1	Immunomodulatory activity of <i>Momordica charantia L. (Cucurbitaceae)</i> leaf diethyl ether
2	and methanol extracts on Salmonella typhi infected mice and LPS-induced phagocytic
3	activities of macrophages and neutrophils
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16 Short title: *Momordica charantia* and immune response against *Salmonella typhi*

17 Abstract

Infections due to salmonella strains constitute one of the major health problems in 18 humans, particularly in Africa. Use of traditional herbs has proven effective in reducing the 19 incidence of infection in some high-risk groups. To assess the effects of Momordica charantia 20 leaf extracts that influence blood infestation, in vitro study of the effect on macrophages and 21 neutrophils, and treatment of mouse model of S. typhi infection was done. Methanol and 22 diethyl ether extracts were concerned by this study. In vitro study was to assess the effects of 23 extracts on phagocytosis and related intracellular killing mechanisms of macrophages were 24 examined. Later, mobilization of leukocytes and production of antibodies against S. typhi 25 were measured followed by quantitating cultures evaluation of the blood infestation of orally 26 27 inoculated mice with S. thyphi. Ingestion or attachment of carbon particles, production of superoxide anion, nitric oxide and that of lysosomal acid phosphatase by macrophages and 28 neutrophils were significantly increased by methanol and diethyl extracts at concentrations 29 ranging from 40 µg/ml to 640 µg/ml. Antibody titer and mobilization of leukocytes, 30 particularly lymphocytes against S. typhi were highly increased by both methanol and diethyl 31 32 extracts at concentrations of 500 and 1000 mg/kg. In the same the extracts have reduced the rate of blood infestation in mice inoculated with 10⁸ CFU of S. typhi for 28 days. Reduction in 33 blood infestation rates was similar for levamisole mice group. Results of this study should 34 prove useful of leave of Momordica charantia for treatment of infections by salmonella 35 strains and for assessment of drugs for therapeutic intervention. 36

Keywords: Momordica charantia; Phagocytosis; antibody response; Leukocytes mobilization;
Salmonellosis

2

40 Background

The immune system has a fundamental role in protecting the body against pathogenic microbial agents ^[1]. Once activated, the immune system produces immediate response by the activation of immune component cells and production of various cytokines, chemokines and inflammatory mediators. In several conditions, the system is a target of a numerous drugs and herbs known as immunomodulators act by achieving immunostimulation (as in the treatment of AIDS) or achieving immunosuppression (e.g. the treatment of autoimmune disease) ^[2].

Salmonella infections are extremely common in the Cameroon. Frequently 47 48 asymptomatic, salmonellosis imposes costs upon the public sector, on industry, in particular the wholesale and retail food industry, and very importantly upon the infected person and 49 their family. Given both the wide distribution of Salmonella in foodstuffs and the frequency 50 of asymptomatic Salmonella carriage, it is difficult to envision how any restaurant might 51 prevent the occasional case of Salmonella transmission despite emphasis on hygienic 52 practices. Salmonella infection is therefore a risk of everyday life, especially for persons who 53 dine out frequently. As in all diseases, containment of Salmonella infection depends on an 54 intact T-lymphocyte system including macrophage function. Persons with impaired T-cell 55 function because of lymphoproliferative disorders, or immunosuppressive medication and 56 persons with disorders that cause "macrophage blockade" such as hemoglobinopathies, 57 malaria, schistosomiasis are well known to be persons at risk of serious consequences of 58 Salmonella infection. 59

60 Modulation of immune response to alleviate disease conditions has long been of 61 interest and increasingly recognized as a key component of effective disease control. Plant 62 extracts have been widely investigated in the recent time in different parts of the world for their possible immunomodulatory properties ^[3,4]. They are very helpful in prevention of
 infectious diseases, or acquired immunodeficiency ^[5].

65 Since most of the drugs currently available for treatment of salmonellosis are toxic, costly and no longer effective, attempts are being made in laboratories around the world to 66 discover new, safer, more cost effective and more potent molecules from medicinal plants 67 with an ethnomedical history. Many plant extracts with immunomodulatory activities can be 68 of great help in the control of bacterial infection notably salmonellosis. Plants such as 69 70 Caesalpinia bonducella Flem (Caesalpiniaceae), Rhododendron spiciferum Franch (Ericaceae), Curcuma longa Linn (Zingiberaceae), Azadiracta indica A., Juss (Meliaceae), 71 Boerhaavia diffussa Linn (Nyctaginaceae) and Ocimum sanctum Linn (Lamiaceae) among 72 others, are known to possess immunomodulatory activity [6]. 73

74 Momordica charantia L. (M. charantia), is known to have both immunosuppressive and immunostimulant activities ^[7]. Plant fruits were demonstrated to promote the phagocytic 75 activity, activation of splenocytes [8-12]. Several bioactive compounds of *M. charantia* fruit 76 77 have been recorded in the literature. They are classified as carbohydrates, proteins, lipids and more ^[13–15]. *M. charantia* contains triterpenoids ^[16–19], saponins ^[20–22], polypeptides ^[23], 78 flavonoids ^[24], alkaloids ^[23] and sterols ^[18]. Leave of *M. charantia* are used in Cameroonian 79 traditional medicine to treat typhoid. But, the biological activities and mode of action of the 80 plant extracts are poorly understood and may act directly or indirectly. 81

This work was therefore designed to study the immunomodulatory activity of methanol and diethyl ether extracts of *M. charantia* leave on *Salmonella typhi* infected mice and phagocytic cells with the aim of having a better understanding of the therapeutic of *M. charantia* against *salmonella* strains.

