

1 **Mechanistic macroecology: exploring the drivers of latitudinal variation in terrestrial body**
2 **size in a General Ecosystem Model**

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4 **RUNNING TITLE:** Mechanistic macroecology in a GEM

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6

7 **KEYWORDS:** Bergmann's rule, Mechanistic macroecology, General Ecosystem Model, Madingley,
8 thermoregulation, resource availability, body mass, body size, mechanism.

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10

11 **ABSTRACT**

12 Many mechanisms have been hypothesized to explain Bergmann's rule - the correlation of body size with
13 latitude. However, it is not feasible to assess the contribution of hypothesised mechanisms by experimental
14 manipulation or statistical correlation. Here, we evaluate two of the principal hypothesised mechanisms,
15 related to thermoregulation and resource availability, using structured experiments in a mechanistic global
16 ecosystem model. We simulated the broad structure of assemblages and ecosystems using the Madingley
17 model, a mechanistic General Ecosystem Model (GEM). We compared emergent modelled biogeographic
18 patterns in body mass to empirical patterns for mammals and birds. We then explored the relative
19 contribution of thermoregulation and resource availability to body mass clines by manipulating the model's
20 environmental gradients. Madingley produces body size gradients that are in broad agreement with empirical
21 estimates. Thermoregulation and resource availability were both important controls on body mass for
22 endotherms, but only temperature for ectotherms. Our results suggest that seasonality explains animal body
23 mass patterns through a complex set of mechanisms. Process-based GEMs generate broadly realistic
24 biogeographic body mass patterns. Ecologists can use them in novel ways: to explore causality, or for
25 generating and testing hypotheses for large-scale, emergent ecological patterns. At the same time,

26 macroecological patterns are useful for evaluating mechanistic models. Iteratively developing GEMs, and
27 evaluating them against macroecological patterns, could generate new insights into the complex causes of
28 such patterns.

29

30

31

32 **INTRODUCTION**

33 **The role of mechanistic models in macroecology**

34 The fields of macroecology and biogeography have traditionally adopted a strong observational and
35 descriptive approach to understanding patterns of species distributions, community composition and
36 biodiversity across space and time (Blackburn et al., 1999). Correlative, statistical approaches have been
37 the primary tools for exploring such data but they are unable to establish causal relationships and can be
38 difficult to transfer across geographic space, time and environmental space (Cabral et al., 2017).
39 Mechanistic ecological models are a new approach that can complement such studies. They represent both
40 the composition of ecosystems and the causal relationships determining that composition. So, they permit
41 targeted exploration of causality in macroecology (Connolly et al., 2017), especially at the large scales at
42 which experimental manipulation is not possible.

43

44 **Latitudinal variation in body size and the hypothesised mechanisms**

45 Bergmann's rule, representing one of the oldest recognized macroecological pattern (Bergmann, 1847),
46 hypothesises that body size is positively correlated with latitude and elevation, with heat conservation
47 increased in larger-bodied animals through a smaller surface-area-to-volume ratio (James 1970, Blackburn
48 et al., 1999). Bergmann's rule can be considered an empirical generalisation (Mayr, 1956, Meiri, 2011) and
49 has been applied in both inter- and intra-specific studies to a broad range of taxa, including ectotherms, in
50 multiple geographic regions. Amongst endotherms, the majority of mammal and bird species appear to
51 exhibit Bergmann clines (Ashton, 2002; Cardillo, 2002; Freckleton et al., 2003; Meiri et al., 2004;

52 Rodriguez et al., 2006; Ramirez et al., 2008; Rodríguez et al., 2008; Olson et al., 2009; Morales-Castilla et
53 al. 2012a,b; Torres-Romero et al. 2016), though converse clines exist, for example in a group of
54 subterranean rodents (Medina et al., 2007). In contrast, the evidence for ectotherms is highly ambiguous,
55 with some taxa conforming well (Olalla-Tárraga and Rodríguez, 2007), whilst others show inverse clines
56 (Mosseau, 1997; Ashton and Feldmann, 2003; Olalla-Tárraga and Rodríguez, 2007; Adams and Church,
57 2008; Cvetkovic et al., 2009) and some show no clear pattern (Olalla-Tárraga et al., 2006; Pincheria-Donoso
58 and Meiri, 2013; Feldman and Meiri, 2014, Slavenko et al. 2019). Accordingly, there is debate about
59 whether Bergmann's rule should be considered for ectotherms at all (Watt et al., 2010; Olalla-Tárraga,
60 2010). Therefore, we focus on latitudinal variation in the body size of endotherms in this study. Even with
61 this choice and despite over 170 years of scientific research, both the generality and the underlying
62 mechanism(s) of this ecogeographic rule thus remain disputed (James, 1970; Blackburn et al., 1999; Meiri
63 and Dayan, 2003; Pincheria-Donoso, 2010; Meiri, 2011).

