

1 ***Mycobacterium tuberculosis* infection boosts B cell**
2 **responses to unrelated pathogens**

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22

23 Abstract

24 Antigens from *Mycobacterium tuberculosis* (*M.tb*), have been shown to stimulate human B cell responses
25 to unrelated recall antigens *in vitro*. However, it is not known whether natural *M.tb* infection or
26 whether vaccination with the related species, *Mycobacterium bovis* BCG, has a similar effect. This study
27 investigated the effects of *M.tb* infection and BCG vaccination on B cell responses to heterologous
28 pathogen recall antigens. Antibodies against several bacterial and viral pathogens were quantified by
29 ELISA in 68 uninfected controls, 62 individuals with latent TB infection (LTBI) and 107 active
30 pulmonary TB (APT) cases, and 24 recently BCG-vaccinated adolescents and naive controls.
31 Antibody avidity was investigated using surface plasmon resonance and B cell ELISPOT assays were
32 used to measure plasmablast and memory B cell responses (MBC) in APT cases and healthy donor
33 controls. APT was associated with higher levels of antibodies to tetanus toxoid (TT), diphtheria
34 toxoid, respiratory syncytial virus, measles virus and Kaposi's sarcoma herpesvirus, compared to
35 uninfected controls. Vaccination with BCG did not alter levels of antibodies against heterologous
36 pathogens. TT-specific antibody avidity was increased in APT and the ratio of TT-specific
37 plasmablasts to MBCs in the APT cases was 7:1. *M.tb* infection boosts serological memory to
38 heterologous pathogens in human subjects and this process may be driven by polyclonal activation
39 of memory B cells.

40 **Key words:** Antibodies; *Mycobacterium tuberculosis*; active pulmonary tuberculosis; latent tuberculosis
41 infection; non-specific responses; avidity; polyclonal activation

42 **Significance**

43 *Mycobacterium tuberculosis* (*M.tb*) has potent immunostimulatory properties and has been used in
44 adjuvant preparations to improve vaccine responses in animals. This study shows that natural *M.tb*
45 infection in humans is associated with increased antibody and B cell recall responses to heterologous
46 pathogens. This data suggests a potential role for *M.tb* antigens in immunotherapies designed to
47 maintain antibody immunity to diverse infections.

48

49 **1.0 Introduction**

50 The *Mycobacterium tuberculosis* complex (MTBC) is made up of several mycobacterial species that cause
51 tuberculosis (TB), a disease that affects millions of people worldwide. There were 10 million cases of
52 TB disease in 2017, 1.6 million deaths, and a quarter of the world's population is estimated to be
53 infected (1). Despite the seriousness of the disease caused by MTBC, some of these pathogens have
54 use as immunotherapies due to their potent immunostimulatory properties. The most important
55 member of the MTBC, *Mycobacterium tuberculosis* (*M.tb*), is well known for its adjuvant properties. It is
56 a constituent of Freund's complete adjuvant and is thought to improve vaccine responses through
57 its stimulatory effect on antigen presenting cells such as dendritic cells and macrophages (2).

58 *Mycobacterium bovis* Bacille Calmette Guerin (BCG) has been used to treat bladder cancer for over 30
59 years (3). The exact mechanism of action has not been fully elucidated, but the common hypothesis
60 is that BCG draws innate immune cells into the bladder and primes them to attack cancer cells (4).

61 Increasing evidence has been put forward supporting a potential role for BCG in the protection of
62 infants from diseases caused by heterologous pathogens. Early studies in Guinea Bissau showed a
63 decrease in deaths from infectious diseases among low birth weight infants who were given BCG
64 vaccine at birth (5,6). These effects are thought to be as a result of improved function of innate
65 immune cells brought about by cellular epigenetic modifications induced by BCG (9). There may
66 also be non-specific effects on the adaptive immune system. Ota *et al.* (7) described higher hepatitis
67 B virus-specific antibody responses in infants who were given BCG in addition to hepatitis B
68 vaccination at birth, compared to those who were only vaccinated with hepatitis B. A more recent
69 study by Ritz and colleagues (8) reported that the level of antibodies elicited by pneumococcal
70 vaccination of infants at two, four and six months of age were higher in those infants who were
71 given BCG at birth compared to those who were not. BCG may therefore improve immune

72 responses to vaccines given at the same time as BCG or those given following BCG vaccination, in a
73 non-specific manner.

74 The studies highlighted above describe the effect of mycobacteria on responses to concurrently
75 administered vaccine antigens or those given after vaccination with mycobacterial preparations.
76 However, studies in the past have shown that purified protein derivative (PPD) from *M.tb* can
77 stimulate secretion of antibodies against measles, rubella and herpes simplex viruses from human
78 peripheral blood mononuclear cells (PBMCs) *in vitro* (10). This finding suggests that *M.tb* may be
79 able to enhance antibody/B-cell memory responses generated from previous exposure to unrelated
80 pathogen-derived antigens. The exact immunological mechanism underlying this observation is not
81 yet known; however, it is possible that *Mycobacterium* antigens could non-specifically activate
82 pathogen-specific memory B cells (MBCs), resulting in the expansion of antibody-secreting cells and
83 a subsequent rise in antibody levels. Human MBCs are prone to activation by polyclonal stimulation;
84 studies by Bernasconi and colleagues (11) have shown that stimulation of these cells by bacterial
85 CpG (cytosine-phosphate-guanine) DNA or by T cell cytokines can lead to their proliferation and
86 expansion into antibody-secreting cells. However, this hypothesis has not been investigated in regard
87 to *Mycobacterium tuberculosis* exposure. Furthermore, it is not known whether natural *M.tb* infection
88 has the same non-specific stimulatory effect on antibody responses to recall antigens from
89 heterologous pathogens. We also do not know whether recent vaccination with the related species,
90 *M. bovis* BCG has a similar effect on serological recall responses to unrelated antigens.

91 This study characterised antibody responses to heterologous pathogen recall antigens in uninfected
92 controls, individuals with a latent TB infection (LTBI) or active pulmonary TB cases (APTb) cases
93 participating in a TB household contact study in Uganda, as well as adolescent recipients of the
94 BCG vaccine and their age-matched naïve controls from the United Kingdom. Additionally,

95 polyclonal activation of MBCs was explored as a possible mechanism by studying frequencies of
96 tetanus toxoid (TT)-specific plasmablasts and MBCs in the APTB cases and healthy donors.

