

1 **Title:** Complexity matching: brain signals mirror environment information patterns during music
2 listening and reward

3 **Abbreviated title (50 character max):** Brain-environment complexity matching

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20

21 Abstract

22 Understanding how the human brain integrates information from the environment with
23 ongoing, internal brain signals in order to produce individual perspective is an essential element
24 of understanding the human mind. Brain signal complexity, measured with multiscale entropy,
25 has been employed as a measure of information processing in the brain (Carpentier et al., 2016),
26 and we propose that it can also be used to measure the information available from a stimulus. We
27 can directly assess the correspondence, or functional isomorphism, between brain signal
28 complexity and stimulus complexity as an indication of how well the brain reflects the content of
29 the environment in an analysis that we termed *complexity matching*. Music makes an ideal
30 stimulus input because it is a multidimensional, complex signal, and because of its emotion and
31 reward-inducing potential. We found that electroencephalography (EEG) complexity was lower
32 and more closely resembled the musical complexity when participants performed a perceptual
33 task that required them to closely track the acoustics, compared to an emotional task that asked
34 them to think about how the music made them feel. Music-derived reward scores on the
35 Barcelona Music Reward Questionnaire (Mas-Herrero et al., 2013) correlated with worse
36 complexity matching and higher EEG complexity. Compared to perceptual-level processing,
37 emotional and reward responses are associated with additional internal information processes
38 above and beyond those in the external stimulus.

61 brain signals and those in the individual's environment. Furthermore, we were interested in
62 whether this correspondence would be related to the cognitive-affective state of the individual.

63 Music offers an ideal stimulus from which to measure information content. Complicated
64 music structures are created following application of combination rules to subordinate motifs.
65 This makes it possible to describe a functional isomorphism between the brain and environment
66 information by calculating music complexity and comparing it to the complexity of brain signals
67 of the listener. We propose that this measure of comparison between EEG complexity and music
68 complexity, or *complexity matching*, will provide a relative indication of the degree to which
69 environmental information structure is reflected in brain signal structure.

70 Complexity matching is calculated as Procrustes distance (Gower, 1975) between the
71 music and EEG multiscale entropy (MSE). MSE calculates sample entropy at multiple
72 timescales (Costa et al., 2002, 2005). Like brain signals, music also has structure at multiple
73 timescales, and MSE seems an appropriate measure of complexity for a given music passage.
74 Procrustes distance produces a quantity of similarity between the structure of the music and the
75 structure of the ensuing brain signals. A relatively high value of matching together with lower
76 EEG MSE would suggest that the brain has activated the necessary information processing
77 resources for immediate perception, and little else. Conversely, relatively lower complexity
78 matching but high neural complexity would suggest that internal processes, different from
79 immediate stimulus perception, dominate the neural response. This metric was inspired by the
80 ideas in Tononi et al. (Tononi et al., 1996)

81 The level of brain-environment information integration may be related to cognition and
82 subjective perspective. To examine the relationship between brain-environment matching and
83 cognitive-affective state, we calculated complexity matching while participants performed a

84 music perception task and a music emotion evocation task. We expect that active attention to the
85 acoustics of the music during the perceptual task will be accompanied by brain signal complexity
86 that more closely resembles the music, compared to the emotional task that involves additional
87 internally processes and, therefore, will provide less of a match to the environment.

88 We also analyzed the relationship between complexity matching and music-derived
89 reward scores from the Barcelona Music Reward Questionnaire (BMRQ). The ability to perceive
90 musical structure is essential to the enjoyment of music (Meyer, 1956; Huron, 2006): therefore, it
91 is possible that a certain minimum quantity of complexity matching may be required for the
92 listener to have the necessary appreciation of the underlying ‘gist’ or skeleton structure of the
93 piece. Perhaps without sufficient neural integration of music signals, the listener would be unable
94 to perceive separate noise sounds as unified. In accordance with our prediction that the emotional
95 task will be associated with a lower complexity match than the perceptual task, we expect that
96 higher music reward involves internally-driven, individual responses and therefore will correlate
97 with higher complexity and lower complexity matching.

98

99 **Materials and Methods**

100 *Participants*

101 Eighteen healthy young adults aged 19-35 (M = 26; 10 female) were recruited from the
102 Greater Toronto Area to take part in the study and provided written informed consent in
103 accordance with the joint Baycrest Centre-University of Toronto Research Ethics Committee.
104 Prior to arriving to the lab for the experimental session, participants completed an online
105 questionnaire about their music listening habits, and musical training was assessed as a 1-5 scale:
106 1) No formal training, cannot play an instrument; 2) Can play an instrument without formal

107 training; 3) Less than 1 year of formal music training; 4) Between 1-5 years of formal training;
108 and 5) More than 5 years of formal training.

109 *Barcelona Music Reward Questionnaire*

110 Music reward is highly individual, and the BMRQ was developed to describe some of the
111 main facets of the variance in how people experience reward from music listening (Mas-Herrero
112 et al., 2013). Participants are asked to indicate the level of agreement with each of 20 statements
113 by using a 5-point scale ranging from (1) “fully disagree” to (5) “fully agree,” with a higher
114 score indicating the subject experiences more music reward and a lower score indicating they do
115 not experience music associated rewarding feelings. These statements represent five major
116 factors of music reward: (1) Emotional Evocation; (2) Mood Regulation; (3) Musical Seeking;
117 (4) Social Reward; and (5) Sensory-Motor.

118 *Emotional Evocation* refers to the idea that music can both convey and induce emotion
119 (also referred to as emotional contagion), such as joy or sadness, and that listeners might seek out
120 music that contains emotion (Juslin and Laukka, 2004; Juslin and Västfjäll, 2008; Vuoskoski and
121 Eerola, 2012). The BMRQ distinguishes evoked feelings, which may be short-lived and vary
122 across a single music piece; from the way some listeners use music to alter their own longer
123 lasting mood or hedonic state after the song has finished (e.g. Carter, Wilson, Lawson, & Bulik,
124 1995; Västfjäll, 2001). *Mood Regulation* refers to the idea that music can be used to comfort,
125 relieve stress, or enhance relaxation (for a review see Juslin & Sloboda, 2010), and a particular
126 point has been raised about the use of music in marketing or film to manipulate and induce
127 hedonic states (Cohen, 2001). *Musical Seeking* can also be referred to as “knowing about music.”
128 This facet describes that some listeners get reward from extracting, pursuing, sharing, and
129 seeking information regarding specific music pieces, composers, performers, or other

130 information related to music. Listeners may also experience pleasure when recognizing music
131 quotations or allusions to other works. *Social Reward* may be gained by music through its
132 enhancement of social bonds or social cohesion (Cross and Morley, 2009). Lastly, the *Sensory-*
133 *Motor* facet captures reward experienced by the pull music has over some people to move to
134 music.

135 ***Behaviour Tasks***

136 Forty operatic and classical musical segments were selected after piloting for a range of
137 emotional reactions of the listener and of pitch and tempo. The pieces spanned a range with only
138 instruments to both instruments and voice. For this study, we wanted to ensure the range of
139 individual experience was as broad as possible to get reasonable ranges of arousal and valence
140 ratings and comparable volatility in the perceptual task. Segment lengths ranged between 0:40-
141 1:17 min. This choice was made to allow each segment to conclude naturally at the end of a
142 musical phrase, rather than ending abruptly in the middle. Thirty pieces were selected for the
143 emotional task and ten pieces for the perceptual task (Table 1). Importantly, there was no
144 difference in the music complexity (MSE) between the tasks ($p > 0.1$).

Table 1. *List of songs for each tasks*

Emotional Valence Songs

- Adams “Nixon in China, ‘Beginning’”
- Adams “Disappointment Lake”
- Bach “No. 3 Aria ‘Es Ist Vollbracht’”
- Barber “Adagio for Strings”
- Brahms “Intermezzo No. 2 in A Major, Op. 118”
- Delibes “Lakmé/Flower Duet”
- Elgar “Variation IX (Adagio) ‘Nimrod’”
- Galvany “Oh My Son”
- Gluck “Armide Act IV Air Sicilien”
- Goodall “Belief”
- Ives “Three Places in New England Orchestral Set No.1”
- Liszt “Totentanz”
- Monteverdi “Zefiro Torna”
- Mozart “Cosi fan tutte”
- Mozetich “The Passion of Angels”
- Penderecki “Threnody to the Victims of Hiroshima”
- Puccini “O soave fanciulla”
- Rameau “Entrée de Polymnie”
- Richter “Vivaldi’s Summer”
- Rossini “Barbiere di Siviglia: Largo Al Factotum”
- Schroer “Field of Stars”
- Schumann-Liszt “Liebeslied (Widmung)”
- Staniland “Solstice Songs No. 2 Interlude”
- Stravinsky “Glorification of the Chosen One”
- Tarrega “Recuerdos De La Alhambra”
- Verdi “Messa Da Requiem: Dies Irae-Tuba Mirum Part 1”
- Verdi “Messa Da Requiem: Dies Irae-Tuba Mirum Part 2”

