

1 **The conspicuousness of the toxic *Heliconius* butterflies across time and**
2 **habitat**

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20 **Key words**

21 aposematism; light environment; avian vision; butterfly vision; colour signal

22 **Abstract**

23 Forests are a mosaic of light spectra, and colour signal efficiency might change in
24 different light environments. Local adaptation in *Heliconius* butterflies is linked to
25 microhabitat use and the colourful wing colour patterns may also be adapted for signalling
26 in different light environments. These butterflies exhibit conspicuous colours as a
27 warning to predators that they are toxic and should be avoided, but also find and choose
28 potential mates based on colour signals. The two selection pressures of predation and
29 mate preference are therefore acting together. In this study we analysed the contrast of
30 two *Heliconius* mimicry rings in their natural habitats under varying degrees of forest
31 fragmentation and light conditions. We used digital image analyses and mapped the bird
32 and butterfly vision colour space in order to examine whether warning colours have
33 greater contrast and if they transmit a consistent signal across time of the day and habitat
34 in a tropical forest. We tested conspicuousness using opponent colour channels against a
35 natural green background. For avian vision, colours are generally very stable through time
36 and habitat. For butterfly vision, there is some evidence that species are more contrasting
37 in their own habitats, where conspicuousness is higher for red and yellow bands in the
38 border and for white in the forest. Light environment affects *Heliconius* butterflies'
39 warning signal transmission to a higher degree through their own vision, but to a lesser
40 degree through avian predator vision. This work provides insight into the use of colour
41 signals in sexual and natural selection in the light of ecological adaptation.

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52 **Introduction**

53 The success of a signal is related to its effectiveness in a specific environment and
54 how strongly it influences the behaviour of the receiver (Endler 1978). Forests are a
55 mosaic of light colours, and the same colour pattern can have an altered appearance in
56 different light environments (Endler 1993). If an individual shows high reflectance of a
57 specific wavelength, but the environment lacks light in that part of the spectrum, the
58 region of high reflection will be unimportant as a signal (Stevens et al. 2007). Ambient
59 light spectra also vary from dawn to dusk, hence species that signal only at certain times
60 and places are expected to evolve characteristics and predictable combinations of colours
61 for particular environments (Endler 1993). Therefore, ambient light characteristics should
62 be included together with the receiver visual system to understand the microhabitat choice
63 and behaviour of animals.

64 Signals depend on the habitat where animals live in, since light conditions can
65 alter colour perception by filtering wavelengths and altering visual backgrounds (Endler
66 1993; Lovell et al. 2005). Sensory drive explains the process of adaptation of signalling
67 and sensory systems to the local environment (Endler 1992; Endler and Basolo 1998).
68 Environment tuned spectral sensitivity is better known in aquatic habitats, such as in
69 guppies (Endler 1980) and cichlid fish (Seehausen et al. 2008), as compared to terrestrial
70 light environments. On land, colour depends on the reflection of the surroundings and has
71 greater variability over time (Boughman 2002). Habitat signal transmission can favour
72 diversification of mating signals through local adaptation, leading to reproductive
73 isolation. Distinct *Anolis* lizards male dewlaps are found in different microhabitats
74 (Fleishman et al. 1997). Male dewlap colours are more conspicuous in their own habitat
75 than in other habitats, mainly because of the contrast against the background in the
76 ultraviolet (UV) range (Leal and Fleishman 2002). Perception of colours in different light

77 conditions can also influence attacks by predators, for example among butterflies in an
78 environment with high UV light, birds aimed at the butterfly wings, more specifically the
79 marginal white eyespots that have UV reflectance, instead of the head (Olofsson et al.
80 2010).

81 Local adaptation in *Heliconius* butterflies commonly involves adaptation to
82 specific microhabitat use (Estrada and Jiggins 2002; Elias et al. 2008; Jiggins 2008).
83 Mimicry rings are groups of unpalatable species that share the same warning colour, and
84 these tend to be found in different microhabitats such as forest or open areas. The
85 *Heliconius* habitats are associated with the use of larval host-plants, adult food plants,
86 sexual behaviour and gregarious roosting (Mallet and Gilbert 1995). Species that lay eggs
87 on *Passiflora* species that occur in second growth tend to be seen in open areas, while
88 species that lay eggs on canopy *Passiflora* vines are seen flying high in the forest. The
89 choice of microhabitat also might be connected with light differences between those
90 environments, such as the choice of using shady areas in communal roosting (Mallet and
91 Gilbert 1995; Finkbeiner 2014).

92 Therefore, different light environments should create microhabitats where
93 butterfly signals would be more efficient. Although mimicry rings differ in their
94 microhabitat, the light environment has not been measured to verify whether colour
95 patterns could be specifically adapted to particular light environments. The colourful
96 wing colours of *Heliconius* butterflies may also be subject to evolution caused by sensory
97 drive due to their potentially conflicting roles in predation and mate preference. Many
98 species exhibit Müllerian mimicry (Müller 1879), in which two or more species share the
99 same conspicuous colour as a warning to predators that they are toxic and should be
100 avoided (Benson 1972). Also, these butterflies find and choose potential mates based on
101 colour signals, which can lead to reproductive isolation (Jiggins et al. 2001; Sweeney et

102 al. 2003; Kronforst et al. 2006). Furthermore, communication between conspecifics might
103 be based on UV signals, since *H. erato* females express the duplicate UV opsin gene,
104 which allows a greater degree of discrimination of the UV-yellow wing patches (Briscoe
105 et al. 2010; Bybee et al. 2012; McCulloch et al. 2016; Dell’Aglia et al. 2018).

106 This microhabitat structuring allows mimicry rings to remain distinct. This may
107 be because there are sets of predators in different habitats, each of which perceive a
108 different mimicry ring as the most abundant pattern (Joron and Mallet 1998). Although
109 little is known of the specific predators that attack *Heliconius*, it seems likely that their
110 aposematic signals are directed at several predators with different visual abilities and
111 spectral sensitivities (Dell’Aglia et al. 2018). Ambient light together with predator
112 sensitivity can interfere with the interpretation of the information perceived from colour
113 signals.

