Plant respiration: controlled by photosynthesis or biomass?

Running title: Metabolism and size drive forest C-balance

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Abstract

Two simplifying hypotheses have been proposed for whole-plant respiration. One links

respiration to photosynthesis; the other to biomass. Using a first-principles carbon balance model

with a prescribed live woody biomass turnover, applied at a forest research site where

multidecadal measurements are available for comparison, we show that if turnover is fast the

accumulation of respiring biomass is low and respiration depends primarily on photosynthesis;

while if turnover is slow the accumulation of respiring biomass is high and respiration depends

primarily on biomass. But the first scenario is inconsistent with evidence for substantial

carryover of fixed carbon between years, while the second implies far too great an increase in

respiration during stand development – leading to depleted carbohydrate reserves and an

unrealistically high mortality risk. These two mutually incompatible hypotheses are thus both

incorrect. Respiration is *not* linearly related either to photosynthesis or to biomass, but it is more

strongly controlled by recent photosynthates (and reserve availability) than by total biomass.

Introduction

The amount of carbon that accumulates in actively growing stands of vegetation depends on

the balance of photosynthesis (gross primary production, P) and whole-plant (autotrophic)

respiration (R). The difference between these fluxes is net primary production (P_n). Most annual

P_n is allocated to structural growth (G), but some is stored as non-structural carbohydrates (NSC,

mostly starch and sugars), some is released back to the atmosphere in the form of biogenic

volatile organic compounds (BVOCs), and some is exuded to the rhizosphere (Chapin *et al.*

2006). The fraction of P that accumulates in biomass, and the fraction that returns to the

atmosphere through plant metabolism, are crucial quantities that determine the sign and

magnitude of the global climate-carbon feedback – which remains one of the greatest sources of

uncertainty in the global carbon cycle (Friedlingstein *et al.* 2014). But despite many

ecophysiological studies aiming to understand P_n and R dynamics during stand development, a

general understanding is still lacking.

Some authors have hypothesized a constant P_n:P (carbon use efficiency, equivalent to $1 -$

(R:P)) ratio, with R tightly constrained by P irrespective of biomass, climate, tree species and

stand age (e.g. Gifford 2003; Van Oijen *et al.* 2010). Waring *et al.* (1998, W98 hereafter)

indicated a universal P_n:P of ~ 0.5. Since, ultimately, R depends on the matter produced by

photosynthesis, Gifford (2003) suggested that these two processes must be tightly balanced over

the longer term – making R proportional to P, consistent with W98. He argued that prescribing

P_n (or R) as a constant fraction of P could be a simpler, and potentially more accurate, alternative

to explicit, process-based modelling of R. A number of land vegetation models (reviewed in

Collalti & Prentice 2019) adopt this simplification.

An alternative hypothesis, grounded in metabolic scaling theory, suggests that R should scale

with biomass following a power law, $Y = a\,X^b$ (West *et al.* 1999). According to some studies

(e.g. Reich *et al.* 2006, R06 hereafter), R (Y) scales isometrically ($b \sim 1$) with whole-plant carbon

(C) or nitrogen (N) contents (X), and this scaling is similar within and among different species,

and irrespective of environmental and climatic conditions – which might influence the

normalization constant (a), but not the exponent (b). Isometric scaling of R with biomass was

assumed in the traditional view of forest dynamics set out e.g. by Kira & Shidei (1967) and

Odum (1969). In the absence of major disturbances, if R increases in parallel with biomass, then

P_n necessarily declines – because ultimately P cannot increase indefinitely, but rather stabilizes

at canopy closure. Mori *et al.* (2010) however indicated that biomass and R are isometrically

related only in young trees, tending towards $b \sim {}^3\!/_4$ in mature trees. A general value of ${}^3\!/_5$ has

also been proposed (Michaletz *et al.* 2014). But however it is interpreted, this scaling hypothesis

implies that R depends on biomass, and is related to P only to the extent that P and biomass vary

together.

Although many terrestrial vegetation models simulate plant respiration assuming R to be a

fixed fraction of P, others more explicitly couple R to biomass and thus only indirectly to P. The

most widely used (and observationally supported) mechanistic approach, also adopted here,

divides R into growth (R_G) and maintenance (R_M) components (McCree 1970; Thornley 1970).

R_G is considered to be a fixed fraction of new tissue growth, independent of temperature, the

fraction varying only with the cost of building the compounds constituting the new tissue

(Penning de Vries 1972). Temperature, substrate availability and the demand for respiratory

products are considered to control R_M (Cannell & Thornley 2000). Several studies have

investigated the effects of short- and long-term changes in temperature on R_M, mostly at the leaf

level (e.g. Heskel *et al.* 2016; Huntingford *et al.* 2017). The nature of the temperature responses

and the acclimation of R_M are important and much-discussed issues, but they are not considered

further here. In contrast, the effects on respiration of woody biomass (the substrate), its

accumulation, and the transition rate of respiring sapwood into non-respiring heartwood, have

received relatively little attention (Tjoelker *et al.* 1999; Kuptz *et al.* 2011). These latter processes

are the focus here.

