

1 **Integrated Low-Energy and Low Carbon Shortcut Nitrogen removal with Biological**
2 **Phosphorus Removal for Sustainable Mainstream Wastewater Treatment**

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16 **Abstract**

17 While enhanced biological phosphorus removal (EBPR) is widely utilized for phosphorus (P)
18 removal from wastewater, understanding of efficient process alternatives that allow combined
19 biological P removal and shortcut nitrogen (N) removal, such as nitrification-denitrification, is limited.
20 Here, we demonstrate efficient and reliable combined total N, P, and chemical oxygen demand
21 removal (70%, 83%, and 81%, respectively) in a sequencing batch reactor (SBR) treating real
22 mainstream wastewater (primary effluent) at 20°C. Anaerobic – aerobic cycling (with intermittent
23 oxic/anoxic periods during aeration) was used to achieve consistent removal rates, nitrite oxidizing
24 organism (NOO) suppression, and high effluent quality. Importantly, high resolution process
25 monitoring coupled to *ex situ* batch activity assays demonstrated that robust biological P removal
26 was coupled to energy and carbon efficient nitrification-denitrification, not simultaneous nitrification-
27 denitrification, for the last >400 days of 531 total days of operation. Nitrous oxide emissions of
28 2.2% relative to the influent TKN (or 5.2% relative to total inorganic nitrogen removal) were
29 similar to those measured in other shortcut N bioprocesses. No exogenous chemicals were needed
30 to achieve consistent process stability and high removal rates in the face of frequent wet weather
31 flows and highly variable influent concentrations. Process modeling reproduced the performance
32 observed in the SBR and confirmed that nitrite drawdown via denitrification contributed to
33 suppression of NOO activity.

34 **Keywords**

35 Nitrification-denitrification, enhanced biological phosphorus removal (EBPR), polyphosphate
36 accumulating organisms (PAO), biological nutrient removal (BNR), NOO out-competition,
37 nitrite oxidizing bacteria (NOB)

38

39 1. Introduction

40 Nitrogen (N) and phosphorus (P) are key limiting nutrients in surface waters, and their
41 removal from wastewater is becoming increasingly important due to widespread eutrophication in
42 both marine and lacustrine environments. While denitrification with exogenous carbon addition to
43 remove N as well as chemical precipitation to remove P are well-established methods to meet
44 nutrient discharge limits, utilities are seeking more efficient and cost-effective methods to meet
45 their permits. Enhanced biological P removal (EBPR) is increasingly implemented as an
46 economical alternative to chemical P precipitation, and emerging innovations in shortcut N
47 removal processes, including nitrification coupled to heterotrophic denitrification via out-competition
48 of nitrite oxidizing organisms (NOO) (Corominas et al., 2010), offer a route to low-energy, low-
49 carbon biological N removal². However, the drivers that select for NOO out-competition in
50 shortcut N removal processes and their impact on biological P removal are little understood.

51 While several studies have proposed 2-stage systems with separate sludge for N and P
52 removal³⁻⁵, single sludge systems simplify operations and maintenance and can reduce both
53 capital and ongoing costs over 2-stage systems. A limited number of lab-scale studies have used
54 single-sludge systems to incorporate shortcut N removal with P removal from synthetic wastewater
55 feed (Lee et al., 2001; Tsuneda et al., 2006; and Zeng et al., 2003a). Given that chemical oxygen
56 demand (COD) can be limiting in nutrient removal systems, it is important to note that all three of
57 the referenced studies used readily biodegradable acetate in the synthetic feed as their primary
58 carbon source in 10:1 g acetate-COD:gN and 27:1 g acetate-COD:gP ratios or higher. While
59 promising proof of concepts, use of synthetic feed at such high VFA:N and VFA:P ratios is not
60 representative of the dynamics in N, P, and COD composition commonly found in real wastewater.

61 Investigations of combined shortcut N and P removal from real wastewater without exogenous
62 carbon or chemical addition for P precipitation are limited to one lab-scale reactor ⁹ and two full
63 scale processes ^{10,11}, but all three had average wastewater temperatures between 26 and 30 °C.
64 Such elevated temperatures confer a significant advantage to ammonia oxidizing organisms (AOO,
65 which can include both ammonia oxidizing bacteria and archaea) over NOO, thereby greatly
66 facilitating NOO out-competition ¹², but are not representative of conditions found in WWTPs in
67 temperate regions. In the lab-scale reactor cited above, for instance, Zeng et al. (2014) ⁹ lost NOO
68 out-selection when the wastewater temperature dropped below 23 °C as winter approached.
69 Research into combined shortcut N and EBPR processes with real wastewater at moderate
70 temperatures (i.e. ≤ 20 °C), where NOO suppression is significantly more challenging ¹³, is
71 currently lacking. Intermittent aeration is one promising strategy for NOO suppression at moderate
72 temperatures. Explanations for its efficacy range from a metabolic lag phase of *Nitrospira* NOO
73 compared to AOO upon exposure to oxygen ¹⁴ to transient exposure to free ammonia due to pH
74 shifts in biofilms ¹⁵, as free ammonia has a greater inhibitory effect on NOO than AOO ^{16,17}.
75 However, the mechanism and efficacy of intermittent aeration for NOO suppression at moderate
76 temperatures, with or without integration of biological P removal, is currently not well understood.

77 The propensity for shortcut N removal systems to produce nitrous oxide (N₂O), a potent
78 greenhouse gas, is little understood, though reports suggest that N₂O production may exceed that
79 of conventional N removal biotechnologies ¹⁸⁻²¹. For example, in Zeng et al., (2003a), N₂O
80 production exceeded N₂ production from a lab-scale nitrification-denitrification process by more than
81 3-fold. However, none of the above studies using real wastewater ⁹⁻¹¹ measured N₂O emissions.
82 Therefore, N₂O measurements on shortcut N removal systems integrated with biological P removal

83 from real wastewater are of interest to accurately assess their net impact on greenhouse gas
84 emissions.

85 Here, we demonstrate efficient and reliable combined shortcut N, P, and COD removal in a
86 sequencing batch reactor (SBR) treating real mainstream wastewater (primary effluent) at 20°C.
87 In contrast to the synthetic studies cited above, the primary effluent used here as influent contained
88 average ratios of 1:1 gVFA-COD:gTKN and 8.2:1 gVFA-COD:gTP, comprising a challenging
89 environment for total nutrient removal. Importantly, EBPR was coupled to nitrification-denitrification
90 for energy and carbon-efficient N removal. A simple kinetic explanation for the out-competition
91 of NOO via intermittent aeration and SRT control was illustrated via batch tests and process
92 modeling. No exogenous chemicals were needed to achieve consistent process stability and high
93 removal rates in the face of frequent rain events and highly variable influent concentrations.

94

95 2. Materials and Methods

96 2.1 Reactor inoculation and operation

97 A 56-L reactor was seeded with activated sludge biomass from another pilot EBPR bioreactor
98 (grown on the same wastewater) on June 15, 2017 (day 0 of reactor operation) and fed primary
99 settling effluent from the Terrance J. O'Brien WRP in Skokie, IL for 531 days. Online sensors
100 included NH_4^+ , DO, pH and oxidation-reduction potential (ORP) (s::can, Vienna, Austria). The
101 reactor was operated with code-based Programmable Logic Control (PLC) (Ignition SCADA
102 software by Inductive Automation, Fulsom, CA, USA, and TwinCAT PLC software by Beckhoff,
103 Verl, Germany) as a sequencing batch reactor (SBR) with cycle times detailed in Table 1. An
104 anaerobic react period followed by an intermittently aerated period was chosen with the intent to
105 select for integrated biological P removal and nitrification/denitrification via suppression of NOO
106 activity. The reactor was temperature-controlled to target 20°C (actual temperature = $19.8 \pm 1.0^\circ\text{C}$)
107 via a heat exchange loop to evaluate performance at moderate temperatures. The pH was not
108 controlled and varied between 7.0 and 7.8. NH_4^+ sensor-based control was used to control aerobic
109 react length, as detailed in Table 1 and in the Supporting Information. Because react length varied
110 with influent NH_4^+ concentration (due to NH_4^+ sensor-based control), the SBR loading rate
111 followed that of the full-scale plant, i.e. with shortened SBR cycles and increased flow during wet-
112 weather events. The process timeline is split into 2 phases to simplify reporting: Phase 1 (days 0 -
113 246) and Phase 2 (days 247 – 531), the latter of which represents lower target effluent N
114 concentrations and better N-removal performance. Details on intermittent aeration control can be
115 found in the Supporting Information.

