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VIP-producing enteric neurons interact with innate lymphoid cells to regulate

feeding-dependent intestinal epithelial barrier functions

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ABSTRACT

The intestinal mucosa serves as both a conduit for uptake of food-derived nutrients and microbiome-derived metabolites and as a barrier that prevents tissue invasion by microbes and tempers inflammatory responses to the myriad contents of the lumen. How the intestine coordinates physiological and immune responses to food consumption to optimize nutrient uptake while maintaining barrier functions remains unclear. Here, we describe how a gut neuronal signal triggered by food intake is integrated with intestinal antimicrobial and metabolic responses controlled by type 3 innate lymphoid cells (ILC3)[1-3]. Food consumption rapidly activates a population of enteric neurons that express vasoactive intestinal peptide (VIP)[4]. Projections of VIP-producing neurons (VIPergic neurons) in the lamina propria are in close proximity to clusters of ILC3 that selectively express VIP receptor type 2 (VIPR2 or VPAC2). ILC3 production of IL-22, which is up-regulated by commensal microbes such as segmented filamentous bacteria (SFB)[5-7], is inhibited upon engagement of VIPR2. As a consequence, there is a reduction in epithelial cell-derived antimicrobial peptide, but enhanced expression of lipid-binding proteins and transporters[8]. During food consumption, activation of VIPergic neurons thus enhances growth of epithelial-associated SFB and increases lipid absorption. Our results reveal a feeding- and circadian-regulated dynamic intestinal neuro-immune circuit that promotes a trade-off between IL-22-mediated innate immune protection and efficiency of nutrient absorption. Modulation of this pathway may hence be effective for enhancing resistance to enteropathogen[2,3,9] and for treatment of metabolic diseases.

MAIN TEXT

Type 3 innate lymphoid cells (ILC3) promote maintenance of intestinal immune and

metabolic homeostasis by integrating cytokine-mediated and glia-derived cues and,

through the production of IL-22 and other cytokines, conveying information from the

luminal microbiota to intestinal epithelial cells (IECs) and cells in the lamina propria [1-3,5,10]. The activation of ILC3 is regulated by cytokines, including IL-23, IL-1β, and TL1A,

which are produced by mononuclear phagocytes and induced by intestinal microbe-

derived stimuli[5,7,11]. Cytokines produced by activated ILC3, particularly IL-22, support

the production of antimicrobial peptides (*e.g. RegIIIγ*) and mucin by IECs, ensuring

spatial segregation of microbes from the intestinal tissue[12,13]. This microbiota-ILC3-IEC

circuit promotes intestinal barrier function by controlling intestinal commensal microbiota

and mediating rapid protective responses to enteropathogens[2,3,9,12]. Different subtypes

of ILC3s are present within the intestinal lamina propria and are dispersed or in tertiary

lymphoid tissue clusters known as cryptopatches (CPs) and isolated lymphoid follicles

(ILFs)[14,15]. In perusing transcriptomic datasets of small intestinal ILCs, we noticed in

CCR6$^+$ ILC3, which comprise the lymphoid tissue inducer (LTi) cells enriched in CPs

and ILFs, selective expression of multiple neurotransmitter/neuropeptide receptors and

genes related to axonal guidance and neuron differentiation when compared to CCR6^{neg}

ILC3 and NCR$^+$ ILC3 (Fig. 1a and Extended Data Fig. 1a-c)[16,17]. This prompted us to

evaluate whether CCR6$^+$ ILC3 in the intestinal lamina propria were associated with

neuronal projections from the enteric nervous system (ENS). The ENS is part of the

peripheral autonomic nervous system, which controls gastrointestinal functions by

promoting rapid gut responses to changes in the luminal compartment (e.g. food intake,

microbes, metabolites, etc.[18-22]). We observed that ILC3 in CPs/ILFs were in close

proximity to neuronal projections in the lamina propria (Fig. 1b-d and Supplementary

Videos 1,2). The CP/ILF-associated neuronal projections were positive for vasoactive

intestinal peptide upon staining with specific antibody (VIP, Fig. 1e and Extended Data

Fig. 2). We also observed association of VIPergic neurons and colonic lymphoid

patches (Extended Data Fig. 2 a,b). Indeed, ILC3 in CPs/ILFs were closer to VIPergic

neurons than to neurons positive for substance P or tyrosine hydroxylase (adrenergic)

(Fig. 1f and Extended Data Fig. 3). These anatomical findings, together with the

observation that CCR6$^+$ ILC3, but not intestinal Th17 or $\gamma\delta$T17 cells, express a high

amount of VIP receptor type 2 (*Vipr2*) (Fig. 1a and extended Data Figure 4a), prompted

us to investigate whether signaling from VIPergic neurons could modulate CCR6$^+$ ILC3

functions and intestinal immune homeostasis.

We isolated ILC3 from the lamina propria of the small intestine of C57BL/6 mice

(Extended Data Fig. 4b) and observed that *in vitro* activation of VIPR2 inhibited IL-23-

induced production of IL-22 and IL-17A by CCR6$^+$ ILC3 (Fig. 2a,b and Extended Data

Fig. 4c-e), although there was no effect on cell activation (marked by Sca-1 up-

regulation[5]) or on IL-22 production by CCR6^{neg} ILC3 (Extended Data Fig. 4f-h). In order

to investigate the *in vivo* role of VIPR2 activation on IL-22 production in unstimulated

(4h/37C) CCR6$^+$ ILC3 functions, we generated mixed bone marrow chimeric mice

reconstituted with a 1:1 ratio of isotype-marked *Vipr2*$^{+/+}$ and *Vipr2*$^{-/-}$ cells. IL-22

production (assessed following inhibition of Golgi trafficking in unstimulated *ex vivo*

cultured cells) was observed in a greater proportion of *Vipr2*$^{-/-}$ CCR6$^+$ ILC3 when

compared to *Vipr2*$^{+/+}$ CCR6$^+$ ILC3 (Extended Data Fig 5a,b). We evaluated the

transcriptional profile of *Vipr2*$^{+/+}$ and *Vipr2*$^{-/-}$ CCR6$^+$ ILC3 from these mice and

observed a marked difference between them, with up-regulation of genes involved in

retinoic acid-mediated signaling (*Rxra*) and translation initiation (*Eif5a*) in the absence of

Vipr2 (Extended Data Fig 5c,d,e). We also generated mice with conditional deletion of

the gene encoding VIPR2 in ILC3 (*RORc(t)*^{Cre}*Vipr2*$^{fl/fl}$) and found that a larger proportion

and number of unstimulated CCR6$^+$ ILC3 isolated from the ileum of these mice

produced IL-22 than cells isolated from WT (*RORc(t)*^{Cre}*Vipr2*$^{+/+}$) littermates (Fig. 2c and

Extended Data Fig. 5f-i). There was also a higher frequency of cells positive for IL-17A

in CCR6$^+$ ILC3 from *RORc(t)*^{Cre}*Vipr2*$^{fl/fl}$ mice, although the amount was low compared to

IL-22 (Extended Data Fig. 5j,k). No differences were observed in the frequency of IL-

17A or IL-22 production among CD3$^+$RORγt$^+$ cells ($\gamma\delta$T17 and Th17 cells) (Extended

Data Fig. 5l,m). *RegIIIγ* mRNA, regulated by IL-22, was considerably higher in ileal

extracts enriched for intestinal epithelial cells (IECs) from *RORc(t)*^{Cre}*Vipr2*$^{fl/fl}$ mice when

compared to *RORc(t)*^{Cre}*Vipr2*$^{+/+}$ mice (Fig. 2d), suggesting that VIPergic signaling

through VIPR2 inhibits IL-22-mediated innate immune responses and epithelial cell

reactivity. In addition, small intestine villi and crypt lengths, as well as frequency of

proliferating cells (Ki67$^+$) in the crypts, were increased in *RORc(t)*^{Cre}*Vipr2*$^{fl/fl}$ mice

(Extended Data Fig. 5n-q), consistent with observations of the *in vivo* effects of chronic

IL-22 overexpression or treatment[23,24].

To determine whether direct modulation of VIPergic neurons (inhibition or activation)

could affect ILC3 function, we adopted a chemogenetic strategy utilizing mice

engineered to express designer receptors exclusively activated by designer drugs

(DREADD)[25] in VIP$^+$ cells (Extended Data Figure 6a-c). We expressed inhibitory

DREADD (hM4Di) in VIPergic neurons (*Vip$^{IRES-Cre}$hM4Di$^{fl-stop-fl/+}$* mice) and observed a

higher frequency of IL-22-producing CCR6$^+$ILC3 in the small and large intestine at 24h

following VIPergic inhibition with the DREADD ligand clozapine-N-oxide (CNO, Fig. 2e,f

and Extended Data Figure 6d,e). In parallel, there was increased *RegIIIγ* mRNA

expression in ileal extracts enriched for IECs after inhibition of VIPergic neurons (Fig.

2g). Conversely, mice expressing the activating DREADD (hM3Dq) in VIPergic neurons

(*Vip$^{IRES-Cre}$hM3Dq$^{fl-stop-fl/+}$* mice) had fewer IL-22$^+$ cells among the CCR6$^+$ ILC3 in the

small and large intestine, and lower *RegIIIγ* mRNA in IEC-enriched ileal extracts

following activation of VIPergic neurons (Fig. 2h-j and Extended Data Figure 6f).

However, differences were not observed in the frequency of IL-17A or IL-22 production

among CD3$^+$RORγt$^+$ cells (γδT17 and Th17) after activation of VIPergic neurons

(Extended Data Fig. 6g-h). Combined, these results indicate that VIPergic neurons

modulate intestinal immune homeostasis, acting through VIPR2 on CCR6$^+$ ILC3 to

inhibit cell activation and IL-22 production.

We next investigated whether alteration of VIPergic neuronal activity contributes to

changes of intestinal barrier function during intestinal colonization with an

enteropathogen. As previously described[26], following infection with *Citrobacter*

rodentium there was increased *Vip* mRNA expression in the proximal colon and cecum

and of VIP amounts in the portal vein, but not in the peripheral blood (Extended Data

Fig. 7a-c), suggesting an increase in VIPergic activity in the intestinal tissue. Oral

gavage of mice with a relatively low dose of *C. rodentium* (2×10^9 CFU) is tolerated by

mice with an intact immune system. However, DREADD-mediated activation of VIPergic

neurons during the first 4 days of infection led to increased bacterial translocation to the

spleen and liver (Fig. 2k,l) and resulted in reduced survival (Fig. 2m and Extended Data

Fig 7d), despite only a moderate increase in the amount of luminal *C. rodentium*

(Extended Data Fig. 7e). Gavage with a high dose of *C. rodentium* (4×10^{10} CFU)

resulted in large amounts of bacteria that translocated to the liver and spleen (9d.p.i.)

(Fig. 2n,o). DREADD-mediated inhibition of VIPergic neurons provided substantial

protection from bacterial breach of the intestinal barrier without affecting the bacterial

burden in the feces (Fig 2n,o and Extended Data Fig. 7f). Moreover, treatment with

recombinant murine IL-22 reversed the effect of DREADD-mediated activation of

VIPergic neurons on mortality and bacterial translocation (Extended Data Fig. 7g,h). In

addition, *RORc(t)^{Cre}Vipr2$^{fl/fl}$* mice exhibited enhanced protection from bacterial breach of

the intestinal barrier after gavage with a high dose of *C. rodentium* (4×10^{10} CFU) when

compared with *RORc(t)^{Cre}Vipr2$^{+/+l}$* mice (Extended Data Figure 7i,j). Activation of

VIPergic neurons during the events that follow infection with enteropathogens may

therefore be an important contributor to intestinal barrier breakdown, which could be

mitigated by inhibition of VIPergic signaling in ILC3.

These results suggested the existence of physiological signals that promote

activation of VIPergic neurons during homeostasis, with consequent tonic inhibition of

CCR6^{+} ILC3. Food ingestion has been reported to rapidly signal VIP release in the

intestine[4]. Indeed, we observed a greater amount of VIP in the ileum of mice sampled

during the vivarium's dark-phase as compared to the light-phase, which correspond to

periods of food consumption and resting, respectively (Extended Data Fig. 8a). Due to

the *ad libitum* feeding scheme, approximately 15% of daily food intake occurs during the

light-phase/resting period[27]. To dissect the effect of food intake on the VIPergic immune

inhibitory axis and to reduce the noise created by feeding during the resting period, we

restricted food availability for two weeks to alternating 12h cycles of feeding and fasting.

