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2	Using background noise to improve sound localization following simulated hearing loss.
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4	Lindsey Ryan-Warden, Eva Ng, Peter Keating
5 6	Ear Institute, University College London, 332 Grays Inn Road, Kings Cross, London WC1X 8EE, UK
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13	Correspondence to:
14	Peter Keating, Ear Institute, University College London, 332 Grays Inn Road, Kings Cross,
15	London WC1X 8EE, UK; e-mail: p.keating@ucl.ac.uk
16	
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### 25 Abstract

26 Many listening abilities become more difficult in noisy environments, particularly following 27 hearing loss. Sound localization can be disrupted even if target sounds are clearly audible and 28 distinct from background noise. Since subjects locate sounds by comparing the input to the 29 two ears, sound localization is also considerably impaired by unilateral hearing loss. 30 Currently, however, it is unclear whether the effects of unilateral hearing loss are worsened 31 by background noise. To address this, we measured sound localization abilities in the 32 presence or absence of broadband background noise. Adult human subjects of either sex were 33 tested with normal hearing or with a simulated hearing loss in one ear (earplug). To isolate 34 the role of binaural processing, we tested subjects with narrowband target sounds. 35 Surprisingly, we found that continuous background noise improved narrowband sound 36 localization following simulated unilateral hearing loss. By contrast, we found the opposite 37 effect under normal hearing conditions, with background noise producing illusory shifts in 38 sound localization. Previous attempts to model these shifts are inconsistent with behavioural 39 and neurophysiological data. However, here we found that a simple hemispheric model of 40 sound localization provides an explanation for our results, and provides key hypotheses for 41 future neurophysiological studies. Overall, our results suggest that continuous background 42 noise may be used to improve sound localization under the right circumstances. This has 43 important implications for real-world hearing, both in normal-hearing subjects and the 44 hearing-impaired.

45

### 46 Significance Statement

47 In noisy environments, many listening abilities become more difficult, even if target sounds 48 are clearly audible. For example, background noise can produce illusory shifts in the 49 perceived direction of target sounds. Because sound localization relies on the two ears 50 working together, it is also distorted by a hearing loss in one ear. We might therefore expect 51 background noise to worsen the effects of unilateral hearing loss. Surprisingly, we found the 52 opposite, with background noise improving sound localization when we simulated a hearing 53 loss in one ear. A simple hemispheric model of sound localization also helped explain the 54 negative effects of background noise under normal hearing conditions. Overall, our results 55 highlight the potential for using background noise to improve sound localization.

56

### 57 Introduction

58 In everyday environments, a key challenge for the brain is to locate sounds of interest in the presence of background noise. Background noise can disrupt sound localization by reducing 59 the audibility of target sounds (Good and Gilkey, 1996; Abouchacra et al., 1998; Lorenzi et 60 61 al., 1999a, b; Brungart et al., 2005; Kopco et al., 2010; Kerber and Seeber, 2012; Lingner et 62 al., 2012; Wood and Bizley, 2015). However, sound localization can be affected even if targets are clearly audible and distinguishable from concurrent sounds. In such 63 64 circumstances, the perceived location of a target sound is typically pushed away from the 65 location of a concurrent sound (Suzuki et al., 1993; Canevet and Meunier, 1996; Getzmann, 66 2002; Best et al., 2005; Lee et al., 2009; Reed and van de Par, 2015). Previous attempts to 67 explain this have relied upon a neural map of space that contains an array of neurons (or 68 'spatial channels') tuned to different spatial locations (Suzuki et al., 1993; Best et al., 2005). 69 However, these models predicted greater pushing effects between sounds that are closer 70 together, which is inconsistent with previous behavioral data (Best et al., 2005). They are also 71 inconsistent with neurophysiological studies in mammals, which have shown that neurons in 72 each hemisphere are broadly tuned to a single side of space (Brugge et al., 1998; Furukawa 73 and Middlebrooks, 2001; McAlpine et al., 2001; Grothe et al., 2010; Mokri et al., 2015).

74 Sound localization is additionally impaired by hearing loss, with the nature of 75 impairment depending on the type of hearing loss experienced (Lorenzi et al., 1999a; Best et 76 al., 2011; Dobreva et al., 2011; Akeroyd, 2014; Brungart et al., 2014). Under normal hearing 77 conditions, sound localization relies on the relative timing and level of input to the two ears 78 (Interaural Time Differences: ITDs; Interaural Level Differences: ILDs)(Middlebrooks and 79 Green, 1991). Binaural sound localization is therefore particularly vulnerable following 80 unilateral hearing loss, which alters and degrades these binaural spatial cues (Slattery and 81 Middlebrooks, 1994; Hawley et al., 1999; Van Wanrooij and Van Opstal, 2004; Rothpletz et 82 al., 2012; Agterberg et al., 2014; Firszt et al., 2017; Nelson et al., 2018). Key insights into this problem have been obtained by using earplugs to simulate a hearing loss in one ear 83 (Slattery and Middlebrooks, 1994; Van Wanrooij and Van Opstal, 2007; Kumpik et al., 2010; 84 85 Irving and Moore, 2011; Strelnikov et al., 2011; Keating and King, 2013; Keating et al., 86 2016; Asp et al., 2018). These studies have shown that sound localization is initially 87 disrupted but improves as individuals adapt. Adaptation can be achieved by learning to locate

88 sounds using the input provided to the unoccluded ear (Kumpik et al., 2010; Keating et al., 89 2013; Keating et al., 2016). This is possible because the head and ears filter sounds (i.e. 90 change their spectrum) in a direction-dependent way (Carlile et al., 2005). However, when 91 the energy of a sound is concentrated in a narrow range of frequencies, these monaural 92 spectral cues are unavailable. In such circumstances, subjects can adapt by instead learning to 93 reinterpret the altered binaural cues (Gold and Knudsen, 2000; Keating et al., 2015; Keating 94 et al., 2016). Nevertheless, when adult humans wear an earplug for prolonged periods of 95 everyday life, they find it difficult to do so (Kumpik et al., 2010).

96 Although background noise is a common feature of everyday life, previous studies of 97 unilateral hearing loss have tested sound localization in quiet environments. For many 98 auditory abilities, individuals with hearing loss typically experience greater difficulty in the 99 presence of background noise (Moore, 1996; Bronkhorst, 2000; Lorenzi et al., 2006; Helfer 100 and Freyman, 2008; Akeroyd, 2014). Consequently, we might expect individuals with 101 simulated unilateral hearing loss to be particularly vulnerable to the effects of background 102 noise. Surprisingly, however, we found the opposite. Following simulated unilateral hearing 103 background noise improved narrowband sound localization. loss. Α simple 104 neurophysiological model also provided insight into how background noise might affect 105 behavior.

