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Structural variant classes and short tandem repeats differentially impact gene expression and complex traits

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Abstract

Structural variants (SVs) and short tandem repeats (STRs) are broad categories of variation that include diverse subtypes such as copy number variants or mobile element insertions, which differ in their sizes and distributions across the genome. Here, we show that different SV classes and STRs differentially impact gene expression and complex traits. Functional differences between SV classes and STRs include their genomic locations relative to eGenes, likelihood of being associated with multiple eGenes, associated eGene types (i.e., coding, noncoding), effect sizes, linkage disequilibrium with tagging SNPs used in GWAS, and likelihood of being associated with GWAS traits. We also identified a set of high-impact SVs/STRs associated with the expression of three or more eGenes via chromatin loops and showed they are highly enriched for being associated with GWAS traits. Our study provides insights into functional differences between SV classes and STRs and their respective impacts on gene expression and human traits.

Introduction

Structural variants (SVs) and short tandem repeats (STRs) are important categories of genetic variation that can impact large portions of the genome and are enriched for associations with gene expression. SVs and STRs are comprised of several diverse classes of variants including deletions, insertions, multi-allelic copy number variants (mCNVs), and mobile element insertions (MEIs) that require multiple algorithmic approaches and deep whole genome sequencing to accurately identify and genotype (Companion Paper). Due to the complexity of calling SVs and STRs, previous genetic association studies have generally focused on specific classes of SVs or STRs and have therefore not fully characterized the properties of SVs and STRs that are associated with gene expression or complex traits.

One important problem that has not been addressed by previous studies that focus on specific SV classes or STRs is whether the diverse SV classes and STRs differ in their functional impact on gene expression (DeBoever et al., 2017; Li et al., 2017; Sudmant et al., 2015; Willems et al., 2017). Therefore, while SV classes and STRs vary in their sizes, distributions across the genome, and impact on nucleotide sequences, it is unknown whether these differences affect which SVs and STRs are associated with gene expression. It is also unclear whether the large size of some SVs and STRs may regulate gene expression by specific mechanisms such as altering three-dimensional spatial features of the genome. A comprehensive SV and STR dataset generated using high-depth whole genome sequencing (WGS) from a population sample with corresponding RNA-sequencing data could be used to compare how different classes of SVs and STRs affect gene expression.

SVs and STRs have also been associated with complex traits, though they have been studied considerably less often in GWAS than single nucleotide polymorphisms (SNPs), and the overall contribution of SVs and STRs to complex traits is not well understood (Beck et al., 2015; Brandler et al., 2018; Den Dunnen, 2017; King et al., 2015; Lupski, 2015; Malhotra and Sebat, 2012; Mirkin, 2007; Nelson et al., 2013). One difficulty with studying differences between SV classes and STRs in GWAS is that it is unknown whether variant classes are differentially tagged by SNPs on genotyping arrays. A collection of hundreds of subjects genotyped for a full range of SVs, STRs, SNVs, and indels could be used to determine whether any particular classes of SVs and STRs are not currently captured by genotyping arrays and indicate "dark" regions of the genome not assessed by array-based GWAS. A comprehensive set of variants with corresponding linkage disequilibrium (LD) estimates would also be valuable for assessing the functional impact of SVs and STRs on complex traits using existing SNP-based GWAS.

In this study, as part of the i2QTL consortium, we used RNA-seq data from induced pluripotent stem cells (iPSCs) from the iPSCORE and HipSci collections (DeBoever et al., 2017; Kilpinen et al., 2017; Panopoulos et al., 2017) along with a comprehensive call set of SVs and STRs from deep WGS data (Companion Paper) to identify eQTLs associated with iPSC gene expression and characterize differences between SV classes and STRs. We performed eQTL mapping in iPSCs with and without SNVs and small indels and identified 1,231 unique SVs and 4,087 STRs respectively associated with the expression of 1,706 and 5,260 genes (eGenes). We observed

that SVs were more likely to act as eQTLs than SNVs when in distal regions (> 100kb from eGenes) and that duplications and mCNVs were more likely to have distal eQTLs and multiple eGenes compared to other SVs and STRs. eGenes for mCNV eQTLs were also less likely to be protein coding and more likely to have strong effect sizes relative to other SVs and STRs. We examined LD of SVs and STRs with GWAS variants and found that mCNVs and duplications are poorly tagged by GWAS SNPs compared to other variant classes. We found that 4,873 SVs and STRs were in strong LD with a SNV associated with at least one of 701 unique traits and showed that deletion, rMEI, ALU, and STR lead eQTL variants are enriched for GWAS associations establishing that these variant classes have underappreciated roles in common traits. Finally, we found a highly impactful set of SVs and STRs located near high complexity loop anchors that localize near multiple genes in three dimensional space and are enriched for being multi-gene eVariants and associated with GWAS traits. This work establishes that different classes of SVs and STRs vary in their functional properties and provides a valuable, comprehensive eQTL dataset for iPSCs.

Results

eQTL mapping

To identify eQTLs, we created a comprehensive map of genetic variation, described in a companion paper (Companion Paper), using 477 donors from the iPSCORE and HipSci projects which contains 37,296 SVs, 588,189 STRs, and ~48M SNVs and indels. These variants include several subclasses of SVs including biallelic duplications and deletions, multi-allelic copy number variants (mCNVs), mobile element insertions (MEI) (LINE1, ALU, SVA), reference mobile element insertions (rMEI), inversions, and unspecified break-ends referred to as BNDs. We performed a *cis*-eQTL analysis using RNA-seq data from iPSCs derived from 398 of these donors (Table S1) by identifying 16,018 robustly expressed autosomal genes and testing for *cis* associations between the gentotypes of all common (MAF ≥ 0.05) SVs (9,313), STRs (33,608), indels (~1.86M), and SNVs (~7M) within 1 megabase of a gene body using a linear mixed model approach (Figure 1A, Table S2, Methods). We detected associations between 11,197 eGenes (FDR<5%, Methods) and 10,904 unique lead variants (lead eVariants), including 145 SVs (1.3%), 140 STRs (1.3%), 2,648 indels (24.3%), and 7,971 SNVs (73.1%, Figure 1B). We compared our eQTLs to those discovered by GTEx and 1000 Genomes and found that the number of eGenes we identified is consistent with the expected power from using 398 samples (Figure S1-S3). While SVs and STRs accounted for only 0.1% and 0.38% of tested variants respectively in our analysis, they were highly enriched to be lead eVariants (SVs: OR=17.9, p=3.3e-91; STRs: OR=4.14, p=1.5e-24; Fisher's exact test (FET)) and collectively formed lead associations with 3.25% of eGenes (1.73% SVs and 1.52% STRs), indicating that these variant classes have a disproportionate effect on gene expression compared to SNVs and indels.

Figure 1. eQTL mapping. (A) Overview of eQTL study design. We used SNPs, indels, SVs and STRs called using deep WGS from 477 donors(Jakubosky et al., 2019) in conjunction with iPSCs reprogrammed from 398 of these donor(DeBoever et al., 2017; Kilpinen et al., 2017; Panopoulos et al., 2017) and detected 16,018 expressed genes. We performed two eQTL analyses: a joint analysis that used all variants and identified 11,197 eGenes and an SV/STR-only analysis that only used SVs and STRs and identified 6,996 eGenes. (B,C) Pie charts showing the number of lead variants across the different variant classes for (B) joint and (C) SV/STR-only eQTL analyses. (D) Venn diagram showing the intersection between the eGenes detected in the joint and the SV/STR-only analysis.