97 **2.0 Results**

98 **2.1 Demographics**

99 The characteristics of the Ugandan TB household contact study participants have been described
100 previously (12) and in Supplementary Table 1. In summary, APTB cases and individuals with LTBI
101 were older than the uninfected individuals and there was a larger proportion of males in the APTB
102 group in comparison to the other two groups. There were also more HIV positive individuals and a
103 larger proportion of people of low socioeconomic class among the APTB group.

104 The adolescents studied in the UK were all aged between 12 and 13 years, had no previous BCG
105 scar and were tuberculin skin test negative (13).

106 **2.2 *M.tb* infection state is associated with increased antibody 107 responses to unrelated pathogens**

108 Antibody responses were compared across groups of uninfected individuals, individuals with LTBI
109 and APTB cases from Uganda to determine the impact of *M.tb* infection state on antibody responses
110 to heterologous pathogens. Since we were interested in recall responses, we studied antibodies
111 against antigens contained in childhood vaccines, such as tetanus toxoid (TT), diphtheria toxoid
112 (DT) and measles virus (MV). We also measured antibodies specific for infections that our
113 participants may have had a high chance of encountering in childhood in this setting. These included
114 respiratory syncytial virus (RSV) (14), adenovirus (15), Kaposi's sarcoma herpes virus (KSHV) (16),

115 cytomegalovirus (CMV) (17) and Epstein Barr virus (EBV) (18). *M.tb* purified protein derivative
116 (PPD) was included as a positive control indicative of mycobacterial exposure. Initial crude analyses
117 revealed evidence of differences in the levels of antibodies specific to PPD, DT, RSV, MV, KSHV
118 ORF73, KSHV 8.1 and CMV antigens across the groups (Fig. 1). There were also differences in
119 total IgG antibody concentrations (Supplementary Fig. 1). There was no evidence of differences in
120 EBV and adenovirus-specific antibodies across the groups (Supplementary Fig. 1).

121 In the final analyses, associations between *M.tb* infection status and antibody responses were
122 determined by means of linear regression analysis using the uninfected controls as the baseline
123 comparison group while adjusting for the effects of age, gender, HIV infection status and
124 socioeconomic status. APTB was associated with higher levels of anti-PPD, anti-TT, anti-DT, anti-
125 RSV, anti-MV and anti-KSHV 8.1 compared to the uninfected individuals but there was no
126 association between *M.tb* infection status and anti-KSHV ORF73 or anti-CMV antibodies (Table 1).
127 Total IgG levels were raised in the APTB cases compared to the uninfected controls (Supplementary
128 Table 2). There were no associations between *M.tb* infection status and anti-EBV or anti-adenovirus
129 antibodies, in agreement with findings from the crude analyses (Supplementary Table 2). LTBI was
130 associated with higher anti-DT antibodies and weakly associated with higher anti-TT antibodies.
131 LTBI was also marginally associated with higher anti-PPD antibodies. Taken together, these results
132 show that *M.tb* infection, particularly APTB, is associated with higher levels of antibody responses to
133 several heterologous pathogen recall antigens.

134

135 **Table 1: Associations between *Mycobacterium tuberculosis* infection status and**
 136 **concentrations of IgG antibodies to heterologous pathogen antigens ***

Antibody optical density	Adjusted GMR (95%CI) [†]	P value
Anti-PPD		
Uninfected	1	
LTBI	1.286 (0.995 - 1.663)	0.055
APTB	3.326 (2.446 - 4.524)	<0.001
Anti-TT		
Uninfected	1	
LTBI	1.448 (0.969 - 2.164)	0.071
APTB	1.608 (1.082 - 2.390)	0.019
Anti-DT		
Uninfected	1	
LTBI	1.443 (1.002 - 2.079)	0.049
APTB	1.516 (1.123 - 2.047)	0.007
Anti-RSV		
Uninfected	1	
LTBI	0.922 (0.806 - 1.053)	0.230
APTB	1.178 (1.066 - 1.301)	0.001
Anti-MV		
Uninfected	1	
LTBI	1.074 (0.798 - 1.445)	0.639
APTB	1.599 (1.286 - 1.988)	<0.001
Anti-KSHV ORF73		
Uninfected	1	
LTBI	1.051 (0.926 - 1.192)	0.441
APTB	1.142 (0.994 - 1.312)	0.062
Anti-KSHV K8.1		
Uninfected	1	
LTBI	1.112 (0.695 - 1.778)	0.658
APTB	1.969 (1.201 - 3.227)	0.007
Anti-CMV		
Uninfected	1	
LTBI	0.893 (0.615 - 1.298)	0.553
APTB	1.029 (0.782 - 1.354)	0.837

137 GMR: geometric mean ratio, LTBI: latent tuberculosis infection, APTB: active pulmonary
 138 tuberculosis, PPD: purified protein derivative, TT: tetanus toxoid, DT: diphtheria toxoid, RSV:
 139 respiratory syncytial virus, MV: measles virus, KSHV: Kaposi's sarcoma herpesvirus, CMV:
 140 cytomegalovirus

141 * Linear regression analysis of antibody data from 67 uninfected controls, 62 individuals with LTBI
 142 and 89 APTB cases.

143 † Adjusted for age, gender, socioeconomic status and HIV infection status.

144 **2.2 BCG vaccination is not associated with increased** 145 **antibody responses to unrelated pathogens**

146 Next, we determined whether recent vaccination with the related species, *Mycobacterium bovis* BCG,
147 was also associated with elevated antibody responses to unrelated recall pathogen antigens. Antibody
148 responses were evaluated in a UK cohort of adolescents comprising a test group of 12 individuals
149 who received BCG, and 13 age-matched BCG naïve controls, and the two compared at timepoints
150 before and 3 weeks after vaccination of the test group. This cohort allowed us to compare BCG
151 vaccinated individuals to a BCG naïve group, which we could not do in the Ugandan participants
152 because BCG is routinely given to infants as part of the Uganda National Expanded Programme on
153 Immunisation (19).

154 We observed no differences in antibody responses to any antigen, including PPD, between the BCG
155 vaccinated individuals and naïve controls at the 3 week time point (Figure 2a). These results
156 mirrored non-significant differences observed between the two groups before BCG vaccination
157 (Figure 2b). These findings indicate that BCG vaccination may not be able to boost antibody
158 responses to heterologous pathogens, or at least not within the 3 week time frame.