106

### 107 Materials and Methods

109 10 subjects (2 males and 8 females), aged 21-35, participated in the study. All participants 110 provided informed consent and were reimbursed for their time. Participants underwent 111 audiometry to confirm normal hearing prior to testing. Only one participant had prior 112 experience of a sound localization task. All procedures were approved by the University 113 College London Research Ethics Committee.

114 Apparatus

Sound localization was tested in a double-walled anechoic chamber. Stimuli were presented
from a semi-circular array of nine loudspeakers (Canton Plus XS.2; Computers Unlimited
London), located in the front hemifield, with a radius of 1.2m. Participants were seated on a

<sup>108</sup> Subjects

stool in the center of the speaker array, facing a central speaker at  $0^{\circ}$  azimuth. The height of the stool was adjusted to ensure the participant's head was level with the speaker array; a chin rest was used to minimize head movements.

121 Stimuli were generated using the Psychophysics Toolbox (Brainard, 1997) for 122 Matlab(The Mathworks, Natick, MA), sent to a MOTU 24io sound interface (MOTU, 123 Cambridge, MA), amplified (MA1250; Knoll Systems, Point Roberts, WA) and presented via 124 the appropriate loudspeaker. On each trial, a target sound was presented from a single 125 loudspeaker. Participants indicated the perceived location of this target by clicking on a 126 graphical user interface (GUI; generated in Matlab), which was presented on a screen located 127 just below the central speaker. The GUI contained an illustration of the speaker array, which 128 allowed participants to click on different response locations.

129 Procedure

### 130 Familiarization

131 Before testing began, participants were given the opportunity to familiarize themselves with 132 the sound localization task under normal hearing conditions. Throughout this familiarization process, the background of the graphical user interface changed color to indicate whether a 133 134 behavioral response was correct (green) or incorrect (red). Following incorrect trials, the 135 same target stimulus was presented again and participants were given a second opportunity to 136 respond (referred to as 'correction trials'). Following consecutive incorrect responses, the 137 target stimulus was presented continuously for > 2s before participants were asked to respond 138 (referred to as 'easy trials').

### 139 Testing

140 Each participant was tested in the presence or absence of background noise, with either 141 normal hearing or a simulated hearing loss in one ear (see below), for a total of 4 unique test 142 conditions (i.e. normal hearing in quiet; normal hearing in background noise; earplug in 143 quiet; earplug in background noise). Within each session, participants were tested for 15 mins 144 on each of these conditions (~400 trials), with the testing order randomized across 145 participants. Participants completed two such sessions on different days, each of which lasted 146 approximately 1hr, and were given short breaks between conditions. During these test 147 sessions, participants were not given any feedback on their performance; correction trials and 148 easy trials (see above) were also turned off.

#### 149 *Stimuli*

150 Target sounds consisted of broadband noise (0.5-20kHz) or pure tones (1, 2, 4 or 8 kHz), 151 which were identical to those used in previous work (Keating et al., 2016). Broadband and 152 narrowband sounds were presented with equal probability. Broadband targets had either a flat 153 or random spectrum, with random spectra produced by adding a random vector to the 154 logarithmic representation of the source spectrum on each trial. This random vector was 155 smoothed to remove spectral transitions > 3 cycles/octave and had an RMS of 10 dB (Keating 156 et al., 2016). All target sounds were 100ms in duration (including 10ms cosine ramps), 157 generated with a sampling frequency of 48 kHz, and presented at 56-77 dB SPL in 158 increments of 7 dB. The intensity, type and location of target stimuli were randomly 159 interleaved across trials. Background noise consisted of broadband noise (0.5-20kHz) with a 160 flat spectrum presented continuously at the midline at 56 dB SPL. By setting the background 161 noise to this level, we were able to vary target intensity (corresponding to different signal-to-162 noise ratios: SNRs) across a relatively wide range (21 dB), whilst ensuring that all targets 163 were clearly audible (SNRs  $\geq 0$ ). Previous studies of unilateral hearing loss have shown that, 164 if target intensity is not varied, subjects can locate sounds using the sound level in the better 165 ear (Van Wanrooij and Van Opstal, 2004).

### 166 Simulated unilateral hearing loss

To simulate a hearing loss in one ear, participants wore a foam earplug (EAR classic) in one ear (Keating et al., 2016). Each participant wore the earplug in the same ear across sessions, but different participants wore the earplug in either the left (n=5) or right (n=5) ear. For each subject, conventional audiometry was performed in the absence and presence of the earplug. This allowed us to assess the attenuating effects of the earplug, which were very similar to those observed in previous studies (Kumpik et al., 2010; Keating et al., 2016).

### 173 Statistical Analyses

To provide an overall measure of performance, we calculated the average magnitude of errors made by each participant across trials. These values were calculated separately for different hearing conditions (normal or earplug), background noise conditions (quiet or background noise), sound levels and stimulus types (broadband or narrowband). The statistical significance of these fixed effects was then assessed using mixed-effects ANOVAs, with subject as a random effect, followed by appropriate post-hoc tests corrected for multiplecomparisons.

181 To facilitate comparison with previous work (Kumpik et al., 2010; Keating et al., 182 2016), and to help understand the reasons for subjects' errors, we also performed linear 183 regression to calculate subjects' bias values as well as the slope of the relationship between 184 stimulus and response. Perfect performance on our task produces a bias of 0 and a slope of 1, 185 with deviations from these values reflecting errors in sound localization. Following previous 186 work (Kumpik et al., 2010), we restricted this analysis to stimulus locations  $\leq 30^{\circ}$  from the 187 midline. As above, these measures were calculated separately for different hearing 188 conditions, background noise conditions, sound levels and stimulus types; significance was 189 then assessed using mixed-effects ANOVAs and post-hoc tests corrected for multiple 190 comparisons.

191 To test the predictions of the hemispheric model (see below), we calculated the mean 192 response for each stimulus location in quiet and assessed how it changes in the presence of 193 background noise. Since this requires separate measures for each stimulus location, data were 194 pooled across sound level. For normal hearing conditions, we found that our data were 195 symmetric around the midline (i.e. data for the left and right sides of space were opposite in 196 sign but were otherwise very similar). To test this symmetry directly, our statistical model 197 therefore included hemifield (left or right side of space), eccentricity (distance from the 198 midline), and stimulus type (narrowband or broadband) as factors; our dependent variable 199 was the extent to which sounds are pushed away from the midline. The significance of these 200 fixed effects was then assessed using mixed-effects ANOVAs with subject as a random 201 factor, followed by post-hoc tests corrected for multiple comparisons. Data for normal 202 hearing and plugged conditions were analysed separately. All statistical analyses were 203 conducted in Matlab.

