveal that the (p)ppGpp/CodY network alters expression of genes coding for
116 cyclic di-adenosine monophosphate (c-di-AMP) biosynthetic enzymes and of CAUTI virulence
117 factors. Altogether, this study identifies the (p)ppGpp-CodY network as a contributor to
118 enterococcal catheter colonization in the urinary tract and further supports that basal levels of
119 (p)ppGpp promote bacterial virulence through maintenance of a balanced bacterial metabolism.

120

121 **Results**

122 **The (p)ppGpp⁰ and $\Delta codY$ strains show impaired colonization in a murine CAUTI**
123 **model.** We compared the ability of the *E. faecalis* OG1RF parent, Δrel , $\Delta rel/Q$, (p)ppGpp⁰,
124 $\Delta codY$ and (p)ppGpp⁰ $\Delta codY$ strains to colonize and persist in the bladder of catheterized mice.
125 Briefly, catheters were implanted into the bladder of C57BL/6Ncr mice prior to transurethral
126 inoculation with $\sim 2 \times 10^7$ CFU of each designated strain. Three days post-infection, the OG1RF
127 strain was readily recovered from bladders ($6.3 \pm 0.6 \log_{10}$ CFU) and catheters ($6.0 \pm 0.3 \log_{10}$
128 CFU) of all infected animals (Fig. 1). Inactivation of *rel* (Δrel) or *rel/Q* ($\Delta rel/Q$) did not significantly
129 alter *E. faecalis* colonization in bladders, but recovery of $\Delta rel/Q$ from catheters was significantly
130 lower ($\sim 0.8 \log_{10}$ reduction, $p = 0.0027$ when compared to OG1RF). On the other hand, the

131 (p)ppGpp⁰ strain displayed ~ 0.8 log₁₀ (p=0.0015) and 1.5 log₁₀ (p<0.0001) reductions in CFU
132 recovered from bladders and catheters, respectively (Fig. 1). The $\Delta codY$ strain phenocopied the
133 (p)ppGpp⁰ strain showing ~ 0.8 log₁₀ reductions in CFU recovered from both bladders
134 (p=0.0156) and catheters (p=0.0031) (Fig. 1). However, inactivation of *codY* in the (p)ppGpp⁰
135 background [(p)ppGpp⁰ $\Delta codY$ triple mutant] restored bacterial bladder and catheter colonization
136 to near parent strain levels. In relative agreement with the bacterial loads detected on catheters
137 and in bladders, only the OG1RF and Δrel strains were consistently able to ascend and persist
138 in mice kidneys three days post-infection (Fig. 1C).

139

140 **(p)ppGpp promotes timely growth of *E. faecalis* in human urine.** The (p)ppGpp⁰
141 strain was previously shown to have growth and survival defects in whole blood and serum (15,
142 16). Interestingly, inactivation of *codY* in the (p)ppGpp⁰ background [(p)ppGpp⁰ $\Delta codY$] restored
143 the (p)ppGpp⁰ growth defect in blood but not in serum (16). Here, we tested the ability of
144 (p)ppGpp-defective (Δrel , $\Delta rel/Q$ and (p)ppGpp⁰) and *codY* ($\Delta codY$ and (p)ppGpp⁰ $\Delta codY$)
145 strains to replicate in pooled human urine *ex vivo*. Despite the colonization defect in the murine
146 CAUTI model (Fig. 1), the $\Delta codY$ strain grew as well as the parent and $\Delta rel/Q$ strains (Fig. 2).
147 On the other hand, Δrel , (p)ppGpp⁰, and (p)ppGpp⁰ $\Delta codY$ strains grew slower in the first 12
148 hours of incubation, with ~ 0.6 log₁₀ CFU difference at 3 and 7 hours post-inoculation (Fig. 2).
149 Nevertheless, upon entering stationary phase, all strains reached similar growth yields and
150 remained viable for at least 24 hours.

151

152 **(p)ppGpp and CodY support biofilm formation in urine.** Biofilm formation on urinary
153 catheters is critical for enterococcal CAUTI (22-24). This is exemplified by the observation that
154 *E. faecalis* OG1RF requires the presence of a catheter to persist for more than 48 hours in
155 murine bladders (21). Follow up studies revealed that catheterization, in mice and in humans,
156 triggers an inflammatory response that releases the host protein fibrinogen, which is used by *E.*

157 *faecalis* as a nutrient as well as a scaffold to adhere and colonize the catheter surface (22-25).
158 Taking into account that the reduction in bacterial counts of $\Delta re/Q$, (p)ppGpp⁰ and $\Delta codY$ strains
159 was more pronounced on catheters than in bladders (Fig. 1) and that (p)ppGpp supports long-
160 term survival of *E. faecalis* in biofilms (12), we sought to investigate if the attenuated virulence
161 of these strains in murine CAUTI was linked to a reduced ability to form biofilms on fibrinogen-
162 coated surfaces in the presence of urine. Since catheterization normally elicits proteinuria in the
163 host, and *E. faecalis* requires a protein source to optimally form biofilms in urine (22, 24), human
164 urine was supplemented with bovine serum albumin (BSA). In agreement with the bacterial
165 loads obtained from the implanted catheters (Fig. 1B), quantifications of *E. faecalis* biofilm
166 biomass revealed that $\Delta re/Q$, (p)ppGpp⁰ and $\Delta codY$ strains were deficient in biofilm production
167 while the ΔreI strain phenocopied the parent OG1RF strain (Fig. 3A). Notably, inactivation of
168 *codY* in the (p)ppGpp⁰ background alleviated the defective phenotype of the (p)ppGpp⁰ strain
169 albeit the differences between the (p)ppGpp⁰ $\Delta codY$ and OG1RF strains were still statistically
170 significant.

171 As indicated above, the main factor involved in *E. faecalis* biofilm formation on urinary
172 catheters is production of the Ebp pilus, which binds directly to fibrinogen via the EbpA N-
173 terminal domain (22, 26, 27). Quantification of EbpA via ELISA showed no noticeable reductions
174 in EbpA production in any of the mutant strains (Fig. 3B) suggesting that the (p)ppGpp/CodY
175 network promotes biofilm formation of fibrinogen-coated surfaces in an Ebp-independent
176 manner.