64
65 Multiple mechanisms have been proposed to explain the observed patterns in body mass (Blackburn et al.,
66 1999; Olalla-Tárraga, 2011) (Table 1). Here we describe two leading mechanisms hypothesised to
67 determine body size clines, which will be the focus of this study.

68
69 First, Bergmann's original hypothesis focuses on endotherms and suggests a thermoregulatory mechanism,
70 proposing that larger organisms conserve heat more effectively in cooler environments, by virtue of their
71 lower surface area to volume ratio, compared to smaller organisms. Therefore, a larger body size is an
72 adaptation to cold environments because larger endotherms expend less energy per unit mass with
73 decreasing temperature compared with smaller endotherms. Others have demonstrated that temperature
74 seasonality can have a strong selection effect on body size patterns. Limited useful daylight time in seasonal
75 environments can constrain species activity and impose stronger physiological limits in small bodied-
76 species (Lindsay, 1966; Boyce, 1979).

77

78 The second mechanism relates to resource availability, which has been linked to several hypotheses.
79 Rosenweig (1968) argued that maintenance of a particular body mass depends on a sufficient supply of
80 food resources and to meet physiological demands, larger bodied species require more resources. He
81 proposed that the net primary productivity of terrestrial communities increases with latitude, permitting
82 larger sizes in higher latitudes. Giest (1987) argued that the increase in primary production with latitude
83 permits the body sizes of herbivores to increase and consequently, the body size of their dependent
84 carnivores. Further hypotheses have proposed that the seasonal variation of resources and in particular the
85 amount of resources available during the reproduction and growing periods is critical for determining the
86 body size that can be supported (McNab, 2010; Wolverton et al., 2009; Huston and Wolverton, 2011).
87 Others, such as Lyndsay (1966) and Boyce (1979) proposed that increased seasonality of resource
88 availability drives larger body sizes because large organisms are better able to resist longer periods of food
89 scarcity because they have relatively more fat deposits and deplete them more slowly.

90

91 **Aims of this study**

92 In reality, it is likely that the observed clines arise from interactions between several of these mechanisms
93 (Mayr 1956). But one of the key challenges in resolving the causes of observed biogeographic patterns in
94 animal body mass has been the difficulty in modelling them at regional and global scales. Although
95 statistical modelling of empirical data is feasible, it is not an approach that can be used to resolve underlying
96 mechanisms (i.e., correlation does not imply causation; Gaston, 2000; Marquet et al., 2014; Cabral et al.,
97 2017). Alternative approaches that explicitly incorporate mechanisms are required. Doing so
98 experimentally at global scales is infeasible, and hence using models based on underlying ecosystem theory
99 and performing systematic, ‘knockout’ experiments to test the importance of individual mechanisms is a
100 promising, yet underexplored, approach. This approach is made possible by the recent development of
101 general ecosystem models (GEMs; Purves et al., 2013), based on fundamental ecological principles, and
102 allowing self-assembling ecosystems to generate emergent patterns - that can be assessed against empirical
103 data.

