TITLE:
Paternal cigarette smoke alters DNA methylation in sperm and gene expression in offspring brain

SHORT TITLE:
Paternal smoking, sperm DNA methylation and impacts in offspring

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ABSTRACT:

Background: There is growing evidence that paternal pre-conception cigarette smoke (CS) exposure is associated with increased risk of behavioral disorders and cancer in offspring. The aim of the current study was to evaluate the impact of paternal pre-conception CS exposure on sperm DNA methylation and offspring phenotype.

Methodology/Principal: To characterize the effects of CS exposure on the sperm epigenome and offspring neurodevelopment, we exposed male mice to CS and bred exposed and control males to unexposed females and subsequently evaluated sperm DNA methylation in sires and frontal cortex DNA methylation and gene expression in offspring. We further investigated the role of oxidative stress on sperm epigenetic changes using a mouse model ($Nrf2^{-/-}$) with impaired antioxidant capacity. Lastly, we evaluated the capacity for sperm DNA methylation to recover following removal of CS for 1-5 spermatogenic cycles (28-171 days).

Conclusions/Significance: Smoking significantly impacts sperm DNA methylation as well as DNA methylation and gene expression in offspring. These changes were largely recapitulated in $Nrf2^{-/-}$ mice independent of smoke exposure. Recovery experiments indicated that about half of differentially methylated regions returned to normal within 28 days of removal from smoke exposure, however additional recovery following longer periods was not observed. We present strong evidence that cigarette smoke exposure induces paternally mediated, heritable epigenetic changes. Parallel studies performed in $Nrf2^{-/-}$ mice provide evidence for oxidative stress as the predominant underlying mechanism for smoke-induced

epigenetic changes to sperm along with the associated effects in offspring. Lastly,

recovery experiments indicate that while many epigenetic changes are corrected

following removal from smoke exposure, aberrant methylation persists at a

significant number of regions even after five spermatogenic cycles

KEYWORDS: sperm DNA methylation, epigenetics, gene expression, frontal

cortex, smoking, heritable, cigarette, oxidative stress

INTRODUCTION:

Cigarette smoke (CS) exposure is a global epidemic with significant health

consequences. In a recent study it was estimated that more than one third of the

world's population is regularly exposed, directly or indirectly, to tobacco smoke (1).

Further, it was estimated that in 2004 involuntary exposure to tobacco smoke

caused 603,000 premature deaths and a loss of 10.9 million disability adjusted life

years, and an estimated six million annual deaths are attributable to tobacco

smoke exposure (1). Tobacco smoke contains more than 4000 chemicals including

a myriad of known carcinogens. The health consequences of smoke exposure are

significant and include numerous diseases and dysfunctions of the respiratory

tract, increased risk of multiple types of cancer and increased incidence of

cardiovascular disease (2, 3). Tobacco smoke exposure is a global problem, the

implications of which are becoming increasingly apparent. However, little is known

about the impact of paternal exposure to cigarette smoke (CS) on sperm and

implications of pre-conception paternal CS on offspring health (4).

Male fertility rates have steadily declined in developed countries over the past half-century (5-7), and metabolic disorders have steadily increased over a similar period (8, 9). These trends are due to a variety of factors, but increased exposure to environmental toxins is likely a significant contributor. Tobacco smoke exposure, which negatively affects semen quality (10, 11), might contribute to these trends. Moreover, *in utero* exposure to maternal tobacco smoke increases the risk of obesity and hypertension in offspring (12, 13). A more complete understanding of the effects of preconception paternal tobacco smoke exposure on offspring is of critical relevance to public health.

Although understudied, there is evidence for paternally transmitted effects of CS exposure to offspring. The negative impacts of CS on semen parameters are well established. Smoking is associated with an accumulation of cadmium and lead in seminal plasma, reduced sperm count and motility, and increased morphological abnormalities in sperm (10, 11). In addition, reduced reproductive potential has been reported in tobacco smoke-exposed mice (14) and humans (15). Although the impact of tobacco smoke exposure on germ cell genetics and epigenetics has received surprisingly little attention, recent evidence demonstrates strong effects on the adult male germline. Adult male mice exposed to sidestream tobacco smoke display significant increases in sperm DNA mutations at expanded simple tandem repeats (ESTRs) (16), as well as more frequent aberrations in sperm chromatin structure and elevated sperm DNA damage (14). In contrast, CS-exposed male

mice exhibit no measurable increase in somatic cell chromosome damage, indicating that germ cells may be more prone to environmentally-induced genetic and/or epigenetic insults compared with somatic cells. Destabilization of ESTRs in the adult male germline is well documented to be associated with transgenerational effects in the mouse genome (17-21).

The International Association for Research on Cancer recently declared that *paternal* smoking *prior* to pregnancy is associated with a significantly elevated risk of leukemia in the offspring (22), suggesting CS-induced genetic or epigenetic changes occur in sperm that are transmitted to offspring. We recently reported altered sperm DNA methylation (DNAme) patterns in men who smoke (23). In addition, smoking has been clearly shown to modify DNAme patterns and gene expression in somatic tissues in individuals exposed to first- or second-hand tobacco smoke (24-26) as well as in newborns of smoking mothers (27-29). A growing body of evidence suggests that CS exposure could have negative health consequences not only for the exposed fathers, but also for their offspring.

Results of these studies motivated us to investigate the impact of smoking on mouse sperm DNAme as well as the potential transmission of those effects to offspring. Additionally, we aimed to explore the dynamics of sperm epigenetic changes after withdrawal from smoke, to determine whether DNAme changes recover following removal of the insult for more than five complete cycles of spermatogenesis (171 days; Figure 1).