To dissociate the effects of light/dark cycles from time of feeding, food was available to

a group of mice only during the dark-phase (night-fed mice, ZT12-ZT0/6PM-6AM), while

another group had food available only during the light-phase (day-fed mice, ZT0-

ZT12/6AM-6PM). Using this scheme, we observed more VIP in the portal vein, but not

in the peripheral blood, after 6h of food availability when compared to mice fasted for

6h, regardless of whether mice were fed during the light phase (ZT 6) or during the dark

phase (ZT 18) (Extended Data Fig. 8b,c). In turn, the frequency of IL-22$^+$ CCR6$^+$ ILC3

was reduced during the periods of food consumption (at 6h of feeding) relative to fasting

periods (fasted for 6h), independently of light-dark cycles (Fig. 3a,b).

Using the same feeding scheme, we observed among CCR6$^+$ ILC3 from

RORc(t)^{Cre}Vipr2$^{+/+}$ mice a reduced frequency of IL-22$^+$ cells at 6h after start of food

consumption (ZT 18) when compared to mice fasted for 6h (ZT 6) (Fig 3c,d). In contrast,

there was no difference in frequency of IL-22$^+$ cells in the CCR6$^+$ ILC3 from

RORc(t)^{Cre}Vipr2$^{fl/fl}$ littermates with or without feeding. The same results were observed

with mixed bone marrow chimeric mice (Extended Data Figure 8d,e). This is consistent

with VIPR2 signaling-dependent inhibition of IL-22 production in CCR6$^+$ ILC3 following

food intake. This conclusion was further supported by the observed reduction in the

frequency of IL-22$^+$ CCR6$^+$ ILC3 at 6h following intragastric delivery of a liquid test diet,

but not control saline, during the light-phase period (ZT1-ZT7) (Fig 3e,f). Furthermore,

DREADD-mediated inhibition of VIPergic neurons abrogated the effect of the test diet

on ILC3 (Fig. 3e and 3f). These results suggest a fast and dynamic temporal control of

intestinal CCR6$^+$ ILC3 function promoted by food intake-mediated activation of VIPergic

signaling and VIPR2.

Because IL-22 acts on intestinal epithelial cells to regulate barrier functions,

including their interactions with commensal microbiota, we next examined whether the

neuroimmune inhibitory circuit promoted by food consumption influences host-microbial

interactions. There was an IL-22-dependent elevation of *RegIIIγ* mRNA expression in

IEC-enriched ileal extracts from mice fasted for 12h as compared to those fed during

that time frame (Fig. 4a). In parallel, food consumption had a striking effect on the

morphology of the ileal epithelium-associated segmented filamentous bacteria (SFB)

(Fig. 4b-c and Extended Data Fig. 9a-c). SFB attached to IECs had long segmented

filaments after 12h of food consumption, independently of light/dark cycles. However, in

the ileum of mice fasted for 12h, independently of light-cycle, epithelium-associated

SFB had few segments and were stubble-like. A strong effect of feeding/fasting cycles

was also observed in the composition of the fecal microbiota, independently of light-

cycle (Extended Data Fig. 9d,e). Indeed, there was an increase in the

Firmicutes/Bacteroidetes ratio in the feces of mice after 12h of feeding compared to 12h

of fasting.

Short-term blockade with α-IL-22 not only reduced *RegIIIγ* mRNA expression in the

ileal extracts enriched for IECs of mice during fasting, but also prevented control of SFB

growth upon food restriction (Fig. 4d). In *RORc(t)^{Cre}Vipr2$^{fl/fl}$* mice, which have increased

IL-22 production, SFB failed to form segmented filaments even after 12h of food

consumption (Fig. 4e,f and Extended Data Figure 10a). Moreover, we observed a

reduced *Firmicutes/Bacteroidetes* ratio in the ileal fecal matter of *RORc(t)^{Cre}Vipr2$^{fl/fl}$*

mice after 12h feeding compared to *RORc(t)^{Cre}Vipr2$^{+/+}$* mice (Extended Data Figure

10b-e). These results suggest that VIPergic signaling regulate commensal microbiota by

modulating cryptopatch-associated ILC3 in response to food consumption.

As IL-22 was recently shown to regulate lipid metabolism[8], at least in part by

controlling genes involved in lipid transport, we examined the role of the VIPergic-ILC3-

IL-22 circuit in lipid absorption. Mice were adapted for 2 weeks to 12h restricted feeding

during light or dark cycles and were then gavaged with ^{3}H-triolein following feeding or

fasting. Mice that had been fed for 12h absorbed more of the triglyceride than mice

fasted for 12h, although there was some effect of circadian regulation (light/dark

adaptation) (Extended Data Fig. 11a,b). Expression of mRNAs for proteins associated

with fatty-acid/lipid uptake and transport (e.g. *Fabp2*) was lower in IEC-enriched ileal

extracts from mice that were food-restricted for 12h compared to fed mice (Fig. 4g), in

inverse relationship to *RegIIIγ* mRNA (Fig 4a). Moreover, short-term treatment with α-IL-

22 during the fasting period increased ^{3}H-triolein absorption and the expression of lipid

transporters in ileal extracts enriched for IECs (Fig 4g,h).

The effect of food intake on IEC-dependent lipid absorption was dependent on

VIPergic signaling of ILC3, since expression of *Fabp2* and *Cd36* mRNAs, ^{3}H-triolein

absorption, and concentrations of circulating plasma triglycerides were substantially

reduced in *RORc(t)^{Cre}Vipr2$^{fl/fl}$* mice when compared to *RORc(t)^{Cre}Vipr2$^{+/+}$* littermates

after 12h of feeding (ZT 0) (Figures 4i-k). Moreover, *RORc(t)^{Cre}Vipr2$^{fl/fl}$* mice had

reduced weight compared to their *RORc(t)^{Cre}Vipr2$^{+/+}$* littermates (Extended Data 11c,d),

similarly to transgenic mice that constitutively express high levels of IL-22[28]. Finally,

continuous intragastric delivery of a liquid test diet for 6h during the light phase period

led to an increase in serum triglycerides, which was blocked by DREADD-mediated

inhibition of VIPergic neurons (Fig. 4l).

These results reveal an important neuro-immune circuit in which feeding-activated

VIPergic neurons antagonize microbiota-dependent CCR6$^+$ ILC3 function, resulting in

reduced IL-22 production and increased efficiency of lipid absorption (Extended Data

Figure 11e,f). The benefit of greater nutrient acquisition comes at the expense of

reduced IL-22-promoted antimicrobial functions, illustrated by susceptibility to

enteropathic bacteria, rapid growth of epithelial-associated commensal SFB, and

broader changes in the luminal commensal composition (increased

Firmicutes/Bacteroidetes ratio). Whether the host derives benefit from the reduced anti-

microbial activity is unclear, although it may enable bacteria-dependent generation of

essential metabolites[29] and vitamins that would be readily absorbed. It will be of interest

to determine in the future the global metabolic consequences following chronic

activation of ILC3/IL-22 in the absence of VIPR2 signaling. Since enteric glial cells

(EGCs) are reported to secrete factors that act as activators of ILC3 functions[10], it will

additionally be important to determine whether VIPergic neurons and EGCs coordinate

antagonistic signals to promote efficient modulation of ILC3-mediated intestinal barrier

functions, and also how neural development-associated factors expressed by ILC3 (e.g.

Cntn1, *Sema3d*, *Bmp2*) contribute to formation of neuro-immune cell units in

cryptopatches/ILFs.

The mechanism by which the presence of food in the intestinal lumen is sensed and

promotes VIPergic activation is still unclear, and microbial[30,31], nutritional[4] or mechanical

stimuli[32], acting peripherally or by way of the central nervous system, may be

responsible for this. The VIP system has been implicated in circadian regulation

centrally, as VIPR2 is required for expression of the core clock genes in the

suprachiasmatic nuclei of the hypothalamus, and in the periphery, with circadian

oscillation of IL-5 and IL-13 production by ILC2 and feeding-associated eosinophil

recruitment in lung and gut mucosa[33,34]. While our study highlights the importance of

food intake in regulating VIPergic neurons, there is also a light-dependent contribution

to the efficiency of lipid absorption, as there was only a partial effect when the feeding

cycle was reversed. We therefore cannot rule out an additional role for central or

peripheral clock functions[35] independent of the enteric VIP-ILC3 circuit.

Our results suggest that disturbances in feeding schedules could reduce intestinal

barrier functions and promote dysbiosis and at the same time contribute to metabolic

inbalance by chronic activation of VIPergic neurons. Moreover, enteropathogens may

hijack this neuro-immune circuit and reduce intestinal barrier functions, facilitating

intestinal colonization. In these scenarios, VIPR2 inhibitors may be valuable therapeutic

tools to reduce lipid absorption or enforce the barrier during acute gastrointestinal

infections.

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Author Contributions

J.T. and D.R.L. designed the study and analyzed the data. J.T. performed the

experiments with assistance from P.H. and D.L., H.N. contributed to the feeding

experiments, and L.K. performed the bioinformatics analyses. J.T. and D.R.L. wrote the

manuscript. D.R.L. supervised the research.

FIGURE LEGENDS

Figure 1. Processes of VIP-producing enteric neurons are in close proximity to *Vipr2*-

expressing ILC3 within cryptopatches. a, Heatmap of differentially expressed neural-related

genes between intestinal CCR6$^+$ ILC3 and CCR6^{neg} ILC3 (Fold change $\geq$ 2, *p-value <0.05,*

GSE116092). Color scale is based on normalized read counts. Genes are listed on the right

hand margin ranked based on the relative fold change, and color coded: Green:

Neurotransmitter/neuropeptide receptors, Blue: genes related to nervous system

development/axonal guidance and contact. Expression in other ILC subsets is included for

comparison. **b-d,** Representative confocal images from the small intestine of *RORc(t)*$^{EGFP/+}$

mice show clusters of intestinal ILC3 (cryptopatch) in close proximity to enteric neurons in the

small intestine lamina propria (see supplementary videos 1 and 2). Pan-neuronal marker: β3-

tubulin$^+$ (red), ILC3: GFP$^+$TCRβ^{neg} (green and blue, respectively). n=4 mice, all the 110 ILC3

clusters analyzed exhibited β3-tubulin$^+$ fibers interacting with ILC3. **e,** Neurochemical code of

cryptopatch-associated enteric neurons. Representative confocal images from the small

intestine of *RORc(t)*$^{EGFP/+}$ mice show cryptopatch-associated enteric neurons are positive for

VIP. Neurons: β3-tubulin$^+$ (red), VIP$^+$ (green); ILC3: GFP$^+$ (blue). n=4 mice, 40 ILC3 clusters

analyzed, with all displaying VIP$^+$ β3-tubulin$^+$ fibers interacting with ILC3.

Figure 2. VIPergic signaling promotes reduction of mucosal barrier function by

VIPR2-dependent inhibition of CCR6$^+$ ILC3. a, b, Representative FACS plot (**a**) and

summaries (**b**) indicating IL-22 expression in purified CCR6$^+$ ILC3 after *in vitro* IL-23

stimulation with/without VIPR2 agonist ligands. BAY: BAY-559837, VIP: vasoactive

intestinal peptide. **P<0.05* and ****P<0.001* (*t-test*). Data are representative of three

independent experiments. **c,** Number of IL-22$^+$ CCR6$^+$ ILC3 present in the ileum of

RORc(t)^{Cre}*Vipr2*$^{+/+}$ and *RORc(t)*^{Cre} *Vipr2*$^{fl/f}$ mice. *RORc(t)*^{Cre}*Vipr2*$^{+/+}$: 8; *RORc(t)*^{Cre}

Vipr2$^{fl/f}$: 6. Data are representative of 2 independent experiments, ***P<0.01* (*t-test*). **d,**

Normalized *RegIIIγ* mRNA expression in IEC-enriched ileal extracts from

RORc(t)^{Cre}Vipr2$^{+/+}$ and *RORc(t)^{Cre} Vipr2$^{fl/f}$* mice. *RORc(t)^{Cre}Vipr2$^{+/+}$*: 5; *RORc(t)^{Cre}*

Vipr2$^{fl/f}$: 5. Data are representative of 3 independent experiments,***P<0.001 (*t-test*). **e-**

g, Effect of VIPergic inhibition on ILC3 and IECs. Representative FACS plot (**e**) and

summary (**f**) indicating IL-22 expression in CCR6^{+} ILC3 from the ileum of *Vip^{IRES-}*

^{Cre}hM4Di$^{fl-stop-fl/+}$ mice (DREADD for VIPergic inhibition) at 24h following treatment with

vehicle or CNO (Clozapine-N-oxide, DREADD ligand). Vehicle: n=5, CNO: n=5.