86 *Materials and methods*

87 *Reagents and chemical*

Various reagents and chemicals were used to prepare the extracts and for the assays. 88 They include 3- (4,5-dimetilthiazol-2-yl) -2.5-diphenyl tetrazolium bromide (MTT), Roswell 89 Park Memorial Institute (RPMI) medium, fetal bovine 90 serum (FBS). paranitrophenylphosphate (P-NPP), phosphate buffered saline (PBS), lipopolysaccharide (LPS), 91 penicillin-streptomycin (Pen-Strep), red (NR), sulfanilamide, 92 neutral naphthylethylenediamine dihydrochloride, dimethyl sulfoxide (DMSO), triton-100 and 93 nitroblue tetrazolium (NBT) whose were purchased from Sigma Chemical, Germany. 94 Methanol and diethyl ether used as solvents were obtained from Merck. 95

96 *Plant material*

97 Leave of *M. charantia* were collected in May 2018 from Mbui Division, North West
98 region, Cameroon. It was identified by Dr. TACHAM Walter, a botanist at Department of
99 Biological Sciences, University of Bamenda, Cameroon. The identification was authenticated
100 by the national herbarium in comparison with the collected material of Letouzey R6428,
101 where the voucher specimen is registered under the following number: Nº: 8095/REF/CAM.

102 Experimental animals

Adult male out-bred albino mice (10-12 weeks old; 18–25 g) were used for the study. They were obtained from National Veterinary Laboratory, Garoua, Cameroon where they were raised under constant temperature (25-27°C) and light (12 hours light/dark). The animals were taken to the animal house of the Department of Biological Sciences, where they were given standard rodent feed and water ad libitum.

108 Salmonella strain

Salmonella typhi was used for this study. It was isolated from clinically sick patients. 109 It was maintained in the Department by serial cultures in SDS medium. This organism was 110 grown on MacConkey's agar, containing 2% agar, at 37°C. For 18 hours and harvested into 111 sterile saline. The bacteria were washed three times in saline and finally suspended in 0.5% 112 formalinized saline. This suspension was incubated at 37°C to kill the organisms and then 113 tested for sterility. This sterile suspension constituted the stock antigen and was stored at 2° C. 114 115 The antigens for inoculation into mice or for the agglutination test were diluted from the stock antigen with sterile saline to a density of tube of McFarlands nephelometer (10⁹ organisms per 116 ml). 117

118 Preparation of plant extracts

Fresh leave of *M. charantia* were washed with distilled water and dried at 30 °C. The 119 dried leave were ground and weighed. Subsequently, the dried powder was extracted with 120 98% diethyl ether (ratio: 1:5) for 3 days at room temperature. The solvent-containing extract 121 was then filtered and the filtrate was evaporated using a rotary evaporator to provide the 122 diethyl ether extract (D-Extract). The residue was dried and extracted with 80% methanol 123 with a ratio of 1:6. The filtrate was evaporated to provide the methanol extract (M-Extract). 124 125 To further ensure that all the water was removed, the extracts were freeze dried using a dry ovum. The extract solutions were then prepared by dissolving 5 mg of extracts in the 0.25 ml 126 DMSO and diluting with PBS to be used in vitro and in vivo. 127

128 Ethical consideration and blood collection

Blood samples were collected from mice for experiment by cardiac puncture under anesthesia by mixture of Ketamine/Xylazine administered at 2 different doses (50 mg/kg–5 mg/kg), 0.1 ml/100g b.w. intraperitoneally. Animal studies were in compliance with the

ethical procedures of the Animal Use and Care Committee, Faculty of Sciences, University of
Bamenda, which corresponds with National Institutes of Health (NIH) guidelines ^[26].

134 *Cell preparation*

Total white blood cells were obtained by collecting the plasma from heparinized mice 135 blood and diluted in equal volume of RPMI-1640 medium. Cells were harvested after 2 136 successive washings by centrifugation (1800 rpm, 10 min) in medium. Peritoneal cells 137 (neutrophils and macrophages) using elicitation methods after an intraperitoneally injection of 138 fetal bovine serum ^[27]. Neutrophils (PNs) were isolated 21 hours after injection of FBS while 139 140 macrophages were harvested 3 days after injection of FBS. Ten millilitres of cold RPMI were 141 injected in the peritoneal and the exudate was collected in sterile assay tube by syringe. The exudates containing the cells were then centrifuged at 1200 rpm for 10 min at 4°C, and the 142 cells were washed twice and re-suspended in complete RPMI medium. Cells were counted 143 using a haemocytometer, and viability was assessed by trypan blue exclusion. Cell number 144 was therefore adjusted to the needed density. 145

146 Preparation of Carbon Particle Suspension

A stable suspension of carbon particles was obtained by suspending the ultra-fine carbon powder in complete RMPI 1640. Then, the mass concentration of carbon particles in suspension was quantified by measuring the optical density at 800 nm with a spectrophotometer. A linear relationship has shown between mass concentration of carbon particles and optical density (Fig. 1).

Fig. 1. Correlation between the concentration of suspended carbon particles and opticaldensity at 800 nm.

154 In vitro immunomodulation studies

155 *Cell Stimulation*

Neutrophils or macrophages were cultured with the extracts in 96-wells plate for then incubated at 37°C in a 5% CO₂ humidified atmosphere in RMPI 1640 medium with the extracts for final concentrations (20 to 640 μ g/ml) and LPS (4 μ g/ml). Cell cultured added into well containing LPS only and medium only were taken as positive and negative controls, respectively. All solutions used were ensured to be lipopolysaccharide-free, and all assays were performed in triplicate and under sterile conditions. The cells were stimulated as described for all the various assays.