- Part “Spiegel im Spiegel”
- Wagner “Die Walkurie, Act 3: Ride of the Valkyries”
- Wagner “Tristan Und Isolde/ Act 2 – Prelude”

Perceptual Songs

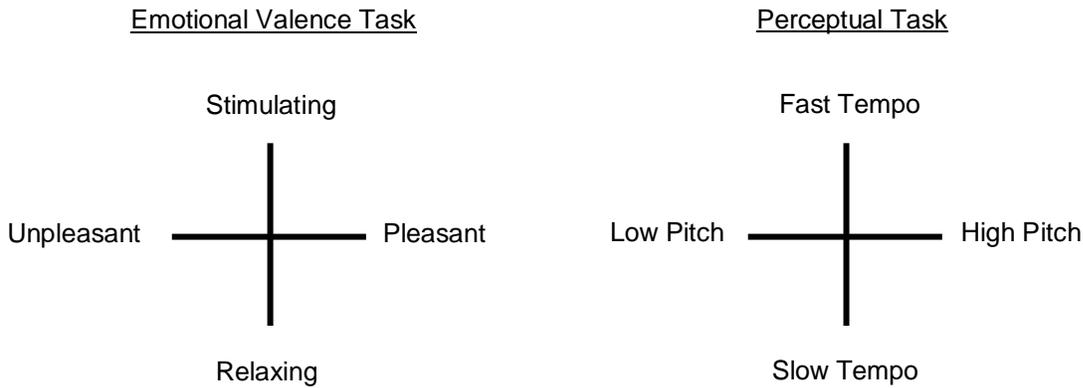
- Beethoven “Sonata in A Major Op. 69”
- Brahms “Violin Concerto in D, Op 77-3”
- Glass “Glassworks Opening”
- Haydn “Cello Concerto in D Major”
- Mozart “Symphony No. 40 in G-minor, K. 550, Finale”
- Praetorius “Praeambulum”
- Strauss – Der Rosenkavalier Act III/Duet-Denouement and Grand Waltz – Coda”
- Strauss “September”
- Vivaldi “Concerto for Violin, Stings and Harpsichord in G”
- Vivaldi “Stabat Mater”

145

146 During the emotional task, a computer screen in front of participants showed four
147 quadrants marked on two dimensions: Stimulating-Relaxing, and Pleasant-Unpleasant (Figure 1).
148 Participants were asked to move a mouse around the quadrant space in a continuous manner
149 during each song based on *how the music made them feel* on the two dimensions. Participants
150 were explicitly instructed to report of their own feelings during music listening, and not the
151 alternative of reporting on what emotions they believe are expressed in the music (emotional
152 conveyance). The task design was modeled after the *valence-arousal model* of Hunter &
153 Schellenberg, 2010. They labeled their dimensions high arousal-low arousal and positive
154 valence-negative valence, and we altered our labels after pilot tests to be more intuitive for
155 subjects. This valence-arousal model is designed to capture a wide range of emotions. In their
156 study, difference valence and arousal combinations were associated with multiple different
157 emotions. For example, high arousal/negative valence was correlated with distress, fear and
158 anger, low arousal/positive valence was associated with feelings of peace, contentment and
159 relaxation. Participants from our pilot sample gave similar reports. In this way, it is possible to
160 capture a larger range of emotions without limiting responses to more specific emotions.

161 The perceptual task mimicked the emotional task, with the difference being participants
162 were required to assess pitch and tempo for each song (Figure 1). Once again, a screen in front of

163 them displayed four quadrants with two dimensions (High-Low Pitch and Fast-Slow Tempo),
164 and participants moved a mouse in a continuous manner on the screen based on the pitch and
165 tempo of each song.



167 **Figure 1.** Participants viewed screens with each of the above quadrants during each task. They were asked to move
168 a mouse continuously around the quadrant space depending on how the music was making them feel in that moment
169 (emotional task) or based on their judgments of pitch and tempo (perceptual task).
170

171 **Experimental Procedure**

172 The experimental session began with five perceptual task songs, followed by all thirty
173 emotional songs, and concluded with the remaining five perceptual songs. Perceptual songs were
174 always presented in the same order. Emotional songs were presented in one of two
175 counterbalance orders. Pieces in the first order were curated to have a sense of flow between
176 them and avoid jarring transitions from one song to the next that may disrupt emotional
177 experiences. The second order was the reverse of the first. There was no significant effect of
178 counterbalance order on any of our measures. All stimuli were presented through ER 3A insert
179 earphones (Etymotic Research, Elk Grove, U.S.A.), while participants were seated in a
180 soundproof room.

181 ***EEG Recording and Pre-Processing***

182 EEG was recorded using a 64+10 Biosemi Active Two System at a sampling rate of 512
183 Hz. Continuous EEG recordings were bandpass filtered at 0.5-90 Hz, with a notch filter at 55-65
184 Hz for line noise. The shortest music segment was 40 seconds, so EEG data for each song was
185 segmented into 4 x 10 s epochs and baseline corrected based on a 200 ms pre-stimulus interval.
186 Trials with excessive signal amplitude were rejected. Ocular and muscle artifact removal was
187 performed on the remaining concatenated trials using Independent Component Analysis (ICA)
188 implemented in EEGLAB (Delorme and Makeig, 2004). The highest number of trials lost for any
189 subject was 8 out of 40, 7 subjects retained all trials, and the average number rejected trials from
190 remaining subjects was 2.67, with no difference in trial rejection between conditions.

191 We performed source estimation at the 68 ROIs of the Desikan-Killiany Atlas (Desikan
192 et al., 2006), using sLORETTA (Pascual-Marqui, 2002) as implemented in Brainstorm (Tadel et
193 al., 2011). Brainstorm is documented and freely available for download under the GNU general
194 public license (<http://neuroimage.usc.edu/brainstorm>). Source reconstruction was constrained to
195 the cortical mantle of the brain template MNI/Colin27 defined by the Montreal Neurological
196 Institute (Holmes et al., 1998). Current density for one source orientation (X component) was
197 estimated for 15,768 equally spaced vertices and the source waveform was mapped at the 68
198 brain regions of interest as an average taken over all vertices in each region. Multiscale Entropy
199 was calculated on the source waveform at each ROI for each subject as a measure of brain signal
200 complexity.

201 **Data Analyses**

202 *Multiscale Entropy*

203 MSE has been previously validated as a measure of brain signal complexity (Catarino et
204 al., 2011; McIntosh et al., 2008; Mišić, Mills, Taylor, & McIntosh, 2010). We calculated MSE in

205 two steps using the algorithm available at www.physionet.org/physiotools/mse. First, the source
206 EEG and music signals were progressively down-sampled into multiple coarse-grained
207 timescales where, for scale t , the time series is constructed by averaging the data points with non-
208 overlapping windows of length t . Each element of the coarse-grained time series, $y_j^{(t)}$, is
209 calculated according to Eq. (2):

$$210 \quad y_j^{(t)} = \frac{1}{t} \sum_{i=(j-1)t+1}^{jt} x_i, 1 \leq \frac{N}{t} \quad (1)$$

211 The number of scales is determined by a function of the number of data points in the
212 signal and MSE was calculated for 100 timescales [sampling rate (512Hz) * epoch (10,000
213 ms)/50 time points per epoch = maximum of 102.4 scales].

214 Second, the algorithm calculates the sample entropy (S_E) for each coarse-grained
215 timeseries $y_j^{(t)}$:

$$216 \quad S_E(m, r, N) = \ln \frac{\sum_{i=1}^{N-m} n'_i m}{\sum_{i=1}^{N-m} n'_i m + 1} \quad (2)$$

217 Sample entropy quantifies the predictability of a time series by calculating the conditional
218 probability that any two sequences of m consecutive data points that are similar to each other
219 within a certain similarity criterion (r) will remain similar at the next point ($m+1$) in the data set
220 (N), where N is the length of the time series (Richman & Moorman, 2000). In this study, MSE
221 was calculated with pattern length set to $m = 2$, and similarity criterion was to $r = 0.5$. The value
222 r is defined as a proportion of the standard deviation of the original data (Costa, Goldberger, &
223 Peng, 2004; Richman & Moorman, 2000). MSE estimates were obtained for each participant's
224 EEG source time series as a mean across single-trial entropy measures for each timescale.

225 Music pieces were imported into Matlab using the *wavread* function at a sampling rate of
226 11.25 kHz (MathWorks, Inc. Release 2011b). Music auditory signal MSE was subsequently
227 calculated with the same parameter values and the same number of timescales as the EEG source
228 MSE.