The fixed-ratio hypothesis of W98 and the scaling hypothesis of R06 could both be used – at

least in principle, across the twenty orders of magnitude variation in plant mass – to estimate R

and P_n without the need for explicit process-based modelling of R (McMurtrie *et al.* 2008; Price

et al. 2010). However, they may yield quite different results, and both hypotheses (and their

supposed underlying mechanisms) have been subject to criticism (e.g. Medlyn & Dewar 1999;

Mäkelä & Valentine 2001; Kozłowski & Konarzewski 2005; O'Connor *et al*. 2007; Keith *et al.*

2010; Agutter & Tuszynski 2011; Price *et al.* 2012; Collalti *et al*. 2018, 2019; Collalti & Prentice

2019). To our knowledge, there has been no previous attempt to compare these two hypotheses

directly, and their consequences for forest carbon balance during stand development, and in the

same modelling framework. We attempt to fill this gap by providing illustrative simulations on

the long-term trajectories of R, P_n and $P_n{:}P$, highlighting and discussing the large uncertainty

surrounding this issue. The simulations are based on the first principles of mass balance, as

adopted in most contemporary vegetation models, and implemented here into a process-based,

ecophysiological model that has been tested against detailed time-series observations in an

intensively monitored research forest site. We show how alternative assumptions about the live

woody turnover (live woody biomass is the metabolically active fraction of sapwood: see

Supporting Information) map on to the two alternative hypotheses, while seeking an answer to

the pivotal question: is R a function of photosynthesis alone (W98's hypothesis), or of biomass

alone (R06's hypothesis)? Insight into these conflicting hypotheses on plant respiration would

help towards a better mechanistic understanding and correct quantification of the stocks and

fluxes that determine the carbon balance of forests.

Materials and methods

Theoretical framework

A general equation describing autotrophic respiration (R) is:

129
$$R = P - P_n = P - (G + G_R) \qquad (1)$$

130 where P and P_n are gross and net primary production, G is structural and litter biomass

131 production and G_R is the flux to NSC reserves and secondary compounds including, exudates

132 and BVOCs (all in g C ground area^{-1} time^{-1}). If R is further decomposed into growth (R_G) and

133 maintenance (R_M) respiration (McCree 1970, Thornley 1970), then:

134
$$R = R_G + R_M = g_R G + m_R W_{live} \qquad (2)$$

135 where g_R and m_R are the growth and maintenance respiration coefficients (i.e. respiratory CO_2

136 released per unit biomass produced by growth and by the maintenance of the existing biomass:

137 both, per unit time and unit mass; Penning de Vries 1975), and W_{live} is living biomass (Amthor

138 2000). W_{live} can be broken down further:

139
$$W_{live} = W_{live\_woody} + W_{green} \qquad (3)$$

where W_{live_woody} and W_{green} are the biomass of live woody pools (living cells in stem,

branches and coarse roots) and non-woody tissues (leaves and fine roots), respectively. Because

plant tissues require N as a component of the enzymes that sustain metabolic processes

(including respiration), living biomass is often expressed in nitrogen units, g N ground area^{-1}

(Cannell *&* Thornley 2000), while respiration is expressed in carbon units. Then m_R is in units of

g C g N^{-1} $time^{-1}$ (Penning de Vries 1975). Temporal changes in W_{live_woody} can be summarized by

first-order biochemical kinetics:

$$\underbrace{\frac{dW_{live\_woody}}{dt}}_{relative\ change} = \underbrace{\varphi \cdot G_{live\_woody}}_{incoming\ flux} - \underbrace{W_{live\_woody} \cdot \tau}_{outgoing\ flux} \tag{4}$$

where G_{live_woody} is the part of G allocated to live woody, φ converts carbon to nitrogen

content (g N g C^{-1}), and τ is the live woody turnover rate per unit time (t). A similar expression

can be written for W_{green}. The first term on the right-hand side of equation (4) represents the

"incoming" flux of new living cells; while second term represents the "outgoing" flux of living

cells that die and become metabolically inactive. But while W_{green} may be only a small fraction of

total forest biomass, not changing much after canopy closure, W_{live_woody} (as also total W)

becomes large during forest development and is potentially a strong driver of R (Reich *et al.*

2008). However interpreted and wherever applied, this general approach including a turnover

rate parameter (τ) is equally valid for any mass-, area- or volume-based analyses (Thornley *&*

Cannell 2000).

Setting $\tau = 1$ $year^{-1}$ in equation (4) would imply a tight coupling between the previous year's

growth and the current year's respiration flux – as suggested by Gifford (2003) – and yields a

close approximation to the W98 assumption of a fixed ratio between P_n and P, thus cancelling,

on an annual scale, any effect of biomass accumulation. The implication of a one-year-lag

between carbon fixation and respiration in woody compounds is consistent with the findings of

Amthor (2000), Kagawa *et al.* (2006a, b), Gough *et al.* (2008, 2009) and Richardson *et al.* (2013,

2015) of a physiological asynchrony by about one year between P and growth (and thus on

growth and maintenance respiration).

Alternatively, setting $\tau = 0.1$ year^{-1} would imply that most new sapwood cells live for many

years, and would closely approximate the R06 assumption of proportionality between R and

biomass. Thus, the amount of respiring biomass is regulated by the amount of substrate that is

produced each year, forming new sapwood, versus the amount that is converted into non-living

tissues and no longer involved in metabolism; the balance of these processes being controlled by

τ (see proofs-of-concept in Fig. 1a and b, and Table 1, for elaboration).

Because carbon supply (photosynthesis) and carbon metabolic demand (respiration) are not

necessarily synchronized, the model assumes that temporary carbon imbalances between P and R

(implying $P_n < 0$, Roxburgh $et\ al.$ 2005) are met by the remobilization or recycling of NSC

stored during previous year(s) – so long as the NSC pool is not completely emptied (the carbon

starvation hypothesis; McDowell $et\ al.$ 2008). A full description of the modelled NSC dynamics

is provided in Box 1.

Simulation set-up

The logic described above was implemented in a process-based forest growth model (3D-

CMCC-CNR), parameterized at site level, and applied, as a case study, to an intensively

monitored temperate deciduous forest. Additional model description can be found in Supporting

Information, Collalti $et\ al.$ (2014, 2016, 2018; and references therein), and Marconi $et\ al.$ (2017).

