

Effect of testosterone on antler growth

1 **Effect of Testosterone on Antler Growth in Male Sambar Deer (*Rusaunicolor unicolor*) in**  
2 **Horton Plains National Park, Sri Lanka.**

3 D. S. Weerasekera<sup>1\*</sup>, N. L. Rathnasekara<sup>2</sup>, D.K.K. Nanayakkara<sup>3</sup>, H.M.S.S. Herath<sup>3</sup>, S.J.  
4 Perera<sup>4</sup>, K.B. Ranawana<sup>5</sup>

5 <sup>1</sup> Postgraduate Institute of Science, University of Peradeniya, Sri Lanka.

6 <sup>2</sup> Epsilon Crest Research, 6/6.67 Ward place, Colombo 07, Sri Lanka

7 <sup>3</sup> Nuclear Medicine Unit, Faculty of Medicine, University of Peradeniya, Peradeniya, Sri Lanka.

8 <sup>4</sup> Department of Natural Recourses, Sabaragamuwa University, Sri Lanka.

9 <sup>5</sup> Department of Zoology, Faculty of Science, University of Peradeniya, Peradeniya, Sri Lanka.

10 \*Author for Correspondence ([danushw2@gmail.com](mailto:danushw2@gmail.com))

11 **SUMMARY STATEMENT**

12 Testosterone concentration in fecal pellets of antler phases of male sambar deer in Horton plains National  
13 park, Sri Lanka evaluated by Radioimmunoassay kit. The results obtained in this study were agreement  
14 with identical research work carried out in other deer species with temperate ancestry.

15 **ABSTRACT**

16 This study establishes the relationship between testosterone concentration with the different antler phases  
17 in male sambar deer (*Rusa unicolor*) inhabiting the Horton plains National Park, Sri Lanka (HPNP). Antler  
18 growth of sambar was categorized into seven phases; Cast (C), Growing single spike (GS), Growing into a  
19 Y as first tine appears (GIY), Growing Velvet begins to harden as third appears (GVT), Growth completed  
20 - velvet shedding begins (VS), Hard antler (HA), Casting (CT) based on phenotypic observations. The  
21 fecal samples were collected from 10 male sambar deer in each different phases of the antler growth cycle.  
22 Fecal testosterone level was estimated using radioimmunoassay (RIA). The results disclose that the dry  
23 feces of sambar deer in hard antler phase have a highest mean testosterone concentration of  $18.52 \pm 01.87$   
24  $\text{ng g}^{-1}$ . In the GVT phase the mean testosterone concentration was  $09.50 \pm 2.01 \text{ng g}^{-1}$ , while in the VS phase  
25 the mean testosterone concentration increased to  $14 \pm 01.89 \text{ng g}^{-1}$ . The study also reveals a declination of  
26 the testosterone concentration ( $06.80 \pm 01.20 \text{ng g}^{-1}$ ) in CS phase. The C phase had a mean testosterone  
27 concentration of  $05.52 \pm 0.84 \text{ng g}^{-1}$ . The fecal testosterone levels of the male sambar deer in HPNP changes  
28 according to the phase of the antler cycle.

29 **Key words:** Sambar deer, Antler cycle, Testosterone

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## INTRODUCTION

35 Sambar (*Rusa unicolor*) is the most widely spread deer in Asian continent (Chang et al., 2018;  
36 Chellappandian et al., 2014; Forsyth et al., 2014; Li, Ba, & Yang, 2016; Lin, Pei, Wang, & Liu, 2014; Oria  
37 et al., 2015; Radhakrishnan et al., 2012; Somma, Moura, Lange, Medeiros, & Montiani-Ferreira, 2016), that  
38 range from Sri Lanka (Rajapaksha, Thilakaratne, Chandrasiri, & Niroshan, 2002), India (Ajith Kumar et al.,  
39 2018; Pothana, Devi, & Goel, 2017), Southern Nepal (Thapa & Kelly, 2017), Burma (Gupta et al.,  
40 2018), throughout Southern China (Lin et al., 2014) and in South-Eastern Asia to the Pacific Coast and the  
41 islands of Borneo and Hainan (Ajith Kumar et al., 2018; Bhattacharjee & Franzmann, 1986; Brodie et al.,  
42 2015; Brodie, Helmy, Brockelman, & Maron, 2009; Hoogstraal & Wassef, 1982; Ismail & Jiwan, 2015;  
43 Jerrett, Slee, & Robertson, 1990). For the family Cervidae, most of the knowledge on reproductive biology  
44 has been originated from studies of temperate species that exhibit a distinct seasonal cycle of reproductive  
45 behavior and antler growth in males (Bhattacharjee & Franzmann, 1986; Chan, Tsai, Chen, Tung, & Chang,  
46 2009; Lin et al., 2014; Muir et al., 1997; Vongpralub et al., 2015). Studies on Reproductive Biology and the  
47 Antler Cycle conducted in tropical regions are rare.