P<0.01 (*t-test*). Data representative of three independent experiments. **g, Normalized

RegIIIγ mRNA expression in ileal extracts enriched for IECs at 24h following treatment.

Vehicle: n=3, CNO: n=3. *P<0.05 (*t-test*). Data representative of two independent

experiments. **h-j,** Effect of VIPergic activation on ILC3 and ileal extracts enriched for

IECs. Representative FACS plot (**h**) and summaries (**i**) indicating IL-22 expression in

CCR6^{+} ILC3 from ileum of *Vip$^{IRES-Cre}$hM3Dq$^{fl-stop-fl/+}$* (DREADD for VIPergic activation) at

24h following the treatment with vehicle or CNO. Vehicle: 6, CNO: 7. **P<0.01 (*t-test*). **j,**

Normalized *RegIIIγ* mRNA expression in ileal extracts enriched for IECs at 24h following

treatment with vehicle or CNO. Vehicle: 7, CNO: 6. *P<0.05 (*t-test*). Data representative

of three independent experiments. **k, l,** Dissemination of *C. rodentium* to the (**k**) spleen

and (**l**) liver in *Vip$^{IRES-Cre}$hM3Dq$^{fl-stop-fl/+}$* mice treated with vehicle or CNO (1mg/Kg, daily)

for 4 days post-intragastric infection with 2x10^{9} CFU. Log_{10} Colony Forming Units (CFU)

of *C. rodentium* 9 days post-oral innoculation (9 d.p.i.). Dotted line: limit of detection.

***P=0.0009 and ****P<0.0001, (*Mann-Whitney test*). Vehicle: n=11 (Positive for *C.*

rodentium: spleen: 6/11, liver: 8/11), CNO: n=9 (Positive for *C. rodentium:* spleen and

liver: 9/9). Data representative of two independent experiments. **m,** Survival rates for *C.*

rodentium-infected *Vip*$^{IRES\text{-}Cre}$*hM3Dq*$^{fl\text{-}stop\text{-}fl/+}$ mice treated with vehicle or CNO (1mg/Kg,

daily, 1-4 d.p.i.: blue rectangle). Vehicle: n=11, CNO: n=11. Data representative of three

independent experiments. ****P<0.0001 *(Mantel-Cox test)*. **n, o,** Bacterial dissemination

to the (**n**) spleen and (**o**) liver of *Vip*$^{IRES\text{-}Cre}$*hM4Di*$^{fl\text{-}stop\text{-}fl/+}$ mice treated with vehicle or

CNO (1mg/Kg, daily, 1-4 days post-intragastric infection with 4×10^{10} CFU of *C.*

rodentium). Log$_{10}$ CFU at 9 d.p.i. Dotted line: limit of detection. Vehicle: n=8 (Positive for

C. rodentium: spleen: 8/8, liver: 8/8), CNO: n=7 (Positive for *C. rodentium:* spleen: 1/7,

liver: 1/7). ***P=0.0006 (spleen) and ***P=0.0005 (liver) (*Mann-Whitney test*)**.** Data

representative of two independent experiments. **k,l,n,o**: For visualization in the

logarithm scale, CFU counts of 0 were attributed a value of 1.

Figure 3. Feeding reduces IL-22 production by CCR6^{+}ILC3 through activation of

VIPergic neurons. a, b, Representative FACS plot (**a**) and summaries (**b**) indicating IL-22

expression among CCR6^{+} ILC3 from the ileum of mice at 6h after feeding or fasting, at ZT6

and ZT18. N=5, *P<0.05 (*t-test).* Data are representative of two independent experiments. **c,**

d, Representative FACS plot (**c**) and summaries (**d**) indicating IL-22 expression by CCR6^{+}

ILC3 from *RORc(t)*^{Cre}*Vipr2*$^{+/+}$ or *RORc(t)*^{Cre}*Vipr2*$^{fl/fl}$ mice at 6h after fasting or 6h after feeding

(ZT 18). **P<0.01 (*paired t-test*). Data shown are pooled from two independent experiments

and representative of three independent experiments. **e, f,** Representative FACS plot (**e**) and

summaries (**f**) indicating IL-22 expression in CCR6^{+} ILC3 from the ileum of *Vip*$^{IRES\text{-}Cre}$*hM4Di*$^{fl\text{-}}$

$^{stop-fl/+}$ mice (DREADD for VIPergic inhibition). Mice were treated with vehicle or CNO (1mg/Kg)

and 30 minutes later were fed by intragastric administration of saline (0.4 mL each 45 min, for

6 h) or Liquid Test Diet (500 mg/mL, 0.4mL each 45 minutes, for 6 h). N=4, **$P<0.01$ (t-$test$).

Data shown are representative of three independent experiments.

Figure 4. Dynamic regulation of commensal bacterial growth and lipid

absorption by feeding-dependent modulation of the VIP-VIPR2-IL-22 axis. a,

Normalized *RegIIIγ* mRNA expression in IECs from mice treated with IgG or α-IL-22

(10mg/Kg) during the feeding period (Fed for 12h: Treated from ZT 12->ZT 0) or during

the fasting period (Fasted for 12h: Treated from ZT 0->ZT 12). Data pooled from 2

independent experiments: Fed IgG1: N=8, Fed α-IL-22: N=8, Fasted IgG1: N=8, Fasted

α-IL-22: N=7, *$P<0.05$ and **$P<0.01$ (t-$test$). **b, c,** Representative scanning electron

microscopy (SEM) images (**b**) of epithelium-associated commensal SFB in the ileum of

mice 12h after fasting or feeding at the end of the dark-phase (ZT 0) and the light-phase

(ZT 12) and (**c**) measurements of SFB filament lengths. N=3, data representative of 2

independent experiments,****$P<0.001$ (t-$test$). **d,** SFB length in the ileum of mice treated

with IgG or α-IL-22 (10mg/Kg) during the feeding period (Fed for 12h: ZT 12->ZT 0) or

during the fasting period (Fast for 12h: ZT 0->ZT 12). N= 3, data representative of 2

independent experiments,****$P<0.001$ (t-$test$). **e,f,** Representative **(e)** SEM images of

epithelium-associated SFB in the ileum of *RORc(t)^{Cre} Vipr2$^{+/+}$* and *RORc(t)^{Cre} Vipr2$^{fl/fl}$*

mice fed for 12h and **(f)** measurement of bacterial filament lengths. N= 3, ****$P<0.001$

(t-$test$). **g,** Normalized *Fabp2* mRNA expression in IEC-enriched ileal extracts from mice

treated with IgG or α-IL-22 (10mg/Kg) during the fasting period (Fasted for 12h: Treated

from ZT 0->ZT 12). Data representative of 3 independent experiments: Fed IgG1: N=8,

Fed α-IL-22: N=8, Fast IgG1: N=8, Fed α-IL-22: N=7. *P<0.05 and ****P<0.0001 (t-

student). **h,** Plasma ^{3}H CPM (counts per minute) in 12h fasted mice after gavage

with ^{3}H-triolein (2uCi/mice in 200ul of 20% Intralipid). Mice were treated with IgG or α-

IL-22 (10mg/Kg) during the fasting period (Fasted for 12h: Treated from ZT 0->ZT 12).

Data representative of 2 independent experiments. N=4, ***P<0.001 (*two-way ANOVA*).

i, j, Normalized *Fabp2* and *Cd36* mRNA expression in IEC-enriched ileal extracts from

(**i**) and plasma triglyceride content (**j**) in 12h fed *RORc(t)^{Cre} Vipr2$^{+/+}$* (N=5) and

RORc(t)^{Cre} Vipr2$^{fl/fl}$ (N=4) mice**.** *P<0.05 and **P<0.01 (*t-test*). **k,** Plasma ^{3}H CPM in 12h

fed *RORc(t)^{Cre} Vipr2$^{+/+}$* (N=3) and *RORc(t)^{Cre} Vipr2$^{fl/fl}$* (N=3) mice after gavage with ^{3}H-

triolein. Data representative of 2 independent experiments,***P<0.001, (*two-way*

ANOVA). **l,** Plasma triglyceride content in *Vip$^{IRES-Cre}$hM4Di$^{fl-stop-fl/+}$* mice (DREADD for

VIPergic inhibition) after gavage with Saline (0.4 mL/each 45 minutes, for 6 hours) or

Liquid Test Diet (500 mg/mL, 0.4mL/each 45 minutes, for 6 hours). Vehicle: N=5, CNO:

N=4. Data representative of 2 independent experiments, **P<0.01, (*t-test*).

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METHODS

Mice

C57Bl/6 mice were obtained from Taconic Farm. All transgenic mice were bred and

maintained in the animal facility of the Skirball Institute (New York University School of

Medicine) in specific pathogen-free conditions. *hM3Dq*[fl-stop-fl] mice (CAG-LSL-Gq-

DREADD, Jax #026220)*, hM4Di*[fl-stop-fl] mice (CAG-LSL-Gi-DREADD, Jax #026219)*,*

VIP[IRES-Cre] mice (B6J.Vip-IRES-Cre, Jax #031628), *tdTomato*[f/-stop-fl] (CAG-tdTomato,

JAX #007914) and CD45.1 mice (*B6.SJL-Ptprca Pepcb/BoyJ*, Jax# 002014) were

purchased from Jackson Laboratories. *RORc(t)*[EGFP/+] and *RORc(t)*[Cre] mice were

generated in our laboratory and previously described[14,36]. BAC-transgenic *Rorc(t)-Gfp*[TG]

were generated by G. Eberl's lab[37] and used for evaluation of *Vipr2* mRNA expression

in different populations of RORγt^{+} lymphoid cells purified by FACS sorting. *Vipr2*^{-/-} mice

(Jax# 031332) were purchased from Jackson Laboratories and were maintained in a

CD45.2 background or were bred with CD45.1 (*B6.SJL-Ptprca Pepcb/BoyJ*) mice,

which subsequently generated *Vipr2*^{-/-} CD45.1/2 mice and WT CD45.1 littermates.

Conditional VIPR2 knockout (*Vipr2*^{fl/fl}) mice were generated using CRISPR-Cas9

technology as described below. Mice in all experiments were 6–12 weeks old at the

starting point of treatments and all were colonized with SFB. All animal procedures were

performed in accordance with protocols approved by the Institutional Animal Care and

Usage Committee of New York University School of Medicine or the NIAID as

applicable.