### 204 Hemispheric Model

We implemented a simple and popular model of sound localization (McAlpine et al., 2001; Keating et al., 2015) and applied it to previously published neurophysiological data (Furukawa and Middlebrooks, 2001). Full details of how these neurophysiological data were collected have been described previously by the authors. Briefly, neuronal responses were recorded in anaesthetized cat A2 (right hemisphere). Target sounds were presented at different locations (-160 to 160 in increments of 40) either in the presence or absence of

continuous background noise presented at 35 dB SPL. Target intensity was varied by up to 40
dB. Although the location of the background noise varied (-80° to 80° in increments of 40°),
it was always presented from a single location at any given time. Targets and background
noise were both broadband with flat spectra (0.5-30kHz).

215 The authors report the percentage of active neurons for various spatial configurations 216 of target and masker (Furukawa and Middlebrooks, 2001)(Fig. 3), which provides a measure 217 of the population response. We therefore fit Gaussians to these data to generate population 218 tuning curves for different background noise conditions (quiet, or background noise presented at 0°, 40° and 80° away from the midline), and assume symmetric responses for the left 219 220 hemisphere. We then used these population tuning curves to simulate behavioral data for 221 different background noise conditions. On each simulated trial, we generated left- and right-222 hemisphere responses for a sound presented at a specific location. This was done by 223 identifying the appropriate neural responses from the population tuning curves, and adding a 224 random term, drawn from a Gaussian distribution, to simulate neural noise. The variance of 225 this Gaussian distribution was chosen so that the overall performance of the model (mean 226 error magnitude) matched that of human participants (either for broadband or narrowband 227 stimuli, although this produced no appreciable difference in the predicted pushing effects). To 228 simulate different background noise conditions, neural responses were generated using the 229 population tuning curves appropriate to each condition.

On each simulated trial, we calculated the difference in response between the two hemispheres. To decode this hemispheric difference, the model then identified the target location that produced the most similar hemispheric difference under quiet conditions. This was then used to generate the behavioral output of the model. When background noise was absent, this led to accurate performance. However, when background noise was present, neural responses were often decoded incorrectly, which led the model to make systematic errors in sound localization.

To better understand the link between changes in population tuning curves and changes in model output, we also ran the model above using population tuning curves that were manipulated in specific ways (i.e. tuning width was sharpened or responses were reduced). In such cases, we started with population tuning curves that were Gaussian fits to real neurophysiological data obtained in the absence of background noise (Furukawa and

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### 242 Middlebrooks, 2001). We then changed the standard deviations of these Gaussians (to

sharpen tuning) or multiplied the Gaussians by a scale factor (to reduce responses).

244 Code Accessibility

All relevant code is available on request from the corresponding author.

246

247 **Results** 

# Background noise reduces sound localization errors following simulated unilateral hearing loss

250 We began by measuring the impact of background noise on sound localization under normal 251 hearing conditions, focusing on the role of binaural spatial cues (Interaural Time Differences: 252 ITDs; Interaural Level Differences: ILDs). To do this, we used narrowband target sounds, 253 which prevent subjects from using monaural spectral cues to sound location. Target sounds 254 were presented at various locations in the front hemifield, either in quiet or in the presence of 255 continuous broadband noise located directly in front of the listener (Fig. 1A). This was done 256 to facilitate comparison with previous work (Furukawa and Middlebrooks, 2001). Targets 257 also varied in frequency and intensity (corresponding to different signal-to-noise ratios 258 (SNRs) in the background noise condition; all SNRs  $\geq 0$ ), but the effects of background noise 259 were very similar in each case and so are plotted together (no significant interactions between 260 frequency/intensity and noise condition, mixed-effects ANOVA, p > 0.05).

261 With normal hearing, subjects performed this task well in a quiet environment, 262 making relatively small errors (Fig. 1B,C). Performance was worse, however, in the presence 263 of background noise, with subjects making larger errors (p < 0.05, post-hoc test; Fig. 1B,D). 264 We then asked whether individuals are more vulnerable to background noise if they 265 experience a hearing loss in one ear. To do this, we simulated a partial unilateral hearing loss 266 by requiring the same subjects to wear an earplug in one ear. This delays and attenuates the 267 input to the plugged ear (Kumpik et al., 2010; Keating et al., 2016), which alters the two 268 primary sound localization cues (ITDs and ILDs). When subjects wore an earplug, sound 269 localization was considerably impaired relative to normal hearing conditions, irrespective of whether the background noise was off (p<0.05, post-hoc test; Fig. 1B,E) or on (p<0.05, post-270 271 hoc test; Fig. 1B,F).

272 However, when subjects wore an earplug, the effect of background noise was opposite 273 to that observed with normal hearing (significant interaction between background noise and hearing loss conditions; mixed effects ANOVA,  $F_{(1.576)} = 45.1$ , P < 0.001; Fig. 1B). 274 Surprisingly, we found that background noise improved sound localization when subjects 275 276 wore an earplug (p<0.05, post-hoc test; Fig. 1B). This result was not limited to a specific 277 target frequency, with similar results observed if we conducted separate analyses for low-278 frequency targets (< 1.5 kHz; where ITDs are the primary cue to sound location) or high-279 frequency targets (> 1.5 kHz; where ILDs are the primary cue to sound location). In each 280 case, background noise improved sound localization following simulated unilateral hearing 281 loss (post-hoc tests, p < 0.05; significant interactions between background noise and hearing 282 loss conditions; mixed effects ANOVAs, Low Frequency Targets:  $F_{(1,144)} = 5.8$ , P = 0.018; 283 High Frequency Targets:  $F_{(1,464)} = 42.5$ , P < 0.001).

# Background noise improves performance by reducing bias and increasing perceptual discriminability

286 Previous studies have shown that an earplug impairs sound localization because sounds are 287 mislocalized toward the side of the open ear (i.e. subjects are biased) (Kumpik et al., 2010; 288 Keating et al., 2016). This occurs because the earplug changes ITDs and ILDs in ways that 289 favor the side of the open ear. Localization is also impaired because subjects are less able to 290 discriminate between sounds presented at different locations, which flattens the relationship 291 between stimulus and response (slope of the stimulus-response relationship becomes closer to 292 0) (Kumpik et al., 2010; Keating et al., 2016). To better understand our results in light of 293 previous work, we therefore used linear regression to estimate bias and slope values for 294 different conditions. To facilitate comparison with previous work (Kumpik et al., 2010), we restricted this analysis to stimulus locations  $< 45^{\circ}$  from the midline (Fig. 1C-F, red lines; see 295 296 Methods).

