

1 **Title**

2 An integrated approach to assess Knowledge, Attitude and Practices (KAP) regarding
3 major Neglected Tropical Diseases endemic in the Mbengwi health district (North West
4 Region, Cameroon)

5

6 **Short title**

7 Integrated KAP survey for NTDs

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1 **Abstract**

2 **Background:** Preventive chemotherapy (PCT) is the main strategy currently used to
3 control and/or eliminate onchocerciasis (Oncho), lymphatic filariasis (LF) and Soil
4 Transmitted Helminthiasis (STH), and community participation (through
5 implementation of MDA or adherence to PCT) is critical to achieve this goal. However,
6 these Neglected Tropical Diseases (NTDs) are still persisting in most endemic areas as a
7 consequence of sub-optimal treatment coverage, the presence of systematic non-
8 compliers in communities ... This study aimed at investigating whether the knowledge,
9 attitudes and practices of populations about these NTDs can explain the poor trends
10 towards elimination.

11
12 **Methodology:** A cross-sectional survey was carried out in the Mbengwi Health District
13 (North West Region, Cameroon) using the cluster sampling technique. Clusters were
14 selected using the Probability Proportionate to Estimate Size strategy. In each cluster,
15 the random walk technique was used for the selection of households, and a structure
16 questionnaire was administered to 2-3 of its members.

17
18 **Principal Findings:** A total of 254 households from 26 clusters were visited, and 514
19 individuals were interviewed. The sex ratio of interviewees (1.08) was unbiased, and
20 their ages ranged between 10 and 99 years old. Though most of the respondents
21 declared having already heard of these NTDs (41.2%, 73.7% and 89.9% for Oncho, LF
22 and STH respectively), only a minority of them were aware of correct response of how
23 they are acquired/transmitted (3.7%, 6.8% and 12.5% for Oncho, LF and STH
24 respectively), and prevented (23.1%, 18.9% and 47.2% for Oncho, LF and STH
25 respectively). Even when respondents were aware that medicines were useful to

1 prevent and/or treat these NTDs, almost none of them knew the drug used or the
2 treatment frequency.

3

4 **Conclusion/Significance:** This study reveals that interviewees exhibit poor knowledge,
5 attitudes and practices as regards to these NTDs, although they are endemic in the study
6 area and PCTs given yearly since a while. These misconceptions can seriously affect the
7 adherence and contribution of populations to the success of PCTs, and it appears
8 compulsory to improve individual knowledge, with a focus on the importance and
9 rationale behind MDA, to optimize their attitudes and practices, especially community
10 participation to PCTs.

11

12 **Keywords:** Lymphatic Filariasis, Onchocerciasis, Soil transmitted helminthiasis, KAP,
13 Mbengwi health district, Cameroon

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16 **Author summary**

17 The control and/or elimination of Neglected Tropical Diseases (NTDs) are currently on
18 top of the agenda of endemic countries' control programs and stakeholders. Ivermectin-
19 and Albendazole/Mebendazole-based mass distribution is currently the main strategy to
20 control/interrupt transmission of onchocerciasis, lymphatic filariasis and soil-
21 transmitted helminthiasis, and adherence of communities is compulsory for the success
22 of this approach. Despite the success registered in the fight against these diseases, the
23 trend towards elimination remains unsatisfactory in many endemic areas. This study
24 was carried out to assess whether the perceptions, attitudes, and practices of the
25 Mbengwi health district (North West Region, Cameroon) populations regarding these

1 three parasitic diseases can explain the poor trend towards elimination. A cross-
2 sectional study revealed important misconceptions about these NTDs amongst most of
3 the respondents, which can clearly affect their adherence and contribution to the
4 success of preventive chemotherapies, and seriously slower the momentum towards
5 elimination.

6

7

8 **Introduction**

9 Neglected Tropical Diseases (NTDs) are among the world's most common conditions
10 prevailing in tropical and subtropical settings and disproportionately affecting the
11 poorest [1]. Since the update of the NTD portfolio in 2017 by the addition of
12 chromoblastomycosis and other deep mycoses, scabies and other ectoparasites and
13 snakebite envenoming [2], the burden of NTDs is yet to be updated. The previously
14 known 17 NTDs were recognized to affect more than 2 billion people in developing
15 countries in 2013, STH infections (ascariasis, trichuriasis, and
16 ancylostomiasis/necatoriasis) accounting for more than three-quarters of the total NTD
17 infections prevalence. In addition to their morbidity, the number of death attributable to
18 the 17 NTDs prioritized by the WHO plus “other NTDs” in 2013 was estimated to be
19 equivalent to more than half of the malaria deaths and more than double due to
20 tuberculosis [3-5].

21

22 Despite their high burdens, these NTDs are preventable and/or treatable. The control
23 and/or elimination of these NTDs are now on top of the agenda of endemic countries’
24 control programs and stakeholders in their efforts to achieve Millennium Development
25 Goals for sustainable poverty reduction [3, 6]. Five public-health interventions - (i)

1 preventive chemotherapy (PCT), (ii) innovative and intensified disease management,
2 (iii) vector control and pesticide management, (iv) safe drinking-water, basic sanitation
3 and hygiene services, and education, (v) zoonotic disease management - have been
4 identified to accelerate the prevention, control, elimination and eradication of NTDs,
5 more effective impact being achieved when these interventions are combined [1].