Generation of RORc(t)[Cre] *Vipr2*^{fl/fl} *mice*

Mice carrying *loxP* sites flanking exons 3 and 4 of the Vipr2 gene (*Vipr2$^{fl/fl}$*) were generated

using published CRISPR/Cas9 protocols[38,39] at the NYU School of Medicine's Rodent Genetic

Engineering Laboratory. Briefly, guide RNAs targeting regions upstream of exon 3 (gRNA_16

sequence: GAAATCTCACAACAGATTCG) and downstream of exon 4 (gRNA_23 sequence:

TCTCCTCAGAAGCATCGAAT) were designed using the Crispr guide design

software (http://crispr.mit.edu/). gRNA recognition sequences were cloned into the pX330

vector (a gift from Dr. Feng Zhang, Addgene #42230), using oligos with a T7 promoter

containing the gRNA template that were chemically synthetized by IDT (Integrated DNA

Technologies). The products of PCR-amplified T7-gRNA were used as templates for in vitro

transcription (MEGAshortscript T7 kit, Thermo Fisher Scientific). The gRNAs were purified

using the MEGAClear Transcription Clean-up kit (Thermo Fisher Scientific). Two donor

templates (ssDNA_1 and ssDNA_2) with 200bp each were chemically synthetized by IDT. The

donor templates contained 60bp homology arms flanking a cassete containing a loxP

sequence and XhoI or SalI restriction sites, located in the original PAM sequence (mutated

PAM). Namely, ssDNA_1 (XhoI) for the region upstream exon 3:

(GGATGGCATTTACATAGGACCCCATCCCAGTGGCTGCTCAGAAGAGCACTCACTCCTTA

TCCctcgagataacttcgtataatgtatgctatacgaagttatCCGAATCTGTTGTGAGATTTCGAGAACTCATA

AGGACTGATAAGGCCACACAACTTGAGC), and ssDNA_2 for the region downstream exon 4

(TGATTTCTCCTAGGTCACACTCAGGGAGCATTTCCAGACACTGGAAAACTCCTGAGGCC

CgtcgacataacttcgtataatgtatgctatacgaagttatATTCGATGCTTCTGAGGAGACTATAATTAAACCC

TGCCTGTGTGAGGCATGGCTTCTGAT). Mice were generated by injection of a mixture of

mammalian optimized Cas9 mRNA (100 ng/µl, TriLink Biotechnologies), purified gRNA_16 and

gRNA_23 (50 ng/µl, each) and donor templates ssDNA_1 and ssDNA_2 (50ng/ul, each) in

injection buffer (10 mM Tris, pH 7.5; 0.1 mM EDTA) into the cytoplasm of C57BL/6J embryos in

accordance with standard procedures approved by the IACUC at the NYU School of

Medicine. Female CD-1 mice (Charles River) were used as foster mothers. F0 mice were

genotyped and sequenced (Sanger sequencing) to identify mice homozygous for both loxP

insertions. Founders bearing loxP insertions were then backcrossed at least one time to wild-

type C57BL/6J mice generating the *Vipr2*$^{fl/fl}$ mice. For the generation of *RORc(t)*^{Cre} *Vipr2*$^{fl/fl}$

mice, *Vipr2*$^{fl/fl}$ mice were crossed with *RORc(t)*^{Cre} mice for the generation of *RORc(t)*^{Cre} *Vipr2*$^{fl/fl}$

and *RORc(t)*^{Cre} *Vipr2*$^{+/+}$ littermates.

VIPergic neuronal activation/inhibition using DREADDs

To perform chemogenetic activation or inhibition of VIPergic neurons, we bred *VIP*$^{IRES-Cre}$

homozygous mice to *hM3Dq*$^{fl-stop-fl}$ mice (DREADD for activation) or *hM4Di*$^{fl-stop-fl}$ mice

(DREADD for inhibition), generating *VIP*$^{IRES-Cre}$*hM3Dq*$^{fl-stop-fl}$ (VIPergic activation) and *VIP*$^{IRES-}$

^{Cre}*hM3Dq*$^{fl-stop-fl}$*hM4Di*$^{fl-stop-fl}$ mice (VIPergic inhibition). To perform 24h activation of the

DREADDs, mice were treated with Clozapine-N-Oxide (CNO, 1mg/Kg intraperitoneally,

TOCRIS) each 12h. Our experiments with *VIP*$^{IRES-Cre}$ only mice revealed that these dose of

CNO treatment does not affect ILC3 function. To perform activation of the DREADDs during

Citrobacter rodentium infection, mice were treated daily with CNO (1mg/Kg, intraperitoneally)

from day 1 to day 4 after infection.

Food restriction protocol

For a period of two weeks, food was made available to mice only for 12h per daily cycle. Mice

were kept in two different regimens: Dark-phase fed mice, with food being available between 6

PM – 6AM (ZT 12->ZT 0); and light-phase fed, with food being available between 6 AM – 6PM

(ZT 0->ZT 12). To avoid littering, at the beginning of the fasting period of each regimen, mice

were transferred to a clean cage containing alpha cellulose clean bedding

(Shepherd's™ALPHA-dri). Mice were provided with free access to water.

Gavage of Liquid Test Diet

Dry powder micro stabilized rodent liquid diet (Test Diet, LD 101) was blended (mechanical

blender) vigorously for 30 seconds in saline (NaCl 0.9%) at 0.5g/mL. Mice were gavaged with

400ul of this solution using a polyurethane feeding tube (16ga x 38mm, FTPU-16-38-50,

INSTECH) every 45 min for 6 h.

Generation of bone marrow VIPR2$^{+/+}$/VIPR2$^{-/-}$ chimeric reconstituted mice

Bone marrow mononuclear cells were isolated from CD45.1 *VIPR2$^{+/+}$* and CD45.2 (or

CD45.1/2) *VIPR2$^{-/-}$* mice by flushing the long bones. Red blood cells were lysed with ACK

Lysing Buffer and the remaining cells were resuspended in PBS for injection in at a 1:1 ratio

(WT:VIPR2 KO). 4×10^6 cells were injected intravenously into 6 week old CD45.1/2 (CD45.2)

mice that were irradiated 4h before reconstitution using 1000 rads/mouse (2x500rads, at an

interval of 3h, at X-RAD 320 X-Ray Irradiator). To deplete intestinal ILC3, one day after the

bone marrow transfer, mice were treated with InVivoMAb anti-mouse Thy1.2 (200ug/mice for 4

consecutive days, Clone 30H12, BioXCell). Experiments were performed 6-7 weeks after the

last treatment with α-Thy1.2.

Radioactively labeled triglyceride absorption assay

Plasma ^{3}H-CPM (counts per minute) was measured 1-4h after gavage with ^{3}H-Triolein–

containing lipid[40]. Briefly, mice were injected with poloxamer 407 (1g/Kg, i.p., Sigma,

#16758). After 30 minutes, mice were gavaged with a mixture of 2μCi ^{3}H-Triolein in

200ul of 20% intralipid oil emulsion. Blood samples were collected and diluted in Liquid

Scintillation Counting cocktail (Ultima Gold) and measured using a Scintillation counter

(Beta Counter MicroBeta^2 System, Perkin Elmer).

IL-22 in vivo Blockade

For experiments with IL-22 blockade, mice were injected with monoclonal α-IL-22 (Clone 8E11,

250μg/mouse, generously provided by Tangsheng Yi, Genentech), 12 hours before sample

collection. Control groups received mIgG1 (inVivoMAb, BioXCell).

C. rodentium mediated colon inflammation

C. rodentium strain DBS100 (ATCC51459; American Type Culture Collection) was grown at

37°C in LB broth to OD600 reading between 0.5 and 0.7. *VIP$^{IRES-Cre}$hM3Dq$^{fl-stop-fl}$* (VIPergic

activation) and C57BL/6 mice were inoculated with 200 μl of a bacterial suspension (2×10^9

CFU) by oral gavage. *VIP$^{IRES-Cre}$ hM3Dq$^{fl-stop-fl}$hM4Di$^{fl-stop-fl}$* mice (VIPergic inhibition) and

RORc(t)^{Cre} Vipr2$^{fl/fl}$ were inoculated with 200 μl of a bacterial suspension (3-4×10^{10} CFU) by

oral gavage. For DREADD experiments, CNO treatment started at 1 day post-infection (d.p.i.)

until 4 d.p.i. Mice were followed the next 12 days post-infection (d.p.i.) to measure survival

rate. At 9 d.p.i. fecal pellets were collected and the mice dissected to harvest spleen and liver.

Samples were weighted and minced on sterile deionized water with Triton 0.1% and filtered on

a 70μm cell strainer. The filtered samples were used to measure *C. rodentium* burden with

serial dilutions (triplicates) on MacConkey agar plates.

Immunofluorescence and Confocal Microscopy

Slide section staining: Small intestines from perfused SFB$^+$ *Rorc*(t)$^{EGFP/+}$ or *VIP^{IRES-}*

^{Cre}tdTomato$^{fl-stop-fl}$ mice were Swiss-rolled, fixed for 4h in 4% paraformaldehyde, incubated

overnight in 30% sucrose at 4°C, and frozen in embedding medium for frozen specimens

(O.C.T, Tissue-Tek, Sakura). Tissue was cut into 30-70 μM sections, blocked in PBST 0.5%

(0.5% Triton X-100, 10% normal donkey serum) for 1 h, and incubated overnight at 4°C using

the following antibodies: α-Vasoactive Intestinal Peptide (1:1000, rabbit polyclonal, 20077,

Immunostar), α-Tyrosine Hydroxilase (1:50, rabbit polyclonal, AB152, Millipore), α-Substance P

(1:3000, rabbit polyclonal, 20064 Immunostar), α-GFP Alexa Fluor 488 (1:500, clone: FM264G,

Biolegend), α-TCRβ Brilliant Violet 421 (1:50, Biolegend), α-β-3-Tubulin Alexa Fluor 594 or

Alexa Fluor 488 (1:500, clone:AA10, Biolegend). Tissue was washed and when needed

incubated with secondary fluorescently labeled antibodies (Donkey Anti-Rabbit Pacific Blue or

Alexa Fluor 647) for 2h before nuclear staining with Draq-7 (R&D Systems) or 4′,6-diamidino-2-

phenylindole (DAPI, ThermoFisher).

Whole mount stainings: Ileum was collected from perfused *VIP$^{IRES-Cre}$hM3Dq$^{fl-stop-fl}$* mice, flat

opened and cleared of fecal material. The flat tissue was fixed overnight in 4%

paraformaldehyde at 4°C. Whole tissue was cut in sections of 4cm, blocked in PBST 0.5%

(0.5% Triton X-100, 10% normal donkey serum) overnigh at 4°C, and incubated for 48h at 4°C

using the following antibodies: α-HA Alea Fluor 647, for staining of HA-tagged hM3Dq,

(16B12, 1/300, Biolegend) and α-cFOS (1/100, 9F6, Rabbit, Cell, Signaling #2250). Tissue

was washed for 24h at 4°C and incubated with secondary fluorescently labeled antibodies

(Donkey Anti-Rabbit Alexa Fluor 488, Thermo Fisher) for 24h at 4°C. Tissue was washed for

24h before nuclear staining with 4′,6-diamidino-2-phenylindole (DAPI, ThermoFisher). Images

were acquired using a Zeiss LSM 710 confocal (Carl Zeiss). The imaging data were processed

and analyzed using Image J software (NIH, Bethesda, MD). Imaris software version 9.0.1

(Bitplane; Oxford Instruments) was used to generated reconstructed 3D images.

Isolation of Lamina Propria Lymphocytes (LPLs) from the small intestine

Whole small intestine, proximal small intestine (14cm), ileum (distal 14cm of the small

intestine) or the large intestine were dissected from mice. Unless indicated, all the dissections

were performed between ZT2-ZT3. Mesenteric fat tissue and Peyer's patches were carefully

removed from these tissues. Intestinal tissue was opened and extensively cleaned of fecal

matter. Following, this tissue was sequentially treated with HBSS 1X (1 mM DTT) at 37°C for

10 min with gentle shaking (200rpm), and twice with 5 mM EDTA at 37°C for 10 min to remove

epithelial cells. The EDTA fraction (ileal extracts enriched for IECs) was filtered using a 100uM

strainer, centrifuged and suspended in Trizol for further RNA isolation. The remaining tissue

was then minced with a scissor and dissociated in RPMI containing 10% FBS, Dispase (0.05

U/ml; Worthington), collagenase (1 mg/ml collagenase II; Roche) and DNase I (100 µg/ml;

Sigma) at constant shaking at 37°C for 45 min (175rpm). The digested tissue was then filtered

through a 70μm strainer to remove large debris. Viable Lamina Propria Lymphocytes (LPLs)

were collected at the interface of a 40%/80% Percoll/RPMI gradient (GE Healthcare).