Under normal hearing conditions, subjects showed very little bias, with similar bias values observed in the presence and absence of background noise (p > 0.05, post-hoc test, Fig. 1C,D,G). Although an earplug produced a large bias toward the side of the open ear (bias values > 0; p < 0.05, post-hoc tests; Fig. 1E,G), the magnitude of this bias was reduced in the presence of background noise (p < 0.05, post-hoc test; significant interaction between background noise and hearing loss conditions; mixed effects ANOVA,  $F_{(1,576)} = 18.5$ , P < 0.001; Fig. 1F,G). In other words, background noise reduced subjects' tendency to mislocalize sounds toward the side of the open ear following simulated unilateral hearingloss.

306 If subjects were to perform our task perfectly, the slope of the relationship between 307 stimulus and response would be equal to 1, with deviations above or below this value 308 reflecting errors in sound localization. When locating narrowband sounds in a quiet 309 environment, normal hearing subjects showed slope values very close to 1 (Fig. 1C,H). 310 However, in the presence of background noise, slope values increased (p < 0.05, post-hoc 311 test; Fig. 1D,H). This occurs because the perceived locations of target sounds are pushed 312 away from the location of the background noise (i.e. the midline). For example, when a target 313 sound is presented at  $30^\circ$ , it tends to be perceived further to the right (~50°; Fig. 1D), with 314 symmetric errors observed on the left hand side. This means that background noise increases 315 sound localization errors under normal hearing conditions.

316 Conversely, when subjects wore an earplug, slope values were < 1 when locating 317 sounds in a quiet environment, and were considerably lower than the slope values observed 318 with normal hearing (p < 0.05, post-hoc test; Fig. 1C,E,H). This is because subjects are less 319 able to distinguish between sounds presented at different locations. However, in the presence 320 of background noise, slope values increased (p < 0.05, post-hoc test; Fig. 1F,H) and became 321 very close to 1. This means that background noise increased slope values similarly for both 322 normal hearing and earplug conditions (no significant interaction between background noise 323 and earplug conditions, mixed effects ANOVA,  $F_{(1.576)} = 2.8$ , P = 0.092; Fig. 1H). However, 324 whilst this increase moved slope values away from 1 under normal hearing conditions (post-325 hoc test, p < 0.05), it moved slope values closer to 1 when subjects were wearing an earplug 326 (post-hoc test, p < 0.05). Consequently, background noise improves narrowband sound 327 localization following simulated unilateral hearing loss by both reducing bias and returning 328 slope values closer to their optimal value (i.e. 1). In this way, background noise partly 329 reverses the two main effects of simulated unilateral hearing loss.

## **Broadband sound localization is more robust to the effects of background noise**

331 Since we presented our background noise directly in front of the listener, a simple 332 explanation for a reduction in bias is that the background noise acts as a reference point that 333 informs subjects where the midline is. When wearing an earplug, subjects could therefore use 334 the perceived location of the background noise to estimate how biased they are and shift their 335 localization responses to compensate (note that this could be a useful strategy in everyday

life, not only in our task). However, if this were the case, bias would be shifted by the same amount for all target sounds, including those with broadband spectra. To test this, we therefore investigated the effect of background noise on sound localization using broadband targets.

340 Contrary to this hypothesis, we found that background noise changed bias values (and 341 overall errors) in a stimulus-specific way (i.e. data obtained using broadband targets differed 342 from that obtained using narrowband targets; significant 3-way interactions between 343 background noise, hearing loss and stimulus conditions; mixed-effects ANOVAs; bias 344 values:  $F_{(1.928)} = 10.9$ , P = 0.001; overall errors:  $F_{(1.928)} = 23.6$ , P < 0.001). In particular, when 345 subjects located broadband sounds, background noise had no effect on bias values or overall 346 errors (p > 0.05 for both normal-hearing and hearing loss conditions, post-hoc tests; Fig. 2A-F). For broadband targets, the effects of background noise were therefore both less 347 348 detrimental (normal hearing) and less beneficial (plugged hearing) than those observed for 349 narrowband targets. This means that broadband sound localization is relatively robust to the 350 effects of background noise. It also suggests that our subjects are not simply using the 351 background noise as a reference point and therefore requires an alternative explanation.

# 352 Background noise produces pushing effects in the hemispheric model of sound 353 localization

354 We next considered previous work that investigated the spatial tuning of auditory neurons 355 (cat A2) for normal hearing conditions whilst continuous broadband noise was presented 356 directly in front of the listener (Furukawa and Middlebrooks, 2001). One key result from this 357 work is that background noise suppresses neuronal responses in a location-specific way. In 358 particular, when sounds are presented in a quiet background, neurons in cat auditory cortex 359 tend to be broadly tuned to sounds presented on the contralateral side of space. This is 360 reflected in the population response for each hemisphere (Fig. 3A; see Methods). However, 361 when continuous background noise is presented at the midline, the population responses to 362 target sounds become more tightly tuned to spatial location (Fig. 3A). Sharper tuning is a 363 robust effect of continuous background noise, and is also observed for single neurons in both 364 A1 (Brugge et al., 1998; Wood et al., 2018) and A2 (Furukawa and Middlebrooks, 2001). In 365 addition, it has been suggested that these effects may partly reflect corresponding changes in 366 the responses of inferior colliculus (IC) neurons (Mokri et al., 2015).

367 To assess how sharper spatial tuning might influence behavior, we implemented a 368 popular and simple model of sound localization (McAlpine et al., 2001; Grothe et al., 2010; 369 Keating et al., 2015). According to this model (the hemispheric model), sound location is 370 represented by the difference in mean activity between the two hemispheres (hemispheric 371 difference). We therefore calculated hemispheric differences in activity for different 372 background noise conditions (quiet background or continuous background noise presented at 373 the midline; Fig. 3B), using Gaussian fits to previously published neurophysiological data 374 (Fig. 3A; see Methods) (Furukawa and Middlebrooks, 2001).

375 For target sounds presented in the front hemifield background noise exaggerated 376 differences in activity between left and right auditory cortex, particularly for locations  $\sim 45^{\circ}$ 377 from the midline (Fig. 3B). For example, when a target sound was presented 15 degrees to 378 the right in the presence of background noise, it produced the same population response (i.e. 379 difference in activity between two hemispheres) as a target sound presented further to the 380 right in the absence of background noise. Symmetric effects were observed for sounds 381 located on the left. In the model, background noise is therefore expected to push target 382 sounds away from the midline (i.e. the location of the background noise) relative to quiet 383 conditions.