48 Antlers are growing from the skull only in male deer, with a solid calcified core and are unique in that.  
49 They go through an annual cycle of rapid growth in preparation for the rutting season and are casted after  
50 the season (Munk, Garrison, Clemons, & Keel, 2015). They are casted and regrown from a blastema  
51 annually into three branched structures of cartilage and bone that are used for sparring and attraction in adult  
52 sambar deer (Dahlan & Dawend, 2013; Lin et al., 2014).

53 Reproductive steroid levels contribute to reproduction of animals (Washburn et al., 2004). Hormonal levels  
54 can be estimated in animals by using plasma or fecal matter (Chen et al., 2018; Quispe, Yohannes, & Gahr,  
55 2018). Estimating the hormone levels using fecal steroid assays provide a non-invasive method and have  
56 the capacity to develop long-term means of determining adrenocortical, testicular hormones in many  
57 vertebrate taxa (Spratt, Spratt, Bauman, & Chandler, 2018). Today the animal behavioral changes are  
58 possible to relate with changes in physiological processes (Dahlan & Dawend, 2013).

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## MATERIALS AND METHODS

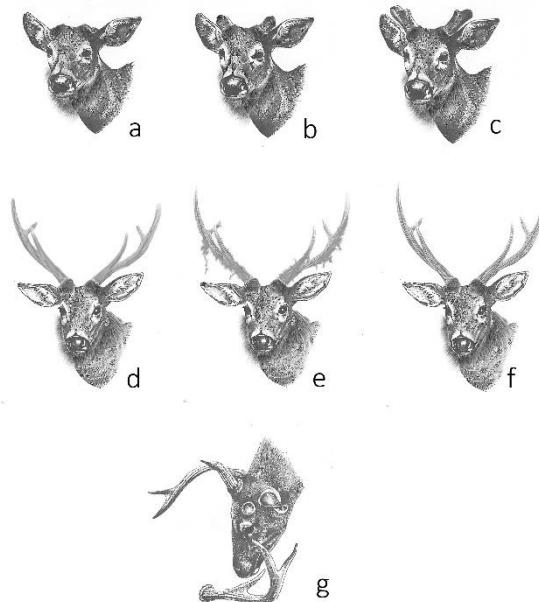
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### Study area and the antler cycle

64 The study was carried out at the Horton Plains National Park (HPNP), Sri Lanka for a period of twelve  
65 months (01 January -31 December 2018). The HPNP was chosen for this study because of the large number  
66 of sambar deer inhabiting the park grasslands. There were over 800 sambar deer in the HPNP, during the  
67 commencement of the study (Personal communication). Based on our preliminary observations prior to the  
68 commencement of data collection, sambar males were grouped into seven 07categories based on their antler  
69 growth phase namely;(a) Cast, (b) Growing 1 – single pike, (c) Growing 2 - Antlers fork into a Y as first  
70 tine appears, (d) Growing 3 - Velvet begins to harden as third tine appears, (e) Growth completed - velvet  
71 shedding begins, (f) Hard antler and (g) Casting(Meng et al., 2015; Pereira, Duarte, & Negrao, 2005).

72 Antler growth categories were identified by physical appearance of the antlers, especially their sharpness  
73 and length (Suttie, Fennessy, Lapwood, & Corson, 1995), while the old males with irregular antler casting  
74 were not taken to the experiment. Additional characters that were considered for this study were the size of  
75 the body and antlers (Hu et al., 2017; Lemaitre et al., 2018).

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**Figure 1.**Antler phases: (a) Cast, (b) Growing 1 – Single Spike, (c) Growing 2 - Antlers Fork into a Y as First Tine Appears, (d) Growing 3 - Velvet Begins to Harden as Third Tine Appears, (e) Growth Completed - Velvet Shedding Begins, (f) Hard Antler and (g) Casting.