Isolation of ILC3, $\gamma\delta$T17 and Th17 cells from the small intestine

CCR6^{+} and CCR6^{neg} ILC3

(DAPI^{neg}CD3^{neg}CD11b^{neg}CD11c^{neg}CD14^{neg}CD19^{neg}TCRβ^{neg}TCRγ^{neg}NK1.1^{neg}KLRG1^{neg}CD127^{+}

CD90.2^{+}), γδT17

(DAPI^{neg}CD11b^{neg}CD11c^{neg}CD8^{neg}D14^{neg}CD19^{neg}NK1.1^{neg}TCRγ^{+}TCRβ^{neg}GFP^{+}CD3^{+}) and Th17

(DAPI^{neg}CD11c^{neg}CD8^{neg}CD14^{neg}CD19^{neg}NK1.1^{neg}TCRγ^{neg}TCRβ^{+}GFP^{+}CD3^{+}) were isolated

from small intestine of the BAC-transgenic *Rorc(t)-Gfp^{TG}* mice using the ARIA II FACS Sorter

(sorted through a 70µM nozzle, BD Biosciences) and resuspended in TRIZOL for further RNA

isolation. CCR6^{+} ILC3 were also isolated from *VIPR2$^{+/+}$/VIPR2$^{-/-}$* chimeric reconstituted mice

for further RNA isolation.

ILC3 in vitro cell culture

CCR6^{+} and CCR6^{neg} ILC3

(DAPI^{neg}CD3^{neg}CD11c^{neg}CD14^{neg}CD19^{neg}TCRβ^{neg}TCRγ^{neg}NK1.1^{neg}KLRG1^{neg}CD127^{+}CD90.2^{+})

were isolated from small intestine LPLs of C57BL/6 mice using the ARIA II FACS Sorter (BD

Biosciences). ILC3 were cultured at 37°C in flat bottom 96 well plates (10^{4} cells/well) in RPMI

supplemented with 10% heat-inactivated FBS (Hyclone), 50 U penicillin-streptomycin

(Hyclone), 2 mM glutamine (Hyclone), 10mM HEPES (Hyclone), 1mM sodium pyruvate

(Hyclone) and 50 µM β-mercaptoethanol (Gibco). ILC3 were stimulated with IL-23 (100-300

pg/mL, R&D systems) and/or VIPR2 ligands (BAY-559837: 1-100nM, and VIP: 1nM-1uM,

TOCRIS) for 16h (37°C), washed, incubated in for 4h at 37°C in RPMI with 10% FBS, phorbol

12-myristate 13-acetate (PMA) (50 ng/ml; Sigma), ionomycin (500 ng/ml;Sigma) and Golgi

Plug (BD Bioscience), and stained for membrane extracellular markers in Staining Buffer (PBS

FBS 2% EDTA 5mM) and for intracellular markers using Cytofix/Cytoperm buffer set following

manufacturer's protocol (BD Biosciences). Acquisition of cytometric parameters was

performed on an LSRII (BD Biosciences). All data were analyzed using FlowJo Software

Version 10 (Tree Star).

Antibodies for intracellular staining and flow cytometry

Single cell suspensions were pelleted and resuspended with surface-staining antibodies in

PBS FBS 2% EDTA 1mM. Staining was performed for 20-30min on ice. Live/dead fixable blue

(ThermoFisher) was used to exclude dead cells. The following monoclonal antibodies were

purchased from eBiosciences, BD Pharmingen or BioLegend: CD3, CD45.1, CD45.2, TCRβ,

CD11c, CD14, CD19, KLRG1, TCRγ, RORγ/γt, NK1.1, CD127, CD90.2, CCR6, Sca-1, IL17A

and IL-22. Analysis of ex-vivo cytokine production in ILC3 was performed in unstimulated cells

(unless indicated), with LPLs incubated for 4h at 37C in RPMI with 10% FBS and GolgiPlug

(BD). Cells were then stained for surface markers and anti-CD16/anti-CD32 before fixation and

permeabilization, and then subjected to intracellular cytokine staining for IL-22 and IL-17A

according to the manufacturer's protocol (Cytofix/Cytoperm buffer set from BD Biosciences).

For analysis of ex-vivo cytokine production by Th17/γδT17 cells were incubated for 4 hours at

37C in RPMI with 10% FBS, phorbol 12-myristate 13-acetate (PMA) (50 ng/ml; Sigma),

ionomycin (500 ng/ml;Sigma) and GolgiStop (BD). After surface and live/dead staining, cells

were treated using the the FoxP3 staining buffer set from eBioscience according to the

manufacturer's protocol. Intracellular stains were prepared in 1X eBioscience permwash buffer

containing anti-CD16/anti-CD32, normal mouse IgG (conc), and normal rat IgG (conc).

Staining was performed for 30-60min on ice. Flow cytometric analysis was performed on an

LSR II (BD Biosciences) or an Aria II (BD Biosciences) and analyzed using FlowJo software

version 10 (Tree Star).

Blood collection

Peripheral and portal vein blood were collected under general anesthesia (Ketamine

100mg/Kg, Xylazine 15mg/Kg). Peripheral blood was collected through orbital venous plexus

bleeding with a glass capillary in a tube containing EDTA (25mM) as an anticoagulant. Plasma

was collected after centrifugation of the collected sample and frozen until processing. Surgery

was performed to collect blood from the portal vein, which drains the gastrointestinal tract.

Briefly, after laparotomy, the portal vein was localized and the blood was collected with a

syringe. Portal vein blood was processed following the same protocol above for peripheral

blood.

Evaluation of villi and crypt morphology in the small intestine

Small intestine samples (14 cm distal from the pylorus, 10cm long) were gently swiss rolled

from the distal end and fixed in 4% paraformaldehyde (Electron Microscopy Science, Hatfield

USA). Formalin-fixed tissues were then processed for paraffin embedding, cut into 5-micron

thick sections and stained with hematoxylin and eosin (H&E) or Ki-67/hematoxylin as per

protocol by the Experimental Pathology Core Laboratory at New York University (NY, USA).

Measurement of villi and crypt length on H&E slides was performed by two independent

researches in a blinded fashion using coded slides. Per sample, we analyzed a total of 6 slides

with a distance of 100uM between each cut. For each slide, 10 villi/crypts were measured, as a

total of 60/sample. The mean values of villi and crypt length were plotted. The imaging data

were processed and analyzed using Image J software (NIH, Bethesda, MD). Quantification of

frequency of Ki-67+ cells in the whole crypt region was performed in a blinded fashion using

coded slides and the tools of Qupath software[41].

Tissue processing for ELISA

Distal Ileum (6 cm from the ileal-cecal junction) was collected and extensively washed to clean

out fecal matter. The samples were weighed and, using a tissue homogenizer, extracted in

PBS Tween 0.1% (with protease inhibitor) and centrifuged to remove tissue debris. The

supernatant was frozen until measurement of VIP concentrations in the tissue.

ELISA for Vasoactive Intestinal Peptide

VIP content was measured in the blood plasma or homogenized tissue following

manufacturer's recommendations (EIAM-VIP-1, RayBiotech).

Measurement of plasma concentration of triglycerides

Peripheral blood was collected as described above and plasma was used to quantify

triglyceride concentrations following manufacturer's recommendations (Sigma-Aldrich,

MAK266).

Scanning Electron Microscopy

Scanning Electron Microscopy was performed on 1-1.5 cm pieces from terminal ileum

(2cm above the ileal-cecal junction). Intestine was cut open and washed to remove fecal

matter, pinned in dental wax and fixed for 2h with a 0.1M sodium cacodylate buffer (CB,

pH 7.4) containing 2.5% glutaraldehyde and 2% paraformaldehyde. Samples were post

fixed in 1% OsO_4 for 2 hours, dehydrated in ethanol, and critical point dried using

Tousimis autosamdsri 931 (Rockwille, MD). The dried intestines were put on SEM

stabs, sputter coated with gold/palladium by DESK V TSC HP Denton Vacuum

(Moorestown, NJ), and images were taken on random locations in the tissue by Zeiss

Gemini300 FESEM using secondary electron mode at 5kv. For quantification of SFB

length, random fields were selected for measurement using Image J.

RNA extraction from intestinal epithelial cells, RT-PCR and qPCR

RNA isolation of CCR6$^+$ ILC3, CCR6^{neg} ILC3, $\gamma\delta$T17, Th17 and ileal epithelial cells, was

performed using TRIzol following manufacter's instructions (Invitrogen) followed by

DNase I (Qiagen) treatment and cleanup with RNeasy MinElute kit (Qiagen) following

manufacturer protocols. cDNA was generated using SuperScriptTM IV First-Strand

Synthesis System (ThermoFisher). Gene-specific primers spanning exons were used:

Rps17 (F:'5-cgccattatccccagcaag-3'/ R:'5-tgtcgggatccacctcaatg-3')*, RegIIIγ* (F:'5-

tctgcaagacagacaagatgct-3'/ R:'5-ggggcatctttcttggcaac-3')*, Fabp2* (F:'5-

gtctagcagacggaacggag-3'/R:'5-ctccttcatatgtgtaggtctgga-3')*, Cd36* (F:'5-

tggccttacttgggattgg-3'/R:'5-ccagtgtatatgtaggctcatcca-3'). Quantitative PCR was

performed using the Hot Start-IT SYBRGreen (Affymetrix) on the Roche real-time PCR

system (Roche 480). Values were normalized to *Rps17* gene for each sample. For

evaluation of *Vipr2* mRNA expression, TaqMan probes *for Vipr2* (Mm01238618) and

Hprt (Mm00446968) were purchased from Thermo Fisher Scientific and reactions were

run with the CFX Connect Real—Time PCR Deterction System (Bio-Rad).

Analysis of microbiota composition in the ileal fecal material, fecal pellet and ileal tissue

The ileum (ileal tissue: 1 cm), ileal fecal content, fecal pellet were collected from mice,

and bacterial DNA was extracted with the QIAamp DNA Stool Kit (QIAGEN) following

the manufacturer's instructions. In the ileal tissue, SFB was quantified by qPCR with

primers specific for 16S SFB rRNA genes (SFB F- sequence/SFB R- sequence)using

Hot Start-IT SYBRGreen (Affymetrix) on the Roche real-time PCR system (Roche 480).

The relative values of SFB in the tissue were normalized based on the amounts of host

gDNA using primers specific for the genomic *Hif1a* locus (Hif1a F-sequence / Hif1a R-

sequence). In the ileal fecal content and fecal pellet, SFB was quantified by qPCR with

primers specific for SFB and the relative values were normalized based on the total

relative amounts of 16S rDNA (16S F-sequence / 16S R-sequence).

For analysis of the whole microbial community composition in the ileal and fecal matter,

sequencing of the 16S rRNA was performed as previously described[42] in a MiSeq

instrument (Ilumina, San Diego, USA) using 150bp, paired ended chemistry. 16S rRNA

sequence data were processed using QIIME v2[43].

Data processing of publicly available RNA-seq

DESeq2-normalized gene quantification and differential expression analysis were downloaded

from GSE116092[16]. Raw counts were downloaded from GSE127267 (ImmGen ULI RNA-seq

data)[17] and differential expression analysis was performed using DESeq2. Normalized counts

were used for downstream analysis. A cutoff was made based on the normalized counts of a

known non-expressed gene (*Foxp3*) (GSE116092, cut-off $\leq$ 9 and for GSE127267, cutoff <25)..

GO term analysis of GSE116092[16] was done using g:Profiler. For heat maps, genes were

considered differentially expressed with FDR < 0.01 and log2 fold change $\geq$ 2.

Library preparation for RNA sequencing and transcriptomic analysis

RNA-seq libraries for CCR6^{+} ILC3 were prepared with the TruSeq Stranded Total RNA Library

Prep Gold Kit (Illumina, 20020598). The sequencing was performed using Illumina NextSeq

instrument (Ilumina, San Diego, USA) using 150bp, paired ended chemistry. RNA-seq libraries

were prepared and sequenced by the Genome Technology Core at New York University

School of Medicine. Fastq files were aligned to the mouse Ensemble genome GRCm38 with

STAR v 2.6.1d. Read pairs were counted using featurecounts from the Subread package v

1.6.2, prior to normalization and differential expression analysis which were performed using

DESeq2 (Wald test with Benjamini–Hochberg correction to determine the FDR). Genes were

considered differentially expressed with FDR<0.05 and log2 fold change > 1. Gene pathways

and functions were assessed using Ingenuity Pathway Analysis (Qiagen Bioinformatics).