104

105 Here we explore the thermoregulation and resource availability mechanisms hypothesised to be responsible
106 for latitudinal variation in endotherm body size. We apply a series of structured simulation experiments
107 using the Madingley General Ecosystem Model (GEM), a global, virtual ecological world based on
108 prominent ecological theories (Harfoot et al. 2014). In these simulations, macroecological patterns are
109 entirely emergent, bottom-up, from ecological principles encoded within the Madingley model at the
110 individual level. Therefore, we begin by evaluating the modelled biogeographic patterns in animal body
111 mass against empirically derived patterns to demonstrate that the model can generate body size gradients
112 that are comparable to those estimated empirically. Because of the ambiguity of latitudinal body size
113 gradients in ectotherms, we focus on emergent endotherm patterns. Subsequently, to explore the relative
114 importance of thermoregulation and resource availability hypotheses in driving biogeographic patterns in
115 terrestrial animal body mass, we isolate and manipulate the model's environmental gradients in absolute
116 and seasonality of temperature and productivity, and examine their effects on modelled animal assemblages.

117

118

119 **MATERIALS AND METHODS**

120

121 **The Madingley General Ecosystem Model**

122 The Madingley model is a mechanistic and individual-based model of whole ecosystems. It was
123 developed with the dual aims of synthesizing and advancing our understanding of ecology, and of
124 enabling mechanistic prediction of the structure and function of whole ecosystems at various levels of
125 organisation. It is not a statistical model built to fit data on Bergmann clines as closely as possible. Rather
126 Madingley encodes prominent ecological theories that govern the metabolism, resource consumption,
127 reproduction, movement and mortality and attempts to use these to generate realistic emergent properties,
128 including latitudinal variation in community body size. It is general in the sense that it applies these same
129 functions to all organisms in all ecosystems and individual-based because the functions are specified at

130 the level of individual organisms. As far as we are aware it is the only model able to decompose
131 mechanisms driving patterns in organismal body mass.

132

133 *Pertinent components*

134 A comprehensive description of the model is provided by Harfoot et al (2014). Here we summarise the
135 model's pertinent components, which simulate the dynamics of plants, and all heterotrophs with body
136 masses above 4×10^{-4} g that feed on living organisms. Organisms are not characterised by species identity
137 and are instead grouped according to a set of categorical functional traits - for example trophic level
138 (herbivores, omnivores and carnivores), reproductive strategy (semelparity vs. iteroparity),
139 thermoregulatory mode (endothermy vs. ectothermy), and mobility for animals. These traits determine the
140 types of ecological interactions that modelled organisms are involved in, whilst a set of continuous traits -
141 total biomass of autotrophs; and current body mass, juvenile body mass, adult body mass, and optimal
142 prey size of omnivorous and carnivorous heterotrophs - determine the rates of each process.

143

144 *Plants*

145 On land, plants are represented by stocks, or pools, of biomass modelled using a terrestrial carbon model.
146 Biomass is added to the stocks through the process of primary production, the seasonality of which is
147 calculated using remotely sensed Net Primary Productivity data (Harfoot et al., 2014). This production is
148 allocated to above-ground/below-ground, structural/non-structural, evergreen/deciduous components. The
149 Madingley model assumes that all above-ground, non-structural, matter is available for heterotrophic
150 organisms to consume. Biomass is lost from plant stocks through mortality from fire and senescence, as
151 well as through herbivory, which is described in more detail below. Production, allocation and mortality,
152 in the plant model, are all determined by environmental conditions (temperature, number of frost days,
153 precipitation, and the available water capacity of soils) (Smith et al., 2013).

154

155 *Animals*

156 Heterotrophic animals are represented in the model as ‘cohorts’, the fundamental agents of the model:
157 collections of individual organisms occurring in the same modelled grid cell and that follow the same
158 ecological trajectory, with identical categorical and continuous functional traits. Representing individual
159 organisms is of course computationally unfeasible - there are simply too many individual organisms on
160 Earth (Purves et al., 2013) - but the cohort approach enables the model to predict emergent ecosystem
161 properties at organisational scales from individuals to the whole ecosystem. Heterotroph dynamics result
162 from five ecological processes: metabolism, resource consumption, reproduction, mortality and dispersal
163 (see Text S1 and Figure S1). The model can be considered as an ecological null model. It is intended to
164 describe broad patterns, and hence does not include all ecological processes, such as, for example,
165 ecological stoichiometry, behaviour (e.g. predator avoidance, sociality and intelligent movement) or
166 microhabitat use. The model currently does not resolve flying organisms explicitly and so is more
167 representative of non-volant organisms.