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89 Fecal Sample collection

90 Fecal pellets were collected on the second week of every month within half an hour of voidance. Collected  
91 fecal pellets were labeled with antler phase and kept in polyethylene covers at -20 °C until extraction for  
92 Radioimmunoassay (RIA) analysis.

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94 Fecal steroid extraction and enzyme immunoassay

95 In a standard oven, frozen fecal specimens were dried. Each sample was carefully powdered and blended.  
96 A subsample weighing 0.2 g was mixed in a test tube with 5 ml of 90% ethanol and briefly vortexed. In a  
97 water bath (90 oC) the tubes were boiled for 20 minutes, adding ethyl alcohol to prevent drying. The extract  
98 was pre-boiled with 90% ethanol and centrifuged for 20 minutes at 1500 rpm.

99 The extraction was poured into another storage vial. A further 90% ethanol was added to the remaining  
100 fecal powder and vortexed for 30 seconds and centrifuged for 15 minutes at 1500 rpm, combined and dried  
101 down, the first and second extracts were reconstituted in one ml of methanol and vortexed for a short time.  
102 Until the assessment of RIA, the methanol samples were placed at -20 oC. For this purpose, the 125I  
103 Testosterone RIA kit (Blotner et al., 1996) was used. The concentrations of testosterone were associated  
104 with the stage of antler.

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106 **RESULTS**

107 The antler cycle of sambar in HPNP

108 The sambar deer herds in HPNP selected for the study had been observed throughout the year following all  
109 identified antler phases (n=7). Any of the seven phases of the antler cycle could be observed at any given  
110 point of time during the year, indicating no marked seasonality in antler cycle. Shipka et al., (2002)  
111 suggested that deer sustenance near the equator, where seasonal day length differs only slightly, tend to be  
112 asynchronous in both their antler and sexual cycles. Seasonal relation in the antler cycle in a herd of Red  
113 deer by Wilson (1991) and Loudon et al., (1992) and Curlew et al., (1988) are also supportive of the above  
114 findings on sambar deer stags in the HPNP. This observation is also supported by Heckeberg et al., (2017)  
115 who reported that most of the cervids in equatorial region are seasonal.

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116 Examination of the male sambar deer in HPNP before the commencement of this study revealed that the  
117 sambar deer antlers were in velvet growth for a duration of seven to eight months. The hard antlers start  
118 displaying for the whole rutting season which lasted for about four to five months. This was followed by  
119 the antler casting stage, where the deer cast their antlers either in a fight, or hitting against a tree or any  
120 other hard structure (Chapman & Harris, 1991; Loudon & Curlewis, 1988; Wilson, Walker, Bond,  
121 Middleberg, & Staples, 1991).

122 Kierdorf et al. (2012) noted that antlers were casted after the rutting / mating season, while Price et al. (20  
123 05) noted that deer cast antlers for combat and show during the prior mating season in each spring.  
124 However, it was observed that most of the stags lost both the antlers on the same day while some stags were  
125 observed to cast their antlers with a gap of 2-3 days (J. S. Price, Allen, Faucheux, Althnaian, & Mount,  
126 2005). This stage did not last long, as antler growth is a rapid continuous cycle, and the beginning of the  
127 next pair of antlers set in without a long interval. The phases of the antler growth of sambar deer identified  
128 from our observations in HPNP are shown in the Figure 1. A more detailed description of the antler cycle  
129 of sambar in HPNP will be published elsewhere with further observations, as it is not the primary objective  
130 of this paper.

131 Concentration of fecal Testosterone is clearly associated with the phases of antler development in Cervids  
132 (Bubenik, Pomerantz, Schams, & Smith, 1987; Lincoln, Fraser, & Fletcher, 1982). Male sambars in HPNP  
133 with cast antler phase maintained a mean testosterone level of  $05.52 \pm 0.84$  ng g<sup>-1</sup> of dry feces. The maximum  
134 Testosterone level of  $06.30$  ng g<sup>-1</sup> of dry feces was recorded in the cast antler phase while the minimum  
135 testosterone level of  $04.20$  ng g<sup>-1</sup> during the same phase, together with a median value of  $06$  ng g<sup>-1</sup> and  
136 ranging for  $\pm 2.1$  ng g<sup>-1</sup> (Figure 2 a). In white-tailed deer (*Odocoileus virginianus*) the Testosterone exhibits  
137 the highest concentration during the mating season (Bubenik et al., 1987). In red deer (*Cervus elaphus*),  
138 testosterone exhibits the highest concentration during the rutting season (J. Price, Faucheux, & Allen, 2005).

