Age-specific migration timing affects the energy seascape over an ecological barrier

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Abstract

Background: Soaring birds extract energy from the atmosphere to achieve energetically low-

cost movement. Species that fly over ecological barriers, such as open seas, need to adjust the

spatio-temporal patterns of their passage to extract the highest possible energy from the

atmosphere over the barrier. We introduce the concept of "energy seascapes" in migration of

terrestrial birds and test its application in autumn migration of European honey buzzards *Pernis*

apivorus over the Mediterranean Sea.

Methods: We used GPS-tracking data to identify the most important environmental variables

affecting the sea-crossing length in adult and juvenile honey buzzards. Then, considering this

variable as a proxy for available energy over the sea, using forty years of temperature data, we

constructed energy seascapes for two periods in autumn, corresponding to adult and juvenile

migration periods.

Results: We found temperature gradient over the sea to be an important determinant of sea-

crossing length and therefore constructed energy seascapes based on this variable. Our results

revealed a temporal variation in the energy seascapes, with higher energy available over the

sea when juveniles migrate.

Conclusions: This finding helps to explain how juvenile honey buzzards achieve a high survival

rate on their first autumn migration, even though they make much longer flights over the sea

than adults. Our approach to constructing energy seascapes was successful in showing that

dynamics of energy availability over ecological barriers affect the strategy that soaring birds

adopt to tackle them.

Keywords

Background

Flying animals have evolved to interact with and negotiate their highly dynamic atmospheric

environments and are selected for energetic efficiency. Almost all species extract energy from

the atmosphere by flying in suitable winds [1] or at least reduce energy expenditure by avoiding

headwind and adverse weather conditions [2]. Thermal soaring birds (hereafter soaring birds)

are the masters of extracting energy for flight by relying on uplifts [3], which are vertically rising

air currents that subsidize or entirely pay for their energetically inexpensive soaring flights [4, 5].

To understand the energetic costs of moving through the environment for soaring birds,

"energy landscapes" [6, 7] can be defined as a function of uplift potential and wind conditions.

Optimal migration routes would therefore minimize the cost of transport by maximizing the

availability of energetic subsidies over the landscape, where wind is supportive [8, 9] and

topography, vegetation, and the general atmospheric conditions, allow for strong uplift

formation [3, 10, 11].

Assuming that migratory birds follow an energy-minimizing movement strategy, they should

circumnavigate areas of high cost of transport, or exploit conditions when having to cross them,

that allow maximum energy saving. Open seas and oceans are energetically costly to cross for

soaring birds, and are therefore ecological barriers [12-14]. Landing over sea surface is not

possible for these birds. Moreover, water surfaces, being generally colder than the air above

them during the day, produce subsidence that can drag down the birds. Such low, or negative,

uplift potential requires the birds to sustain long bouts of flapping flight over open water. While

their large wing areas compared to body mass makes soaring birds perfectly adapted to extract

energy from uplifts, flapping flight, precisely because of the large wings, represents an overly

expensive task for these species [15, 16]. Consequently, the ability to undertake considerable

water-crossing, for instance in the Eleonora's flacon *Falco eleonorae* or the Osprey *Pandion*

haliaetus, is reflected in morphological adaptations [13, 17]. That is, as so called facultative

soaring birds, these species boast less wing area for their weight, making them less reliant on

uplifts and allowing for flapping flight to be less energetically expensive. In addition to

morphology, most cases of water-crossing by soaring birds are associated with suitable

atmospheric support, mostly in the form of supportive wind [8, 14, 18, 19], but more recently

has been shown to be also in the form of updrafts [17, 20].

In some species, different demographic groups have varying propensities to cross the open sea.

European honey buzzards *Pernis apivorus* are an extreme case of age-dependent migratory

behaviour among soaring birds. Adults almost exclusively migrate over land, while subadults

regularly and very widely cross the Mediterranean Sea. The two age groups have little

morphological differences that cannot account for the performance differences. In addition, the

sea-crossing does not lead to higher mortality in subadults [21] and it seems that this age-

specific behaviour is characteristic for the species [14, 22]. The two age groups also migrate at

different times. Juveniles on their first autumn migration from northern European breeding

grounds to sub-Saharan African wintering grounds start migration about two weeks later than

adults, with no access to social information to learn the optimal migration routes.

