

Epigenetic signatures of chronic social stress in stress-susceptible animals

Nicholas O'Toole^{1,2,3†}, Tie-Yuan Zhang^{1,2,3†}, Xianglan Wen^{1,2,3}, Josie Diorio^{1,2,3}, Patricia P. Silveira^{1,2,3},
Benoit Labonté⁴, Eric J. Nestler⁴, Michael J. Meaney^{1,2,3,5,6*}

Affiliations:

¹Sackler Program for Epigenetics and Psychobiology, McGill University, Montréal, Canada H4H 1R3

²Ludmer Centre for Neuroinformatics and Mental Health, McGill University, Montréal, Canada H4H 1R3

³Douglas Mental Health University Institute, Department of Psychiatry, McGill University, Montréal, Canada H4H 1R3

⁴Nash Family Department of Neuroscience, Friedman Brain Institute, Icahn School of Medicine at Mount Sinai, 1 Gustave L Levy Place, New York, New York 10029, USA

⁵Singapore Institute for Clinical Sciences, Singapore 117609

⁶Department of Paediatrics, Yong Loo Lin School of Medicine, National University of Singapore, Singapore 117597

*Correspondence to: Michael Meaney (michael.meaney@mcgill.ca)
Singapore Institute for Clinical Sciences
Brenner Centre for Molecular Medicine
30 Medical Drive
Singapore 117607

†These authors contributed equally

Abstract

Exposure of mice to chronic social defeat stress (CSDS) produces depressive- and anxiety-like behaviors and widespread transcriptomic changes in several brain regions in susceptible animals. Here we present the first study of genome-wide cytosine methylation patterns of mice susceptible to CSDS using whole-genome bisulfite sequencing on DNA from the nucleus accumbens, a critical region for CSDS effects on behavior. We found extensive evidence for differential methylation following exposure to CSDS in susceptible animals, with a greater proportion of CG hypermethylation than hypomethylation in CSDS-susceptible mice compared to non-stressed controls; non-CG methylation shows the opposite trend. Several genes previously implicated in the effects of CSDS are among those with the greatest number of differentially methylated sites, including estrogen receptor alpha (*Esr1*), the deleted in colorectal cancer (*Dcc*) gene and *Cacna1c*, which has been associated with a range of psychiatric conditions. Informatic analysis of DM sites revealed a gene network with β -catenin as the hub gene of a network that included the β -catenin-related WNT/frizzled signaling pathway as well as both *Esr1* and *Dcc*. Finally, we found considerable overlap between DM genes associated with CSDS in susceptible animals and those associated with human neuroticism in a genome-wide association study. Analysis of these overlapping genes revealed ‘WNT signaling’ as the top pathway, which features β -catenin as the primary hub gene. These findings reveal a striking convergence between the molecular pathways identified through either transcriptional or epigenomic analyses of the mouse model of susceptibility to chronic stress and the genomic architecture of increased stress susceptibility reflected in neuroticism in humans.

Introduction

Prospective studies confirm that exposure to stress together with enhanced stress reactivity predicts a greater risk for later depression ¹. Likewise, neuroticism, which is in part defined by increased stress reactivity, is an endophenotype closely associated with depression and anxiety disorders ². Neuroticism influences the interaction between stressful events and negative affect, including symptoms of depression and anxiety, and may thus be considered as reflecting greater susceptibility to stress. Nagel et al. (2018) used a large GWAS meta-analysis that implicated 599 genes for which variants were significantly associated with neuroticism ³. Subsequent informatic analyses revealed enrichment for specific cell types, including ‘dopaminergic neuroblasts’ and ‘striatal medium spiny neurons’ ³. Pathway analyses using this gene set identified the ‘behavioral response to cocaine’ which involves the mesocorticolimbic dopamine reward circuit. This circuit is also closely associated with stress-induced behavioral effects, including anxiety- and depressive-like behaviors ⁴.

There is compelling evidence for the role of the mesocorticolimbic dopamine circuit in mediating individual differences in stress reactivity in studies of chronic stress with model systems ⁵. Optogenetic studies show that multiple corticolimbic structures converging on the nucleus accumbens (nAcc) are involved in the activation of behavioral stress responses, including the medial prefrontal cortex, the ventral hippocampus and the ventral tegmental area ⁶⁻⁸. Activity within these regions and in particular in pathways that project to the nAcc distinguish animals that show susceptibility to chronic stress as defined by a number of behavioral measures of depression- and anxiety-like states ⁹.

Genome-wide transcriptional analyses also implicate the nAcc as a critical site for stress-induced behavioral alterations and distinguish animals that are susceptible to the effects of chronic social stress ⁷. These transcriptomic findings suggest underlying epigenetic mechanisms associated with exposure to chronic stress in susceptible animals ¹⁰. Here, we sought to define the epigenetic landscape associated with exposure to chronic social defeat stress (CSDS), a model commonly used to

explore individual differences in susceptibility to chronic stress and with strong ethological validity. We focused on DNA methylation, which is a highly stable epigenetic modification and associated with the capacity for regulating transcriptional activity¹¹⁻¹⁴. Previous studies using this model reveal that a substantial portion of animals exposed to CSDS are resilient (i.e., behaviorally indistinguishable from non-stressed controls). Such marked individual differences in susceptibility complicate research designs attempting to define the molecular pathways that underlie the pathophysiological consequences of exposure to chronic stress. To circumvent this limitation, we first confirmed the susceptibility of CSDS-exposed animals in this epigenetic analysis with behavioral testing. This approach is essential in defining the epigenetic modifications associated with exposure to CSDS related to the induction of depressive- or anxiety-like behaviors. We then performed whole-genome bisulfite sequencing (WGBS) of genomic DNA samples derived from the nAcc (core and shell regions) from individual CSDS-susceptible and non-stressed control mice to define variably methylated regions at single-base pair resolution genome-wide including the characterization of CSDS-related changes in both CpG and non-CpG (i.e., CHG and CHH) methylation. The latter is of particular relevance considering the unique prevalence of this epigenetic mark in brain¹⁵. Our findings reveal widespread differences in both CG and non-CG methylation with a marked alignment with previous transcriptional analyses using the CSDS model. Informatic analyses identify *Esr1* as a candidate hub for a network of genes showing differential methylation, particularly at non-CG sites, between CSDS-susceptible and control animals, consistent with previous studies showing that *Esr1* overexpression in the nAcc regulates susceptibility to CSDS¹⁶. This analysis also reveals enrichment for differentially-methylated genes converging on gene networks that associated with canonical WNT/ β -catenin signaling. These findings suggest that transcriptional pathways that underlie the effects of chronic stress in susceptible animals are associated with epigenetic profiles involving DNA methylation in genes implicated in neurogenesis and synaptic plasticity. Finally, we explored the clinical relevance of these data sets by comparing the

list of differentially-methylated genes in CSDS-susceptible mice with those associated with neuroticism in the Nagel et al. (2018) GWAS³. We found significant overlap, and informatic analyses focused on the overlapping targets again identified the WNT/ β -catenin signaling as the primary candidate pathway.

Results

Mapping of bisulfite sequencing reads

Independent genomic DNA samples from the nAcc of 5 control and 4 CSDS-susceptible mice (Fig. 1a) were bisulfite treated and the prepared libraries were processed in Illumina HiSeq X at a sequencing depth of 30 x genome coverage for six technical replicates per sample. The number of sequencing reads for all 54 FASTQ files ranged from 71.1 to 130.0 million. Bismark mapping to the mouse mm10 genome after the pre-processing steps (see Methods) resulted in mapping percentages ranging from 72.7% to 76.5%. The non-conversion rate was calculated by spiked-in unmethylated phage lambda DNA and found to be no more than 0.1%. Bismark BAM files from the six technical replicates for each sample were sorted and merged for input to the methylKit package resulting in 9 BAM files each containing information on over 400 million mapped sequencing reads. MethylKit was applied to generate methylation call files for each CG or non-CG in the genome using a minimum coverage of 10 reads per position. Raw sequencing read files and methylation call files have been submitted to the Gene Expression Omnibus (GEO) under accession GSE126955. Approximately 75% of cytosines in CG context, and 2.3% in non-CG contexts showed some degree of methylation across all samples, with no significant differences in total methylation between the control and CSDS-exposed susceptible groups. These genome-wide levels of the various forms of methylation are consistent with previous studies using WGBS on mouse brain^{15,17,18}.

Differentially methylated sites in nAcc between controls and CSDS-susceptible mice. The default methylKit significance cut-offs of corrected p-value (q) < 0.01 and absolute value of methylation percentage difference ($|\Delta\beta|$) $> 25\%$ were used to identify 79,507 differentially-methylated (DM) CG sites between control and CSDS-susceptible mice. Of these sites, 51,915 showed hypermethylation in samples from CSDS-susceptible over control animals and 27,592 hypomethylation (Fig. 1b). “Hypermethylation” is defined as significantly greater levels of methylation in CSDS-susceptible samples over controls for a given cytosine; “hypomethylation” reflects less methylation in CSDS-susceptible samples than controls.