168
169 All endothermic functional groups in the model were iteroparous and the initial juvenile and adult body
170 masses were drawn randomly from realistic mass ranges. The minimum endotherm juvenile mass was
171 0.004g, the smallest neonatal mass listed in the Pantheria database of extant and recently extinct mammal
172 traits (Jones et al., 2009). The maximum adult mass was 5×10^6 g for herbivorous endotherms (7×10^5 g for
173 carnivorous endotherms, 1.5×10^6 g for omnivorous endotherms) following maximal masses in these groups
174 from the Elton Traits dataset (Wilman et al., 2014). Endothermic cohorts thermoregulate at 37°C at all times
175 and this thermoregulation comes at no extra metabolic costs. This ecological simplification is necessary at
176 present because in the real world the metabolic costs of thermoregulation are linked to numerous other
177 aspects of an organism’s ecology. Namely, behavioural responses, for which there are multiple strategies.
178 For example, increased metabolic costs from thermoregulation in adverse environments can be avoided by
179 hibernation or dispersal to wait for or find more clement conditions (Geiser, 2013). The model is currently
180 behaviourally naïve in this respect and so these costs are not presently incorporated.

181 The model attempts to represent all organisms within ecosystems interacting with each other through
182 dynamic and emergent trophic networks, albeit with some interactions being stronger than others. In this
183 way, the endotherm community, and hence their median body mass, is influenced by the ecology of
184 ectotherms in the model. Ectotherms were either iteroparous or semelparous. Cohorts were initially seeded
185 into the model ranging between 4×10^{-4} g as the smallest juvenile mass and 2×10^6 g as the largest adult mass
186 depending on the functional group. Ectotherm activity was limited by environmental conditions following
187 empirically-derived relationships between activity, diurnal temperature ranges, annual mean temperature
188 and annual variation (Sunday et al., 2010). After the initial quasi-random seeding, cohorts interact with
189 each other and with plant stocks, influenced by the environment, to select for a dynamic equilibrium
190 ecosystem composition.

191

192 *Simulations*

193 The model is flexible with regard to spatial and temporal resolution. As described below we used two spatial
194 resolutions, one at $1^\circ \times 1^\circ$ to compare the model with empirical patterns, and the other at $5^\circ \times 5^\circ$ for the set
195 of knockout simulations. The coarser resolution was employed for computational efficiency given the 40
196 model simulations required for the knockout experiments, and as in the original formulation (Harfoot et al.,
197 2014), we used a monthly time step throughout. We modelled the terrestrial realm exclusively, as this realm
198 has seen the most research into empirical Bergmann clines (though see Torres-Romero et al., 2016).
199 Comparisons to marine patterns would make an interesting further exploration. We simulated ecosystem
200 structure for all terrestrial landmass between 65°N to 65°S in latitude. Simulations were performed on
201 windows server machines, using this Madingley C# codebase for the simulations to generate body mass
202 patterns for evaluations: <https://github.com/mikeharfoot/C-sharp-version-of-Madingley>; and, this codebase
203 for the knockout simulations: <https://github.com/mikeharfoot/Madingley-Bergmann-patterns>.

204

205 **Evaluating emergent biogeographic patterns in body size**

206 The Madingley model has previously been demonstrated to capture observed properties of individual
207 organisms and the coarse structure of ecosystems reasonably well under environmental conditions without
208 human impact (Harfoot et al., 2014). To explore latitudinal patterns in animal body mass, we used emergent
209 ecosystem structure in the global grid of $1^\circ \times 1^\circ$ terrestrial cells. We evaluate these against mammalian data
210 because the model is more representative of mammals than birds, as described above. Climatological
211 environmental conditions for each grid-cell are read as model inputs from publicly-available datasets (see
212 Harfoot et al., 2014). For air temperature, diurnal temperature range, precipitation and number of frost days
213 these were calculated from WorldClim mid-Holocene (approximately 6,000 years ago) downscaling of the
214 HadGEM2-ES model reconstruction (Hijmans et al., 2005). For soil water availability, there was no
215 equivalent Holocene climate dataset so we used average values for the period 1960 – 2000. We used the
216 same climatological time series for each of the 100 years of model simulations, to remove the effects of
217 inter-annual environmental variation. Importantly, we also excluded effects of anthropogenic habitat
218 conversion and harvesting of plant or animal biomass for human use. So, our simulations represent a late-
219 Quaternary world that has received little anthropogenic influence.