177

178 **Inactivation of *codY* restores the dysregulated metabolism of the (p)ppGpp⁰ strain.**

179 Previously, we proposed that the virulence attenuation of the (p)ppGpp⁰ strain in different animal
180 models is, in large part, due to the dysregulated metabolism caused by lack of (p)ppGpp control
181 (13, 14, 16). By monitoring H₂O₂ production and the culture pH, we provided the first evidence
182 that inactivation of *codY* restored a balanced metabolism to the (p)ppGpp⁰ background strain

183 (16). To obtain additional insights into the (p)ppGpp-CodY relationship, we used RNA
184 sequencing (RNA-seq) technology to compare the transcriptome of OG1RF, (p)ppGpp⁰ and
185 (p)ppGpp⁰ Δ *codY* strains grown to mid-exponential phase in the chemically-defined FMC
186 medium (28) supplemented with 10 mM glucose (FMCG). In the (p)ppGpp⁰ strain, 690 genes
187 were differentially expressed when compared to OG1RF (Table S1, $p < 0.05$, 2-fold cutoff),
188 representing ~ 27% of the entire *E. faecalis* OG1RF genome. In agreement with a previous
189 microarray analysis (14), multiple PTS systems as well as citrate, glycerol, malate and serine
190 utilization pathways were strongly induced in the (p)ppGpp⁰ strain under these conditions. A
191 selected and representative number of dysregulated transport and metabolic genes in the
192 (p)ppGpp⁰ strain are shown, respectively, in Tables 1 and 2. The upregulation of alternate
193 carbon metabolism genes that are expected to be under carbon catabolite repression (CCR) in
194 the glucose-rich condition of the FMCG medium indicates that complete lack of (p)ppGpp places
195 *E. faecalis* in what we have originally termed a “transcriptionally-relaxed” state (14). When
196 compared to the parent strain, 737 genes (~ 29% of entire genome) were differentially
197 expressed in the (p)ppGpp⁰ Δ *codY* triple mutant strain (Table S2, $p < 0.05$, 2-fold cutoff). Despite
198 the even large number of differentially expressed genes, inactivation of *codY* in the (p)ppGpp⁰
199 background strain normalized transcription of 274 genes that were dysregulated in the
200 (p)ppGpp⁰ background (Table S3). The great majority (~ 95%) of these genes were upregulated
201 in the (p)ppGpp⁰ strain, supporting that deletion of *codY* abrogates, at least in part, the
202 “transcriptionally-relaxed” state of the (p)ppGpp⁰ mutant. More specifically, inactivation of *codY*
203 in the (p)ppGpp⁰ background normalized transcription (or brought to levels much closer to the
204 parent strain) of ~ 70 transport systems as well as over 130 metabolic genes including citrate,
205 glycerol, malate, and serine utilization pathways, dehydrogenases, and molybdenum-dependent
206 enzymes (Table S3).
207

208 **Dysregulation of c-di-AMP homeostasis may affect fitness of (p)ppGpp⁰ and**
209 **Δ codY strains in urine.** Previously, the Ebp pilus and two high-affinity manganese
210 transporters, EfaCBA and MntH2, were shown to be essential for *E. faecalis* virulence in a
211 mouse CAUTI model (27, 29). In an attempt to identify (p)ppGpp- and CodY-dependent
212 processes directly relevant to enterococcal CAUTI, we compared the transcriptional profile of
213 these virulence factors in parent and mutant strains. In brief, quantitative real-time PCR (qPCR)
214 was used to compare expression of selected genes in exponentially-grown BHI cultures of
215 OG1RF, Δ codY, (p)ppGpp⁰ and (p)ppGpp⁰ Δ codY strains before and after switching to pooled
216 human urine. We found that transcription of *ebpA* (coding for the pilin sub-unit), *efaC* (the ATP-
217 binding subunit of the ABC-type transporter EfaCBA) and *mntH2* was strongly induced upon
218 shifting the parent strain culture from BHI to urine (Fig. 4). While full upregulation of *efaC* in
219 urine appears to be dependent on CodY, *ebpA* and *mntH2* transcription was differentially
220 impacted by (p)ppGpp and CodY. Specifically, while inactivation of CodY (Δ codY) limited
221 induction of these genes after transition to urine, loss of (p)ppGpp induced transcription of *ebpA*
222 and *mntH2* by ~ 10-fold. Simultaneous inactivation of *codY* in the (p)ppGpp⁰ background
223 [(p)ppGpp⁰ Δ codY] modestly raised *ebpA* but fully restored *mntH2* mRNA levels (Fig. 4).

224 We also assessed transcription levels of genes coding for enzymes involved in c-di-AMP
225 metabolism, a nucleotide second messenger essential for osmotic stress survival and whose
226 regulatory network appears to be intertwined with the (p)ppGpp regulatory network in other
227 bacteria (30-34). In the OG1RF strain, transcription of the c-di-AMP cyclase *cdaA* was not
228 significantly altered upon transition from BHI to urine; however, transcription of both c-di-AMP
229 hydrolases (*pde* and *gdpP*) was induced by ~ 50- to 100-fold, respectively (Fig. 4). While
230 induction of *gdpP* was dependent on CodY, activation of *pde* in urine was not as robust in all
231 mutants strains. Unexpectedly, *cdaA* transcription was strongly induced (~ 50-fold) in the
232 (p)ppGpp⁰ strain when shifted from BHI to urine, suggesting that c-di-AMP levels may be

233 dysregulated in the (p)ppGpp⁰ strain during CAUTI. Notably, c-di-AMP pools must be tightly
234 controlled given that it is essential for growth but also highly toxic when present at high
235 concentrations (35).

236

237 **Discussion**

238 In this report, we showed that basal (p)ppGpp pools and the transcriptional regulator
239 CodY mediate virulence of *E. faecalis* in a murine CAUTI model. These results corroborates
240 previous findings that changes in basal levels of (p)ppGpp contribute to the virulence of *E.*
241 *faecalis* (10, 11, 13, 15, 17) and show, for the first time, that CodY regulation is also important
242 for the virulence of *E. faecalis*. Despite the attenuated virulence of the $\Delta codY$, $\Delta relQ$ and
243 (p)ppGpp⁰ strains, simultaneous inactivation of both regulatory pathways [(p)ppGpp⁰ $\Delta codY$
244 strain] restored virulence to near parent strain levels. While this finding may appear
245 contradictory, it is in line with previous studies showing that inactivation of *codY* restores
246 virulence of (p)ppGpp⁰ strains in *Listeria monocytogenes* and *Staphylococcus aureus* (36, 37).