384 To illustrate this, we simulated neural responses for quiet and noisy conditions using 385 the hemispheric responses in Fig. 3A. Trial-to-trial variability was simulated by adding a 386 random term to the neural responses on each trial (constrained to match the overall errors 387 observed for our behavioral data). These neural responses were then decoded by the model 388 (see Methods). When we simulated quiet conditions, the model performed well (Fig. 3C). 389 However, when we simulated noisy conditions, the 'perceived' (i.e. decoded) locations of 390 target sounds were pushed away from the midline (Fig. 3D). This increased the slope of the 391 relationship between stimulus and response (Fig. 3D, red line), but had no effect on overall 392 bias. This is broadly consistent with what we observed in our behavioral data for narrowband 393 sounds under normal hearing conditions.

# **Pushing effects depend on spatial separation between target and background noise**

In the model, we next tested the effect of background noise for each target location. To do this, we calculated the mean response for each target location and assessed how much it changed in the presence of background noise (Fig. 3E). In the model, pushing effects were symmetric around the midline (i.e. in each hemifield, target sounds were pushed away from the midline). The greatest pushing effect also occurred for intermediate separations between target and background noise ( $\pm 30$  deg), and declined for greater separations. To test these predictions, we therefore reanalysed our normal-hearing behavioral data to estimate the degree of pushing observed for targets presented at different locations.

403 In our behavioral data, we found that the pushing effect is also symmetric around the 404 midline (no significant main effect or interaction effects of hemifield; mixed-effects 405 ANOVA, p > 0.05; Fig. 3F). We additionally found that the pushing effect is greatest for 406 intermediate separations between target and background noise (30 deg for narrowband 407 sounds, 60 deg for broadband sounds), and declines for greater separations. However, 408 narrowband targets showed greater pushing effects than broadband targets, particularly close 409 to the midline (significant differences between narrowband and broadband data at 15° and 410  $30^{\circ}$ ; post-hoc tests, p < 0.05). The pushing effect for narrowband targets was also more 411 sensitive to the separation between target location and background noise (relative to 412 broadband targets; significant interaction between stimulus type and target eccentricity; 413 mixed-effects ANOVA,  $F_{(3,152)} = 2.7$ , P = 0.048).

## 414 Sharper spatial tuning produces pushing effects that vary with target location

In the neurophysiological data, background noise reduces the magnitude of neural responses 415 416 and sharpens their spatial tuning (Fig. 3A) (Furukawa and Middlebrooks, 2001). To isolate 417 the role of each of these factors, we therefore used the hemispheric model to simulate what 418 happens when we vary each of these factors separately. When we reduced the magnitude of 419 the neural responses, but kept the tuning widths constant (Fig. 4A), the hemispheric 420 differences in activity were reduced. In the hemispheric model, the 'perceived' locations of 421 target sounds were therefore pulled toward the midline (Fig. 4B), which is opposite to what 422 we observed in our behavioral data (Fig. 3F).

423 However, when we sharpened the spatial tuning of the neural responses, but kept their 424 maxima constant (Fig. 4C), the hemispheric model produced pushing effects (Fig. 4D) that 425 are broadly similar to those observed behaviorally (Fig. 3F). As the tuning width becomes 426 sharper, the model predicts an increase in the magnitude of the pushing effect, particularly for 427 targets located close to the midline. Consequently, the model predicts a relationship between 428 the magnitude of the pushing effect and the target location that exhibits the greatest amount 429 of pushing. Interestingly, this relationship parallels the differences we observed in our 430 behavioral data between narrowband and broadband targets (Fig. 3F). This means that the

431 stimulus differences we observed in our behavioral data are consistent with differences in a

432 single parameter (i.e. degree to which spatial tuning is sharpened by background noise).

433 Effects of lateralized background noise in the hemispheric model

434 Previous neurophysiological studies have not investigated the effects of background noise following unilateral hearing loss. However, researchers have shown changes in the spatial 435 436 tuning of neurons if they are exposed to background noise presented away from the midline 437 (Fig. 5A) (Furukawa and Middlebrooks, 2001). In such circumstances, the background noise 438 produces binaural spatial cues (ITDs and ILDs) that favor one side of space. Under these 439 conditions, the balance of neural activity between the two hemispheres in response to target 440 sounds is altered. For example, when background noise is presented  $40^{\circ}$  to the right of the 441 midline, a target located in front of the listener produces a hemispheric difference equivalent 442 to that produced by a target on the left in a quiet environment (Fig. 5B). In the model, the 443 'perceived' location of target sounds is therefore pushed away from the side of the 444 background noise. Similar changes in the hemispheric difference are observed if background 445 noise is presented further from the midline (80°; Fig. 5B,C).

446 Interestingly, when background noise is presented on one side of space, the 447 population response in each hemisphere is affected in a different way. For example, in the 448 hemisphere ipsilateral to the background noise, spatial tuning is primarily sharpened by 449 background noise whilst the peak response remains relatively unchanged (Fig. 5A,C). 450 Conversely, in the hemisphere contralateral to the background noise, the peak response is 451 considerably reduced by background noise whilst the tuning curve width remains less 452 affected (Fig. 5A,C). To illustrate the role played by each hemisphere in the hemispheric 453 model, we therefore considered what would happen to the hemispheric difference if 454 background noise affected only a single hemisphere (i.e. we calculated the hemispheric 455 difference using spatial tuning curves obtained in the presence of noise for one hemisphere, 456 and in quiet for the other hemisphere). If we simulate the effects of background noise solely 457 for the hemisphere contralateral to the background noise, the hemispheric difference shifts toward more negative values (blue, Fig. 5D). This is consistent with target sounds being 458 459 pushed away from the side of the background noise. By contrast, if we simulate the effects of 460 background noise solely for the hemisphere ipsilateral to the background noise, the 461 hemispheric difference shifts toward more positive values (yellow, Fig. 5D). This is 462 consistent with target sounds being pulled toward the side of the background noise. When the hemispheric difference is computed, the effects of lateralized background noise in eachhemisphere therefore oppose one another and partly cancel.

## 465 Background noise produces greater pushing effects on the side of the earplug

466 If subjects wear an earplug, background noise presented at the midline produces binaural spatial cues that favour the side of the open ear(Eric Lupo et al., 2011; Keating et al., 2016). 467 468 Consequently, subjects perceive the background noise on the side of the open ear (all subjects 469 reported this, but it is also evident in their responses to identical stimuli of short duration; Fig. 470 2 E). In light of the modelling results above, we might expect background noise to push target 471 sounds away from the side of the open ear, which is the side on which the background noise 472 is perceived. For narrowband sounds, this is precisely what we found (Fig. 1G). However, we 473 wanted to know whether this pushing effect varies with target location. We therefore 474 reanalysed our behavioral data for subjects wearing an earplug.