220
221 We performed 10 simulations with this protocol, in each case drawing different initial ecosystem states to
222 capture the effects of variation in initial conditions and of stochasticity in ecological dynamics, and allowing
223 the ecosystems to establish a quasi-steady state over a simulation length of 100 years. Figure S2 shows the
224 temporal emergence of body mass gradients over time. It demonstrates that there is no body-mass cline
225 associated with initial conditions. The final heterotroph biogeography is instead determined by the
226 environmental and productivity conditions in each grid cell.

227
228 To be consistent with the empirical body size gradients (described below), which do not take abundance
229 into account, and use species maximum or a central estimate for adult body mass, we grouped cohorts
230 (which represent functionally equivalent, hetero-specific individuals, at a specific life stage) by their unique
231 adult body mass, creating pseudo-species. Whilst the adult-body mass of cohorts does not change through

232 time and so the mass of the resulting pseudo-species does not change, the composition of pseudo-species
233 within an ecosystem can change through time. This can result from local extinction or dispersal. So, for
234 each grid cell and each simulation we calculated the median across months of the median adult body mass
235 of the pseudo-species present in that pixel. We calculated this using the quasi-steady state ecosystems of
236 the final 12 months of each simulation. We took the median value across the 10 simulations as the central
237 value across the ensemble of simulations.

238

239

240 **Estimating empirical biogeographic patterns of animal body mass**

241 Estimates of the community mean body mass for mammals and birds were derived from extent of
242 occurrence maps (EEO) and trait databases. We refer to these data as mean body mass from EEO. Extents
243 of occurrence were intersected with the same $1^\circ \times 1^\circ$ grid of cells used for the model simulations. For the
244 species occurring in each grid cell, the median assemblage body mass was calculated (Cooper & Purvis,
245 2010; Rapacciuolo et al., 2017).

246

247 As introduced above, we focus our evaluation of modelled biogeographic body mass patterns on
248 endotherms, where there is much stronger evidence of latitudinal body mass clines. For mammals, where
249 there is evidence that anthropogenic impacts have altered the latitudinal gradients in body mass (Faurby &
250 Araújo, 2016; Santini et al., 2017b), we used Holocene body mass data and present-natural EEO from a
251 pre-release version 1.1 of the Phylacine database (Faurby et al 2018). The original data for body sizes
252 mainly comes from Faurby and Svenning (2015) and Smith et al 2003, while the data on ranges mainly
253 comes from Faurby and Svenning (2016) and IUCN (2016). These estimate what the present range would
254 be for each mammal species given a current climate but no human impacts. The Holocene EEO maps were
255 projected in the Behrmann equal area coordinate system so the maps were sampled at the coordinates of
256 the 1 decimal degree model grid cell centres projected to Behrmann coordinate system. Further details can
257 be found in Supplementary Text S2.

258

259 **Evaluating modelled biogeographic patterns of animal body mass**

260 We evaluated emergent body mass patterns by calculating their correlation with empirical estimates across
261 the global grid using modified t-tests to account for the loss of statistical power resulting from spatial
262 autocorrelation (Dormann et al., 2007; Dutilleul et al., 2008). We log transformed body masses to give
263 equal weight in the correlation to all body sizes across the orders of magnitude variation in sizes across the
264 grid. We did not take phylogenetic correlation into account for three reasons. Firstly, because Madingley
265 simulates cohorts of species that interact, survive or perish over time, which is different than simulating the
266 evolution of species in phylogenies. Secondly, we focus on spatial patterns of body size rather than the time
267 and mode in which these patterns emerge. Finally, we were not attempting to explain empirical body mass
268 relationships with environments when phylogenetic signal should be accounted for.