Lastly, to investigate the mechanism underlying CS-induced alterations to the

sperm epigenetic profile, we used a knockout mouse model to assess the role of

antioxidant capacity on smoke-induced alterations to the methylome. The nuclear

factor (erythroid-derived 2)-like 2 (NRF2) pathway is the primary cellular defense

against the cytotoxic effects of oxidative stress. Thus, to investigate the mode by

which CS induced epigenetic changes might occur, we utilized the $Nrf2^{-/-}$ mouse

model, which has compromised antioxidant capacity.

RESULTS:

Experimental Design and phenotypic effects:

Male mice were assigned to CS- exposed or non-exposed groups (n = 10-12 per

group). The CS animals were exposed to the body mass-adjusted equivalent of

10-20 cigarettes per day, 5 days per week over a period of 60 days. CS- exposed

and control mice were bred to unexposed females, and offspring were analyzed

for phenotypic and molecular measures.

In agreement with the literature, both WT and $Nrf2^{-/-}$ mice that were exposed to

CS weighed significantly less than non-exposed control animals (TABLE 1).

Sperm concentration and motility were not significantly impacted by CS

exposure, sperm concentration was lower in $Nrf2^{-/-}$ than WT males, and

conception was significantly delayed in CS-exposed $Nrf2^{-/-}$ mice compared with

unexposed $Nrf2^{-/-}$ mice (TABLE 1). Neither growth trajectories nor sperm

parameters were different in F1 animals based on paternal CS exposure (TABLE

2).

Smoking-induced DNAme changes in F0 sperm were either maintained,

recovered, or variable, depending on the locus.

Initially, we performed reduced representation bisulfite sequencing (RRBS) to

explore the effects of smoking on F0 sperm DNAme patterns (sperm collected

within 3 days of completing a 60-day smoking treatment), and we examined

whether CS-induced methylation changes recover to baseline unexposed levels

following removal of CS exposure (28, 103 and 171 days after smoking

treatment; n = 10 per group).

At individual CpG sites, we found changes in DNA methylation at a large number

of CpGs (Figure 2A & Figure S1A) with essentially equal representation of sites

that lost methylation and gained methylation as a consequence of smoke

exposure. In addition, we found that the number of differentially methylated CpGs

declined only slightly after removal of CS exposure for 28-171 days (Figure 2A).

We partitioned differentially methylated CpGs into three groups: 1) shared,

meaning differentially methylated CpGs that were maintained between the

treatment group and the respective recovery group, 2) recovered, meaning CpGs

that were differentially methylated after initial exposure but were no longer

differentially methylated in the recovery group, and 3) new, meaning CpGs that

were not differentially methylated after initial exposure but emerged as newly

differentially methylated in the recovery groups. These classes were assessed

separately for CpGs that initially lost methylation verses those that initially gained

methylation relative to the control. Interestingly, for CpGs that lost methylation,

the three groups were relatively evenly represented across recovery times, with

only a slight over-representation of shared CpGs. For CpGs that gained

methylation, there was a slight bias toward the emergence of new differentially

methylated CpGs across recovery groups (Figure 2B).

Given that DNAme status of CpG regions likely has a greater capacity to confer

functional effects compared with individual sites, we subsequently binned

individual CpG sites into regions based on their proximity (see methods). We

then performed analyses similar to those performed for individual CpGs.

Interestingly, changes in DNA methylation occurred at far fewer regions

compared with individual CpGs (Figure S1B), and we found strong evidence for

recovery of smoke-induced sperm DNAme changes following a recovery period.

Strikingly, the majority of DNAme regions that recovered returned to control

levels within 28 days of removal of smoke exposure, with no evidence for

additional correction following longer recovery periods (Figure 2C). In contrast

with the individual CpG data, we found that far fewer new differentially

methylated regions (DMRs) emerged during the recovery period (Figure 2D).

Regions of high and low DNAme recovered, and changes were associated

with Nrf2-mediated effects.

We then sought to understand epigenetic properties that might impact the ability

of specific regions to recover following removal of the CS, including the initial

methylation status. For this analysis, we classified all DMRs into six classes,

based on their dynamics during recovery (shared, recovered or new) and their

direction of change (increase or decrease; Figure 3A). We discovered that the

initially hypomethylated DMRs in which methylation increased with smoke

exposure displayed a higher likelihood of recovery, and initially hypermethylated

DMRs that decreased in methylation were likewise more likely to recover (Figure

3A). Regions of intermediate DNAme were less likely to recover across all

groups. In addition, we observed that recovered DMRs that initially decreased in

methylation level show lower variation compared to all other groups (Figure

S2A), thus suggesting that regions of extreme hyper- and hypo-DNAme were

less likely to change after CS exposure, and when changes did occur, these

regions were more likely to recover.

We hypothesized that CS- induced alterations to the methylome might depend on

antioxidant capacity, and that reducing antioxidant capacity might mimic or

enhance smoke-induced changes to sperm DNAme. This led us to examine the

changes of sperm DNAme in $Nrf2^{-/-}$ mice (compared to WT mice), as well as the

changes in sperm DNAme in CS-exposed compared with unexposed $Nrf2^{-/-}$ mice.

We initially found that the degree of DNA methylation changes, and the number

of sites impacted, were similar in *Nrf2^-/-* mice compared with WT (Figure S3A).