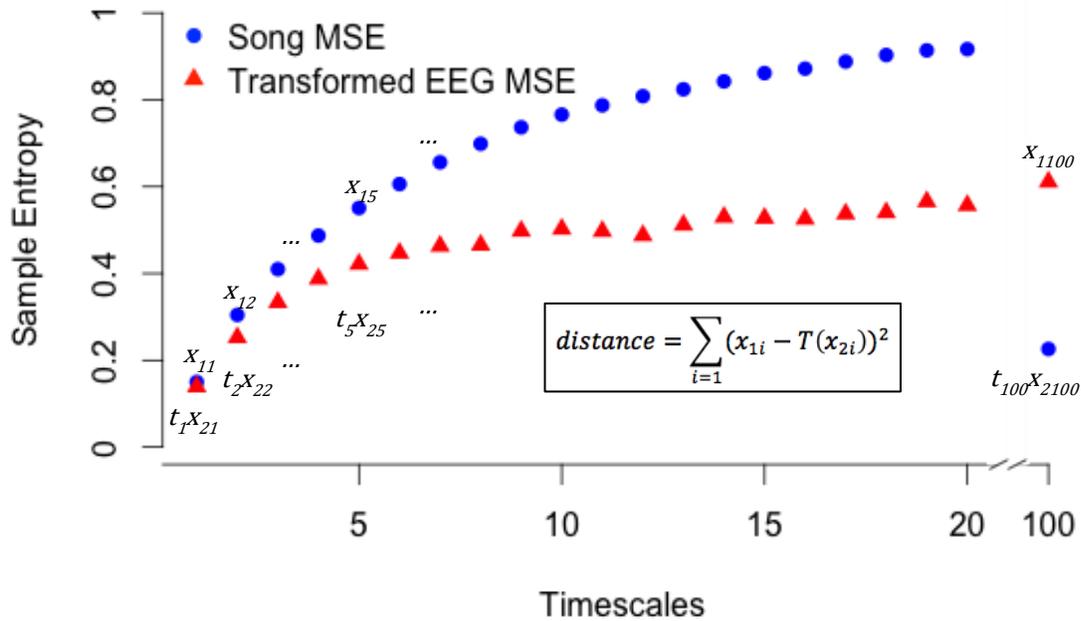
229 ***Complexity Matching***

230 Complexity matching applies Procrustes analysis to measure the equivalence of the MSE
231 curve for the auditory signal of a song (X_I) and the MSE curve of the EEG source time series of a
232 participant listening to that song (X_{2j}), for all j ROIs individually (Gower, 1975). It minimizes the
233 sum of the squared deviations between matching corresponding points (landmarks) from each of
234 the two data sets (MSE curves), allowing for scaling, translation and orthogonal rotation of X_I to
235 fit X_{2j} , where choice of label X_I or X_2 is arbitrary. X_I and X_{2j} must have the same number of i
236 sample points, or ‘landmarks’, and Procrustes matches X_{Ii} to X_{2ij} . In our simple case of two
237 vectors, the rotation matrix T such that X_I best fits X_{2j} is given as $T = V'U$ from the singular
238 value decomposition $X_I' X_{2j} = U'SV$. Without translation and scaling this problem is known as
239 Procrustes rotation. Dissimilarity of X_I and X_{2j} is given as the *Procrustes distance*:

$$240 \quad \text{distance} = \sum_{i=1} (X_{1i} - T(X_{2ij}))^2 \quad (3)$$

241 A smaller distance value denotes greater similarity between the two curves, or a closer match
242 between them. The analysis returns a distance value for each ROI for each participant. Procrustes
243 distance was calculated using the Matlab function *procrustes* (MathWorks, Inc. Release 2011b).

244 Figure 2 presents a conceptual depiction of our implementation of *complexity matching*.



245

246 **Figure 2.** Complexity matching applies Procrustes' analysis to determine a linear transformation (scaling,
247 translation and orthogonal rotation) of the points in X_2 (EEG source MSE for a given ROI) to best match the points
248 in X_1 (song MSE). The goodness-of-fit criterion is the sum of squared errors, and Procrustes distance is the
249 minimized value of this dissimilarity measure. Distance is standardized by a measure of the scale of X_1 .

250

251 ***Spectral Power***

252 Studies have found that MSE and power spectrum density (PSD) provide complementary
253 information on neural signals (Gudmundsson et al., 2007; McIntosh et al., 2008; Mišić et al.,
254 2010). For example, both measures follow similarities for time maturational changes, but with
255 different spatial and temporal patterns (McIntosh et al., 2008; Lippé et al., 2009; Mišić et al.,
256 2010). Mišić and colleagues (2014) found substantial differences between PSD and MSE effects.
257 In their sample, individuals with Autism Spectrum Disorder (ASD) displayed only group main
258 effects on PSD, but a group x task interaction on MSE, and the effects were different both
259 spatially and temporally. This indicates that MSE captures an aspect of neural information

260 processing in ASD above and beyond what can be gleaned from a traditional analysis of spectral
261 power.

262 To determine the extent to which training- and task-based differences in MSE are related
263 to spectral density, we computed PSD for all single-trial time series. Single-trial power spectra
264 were computed using the Fast Fourier Transform. To capture the relative contribution from each
265 frequency band, all time series were first normalized to mean = 0 and SD = 1. Given the
266 sampling rate of 512 Hz and 5,120 data points per trial, the frequency resolution was effectively
267 0.100 Hz and the analysis was constrained to the [0.100, 90] Hz range, with a notch filter for line
268 noise at 55-65 Hz.

269 *Partial Least Squares*

270 Task partial least squares analysis (PLS) was used to statistically assess task and epoch
271 related effects in MSE and PSD. Task PLS is a multivariate statistical technique similar to
272 canonical correlation which employs singular value decomposition (SVD) to extract latent
273 variables (LVs) that capture the maximum covariance between the task design and neural
274 activity. Each LV consisted of: (1) a singular vector of design scores, (2) a singular vector of
275 saliences showing the distribution across brain regions and sampling scales, (3) a singular value
276 (s) representing the covariance between the design scores and the singular image (McIntosh et
277 al., 1996; McIntosh and Lobaugh, 2004).

278 The statistical significance of each LV was determined using permutation testing (Good,
279 2000; McIntosh and Lobaugh, 2004). The rows of X are randomly reordered (permuted) and the
280 new data were subjected to SVD as before, to obtain a new set of singular values. This procedure
281 was repeated 500 times to generate a sampling distribution of singular values under the null
282 hypothesis that there is no association between neural activity and the task. An LV was

283 considered significant if a singular value equal to or greater than that of the LV was present less
284 than 5% of the time in random permutations (i.e. $p < 0.05$).

285 The reliability of each statistical effect was assessed through bootstrap estimation of
286 standard error confidence intervals of the singular vector weights in each LV (Efron and
287 Tibshirani, 1986). Random sampling with replacement of participants within conditions
288 generated 500 bootstrap samples. In the present study, this process allowed for the assessment of
289 the relative contribution of brain regions and timescales to each LV. Brain regions with a
290 salience weight over standard error ratio > 3.0 correspond to a 99% confidence interval and were
291 considered to be reliable (Sampson et al., 1989).

292 Finally, the dot product of an individual subject's raw MSE data and the singular image
293 from the LV produces a brain score. The brain score is similar to a factor score that indicates
294 how strongly an individual subject expresses the patterns on the latent variable and allowed us to
295 estimate 95% confidence intervals for the effects in each group and task condition.

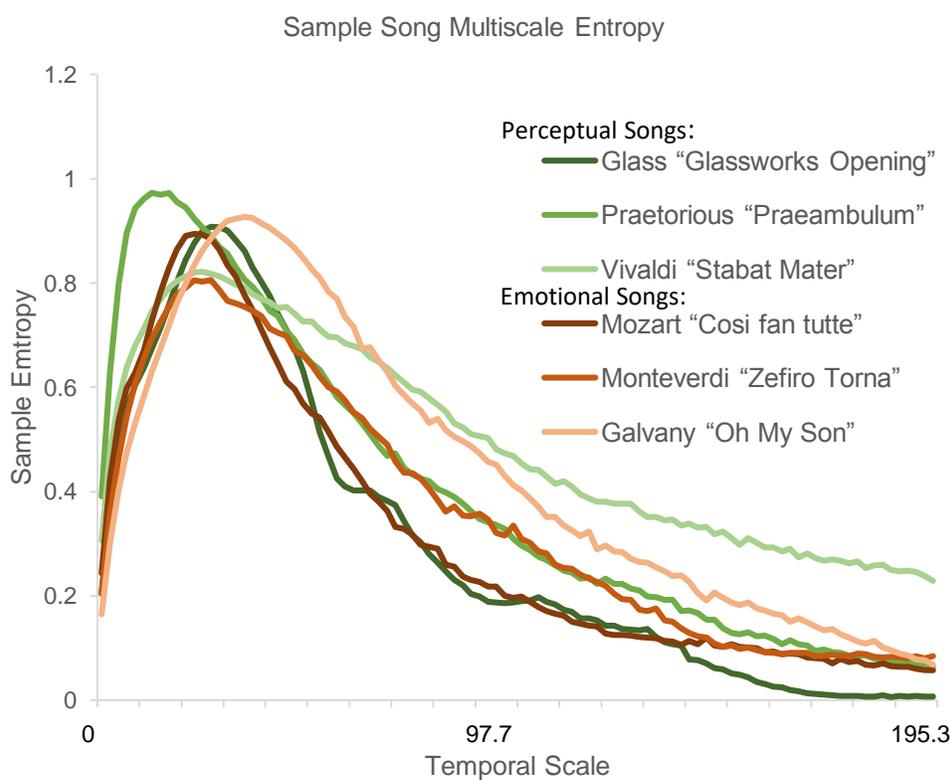
296 Behavioural PLS (bPLS) is a variation on task PLS for analyzing the relationship
297 between brain measures and the behaviour (McIntosh and Lobaugh, 2004; Krishnan et al., 2011).
298 Similar to task PLS the SVD results in mutually orthogonal LVs, where each LV contains 1) a
299 singular vector of saliences for the behavioural measures, (2) a singular vector of saliences for
300 brain activity, (3) a singular value (s) representing the covariance between the behaviour scores
301 and the singular image. Behaviour saliences indicate task-dependent differences and brain
302 saliences indicate ROI-dependent differences in the brain-behaviour correlation.