114 Warning coloration should, therefore, be easy to detect and memorize even in
115 heterogeneous environments and light conditions (Guilford and Dawkins 1991; Endler
116 1992). Warning signals are often dominated by red, yellow and orange, frequently
117 contrasting with black, which are the main colours in *Heliconius*. The reason why these
118 long-wavelength colours are widely represented in aposematic coloration is that they are
119 highly conspicuous against natural backgrounds, are more stable across light conditions,
120 allowing long distance discrimination and detectability, and influence memorability
121 (Guilford and Dawkins 1991; Stevens and Ruxton 2012; Arenas et al. 2014; Dell’Aglia
122 et al. 2016).

123 Perception of colour depends on several neurophysiological mechanisms, such as
124 the presence of opponent colour channels. This chromatic mechanism involves
125 comparisons of receptors outputs, in which opposite neural pathways are either activated
126 or inhibited depending on the stimuli reaching the eye (Kelber et al. 2003; Renoult et al.

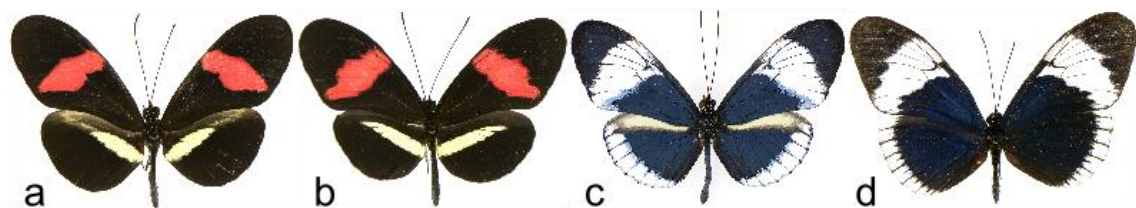
127 2015). This mechanism is useful especially regarding colour stability against spatial and
128 temporal variation in illumination (Lovell et al. 2005; Renoult et al. 2015). For example
129 birds, the major predator of aposematic butterflies, have tetrachromatic vision and
130 seemingly have at least three opponent channels, as found in domestic chicks (Vorobyev
131 et al. 1998; Osorio et al. 1999). Opponent channels have also been described for insects
132 (Chittka et al. 1992; Chittka 1996) and butterflies (Kelber 1999), and have been
133 hypothesized for *Heliconius* butterflies although more behavioural analyses are needed
134 to confirm which opponent channels are actually used (Swihart 1971, 1972; Bybee et al.
135 2012). Butterflies in the genus *Papilio* have duplicate LW opsin genes to see in the red
136 and green range (Kelber 1999; Briscoe 2008), while *Heliconius* has only one LW opsin
137 to see red and green, and differences in sensitivity are associated with the presence of red
138 filtering pigments in the ommatidia (Zaccardi et al. 2006; McCulloch et al. 2016). Thus,
139 we expect avian predators and butterflies to rely on these high-contrast systems to process
140 information under a changing light environment.

141 The aim of this study was to analyse *Heliconius* warning colouration under
142 different light conditions in their natural habitats. In particular, to test conspicuousness of
143 the wing colouration against a natural green background, encoded by opponent colour
144 channels. Using digital image analyses, butterfly wings were photographed and mapped
145 to UVS and VS avian predator vision and to *Heliconius erato* vision (Figure 1). Our
146 predictions are that (1) signal contrast and conspicuousness for avian predators should
147 have constancy, that should be stable throughout the day and in different light
148 environments (Stevens and Ruxton 2012; Arenas et al. 2014). Warning signals might be
149 honest indicators of prey unprofitability to predators, and if signals fluctuate through the
150 day and between light environments, we would predict that this could delay learning by
151 predators and be costly to the prey. Similarly for internal contrasts (i.e. contrast between

152 black and the coloured bands), therefore conspicuousness would not rely totally on
153 background contrast but also on internal patterns which account for close-distance
154 conspicuousness (Endler 1978; Aronsson and Gamberale-Stille 2009). (2) From a
155 *Heliconius* butterfly perspective; we predict that signal contrast and conspicuousness
156 should show habitat-specific maximum background contrast and higher colour
157 differences in their own habitats (Table 1), which would facilitate detection and species
158 identification. We therefore predict that selection for signal constancy will be much
159 stronger in the avian visual system as compared to the butterfly visual system.

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163 **Figure 1.** Co-mimics used in this study. (a) *Heliconius erato demophoon*. (b) *H. melpomene*
164 *rosina*. (c) *H. cydno*. (d) *H. sapho*.

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167 **Table 1.** Colour patches for each co-mimic pair studied and typical microhabitats and light
168 conditions where these co-mimics occur. Microhabitats descriptions are based on Estrada and
169 Jiggins (2002) and light conditions based on Endler (1993) and personal observations.

Co-mimics	Colour	Microhabitat	Light conditions
<i>H. erato demophoon</i> & <i>H. melpomene rosina</i>	red & yellow	forest border open area	partial shade no shade
<i>H. sapho</i> & <i>H. cydno</i>	white	closed forest canopy	full shade partial shade

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174 **Material and Methods**

175 *Study site and species*

176 Fieldwork was performed during the dry season, along Pipeline Road, a tropical
177 lowland rainforest in the Panama Canal Zone (Parque Nacional Soberanía, 9°7'33"N,
178 79°42'90"W). Pipeline Road makes a transect through the forest, creating a
179 heterogeneous habitat with open sunny areas and close canopy exceeding 30 m in height.
180 All specimens were collected in the area. Two pairs of co-mimics that live in sympatry
181 were selected, *H. erato demophoon* (n = 8) and *H. melpomene rosina* (n = 8), *H. sapho*
182 (n = 5) and *H. cydno* (n = 5), belonging to two different mimicry rings, red and yellow,
183 and white, respectively (Figure 1 and Table 1).

