

1 **Testosterone and cortisol are negatively associated with**
2 **ritualized bonding behavior in male macaques**

3 Alan V. Rincon^{a,b}, Michael Heistermann^c, Oliver Schülke^{a,b,d}, Julia Ostner^{a,b,d}

4 *^aDepartment of Behavioral Ecology, Johann-Friedrich-Blumenbach Institute for Zoology and*
5 *Anthropology, University of Goettingen, Goettingen, Germany*

6 *^bLeibniz ScienceCampus Primate Cognition, Goettingen, Germany*

7 *^cEndocrinology Laboratory, German Primate Center, Leibniz Institute for Primate Research,*
8 *Goettingen, Germany*

9 *^dResearch Group Social Evolution in Primates, German Primate Center, Leibniz Institute for Primate*
10 *Research, Goettingen, Germany*

11 **Corresponding author:** Alan V. Rincon, Department of Behavioral Ecology, University of
12 Goettingen, Kellnerweg 6, 37077 Goettingen, Germany

13 **Email:** avrincon1@gmail.com

14 **Abstract**

15 Neuroendocrine research on the formation of social bonds has primarily focused on the role of
16 nonapeptides. However, steroid hormones often act simultaneously to either inhibit or facilitate
17 bonding. Testosterone is proposed to mediate a trade-off between male mating effort and nurturing
18 behavior; therefore, low levels are predicted during periods of nurturing infant care and social
19 bonding. In species where social bonding and support regulates hypothalamic-pituitary-adrenal
20 axis activity, we also expect glucocorticoid levels to be low during bonding periods. We investigated
21 how immunoreactive urinary testosterone (iuT) and cortisol (iuC) were related to triadic male-
22 infant-male interactions – a ritualized male bonding behavior – as well as infant care in male
23 Barbary macaques (*Macaca sylvanus*). We collected >3000 hours of behavioral observation data
24 during full-day focal animal follows from 14 adult males and quantified iuT and iuC from 650 urine
25 samples. As predicted, both iuT and iuC were negatively correlated with rates of triadic interactions
26 within-subjects in the hours preceding urination. We found no relationship between iuT and iuC
27 with triadic interactions between-subjects. Infant care was weakly positively correlated to iuT and
28 iuC within-subjects, but not between-subjects. The observed negative relationship between iuT and
29 triadic interactions may be beneficial to lower competitive tendencies between adult males and to
30 not inhibit bond formation. Lowered iuC could reflect increased bonding and perceived social
31 support as triadic interactions predict future coalition formation in this species. Additionally,
32 lowered iuC may be reflective of buffered tensions between males. The positive relationship of iuT
33 and iuC with infant care suggests that the handling of infants in may be less nurturing but rather
34 protective or competitive in this species. Measuring steroid hormones in relation to bonding and
35 nurturing can help us interpret behaviors within the ecological contexts that they occur.

36 **Keywords:** Testosterone, cortisol, steroid/peptide theory, social bond, triadic male-infant-male
37 interaction, Barbary macaque

38 **1 Introduction**

39 Steroid hormones and behavior are intricately linked and often affect each other in a reciprocal
40 manner (Goymann, 2009). Stable differences in baseline hormone levels could result in stable
41 differences in behavioral profiles across individuals. Additionally, hormone levels can change
42 dynamically within individuals to help them respond adaptively to a changing social environment.
43 Distinguishing whether hormone-behavior interactions operate at the within- or between-subjects
44 level (or both) can help us understand behavioral variation among individuals and behavioral
45 flexibility within individuals (Hau and Goymann, 2015).

46 The challenge hypothesis (Goymann et al., 2019; Wingfield et al., 1990), proposes that high
47 testosterone levels (regulated by the hypothalamic-pituitary-gonadal axis; HPG) promotes male
48 mating effort and inhibits paternal care. Across vertebrates, males exhibit elevated testosterone
49 levels when competing for mates, such as during the mating season or territorial defense, and low
50 testosterone levels during periods of paternal care (Grebe et al., 2019; Hirschenhauser and Oliveira,
51 2006; Lynn, 2008; Muller, 2017; Wingfield et al., 1990). Testosterone potentially inhibits paternal
52 care as experimentally increasing testosterone levels reduces paternal behavior in various bird
53 species (Lynn, 2008), including increases within an individual's natural range (Goymann and
54 Flores, 2017). However, testosterone levels are positively related to paternal care when care is
55 competitive in nature and concerns offspring defense from conspecifics (Moore et al., 2019; Muller,
56 2017). The steroid peptide theory of social bonds (S/P theory) builds on the challenge hypothesis
57 to resolve this inconsistency in how testosterone relates to paternal care by proposing that high
58 testosterone levels inhibit nurturing behaviors and intimacy in general rather than paternal care
59 per se (van Anders et al., 2011).

60 Beyond mating effort and nurturing care, testosterone is relevant to bonding between same-sex
61 adults. Same-sex adult bonds are usually characterized by affiliative contact and mutual social

62 support (Massen et al., 2010; Ostner and Schülke, 2018) and share many qualities with nurturing
63 infant care. Consequently, the S/P theory proposes that low levels of testosterone are ideal for bond
64 formation to not inhibit the bonding process (van Anders et al., 2011). Consistent with this
65 prediction, low testosterone has been linked to meat-sharing in male chimpanzees (*Pan troglodytes*:
66 Sobolewski et al., 2012), a behavior implicated in bond formation (Wittig et al., 2014). Similarly, low
67 basal levels of testosterone, and decreased levels from baseline, were associated with feelings of
68 closeness following a friendship formation task in same-sex adult human dyads (Ketay et al., 2017).