DM sites were classified by their distance from transcription start sites (TSS) and end sites (TES) of annotated Ensembl genes. Coordinates further than 20 kilobases (kb) upstream from a TSS or 20 kbs downstream from a TES were classified as “intergenic”. Those sites closer to the TSS or TES were classified as “upstream” or “downstream” respectively. DM sites between the TSS and TES were classified as “gene body”. The 20 kb cut-off is somewhat arbitrary but will certainly contain up- or down-stream regulatory elements for the nearest gene other than more distant elements that reflect chromatin looping. A majority of DM sites are in or near annotated genes and there are more DM CGs upstream of genes than downstream. Separate pie charts for hyper- and hypo-methylated CG and non-CG sites (Fig. 1c), show highly similar distributions of gene location classifications, which is consistent with previous findings on the proximal relation between CG and non-CG methylation^{15,17}.

Differential methylation statistics were also computed for all cytosines in a CHG or CHH context (i.e., non-CG methylation where “H” represents an A, T or C nucleotide) with a minimum coverage of 10 sequencing reads, with numbers of differentially methylated bases using the $q < 0.01$ $\Delta\beta > 25\%$ cut-offs. We find a greater proportion of hypermethylated bases in CG context compared to non-CG context (Fig. 1b) and discuss this finding below. The differences in the proportions of hyper- and hypomethylated bases for CG and non-CG contexts is significant ($P < 1e-20$, two-proportion z

test). As was the case for CGs, the relative proportions of hyper- and hypo-methylated bases in the non-CG pie charts are indistinguishable from each other by eye (Fig. 1c).

As noted above, there is a striking bias in the methylation state of DM sites in nAcc that distinguish control and CSDS-susceptible animals (Fig. 1b). Non-CG sites in DM regions are significantly (two-proportion z test: $P < 1e-22$) more likely to be hypo- compared to hyper-methylated. The opposite is the case for CG methylation. Interestingly, a similar bias towards hypomethylated DM regions is observed in the comparison of non-CG methylation levels in induced pluripotent stem cells compared with embryonic stem cells¹⁹. The very distinct differences in the methylation levels of CG and non-CG in the DM regions (hyper- vs hypo-methylation) suggests different causal mechanisms for the formation of CSDS-related differential CG and non-CG methylation (i.e., differences in non-CG methylation are not merely a stochastic by-product of a common process). Non-CG methylation, unlike CG methylation, is largely asymmetric with evidence for distinct pathways. Non-CG methylation is also enriched in neurons as compared to glia, as distinct from CG methylation patterns. Non-CG methylation can be sustained in the absence of DNA methyltransferase 1 (DNMT1) and appears more closely associated with the *de novo* activity of DNMT3a/b as well as DNMT3-like protein (DNMT3l)²⁰⁻²⁴. Moreover, non-CG methylation tends to accumulate in regions with higher levels of chromatin accessibility^{15,24}, suggesting some degree of independence from CG methylation, which associates with reduced chromatin accessibility. Nevertheless, increased levels of non-CG methylation in promoter regions, like that of CG methylation, associate with decreased transcriptional activity^{15,24}, which suggests a common influence on transcription. Dynamic periods of non-CG remodeling associate with peak developmental periods of both synaptogenesis and synaptic pruning in human and mouse brain and coincides with enhanced DNMT3a expression¹⁵. Interestingly, CA methylation, which is the predominant form of non-CG methylation, is the form of DNA methylation most affected by peripubertal environmental enrichment¹⁸, a condition that likewise associates with

synaptic remodeling. These findings are interesting to consider in light of the candidate functions emerging from our subsequent informatic analyses (see below) that highlight pathways closely associated with neurogenesis and synaptic plasticity.

Differential methylation of genes associated with susceptibility to chronic stress. A total of 9,901 genes contained at least one DM site within the gene body, representing approximately 18% of annotated mouse genes from Ensembl. We used a relatively conservative approach and restricted our analyses to those regions showing more widespread differential methylation. Murine genes containing at least 7 DM sites within the gene body and at least 6 DM sites within 20 kb upstream of the TSS were identified for further investigation. Despite the rather conservative criteria, there were nevertheless 626 such genes, representing a little over 1% of the annotated genes in mouse. These regions are referred to as “DM genes” on the basis of the relatively large number of differentially-methylated cytosine bases within or upstream of the genes. Data for these genes and the DM sites within or in close proximity to them are contained in Supplementary Table 1.

Interestingly, several of the most highly differentially methylated genes (Fig. 2a-c) have been identified in previous studies of transcriptional changes associated with behavioral responses to CSDS. Notable among these is *Esr1*, which encodes estrogen receptor alpha. Our previous studies¹⁶ show that overexpression of *Esr1* selectively within the nAcc significantly reduces susceptibility to CSDS. That same study highlights 31 differentially expressed genes between susceptible and resilient mice known to interact with *Esr1*¹⁶. Three of these genes are found in the present DM gene list, *Gabbr2*, *Adcy1* and *Sulf1*, reflecting a significant overlap ($P < 0.045$, Exact Hypergeometric test).

The DM gene list also includes the *Dcc* gene. *Dcc* transcription in the prefrontal cortex (PFC) is associated with susceptibility to CSDS in mice and with major depressive disorder in humans²⁵.

Although these results were obtained in the PFC, Bagot et al. (2016) show a significant correlation

between transcriptional changes and overlap of differentially expressed genes in the nAcc and PFC in response to CSDS (Fig. 2a, c of Bagot et al. 2016)⁷, significantly more than that occurring between any other brain region examined. Torres-Berrio et al. also show that the microRNA miR-218 regulates the transcription of *Dcc*²⁵. We find no DM CGs within 20 kb of mir-218a, but there were two hypermethylated CGs approximately 2 kb downstream of miR-218b.

The *Cacna1c* gene showed a remarkable level of differential methylation between control and CSDS-susceptible mice with 38 DM sites within the gene body (Fig. 2c). Terrillion et al. (2017) show in mouse nAcc that decreased expression of the *Cacna1c* gene, which codes for the $\alpha 1C$ subunit of the Ca_v1.2 L-type calcium channel subunit (LTCC), is associated with susceptibility to social stress^{26,27}. Furthermore, the neighboring gene, *Cacna2d4*, as well as other LTCC subunits, including *Cacna1a*, *Cacna1e*, *Cacna1i* and *Cacna2d3*, are all contained in the DM gene list of the current study. GWASs in humans identify significant association between polymorphisms within the *Cacna1c* gene and a range of psychiatric disorders^{26,27} including bipolar disorder²⁸ and depression^{29–31}; hypermethylation in the gene associates with bipolar disorder³².

The overall finding that DM non-CG sites are more likely to be hypo- rather than hypermethylated, with an opposite trend for CG methylation, is also apparent in the genes noted above. Fig. 2a-c shows that a large majority of the DM non-CG bases in or near *Esr1*, *Dcc* and *Cacna1c*, indicated by large blue points, are hypomethylated ($\Delta\beta > 0$). In contrast, DM CGs in these genes are generally hypermethylated.

Finally, we used previously published data sets to explore the relation between our DM genes and those showing differences in transcription as a function of susceptibility to CSDS. Bagot et al. (2016) used RNA-seq to identify 358 genes differentially in the nAcc between control and CSDS-susceptible mice⁷. We used a cut-off of at least 4 DM CGs in the gene body to define DM genes and

examined the overlap with the differentially expressed genes identified in the Bagot et al. study, which revealed 34 overlapping genes (Hypergeometric test: $P < 0.005$).

Gene network analyses. We mapped DM regions to genes and used Metacore® (Clarivate Analytics) to identify gene ontologies and networks (Fig. 3). We performed separate analyses for DM genes located in the upstream and gene body regions based on the known DNA methylation profiles of actively transcribed and silenced genes^{13,33}. The former is characterized by hypomethylation in the upstream regulatory regions and hypermethylation in the gene body; the reverse is the case for transcriptionally silenced genes.

Analysis of upstream DM regions revealed a gene network with β -catenin as the hub gene (Fig. 3 a,b). This gene has been strongly implicated as a key determinant within the nAcc of susceptibility to chronic stress⁴. Mice with a local knockout of β -catenin or overexpressing a β -catenin dominant negative mutant in nAcc show enhanced susceptibility to CSDS, while selective overexpression of β -catenin in nAcc principal neurons enhances resilience. The expression level of β -catenin is up-regulated in hippocampus by several antidepressant medications³⁴. Likewise, analysis of DM regions within gene bodies in nAcc in our study identified a network that included the β -catenin-related WNT/frizzled signaling pathway (Fig. 3c,d), which operates in conjunction with β -catenin to regulate neuroplasticity³⁵. Importantly, this network included two targets that showed the highest level of differential methylation, notably *Esr1* and *Dcc*. This network also includes a number of ephrin receptors known to be associated with WNT and β -catenin signaling³⁵⁻³⁷.