116 SRT was controlled via timed mixed liquor wasting after the aerated react phase, and solids
117 losses in the effluent were included in the dynamic SRT calculation, following the methodology

118 of²². Using an operational definition of “aerobic” as $> 0.2 \text{ mgO}_2/\text{L}$, an analysis of 4 cycles from
119 Phase 2 showed that an average 48% of the time within the intermittently aerated react period is
120 aerobic. See the Supporting Information for details regarding SRT control and calculations.

121 Composite sampling as summarized in Table 2 was initiated on day 27 after an initialization
122 period to allow the accumulation of AOO as measured by ammonia oxidation activity. Beginning
123 on day 114 and to the end of the study, influent COD fractionation analysis was conducted once
124 per week with the following definitions²³:

- 125 • Particulate COD = Total COD – 1.2- μm filtered COD
- 126 • Colloidal COD = 1.2- μm filtered COD – floc-filtered COD
- 127 • Soluble COD (not including VFAs) = floc-filtered COD – VFA
- 128 • VFA COD = VFA

129 Floc-filtered COD was measured as described in Mamais et al. (1993) and total COD, filtered
130 COD and VFAs were analyzed per Standard Methods²⁵. On average, the total COD and VFA to
131 nutrient ratios of the influent were (Table S1):

- 132 • 8.3:1 g total COD:g TKN
- 133 • 1:1 g VFA-COD:g TKN
- 134 • 67:1 g totalCOD:g totalP
- 135 • 8.2:1 g VFA-COD:g totalP
- 136

137 **2.2 Batch activity assays**

138 **2.2.1 In-cycle batch activity assays**

139 Seventeen in-cycle batch activity assays were conducted throughout the study to monitor *in*
140 *situ* dynamics of NH_4^+ , NO_2^- , NO_3^- , PO_4^{3-} (all tests), readily biodegradable COD (rbCOD - two
141 tests) and volatile fatty acids (VFAs – one test) via Standard Methods²⁵ and Mamais et al., 1993
142 for rbCOD. Samples were taken every 15 – 45 minutes for a full SBR cycle, except in the case of
143 two high-frequency tests, in which samples were taken every one to two minutes for 40 minutes

144 in the aerated portion of the cycle to investigate high time resolution nutrient dynamics during
145 intermittent aeration.

146

147 2.2.2 *Ex situ* batch activity assays

148 *Ex situ* maximum batch activity assays for AOO and NOO were performed as previously
149 described^{26,27}. *Ex situ* activity assays were also employed to quantify biological P uptake of
150 polyphosphate accumulating organisms (PAOs) under aerobic and denitrifying conditions.
151 Relative P-uptake rates via different electron acceptors under typical in-reactor conditions was
152 desired (as opposed to maximum P-uptake rates), so external carbon was not added. 250-mL
153 aliquots of mixed liquor were removed from the reactor following the anaerobic phase (i.e. after P
154 release and VFA uptake) and placed in air-tight 250-mL serum bottles. The sealed bottles were
155 injected with sodium nitrite or potassium nitrate stock solutions to approximately 9 mgN/L of NO₂⁻
156 or NO₃⁻ for the anoxic (denitrifying) uptake tests or opened and bubbled with air through an
157 aquarium diffusor stone for aerobic tests. A replicate for the aerobic test was provided by the 56-
158 L reactor itself, which was also aerated continuously (with a resulting DO concentration of 2 mg/L)
159 and sampled in parallel with the aerated serum bottle. A control assay utilized biomass with no
160 electron acceptors (O₂, NO₃⁻, or NO₂⁻) provided. Serum bottles were mixed by a Thermo Scientific
161 MaxQ 2000 shaker table (Waltham, MA) at 150 RPM and at ambient temperature near 20°C. P
162 uptake was quantified via a least squares regression of the PO₄³⁻ measurement from 3 – 5 samples
163 taken every 20 minutes and normalized to the reactor VSS. The results represent the average ±
164 standard deviation of three total replicates for each electron acceptor from days 237 and 286.

165

166 2.2.3 In-cycle batch activity assays for quantification of N₂O emissions

167 N₂O emissions from the reactor were estimated during Phase 2 by measuring the aqueous N₂O
168 concentration over 8 separate cycles from days 414 to 531 with a Unisense N₂O Wastewater Sensor
169 (Aarhus, Denmark). N₂O emissions were calculated from the aqueous concentration following
170 Domingo-Félez et al. (2014), after measuring the N₂O stripping rate during aeration with mixing
171 and during mixing alone. NH₄⁺, NO₂⁻ and NO₃⁻ were measured concurrently at the beginning and
172 end of cycles²⁵ to calculate TIN removal. N₂O emissions were then quantified relative to TIN
173 removal and the TKN load for each of the eight cycles.

174 2.3 Process Modeling

175 To evaluate mechanisms of NOO suppression and the balance between aerobic PAO and
176 denitrifying PAO (DPAO) activity, the SIMBA#3.0.0 wastewater process modeling software (ifak
177 technology + service, Karlsruhe, Germany) was used to simulate performance of the reactor during
178 Phase 2 of operation. The inCTRL activated sludge model (ASM) matrix, based on Barker and
179 Dold (1997) with the addition of two-step nitrification-denitrification, methanotrophs, and other
180 extensions, was utilized without adjustment of kinetic or stoichiometric parameters. Default
181 Monod half-saturation constants of particular relevance to this study include oxygen affinity of
182 AOO ($K_{O_2,AOO} = 0.25$ mgO₂/L) and NOO ($K_{O_2,NOO} = 0.15$ mgO₂/L) and substrate affinity of
183 AOO ($K_{NH_x,AOO} = 0.7$ mgNH_x-N/L; NH_x = NH₄⁺ + NH₃) and NOO ($K_{NO_2,NOO} = 0.1$ mgNO₂⁻-
184 N/L); further parameters can be found in the Supporting Information. SBR control of the reactor
185 was simulated directly using a petri net approach, with sequence control shown as green blocks in
186 Figure S1. To avoid rounding errors and to improve simulation speed, the reactor was modeled
187 with a 56 m³ working volume as opposed to 56 L. As in the reactor, the modeled anoxic period
188 was fixed at 45 minutes and the aerobic period ended when soluble NH_x (i.e. NH₄⁺ + NH₃, which

189 is approximately equal to NH_4^+ at the pH values encountered of 7.0 – 7.8) was < 2 mgN/L. Modeled
190 intermittent aeration during the aerobic period was controlled as described in the Supporting
191 Information, though a slightly longer “anoxic” timer of 3 min 45 seconds in the model was used
192 (vs. 0 – 3 minutes in the actual SBR) to account for the DO sensor delay in the actual SBR.
193 Modeled mixed liquor wasting was adjusted until the calculated model SRT (which
194 included effluent solids) matched the SRT of the reactor during Phase 2. 5/8 volume decant was
195 performed at the end of the cycle and average primary effluent (reactor influent) values from Phase
196 2 were used as model influent. The initialization procedure involved running the model for 150
197 days to achieve quasi steady-state conditions. Modeled specific growth rates for AOO, NOO, and
198 PAOs were quantified throughout the SBR cycles with rate equations and parameter values from
199 the SIMBA# inCTRL ASM matrix.

$$\begin{aligned} 200 \quad & \mu_{AOO} = \text{net specific growth rate of AOO } (d^{-1}) \\ 201 \quad & \mu_{NOO} = \text{net specific growth rate of NOO } (d^{-1}) \end{aligned}$$