159

160 **2.3 Avidity of tetanus toxoid and measles virus-specific**

161 **antibodies is increased in APTB**

162 We determined whether the observed increases in antibody responses to unrelated recall antigens in
163 *M.tb* infected individuals was accompanied by changes in their avidity or overall binding strength. An
164 increase in avidity could point to MBCs being the source of heterologous pathogen antigen-specific
165 antibodies because these cells would have already undergone affinity maturation. To this end, the
166 avidity of antibodies against tetanus toxoid (TT) and measles virus haemagglutinin (MVHA) antigens
167 were investigated using SPR. Due to limitations in sample volumes, only 88 of the 237 KTB study
168 participants' samples were tested.

169 Initial crude comparisons showed marginal evidence of a difference in dissociation rate (the measure
170 of avidity) in TT-specific antibodies across the three groups (Figure 3). For the final analysis, linear
171 regression was used to evaluate associations between *M.tb* infection state and antibody avidity using
172 the uninfected controls as the baseline comparison group while adjusting for the effects of age,
173 gender, HIV infection status and socioeconomic status (Table 2). APTB and LTBI were associated
174 with the presence of TT-specific antibodies of a slower dissociation rate, a sign of higher avidity.
175 Having APTB was also associated with MVHA specific antibodies of a slower dissociation rate.
176 These results lend credence to the hypothesis that the increased antibody responses against
177 heterologous pathogen recall antigens observed in *M.tb* infection arise from antigen-specific MBCs.

178 **Table 2: Association between *M.tb* infection state and SPR derived TT and MVHA specific**
 179 **antibody dissociation rates ‡**

Dissociation rate E-06 [kd(s-1)]	Adjusted GMR (95%CI) §	P value
Anti-TT antibodies		
Uninfected	1	
LTBI	0.728 (0.548 - 0.967)	0.029
APTB	0.725 (0.582 - 0.902)	0.004
Anti-MVHA antibodies		
Uninfected	1	
LTBI	0.971 (0.915 - 1.030)	0.331
APTB	0.927 (0.861 - 0.998)	0.044

180 GMR: geometric mean ratio, LTBI: latent tuberculosis infection, APTB: active pulmonary
 181 tuberculosis

182 ‡ 23 uninfected controls, 25 individuals with LTBI and 34 APTB cases

183 § Adjusted for age, gender, socioeconomic status and HIV infection status

184 **2.5 Tetanus toxoid-specific plasmablasts are higher than** 185 **tetanus toxoid-specific memory B cells in APTB**

186 In order to explore the possibility that *M.tb* infection may be driving differentiation of MBCs
187 specific to unrelated recall antigens into plasmablasts in our study participants, we examined the
188 frequency of TT-specific MBCs and plasmablasts in 48 APTB cases and 115 healthy donors using B
189 cell ELISPOT assays.

190 We had limited PBMC numbers from the APTB cases and so MBC frequencies were ascertained in
191 18 of the APTB cases while plasmablast frequencies were evaluated in the rest (n=30). The ratio of
192 the median frequencies of TT-specific plasmablasts to MBC in the APTB cases was 7:1 (8.75:1.25;
193 Figure 4). The high abundance of TT-specific plasmablasts relative to MBCs in the APTB cases
194 provides evidence of polyclonal activation of antigen-specific MBCs in APTB. This process may be
195 driving their differentiation into plasmablasts and could explain the increased levels of antibodies
196 against heterologous pathogen recall antigens observed in active TB disease.

197 Efforts to determine TT-specific plasmablast to MBC ratio in the healthy donors for comparison
198 were not possible because TT-specific plasmablasts were not readily detected during preliminary
199 analyses. However, high frequencies of TT-specific MBC were detected in these individuals at levels
200 above those seen in the APTB cases (Supplementary Fig. 2). Although TT-specific MBCs have been
201 shown to remain in circulation years after vaccination, TT-specific plasmablasts are short-lived,
202 disappearing within 2 weeks after antigen exposure (20). This may explain the lack of detectable TT-
203 specific plasmablasts in healthy donors.

204

205 **3.0 Discussion**

206 This study highlights for the first time a role for natural *M.tb* infection in the boosting of antibody
207 immunity to heterologous pathogens that individuals may have been previously exposed to, through
208 infection or immunisation, and shows that vaccination with the related bacterium, *Mycobacterium bovis*
209 BCG does not have a similar effect. The increase in the levels and avidity of these antibodies in *M.tb*
210 infected individuals means that MBCs are their likely source. Additionally, the abundance of TT-
211 specific plasmablasts relative to TT-specific MBCs in active TB disease provides evidence to support
212 the hypothesis that *M.tb* infection drives polyclonal activation of MBCs generated against unrelated
213 recall antigens. If this property can be exploited, it may lead to the production of immunological
214 therapies than can be used to boost serological memory to a wide variety of infections, particularly in
215 people with waning immunity such as the elderly.

216 The fact that the increase in antibody responses to heterologous pathogens was most evident in
217 APTB disease may mean that this non-specific effect is most pronounced in a milieu of actively
218 replicating tubercle bacilli. Indeed, previous research has shown that active TB disease is associated
219 with increases in cytomegalovirus-specific antibodies (21,22), however, these studies attributed the
220 rise in antibodies to concurrent infection with CMV rather than as a marker of serological memory.
221 A study by de Paus and colleagues (2013) observed higher levels of influenza-specific antibodies in
222 individuals with TB and recognized that in addition to concurrent infection there was a possibility
223 that these may have arisen as a result of mycobacterial driven non-specific increases in antibodies.
224 The marginal increases in TT-specific antibody levels in LTBI and the statistically significant
225 increase in SPR determined TT-specific antibody avidity in LTBI indicate that LTBI, like APTB,
226 may boost antibody responses to heterologous pathogens, albeit to a lesser extent. It is now
227 recognised that LTBI is not a fully quiescent state of infection but may at times be associated with

228 subclinical disease arising from reactivation of *M.tb* (24,25). Mycobacterial growth in this state may
229 drive the observed non-specific increases in antibody responses.

230 The observation that BCG vaccination did not have a similar effect may mean that proteins unique
231 to *M.tb* may mediate the increase in antibody responses to these heterologous pathogens observed in
232 APTB. Alternatively, this may point to the effect of BCG mycobacterial load at the site of
233 inoculation, which may fall short of the *M.tb* bacillary load observed in the lungs during active TB
234 disease. The lack of significant stimulation of anti-mycobacterial antibodies in the BCG vaccinated
235 recipients, in contrast to the more than 3-fold rise in the same in the APTB cases (Table 1) supports
236 this reasoning. The lack of antibody response may also simply be due to the timing after vaccination.
237 A later time point may have allowed the accrual of BCG-specific antibodies; we were not able to
238 assess this in our study.