6

7 Success in controlling these NTDs have recently been achieved in a number of countries
8 [7], but the trends towards elimination remains poor or unsatisfactory. Indeed, these
9 NTDs are still persisting in most endemic areas, especially when long-term sustainable
10 efforts are required as it is the case of the five major 'tool-ready' NTDs (lymphatic
11 filariasis, onchocerciasis, schistosomiasis, soil-transmitted helminthiasis and trachoma).
12 Among the reasons identified to hinder the elimination of these NTDs, sub-optimal
13 treatment coverage and the presence of systematic non-compliers in communities are
14 significant. The implication and contribution/participation of populations in this
15 machinery, through implementation of MDA or adherence to PCT, are highly needed and
16 can appear critical in the momentum towards elimination. For instance, it was
17 demonstrated that black fly biting rates have declined by 89-99% after members of
18 some communities in Northern Uganda have been mobilized to "slash and clear" the
19 breeding sites of the vegetation that represents the primary onchocerciasis vector larvae
20 attachment point [8]. It was argued that water, sanitation, and hygiene interventions as
21 well as their combination, are effective at reducing STH infections [9], though most of
22 the children interviewed in the framework of a study conducted in Senegal declared that
23 they usually defecate somewhere else, though their communities were well endowed
24 with pit latrines [10]. This means that the appropriation of control measures by the

1 populations is a key point, and this can be made through appropriate education of
2 endemic communities to improve their knowledge regarding these infections.

3

4 The objective of this study was to assess knowledge and perceptions of populations, in
5 relation to their attitudes and practices, regarding the most prevalent NTDs in the
6 Mbengwi Health District (North West Region, Cameroon).

7

8

9 **Methods**

10 **Ethical statement**

11 Ethical clearance was granted by the Institutional Review Board of the Faculty of Science
12 of the University of Bamenda. After approval of the local administrative and traditional
13 authorities, the objectives and schedules of the study were explained to community
14 leaders and to all eligible individuals selected in the household. Verbal agreements were
15 obtained from those who agree to participate. The approval of parents or legal guardians
16 of minors was necessary before any procedure. An individual code was attributed to
17 each participant for anonymous data analysis.

18

19 **Study area and populations**

20 Mbengwi (6°01'N, 10°00'E) is the capital of the Momo Division (North West Region,
21 Cameroon), situated at about 20 km to the west of Bamenda town, the Regional capital,
22 and at an altitude ranging from 900m to 2000m above sea level. The hydrographic
23 network is intricate with many streams and springs (the Momo division is mainly
24 irrigated by the Momo River), and the area has a huge hydroelectricity potential
25 afforded by the Abi falls. The climate of the Mbengwi health district is of mountain

1 monsoon equatorial type, with a short dry season running from September to March,
2 and a long rainy season extending from March to September. The annual average rainfall
3 is 2022.3 mm, and the average maximum yearly temperature is 30°C [11-12]. This area
4 is characterized with a long valley stretch surrounded by mountains (most of them
5 counting at least 1500m in height) and lies in the transitional zone between the western
6 grass fields and forest region. It is highly dominated by the savannah vegetation
7 (especially on the hills) which favors animal rearing. The valley is mainly made up of
8 trees (palm trees, raffia palms and many fruit trees), and is favorable for settlement and
9 agriculture. Forest characteristics are highly observed at the western part of the area
10 and favors the cultivation of cash crops like cocoa [11-12].

11

12 **Study design and sampling strategy**

13 This study was designed as a representative 2-staged clustered cross-sectional
14 household and questionnaire-based survey. Clusters (communities) were selected using
15 the Probability Proportional to Estimate Size (PPES) strategy [13], and in each selected
16 community, the random walk technique [14] was used for households' selection. In each
17 selected household, 1-3 individuals from different age classes - 10-20 years old, 21-30
18 years old and 31 years and over (usually the head of household) - were randomly
19 selected and underwent in-depth interviews. A structured questionnaire was
20 administered by three trained interviewers, assisted by autochthones speaking the local
21 language, to collect participants' socio-demographic and socio-economic characteristics
22 (gender, age, village of residence, profession, educational level, means of locomotion),
23 and to assess whether they have ever heard about the targeted NTDs (onchocerciasis,
24 lymphatic filariasis and soil transmitted helminthiasis), as well as the level of their
25 knowledge in relation to their attitudes and practices as regards to the mode of

1 transmission, clinical manifestations and the means to prevent and treat these parasitic
2 diseases.

3

4 **Data analysis**

5 All relevant data were recorded into a purpose-built Microsoft Access database and
6 subsequently transferred to R software, version 3.4.4 (The R Foundation for Statistical
7 Computing) for statistical analysis. Categorical variables (gender, occupation,
8 urbanization) were summarized using frequencies, and continuous variables (age) were
9 described using median (interquartile range, IQR).

10

11 To better evaluate respondents' knowledge, attitude and practices, a score between 0
12 and 2.5 was allocated to each question, either related to participants' knowledge or to
13 their attitudes and practices as regards to each targeted NTDs (Supplementary material
14 Table S1). The overall score for a given study participant was the sum of all responses
15 for a specific disease. Respondents whose scores were equal and above the mean (over a
16 total of 10) were considered as having 'good knowledge, attitude and practice' (coded as
17 1), while those below the mean were considered as having 'poor knowledge, attitude
18 and practice' (coded as 0). Associations between a KAP score and different respondents'
19 socio-demographic and socio-economic characteristics were tested using the Chi-Square
20 and Fisher exact probability tests.