69 Glucocorticoid steroids (primarily corticosterone in birds and rodents and cortisol in other
70 mammals) are also involved in regulating animal social behavior, including in contexts relevant to
71 nurture and social bonds. Glucocorticoid release is regulated by the hypothalamic-pituitary-adrenal
72 (HPA) axis and is responsive to actual or perceived stressors (Sapolsky, 2002). The presence of or
73 interaction with bonded partners during a potentially stressful event often attenuates HPA axis
74 activity, a phenomenon known as social buffering (Cohen and Wills, 1985; Hostinar et al., 2014).
75 Being well socially integrated or being able to count on others for social support may help to
76 regulate HPA axis activity even in the immediate absence of stressors (Rosal et al., 2004; Wittig et
77 al., 2016). As with testosterone, cortisol levels also decline in humans after increasing feelings of
78 personal closeness, and individuals with low baseline cortisol had *partners* that desired to be closer
79 to them (Ketay et al., 2017). Thus, mutually lowered cortisol and testosterone may have synergistic
80 facilitative effects in the context of same-sex bonding.

81 Similarly to testosterone, a male's glucocorticoid response to infant care may be dependent on
82 social context. Within nurturing contexts, infant care appears to be negatively related to
83 glucocorticoid levels. For example, cortisol levels decline following father-offspring interactions
84 under non-stressful conditions in humans (Gettler et al., 2011b; Storey et al., 2011). Similarly, male
85 marmosets (*Callithrix kuhlii*) that frequently carried infants had significantly lower glucocorticoid

86 levels than males that carried infants less frequently (Nunes et al., 2001). However, glucocorticoid
87 levels may be positively related to paternal care under more stressful contexts. For example,
88 cortisol levels increase in response to infant cries in men (Fleming et al., 2002). In chacma baboons
89 (*Papio ursinus*), males whose infants were at immediate risk of infanticide showed significant
90 increases in glucocorticoid levels compared to a stable period, and had overall higher levels than
91 males whose infants were not at risk (Cheney et al., 2015).

92 The aim of this study was to investigate how urinary testosterone and cortisol relate to same-sex
93 bonding and nurturing behaviors in male Barbary macaques (*Macaca sylvanus*). Male Barbary
94 macaques form stable social bonds with other males (Young et al., 2014b) that physiologically
95 buffer bonded males during stressful situations (Young et al., 2014a). Two types of interactions are
96 relevant to our aims: triadic male-infant-male interactions (hereafter triadic interactions) and
97 infant care. Triadic interactions are ritualistic and involve two adult males sitting in body contact
98 with an infant or young juvenile in-between them, exchanging affiliative facial signals and often
99 lifting up the immature or inspecting its genitals (Deag and Crook, 1971; Paul et al., 1996). These
100 interactions are of short duration, occur primarily during the non-mating season, predict coalition
101 formation in the following mating season, and have been implicated in bond maintenance
102 (Berghänel et al., 2011; Kalbitz et al., 2017). Triadic interactions may also function in ‘agonistic
103 buffering’, where the presence of the infant allows two males to approach each other in a non-
104 threatening context (Deag and Crook, 1971; Paul et al., 1996). Given the potential bonding and/or
105 agonistic buffering function of triadic interactions, we predicted a negative correlation with both
106 urinary testosterone and cortisol levels.

107 In addition to performing triadic interactions, male Barbary macaques also care for infants and
108 yearlings on a dyadic level (in the absence of other males) by huddling, carrying, and grooming with
109 them, sometimes for prolonged periods of time (Whitten, 1987). The exact function of male infant

110 care in this species remains ambiguous. Males generally prefer to care for infants based on their
111 probability of paternity inferred from their previous mating success with the mother (Kubenova et
112 al., 2019), although their preferred infant is not always their genetic offspring (Ménard et al., 2001).
113 One possible explanation is that males care for infants in a nurturing context. Another possibility is
114 that infant care may be considered part of mating effort to increase a male's mating success with
115 the mother on the following mating season (Ménard et al., 2001). A previous study on this species
116 suggested that handling infants might be stressful as it was associated with elevated fecal
117 glucocorticoid levels (Henkel et al., 2010). Depending on the function of infant care, we may expect
118 different relationships between this behavior with testosterone and cortisol. If infant care is
119 nurturing in nature, we predict a negative relationship with testosterone (van Anders et al., 2011;
120 Wingfield et al., 1990) and cortisol (Nunes et al., 2001; Storey et al., 2011). If the function of infant
121 care is protective, or if infants are used as tools for mating effort, we expect a positive relationship
122 between this behavior and testosterone (Muller, 2017; van Anders et al., 2011) and cortisol
123 (Cheney et al., 2015).

124 Finally, as steroids can influence behavior within- or between-subjects we explicitly differentiate
125 between both types of effects in our analyses. We predicted that the directionality of results would
126 be the same whether effects are within- or between-subjects and that both types of effects would be
127 found.

128 **2 Materials and methods**

129 *2.1 Study site and animals*

130 Study subjects belonged to one group of Barbary macaques (group C) living in semi-free ranging
131 conditions within 14.5 ha of enclosed forest at Affenberg Salem, Germany (de Turckheim and Merz,
132 1984). Monkeys were provisioned once a day with fruits, vegetables, grains and had *ad libitum*

133 access to water and monkey chow. Data were collected from 31 March to 26 October 2016 during
134 one non-mating season. The study group consisted of 14 adult males (7 to 25 years old), 20 adult
135 females (5 to 27 years old), 2 large subadult males (6 years old) and 19 immatures (up to 4 years
136 old, 10 females, 11 males, including 2 male and 1 female yearlings, and one newborn male). The
137 oldest adult male died during the study period on 20 August 2016. All group members could be
138 individually recognized by observers through a combination of unique characteristics including
139 body size, coat color and condition, facial spots and scars, gait and identification tattoos on the
140 inner thigh.

141 2.2 Behavioral data collection and dominance hierarchy

142 Behavioral data were collected from 14 adult males using continuous focal animal sampling (Martin
143 and Bateson, 2007). Focal males were followed continuously for an entire observation day (8-13.5
144 hours per day; total = 3289 hours, mean \pm standard deviation = 235 ± 19 hours per individual;
145 Table 1). The occurrence of all social interactions, including the identity of social partner(s) were
146 recorded. We defined infant care as the time males spent in body contact with infants including
147 huddling, carrying, and grooming, with 'infants' defined as < 1.5 years old (i.e. newborns and
148 yearlings, N = 4). As infant care can occur for prolonged periods of time, we recorded the duration
149 of this behavior. We defined triadic interactions as those that occurred between two adult males
150 and any immature individual (0-4 years old, N = 19; see introduction for a description). Although
151 triadic interactions can develop from a dyadic male-infant situation in some cases, they also
152 develop when a male without an infant is approached by a male carrying an infant or by two males
153 spontaneously converging on the same infant without prior male-infant interactions. In addition,
154 the group of immatures involved in either of the two immature-related behaviors differed, making
155 the two behaviors rather independent. As triadic interactions are often short in duration, we
156 recorded the frequency of this behavior.

