Title: Evidence that vertical transmission of the vaginal microbiota can persist into

adolescence

Running title: Vertical transmission of the vaginal microbiota

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Abstract

Background: Factors that influence vaginal microbiota composition, including its source, are not well understood. To determine if vaginal microbiota transmission from mother to daughter at birth influences the human vaginal microbiota composition in adolescence, we investigated the relationship between the vaginal microbiota of 13 mother/daughter pairs and the daughter's birth mode.

Results: Based on analysis of bacterial 16S rRNA gene sequences, the vaginal microbiotas of mother/daughter pairs were more similar to each other if the daughter was born by vaginal delivery rather than by C-section. Additionally, genome sequences from an important member of the vaginal microbiota, *Lactobacillus crispatus*, isolated from one mother/daughter pair in which the daughter was born by vaginal delivery, were highly similar.

Conclusions: Both community-level analysis and isolate genome sequence analysis provide evidence of birth-mode dependent transmission and persistence of at least some members of the vaginal microbiota.

Importance

The composition of the human vaginal microbiota is related to many aspects of health from infection susceptibility to preterm birth. Our study provides evidence that transmission of vaginal bacteria from mother to daughter at birth is an important factor influencing vaginal microbiota composition into adolescence.

Keywords

Vaginal microbiota, transmission, birth mode, 16S rRNA gene sequences, *Lactobacillus crispatus* genomics

Background

The vaginal microbiota plays an important role in human health. The community structure of the vaginal microbiota has strong links to HIV susceptibility and preterm birth [1-3]. While there has been considerable effort in examining the role of the gastrointestinal microbiota in human health and disease (e.g. [4]), there have been fewer studies examining the microbial communities that inhabit the female reproductive tract. The composition of the vaginal microbiota is distinct from other body sites and contains types of bacteria that seem specific to the vagina [5]. For example, the vaginal microbiota is often dominated by specific types of *Lactobacillus,* most commonly *L. crispatus* and *L. iners* [6, 7]. Vaginal *Lactobacillus* sp. are thought to maintain dominance and inhibit colonization of other microbes through lactic acid production [8, 9].

Despite strong evidence that the vaginal microbiota can have significant impacts on a woman's reproductive tract health, the factors that influence the composition of the vaginal microbiota are not well understood. It is not known how this vagina-specific community is maintained from generation to generation. One possibility is that at least some members of the vaginal microbiota are transmitted from mother to daughter at birth and maintained in daughters through adolescence.

In healthy babies, the first large, direct exposure to microbes occurs at birth. Birth mode has been shown to influence the composition of the newborn microbiota (gut, skin, mouth), likely due to different bacterial exposure in vaginal delivery and C-sections [10, 11]. However, the effect of birth mode on the composition of the vaginal microbiota has not been investigated. In this study, we compared the vaginal microbiotas of 13

mother/daughter pairs and investigated the effect of birth mode on mother/daughter

microbiota similarity. We also compared the genome sequences from *Lactobacillus*

crispatus isolates from one mother/daughter pair. We hypothesized that the vaginal

microbiota of mothers and daughters would be more similar if the daughter was born by

vaginal delivery than by C-section.

Methods

Subject recruitment and sample collection

Mother/daughter pairs were recruited from the Pediatric and Adolescent

Gynecology Clinic at the University of Michigan Health System in 2014 and 2015.

Exclusions were pregnancy and age of less than 15 years. Written, informed consent

was obtained and participants completed a baseline survey on their demographics and

pertinent gynecologic and medical history. Vaginal samples were self-collected using a

dual-headed swab (Starplex Scientific, S09D) at baseline and then weekly for 4 weeks.

The baseline swab was obtained in the clinic, with immediate storage on ice and

transfer to -80°C within a few hours. The subsequent swabs were returned via mail at

ambient temperature. After the fifth swab was received and a completion incentive was

mailed to the subject, the link between samples and subject names was destroyed,

irreversibly de-identifying all samples. The study was approved by the University of

Michigan IRB (HUM00086661).