21

22 The Classification and Regression Tree (CART) was used to assess the association
23 between socio-demographic characteristics and respondents' knowledge, attitude and
24 practice scores for each of the targeted diseases. Indeed, CART is a non-parametric
25 multiple regression approach that both avoids multicollinearity issues and explains a

1 categorical dependent variable by defining groups of subjects with similar behaviors
2 [15-16], while taking into account all interactions between different covariates [17].
3 CART then evaluates all the possible thresholds and separates the dependent variable
4 into two groups, the procedure being repeated recursively until an optimal criterion is
5 obtained [18]. This leads to the selection and editing of an optimal decision tree where
6 the leaves correspond to similar behavior classes. Odds ratio (OR) with 95% CI
7 generated using logistic regression models were then used to describe the strength of
8 association between the response variable or outcome (KAP scores) and independent
9 variables (behavioral classes) before and after controlling for possible confounding
10 variables. Non-overlapping 95% CI or p -values $\leq 5\%$ were considered as statistically
11 significant.

12

13

14 **Results**

15 **Socio-demographic and socio-economic status of study participants**

16 Table 1 summarizes socio-demographic and socio-economic characteristics of the
17 survey respondents. A total of 254 households selected in 26 clusters were visited
18 across the Mbengwi health district, and 514 participants interviewed. The sex ratio
19 (Male / Female) of enrollees was 1.08, their age ranging between 10 and 99 years old
20 (median: 35 years old; IQR: 23 - 49 years old). The educational level of most of the study
21 participants was primary/secondary (84.1%), only a few being illiterate. More than half
22 (50.4%) of the interviewees were farmers, living almost exclusively in rural (46.5%) and
23 semi-rural/semi-urban (40.8%) settings, most of them using motorbike (58.2%) as
24 means of locomotion.

1

2 **Awareness of the targeted NTDs**

3 More than half of respondents (58.4%) indicated that they have never heard about
4 onchocerciasis (Table 2). For those who were aware of this debilitating disease, the most
5 common information sources were community members (42.2%) and health personnel
6 (41.1%). Regarding LF, 379 (73.7%) respondents indicated that they had already heard
7 about this filarial infection, the most common source of information being community
8 members (Table 2). STH infections were well known to the respondents (89.9%), mostly
9 from health personnel (61.5%) (Table 2).

10

11 **Knowledge of modes of transmission**

12 Among those who were aware of these diseases, only few of them (16.0%) identified
13 black flies as the river blindness transmission agent (Table 2). A similar situation was
14 observed for LF, less than quarter (10%) of the respondents indicating that mosquito act
15 as vector (Table 2). Likewise awareness, respondents' knowledge of STH transmission
16 was higher as compared to onchocerciasis and LF, though remaining low (Table 2).

17

18 **Knowledge about clinical manifestations**

19 Of the respondents who were aware of onchocerciasis, an important proportion of study
20 participants (73.1%) identified eye lesions among clinical signs (Table 2). Elephantiasis
21 of lower limb was reported by 87.0% of those who were aware of LF, while only 2.3% of
22 them identified hydroceles as one of the LF clinical sign (Table 2). Stomachache (71.2%),
23 diarrhea (16.2%) and vomiting (15.0%) were the main clinical manifestations reported
24 by study participants who were aware of STH infections (Table 2).

25

1 **Knowledge regarding prevention and treatment approaches**

2 Of those respondents who were aware of onchocerciasis, prevention and treatment
3 approaches were not known by more than half of the respondents. Among those
4 participants who knew that medicines can be used for chemoprevention (19.3%) or
5 chemotherapy (43.1%), only few of them knew that ivermectin was the drug routinely
6 used (Table 2). Overall, 41.0% and 19.8% of the respondents presented with good
7 scores of knowledge and attitudes/practices, respectively (Supplementary material
8 Table S1). Less than quarter (14.2%) of the respondents who were aware of LF choose
9 chemotherapy as the most effective way to prevent this disease, and only few of them
10 indicated that killing mosquitoes (3.0%) by for example using bed nets (1.3%) can be
11 used as another means of LF prevention. As for onchocerciasis, a relatively high
12 proportion of study participants (30.1%) declared that conventional medicines can be
13 used for chemotherapy, but only a few knew that ivermectin is the commonly used drug
14 (Table 3). Overall, 64.4% and 28.8% of the respondents received good scores of
15 knowledge and attitudes/practices, respectively (Supplementary material Table S1).
16 Among respondents who were aware of STH infections, 29.4% and 17.6% reported the
17 use of conventional medicine and applying good hygiene measures, respectively, as the
18 prevention means. Also, a large majority (71.1%) of study participants declared that
19 conventional medicine can be used to treat STH infections, though only a few knew that
20 the routinely used drugs are Ablbendazole and Mebendazole. In addition, 74.0% and
21 34.6% of the respondents presented with scores of knowledge and attitudes/practices,
22 respectively (Supplementary material Table S1).

23

24 **Association between KAP scores of targeted NTDs and different covariates**

1 The univariate analysis has been conducted to assess the association between KAP
2 scores and socio-demographic co-variables (age, level of education, occupation and level
3 of urbanization) recorded in the framework of this study (Supplementary material Table
4 S2). Study participants' knowledge was positively associated with the level of education
5 (both for onchocerciasis and LF; $p < 0.027$) and age (LF only; $p < 0.001$). The
6 respondents' scores of knowledge about STH were significantly higher amongst teacher
7 and student as compared to the other occupational groups ($p < 0.001$), better in the
8 Rural settings compared to the urban settings (3.11 vs 2.81, $p < 0.001$). Study
9 participants' attitudes and practices scores were similar among the different socio-
10 demographic and socio-economic variables for onchocerciasis and lymphatic filariasis,
11 but significantly increased with age ($p = 0.031$) and were associated with occupation (p
12 < 0.001) for STH.