303

304 **Results**

305 One participant was excluded from the study for mild hearing loss determined by
306 audiogram, and one other was removed for excessive motion during EEG recording, leaving
307 N=16 subjects. Two participants did not complete the music-training questionnaire, leaving 14
308 subjects. For music training, of the N=14 participants: 7 reported no formal training, 1 reported
309 can play an instrument without formal training, 1 reported less than 1 year of formal music
310 training, 2 reported between 1-5 years of formal training, and 4 reported more than 5 years of
311 formal training. Thus, this sample does not include a sufficient number of participants who fulfill
312 the common requirements for musicianship (e.g. at least 10 years of formal music training,
313 Fujioka et al., 2004), and we did not proceed with analysis of the effects of music training.

314 Multiscale entropy curves of sound signals from a sample of the songs are visualized in
315 Figure 3 for illustration purposes.



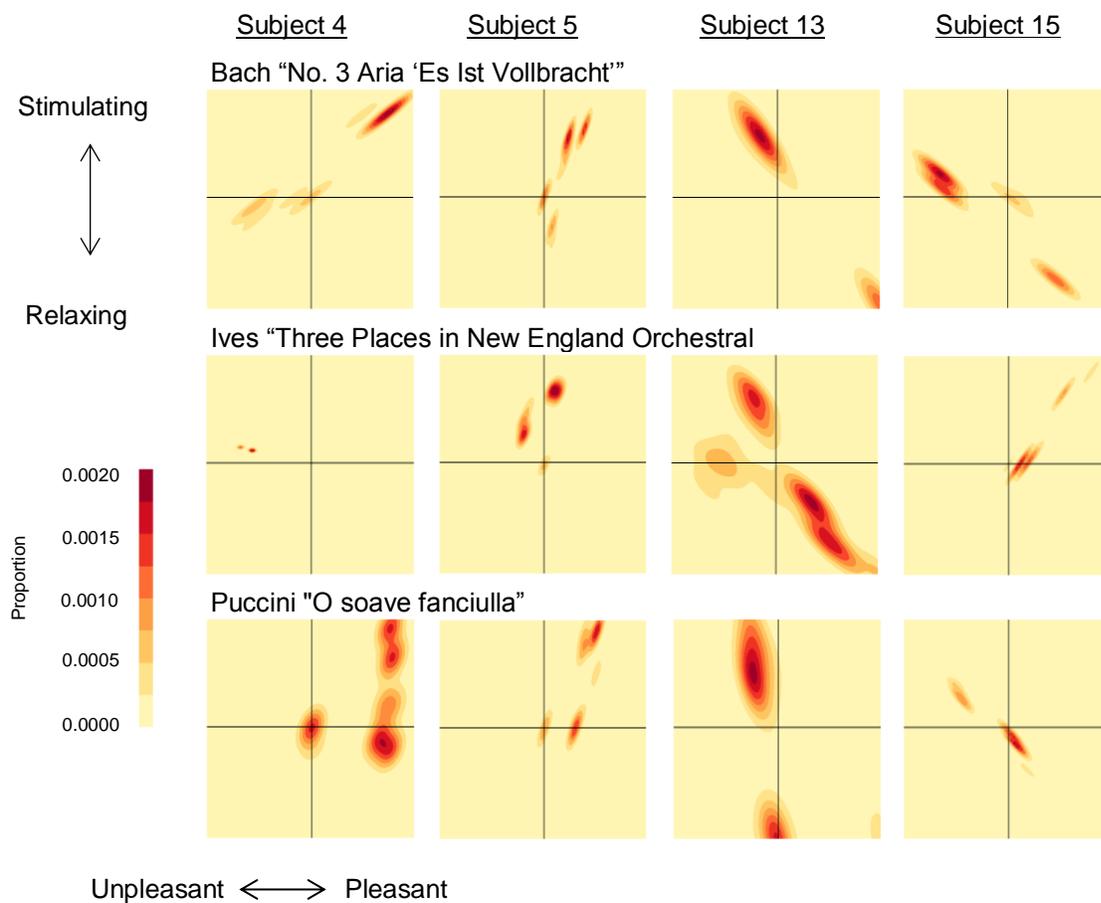
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318 **Figure 3.** Exemplary multiscale entropy values obtained from the sound signals of a small sample of the songs from
319 each group. Temporal scale, in milliseconds, refers to the number of data points averaged within non-overlapping
320 windows, hence the left most values represent fine temporal scales and right more coarse scales.
321

322 *Emotional and Perceptual Tasks*

323 We did not observe any within-task effects of emotional (e.g. stimulating compared to
324 relaxing) or pitch/tempo (fast compared to slow) dimension ratings on any of our brain measures
325 (MSE, Procrustes distance or PSD; all PLS $p > .10$). This may be due to the high level of
326 variance between subjects' emotional responses (Figure 4), or because the continuous nature of
327 the behaviour ratings is not well suited to the dichotomization necessary for the present types of
328 analyses.



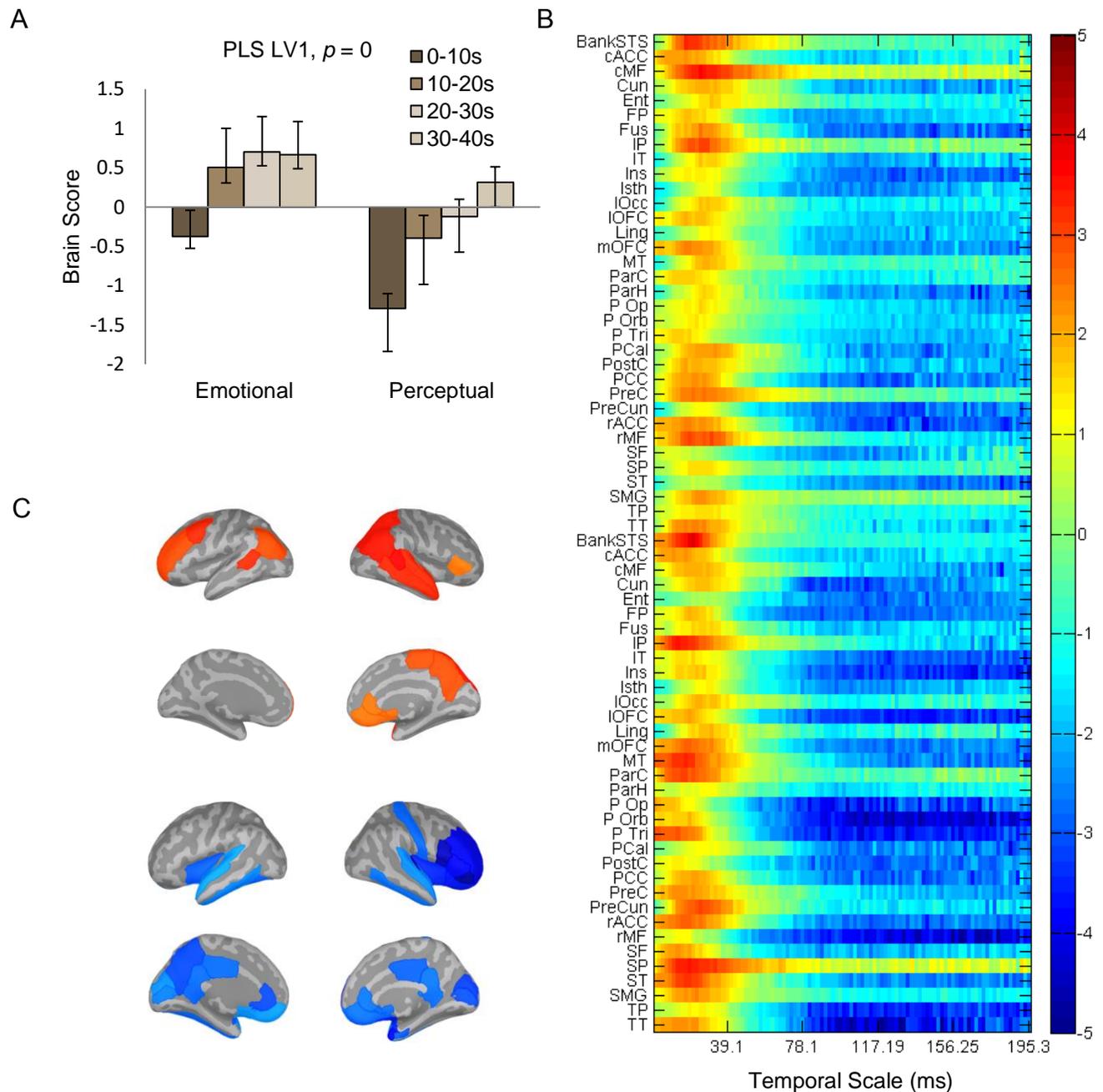
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330 **Figure 4.** Example single-subject, single-song behaviour heat maps for the emotional valence task. Note the
331 variation between individuals in both the valence felt and the variability of the valence within each participant and