157 To construct a dominance hierarchy, we used agonistic interactions recorded during continuous
158 focal animal sampling and *ad libitum* sampling. An agonistic interaction was defined by the
159 occurrence of at least one aggressive (open-mouth threat, stare, lunge, charge, chase, physical
160 aggression) and/or submissive (make room, give ground, flee) behavior. Aggressive and submissive
161 behaviors occurring in quick succession (<20 seconds) of each other were considered as part of the
162 same conflict. We calculated one dominance hierarchy for the entire study period using normalized
163 David's score (de Vries et al., 2006) in R (version 3.6.2; R Core Team, 2019) using the function DS
164 from the package EloRating [version 0.46.8], generating a continuous measure of individual
165 winning success. A higher David's score indicates higher dominance rank. The dominance hierarchy
166 was stable throughout the whole study period.

167 2.3 *Urine sample collection*

168 Urine samples were collected from focal males whenever possible without disturbing the animal by
169 catching it with a plastic bag or otherwise from leaves, plant litter or ground, using a disposable
170 plastic pipette to transfer the sample to 2 ml cryotubes. When pipetting was not possible we
171 absorbed urine using a salivette (Salivette Cortisol, Sarstedt, Nümbrecht, Germany; Büttler et al.,
172 2018). Samples were only collected if they were not contaminated with fecal matter or urine from
173 other individuals. Both samples in cryotubes and salivettes were stored in a thermos container
174 filled with ice while in the field. At the end of the day, samples collected by salivette were
175 centrifuged at 1500 rpm for five minutes to extract the urine, which was afterwards transferred to
176 2 ml cryotubes. All samples were then stored in a freezer at -20°C. At the end of the field season
177 samples were transported on dry ice to the University of Göttingen where they were stored again at
178 -20°C until analysis.

179 We determined the steroid excretion window in macaque urine based on previous
180 radiometabolism studies (Bahr et al., 2000; Möhle et al., 2002). For cortisol, we considered

181 behaviors that occurred within the same day (up to 13.5 hours) prior to sample collection to affect
182 urinary hormone levels (Bahr et al., 2000). For testosterone, levels were at their highest in the urine
183 up to six hours after injection, although they still remained somewhat elevated for up to one day
184 (around 13.5 hours; Möhle et al., 2002). Therefore, we considered behaviors that occurred up to six
185 hours prior to sample collection to affect urinary testosterone levels and used this time window in
186 the main analysis of the study. Nevertheless, to determine the robustness of results we conducted
187 additional analyses using a 13.5 hour clearance window and present these results in the
188 supplementary material (Table S1a and Table S1b). The results were similar regardless of which
189 excretion window was used. We excluded samples from which we had < 2 hours of observation
190 time prior to sample collection for both testosterone and cortisol (N = 60), leaving a total of 650
191 urine samples for cortisol analysis. Out of these 650 urine samples, 78 (12%) were collected with
192 salivettes [Salivette Cortisol, Sarstedt, Nümbrecht, Germany]. Samples collected by salivette were
193 excluded from testosterone analyses but not cortisol analyses as they were validated for the former
194 and not the latter (Büttler et al., 2018), leaving a total of 572 samples. To determine the robustness
195 of results, we present cortisol analysis with salivette samples excluded in the supplementary
196 material (Table S2a and Table S2b). Results including or excluding samples collected via salivette
197 were similar. Table 1 shows descriptive information and sample sizes for each study subject.

198 Table 1: Descriptive information per study subject for the study period. Behavior rates shown here
 199 were calculated based on all observation days for descriptive purposes. Behavior rates used in
 200 analyses were calculated individually for each urine sample and hormone excretion window.

Male ID	Observation days	Observation hours	Dominance rank (norm David's score)	Triadic interactions (per obs. hr.)	Infant care (% obs. time)	Age (years)	Testosterone samples (N)	Cortisol samples (N)
W3	19	238	14.6	0.81	3.32	12	13	24
U2	20	243	13.1	0.45	1.16	13	42	42
M3	21	235	12.6	0.06	2.16	21	19	20
T3	21	242	11.1	0.51	2.42	14	42	56
M4	21	247	10.9	0.04	0.07	21	43	49
W7	19	224	10.3	0.31	0.64	12	40	44
B5	20	238	7.9	1.80	6.65	7	55	66
B6	21	247	7.3	0.65	2.14	7	57	61
B7	21	241	7.2	1.58	3.19	7	44	49
Z5	20	240	5.2	0.08	0.15	9	48	49
Z6	20	239	4.4	0.36	1.19	9	68	73
A6	21	238	3.9	0.17	0.06	8	54	59
I1	14	172	2.2	0.01	0.03	25	12	13
B1	20	246	2.0	0.26	0.19	7	35	45

201

202 2.4 Hormone analysis

203 The measurement of immunoreactive cortisol (iuC) and testosterone (iuT) from the urine of male
 204 Barbary macaques has been previously validated (Rincon et al., 2019). Furthermore, we found a
 205 negative correlation between cortisol and time of day, thus further biologically validating our
 206 cortisol measurement (Table 3). For the accurate quantification of testosterone, but not cortisol,
 207 urine samples needed to be enzymatically hydrolyzed prior to hormone measurement (Rincon et