13
14 The multivariate analysis was performed using the CART approach to better identify the
15 socio-demographic and socio-economic determinants associated with KAP of the study
16 participants. Regarding onchocerciasis, the determinants were grouped into 7 classes
17 (Figure 1). Three classes of determinants - class 5 (students or traders over 21 years
18 with at least secondary education and living in urban or semi-urban areas), class 6
19 (technicians or traders or students over 21 years with at least secondary education and
20 living in rural areas) and class 7 (teachers) - presented with better knowledge than the
21 reference class 1 (driver, farmer or other trades) ($p < 0.006$). However, no significant
22 association was found between respondents' attitudes and practices and these socio-
23 demographic and socio-economic classes (Figure 1, Supplementary material Table S3).
24 As for lymphatic filariasis, CART enable to organize socio-demographic and socio-
25 economic determinants into 8 classes (Figure 2). Study participants from socio-

1 demographic and socio-economic class 8 (drivers or teachers or technician or trader)
2 had better knowledge than individuals from the reference class 7 (farmers or students
3 over 21 years of age living in rural or urban areas) (OR: 2.065, 95% CI: 1.19 - 3.71, $p =$
4 0.012). At the contrary of class 8, class 1 (farmers or students under 21 years, having
5 made at most primary) and class 4 (farmers and others over 21 years with a level of
6 education other than the primary and living in semi-urban areas) presented with poor
7 knowledge compared to the reference class 7 (OR: 0.119, 95% CI: 0.03 - 0.31, $p < 0.001$),
8 (OR: 0.290, 95% CI: 0.14 - 0.58, $p < 0.001$), respectively. No significant difference was
9 found between the attitudes and practices scores and the different classes of socio-
10 demographic and socio-economic status of the respondents ($p = 0.217$) (Supplementary
11 material Table S4). For STH infections, CART led to the organization of socio-
12 demographic and socio-economic determinants into three main classes (Figure 3).
13 Study participants belonging to class 2 (students or other workers who attended) had
14 poor knowledge of STH compared to the reference class 3 (worker driver + farmer +
15 technician + teacher + trader) (OR: 0.359, 95% CI: 0.22 - 0.57, $p < 0.001$). Contrarily to
16 onchocerciasis and lymphatic filariasis, attitudes and practices of study participants
17 with regards to STH infections was associated with socio-demographic and socio-
18 economic determinants ($p < 0.001$). Respondents from class 2 (students or other workers)
19 presented with inappropriate attitudes and practices with regards with STH infections
20 compared to the reference class 3 (worker driver + farmer + technician + teacher +
21 trader) (OR: 0.359, 95% CI: 0.22 - 0.57, $p < 0.001$) (Supplementary material Table S5).

22

23 **Relationship between knowledge of respondents and their attitudes/practices**

24 Onchocerciasis knowledge was significantly associated with respondents' attitudes and
25 practices (Correlation Coefficient (ρ) = 0.64, $p < 0.001$), study participants with good

1 knowledge exhibiting the better attitudes and practices. A similar positive relationship
2 trends between respondents' knowledge about LF and STH infections, and their
3 attitudes and practices was also observed ($\rho = 0.46$, $p < 0.001$) and ($\rho = 0.46$, p
4 < 0.001), respectively.

7 **Discussion**

8 The purpose of this study was to assess, through an integrated approach, the attitudes
9 and practices of the Mbengwi health district populations, in relation to their level of
10 knowledge regarding three of the five major NTDs endemic in this area.

11
12 The awareness of study participants was quite variable from one NTD to another.
13 Indeed, more than half of the study participants declared that they had never heard
14 about onchocerciasis, though the fight against this disease is ongoing and already
15 implemented in this health district for more than 15 years. These findings are
16 contrasting to those collected in Ethiopia [19] where the majority of the study
17 participants were familiar with onchocerciasis; this might be explained by the fact that
18 this filarial disease is not as severe in the Mbengwi health district () as in Ethiopia
19 where the endemicity of the disease was high, ranging from 6.9% in the Quara District in
20 northwest Ethiopia, to 85.3% in Teppi in South western [20]. Unlike onchocerciasis, the
21 majority of participants (73.7%) had already heard about LF, from a community
22 member for most of them. This can be explained by the fact that the disease is commonly
23 called elephantiasis, in reference to its most important and visible clinical manifestation.
24 However, these findings are not in line with those collected in Nigeria which revealed
25 that although the region was endemic to LF, the majority of participants (82.1%) were

1 not aware of the disease [21]. Likewise lymphatic filariasis, most of the respondents
2 (89.9%) were well aware of STH infections, mostly from health personnel (61.5%).
3 Indeed, STH are the most widespread NTD over the world, with more than 1.5 billion
4 people infected (~1/4 of the world population). These results corroborate those by
5 Yusof et al. (2017) [22] and Nath et al. (2018) [23] who reported high awareness about
6 STH (62.5%), health workers being the main source of information.