DM genes in CSDS-susceptible animals overlap with neuroticism-associated genes and identify common molecular pathways. Neuroticism is a stable trait that involves enhanced susceptibility to stress and a risk for depression and anxiety disorders². There is significant genetic co-morbidity

between neuroticism and both anxiety and depression³⁸. Nagel et al. (2018) reported 599 genes in which variants were significantly associated with neuroticism in a large GWAS meta-analysis³. We compared these genes to our list of genes associated with DM regions both upstream and in the gene body region using Metacore. We found 30 common genes, with 25/30 overlapping with our gene body list including *Esr1*, *Dcc* and *WNT3*. The enrichment analysis shows the significant GO term enrichment for ‘cell development’ ($p > 10^{-15}$). We then performed an enrichment analysis on the genes overlapping between the gene body DM list in the mouse analyses and the genes identified in GWAS for neuroticism (Fig. 4, Supplementary Figure S1a. b.). The most highly significant pathway was that of ‘WNT signaling’ ($p < 10^{-6}$) and the resulting map for this pathway clearly reveals β -catenin as the primary hub for the WNT signaling pathway. These findings reveal a striking convergence between the molecular pathways identified through either transcriptional or epigenomic analyses of the mouse model of susceptibility to chronic stress and the genomic architecture of increased stress susceptibility reflected in neuroticism in humans.

Discussion

We used WGBS to define cytosine methylation at single nucleotide resolution in the nAcc of mice behaviorally-defined as CSDS-susceptible compared with non-stressed controls. This study represents what is to our knowledge a novel genome-wide analysis at single-base pair resolution of DNA methylation profiles associated with stress susceptibility. Despite relatively conservative criteria, our results reveal widespread differences in multiple forms of cytosine methylation. We found striking divergence in the profiles of the different forms of DNA methylation in the nAcc, with hypermethylation at CG sites in CSDS-susceptible compared with control animals coupled with decreased levels of non-CG sites. Hing et al (2018) reported broad changes in DNA methylation following exposure to CSDS using a methyl-capture sequencing with samples from the dentate gyrus³⁹.

This approach does not afford single-base pair resolution and the identification of non-CG forms of methylation, which, together with tissue differences, precludes a direct comparison with our data set. However, together the two studies support the idea that exposure to chronic stress associates with widespread alterations to the methylome.

Interestingly, the regional distribution of CG and non-CG sites across the genome is highly similar (Fig. 1c). Moreover, non-CG sites tend to be found in proximity to those bearing CG marks. These findings suggest that exposure to CSDS in susceptible animals initiates the conversion of non-CG to CG sites. CSDS associates with increased expression of DNMT3a in the nAcc^{40,41}. DNMT3a binding regions are enriched for non-CG methylation¹⁵, and DNMT3a complexed with DNMT3L, which functions as a regulatory factor and produces *de novo* CG methylation⁴². CSDS-induced changes in expression levels of multiple DNMTs might catalyze the conversion of non-CG to CG sites. We must caution that, given the present gap in our knowledge of the mechanisms for the distinct formation of CG and non-CG sites, this remains a matter of speculation. However, this hypothesis is consistent with the findings that exposure to chronic stress increases DNMT3a expression in multiple brain regions, including the nAcc^{40,41} and mediates behavioral effects^{40,41}. Overexpression of DNMT3a in the nAcc enhances susceptibility to CSDS in male mice⁴³. Interestingly, *Dnmt3a* expression levels are increased in the nAcc of depressed humans⁴³.

Informatic analyses were conducted selectively based on differential methylation in upstream and gene body regions based on the region-specific relationship of methylation with gene transcription. We found impressive convergence of the gene networks emerging from these independent analyses on the WNT/ β -catenin signaling pathway (Fig. 3b, d). WNT ligands act through frizzled receptors to activate β -catenin. The activation of this canonical WNT signalling cascade results in the stabilization of cytosolic β -catenin, its translocation to the nucleus and downstream effects on gene transcriptional. Activation of β -catenin is also linked to regulation of dendritic remodeling. The WNT pathway in nAcc

has been directly implicated in behavioral responses to CSDS ^{4,44}. There is also evidence for the importance of WNT/ β -catenin signaling as a mediator of the behavioral effects of antidepressant drugs ³⁴, with decreased susceptibility observed in animals exposed to CSDS upon induction of this signaling pathway in nAcc ^{4,44}.

Our findings also implicated *Esr1*, for which there is evidence of coupling with the WNT- β -catenin pathway ⁴⁵. Estradiol acts through estrogen receptor alpha to regulate β -catenin-mediated transcription by affecting canonical WNT signalling. This effect is considered a candidate mechanism for the neuroprotective effects of estrogens ⁴⁵. Increased estrogen signaling associates with enhanced WNT-dependent function, most notably neurogenesis and synaptic plasticity, in both male and female rodents ^{46,47}. Estrogen administration produces an anxiolytic-like effect also apparent in both male and female rodents ⁴⁷⁻⁴⁹. Our previous studies ¹⁶ identify the nAcc as a critical site for such effects. Selective overexpression of *Esr1* in the nAcc enhances resilience to CSDS .

Finally, we used a recent GWAS of neuroticism to examine the convergence with the molecular pathways identified in the mouse CSDS model. Previous transcriptomic analyses as well as the current epigenomic study identified the WNT- β -catenin pathway as a critical candidate mechanism for susceptibility to chronic stress ^{4,44}. We found significant overlap between our gene list defined by DM regions in gene bodies and the top genes identified in the GWAS of human neuroticism ³. Enrichment analysis of the overlapping genes once again revealed the WNT- β -catenin pathway as the top biological process (Fig.4, Fig. S1a, b). This striking level of convergence suggests a shared, candidate biological pathway linked to neurogenesis and synaptic plasticity. The findings underscore the relevance of model systems that focus on clinically-relevant phenotypes for our understanding of the molecular pathways associated with vulnerability for mood disorders.

Methods

Animals and behavior. All mice were obtained from Jackson Labs and maintained on a 12 hour light-dark cycle with lights on at 7:00 am and a controlled temperature range of 22-25°C. Food and water were provided *ad libitum*. All experiments were approved by the Institutional Animal Care and Use Committee (IACUC) guidelines at Mount Sinai. All behavioral testing was counterbalanced across experimental groups, and assignment to experimental groups was random. CSDS and social interaction tests were performed according to our established protocol^{7,50}. Briefly, 8-week-old male C57BL/6J mice were subjected to ten daily defeats by a novel CD1 retired male breeder aggressor mouse that had been previously screened for aggressive behavior. CD1 mice were placed on one side of a large hamster cage separated by a perforated Plexiglas divider. At the onset of CSDS, a single C57BL/6J test mouse was placed into the same side of the cage as the CD1, and the CD1 was given 10 minutes to physically attack the C57BL/6J mouse. At the end of the 10 minutes, the test mouse was moved to the other side of the Plexiglass divider, where there was no more physical contact. However, as the divider was perforated, sensory contact continued. After 24 hours of sensory contact, the test mouse was moved into another hamster cage where it was defeated by a different CD1 mouse and so for 10 days. Control mice were housed in a mouse cage with a Plexiglas divider, with a novel C57BL/6J mouse placed on the opposite side of the divider, but no physical contact was allowed between the two mice. Control C57BL/6J mice were moved to a new half of a cage every day during the defeat procedure. After the final defeat, test mice were single-housed in preparation and screened in the social interaction test the subsequent day. Social interaction testing was performed under red light in a closed behavioral chamber. C57BL/6J mice were placed into an open arena with an empty cage at one side (interaction zone). Mice were given 2.5 minutes to explore the arena and then removed. A novel CD1 aggressor to which the C57BL/6J mouse had never been exposed was placed in the cage (interaction zone) and the procedure was repeated. Time in the interaction zone was recorded automatically with video tracking software. Data were analyzed as time spent in the interaction zone when the aggressor was absent

compared to time spent in the interaction zone when the aggressor was present. Social Interaction ratio (SI) was calculated as $100 \times [(time\ in\ the\ interaction\ zone\ with\ a\ target\ mouse\ present)/(time\ in\ the\ interaction\ zone\ with\ target\ absent)]$. Susceptible mice are defined as an $SI < 0.8$. This measure of susceptible predicts several other behavioral abnormalities exhibited by stress-susceptible defeated mice⁵⁰. Susceptible and control mice were euthanized by decapitation, and nAcc was dissected rapidly as 14 gauge punches and frozen and stored at $-80^{\circ}C$ for further analyses by WGBS.

DNA extraction and MethylC-Seq. Genomic DNA was extracted from frozen nAcc punches using Qiagen DNA micro kit (Qiagen, Cat# 56304.). On-column RNaseA treatment was performed during DNA extraction to reduce RNA contamination.

Methylated and unmethylated DNA sets (Cat# D5017, pUC19 DNA set, Zymo research) were added as spike-in controls (2 ng spike-in control in 1 μg DNA) to each DNA sample to evaluate the bisulfite conversion efficiency. DNA samples were sheared and subjected to bisulfite conversion. The whole genome bisulfite sequencing (WGBS) libraries were prepared using Pico Methyl-seq library prep kit (Cat# D5456, Zymo research). Paired-end, 150 bp read-length DNA-seq was processed in Illumina HiSeq X at a sequencing depth of 30x genome coverage.