DNA isolation and 16S rRNA gene sequencing

One of the swab heads from each sample was clipped directly into the bead plate

of a PowerMag Microbiome RNA/DNA Isolation Kit (Mo Bio Laboratories, Inc.). DNA

isolation was performed according the manufacturer's instructions using an epMotion

5075 liquid handling system. The V4 region of the 16S rRNA gene was amplified from 1

or 7μl DNA and sequenced with a MiSeq (Illumina, San Diego, CA) using the 500 cycle

MiSeq Reagent Kit, v. 2 (Illumina, catalog No. MS-102–2003) by the University of

Michigan Microbial Systems Molecular Biology Laboratory as described previously

[12]. The other swab head was used for cultivation or stored at -80°C.

Bacterial community analysis

The 16S rRNA gene sequences were processed using mothur v.1.36.1 and

v.1.39.5 following the mothur MiSeq SOP [13, 14]. Details of the processing steps are

available in mother.daughter_mothur.batch

(https://github.com/cbassis/MotherDaughter_Vaginal_Microbiota.study). After sequence

processing and alignment to the SILVA reference alignment (Release 102) [15],

sequences were binned into operational taxonomic units (OTUs) based on 97%

sequence similarity using the average neighbor method [16, 17]. Samples with fewer

than 1000 sequences were excluded from the analysis. OTUs were classified to the

genus level within mothur using a modified version of the Ribosomal Database Project

(RDP) training set (version 9) [18, 19]. To further classify the *Lactobacillus* OTUs,

representative sequences were analyzed using standard nucleotide BLAST for highly

similar sequences (megablast) on the National Center for Biotechnology Information

(NCBI) BLAST web page (https://blast.ncbi.nlm.nih.gov/Blast.cgi) [20]. OTU relative

abundances were calculated and plotted in a heatmap. To compare bacterial

communities between pairs, within pairs and within subjects, we calculated θ_{YC}

distances (a metric that takes relative abundances of both shared and non-shared

OTUs into account) [21]. A Kruskal-Wallis test with a Dunn's posttest or a Wilcoxon

(Mann-Whitney) test were used to determine if differences in θ_{YC} distances were

statistically significant. Principal coordinates analysis (PCoA) was used to visualize the

θ_{YC} distances between samples. R Studio (Version 1.1.456) with R (Version 3.5.1) was

used for the statistical tests and plotting the heat map, box and whisker plots, and the

ordination using the code available:

https://github.com/cbassis/MotherDaughter_Vaginal_Microbiota.study/tree/master/R_co

de. Adobe Illustrator (CS6) was used for labeling and formatting figures.

***Lactobacillus crispatus* isolation**

For pair I, the second swab head from the freshly collected baseline vaginal

sample was swabbed onto an MRS agar plate and incubated in an anaerobic chamber

(Coy Laboratory Products) at 37°C. Individual isolates were identified via Sanger

sequencing of the near-full length 16S rRNA gene.

DNA isolation and genome sequencing

Three *Lactobacillus crispatus* isolates from pair I, 2 from the mother and 1 from

the daughter, were grown overnight in 1 ml liquid MRS in an anaerobic chamber (Coy

Laboratory Products) at 37°C. Genomic DNA was isolated from the liquid cultures using

the PowerMicrobiome™ RNA Isolation Kit (Mo Bio Laboratories, Inc.) without the DNase

treatment. Genome sequencing was performed by the Microbial Systems Molecular

Biology Laboratory at the University of Michigan using an Illumina Nextera™ sequencing

kit and a MiSeq (Illumina, San Diego, CA).

Genome sequence analysis

Phylogenetic relationships between *L. crispatus* isolates from mother/daughter pair I

and all *L. crispatus* strains with genome sequences available as fastq files from NCBI

on December 27th, 2018 were determined based on recombination-filtered single

nucleotide polymorphisms (SNPs). Quality of reads was assessed with FastQC v0.11.3

[22], and Trimmomatic 0.36 [23] was used for trimming adapter sequences and low-

quality bases. Variants were identified by (i) mapping filtered reads to reference

genome sequence *L. crispatus* ST1 (SAMEA2272191) using the Burrows-Wheeler

short-read aligner (bwa-0.7.17) [24, 25], (ii) discarding polymerase chain reaction

duplicates with Picard (picard-tools-2.5.0) [26], and (iii) calling variants with SAMtools

(samtools-1.2) and bcftools [27]. Variants were filtered from raw results using GATK 's

(GenomeAnalysisTK-3.3-0) VariantFiltration (QUAL, >100; MQ, >50; >=10 reads

supporting variant; and FQ, <0.025) [28]. In addition, a custom python script was used

to filter out single-nucleotide variants that were (i) <5 base pairs (bp) in proximity to

indels, (ii) fell under Phage and Repeat region of the reference genome (identified using