Very limited data are available on the turnover rate τ of live cells in sapwood, which is often

either guessed or inferred by model calibration (e.g. White $et\ al.$ 2000). We carried out ten

simulations with τ varied in arbitrary 0.1 yr^{-1} steps, from $\tau = 1$ yr^{-1} (100% of turnover, all the

previous year live cells of sapwood becomes non-respiring heartwood in the current year) with R

mostly depending on the left-hand side term of equation (2) ($R \sim g_R G$), down to $\tau = 0.1$ yr^{-1}

(only 10% of the previous year's live cells of sapwood biomass dies) and R mostly depending on

the right-hand side term of equation (2) ($R \sim m_R W_{live}$). Thus, we started with the largest prior

distribution for τ, assuming that values outside this range are not functionally possible (Table 1).

This approach ensures that any difference in model results reflects difference in specific model

assumptions (respiration controlled by photosynthesis or biomass) rather than model structure.

We are unaware of any studies reporting changes in τ with age or biomass; we have therefore

necessarily assumed that τ is constant in time.

The standard model configuration assigns $\tau = 0.7$ yr^{-1} (Collalti *et al.* 2019) and this same

value has been used by several authors in various modelling contexts (e.g. Bond-Lamberty *et al.*

2005; Tatarinov & Cenciala 2006). Other models have applied different values (see Box 2).

Zaehle *et al.* (2005), Poulter *et al.* (2010) and Pappas *et al.* (2013) found that τ is a critical

parameter for both LPJ-DGVM and LPJ-GUESS. We are not aware of similar sensitivity

analyses for other models. Leaf and fine root turnover rates are assumed here to be 1 yr^{-1},

appropriately for deciduous trees (Pietsch *et al.* 2005). The model parameters accounting for 'age

effects' (e.g. those controlling, among other things, leaf conductance: Kirschbaum, 2000; Smith

et al. 2001) were set arbitrarily large, to avoid building in prior assumptions. Age- and size-

effects are therefore considered synonymous (Mencuccini *et al.* 2005). A stochastic background

whole-tree mortality rate (1% of trees removed each year) was retained and included in equation

(4) to ensure realistic self-thinning (Smith *et al.* 2001; Kirschbaum, 2005). All other parameters

were left unchanged from the standard model configuration.

Test site and model run

The model was applied to simulate 150 years of even-aged stand development in a stand of

European beech (*Fagus sylvatica* L.; Sorø, Denmark; Wu *et al.* 2013, Reyer *et al.* 2019) in daily

time steps from 1950 to 2100. The reasons for choosing this stand are: (a) the extensive literature

on European beech, allowing key parameter values to be assigned with confidence; (b) the

exceptional quantity and length of data available at the Sorø site for initializing in 1950 and

evaluating the model more than fifty years later, thus, allowing long term processes (including

woody biomass accumulation) to emerge; and (c) because the trees are deciduous, we can

assume a complete annual turnover of leaves and fine roots and, therefore, more easily

disentangle the contributions of W_{green} and W_{live_woody}. Deciduous species are also expected to

have greater within-season variability in P_n:P, and greater asynchrony in carbon supply and

demand, than evergreen species (Dietze *et al.* 2014; Martínez-Vilalta *et al.* 2016). However, both

the model assumptions and its results are based on general principles and expected to apply more

generally than solely to this specific model and site.

We simulated forest development up to 2100, consistent with the common economic rotation

length for this species in northern Europe. After canopy closure, modelled leaf area index (LAI)

and the relative amounts of leaf and fine-root biomass became stable or even slightly decrease,

as is usually observed (Yang *et al.* 2011, 2016). Therefore, changes in modeled R, and its

components R_M and R_G, could be attributed to changes in the total amount of living woody

biomass and the costs of its maintenance.

In 1950 the stand was aged 30 years with an average tree diameter at breast height of ~ 6 cm

and a density of 1326 trees ha^{-1}. Model state variables were initialized using species-specific

functional and allometric relationships from the literature, and previous model applications at

this site (Collalti *et al.* 2016, 2018; Marconi *et al.* 2017). Model sensitivity to parameter values

and their uncertainties have been assessed in depth in a previous work (see Collalti *et al.* 2019,

especially their Fig. 2 and Table 3). Management, in the form of thinning, occurred at the site

only up to 2014. After that year, only stochastic mortality was accounted for in the model. Live

wood was initialized at 15% of sapwood biomass (as the fraction of current year sapwood:

Pietsch *et al.* 2005) and assigned a C:N ratio of 48 g C g N^{-1}, not changing with increasing

biomass (Ceschia *et al.* 2002; Damesin 2003). The minimum concentration of NSC was assumed

to be, ~11% of sapwood dry mass (Hoch *et al.* 2003; Genet *et al.* 2010; Martínez-Vilalta *et al.*

2016) consistent with measurements on deciduous species (and specifically beech). Daily

meteorological forcing variables were obtained as historical ensemble means from five Earth

System Models (ESMs) up to 2005 provided by the Inter-Sectoral Impact Model

Intercomparison Project (ISI-MIP, Warszawski *et al.* 2014). Data for the period 1995–2005 were

then randomly repeated up to 2100. Additional simplifying assumptions were made in order to

focus specifically on the effects of increases in tree size, as follows: no disturbances (whether

herbivory or management) after 2014; no effect of changes in soil N availability, thus excluding

confounding effects of altered N deposition; and, importantly, to avoid possible confounding of

temperature effects on R_M with other warming effects, a stable (1995–2005) climate and

atmospheric CO_2 concentration (~ 380 μmol mol^{-1}). Exports of carbon to exudates and BVOCs

are very slight in this species, and they could therefore be neglected.