DNA methylation data analysis. The quality of raw sequencing data was assessed with the FastQC program (<https://www.bioinformatics.babraham.ac.uk/projects/fastqc/>). Informed by this step, Cutadapt (<http://cutadapt.readthedocs.io/en/stable/index.html>) was used to remove the first 8 bases of reads and full or partial Illumina TruSeq adapters. Subsequent reads with fewer than 20 bases were discarded. All sequence reads were aligned to the original and bisulfite-converted mouse mm10 genome with the Bismark suite⁵¹, using Bowtie1 and the default parameters which allow up to 2 mismatches within the 50 base pair seed region. BAM files from the Bismark alignment were merged and sorted with

Samtools⁵². Methylation calling and statistics were computed with methylKit⁵³. Differentially methylated bases were visualized in the mm10 genome with the Integrative Genomics Viewer (IGV)⁵⁴. Network and gene ontology analysis were computed with Metacore® (Clarivate Analytics). In the place of fold change values from differential expression analyses usually used by this program we used as input a weighted methylation metric defined as the product of the number of DM bases in a gene and the sum its $\Delta\beta$ values divided by gene length. Statistical analyses were performed in R version 3.5.2. The GeneOverlap Bioconductor package was used for the significance of overlap of gene lists, and the two sided prop.test function for the difference in population proportions.

Data Availability. Raw sequencing read files and methylation call files have been submitted to the Gene Expression Omnibus (GEO) under accession GSE126955.

Authors' contributions. NO performed the WGBS data analysis and wrote the paper. TYZ supervised the WGBS project, performed Clarivate Analytics MetaCore analysis and wrote the paper. XW performed DNA extraction. JD supervised part of the project. PPS analyzed part of human GWAS data with current animal data. BL performed the behavioral testing and extracted the tissue samples. EJM supervised the project and revised the paper. MJM supervised the project and together with NO wrote the initial draft paper. All authors read and agreed with the final manuscript.

Acknowledgements

This research was funded by grants from the Hope for Depression Research Foundation (EJM and MM) and the National Institute of Mental Health (EJM).

Figure Captions

Figure 1. Social defeat and genome-wide DNA methylation. **a)** Mean +SEM of social interaction (SI) ratio of CSDS-susceptible and non-CSDS exposed control mice ($t_{(7)} = 2.86$, * $p = 0.024$). **b)** The proportion of hypermethylated bases (CSDS > controls) is greater than that of hypomethylated bases at CG sites. Non-CG sites show greater hypomethylated bases than hypermethylated bases. **c)** Pie charts of differentially methylated cytosine bases in sequence context.

Figure 2. Methylation differences of cytosines at genes of interest. **a)** *Esr1*, **b)** *Dcc*, **c)** *Cacna1c*. Larger sized points represent differentially-methylated bases satisfying the significance cut-offs of $|\Delta\beta| > 25$ and $q < 0.01$. Bases hypermethylated in susceptible samples over controls have negative $\Delta\beta$ values; positive values correspond to hypomethylation.

Figure 3. Epigenetic network signature of CSDS in susceptible mice. **a)** GO analysis of genes differentially methylated at upstream sites between CSDS-exposed susceptible and control mice. **b)** Analysis of genes differentially-methylated in the upstream region between CSDS-susceptible and control mice reveals a top network with β -catenin as the hub gene. **c)** GO analysis of genes differentially methylated in the gene body between CSDS-exposed susceptible and control mice. **d)** Analysis of genes differentially methylated in the gene body region between CSDS-exposed susceptible and control mice reveals a top network that includes Ephrin receptors and their ligands as well as β -catenin, *Dcc* and *netrin*, and *Esr1*. The graded intensity of blue dots represents increased DNA methylation in the genes in CSDS-exposed susceptible compared to control mice. The red dots represent decreased DNA methylation in CSDS-exposed susceptible compared to control mice.

Figure 4. Illustration of the common gene pathways between differentially methylated genes in gene body of CSDS-exposed susceptible and control mice and those genes identified in the GWAS for neuroticism. Enrichment analysis of the overlapping genes reveals the WNT- β -catenin pathway as the top biological process that linked to neurogenesis and synaptic plasticity. The blue arrows represents differentially-methylated genes in the CSDS-exposed susceptible and control mice.

References

1. Wichers, M. *et al.* Transition from stress sensitivity to a depressive state: longitudinal twin study. *Br. J. Psychiatry* **195**, 498–503 (2009).
2. Kendler, K. S., Kuhn, J. & Prescott, C. A. The interrelationship of neuroticism, sex, and stressful life events in the prediction of episodes of major depression. *Am. J. Psychiatry* **161**, 631–636 (2004).
3. Nagel, M. *et al.* Meta-analysis of genome-wide association studies for neuroticism in 449,484 individuals identifies novel genetic loci and pathways. *Nat. Genet.* **50**, 920–927 (2018).
4. Dias, C. *et al.* β -catenin mediates stress resilience through Dicer1/microRNA regulation. *Nature* **516**, 51–55 (2014).
5. Russo, S. J. & Nestler, E. J. The brain reward circuitry in mood disorders. *Nature Reviews Neuroscience* **14**, 609–625 (2013).
6. Vialou, V. *et al.* Prefrontal cortical circuit for depression- and anxiety-related behaviors mediated by cholecystokinin: role of Δ FosB. *J. Neurosci.* **34**, 3878–3887 (2014).
7. Bagot, R. C. *et al.* Circuit-wide Transcriptional Profiling Reveals Brain Region-Specific Gene Networks Regulating Depression Susceptibility. *Neuron* **90**, 969–983 (2016).
8. Anacker, C., Luna, V., Millette, A. & Hen, R. 696. Adult Hippocampal Neurogenesis Promotes Stress Resilience by Inhibiting Ventral Dentate Gyrus Activity. *Biological Psychiatry* **81**, S282 (2017).
9. Han, M.-H. & Nestler, E. J. Neural Substrates of Depression and Resilience. *Neurotherapeutics* **14**, 677–686 (2017).

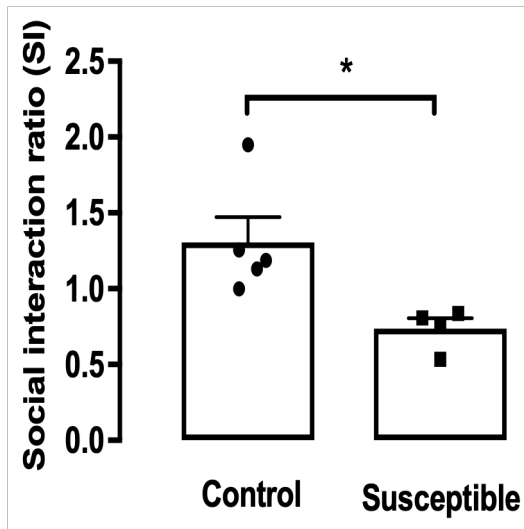
10. Sun, H. *et al.* ACF chromatin-remodeling complex mediates stress-induced depressive-like behavior. *Nat. Med.* **21**, 1146–1153 (2015).
11. Bird, A. Perceptions of epigenetics. *Nature* **447**, 396–398 (2007).
12. Meaney, M. J. & Ferguson-Smith, A. C. Epigenetic regulation of the neural transcriptome: the meaning of the marks. *Nat. Neurosci.* **13**, 1313–1318 (2010).
13. Jones, P. A. Functions of DNA methylation: islands, start sites, gene bodies and beyond. *Nat. Rev. Genet.* **13**, 484–492 (2012).
14. Cholewa-Waclaw, J. *et al.* The Role of Epigenetic Mechanisms in the Regulation of Gene Expression in the Nervous System. *The Journal of Neuroscience* **36**, 11427–11434 (2016).
15. Lister, R. *et al.* Global epigenomic reconfiguration during mammalian brain development. *Science* **341**, 1237905 (2013).
16. Lorsch, Z. S. *et al.* Estrogen receptor α drives pro-resilient transcription in mouse models of depression. *Nat. Commun.* **9**, 1116 (2018).
17. Ziller, M. J. *et al.* Genomic distribution and inter-sample variation of non-CpG methylation across human cell types. *PLoS Genet.* **7**, e1002389 (2011).
18. Zhang, T.-Y. *et al.* Environmental enrichment increases transcriptional and epigenetic differentiation between mouse dorsal and ventral dentate gyrus. *Nat. Commun.* **9**, 298 (2018).
19. Lister, R. *et al.* Hotspots of aberrant epigenomic reprogramming in human induced pluripotent stem cells. *Nature* **471**, 68–73 (2011).
20. Ramsahoye, B. H. *et al.* Non-CpG methylation is prevalent in embryonic stem cells and may be mediated by DNA methyltransferase 3a. *Proc. Natl. Acad. Sci. U. S. A.* **97**, 5237–5242 (2000).
21. Barrès, R. *et al.* Non-CpG Methylation of the PGC-1 α Promoter through DNMT3B Controls Mitochondrial Density. *Cell Metab.* **10**, 189–198 (2009).
22. Ichihanagi, T., Ichihanagi, K., Miyake, M. & Sasaki, H. Accumulation and loss of asymmetric non-CpG methylation during male germ-cell development. *Nucleic Acids Res.* **41**, 738–745 (2013).
23. Shirane, K. *et al.* Mouse oocyte methylomes at base resolution reveal genome-wide accumulation of non-