Phaster [29] and Nucmer (MUMmer3.23) [30]), (iii) not present in the core genome, or

(iv) in a recombinant region identified by Gubbins 2.3.1 [31]. A maximum likelihood tree

was constructed in RAxML 8.2.8 [32] using a general-time reversible model of sequence

evolution. Bootstrap analysis was performed with the number of bootstrap replicates

determined using the bootstrap convergence test and the autoMRE convergence

criteria (-N autoMRE). Bootstrap support values were overlaid on the best scoring tree

identified during rapid bootstrap analysis (-f a). The final maximum likelihood tree was

plotted and pairwise SNP distances were calculated in R Studio (Version 1.1.463) with

R (Version 3.5.3):

https://github.com/cbassis/MotherDaughter_Vaginal_Microbiota.study/blob/master/R_co

de/Mother_Daughter_Figure_3_Genome_Tree_and_Genome_Analysis.Rmd. Adobe

Illustrator (CS6) was used for labeling and formatting the figure.

163 Calculation of doubling time estimate for vaginal *L. crispatus in vivo*

We used the number of SNPs between the pair I mother and daughter *L.*

crispatus isolates to estimate the doubling time of vaginal *L. crispatus in vivo* if all SNPs

in the recombination-filtered core genome were due to mutations acquired since the

daughter's birth:

Doubling time=(mutation rate)(daughter's age)(genome length)/(# of mutations)

The mutation rate of *L. crispatus* is unknown, so for this estimate we used the published

mutation rate of another *Lactobacillus, L. casei* Zhang, *in vitro,* without antibiotics

(1.0×10^{-9} bp/generation) [33]. The pair I daughter's age in hours was: 175,200 hours

=(20 years)(365 days/year)(24 hour/day). The average length of the recombination-

filtered core genome (940,943 bp) was used for genome length. We assumed that the

isolates arose from a common ancestor and that all mutations were non-convergent, so

the number of mutations acquired would equal the number of SNPs between the

mother's isolate and the daughter's isolate divided by 2.

177 Results

178 Subject characteristics and sequencing results

A total of 107 self-collected, vaginal swab samples were obtained from 26

subjects (13 mother/daughter pairs) (Table 1). Each subject returned 1-5 weekly

samples (median=5 samples/subject, IQR=1). After sequence processing and exclusion

of samples with fewer than 1000 sequences, a total of 2,336,437 high quality bacterial

16S rRNA gene sequences from 101 samples were analyzed with an average of 23,133

+/- 10,212 sequences per sample.

Table 1. Subject Characteristics

	Mother (n=13)	Daughter (n=13)
	n (%)	n (%)
Age, mean ± SD, years	47±6	17±2
Race: White (vs. Black, Asian, Hispanic, other)	12 (92)	12 (92)
Birth mode: Vaginal (vs. C-section)	10 (77)	10 (77)
Reproductive stage: Premenarchal	0 (0)	1 (8)
Reproductive stage: Reproductive	8 (62)	12 (92)
Reproductive stage: Postmenopausal	5 (38)	0 (0)

An individual's vaginal microbiota is relatively stable over 4 weeks

During the sampling period, the vaginal microbiota of each subject was relatively

stable. The high stability of the vaginal microbiota is apparent from the consistent within

subject community composition (Figure 1). For example, high relative abundances of

OTU1 (*L. crispatus*) and/or OTU2 (*L. iners*) persisted from week to week in many

subjects. Additionally, average θ_{YC} distances were significantly lower within subjects

than between subjects (Figure 2A) and samples clustered by subject in a PCoA based

on θ_{YC} distances (Supplemental Figure 1).

Daughters born via vaginal delivery have greater microbiota similarity with their

mothers than those born via C-section

To determine if mothers and their daughters had more similar vaginal microbiotas

than unrelated subjects, we compared the average θ_{YC} distances between all unrelated

subjects (between pairs) and the average θ_{YC} distances between mothers and their own

daughters (within pairs) (Figure 2A). There was a trend toward greater similarity (lower

θ_{YC} distances) within all mother/daughter pairs than between subjects in different

mother/daughter pairs. To determine if birth mode was related to vaginal microbiota

similarity within mother/daughter pairs, we compared the average within pair θ_{YC}

distances for pairs in which the daughter was born by vaginal delivery and by C-section

(Figure 2B). The average within pair θ_{YC} distances were significantly lower for pairs in

which the daughter was born by vaginal delivery compared to C-section (Fig. 2B).