Results

Data-model agreement

The standard model configuration satisfactorily reproduced *P*, *R*, P_n and the ratio P_n:*P* when

compared to independent, site-level, carbon balance data (Wu *et al.* 2013) for the period 2006–

2010 (Fig. 2, Table 2), corresponding to a stand age of ~ 85–90 yrs. *P* was in agreement with

eddy covariance data, while *R* was slightly underestimated compared to values in Wu *et al.*

Consequently, the model overestimated the average P_n:*P* ratio by 14% compared to Wu *et al.*

However, Wu *et al.* argued that the values of *R* they obtained (by subtracting modelled

heterotrophic from measured ecosystem respiration) may have been overestimated, given also

the large standard deviation ($\pm$143 g C m^{-2} yr^{-1}). The model results are otherwise in good

agreement with Wu *et al.* for woody carbon stocks (both above- and below-ground), annual

wood production (the sum of carbon allocated to stems, branches and coarse roots), and annual

above- and below-ground litter production (the sum of carbon allocated to leaves and fine roots)

(Table 2). Modelled respiration of the woody compartments, leaf and total (above- and below-

ground) respiration, and NSC pool and fluxes, are all compatible with values reported by

previous investigations, and within the ranges of total, wood and leaf respiration, and P_n:*P* ratios

reported for European beech (e.g. Barbaroux & Brèda 2002; Barbaroux *et al.* 2002; Knohl *et al.*

2003; Granier *et al.* 2008; Davi *et al.* 2009; Genet *et al.* 2010; Guidolotti *et al.* 2013). A model

validation forced by actual measured climate at this site is also described in previous papers

(Collalti *et al.* 2016; 2018; Marconi *et al.* 2017).

The effect of varying τ

The simulations produced a spectrum of diverging trajectories, ranging from an

approximately steady-state with constant P_n:P ratio (for large τ) to a constantly decreasing P_n:P

ratio (for small τ) (Fig. 1a). For $\tau = 1$ yr^{-1}, P_n:P stays close to 0.5. For $\tau \leq 0.2$ yr^{-1} P_n:P eventually

falls below the lower limit of commonly observed values (0.22; Collalti & Prentice 2019) and

the physiological limit of 0.2 proposed by Amthor (2000). Figure 2 also shows the effects of

varying τ in determining different trajectories for P_n (Fig. 2b) and R (Fig. 2c) and consequent

differences in the partitioning between R_M and R_G (Fig. S2) with modelled R, at the end of

simulations, ranging from ∼ 800 g C m^{-2} yr^{-1}, giving P_n ∼ 900 g C m^{-2} yr^{-1} and P ∼ 1700 g C

m^{-2} yr^{-1} (Fig. S1 and for NSC flux Fig. S3b) consistent with a steady-state between R or P_n and

P, to two cases ($\tau = 0.1, 0.2$ yr^{-1}) in which trees die from starvation.

The model did not generate any consistent power-law relationship between R and biomass

either for b ∼ 1 (i.e. R06), or for ∼ $^3/_4$ (Mori *et al.* 2010), or for ∼ $^2/_3$ (Makarieva *et al.* 2005), or

for ∼ $^3/_5$ (Michaletz *et al.* 2014) (Table S1). The simulations indicated b ∼ 1 initially, shifting

with increasing tree size to b ∼ 0.74 for $\tau = 0.1$ yr^{-1} ($R^2 = 0.99$, $n = 117$) or 0.19 for $\tau = 1$ yr^{-1} (R^2

$= 0.84$, $n = 150$; 'n' corresponds to years of simulation). For the relation between R and whole-

plant N, again the simulations indicated b ∼ 1 initially, shifting to b ∼ 0.82 for $\tau = 0.1$ yr^{-1} ($R^2 =$

0.99, $n = 117$) or 0.27 for $\tau = 1$ yr^{-1} ($R^2 = 0.82$, $n = 150$) (Figs. 3a and 3c). The highest b values

corresponded to simulations which ended because the trees died.

Discussion

R is not entirely determined by P

A constant P_n:P ratio, as implied by W98's hypothesis and obtained here by setting $\tau = 1$ yr^{-1}, conflicts with observations from many different tree species that show a substantially slower turnover rate of living cells. In fact, parenchyma cells within secondary xylem are very often more than a year old, and can be up to 200 years old (Spicer & Holbrook 2007). The constant ratio hypothesis is also contrary to the evidence in trees that much of the recently-fixed assimilate pool is at first stored as reserves, and only later used for metabolism or growth (Schiestl-Aalto *et al.* 2015, 2019). Indeed, there are some reports of decoupling between growth (which would imply some CO_2 released for both R_G and subsequently R_M) and photosynthesis – with growth ceasing long before photosynthesis – because of the different sensitivities of growth and photosynthesis to environmental drivers. Kagawa *et al.* (2006a) reported for *Larix gmelinii* Mayr. that up to 43%, and according to Gough *et al.* (2009) up to 66%, of annual photosynthetates in bigtooth aspen (*Populus grandidentata* Michx.) and northern red oak (*Quercus rubra* L.) are used during the year(s) after they have been fixed. Gaudinski *et al.* (2009), Malhi (2012), and Delpierre *et al.* (2016) all found negative correlations between annual carbon inflows and above- or below-ground wood growth, from temperate to tropical tree species. Analysing Luyssaert *et al.*'s (2007) global database, Chen *et al.* (2013) found that R does not scale isometrically with P. Some authors have suggested that R_G could be supplied exclusively by recent photosynthates while R_M by previously stored ones (L□tscher *et al.* 2004). Along the same lines, Maier *et al.* (2010) for loblolly pine trees (*Pinus taeda* L), Kuptz *et al.* (2011) for beech (*Fagus sylvatica* L.) and Norway spruce (*Picea abies* Karst.), and Lynch *et al.* (2013) for a sweetgum plantation (*Liquidambar styraciflua* L.), found that both R_G and R_M are not completely satisfied by recent assimilates, and that some current R_M can be derived from woody tissues constructed in previous years. Litton *et al.* (2007) and Yang *et al.* (2016) both