- CpG methylation and role of DNA methyltransferases. *PLoS Genet.* **9**, e1003439 (2013).
24. Patil, V., Ward, R. L. & Hesson, L. B. The evidence for functional non-CpG methylation in mammalian cells. *Epigenetics* **9**, 823–828 (2014).
 25. Torres-Berrío, A. *et al.* DCC Confers Susceptibility to Depression-like Behaviors in Humans and Mice and Is Regulated by miR-218. *Biol. Psychiatry* **81**, 306–315 (2017).
 26. Terrillion, C. E., Francis, T. C., Puche, A. C., Lobo, M. K. & Gould, T. D. Decreased Nucleus Accumbens Expression of Psychiatric Disorder Risk Gene *Cacna1c* Promotes Susceptibility to Social Stress. *Int. J. Neuropsychopharmacol.* **20**, 428–433 (2017).
 27. Casamassima, F. *et al.* L-type calcium channels and psychiatric disorders: A brief review. *Am. J. Med. Genet. B Neuropsychiatr. Genet.* **153B**, 1373–1390 (2010).
 28. Ferreira, M. A. R. *et al.* Collaborative genome-wide association analysis supports a role for ANK3 and CACNA1C in bipolar disorder. *Nat. Genet.* **40**, 1056–1058 (2008).
 29. Lee, A. S. *et al.* Forebrain elimination of *cacna1c* mediates anxiety-like behavior in mice. *Mol. Psychiatry* **17**, 1054–1055 (2012).
 30. Strohmaier, J. *et al.* The psychiatric vulnerability gene CACNA1C and its sex-specific relationship with personality traits, resilience factors and depressive symptoms in the general population. *Mol. Psychiatry* **18**, 607–613 (2013).
 31. Rao, S. *et al.* Common variants in CACNA1C and MDD susceptibility: A comprehensive meta-analysis. *Am. J. Med. Genet. B Neuropsychiatr. Genet.* **171**, 896–903 (2016).
 32. Starnawska, A. *et al.* CACNA1C hypermethylation is associated with bipolar disorder. *Transl. Psychiatry* **6**, e831 (2016).
 33. Lister, R. *et al.* Human DNA methylomes at base resolution show widespread epigenomic differences. *Nature* **462**, 315–322 (2009).
 34. Okamoto, H. *et al.* Wnt2 expression and signaling is increased by different classes of antidepressant treatments. *Biol. Psychiatry* **68**, 521–527 (2010).
 35. MacDonald, B. T., Tamai, K. & He, X. Wnt/ β -Catenin Signaling: Components, Mechanisms, and Diseases.

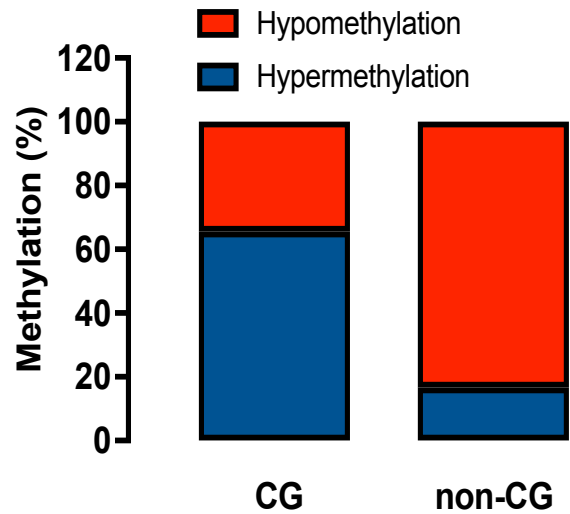
- Developmental Cell* **17**, 9–26 (2009).
36. Pasquale, E. B. Eph-ephrin bidirectional signaling in physiology and disease. *Cell* **133**, 38–52 (2008).
 37. Ashton, R. S. *et al.* Astrocytes regulate adult hippocampal neurogenesis through ephrin-B signaling. *Nat. Neurosci.* **15**, 1399–1406 (2012).
 38. Hansell, N. K. *et al.* Genetic co-morbidity between neuroticism, anxiety/depression and somatic distress in a population sample of adolescent and young adult twins. *Psychological Medicine* **42**, 1249–1260 (2012).
 39. Hing, B. *et al.* Chronic social stress induces DNA methylation changes at an evolutionary conserved intergenic region in chromosome X. *Epigenetics* **13**, 627–641 (2018).
 40. LaPlant, Q. *et al.* Dnmt3a regulates emotional behavior and spine plasticity in the nucleus accumbens. *Nat. Neurosci.* **13**, 1137–1143 (2010).
 41. Bagot, R. C., Labonté, B., Peña, C. J. & Nestler, E. J. Epigenetic signaling in psychiatric disorders: stress and depression. *Dialogues Clin. Neurosci.* **16**, 281–295 (2014).
 42. Jia, D., Jurkowska, R. Z., Zhang, X., Jeltsch, A. & Cheng, X. Structure of Dnmt3a bound to Dnmt3L suggests a model for de novo DNA methylation. *Nature* **449**, 248–251 (2007).
 43. Hodes, G. E. *et al.* Sex Differences in Nucleus Accumbens Transcriptome Profiles Associated with Susceptibility versus Resilience to Subchronic Variable Stress. *J. Neurosci.* **35**, 16362–16376 (2015).
 44. Wilkinson, M. B. *et al.* A novel role of the WNT-dishevelled-GSK3 β signaling cascade in the mouse nucleus accumbens in a social defeat model of depression. *J. Neurosci.* **31**, 9084–9092 (2011).
 45. Arevalo, M.-A., Azcoitia, I. & Garcia-Segura, L. M. The neuroprotective actions of oestradiol and oestrogen receptors. *Nat. Rev. Neurosci.* **16**, 17–29 (2015).
 46. Galea, L. A. M. Gonadal hormone modulation of neurogenesis in the dentate gyrus of adult male and female rodents. *Brain Res. Rev.* **57**, 332–341 (2008).
 47. Hajszan, T. *et al.* Effects of estradiol on learned helplessness and associated remodeling of hippocampal spine synapses in female rats. *Biol. Psychiatry* **67**, 168–174 (2010).
 48. Walf, A. A. & Frye, C. A. A review and update of mechanisms of estrogen in the hippocampus and amygdala for anxiety and depression behavior. *Neuropsychopharmacology* **31**, 1097–1111 (2006).

49. Carrier, N. *et al.* The Anxiolytic and Antidepressant-like Effects of Testosterone and Estrogen in Gonadectomized Male Rats. *Biol. Psychiatry* **78**, 259–269 (2015).
50. Krishnan, V. *et al.* Molecular adaptations underlying susceptibility and resistance to social defeat in brain reward regions. *Cell* **131**, 391–404 (2007).
51. Krueger, F. & Andrews, S. R. Bismark: a flexible aligner and methylation caller for Bisulfite-Seq applications. *Bioinformatics* **27**, 1571–1572 (2011).
52. Li, H. *et al.* The Sequence Alignment/Map format and SAMtools. *Bioinformatics* **25**, 2078–2079 (2009).
53. Akalin, A. *et al.* methylKit: a comprehensive R package for the analysis of genome-wide DNA methylation profiles. *Genome Biol.* **13**, R87 (2012).
54. Thorvaldsdóttir, H., Robinson, J. T. & Mesirov, J. P. Integrative Genomics Viewer (IGV): high-performance genomics data visualization and exploration. *Brief. Bioinform.* **14**, 178–192 (2013).

a.

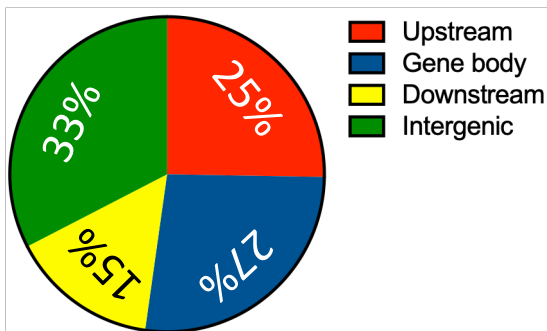


b.

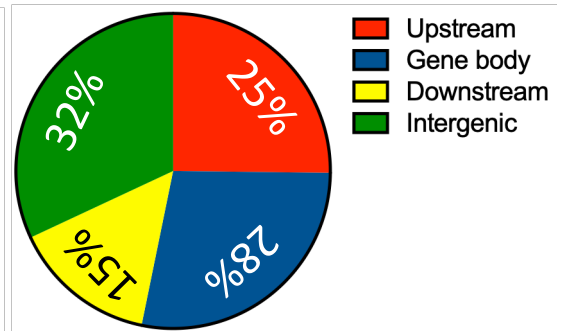


c.