475 In particular, we calculated the mean behavioral response for each target location and 476 assessed how much it changed in the presence of background noise (Fig. 5E). Although 477 background noise pushed narrowband targets away from the side of the open ear (change in 478 response < 0), this pushing effect was greater on the side opposite the open ear (significant 479 effect of hemifield, post-hoc test, p < 0.05). However, very different effects of background 480 noise were observed for broadband targets (significant interaction between stimulus type and hemifield, mixed-effects ANOVA,  $F_{(1,144)} = 41.8$ , p < 0.001), particularly on the side opposite 481 482 the open ear (significant effect of stimulus type on that side; post-hoc test, p < 0.05; Fig. 5E). 483 This is primarily because background noise had very little effect on broadband localization.

484

# 485 **Discussion**

486 Many auditory abilities are impaired in the presence of background noise, particularly in 487 individuals who suffer from hearing loss (Moore, 1996; Lorenzi et al., 1999a; Bronkhorst, 488 2000; Lorenzi et al., 2006; Helfer and Freyman, 2008; Akeroyd, 2014). Surprisingly, 489 however, we found that background noise improved narrowband sound localization when 490 subjects experienced a simulated hearing loss in one ear. By contrast, localization of 491 broadband sounds was more robust, and was less affected by either simulated hearing loss or 492 background noise. A simple neurophysiological model also provided insight into how the 493 behavioral effects of background noise might arise.

### 494 Background Noise Distorts Sound Localization Under Normal Hearing Conditions

495 Under normal hearing conditions, sound localization was relatively unaffected by background 496 noise, with errors only increasing for narrowband targets. However, we ensured that target 497 sounds were clearly audible by using signal-to-noise ratios (SNRs)  $\geq 0$ . Previous work 498 suggests that background sounds impair sound localization by reducing target audibility 499 (Good and Gilkey, 1996; Abouchacra et al., 1998; Lorenzi et al., 1999a, b; Brungart et al., 500 2005; Kopco et al., 2010; Kerber and Seeber, 2012; Lingner et al., 2012; Wood and Bizley, 501 2015). Greater effects of background noise may therefore occur at more adverse SNRs. 502 Nevertheless, we found that the perceived location of targets was pushed away from the 503 location of the background noise. Although previous studies have observed 'pulling' effects 504 between sounds that are grouped together (Lee et al., 2009), our target sounds were clearly 505 distinct from the background noise, which tends to produce 'pushing' effects (Suzuki et al., 506 1993; Canevet and Meunier, 1996; Getzmann, 2002; Best et al., 2005; Reed and van de Par, 507 2015). We also found greater pushing effects for narrowband targets, which indicates that the 508 pushing effect is a feature of binaural spatial processing. Previous studies have shown that the 509 pushing effect increases with spatial separation between target and background noise (Best et 510 al., 2005). However, because we tested a wider range of spatial separations, we found that the 511 pushing effect declines for even greater spatial separations. By using broadband and 512 narrowband targets, we also found that the effect of spatial separation is stimulus-specific.

513 To explain the behavioral effects of background noise, previous models have relied 514 upon a neural map of space with an array of neurons (or 'spatial channels') tuned to different 515 locations (Suzuki et al., 1993; Best et al., 2005). In these models, sound location is 516 represented by the neurons (channels) that fire most, and competing sounds repel one another 517 because of competitive interactions between neurons tuned to adjacent locations in space. 518 These models therefore predict greater pushing effects for targets that are closer to the 519 background noise, which is not observed behaviorally (Best et al., 2005). A second difficulty 520 for these models is that neurophysiological studies in mammals are inconsistent with an array 521 of neurons tuned to different spatial locations. Instead, neurons within a single hemisphere 522 tend to be broadly tuned to sounds presented in the contralateral hemifield(Brugge et al., 523 1998; Furukawa and Middlebrooks, 2001; McAlpine et al., 2001; Grothe et al., 2010; Mokri 524 et al., 2015). This has led to the suggestion that sound location is represented by the 525 difference in activity between the two hemispheres (hemispheric model) (McAlpine et al., 526 2001; Grothe et al., 2010). When applied to data recorded from cat A2 (Furukawa and

Middlebrooks, 2001), the hemispheric model captured key features of our behavioral data.
This includes a predicted relationship between the magnitude of the pushing effect and the
target location that exhibits the greatest amount of pushing. In the model, these effects occur
because background noise sharpens spatial tuning, which has been observed in a number of
different studies (Brugge et al., 1998; Furukawa and Middlebrooks, 2001; Mokri et al., 2015;
Wood et al., 2018).

533 Nevertheless, the greater robustness of broadband sound localization (relative to 534 narrowband) suggests that the brain may do more than simply average the activity of neurons 535 tuned to different frequencies (Day and Delgutte, 2013; Goodman et al., 2013). If this is the 536 case, then the effects of background noise may be smaller in neurons that integrate 537 information across frequency. One implication of this is that spatial representations may 538 become more robust at higher levels of the auditory system, where frequency tuning tends to 539 be broader. Greater robustness may also be achieved by taking into account differences in the 540 spatial selectivity of individual neurons (Stecker et al., 2005; Keating et al., 2015), or by 541 relying on a sub-population of noise-robust neurons (Mokri et al., 2015). However, our 542 results suggest that the effects of background noise are not entirely eliminated, even when 543 target sounds are clearly audible.

### 544 Beneficial Effects of Background Noise Following Simulated Unilateral Hearing Loss

545 Consistent with previous studies, we found that sound localization was impaired when 546 subjects experienced a hearing loss in one ear (Slattery and Middlebrooks, 1994; Wightman 547 and Kistler, 1997; Hawley et al., 1999; Van Wanrooij and Van Opstal, 2004, 2007; Kumpik 548 et al., 2010; Irving and Moore, 2011; Strelnikov et al., 2011; Rothpletz et al., 2012; Agterberg 549 et al., 2014; Keating et al., 2016; Parisa et al., 2017; Asp et al., 2018; Nelson et al., 2018). 550 This disruption of sound localization was greater for narrowband sounds (relative to 551 broadband), which suggests that the effects of unilateral hearing loss may be mitigated by 552 combining information across frequency. Previous work has shown that subjects rely more on 553 the spectral cues provided to the intact ear following unilateral hearing loss (Van Wanrooij 554 and Van Opstal, 2004, 2007; Kumpik et al., 2010; Keating et al., 2013; Keating et al., 2016). 555 However, these spectral cues are unavailable if narrowband sounds are used, which would 556 explain worse localization performance for these stimuli. Nevertheless, when subjects wore 557 an earplug, they were still able to locate narrowband sounds, albeit less well. Since this requires subjects to compare the input to the two ears, it indicates that subjects used the 558

residual input to the occluded ear. We would therefore expect greater disruption of sound
localization following more severe forms of unilateral hearing loss (Wightman and Kistler,
1997; Van Wanrooij and Van Opstal, 2004; Agterberg et al., 2014; Firszt et al., 2015; Asp et
al., 2018).