202 The washout SRT for NOO was calculated from μ_{NOO} as detailed in the Supporting
203 Information.

204 Modeled PAO growth rates as discussed in this paper include growth on PHA associated
205 with P uptake but do not include decay or PAO growth on PHA where PO_4^{3-} is limiting. Also, the
206 SIMBA# inCTRL ASM matrix considers only a single PAO population with an anoxic growth
207 factor ($\eta_{anox,PAO} = 0.33$) in the DPAO rate equations to estimate anoxic P uptake (see Supporting
208 Information for full rate equations). The three growth rates below therefore represent growth of a
209 single functional group split between 3 electron acceptors: O_2 , NO_2^- , and NO_3^- .

$$\begin{aligned} 210 \quad & \mu_{PAO,O_2} = \text{PAO growth associated with } O_2 \text{ } (d^{-1}) \\ 211 \quad & \mu_{PAO,NO_2^-} = \text{PAO growth associated with } NO_2^- \text{ } (d^{-1}) \\ 212 \quad & \mu_{PAO,NO_3^-} = \text{PAO growth associated with } NO_3^- \text{ } (d^{-1}) \end{aligned}$$

213 Rate equations and parameters values for the above modeled growth rates, along with the
214 process representation in SIMBA#, can be found in the Supporting Information.

215 **2.4 Biomass sampling and DNA extraction**

216 Reactor biomass was archived biweekly for sequencing-based analyses. Six 1 mL aliquots of
217 mixed liquor were centrifuged at 10,000g for 3 minutes, and the supernatant was replaced with 1
218 mL of tris-EDTA buffer. The biomass pellet was then vortexed and centrifuged at 10,000g for 3
219 minutes after which the supernatant was removed, leaving only the biomass pellet to be transferred
220 to the -80°C freezer. All samples were kept at -80°C until DNA extraction was performed with the
221 FastDNA SPIN Kit for Soil (MPBio, Santa Ana, CA, USA) per the manufacturer's instructions.

222 **2.5 16S rRNA gene amplicon sequencing**

223 16S rRNA gene amplicon library preparations were performed using a two-step multiplex PCR
224 protocol, as previously described²⁹. All PCR reactions were performed using a Biorad T-100
225 Thermocycler (Bio-Rad, Hercules, CA). The V4-V5 region of the universal 16S rRNA gene was
226 amplified in duplicate from 20 dates collected over the course of reactor operation using the 515F-
227 Y/926R primer set³⁰. Further details on thermocycling conditions, reagents, and primer sequences
228 can be found in Supporting Information.

229 All amplicons were sequenced using a MiSeq system (Illumina, San Diego, CA, USA) with
230 Illumina V2 (2x250 paired end) chemistry at the University of Illinois at Chicago DNA Services
231 Facility and deposited in GenBank (accession number for raw data: PRJNA527917). Procedures
232 for sequence analysis and phylogenetic inference can be found in the Supporting Information.

233

234

235

236 **2.6 Quantitative Polymerase Chain Reaction (qPCR)**

237 qPCR assays were performed targeting the ammonia oxidizing bacterial *amoA* gene via the
238 *amoA*-1F and *amoA*-2R primer set ³¹, and total bacterial (universal) 16S rRNA genes via the
239 Eub519/Univ907 primer set ³². All assays employed thermocycling conditions reported in the
240 reference papers and were performed on a Bio-Rad C1000 CFX96 Real-Time PCR system (Bio-
241 Rad, Hercules, CA, USA). Details on reaction volumes and reagents can be found in the
242 Supporting Information. After each qPCR assay, the specificity of the amplification was verified
243 with melt curve analysis and agarose gel electrophoresis.

244

245 **3. Results and Discussion**

246 **3.1 Nitrogen, AOO and NOO**

247 **3.1.1 Overall Performance and Nitrogen Removal**

248 To demonstrate feasibility and evaluate optimal operational conditions for integrated
249 biological P and shortcut N removal via NOO out-selection at moderate temperatures, we operated
250 lab-scale reactor fed with real primary effluent for 531 days. Reactor operation proceeded in two
251 phases. Reactor performance across both phases is shown in Figure 1 and summarized in Table 3.
252 Phase 1 (days 0-246) established proof-of-concept for the compatibility of N removal via
253 nitrification-denitrification via intermittent aeration with EPBR and allowed for optimization of SRT
254 and the aeration regime (intermittent aeration). P removal was consistent during Phase 1 (average
255 PO_4^{3-} removal = 83%) excepting aeration failures from reactor control issues around days 80 – 90.
256 Because SRT control was utilized as one of the strategies for NOO out-selection, partial washout
257 of AOO during Phase 1 was occasionally observed when mixed liquor wasting was too aggressive
258 (i.e. total SRT less than 5 days, SRT_{AER} less than 2 days, see Figure S2), resulting in lower NH_4^+

259 oxidation rates and higher effluent NH_4^+ , after which wasting would be suspended to restore AOO
260 mass. The average TIN removal during Phase 1 was 42% but reached >60% during periods of
261 peak performance. The average TSS during Phase 1 was $1,362 \pm 623$ mg/L, the VSS was $1,052 \pm$
262 489 mg/L, and the HRT was 9.7 ± 3.9 hours not including settling and decant.

263 During Phase 2 (days 247-531), SRT control was optimized (total SRT = 9.2 ± 1.8 days,
264 $\text{SRT}_{\text{AER}} = 3.6 \pm 0.9$ days) and consistent NH_4^+ and TKN removal (41 ± 24 mgN/L/d and 54 ± 29
265 mgN/L/d, respectively, considering influent and effluent values with HRT during Period 2) was
266 achieved while maintaining NOO out-selection (described in section 3.1.2). The average HRT of
267 6.8 ± 2.8 hours (not including settling and decant) was lower than Phase 1 (9.7 ± 3.9 hours) due to
268 improved AOO activity. Average TIN and PO_4^{3-} removal during Phase 2 was 68% and 91%,
269 respectively (Table 3). Biological P removal was not impacted by N removal, and the P uptake
270 rate consistently exceeded the NH_4^+ removal rate during the aerated portion of the cycle (see Figure
271 2.A&B for PO_4^{3-} and NH_4^+ concentration profiles through typical cycles). This may have
272 contributed to COD limitation for N removal via denitrification, as COD was most depleted at the
273 end of the SBR cycles (Figure 2.A). This in turn may explain NO_2^- accumulation near the end of
274 most cycles and higher P removal than N removal rates. Figure 2.A and 2.B also demonstrates the
275 variability in react length that was often observed throughout the study due to differences in the
276 NH_4^+ oxidation rate, possibly caused by fluctuations in AOO concentrations in the reactor. During
277 Phase 2, the average TSS was $1,773 \pm 339$ mg/L and the VSS was $1,344 \pm 226$ mg/L.

278 3.1.2 NOO Out-selection

279 A crucial challenge to all shortcut N removal processes, including the nitrification-denitrification
280 with EBPR process that we focus on here, is suppression of NOO activity. To address this
281 challenge, we employed a combination of tight SRT control with intermittent aeration to limit

282 substrate (NO_2^-) accumulation. Process monitoring results demonstrated elevated NO_2^-
283 concentrations in the effluent, suggesting successful suppression of NOO activity (Table 3 and
284 Figure 1) with a nitrite accumulation ratio (NAR) of 70% during Phase 2. This observation was
285 corroborated by fifteen in-cycle concentration profiles demonstrating NO_2^- accumulation greater
286 than NO_3^- throughout the cycle (see Figure 2.A&B for two representative cycles). In addition,
287 routine maximum activity assays for AOO and NOO demonstrated that during Phase 2 (optimized,
288 stable reactor operation), maximum AOO activity was 3 to 4-fold greater than NOO (Figure 3).