7
8 The knowledge of routes of transmission was in general poor, regardless the targeted
9 disease. Indeed, among those who have ever heard about onchocerciasis, 68.3% didn't
10 knew that the vector is black fly, likely due to the low abundance of this vector in the
11 study area. These results are not in line with the findings by Yirga et al. (2008) [24] in a
12 study conducted in Southwest Ethiopia where the majority of the respondents
13 associated the disease to the bite of black flies. Likewise onchocerciasis, the majority of
14 participants did not know that mosquito is the vector of lymphatic filariasis, as was also
15 previously observed elsewhere [25-26]. Regarding STH infections, 55.2% of participants
16 didn't know how this NTD is transmitted, contrarily to the finding by Nath et al. (2018)
17 [23] where school-aged children were aware that STH are transmitted through
18 contaminated soil (58.1%) and unhygienic practices (55.7%). In Cameroon, the
19 Schistosomiasis and Soil Transmitted Helminthiasis National Control program is based
20 on the deworming of school-aged children by their teachers. Thus, during the treatment
21 campaigns in primary schools, the out-target population (included in this study) is not
22 educated about the disease and might explain why study participants were so little
23 familiar with the modes of transmission of STH.

24

1 Regarding knowledge of clinical manifestations, most of the study participants (73.1%)
2 identified eye disease as a clinical manifestation of onchocerciasis, probably in reference
3 to the common name of onchocerciasis, river blindness. Such high level of clinical
4 manifestation knowledge has been observed in a study by Weldegebreal et al. (2014)
5 [19], the most reported clinical sign being however itching. A similar trend was
6 observed with lymphatic filariasis, 87.0% of respondents reporting elephantiasis as the
7 main clinical manifestation. These results corroborate those by Amaechi and colleagues
8 (2016) [21] who reported swellings (84.6%) as the most common responses symptoms
9 in Omi irrigation community at North Central of Nigeria. Also, most of the study
10 participants identified stomachache and diarrhea (87.4%) as the main STH clinical
11 manifestations, as was previously reported in a study conducted in two rural
12 communities of western Ivory Coast [27]. In general, the knowledge of populations as
13 regards with clinical signs of any of the targeted NTDs was high, more likely because
14 these diseases are usually assimilated to their most prominent symptoms.

15

16 The majority of study participants (69.1%) was not aware of onchocerciasis prevention
17 means, and almost half of them (53.0%) ignored how to treat this filarial disease. This
18 was quite surprising, especially because the fight against this disease through the CDTI
19 is implemented in this health district since more than 15 years, with acceptable
20 therapeutic coverage. It is worth to however mention that CDTI is critically deviating
21 from its initial pathway, with absence of health education at the community level,
22 reduced commitment of CDDs, poor training and supervision, no more self-monitoring
23 by communities ..., and might likely explain why populations can adhere to treatment
24 without knowing onchocerciasis prevention and control measures. These results are not
25 in line with those of Weldegebreal et al. (2014) [19] in Nigeria where almost all (93.3%)

1 the respondents believed that onchocerciasis is preventable, and 88.4% of them knew
2 that ivermectin is the drug of choice. Regarding lymphatic filariasis, a very little
3 proportion knew LF prevention and treatment strategies, contrarily to what was
4 previously reported in the Omi community in Nigeria, where 61.8% knew how to
5 prevent lymphatic filariasis, and 49.8% reported the use of anti-filarial drug [21]. This
6 might be explained by the deviation observed in CDTI implementation, onchocerciasis
7 and lymphatic filariasis being implemented following the same approach and by the
8 same actors. More than half of the study participants knew how to prevent STH
9 infections, and 71.1% of them knew that this disease can be treated using drugs, though
10 almost none knew exactly which drug is usually used. These findings were in line with
11 those by Nath and colleagues (2018) [23] in Bangladesh where 64.4% of school-aged
12 children interviewed declared preventing STH by washing hands after defecation, and
13 75.6% of them knew that to control STH they should take drugs.

14

15 Multivariate logistic regression revealed that knowledge of these three group of diseases
16 was associated with age of enrollees, their level of education, their occupation and the
17 level of urbanization. Indeed, those individuals aged ≥ 21 years old, who have attended at
18 least the secondary school, who were student/teachers and living in urban settings
19 exhibited in general better knowledge as regards to these diseases. Though these factors
20 have also been observed in previous onchocerciasis, lymphatic filariasis and STH related
21 studies [21, 28]), other determinants, not necessarily evaluated in the framework of this
22 study, might also be associated with of knowledge of populations. For example, in a
23 previous study on onchocerciasis [19], only ethnicity was associated with knowledge,
24 attitudes and practices of populations.

25

1 Finally, a positive association was found between knowledge of respondents and their
2 attitudes and practices with regard to the three targeted NTDs, suggesting that the
3 better populations are educated, the most they can be aware of the importance of
4 control measures and thus better comply.

5
6 This study revealed that study participants exhibit poor knowledge, attitudes and
7 practices as regards to these three PCT-based highly prevalent diseases, although they
8 are endemic in the study area and MDA administered yearly since decades.
9 Misconceptions can seriously affect the adherence and contribution of populations to
10 the success of PCTs, and consequently elimination of targeted diseases. Since lack/poor
11 knowledge and wrong beliefs could lead to inappropriate control measures, it appears
12 compulsory to improve individual knowledge, with a focus on the importance and
13 rationale behind MDA, to optimize their attitudes and practices, especially community
14 participation to PCTs.

15

16

17 **Acknowledgements**

18 The authors are grateful to the population of the Mbengwi health district who willingly
19 accept to participate in this study.