found low correlations between respiration and the annual production of woody compounds in

large datasets. Many studies have also reported little variation in the CO_2 efflux from sapwood in

relation to tree-ring age, despite a stepwise decrease in the fraction of living cells towards the

centre of the stems (e.g. Ceschia *et al.* 2002; Spicer & Holbrook 2007; Pallardy 2010). These

various observations imply that some carbon is fixed one year and used for the tree's own

growth and metabolism in the next or subsequent years, and that the inner sapwood contains a

population of living cells formed in previous years.

These observations are all incompatible with the hypothesis of a tight coupling of R and P

(alone), and with model results obtained by assuming complete turnover of live cells in sapwood

during a single year.

R is not entirely determined by biomass

On the other side of the ledger, model simulations indicate that low τ values (≤ 0.2 yr^{-1}) can

lead to excessively high respiration burdens, impossibly low $P_n{:}P$ ratios (< 0.2), and ultimately

carbon starvation when all NSC is consumed and whole-tree R_M or growth can no longer be

sustained (Fig. 2). This model result is quantitatively dependent on the values adopted for C:N

ratio and the minimum NSC-pool which increases with tree size, but it is consistent with the idea

that $P_n{:}P$ ratios ≤ 0.2 are not physiologically sustainable (Amthor, 2000). Amthor described, for

a large dataset comprising grasses, tree crops and forest trees worldwide, the $0.65 - 0.2$ bounds

as reflecting maximum growth with minimum maintenance expenditure (0.65) and minimum

growth with maximum physiologically sustainable maintenance costs (0.2). Such a minimum

$P_n{:}P$ value agrees also with Keith *et al.*'s (2010) reasoning (analysing *Eucalyptus* forests of

south-eastern Australia) that trees always require some annual biomass production in order to

survive. With such low τ, simulated woody $R_M{:}R$ exceeds 90%, a value much higher than those

($56 - 65\%$) reported by Amthor & Baldocchi (2001) (Supporting Information Fig. S2). This

situation initiates a spiral of decline, whereby neither P nor NSC drawdown are sufficient to

avoid a long-term carbon imbalance (Supporting Information, Figs. S3a and b; Wiley *et al.* 2017;

Weber *et al.* 2018).

Slightly higher τ values (from 0.3 to 0.5 yr^{-1}) were found to limit woody biomass increase

because of high NSC demand, leading to a shift in the allocation of assimilates to refill NSC at

the expense of growth, and P_n:P values close to 0.2 (Fig. 2a). Values of $\tau > 0.5$ did not show

such behaviour and allowed structural and non-structural compounds to accumulate in parallel,

while P_n gradually declined and eventually levelled off. This scenario allows structural biomass

accumulation to continue even in older trees, as has been observed (Stephenson *et al.* 2014).

Scaling relationships

We simulated forest dynamics from juvenile up to very large, mature trees while R06's results

supporting isometric scaling were based on measurements of seedlings and 6- to 25-year-old

trees with, presumably, very little heartwood. Some other studies have suggested that the scaling

slope of approximately 1 for whole-plant mass may be valid early in stand development, but that

the exponent may eventually become smaller than $^3/_4$, a phenomenon that has been termed

'ontogenic drift' (Makarieva *et al.* 2008). Piao *et al.* (2010) in a global analysis also found a low

correlation, and a low scaling exponent, between R and whole-plant biomass (b = 0.21,

corresponding to $\tau \sim 0.9$ in our simulations). Piao *et al.* (2010) argued that, for large mature trees,

an increasing fraction of woody C and N biomass is composed of metabolically inactive

heartwood, and concluded that a linear-relationship between respiration and whole-plant biomass

should not be expected (even if there is a linear relationship of respiration to the live component

of woody biomass), while a curvilinear-relationship at the small end of the size-spectrum seemed

more appropriate (Kozłowski & Konarzewski 2005). Li *et al.* (2005) also found no evidence for

an isometric or $^3/_4$ power scaling relationship, indicating instead a range between 1.14 and 0.40,

decreasing with plant size. The only approximately isometric relationship we found in our

simulations – across all τ used – was between R and the living components of biomass C (b in

the range of 0.8 to 1, with R^2 always > 0.93) and biomass N ($b \sim 0.9$, with R^2 always > 0.97)

(Figs. 3b and 3d; Makarieva *et al*. 2005; Kerkhoff & Enquist 2006; Gruber *et al.* 2009).

Conversely, and in accordance with Piao *et al*. (2010), by considering all woody biomass

(sapwood and heartwood), *b* consistently deviates from linearity for both C and N in biomass,

because – as observed in mature and big trees – an increasing amount of biomass is composed of

metabolically inactive tissues that do not respire.

None of these findings are compatible with a tight isometric relationship of *R* to whole-plant

C (or N) biomass as proposed by R06.

R is determined by P, biomass and the demand for reserves

Plants store large amounts of non-structural carbohydrates (potentially enough to rebuild the

whole leaf canopy one to more than four times: Hoch *et al*. 2003) and, when needed, plants can

actively buffer the asynchronies between carbon demand (i.e. *R* and *G*) and supply (i.e. *P*) by

tapping the pool of non-structural carbon (see Fig. S3 in Supporting Information for NSC

trends). Several lines of evidence and a growing body of literature support the view of an active

sink of NSC. That is, NSC competes with growth, while it controls *R* (and including other non-

metabolic functions, see Hartmann & Trumbore 2016), in a compensatory mechanism (high

NSC demands for respiration means low carbon supply for biomass growth and *vice versa*).