Statistical analysis

Unpaired two-sided *t-test*, paired two-sided *t-test,* one-way ANOVA with multiple comparisons

with Bonferroni correction, two-way ANOVA with multiple comparisons and Bonferroni

correction, Mann-Whitney test, Mantel Cox test (for survival curves), were performed to

compare the results using GraphPad Software Version 8 (GraphPad Software). No samples

were excluded from analysis. We treated less than 0.05 p value as significant：*P* < 0.05, ***P*

< 0.01, ****P* < 0.001, and ****P* < 0.0001.

 EXTENDED DATA FIGURE LEGENDS

Extended Data Figure 1. Enrichment of transcripts related to nervous system/neural

functions and development in CCR6$^+$ ILC3. a, Volcano-plot of differentially expressed genes

between CCR6$^+$ ILC3 and CCR6^{neg} ILC3 isolated from the small intestine of C57BL/6 mice

GSE116092[16]. Green: Neurotransmitter/neuropeptide receptors, Blue: genes related to

nervous system development/axonal guidance and contact. **b,** Top 10 Gene-Ontology terms

from a comparison between subtypes of ILC3 showing enrichment of transcripts related to

neuron differentiation and generation in CCR6$^+$ ILC3 when compared to CCR6^{neg} ILC3. Green:

Neurotransmitter receptors, Blue: genes related to nervous system development/axonal

guidance and contact. **c,** Vocano-plot of differentially expressed genes between CCR6$^+$ ILC3

(enriched in cryptopatches and ILFs[44]) and NKp46$^+$ ILC3 (low presence in CPs and ILFs[45])

(GSE127267[17]).

Extended Data Figure 2. Cryptopatch-associated enteric neurons are also present in the

large intestine (colon) lamina propria. a, b Representative immunofluorescence images of

lamina propria neuronal projections of enteric neurons in the large intestine of *Rorc(t)*$^{EGFP/+}$

mice. **(a)** Cluster of ILC3 (GFP$^+$ cells, green) in close proximity of neuronal projections (βIII-

Tubulin, red) of the enteric neurons in the colon lamina propria. **(b)** Cluster of ILC3 (GFP$^+$

cells, blue) in close proximity of neuronal projections (βIII-Tubulin, red) of Vasoactive Intestinal

Peptide$^+$ enteric neurons (green) in the colon lamina propria.

Extended Data Figure 3. Neurochemical code of the cryptopatch-associated enteric neurons

in the small intestine lamina propria. a-c, Representative immunofluorescence images of

different subtypes of lamina propria neuronal projections of enteric neurons in the small

intestine of $Rorc(t)^{EGFP/+}$ mice. (a) Substance P (green) is not present in neuronal projections

(βIII-Tubulin, red) localized inside CPs/ILFs (cluster of GFP^+ cells, blue) in the lamina propria.

Representative of 15 CPs/ILFs analyzed in the small intestine of 4 different $Rorc(t)^{EGFP/+}$ mice).

No colocalization of substance P was observed in any of the cryptopatch associated neuronal

fibers. (b) Tyrosine hydroxylase$^+$ neurons (green) are in close proximity but are not

represented among neuronal projections (βIII-Tubulin, red) localized inside CPs/ILFs (cluster of

GFP^+ cells, blue) in the lamina propria. Representative of 20 CPs/ILFs analyzed in the small

intestine of 4 different $Rorc(t)^{EGFP/+}$ mice. TH^+ fibers are found in proximity to ILC3 clusters but

never intercalate with CPs/ILFs. (c) Vasoactive Intestinal Peptide$^+$ (green) neurons (βIII-

Tubulin, red) are in close proximity and interacting with ILC3 (GFP^+, blue) in CPs/ILFs.

Representative of 40 CPs/ILFs analyzed in the small intestine of 4 different $Rorc(t)^{EGFP/+}$ mice.

Extended Data Figure 4. VIP agonist inhibits *in vitro* IL-22 production by

$CCR6^+$ILC3. a, *Vipr2* mRNA expression (relative to *Hprt*) in different subtypes of RORγt$^+$

intestinal lymphoid cells, including ILC3 subsets, $\alpha\beta$Th17 and $\gamma\delta$T17 cells. RNA was

isolated from $CCR6^+$ ILC3, $CCR6^{negative}$ ILC3, Th17 ($\alpha\beta$ RORγt$^+$T cells) and $\gamma\delta$T17 ($\gamma\delta$

RORγt$^+$T cell) sorted from small intestine of $Rorc(t)$-Gfp^{TG} mice on basis of following

markers: γdT17 cells ($Lin^{neg}RORgt^{GFP+}CD3^+TCR\gamma^+$), $\alpha\beta$T17

($Lin^{neg}ROR\gamma t^{GFP+}CD3^+TCR\beta^+$), $CCR6^+$ILC3 ($Lin^{neg}ROR\gamma t^{GFP+}CD3^{neg}CCR6^+$) and

$CCR6^{neg}$ILC3 ($Lin^{neg}ROR\gamma t^{GFP+}CD3^{neg}CCR6^{neg}$) (n=4 mice). N.D= not detected. **b)**

FACS plot showing gating strategy for identification and isolation of CCR6$^+$ or CCR6^{neg}

ILC3 (DAPI^{neg}Lin^{neg} CD127$^+$ CD90.2$^+$). **c, d,** *In vitro* activation of VIPR2 alone does not

induce cytokine production or activation of CCR6$^+$ ILC3. Representative FACS plots **(c)**

and summary **(d)** for surface Sca-1 expression and intracellular IL-22 in small intestine

lamina propria CCR6$^+$ ILC3. N= 3, representative of 2 independent experiments. **e,** *In*

vitro activation of VIPR2 promotes concentration-dependent inhibition of cytokine

production by CCR6$^+$ ILC3. Summary for IL-22 and IL-17a intracellular expression in

small intestine lamina propria CCR6$^+$ ILC3 stimulated *in vitro* for 12h with IL-23

(300pg/mL) with different concentrations of VIP. **P=< 0.05 ****P=< 0.001* (One-way

ANOVA). Data are representative of two independent experiments. **f,** *In vitro* activation

of VIPR2 does not reduce IL-23-induced Sca-1 expression on CCR6$^+$ ILC3. Summary of

Sca-1 expression in small intestine lamina propria CCR6$^+$ ILC3 stimulated *in vitro* for

12h with IL-23 (100pg/mL) with/without the VIPR2 ligands BAY-559837 or VIP. N=

3/group, representative of 2 independent experiments. **g, h,** *In vitro* VIPR2 activation

does not affect IL-23-induced IL-22 production by CCR6^{neg} ILC3. Representative FACS

plots **(g)** and summaries **(h)** of surface Sca-1 expression and intracellular IL-22 in small

intestine lamina propria CCR6^{neg} ILC3 stimulated *in vitro f*or 12h with IL-23 (100pg/mL)

with/without combination with VIPR2 ligand BAY-559837 (1nM). N= 3, and data are

representative of two independent experiments.

Extended Data Figure 5. VIPR2 is required for *in vivo* inhibition of IL-22

production by CCR6$^+$ILC3. a, b, Mixed bone marrow chimeras, showing **(a)** no

difference in frequency and ratio of WT ($Vipr2^{+/+}$) vs VIPR2 KO ($Vipr2^{-/-}$) CCR6$^+$ILC3 in

the ileum of mice receiving equal number of cells (N=17 mice, combined from 2

independent experiments) and **(b)** VIPR2-dependent inhibition of IL-22 production in

WT ($Vipr2^{+/+}$, CD45.1) versus VIPR2 KO ($Vipr2^{-/-}$, CD45.2) CCR6$^+$ ILC3 in the ileum of

chimeric mice. N=11, ****$P<0.0001$ (*paired t-test*). Data are representative of two

independent experiments. **c, d, e,** Transcriptomic profile showing differences between

CCR6$^+$ ILC3 among WT and VIPR2 KO isolated from mixed bone marrow chimeras. **(c)**

Volcano plot and **(d)** heatmap of selected genes differentially expressed between

CCR6$^+$ ILC3 from $Vipr2^{+/+}$ and $Vipr2^{-/-}$ (FDR 5%, FC>1). **(e)** Analysis of pathways

associated with genes upregulated in $Vipr2^{-/-}$ CCR6$^+$ ILC3 compared to $Vipr2^{+/+}$ CCR6$^+$

ILC3. **f, g,** Inactivation of $Vipr2$ in ILC3 and T cells ($RORc(t)^{Cre}Vipr2^{fl/fl}$) does not affect **(f)**

proportion or **(g)** number of CCR6$^+$ ILC3 in the mouse ileum. $RORc(t)^{Cre}Vipr2^{+/+}$: N=8;

$RORc(t)^{Cre}Vipr2^{fl/fl}$: N=6. **h, i** Inactivation of $Vipr2$ ($RORc(t)^{Cre}Vipr2^{fl/fl}$) affects the

frequency of IL-22 production in CCR6$^+$ ILC3. Representative FACS plot **(h)** and

summaries **(i)** indicating frequency of IL-22 production in CCR6$^+$ ILC3 from the ileum of

$RORc(t)^{Cre}Vipr2^{+/+}$(N=8) and $RORc(t)^{Cre}Vipr2^{fl/fl}$ (N=6) mice. ***$P<0.001$ (*t-test*),

representative of 3 independent experiments.**j, k,** Inactivation of $Vipr2$ promotes a minor

increase in the production of IL-17a in CCR6$^+$ ILC3. Representative FACS plot **(j)** and

summaries **(k)** indicating frequency of IL-22 production in CCR6$^+$ ILC3 from the ileum of

$RORc(t)^{Cre}Vipr2^{+/+}$(N=3) and $RORc(t)^{Cre}Vipr2^{fl/fl}$ (N=3) mice. Representative of three

independent experiments. **l, m,** Inactivation of $Vipr2$ does not affect IL-17a or IL-22

production in CD3$^+$RORγt$^+$ lymphoid populations, namely CD3$^+$ RORγt$^+$TCRγ^+TCRβ^{neg}

($\gamma\delta$T17) and CD3$^+$ RORγt$^+$TCRγ^{neg}TCRβ^+ (Th17) cells. *RORc(t)^{Cre}Vipr2$^{+/+}$*(N=4) and

RORc(t)^{Cre}Vipr2$^{fl/fl}$ (N=4) mice. Representative of two independent experiments. FACS

plot **(l)** and summaries **(m)** indicating frequency of IL-17 and IL22. N.S: not significant.

n, o, Intestinal villi and crypt morphology (H&E) indicating the measurement of villi (red

bracket) and crypt (green bracket) lengths. Values represent the average length of 60

structures (villi or crypt) per mouse, in a 10cm region, starting 15cm from the pylorus.

*$P<0.05$ and **$P<0.01$ (*t-test*). *RORc(t)^{Cre}Vipr2$^{+/+}$*(N=4) and *RORc(t)^{Cre}Vipr2$^{fl/fl}$* (N=3)

mice. **p, q,** Ki-67 and Haematoxilin staining, revealing increased Ki-67$^+$ cells in the crypt

region of the small intestine (automated counting). **$P<0.01$ (*t-test*),

RORc(t)^{Cre}Vipr2$^{+/+}$(N=4) and *RORc(t)^{Cre}Vipr2$^{fl/fl}$* (N=3) mice.

Extended Data Figure 6. Effect of VIPergic neuronal modulation with DREADDs on IL-22

production by CCR6$^+$ ILC3. a, b, *VIP^{Cre}* activity in neurons in the gut. Homozygous *VIP^{Cre}*

mice were bred to homozygous *Rosa26$^{fl-st-fl-tdTomato}$*. **(a)** Distribution of tdTomato$^+$ projections in

the small intestine lamina propia. tdTomato: red; nucleus/Dapi: blue. **(b)** tdTomato positive and

negative neurons present in the small intestine. tdTomato: red; pan=neuronal marker β3-

tubulin: green. Two distinct β3-tubulin$^+$ tdTomato$^+$ neuronal projections (white arrows) can be

observed in a bundle of enteric neurons in the villi. Yellow: β3-tubulin$^+$ tdTomato^{negative}

projection. **c,** Nuclear cFOS localization in VIPergic neurons 2h after CNO (1mg/Kg, i.p.) or

vehicle treatment of mice expressing the DREADD for activation under the control of *VIP^{Cre}*

(VIP^{Cre} hM3Dq$^{fl/+}$). cFOS-AF488: red, hM3Dq-TA-AF647: green, Nucleus/Dapi: blue. **d, e, f,**

Effect of chemogenetic modulation of VIPergic neurons on IL-22 production by CCR6$^+$ ILC3 in

the small intestine (S.I.) and large intestine (L.I.). Representative FACS plot **(d)** and summaries

of IL-22 production by CCR6$^+$ ILC3 in mice expressing the DREADD for inhibition (hM4Di) **(e)**

and for activation (hM3Dq) **(f)**. All the mice were treated with CNO (1mg/Kg, i.p, twice, 24h

before sample collection). **(e):** N= 6 mice/group; **(f)** *VIP*^{Cre}: N= 6, *VIP*^{Cre}*hM3Dq*^{Cre} : N= 5.