208 al., 2019). Hydrolysis was carried out by mixing 20 - 100 μ l urine of each sample with 40 μ l β -
209 Glucuronidase (K12 strain *Escherichia coli*, Prod. No. BGALS-RO, Sigma-Aldrich) and 900 μ l
210 phosphate buffer (composed of 6.0 g $\text{NaH}_2\text{PO}_4 \times \text{H}_2\text{O}$ + 14.5 g $\text{Na}_2\text{HPO}_4 \times 2 \text{H}_2\text{O}$ dissolved in 500 ml
211 water; pH 6.9) and incubating in a shaking water bath at 37°C overnight. Hydrolyzed samples were
212 then purified and extracted using solid phase extraction cartridges (Chromabond HR-X, 30mg, 1ml,
213 Macherey-Nagel, Dueren, Germany) placed onto a 12-port vacuum manifold. Prior to sample
214 loading, cartridges were conditioned first with 1 ml of MeOH, followed by 1 ml H_2O and 1 ml
215 phosphate buffer. Columns were not allowed to run dry at this step. Hydrolyzed urine samples were
216 then pipetted into pre-labelled cartridges and the solution was let to sink in. Cartridges were
217 subsequently rinsed three times with 1 ml H_2O followed by two times with 1 ml MeOH/ H_2O
218 (40/60) solution, after which cartridges were dried by applying a vacuum. Steroids were finally
219 eluted with 1 ml absolute MeOH followed by 1 ml ethyl acetate, and eluates were then evaporated
220 to dryness at 40°C under pressurized air. Then, 1 ml hydrolysis phosphate buffer was added to the
221 dried sample eluates and vortexed for 5 min. Afterwards 150 μ l 10% K_2CO_3 buffer and 5 ml tert.
222 butyl methyl ether (TBME) was added to each tube for extraction of the liberated steroids. Tubes
223 were sealed with caps and parafilm, vortexed for 10 min on a multi-tube vortexer, then centrifuged
224 for 5 min at 2000 rpm and subsequently stored at -20°C until the aqueous layer had frozen out. The
225 ether phase was then poured into new collection tubes, the ether was evaporated to around 1 ml,
226 and briefly vortexed to concentrate steroids in the bottom of the tube, and finally evaporated to
227 dryness. Dried samples were reconstituted in 1 ml absolute MeOH by vortexing for 10 min. Extracts
228 were then transferred into 2 ml eppendorf safe-lock tubes and stored at -20°C until analysis for
229 testosterone concentrations. The efficiency of the combined hydrolysis and extraction procedure
230 was assessed using internal controls of testosterone glucuronide run together with each set of
231 samples as previously described (Rincon et al., 2019). The combined hydrolysis/extraction
232 efficiency was $62.1 \pm 4.2\%$ mean \pm SD (range: 50-70%; N = 36).

233 We measured iuT from samples following extraction and hydrolysis (described above), and iuC
234 from unprocessed diluted urine by using enzyme immunoassays as described in detail in Rincon et
235 al. (2019). For the testosterone assay (Palme and Möstl, 1994), sensitivity at 90% binding was 0.3
236 pg; intra-assay CVs of high and low value quality controls were <10%, while figures for inter-assay
237 CVs were 13.2% (high) and 19.5% (low). For the cortisol assay (Palme and Möstl, 1997), sensitivity
238 at 90% binding was 0.6 pg; intra-assay CVs of high and low value quality controls were <10%, while
239 figures for inter-assay CVs were 9.2% (high) and 10.1% (low). To account for differences in the
240 volume and concentration across urine samples, iuT and iuC levels were corrected for creatinine
241 and are expressed as ng/mg Cr (Bahr et al., 2000).

242 2.5 Statistical analyses

243 To test whether triadic interactions were associated with urinary testosterone and cortisol levels,
244 we fitted Bayesian multilevel linear regression models with a Gaussian response distribution and
245 identity link function. Immunoreactive urinary testosterone (iuT; model 1) and cortisol (iuC; model
246 2) were our response variables. Distributions of both hormone values had a strong positive skew so
247 we used a natural log transformation to achieve more symmetrical distributions and used these
248 values in analysis. Our test predictors were count of triadic interactions and duration of male infant
249 care. We included duration of grooming between two adults (male-female or male-male), count of
250 male-male aggression, a continuous measure of dominance rank (normalized David's score), and
251 time of sample collection (daytime) as control predictors in both models. Counts of triadic
252 interactions and male-male aggression, and duration of infant care and grooming were calculated
253 for the hormone excretion window of each urine sample and corrected for the observation time of
254 the hormone excretion window. Each male had one dominance rank score for the entire study
255 period (Table 1). All predictors were z-transformed to a mean of 0 and standard deviation of 1 to
256 improve model convergence and interpretation of results (Schielzeth, 2010).

257 To decouple whether triadic interactions and infant care influenced hormone levels within- or
258 between-subjects, we computed within-subjects centering as described in van de Pol and Wright
259 (2009). We first calculated the mean rates of triadic interactions for each male. Then we calculated
260 relative rates of triadic interactions by subtracting a male's mean rate of interactions from the rate
261 at a given observation. Therefore, relative rates of triadic interactions are centered around zero,
262 with negative and positive values denoting deviations from the mean. The mean rates of triadic
263 interactions were included in the models as an expression of between-subjects variation and the
264 relative rates of triadic interactions at a given observation were included as an expression of
265 within-subjects variation. This procedure was repeated analogously for infant care. Mean rates of
266 triadic interactions were strongly correlated with the mean duration of infant care ($r = 0.90$ in the
267 testosterone excretion window, $r = 0.88$ in the cortisol excretion window), making it difficult to
268 distinguish independent effects for the between-subjects effect of each behavior. Therefore, we
269 decided not to include both predictors within the same model to avoid issues of collinearity and
270 instead fit two versions of the same model: one model included the mean duration of infant care
271 and one the other included mean rates of triadic interactions. Triadic interactions and infant care
272 within-subjects were not strongly correlated and therefore could be included in the same model.
273 Here we report models including mean duration of infant care (and excluding mean rates of triadic
274 interactions) and include results of the complementary model (that includes mean rates of triadic
275 interactions but excludes mean duration of infant care) in the supplementary material (Table S3,
276 Table S4). Regardless of which behavior was included, model estimates for all predictors remained
277 remarkably similar and thus did not change the interpretation of results.