We believe that there might be a hitherto overlooked facet to energy extraction from the

atmosphere over open seas that can be explained by taking into account the temporal

dynamics in energy availability. We introduce the concept of "energy seascapes" in migration of

terrestrial birds, which we define as energy availability over the sea, and test its application in

understanding the causes of the age-specific sea-crossing strategies adopted by the European

honey buzzard.

Methods

Tracking data

We used GPS-tracking data collected for autumn migration of honey buzzards breeding in

Finland. Data included complete autumn journeys for 22 juveniles [21] on their first autumn

migration over 2011-2013 and nine adult birds of unknown age over 2011-2016 (Additional file

1). We had data over 2-5 years for the adults, totalling 29 complete tracks (Fig. S1). The amount

and type of data varied among tags depending on the devices and programming schedule (see

[21] and Additional file 1), but all data was resampled to hourly or larger intervals due to gaps in

data or lower measurement resolution (e.g. at night and in the tropical forest).

For the purpose of this study, we extracted sections of the tracks that overlapped with the

Mediterranean Sea. To prevent over-dispersion in our analyses, we removed tracks with shorter

water-crossing lengths than the 10% quantile of the lengths of all water-crossing tracks (415.18

km). These tracks (Figs. 1 & Additional file 2) corresponded to journeys of adult birds that

clearly avoided the Mediterranean Sea by flying through the strait of Gibraltar (n = 2) or the

eastern flyway (n = 3).

Track annotation

Each sea-crossing track was annotated with temporal and environmental variables. We

calculated the length of the sea-crossing track (including islands) and the Julian date of first

encountering the Mediterranean Sea (hereafter date of arrival at sea). Every sea-crossing track

(excluding islands) was interpolated with regular points 500 m apart and annotated using the

Env-Data track annotation service of Movebank [23]. For each point, eastward (u) and

northward (v) components of the wind (m/s) at 925 hPa pressure level, sea surface

temperature (K), and temperature at 2-m above ground (K) were obtained with 0.7° resolution

(all from European Centre for Medium-Range Weather Forecast; ECMWF). We selected bilinear

and nearest-neighbour interpolation methods for wind and temperature, respectively. For each

sea-crossing track, we calculated wind support (wind parallel to flight direction) and crosswind

(wind perpendicular to flight direction) from one point to the next and calculated averages for

each track. Average crosswind was calculated as the mean of absolute values along each track,

as we were not interested in the direction of crosswind, but its overall strength. For each point,

we calculated temperature gradient (ΔT) as the difference between sea surface temperature

and temperature at 2 m above ground and averaged all ΔT values along each track. We did not

convert the unit of temperature variables from K to °C, because the two units have the same

magnitude. Hence, ΔT values that we calculated can be interpreted in either unit. We used ΔT

as an indicator of uplift potential over water. Positive values of ΔT (i.e. warmer sea than air)

indicate upward moving air and correspond to higher uplift potential (see [17]), while negative

values indicate subsidence.

Statistical analysis

To understand whether atmospheric conditions facilitate sea-crossing, we investigated the

distance of sea-crossing (i.e. length of the sea-crossing tracks) as a function of wind support,

cross-wind, and ΔT along the track, as well as date of arrival at sea. The data was analysed using

a linear model with a random effect for year. We did not include a random effect of individuals,

because we did not have repeated tracks for most of them. Age group was also not included,

because of its high correlation with date of arrival at sea (i.e. all adults arrived at sea earlier

than juveniles). All fixed effects were checked for multi-collinearity and were z-transformed to

ensure comparability of effect sizes. Due to the small sample size (n = 46), we kept the model

simple by estimating a small number of parameters using the data and including no interaction

terms. We built separate models for wind (Model A) and ΔT (Model B), and a model combining

the variables with highest effect sizes in the previous two models (Model C). Models were

compared based on the amount of variation that they explained.

We then constructed energy seascapes using the most influential variable in our linear model.