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185 *Digital photography*

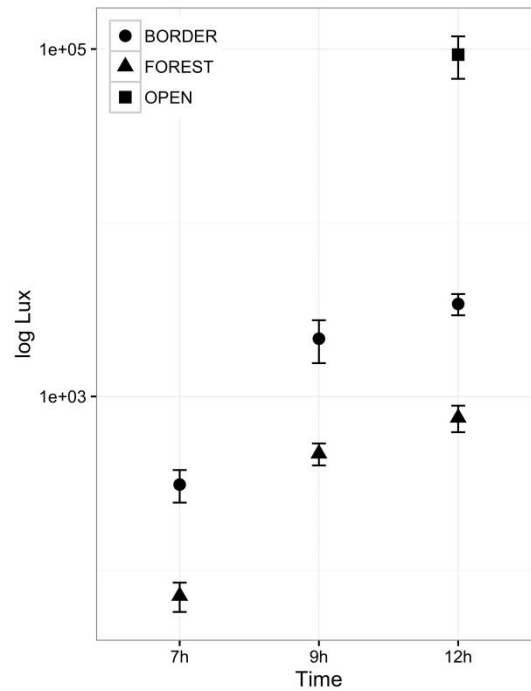
186 The general approach and methodology for this work was based on previous work
187 with colour stability using opponent signals (Lovell et al. 2005; Arenas et al. 2014). The
188 spectral reflectance of mimetic pairs was investigated using digital photography. This
189 provides a way to control for natural variation in luminance intensity (shadowing) that is
190 not captured by spectrometry, and also allows non-invasive colour measurements easily
191 applied in the field (Stevens et al. 2007; Troscianko and Stevens 2015). Therefore,
192 through this method we could obtain colour measures under the sensitivity of all receiver
193 photoreceptors (300-700 nm) in the actual viewing conditions of conspecifics and avian
194 predators.

195 Fresh wings of each specimen were photographed following the same methods of
196 image collection in Dell'Aglio et al. (2018). The camera was fitted to a tripod and pointed
197 towards the ground (90°) at a height of approximately 80 cm. Each photo setup included
198 two individuals, one of each species of the co-mimic pair, a 40% grey standard

199 (Spectralon® Labsphere) used for calibration and a leaf freshly collected to make
200 background measures. The species used was *Guazuma ulmifolia* (Sterculiaceae), a small
201 abundant shrub across all Pipeline Road, which facilitated the collection of fresh leaves.

202 Photos were taken under three different arboreal canopy conditions, forest border,
203 closed forest, and open area, where those butterflies are usually seen (Table 1). All photos
204 were taken under sunny to part-cloudy days, with three replicates in each habitat making
205 sure that the amount of light was similar. In order to standardize the replicates, light
206 measures were taken with a digital light meter (Digital Lux meter, Tondaj LX-1010B),
207 which measures the total amount of LW (555 nm) per square meter (Lux) (Figure 2). Also
208 photographs of the canopy were taken in order to measure vegetative cover, which was
209 81.5% (SE ± 0.2) for closed forest, 59.8 % (SE ± 3.4) for forest border, and 0% for open
210 area. The aim was to analyze how colour signals are perceived throughout the morning
211 when butterflies are most active. Therefore, photos were taken at dawn (7 am), morning
212 (9 am) and noon (12 pm) during a short period of 15min as light conditions change
213 rapidly. Open area photographs were taken only at 12 pm because of high sunlight
214 incidence (Figure 2) and to represent a highly used environment by butterflies at this
215 period of day.

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218 **Figure 2.** Amount of light differs across light environment and time of day. Showing the average
219 log Lux between the three replicates of each habitat (\pm SE). Lux represents the amount of long-
220 wave (555 nm) per square meter.

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223 *Image analysis and visual modelling*

224 All images were processed and analyzed into the imaging software ImageJ
225 (Rasband, 1997-2012). RAW human-visible and UV images were linearized and aligned
226 following the methodology of Troscianko and Stevens (2015) and Arenas et al. (2014).
227 Normally, photos would be normalized to the grey standard, which removes effects of
228 light conditions (Arenas et al. 2014). Since our main interest was to measure how
229 coloration changes in different light environments, the images were not normalized.
230 Instead, an average grey standard value was obtained from all photographs. Photon catch
231 values were obtained for each colour using the entire patch from linearized photos, and
232 subsequently these values were multiplied by each photo exposure time and normalized
233 with the average grey standard. With this methodology we were able to calculate how
234 particular environment and time varies from the natural average light, and also assume

235 colour constancy, a neural mechanism that compensates for changes in illumination
236 (Stevens et al. 2007; Arenas et al. 2014). We used the average photon catch results from
237 the three habitats replicates. Predicted photon catch values were obtained using spectral
238 sensitivity for each cone type of the blue tit (*Cyanistes caeruleus*) for the UV-sensitive
239 vision (UVS) (Hart et al. 2000), peafowl (*Pavo cristatus*) for the violet-sensitive vision
240 (VS) (Hart 2002) and *Heliconius erato* (Briscoe et al. 2010; McCulloch et al. 2016).

241 Background of many terrestrial habitats is dominated by greenish vegetation;
242 therefore, a green leaf was chosen to make contrast calculations. Differences between
243 light environment and time of the day were calculated using the contrast of warning
244 colours against an average green leaf. Channel activation in avian vision was calculated
245 using the Red-Green (RG), Blue-Yellow (BY) and Blue-UV opponent channel (Osorio et
246 al. 1999; Lovell et al. 2005; Stevens et al. 2009). For the achromatic signal, we used avian
247 double cones (DBL). Using a ratio-based approach suggested by Lovell et al. (2005), we
248 calculated the opponent channel responses as follows:

$$249 \quad RG = LW - MW / LW + MW$$

$$250 \quad BY = SW - (LW + MW) / SW + (LW + MW)$$

$$251 \quad \text{Blue-UV} = SW - UV / SW + UV$$

$$252 \quad \text{Achromatic} = DBL$$

253 Opponent channels for *Heliconius* were based on existing bird opponent channels
254 and on what has been proposed in earlier studies (Swihart 1971, 1972; Bybee et al. 2012).
255 The *H. erato* compound eye has red filtering pigments that shift LW photoreceptor
256 sensitivity from green to red and as the physiological mechanisms underlying these two
257 LW photoreceptors are not known, sensitivities in Green (560 nm) and Red (600 nm)
258 were used (McCulloch et al. 2016, 2017). To investigate differences between co-mimic

259 species, we calculated opponent channel activation based on the prediction that
260 *Heliconius* mating system might use UV2-UV1 and RG contrasts for mate choice (Bybee
261 et al. 2012; McCulloch et al. 2016, 2017). Channel activation in *Heliconius* vision was
262 calculated using the opponent channels as follows:

$$263 \quad RG = Red - Green / Red + Green$$

$$264 \quad BY = Blue - (Red + Green) / Blue + (Red + Green)$$

$$265 \quad Blue-UV2 = Blue - UV2 / Blue + UV2$$

$$266 \quad UV2-UV1 = UV2 - UV1 / UV2 + UV1$$

267 To examine whether warning colours have greater contrast against green
268 background we calculated the Weber Contrast (Whittle 1994), which takes into account
269 the image value of the objects of interest as a fraction of background appearance using
270 the formula:

$$271 \quad C = (object - background) / background$$

272 Where *background* corresponds to the green leaf opponent channel values, and
273 *object* corresponds to warning colour opponent channel values. This measure is suited to
274 comparisons between small objects against larger backgrounds, such as butterflies against
275 the green forest. For internal contrast, achromatic values of the warning colours were used
276 against the black of each individual wing as background (Arenas et al. 2014). We plotted
277 the mean absolute contrast of each colour signal as a function of time and light
278 environment for the three vision models.