163 Phagocytosis Assay

In order to examine whether extracts affect the phagocytic activity of macrophages 164 and neutrophils, carbon Particles were used as test particles in the studies of phagocytosis. A 165 modification of the method as described by Margot ^[28] was used for the assessment of 166 phagocytic function. Briefly, 1 ml of carbon particles in complete medium (25µg/ml) 167 containing the extracts was added to test tubes with and without $1.5 \ge 10^6$ peritoneal cells. The 168 samples were placed in a shaking water bath at 37°C for 12 h in order to obtain cells 169 (macrophages and neutrophils) with attached and ingested carbon particles. The tubes were 170 then centrifuged at 1000 tr/min for 15 min. The supernatants from the tubes with and without 171 cells were measured in the spectrophotometer and the difference in carbon particle 172 173 concentration was taken as a measure of attached and ingested particles.

174 Assay of Oxidative Metabolism

The oxidative metabolism was measured by using the ability of the produced superoxide to reduce yellow nitroblue tetrazolium (NBT) to blue formazan. The assay was done to scrutinize the production of superoxide anion which is proportionally to reduction of the NBT. The assay was performed as previously described ^[29] in macrophages and neutrophils (1.5×10^5 cells/mL) from three rats. After 48 h of incubation with or without extracts at 37°C in a 5% CO₂ humidified incubator, 50 µl of freshly prepared 1.5 mg/ml NBT dye solution was added. Then, the adherent phagocytes were rinsed vigorously after incubation for 60 min with RPMI medium and washed four times with methanol. After air drying, 2 M KOH and DMSO were added, and the absorbance was measured at 570 nm using a microplate reader.

185 Nitric Oxide Determination

Nitric oxide (NO) concentration was determined after 48 hours incubation with 186 187 samples in 96-well plates, NO levels in each well were identified using the Griess reagent according to a previous study ^[29]. After pre-incubation of macrophages or neutrophils (1.5 188 $\times 10^5$ cells/mL) with LPS (4 µg/mL) for 48 h, the quantity of nitrite in the culture medium was 189 measured as an indicator of NO production. Amounts of nitrite, a stable metabolite of NO, 190 were measured using Griess reagent (1% sulfanilamide and 0.1% naphthylethylenediamine 191 dihydrochloride in 2.5% phosphoric acid) in 100 µl of the supernatant. The supernatant was 192 mixed with equal volume of Griess reagent and the absorbance at 540 nm was measured in a 193 microplate reader after incubation for 30 min. 194

195 Acid Phosphatase Determination

Macrophages or neutrophils $(1.5 \times 10^5 \text{ cells/mL})$ were incubated with LPS (4 µg/mL). After the desired length of time (48 hours) of incubation, the culture media were removed. Plates were washed twice with PBS. The adherent cells were then lysed with 100 µl of cold lysis buffer (0.2% Triton X-100 in 0.05M acetate buffer pH 5.4) and sonication (the cell plates were placed on ice) for 30 minutes. Cell extracts (100 µL) were mixed with 100 µl of an assay mixture containing 20 µl glacial acetic acid, 6 mg/mL *P*-NPP, and 0.1 mol/L acetate

202 buffer (pH, 5.4). At 65 minutes, the reaction was stopped by the addition of 100 μ L 1 N

NaOH. The color was measured at 410 nm in a microplate reader. The activity of the extract

204 (% stimulation) was calculated using the absorbance of treated and untreated wells.

205 Expression of Percentage of stimulation

The assay was carried out in triplicates. The activity of extract was expressed as percentage of stimulation in each of the test well. The % of stimulation was calculated according to the following formula:

209 % of stimulation = $\frac{OD \ sample - OD \ control}{OD \ control} x \ 100\%.$

The OD control is the optical density of negative control and OD sample, the optical densityof sample.

212 In vivo immunomodulation studies

213 In vivo leucocytes mobilization

Leucocytes mobilization method as described by Ribeiro [30] was used with few 214 modifications to study the effect of the extracts on *in vivo* leucocytes migration induced by 215 216 inflammatory stimulus. Thirty adult male mice infected intraperitoneally with Salmonella typhi were divided into five groups of 6 each. On day 3 and 7 post infection, three groups 217 were given 250, 500 and 1000 mg/kg weight of extract, respectively by gavage. One of the 218 219 remaining groups has received 7.5 mg/kg body weight of Levamisole and the last group was left as a control. One hour later, each mouse received intraperitoneal injection of 0.5 mL of 220 3% agar suspension in normal saline. Four hours later, the mice were sacrificed under 221 anaesthesia and the peritoneum washed with 5 mL of phosphate buffer saline containing 0.5 222 mL of 10% EDTA. The peritoneal fluid was recovered and total leucocytes counts (TLC) 223

determined with haemocytometer and the differential cell count was determined bymicroscopic counting of Giemsa stained perfusate smear on glass slide.

226 Antibody Titrations

Salmonella typhi agglutinins were measured by an agglutination test using an antigen equivalent to 10⁹ organisms per ml and doubling dilutions of anti-sera starting as 1/10. The tests were incubated at 37°C for 12 hours, and then read. A second reading was made after a further incubation for 15 hours at room temperature. The titer of the serum was taken as the highest dilution in which definite agglutination was detected.

232 Infection model

Inoculum contained a dose of *S. typhi* (10^8 CFU in 1 ml of saline) was given to mice orally by gavage. Twenty seven days after inoculation, the animals were euthanized with diethyl ether and evaluated for blood infestation by *S. typhi*. Heparinized blood samples were obtained by tail vein puncture, and duplicate $100-\mu$ l aliquots were plated on SDS. The carriage rate was defined as the number of animals with ≥ 1 CFU divided by the total number of mice per group.

239 Data Analysis

Experiments were done in triplicate or quadruplicate. Experimental results are presented as mean ± standard deviation. Data analysis was performed by one-way analysis of variance test followed by Tukey's multiple comparison tests. Analysis was done using the program Graphpad Prism version 5.0. A P-value < 0.05 was considered statistically.