332 song (i.e. some participants were stable in one quadrant while some participants felt a greater range during the same
333 song).
334

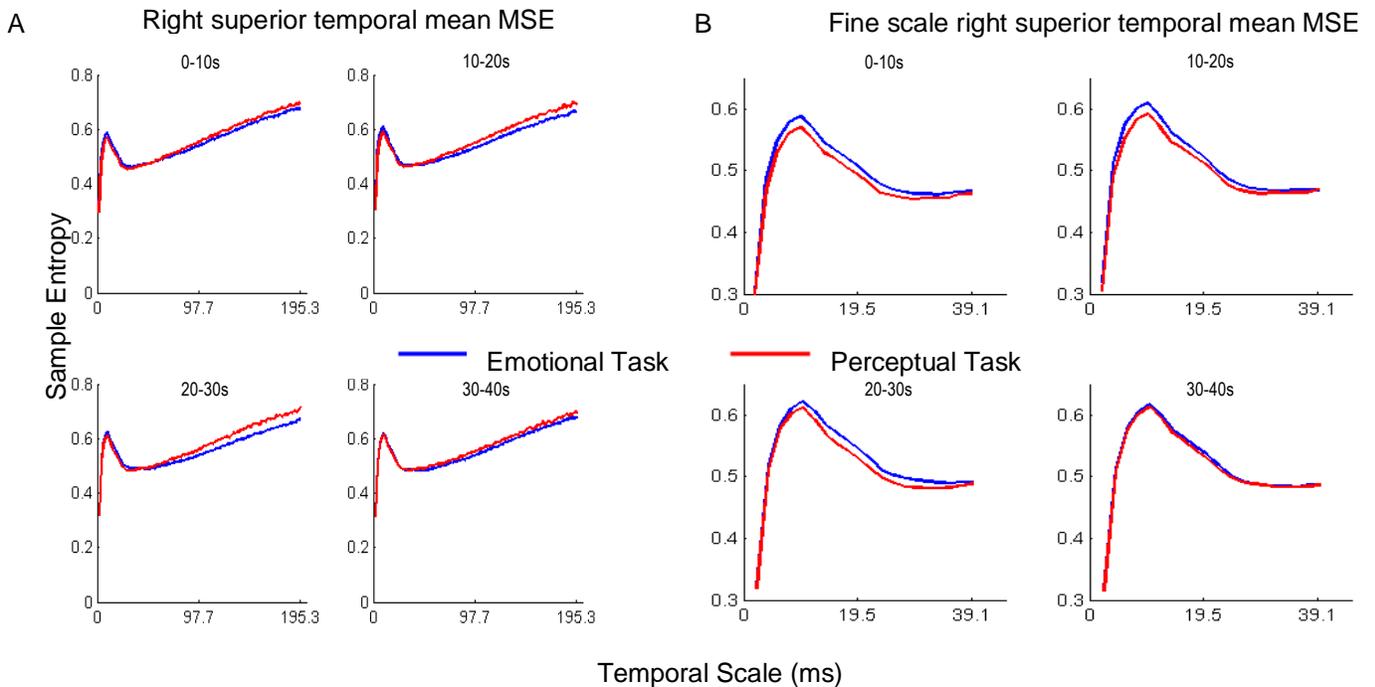
335 Examining both tasks across all four epochs, the emotional task was generally associated
336 with higher EEG source MSE at time scales below 20, compared to the perceptual task that
337 showed higher MSE at coarser timescales (>40) (LV = 1, $p \ll 0$, Singular Value = 1.81, 31.6%
338 cross-block covariance; Figure 5; Figure 6). Both tasks showed an increase in MSE at finer
339 timescales (<20) and a decrease in coarse scale MSE across epochs from the beginning to the end
340 of the piece of music. The spatial distribution of these effects was such that the emotional task
341 was associated with higher MSE in finer timescales (Figure 5A) in bilateral bank of the superior
342 temporal sulcus (bankSTS) and inferior parietal cortex; left hemisphere caudal and rostral middle
343 frontal, and precentral regions; right mPFC, paracentral, pars triangularis, rostral ACC,
344 precuneus, SP MT, and ST. The negative bootstrap ratios (Figure 5B) are reliable in bilateral
345 insula, cingulate, ST, PCC, cuneus, and pericalcarine; left FG, mOFC, SF, parahippocampal,
346 PCC, precuneus, and lingual; and right hemisphere MF, FP, OFC, IFG, postcentral, entorhinal,
347 and temporal cortex.

348



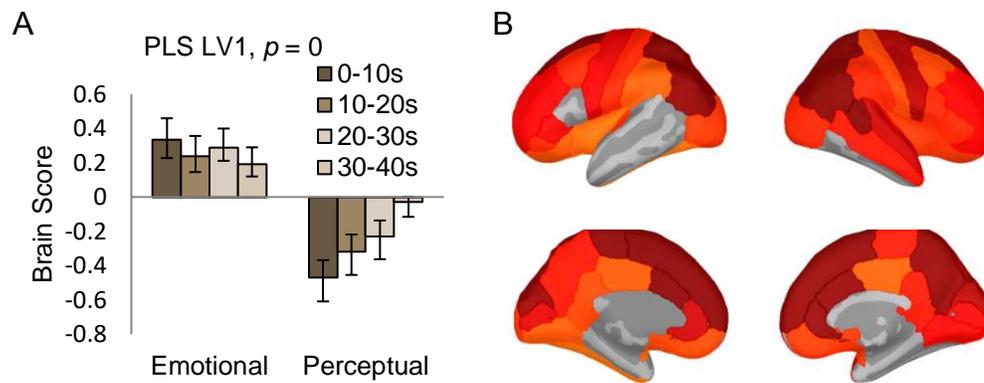
349 **Figure 5.** PLS first latent variable for the examination of effects of between tasks and within-task epochs on MSE.
 350 (A) The bar graph depicts the data-driven contrast highlighting higher MSE on all epochs of the emotional task
 351 compared to the perceptual task, as well as epoch effects within each task, significantly expressed across the entire
 352 data set, as determined by permutation tests. (B) Cortical regions at which the contrast was most stable as
 353 determined by bootstrapping. Values represent the ratio of the parameter estimate for the source divided by the
 354 bootstrap-derived standard error (roughly z scores). (C) Cortical visualization of stable bootstrap values for fine
 355 (top) and coarse (bottom) scales.

356
 357



358
359 **Figure 6.** Mean MSE across participants for right superior temporal cortex ROI. (A) All temporal scales, B)
360 Zoomed into visualize higher MSE for the emotional task at fine scales (<39.1 ms).
361

362 Procrustes' distance was greater during the emotional task than the perceptual task in
363 most brain sources (LV = 1, $p = 0$, Singular Value = 0.81, 54.1% of the cross-block covariance;
364 Figure 7). All brain regions showed this effect of lower complexity matching on the emotional
365 task except for bilateral entorhinal, FP, IT, parahippocampal, TP; left bankSTS MT, pars
366 opercularis, ST; and right FG.
367



368

369 **Figure 7.** First significant PLS result for the examination of effects of between tasks and within-task epochs on
370 Procrustes' distance. (A) The bar graph depicts the data-driven contrast highlighting greater distance on all epochs
371 of the emotional task compared to the perceptual task, as well epoch effects within each task, significantly expressed
372 across the entire data set, as determined by permutation tests ($p = 0$). (B) Cortical regions at which the contrast was
373 most stable as determined by bootstrapping. Values represent the ratio of the parameter estimate for the source
374 divided by the bootstrap-derived standard error (roughly z-scores).