269

270 **Isolating mechanisms driving body-mass patterns**

271 *Thermoregulation and resource availability hypotheses*

272 We conducted a set of environmental knockout simulation experiments in the model to investigate the two
273 major hypothesised drivers of clines in body mass: thermoregulation and resource availability. Our
274 simulations were designed to precisely evaluate how much an environmental feature is contributing to
275 latitudinal gradients by quantifying how much body masses change when that feature is removed from the
276 simulations. If body mass changes considerably in response to a knockout, to the extent that the latitudinal
277 pattern is substantially altered then we can conclude that that feature and associated mechanism plays a
278 dominant role in driving the modelled body size patterns. We considered two aspects of the
279 thermoregulatory hypothesis. First, that the latitudinal gradients in annual mean temperature (mean monthly
280 temperature across the year) selects for larger endotherms where annual mean temperature is lower. Second
281 that variation in temperature through the year (seasonality of temperature) selects for larger body mass
282 where seasonality of temperature is higher. We also considered whether these conditions select for smaller
283 ectotherms, through their capacity to more effectively utilise benign windows in otherwise unsuitable

284 environments (e.g. Olalla-Tárraga and Rodríguez, 2007). Analogously to the temperature knockout
285 simulations, we tested for the effects of latitudinal gradients in the cumulative annual net primary
286 production and the variation in net primary productivity across months of the year (seasonality of
287 production). Our prediction was that higher annual mean productivity (mean monthly productivity across
288 the year) and greater seasonality of production selects for larger endotherms (Lindsey 1966, Rosenweig,
289 1968, Boyce 1978, 1979). We therefore conducted, in addition to a full (control) simulation with no
290 environmental feature changed, four knockout experiments in each of which we removed either a gradient
291 or variation in one of these aspect of the environment at a time (Table 2, which lists treatment names, Fig
292 S3). These knockout simulations were then compared to the full simulations.

293

294 *Experimental protocol*

295 To account for stochastic effects, we performed an ensemble of 10 simulations for the control conditions
296 and for each knockout, which yielded 50 simulation runs. It was computationally unfeasible to run these
297 simulations at a resolution of $1^\circ \times 1^\circ$, so we used a coarser resolution of $5^\circ \times 5^\circ$ cells with the same extent.
298 The change in resolution resulted in consistent variation body mass across latitude, however in general the
299 annual median, community median body size was larger in the coarser resolution simulations (Fig S4). For
300 each knockout experiment, we used the median across the ensemble as the central estimate. For each
301 knockout across each latitude band, we then calculated the relative median body mass deviation from the
302 unmodified control simulation. Because the response of ectotherms can impact on that of endotherms, we
303 include their response to environmental knockouts in the studies.

304

305 *Exploring causation*

306 To further explore the causes of changes in latitudinal body mass clines in response to environmental
307 knockouts, we analysed changes in individual level feeding, reproduction and mortality rates. We ran
308 simulations for two grids of four $5^\circ \times 5^\circ$ cells, one in North Asia ($55\text{-}65^\circ\text{N}$ and $75\text{-}85^\circ\text{E}$) and one in
309 equatorial Africa ($5^\circ\text{S}\text{-}5^\circ\text{N}$ and $5\text{-}15^\circ\text{E}$). These grids were representative of different environments and

310 exhibited analogous patterns to the global simulation when run outside the global model. These simulations
311 were run for 20 years and for each month we exported the process rates (feeding/assimilation, reproductive
312 output, per capita mortality) of every cohort as well as cohort properties (e.g. current body mass, adult mass
313 and cohort abundance). It was not possible to run a global simulation because of the prohibitively long
314 runtimes and large volumes of individual level ecological data generated. Annual rates of the ecological
315 processes were calculated for each individual within each cohort by summing the monthly outputs. See
316 Text S3 for further methodological details.