Therefore, the vaginal microbiotas of daughters born by vaginal delivery were

significantly more similar to their mothers' than the daughters born by C-section were to

their mothers' (Fig. 2B).

***Lactobacillus crispatus* isolates from mother/daughter pair I have highly similar**

genome sequences

The birth mode-dependent similarity of the vaginal microbiotas of mothers and

their daughters suggested that vaginal bacteria could be transmitted between

generations at birth and persist into adolescence. However, it is possible that genetic or

environmental factors shared by a mother and her daughter lead to acquisition of similar

bacteria later, resulting in the *de novo* establishment of similar vaginal communities. To

investigate the possibility of direct transmission and persistence of one member of the

vaginal microbiota, we generated draft genome sequences of *Lactobacillus crispatus*

strains isolated from the freshly collected second swab head of mother/daughter pair I.

The draft genome sequences of these isolates were compared with publicly available *L.*

crispatus genome sequences by constructing a maximum likelihood phylogenetic tree

based on a recombination-filtered core genome alignment. Interestingly, the three

strains of *L. crispatus* from mother/daughter pair I, UMP1M1, UMP1M2 and UMP1D1,

were more similar to each other than to any of the other strains, including others

isolated from the female reproductive tract (Fig.3).

We also calculated the number of SNPs between our isolates using the

recombination-filtered core genome alignment. There were 11 recombination-filtered

SNPs between the 2 isolates from the mother (UMP1M1 and UMP1M2) and 25 and 16

recombination-filtered SNPs between the daughter's isolate (UMP1D1) and the 2 isolates

from the mother (UMP1M1 and UMP1M2, respectively).

Estimate of *in vivo* doubling time for vaginal *L. crispatus*

To further investigate the plausibility that the *L. crispatus* strain isolated from

daughter I descended from a strain transmitted from her mother at birth, we estimated

the doubling time that would allow our isolates to acquire the observed number of SNPs

over 20 years. Based on the 25 SNPs between UMP1M1 and UMP1D1, the estimated

doubling time for *L. crispatus in vivo* would be 13.2 hours. Based on the 16 SNPs

between UMP1M2 and UMP1D1, the estimated doubling time would be 20.6 hours.

Discussion

Our study provides preliminary evidence that the vaginal microbiota is vertically

transmitted from mother to daughter at birth via vaginal delivery and persists into

adolescence. Because the daughters in our study were 15-21 years old, both

transmission and persistence were required to observe evidence of vertical

transmission. The first piece of evidence supporting vertical transmission is that the

vaginal microbiotas of mothers and their adolescent daughters were more similar if their

daughter was born by vaginal delivery rather than C-section. The second piece of

evidence supporting vertical transmission and persistence is that an important member

of the vaginal microbiota, *L. crispatus,* isolated from a vaginally-born, 20-year-old

daughter and her mother (pair I) had highly similar genome sequences.

Other studies have compared the vaginal microbiotas of mothers and daughters

without detecting notable similarity between them [34, 35]. There are multiple reasons

that high similarity between mothers and daughters was not observed in these studies.

First, the effect of birth mode was not analyzed in these previous studies. In our study,

there was a trend toward greater community similarity within mother/daughter pairs,

regardless of birth mode, than between unrelated subjects in different mother/daughter

pairs (Figure 2A). However, most (10/13) of the daughters in our study were born by

vaginal delivery. Indeed, when mother/daughter pairs were separated by the daughter's

birth mode, the vaginal microbiotas of mothers and their daughters were significantly

different if the daughter was born by C- section. So, if many of the daughters in the

other studies were born by C-section then high similarity between mothers and

daughters would not be expected. With C- section rates of ~30% in the United States

(study site for [35]) and ~36% in South Korea (study site for [34]) this is a possibility [36,

37]. Additionally, our study focused on adolescent daughters (age 15-21) while the other

studies focused on either younger or older daughters. Since reproductive stage seems

to influence the structure of the vaginal microbiota [38], differences in reproductive

stage may contribute to differences in vaginal community composition between mothers

and daughters. Finally, we used a different method of comparing the vaginal

microbiotas of mothers and daughters. We calculated distances between mothers and

daughter using θ_{YC}, a metric that accounts for the relative abundances of shared and

non-shared OTUs, while the other studies were based on community types [35] and

Unifrac [34]. Although an overall community similarity was not observed in these

studies, specific community members (*Lactobacillus* and *Prevotella*) were identified as

most heritable in one study [34].