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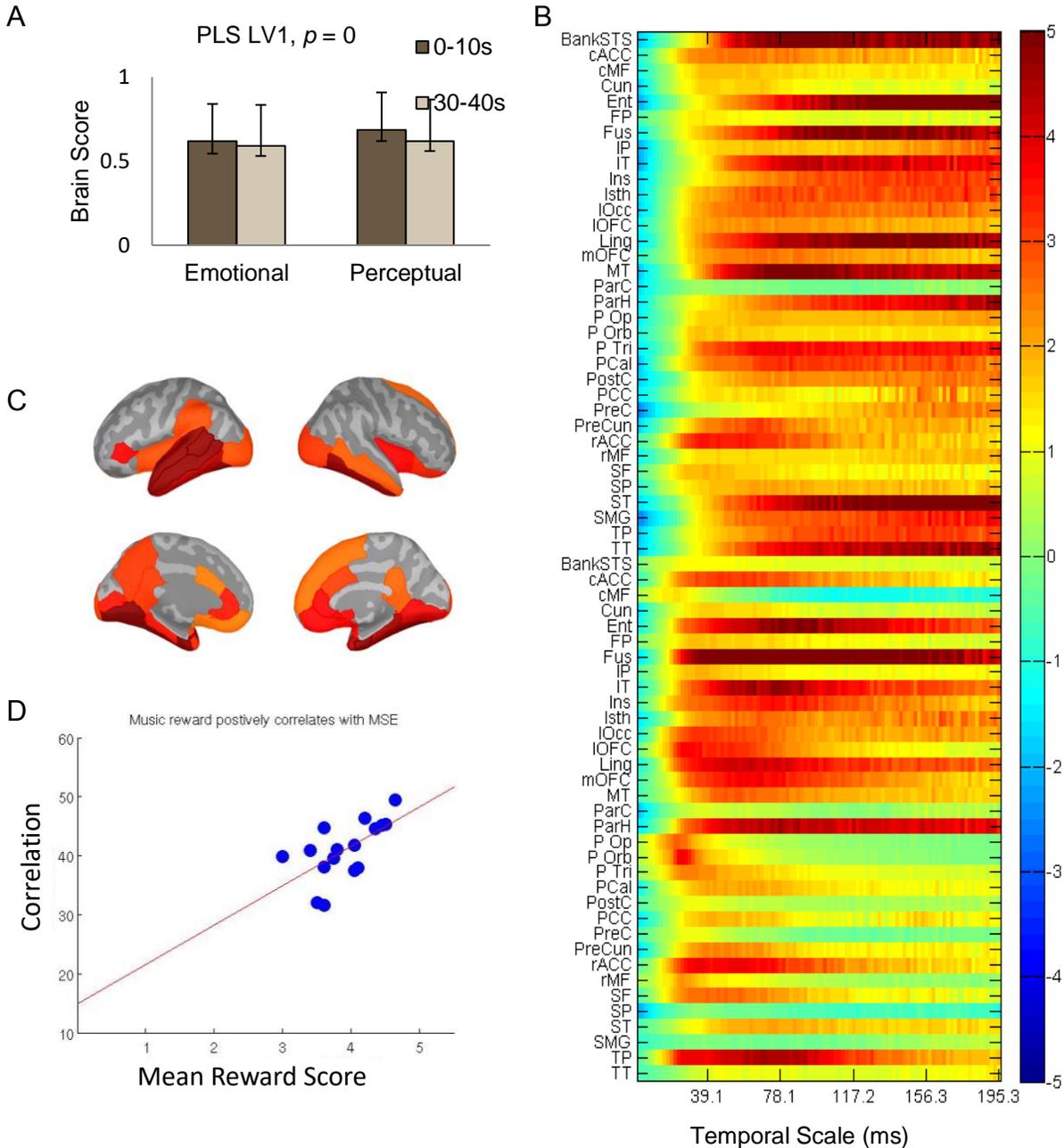
377

378 **Music Reward**

379 The participant sample size ($N=16$) did not provide sufficient power to allow for the
380 accurate assessment of brain-behaviour relationships on each of the five sub-factors of the
381 BMRQ. Therefore, an average score across all sub-factors was calculated and used as the overall
382 measure of music reward. Participant scores on this measure of reward had mean = 3.84 (SD =
383 0.47) on the 1-5 scale, suggesting this sample overall experiences a medium level of music
384 related reward. Behavioural PLS assessed the correlation of the participant reward scores with
385 MSE, distance and PSD on the two tasks and four epochs.

386 A strong positive correlation between MSE and reward was apparent during both tasks
387 and all epochs. However, had we reported all epochs, the analysis would have included 8
388 conditions for only a total $N=16$; therefore we opted to not report the results of all epochs of both
389 tasks in order to increase the validity of the statistical analysis and reduce the likelihood of a
390 Type II error. Here we only report the positive correlation between MSE and reward during the

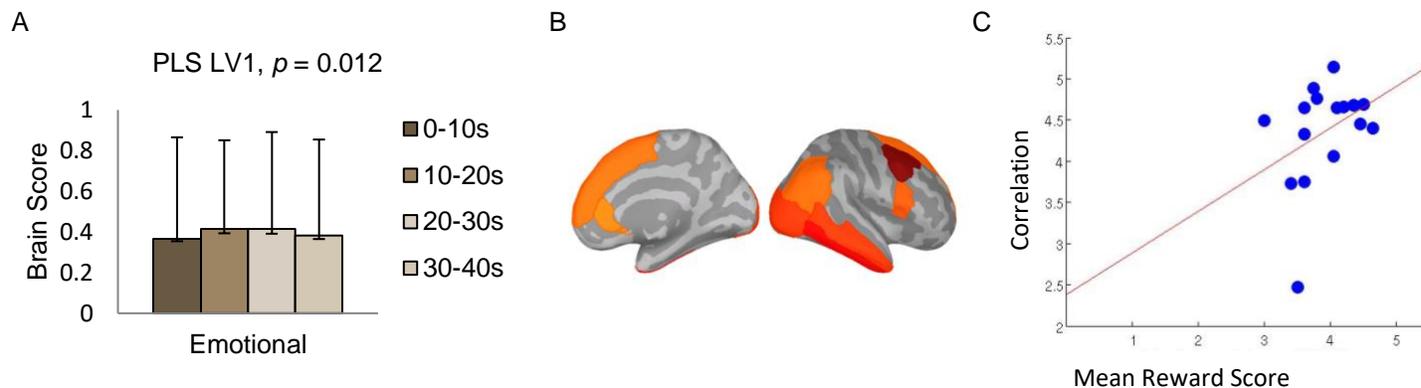
391 first and last epoch of both tasks to demonstrate that the effect is relatively stable from the
392 beginning to the end of the music (PLS LV1 $p = 0$, $r^2 = .38$, Singular Value = 61.53, 74.4% of
393 cross block covariance; Figure 8), and note that the pattern of effect similar for the middle two
394 epochs. This effect was reliable in bilateral medial OFC, inferior frontal, cingulate, temporal and
395 occipital regions, left precuneus and right superior frontal cortex.
396



397

398 **Figure 8.** Behaviour PLS result examining the correlation between MSE and BMRQ reward score on both tasks and
 399 epochs E1 and E4. (A) Brain scores depict participants scores on the brain-behaviour relationship significantly
 400 expressed by the latent variable, as determined by permutation tests ($p = 0$). (B) Brain regions and frequencies at
 401 which the relationship was most stable as determined by bootstrapping. Together A and B indicate a positive
 402 correlation between MSE and BMRQ score in the highlighted regions. (C) Highlights bootstrap values from B for
 403 spatial regions where effect was stable. Values are taken as peak across scales 20-60. (D) Scatterplot of the brain
 404 scores from the first epoch with BMRQ reward scores depicts the positive relationship ($r^2 = .38$).
 405

406 A significant positive correlation was observed between distance and reward during only
407 the emotional task for all epochs (PLS LV1 $p = .012$, $r^2 = .13$, Singular Value = 4.29, 72.9% of
408 cross-block covariance; Figure 9; perceptual task $p > .10$). This effect was localized to the right
409 hemisphere frontal regions, rACC, IP, inferior and middle temporal, and lOcc.