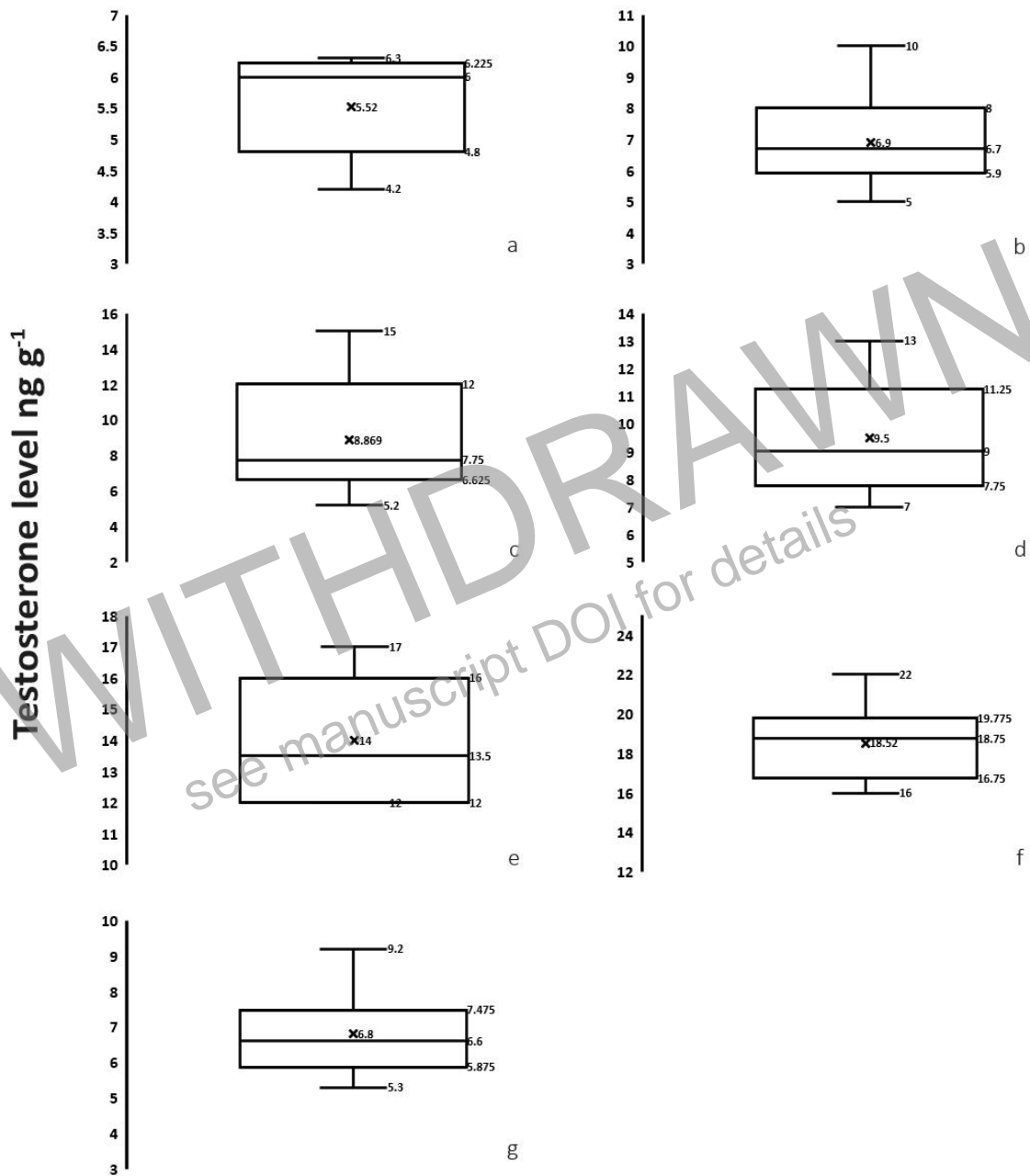
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144 **Figure 2.** Box and whisker plots for mean fecal testosterone levels in ng g<sup>-1</sup> during different antler phases  
 145 of sambar in HPNP. Testosterone was obtained and measured from RIA using methanol. Fecal matter  
 146 analyzed belongs to either of the antler phases; (a) Cast, (b) Growing 1 – Single Bud, (c) Growing 2 -  
 147 Antlers Fork into a Y as First Tine Appears, (d) Growing 3 - Velvet Begins to Harden as Third Tine  
 148 Appears, (e) Growth Completed - Velvet Shedding Begins, (f) Hard Antler and (g) Casting.