To conduct comparative analyses of the functional properties of the different SV classes and STRs, we performed an SV/STR-only eQTL analysis using the 42,921 common SVs and STRs and excluding SNVs and small indels (Figure 1A, Table S3). We identified 6,966 eGenes (FDR<5%, 42.7% of all expressed genes) associated with 5,343 unique lead eVariants (Figure 1C). SVs were more likely to be lead variants compared to STRs (OR=1.15, p=1.7e-5, FET) though the majority of lead eVariants were STRs (4,087 eSTRs versus 1,231 eSVs). Of the 11,197 eGenes identified in the joint-eQTL analysis, 6,507 were also identified in the SV/STR eQTL analysis (Figure 1D). Among these 6,507 shared eGenes, 94.6% were mapped to a lead SNV or indel variant in the joint analysis, while the remaining 5.4% were mapped to the same lead SV or STR identified in the SV/STR eQTL analysis. To evaluate how many of the 6,155 shared eGenes were likely driven by the same causal variant in both analyses, we computed the linkage disequilibrium (LD)

between SNV/indel lead variants in the joint eQTL analysis and eSVs and eSTRs from the SV/STR-only eQTL analysis. We found that lead SNVs or indels from the joint analysis were in strong LD ($R^2 > 0.8$) with the lead eSV or eSTR from the SV/STR-only analysis for 14.2% (872/6,155) of shared eGenes. While the true causal variant at these loci is unknown, these data suggest that an additional 7.8% (872/11,197) of eGenes discovered in the joint analysis could be driven by SVs or STRs; thus, as many as 3.6% and 7.4% of eGene lead variants in the joint analysis may be explained by SVs or STRs, respectively. These findings also suggest that 47% (5,263/11,197) of the eGenes in the joint analysis could have secondary eSVs or eSTRs regulating their expression. The SV/STR-only analysis identified thousands of regulatory variants across all SV classes and STRs and shows that these variants play an important role in regulating the expression of genes.

Variant size influences eQTL associations

Given that SVs and STRs have size ranges that span orders of magnitude (Jakubosky et al., 2019), we sought to examine the relationship between variant length and the likelihood of being an eVariant for different variant classes. We tested whether STRs or common deletions, duplications, and mCNVs longer than a particular length threshold were more likely to be eVariants compared to variants shorter than the length threshold. We found that longer deletions, duplications and STRs were more likely to be eVariants and lead eVariants (Figure 2A, Figure S4). The trend was especially strong for deletions where 58% and 38% of variants longer than 50kb were respectively eVariants or lead eVariants (OR=3.09, 3.11; p=0.0095, 0.0065; FET). Although a higher proportion of mCNVs were eVariants compared to other classes (Figure 2A), mCNV length was not strongly associated with eQTL status; only mCNVs longer than 10kb were significantly more likely to be lead eVariants (OR=1.59, p=0.01, FET).

Figure 2. Variant length influences the likelihood and effect size of eQTLs. (A) The percentage of tested variants that were eVariants (grey lines) or lead eVariants (green lines) greater than or equal to threshold given on the x-axis for each variant class. Points are colored according to their log2 odds ratio for enrichment when comparing the fraction significant at or above the threshold to the fraction significant for variants smaller than the threshold; points circled in red were significant (FET, p<0.05). (B, C) Association of variant length with effect size for (B) non-exonic eQTLs or (C) exonic eQTLs mapped to biallelic deletions, duplications, multi-allelic CNVs and STRs. Number of eQTLs for each variant class at defined length is shown (top panels). Points represent the centers of bins with equal numbers of observations and error bars indicate 95% confidence intervals around the mean (1000 bootstraps) (bottom panels). Lines represent linear regressions, with 95% confidence intervals shaded, as calculated on unbinned data. P-values at the right of each plot indicate the significance of the association between length and absolute effect size (linear regression) when also including non-mode allele frequency and distance to TSS as covariates.

We next sought to determine whether eVariant length for CNVs and STRs was predictive of absolute eQTL effect size and if lead eQTLs that overlap (exonic) or do not overlap (non-exonic) exons of the eGene displayed similar effects (Figure 2B,C). We found that lead eVariant length was significantly associated with the absolute effect size for non-exonic CNV (all classes) and STR eQTLs independent of variant distance to the transcription start site and allele frequency (Figure 2B). However, among exonic eQTLs, only those mapping to deletions had a significant correlation between length and effect size with longer deletions having larger effect sizes (Figure 2C). These data show that longer variants are more likely to be eVariants for both CNVs (excluding mCNVs) and STRs and that among eVariants that do not overlap exons, longer variants tend to have stronger effects on expression.

mCNVs and deletions are enriched for associations with multiple eGenes

We next investigated whether SVs from particular classes were more likely to be eVariants or associated with multiple eGenes compared to STRs. We assessed the likelihood of specific SV classes for being eVariants relative to STRs because STRs comprised 78% of all tested variants and 70% of eQTLs (Figure 1C) and therefore serve as a useful reference for comparisons. We found that mCNVs and deletions were more likely to be eVariants for at least one gene relative to STRs (mCNVs: OR=2.74, q=7.9e-50, FET; deletions: OR=1.31, q = 3.9e-10, FET) and were also more likely to be lead eVariants compared to STRs (mCNVs: OR=1.68, q=2.27e-8, FET; deletions: OR=1.32, q=3.7e-7, FET) (Figure 3A, Figure S5). Conversely, BNDs were less likely to be eVariants (OR=0.7, q= 4.2e-6, FET) or lead eVariants (OR=0.44, q=1.95e-12, FET) compared to STRs (Figure 3A). We next examined how often eVariants from each variant class were associated with multiple eGenes and found that, while many of the SV classes were more likely to affect multiple eGenes compared to STRs (Figure 3B), these effects were most prominent among mCNV eVariants and deletion eVariants which affected two or more genes 61.7% (271/439) and 44.4% (401/902) of the time respectively. Moreover, 31.2% (137/439) of mCNV eVariants and 13.4% (121/902) of deletion eVariants were associated with at least 4 genes compared to only 7.6% (604/7,915) of STR eVariants (Figure 3B). These results show that mCNV and deletion eVariants are frequently associated with the expression of multiple genes compared to STRs and other SVs.

Figure 3. Properties of SV and STR eQTLs. (A) Percentage of tested variants from each class that are eVariants (left) or lead eVariants (right) in the SV/STR eQTL. Asterisks indicate significant enrichment or depletion, comparing the likelihood of variants from a specific class to be eVariants to that of STRs (FET, BH alpha < 0.05). (B) Balloon plot with color showing the number of eVariants and size indicating the fraction of eVariants within the variant class represented in the bin (left), and the average number of eGenes per eVariant (right) with 95% confidence

intervals. Red points indicate significantly higher numbers of eGenes/eVariant (Mann Whitney U Test, Bonferonni corrected p-values < 0.05) compared to STRs. (C) Distribution of the distance of eQTL (left) and lead eQTL (right) variants to the boundary of their eGenes (5' UTR or TSS). Proportion of eQTLs that were at least 250kb distal to eGene, red asterisks indicate that these percentages were significantly different from the other SV classes (Mann Whitney U Test, Bonferonni corrected p-values < 0.05). (D) For each variant class, the fraction of lead eQTLs that overlapped exons, promoters, or introns of their associated eGene, other genes, or that were intergenic is shown. (E) Enrichment (log2 odds ratio) comparing the proportions of lead eQTLs for each class that overlap each genic element with all other classes. (F) Distribution of effect sizes for lead eQTLs which overlapped or did not overlap an exon of their eGene. (G,H) Distribution of absolute effect sizes for mCNVs (orange), SVs excluding mCNVs (blue) and STRs (light blue) for exonic (G) and non-exonic (H) eQTLs. Annotated p-values show significantly higher effect sizes comparing the effect size distributions of mCNVs to STRs or other SVs, and are colored to match these groups (Mann Whitney U Test, Bonferonni corrected p-values < 0.05).

