

1 **Low frequency of pathogenic allelic variants in the 46,XY differences of sex**
2 **development (DSD)-related genes in small for gestational age children with hypospadias**

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15 **Abstract**

16 **Background:** Hypospadias is a congenital disorder of male genital formation where the
17 urinary opening is not on the head of the penis and genetic factors play an important role in
18 the incidence of this early developmental defect in 46,XY individuals, in both isolated and
19 syndromic forms. Children born small for gestational age (SGA) present a high frequency of
20 hypospadias of undetermined etiology, ranging from 15 to 30%, but the detection of
21 hypospadias' etiology remains low. **Patients and methods:** from a cohort of 46,XY DSD
22 patients, we identified 25 SGA children with medium or proximal hypospadias; four of them
23 with associated syndromic characteristics. DNA samples from subjects were studied by
24 massively parallel targeted sequencing (MPTS) using a targeted panel. MLPA was used for
25 molecular diagnosis in two children with clinical phenotype of Silver Russel syndrome.
26 **Results:** Loss of DNA methylation (11p15 LOM) at ICR1 was identified in two out of four
27 syndromic children. The other syndromic patient had 3M syndrome phenotype and two novel
28 likely-pathogenic variants in compound heterozygous state were found in *CUL7* gene. The
29 last syndromic subject had Mulibrey nanism and, a homozygous variant in *TRIM37* was
30 identified in the patient and confirmed in heterozygous state in the mother. Among non-
31 syndromic children seven rare heterozygous variants with uncertain significance in six DSD-
32 related genes were identified: two children had *DHX37* variants associated with *GATA4*
33 and *WWOX* variants, respectively; three children had heterozygous variants, in *WT1*, *IGF1R*,
34 and *BMP8B* genes. **Conclusion:** Pathogenic or likely-pathogenic variants in DSD-related
35 genes were not identified in non-syndromic SGA children with hypospadias, suggesting that
36 multi-factorial causes, unknown genes or unidentified environmental factors (epigenetic
37 defects), may be involved in the etiology of this condition.

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39

40 **Introduction**

41 The child born small for gestational age (SGA) is defined as the one with birth weight
42 and/or length 2 or more standard deviation (SD) below the population mean for gestational
43 age. Approximately 10-15% of them do not recover growth in postnatal life. The underlying
44 causes of pre and postnatal growth retardation are diverse including known genetic
45 syndromes, such as Silver-Russell syndrome (SRS). However, hypospadias are presented
46 even in cases that cannot be categorized in a particular syndrome (1,2). SRS is a clinical and
47 (epi)genetic heterogeneous syndrome characterized primarily by pre and postnatal growth
48 retardation. The most common molecular mechanisms are loss of methylation on
49 chromosome 11p15 (11p15 LOM), occurring in 30-60% of patients. Some genotype-
50 phenotype studies showed 11p15 LOM patients presenting more typical and severe
51 presentations (3,4,5). Among the variable signs in patients with SRS, male genital
52 abnormalities are presented in about 40% of the male patients with this syndrome (6). It is
53 interesting to note that SGA patients also present a high frequency of genital atypia of
54 undetermined etiology, ranging from 15 to 30% (7). Genetic factors play an important role in
55 the incidence of hypospadias, but the detection of hypospadias' etiology remains low (8). Our
56 aim is to investigate the genetic cause underlining hypospadias in syndromic and non-
57 syndromic SGA children.

58

59 **Materials and methods**

60 Within a cohort of 272 subjects with 46,XY differences of sex development (DSD)
61 followed in Clinical Hospital of University of São Paulo 59 have 46,XY DSD due to
62 unknown cause. Among them, 30 are SGA children with medium or proximal hypospadias
63 and were invited to participate in the study and 25 agreed to participate. Four of them had

64 associated syndromic characteristics. This study was approved by the local medical ethics
65 committee and patients and/or guardians gave their informed written consent. All patients
66 have 46,XY karyotype in at least 30 analyzed cells obtained from peripheral blood. DNA
67 samples from subjects and their families were obtained from peripheral blood leukocytes and
68 were studied by massively parallel targeted sequencing (MPTS) using a targeted panel.

69 Two versions of the custom panel of target genes were designed using the *Agilent*
70 *SureDesign 2.0 tool* (Agilent Technologies, Santa Clara, CA, USA) (Table 1). Genes that
71 participate in the process of sex development and growth were included. Exonic regions of the
72 target genes were included, including an area up to 25 bp before and after each exon.