563 Although many auditory abilities are impaired by background noise following hearing 564 loss (Moore, 1996; Lorenzi et al., 1999a; Bronkhorst, 2000; Lorenzi et al., 2006; Helfer and 565 Freyman, 2008; Akeroyd, 2014), we found that background noise improved narrowband 566 sound localization following simulated unilateral hearing loss. Since similar results were 567 observed for both low- and high-frequency targets, which respectively rely on ITDs and ILDs 568 (Middlebrooks and Green, 1991), this beneficial effect appears to be a general feature of 569 binaural processing. However, background noise had much less effect on broadband targets. 570 This is consistent with our normal-hearing data, which means that broadband sound 571 localization is more immune to both the negative (normal hearing) and positive (plugged 572 hearing) effects of background noise. Although we investigated what happens when targets 573 and background noise overlap in time, auditory spatial processing can adapt to sounds that 574 precede a target sound but do not overlap (Dahmen et al., 2010; Maier et al., 2012; Stange et 575 al., 2013; Phillips, 2014; Kopco et al., 2017; Tolnai et al., 2017; Ferger et al., 2018). 576 However, previous work has shown that adaptation cannot fully explain the effects of 577 concurrent background noise on sound localization (Best et al., 2005), which points toward 578 additional mechanisms. Similarly, whilst background noise can improve the audibility of sub-579 threshold sounds via stochastic resonance (Zeng et al., 2000; Itzcovich et al., 2017), we saw 580 similar results across a wide range of SNRs, which argues against this.

581 To understand the beneficial effects of background noise at a neurophysiological 582 level, new studies will be necessary. However, previous work has shown that simulated 583 unilateral hearing loss changes the balance of target responses between the two hemispheres 584 (Keating et al., 2015). When background noise (or preceding sounds) are presented on one 585 side of space, they also alter the balance of target responses between the two hemispheres 586 (Furukawa and Middlebrooks, 2001; Dahmen et al., 2010). Additionally, when subjects wore 587 an earplug, the background noise produced binaural cues that favored the side of the open ear 588 (and was perceived on that side). Consequently, a key hypothesis for future work is that 589 background noise helps rebalance activity between the two hemispheres following unilateral 590 hearing loss (Fig. 5F). When subjects wear an earplug for prolonged periods of everyday life, 591 they show no adaptation to the abnormal binaural cues when tested in quiet environments (Kumpik et al., 2010). This is surprising because subjects can learn to do this if given appropriate training (Keating et al., 2016). However, our results show that subjects rapidly reinterpret abnormal binaural cues in the presence of background noise. If subjects rely on this to maintain accurate sound localization following earplugging, they might not show binaural adaptation in quiet environments. Consequently, whilst the enormous diversity of environmental sounds may affect perception and adaptation in different ways, our results suggest that background noise may be part of the solution as well as the problem.

599

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# 743 Figure legends

744 Figure 1. Behavioral effects of background noise on narrowband sound localization. A 745 Schematic of speaker array used to test sound localization. On each trial, a target sound was 746 presented from one of the loudspeakers shown. Subjects sat at the centre of the array and 747 used a graphical user interface to indicate their response. To create a noisy background, 748 broadband noise was presented continuously at the midline  $(0^\circ, \text{ black})$ . **B** Magnitude of sound 749 localization errors (black: mean  $\pm$  SEM; gray: individual subject data) are plotted for 750 different experimental conditions. Subjects located sounds with normal hearing or with an 751 earplug in one ear, and with background noise turned either off (Q: quiet) or on (N: noisy). C 752 Localization data for normal hearing condition with background noise off. Joint distribution 753 of stimulus and response is shown averaged across all subjects. Circle size is proportional to 754 the number of trials corresponding to each unique combination of stimulus and response. 755 Results of linear regression (restricted to stimulus locations  $\pm 30^{\circ}$  away from the midline) are

756 shown for actual data (red) and perfect performance (gray). Mean error magnitude is 757 displayed above main plot. **D-F** Identical to (C) but showing localization data for normal 758 hearing condition with background noise on (D), earplug condition with background noise off 759 (E), or earplug condition with background noise on (F). G Identical to (B) but showing 760 subjects' bias values. Positive values indicate a tendency to mislocalize sounds toward the 761 side of the ear that did not receive an earplug. H Identical to (B) but showing slopes of linear 762 regression lines fit to localization data. Perfect performance on task is associated with a slope 763 of 1 (dashed line); values above or below this reflect errors.

764 Figure 2. Behavioral effects of background noise on broadband sound localization. A 765 Localization data for normal hearing condition with background noise off. Joint distribution 766 of stimulus and response is shown averaged across all subjects. Circle size is proportional to 767 the number of trials corresponding to each unique combination of stimulus and response. 768 Results of linear regression (restricted to stimulus locations  $\pm 30^{\circ}$  away from the midline) are 769 shown for actual data (red) and perfect performance (gray). Mean error magnitude is 770 displayed above main plot. B-D Identical to (A) but showing localization data for normal 771 hearing condition with background noise on (B), earplug condition with background noise off 772 (C), or earplug condition with background noise on (D). **E** Bias values (black: mean  $\pm$  SEM; 773 gray: individual subject data) are plotted for different experimental conditions. Positive 774 values indicate a tendency to mislocalize sounds toward the side of the ear that did not 775 receive an earplug. Subjects located sounds with normal hearing or with an earplug in one 776 ear, and with background noise turned either off (Q: quiet) or on (N: noisy). F Identical to (E) 777 but showing average magnitude of errors made by subjects for different conditions.