Genomic localization of SV and STR eQTLs

We next examined how eVariants for each variant class were distributed with respect to genes and promoters by evaluating the distance of eVariants to their eGenes and their overlap with genic elements. We found that most eQTLs were located near eGenes (<250kb) for all variant classes (Figure 3C); however, a significantly larger proportion of eQTLs mapped to mCNVs and duplications were located far from their eGenes (>250kb) compared to STRs (mCNVs: 40.7%, OR=2.23, q<1e-40; duplications: 37.1%, OR=1.93, q=4.03e-5; FET) suggesting increased distal regulatory activity for these variant types. We next annotated each variant-gene pair tested for whether the variant overlapped an exon, promoter, or intron for the paired gene; overlapped an exon, promoter, or intron for a different gene; or was intergenic (Figure 3D, Figure S6). Overall, we observed that 23.1% of lead eQTL variants directly overlapped the eGene with 205 overlapping exons (2.9%), 224 overlapping promoters (8.5%), and 1,180 overlapping only introns (17%) in the associated eGene. Interestingly, mCNVs were the only eQTL variant class enriched for lead variants overlapping exonic regions of eGenes compared to all other variant classes (17.7%, OR=9.15, q=4.6e-26, Figure 3D,E) even though mCNV eQTLs were generally located further than STRs from their eGene (Figure 3C) suggesting that a subset of mCNV eQTLs may be distal regulatory variants and a subset may affect expression by directly altering eGene copy number. Lead mCNVs were also enriched for overlapping exonic regions of other genes besides their associated eGenes compared to other variant classes (37%, OR=11.64, p<1e-40) as were lead duplications and deletions (27%, OR=5.94,3.29e-6, and 11.95%, OR=2.33, p=1.41e-8; FET), whereas STRs were depleted in other gene exons (0.25%, OR=0.26, q=1.7e-16, FET, Figure 3D,E) and eGene exons (1.98%, OR=0.32, q=8.7e-14). Overall lead mCNV eVariants were more likely than other eVariants to overlap eGene exons while mCNVs and duplications had more distal eQTLs than other variant classes.

We next compared the direction and absolute effect sizes of lead eQTLs that overlapped or did not overlap exons of the eGene (exonic and non-exonic eQTLs) from each variant class. Both exonic and non-exonic lead eQTLs mapped to mCNVs and exonic lead eQTLs mapped to duplications had primarily positive associations with gene expression while exonic lead eQTLs mapped to deletions had mostly negative effects (Figure 3F). Both exonic and non-exonic lead eQTLs mapped to all other variant classes exhibited bimodal effect size distributions. Comparing the absolute effect sizes of lead eQTLs mapped to each variant class, we found that

mCNV lead eQTLs also had significantly larger effect sizes in both exonic (Figure 3G) and non-exonic (Figure 3H) contexts compared to lead QTLs attributed to all other SVs or to STRs (Figure 3G,H). These data show that mCNV eQTLs are unique in that they tend to exert strong positive effects on gene expression, especially mCNV eQTLs that overlap exons which are almost always positively correlated with gene expression.

eVariant type is associated with eGene type and constraint

Due to the differences in the likelihood, severity, and direction of effect of eQTLs of different variant classes, we next investigated whether the eGenes mapped to these classes differ in their gene types such as protein coding or pseudogene. We annotated all eGenes with Gencode gene types and calculated whether a given variant class was more or less likely to be a lead variant for eGenes of a particular gene type (Figure 4A,B, Figure S7A). Notably, a lower proportion of mCNV eGenes were protein coding (57.6% of eGenes, OR=0.22, q=3.33e-28, FET) and a higher proportion were pseudogenes (25.1%, OR=8.56, q=1.04e-33, FET) or lincRNAs (10.5%, OR=2.5, q=5e-4, FET) compared to other variant classes. The eGenes linked to duplications and deletions followed the same trend as those attributed to mCNVs in terms of the proportions of each gene type, but enrichments did not reach significance. However, STR eQTLs had the opposite pattern and were enriched for protein coding genes (86.7%, OR=1.83, q=1.84e-15, FET) and depleted for pseudogenes (3.3%, OR=0.36, q=2.62e-16, FET) and lincRNAs (4.15%, OR=0.62, q=1.9e-3, FET). We looked at the effect sizes of associations among different gene types and found that lead eQTLs for protein coding eGenes tended to have lower effect sizes compared to lead eQTLs for genes that are not protein coding (Figure 4C) which is consistent with non-protein coding genes being more tolerant of disruption (Ruderfer et al., 2016a). Furthermore, the observation of higher effect sizes among mCNV eQTLs and their increased likelihood to overlap exons of their eGenes may be partly explained by their association with fewer protein coding genes, while the opposite properties were observed among lead eQTLs attributed to STRs which were less frequently exonic.

Figure 4. Properties of eGenes associated with different variant classes. (A) Fraction of eGenes of each Gencode subtype mapped to lead variants of each class for the SV/STR only eQTL. (B) Enrichment log₂ odds ratios for the proportion of eGenes of each subtype mapped to a variant class compared with the proportion of other eGenes falling into that subtype. Significant associations (FET, BH FDR < 0.05) are indicated with 'x' symbols. (C) Absolute effect size of associations for genes of each subtype among lead eQTLs in the SV/STR only eQTL. *p*-values indicate significance of Mann Whitney U test for difference in the effect size distributions of each category as compared to protein coding genes (Bonferroni corrected). (D) Distribution of ExAC scores for intolerance to loss-of-function variants in a single allele (pLI, red), intolerance to loss-of-function variants in both alleles (pRec, orange), and tolerance to loss-of-function variants in both alleles (pNull, blue) for 5,675 eGenes. (E) The percentage of eGenes (grey bars) mapped to lead variants of each class that had high (> 0.9) pLI (left), pRec (center), or pNull scores (right). The percentage of non-eGenes (7,337 genes that were tested in the SV/STR eQTL but not significantly associated with an SV or STR) with high scores (black bars) is also included. Annotated p-values indicate the significance of the difference between the proportion of high score eGenes and high score non-eGenes for each group individually (FET, BH FDR < 0.05, within each probability score). (F) Absolute effect size versus pLI score for

all eGenes after regressing out the effects of variant class and mean $\log_{10}$(TPM) expression level of the gene among expressed samples. Points represent binned effect size bins with equal number of observations per bin and error bars showing 95% confidence intervals (n=1000 bootstraps) around the mean pLI for the bin. Line represents a linear regression predicting pLI by eQTL effect size with variant class and the $\log_{10}$(TPM) expression level of the gene among expressed samples as covariates, Here the *p*-value represents the significance of the eQTL effect size term (t-test).

Given the differences in eGene types between different variant classes, we hypothesized that eGenes might be under different levels of evolutionary constraint compared to non-eGenes. To test this, we obtained pLI (probability that a gene is intolerant to loss of one allele), pRec (probability that a gene is intolerant to loss of both alleles), and pNull (probability that a gene is tolerant of loss of both copies of gene) scores from ExAC for 13,012 genes (13,006 protein coding) of the 16,018 genes that were tested for eQTLs (Karczewski et al., 2017; Ruderfer et al., 2016b). We examined the distributions of these constraint scores for eGenes with lead eVariants from each variant class and observed that eGenes were skewed towards low pLI scores (< 0.9) and pNull scores but more evenly distributed between low and high pRec scores (Figure 4D, Figure S7B). We found that across variant classes eGenes were significantly depleted for having high pLI scores (> 0.9) and generally enriched to have high pRec and pNull scores compared to non-eGenes (Figure 4E). This result demonstrates that genes that are intolerant to mutation are less frequently eGenes while genes tolerant of heterozygous or null alleles are more likely to be eGenes. Examining this trend among variant classes, mCNVs had the lowest proportion of high pLI eGenes (~10% of mCNV eGenes were high pLI versus ~17.4 % among all eGenes, and 25% of non-eGenes) suggesting that mCNV protein coding eGenes are less constrained. Interestingly, eGenes mapped to deletions were most likely to be high pNull (7.6%) suggesting that, due to their severe negative effects on expression, deletion eVariants are under greater selection to affect dispensable genes. Given that some eGenes were classified as under high levels of constraint (pLI > 0.9), we sought to understand whether these genes are also sensitive to high levels of expression modulation. We compared the absolute effect size of lead QTLs to the pLI score of the eGene and found a strong and significant negative correlation between effect size and pLI (Figure 4F). Taken together, these results suggest that eGenes, especially those affected by mCNVs, tend to be less constrained than other genes and that when constrained protein coding genes have eQTLs, the eQTLs tend to have weaker effects on gene expression.