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150 The mean testosterone level of male sambar deer in growing antler phase were  $06.190 \pm 01.46 \text{ ng g}^{-1}$  of dry  
151 feces with a median of  $06.70 \text{ ng g}^{-1}$ . The maximum level of  $10 \text{ ng g}^{-1}$  and minimum of  $05 \text{ ng g}^{-1}$  was recorded  
152 in the dried feces in the stags passing growing phase (Figure 2).

153 Indistinguishable findings have been noted on red deer stags, which reveals that mean serum testosterone  
154 concentrations rose during the breeding season until about one to two weeks before the peak of the rut.  
155 (Gaspar-Lopez et al., 2010). Stags in growing antler fork into a Y as first tine appear phase showing an  
156 elevation in mean testosterone level as  $08.87 \pm 03.13 \text{ ng g}^{-1}$  of dry feces with maximum level of testosterone  
157 in dry feces was  $15 \text{ ng g}^{-1}$ , and the minimum level of testosterone in the same phase was  $05.20 \text{ ng g}^{-1}$  with  
158 a median value of  $07.75 \text{ ng g}^{-1}$  with a range of  $09.80 \text{ ng g}^{-1}$  (Figure 2 c). The casting is promoted by  
159 testosterone levels of  $9.56 \pm 1.94 \text{ ng g}^{-1}$  of dry feces for the rest of the study period. Ditchkoff et al (2001)  
160 discovered that Testosterone showed the largest concentration during the rut in white-tailed deer. Mean  
161 Testosterone concentration of Sambar deer Stags in Growing Third Tine - Velvet Begins to Harden phase  
162 was  $09.50 \pm 2.01 \text{ ng g}^{-1}$ , with maximum level of  $13 \text{ ng g}^{-1}$  and minimum of  $07 \text{ ng g}^{-1}$  testosterone  
163 concentration. During the Growing Third Tine - Velvet Begins to Harden phase, the median testosterone  
164 level in dried feces was  $09 \text{ ng g}^{-1}$  and the range was  $06 \text{ ng g}^{-1}$  (Figure 2 d).

165 Median Testosterone concentration of male sambar deer of HPNP in Growing Finished - Velvet Shedding  
166 Begins phase was  $13.50 \text{ ng g}^{-1}$  of dry feces and the mean Testosterone level was  $14 \pm 01.89 \text{ ng g}^{-1}$  with a  
167 maximum concentration of  $17 \text{ ng g}^{-1}$  and minimum of  $12 \text{ ng g}^{-1}$  of Testosterone level, ranging from  $05 \text{ ng g}^{-1}$   
168 (Figure 2). Stags in Hard Antler phase maintained a mean Testosterone levels of  $18.52 \pm 01.87 \text{ ng g}^{-1}$   
169 of dry feces and the median testosterone level was  $18.75 \text{ ng g}^{-1}$ . The maximum Testosterone level of stags  
170 in Hard Antler phase was  $22 \text{ ng g}^{-1}$  and the minimum was  $16 \text{ ng g}^{-1}$  with a range of  $06 \text{ ng g}^{-1}$  (Figure 2).  
171 This was a well-marked increase to the maximum mean Testosterone level in dried fecal matter compared  
172 to other phases (Figure 3).

173 Mean testosterone level in dried fecal matter of male sambar deer in casting phase was maintained at  $06.80 \pm$   
174  $01.20 \text{ ng g}^{-1}$  of dry feces and the median testosterone level in dried fecal matter was  $06.60 \text{ ng g}^{-1}$ . The  
175 maximum level of testosterone in dried fecal matter of stags in Casting phase was  $09.20 \text{ ng g}^{-1}$  and the  
176 minimum level was  $05.30 \text{ ng g}^{-1}$  with a range of  $03.90 \text{ ng g}^{-1}$  (Figure 2 g). Uvira et al., (2018) and  
177 Antler development cycles are strongly linked to staggered sexual cycles and can be ascribed directly to d  
178 differences in seasonal photoperiod affecting gonadal steroidogenic activity in temperate regions. Stewart