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41

1 **Figure Legends**

2 **Fig1. Multivariate analysis using CART to identify determinants of KAP for**
3 **onchocerciasis. GK indicates good knowledge.**

4

5 **Fig2. Multivariate analysis using CART to identify determinants of KAP for LF. GK**
6 **indicates good knowledge.**

7

8 **Fig3. Multivariate analysis using CART to identify determinants of KAP for STH. GK**
9 **indicates good knowledge.**

10

11

12 **Tables**

13 **Table 1. Socio-demographic and socio-economic characteristics**

Characteristics	Number (%)	Characteristics	Number (%)
Urbanization		Sex	
Rural	230 (46.5)	Female	247 (48)
Semi urban	202 (40.8)	Male	267 (52)
Urban	63 (12.7)	Age	
		[10 – 21[100 (19.5)
Occupation		[21 – 31[126 (24.5)
Driver	12 (2.3)	[31 – 100]	288 (56)
Farmer	259 (50.4)	Educational level	
Student	110 (21.4)	Illiterate	50 (9.9)
Teacher	14 (2.7)	Primary	243 (47.9)
Technician	34 (6.6)	Secondary	189 (37.3)
Trader	51 (9.9)	Higher	25 (4.9)
Other	34 (6.6)		

14

15

**1 Table 2. Knowledge, attitude and practice of populations with regards to
2 onchocerciasis, lymphatic filariasis and soil transmitted helminthiasis**

Indicative questions	Response categories	Oncho N (%)	LF N (%)	STH N (%)
Have you heard about this NTD?	Yes	212 (41.2)	379 (73.7)	462 (89.9)
	No	300 (58.4)	132 (25.7)	50 (9.7)
	Refuse to answer	2 (0.4)	3 (0.6)	2 (0.4)
If « Yes »				
By which means?	Radio	21 (10.0)	23 (6.1)	5 (1.1)
	Television	5 (2.3)	11 (2.9)	4 (0.9)
	Poster	9 (4.2)	34 (9.0)	2 (0.4)
	Health personnel	86 (41.1)	111 (29.3)	284 (61.5)
	Member of the community	98 (46.2)	220 (58.0)	156 (33.8)
How can you get this disease?	Flies	19 (9.0)	13 (3.4)	NA
	Mosquito	21 (10.0)	35 (9.2)	NA
	Inherited from parent/family	2 (0.9)	1 (0.3)	NA
	Worms enter through the foot	NA	NA	4 (0.9)
	Bad hygiene*	NA	NA	151 (32.7)
	Not washing hands	NA	NA	22 (4.8)
	Inherited from parent/family	NA	NA	1 (0.2)
	Don't know	145 (68.4)	308 (81.3)	255 (55.2)
What does this disease cause?	Pruritus or itching	0 (0)	NA	NA
	Skin disease	6 (2.8)	NA	NA
	Eye disease	155 (73.1)	NA	NA
	Elephantiasis	NA	328 (86.5)	NA
	Hydrocele	NA	9 (2.4)	NA
	Stomachache	NA	NA	329 (71.2)
	Diarrhea	NA	NA	75 (16.2)
	Vomiting	NA	NA	67 (14.5)
	Don't know	48 (22.6)	42 (11.1)	42 (9.1)
How can you prevent this disease?	Take Medicine	41 (19.3)	57 (15.0)	136 (29.4)
	Kill flies	8 (3.8)	10 (2.6)	NA
	Use a bed net	8 (3.8)	5 (1.3)	NA
	Use latrines	NA	NA	2 (0.4)
	Good Hygiene**	NA	NA	80 (17.3)
	Don't know	146 (68.9)	307 (81.0)	226 (48.9)
What can you do to treat this disease?	Take medicine	91 (42.9)	112 (29.6)	342 (74.0)
	Kill Flies	0 (0)	0 (0)	NA
	Use latrines	NA	NA	2 (0.4)
	Good hygiene**	NA	NA	2 (0.4)
	Don't know	112 (52.8)	234 (61.7)	112 (24.2)

1 **Supporting information**

2 **S1 Table. Descriptive statistics of scores of KAP (DOCX)**

3

4 **S2 Table. Univariate analysis of NTDs by socio-demographic characteristics**
5 **(DOCX)**

6

7 **S3. Table. Analysis of behavioral classes and determinants of KAP about**
8 **onchocerciasis (DOCX)**

9

10 **S4. Table. Analysis of behavioral classes and determinants of KAP about FL**
11 **(DOCX)**

12

13 **S5. Table. Analysis of behavioral classes and determinants of KAP about STH**
14 **(DOCX)**