Multi-eGene eQTLs Colocalize with Distal Chromatin Loop Anchors

Since chromatin looping has been shown to play a key role in the regulation of genes by positioning regulatory regions near gene promoters (Duggal et al., 2014; Greenwald et al., 2019; Rao et al., 2015; Schoenfelder et al., 2015), we sought to determine whether distal eVariants are located near the promoters of their eGenes in three-dimensional space due to chromatin looping. We obtained chromatin loop calls from iPSC promoter capture Hi-C data (Montefiori et al., 2018a) that define promoter loops between gene promoters (promoter anchors) and distal sequences (distal anchors, Figure 5A). We observed that 13,575 of the 16,018 genes tested for eQTLs had at least one promoter loop and that 29.2% of SVs and 30% of STRs tested for eQTLs overlapped a distal anchor. Interestingly, mCNVs were significantly less

likely to overlap a distal anchor than other variant classes with only 13.5% of mCNVs overlapping (OR=0.37, p<1e-25, FET) likely due to the difficulty of identifying loop anchors near segmental duplications, which frequently overlap mCNVs (Figure S8). Among the 13,575 genes that had at least one loop and were tested for SV/STR eQTLs, we identified 384,421 (60.9%) variant-gene pairs for which the variant was closer to the distal anchor than to the promoter anchor and did not overlap the exon of the tested gene, which we defined as "distal variant-gene pairs" (Figure 5A). Among these distal variant-gene pairs, we observed 1,598 eGenes (22% of all eGenes) with at least one eVariant located in the distal anchor of a loop to their promoter, 963 (12.4% of all eGenes) of which were mapped to a lead eVariant in the distal anchor; 82% (788/963) of these lead variants were STRs (Figure 5B,C). Within each variant class, distal variant-gene pairs that overlapped the distal anchor of a loop to the promoter of the tested gene were highly enriched to be eQTLs or lead eQTLs (OR=3.5, 5.4; p=0.022, <1e-40; FET, Figure 5D). These results indicate that many eQTLs include variants that overlap distal chromatin loop anchors and that variants that overlap distal anchors are more likely to be eQTLs and lead variants.

Figure 5. Localization of eQTLs near chromatin loops. (A) Cartoon showing localization of SVs and STRs at loop anchors. We selected all eVariants overlapping or close to distal anchors and associated with the expression of eGenes at the promoter anchor. Only eVariants closer to the distal anchor (right of grey dotted line) than to the promoter anchor were considered. (B) Proportion of eQTLs in the SV/STR eQTL analysis that were genic (overlapping an intron, exon, or promoter of the eGene; yellow), overlapping or close to distal anchors (green), or distal acting by some other mechanism (grey). (C) Distal loop-acting eQTLs (n = 2,327 eQTLs to 1,598 eGenes) mapped to SV classes. (D) Percentage of eVariant-eGene pairs where the eVariant (left) or lead eVariant (right) overlaps or does not overlap the distal anchor. Significance is calculated with FET comparing these proportions. (E)

Fraction of tested distal variant-gene pairs (A) that were lead eQTLs versus their distance to the distal anchor. Points represent the centers of equally sized bins and show the mean and 95% confidence interval. Regression lines were calculated using logistic regression testing association between distance to the loop anchor (with anchors padded by 10kb) and whether the variant-gene pair was a lead association. These were computed separately for variant-gene pairs inside the loop or outside the loop. (F) Heatmap showing the number of eVariants connected to gene promoters through chromatin loops (X axis) and the number of these connected genes that are associated eGenes (Y axis). (G,H) Barplot showing the percentage of tested variants that were eVariants (G) or lead eVariants (H) as a function of the number of genes the variant was linked to via overlapping a distal anchor. P-values were calculated by FET (Benjamini-Hochberg FDR < 5%) comparing the proportions of tested variants that were eVariants for variants linked to some number of genes by chromatin loops (grey) to the proportion of variants that were eVariants among variants that were not linked to any genes by chromatin loops. (I) Number of eGenes versus the number of tested genes per eVariant stratified by whether the genes are linked by loops to the eVariant (blue) or not linked by loops (grey). We fit a linear model comparing the number of eGenes/eVariant versus the number of genes tested using whether those genes were linked by loops or not as a covariate. The *p* value indicates the significance of the covariate of whether the genes were or were not linked by loops.

We next tested if the distance of a variant to the distal anchor or the variant's position inside or outside of the loop is predictive of whether the variant is an eVariant using a logistic model (Figure 5A). We subsetted the variant-gene pairs to those whose variants were at least 100kb away from the nearest TSS and a maximum of 200kb from the nearest distal anchor to ensure we were examining interactions around the distal anchor. We observed that variants closer to the distal loop anchor were significantly more likely to be lead eQTLs (p=0.003) and that distal variant-gene pairs with a variant inside the loop were more likely to be lead eQTLs than those with variants outside the loop (Figure 5E, OR=1.5, p=2.1e-8, FET). This suggests that variants near distal loop anchors are more likely to affect expression of the corresponding gene, especially when inside the loop, and that variants that do not directly overlap the loop anchor can still affect regulatory elements or loop structure.

Given that variants overlapping distal anchors are more likely to be eQTLs, we hypothesized that variants overlapping distal anchors connected to multiple gene promoters should have more eGenes than variants overlapping distal anchors connected to few genes. We observed that variants that overlapped distal anchors and were connected to more genes via chromatin loops tended to have more eGenes connected by loops (Figure 5F). We also found that variants linked to larger numbers of genes by chromatin loops were proportionately more likely to be both eVariants and lead variants than variants that were not linked to genes by loops (Figure 5G,H). For example, 41% of variants linked to 6 or more genes by a distal loop anchor were lead eVariants as compared to only 8.5% of distal variants that were not linked to an eGene by loop anchor (OR=7.62, p<1e-40, FET). One possible explanation of these results is that SVs and STRs overlapping anchors that loop to multiple genes have more eGenes and are more likely to be eVariants because they are tested for more eGenes. To test this, we compared, for each variant, the number of genes that were tested and the number that were identified as eGenes stratified by whether the genes were connected by loops or not connected by loops and found variants tended to have more eGenes among genes connected by loops than those not connected by loops (Figure 5I, p<1e-5, t-test, Methods). This trend was consistent across SV classes (Figure S9). These results suggest that variants located in high complexity loop anchors are more likely to be multi-gene eQTLs than variants simply located near many genes.