244 *Results*

245 *Carbon Particles uptake*

Table 1 shows a comparison of the percentage of carbon particles uptaken by 246 macrophages and neutrophils treated with M-Extract and D-Extract carbon particles. In all 247 samples, exposure to extracts increased ingested particles per peritoneal macrophages and 248 neutrophils, the accumulated attachment, and the ingested fraction. The values for all extract 249 concentrations (40, 160 and 640 µg/ml) were highly different compared to untreated 250 macrophages and neutrophils (P<0.05) showing that PNs and PMs have reduced the particles 251 put in presence. Respectively for PMs and PNs the reduced carbon particles was 11.84 and 252 $14.87 \mu g/10^6$ cells at concentrations 640 $\mu g/ml$. 253

Table. 1. Effect of methanol and diethyl ether extracts of *M. charantia* on the uptake of carbon particles by macrophages and neutrophils.

Samples	Methanol extract		Diethyl ether extract			
	% reduction of OD	$\mu g/10^6$ cells	% reduction of OD	μg/10 ⁶ cells		
Attached and Ingested particles per Macrophages Controls						
(-) control	31.87±1.54	5.31	31.87±1.54	5.31		
(+) control	52.99±1.154***	8.83	52.99±1.154***	8.83		
Extracts (µg/ml)						
40	a53.98±1.32***	8.99	^a 42.01±1.94***	7.00		
160	^b 70.81±1.12***	11.80	^b 57.25±1.66***	9.54		

640	c85.53±0.83***	14.25	°71.07±0.41***	11.54				
Attached an	Attached and Ingested particles per Neutrophils							
Controls	Controls							
(-) control	43.14±3.70	7.19	43.14±3.70	7.19				
(+) control	82.67±1.79***	13.77	82.67±1.79***	13.77				
Extracts (µg/ml)								
40	^a 85.63±0.14***	14.27	^a 83.08±0.97***	13.84				
160	^{ab} 87.51±0.92***	14.58	^{ab} 86.12±0.09***	14.35				
640	^b 90.46±0.98 ^{***}	15.07	^b 89.23±0.56 ^{***}	14.87				

Notes. Three samples in three mice were studied. The amounts of carbon taken up by the cells were estimated by measurements of optical density (OD) of the carbon particle suspension (25 µg/ml) without the (1.5x10⁶ cells/ml) were added and after the cells were removed by centrifugation. The asterisks indicate the significant difference relative to (-) control determined by Tukey's test ($p \le 0.05$). In the same column, the letters indicate the significant difference determined by Tukey's test ($p \le 0.05$).

262 *Superoxide anion production*

M. charantia through D-Extract and M-Extract increased NBT dye reduction relative to untreated cells of LPS-induced mouse neutrophils in a dose dependent fashion at concentration $\ge 320 \ \mu g/ml$ (Fig. 2). In detail, in presence of D-Extract, the % of stimulation of NBT dye reduction in neutrophils at concentration of 640 and 320 $\mu g/ml$ for 48 h was 68.48 ± 3.74%, 58.85 ± 3.23% and 46.52 ± 3.18% of LPS-control, respectively. With M-Extract at concentration of 640 and 320 µg/ml, the NBT dye reduction was $88.28\pm7.43\%$, $74.47 \pm 6.72\%$ and $50,00 \pm 9,08\%$ of LPS-control, respectively. A dose dependent increase of NBT dye reduction was also observed in macrophages. A significant increase was observed with D-Extract at 640 µg/ml where the % of stimulation was $45.83 \pm 13.88\%$ and $7.87 \pm 2.89\%$ for LPS-control. While, the incubation with M-Extract has resulted in augmentation of NBT reduction at 640, 320 and 150 µg/ml where the effect were $31.11 \pm 2.77\%$, $21.01 \pm 2.12\%$, $10.09 \pm 0.80\%$ and $6.01 \pm 0.80\%$ for LPS-control, respectively.

Fig. 2. Stimulatory properties of the diethyl ether extracts (D-extract) and methanol extract (M-extract) on superoxide anion production by lipopolysaccharide (LPS)-induced peritoneal mouse macrophages (M) and neutrophils (N). The histogram expressed the mean \pm SD (n = 4). The asterisks indicate the significant difference relative to LPS-control (4µg/ml) determined by Tukey's test (p≤0.05). The letters indicate the significant difference determined by Tukey's test (p≤0.05). SD and ND indicate respectively the significant difference and the absence of difference in the action of the two extracts determined by Tukey's test (p ≤ 0.05).

282 *Nitric oxide concentration*

The results of this study as presented in figure 3 demonstrated that M. charantia 283 through its D-extract and M-extract at various concentrations caused a significant increase of 284 285 NO production by both neutrophils and macrophages when compared with the LPS control (Fig.4). For the M-extract which has stimulated the NO production in macrophages only, the 286 detail of the production at concentrations of 640, 320, 150, 80, 40 and 20 µg/mL for 48 h were 287 $232.98 \pm 28.34\%$, $128.76 \pm 5.52\%$, $94.27 \pm 7.38\%$, $83.50 \pm 6.35\%$, $47.97 \pm 12.11\%$, $34.83 \pm 10.11\%$ 288 18.56% and respectively, compared to $89.32 \pm 1.84\%$ of the control group treated with media 289 only. On neutrophils, both D-extract and M-extract has promoted the production of NO (p < 290 0.05). In detail, the production of NO in LPS-induced neutrophils incubated with D-extract at 291

concentrations of 640, 320, 150, 80, 40 and 20 µg/mL for 48 h were 108.80 ± 1.40%, 84.70 ± 12.21%, $60.52 \pm 20.21\%$, $23.63 \pm 3.11\%$, $24.14 \pm 8.70\%$, $4.67 \pm 1.80\%$ and $37.58 \pm 3.89\%$ of the group treated with LPS only, respectively. The production of NO in LPS-induced neutrophils incubated with M-extract at the same concentrations were 297.91 ± 62.21%, 171.45 ± 39.42\%, 129.50 ± 27.07%, 79.37 ± 12.47%, 47.54 ± 14.51%, $36.03 \pm 19.06\%$ and $37.58 \pm 3.89\%$ of the group treated with LPS only, respectively.