778 Figure 3. Effect of background noise under normal hearing conditions in the hemispheric 779 model of sound localization. A Neural responses to target sounds for left and right auditory 780 cortex either in the presence or absence of continuous background noise located at the 781 midline (0°; arrow). Stimulus locations on the right are represented by positive values. 782 Markers indicate data obtained in cat A2 by Furukawa and Middlebrooks (2001; see also 783 Methods). Lines show Gaussian fits to their data; responses for the left hemisphere are 784 mirrored versions of right-hemisphere responses. **B** Difference in neural response between 785 the left and right hemispheres plotted as a function of target location, calculated using the 786 Gaussian fits in (A). Positive hemispheric differences indicate a greater response in the left 787 hemisphere. Data are shown for conditions in which the background noise was either absent 788 (gray) or present (black). In general, background noise located directly in front exaggerates 789 hemispheric differences in activity, albeit in a location-specific way. C,DSound localization 790 data simulated using the hemispheric differences in (B), either with the background noise off 791 (C) or on (D). For each of these conditions, the joint distribution of stimulus and response is 792 shown. Circle size is proportional to the number of trials corresponding to each unique 793 combination of stimulus and response. Results of linear regression (restricted to stimulus 794 locations  $\pm 30^{\circ}$  away from the midline) are shown for actual data (red) and perfect 795 performance (gray). Overall errors are constrained to match human behavioral data for 796 narrowband targets. E Change in response produced by background noise plotted for each 797 target location. Positive changes in response indicate that background noise shifts responses 798 toward the right; negative changes in response indicate shifts toward the left. Positive target 799 locations are on the right. Data show that target sounds are pushed away from the location of 800 the background noise (midline; arrow). Data are shown for simulations that match overall 801 errors to human behavioral data obtained using narrowband targets (black; computed from 802 data in panels C and D) or broadband targets (red). F Identical to (E) except data have been 803 calculated using subjects' behavioral responses. Data are shown for narrowband targets 804 (black; see also Fig. 1C,D) and broadband targets (red; see also Fig. 2A,B). Asterisks indicate 805 significant differences between narrowband and broadband data (mixed-effects ANOVA, 806 post-hoc tests, p < 0.05). Pale lines show data for individual subjects; dashed lines show data 807 averaged across subjects. Continuous dark lines show data (mean  $\pm$  SEM) averaged across 808 subjects and hemifields. Close correspondence between continuous and dashed lines indicate 809 that data are symmetric around the midline.

810 Figure 4. Dissociable effects of sharper tuning and reduced responsiveness in the 811 hemispheric model. A Population responses for left hemisphere plotted as a function of 812 stimulus location. Positive stimulus values correspond to locations on the right. Lightest gray 813 shows Gaussian fit to real neural responses obtained in quiet (identical to Fig. 3A). These 814 responses can be reduced artificially using a scaling factor that keeps the tuning width 815 constant. Progressively greater reductions in neural response correspond to progressively 816 darker shades. For clarity, data are shown for right hemisphere only; left-hemisphere data are 817 symmetric around the midline. B Reducing neural responses produces changes in the 818 behavioral output of the hemispheric model. Changes in model output (relative to baseline) 819 are plotted as a function of stimulus location. Positive target locations are on the right. 820 Positive changes indicate that the model 'perceives' (i.e. decodes) target sounds further to the 821 right (relative to baseline). Overall, reducing neural responses pulls the 'perceived' location 822 of target sounds toward the midline, particularly for peripheral sounds. C Identical to (A) 823 except the tuning of neural responses has been progressively sharpened whilst keeping the 824 maximum neural response constant. Darker shades correspond to sharper tuning curves. D 825 Identical to (B) but showing the impact of sharper tuning on model output. Overall, sharper 826 neural tuning (darker shades) pushes the 'perceived' location of sounds away from the 827 midline, particularly for target sounds that are located intermediate distances from the 828 midline (for comparison, see also Fig. 3 E,F). As tuning width is progressively sharpened, the 829 target location associated with the greatest change in response shifts toward the midline 830 (arrows).

831 Figure 5. Effects of lateralized background noise. A Neural responses to target sounds in the 832 presence or absence of continuous background noise to the right of the midline  $(40^{\circ}; \text{ arrow})$ . 833 Data are shown for the left hemisphere (contralateral to background noise) and right 834 hemisphere (ipsilateral to background noise). Stimulus locations on the right are represented 835 by positive values. Markers indicate data obtained from cat A2 by Furukawa and 836 Middlebrooks (2001). Lines show Gaussian fits to their data; responses for the left 837 hemisphere are mirrored versions of right-hemisphere responses. **B** Difference in neural 838 response between the left and right hemispheres plotted as a function of target location, 839 calculated using the Gaussian fits in (A). Positive hemispheric differences indicate a greater 840 response in the left hemisphere. Data are shown for conditions in which the background noise 841 was absent (gray), presented  $40^{\circ}$  to the right (continuous black), or  $80^{\circ}$  to the right (dashed). 842 C Identical to (A) but showing data for background noise located  $80^{\circ}$  to the right of the 843 midline. **D** Identical to (B), but shows what happens if we simulate the impact of background 844 noise for the right hemisphere only (yellow; hemisphere ipsilateral to the background noise) 845 or left hemisphere only (blue; contralateral to the background noise). Data are shown for 846 background noise located  $40^{\circ}$  (continuous coloured lines) or  $80^{\circ}$  (dashed lines) to the right of 847 the midline, as well as for the quiet condition (gray). Effects of background noise in the two 848 hemispheres oppose one another (shift in opposite directions relative to gray line) and partly 849 cancel each other out when the hemispheric difference is computed. E Behavioral effects of 850 background noise following simulated unilateral hearing loss for different target locations. 851 Change in response produced by background noise is plotted for each stimulus location. 852 Negative stimulus locations are on the side of the plugged ear. Negative changes in response 853 indicate that background noise shifts responses toward the side of the plugged ear; positive 854 changes in response indicate shifts toward the side of the unoccluded ear. Data are shown for 855 narrowband (black) and broadband (red) targets. Pale lines show data for individual subjects. 856 Continuous dark lines show data (mean  $\pm$  SEM) averaged across subjects. F Hypothesis to 857 explain beneficial effects of background noise following simulated unilateral hearing loss. (1) 858 when a simulated unilateral hearing loss (simUHL) is induced in the left ear, responses to 859 target sounds are reduced in the right hemisphere (middle; Keating et al., 2015), which alters 860 the balance of activity between the two hemispheres (bottom). Background noise presented at 861 the midline (filled black circle, top) is also perceived on the right (dashed circle) because it 862 produces binaural cues that favor that side. (2) When background noise is presented on the 863 right (filled black circle, top), responses to target sounds are reduced in the left hemisphere 864 (middle; Furukawa and Middlebrooks, 2001), which alters the balance of activity between the 865 two hemispheres (bottom; opposite direction to simUHL). Background noise may therefore 866 help rebalance activity between the two hemispheres following simUHL.

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