LD tagging and GWAS associations differ between variant classes

SVs and STRs are typically not assessed in GWAS, so the contribution of classes of non-SNV variation to complex traits and diseases is currently unclear. To examine the extent by which the different SV classes and STRs have been assayed by proxy in GWAS, we calculated LD between i2QTL variants and SNVs present in the UK Biobank (UKBB, ± 50kb of each SV and STR). We observed strong LD ($R^2 > 0.8$) with UKBB SNVs for a large proportion of STRs (81.7%), ALU and LINE1 elements (79% and 83.7%), and deletions (71.2%), but a markedly lower proportion of duplications (29.8%) and mCNVs (27.4%) were in strong LD with a nearby variant (Figure 6A). We stratified our analysis of duplications and mCNVs by whether they overlapped a segmental duplication (SD) and found that those that overlapped SDs were less likely to be in strong LD with UKBB variants (18.9% duplications and 16.8% of mCNVs $R^2 > 0.8$) than those that did not overlap SDs (33.3% duplications and 65.7% mCNVs $R^2 > 0.8$, Figure S10), indicating that poor tagging for these classes may in part be due to the presence of repetetive sequences. These results suggest that the duplications and mCNVs are generally not assayed by proxy in GWAS, especially when located in segmental duplications, so the impact of these SV classes on traits and diseases needs to be further investigated.

Figure 6. Associations between SVs, STRs and GWAS. (A) Distribution of maximum LD score per i2QTL variant with UKBB variants nearby (within 50kb) for each variant type. Annotated p-values indicate results of Mann Whitney U test for the LD distribution of each SV class to be skewed lower than STRs after Bonferroni correction for multiple tests. (B) Fraction of variants of each class that are strongly tagged by a UKBB variant ($R^2 > 0.8$) for lead eVariants

(green) versus all other variants in that class (black). Annotated q values indicate enrichment of lead eVariants to be in strong LD with a UKBB variant versus all other variants tested in the eQTL in the class (FET, Benjamini Hochberg FDR). (C) Fraction of variants of each class that are strongly tagged by a UKBB variant ($R^2 > 0.8$) that is significantly associated with at least one trait in the UKBB (p<5e-8). Annotated q values indicate enrichment of lead eVariants to be in strong LD with a UKBB variant that is significantly associated with at least one trait versus all other variants tested in the eQTL in the class (FET, Benjamini Hochberg FDR). (D) Percentage of variants in strong LD ($R^2 > 0.8$) with a variant significantly linked to at least one GWAS trait when significantly associated with 0, 1, or 2 eGenes or more. To compute annotated q-values, we utilized all variants tested in the SV/STR-only eQTL, and for each variant class we performed logistic regression to determine whether the number of eGenes for a variant was associated with whether the variant was in strong LD significant GWAS variant. The p-values from these regressions were then corrected using Benjamini Hochberg resulting in annotated q-values, marked in red when q < 0.05. (E) Example of an STR on chromosome 22 that is a multi-gene eQTL associated with four genes through looping and with a total of nine unique eGenes. (F) Example of an mCNV on chromosome 7 that is a multi-gene eQTL associated with seven unique eGenes by looping. Genes for which the variant is a lead variant are colored dark red and genes for which the variant is significantly associated are colored pink. iPSC Hi-C data is visualized as a heatmap of interaction frequencies (middle panels marked Hi-C data). ChromHMM states in 5 roadmap iPSC lines are shown (bottom panels).

Next, we investigated whether variants linked to gene expression were more likely to be in strong LD ($R^2 > 0.8$) with nearby UKBB SNVs or linked to diseases and traits via GWAS. We observed that deletions, rMEI, and STR lead eVariants were more likely to be in strong LD with UKBB variants compared to non-lead eVariants of the same class (Figure 6B, Figure S11A). While >65% of lead eVariants for most SV classes were in strong LD with any nearby UKBB variant, only 26% of mCNV and 24% of duplication lead eVariants were strongly tagged, further supporting that most mCNVs and duplications are not assayed by proxy in GWAS. We then examined how often variants in strong LD with UKBB variants were significantly associated with at least one GWAS trait (p<5e-8) and found that 11.4% of common STRs and SVs were by proxy associated with at least one of 701 UKBB traits (Figure 6C, Figure S11B). Lead eVariants were more likely to be in strong LD with significant GWAS variants, across all classes, however, enrichment was only significant in STRs, deletions, rMEIs, and ALU elements likely because other classes had too few variants to reach significance (Figure 6C). As a whole, SVs and STRs were linked to 425 and 625 of 701 distinct GWAS traits respectively, with 412 traits linked to both variants of both types. Traits linked to eSVs and STRs were diverse including diseases such as type 1 diabetes, multiple sclerosis, arthritis, cancers, and heart disease, as well as quantitative traits such as height, body mass index and white blood cell count (Table S4).

We hypothesized that multi-eGene eVariants may have greater impact on common traits and examined the LD of these eQTLs with GWAS variants. Interestingly, we found that multi-eGene eVariants were highly enriched to be in strong LD (> 0.8 R^2) with GWAS variants (Figure 6D). In fact, ~40% of eVariants associated with two or more eGenes were in strong LD with a GWAS variant while only 20% of eVariants associated with one eGene were in strong LD with a GWAS variant. We also observed that ~70% of eVariants associated with three or more eGenes and localized near the eGenes' promoters via chromatin loops were in strong LD with GWAS traits. For example, a 20bp eSTR was associated with nine eGenes (seven lead) connected via distal loops (Figure 6E) and was in strong LD with a UKBB variant linked to 19 distinct traits including asthma and body fat percentage; two of the genes associated with this variant (*TCF20* and

POLR3H) have also been previously linked to autism (Babbs et al., 2014; Kong et al., 2012). We observed that this variant appears to overlap a chromatin subdomain boundary visible in Hi-C data from iPSCORE (Greenwald et al., 2019) which is notable given that disease causing STRs, such as the causal variant for Fragile X syndrome, have been reported to localize to subdomain boundaries (Sun et al., 2018). Additionally, we found a 13kb deletion on chromosome 7 linked to five eGenes via looping that was also linked to 14 traits (Figure 6F). These data suggest that multi-gene associations mediated by chromatin looping are frequently linked to common traits, reflecting the impact of modulating the expression of several genes.

Discussion

We identified SVs and STRs associated with gene expression using a comprehensive SV/STR variant call set (Companion Paper) and RNA-sequencing from 398 iPSC samples and characterized the genomic properties of these variants associated with expression. We found that longer variants were more likely to be associated with gene expression for both CNVs and STRs and increased length was associated with increased effect size for non-coding eVariants. We showed that eGenes were less constrained than non-eGenes and that highly constrained protein coding eGenes tended to have smaller effect sizes. SVs and STRs overlapping or close to distal chromatin loop anchors that localize near a gene's promoter were strongly enriched for being eQTLs for the gene, and variants near high complexity loop anchors that connect to multiple genes were more likely to affect the expression of several genes. We also identified GWAS SNPs in LD with SVs and STRs and found 412 traits that were associated with SNPs in high LD with eSVs and eSTRs. This study presents one of the largest sets of SVs and STRs associated with gene expression and provides a detailed description of the genomic properties of these variants.

One outstanding question is whether different SV classes and STRs differentially impact gene expression. We identified substantial differences between the different SV classes in the likelihood, effect size, and genomic location of eQTLs. Interestingly, mCNVs eQTLs differed in several respects compared to eQTLs for other variant classes. mCNVs eQTLs were more likely to be associated with the expression of multiple genes, had larger effect sizes, tended to affect noncoding genes, and were more likely to either overlap the eGene or be located far from the gene. mCNV eQTLS that overlapped exons were also highly enriched for positive associations between copy number and expression relative to other variant classes. Unlike other SV classes, the size of mCNVs was not strongly associated with the probability of being an eQTL. A previous study also found that mCNVs were enriched among predicted causal eQTL variants(Chiang et al., 2017). The differences in likelihood of being an eQTL, location, effect size, and types of eGenes for mCNVs are likely related; for instance, less constrained genes tend to have larger eQTL effect sizes, mCNVs tend to be eQTLs for less constrained genes, and mCNV eQTLs tend to have larger effect sizes. Deletion eQTLs were also more likely to be associated with the expression of multiple genes but tended to have smaller effects on gene expression, not overlap genes, and affect less constrained genes, consistent with gene deletions and subsequent loss of expression having strong deleterious effects. Future studies may focus on

whether the differences in eQTLs between variant classes are driven by selective pressures, structural differences between the SV classes, or some combination thereof.