To further investigate the temporal and spatial dynamics of energy seascapes, we predicted this

variable as a function of latitude, longitude, and time, in a generalized additive model (GAM;

[24]). To do this, we obtained the relevant atmospheric data for the Mediterranean Sea for

autumn (August- October) from ECMWF ERA-Interim reanalysis archive

(*https://www.ecmwf.int/en/forecasts/datasets/reanalysis-datasets/era-interim*) for all the

years for which data was available (1979-2018). We included a two-dimensional smoothing

term for latitude and longitude and a one-dimensional smoothing term for Julian date using

penalized regression splines. ERA-Interim data are provided for every six hours. We therefore

included time of the day (00:00, 06:00, 12:00, and 18:00 UTC) as a factor variable to investigate

sub-daily patterns of variation in uplift potential. We used the mgcv package [25] for building

the GAM and used a generalized cross validation criterion to estimate the best smoothing

parameter. To produce energy seascape maps, we used the model to make predictions for two

time periods corresponding to juvenile (Sep. 25-Oct. 23) and adult (Aug 30-Oct. 4) migration

over the sea. This data was a subset of the 40-year dataset that was used to build the model. To

create smooth maps, we spatially interpolated the output raster layers to 1-km resolution.

Results

We identified temperature gradient (i.e. a proxy for uplift potential) as the most important

atmospheric variable contributing to sea-crossing. Our best model (i.e. with the highest

deviance explained; model C) showed that increasing temperature gradient (warmer sea

surface temperature than air) can explain higher sea-crossing distance in migrating honey

buzzards. We also found a considerable effect of crosswind and date of arrival at sea (Table 1).

Temperature gradient was then used in a GAM to construct energy seascapes. The importance

of timing and temperature gradient over the sea during the migration of juveniles was

confirmed by the results of this analysis (Table 2; Fig. 3). These results showed that as the

autumn migration season progresses, temperature gradient over the sea rises (Figs. 1 & 2).

Energy seascape maps over the Mediterranean Sea showed that, earlier in autumn, when

adults encounter the sea, sea surface is colder than the air above it, causing subsidence (Fig. 1a).

Later in the season, however, warmer sea surface compared to the air above it produces more

uplift potential (Fig. 1b). For both time periods, the spatial pattern of temperature gradient

over the sea shows higher subsidence in the Alboran Sea (i.e. between the Iberian Peninsula

and north-western Africa) and parts of the Aegean Sea (i.e. the eastern coast of the Anatolian

Peninsula), while the Adriatic Sea (separating the Balkan and Italian Peninsulas) and the Balearic

Sea (separating north-eastern coast of Spain and the Balearic Islands) have higher uplift

potential than other regions.

The model also showed a difference in temperature gradient at different times of the day

(Table 2), with midnight having the highest temperature gradient, followed by 6:00 and 18:00.

The only time of day with a negative average temperature gradient was noon.

Discussion

We found that intra-specific differences in the propensity to cross the open sea in honey

buzzards is related to the temporal dynamics in the energy seascape. We derived the energy

seascapes using temperature gradient, a proxy for uplift potential [17], which represented the

most important source of variation in the length of migration trajectories over the sea.

Observations of adult European honey buzzards that cross the Mediterranean Sea at long

stretches suggest that they do so in favourable wind [26], particularly when soaring flight over

land is hampered by unsuitable conditions [14]. Our results did not show a high importance of

wind support, however. This can be due to the fact that both age groups crossed the sea with

moderate wind support (Fig. 3).

Dynamic energy seascapes that we constructed showed an increase in uplift potential over the

Mediterranean Sea as autumn progresses. This translates into higher uplift potential later in the

season when juveniles are migrating, indicating that following a migration route with long sea-

crossing might not be energetically expensive for them. The consistency of this pattern, at least

over the forty years of data that we analysed, suggests that this could be a contributing factor

to the high survival of juvenile honey buzzards flying over the Mediterranean Sea on their first

autumn journey [21]. We do not interpret these findings as the reason for later departure in

juveniles. In fact, later migration onset is likely be related to the time required for the

development of juveniles to become capable of migration.