289 To better understand NOO out-selection and nutrient dynamics during intermittent aeration
290 and to provide additional support for suppression of NOO activity in this process, high frequency
291 sampling (1 grab sample/minute for 40 minutes for measurement of NH_4^+ , NO_2^- , NO_3^- , and PO_4^{3-}
292) was conducted during two typical SBR cycles on days 202 and 258 (Figure 4.A, data from day
293 258 only shown). The resulting concentration profiles show NO_2^- accumulation with very little
294 NO_3^- accumulation during aeration. Two complete intermittent aeration intervals are shown in the
295 early part of the cycle (note that intermittent aeration begins 45 minutes into the cycle), during
296 which NO_2^- accumulates up to 0.4 mg NO_2^- -N/L following 5 minutes of aeration, while NO_3^- does
297 not get above 0.1 mg NO_3^- -N/L. The NAR during the nitrite peak of these two aeration intervals
298 was 84% and 95%, which demonstrates NOO suppression via selective nitrification. Then, in the
299 subsequent anoxic intervals, the accumulated NO_2^- is drawn down via denitrification. This
300 denitrification provides a robust nitrite sink and one of the methods for NOO out-selection, such that
301 NO_2^- is not available for NOO in the following interval.

302 Process model results validate the nutrient dynamics observed as seen in Figures 2 and 4. The
303 process model offers additional insight into the mechanism for NOO out-selection. The net specific
304 growth rates of AOO and NOO were calculated from model data output according to rate equations

305 from the inCTRL ASM matrix (see Supporting Information), and are plotted in parallel with the
306 intermittent aeration intervals in Figure 4.C. Due to differences in substrate availability (i.e. high
307 NH_4^+ and low NO_2^-), μ_{NOO} was less than μ_{AOO} at the beginning of each aeration interval and
308 remained below it throughout the 5 minutes of aeration. This specific growth rate differential was
309 maintained throughout much of the cycle, but μ_{NOO} roughly equaled μ_{AOO} by the end of the
310 intermittently aerated react phase due to the accumulation of NO_2^- (data not shown). However, the
311 differential in net specific growth rates in the early part of the SBR cycle ensures that AOO can be
312 maintained in the reactor at a lower SRT than NOO. The modeled average net specific growth rate
313 (including decay) over the cycle can be used to infer a theoretical SRT for NOO to avoid washout,
314 which in this case was 13.2 days ($\text{SRT}_{\text{AER}} = 5.3$) days. A similar calculation using the average net
315 specific growth rate of AOO gives an SRT of 8.2 days ($\text{SRT}_{\text{AER}} = 3.3$ days), which affirms that
316 AOO are retained via the modeled SRT of 9.5 days. This differential in theoretical SRT (13.2 days
317 for NOO, 8.2 days for AOO) was found with standard kinetic modeling that did not invoke
318 metabolic lag times of NOO (i.e. Gilbert et al., 2014), indicating that substrate limitation alone is
319 sufficient to explain NOO out-competition in this process. The average reactor SRT during Phase
320 2 was 9.2 ± 1.8 days ($\text{SRT}_{\text{AER}} = 3.6 \pm 0.9$ days) which, because it is in between the theoretical
321 AOO and NOO SRT values indicated above, reinforces experimental data indicating that SRT
322 control was optimized to washout NOO and retain AOO. Both reactor and modeling results
323 therefore confirm that a combination of intermittent aeration and SRT control can be used to
324 maintain nitrification-denitrification under mainstream conditions. Furthermore, these results suggest
325 that NOO suppression via intermittent aeration and SRT control can be explained by simple
326 substrate (kinetic) limitations alone without invoking more complex mechanisms such as
327 metabolic lag time¹⁴ or free ammonia inhibition¹⁵.

328 3.1.3 N₂O Emissions

329 N₂O emissions were measured during 8 separate cycles during steady performance in Phase 2
330 (between days 414 – 531) and ranged from 0.2 to 6.2% of the influent TKN load, with an average
331 of $2.2 \pm 2.0\%$ (Table S2). N₂O emissions relative to TIN removal averaged $5.2 \pm 4.5\%$. N₂O
332 accumulation in the reactor generally paralleled NO₂⁻ accumulation near the end of the aerated
333 portion of the cycle. For example, on the N₂O test on day 414 (Figure 2.B), grab sampling
334 throughout the cycle revealed that by the time NO₂⁻ first accumulated above 0.1 mgNO₂-N/L at
335 285 minutes, 57% of the TIN removal for that cycle had occurred while only 20% of the N₂O had
336 been emitted, indicating that relative N₂O emissions increased in the presence of elevated NO₂⁻.

337 The above measurements are comparable to reported N₂O emission rates for conventional
338 biological nutrient removal (BNR) processes. Ahn et al. (2010) reported a range of 0.01 – 1.8%
339 N₂O emitted relative to influent TKN at 12 full-scale wastewater treatment plants (WWTPs),
340 which included both conventional BNR and non-BNR processes. Foley et al., 2010 reported a
341 much larger range of 0.6 – 25% N₂O emitted relative to TIN removed at 7 full-scale conventional
342 BNR WWTPs. Both studies found that N₂O emissions were correlated with high NO₂⁻
343 concentrations, as was the case in our reactor (Figure 2.B). In fact, of the eight cycles analyzed for
344 N₂O emissions, the four tests with the highest effluent NO₂⁻ also had the four highest N₂O
345 emissions. Ahn et al. emphasized that the bulk of N₂O emissions occur in aerobic zones due to air
346 stripping of N₂O; indeed, in our reactor 92% of the N₂O emitted from the in-cycle test on day 414
347 (for example) occurred during aeration. N₂O mass transfer (i.e. stripping) coefficients for our
348 reactor were 40 times higher during aeration and mixing than during mixing alone (0.0688 min^{-1}
349 and 0.0017 min^{-1} , respectively).

350 Other shortcut N removal biotechnologies, such as PN/A, have been found to have elevated
351 N₂O production levels over conventional methods for biological N removal¹⁸⁻²¹. Both Desloover
352 et al. and Kampschreur et al. (who measured 5.1 – 6.6% and 2.3% N₂O production relative to
353 influent TKN, respectively) found that a separate nitrification step (as opposed to simultaneous
354 nitrification and anammox) caused increased N₂O production by AOO, which may be due to elevated
355 NO₂⁻ concentrations. However, it is not clear that AOO are causing the bulk of N₂O production in
356 our system or other nitrification-denitrification systems, as low COD concentrations can induce
357 incomplete denitrification and lead to elevated N₂O production³⁵⁻³⁷. Indeed, NO₂⁻ and N₂O
358 accumulation occurs at the end of the SBR cycles (Figure 2.B) where COD is most depleted from
359 aeration. This suggests that N₂O emissions from this reactor could be mitigated by a step-feed
360 process, i.e. by filling additional primary effluent to prevent a low COD:N ratio and avoid NO₂⁻
361 and N₂O accumulation at the end of the cycle. Additional research is required to test the effects of
362 this strategy.

363 An additional potential benefit of a step-feed modification could be a reduction in the
364 effluent NO₂⁻ concentration. Elevated NO₂⁻ concentrations in discharge to surface waters is
365 undesirable in part due to its toxicity to fish and other aquatic life³⁸. Aside from a step-feed system,
366 potential solutions to elevated NO₂⁻ include a final nitrification step (for oxidation of NO₂⁻ to NO₃⁻
367) or an anammox polishing step (as suggested by Regmi et al., 2015). It should be noted that
368 anammox on seeded biocarriers similar to those in the ANITATMMox process⁴⁰ could be
369 incorporated into the same reactor for increased N removal, thus eliminating the need for a two-
370 stage system.

371 **3.2 P removal and PAOs**

372 Consistent P removal was achieved in Phase 2 and most of Phase 1 (Figure 1, Table 3). EBPR
373 performance was not negatively impacted by long-term nitrification-denitrification; in fact, the P
374 uptake rate exceeded the NH_4^+ removal rate throughout the study (see Figure 2.A&B for two
375 representative cycles), indicating that SRT and HRT control to optimize AOO activity (while
376 minimizing NOO activity) ensured sufficient retention and react times for PAOs. The total P
377 removal rate during Phase 2 was 6.8 ± 2.7 mgP/L/d when considering the entire SBR cycle. The P
378 uptake rate from in-cycle testing during Phase 2 was 105 ± 34 mgP/L/d (or 3.4 ± 1.1
379 mgP/gVSS/hour) when considering the linear portion of P uptake during the aerated react phase
380 (Figure S3).