Based on the number of SNPs observed between the mother and daughter *L.*

crispatus isolates and published mutations rates for *L. casei* Zhang [33], we estimated

that *L. crispatus* would have an *in vivo* doubling time of 13.2-20.6 hours, depending on

the specific isolates compared. The doubling time estimates of 13.2 hours and

20.6 hours for *L. crispatus in vivo* are within the range estimated for other bacteria in

their natural environments, including *Escherichia coli* (15 hours) and *Salmonella*

enterica (25 hours) [39]. These doubling times are faster than the 4.1-5.6 days doubling

times measured for *L. casei* Shirota in mouse intestines, where its growth rate was

insufficient to maintain colonization [40]. Although the actual growth and mutation rates

of *L. crispatus* in the human vagina have not been measured, we estimated reasonable

in vivo doubling times for vaginal *L. crispatus* based on the observed number of SNPs

between *L. crispatus* isolates from mother/daughter pair I, the age of daughter I and *L.*

casei Zhang mutation rates. Considering the uncertainty in the estimates, transmission

of *L. crispatus* from mother to daughter at birth followed by the accumulation of

independent mutations during 20 years of persistence in the mother and daughter is a

plausible explanation for the observed recombination-filtered SNPs. Future studies

comparing genomes of *L. crispatus* isolates from more mother/daughter pairs with a

variety of daughter ages are needed.

The 2 *L. crispatus* isolates from the mother had highly similar genomes, differing

by only 11 recombination-filtered SNPs. A previous study also observed high similarity

between the genomes of multiple vaginal *L. crispatus* isolates from one individual, noting

that they were indistinguishable [41]. Future investigations of *L. crispatus* genomic

variation within an individual may yield further insight on colonization and dynamics of the

vaginal microbiota.

Consistent with a previous study, *L. crispatus* isolates from the human vagina were

phylogenetically intermixed with isolates from the human urinary tract, including highly

similar vaginal (ERS1867668 (SAMEA104208650)) and bladder (ERS1867667

(SAMEA104208649)) isolates from the same subject (Figure 3) [42].

The health implications of vertical transmission of the vaginal microbiota are

unknown and were not addressed in this study. However, because vertical transmission

seems to be an important factor in determining the composition of the vaginal

microbiota there may be important consequences. Vertical transmission of the vaginal

microbiota may be one mechanism for maintaining human microbiota over generations

via a consistent and specific seeding of the newborn microbiota. Delivery mode is an

important factor in determining the early composition of the gut microbiota [43, 44] and

is a risk factor for development of immune-related disorders later in life [45]. This

suggests an important role for the mother's vaginal microbiota in seeding the infant and

setting the stage for development of the gut microbiota. Therefore, maintenance of the

vaginal microbiota between generations may be critical for gut microbiota development

in each generation.

Additionally, the vaginal microbiota plays an important if not well understood role

in reproductive health, with associations between vaginal microbiota composition and

infection susceptibility, BV and preterm birth [46-48]. Evidence from this study suggests

that transmission of microbes from mother to daughter at birth may influence the

composition of the daughter's microbiota later in life and may contribute to the

maintenance of specific members of the human vaginal microbiota over generations.

This study provides tantalizing evidence of vertical transmission of the vaginal

microbiota. However, this was a small study with only 13 mother/daughter pairs (92%

white) and 3/13 daughters born by C-section. Genomic analysis of isolates was limited

to one member of the vaginal microbiota from 1 mother/daughter pair. Future studies in

larger populations, including more racially diverse subjects, more daughters born by C-

section and analysis of more isolate genome sequences or metagenomes are required

to validate these findings.

Conclusions

At least some members of the vaginal microbiota are transmitted from mother to

daughter at birth and persist into adolescence. Birth-mode dependent vaginal

microbiota transmission is an important factor determining vaginal microbiota

composition.

Figures

Figure 1. Vaginal bacterial community compositions of mother/daughter pairs.