*P<0.05, ****P<0.001 (t-test). **g, h,** No difference in the frequencies of IL-17 and IL-22

production by CD3$^+$ RORγt $^+$TCRγ$^+$TCRβ^{neg} (γδT17) and CD3$^+$ RORγt $^+$TCRγ^{neg}TCRβ$^+$ (Th17)

cells after activation of VIPergic neurons. Representative FACS plot **(g)** and summaries **(h).**

All the mice were treated with CNO (1mg/Kg, i.p, twice, 24h before sample collection).

Extended Data Figure 7. VIPergic neurons regulate host resistance to enteropathogenic

***Citrobacter rodentium.* a,** Normalized *Vip* mRNA expression in the large intestine (cecum

and proximal colon) of C57BL/6 mice at different time points after oral infection with *Citrobacter*

rodentium (2x10^9 CFU). **Day** 0: N=4; 2, 4 and 9 days after infection: N=6. **P<0.05 compared to

day 0 (one-way ANOVA), representative of two independent experiments**. b, c,** Increased VIP

activity in the gastrointestinal tract but not systemically in mice infected with *C. rodentium.*

Concentrations of VIP in plasma from the (**b**) hepatic portal vein, which drains the

gastrointestinal tract, and (**c**) peripheral blood of mice at different time points after intragastric

administration of vehicle or *C. rodentium* (2x10^9 CFU). d.p.i: days post-intragastric infection

with *C. rodentium*. Data shown are pooled from two independent experiments. N= 8/group,

*P<0.05, ****P<0.0001(t-test). **d,** Off -target effects of CNO treatment do not account for

mortality observed using activating DREADD during *C. rodentium* infection**.** Survival rates for

C. rodentium-infected *Vip*$^{IRES-Cre}$ or *Vip*$^{IRES-Cre}$*hM3Dq*$^{fl-stop-fl/+}$ mice treated with CNO (1mg/Kg,

daily, 1-4 d.p.i.: yellow rectangle). Vehicle: n=11, CNO: n=9. **e, f,** Infectious burden in feces of

(**e**) *Vip*^{IRES-Cre}*hM3Dq*^{fl-stop-fl/+} (activating DREADD) and (**f**) *Vip*^{IRES-Cre}*hM4Di*^{fl-stop-fl/+} (inhibitory

DREADD) mice treated with vehicle or CNO (1mg/Kg, daily, 1-4 days post-intragastric infection

with 2×10^9 CFU for *Vip*^{IRES-Cre}*hM3Dq*^{fl-stop-fl/+} and 4×10^{10} CFU for *Vip*^{IRES-Cre}*hM4Di*^{fl-stop-fl/+} mice).

$\log_{10}$ Colony Forming Units (CFU) of *C. rodentium* 9 days post-oral innoculation (9 d.p.i.).

Data representative of two independent experiments. Activating DREADD mice: Vehicle: n=11,

CNO: n=9. Inhibitory DREADD mice: Vehicle: n=8, CNO: n=7, *$*P=0.0009$ (Mann-Whitney test).

g, h, Exogenous treatment with recombinant murine IL-22 (rmIL-22, 250μg/mouse/day)

protects against increase in **(g)** mortality and **(h)** bacterial dissemination to the spleen induced

by VIPergic activation of *Vip*^{IRES-Cre}*hM3Dq*^{fl-stop-fl/+} mice. *$*P=0.0321$ (Mantel Cox test,* survival);

*$**P=0.0022$ (*Mann-Whitney test). For visualization in the logarithm scale (e-g), CFU counts of

0 were attributed a value of 1. **i, j,** Inactivation of *Vipr2* expression in ILC3 (*RORc(t)*^{Cre}*Vipr2*^{fl/fl})

enhances barrier protection after oral infection with the enteropathogen *C. rodentium* (3×10^{10}

CFU) **(i)** Discrete protection for weight loss in the first 9 days after infection. **(j,)** $\log_{10}$ Colony

Forming Units (CFU) of *C. rodentium* 9 days post-oral inoculation with 3×10^{10} CFU.

RORc(t)^{Cre}*Vipr2*^{fl/fl} mice display reduced amounts of *C. rodentium* translocation to the spleen

and liver, and reduced CFU counts in the feces. *RORc(t)*^{Cre}*Vipr2*^{+/+} (N=10) and

RORc(t)^{Cre}*Vipr2*^{fl/fl} (N=10) mice. *$*P<0.05$, *$**P<0.01$ *$***P<0.001$, *$***P<0.0001$, [two-way ANOVA

(i) and Mann-Whitney test **(j)**]. For visualization in the logarithm scale (e-g), CFU counts of 0

were attributed a value of 1.

Extended Data Figure 8. Feeding controls intestinal VIP release and IL-22

production by CCR6⁺ ILC3 via activation of VIPR2. a, Measurement of concentration

of VIP in the ileum reveals higher amounts during dark-phase (feeding period, ZT12-

ZT0) than in the light-phase (resting period, ZT0-ZT12). N=4, representative of two

independent experiments. **b,** Concentrations of VIP in plasma isolated from hepatic

portal vein blood of mice fed or fasted for 6 h. Blood samples were collected at two

different time-points, during the light-phase period (ZT 6, 12PM) and the dark-phase

period (ZT 18, 12AM). N=4, *$P<0.05$; **$P<0.01$ (*t-test*). **c,** Concentrations of VIP in

plasma isolated from the peripheral blood of mice. Blood samples were collected at two

time-points, during the light-phase period (ZT 6, 12PM) and the dark-phase period (ZT

18, 12AM). N=4, representative of two independent experiments. **d,** IL-22 expression by

CCR6$^+$ ILC3 from the ileum of CD45.1 *Vipr2*$^{+/+}$:CD45.2 *Vipr2*$^{-/-}$ bone marrow chimeric

mice at 6h after fasting (fasted, ZT 6) and 6h after feeding (fed, ZT 18). n=7/group,

**$P<0.01$ (*paired t-test*). Data are representative of two pooled independent

experiments. **e,** Ratio of IL-22-expressing cells, relative to Figure 3c, among CCR6$^+$

ILC3 from the ileum of CD45.1 *Vipr2*$^{+/+}$:CD45.2 *Vipr2*$^{-/-}$ bone marrow chimeric mice at

6h after fasting (Fasted, ZT 6) and 6h after feeding (Fed, ZT 18). n=7, ***$P<0.001$ (*t-*

test).

Extended Data Figure 9. Feeding/fasting modulates growth of epithelium-

associated segmented filamentous bacteria (SFB) and composition of fecal

commensal microbiota. a, Representative SEM images (magnifications: 1K, upper

pannel, and 3K, lower pannel) showing epithelial-attached SFB in the ileum of mice 12 h

after feeding (long filaments) or fasting (short-filaments, "stubbles") at ZT 0. **b,** SFB

lengths at different time points during the day in mice that had been fed for two weeks

during the light-phase (Light-phase fed: ZT0 to ZT12, red) or during the dark-phase

(dark-phase fed: ZT12 to ZT0, blue). **c,** Relative amounts (log) of SFB 16S measured in

the ileal tissue by qPCR, normalized based on host genomic DNA quantity. Mice were

fed for two weeks during the light-phase or during the dark-phase and the ileal tissue

was collected at two different time points, ZT0 or ZT12. **d,** Weighted Unifrac Principal

coordinate analysis of 16S rRNA composition in the fecal pellet of mice that had been

fed for two weeks during the light-phase (circles) or during the dark-phase (diamonds).

Fecal samples were collected from the same mice at different time points (ZT0 or

ZT12). Dark-phase fed: at ZT0 these mice had been fed for 12h (red diamond), while at

ZT12 they had fasted for 12h (blue diamond); Light-phase fed: at ZT0 these mice had

fasted for 12h (blue circle), while at ZT12 they had been fed for 12h (red circle). **e,**

Phylogenetic profile of the fecal microbiota composition associated with feeding/fasting

status in the fecal pellet of mice that had been fed for two weeks during the light-phase

or during the dark-phase.

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Extended Data Figure 10. Loss of *Vipr2* expression in ILC3 (*RORc(t)*^{Cre}*Vipr2*$^{fl/fl}$

mice) affects the growth of epithelium-associated SFB and the composition of

ileal and fecal commensal microbiota. a, Relative amounts (log) of SFB 16S

measured in the ileal tissue from *RORc(t)*^{Cre} *Vipr2*$^{+/+}$ or *RORc(t)*^{Cre} *Vipr2*$^{fl/fl}$ mice (male,

8 weeks old) that had been fed for two weeks during the dark-phase. Samples were

collected at ZT0 (12h fed). qPCR, normalized based on host gDNA levels. This cohort is

composed of 3 different pairs of *RORc(t)*^{Cre} *Vipr2*$^{+/+}$ and *RORc(t)*^{Cre} *Vipr2*$^{fl/fl}$ littermates,

housed in 3 different cages. **b,** Weighted Unifrac Principal coordinate analysis (PCoA) of

16S rRNA composition in the ileal fecal material from *RORc(t)*[Cre] *Vipr2*^{+/+} or *RORc(t)*[Cre]

Vipr2^{fl/fl} mice (male, 8 weeks old) that had been fed for two weeks during the dark-

phase. Samples were collected at ZT0 (12h fed). This cohort was composed of 3 pairs

of *RORc(t)*[Cre] *Vipr2*^{+/+} and *RORc(t)*[Cre] *Vipr2*^{fl/fl} littermates, housed in 3 different cages.

c, Phylogenetic profile of the microbiota composition in the ileal fecal material of

RORc(t)[Cre] *Vipr22*^{+/+} or *RORc(t)*[Cre] *Vipr2*^{fl/fl} mice after 12h of feeding. **d,** Weighted

Unifrac Principal coordinate analysis (PCoA) of 16S rRNA composition in fecal pellet of

the same mice described above from (*RORc(t)*[Cre] *Vipr2*^{+/+} or *RORc(t)*[Cre] *Vipr2*^{fl/fl} mice).

e, Phylogenetic profile of the microbiota composition in the fecal pellet of *RORc(t)*[Cre]

Vipr2^{+/+} or *RORc(t)*[Cre] *Vipr2*^{fl/fl} mice after 12h of feeding.

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Extended Data Figure 11. Feeding increase the efficiency of triglyceride

absorption. a, b, Plasma ^{3}H CPM (counts per minute) in mice fed or fasted for 12h

during the light-phase (ZT 0 – ZT 12, red and green circles) or during the dark-phase

(ZT 12 – ZT 0, blue and black circles) and then gavaged with ^{3}H-triolein and sampled at

different times (**a**); and AUC during 4h **(b)**. AUC: Area under the curve per mL of

plasma. N=4 mice per group, representative of two independent experiments, *$P < 0.05$

and ****$P < 0.001$ (two-way ANOVA). **c,** Weight of 10 littermate/cagemate pairs of

RORc(t)[Cre] *Vipr2*^{+/+} and *RORc(t)*[Cre] *Vipr2*^{fl/fl} mice under regular chow diet (male, 9 weeks

old). Representative of two independent experiments, **$P < 0.01$ (*t-test*). **d,** Weight

difference (%) between each *RORc(t)*[Cre] *Vipr2*^{fl/fl} mouse compared to its paired

$RORc(t)^{Cre} Vipr2^{+/+}$ littermate/cagemate. **e,f,** Graphical abstract **(e)** and theoretical

model **(f)** of the observations described created with BioRender.