381 High frequency sampling (Figure 4.A) and model results (Figure 4.B) both demonstrate P
382 removal during aeration coupled to little to no P removal during periods of anoxia. Importantly,
383 this indicates that P release did not occur in the absence of oxygen, verifying that intermittent
384 aeration with periods of anoxia is compatible with EBPR technologies. However, it also indicates
385 that relatively little denitrifying P uptake occurred, even under anoxic conditions when NO_2^- was
386 present. This suggests that P uptake by aerobic PAO metabolism rather than by denitrifying PAOs
387 (DPAOs) was the predominant driver of P removal. Figure 4.D shows the modeled specific
388 PAO/DPAO growth rates associated with P uptake. Kinetic insights from the process model, which
389 models PAOs as a single group capable of using O_2 , NO_2^- and NO_3^- as electron acceptors for P
390 uptake, show that the combination of low NO_2^- and inhibition due to O_2 prevented appreciable
391 DPAO activity during intermittent aeration. Modeled P uptake via NO_2^- was only 16% of total P
392 uptake, and modeled P uptake via NO_3^- was even lower at only 0.7% of total P uptake due to
393 limited NO_3^- accumulation. The process model suggests that the presence of residual DO, rather
394 than a lack of NO_2^- or NO_3^- , was the primary inhibitor of DPAO activity. Figure 4.D shows that

395 peak DPAO growth in the model occurred not at the maximum NO_2^- concentration (i.e. 75
396 minutes) but when DO had reached near zero (i.e. 78 minutes), at which point NO_2^- was at about
397 half of the maximum concentration. Finally, while in-reactor, in-cycle measurements of DPAO
398 activity are difficult to make, *ex situ* measurements of P uptake rates via O_2 , NO_2^- and NO_3^- showed
399 that the P uptake via NO_2^- was 17% relative to O_2 , while that of NO_3^- was 14% relative to O_2
400 (Figure 5). The high frequency sampling plots, DPAO modeling and *ex situ* P uptake tests all
401 indicate that DPAO activity likely plays a relatively minor role in P removal in this reactor.

402 The minor role of DPAOs in this process countered our original expectation that frequent
403 periods of anoxia coupled to the presence of NO_2^- would select for a significant DPAO population.
404 DPAOs are considered advantageous in combined N and P removal processes because they offer
405 the opportunity to reduce carbon demand and aeration requirements⁴¹. Lee et al. (2001) were able
406 to achieve 64% DPAO activity (relative to total P uptake) by introducing a single long anoxic
407 phase (with both NO_2^- and NO_3^- present) in the middle of the aerobic phase, which suggests that
408 longer intermittent aeration intervals may select for more DPAO activity (but perhaps at the
409 expense of NOO out-selection). However, preference for DO does not explain the low P uptake
410 via NO_2^- or NO_3^- in the absence of O_2 (Figure 5) from *ex situ* batch tests in our reactor. Zeng et al.
411 (2003b) observed that *Accumulibacter* PAOs (which were also identified in this study, see Section
412 3.3) previously acclimated to aerobic P uptake exhibited a 5-hour lag phase in P-uptake when
413 exposed to anoxic conditions (NO_3^-) in place of aeration. A metabolic lag phase is unlikely to
414 explain low maximum P uptake via NO_2^- or NO_3^- in this reactor, however, given that linear
415 drawdown of NO_2^- or NO_3^- was observed in all *ex situ* batch tests. A large majority of *Candidatus*
416 *Accumulibacter phosphatis* genomes sequenced to date have contained the gene encoding nitrite
417 reductase (responsible for reducing NO_2^- to nitric oxide [NO])⁴³, suggesting that most, if not all,

418 *Accumulibacter* PAOs harbor genomic machinery necessary for denitrifying P uptake via NO_2^- .
419 Whether the lack of DPAO activity in this reactor and others is due to the types of PAOs present
420 (and thus the presence or absence of denitrifying genes) or due to the relative expression/inhibition
421 of denitrifying genes present in the PAOs requires further study.

422 As previously stated, shortcut N removal via nitrification-denitrification did not negatively impact
423 EBPR in this study. Instances of relatively poor P removal were instead usually associated with
424 wet weather flows. Rain not only dilutes the influent but may also induce higher redox conditions
425 in the collection system, indicating a lack of fermentation and little formation of the VFAs that are
426 beneficial to the EBPR process. On sampling days when primary effluent VFAs were at or below
427 the detection limit of 5 mg acetate/L ($n = 21$), the average PO_4^{3-} removal of 63% was significantly
428 lower (p value = 0.003) than the average PO_4^{3-} removal of 93% on days when VFAs were greater
429 than 5 mg acetate/L ($n = 81$).

430 Shortcut N removal systems can be problematic for EBPR if NO_2^- accumulation leads to
431 elevated concentrations of its conjugate acid, nitrous acid (HNO_2). HNO_2 concentrations above
432 0.5×10^{-3} mg HNO_2 -N/L can lead to inhibition of *Candidatus Accumulibacter* PAOs⁴⁵, which were
433 the dominant PAO identified in this study (see Section 3.3). In the extreme case, the maximum
434 NO_2^- concentration in the effluent of our reactor (e.g. end of the SBR cycle) of 5.4 mg NO_2^- -N/L
435 combined with the minimum pH of 7.0 (which did not actually occur simultaneously) corresponds
436 to 0.96×10^{-3} mg HNO_2 -N/L with pK_a of 3.25 for HNO_2 ⁴⁶. This indicates that HNO_2 was rarely, if
437 ever, above the reported PAO inhibition concentration in our reactor. Moreover, the highest NO_2^-
438 concentrations occurred near the end of the cycle when the majority of PO_4^{3-} had already
439 accumulated intracellularly as polyphosphate, and residual NO_2^- from the end of the cycle was
440 rapidly depleted after filling at the top of the following cycle.

441 3.3 Functional Guild Analysis: PAO, NOO, and AOO

442 We used 16S rRNA gene sequencing to evaluate diversity and relative abundance of PAOs,
443 NOO, and AOO in the reactor. *Candidatus* Accumulibacter was the dominant genus of PAO in
444 the SBR throughout the study and ranged in relative abundance from 6.6% to 12.0% (Figure S4).
445 *Tetrasphaera* was detected at most time points but always below 0.3% relative abundance.
446 Glycogen accumulating organisms (GAOs) in the genus *Candidatus* Competibacter, which are
447 potential competitors to PAOs, were consistently less abundant than PAOs, and varied from below
448 the detection limit to 2.4% relative abundance. Other putative GAOs, such as the genera
449 *Defluviicoccus* and *Propionivibrio*⁴⁷, were found at even lower abundance than *Candidatus*
450 Competibacter (data not shown).

451 *Nitrotoga* and *Nitrospira* alternately dominated the NOO population according to 16S
452 rRNA gene sequencing (Figure 6). The reason for the alternation is unknown as the timing of
453 succession did not clearly correlate with reactor control or performance, although Keene et al.
454 (2017) observed a similar phenomenon. *Nitrospira* dominated at the beginning of Phase 2, and
455 although the NOO population shifted to *Nitrotoga* over the next 100 – 200 days, there was no
456 corollary change in nitrification-denitrification performance, the NAR, or N removal. This result
457 suggests that the observed robust suppression of NOO activity in this process does not depend
458 upon complete washout of either *Nitrospira* or *Nitrotoga*.