Given the large size of some SVs and STRs, it has been hypothesized that these variants may affect gene expression by altering chromatin structure and affecting enhancer-promoter interactions(DeBoever et al., 2017; Duggal et al., 2014; Greenwald et al., 2019; Schoenfelder et al., 2015). We used promoter capture Hi-C data to characterize whether distal SV/STR eQTLs localize near gene promoters and found that SVs of all classes and STRs overlapping or close to distal loop anchors are strongly enriched for being eQTLs for the gene they loop to. We also observed that variants at high complexity loop anchors with multiple promoter-distal regulatory element interactions are more likely to affect the expression of several genes. These results demonstrate that chromatin looping may be an important mechanism by which SVs and STRs regulate gene expression though more work is needed to establish the importance of other mechanisms by which these variants affect gene expression.

The extent to which SVs and STRs contribute to variation in complex traits is not fully known because prior GWAS have generally not assessed SVs and STRs. We used our comprehensive SV/STR call set to estimate how well these variants are tagged by SNPs and whether they are associated with 701 traits from the UK Biobank. We found that only 26% of mCNV and 24% of duplication lead eVariants were tagged ($R^2 > 0.8$) by a SNP in the UK Biobank, likely due in part to these variants being located in or near segmental duplications, indicating that these variants are generally missed in GWAS studies based on genotyping arrays. Multiallelic STRs are also not tagged well by SNPs and are likely not well-studied by current GWAS. We observed that 11.4% of common SVs and STRs are in strong LD with at least one significant GWAS SNP in the UK Biobank and that lead eSVs were more likely than non-lead eSVs to be associated with traits for several variant types. We also identified a set of SVs and STRs associated with the expression of multiple genes and localized near the genes via chromatin loops that were highly enriched for GWAS associations. These high-impact variants that affect the expression of multiple genes may underly pleiotropic GWAS associations and are strong causal candidates for both eQTLs and GWAS. Future fine-mapping efforts will likely benefit from including SVs and STRs

This study demonstrates that SVs and STRs play an important role in the regulation of gene expression and that eQTLs for different classes of SVs and STRs differ in their effect sizes, genomic locations, and effected genes. We have also demonstrated that SVs and STRs, especially those associated with the expression of multiple genes via chromatin looping, are associated with a wide range of human traits. The collection of eQTLs identified here, along with the catalog of high-quality SVs and STRs described in a companion paper(Jakubosky et al., 2019), provide a powerful resource for future studies examining how these variants regulate gene expression and contribute to variation in complex traits.

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Competing Interests

The authors declare that they have no conflicts of interest.

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Supplemental Figures

Figure S1. Comparison of i2QTL SV/STR-only eQTL to GTEx v6 SV only eQTL. (A) Number of eGenes and (B) percent of unique eGenes as a function of the number of samples for 13 tissues from the GTEx v6 SV-only eQTL(Chiang et al., 2017) (grey), the i2QTL SV-only eQTL (black), and the i2QTL SV-only without STRs eQTL (green). We repeated the i2QTL SV-only eQTL analysis without STRs because the GTEx study did not include STRs. (C) Number of unique eGenes for each tissue and study.

Figure S2. Comparison of i2QTL joint eQTL to GTEx v7 and 1KGP. (A) Number of eGenes and (B) percent of unique eGenes as a function of the number of samples for 48 tissues from the GTEx v7 eQTL (which did not include SVs, green), 1KGP SV eQTL in lymphoblastoid cell lines (orange), and the i2QTL joint eQTL that included SNVs, indels, SVs, and STRs (red). (C) Number of unique eGenes for each tissue and study.

Figure S3. Comparison of i2QTL joint eQTL to GTEx v6 and 1KGP. (A) Number of eGenes and (B) percent of unique eGenes as a function of the number of samples for 13 tissues from the GTEx v6 joint eQTL(Chiang et al., 2017) that included SVs/SNVs/indels (puriple), 1KGP (SV/SNVs/indels)(Sudmant et al., 2015) eQTL in lymphoblastoid cell lines (orange), and the i2QTL joint eQTL that included SNVs, indels, SVs, and STRs (red). (C) Number of unique eGenes for each tissue and study.

A

	Enrichment of eVariants among variants from each variant class longer than defined size thresholds		
Variant Class	**Size Threshold**	**Odds Ratio**	***p*-value**
DEL	200bp+	1.21	7.42E-02
	500bp+	1.29	1.92E-03
	900bp+	1.28	1.99E-03
	2.0kb+	1.22	1.88E-02
	3.5kb+	1.01	9.18E-01
	5.0kb+	0.98	9.03E-01
	10.0kb+	1.23	2.68E-01
	50.0kb+	3.10	6.53E-03
DUP	200bp+	2.06	1.24E-01
	500bp+	1.77	5.22E-02
	900bp+	1.82	1.23E-02
	2.0kb+	2.44	1.43E-04
	3.5kb+	2.27	1.16E-03
	5.0kb+	2.61	5.30E-04
	10.0kb+	1.85	8.64E-02
	50.0kb+	1.61	6.89E-01
mCNV	2.0kb+	1.43	2.44E-02
	3.5kb+	1.27	7.72E-02
	5.0kb+	1.14	3.54E-01
	10.0kb+	0.99	1.00E+00
	50.0kb+	1.03	1.00E+00
STR	3bp+	1.09	7.25E-03
	5bp+	1.33	4.10E-27
	10bp+	1.22	6.97E-11
	50bp+	1.22	5.94E-01

B

	Enrichment of lead eVariants among variants from each variant class longer than defined size thresholds		
Variant Class	**Size Threshold**	**Odds Ratio**	***p*-value**
DEL	200bp+	1.02	9.49E-01
	500bp+	1.25	3.31E-02
	900bp+	1.27	1.89E-02
	2.0kb+	1.11	3.24E-01
	3.5kb+	1.08	5.60E-01
	5.0kb+	1.07	6.46E-01
	10.0kb+	1.34	1.64E-01
	50.0kb+	3.11	9.47E-03
DUP	200bp+	4.85	1.02E-01
	500bp+	1.38	4.67E-01
	900bp+	1.07	8.72E-01
	2.0kb+	1.31	4.19E-01
	3.5kb+	1.43	3.57E-01
	5.0kb+	1.47	3.12E-01
	10.0kb+	0.95	1.00E+00
	50.0kb+	1.16	1.00E+00
mCNV	2.0kb+	0.91	6.23E-01
	3.5kb+	1.11	5.61E-01
	5.0kb+	1.15	4.02E-01
	10.0kb+	1.59	1.37E-02
	50.0kb+	1.41	2.85E-01
STR	3bp+	1.07	9.46E-02
	5bp+	1.28	3.85E-13
	10bp+	1.17	5.69E-05
	50bp+	1.61	2.43E-01

Legend	
Odds Ratio	Significance (***p*** or ***q***)
0	< 0.05
1	> 0.05
3	

Figure S4. Variant Length and Likelihood of Being an eQTL. (A, B) Enrichment odds ratios and p-values for the likelihood of being an eVariant (A) or lead eVariant (B) comparing variants larger than each size threshold to those below the size threshold (FET).