Schuur & Trumbore (2006) and Carbone *et al*. (2007) for boreal black spruce forest (*Picea*

mariana B. S. P), and Lynch *et al*. (2013) for a *Liquidambar styraciflua* plantation, all reported

that plant-respired CO_2 is a mixture of old and new assimilated carbohydrates. Likewise, Vargas

et al. (2009) for semi-deciduous tree species, Carbone *et al*. (2013) and Richardson *et al*. (2013)

for red maple trees (*Acer rubrum* L.), Muhr *et al*. (2013, 2016) for different Amazonian tree

species, and Solly *et al*. (2018) for pines (*Pinus sylvestris* L.), beeches (*Fagus sylvatica* L.),

spruces (*Picea abies* Karst) and birches (*Betula nana* L.), they all found that old NSC (up to 17

year old) and remobilized from parenchyma cells, can be used for growth or metabolism.

Aubrey & Teskey (2018) found that carbon-starved roots and whole-tree saplings die before

complete NSC depletion in longleaf pine (*Pinus palustris* L), but the threshold NSC level at

which this happens remains unknown for most species. These thresholds are likely to vary

among tissues (Weber *et al.* 2018), species (Hoch *et al.* 2003), phenotypes, habit and wood

anatomy (Dietze *et al.* 2014), and to increase with tree size (Sala *et al.* 2012). Others have

reported that aspen trees (*Populus tremuloides* Michx) cannot draw down NSC to zero because

of limitations in carbohydrate remobilization and/or transport (Wiley *et al.* 2017). A minimum

NSC level, which has been found to proportionally increase with biomass, may also be required

to maintain a safety margin and a proper internal functioning of trees (including

osmoregulation), regardless of whether growth is limited by carbon supply (Woodruff &

Meinzer 2011; Sala *et al*. 2011, 2012; Martínez-Vilalta *et al*. 2016; Huang *et al.* 2019). Genet *et*

al. (2010) found for beech and sessile oak (*Quercus petraea* (Matt.) Liebl.) shifts during

ontogeny in carbon allocation from biomass growth to reserves regardless of seasonal

fluctuations, habitat and climate. Palacio *et al*. (2012) found that black pine trees (*Pinus nigra*

Arnold) that were repeatedly defoliated for 11 years, and left to recover for another 6 years,

showed reduced growth but similar stem NSC concentration when compared to control trees.

Fierravanti *et al*. (2019) found that low NSC accumulation in conifers defoliated by spruce

budworm led to a reduction in growth and an increase in mortality.

It has further been suggested that a considerable fraction of NSC (mostly starch) in the inner

part of wood may become compartmentalized and sequestered away from sites of phloem

loading, and thus no longer accessible for either tissue growth or respiration (Sala *et al.* 2012).

Root exudation to mycorrhizal fungi and secondary metabolites (not accounted for here) could

also accelerate NSC depletion (Pringle 2016), and potentially create a risk of carbon starvation

even for values of τ well above 0.2.

Overall, asynchrony between (photosynthetic) source and (utilization) sink implies some

degree of uncoupling of R, and consequently P_n (and growth), from P and biomass. Carbon

demand for metabolism and growth can be mediated by tapping the pool of NSC but only to the

extent and to the amount that it is accessible and useable by plants. Therefore, if this active role

of NSC can be experimentally confirmed, it will imply that plants prioritize carbon allocation to

NSC over growth.

Implications

It has been suggested that the observed decline of P_n during stand development cannot be

exclusively caused by increasing respiration costs with tree size (Tang *et al.* 2014). The idea,

implicit in the growth and maintenance respiration paradigm – that the maintenance of existing

biomass (R_M) is a 'tax' that must be paid first and which ultimately controls growth – has also been

criticized for lack of empirical support (Gifford 2003). While this paradigm has some weaknesses

(Thornley 2011), and has not changed much over the last 50 years despite some theoretical and

experimental refinements (e.g. accounting for temperature acclimation: Tjoelker *et al*. 1999), it

reflects the prevailing assumption embedded in models because, so far, no other general (and

similarly promising) mechanistic approach to the modelling of whole-plant respiration has been

proposed.

Although plant physiologists are well aware that respiration is neither entirely determined by

photosynthesis nor entirely determined by biomass, but rather by plants' energy requirements for

their functioning and growth, we highlight the persistent large uncertainty surrounding this issue in

the forestry and forest ecology literature. Both the literature reviewed here and our model results

show that any successful modelling approach for plant respiration must necessarily allow plants to

steer a middle course between tight coupling to photosynthesis (inconsistent with a carbon steady-

state in forest development, and with many observations) and dependence on ever-increasing

biomass (risking carbon starvation and death), coupled to the buffering capacity of reserves during

carbon imbalances (see Box 1). It seems likely that plants strive to keep an appropriate quantity of

living cells that can effectively be sustained by photosynthesis or, when necessary, by drawing on

NSC and down regulating allocation to non-photosynthetic, but metabolically active, tissues as to

minimize maintenance costs (Makarieva *et al.* 2008). This would suggest active control on carbon

use efficiency and on the turnover of the living cells by plants. Yet, despite its importance, NSC use

is overlooked in "state-of-the-art" vegetation models. The present study has not been able to

provide tight numerical constrains on τ. However, we can unequivocally reject the two, mutually

incompatible simplifying hypotheses as both conflict with a large and diverse body of evidence.