We were surprised to find that the CS-induced DNAme changes in WT sperm

were largely recapitulated in *Nrf2^-/-* sperm irrespective of CS exposure (Figure

3B). Notably, the sperm DNAme changes observed in unexposed *Nrf2^-/-* mice

were similar to changes observed in *Nrf2^-/-* mice that were exposed to CS, with no

evidence for an enhanced effect attributable to CS. This correlation in the degree

of DNAme change was consistent when assessed genome-wide, and we did not

observe this correlation when comparing our data to other datasets evaluating

the effect of other environmental factors (vinclozolin exposure and protein

restricted diet) (30, 31) on sperm DNAme (Figure 3C).

Smoking-induced DNAme changes in F1 brains were regulated by oxidative

stress

CS-induced epigenetic changes in sperm might correspond with an affect in

offspring if they are maintained through fertilization, or if those DNAme changes

are associated with an alternative, unidentified inheritance mechanism. Thus, we

aimed to test whether paternal CS exposure could impact the next generation

(F1). Given that brain and nervous systems were previously reported to be

sensitive to preconception paternal exposures (32-35), we investigated DNAme

by RRBS in the prefrontal cortex of F1 mice derived from CS-exposed WT and

Nrf2^-/- sires compared to the offspring of unexposed males (n = 8 per group).

Similar to observations in F0 sperm, we found that paternal smoking altered

DNAme patterns in offspring brains, and these DNAme changes were highly

similar to brain DNAme changes observed in offspring of both unexposed $Nrf2^{-/-}$

males (r=0.609) (Figure 4A) and CS-exposed $Nrf2^{-/-}$ males (r=0.477). In

agreement with F0 sperm DNAme data, exposure to CS appeared to have no

additional impact on brain DNAme beyond the $Nrf2^{-/-}$ effect (Figure 4A - right).

These observations suggest that CS-induced DNAme changes that occur in F1

brains are mediated by paternal oxidative stress, a well-established effect of

NRF2 depletion (36, 37).

To investigate whether F0 CS-induced effects can be passed to F2, we

compared the smoke-associated DNAme changes observed in F0 WT sperm

with that of F1 sperm and found no correlation (r=-0.001; Figure 4B). We also

observed that paternal CS-induced DMRs in F1 brains and those in smoke-

exposed F0 sperm had minimal overlap (hypergeometric p-value =1; Figure 4C),

indicating a lack of maintained DNAme changes from sperm through fertilization,

into brain development. Accordingly, regions where DNA methylation changes

occurred are not marked by chromatin features that are known to be maintained

in mature sperm (38)(FIGURE S4). Regardless of whether changes in DNAme

are a marker of epigenetic inheritance, or a driver of epigenetic inheritance, these

results suggest that the effects of CS exposure do not persist through several

generations.

Smoking causes high gene expression variations in F1 brains

To further investigate the potential for phenotypic effects in offspring associated

with paternal CS exposure, we performed RNA-seq of the F1 frontal cortex in the

same animals as those assessed for frontal cortex DNAme. Interestingly,

paternal CS exposure caused a globally elevated variation in gene expression in

the F1 brains, which was also observed in the $Nrf2^{-/-}$ offspring (Figure 5A). In

agreement with the F1 brain DNAme data, we found that the paternal CS-

induced gene expression changes in WT were highly similar to the $Nrf2^{-/-}$

offspring, and the effects were not further elevated in the offspring of smoked

$Nrf2^{-/-}$ mice (Figure 5B & S4D-E). Notably, this increased variation limited our

ability to identify reliably differentially expressed genes. Instead, we ranked

genes by changes in gene expression and performed gene ontology (GO)

analysis. We found that gene transcripts associated with classes including

neuropeptide receptors and hormone activity were over-represented in the

offspring of CS-exposed males (Figure 5C), while gene transcripts associated

with gene classes including immune response and metabolism were under-

represented (Figure 5D).

DISCUSSION:

Recent studies have demonstrated that paternal preconception exposures to a

variety of pharmacologic agents and pollutants, including nicotine, THC,

morphine, and benzo[a]pyrene effect offspring phenotype, and often confer

neurobehavioral consequences (32-35, 39-42). In some cases, the impacts are

inherited transgenerationally (40, 41). The direct assessment of

transgenerational inheritance through F2 was beyond the scope of the current

study, however the absence of correlation between DMRs in F1 sperm and F2

sperm suggests that the affects we observed in F1 frontal cortex are not likely to

be maintained in a second generation, although an alternate non-DNA-

methylation associated mechanism for transgenerational inheritance mediated

through noncoding RNAs or chromatin structure cannot be ruled out. Our data

suggest that in our experimental model, oxidative stress is the major contributor

to sperm DNA methylation changes and subsequent effects in the offspring. This

does not exclude the possibility that other factors, such as low-level nicotine

exposure might also contribute to DNAme effects (32, 33, 39, 42), but we

suspect these additional factors are only minor contributors, based on the

absence of transgenerational effects in our system.

CS exposure clearly impacts sperm DNAme patterns, however it is reassuring

that many of the DNAme effects that occurred at high CpG dense regions were

corrected within 28 days. Genomic regulatory regions (such as promoters and

enhancers) tend to have high CpG density in the mouse. Thus, DNA methylation

changes at these regions, which might otherwise impact gene regulation, are

likely to be relatively short-lived. These data are in agreement with previous

studies that found that CS exposure significantly impacts DNA methylation

patterns in whole blood, and CS-associated methylation changes are largely

corrected following smoking cessation in a time-dependent manner (43, 44).