Figure 3: Stimulatory properties of the diethyl ether extracts (D-extract) and methanol extract (M-extract) on nitric oxide production by lipopolysaccharide (LPS)-induced peritoneal mouse macrophages (M) and neutrophils (N). The histogram expressed the mean \pm SD (n = 4). The asterisks indicate the significant difference relative to LPS-control (4µg/ml) determined by Tukey's test (p ≤ 0.05). The letters indicate the significant difference determined by Tukey's test (p ≤ 0.05). SD indicates the significant difference in the action of the two extracts determined by Tukey's test (p ≤ 0.05).

305 *Acid phosphatase activity*

306 Acid phosphatase activity was measured in LPS-induced neutrophils and macrophages 307 after two days of incubation with the extracts. Our results showed that AcP activity, by with the presence of D-Extract and M-Extract was significantly increased in a dose-dependent 308 309 manner (Fig. 4). The 640 µg/mL extracts only showed significantly higher augmentation of AcP activity in neutrophils (p < 0.05). At 640 μ g / ml of D-Extract and M-Extract, the % of 310 stimulation was $63.28 \pm 6.53\%$, $59.90 \pm 6.03\%$ and $36.23 \pm 8.19\%$ for LPS-control, 311 respectively. Both the diethyl ether and methanol extracts showed significant augmentation 312 dose dependent of AcP activity in macrophages (p < 0.05). The percentage of stimulation in 313 314 LPS-induced macrophages incubated with D-extract at concentrations of 640, 320 and 150 μ g/mL were 328.99 ± 3.58%, 216.89 ± 2.15% and 194.64 ± 5.84% respectively. In cells 315

incubated with M-Extract at concentrations of 640, 320 and 150 μ g/mL the percentage of stimulation were 794.33 ± 79.26%, 568.19 ± 60.58%, 309.49 ± 32.46% and 134.15 ± 17.54% of the LPS-treated group value, respectively.

Stimulatory properties of the diethyl ether extracts (D-extract) and methanol 319 Figure 4: extract (M-extract) on acid phosphatase activity in lipopolysaccharide (LPS)-induced 320 peritoneal mouse macrophages (M) and neutrophils (N). The histogram expressed the mean \pm 321 SD (n = 4). The asterisks indicate the significant difference relative to LPS-control ($4\mu g/ml$) 322 323 determined by Tukey's test ($p \le 0.05$). The letters indicate the significant difference determined by Tukey's test ($p \le 0.05$). SD and ND indicate respectively the significant 324 difference and the absence of difference in the action of the two extracts determined by 325 Tukey's test ($p \le 0.05$). 326

327 Leucocytes mobilization

The effect of the extracts on in vivo leucocytes mobilization led to augmentation in 328 total leucocytes count. With M-extract, the concentrations 500 mg/kg and 1000 mg/kg 329 330 significantly increased the total leucocytes count from control group, with the effect higher than levamisole group. In differential leucocytes mobilization, all the tested doses 331 significantly increased the lymphocyte count, while monocyte count has been increased in 332 333 1000 mg/kg group. In contrast, the basophil and eosinophil of the extract treated group showed decrease in number when compared with the control group (Table 2). 334 Concentrations 500 mg/kg and 1000 mg/kg of D-extract also significantly increased the total 335 leucocytes count in concentration dependent manner compared to control group. In 336 differential leucocytes mobilization, all the tested doses significantly increased the 337 338 lymphocyte count. while, the basophil and eosinophil showed decrease in number when compared with the control group (Table 3). 339

16

		Extract		Levanisole	Control
	250 mg/kg	500 mg/kg	1000 mg/kg	7.5 mg/kg	-
TLC	1416,6±166,55a	1675,6±144,60**b	1981±461,18***b	1184,4±149,24	962,28±144,41
NEUT	318,35±147,30	391,04±167,52	462,40±132,83	283,69±75,77	445,53±197,16
	(22,09)	(22,95)	(23,44)	(23,82)	(45,68)
LYMPH	1069,60±146,38**a	1266,06±111,73***ab	1467,92±364,80***b	892,12±108,61*	477,33±153,21
	(75,88)	(75,97)	(73,85)	(75,47)	(50,186)
BASO	4,38±4,51	0,03±0,07**	0.00±0.00**	0,46±0,60**	10,11±6,24
	(0,29)	(0,00)	(0.00)	(0,04)	(1,07)
MONO	15,10±5,12a	1,22±1,14*b	30,95±7,59***c	1,64±0,94*	14,06±7,90
	(1,07)	(0,07)	1,61)	(0,13)	(1,50)
EOSIN	0,03±0,06	4,92±2,44	3,93±2,34	5,38±7,09	9,27±6,00
	(0,03)	(0,29)	(0,21)	(0,42)	(0,93)

Table 2. Effect of *M. charantia* leaf methanol extract on total and differential leucocytes mobilization (cells/ml) in mice