279

280 *Statistical analyses*

281 All statistical calculations were processed in the software R 3.5.3 (R Core Team
282 2019). Our approach was to model colour contrasts over the course of a day and under
283 different habitats in term of both predator and butterfly vision. Normality tests showed

284 that contrast data were not normally distributed, therefore data were transformed to
285 normality using square-root transformation and the transformed data were used in all
286 statistical analyses. Raw data was plotted to illustrate the results. To test our predictions,
287 general linear mixed models were performed using Satterthwaite approximations with
288 random effects (packages *lme4* and *lmerTest*) and Tukey's post-hoc (package *multcomp*).
289 The models were fitted accordingly to the predictions outlined above. Analyses were
290 carried out using contrast values as the dependent variable, and fixed and random factors
291 varied depending on the question. Factors were individuals, colour (red, yellow, white),
292 habitat (border, forest, area), time (7am, 9am, 12pm), and bird vision (UVS, VS). For
293 *Heliconius* vision, we also added side of the wing (dorsal, ventral) because this trait might
294 be more important for butterflies than for their avian predators.

295

296 **Results**

297 *Signal contrast and conspicuousness for avian predators*

298 Red was generally the most contrasting colour against a green background in the
299 RG opponent channel as compared to yellow ($z = -11.10$, $P < 0.001$, Table S1) and white
300 ($z = -18.0$, $P < 0.001$, Table S1). In contrast, white had higher contrasts against a green
301 background in the BY channel, as compared to red ($z = 22.88$, $P < 0.001$, Table S1) and
302 yellow ($z = -31.47$, $P < 0.001$, Table S1) (Figure 3). Colours in open areas showed a
303 higher contrast, such in the RG channel for red band ($t = 7.54$, $P < 0.001$, Table S2) with
304 no difference between border and forest ($z = -0.31$, $P = 0.94$, Table S2) (Figure 3). In the
305 Blue-UV opponent channel, UVS and VS birds could perceive red and yellow with less
306 stability, and yellow showed higher contrast early in the morning than at noon (7 am: $z =$
307 12.15 , $P < 0.001$; 9 am: $z = 14.24$, $P < 0.001$, Table S3).

308 Internal achromatic contrast was higher for yellow, compared to red ($z = 41.89$, P
309 < 0.001 , Table S1) and white ($z = 12.42$, $P < 0.001$, Table S1). Moreover, yellow has
310 more contrast in the border, which is the preferred habitat of yellow band butterflies, than
311 in the forest ($z = -3.42$, $P = 0.001$, Table S4) (Figure 3).

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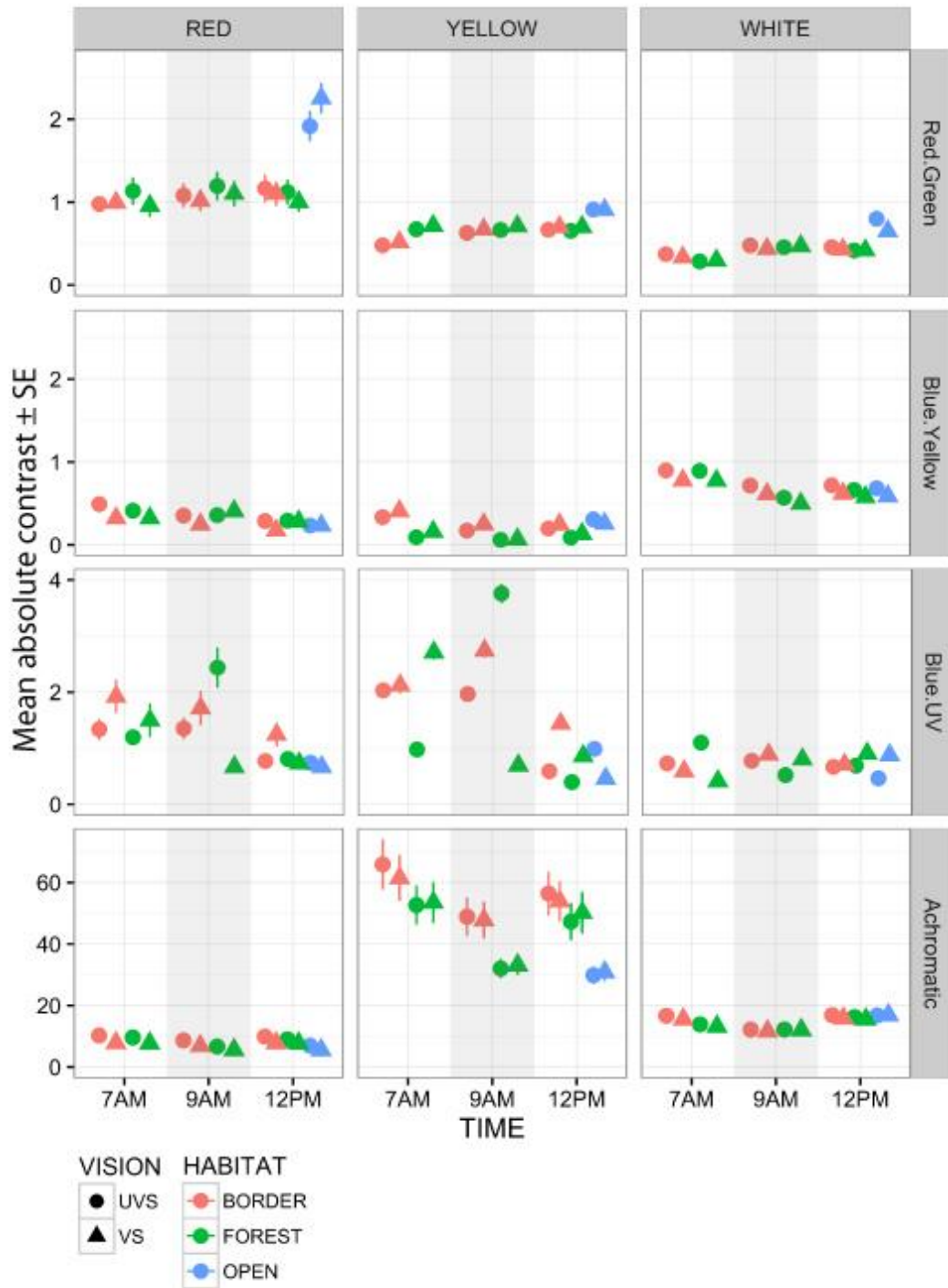
313 *Signal contrast and conspicuousness for Heliconius conspecifics*