278 We fitted models in R (version 3.6.2; R Core Team, 2019) using the function `brm` from the package
279 `brms` (version 2.11.1; Bürkner, 2017). The package `brms` calls on the computational framework
280 Stan (<https://mc-stan.org>) to fit Bayesian models (Bürkner, 2017). We included male identity as a
281 random effect in all models to control for multiple observations (urine samples) per subject. We

282 also included random slopes and correlation parameters between random intercepts and random
283 slopes for all predictors that varied within-subjects (triadic interactions within-subjects, infant care
284 within-subjects, grooming, aggression, daytime) (Barr et al., 2013). We ran all models with 4000
285 iterations over four MCMC chains, which included 1000 “warm up” iterations for each chain,
286 resulting in a total of 12000 posterior samples (Bürkner, 2017). In all models, there were no
287 divergent transitions during warm up, all Rhat values were equal to 1.00, and visual inspection of a
288 plot of the chains indicated that the models were able to converge. We used weakly informative
289 priors to improve convergence, guard against overfitting, and regularize parameter estimates
290 (McElreath, 2016). As a prior for the intercept and beta coefficients we used a normal distribution
291 with a mean of 0 and a standard deviation of 1; for the standard deviation of group level (random)
292 effects and sigma we used a Half-Cauchy distribution with location 0 and scale parameter 1; for the
293 correlation between random slopes we used LKJ Cholesky prior with eta 2.

294 We report model estimates as the mean of the posterior distribution with 95% credible intervals
295 (CI). To aid in the interpretation of whether predictor variables substantially affected the response
296 (hormone levels), we calculated the proportion (Pr) of posterior samples that fell on the same side
297 of 0 as the mean. The Pr ranges from 0.5 to 1.0, with Pr = 1.00 indicating that, given the model, the
298 effect of a predictor was entirely positive or negative, whereas Pr = 0.5 indicates that the effect was
299 centered around 0.

300 The data and code to reproduce the analyses in this paper are available at
301 https://osf.io/4dwgu/?view_only=732edeb15854463983a00ecf5abdb18d.

302 **3 Results**

303 We recorded a total of 1701 triadic interactions during 3289 hours of observation in one non-
304 mating season. All males of the study group were observed to partake in triadic interactions at least

305 once (Table 1). The majority (64%) of triadic interactions involved the one newborn male, 27%
306 involved yearlings (two males and one female) and 9% involved older juveniles up to four years of
307 age. Rates of triadic interactions were negatively correlated with iuT levels within-subjects (Table
308 2; Fig. 1 *a, b*), but not between-subjects (Estimate = 0.10, 95% CI: -0.07, 0.26, Pr = 0.88; Table S3).
309 Likewise, rates of triadic interactions were negatively correlated with iuC levels within-subjects
310 (Table 3; Fig. 2, *a, b*), but not between-subjects (Estimate = -0.14, 95% CI: -0.40, 0.10, Pr = 0.88;
311 Table S4).

312 All adult males of the group were observed caring for the newborn infant and/or yearlings (≤ 1.5
313 years old), including time spent huddling, carrying, or grooming (Table 1). Male infant care tended
314 to be positively correlated with iuT levels within-subjects (Table 2; Fig. 1, *a, c*), but was not related
315 to iuT levels between-subjects (Table 2). Male infant care tended to be positively correlated with
316 iuC levels within-subjects (Table 3; Fig. 2, *a, c*), but was not related to iuC levels between-subjects
317 (Table 3).

318 Table 2: Immunoreactive urinary testosterone levels (iuT) in relation to the frequency of triadic
319 interactions and duration of male infant care (model 1). Male identity was included as a random
320 effect, N subjects = 14, N urine samples = 572. CI = 95% credible intervals, Pr = proportion of the
321 posterior samples that fall on the same side of 0 as the mean. The complementary model with
322 results for triadic interactions between-subjects is provided in the supplementary material (Table
323 S3) and estimates are also provided in the text.

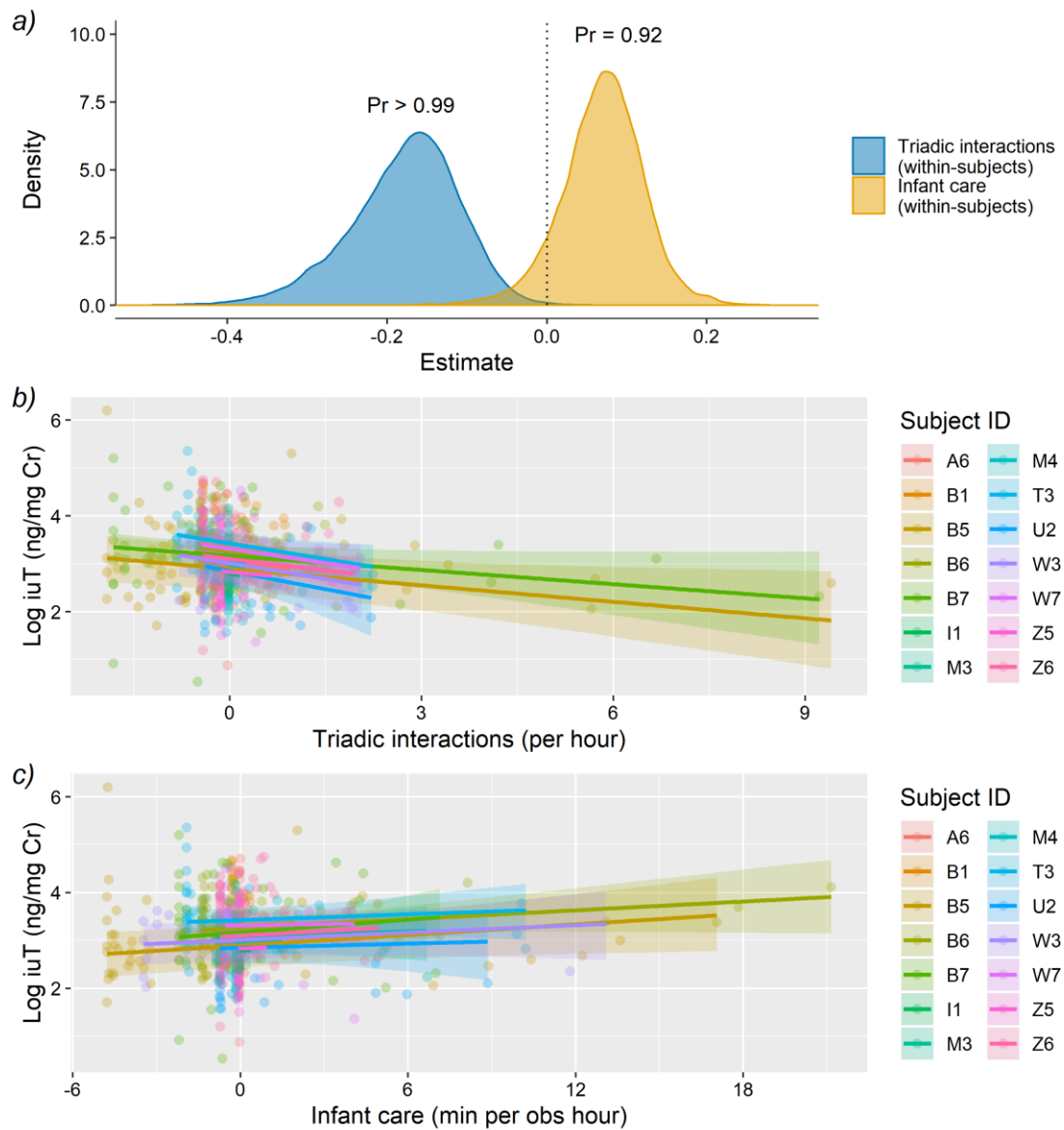
	Estimate	SD	CI lower	CI upper	Pr
Intercept	3.06	0.09	2.88	3.22	1.00
Test predictors					
Triadic interactions (within subjects)	-0.18	0.07	-0.33	-0.06	>0.99
Infant care (within subjects)	0.07	0.05	-0.04	0.17	0.92
Infant care (between subjects)	0.08	0.09	-0.10	0.26	0.82
Control predictors					
Aggression	-0.03	0.04	-0.10	0.04	0.78
Dominance rank	-0.16	0.08	-0.32	0.00	0.97
Grooming	0.07	0.04	-0.01	0.14	0.96
Daytime	-0.01	0.04	-0.10	0.08	0.63