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179 et al., (2018) the largest concentration of testosterone observed at the beginning of the rutting season and a  
180 continuous decrease thereafter, which fully supported the outcomes of this research. Testosterone levels  
181 peak immediately before rut and it is the rapid decline in its level that causes Antler Casting. Antler Growth  
182 occurs at a low testosterone concentration and is seen increasing when the Antler Growth nears completion.  
183 Velvet Shedding and Antler Hardening is a consequence of high testosterone levels (Lincoln, Fraser, &  
184 Fletcher, 1984; Suttie, Lincoln, & Kay, 1984).

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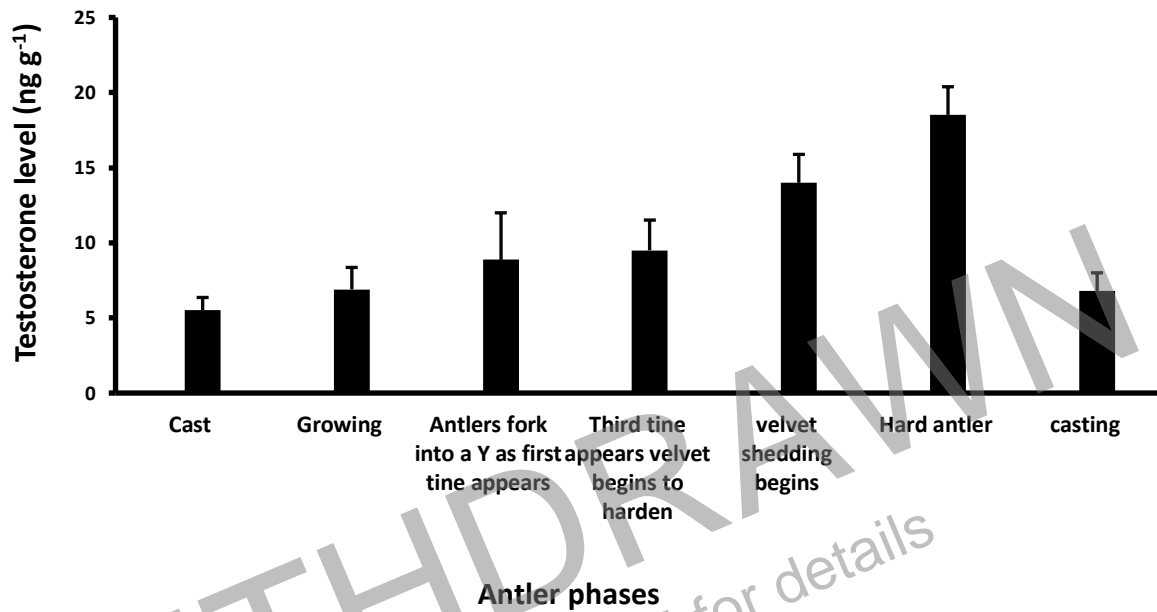
### DISCUSSION

187 The fecal testosterone levels of the seven antler phases of male sambar deer in HPNP evaluated by RIA kit  
188 display that testosterone strive a powerful constraint on the phases in antler cycle. The sambar in hard antler  
189 phase reported to have a more elevated mean testosterone concentration in relation to the in velvet phase of  
190 the antler cycle. The results obtained in the present study were absolutely in agreement with identical  
191 research work carried out in other deer species which were predominantly with temperate ancestry. The  
192 variations of testosterone level observed in this research work streamlined with the findings of many other  
193 researchers (Bubenik, Brown, & Schams, 1991; Bubenik & Schams, 1986; Muir, Sykes, & Barrell, 1988;  
194 Ventrella et al., 2018). These studies also admit that, it is the immediate drop in the testosterone  
195 concentration which element the Casting of Antler (Figure 1). Velvet shedding was preceded by an increase  
196 the testosterone level highlighting its role (Figure 3). Nevertheless, the study could not conclude a clear  
197 seasonality in the antler cycle of sambar in HPNP as reported for many Cervids with temperate ancestry.



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199 **Figure 3.** Phases in antler cycle plotted against the fecal testosterone concentrations in the dried fecal matter  
200 of the Sambar deer monitored from January 2018 to January 2019 in Horton Plains National Park.

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