247 The association between (p)ppGpp and CodY, by which (p)ppGpp upregulates gene
248 transcription via GTP depletion and concomitant alleviation of CodY repression, has been well
249 established (20). We previously found that the (p)ppGpp and CodY regulatory networks are also
250 intertwined in *E. faecalis* by showing that inactivation of *codY* restored phenotypes of the
251 (p)ppGpp⁰ strain, such as the inability to grow in whole blood *ex vivo* and reduced virulence in
252 the *G. mellonella* invertebrate model (16). By comparing final culture pH and H₂O₂ production of
253 (p)ppGpp⁰ and (p)ppGpp⁰ $\Delta codY$ strains, we hypothesized that deletion of *codY* restores a
254 balanced metabolism to the (p)ppGpp⁰ strain (14, 16). The RNA-seq analysis reported here
255 clearly supports this observation as multiple genes coding for alternate carbon utilization
256 pathways were strongly upregulated in the (p)ppGpp⁰ strain but not in the (p)ppGpp⁰ $\Delta codY$
257 triple mutant strain.

258 Our results also indicate that restoration of global metabolism in the (p)ppGpp⁰Δ*codY*
259 strain when compared to the (p)ppGpp⁰ strain may be particularly relevant in experimental
260 CAUTI. Specifically, we show that while absence of either (p)ppGpp or CodY results in defects
261 in biofilm formation *in vitro* and *in vivo*, simultaneous inactivation of the (p)ppGpp and CodY
262 regulatory systems restores CAUTI virulence and partially restores *in vitro* biofilm formation to
263 near parent strain levels (Fig 1. and Fig. 3). Considering that the levels of the surface protein
264 EbpA was not altered in any of the mutant strains (Fig. 3), we propose that (p)ppGpp and CodY
265 promote biofilm formation on urinary catheters by mediating the metabolic rearrangements
266 required for biofilm growth and survival in urine. In fact, a comparative transcriptome analysis
267 reveals that several metabolic pathways previously identified as relevant to enterococcal
268 adaptation to growth in urine (38) overlap with the (p)ppGpp and CodY regulons (13, 14, 20).
269 For example, transcriptional activation of alternate carbon utilization and amino acid
270 biosynthesis/transport genes in response to the relatively low urinary concentrations of amino
271 acids and glucose (38-41) are shown here to be regulated by (p)ppGpp and CodY (Table S1,
272 Table 1 and Table 2) (13, 14, 20).

273 In an attempt to identify specific (p)ppGpp- and CodY-regulated processes that are
274 important for CAUTI, we used qPCR to compare transcription of known virulence factors such
275 as the Ebp pilus and the metal transporters EfaCBA and MntH2 (27, 29) in parent and mutant
276 strains. Although there were significant alterations in transcription of *ebpA*, *efaC* and *mntH2* in
277 the (p)ppGpp and *codY* mutant strains, it was not possible to establish a firm correlation
278 between the transcriptional expression of these virulence factors and the attenuated virulence
279 phenotypes shown in Figure 1. Due to the association of c-di-AMP signaling with biofilm
280 formation (33, 34) and adaptation to osmotic stress (31, 32) – two relevant traits during CAUTI –
281 and the previous linkage with (p)ppGpp signaling (30, 35, 42), we similarly assessed gene
282 expression of the enzymes responsible for c-di-AMP synthesis (*cdaA*) and degradation (*pde* and
283 *gdpP*). c-di-AMP is an emerging regulatory nucleotide shown to control a number of cellular

284 processes, including potassium homeostasis, osmotic adaptation and biofilm formation (35). In
285 addition, previous investigations revealed an intricate but poorly understood association
286 between the c-di-AMP and (p)ppGpp signaling networks, in which (p)ppGpp regulates c-di-AMP
287 levels by serving as an allosteric regulator of c-di-AMP phosphodiesterase (PDE) enzymes,
288 while c-di-AMP stimulates (p)ppGpp synthesis via an unknown mechanism (30, 35, 42). The
289 strong activation of *pde* and *gdpP* in the parent strain upon shift to urine suggests that
290 intracellular c-di-AMP levels decrease in the presence of urine. This is not surprising
291 considering that salt concentrations in urine are generally high (average osmolality between 300
292 to 900 mOsm/kg H₂O), and that low c-di-AMP pools are associated with bacterial salt tolerance
293 (43) whereas increased c-di-AMP levels are linked to salt hypersensitivity (44-46). Interestingly,
294 transcription of the c-di-AMP synthetase gene (*cdaA*) in urine was approximately 100-fold higher
295 in the (p)ppGpp⁰ strain when compared to the parent strain, indicating that c-di-AMP
296 homeostasis may be severely disrupted in the (p)ppGpp⁰ strain. Finally, transcription of the *pde*
297 and *gdpP* genes was not as strongly induced (or not induced at all) in the (p)ppGpp⁰ and $\Delta codY$
298 strains. While the cellular levels c-di-AMP in cells grown in urine remain to be determined, and
299 the possibility of the (p)ppGpp/c-di-AMP signaling crosstalk in *E. faecalis* confirmed, the qPCR
300 analysis suggests that *E. faecalis* lowers c-di-AMP pools to adjust its metabolism to the
301 environment (i.e. high osmolality) encountered in urine.

302 By comparing the genes restored by *codY* inactivation in our RNA-Seq analysis (Table
303 S1, Table 1 and Table 2) to the transcriptome of *E. faecalis* OG1RF grown in urine (38), several
304 other common pathways were identified providing additional leads as to why alleviation of CodY
305 repression restored the biofilm defect of the (p)ppGpp⁰ strain. Specifically, Vebø *et al.* showed
306 that transcription of a major glycerol uptake system was induced when the OG1RF strain was
307 grown in urine *ex vivo*, suggesting that *E. faecalis* utilizes glycerol as a source of energy to grow
308 and survive in urine (38). Notably, aerobic metabolism of glycerol by the GlpO enzyme is also
309 the main source of H₂O₂ generation in *E. faecalis* (47) and *E. faecalis* activates transcription of