239 Antibody responses to recall antigens from heterologous pathogens were increased in both level and
240 avidity in *M.tb* infection. This gave further evidence that the source of these antibodies are MBCs
241 because these cells would have already undergone affinity maturation, and as a consequence produce
242 antibodies of high avidity. A study by Zimmerman and colleagues (2016) argues that the primary
243 source of anti-mycobacterial antibodies in TB disease are MBCs, as demonstrated by the high level
244 of somatic hypermutations in antibody-secreting cells isolated in this disease state. Tubercle bacilli
245 may drive the activation of MBCs specific to a wide variety of pathogen antigens including those
246 specific for *M.tb*. A similar phenomenon has been demonstrated for other infections such as malaria
247 (27), hepatitis C (28) and hantavirus pulmonary disease (29). Bernasconi and colleagues (2006) have
248 previously shown that MBCs are easily activated by polyclonal stimuli such as bacterial DNA and
249 the cytokines evoked following vaccination. It is, therefore, possible that mycobacterial products and
250 cytokine milieu present during human *M.tb* infection may activate MBCs leading to their

251 differentiation to antibody-secreting cells. Our B cell ELISPOT data illustrated an abundance of TT-
252 specific plasmablasts relative to TT-specific MBCs in APTB. Frequencies of TT-specific MBCs were
253 lower in APTB cases in comparison to healthy donors while TT-specific plasmablasts were not
254 readily detected in the latter. These observations further support the hypothesis that *M.tb* drives
255 MBC polyclonal activation. It is not clear how the *M.tb* may benefit from increasing recall antibody
256 responses to other pathogens. However, we speculate that this process may aid in the survival of
257 *M.tb* within the host by limiting host death as a result of infection by unrelated pathogens.

258 It is unclear as to why APTB was only significantly associated with antibody responses to some
259 pathogen recall antigens and not others. This may relate to varied rates of exposure to the different
260 infections over time, with multiple recent exposures masking any “benefit” gleaned from
261 mycobacterial driven MBC activation. Certain pathogens such as EBV has been shown to establish
262 latency in memory B cells (31). This virus has also been shown to increase proliferation and
263 activation of B cells and add to the effect of known TLR agonists such as CpG (32). This would
264 support the idea of increased EBV antibody responses in *M.tb* infected individuals, however, this
265 was not observed in our study.

266 This study has a few limitations. We assumed that the antibody responses detected against the
267 chosen heterologous pathogen antigens in our study participants arose as a result of past exposure
268 via infection or vaccination. However, recent or current exposure to these multiple pathogens,
269 although unlikely, was possible.

270 On the whole, these data show a hitherto unknown role for *M.tb* in the maintenance of serological
271 memory generated against past infections and vaccinations. It has been hypothesised that exposure
272 to infections in later life could help maintain antibody responses to a broad set of pathogens in the
273 absence of their specific antigens. This process is proposed to be due to polyclonal stimulation of

274 antigen MBCs (11,30) and the data presented here would support this. However, further
275 experimentation is required to confirm the mechanism involved and identify the specific *M.tb*
276 antigens mediating this process. This research may aid in the development of therapeutics to boost
277 antibody immunity to heterologous pathogens. It is envisaged that this treatment could be useful in
278 ageing populations in whom antibody responses to specific infections are known to wane. The
279 advantage of this approach is that instead of boosting these individuals with multiple vaccine
280 antigens, a single treatment could be provided to increase serological immunity to several pathogens
281 all at once.

282 **4.0 Materials and Methods**

283 **4.1 Study populations and design**

284 A cross-sectional study design was used to determine whether there were associations between *M.tb*
285 infection status and antibody responses to heterologous pathogen recall antigens in study
286 participants from a TB household contact study based in Uganda investigating the effect of
287 coinfections in humans on their susceptibility to infection with *M.tb* (33). Individuals with APTB
288 and their household contacts (HHCs) were recruited from the suburbs of Kampala. The APTB
289 cases were all adults over 18 years of age and had either only recently began anti-TB treatment or
290 received treatment for less than 4 weeks. APTB was ascertained using acid fast bacilli sputum
291 microscopy. Individuals with LTBI were identified from among healthy HHCs using the tuberculin
292 skin test and QuantiFERON-TB Gold in-tube (QFT-GIT) test. The HHCs that tested positive on
293 both these tests were classified as having LTBI whereas those that tested negative on both tests were
294 classified as uninfected controls. A total of 68 uninfected controls, 62 individuals with LTBI and 107
295 APTB cases were included in our study. QuantiFERON-TB Gold in-Tube (QFT-GIT) nil
296 supernatant samples from these individuals were used for the antibody analyses. The choice of
297 QFT-GIT supernatants was because serum samples were not available for all the individuals studied.
298 We have previously shown that there are no differences between antibody concentrations obtained
299 from assaying serum and those from assaying QFT-GIT supernatants (34).

300 Stored plasma samples from adolescents participating in a UK based prospective study on BCG
301 responses were used to determine whether BCG vaccination was associated with non-specific
302 increases in antibody responses to heterologous pathogen recall antigens. These individuals were
303 part of a UK government programme on BCG vaccination in schools in the year 2005 and were

304 invited to take part in a research study that sought to identify immune responses involved in BCG
305 mediated protection against TB. The adolescents studied included 12 subjects who were given BCG
306 and then followed up after three weeks as well as 13 age-matched controls who did not receive BCG
307 and were followed up for the same period of time. All the subjects had no previous BCG scar (a sign
308 of earlier BCG vaccination) and had a negative TST prior to immunisation (13). Samples obtained
309 from these individuals before BCG vaccination and at the 3 week timepoint were analysed. This
310 cohort was chosen because it gave us the unique opportunity to compare BCG vaccinated and
311 unvaccinated controls, something which could not be easily done in Ugandan cohorts considering
312 BCG is part of the immunisation schedule in the country (19).

313 In order to investigate MBC polyclonal activation as a possible cause of the elevated antibody
314 responses to heterologous pathogens in people with TB, cryopreserved PBMCs from 48 APTB
315 cases from the TB household contact study and fresh PBMCs from 115 healthy donor controls were
316 analysed to determine the effect of an active TB infection on the frequencies of tetanus toxoid-
317 specific plasmablasts and MBCs. The healthy donors were recruited from a voluntary HIV
318 counselling and testing clinic at the Uganda Virus Research Institute. They were all HIV negative,
319 aged 18-55 years and found to be healthy by a clinician.