314 In some cases, contrasts followed our prediction that species would be more
315 contrasting in their own habitats (Figure 4). The yellow colour was more contrasting in
316 the border in the UV2-UV1 channel, especially early hours such as 7 am ($t = -23.1$, $P <$
317 0.001 , Table S5) and 9 am ($t = -13.3$, $P < 0.001$, Table S5). White was more contrasting
318 in the forest than in the border at 7 am in the UV2-UV1 channel ($t = 2.32$, $P = 0.014$,
319 Table S5) and also at 7 am in the Blue-UV2 channel ($t = 6.12$, $P < 0.001$, Table S5). Also,
320 in the Blue-UV2 channel, while white colour contrast decreased during the day in the
321 forest, it increased at 12 pm in the border ($z = -4.11$, $P < 0.001$, Table S5) (Figure 4). The
322 red colour showed large differences in the RG channel between dorsal and ventral side,
323 with dorsal side with the higher contrast ($t = -40.04$, $P < 0.001$, Table S6). Same results
324 were found for red in the Blue-Yellow and Blue-UV2 opponent channel (Table S6)
325 (Figure 4).

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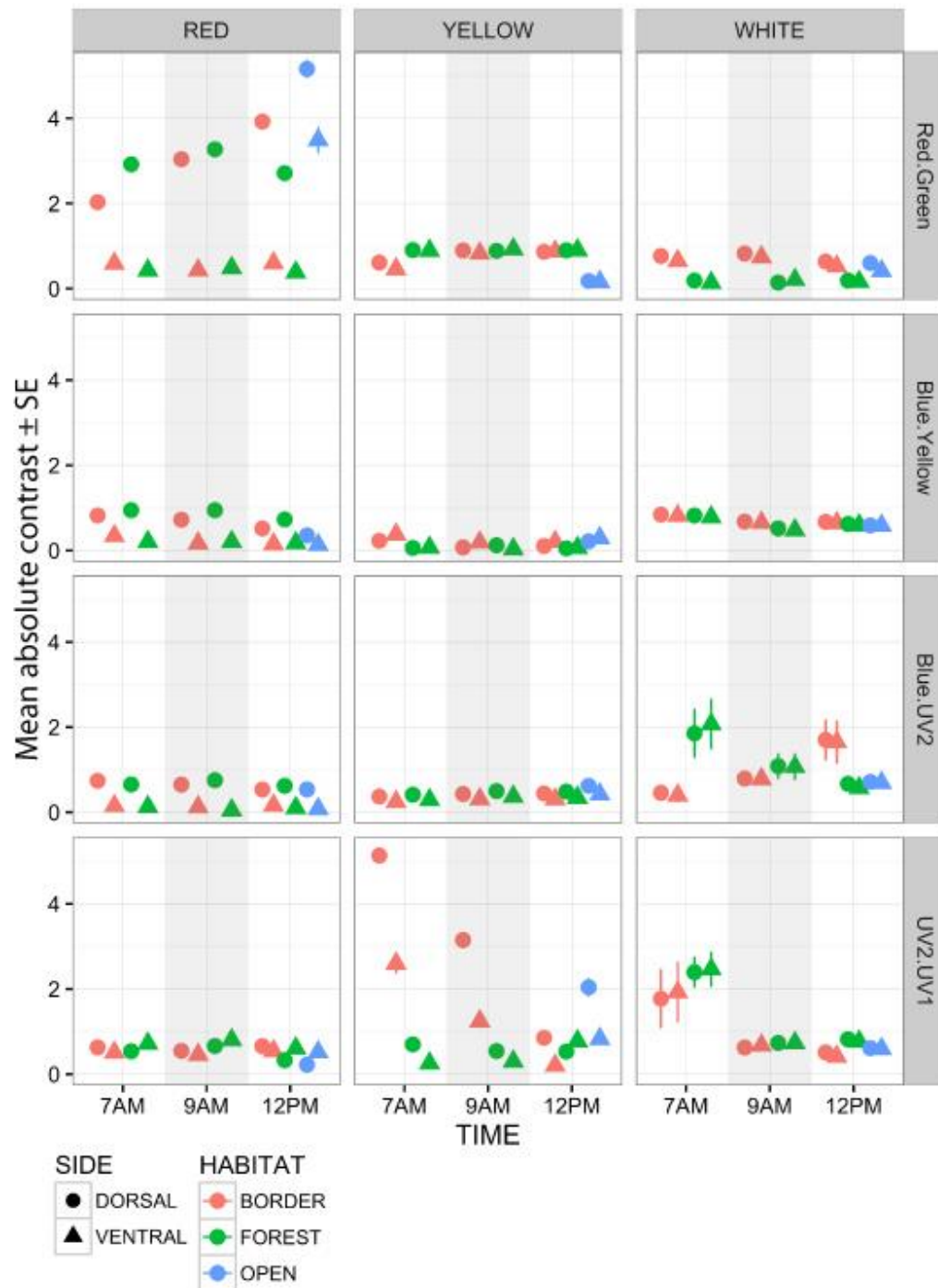
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330 **Figure 3.** Colour conspicuousness for avian predators. Mean absolute contrast of colour signals
 331 (\pm SE, standard error) in the bird vision systems analyzed (circles, UVS; triangles, VS) through
 332 habitats (red, border; green, forest; blue, open) and time (7am, 9am, 12pm). Vertical panels show
 333 the three colour signals (red, yellow and white), horizontal panels show opponent channels against
 334 green leaf (top, Red-Green; middle, Blue-Yellow and Blue-UV) and against the black of the wing
 335 (bottom, Achromatic). Note: Channels have different y-axis values. Error bars smaller than data
 336 points are not shown.