Job = Farmer, Student, Other

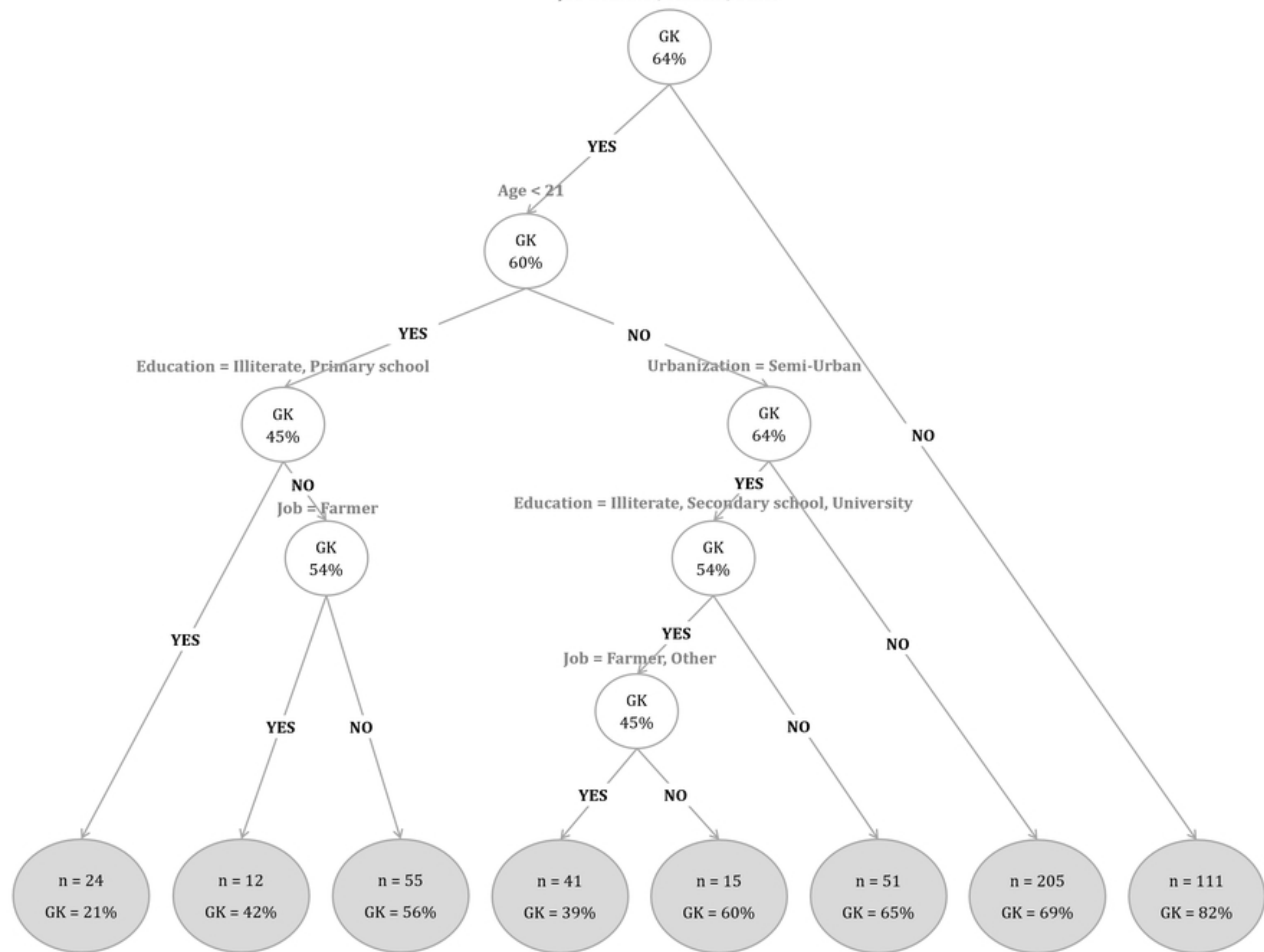


Figure 1

Job = Driver, Farmer, Student, Technician,