310 several oxidative genes (such as *sodA*, *npr* and *trxB*) when grown in urine (38), possibly to cope
311 with increased ROS generation caused by aerobic glycerol metabolism. In agreement with
312 previous microarray data (14), the current RNA-seq analysis revealed that transcription of
313 glycerol catabolic genes, such as *glpO* and *gldA2*, was activated by 6-fold or more in the
314 (p)ppGpp⁰ strain (Table S1, Table 2), likely augmenting ROS production in the urinary tract.
315 Another possibility, which is not mutually exclusive from the others, is that the strong (~ 20-fold)
316 upregulation of molybdenum metabolism genes in the (p)ppGpp⁰ strain is disadvantageous to *E.*
317 *faecalis* when grown in the urinary tract environment. Molybdenum is a rare transition metal that
318 functions as a co-factor of several redox active enzymes (48-50); it should be noted that
319 urothione, the degradation product of the molybdenum cofactor in humans, is excreted in urine
320 (51). In contrast to other metal co-factors, molybdenum is catalytically active only when
321 complexed with a pterin-based scaffold, forming the Moco prosthetic group (50). The Moco
322 biosynthetic genes that are highly induced in the (p)ppGpp⁰ mutant strain code for enzymes that
323 require GTP and the oxygen-reactive iron and copper metals (50), possibly linking molybdenum
324 metabolism to (p)ppGpp and oxidative stress. Finally, *E. faecalis* appears to downregulate
325 serine catabolism in urine (38). However, serine dehydratases were among the most highly
326 expressed genes in the (p)ppGpp⁰ strain (~ 100-fold), likely favoring pyruvate generation
327 instead of protein synthesis. While it is unknown how serine catabolism and dysregulation of
328 other metabolic and transport pathways affect biofilm formation and virulence in *E. faecalis*,
329 alleviation of CodY repression for the most part restored transcription of these genes to wild-
330 type levels.

331 Collectively, the results presented here reveal that (p)ppGpp and CodY support *E.*
332 *faecalis* presence in the catheterized murine urinary tract by controlling the metabolic
333 arrangements necessary for the fitness of *E. faecalis* in this environment and, possibly, by
334 modulating biofilm formation. Future studies using global transcriptome and metabolome
335 analysis of (p)ppGpp-deficient and CodY-deficient strains recovered directly from CAUTI,

336 coupled with characterization of pathways relevant to biofilm formation in urine, are necessary
337 to fully understand how alleviation of CodY repression restores biofilm formation in the absence
338 of (p)ppGpp. In addition, the relevance of c-di-AMP signaling to enterococcal CAUTI and the
339 relationship between (p)ppGpp and c-di-AMP signaling pathways will warrant further
340 investigations. In this regard, work is underway to determine the scope and targets of c-di-AMP
341 regulation in *E. faecalis*. These studies should expand our mechanistic understanding of how
342 global metabolic regulators such as CodY, (p)ppGpp and possibly c-di-AMP mediate
343 enterococcal pathogenesis in the urinary tract and beyond.

344

345 **Materials and Methods**

346 **Bacterial strains and growth conditions.** The parent *E. faecalis* OG1RF strain and its
347 derivatives Δrel , $\Delta relQ$, $\Delta rel\Delta relQ$ [(p)ppGpp⁰], $\Delta codY$ and (p)ppGpp⁰ $\Delta codY$ strains have been
348 previously described (10, 16). All strains were routinely grown in BHI at 37°C. For RNA-seq
349 analysis, overnight cultures of *E. faecalis* OG1RF, (p)ppGpp⁰, and (p)ppGpp⁰ $\Delta codY$ strains
350 were diluted in a 1:100 ratio in 50 ml of the chemically-defined FMC medium (28) supplemented
351 with 10 mM glucose (FMCG) and allowed to grow statically at 37°C to an OD₆₀₀ of 0.3. Growth
352 in pooled human urine from healthy donors (Lee Biosolutions) was monitored as described
353 elsewhere, with minor modifications (29). Briefly, overnight cultures were diluted 1:100 in PBS
354 and inoculated 1:100 for growth assessment in urine. Cultures were incubated aerobically at
355 37°C and, at selected time-points, aliquots were serially diluted and plated on TSA plates for
356 colony-forming unit (CFU) determination. To determine the transcriptional responses of selected
357 genes upon transition from laboratory media to human urine, overnight cultures grown in BHI
358 were diluted 1:20 in 5 ml of fresh sterile BHI and allowed to grow statically at 37°C to an OD₆₀₀
359 of 0.5. The bacterial cells were washed twice with PBS (pH 7.0) and pelleted down by
360 centrifuging at 2500 rpm for 8 min. After washing, pellets were resuspended in 7.5 ml filter

361 sterilized urine and incubated at 37°C for 30 min. The controls were resuspended in the same
362 volume of fresh BHI and incubated at 37°C for 30 min.

363

364 **Mouse catheter implantation and infection.** The mice used in this study were 6-week-old
365 female wild-type C57BL/6Ncr mice purchased from Charles River Laboratories. Mice were
366 subjected to transurethral implantation and inoculated as previously described (21). Mice were
367 anesthetized by inhalation of isoflurane and implanted with a 5-mm length platinum-cured
368 silicone catheter. When indicated, mice were infected immediately following catheter
369 implantation with 50 µl of $\sim 2 \times 10^7$ CFU of bacteria in PBS introduced into the bladder lumen by
370 transurethral inoculation as previously described (21). To harvest the catheters and organs,
371 mice were sacrificed 3 days post-infection by cervical dislocation after anesthesia inhalation;
372 silicone catheter, bladder and kidneys were aseptically harvested. The Washington University
373 Animal Studies Committee approved all mouse infections and procedures as part of protocol
374 number 20150226. All animal care was consistent with the Guide for the Care and Use of
375 Laboratory Animals from the National Research Council and the USDA Animal Care Resource
376 Guide.

377

378 **Biofilm formation in human urine.** For assessment of biofilm formation on fibrinogen-coated
379 96-well polystyrene plates (Grenier CellSTAR), wells were coated overnight at 4°C with 100 µg
380 ml⁻¹ human fibrinogen free of plasminogen and von Willebrand Factor (Enzyme Research
381 Laboratory). The next day, *E. faecalis* overnight cultures were diluted to an optical density
382 (OD₆₀₀) of 0.2 in BHI broth. The diluted cultures were centrifuged, washed three times with 1x
383 PBS, and diluted 1:100 in urine supplemented with 20 mg ml⁻¹ BSA. Bacterial cells were
384 allowed to attach to the fibrinogen-coated plate at 37°C under static conditions as described
385 in(29, 52). After 24 hours, microplates were washed with PBS to remove unbound bacteria and
386 biofilm formation assessed by staining wells with crystal violet as previously described (52).