We observed recovery after just twenty-eight days, which corresponds to just

under the duration of a full spermatogenic cycle in mice of 30 days. In man, a

spermatogenic cycle is 67 days, and additional research is required to

characterize the similarities and differences in the dynamics of sperm DNAme

alterations between mice and men. Additionally, it is not yet known whether the

corrections observed following removal of CS exposure ameliorate the affects

observed in offspring, or whether those effects are driven by the minority of

regions that persist following CS removal. Addressing these unknowns will be of

great interest for follow-up studies.

Interestingly, we found that regions of extreme hyper- and hypo-DNAme were

less likely to be impacted by CS exposure, and when changes did occur, these

regions were more likely to recover. This is consistent with a recent monozygotic

twin study that investigated differences in blood DNAme in twins discordant for

smoking (45). Additionally, our observation that individual CpGs did not recover

after smoke exposure to near the same degree as more CpG dense regions

suggests that CpG density might provide a degree of "buffering" against

environmental insults. If genomic regulatory function were held by individual

CpGs rather than by clusters of CpGs, minor variations or fluctuation in DNAme

levels might have significant impacts on physiology. Instead, our data suggests

that regions of higher CpG density, which are often found at gene regulator

regions like promoters (46), vary less in DNAme level than individual CpGs, and

therefore, these regions may be able to withstand a higher degree of

environmental insult without having lasting effects on physiology. This robustness

in function might explain in part why genomic regulatory regions have a high

degree of CpG density.

We investigated the impact of CS exposure in the oxidative stress-compromised

Nrf2$^{-/-}$ mouse strain with the expectation that we would observe more profound

effects of CS exposure on sperm epigenetic changes. Remarkably, while we did

not observe evidence for elevated susceptibility to CS-induced sperm DNAme

changes in *Nrf2*$^{-/-}$, we found the CS-effects observed in WT animals were

commensurately recapitulated in *Nrf2*$^{-/-}$ mice independent of CS exposure,

suggesting that elevated oxidative stress is the primary mechanism for CS-

mediated sperm epigenetic changes. These findings were remarkably consistent

with the observations of offspring frontal cortex DNAme and gene expression

changes as well. While CS-exposure may represent among the most extreme

examples of environmental insults that induce oxidative stress, the list of

environmentally relevant exposures that impact oxidative stress are innumerable,

and the results presented here indicate that all such exposures could potentially

impact the epigenetic status of the paternal germline and thus offspring

phenotype. In addition, our work provides strong evidence that *Nrf2*$^{-/-}$ mice can

serve as a good animal model to study CS-exposure induced effects. Further

studies may focus on investigating the molecular mechanisms underlying NRF-

mediated DNAme alterations.

Lastly, by comparing the DNAme and gene expression patterns in the frontal

cortex between offspring of male mice exposed to CS with those not exposed,

we found strong evidence for an impact of paternal smoking on offspring

phenotype. In keeping with data obtained from $Nrf2^{-/-}$ mice, we suggest that

oxidative stress agents might contribute to behavioral or developmental impacts

in offspring. Notably however, our data showed little overlap of DNAme changes

in the F1 frontal cortex with DNAme changes in the F0 sperm. While this was

somewhat expected, as DNAme state undergoes dramatic reprogramming during

early development and neuronal differentiation, it is important to highlight —

direct mitotic inheritance of DNAme state is unlikely to mechanistically contribute

to the oxidative stress effects we observed in F1 mice. Furthermore, we propose

that DNAme may be more accurately described as a marker of epigenetic

inheritance and not a mechanistic driver in transmitting environmental impacts

between generations. Additional studies are necessary to confirm this and to

distinguish other epigenetic features as markers or drivers, including chromatin

status and small RNAs, which could play a significant role in inheritance. Further,

the observation that CS-associated sperm DNAme changes were not identified in

the sperm of the F1 generation offers reassuring evidence that the changes

observed in F1 animals likely would not persist in the F2 generation. However,

direct studies to evaluate the potential for transgenerational impacts of CS

exposure are warranted. The implications of this for human spermatogenesis and

transgenerational inheritance also warrant further investigation.

Here we present strong evidence for: 1) a significant impact of CS-exposure on

the male germline, 2) relatively rapid partial correction of CS-induced sperm

DNAme alterations following removal of CS exposure, 3) the implication of

oxidative stress as the primary mechanism for CS-induced sperm DNAme

changes and 4) an impact of paternal CS exposure on offspring phenotype

based on frontal cortex DNAme and gene expression patterns. These data have

important implications in characterizing the potential mechanisms that underlie

the elevated risk observed for paternal CS exposure to offspring health. In

addition, the findings reported here are likely more broadly applicable to

understanding the risks of other environmental exposures that induce oxidative

stress such as air pollution and some chemical exposures.

While additional studies are necessary to fully characterize the impacts of CS

exposure on offspring phenotype, the mechanisms involved in heritability of pre-

conception paternal exposures, and the phenotypic impacts of the observed

epigenetic and gene expression changes in offspring, the current study

significantly expands our understanding of the impacts of paternal CS exposure

on offspring and the underlying mechanism of CS induced epigenetic changes to

sperm.