Other processes, including hydraulic and nutrient limitations, may be in play (Carey *et al.*

2001; Xu *et al.* 2012). Malhi *et al.* (2015) argued for a link between high whole-plant mortality

rates and high forest productivity as ecophysiological strategies that favour rapid growth may also

result in fast turnover of trees. However, Spicer & Holbrook (2007) noted that metabolic activity

does not decline with cell age; and Mencuccini *et al.* (2005) noted that effects of age *per se*

(including cellular senescence and apoptosis) are likely not responsible for declining *P*, but are

linked to the functional and structural consequences of increasing plant size. This is an important

conclusion because it allows models to avoid accounting explicitly for age.

In conclusion, to reduce the large uncertainty surrounding this issue, it will be necessary on

the one hand to use models that explicitly account for the turnover of biomass and the reserves

usage; and on the other hand, to carry out experimental and field measurements of the dynamics of

living cells in wood and the availability of and demand for labile carbon stores. These processes

have a direct bearing on the stocks and fluxes that drive the carbon balance of forests.

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827 **Tables**

828 **Table 1** Underlying modelling assumptions adopted in the analysis

τ level	Corresponding underlying assumption	Reference
$\tau = 0.1$	Low turnover rate, which implies only accumulation of respiring biomass ($i.e. R \propto biomass$)	Reich *et al.* 2006
$\tau = 1$	High turnover rate, with death of cells annually equalling live cell production ($i.e. R \propto P$)	Waring *et al.* 1998
$0.1 < \tau < 1$	Intermediate turnover rate	e.g. White *et al.* 2000, see Box 2
$\tau = 0$	Functionally impossible, because it would imply no mortality of cells	-
$\tau > 1$	Physically impossible, because turnover would exceed the number of available living cells	-

830 **Table 2** Model validation (averages for the years 2006–2010), in brackets standard deviation

831 (when available). Literature data come from Wu *et al.* (2013).

2006-2010 mean (± S.D)	P_n:P	P	R	P_n	$P_n$woody	$P_n$litter	Above Ground-R	Below Ground-R	Above Ground woody stocks	Below Ground woody stocks	Total woody stocks
Units	unitless	g C m^{-2} yr^{-1}							g C m^{-2}		
Literature	0.37	1881 (± 127)	1173 (± 143)	708 (± 65)	307 (± 57)	401	872	301	9885 (± 279)	1848 (± 160)	11733 (± 281)
Modelled	0.45 (± 0.02)	1706 (± 52)	937 (± 30)	768 (± 60)	309 (± 56)	314 (± 9)	635 (± 20)	302 (± 9)	8993 (± 278)	1954 (± 545)	10948 (± 333)

 Figures

Fig. 1 Proofs-of-concept for total R_M (a) and live woody biomass accumulation (b) over the

course of forest development (time) and increases in size, assuming different live wood turnover

(τ, yr^{-1}) rate values, from 1 (W98) to 0.1 yr^{-1} (R06) and including two intermediate values at 0.5

and 0.7 yr^{-1} (e.g. White *et al.* 2000). R_{M_green} (i.e. leaf and fine root R_M) was assumed constant

over-time and arbitrarily equal to 2. Summing up R_{M_wood} and R_{M_green} gives the total R_M. Initial

woody biomass was arbitrarily considered equal to 10, new annual live wood was also arbitrarily

considered equal to 10, $m_R = 0.2$; ($R_M = (W_{live\_woody} + W_{green}) \cdot m_R$; see Eq. 3). (b) Initial woody

biomass was arbitrarily considered equal to 10, new annual live wood was arbitrarily considered

equal to 10. The model is: $W_{live\_woody\ (t+1)} = W_{live\_woody\ (t)} + \Delta Win_{live\_woody\ (t+1)} - \Delta Wout_{dead\_woody\ (t+1)}$

(see equation 4 in the main text).

Fig. 2 Model results for (a) P_n:P ratio (dimensionless), (b) net primary production (P_n, g C m^{-2}

yr^{-1}) and, (c) autotrophic respiration (R, g C m^{-2} yr^{-1}) performed with varying τ (coloured lines).

The beginning of simulations correspond to 1950 (stand age 30 years); the end of simulations

correspond to 2100 (stand age 180 years). The dark-pointed red line can be considered as a

mechanistic representation of W98's fixed P_n:P ratio ($\tau = 1$ yr^{-1}) while the dark pink line

approximates R06's scaling relationship between R and biomass ($\tau = 0.1$ yr^{-1}). Orange dotted

lines represent Amthor's (2000) (A00) '*allowable*' range for the P_n:P ratio (0.65 to 0.2). The red

dots give the average measured values (Wu *et al.* 2013) at the site for (a) P_n:P ratio, (b) P_n and

(c) R. Vertical bars represent the standard deviation with horizontal bars representing the period

2006–2010 (stand age ~ 85–90 years). The shaded area represents the overall uncertainty of

model results.

Fig. 3 Regression analyses between whole-plant autotrophic respiration (R, g C m^{-2} yr^{-1}) and (a)

whole-plant carbon (W; g C m^{-2}), (b) carbon in living pools ($W_{live\_woody} + W_{green}$; g C m^{-2}), (c)

whole-plant nitrogen (W; g N m^{-2}) and (d) nitrogen in living pools ($W_{\text{live\_woody}} + W_{\text{green}}$; g N m^{-2}).

Different colours represent different τ values as described in the legend panels (with $\tau = 0.1$ yr^{-1},

$n = 117$; with $\tau = 0.2$ yr^{-1}, $n = 149$; otherwise $n = 150$).