CG hypermethylation



CG hypomethylation



Non-CG hypermethylation Non-CG hypomethylation

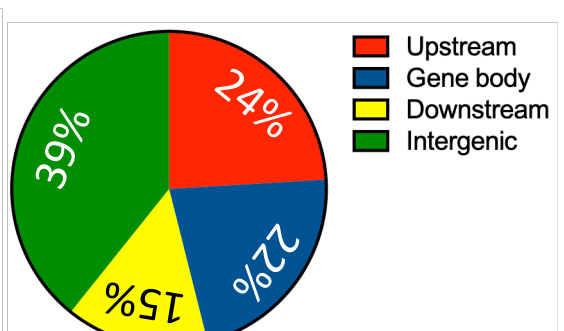
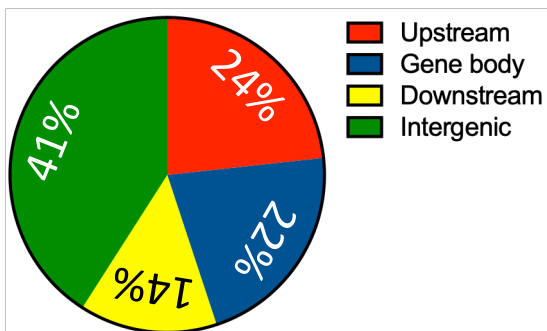
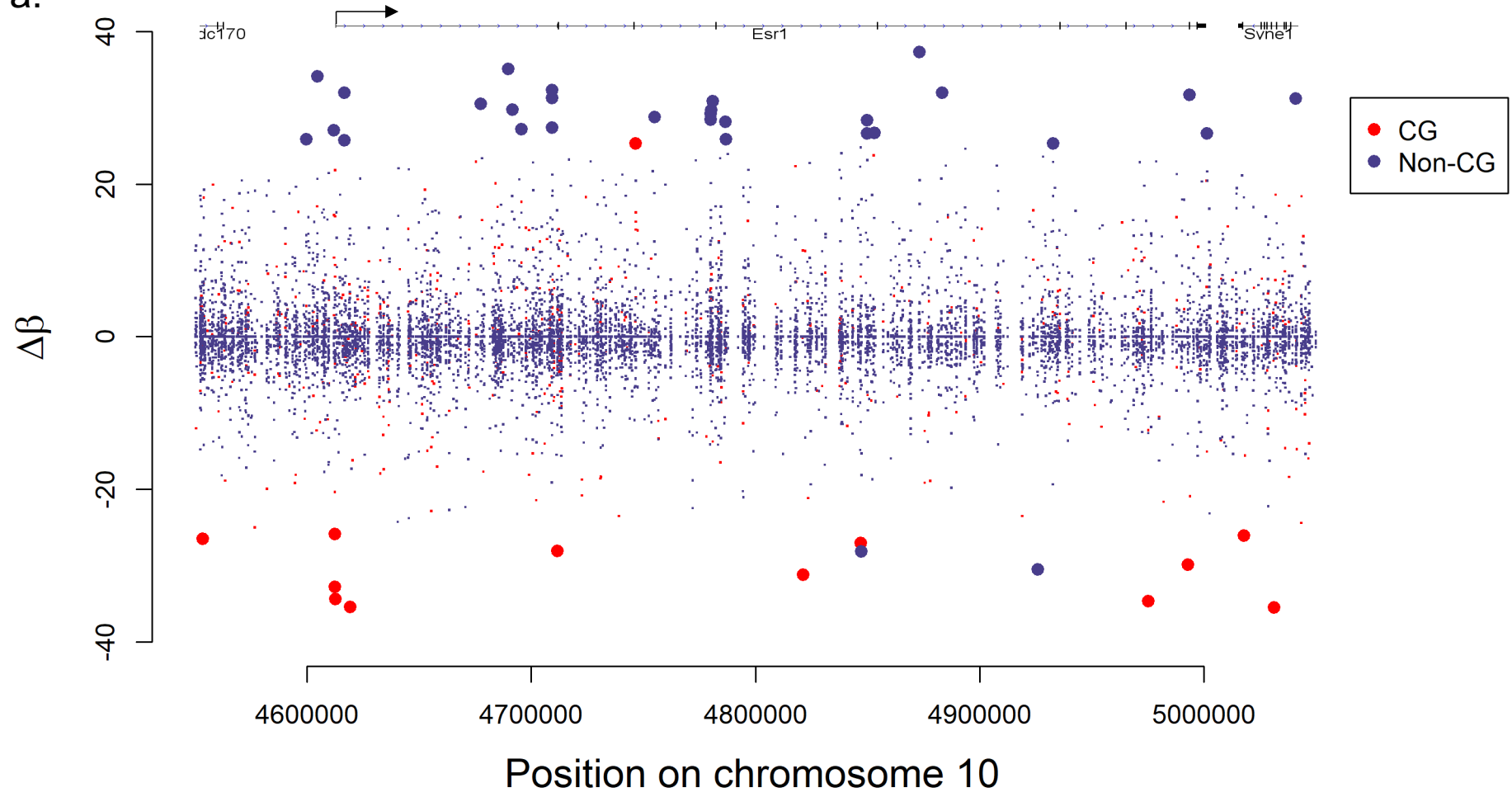
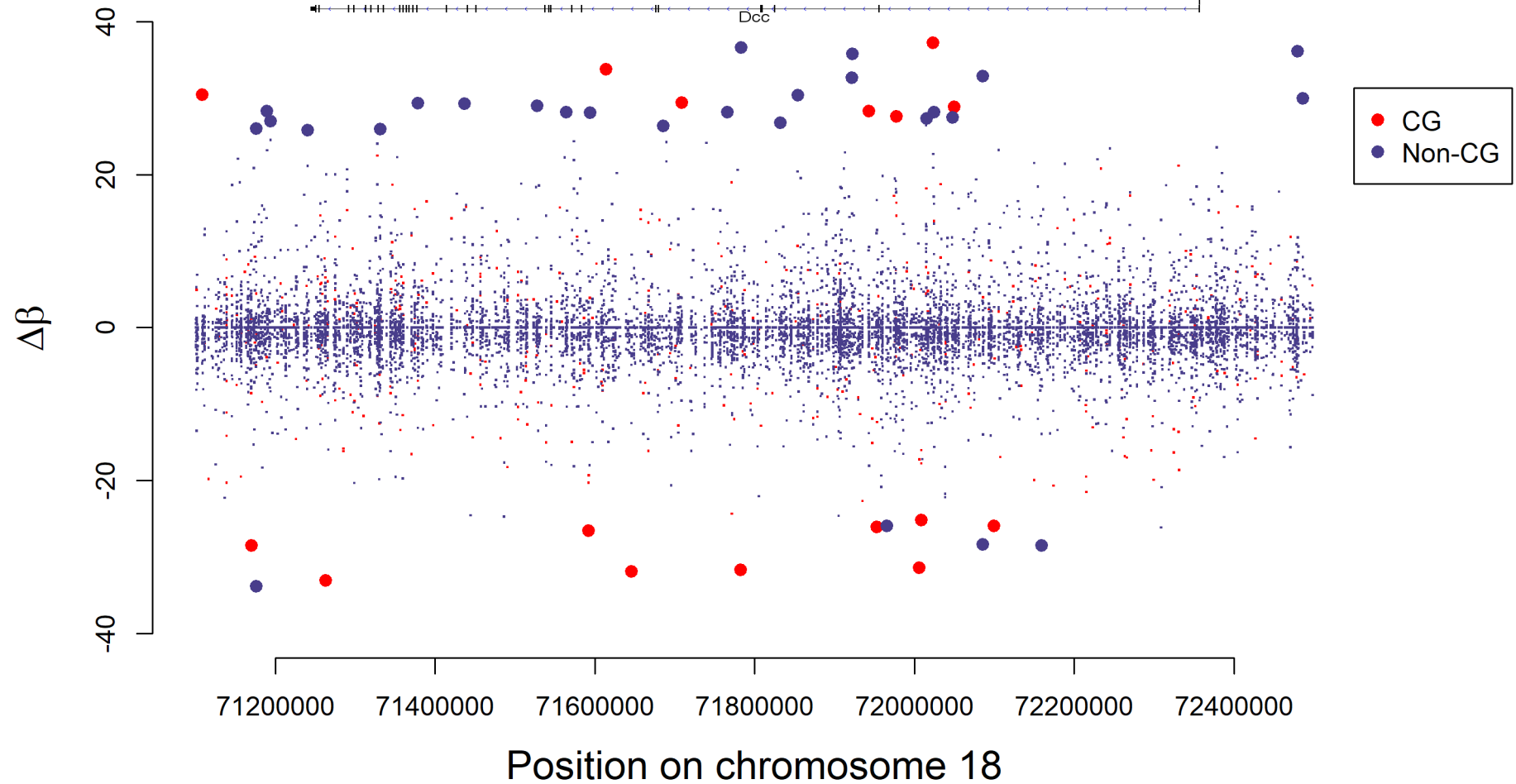


Figure 1.