MATERIALS AND METHODS:

<u>Animals</u>:

Animal care:

All animal experiments were performed under protocols that were approved by

the University of Utah Institutional Animal Care and Use Committee (protocol #

14-11006). All animals were obtained from Jackson Laboratories (Bar Harbor,

ME, USA)

Smoke exposure:

All CS-exposed and control mice were age matched and smoking was initiated

between 6 and 7 weeks of age. Mice were exposed to CS using a Teague Model

TE-10 (Teague Enterprises, Woodland, CA) smoking machine, which produces a

combination of side-stream and mainstream CS. A pump on the machine "puffs"

each 3R4F University of Kentucky research cigarette for 2 seconds for a total of

9 puffs before ejection. The 2.5 hour daily exposure occurred for 5 consecutive

days per week over a period of 60 days. The smoking chamber atmosphere was

periodically sampled to confirm total particulate matter concentrations of

approximately 150 mg/m^3, the human equivalent of smoking approximately 10-20

cigarettes per day (47).

Smoking and recovery experiments:

To characterize the impact of smoke exposure on the sperm DNA methylome,

and the capacity for smoke-induced sperm DNA methylation alterations to

recover following removal of the insult, we exposed 40 C57BL/6J (Jackson Labs

Stock # 000664) to cigarette smoke for comparison against 10 age-matched,

non-smoked controls. Ten CS-exposed mice and the 10 non-exposed controls

were euthanized and tissues collected within three days of the CS exposure

period. Subsequent "recovery" groups of 10 CS-exposed animals were

euthanized 28, 103 and 171 days after the exposure period (corresponding to

approximately 0.8, 3 and 5 spermatogenic cycles). In addition to experiments

with wild-type animals, ten age-matched $Nrf2^{-/-}$ mice on a C57BL/6J genetic

background (Jackson Labs Stock # 017009) were exposed to the same doses of

CS for the same time period, and ten age-matched unexposed $Nrf2^{-/-}$ mice were

utilized as controls.

Offspring transmission experiments:

Founder mice for heritability experiments included wild type C57BL/6J mice

(Jackson Labs Stock # 000664) that were exposed and not exposed to CS (n =

10-12 per group). Approximately one week after the exposure period, exposed

and control males were introduced to 6-week old CAST/EiJ female mice

(Jackson Labs Stock # 000928), and pairs were kept together until F1 litters were

born, or for 7 weeks without conceiving, whichever came first. The motivation for

outcrossing males to CAST/EiJ females was to leverage polymorphic alleles to

enable attributing reads to a specific parent, however due to the large average

spacing of informative SNPs in the CAST strain and the short sequencing reads

inherent in Illumina sequencing we were unable to classify the large majority of

reads based on parent-of-origin. We therefore analyzed the data without regard

to parent-of-origin. F1 litters were weaned at approximately 21 days of age, and

pups were regularly weighed until they were euthanized. F1 animals were

euthanized at 14-17 weeks of age, and heart, lung, liver, kidney, brain, testis and

epididymal sperm were collected for molecular studies.

Animal phenotyping:

Following epididymal sperm extraction, sperm count and motility were assessed

in CS-exposed and control F0 animals as well as F1 offspring. In addition, time to

conception and litter size were compared between F0 groups. F1 offspring were

evaluated for growth trajectory. For statistical analysis of growth trajectories

between groups, animal weights were plotted against age for all pups within a

group (C57BL/6J or *Nrf2*^{-/-}). Models to fit the data were tested, and a logarithmic

model generally yielded the highest r^2. Theoretical weights were calculated for

each weight event based on the model generated, and differences between

theoretical and actual weight were calculated. A mean of average differences

within an individual across weight events was calculated for each animal, and

unpaired student's t-test was used to compare these differences between

smoked and non-smoked animals within each group. Differences in animal

weights and sperm parameters were evaluated using two-tailed Student's t-test,

and two-tailed Fisher's Exact tests were used to evaluate weekly differences in

conception between groups. $P < 0.05$ was considered significant.

<u>**Molecular analyses**</u>:

Sperm collection and DNA extraction:

Sperm was collected from the cauda epididymis and vas deferens immediately

after euthanasia by scoring the tissue along the length of the tubules with a 28-G

needle and gently pressing the tissue to expel the sperm mass. Tissues were

then placed in a center-well dish in equilibrated Quinn's medium supplemented

with FBS in a humidified CO_2 incubator for one hour. Following the swim out

period, sperm concentration and motility were assessed on a Makler chamber

and sperm were snap frozen in liquid nitrogen. Samples were subsequently

thawed and subjected to a stringent somatic cell lysis protocol to ensure a pure

population of sperm. Briefly, samples were passed through a 40 µM filter to

remove cell and tissue clumps followed by two 14 ml washes with ddH_2O and

incubation for at least 60 minutes in somatic cell lysis buffer (0.1% SDS, 0.5%

Triton X in ddH_2O) at 4º C. Following somatic cell lysis and visual confirmation

of the absence of contaminating cells, sperm DNA was extracted using the

Qiagen AllPrep Universal kit. Samples in cell lysis buffer were passed through a

28-gauge syringe multiple times to disrupt sperm membranes and liberate

nucleic acids prior to extraction.

Frontal cortex dissection and nucleic acid extraction:

Following euthanasia of F1 males (n = 8 per group), left brain hemispheres were

dissected and placed in PaxGene tissue stabilizer and after 24 hours, fixed in

PaxGene fixative and stored at -80º C. Samples were subsequently thawed and

frontal cortex dissected under a stereo microscope according to the method

described by Chiu et al. (48). Tissue was then disrupted using a microcentrifuge

pestle, and RNA and DNA were extracted using the Qiagen AllPrep Universal kit

according to manufacturer's protocols.