337

338 **Figure 4.** Colour conspicuousness for *Heliconius* conspecifics. Mean absolute contrast of colour
 339 signals against green leaf in *Heliconius* vision through habitats (red, border; green, forest; blue,
 340 open), time (7 am, 9 am, 12 pm) and side of the wing (circles, dorsal; triangles, ventral). Vertical
 341 panels show colour signals (red, yellow and white), horizontal panels show opponent channels
 342 against green leaf (top, Red-Green; middle, Blue-Yellow and Blue-UV2; bottom, UV2-UV1).
 343 Error bars: \pm 1 standard error (SE), error bars smaller than data points are not shown.

344

345

346 **Discussion**

347 The bright and contrasting *Heliconius* wing patterns appear well adapted for
348 signalling distastefulness to predators. However, their colour constancy and appearance
349 in different light environments remains poorly studied. Here we have shown that colours
350 are indeed very stable for avian predator vision, but somewhat less so for *Heliconius*
351 vision. This is consistent with the idea that wing patterns are primarily selected for their
352 role in signalling distastefulness to predators.

353

354 *Signal stability and conspicuousness to avian predators*

355 Generally, warning signals involve combinations of long-wavelength colours such
356 as red, orange, and yellow which are highly conspicuous against natural backgrounds and
357 stable under different natural conditions (Lovell et al. 2005; Stevens and Ruxton 2012).
358 In our results, *Heliconius* red colouration has higher detectability against average green
359 background in the RG output and these results are consistent regardless of habitat and
360 time of the day. Previous work has investigated colour stability through opponent colour
361 channels and also showed that red coloration is more contrasting and stable against green
362 backgrounds over the course of a day and across light conditions to the bird visual system
363 (Lovell et al. 2005; Arenas et al. 2014). Moreover, the *Heliconius* yellow colouration also
364 is highly conspicuous against its internal black pattern in the achromatic output.
365 Achromatic information is one of the main cues used for motion detection (Hämäläinen
366 et al. 2015). Therefore, our results suggest that red and yellow signals work together and
367 are likely effective in stimulating avian opponent channels in order to be conspicuous in
368 all light environments.

369 There is evidence that red and yellow colouration serve as reliable warning signal
370 to avian predators (Ham et al. 2006; Svádová et al. 2009; Arenas et al. 2015), but that this

371 is less true of white colouration. One explanation is that white is more variable across
372 time and habitat, so provides a less reliable signal under varied light conditions (Stevens
373 and Ruxton 2012; Arenas et al. 2014). As an example, field and aviary experiments with
374 polymorphic yellow and white wood tiger moths, *Parasemia plantaginis*, showed that
375 yellow males are avoided more than white males by predators, but white males have
376 higher mating success (Nokelainen et al. 2012). Our results showed that white contrasts
377 against green background were lower and rather variable for avian vision. The co-mimics
378 *H. sapho* and *H. cydno* also contain iridescence blue that was not measured with this
379 methodology. However, the lack of high contrast in white colouration might be balanced
380 with the fact that polarized light might act as a signal, especially in forest habitats
381 (Sweeney et al. 2003; Douglas et al. 2007; Pegram et al. 2015).

382 Highly conspicuous warning signals are expected to evolve to be stable in their
383 appearance throughout the day and between light environments, in order to remain honest
384 indicators of prey unpalatability (Blount et al. 2009; Cortesi and Cheney 2010; Stevens
385 and Ruxton 2012; Arenas et al. 2015). If warning signals fluctuate through time and space
386 this could alter bird foraging experiences and reduce the effectiveness of the aposematic
387 signal. The final decision on whether or not to attack a prey results from a combination
388 of information reaching the predator brain, and for greater efficiency, aposematic
389 coloration needs to be easy to remember (Endler 1988). Our results support this
390 prediction, as colours were generally stable through time and light environments in all
391 opponent systems with only a few exceptions. Notably these occurred where contrasts
392 were higher in open areas and in the early morning. This might also be favourable as the
393 prey would be more conspicuous when they are most vulnerable to predation, since birds
394 are more active and forage early in the morning (Buskirk et al. 1972; Poulin et al. 2001;

395 Steiger et al. 2009). In agreement with this, *Heliconius* predation and roost disturbance
396 has been observed in the early morning (Mallet 1986; Finkbeiner 2014).

397

398 *Habitat and time influence conspicuousness in Heliconius conspecifics*

399 Butterflies belonging to the two mimetic rings studied here tend to be segregated
400 between habitats, corresponding to areas where the photographs were taken, although
401 there is considerable overlap (Estrada and Jiggins 2002). We showed that the colours
402 were more unstable when seen through *Heliconius* vision as compared to avian vision and
403 some colours tend to be more contrasting in their respective habitats.

404 Our results provide some evidence that co-mimic rings are more conspicuous in
405 their own habitat as seen through *Heliconius* vision, reinforcing the idea that ecological
406 adaptation leads to spatial segregation to where detection would be facilitated. Some
407 colours had higher contrast against green backgrounds in their respective habitat, such as
408 yellow in the border and white in the forest. Nonetheless, red showed the opposite trend
409 and was generally more contrasting in the forest. Differences across light environments
410 could affect mating preferences by altering search costs for a specific colour pattern, and
411 perhaps changing the fitness of different colour patterns. Adaptation in different
412 microhabitats within the forest might have an influence on how closely related species
413 commonly differ in pattern, while convergence in pattern occurs between more distantly
414 related species (Joron and Mallet 1998). Ecological adaptation is attributed to habitat
415 preference and leads to assortative mating (Jiggins 2008). The two sister species studied
416 here, *H. melpomene rosina* and *H. cydno*, are known to rarely hybridise in the wild, hence
417 microhabitat segregation reduces potential mating encounters between these two species
418 and reduces gene flow (Mallet et al. 1998; Merrill et al. 2013). Subtle environmental
419 conditions could affect recognition in mating behaviour as seen in the jumping spider,

420 *Habronattus pyrrithrix*, which red males were more successful in approaching females in
421 the sunlight (Taylor and McGraw 2013).