878   Fig. 1

885   Fig. 2

891   Fig. 3

BOX 1

The function and dynamics of non-structural carbohydrates

NSC is a surprisingly poorly known component of the whole-tree carbon balance, and

commonly disregarded in models (Schiestl-Aalto *et al*. 2019; Merganičová *et al*. *under*

review). However, the ability of trees to prioritize storage over growth depends on the role of

NSC in allowing temporal asynchrony between carbon demand and carbon supply (Fatichi *et*

al. 2014). Such imbalances are assumed to be buffered by drawing down NSC reserves.

Recent studies support this assumption, showing that during periods of negative carbon

balance (for example during the dormant season, periods of stress, or natural or artificially

induced defoliation episodes) NSC is remobilized and transported from the sites of phloem

loading, while during periods of positive carbon balance plants preferentially allocate recently

assimilated carbon to replenish NSC. Only afterwards is "new" carbon used to sustain growth

(Weber *et al.* 2018; Huang *et al.* 2019). Because ultimately plant survival depends more on

metabolic carbon demands than on growth, some have argued that all positive carbon flows

should be used to replenish NSC at the expense of growth until a minimum NSC pool size

(30–60% of the seasonal maximum, Martínez-Vilalta *et al*. 2016) is reached ('active' storage:

Sala *et al.* 2012), thus maintaining a safety margin against the risk of carbon starvation (Wiley

*& Helliker 2012; Huang *et al.* 2019). Note that this assumption departs from the notion that

NSC is a mere reservoir for excess supply of carbon relative to growth demand ('passive'

storage: Kozłowski 1992). In the model, carbon allocation to all tree structural and non-

structural pools is computed here daily and is controlled by functional constraints due to

direct and lagged C-requirements (Huang *et al.* 2019). It is assumed that a minimum NSC

threshold level concentration (11% of sapwood dry mass for deciduous and 5% for evergreen

species: Genet *et al.* 2010) has to be maintained for multiple functions including

osmoregulation, cell turgor, vascular integrity, tree survival (reviewed in Hartmann *&*

Trumbore 2016) and organ-specific phenology (leaf and fine-root formation). The greater the

sapwood mass, the greater the minimum NSC threshold must be (Dietze *et al*. 2014). For

deciduous trees, four phenological phases are distinguished: (i) the *dormant* phase, where *R* is

fuelled by NSC-consumption; (ii) the *leaf onset* phase, when leaf and fine root production

consume NSC (unless the carbon balance is positive, in which case new assimilates are used)

until the predicted maximum annual LAI is reached; (iii) the *full growing* phase, when new

assimilates are allocated to stem, coarse roots, branch, and fruits, and only into the NSC pool

if this is below its minimum level; (iv) the *leaf fall* phase, when all assimilates are allocated to

the NSC reserve pool while some (~ 10%) NSC is relocated from falling leaves and dying

fine roots (Campioli *et al*. 2013). For evergreen species the model follows a simpler schedule

consisting of a first maximum growth phase, when the model allocates NSC to foliage and

fine roots up to peak LAI, and a second full growing phase, when the model allocates to all of

the pools (Kuptz *et al*. 2011). Such patterns of whole-tree seasonal NSC dynamics have been

all recently confirmed by Furze *et al*. (2018) and Fierravanti *et al*. (2019) and a similar

phenological and carbon allocation scheme has been adopted by other models (e.g. Krinner *et*

al. 2005; Arora *& Boer 2005).

BOX 2

Turnover rates and other uncertainties in models

Most vegetation models assume, among other parameters commonly maintained constant, a

fixed rate of sapwood turnover, τ. However, lack of information on this parameter has been

already shown to be an important source of uncertainty in the modelled carbon balance of

vegetation stands (Goulden *et al.* 2011; Malhi 2012; Collalti *et al.* 2019). Values adopted in

current models include: $\tau = 0.7$ yr^{-1} in CLM (Oleson *et al.* 2013), Forest v.5.1 (Schwalm *&* Ek

2004), 3D-CMCC-CNR (Collalti *et al.* 2019) and Biome-BGC (Thornton *et al.* 2002); $\tau \sim 0.75$

yr^{-1} in CASTANEA (Dufrêne *et al.* 2005); $\tau = 0.85$ yr^{-1} in LPJ-GUESS (Smith *et al.* 2001); $\tau =$

0.95 yr^{-1} in SEIB-DGVM (Sato *et al.* 2007), LPJ-DGVM (Sitch *et al.* 2003) and NCAR-LSM

(Bonan *et al.* 2003); and $\tau \sim 1$ yr^{-1} in CARAIB (Warnant *et al.* 1994), PnET (Whythers *et al.*

2013), and ORCHIDEE (Krinner *et al.* 2005).

Additional sources of uncertainty include the lack of consideration of a size- or age-related

decline in the ratio of living to dead cells (suggesting a declining τ) (Damesin *et al.* 2002;

Ceschia *et al.* 2002), the effect of changes in climate (which could temporarily increase τ to

reduce maintenance costs in favour of growth: Doughty *et al.* 2015), changes in tissue N and

NSC concentrations (Machado *&* Reich 2006; Thurner *et al.* 2017), and, a probable, genetically

controlled down-regulation of basal respiration rates with the ageing of cells (Carey *et al.* 2001;

Wiley *et al.* 2017). Moreover, both τ and basal respiration rates (g_R and m_R) are likely to vary

among different tree biomass pools (Reich *et al.* 2008). Respiratory carbon losses per unit plant

mass may also change to sustain growth as an acclimatory response to carbon demand due to

increasing plant size, and perhaps with changing climate (Smith *&* Stitt 2007). These hypotheses

are all grounded in theory, but are supported by very limited observations (Friend *et al.* 2014;

Thurner *et al.* 2017).