RRBS library construction:

Following DNA extraction, Bioo Scientific NEXTflex Bisulfite Library Prep Kit for

Illumina Sequencing was used for library preparation. To maximize coverage, we

employed two separate restriction digests with MspI and TaqαI. Following

digestion, products were pooled, and Klenow Fragment was utilized to create 3'A

overhangs. DNA was subsequently purified with Zymo DNA Clean and

Concentrate Columns followed by ligation of Methylated Illumina PE Adapters

and Ampure purification with SPRI beads. Purified products were Sodium

Bisulfite Converted using ZymoResearch EZ DNA Methylation Gold Kit, and

libraries were amplified over 20 cycles using Platinum Taq DNA polymerase,

followed by a final Ampure purification and confirmation of library size range on a

2% agarose gel. DNA was submitted to the Huntsman Cancer Institute High

Throughput genomic core for sequencing on a Hi-Seq 2500 using 50 cycle-single

read chemistry. Four to six samples were sequenced per lane for a minimum of

35-million reads per sample.

RNAseq library construction:

RNA extracted from F1 frontal cortices (n = 8 per group) was subjected to

Illumina TruSeq Stranded RNA kit with Ribo-Zero Gold library preparation and

subsequently sequenced on a Hi-Seq 2500 using 50 Cycle-Single Read

Sequencing v4. Eight samples were sequenced per lane for a minimum of 25-

million reads per sample.

Bioinformatics analyses:

For genome wide DNA methylation analysis, sequence data from RRBS libraries

was aligned to the mouse mm10 genome using the Bismark pipeline with special

attention to RRBS specific issues, as noted in the Bismark User Guide and the

Bismark RRBS Guide. Only CpGs where read coverage was greater than 8 for at

least 4 biological replicates were considered "scoreable" for downstream

analysis. Only CpGs with more than 5% change in methylation relative to control

samples were classified as differentially methylated. When considering DMRs,

only regions greater than 50 base-pairs in length with 3 or more scorable CpGs

were analyzed. Then, one third of the CpGs within each analyzed region needed

to be differentially methylated in order for a given region to be under

consideration as a DMR. Finally, qualifying regions were classified as bonafide

DMRs if there was more than 5% change in methylation relative to control

samples. For genome wide gene expression analysis, sequencing data from

RNASeq libraries was aligned using Novoalign. Aligned splice junction were

converted to genomic coordinates and low quality and non-unique reads were

further parsed using SamTranscriptomeParser (USeq; v8.8.8) under default

settings. Stranded differential expression analysis was calculated with the USeq

program DefinedRegionDifferentialSeq, which utilizes DESeq2 and the reference

mm10. Normalized read count tables were then analyzed in R, along with all

DNA methylation data. Integration and parsing of bed files or tables was

performed in R. Generation of all figures and statistical analyses was

accomplished using standard methods in R, with the exception of aggregate

histone modification profiles, which were generated using Deeptools. Gene

ontology analysis was performed using DAVID Functional Annotation

Bioinformatics Resources.

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695

697 **TABLE 1 -** Sperm characteristics, growth rates and conception data for F0 smoke-exposed

698 and control animals

	M/ml sperm	Total motility	Days to conception	# conceived w/in 1 week	# conceived w/in 2 weeks	# conceived w/in 3 weeks	# conceived w/in 4 weeks	# never conceived	Pre-smoke weight	Weight after 4 wks treatment	Weight after 8 wks treatment
CN	48.4	58.7	6.5	9.0	9.0	10.0	10.0	2.0	20.1	24.9	27.7
SN	40.2	56.5	11.8	3.0	3.0	4.0	5.0	6.0	21.4	21.1	22.7
CN vs SN p val	0.110	0.526	0.204	**0.039**	**0.039**	**0.036**	0.089	0.193	0.247	**0.001**	**<0.0001**
CWT	55.2	55.4	5.8	6.0	8.0	8.0	8.0	4.0	21.6	25.8	28.6
SWT	51.8	54.8	5.4	6.0	6.0	7.0	7.0	5.0	21.0	21.1	22.4
CWT vs SWT p val	0.618	0.868	0.908	1.000	0.608	1.000	1.000	1.000	**0.029**	**<0.0001**	**<0.0001**
NRF	44.5	57.6	8.3	12.0	12.0	14.0	15.0	8.0	20.9	23.0	25.2
WT	53.5	55.1	5.6	12.0	14.0	15.0	15.0	9.0	21.3	23.2	25.2
NRF vs WT p val	**0.039**	0.306	0.261	1.000	0.773	1.000	1.000	1.000	0.444	0.757	0.975
Smoke	46.2	55.6	8.1	9.0	9.0	11.0	12.0	11.0	21.0	21.1	22.5
No Smoke	51.8	57.0	6.2	15.0	17.0	18.0	18.0	6.0	21.4	25.6	28.4
Smoke vs No Smoke p val	0.207	0.556	0.432	0.148	**0.042**	0.075	0.135	0.135	0.221	**<0.0001**	**<0.0001**

700 Abbreviations: CN-control *Nrf*$^{-/-}$, SN-smoke-exposed *Nrf*$^{-/-}$, CWT-control wild type animals, SWT-

701 smoke-exposed wild type animals.