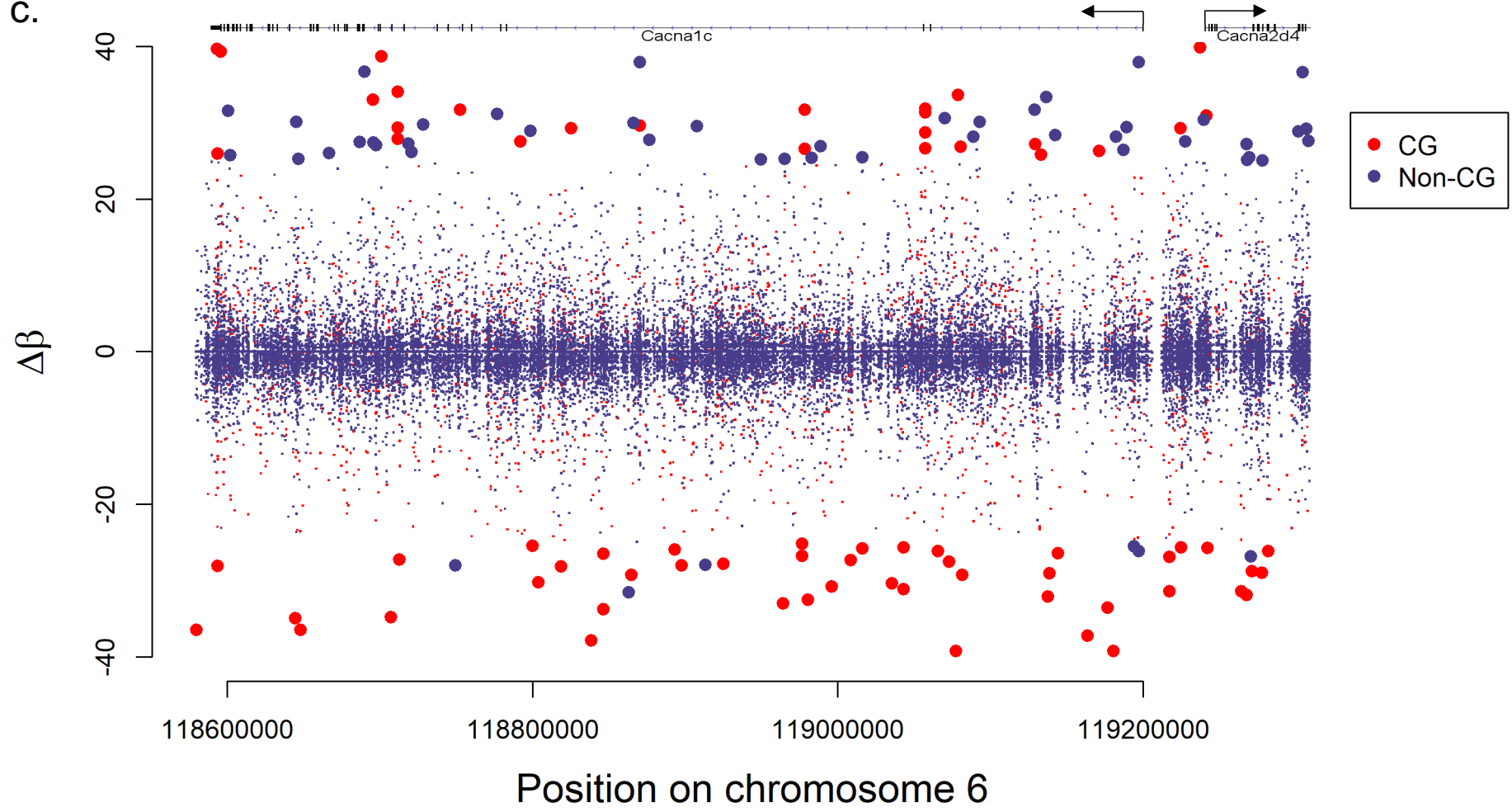
a.



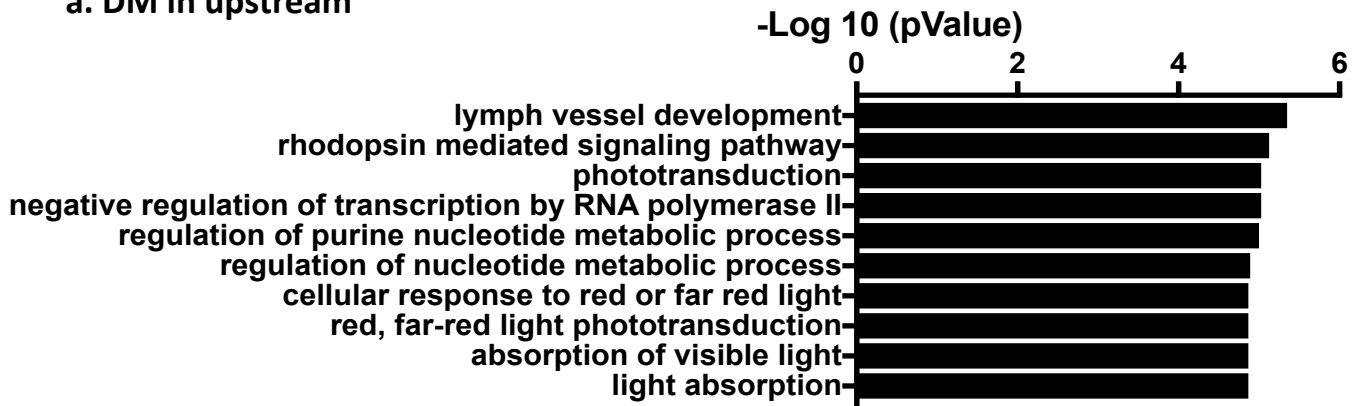
b.



c.



a. DM in upstream



b. Gene network

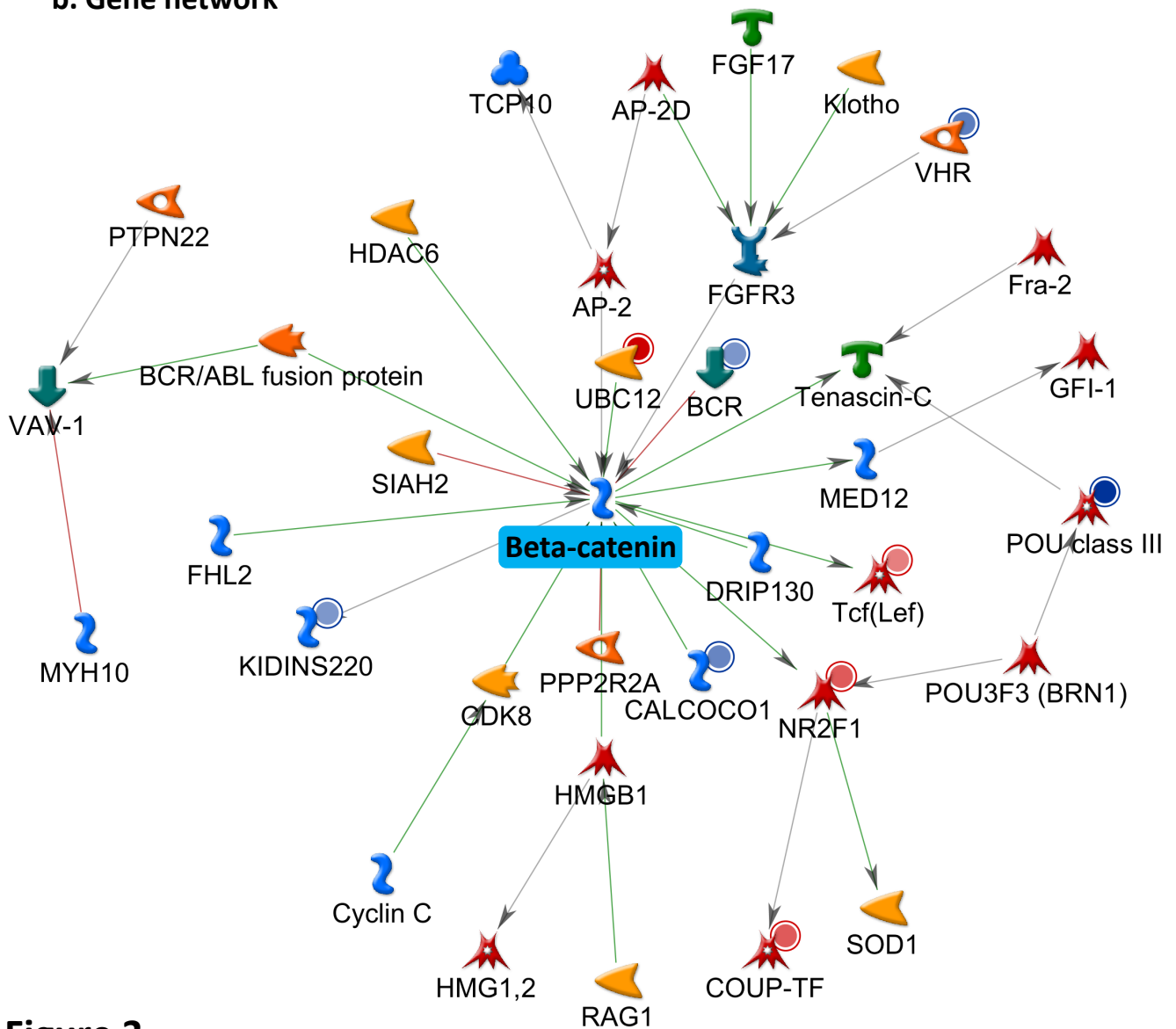
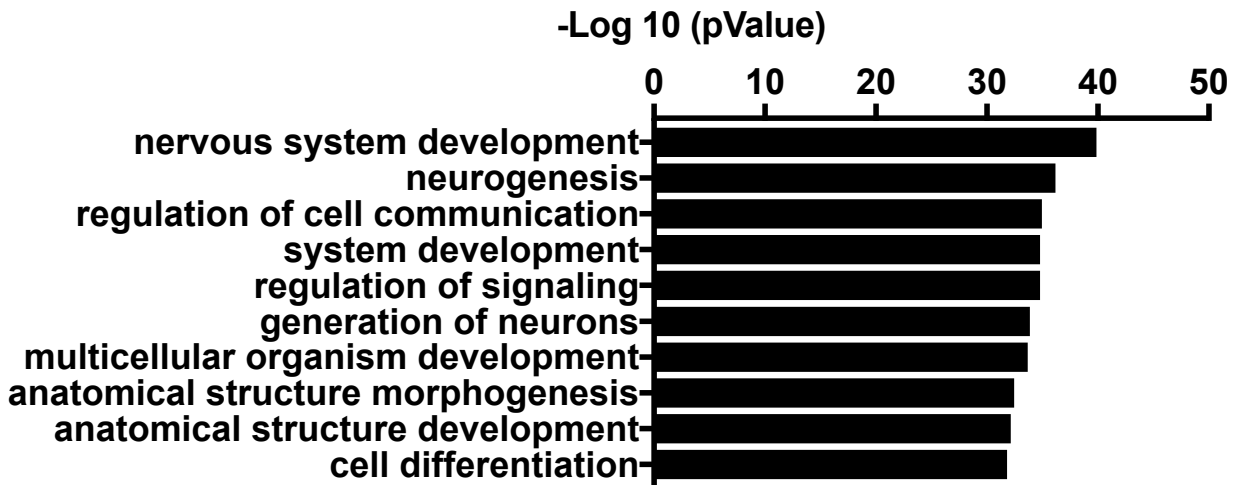