A

Likelihood of being an eVariant for each SV class compared to STRs			
Variant Class	Odds Ratio	*p*-value	*q*-value
DEL	1.35	1.90E-12	6.67E-12
DUP	1.22	8.22E-02	9.59E-02
mCNV	2.82	2.11E-51	1.48E-50
BND	0.75	9.36E-05	2.18E-04
INV	1.62	3.95E-02	6.91E-02
rMEI	1.13	5.40E-02	7.56E-02
MEI	1.00	1.00E+00	1.00E+00
STR	NA	NA	NA

B

Likelihood of being a lead eVariant for each SV class compared to STRs			
Variant Class	Odds Ratio	*p*-value	*q*-value
DEL	1.32	2.31E-07	5.40E-07
DUP	0.89	5.34E-01	8.67E-01
mCNV	1.70	1.92E-09	6.71E-09
BND	0.46	5.18E-12	3.63E-11
INV	0.87	8.67E-01	8.67E-01
rMEI	1.03	7.43E-01	8.67E-01
MEI	1.02	7.63E-01	8.67E-01
STR	NA	NA	NA

Legend	
Odds Ratio	Significance (*p* or *q*)
0	< 0.05
1	> 0.05
3	

Figure S5. Variant Class and Likelihood of Being an eQTL. (A, B) Enrichment odds ratios, p-values, and q-values (Benjamini Hochberg) for the likelihood of variants from each class to be eVariants (A) or lead eVariants (B), as compared to STRs (FET).

Likelihood of lead eQTLs from each variant class to overlap exons, promoters, or introns of their associated eGene; exons, promoters, or introns of their a different genes; or an intergenic region compared to lead variants from all other classes

Variant Class	Genic Category	Odds Ratio	*p*-value	*q*-value
DEL	exonic_eGene	1.60	2.85E-02	9.13E-02
DUP		2.62	7.77E-02	2.18E-01
mCNV		9.16	2.50E-27	4.66E-26
INV		3.31	2.80E-01	4.76E-01
rMEI		0.98	1.00E+00	1.00E+00
MEI		0.76	5.20E-01	6.94E-01
STR		0.32	9.30E-15	8.68E-14
BND		0.00	1.16E-01	2.72E-01
DEL	promoter_eGene	1.32	2.01E-01	3.64E-01
DUP		0.56	1.00E+00	1.00E+00
mCNV		0.30	2.63E-02	9.13E-02
INV		0.00	1.00E+00	1.00E+00
rMEI		0.62	4.55E-01	6.81E-01
MEI		1.26	4.36E-01	6.78E-01
STR		1.05	8.13E-01	9.11E-01
BND		1.05	7.64E-01	8.73E-01
DEL	intronic_eGene	0.85	1.73E-01	3.41E-01
DUP		0.71	4.75E-01	6.81E-01
mCNV		0.22	3.25E-11	2.60E-10
INV		0.49	7.03E-01	8.20E-01
rMEI		1.42	2.93E-02	9.13E-02
MEI		1.42	1.06E-02	4.58E-02
STR		1.12	1.47E-01	3.06E-01
BND		1.16	5.70E-01	7.25E-01
DEL	exonic_other	2.34	2.02E-09	1.42E-08
DUP		5.95	5.87E-07	3.29E-06
mCNV		11.64	3.23E-59	1.81E-57
INV		3.43	1.42E-01	3.06E-01
rMEI		0.38	1.32E-02	5.29E-02
MEI		0.53	2.93E-02	9.13E-02
STR		0.26	2.76E-38	7.72E-37
BND		0.35	1.76E-01	3.41E-01
DEL	promoter_other	0.91	6.08E-01	7.56E-01
DUP		1.32	4.66E-01	6.81E-01
mCNV		0.49	7.44E-03	3.47E-02
INV		1.08	1.00E+00	1.00E+00
rMEI		0.70	2.40E-01	4.20E-01
MEI		1.00	1.00E+00	1.00E+00
STR		1.18	1.21E-01	2.72E-01
BND		1.69	1.21E-01	2.72E-01
DEL	intronic_other	0.62	2.23E-07	1.39E-06
DUP		0.37	4.05E-03	2.06E-02
mCNV		0.26	1.51E-18	2.12E-17
INV		0.42	3.50E-01	5.77E-01
rMEI		0.88	4.09E-01	6.55E-01
MEI		1.02	8.63E-01	9.48E-01
STR		1.68	1.51E-17	1.69E-16
BND		0.88	6.53E-01	7.79E-01
DEL	intergenic	1.20	4.49E-02	1.32E-01
DUP		0.80	5.48E-01	7.14E-01
mCNV		0.78	8.43E-02	2.25E-01
INV		1.48	5.13E-01	6.94E-01
rMEI		1.25	1.10E-01	2.72E-01
MEI		0.85	2.02E-01	3.64E-01
STR		0.96	5.15E-01	6.94E-01
BND		1.13	6.35E-01	7.73E-01

Legend	
Odds Ratio	Significance (*p* or *q*)
0	< 0.05
1	> 0.05
3	

Figure S6. eQTL Localization with respect to genic elements. (A, B) Enrichment odds ratios, p-values, and q-values (Benjamini Hochberg) for the likelihood of eQTLs (A) or lead eQTLs (B) from each class to overlap genic elements of the eGene or some other gene as compared to all

other eQTLs/lead eQTLs. Variants that overlapped a feature by a minimum of 1 base pair were assigned hierarchically in order of priority (from highest to lowest) to one of the following groups: 1) exonic to eGene 2) promoter of eGene 3) intronic to eGene 4) exonic to other gene, 5) promoter of other gene 3) intronic to other gene, and if not overlapping any of these features they were assigned as 7) intergenic.

A

Enrichment of different gene types among eGenes with lead eVariants from each variant class

Variant Class	Gene Subtype	Odds Ratio	p-value	q-value
STR	protein coding	1.83	8.38E-17	8.38E-16
MEI		0.85	2.58E-01	5.74E-01
DEL		0.77	1.29E-02	6.66E-02
rMEI		0.99	9.28E-01	1.00E+00
BND		1.30	4.64E-01	7.43E-01
mCNV		0.23	7.58E-30	1.52E-28
DUP		0.49	2.30E-02	1.01E-01
INV		1.83	1.00E+00	1.00E+00
STR	pseudogene	0.36	8.95E-18	1.19E-16
MEI		0.90	7.96E-01	1.00E+00
DEL		1.49	2.51E-02	1.01E-01
rMEI		0.51	1.19E-01	3.44E-01
BND		0.71	7.99E-01	1.00E+00
mCNV		8.57	1.18E-35	4.72E-34
DUP		3.02	1.33E-02	6.66E-02
INV		2.05	4.09E-01	7.40E-01
STR	lincRNA	0.62	1.30E-04	8.68E-04
MEI		1.44	1.20E-01	3.44E-01
DEL		1.26	2.10E-01	4.94E-01
rMEI		1.15	6.43E-01	8.86E-01
BND		0.46	4.44E-01	7.40E-01
mCNV		2.50	2.86E-05	2.29E-04
DUP		2.03	1.86E-01	4.64E-01
INV		0.00	1.00E+00	1.00E+00
STR	antisense	0.92	5.21E-01	7.72E-01
MEI		1.16	5.74E-01	8.20E-01
DEL		0.99	1.00E+00	1.00E+00
rMEI		1.75	4.26E-02	1.55E-01
BND		0.84	1.00E+00	1.00E+00
mCNV		0.94	1.00E+00	1.00E+00
DUP		0.00	2.80E-01	5.89E-01
INV		0.00	1.00E+00	1.00E+00
STR	other	0.78	1.75E-01	4.64E-01
MEI		1.08	8.48E-01	1.00E+00
DEL		1.25	3.92E-01	7.40E-01
rMEI		0.57	4.92E-01	7.58E-01
BND		1.63	4.38E-01	7.40E-01
mCNV		1.49	2.94E-01	5.89E-01
DUP		2.71	1.09E-01	3.44E-01
INV		0.00	1.00E+00	1.00E+00