459 *Nitrosomonas*-affiliated Betaproteobacteria were the dominant AOO throughout the study
460 according to 16S rRNA gene sequencing but were present at surprisingly low relative abundance
461 for the 2nd half of Phase 1 and all of Phase 2 of reactor operation. Interestingly, the relative
462 abundance of *Nitrosomonas* based on 16S rRNA gene sequencing was below the detection limit
463 for selected samples between days 293 – 431 (Phase 2, Figure 6). No other known AOO were

464 detected during that time; ammonia oxidizing archaea were detected at only two timepoints before
465 day 100 and at low abundance (< 0.04%). Other potential AOO genera, such as *Nitrospira* and
466 *Nitrosococcus*, were not detected in any 16S rRNA gene sequencing samples. *Nitrospira* can
467 include complete ammonia oxidizing (comammox) clades⁴⁹, and comammox can in some cases
468 be the dominant AOO²⁷ in wastewater treatment. However, *Nitrospira* were not detected or were
469 at low abundance (< 0.04%) after day 293. The decline in AOO was confirmed by qPCR via the
470 functional bacterial *amoA* gene (Figure S5), although AOO were still detected at all time points
471 via qPCR with a minimum of 0.15% relative abundance on day 421. Although the NH₄⁺ oxidation
472 rate was variable throughout Phase 2 (Figure S3), NH₄⁺ oxidation activity was maintained
473 throughout the experimental period. This suggests that either *Nitrosomonas* AOO can maintain
474 effective NH₄⁺ oxidation rates at very low abundance or an as-yet unidentified organism
475 contributed to NH₄⁺ oxidation⁵⁰.

476

477 **4. Conclusions**

478 This study is the first to demonstrate robust combined shortcut N and P removal from real
479 wastewater without exogenous carbon or chemical addition at the moderate average wastewater
480 temperature of 20°C. Mainstream nitrification-denitrification was achieved for more than 400 days via
481 intermittent aeration and SRT control, with an average NAR of 70% during Phase 2. Process
482 modeling reproduced this performance and confirmed that NOO activity was suppressed with a
483 combination of NO₂⁻ drawdown via denitrification and washout via SRT control, and provided
484 possible explanations for the relative lack of DPAO activity. Importantly, neither NO₂⁻
485 accumulation nor periods of anoxia in intermittent aeration adversely affected EBPR performance,
486 and consistent and integrated shortcut TIN and biological P removal were achieved for more than
487 400 days. N₂O emissions were in line with observations of other shortcut N removal systems and
488 were primarily associated with NO₂⁻ accumulation at the end of the cycle. The single-sludge
489 nutrient removal process examined here, as compared to two-stage systems with separate sludges,
490 could reduce operating cost and complexity while meeting nutrient removal goals.

491

492 **5. Conflicts of Interest**

493 There are no conflicts of interest to declare.

494

495 **6. Acknowledgements**

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499 the National Science Foundation Graduate Research Fellowship under Grant No. DGE-1324585.

500

501 **Table 1.** SBR cycle timing (gravity fill, anaerobic reactor, aerobic react, wasting, settling, and
502 decant) and reactor control details. The end of the SBR aerobic (intermittently aerated) react
503 phase was determined based on an NH_4^+ setpoint shown in the table.

	<i>Phase 1</i>	<i>Phase 2</i>
Days of operation	0 to 246	247 to 531
Gravity fill (min)	3 to 6	
Anaerobic react (min)	45	
Aerobic react via intermittent aeration (min)	317 ± 146	206 ± 105
Wasting (min)	0 to 2.2	
Settling (min)	30 to 40	
Decant of 5/8 volume fraction (min)	4.5 to 6.0	
Online NH_4^+ -based control target effluent concentration ($\text{mgNH}_4^+\text{-N/L}$)	3 to 5	1.5 to 2

504

505

506 **Table 2.** Sampling frequency and target analytes (per APHA, 2005) for daily composite samples.
507 All samples listed are of reactor influent and effluent except NO₂⁻-N (effluent only) and mixed
508 liquor TSS and VSS (sampled in-reactor).

Analyte	Samples per week
Total COD	3
Filtered COD (1.2 μm filter)	3
Alkalinity	3
Total Kjeldahl Nitrogen	3
NH ₄ ⁺ -N	3
NO _x ⁻ -N ¹	3
NO ₂ ⁻ -N (effluent only)	3
Total Phosphorus	3
Ortho-Phosphate	2
TSS ² & VSS ³	1
Mixed Liquor TSS ² & VSS ³	2

¹ NO_x⁻-N = NO₂⁻-N + NO₃⁻-N

² TSS = total suspended solids

³ VSS = volatile suspended solids

509

510

511 **Table 3.** Arithmetic mean \pm standard deviation of composite sampling results for influent
 512 (primary effluent) and reactor effluent concentrations. Results from Phase 1 are highlighted in
 513 light gray and results from Phase 2 are highlighted in dark gray. Process model predictions are
 514 for Phase 2 only. Additional information regarding influent COD fractionation can be found in
 515 Table S1.

	Phase 1: Days 0 - 246			Phase 2: Days 247 - 531			Reactor Percent Removal	Modeled Percent Removal ^a
	Influent	Reactor Effluent		Influent	Reactor Effluent	Modeled Effluent ^a		
TKN (mgN/L)	21.3 \pm 5.1	8.4 \pm 4.7		17.9 \pm 5.3	2.8 \pm 1.2	4.4	85%	76%
NH ₄ ⁺ (mgN/L)	15.8 \pm 4.2	6.9 \pm 4.2		13.5 \pm 4.5	1.7 \pm 1.1	2.0	87%	85%
NO ₂ ⁻ (mgN/L)	--- ^b	1.5 \pm 1.1		--- ^b	1.9 \pm 1.1	0.3	<i>not applicable</i>	
NO ₃ ⁻ (mgN/L)	--- ^b	0.9 \pm 1.2		--- ^b	0.8 \pm 0.5	0.05	<i>not applicable</i>	
NAR ^c (%)		62%			70%	85%	<i>not applicable</i>	
PO ₄ ³⁻ (mgP/L)	1.8 \pm 0.6	0.3 \pm 0.4		1.4 \pm 0.5	0.1 \pm 0.2	0.16	91%	89%
Total P (mgP/L)	2.6 \pm 0.6	0.4 \pm 0.5		2.2 \pm 0.7	0.4 \pm 0.5	1.0	83%	56%
Total COD (mgCOD/L)	176 \pm 55	30 \pm 24		150 \pm 46	28 \pm 11	47	81%	69%
Filtered COD ^d (mgCOD/L)	107 \pm 31	27 \pm 17		94 \pm 32	24 \pm 6	27	74%	72%
Alkalinity (meq/L)	4.6 \pm 0.9	3.8 \pm 0.7		4.7 \pm 0.6	3.8 \pm 0.7	4.1	20%	13%
TSS (mg/L)	50 \pm 27	12 \pm 28		72 \pm 47	18 \pm 19	23	75%	68%

^a Average primary effluent values from Phase 2 were used as influent to the process model