320 These studies were all exploratory and the sample size was determined by the availability of
321 sufficient samples and reagents for laboratory analyses.

322 **4.2 Ethics Statement**

323 Informed written consent was obtained from all the adult study participants. The parents of the
324 adolescent participants provided written informed consent and verbal consent was obtained from
325 the participants themselves. This research was approved by Research & Ethics Committees at the

326 Makerere University School of Biomedical Sciences and School of Medicine, the Uganda Virus
327 Research Institute, the London School of Hygiene & Tropical Medicine and Uganda National
328 Council for Science and Technology.

329 **4.3 Laboratory assays**

330 **4.3.1 In-house antigen-specific IgG ELISA**

331 Immulon 4 HBX microtiter plates (Thermo Scientific, USA) were coated with 50 μ l/well of 5 μ g/ml
332 diphtheria toxoid, 5 μ g/ml tetanus toxoid (both from National Institute for Biological Standards and
333 Control), purified protein derivative (PPD) of *M.tb* (Serum Statens Institute, Denmark), respiratory
334 syncytial virus antigen, measles grade 2 antigen, adenovirus grade 2 antigen, 1.25 μ g/ml Epstein Barr
335 viral capsid (all from Microbix, Biosystems, Canada) or 0.1% (w/v) skimmed milk (control for
336 nonspecific binding) in carbonate-bicarbonate buffer (pH 9.6) at 4 °C overnight. Following
337 overnight incubation, the plates were washed four times with 1x PBS (pH 7.4) containing 0.05%
338 Tween 20 (PBS- T). The plates were then blocked with 150 μ l/well 1% (w/v) skimmed milk in PBS-
339 T for 2 h at room temperature. A dilution of 1 in 100 of each sample in 0.1% skimmed milk PBS-T
340 (assay buffer) was made and 50 μ l was then added to the antigen-coated and control wells. After an
341 incubation of 2 h at room temperature, the wells were washed as before and incubated with 50
342 μ l/well polyclonal rabbit anti-human IgG conjugated with horseradish peroxidase (Dako, Denmark)
343 at 0.5 μ g/ml for another hour at room temperature. Plates were then washed four times and enzyme
344 activity detected by incubation with 100 μ l/well o-phenylenediamine (Sigma) containing hydrogen
345 peroxide for 15 min at room temperature in the dark. The reaction was stopped by addition of 25
346 μ l/well 2 M sulphuric acid and thereafter the optical density (OD) measured at a test wavelength of
347 490 nm and a reference wavelength of 630 nm in an ELISA plate reader (Biotek). The ODs from

348 the control wells were subtracted from the test antigen wells to eliminate background antibody
349 levels.

350 **4.3.2 KSHV antibody ELISA**

351 Immulon 4 HBX microtiter plates pre-coated with K8.1 or ORF73 were kindly provided by the
352 Viral Oncology Section, AIDS and Cancer Virus Program, SAIC-Frederick, Inc., NCI-Frederick,
353 Frederick, MD 21702. In the coating procedure, 100 μ l/well of 2 μ g/ml K8.1 or ORF73 diluted in
354 0.05 M carbonate/bicarbonate buffer, pH 10 or 1x PBS respectively was incubated in plate wells
355 overnight at 4 °C. The plates were washed three times with PBS- T and then blocked with 280
356 μ l/well of assay buffer [2.5% (w/v) BSA (Sigma), 2.5% (v/v) normal donor goat serum (Equitech-
357 Bio), 0.005% (v/v) Tween 20, 0.005% (v/v) Triton X-100 in 1x PBS] for 3 h at 37 °C and thereafter
358 stored at 80 °C until use.

359 The plates were thawed at 37 °C in preparation for the assay and washed three times with PBST. A 1
360 in 100 dilution of the sample or controls was prepared and then 100 μ l was added per well in
361 duplicate. Each plate had 3 positive and 2 negative control samples for quality control. After an
362 incubation of 90 min at 37 °C, the wells were washed five times and incubated with 100 μ l/well goat
363 anti-human IgG conjugated with alkaline phosphatase (Roche Diagnostics) diluted 1 in 5,000 for 30
364 min at 37 °C. The plates were washed five times and enzyme activity detected by incubation with
365 100 μ l/well 1-step p-nitrophenyl phosphate substrate solution (Thermo Scientific Pierce, USA) for
366 30 min at room temperature in the dark. This reaction was stopped by the addition of 50 μ l/well of
367 3 N NaOH and then the plates were read at a wavelength of 405 nm.

368

369 **4.3.3 CMV antibody ELISA**

370 Platelia™ CMV IgG ELISA was used to measure CMV-specific antibodies as per the
371 manufacturer's instructions (3). Briefly, diluted samples, standards of known anti-CMV antibody
372 concentration and controls were added to microtitre plates pre-coated with CMV antigens. The
373 plates were incubated with the samples at 37°C for 45 min and thereafter washed with buffer. A
374 conjugate composed of horseradish peroxidase enzyme bound onto anti-human IgG monoclonal
375 antibody was then added to each well and incubated for 45 min at 37°C. The plates were washed
376 and an enzyme substrate was added to each well followed by a 15-min incubation at room
377 temperature. After this, a stop solution was added and the OD read at 450 nm wavelength.

378 **4.3.4 Total IgG antibody ELISA**

379 Human IgG total Ready-SET-Go (Affymetrix ebioscience) was used to measure total IgG following
380 the manufacturer's instructions (35). In the procedure, Immulon 4 HBX microtiter plates were
381 coated with 100 µl/well purified anti-human IgG monoclonal antibody overnight at 4 °C. The plates
382 were then washed twice with wash buffer and incubated with 250 µl/well blocking buffer for 2 h at
383 room temperature. The plates were washed twice and eight, recombinant human IgG controls were
384 prepared and the samples were diluted 1 in 100,000. A volume of 100 µl/well of the prepared
385 standards and samples was added to the plates and then incubated for 2 h at room temperature. In
386 the next step, the plates were washed four times and incubated with 100 µl/well HRP-conjugated
387 anti-human IgG monoclonal detection antibody for 1 h at room temperature. The plates were
388 washed four times and incubated with 100 µl/well tetramethylbenzidine (TMB) substrate solution
389 for 15 min at room temperature in the dark. After this duration, the reaction was stopped by
390 addition of 100 µl/well stop solution and the plates read at 450 nm wavelength.