B

Enrichment of high pLI (> 0.9) genes among eGenes with lead eVariants from each variant class

Category	ExAC Score	Odds Ratio	p-value	q-value
DEL	pLI	0.53	6.57E-08	1.05E-07
DUP		0.68	4.51E-01	4.51E-01
mCNV		0.34	2.11E-05	2.81E-05
STR		0.61	3.42E-25	9.12E-25
MEI		0.59	7.94E-04	9.08E-04
all_eSV		0.55	3.79E-14	7.59E-14
all_eSTR		0.61	3.42E-25	9.12E-25
all_eGenes		0.60	1.62E-31	1.30E-30
DEL	pNull	1.83	1.30E-03	2.08E-03
DUP		0.62	1.00E+00	1.00E+00
mCNV		1.40	3.87E-01	4.42E-01
STR		1.34	9.78E-04	2.08E-03
MEI		1.34	2.95E-01	3.94E-01
all_eSV		1.54	1.27E-03	2.08E-03
all_eSTR		1.34	9.78E-04	2.08E-03
all_eGenes		1.38	6.56E-05	5.25E-04
DEL	pRec	1.51	8.65E-05	1.73E-04
DUP		0.60	4.13E-01	4.72E-01
mCNV		1.06	8.30E-01	8.30E-01
STR		1.27	1.18E-07	3.15E-07
MEI		1.29	7.26E-02	9.69E-02
all_eSV		1.31	2.45E-04	3.91E-04
all_eSTR		1.27	1.18E-07	3.15E-07
all_eGenes		1.28	5.59E-09	4.47E-08

Legend	
Odds Ratio	Significance (p or q)
0	< 0.05
1	> 0.05
3	

Figure S7. Gene type and relative constraint for eGenes mapped to different classes . (A, B) Enrichment odds ratios, p-values, and q-values (Benjamini Hochberg) for the likelihood of eQTLs (A) or lead eQTLs (B) from each class to overlap genic elements of the eGene or some other gene as compared to all other eQTLs/lead eQTLs. Variants that overlapped a feature by a minimum of 1 base pair were assigned hierarchically in order of priority (from highest to lowest) to one of the following groups: 1) exonic to eGene 2) promoter of eGene 3) intronic to eGene 4) exonic to other gene, 5) promoter of other gene 3) intronic to other gene, and if not overlapping any of these features they were assigned as 7) intergenic.

Figure S8. Promoter Capture Loops and Segmental Duplications. (A) Distribution of anchor sizes for unique anchors in promoter capture Hi-C data for all anchors in dataset (Montefiori et al., 2018b). (B) Distance to nearest segmental duplication (SD) for each unique anchor. (C) Distance of SVs and STRs to the nearest segmental duplication. (D) Distance to nearest segmental duplication versus distance to promoter capture Hi-C anchor for all 625,485

discovered SVs and STRs in the i2QTL call set and all Hi-C loops. Distance is binned into equally sized bins with the same number of observations per bin and error bars represent 95% confidence intervals around the mean. Variants closer to segmental duplications tend to be closer to promoter capture Hi-C anchors, however, those that overlap segmental duplications are not likely to be close to promoter capture anchors. This suggests that mCNVs that overlap chromatin loops are likely missed due to local sequence similarity within and surrounding the mCNVs precluding these loops from being identified.

Figure S9. Number of eGenes versus Number of Loop Connected Genes Tested By Variant Class. Using the results of the SV/STR only eQTL, for each variant class, we compared the number of eGenes versus the number of tested genes per eVariant stratified by whether the genes are linked by loops to the eVariant (blue) or not linked by loops (grey). We used a combined linear regression model comparing the number of eGenes/eVariant versus the number of genes tested with the covariate of whether those genes were loop linked or not. The *p* value indicates the significance of the covariate of whether the genes were or were not linked by loops.

Figure S10. Overlap of Segmental Duplications and LD with UKBB variants. (A) Distribution of maximum LD score per i2QTL variant with nearby UKBB variants (within 50kb) for biallelic duplications and mCNVs that overlap or do not overlap a segmental duplication (SD), numbers (n=) indicate the number that are strongly tagged in each category. Annotated p-values indicate results of Mann Whitney U test for the LD distribution of the group that overlaps segmental duplications to be skewed lower than the group that does not for each variant class (B) Fraction of variants of each class that are strongly tagged by a UKBB variant ($R^2 > 0.8$) for lead eVariants (green) versus all other variants in that class (black). (C) Fraction of variants of each class that are strongly tagged by a UKBB variant ($R^2 > 0.8$) that is significantly associated with at least one trait (p-value < 5 x 10^{-8}). Annotated q values indicate enrichment of lead eVariants to be linked to GWAS traits versus all other variants in the class (FET, Benjamini-Hochberg FDR).

A

Enrichment of tagged variants among lead eVariants compared to other variants for all UKBB SNVs			
Variant Class	**Odds Ratio**	***p*-value**	***q*-value**
DEL	1.83	3.72E-07	1.86E-06
DUP	0.63	2.83E-01	5.65E-01
mCNV	0.63	4.91E-01	6.85E-01
BND	1.24	4.50E-01	6.85E-01
INV	0.63	1.00E+00	1.00E+00
rMEI	0.63	4.64E-06	1.55E-05
ALU	0.91	5.48E-01	6.85E-01
LINE1	0.63	1.00E+00	1.00E+00
SVA	2.50	2.55E-01	5.65E-01
STR	1.79	3.30E-34	3.30E-33

B

Enrichment of tagged variants among lead eVariants compared to other variants for UKBB SNVs associated with at least one trait			
Variant Class	**Odds Ratio**	***p*-value**	***q*-value**
DEL	2.81	8.09E-16	4.05E-15
DUP	1.38	7.16E-01	7.16E-01
mCNV	1.76	9.16E-02	1.31E-01
BND	2.59	4.94E-03	9.88E-03
INV	3.67	1.15E-01	1.43E-01
rMEI	3.29	3.35E-09	1.12E-08
ALU	1.79	2.97E-03	7.44E-03
LINE1	1.89	3.30E-01	3.66E-01
SVA	3.05	8.23E-02	1.31E-01
STR	3.42	2.04E-175	2.04E-174

Legend	
Odds Ratio	Significance (***p*** or ***q***)
0	< 0.05
1	> 0.05
3	

Figure S11. LD with UKBB variants and GWAS Traits. (A) Enrichment odds ratios, p-values and q-values for the likelihood of tested variants in the SV/STR-only eQTL analysis from each class to be in strong LD ($R^2>0.8$) with a UKBB variant ($\pm$ 25kb of SV/STR) (A) or a UKBB variant that is strongly associated with at least one GWAS trait (*p*-value < 5e-8) (B) when they are or are not lead eVariants.

Supplementary Tables

Table S1: Sample Information.

Information describing 398 RNA-seq samples included in variant calling including cell type, subject, study, family annotation, monozygotic twin status, and presence in the unrelated set of samples.

Table S2. Joint-eQTL Mapping Results.

Lead associations including ties for all 11,197 eGenes discovered in the joint-eQTL analysis.

Table S3. SV/STR-only eQTL Mapping Results.

Lead associations and all significant associations for 6,996 eGenes as well as annotation of the proximity of variants to promoter capture loop anchors (closest anchor-proximal or distal, orientation within or outside of loop, distance to anchor). These data were used in Figures 3-6.

Table S4. LD with UKBB GWAS Traits.

Information about the i2QTL SV/STR calls that are in strong LD with a nearby UKBB variant that is significantly associated with at least one trait (*p* < 5e-8).

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