387 Excess dye was removed by rinsing with sterile water and then plates were allowed to dry at
388 room temperature. Biofilms were resuspended with 200 μ l of 33% acetic acid and the
389 absorbance at 595 nm was measured on a microplate reader (Molecular Devices). Experiments
390 were performed independently in triplicate per condition and per experiment.

391

392 **Presence of EbpA on the cell surface of (p)ppGpp- and CodY-deficient strains.** Surface
393 expression of EbpA by *E. faecalis* OG1RF and derivatives was determined by ELISA as
394 previously described (23). Bacterial strains were grown for 18 hours in urine supplemented with
395 20 mg ml⁻¹ of BSA. Then bacterial cells were washed (3 times) with PBS, normalized to an
396 OD₆₀₀ of 0.5, resuspended with 50 mM carbonate buffer (pH 9.6) containing 0.1% sodium azide
397 and used (100 μ l) to coat Immulon 4HBX microtiter plates overnight at 4°C. The next day, plates
398 were 3 times washed with PBS containing 0.05% Tween 20 (PBS-T) to remove unbound
399 bacteria and blocked for 2 h with 1.5% bovine serum albumin (BSA)–0.1% sodium azide–PBS
400 followed by three PBS-T washes. EbpA surface expression was detected using mouse anti-
401 EbpA^{Full} antisera, which was diluted 1:100 in dilution buffer (PBS with 0.05% Tween 20, 0.1%
402 BSA, and 0.5% methyl α -d-mannopyranoside) before serial dilutions were performed. A 100- μ l
403 volume was added to the plate, and the reaction mixture was incubated for 2 h. Subsequently,
404 plates were washed with PBS-T, incubated for 1h with HRP-conjugated goat anti-rabbit antisera
405 (1:2,000), and washed again with PBS-T. Detection was performed using a TMB substrate
406 reagent set (BD). The reaction mixtures were incubated for 5 min to allow color to develop, and
407 the reactions were then stopped by the addition of 1.0 M sulfuric acid. The absorbance was
408 determined at 450 nm. Titers were defined by the last dilution with an A₄₅₀ of at least 0.2. As an
409 additional control, rabbit anti-*Streptococcus* group D antiserum was used to verify that whole
410 cells of all strains were bound to the microtiter plates at similar levels. EbpA expression titers
411 were normalized against the bacterial titers at the same dilution.

412

413 **RNA-seq analysis.** Cells grown in FMCG to OD₆₀₀ 0.3 were collected by centrifugation at 4000
414 rpm for 20 min at 4°C, and resuspended in 4 ml of sterile RNA stabilizing solution [3.5 M
415 (NH₄)₂SO₄, 16.6 mM sodium citrate, 13.3 mM EDTA, adjusted to a pH of 5.2 with H₂SO₄]. After
416 a 10 min incubation at room temperature, cells were centrifuged at 4000 rpm for 30 min at 4°C,
417 and pellets were stored at - 80°C. RNA was extracted using the hot acid-phenol:chloroform
418 method previously described (53). Subsequently, precipitated RNA was treated once with
419 DNase I (Ambion, Carlsbad, CA), followed by a second DNase I treatment using the DNA-free
420 kit (Ambion) to completely remove DNA, divalent cations and traces of the DNase I enzyme
421 (204). RNA concentrations were quantified with the NanoDrop 1000 spectrophotometer
422 (NanoDrop, Wilmington, DE) and RNA quality assessed with the Agilent Bioanalyzer (Agilent,
423 Santa Clara, CA). RNA sequencing (RNA-Seq), data processing and statistical analysis was
424 performed at the University of Rochester Genomics Research Center (UR-GRC) using the
425 Illumina platform as previously described (54). Gene expression data have been deposited in
426 the NCBI Gene Expression Omnibus (GEO) database (www.ncbi.nlm.nih.gov/geo) under GEO
427 Series Accession number GSE131749

428
429 **Real-time quantitative PCR analysis.** Cultures were pelleted at 2500 rpm for 8 min at 4°C.
430 The bacterial pellets were resuspended in 1 ml of RNA protect and incubated for 5 min at room
431 temperature followed by centrifugation at 2500 rpm for 8 min at 4°C. At that point, the bacterial
432 pellets were kept at -80°C until ready for RNA extraction. Cells were resuspended in TE buffer
433 (10 mM Tris Cl [pH 8], 1mM EDTA) and 10 % SDS, homogenized for three 30 second cycles,
434 with 2 min on ice between cycles. The nucleic acids were retrieved from the total protein by
435 phenol:chloroform (5:1) extraction. The inorganic phase was resuspended in 0.7 ml RLT buffer
436 (Qiagen) supplemented with 1 % β-mercaptoethanol, and RNA was purified using RNeasy mini
437 kit (Qiagen), including the on-column DNase treatment recommended by the supplier. To further
438 reduce the DNA contamination, RNA samples were treated with DNase I (Ambion) at 37°C for

439 30 min and were re-purified using RNeasy mini kit (Qiagen). RNA concentrations were
440 determined using Nanodrop. Reverse transcription and real-time PCR were carried out
441 according to protocols described previously (53) using the primer sets indicated in **Table S4**.

442

443 **Statistical Analysis.** Data sets were analyzed using GraphPad Prism 6.0 software unless
444 otherwise noted. Log₁₀-transformed CFU values from urine growth curves were analyzed via a
445 two-way ANOVA followed by comparison post-test. For CAUTI experiments, biofilm assays and
446 EbpA ELISA, a Two-tailed Mann-Whitney *U* test was performed. RNA-seq processing and the
447 subsequent statistical analysis was performed at the University of Rochester Genomics
448 Research Center (UR-GRC) as previously described (54). qPCR data was analyzed by
449 Student's *t*-test and ANOVA with multiple comparisons test, respectively.

450

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456 decision to publish, or preparation of the manuscript.

457

458 **Table 1.** Transcriptional restoration of selected nutrient transport systems upon inactivation of
 459 *codY* in the (p)ppGpp⁰ background.