Trader, Other

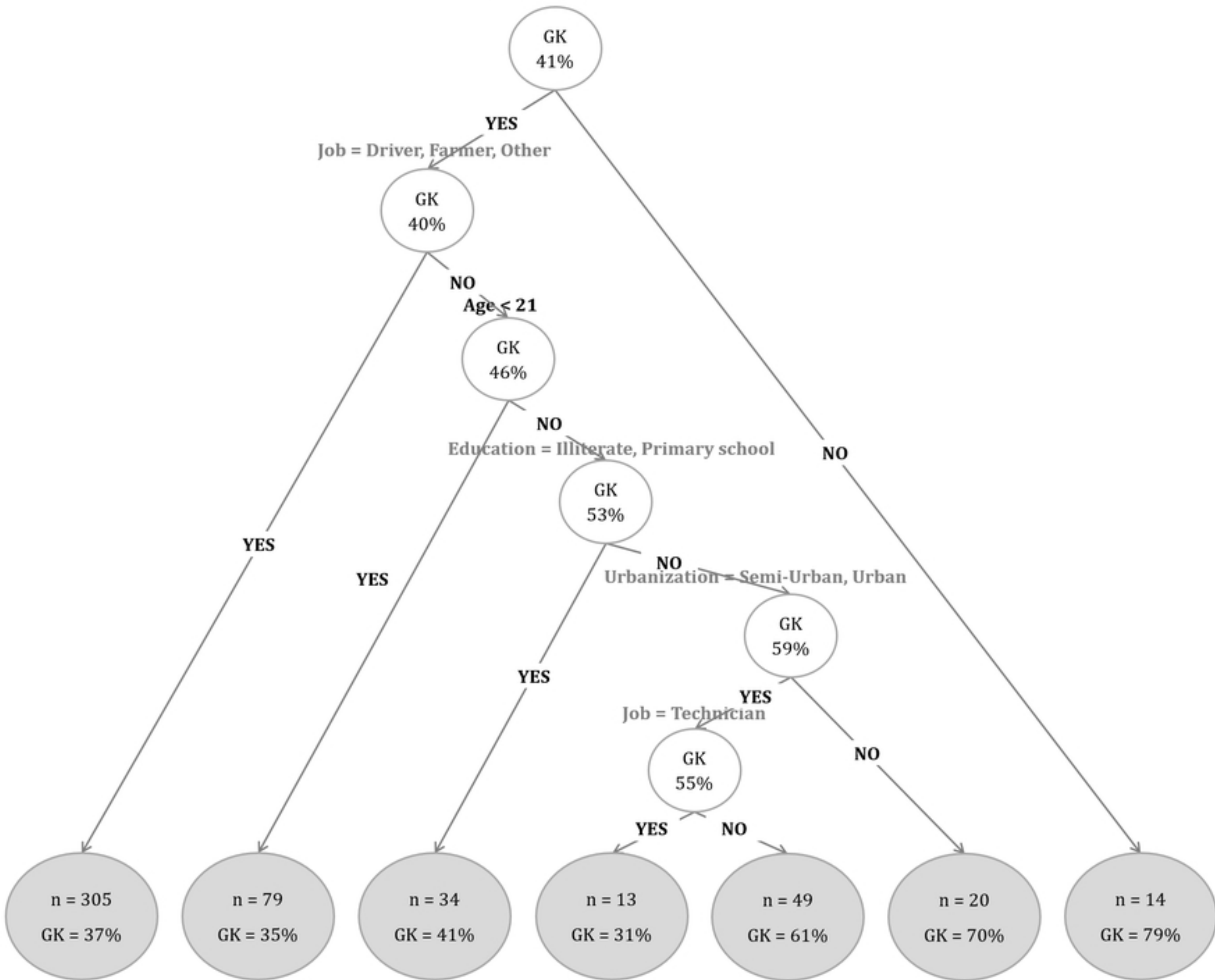


Figure2

Job = Student, Other

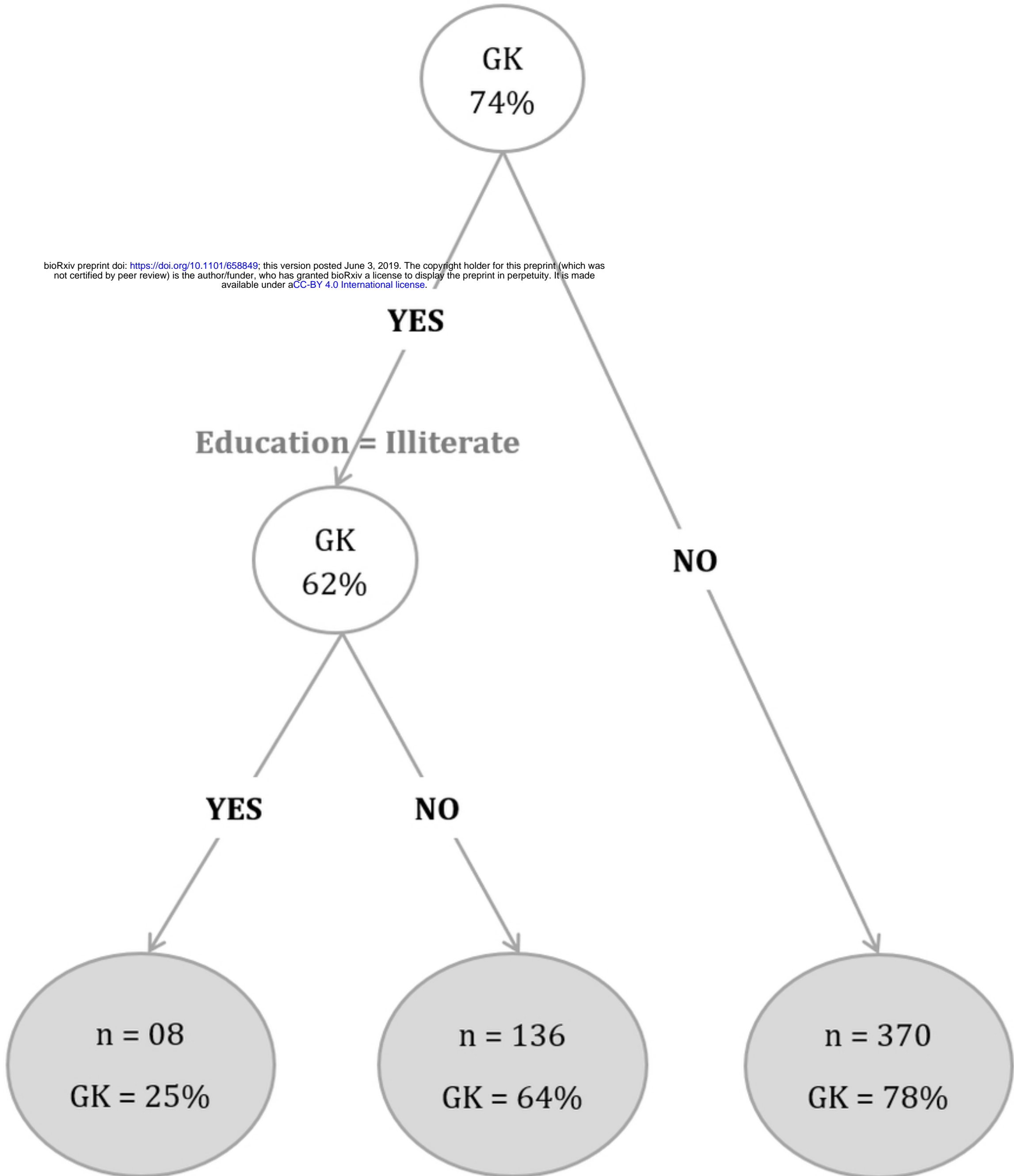


Figure3