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1036 **Supplementary Videos**

1037 **Supplementary Video 1.** 3D software reconstruction of Figure 1b showing the small intestine

1038 of $Rorc(t)^{EGFP/+}$ mice with a cluster of intestinal ILC3 (cryptopatch) in close proximity to enteric

1039 neurons. Pan-neuronal marker: $\beta3$-tubulin$^+$ (red), ILC3: GFP$^+$ (green, respectively).

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1041 **Supplementary Video 2.** 3D software reconstruction of Figure 1c from the small intestine of

1042 $Rorc(t)^{EGFP/+}$ mice showing ILC3 in the cryptopatch in close proximity to enteric neurons in the

1043 small intestine lamina propria. Pan-neuronal marker: $\beta3$-tubulin$^+$ (red), ILC3: GFP$^+$TCRβ^{neg}

1044 (green, respectively).

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Figure 1. Processes of VIP-producing enteric neurons are in close proximity to *Vipr2*-expressing ILC3 within cryptopatches. a, Heatmap of differentially expressed neural-related genes between intestinal CCR6+ ILC3 and CCR6neg ILC3 (Fold change ≥ 2, *p-value <0.05,* GSE116092). Color scale is based on normalized read counts. Genes are listed on the right hand margin ranked based on the relative fold change, and color coded: Green: Neurotransmitter/neuropeptide receptors, Blue: genes related to nervous system development/axonal guidance and contact. Expression in other ILC subsets is included for comparison. **b-d,** Representative confocal images from the small intestine of *RORc(t)*EGFP/+ mice show clusters of intestinal ILC3 (cryptopatch) in close proximity to enteric neurons in the small intestine lamina propria (see supplementary videos 1 and 2). Pan-neuronal marker: β3-tubulin+ (red), ILC3: GFP+TCRβneg (green and blue, respectively). n=4 mice, all the 110 ILC3 clusters analyzed exhibited β3-tubulin+ fibers interacting with ILC3. **e,** Neurochemical code of cryptopatch-associated enteric neurons. Representative confocal images from the small intestine of *RORc(t)*EGFP/+ mice show cryptopatch-associated enteric neurons are positive for VIP. Neurons: β3-tubulin+ (red), VIP+ (green); ILC3: GFP+ (blue). n=4 mice, 40 ILC3 clusters analyzed, with all displaying VIP+ β3-tubulin+ fibers interacting with ILC3.

Figure 2. VIPergic signaling promotes reduction of mucosal barrier function by VIPR2-dependent inhibition of CCR6⁺ ILC3. a, b, Representative FACS plot (**a**) and summaries (**b**) indicating IL-22 expression in purified CCR6⁺ ILC3 after *in vitro* IL-23 stimulation with/without VIPR2 agonist ligands. BAY: BAY-559837, VIP: vasoactive intestinal peptide. *$P<0.05$ and ***$P<0.001$ (*t-test*). Data are representative of three independent experiments. **c,** Number of IL-22⁺ CCR6⁺ ILC3 present in the ileum of *RORc(t)^{Cre}Vipr2$^{+/+}$* and *RORc(t)^{Cre} Vipr2$^{fl/f}$* mice. *RORc(t)^{Cre}Vipr2$^{+/+}$*: 8; *RORc(t)^{Cre} Vipr2$^{fl/f}$*: 6. Data are representative of 2 independent experiments, **$P<0.01$ (*t-test*). **d,** Normalized *RegIIIγ* mRNA expression in IEC-enriched ileal extracts from *RORc(t)^{Cre}Vipr2$^{+/+}$* and *RORc(t)^{Cre} Vipr2$^{fl/f}$* mice. *RORc(t)^{Cre}Vipr2$^{+/+}$*: 5; *RORc(t)^{Cre} Vipr2$^{fl/f}$*: 5. Data are representative of 3 independent experiments,***$P<0.001$ (*t-test*). **e-g,** Effect of VIPergic inhibition on ILC3 and IECs. Representative FACS plot (**e**) and summary (**f**) indicating IL-22 expression in CCR6⁺ ILC3 from the ileum of *Vip$^{IRES-Cre}$hM4Di$^{fl-stop-fl/+}$* mice (DREADD for VIPergic inhibition) at 24h following treatment with vehicle or CNO (Clozapine-N-oxide, DREADD ligand). Vehicle: n=5, CNO: n=5. **$P<0.01$ (*t-test*). Data representative of three independent experiments. **g,** Normalized *RegIIIγ* mRNA expression in ileal extracts enriched for IECs at 24h following treatment. Vehicle: n=3, CNO: n=3. *$P<0.05$ (*t-test*). Data representative of two independent experiments.

Continuation Figure 2. h-j, Effect of VIPergic activation on ILC3 and ileal extracts enriched for IECs. Representative FACS plot (**h**) and summaries (**i**) indicating IL-22 expression in CCR6$^+$ ILC3 from ileum of *Vip$^{IRES-Cre}$hM3Dq$^{fl-stop-fl/+}$* (DREADD for VIPergic activation) at 24h following the treatment with vehicle or CNO. Vehicle: 6, CNO: 7. ****$P<0.01$ (*t-test*). j,** Normalized *RegIIIγ* mRNA expression in ileal extracts enriched for IECs at 24h following treatment with vehicle or CNO. Vehicle: 7, CNO: 6. *$P<0.05$ (*t-test*). Data representative of three independent experiments. **k, l,** Dissemination of *C. rodentium* to the (**k**) spleen and (**l**) liver in *Vip$^{IRES-Cre}$hM3Dq$^{fl-stop-fl/+}$* mice treated with vehicle or CNO (1mg/Kg, daily) for 4 days post-intragastric infection with 2×10^9 CFU. Log$_{10}$ Colony Forming Units (CFU) of *C. rodentium* 9 days post-oral innoculation (9 d.p.i.). Dotted line: limit of detection. ***$P=0.0009$ and ****$P<0.0001$, (*Mann-Whitney test*). Vehicle: n=11 (Positive for *C. rodentium:* spleen: 6/11, liver: 8/11), CNO: n=9 (Positive for *C. rodentium:* spleen and liver: 9/9). Data representative of two independent experiments. **m,** Survival rates for *C. rodentium*-infected *Vip$^{IRES-Cre}$hM3Dq$^{fl-stop-fl/+}$* mice treated with vehicle or CNO (1mg/Kg, daily, 1-4 d.p.i.: blue rectangle). Vehicle: n=11, CNO: n=11. Data representative of three independent experiments. ****$P<0.0001$ (*Mantel-Cox test*). **n, o,** Bacterial dissemination to the (**n**) spleen and (**o**) liver of *Vip$^{IRES-Cre}$hM4Di$^{fl-stop-fl/+}$* mice treated with vehicle or CNO (1mg/Kg, daily, 1-4 days post-intragastric infection with 4×10^{10} CFU of *C. rodentium*). Log$_{10}$ CFU at 9 d.p.i. Dotted line: limit of detection. Vehicle: n=8 (Positive for *C. rodentium:* spleen: 8/8, liver: 8/8), CNO: n=7 (Positive for *C. rodentium:* spleen: 1/7, liver: 1/7). ***$P=0.0006$ (spleen) and ***$P=0.0005$ (liver) (*Mann-Whitney test*). Data representative of two independent experiments. **k,l,n,o**: For visualization in the logarithm scale, CFU counts of 0 were attributed a value of 1.

Figure 3. Feeding reduces IL-22 production by CCR6⁺ILC3 through activation of VIPergic neurons. a, b,
Representative FACS plot (**a**) and summaries (**b**) indicating IL-22 expression among CCR6⁺ ILC3 from the ileum
of mice at 6h after feeding or fasting, at ZT6 and ZT18. N=5, *P<0.05 (*t-test*). Data are representative of two
independent experiments. **c, d,** Representative FACS plot (**c**) and summaries (**d**) indicating IL-22 expression by
CCR6⁺ ILC3 from *RORc(t)^CreVipr2^+/+* or *RORc(t)^CreVipr2^fl/fl* mice at 6h after fasting or 6h after feeding (ZT 18).
**P<0.01 (*paired t-test*). Data shown are pooled from two independent experiments and representative of three
independent experiments. **e, f,** Representative FACS plot (**e**) and summaries (**f**) indicating IL-22 expression in
CCR6⁺ ILC3 from the ileum of *Vip^IRES-CreHM4Di^fl-stop-fl/+* mice (DREADD for VIPergic inhibition). Mice were treated
with vehicle or CNO (1mg/Kg) and 30 minutes later were fed by intragastric administration of saline (0.4 mL each
45 min, for 6 h) or Liquid Test Diet (500 mg/mL, 0.4mL each 45 minutes, for 6 h). N=4, **P<0.01 (*t-test*). Data
shown are representative of three independent experiments.

Figure 4. Dynamic regulation of commensal bacterial growth and lipid absorption by feeding-dependent modulation of the VIP-VIPR2-IL-22 axis. a, Normalized *RegIIIγ* mRNA expression in IECs from mice treated with IgG or α-IL-22 (10mg/Kg) during the feeding period (Fed for 12h: Treated from ZT 12->ZT 0) or during the fasting period (Fasted for 12h: Treated from ZT 0->ZT 12). Data pooled from 2 independent experiments: Fed IgG1: N=8, Fed α-IL-22: N=8, Fasted IgG1: N=8, Fasted α-IL-22: N=7, *P<0.05 and **P<0.01 (*t-test*). **b, c,** Representative scanning electron microscopy (SEM) images (**b**) of epithelium-associated commensal SFB in the ileum of mice 12h after fasting or feeding at the end of the dark-phase (ZT 0) and the light-phase (ZT 12) and (**c**) measurements of SFB filament lengths. N=3, data representative of 2 independent experiments, ****P<0.001 (*t-test*). **d,** SFB length in the ileum of mice treated with IgG or α-IL-22 (10mg/Kg) during the feeding period (Fed for 12h: ZT 12->ZT 0) or during the fasting period (Fast for 12h: ZT 0->ZT 12). N= 3, data representative of 2 independent experiments, ****P<0.001 (*t-test*). **e,f,** Representative (**e**) SEM images of epithelium-associated SFB in the ileum of *RORc(t)^Cre Vipr2^{+/+}* and *RORc(t)^Cre Vipr2^{fl/fl}* mice fed for 12h and (**f**) measurement of bacterial filament lengths. N= 3, ****P<0.001 (*t-test*). **g,** Normalized *Fabp2* mRNA expression in IEC-enriched ileal extracts from mice treated with IgG or α-IL-22 (10mg/Kg) during the fasting period (Fasted for 12h: Treated from ZT 0->ZT 12). Data representative of 3 independent experiments: Fed IgG1: N=8, Fed α-IL-22: N=8, Fast IgG1: N=8, Fed α-IL-22: N=7. *P<0.05 and ****P<0.0001 (t-student). **h,** Plasma ³H CPM (counts per minute) in 12h fasted mice after gavage with ³H-triolein (2uCi/mice in 200ul of 20% Intralipid). Mice were treated with IgG or α-IL-22 (10mg/Kg) during the fasting period (Fasted for 12h: Treated from ZT 0->ZT 12). Data representative of 2 independent experiments. N=4, ***P<0.001 (*two-way ANOVA*). **i, j,** Normalized *Fabp2* and *Cd36* mRNA expression in IEC-enriched ileal extracts from (**i**) and plasma triglyceride content (**j**) in 12h fed *RORc(t)^Cre Vipr2^{+/+}* (N=5) and *RORc(t)^Cre Vipr2^{fl/fl}* (N=4) mice. *P<0.05 and **P<0.01 (*t-test*). **k,** Plasma ³H CPM in 12h fed *RORc(t)^Cre Vipr2^{+/+}* (N=3) and *RORc(t)^Cre Vipr2^{fl/fl}* (N=3) mice after gavage with ³H-triolein. Data representative of 2 independent experiments, ***P<0.001, (*two-way ANOVA*). **l,** Plasma triglyceride content in *Vip^{IRES-Cre}hM4Di^{fl-stop-fl/+}* mice (DREADD for VIPergic inhibition) after gavage with Saline (0.4 mL/each 45 minutes, for 6 hours) or Liquid Test Diet (500 mg/mL, 0.4mL/each 45 minutes, for 6 hours). Vehicle: N=5, CNO: N=4. Data representative of 2 independent experiments, **P<0.01, (*t-test*).