73 The panel-based sequencing was performed in the Illumina MiSEQ platform
74 (Illumina, Inc., San Diego, CA, USA). Paired-end reads were aligned to the hg19 assembly of
75 the human genome with BWA-MEM. Variants were called and annotated with Platypus and
76 ANNOVAR. Sanger sequencing was used to segregate the variants in the family. Multiplex
77 Ligation-dependent Probe Amplification specific for Silver-Russel and Beckwith-Wideman
78 syndromes (SALSA MLPA ME030 BWS/RSS) (MRC-Holland, Amsterdam, Netherlands)
79 was used for molecular diagnosis in both children with SRS phenotype. The identified
80 variants were classified according to American College of Medical Genetics (ACMG) criteria
81 (9).

82 The targeted panel sequencing data were screened for rare variants (minor allele
83 frequency < 0.1% in the public databases: Genome Aggregation Database (gnomAD) (10,11),
84 1000 Genomes (12), and in the Brazilian population database (ABraOM) (13), located in
85 exonic and consensus splice site regions. Subsequently, the filtration pipeline prioritized
86 potentially pathogenic candidate variants (loss of function variants and variants classified as
87 pathogenic by at least three *in silico* programs).

88 The sequencing reads carrying candidate variants were visually confirmed using the
89 Integrative Genomics Viewer (Broad Institute, Cambridge, MA). Candidate variants were
90 segregated in the available family members by Sanger method.

91

92 **Results**

93 **Syndromic SGA children:** The 11p15 LOM was identified in two clinical SRS
94 children by MLPA, confirming the clinical diagnosis of SRS. The other syndromic patient has
95 3M syndrome phenotype, and presents two likely pathogenic variants (p.Trp1622* and
96 p.Gln897Hisfs*23) in compound heterozygosis state in *CUL7* gene. Sanger sequencing
97 confirmed the heterozygous p.Gln813fs variant in his mother. The child is a SGA boy, born
98 from non-consanguineous parents, with disproportionate short stature, proximal hypospadias,
99 unusual facial features (hypoplastic midface; short, broad neck). The last syndromic subject is
100 a SGA child, born from consanguineous parents, with triangular face, hypoplastic midface,
101 frontal bossing, short stature, proximal hypospadias, feeding difficulties, and early respiratory
102 distress. The homozygous p.Tyr341Ilefs*16 variant in *TRIM37* was identified in the patient.
103 Sanger sequencing confirmed the heterozygous p.Tyr341Ilefs*16 variant in his mother (Table
104 2).

105 **Non-syndromic SGA children:** Seven rare heterozygous variants with uncertain
106 significance in six DSD-related genes were identified in five patients: *DHX37* variants (p.
107 Val717Ile and p.Ala737Thr) were found associated with *GATA4* p.Pro407Arg and with
108 *WWOX* p.Tyr85Asp, respectively, in two children; three children each have heterozygous
109 variants, the *WT1* p.Cys350Arg, the *IGF1R* p.Arg1337Cys, and the *BMP8B* p.Arg116Cys
110 variant (Table 3). Sanger sequencing confirmed the occurrence of the heterozygous variant
111 *BMP8B* p.Arg116Cys in the patient's mother.

112

113 **Discussion**

114 SGA patients present a high frequency of hypospadias without a known etiology (8).
115 Some studies believe that this low diagnosis could be explained because this condition has yet
116 unknown genes and/or environmental factors involved (14, 15, 16). The present study
117 investigated a possible molecular cause of hypospadias in syndromic and non-syndromic
118 children.

119 In the syndromic SGA patients with hypospadias, the molecular diagnosis confirmed
120 the clinical phenotype. Defects in *CUL7* gene are a known cause of 3M syndrome type 1,
121 confirming the clinical features of the patient. The protein encoded by *CUL7* interacts with
122 *TP53*, *CUL9*, and *FBXW8* proteins. *TRIM37* encodes a protein of the tripartite motif (TRIM)
123 family, whose members are involved in diverse cellular functions such as developmental
124 patterning and oncogenesis; mutations in *TRIM37* are associated with Mulibrey nanism, a
125 serious autosomal recessive disorder. No defect in other gene associated with 46,XY DSD
126 diagnosis was identified in the syndromic children.

127 SRS patients are characterized by a large spectrum of features and signs, varying from
128 complex to milder phenotypes. Several clinical scoring systems have been proposed in the last
129 few years. The First International Consensus Statement on diagnosis and management of SRS
130 indicated the use of the Netchine-Harbison clinical scoring system (NH-CSS) for SRS clinical
131 diagnosis. The most common molecular mechanisms are loss of methylation on chromosome
132 11p15 (11p15 LOM), occurring in 30-60% of patients, and maternal uniparental disomy for
133 chromosome 7 (upd(7)mat), occurring in 5-10% of patients (3, 4, 5). Among the variable
134 signs in patients with SRS, male genital abnormalities are presented in about 40% of the male
135 patients with this syndrome (6). It is interesting to note that SGA patients also present a high
136 frequency of genital atypia, ranging from 15 to 30%, of undetermined etiology (7). We

137 hypothesized that genital atypia in SRS is not directly related to the epigenetic cause of the
138 syndrome but it could share the same genetic mechanism of hypospadias in SGA children.