391 **4.3.5 Surface plasmon resonance**

392 The avidity of antibodies directed against tetanus toxoid and measles virus haemagglutinin (MVHA)
393 antigens was evaluated. These antigens were immobilised onto CM5 sensor chips (Biacore, GE
394 Healthcare, Amersham) by amine coupling to a level of 2000 RU.

395 Samples were diluted 1 in 3 in HBSPE and run through Bio-Gel® P-30 (Bio-Rad, UK)
396 polyacrylamide gel spin columns to minimise non-specific binding. They were further diluted 1 in 8
397 in HBSPE running buffer containing 1% (w/v) carboxymethyl-dextran sodium salt (Sigma) and
398 analysed in the Biacore 3000 instrument at a temperature of 25°C. A 90 µl volume of sample was
399 injected over the chip surface at a rate of 15 µl/min followed by a dissociation time of 8 min. Prior
400 to analysis of the next sample, the chips were regenerated with 50 mM HEPES containing 3 M
401 MgCl₂ and 25% (v/v) ethylene glycol, followed by 20 mM glycine pH 1.5 and re-equilibration in
402 HBSPE.

403 BIAevaluation software version 4.1.1 was used for data analysis and control flow-cell traces with
404 immobilised alpha-1 antitrypsin background were subtracted from test flow cell data. A Langmuir
405 1:1 dissociation model was used to determine the dissociation rate between 10 seconds and 300
406 seconds post sample injection.

407 **4.3.6 B cell ELISPOT**

408 We used in-house *in vitro* and *ex-vivo* B cell ELISPOTS to determine the frequency of TT-specific
409 plasmablasts and MBCs respectively in APTB cases and healthy donors following methods
410 described by Sebina *et al.* (36,37). Cryopreserved PBMCs were thawed, resuspended in RPMI (Gibco
411 by Life Technologies) containing 10% (v/v) fetal bovine serum, 2 mM L-glutamine (both from

412 Sigma-Aldrich, UK) and 1x penicillin-streptomycin (Invitrogen). The cells were then rested for 4-6
413 hours at 37°C and 5% CO₂.

414 In the *in vitro* ELISPOT, PBMCs at a cell density of 1x10⁶ cells/ml were stimulated with a mixture of
415 25 ng/ml human IL-10 (R&D Systems, UK), 0.5 µg/ml of pokeweed mitogen (PWM), 6 µg/ml of
416 CpG oligodeoxynucleotide, 1.2 mg/ml *Staphylococcus aureus* Cowan, 50 µM β-mercaptoethanol at
417 37°C and 5% CO₂ for six days. Approximately 4x10⁵ of the cultured cells were then transferred to
418 each well of 96-well filter (Merck Milipore) pre-coated with 2 µg/ml TT in 1x PBS or only 1xPBS.
419 The plates were sealed and incubated for 6 hours at 37°C and 5% CO₂ after which biotin-SP
420 conjugated affinipure fragment donkey antihuman IgG (Jackson ImmunoResearch) was added to
421 the plate wells to aid in the detection of anti-TT specific antibody secreting cells. After overnight
422 incubation at 4°C, streptavidin-AKP (BD biosciences) was added and the plates incubated for an
423 hour at room temperature followed by AP-conjugate substrate (Bio-rad, USA) to develop the spots.
424 After 10 minutes the plate wells were rinsed with water and left to dry before they were read using
425 an AID ELISPOT reader (AID Diagnostika, Germany). The number of MBCs was then expressed
426 as the total number of spots per million cells.

427 The *ex vivo* ELISPOT involved the direct transfer of the rested PBMCs to the 96-well filter plates at
428 a cell density of 4x10⁵ cells/well. All the subsequent steps were similar to those described for the *in*
429 *vitro* ELISPOT.

430 **4.4 Statistical Analysis**

431 Results were analysed using Stata release statistical package and GraphPad Prism software. The
432 initial analyses were made using the Kruskal-Wallis test to compare antibody responses across the
433 groups of uninfected controls, individuals with LTBI and active TB cases. Linear regression analysis

434 with bootstrap confidence intervals was then be used to determine associations between *M.tb*
435 infection status and antibody responses (12,17). Adjusting was done for the effects of potential
436 confounders such as HIV infection, age, socioeconomic status (SES) and gender. The Wilcoxon
437 rank sum test was used to compare antibody responses between BCG vaccinated individuals and
438 BCG naïve controls as well as frequencies of MBCs and PBs in APTB cases.

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552 **Figure legends**

553 **Figure 1: Variations in antibody responses to heterologous pathogens across *M.tb* infection**
554 **state.** The horizontal bars shown are median IgG antibody optical densities in each group. Antibody
555 responses were compared across uninfected controls (n=68), individuals with LTBI (n=62) and
556 APTB cases (n=107). The p values shown correspond to results from Kruskal–Wallis test (*p<0.05,
557 **p<0.01). PPD: purified protein derivative, TT: tetanus toxoid, DT: diphtheria toxoid, RSV:
558 respiratory syncytial virus, MV: measles virus, KSHV: Kaposi’s sarcoma herpesvirus, CMV:
559 cytomegalovirus

560 **Figure 2: Antibody responses to heterologous pathogens in BCG vaccinated individuals and**
561 **their age-matched BCG naïve controls.** Panel a: antibody responses 3 weeks after BCG
562 vaccination. Panel b: antibody responses before BCG vaccination. The horizontal bars shown are
563 median IgG antibody optical density in each group. The p values shown correspond to results from
564 Wilcoxon rank sum test (*p<0.05, **p<0.01) from comparing antibody responses in BCG
565 vaccinated (n=12) and BCG naïve controls (n=13). PPD: purified protein derivative, TT: tetanus
566 toxoid, DT: diphtheria toxoid, RSV: respiratory syncytial virus, MV: measles virus, CMV:
567 cytomegalovirus, EBV: Epstein Barr virus.