324

325 Table 3: Immunoreactive urinary cortisol levels (iuC) in relation to the frequency of triadic
326 interactions and duration of male infant care (model 2). Male identity was included as a random
327 effect, N subjects = 14, N urine samples = 650. CI = 95% credible intervals, Pr = proportion of the
328 posterior samples that fall on the same side of 0 as the mean. The complementary model with
329 results for triadic interactions between-subjects is provided in the supplementary material (Table
330 S4) and estimates are also provided in the text.

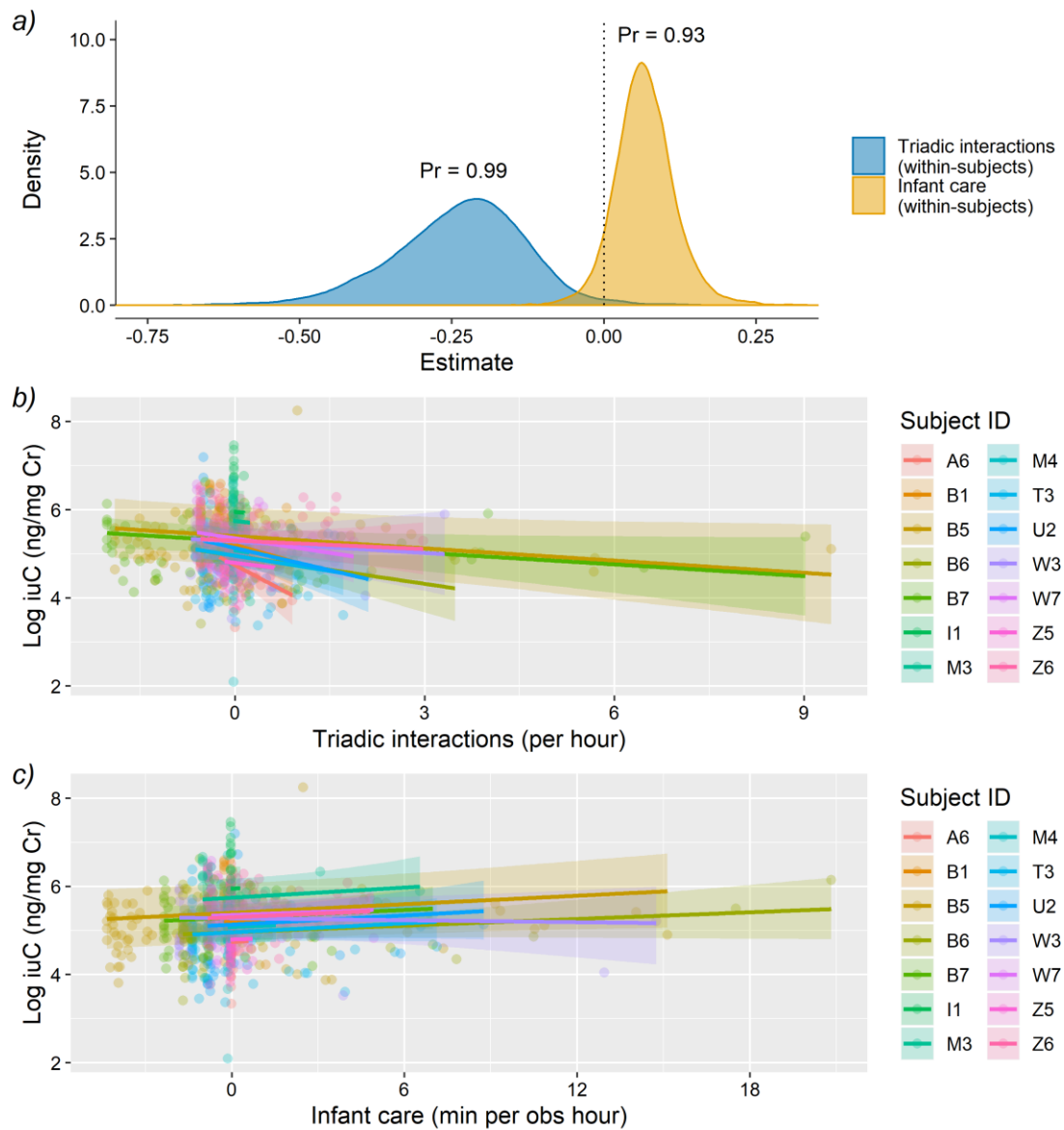
	Estimate	SD	CI lower	CI upper	Pr
Intercept	5.15	0.14	4.86	5.39	1.00
Test predictors					
Triadic interactions (within subjects)	-0.24	0.11	-0.47	-0.04	0.99
Infant care (within subjects)	0.07	0.05	-0.03	0.17	0.93
Infant care (between subjects)	-0.14	0.13	-0.41	0.12	0.88
Control predictors					
Aggression	-0.03	0.04	-0.11	0.03	0.85
Dominance rank	-0.17	0.11	-0.38	0.04	0.95
Grooming	0.00	0.06	-0.12	0.11	0.51
Daytime	-0.23	0.04	-0.31	-0.15	1.00