Relative abundances of OTUs in weekly vaginal swab samples from 13

mother/daughter pairs. Mother/daughter pairs were ordered by average within pair θ_{YC}

distances, with the most similar pair (I) on top and the least similar pair (XIII) on the

bottom. OTUs with a minimum of 200 sequences in the dataset overall and present at a

relative abundance greater than 2% in at least 1 sample were included in the heat map.

Figure 2. Average distances between vaginal bacterial communities. A. Average

θ_{YC} distances between subjects from different mother/daughter pairs (between pairs),

between subjects within a mother/daughter pair (within pair) and between samples from

the same subject (within subject). P-values for comparisons that were significantly

different by Dunn's posttest are shown (Kruskal-Wallis p-value= 8.154e-10). B. Average

θ_{YC} distances between subjects within a mother/daughter pair for daughters born by

vaginal birth and by C-section. Wilcoxon (Mann-Whitney) test p-value is shown. In the

box and whiskers plots, the median θ_{YC} distance is indicated by a line, values within the

first to the third quartiles are inside the box and the whiskers extend to the smallest and

largest values within 1.5x the interquartile range.

Figure 3. Phylogenetic relationships between *L. crispatus* strains. Maximum

likelihood tree based on recombination-filtered SNP distances between *L. crispatus*

genome sequences of isolates from mother/daughter pair I and other *L. crispatus*

strains with publicly available genomes. Tip labels indicate *L. crispatus* strain names

and NCBI BioSample identifiers. Bootstrap values were greater than or equal to 0.65.

Supplemental Figure 1. Principal coordinates analysis (PCoA) of vaginal

microbiota from 13 mother/daughter pairs. The θ_{YC} distances between 101 vaginal

microbiota samples are represented by PCoA. Samples from daughters are represented

by triangles and samples from mothers by circles. Each mother/daughter pair is

represented by a unique color. Biplot arrows represent the 3 OTUs most correlated with

position on the PCoA plot.

List of abbreviations

C-section: Cesarean section

rRNA: ribosomal RNA

OTU: operational taxonomic unit

SNPs: single nucleotide polymorphisms

PCoA: principal coordinates analysis

Declarations

- Ethics approval and consent to participate

All subjects provided written informed consent. The study was approved by the

University of Michigan IRB (HUM00086661).

- Consent for publication

Not applicable.

- Availability of data and material

The raw sequence data generated in this study are available in the NCBI's SRA:

Bacterial 16S rRNA gene sequences: BioProject [PRJNA547595](https://github.com)

L. crispatus draft genome sequences: BioProject [PRJNA547620](https://github.com)

GitHub repository:

https://github.com/cbassis/MotherDaughter_Vaginal_Microbiota.study

This repository includes:

- the mothur batch file with steps used to process and analyze 16S rRNA gene

sequences

- mothur output files used in final bacterial community analysis and figures

- R code for manuscript figures, statistics and genomic analysis

- Competing interests

The authors declare that they have no competing interests.

- Funding

Not applicable.

- Authors' contributions

CMB was involved in study design and planning, data analysis, figure preparation and manuscript writing. KAB was involved in subject recruitment, sample processing, isolation of *L. crispatus* genomic DNA for sequencing, data analysis and manuscript editing. DES was involved in subject recruitment, sample processing and manuscript editing. KS was involved in genomic data analysis, interpretation of genomic data, phylogenetic tree construction and manuscript editing. AP was involved in genomic data analysis and manuscript editing. ES was involved in genomic data analysis and interpretation and manuscript review. VIA was involved in subject recruitment and planning. EHQ was involved in study design and planning, subject recruitment and manuscript editing. VBY was involved in study design and manuscript editing. JDB was involved with study design and planning, subject recruitment and manuscript editing. All authors read and approved the final manuscript.

- Acknowledgements

We'd like to thank the participants who contributed samples. We'd also like to thank Megan Lemieur for help with study organization and Qualtrics survey implementation and the University of Michigan Microbial Systems Molecular Biology Laboratory for swab DNA isolation, bacterial community and genomic library preparation and sequencing. We'd also like to thank Ingrid Bergin and members of the Young lab for many discussions related to this project over the years. This research was also supported in part through computational resources and services provided by Advanced Research Computing at the University of Michigan, Ann Arbor.

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Figure 1

Figure 2

Figure 3

Supplemental Figure 1