341 Mean \pm SD with different superscript letters are significantly different (p < 0.05).

		Extract			
_	250 (mg/kg)	500 (mg/kg)	1000 (mg/kg)	Levamisole	Control
TLC	1356±191.94ª	1515.8±311.80*a	1804.15±322.71***a	1151.32±172.10	962.28±134.41
Neutrophil	311.90±165.23ª	400.09±119.91ª	472.64±116.89 ^a	303.11±62.80	411.43±160.73
	(22.09)	(26.37)	(26.02)	(26.22)	(42.92)
Lymphocyte	1016.38±95.17**a	1102.57±243.62***a	1289.80±215.62***a	842.42±121.06*	504.96±170.48
	(75.88)	(72.78)	(71.65)	(73.28)	(52.33)
Basophil	4.27±4.49***a	$0.03{\pm}0.07^{***a}$	0.00***a	0.45±0.52***	15.51±4.04
	(0.29)	(0.00)	(0.00)	(0.04)	(1.60)
Monocyte	16.39±9.32ª	0.63±0.79***b	19.60±3.82ª	1.75±0.48***	20.23±4.72
	(1.2)	(0.04)	(1.08)	(0.15)	(2.10)
Eosinophil	0.40±0.91***a	4.81±1.68 ^b	5.29±0.95 ^b	0.20±0.46***	7.05±2.53
	(0.03)	(0.32)	(0.30)	(0.02)	(0.71)

342	Table 3. Effect of <i>M. charantia</i> leaf diethyl ether extract on total and di	ifferential leucocytes mobilization (cells/ml) in mice
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343 Mean \pm SD with different superscript letters are significantly different (p < 0.05).

344 Anti- Salmonella typhi antibody titers

Antibodies against Salmonella typhi were determined by HA technique. The results 345 showed that HA titers increased after treatment at day 14 and day 28 in animal. In the M-346 extract treated group, the primary antibody titers ranged from 160 to 640 (mean of 228 and 17 347 in the control group) at 500 mg/kg, whereas that of animal receiving 1000 mg/kg was from 348 320 to 1280 (mean of 1280). For this extract also an increase of antibodies at day 28 with a 349 mean of 1664 and 4096 at the doses of 500 and 1000 mg/kg, whereas that of the control group 350 351 was 44. An increase in antibody titers was also seen in levanisole treated group as well as at day 14 with a mean of 960 and 2304 at day 28 (Fig. 5). 352

Fig. 5: Effect of methanol extract on the antibody titre against *Salmonella typhi in mice*. The probability is the result of turkey test indicating the difference of the doses against control.

Besides, the results of this study in animals treated with D-extract, antibody titer against *S. typhi* was significantly increased in group receiving 1000 mg/kg with a mean of 168 at day 14. While at day 28, increase of antibody titer was seen in groups receiving the extract at 500 and 1000 mg/kg with means of 416 and 1152 respectively. HA titer means at day 14 and 28 were 18 and 448 in the levanisole treated group, whereas the means were 8 and 11 in the control group (Fig.6).

Fig. 6: Effect of diethyl ether extract on the antibody titre against *Salmonella typhi in mice*.
The probability is the result of turkey test indicating the difference of the doses against control.

364 *Effect on the blood infestation rate*

365 At the time of blood collection after three experiment carry out independently, the 366 percentage of mice having blood infested with ≥ 1 CFU of *S. typhi* in 500 and 1000 mg/kg

treated groups was significantly lower than that of control groups. The proportion of infected
animal was found to be 83.33% and 44.44% respectively for 500 and 1000 mg/g/kg against
94.44% for the control group. Levamisole also significantly decreased the proportion of mice
with infested blood (38.88%) compared to control group (Fig. 7).

- Fig. 7: Blood infestation of mice with *Salmonella typhi* following the extract doses. The *P*values derived from the statistical comparison of carriage rate from the groups of untreated or
- treated extract-treated mice are shown below the graph. A P < 0.05 was considered significant.

374 Discussion

Many studies have addressed the immunomodulatory activities of *M. charantia* but, 375 very little is known about phagocytic mechanisms and factors that influence blood infestation 376 by bacterial strain. Passage of Salmonella strain in the blood is a multifactorial process that 377 378 requires a variety of adaptive mechanisms, including adherence to host tissues, and host defenses. Identifying the immunotherapeutic factors of M. charantia that influence blood 379 infestation by this bacterium is a best way for the use of tis plant. We have studied the 380 381 phagocytic activity of the M-extract and D-extract of leaf of M. charantia in vitro in macrophages and neutrophils. Furthermore, we treated with extracts oral infected mice to 382 conclude about the role *M. charantia* leaf in treatment of salmonellosis as pretending the 383 384 traditional therapists in North West region of Cameroon.

It has been found that exposure of neutrophils and macrophages to M-Extract and D-Extract stimulates both their capacity to ingest foreign particles and their intracellular killing activities. This activity demonstrates an immunostimulation of phagocytosis ^[5,31]. After exposure to extracts neutrophils and macrophages were found to be more functionally, as shown by the release of oxygen radicals. The results follow the earlier studies exhibiting *in*

vivo and *in vitro* stimulatory effect of phagocytic activity by fruits of this plant ^[8-10].
Production of the reactive oxygen species (ROS) is known to be increased during infection
through activation of NADPH oxidase, therefore *M. charantia* leaf may be stimulated
synthesis or activation of NADPH oxidase.

Furthermore, it has been demonstrated that the extracts stimulate the production of nitric oxide. The role of this nitrogen reactive specie is well known during immune reactions $[^{32]}$, and its production by neutrophils and macrophages is a result of iNOS synthesis. The effect of *M. charantia* leaf extracts in salmonellosis may be also attributed to that reactive specie production.

Under circumstances as bacteria activation, neutrophils or macrophages synthesis acid
 phosphatase, what it has been seen in neutrophils and macrophages exposed to extracts. Thus,
 M. charantia leaf might contribute in elimination of bacteria by stimulating lysosomal
 enzymes synthesis.