705 **TABLE 2 –** Sperm characteristics, litter size and growth rates for F1 offspring of smoke-

706 exposed and control animals

	Litter size	M/ml sperm	Total sperm motility	Postnatal weight (g) week 4	Postnatal weight (g) week 6	Postnatal weight (g) week 10
CN	5.3	25.7	36.1	11.6	16.4	17.4
SN	6.0	26.5	33.0	12.3	16.6	18.7
CN vs SN p val	0.379	0.851	0.409	0.351	0.727	0.100
CWT	5.0	31.3	27.3	12.1	16.2	17.4
SWT	5.2	33.6	34.0	12.7	16.8	17.8
CWT vs SWT p val	0.723	0.708	0.207	0.254	0.260	0.354
NRF	5.5	26.0	34.0	11.8	16.4	17.6
WT	5.1	32.5	30.5	12.5	16.4	17.5
NRF vs WT p val	0.356	0.063	0.264	0.194	0.979	0.828
Smoke	5.6	29.8	32.0	12.5	16.7	18.0
No Smoke	5.2	27.3	33.2	11.7	16.3	17.4
Smoke vs No Smoke p val	0.424	0.469	0.700	0.104	0.288	0.105

Sperm characteristics, litter size and growth rates for F1 offspring of smoke-exposed and control

animals. Abbreviations: CN-control $Nrf^{-/-}$, SN-smoke-exposed $Nrf^{-/-}$, CWT-control wild type

animals, SWT-smoke-exposed wild type animals.

Figure 1 Schematic of study design. Six to seven-week-old WT and *Nrf2*^{-/-}

mice were assigned to one of two groups: CS-exposed and non-exposed

controls. Following 60 days of CS exposure, mice were bred to unexposed

CAST/EiJ female mice. Groups of animals were euthanized and tissues collected

3, 28, 103, and 171 days after removal from CS exposure. Sperm DNA

methylation analysis was performed by RRBS on F0 exposed and control

animals. Offspring derived from exposed and control C57BL/6J males were

euthanized at 14-17 weeks of age, and tissues were collected. DNA methylation

analysis was performed on sperm and frontal cortex to investigate the impact of

paternal smoking status on methylation patterns in offspring. In addition, RNAseq

was performed on frontal cortex tissue to investigate the association between

paternal smoking and neural gene expression.

Figure 2 Summary of the recovery, persistence or emergence of

differentially methylated loci (A and B) and regions (C and D) following a

recovery period. A) Quantitative data indicate that the number of differentially

methylated loci in CS-exposed mice compared with age matched controls does

not diminish following a recovery period of up to 171 days. B) When considering

only loci that lost methylation in the CS-exposed group, about one third of

differentially methylated loci persisted for the entire recovery period (white), one

third returned to baseline levels (blue) and one third emerged as differentially

methylated following a recovery period (pink). Contrastingly, for loci that gained

methylation as a result of CS exposure, a smaller fraction of differentially

methylated CpGs persisted of recovered while nearly half of differentially

methylated loci emerged during the recovery period. C) Unlike the case of

recovery at the CpG level, when differentially methylated regions were analyzed,

a significant proportion (about half) of regions recovered within 28 days without

CS exposure, with no evidence for additional recovery following longer periods of

recovery. D) The majority of DMRs observed prior to recovery were either

maintained across the recovery period or returned to baseline levels, with only a

small fraction of DMRs emerging during the recovery period. Of note, regions

that gained methylation in CS-exposed animals were less likely to recover and

more likely to emerge as a new DMR during the recovery period compared with

DMRs that lost methylation. Timepoint 1 = 28-day recovery group, timepoint 2 =

103-day recovery group, and timepoint 3 = 171-day recovery group. All

comparisons were to the 3-day recovery group.

Figure 3 DMR recovery and comparison of DMRs in WT mice with CS-exposed and control *Nrf2*^{-/-} mice as well as previously published sperm DMRs. A) Impact of the initial methylation status and direction of change on methylation recovery. The hypomethylated DMRs (<25% DNAme) in which methylation increased and the hypermethylated DMRs (> 75% DNAme) in which methylation decreased with smoke exposure were more likely to recover. Regions displaying methylation between 25% and 75% Regions of intermediate DNAme were less likely to recover across all groups. Timepoint 1 = 28-day recovery group, timepoint 2 = 103-day recovery group, and timepoint 3 = 171-day

recovery group. All comparisons were to the 3-day recovery group. B) Heatmap

illustrating the significant similarity between CS-associated DMRs identified in

WT mice and DMRs associated with the $Nrf2^{-/-}$ genotype, apparently independent

of CS-exposure status. C) A high correlation in DMRs was observed between

CS-exposed WT mice and $Nrf2^{-/-}$ whether or not they were exposed to CS. No

correlation was observed between DMRs identified in the current study

compared with previously published DMRs associated with vinclozolin exposure

(VD2) and protein restricted diet (PR).

Figure 4 Impact of paternal CS-exposure and genotype on F1 brain and

sperm DNAme. A) A highly significant correlation was observed in F1 brain

DNAme changes induced by CS exposure in WT sires (x-axis) compared with

DNAme changes associated $Nrf2$ status irrespective of CS exposure (left 2

panels), however the correlation disappeared when evaluating differential

methylation in $Nrf2^{-/-}$ offspring based on CS exposure status compared with CS-

associated DNAme changes in offspring sired by WT mice. B) The DNAme

changes observed in F0 sperm were not observed in the sperm of F1 offspring,

suggesting the CS-associated effects likely do not confer risk transgenerationally.

C) Likewise, no significant overlap was observed in differentially methylated

regions in F0 sperm compared with differentially methylated regions in F1 frontal

cortex.