Locus/ gene name	Function	Fold change*	Fold change
		(p)ppGpp ⁰	(p)ppGpp ⁰ Δ <i>codY</i>
PTS systems			
OG1RF_10341	PTS system	+ 5.5	
OG1RF_10346	PTS system	+ 4.8	
OG1RF_10433	PTS system	+ 5.1	
OG1RF_10746	PTS system	+ 8.2	
OG1RF_11236	PTS system	+ 3.3	
OG1RF_11249	PTS system	+ 3.1	- 3.3
OG1RF_11512	PTS system	+ 5.0	
OG1RF_11614	PTS system	+ 4.2	
OG1RF_11780	PTS system	+ 3.8	
OG1RF_12261	PTS system	+ 4.6	
<i>bglP</i>	PTS system, β-glucoside uptake	+ 7.4	
<i>frwB</i>	PTS system, fructose uptake	+ 11.5	
<i>malX</i>	PTS system, maltose uptake	+ 4.7	
<i>mltF2</i>	PTS system, mannitol uptake	+ 7.1	
<i>scrA</i>	PTS system, β-glucoside uptake	+ 3.4	
<i>sorA</i>	PTS system, sorbose uptake	+ 32.5	
<i>treB</i>	PTS systems, trehalose uptake	+ 11.9	- 2.0
<i>ulaB</i>	PTS system, ascorbate uptake	+ 5.1	
ABC-type transporters			
OG1RF_10665	ABC-type transporter	+ 3.4	- 2.5
OG1RF_10879	ABC-type transporter	+ 2.2	
OG1RF_11003	ABC-type transporter	+ 15.9	
OG1RF_11188	ABC-type transporter	+ 8.1	
OG1RF_11763	ABC-type transporter	+ 3.2	
OG1RF_11774	Sugar ABC-type transporter	+ 38.5	
OG1RF_12466	ABC-type transporter	+ 3.5	
<i>mdlB</i>	Multidrug ABC-type transporter	+ 3.2	
<i>modB</i>	Molybdenum transporter	+ 31.5	
T0	Oligopeptide transporter	- 3.3	
<i>ziaA</i>	Zinc ABC-type transporter	+ 3.2	
Other porters			
OG1RF_11781	Sodium symporter	+ 5.3	
OG1RF_11873	Phosphate transporter	+ 4.5	- 2.5
OG1RF_11954	Xanthine/Uracil permease	+ 3.0	
OG1RF_12019	Gluconate symporter	+ 4.7	
OG1RF_12274	Major Facilitator transporter	+ 21.3	
OG1RF_12280	Cytosine/purine permease	+ 5.4	
OG1RF_12572	Citrate transporter	+ 51.8	
<i>dctM</i>	Organic Acid transporter	+ 4.5	
<i>glpF2</i>	Glycerol uptake	+ 11.0	

460 (*) Values represent fold-change in transcription when compared to the parent strain. All values
 461 shown were statistically significant ($p < 0.05$). Blank fields indicate that there were no significant
 462 differences between mutant and parent strains.

463 **Table 2.** Transcriptional profile of selected metabolic genes upon inactivation of *codY* in the
464 (p)ppGpp⁰ background.

Locus/ gene name	Function	Fold change*	Fold change
		(p)ppGpp ⁰	(p)ppGpp ⁰ Δ <i>codY</i>
<u>Citrate metabolism</u>			
OG1RF_10979	Citrate carrier	+ 31.2	
<i>citC</i>	Citrate metabolism	+ 17.0	- 5.0
<i>citD</i>	Citrate metabolism	+ 18.7	- 3.3
<i>citE</i>	Citrate metabolism	+ 15.6	- 5.0
<i>citF</i>	Citrate metabolism	+ 15.0	- 5.0
<i>citX</i>	Citrate metabolism	+ 13.4	- 5.0
<i>citXG</i>	Citrate metabolism	+ 13.2	- 2.0
<u>Serine metabolism</u>			
<i>sdaA</i>	Serine dehydratase	+ 103.5	
<i>sdaB</i>	Serine dehydratase	+ 94.5	- 2.5
<u>Glycerol metabolism</u>			
<i>glpK</i>	Glycerol kinase	+ 5.7	- 2.5
<i>glpO</i>	Glycerol-3-P oxidase	+ 6.6	- 2.5
<i>gldA2</i>	Glycerol dehydrogenase	+ 13.7	
<u>Molybdenum metabolism</u>			
OG1RF_11183	MOSC protein	+ 30.1	
OG1RF_11185	Molybdopterin-binding protein	+ 25.6	
OG1RF_11944	Molybdenum hydroxylase	+ 29.7	
OG1RF_11951	Molybdenum hydroxylase	+ 10.8	- 2.0
<i>moaA</i>	Molybdenum cofactor synthesis	+ 20.0	
<i>moaB</i>	Molybdenum cofactor synthesis	+ 27.1	
<i>moaC</i>	Molybdenum cofactor synthesis	+ 10.1	
<i>yedF2</i>	Selenium metabolism	+ 23.3	
<i>ygfJ</i>	Molybdenum hydroxylase	+ 20.6	
<u>Other metabolic genes</u>			
OG1RF_11942	Ferredoxin NADP ⁺ reductase	+ 23.4	
OG1RF_11943	Flavodoxin	+ 20.7	
<i>allD</i>	Ureidoglycolate dehydrogenase	+ 14.7	
<i>mdh</i>	Malate dehydrogenase	+ 16.5	
<i>fbp</i>	Fructose-1,6-bisphosphatase	+ 10.6	+ 3.9
<i>oadA</i>	Oxaloacetate decarboxylase	+ 14.2	- 3.3
OG1RF_10107	Glycosyl hydrolase	+ 60.1	
<i>gcdB</i>	Glutaconyl-CoA decarboxylase	+ 15.0	- 5.0
<i>arcC2</i>	Carbamate kinase	+ 17.4	
<i>gltA</i>	Glutamate synthase	+ 16.8	
OG1RF_11949	Cysteine desulfurase	+ 25.7	- 2.5
<i>hydA</i>	dihydropyrimidinase	+ 14.6	
OG1RF_11585	Ribosylpyrimidine nucleosidase	+ 11.1	- 3.3
OG1RF_10108	Endoribonuclease	+ 48.7	
<i>endOF3</i>	N-acetylglucosaminidase	+ 60.1	

465 (*) Values represent fold-change in transcription when compared to the parent strain. All values
466 shown were statistically significant ($p < 0.05$). Blank fields indicate that there were no significant
467 differences between mutant and parent strains.
468
469

470 **FIGURE LEGENDS**

471 **Figure 1. (p)ppGpp and CodY promote virulence of *E. faecalis* in a murine CAUTI model.**

472 The parent strain OG1RF and its derivatives were inoculated into the bladder of mice
473 immediately after catheter implantation (n = 10). After 72 hours, animals were euthanized and
474 bacterial burdens in (A) bladders, (B) catheters and (C) kidneys were quantified. Graphs show
475 total CFU recovered from these sites, each symbol represents an individual mouse, and the
476 median value is shown as a horizontal line. Symbols on the dashed line indicate that recovery
477 was below the limit of detection (LOD, 40 CFU). The data was pooled from two independent
478 experiments. Two-tailed Mann-Whitney *U* tests were performed to determine significance (**p* <
479 0.05, ***p* < 0.005, *****p* < 0.0001).