Considering that uplift potential is lower earlier in autumn when adults migrate, a question that

arises is why do adults not migrate later to save energy over the sea too. One potential answer

could be related to carry-over effects that a delay in autumn migration could have on the later

stages of their life-cycle, as reproductively active part of the population, and requires further

research. Moreover, being more experienced at soaring flight and orientation [21, 27], adults

are likely to be better able to track routes that maximize the availability of energetic subsidies

over the landscape, for example by detouring the sea or crossing at narrower stretches of water.

Schmid [28] (cited in [22]) proposed that adult European honey buzzards start migration early

to benefit from soaring conditions along overland routes. They argue that by the time juveniles

migrate, soaring conditions overland are already too poor to make a detour energetically

beneficial for juveniles [28].

Our results also indicated that energy availability over the sea is highest at midnight and early

hours of the day. This is the opposite of what is observed over land, where thermals are

stronger during the day, and emphasizes how radically different the atmosphere functions

between these environments. Honey buzzards usually migrate at mid-day to benefit from

strong thermals over land, as our tracking data also show (Fig. 4). Regardless of the time of day,

the relationship between temperature gradient and Julian date is positive. This suggests that

birds crossing the sea at any time during the day still benefit from less subsidence and higher

potential uplift later in the season. Moreover, this finding contributes to our understanding of

why facultative soaring raptors can engage in sea-crossing at night (e.g. [17, 29]).

The energy seascapes that we constructed can be informative for gaining insight into the

energetic subsidies available over an ecological barrier. Our results showed that tackling an

ecological barrier, such as the Mediterranean Sea, is not only dependent on the morphological

characteristics of the birds [13], but also on the specific environmental conditions that

determine energy availability when the birds encounter these regions. The importance of the

atmospheric environment in sea-crossing behaviour of soaring birds is also shown by Nourani,

Yamaguchi [18]. They used high-resolution horizontal and vertical wind data to investigate the

suitability of migration over the East China Sea region for Oriental honey buzzards *P.*

ptilorhynchus. They showed that by migrating over the sea in autumn, birds can subsidize their

migration with wind support, while in the absence of supporting wind in spring, detouring the

ecological barrier and following a route over land is more suitable [18]. Seasonal detours are

also observed over the Sahara Desert, an ecological barrier for Afro-Palearctic migrants. This

has been related to the seasonality of wind conditions [30], but to our knowledge, previous

studies have not constructed energy landscapes to investigate the energetic costs of adopting

alternative routes.

To better understand how different strategies of tackling ecological barriers contribute to the

total costs of migration, it would be necessary to investigate the energy landscapes of migration

over both land and sea. It is difficult to construct such energy landscapes using atmospheric

variables, as these are not consistent over both land and sea. For example, although it is

possible to calculate temperature gradient over land, it would not be a suitable proxy for uplift

formation as variations in topography and other substrate and superstrate conditions affect

uplift formation. Variables such as thermal and orographic uplift [3] can be calculated for land

surfaces but not for the sea.

An alternative approach to constructing energy landscapes that would be consistent over both

land and sea is to use a proxy for activity-related metabolic rate of the birds to quantify energy

expenditure [7]. Such information can be collected using heart-rate loggers or tri-axial

accelerometers [31] and would also provide means of making inter- and intra-specific

comparisons in energy extraction from the atmosphere over open seas and oceans.

We suggest future studies quantify energy landscapes over ecological barriers and over

alternative routes detouring them. This will lead to a better understanding of the energetic

trade-offs associated with different strategies of responding to the barrier. In the case of the

European honey buzzard, for example, constructing energy landscapes before arrival at sea as

well as over the sea would lead to better understanding of the decision-making process that

each individual goes through in selecting a strategy to respond to this ecological barrier.

Conclusions

Our findings showed that the dynamics of energy seascape encountered by soaring birds affect

their propensity to cross the sea. Energy seascapes constructed for the two time periods

corresponding to adult and juvenile honey buzzard migration suggested that temporal variation

in the energy seascapes makes oversea flight less energetically costly for juveniles than adults.

This finding helps to explain how juvenile honey buzzards achieve a high survival rate on their

first autumn migration, even though they make much longer flights over the sea than adults.

Declarations

Ethics approval and consent to participate

Capturing of the birds was done under a ringing permit (permit 2604) issued by the Finnish

Museum of Natural History. Attachment of tracking devices was permitted under the following

licences issued by Finnish authorities: EPOELY/135/07.01.2013, ESAVI/2195/04.10.07/2014,

PIRELY/49/07.01/2013, VARELY/73/07.01/2013, VARELY/215/2015.