The result of this present study indicated that the extract increased the total leucocytes 403 count of the perfusate when compared with the control group. Leucocytes migration is 404 important for the transport of immunological information between different compartments of 405 the immune system ^[33], suggesting that are stimulating the response to *S. typhi*. In addition, it 406 407 has been found that all the tested doses improved the lymphocyte count. These cells are more important in the production of immunomodulatory cytokines and production of antibodies. 408 Particularly, Th2 lymphocytes are direct leukocyte producing of IL-4, suggesting a prominent 409 410 role for these cells of the adaptive immune system in the biology of B cells notably production of immunoglobulins what can be attributed to *M. charantia* leaf extracts. 411

In the current study, the primary antibody titer was found to be high in extract-treated group for 1000 mg/kg. This effect of enhancement of the antibody production by the extracts may be associated with effect on lymphoid cells as demonstrated by high mobilization of

these cells. When the mice were sensitized with the bacteria, bacteria antigen was then taken 415 416 up by macrophages and was processed. When a T lymphocyte sees the processed antigens on the B cell, the T cell then stimulates the B cells to undergo repeated cell divisions, 417 enlargement and differentiation to form a clone of antibody secreted by plasma cells. Hence, 418 the antibody then binds to the antigen, making them easier to ingest by the white blood cells. 419 In the present study it has been demonstrated the secondary antibody has been increased 500 420 421 mg/kg and 1000 mg/kg treated-groups. This indicates enhanced responsiveness of macrophages, T and B lymphocytes involved in antibody synthesis by the extracts. 422

When S. typhi was given to mice, it has been found that the strain passes into blood 423 and multiply. Using the extracts to avoid this blood infestation in mice, it was found the 424 425 proportion of animal having bacterium in their blood decreases for certain concentration as it is for levamisole, a well-known immunostimulant drug. This experiment might be used as 426 proof of the possible immunotherapeutic impact of *M. charantia* leaf extracts against *S. typhi* 427 by simulating the phagocytic mechanisms or antibodies directed against such bacteria entering 428 429 into the bloodstream, both of which have proven to be successful in eliminating or preventing 430 blood from infection by microbes.

431 *Conclusion*

The result of the current study suggests that immunomodulation may be a key factor intherapeutic activity of extract of *Momordica charantia* leaf in treatment of salmonellosis.

434 Abbreviations

- 435 AcP = acid phosphatase
- 436 DMSO = dimethyl sulfoxide
- 437 FBS = fetal bovine serum,

- 438 LPS = lipopolysaccharide
- 439 MTT = 3 (4,5 dimetilthiazol 2 yl) 2.5 diphenyl tetrazolium bromide
- 440 NBT = nitroblue tetrazolium
- 441 NR = neutral red
- 442 OD = optical density
- 443 PBS = phosphate buffered saline
- 444 PM = peritoneal macrophages
- 445 *P*-NPP = para-nitrophenylphosphate
- 446 PN = Peritoneal neutrophils
- 447 RPMI = Roswell Park Memorial Institute
- 448 NO = Nitric oxide

449 Declarations

450 *Ethics approval*

All animal handling protocols were performed following the guidelines in the Department of Biological Sciences, Faculty of Science, University of Bamenda, Cameroon which followed the « Principles of Laboratory Animal Care » from NIH publication Nos 85-23 approved by the ethic committee of the Cameroon Ministry of Scientific Research and Technology which has adopted the guidelines established by the European Union on Animal Care and Experimentation (CEE Council 86/609).

- 457 *Consent for publication*
- 458 All authors have read and approved the publication of the manuscript.
- 459 *Availability of data and material*
- 460 Data and material are available on needs.

461 *Competing Interests*

462 The authors declare there are no competing interests.

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- 465 *Author Contributions*
- 466 **OM**: He performed the experiments, analyzed the data, wrote the paper, prepared
- 467 figures and/or tables, and reviewed drafts of the paper, principal investigator. HF: She
- 468 contributed analysis and experiments. TC and KA: They reviewed drafts of the paper.
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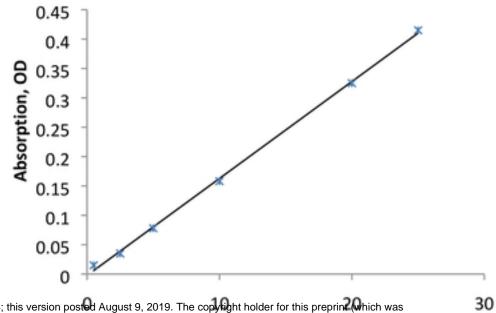
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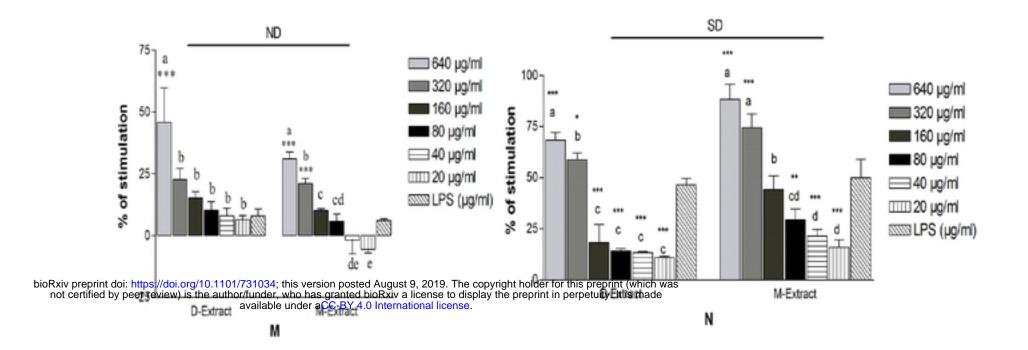
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Fig.1.