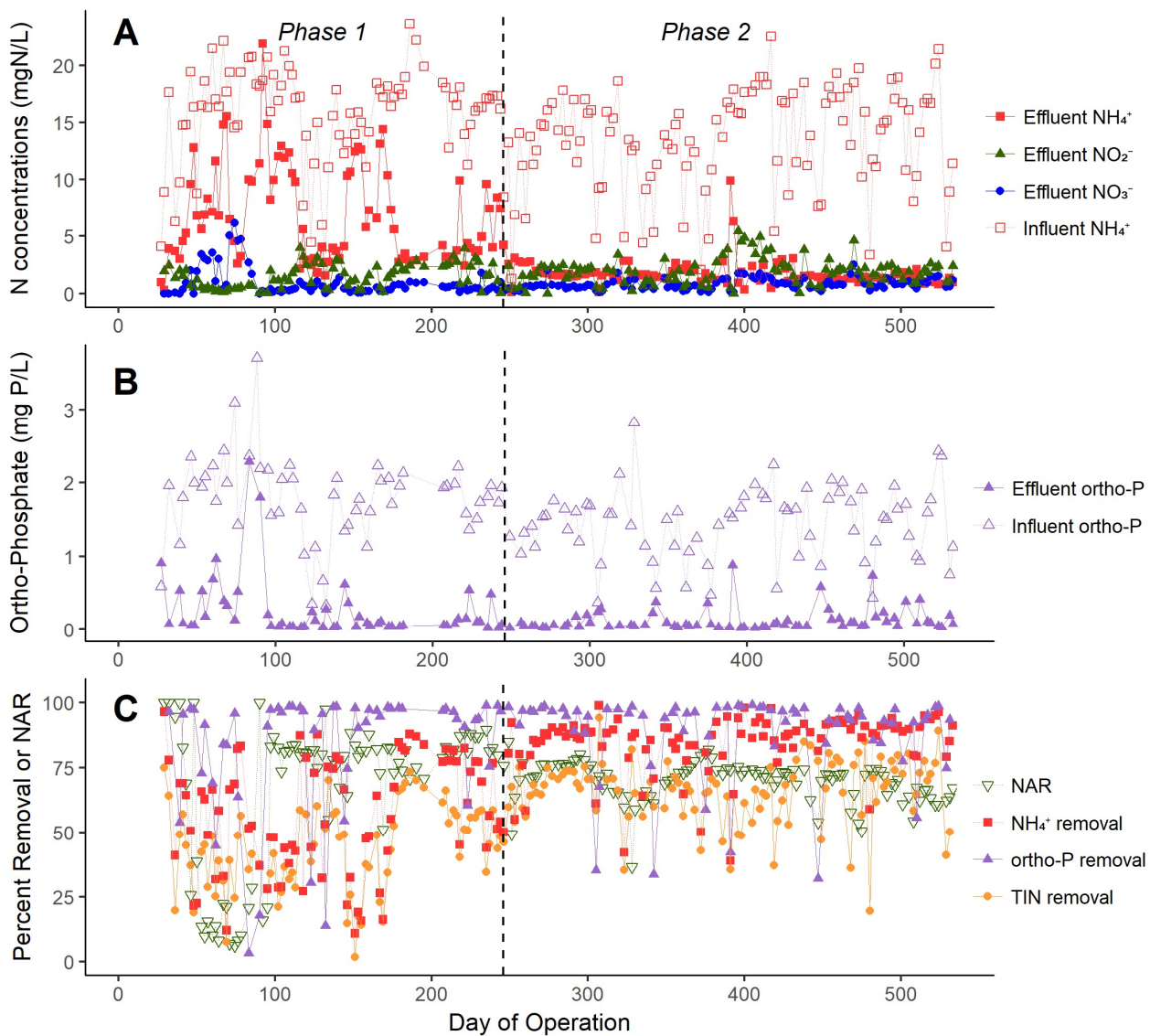
^b 79% of influent NO_x⁻ (combined NO₂⁻ + NO₃⁻) measurements below the detection limit of 0.15 mgN/L

^c NAR = nitrite accumulation ratio

^d "Filtered COD" indicates filtration through 1.2 μ m filter, not to be confused with "floc-filtered COD" (see Methods)

516

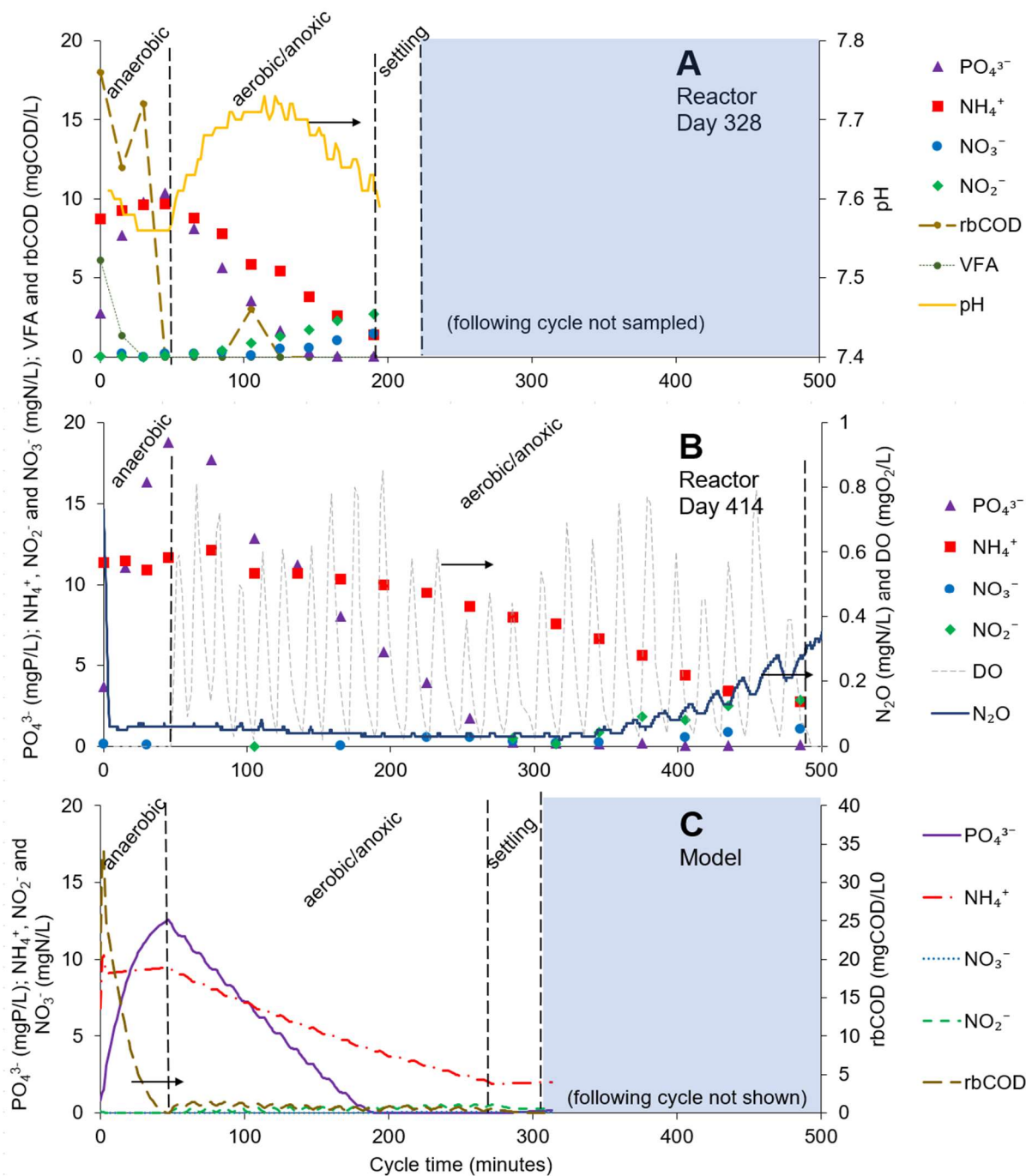
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519 **Figure 1.** Reactor performance over time from composite sampling (2 – 3 samples/week) over
520 the entire study. **A)** Influent (primary effluent) NH₄⁺ and effluent NH₄⁺, NO₂⁻, and NO₃⁻. **B)**
521 Influent and effluent orthophosphate. **C)** Nitrite accumulation ratio (NAR) and percent removal
522 of NH₄⁺, orthophosphate and TIN.

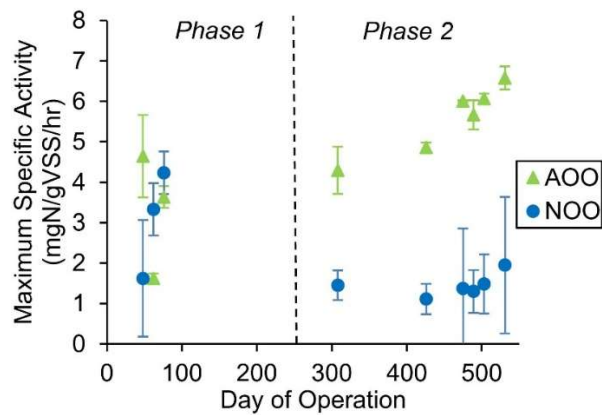
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524

525 **Figure 2. A) and B)** Two react cycles on days 328 and 414, respectively, that demonstrate
 526 efficient P and N removal, selective nitrification, and variability in aerated react length. Cycle **A**
 527 included measurements for rbCOD and VFAs, and cycle **B** was run with an N_2O sensor in the
 528 reactor. **C)** SBR cycle as modeled in SIMBA#. rbCOD as shown was calculated as soluble COD_t
 529 – soluble COD_{effluent}.