Consent for publication

Not applicable

Availability of data and materials

The datasets supporting the conclusions of this article are available in [21] (for juvenile birds)

and Movebank repository (*movebank.org*) under study name *"Pernis_apivorus_Byholm*

_Finland" (for adult birds).

Competing interests

The authors have no competing interests.

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Authors' contributions

EN conceived the study, analysed the data, and drafted the manuscript. KS and WMGV

provided input and discussion on data analysis, interpretation of results, and manuscript

preparation. PB collected the data and provided comments on the manuscript. All authors

revised the manuscript and gave final approval for publication and agree to be held accountable

for the work performed therein.

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Additional files

Additional file 1. Metadata of bio-logging data for adult honey buzzards *Pernis apivorus*

breeding in Finland.

Additional file 2. Autumn migration tracks for honey buzzards *Pernis apivorus* breeding in

Finland. Dotted lines represent tracks that were not included in the linear model (see Methods

for more information).

Figure legends

Figure 1. Energy seascapes constructed by predicting temperature gradient (delta T; °C) over

the Mediterranean Sea for the period of honey buzzard autumn migration for a) adults (Aug 30-

Oct. 4) and b) juveniles (Sep. 25-Oct. 23) over the sea. The dashed lines in each figure show

autumn migration tracks for the corresponding age group. The dotted lines in (a) correspond to

migration tracks removed from the linear model analysis (For complete migration tracks within

the flyway, see Additional file 2).

Figure 2. Smooth term showing the relationship between temperature gradient (delta T) and

Julian Date over the Mediterranean Sea. The pink and blue shaded areas corresponds to the

periods of adult and juvenile migration over the sea, respectively.

Figure 3. Density distribution of average wind support (m/s), crosswind (m/s), and temperature

gradient (delta T; °C) along the sea-crossing tracks of juvenile and adult European honey

buzzards *Pernis apivorus*. Average values are calculated for interpolated tracks (500 m intervals;

see Methods for more information).

Figure 4. Hourly distribution of autumn migration tracking points of European honey buzzards

Pernis apivorus over the Mediterranean Sea. Tracks that do not show considerable water-

crossing are not included (see Methods for more information).

Tables

Table 1. Results of linear modelling with a random effect for year. Distance of sea-crossing over

the Mediterranean Sea was investigated as a function of wind support, crosswind, temperature

gradient, and date of arrival at sea.

Model	Coefficients (SE)					Random effects	AIC	Adjusted R^2
	Intercept	Wind support	Crosswind	ΔT	Julian date			
A	805.69 (33.69)	2.21 (26.88)	58.82 (26.01)	-	51.04 (26.81)	Year[1]	576.21	0.20
B	806.36 (31.96)	-	-	71.61 (26.39)	30.17 (27.32)	Year[2]	580.98	0.23
C	803.58 (28.66)	-	56.77 (23.30)	69.22 (25.01)	20.44 (25.96)	Year[3]	569.20	0.33

[1]Between-year standard deviation: 49.82; residual standard deviation: 162.90

[2]Between-year standard deviation: 46.15; residual standard deviation: 158.50

[3]Between-year standard deviation: 37.75; residual standard deviation: 150.93

Table 2. Results of generalized additive model predicting temperature gradient as a function of

longitude, latitude, Julian date, and hour. The model includes a 2-dimensional smooth term for

longitude and latitude, a smooth term for Julian date, and a parametric term for hour as a

factor.

Intercept (SE)	Parametric terms		Smooth terms				Adjusted R^2
	Term	Coefficient (SE)	Term	Effective df	F	P-value	
	Hour 6	-0.40 (0.002)	S(lon,lat)	29.00	20841	< 0.001	
2.10 (0.001)	Hour 12	-3.43 (0.002)	S(Julian date)	9.00	197352	< 0.001	0.50
	Hour 18	-1.43 (0.002)					

a)

45.00 N

35.00 N

b)

45.00 N

35.00 N

0.00   20.00 E   40.00 E

delta T

3.5

1.5

−0.5