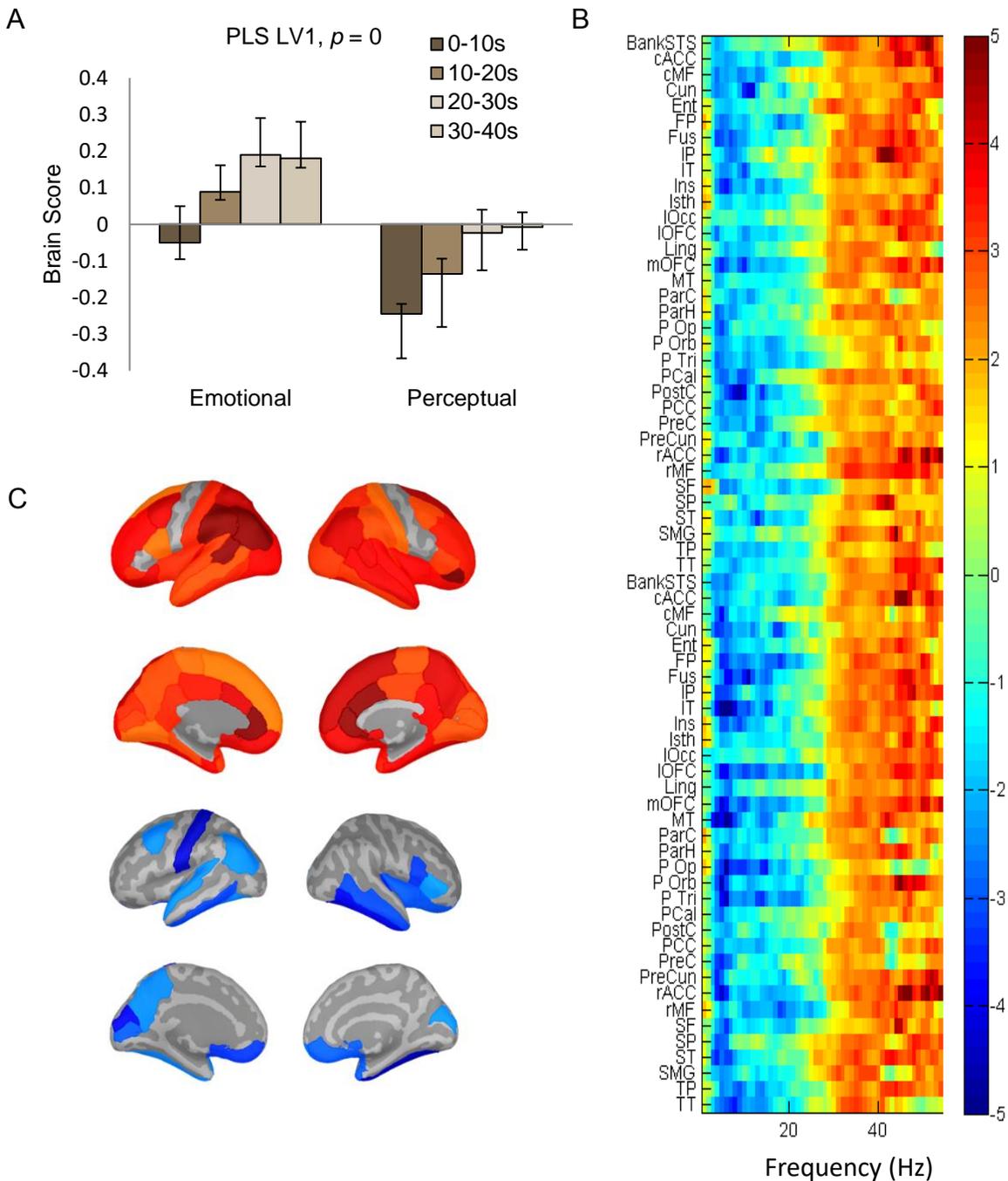
410

411 **Figure 9.** Behaviour PLS result examining the correlation between complexity distance on all epochs of the
412 emotional task and BMRQ music reward score. (A) Brain scores depict participants score on the brain-behaviour
413 relationship significantly expressed by the latent variable, as determined by permutation tests ($p = .012$). (B) Brain
414 regions and frequencies at which the relationship was most stable as determined by bootstrapping. Together A and B
415 indicate a positive correlation between distance and BMRQ score in the highlighted regions. (C) Scatterplot of the
416 brain scores from the first epoch with BMRQ reward scores further displays this positive relationship ($r^2 = .13$).

417

418 *Spectral Power*

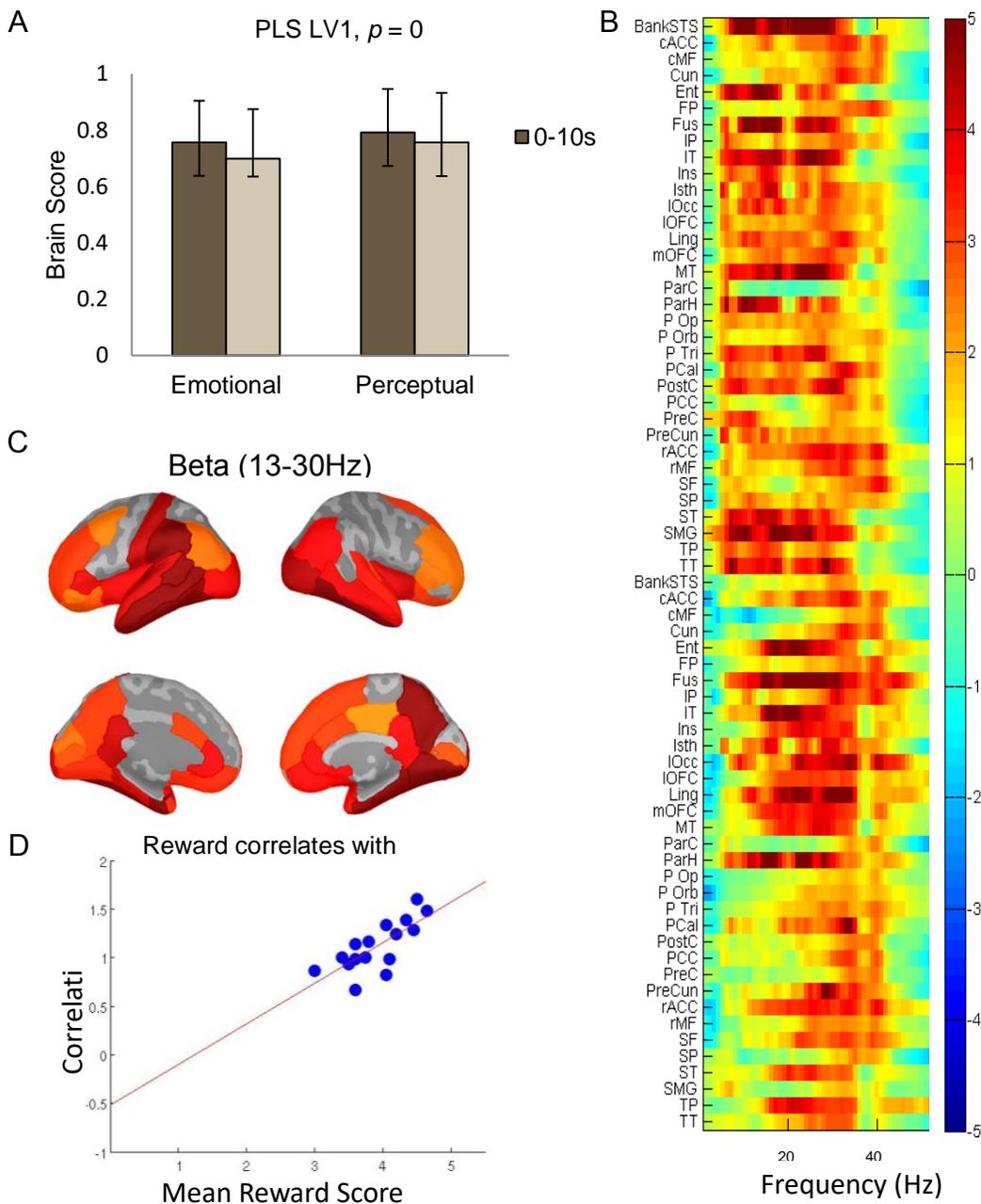
419 Higher gamma power was observed during the emotional task, and this effect increased
420 across epochs (PLS LV1, $p = 0$, Singular Value = .40, 25.5% of cross-block covariance; Figure
421 10) in all spatial regions except for bilateral precentral gyrus and left pars triangularis. In
422 comparison, the perceptual task was dominated by power at lower frequencies at the beginning
423 of the piece of music, and this effect lessened over time.



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Figure 10. First significant PLS result for the examination of effects of between tasks and within-task epochs on PSD. (A) The bar graph depicts the data-driven contrast highlighting the differences in spectral power profile between tasks, and their similar epoch effect, significantly expressed across the entire data set, as determined by permutation tests ($p = 0$). (B) Cortical regions and frequencies at which the contrast was most stable as determined by bootstrapping. (C) Cortical visualization of stable bootstrap values (peak within each frequency band) for alpha (top) and gamma (bottom) band frequencies.