Figure 5 Frontal cortex gene expression variation and correlation between WT and *Nrf2^-/-* offspring in relation to smoking status. A) Variation in F1 frontal cortex gene expression was significantly higher in WT CS-exposed animals compared with WT controls (left panel) suggesting stochastic dysregulation of gene expression in paternal CS-exposed offspring and offspring of mice with reduced antioxidant capacity. Likewise, variation was significantly higher in *Nrf2^-/-* controls compared with WT controls (right panel). B) A significant correlation was observed between differentially expressed genes associated with *Nrf2^-/-* genotype, with (left panel) or without CS exposure (center panel) and CS-exposure-induced differential gene expression. There is no association gene expression impacted by smoking status in *Nrf2^-/-* offspring (right panel). C) Gene ontology analysis of significantly upregulated and D) downregulated genes associated with paternal CS exposure indicated overrepresentation of several gene families.

Figure S1 Scatter plots of CpG-level and regional sperm DNAme in CS-exposed vs control WT mice across the recovery timeline. A) DNAme at all CpGs across the genome B) Regional DNAme comparisons. Broad genome-wide changes in DNAme, either at individual CpGs of within genomic regions, are not observed. Further, the methylation at individual CpGs deviates much more broadly than regional DNAme, supporting the role of increased CpG density in buffering environmentally-induced DNAme. Smoked WT = samples collected 3

days after removal from CS, recovery 1 = 28-day recovery group, recovery 2 =

103-day recovery group, and recovery 3 = 171-day recovery group.

Figure S2 Scatter plots of regional sperm DNAme for control and smoked

NRF versus control and smoked WT. Like the distributions observed in figure

S1, these plots indicate that CS exposure and $Nrf^{-/-}$ do not induce broad genome-

wide changes in sperm DNA methylation.

Figure S3 DNAme variation in shared, recovered and new DMRs as a

function of CpG density across recovery timepoints. A) In every category of

DMR (shared, recovery or new) variation diminished as CpG density of a region

increased. The impact of CpG density on variation was particularly apparent for

regions in which DNAme decreased as a result of CS exposure and later

recovered to baseline. B) DMRs that displayed increased DNAme in CS-exposed

animals and later recovered were generally regions of lower CpG density, while

DMRs that gained methylation and subsequently recovered were generally at

regions of higher CpG density. Timepoint 1 = 28-day recovery group, timepoint 2

= 103-day recovery group, and timepoint 3 = 171-day recovery group. All

comparisons were to the 3-day recovery group.

Figure S4 Chromatin properties at F0 sperm DMRs and variation in F1

frontal cortex gene expression. A) Chromatin accessibility was not predictive

of the propensity of DMRs to recover or be maintained after removal of CS

exposure. B and C) Localization of H3K4me3 and H3K27me3 was likewise not

associated with DMR recovery or maintenance. D) Scatter plot of F1 frontal

cortex variation in gene expression in CS-exposed versus control $Nrf^{-/-}$ mice,

demonstrating that paternal CS exposure did not further elevate the increased

gene expression variation in $Nrf^{-/-}$ offspring beyond the effects of genotype alone

illustrated in Figure 5A. E) Scatter plot of F1 frontal cortex gene expression

variation in CS-exposed WT offspring versus control $Nrf^{-/-}$ demonstrating that

control $Nrf^{-/-}$ offspring exhibit a similar degree of variation as CS-exposed WT

animals.

LIST OF ABBREVIATIONS: DMR-differentially methylated regions; DNAme-DNA methylation; CS-cigarette smoke; CN-control $Nrf2^{-/-}$; SN-smoke-exposed $Nrf2^{-/-}$, CWT-control wild type animals; SWT-smoke-exposed wild type; VD2-vinclozolin exposure; PR-protein restricted diet; ESTR-expanded simple tandem repeat; NRF2- nuclear factor (erythroid-derived 2)-like 2; GO-gene ontology

Ethics approval and consent to participate: All animal experiments were performed under protocols that were approved by the University of Utah Institutional Animal Care and Use Committee (protocol # 14-11006).

Consent for publication: Not applicable

Availability of data and material: The datasets used and/or analyzed during the current study have been deposited in NCBI's Gene Expression Omnibus are publicly available GEO Submission (GSE133742) [NCBI tracking system and are accessible through GEO Series accession number GSE133742 (https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE133742). Sperm DNA methylation datasets used for comparison to data generated in the current study are likewise available through GEO: GSE7261 and GSE65784.

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Authors' contributions: PJM directed RRBS experiments, analyzed RRBS and RNAseq datasets and assisted in manuscript preparation. JG analyzed RRBS and RNAseq datasets, prepared figures and assisted in manuscript preparation. TGJ assisted in study design and animal experiments as well as data analysis and interpretation. JRH assisted with initial study design, and data interpretation, TH assisted with animal experiments including CS treatments and animal phenotyping. JMH assisted with study design and manuscript preparation. DTC assisted with initial study design, data interpretation and manuscript preparation. BRC assisted with study design, data analysis and interpretation and manuscript preparation. KIA assisted in study design, animal experiments, molecular experiments and data analysis and took the primary role in manuscript preparation. All authors read and approved the final manuscript.

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Figure 1

Figure 2

A

Distribution of CpGs post-CS

B

D

C

Distribution of regions post-CS

Figure 3

Figure 4

Figure 5

Figure S1

A

CpG sites

B

Regions

Figure S2

Figure S3

A

Figure S4