568 **Figure 3. Variation in tetanus toxoid and measles virus-specific antibody avidity across M.tb**
569 **infection state.** The Kruskal Wallis test was used to compare antibody dissociation rates across
570 uninfected controls (n=23), individuals with LTBI (n=25) and APTB cases (n=40). TT: tetanus
571 toxoid, MVHA: measles virus haemagglutinin

572 **Figure 4. Tetanus toxoid-specific plasmablasts are higher than tetanus toxoid-specific**
573 **memory B cells in APTB.** MBC: memory B cells, PB: plasmablasts. MBC responses were
574 evaluated in 18 APTB cases while PB responses were evaluated in 30 APTB cases. The p values are
575 from Wilcoxon-rank sum tests. TT: tetanus toxoid

576 **Supporting information**

577 **Supplementary figure 1: Antibody responses to Epstein Barr virus and adenovirus and total**
578 **IgG levels in individuals of varied M.tb infection status.** The horizontal bars shown are median
579 IgG antibody optical densities in each group. Antibody responses against Epstein Barr virus (EBV)
580 and adenovirus (panel a) at 1/100 sample dilution and total IgG levels (panel b) at a 1/100,000
581 sample dilution were compared across uninfected controls (n=68), individuals with LTBI (n=62)

582 and APTB cases (n=107). The p values shown correspond to results from Kruskal–Wallis test
583 (*p<0.05, **p<0.01). EBV: Epstein Barr virus

584 **Supplementary figure 2: Lower TT-specific Memory B cell (MBC) frequencies in APTB**

585 **cases compared healthy donor controls.** MBC responses were evaluated in 115 healthy donors

586 and 18 APTB cases. The p values are from Wilcoxon-rank sum tests. TT: tetanus toxoid

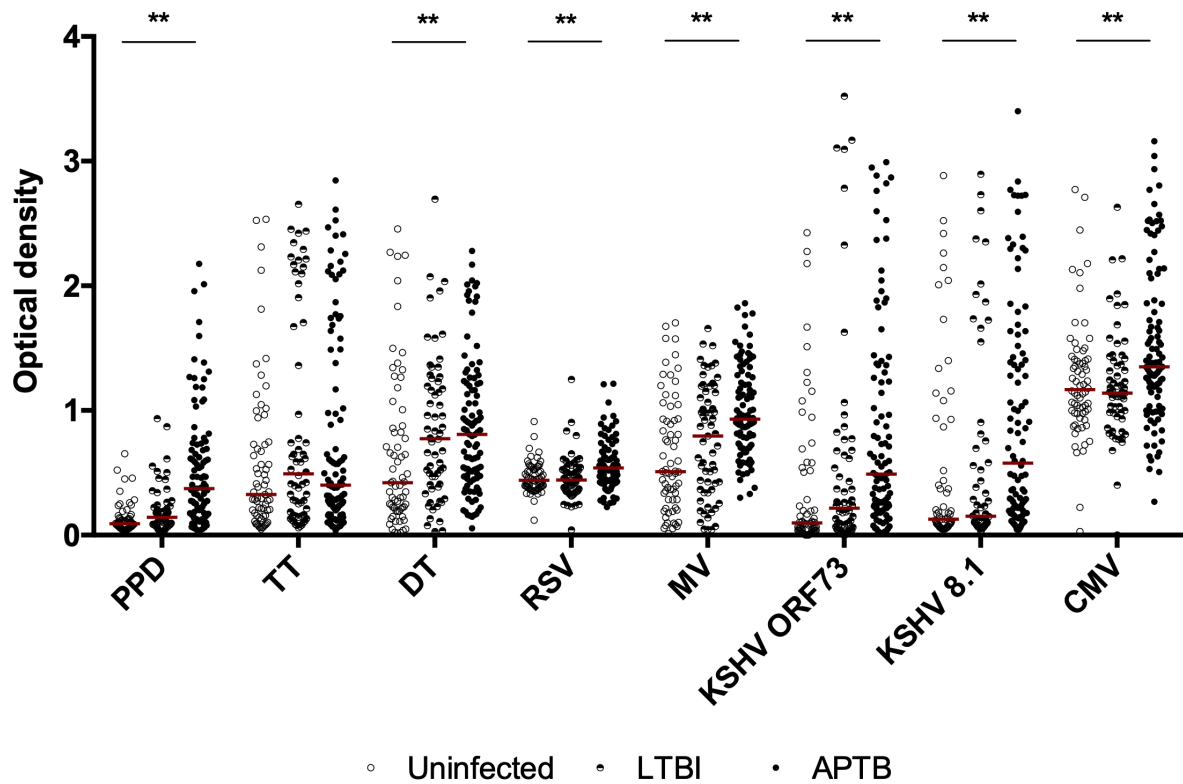


Figure 1: Variations in antibody responses to heterologous pathogens across *M.tb* infection state. The horizontal bars shown are median IgG antibody optical densities in each group. Antibody responses were compared across uninfected controls (n=68), individuals with LTBI (n=62) and APTB cases (n=107). The p values shown correspond to results from Kruskal–Wallis test (*p<0.05, **p<0.01). PPD: purified protein derivative, TT: tetanus toxoid, DT: diphtheria toxoid, RSV: respiratory syncytial virus, MV: measles virus, KSHV: Kaposi’s sarcoma herpesvirus, CMV: cytomegalovirus