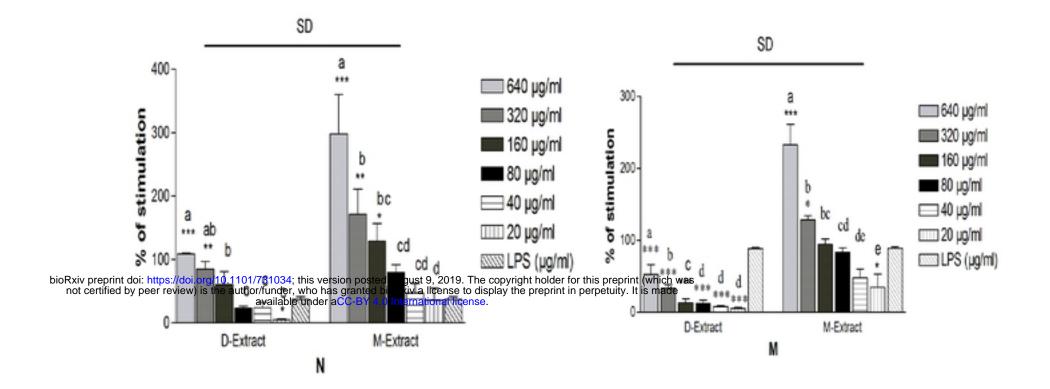


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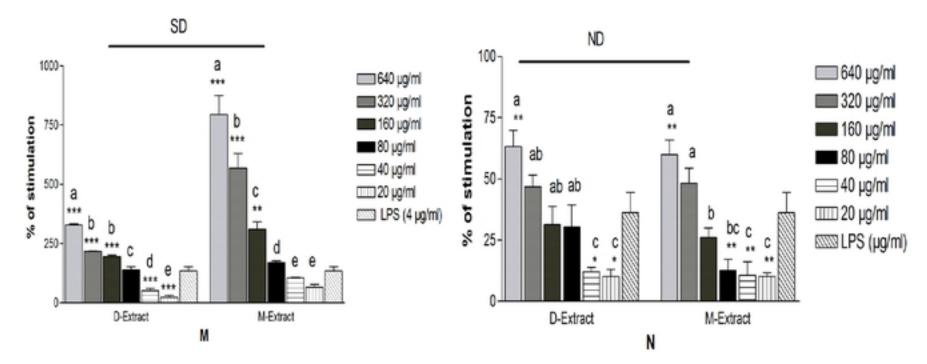
Fig.2.













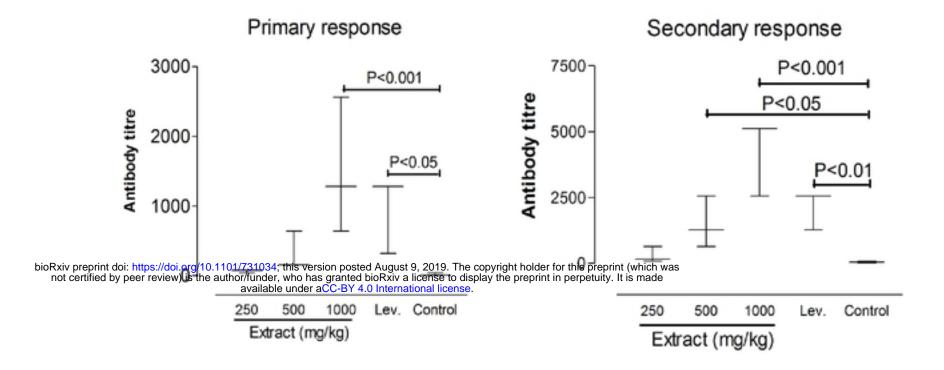
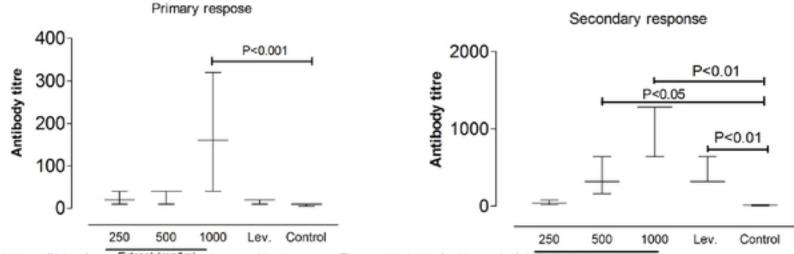


Fig.6.



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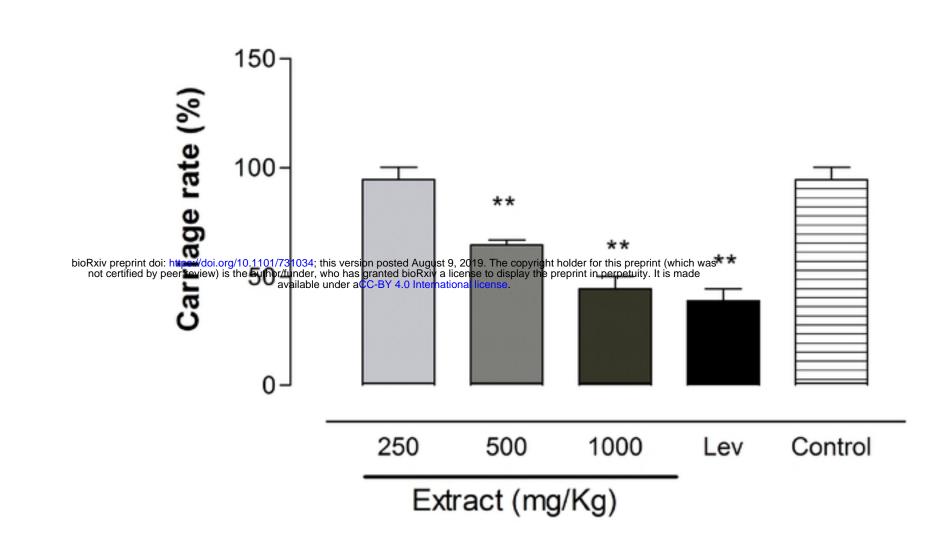


Fig.7.