331



332

333 Fig. 1: Immunoreactive urinary testosterone levels (iuT) in relation the frequency of triadic
334 interactions and duration of male infant care within-subjects (model 1). a) Posterior probability
335 distribution of the slope estimate. Pr = proportion of the posterior samples that fall on the same
336 side of 0 as the mean. b) and c) Model fitted values (solid lines) and 95% credible intervals (shaded
337 areas) per focal male, when all other predictors are at their mean. Note that the x-axis has been
338 centered within-subjects, thus positive and negative values indicate deviations from the mean.
339 Circles indicate raw data points (urine samples; N = 572). Note that multiple behaviors can occur
340 within the excretion window per urine sample and each behavior can influence hormone levels in
341 opposing directions. The individual effects of each behavior are controlled for in the full statistical
342 model. Cr = creatinine.



343

344 Fig. 2: Immunoreactive urinary cortisol levels (iuC) in relation to the frequency of triadic
345 interactions and duration of male infant care within-subjects (model 2). a) Posterior probability
346 distribution of the slope estimate. Pr = proportion of the posterior samples that fall on the same
347 side of 0 as the mean. b) and c) Model fitted values (solid lines) and 95% credible intervals (shaded
348 areas) per focal male, when all other predictors are at their mean. Note that the x-axis has been
349 centered within-subjects, thus positive and negative values indicate deviations from the mean.
350 Circles indicate raw data points (urine samples; N = 650). Note that multiple behaviors can occur
351 within the excretion window per urine sample and each behavior can influence hormone levels in
352 opposing directions. The individual effects of each behavior are controlled for in the full statistical
353 model. Cr = creatinine.

354 4 Discussion

355 In this study, we investigated how testosterone and cortisol levels were related to social bonding
356 and nurturing in male Barbary macaques. We first tested for a relationship between testosterone
357 and triadic male-infant-male interactions, a ritualized behavior hypothesized to promote and/or
358 maintain social bonds in male macaques (Berghänel et al., 2011; Kalbitz et al., 2017; Paul et al.,
359 1996). We found that iuT was negatively correlated to frequency of triadic interactions within-
360 subjects but was not correlated to mean rates of interactions between-subjects. In other words, the
361 more frequently a male engaged in this behavior, the lower his iuT levels. This finding supports the
362 S/P theory, which proposes that low testosterone levels are preferred during bonding behaviors, so
363 as to not inhibit the bonding process (van Anders et al., 2011). These results are also in line with a
364 previous study in humans that found decreases in testosterone levels from baseline following a
365 friendship formation task between same-sex adults (Ketay et al., 2017). Similarly, chimpanzee
366 males that participated in meat-sharing after a hunt - a bond promoting behavior - had lower
367 testosterone than males that did not hunt or share, although it is unclear whether this resulted from
368 differences in baseline levels or reactivity (Sobolewski et al., 2012). Same-sex adults may see each
369 other as reproductive rivals and high testosterone levels may consequently interfere with the
370 bonding process by cognitively priming individuals to be competitive rather than nurturing
371 (Boksem et al., 2013; Eisenegger et al., 2011). Human, chimpanzee, and macaque males readily form
372 close social bonds and long-term cooperative relationships with a few co-resident males that
373 compete with the other co-residents (Aktipis et al., 2018; Schülke et al., 2010; Watts, 2002; Young et
374 al., 2013). Thus, males may have been under selective pressure to downregulate testosterone
375 during periods of affiliation to facilitate bond formation. It would be interesting to test whether
376 lowered testosterone after affiliation between same-sex dyads is primarily found in species where
377 long-term cooperative relationships increase fitness or if low testosterone is also found after
378 opportunistic short-term affiliation. Beyond the formation of same-sex social bonds, high

379 testosterone levels may also be detrimental to the maintenance of these bonds in the long term. For
380 example, territory holder male manakins (*Pipra filicauda*, a lekking bird species), must perform
381 cooperative displays with floater males to attract females; however, territory holders with high
382 testosterone levels fail to maintain stable display partnerships with floater males, thus reducing
383 their ability to compete for females (Ryder et al., 2020).

384 We additionally found that iuC levels were negatively correlated within-subjects with rates of
385 triadic interactions in male Barbary macaques. Triadic interactions decrease tensions between
386 adult males, as per the agonistic buffering hypothesis (Deag and Crook, 1971; Paul et al., 1996), and
387 thus may consequently reduce cortisol and testosterone levels. Another non-mutually exclusive
388 explanation relates to the potential bond-formation properties of triadic interactions, resulting in
389 integration into the male social network (Henkel et al., 2010) and increased social support
390 (Berghänel et al., 2011). Social support is a powerful regulator of the HPA axis and thus of
391 glucocorticoid levels (Hostinar et al., 2014). Merely the presence of closely bonded conspecifics
392 during the occurrence of a stressor is enough to buffer HPA axis activity in a variety of species
393 (Hostinar et al., 2014). Indeed, male Barbary macaques with strong social bonds show attenuated
394 glucocorticoid responses to social and environmental stressors (Young et al., 2014a). Having
395 reliable social support may also help to downregulate HPA activity even in the immediate absence
396 of stressors (Rosal et al., 2004; Wittig et al., 2016). Thus, study males of this study may have
397 perceived themselves as having strengthened their social bonds and ability to call on support if
398 needed on days when they frequently engaged in triadic interactions (Berghänel et al., 2011),
399 consequently lowering cortisol.