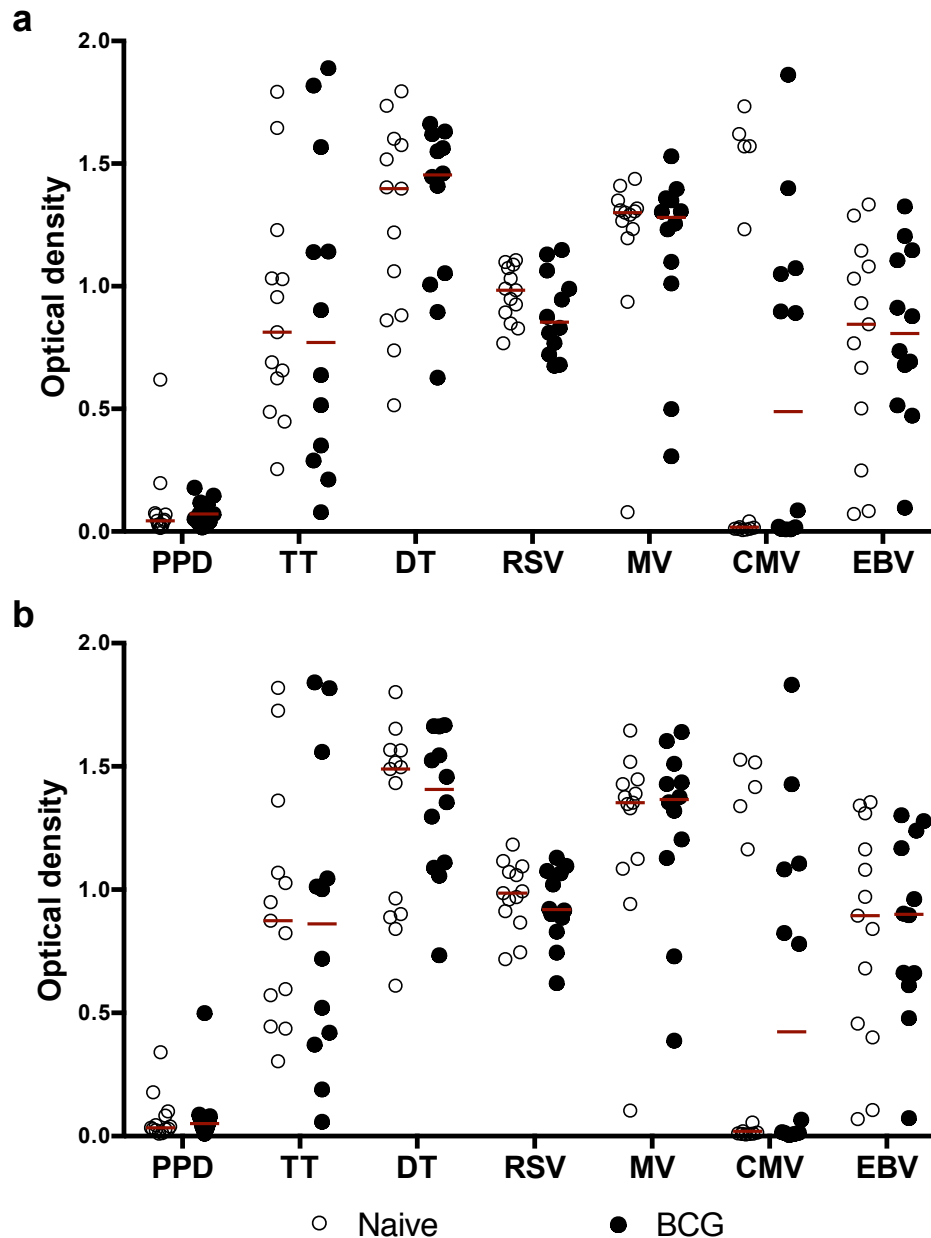


Figure 2: Antibody responses to heterologous pathogens in BCG vaccinated individuals and their age-matched BCG naïve controls. Panel a: antibody responses 3 weeks after BCG vaccination. Panel b: antibody responses before BCG vaccination. The horizontal bars shown are median IgG antibody optical density in each group. The p values shown correspond to results from Wilcoxon rank sum test (* $p < 0.05$, ** $p < 0.01$) from comparing antibody responses in BCG vaccinated ($n = 12$) and BCG naïve controls ($n = 13$). PPD: purified protein derivative, TT: tetanus toxoid, DT: diphtheria toxoid, RSV: respiratory syncytial virus, MV: measles virus, CMV: cytomegalovirus, EBV: Epstein Barr virus.

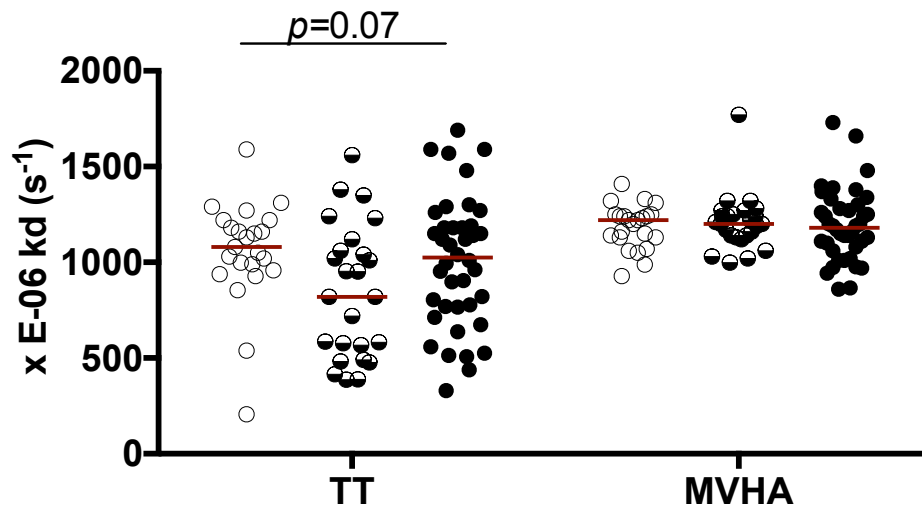


Figure 3. Variation in tetanus toxoid and measles virus-specific antibody avidity across *M.tb* infection state. The Kruskal Wallis test was used to compare antibody dissociation rates across uninfected controls (n=23), individuals with LTBI (n=25) and APTB cases (n=40). TT: tetanus toxoid, MVHA: measles virus haemagglutinin

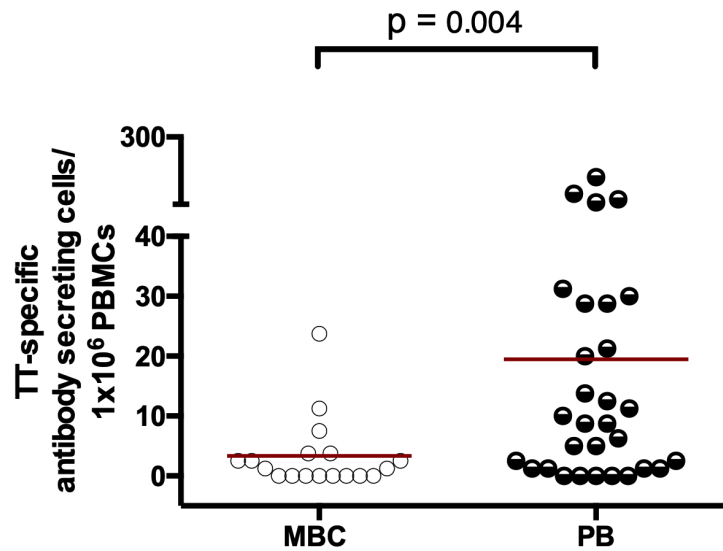


Figure 4. Tetanus toxoid-specific plasmablasts are higher than tetanus toxoid-specific memory B cells in APTB. MBC: memory B cells, PB: plasmablasts. MBC responses were evaluated in 18 APTB cases while PB responses were evaluated in 30 APTB cases. The p values are from Wilcoxon-rank sum tests. TT: tetanus toxoid