422 The activation of opponent channels was often higher in the early hours of the
423 morning, at the time when the butterflies are more active and leave their roost or perches
424 to forage (Mallet 1986; Finkbeiner et al. 2012). This was especially the case for
425 *Heliconius* white and yellow wing colours in the UV channel, which might act in
426 intraspecific communication (Briscoe et al. 2010; Bybee et al. 2012). There is evidence
427 that distinct UV colour signals are being transmitted between co-mimics, which may
428 reduce costs of mating confusion (Dell’Aglia et al. 2018). Similarly, in two species of
429 newt, belly colour is distinct in the UV range and females often made mistakes choosing
430 the wrong males in the absence of UV light (Secondi and Théry 2014).

431 In this context, the duplicate genes encoding two distinct visual pigments with
432 sensitivity peaks in the UV range in *H. erato* females offer the potential for enhanced
433 spectral discrimination in light environments and time of the day where UV is more
434 prominent. A UV2-UV1 opponent channel was proposed by Bybee et al. (2012), who
435 showed that this receptor combination would have lower error rates for discrimination
436 between *Heliconius* and *Dryas* yellows. There is no direct evidence for such a mechanism
437 yet, but the fact that males and females show differences in the expression of the two UV
438 proteins suggests that UV2-UV1 contrasts could be an important opponent channel for a
439 female specific behaviour, perhaps mate recognition or host plant finding (McCulloch et
440 al. 2016, 2017). There is similarly no direct evidence for a Red-Green opponent channel,
441 although the presence of red filters in their eyes means that this is a possibility
442 (McCulloch et al. 2016). Differences between species in Red-Green channel activity for
443 red colouration might have a role in mate recognition since *Heliconius* tend to be attracted
444 to red (Merrill et al. 2011).

445 The sensory drive hypothesis describes evolutionary relationships among visual
446 systems, conditions of the light environment and mating preferences (Endler and Basolo
447 1998). *Heliconius* mating preference is highly linked to colour and in *H. melpomene*, the
448 gene responsible for red colour pattern is genetically linked to the preference for the same
449 pattern (Jiggins et al. 2001; Naisbit et al. 2001; Merrill et al. 2011). Visual sensitivity data
450 used here is only from *H. erato* whereas it might differ for other species in their visual
451 systems and perhaps match with colour preference or habitat (Frentiu et al. 2007; Briscoe
452 et al. 2010; McCulloch et al. 2017). In addition, mating behaviour might benefit from
453 some habitats in maximizing conspicuousness, such as in tropical dwelling birds and
454 wire-tailed manakins which visual contrast is increased during display by habitat choice
455 (Endler and Théry 1996; Heindl and Winkler 2003). Nevertheless, our results suggest that
456 selection for conspicuousness in the preferred habitat could explain in part the divergence
457 in colour pattern in these species.

458

459 *Conclusion*

460 In conclusion, the transmission of *Heliconius* warning signals varies due to light
461 environment to a much greater degree through their own visual system, but to a smaller
462 degree through avian predator vision. Selection for signal detectability under different
463 habitat conditions is a mechanism that is proposed to lead to evolution of signal diversity,
464 as seen in species of *Anolis* lizards that occupy habitats that match their visual system and
465 signal design (Leal and Fleishman 2002), in species of warblers which different cone
466 opsin gene expression correlate with sexual selection and habitat use (Bloch 2015) and
467 also colour patterns of guppies are more conspicuous to guppies at the times and places
468 of courtship and relatively less conspicuous at times and places of predator risk (Endler
469 1991). *Heliconius* butterfly warning colours are highly contrasting against the forest

470 background and stable through time and habitat in terms of predator avoidance but also
471 conspicuous to attract the attention of conspecifics. However, more extensive studies
472 considering spectral sensitivities of different *Heliconius* species and their responses to
473 environmental changes in their signal visibility are needed to confirm the
474 conspicuousness to mates. Opponent channel colour contrasts can predict behaviour of
475 perceivers, however, additional behavioural experiments on how light environment
476 influences prey detectability, such with poison frogs (Rojas et al. 2014), are necessary to
477 verify our results.

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489

490 **Author contributions**

491 D.D.D. collected all the data, analysed, and wrote the manuscript; J.T. developed digital
492 image methodology and data analysis; W.O.M, M.S, and C.D.J conceived the study,
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494

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697 **Supplementary Information**

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699 **Table S1.** Colour contrast differences for avian vision per opponent channel. General linear mixed
 700 models results using Satterthwaite approximations with random effects and Tukey's post-hoc (y
 701 ~ Colour + (1 | Individuals) + (1 | Vision:Habitat:Time)).

Opponent channel	Colour	N	Linear mixed model			Tukey's post-hoc		
			df	t value	p-value	Contrasts	z value	p-value
Red-Green								
	Red (intercept)	1176	16.3	34.59	< 2E-16	White - Red	-18.00	< 2E-16
	White		1160	-18.00	< 2E-16	Yellow - Red	-11.10	< 2E-16
	Yellow		1160	-11.10	< 2E-16	Yellow - White	8.26	3.33E-16
Blue-Yellow								
	Red (intercept)	1176	17.4	29.01	4.44E-16	White - Red	22.88	<2E-16
	White		49.3	22.88	< 2E-16	Yellow - Red	-11.98	<2E-16
	Yellow		1140	-11.98	< 2E-16	Yellow - White	-31.47	<2E-16
Blue-UV								
	Red (intercept)	1176	14.5	16.84	6.44E-11	White - Red	-6.11	2.85E-09
	White		1160	-6.11	1.34E-09	Yellow - Red	6.81	< 1E-09
	Yellow		1160	6.80	1.57E-11	Yellow - White	12.08	< 1E-09
Achromatic								
	Red (intercept)	1176	36.6	16.27	< 2E-16	White - Red	4.69	5.42E-06
	White		28.4	4.69	6.25E-05	Yellow - Red	41.89	< 1E-07
	Yellow		1136	41.88	< 2E-16	Yellow - White	12.42	< 1E-07

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710 **Table S2.** Habitat contrast differences for avian vision per colour for the Red-Green opponent
 711 channel. General linear mixed models results using Satterthwaite approximations with random
 712 effects and Tukey's post-hoc ($y \sim \text{Habitat} + (1 | \text{Individuals}) + (1 | \text{Vision:Time})$).