400 While lowered testosterone levels may be necessary to prevent the inhibition of bonding, the
401 process of bonding itself is likely driven by other hormones. For instance, the S/P theory predicts
402 that high oxytocin levels are needed to promote social bonding (van Anders et al., 2011). In a

403 previous study on the same group of Barbary macaques we did not find an increase in oxytocin
404 levels following triadic interactions in general but found that oxytocin levels were only higher after
405 triadic interactions with non-bond partners (Rincon et al., 2020). If the combination of low
406 testosterone and high oxytocin is responsible for bonding, then triadic interactions may function to
407 form bonds selectively between non-bonded partners while physiologically not affecting existing
408 bonds between strongly bonded partners. In this interpretation, triadic interactions are a tool for
409 bond formation rather than bond maintenance, although, low testosterone levels after interactions
410 with bond partners may still be beneficial to avoid damaging existing relationships (Ryder et al.,
411 2020), and perhaps to not inhibit friendly interactions altogether. In our study subjects, 45% of
412 triadic interactions occurred with non-bond partners (Rincon et al., unpublished data) indicating
413 that there is substantial variation in partner identity and thus the potential to bond with previously
414 non-bonded partners is high. Finally, the low levels of testosterone associated with triadic
415 interactions occur independently of infant care, suggesting that it is not merely the presence of an
416 immature individual that lowers testosterone or cortisol levels, but that the triadic interaction itself
417 is what is salient.

418 Low cortisol in conjunction with low testosterone may act synergistically to reduce tension and
419 facilitate bonding. During a dyadic friendship formation task in humans, participants desired to be
420 closer to their partners if their partners had low cortisol levels (Ketay et al., 2017), suggesting that
421 affiliative interactions in a relaxed state are beneficial for both partners. While low testosterone and
422 low cortisol may be beneficial to bond formation between same-sex adults, this pattern may not
423 generalize to other types of dyads or contexts. For example, our findings are in contrast to a
424 previous study in humans where testosterone levels were negatively related to friendship
425 formation and positively related to friendship maintenance within a social network, whereas the
426 opposite was true for cortisol levels (Kornienko et al., 2016). One difference between our study and
427 Kornienko et al. (2016) is that the social network comprised a mixed-sex group in their study.

428 Steroid dynamics in relation to opposite-sex bonding may differ from that for same-sex bonding as
429 opposite-sex dyads having greater potential for a sexual relationship and same-sex dyads having
430 greater potential to be reproductive competitors. Indeed, high testosterone levels most likely
431 promotes males to affiliate with females and facilitates the initial stage of sexual or romantic
432 relationships (Goymann et al., 2019; Roney and Gettler, 2015; van Anders et al., 2011). Although
433 high testosterone levels may be detrimental to satisfaction in long-term romantic relationships
434 (Roney and Gettler, 2015), it is unclear if this is also the case for long-term opposite-sex platonic
435 friendships.

436 We found that male infant care was weakly positively correlated with testosterone levels within-
437 subjects but not between-subjects. Cortisol exhibited the same pattern, which is in line with a
438 previous finding in this species (Henkel et al., 2010). These results suggest that, from the male's
439 perspective, infant care is neither nurturing nor relaxing and may instead be performed under a
440 competitive context. Across many mammals, infants are at risk of infanticide in species where the
441 period of lactation is long relative to gestation (van Schaik, 2000), as is the case in primates. Infant
442 caretakers perform a protective role in the majority of Old World nonhuman primates and the
443 threat of infanticide has been shown to elicit elevated testosterone and glucocorticoid responses
444 (Cheney et al., 2015; Muller, 2017). Beyond defense against infanticide, fathers support or tolerance
445 of immatures can have additional benefits. For instance, male baboons (*Papio cynocephalus*) often
446 support their offspring in agonistic conflicts against other group members, which may help in
447 gaining dominance rank and reducing stress or injury (Buchan et al., 2003). Father-offspring
448 associations can also lead to improved feeding opportunities and ultimately faster maturation for
449 juveniles (Huchard et al., 2013). Male Barbary macaques prefer to interact with infants based on
450 their past mating success with the mother (Kubenova et al., 2019), which may be indicative of
451 paternal investment. Thus, modest increases in testosterone and cortisol when males care for
452 infants could serve to make them more alert to their social environment and more effective at

453 providing protective support. Additionally, a positive relationship between testosterone and infant
454 care is in line with the suggestion that infants can be used as tools for mating effort in this species
455 (Ménard et al., 2001). It has also previously been suggested that parental effort may enhance status
456 in young human fathers thus resulting in elevated testosterone (Mazur, 2014). It is not clear if
457 infant care enhances status in Barbary macaque males, but it does seem likely that these behaviors
458 are perceived positively by the infant's mother (Ménard et al., 2001).

459 Differences in baseline or mean hormone levels among individuals could potentially result in
460 different behavioral profiles where individuals perform certain behaviors at a higher or lower rate
461 on average (Hau and Goymann, 2015). In our Barbary macaques males, however, we found that
462 mean differences in iuT and iuC levels did not result in mean differences in rates of triadic
463 interactions or duration of infant care. Instead, variation in steroid levels within-subjects were
464 linked to these two behaviors. It is unclear why we found within- but not between-subjects effects
465 given that both paternal care and friendship formation tasks influence baseline steroid levels as
466 well as reactivity, at least in humans (e.g. Gettler et al., 2011a; Ketay et al., 2017). Differences in
467 steroid receptor densities among male Barbary macaques could account for differences in
468 sensitivity to hormone levels and thus result in a lack of between-subjects variation in behavior.
469 Another possibility is that triadic interactions and infant care are expressed only sporadically and
470 unpredictably throughout the day. Thus, selection may have acted on an individual's ability to
471 flexibly up- or downregulate hormone levels in response to the social environment.

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