Figure 3.

c. DM in gene body



d. Gene network

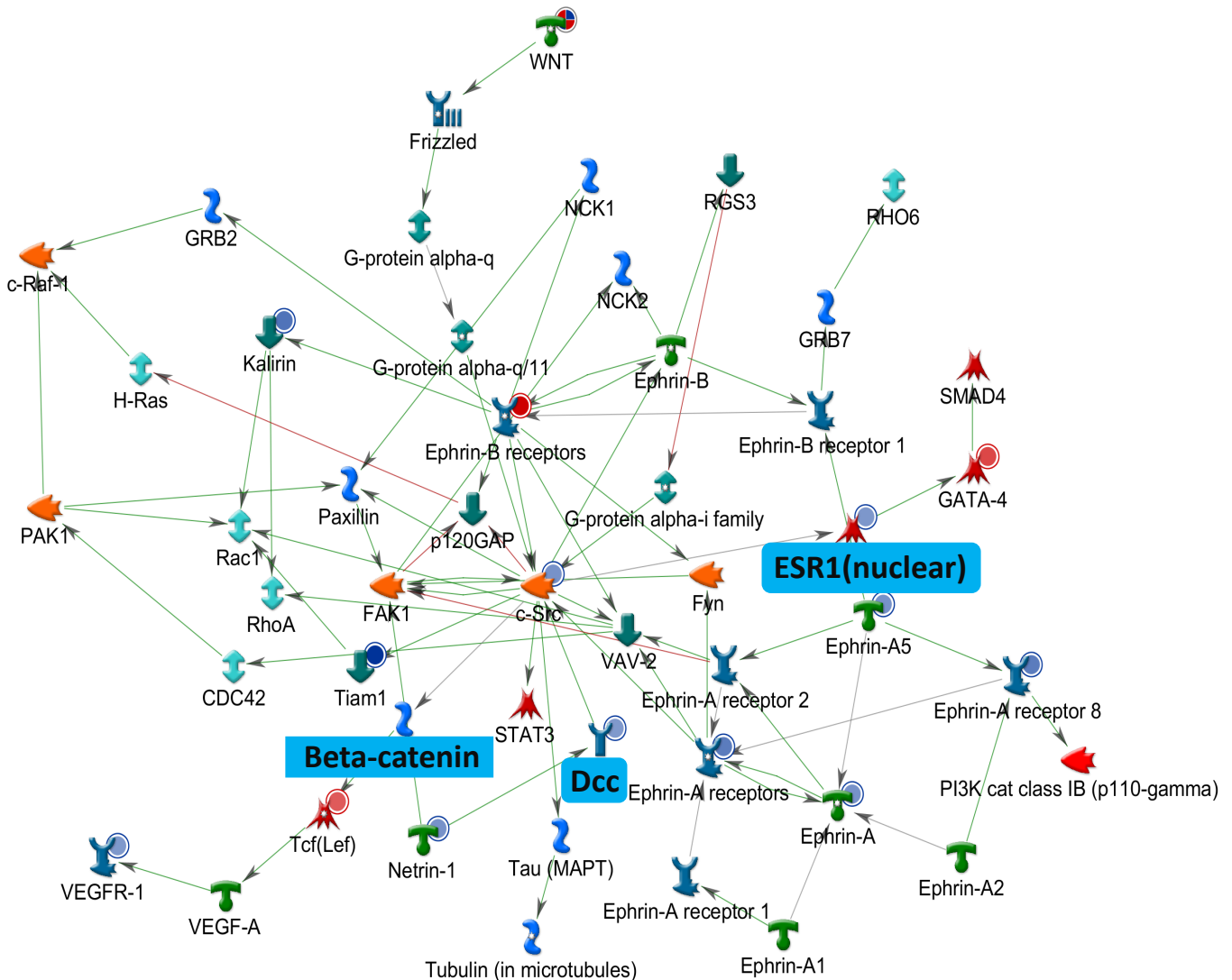


Figure 3.

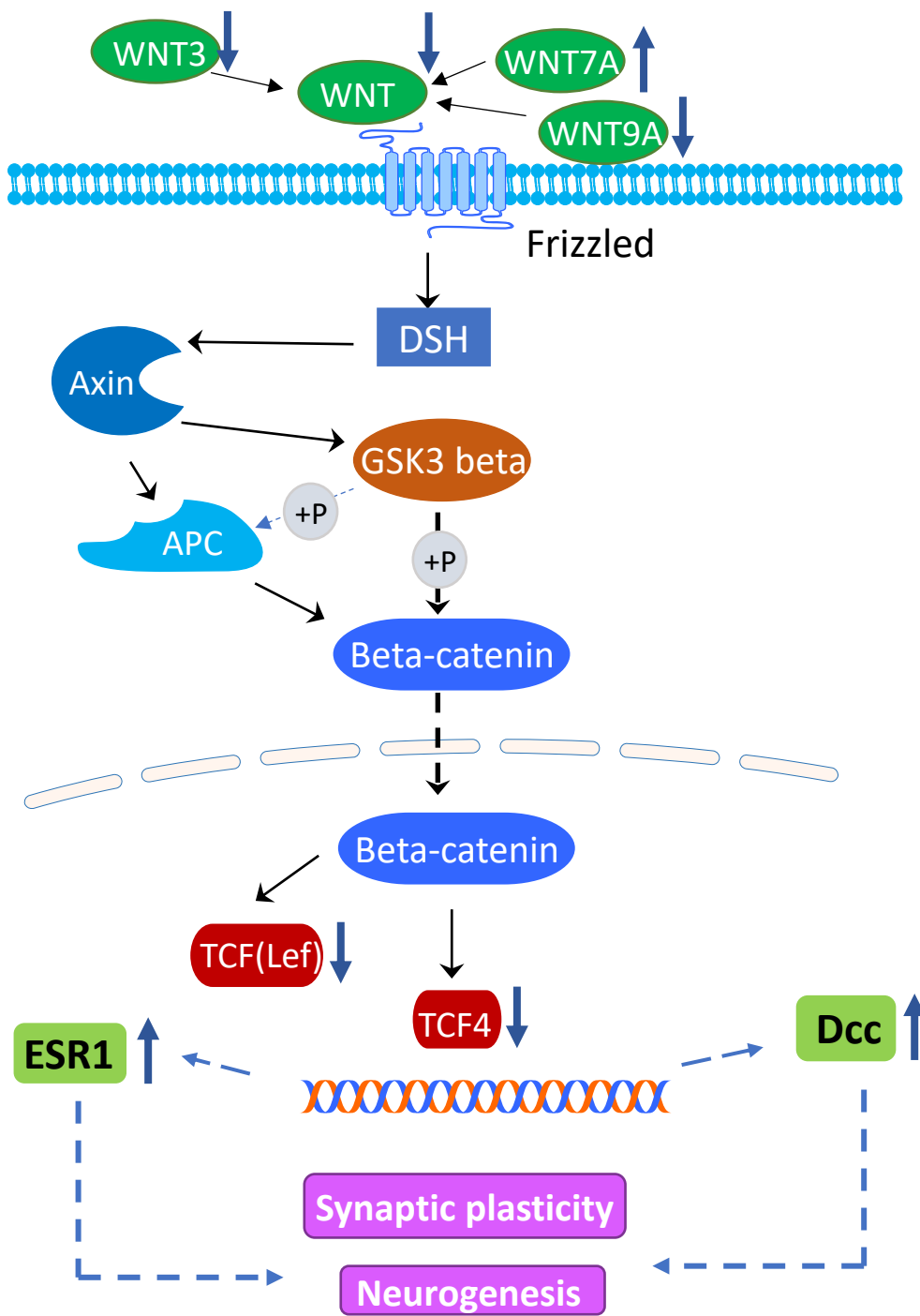


Figure 4