Colour	Habitat	N	Linear mixed model			Tukey's post-hoc		
			df	t value	p-value	Contrasts	z value	p-value
Red	Border (intercept)	448	445	33.05	<2E-16	Forest - Border	-0.31	0.947
	Forest		445	-0.31	0.755	Open - Border	7.55	<1E-05
	Open		445	7.54	2.54E-13	Open - Forest	7.77	<1E-05
Yellow	Border (intercept)	448	9.2	53.37	7.90E-13	Forest - Border	10.77	<2E-16
	Forest		425	10.77	<2E-16	Open - Border	21.46	<2E-16
	Open		429.2	21.46	<2E-16	Open - Forest	14.63	<2E-16
White	Border (intercept)	280	9.05	24.88	1.21E-09	Forest - Border	-3.14	0.005
	Forest		262.9	-3.14	0.002	Open - Border	16.84	< 1E-04
	Open		265.3	16.84	<2E-16	Open - Forest	18.83	< 1E-04

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716 **Table S3.** Time contrast differences for avian vision per colour for the Blue-Yellow opponent
 717 channel. General linear mixed models results using Satterthwaite approximations with random
 718 effects and Tukey's post-hoc ($y \sim \text{Time} + (1 | \text{Individuals}) + (1 | \text{Vision:Habitat})$).

Colour	Time	N	Linear mixed model			Tukey's post-hoc		
			df	t value	p-value	Contrasts	z value	p-value
Red	12PM (intercept)	448	9.4	17.31	2.03E-08	7AM - 12PM	4.44	2.37E-05
	7AM		367.3	4.44	1.18E-05	9AM - 12PM	4.17	8.14E-05
	9AM		367.3	4.17	3.73E-05	9AM - 7AM	-0.25	0.964
Yellow	12PM (intercept)	448	5.7	14.04	1.15E-05	7AM - 12PM	12.15	<1E-04
	7AM		436.6	12.15	2.00E-16	9AM - 12PM	14.24	<1E-04
	9AM		436.6	14.24	2.00E-16	9AM - 7AM	2.07	0.0969
White	12PM (intercept)	280	5.1	25.46	1.41E-06	7AM - 12PM	-1.59	0.250
	7AM		250.1	-1.58	0.113	9AM - 12PM	-0.08	0.996
	9AM		250.1	-0.08	0.936	9AM - 7AM	1.46	0.306

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721 **Table S4.** Habitat contrast differences for avian vision for the achromatic opponent channel per
 722 colour. General linear mixed models results using Satterthwaite approximations with random
 723 effects and Tukey's post-hoc ($y \sim \text{Habitat} + (1 | \text{Individuals}) + (1 | \text{Vision:Time})$).

Colour	Habitat	N	Linear mixed model			Tukey's post-hoc		
			df	t value	p-value	Contrasts	z value	p-value
Red	Border (intercept)	448	12.5	22.28	2.00E-11	Forest - Border	-3.50	0.001
	Forest		425	-3.51	0.001	Open - Border	-7.52	< 1E-04
	Open		429.8	-7.52	3.19E-13	Open - Forest	-5.30	< 1E-04
Yellow	Border (intercept)	448	14.4	24.45	3.89E-13	Forest - Border	-3.42	0.002
	Forest		424.8	-3.42	0.001	Open - Border	-5.56	< 1E-04
	Open		376.1	-5.56	5.07E-08	Open - Forest	-3.34	0.002
White	Border (intercept)	280	13.9	21.02	5.89E-12	Forest - Border	-2.41	0.041
	Forest		263	-2.41	0.017	Open - Border	-0.02	1.000
	Open		267.7	-0.02	0.981	Open - Forest	1.51	0.280

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745 **Table S5.** Habitat contrast differences for *Heliconius* vision for yellow and white colours, per
 746 opponent channel and time. General linear mixed models results using Satterthwaite
 747 approximations with random effects and Tukey's post-hoc ($y \sim \text{Habitat} + (1 | \text{Individuals}) + (1 |$
 748 $\text{Side})$).

Colour	Channel	Time	Habitat	N	Linear mixed model			Tukey's post-hoc			
					df	t value	p-value	Contrasts	z value	p-value	
Yellow	UV2-UV1	7AM	Border (intercept)	64	1	7.41	0.081				
			Forest		46	-23.1	<2e-16				
		9AM	Border (intercept)	64	1	6.56	0.090				
			Forest		61	-13.31	<2e-16				
		12PM	Border (intercept)	96	1	4.28	0.124	Forest - Border	2.20	0.071	
			Forest		92	2.20	0.03	Open - Border	7.49	0.001	
			Open		92	7.49	4.02E-11	Open - Forest	5.29	0.001	
White	UV2-UV1	7AM	Border (intercept)	40	11.4	6.57	3.37E-05				
			Forest		29	2.62	0.014				
		Blue-UV2	7AM	Border (intercept)	40	13.3	4.52	0.001			
				Forest		29	6.12	1.14E-06			
		12AM	Border (intercept)	60	21.6	13.1	9.32E-12	Forest - Border	-4.11	1.24E-04	
			Forest		48	-4.11	1.54E-04	Open - Border	-3.43	0.002	
			Open		48	-3.43	0.001	Open - Forest	0.67	0.776	

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766 **Table S6.** Side of the wing contrast differences for *Heliconius* vision for the red colour, per
 767 opponent channel. General linear mixed models results using Satterthwaite approximations with
 768 random effects and Tukey's post-hoc ($y \sim \text{Side} + (1 \mid \text{Individuals}) + (1 \mid \text{Habitat:Time})$).

Opponent Channel	Side of the wing	N	Linear mixed model		
			df	t value	p-value
Red-Green					
	Dorsal (intercept)	224	6.2	9.78	5.59E-05
	Ventral		201	-40.04	< 2E-16
Blue-Yellow					
	Dorsal (intercept)	224	7.3	22.24	5.63E-08
	Ventral		201	-25.5	< 2E-16
Blue-UV2					
	Dorsal (intercept)	224	16.6	36.51	< 2E-16
	Ventral		201	-34.61	< 2E-16
UV2-UV1					
	Dorsal (intercept)	224	8	17.89	8.76E-08
	Ventral		216	2.84	0.0048

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