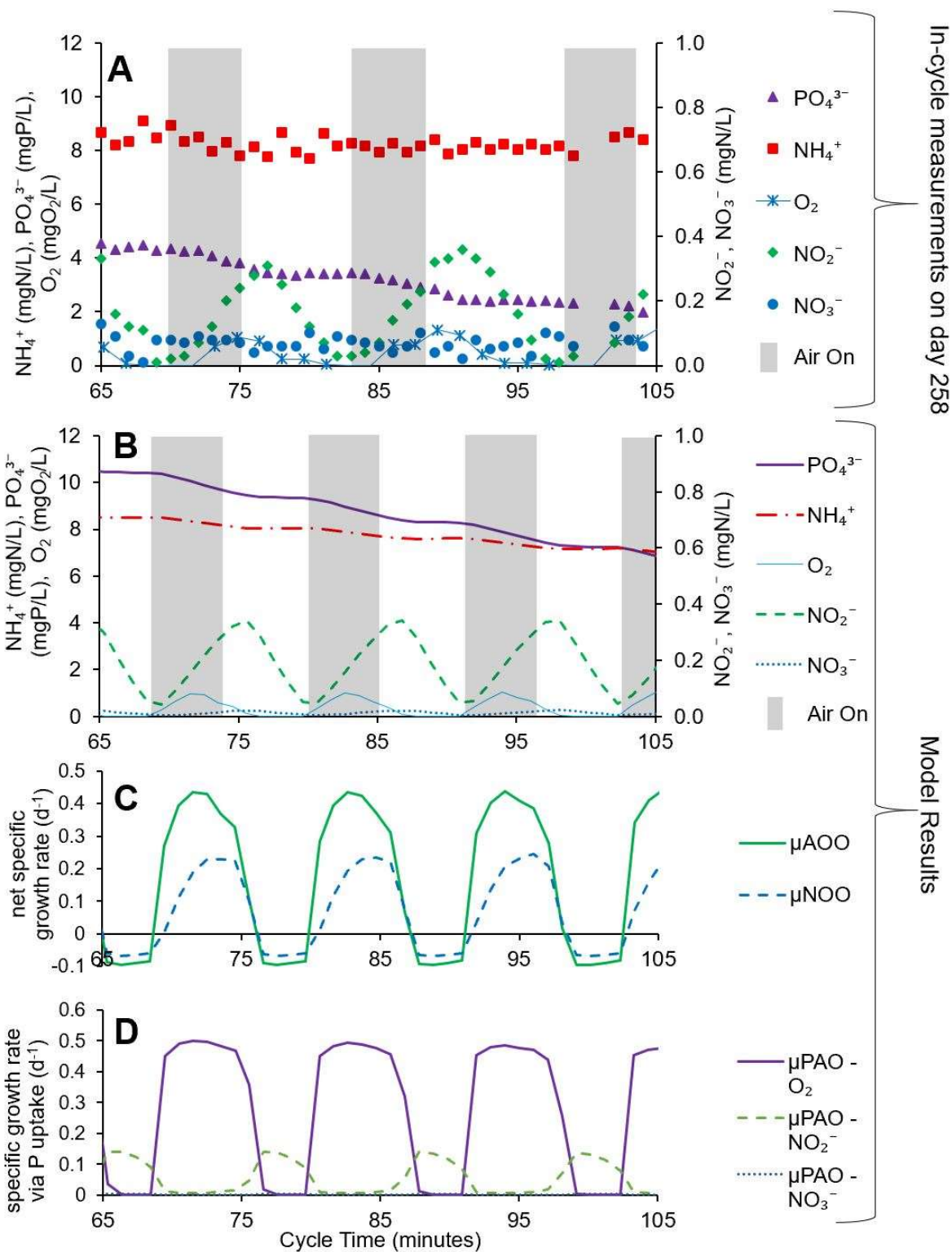
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532 **Figure 3.** Maximum specific AOO and NOO activity as measured by *ex situ* batch testing. Error
533 bars represent the standard deviation of the method replicates.

534



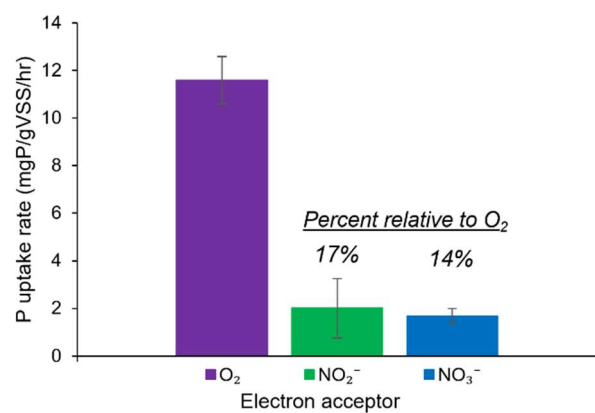
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536 **Figure 4.** Comparison plot between high resolution within-cycle reactor sampling (A) and
 537 modeled results (B, C, D) for the intermittently aerated reactor period of SBR operation (minutes
 538 65 – 105, beginning 20 minutes after the start of aeration). **A)** Results of grab sampling from a
 539 reactor cycle on day 258 of operation. Selective nitritation rather than nitratation during aerated

540 phases (gray shading) is evident and produced NO_2^- is then denitrified in anoxic phases. The
541 s::can optical DO sensor is rated for a 60-second response time, and a ~1-minute delay is evident
542 in comparison to the model plot B. **B)** Modeled concentration dynamics including on/off
543 switching for aeration control. **C)** Modeled AOO and NOO net specific growth rates including
544 decay. **D)** Modeled PAO specific growth rates associated with P uptake via O_2 , NO_2^- and NO_3^- .
545 Decay and growth not associated with P uptake are not included.

546

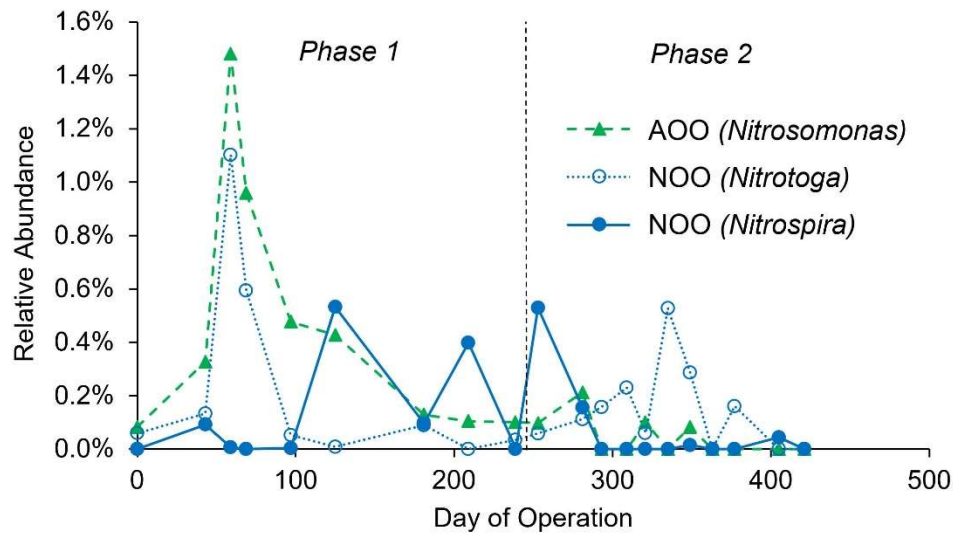
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548

549 **Figure 5.** P uptake rates in the presence of O₂, NO₂⁻, and NO₃⁻ from *ex situ* batch tests.

550



551

552 **Figure 6.** Relative AOO and NOO abundance based on 16S rRNA gene amplicon sequencing
553 through the first 421 days of reactor operation. Day “0” represents the inoculum, which was
554 sampled before reactor operation began.

555

556

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558 7. References

559

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