139 Studies of methylation role in specific disorders, as well as its influence on phenotypes
140 would be helpful to increase our understanding about external genitalia development,
141 contributing to expand the molecular etiology of hypospadias.

142 In non-syndromic SGA children, seven rare heterozygous variants with uncertain
143 significance in six DSD-related genes were identified in these patients. The causes of
144 hypospadias could be attributed to defects in genetic factors or considered syndrome-
145 associated hypospadias (14, 17, 18). However, the association of these variants of uncertain
146 significance with the phenotype could not be established in the absence of functional studies.

147

148 **Conclusion**

149 In conclusion no proven genetic defects clarify the etiology of hypospadias in
150 syndromic and non-syndromic SGA children, suggesting that multi-factorial causes, unknown
151 genes or unidentified epigenetic defects, may be involved in the etiology of this condition.

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Table 1. Genes included in both custom panels.

Target genes											
ACBD7	ARX	BMP15	CYP11A1	DND1	FST	HNF1B	KATNBL1	NANOS3	POR	SOX10	SUPT3H
ACVR1B	ATRX	BMP8B*	CYP17A1	ESR1	GADD45G	HPGDS	LEF1	NCOA1	PRKACG	SOX13	TCF21
ACVRL1	BBS1	BMPR1B	CYP19A1	FAM189A2	GATA4	HSD11B1	LGR5	NCOA2	PTGDS	SOX7	TRIM32
AKR1C2	BBS10	CAMK1D	CYP26B1	FBLN2	GATA6	HSD17B3	LHCGR	NCOA3	PUM2	SOX9	TRIM37
AKR1C3	BBS12	CBLN1	DHCR7	FGD1	GDF9	HSD3B2	LHX1	NR0B1	RSPO1	SRA1	UBE3A
AKR1C4	BBS2	CHD7	DHH	FGF9	GDNF	IGF1R	MAMLD1	NR3C1	RSPO2	SRD5A2	USP34
AMH	BBS4	CITED2	DHX37	FGFR2	GPR56	IHH	MAP3K1	NR5A1	SIX1	SRY	WT1
AMHR2	BBS5	CITED4	DMRT1	FOXL2	GPR83	INHBB	MKKS	PAPPA	SIX4	STAG3	WWOX
AR	BBS7	CTNNB1	DMRT2	FRAT1	GTF2F1	IRX3	MSX1	PDGFA	SMAD4	STAR	ZFPM2
ARL6	BBS9	CUL7	DNAJC15	FSHR	HHAT	KATNAL1	NANOS2	PDGFRB	SMARCE1	STIM1	

*In bold, genes included only in the second version of the panel with significant variants.

Table 2. Variants found in syndromic children with hypospadias

Syndromic subject	Phenotype	Diagnosis	Gene	Variant	Protein
1	Growth failure, feeding difficulties, body asymmetry, protuding forehead, hypospadias	Silver-Russell syndrome	<i>H19</i> DMR	11p15 LOM	-
2	Growth failure, feeding difficulties, body asymmetry, protuding forehead, hypospadias	Silver-Russell syndrome	<i>H19</i> DMR	11p15 LOM	-
3	Proximal hypospadias, ocular hypertelorism, short nasal base, short neck, low cartilage ear pavement, small hands, single palmar fold, clinodactyly; difficulty growing and weight gain from birth	3M syndrome	<i>CUL7</i>	c.4866G>A and c.2691delA	p.Trp1622* and p.Gln897Hisfs*23
4	Proximal hypospadias, triangular face, frontal bossa, middle face hypoplasia, enlarged filter, artiuclar foruxitude, hypospadias, and short stature	Mulibrey nanism	<i>TRIM37</i>	c.1020delC	p.Tyr341Ilefs*16

Table 3. Uncertain significance rare heterozygous variants in SGA children with proximal hypospadias

Subject	Phenotype	Gene	Variants	Protein
1	Proximal hypospadias	<i>WT1</i>	c.1048T>C	p.Cys350Arg
2	Proximal hypospadias, horizontal nystagmus, discrete epicanthus, broad nose base, umbilical and inguinal hernia, triangular face, weight gain difficulty	<i>IGF1R</i>	c.4009C>T	p.Arg1337Cys
3	Proximal hypospadias	<i>BMP8B</i>	c.346C>T	p.Arg116Cys
4	Proximal hypospadias, micropenis and bilateral cryptorchidism	<i>DHX37</i>	c.2149G>A	p. Val717Ile
		<i>GATA4</i>	c.1220C>G	p.Pro407Arg
5	Proximal hypospadias and bilateral cryptorchidism	<i>DHX37</i>	c.2209G>A	p.Ala737Thr
		<i>WWOX</i>	c.253T>G	p.Tyr85Asp