432 There was a positive correlation between music-derived reward as measured by BMRQ
 433 score and all spectral frequencies (PLS LV1, $p = 0$, $r^2 = .57$, Singular Value = 44.49, 66.46 of
 434 cross-block covariance; Figure 11). The effect was spatially widespread across 58 of the 68
 435 parcellated regions.



436 **Figure 11.** bPLS result examining the correlation between PSD and BMRQ reward score on both tasks and epochs
 437 E1 and E4. (A) Brain scores for the brain-behaviour correlation ($p = 0$). (B) Bootstrap ratios for brain regions and
 438 frequencies. Together A and B indicate a positive correlation between PSD and BMRQ scores across all frequencies
 439 in the highlighted regions. (C) Spatial regions from B where effect was stable in the beta band frequency (13-30 Hz).
 440

441 (D) Scatterplot of the brain scores from the first epoch with BMRQ reward scores depicts the positive relationship
442 ($r^2 = .57$).
443

444 **Discussion**

445 We found higher complexity matching in widespread brain regions during the perceptual
446 task than on the emotional task, using Procrustes' distance to compare the MSE of EEG signals
447 to the MSE of the music itself. This indicates that brain signal complexity more closely
448 resembles the complexity of the music environment when participants were attending to the
449 acoustics of the music compared to when they were thinking about how the music makes them
450 feel. These results support a mapping of environmental information to the brain using complexity
451 estimation, and that the level of neural 'mirroring' is related to the type of cognitive processing
452 conducted.

453 Analysis of the EEG MSE values alone found that MSE was higher in relatively finer
454 timescales (<48.8ms) during the emotional task than the perceptual task, and that both groups
455 showed an increase of this pattern as the music progressed. These MSE results demonstrate that
456 emotion is associated with *higher information structure*, while the complexity matching results
457 indicate the role of *different information structures* from environment input. The MSE results
458 and the complexity matching results together suggest that the emotional task engaged additional
459 processes, above and beyond the bottom-up sound perception information.

460 The brain regions that displayed this MSE effect are frequently linked to music cognition
461 (e.g. right temporal, inferior frontal gyrus; Zatorre et al., 2002) and self-referential emotional
462 processing (e.g. medial PFC; Amodio & Frith, 2006; Denny et al., 2012; Ochsner et al., 2004).
463 The effect was also observed in regions that operate as integrative hubs (e.g. medial parietal) that
464 are densely connected to neighboring regions and have long-range interconnections, enabling
465 efficient global integration of information necessary for healthy cognitive function (Hagmann et

466 al., 2008; Zamora-López et al., 2010; van den Heuvel and Sporns, 2011). This effect is spatially
467 and temporally (<48.8ms) similar to increased complexity associated with musical training
468 (Carpentier et al., 2016), and in other studies where higher MSE has been linked to performance
469 on cognitive tasks that require higher information processing (Mišić et al., 2010; Heisz et al.,
470 2012). Additionally, due to longer stimulus presentation, the current study opens up the analysis
471 to coarser scales, up to 195.3ms, well beyond what has been possible in our previous studies and
472 other empirical studies of cognition and brain MSE. We observed that MSE was initially higher
473 in the perceptual task and decreased over time in the temporal scale range of 78.1-195.3ms, and
474 we are not aware of any previous studies that have examined empirical brain complexity at this
475 scale. We suggest the possibility that complexity at these slow timescales is indicative of an
476 initial distributed and re-entrant search for neural templates associated with the music upon first
477 listening, followed by a decrease of this activity as the brain settles into the neural solution for
478 ongoing stimulus processing. However, further investigation of the link between cognition and
479 complexity at these scales is required.

480 Higher music reward scores on the BMRQ were associated with a lower complexity
481 match and higher EEG MSE. This negative correlation between complexity matching and reward
482 was only observed on the emotional task, not on the perceptual task. Similar to the emotional
483 task above, we suggest that reward is associated with additional internal information above and
484 beyond that of the external stimulus. The complementary MSE and matching results suggest that
485 music reward requires a brain state that is quantitatively and qualitatively different than the
486 brain's requirements for music sound perception alone. Music reward is associated with the
487 activation of multiple different intrinsic processes and high information integration. In other

488 words, music reward is a product of ‘the more you add’ to perception on top of immediate
489 sensory events.

490 The observed relationship between higher neural information processing and music
491 reward may be generated by the direct reward experience itself, since pleasurable responses to
492 music are associated with particular patterns of cortical and subcortical activity not observed
493 during neutral music perception. Multiple studies have reported connections between music
494 reward and BOLD activity in vmPFC and OFC, and also IFG, ACC and sensory motor areas
495 (Blood and Zatorre, 2001; Salimpoor et al., 2013). The relationship between complexity and
496 reward in the present study was observed in temporal regions, as well as paralimbic and cortical
497 regions involved in emotional processing (e.g. OFC, insula). Another proposal, not mutually
498 exclusive to the first, is that the effects capture intermediate internal states that are important to
499 generating the reward response. For example, the activity may reflect processes related to the
500 BMRQ factors, such as musical knowledge, or other factors not directly measured by the
501 BMRQ, like visual imagery or episodic memories evoked by the music (Juslin and Västfjäll,
502 2008; Vuoskoski and Eerola, 2012). Consistent with this notion, the spatial reliability of the
503 correlation between distance and music reward suggest that frontal regions (superior, middle,
504 inferior frontal) were processing internally generated information patterns, while inferior
505 temporal and anterior cingulate cortex were involved in both the distance and MSE effects.

506 Integration may be a requirement for the commonly highlighted role of expectancy in
507 music reward. The theory that rewarding emotional responses to music are derived from
508 expectations and anticipation during music listening was first extensively described by Meyer
509 (1956; see also Huron, 2006). It explains that the expectations are generated from explicit and
510 implicit knowledge of music structure and patterns, and composers create emotional arousal by

511 playing with ‘tension and release.’ Anticipation of a familiar rewarding segment of music has
512 been linked to caudate dopamine release and BOLD activity prior to nucleus accumbens
513 dopamine activity at peak reward response (Salimpoor et al., 2011). Music expectations were not
514 behaviourally evaluated in the present study, but there is a logical link between them and brain
515 signal complexity. Generation of expectations requires sufficient understanding and neural
516 representation of the structure and patterns in the music. Therefore, it may be that enjoyment of a
517 piece of music needs to be associated with a minimum amount of information processing that
518 would allow the listener to appreciate the music as a coherent whole, rather as a sequence of
519 individual notes. Further investigation of listeners’ enjoyment of individual music pieces, rather
520 than as general trait music reward, is required to substantiate this theory and make a stronger
521 connection between brain complexity and music pleasure.

522 While there were no notable differences in complexity between the song sets for each
523 task, and the sets were selected to be acoustically and thematically similar, the songs were not
524 identical for both tasks. This leaves open the possibility that other differences in the chosen
525 songs are responsible for the observed brain differences between songs. This does raise
526 interesting options for the future study of how different stimuli properties may influence brain
527 complexity.

528 *Spectral Power*

529 Congruent with the MSE pattern of the trade-off between faster and slower timescales,
530 we observed higher gamma power in the emotional task, compared to lower frequency power
531 associated with the perceptual task, as well as a decrease across time in low frequency power in
532 regions typically linked to music processing and an increase in gamma in these and most other
533 regions. Gamma activity has been repeatedly implicated as important for perceptual binding and

534 may be associated with binding of musical features at the sensory level and matching of external
535 acoustic information to internal thought processes for the formation of meaningful concepts
536 (Bertrand & Tallon-Baudry, 2000; Crone et al., 2001; Keil et al., 1999; Rodriguez et al., 1999;
537 Tallon-Baudry et al., 1998). Gamma activity is commonly found to be higher in adult musicians
538 when listening to music and may reflect enhanced binding of musical features (Bhattacharya and
539 Petsche, 2001, 2005; Shahin et al., 2008; Pallesen et al., 2015). There is also suggestion that
540 gamma activity may be related to musical expectations (Snyder and Large, 2005). In a study
541 conducted by Fujioka and colleagues (2009) gamma amplitude increased from baseline for each
542 tone of a repeating pattern, and this effect continued on trials where the tone was unexpectedly
543 omitted. None of these studies of the spectral effects of musical training or music listening
544 conducted spatial analysis; therefore, it is difficult to place this facet of our results in the context
545 of the other literature. However, our observation of increased gamma power in auditory and
546 some associative regions is consistent with the hypothesis of the role of gamma in perceptual
547 binding.

548 *Conclusions*

549 EEG complexity was higher and different from music complexity during the emotional
550 task in which participants were reflecting on how the music made them feel, compared to the
551 perceptual task that had participants track pitch and tempo. Complexity matching was also
552 correlated with BMRQ score, such that music reward was associated with higher neural signal
553 information and a worse match to the bottom-up music information. These results suggest that
554 complexity matching can assess the degree to which some cognitive-affective states are
555 associated with internal information integration which differs from the neural representation of
556 bottom-up sensory information processing.

557

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