480
481 **Figure 2. (p)ppGpp supports timely growth of *E. faecalis* in human urine.** Growth of the
482 parent *E. faecalis* OG1RF and its derivative mutant strains in pooled human urine. Aliquots at
483 selected time points were serially diluted and plated on TSA plates for CFU enumeration. The
484 graph shows the average log₁₀-transformed CFU mean and standard deviations of three
485 independent experiments. Mutant strains were compared to wild-type OG1RF by a two-way
486 ANOVA with Dunnett's multiple comparison test Asterisks indicate significant differences at 3
487 hours of incubation for Δrel , (p)ppGpp⁰ and (p)ppGpp⁰ $\Delta codY$ and at 7 hours of incubation for
488 Δrel and (p)ppGpp⁰ $\Delta codY$ (*p* < 0.0001).

489
490 **Figure 3. The (p)ppGpp/CodY network contributes to biofilm formation in urine. (A)**

491 Fibrinogen-coated 96-well polystyrene plates were incubated with *E. faecalis* strains for 48
492 hours in human urine supplemented with 20 mg ml⁻¹ BSA. Plates were stained with 0.5% crystal
493 violet, which was subsequently dissolved with 33% acetic acid and absorbance at 595 nm was
494 measured. (B) EbpA quantification in urine. Strains were grown in urine + BSA overnight prior to
495 quantification of EbpA by ELISA. EbpA surface exposure on *E. faecalis* cells was detected using
496 mouse anti-EbpA^{Full} and HRP-conjugated goat anti-rabbit antisera, and absorbance was

497 determined at 450 nm. EbpA production titers were normalized against the bacterial titers.
498 Experiments were performed independently in triplicate and analyzed by a two-tailed Mann-
499 Whitney *U* test (* $p < 0.05$, **** $p < 0.0001$).

500
501 **Figure 4. The transcript levels of *ebpA*, *efa*, *mntH2* and c-di-AMP synthase (*cdaA*) and**
502 **hydrolases (*pde* and *gdpP*) genes in BHI and urine.**The *E. faecalis* OG1RF wild type,
503 (p)ppGpp⁰, (p)ppGpp⁰ Δ *codY* and Δ *codY* strains were grown in BHI to mid-exponential growth
504 phase. Cell pellets were washed thoroughly and then exposed to pooled human urine and fresh
505 BHI for 30 min. The transcript levels of (A) *ebpA*, (B) *efaC* (C) *mntH2* (D) *cdaA*, (E) *pde* and (F)
506 *gdpP* were determined by quantitative real time-PCR (qRT-PCR). The bar graphs show average
507 and standard deviations of results from three independent experiments performed in triplicate.
508 Differences seen with the same strains under different conditions(#) or between parent and
509 mutant strains under same growth condition (*) were compared via Student's *t* test or ANOVA
510 with multiple comparison test respectively, ($p < 0.05$)

511

512 **Supporting information**

513 **Table S1.** List of genes differentially expressed in the (p)ppGpp⁰ strain in comparison to the
514 parent OG1RF strain ($p \leq 0.05$, 2-fold cutoff).

515 **Table S2.** List of genes differentially expressed in the triple mutant Δ *codY*(p)ppGpp⁰ strain in
516 comparison to the parent OG1RF strain ($p \leq 0.05$, 2-fold cutoff).

517 **Table S3.** Side by side comparison of linear fold-change of selected genes in the (p)ppGpp⁰
518 strain and triple mutant Δ *codY*(p)ppGpp⁰ strain in comparison to the parent OG1RF strain.

519 **Table S4.** Primers used for qPCR.

520

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676

FIG 1

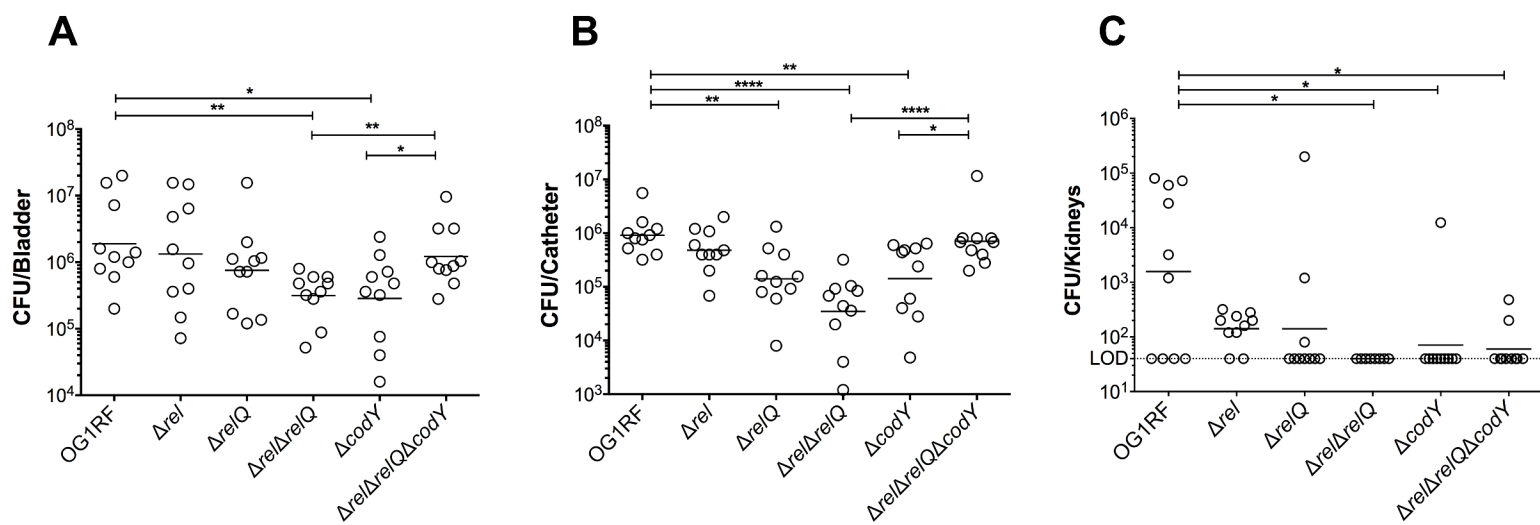


FIG 2

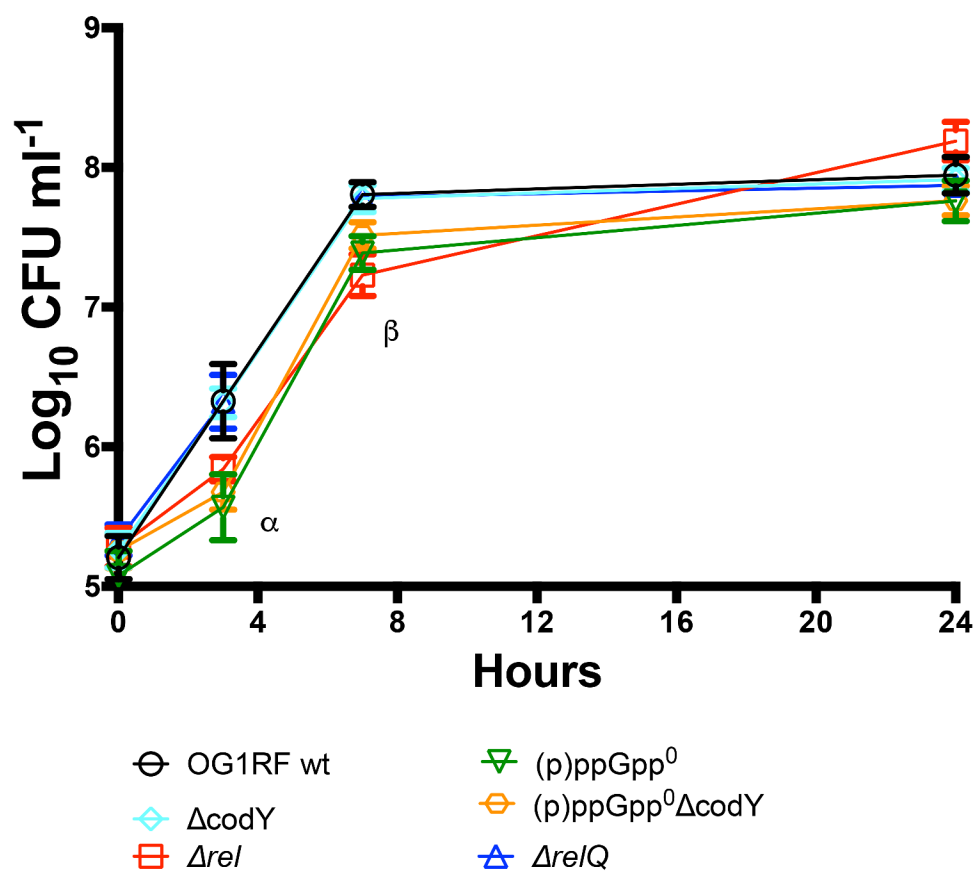


FIG 3

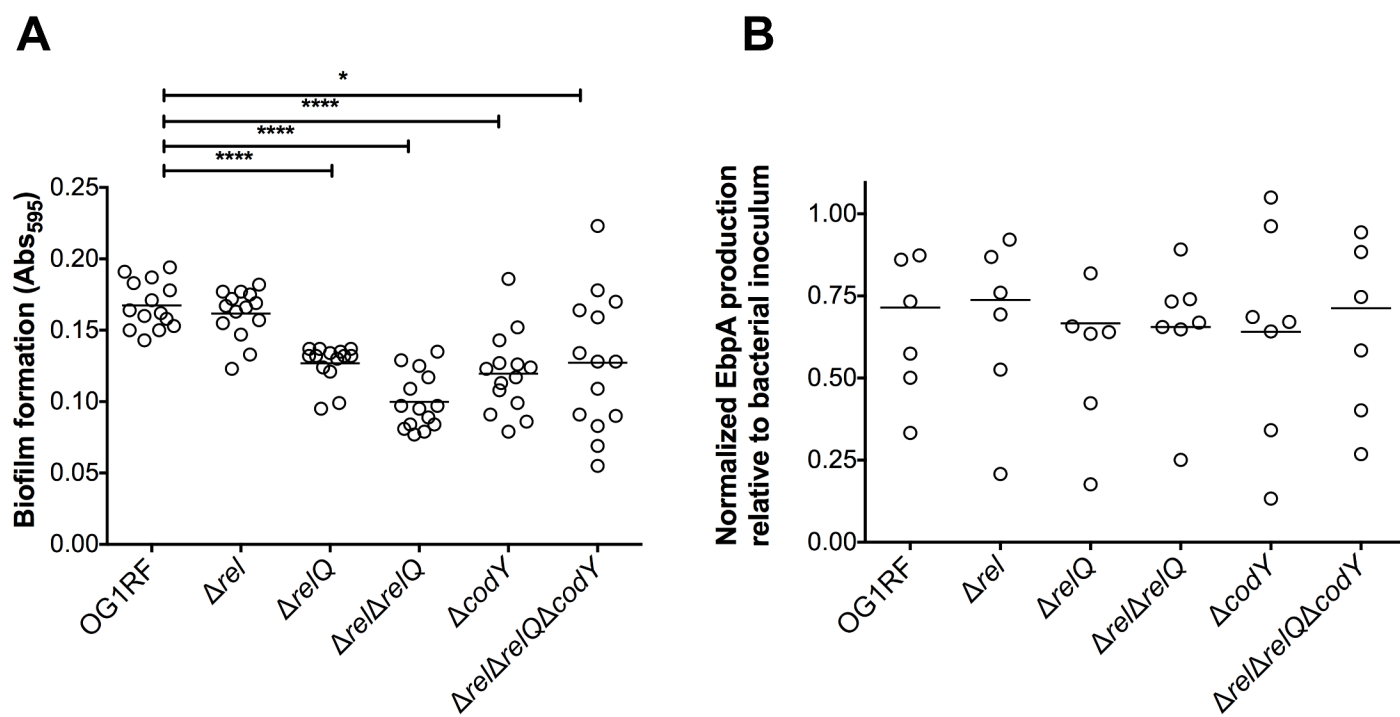


FIG 4