317

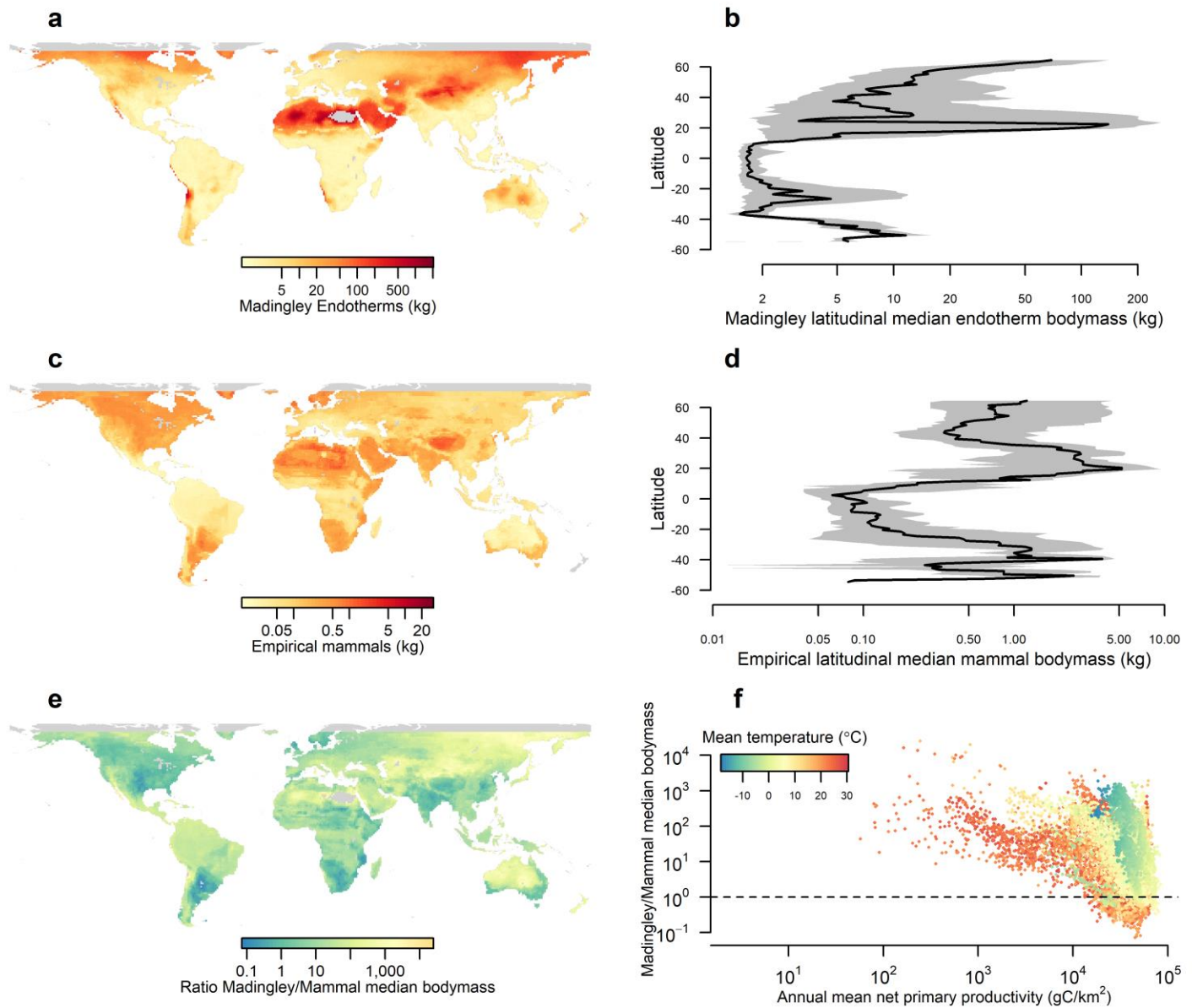
318 **RESULTS**

319

320 **Global patterns of modelled animal body mass**

321 Spatial patterns of endotherm and ectotherm body mass emerge from the model without exogenous
322 constraints based on its parsimonious descriptions of the ecological processes governing ecosystem
323 structure and function (Figure S2). These patterns exhibit strong spatial and latitudinal variation (Figure 1).
324 For endotherms, median body mass generally increases with aridity and with latitude (Figure 1a).

325



327 **Figure 1.** Global distributions (a, c) and latitudinal profiles (b, d) of ensemble median, annual mean,
328 community median body masses of endotherms predicted by the Madingley model (a, b) and Holocene
329 mammals estimated from empirical data (c, d). The ratio of Madingley to empirical estimates is plotted
330 spatially (e) and the pixel values plotted as a function of the annual mean net primary productivity and
331 coloured according to the annual mean temperature (f). Black line in b and d indicate the median body
332 mass across each latitude band, whilst the grey shading indicates the interquartile range.
333

334 **Comparing modelled and empirical body mass**

335 *Endotherms*

336 Endotherms modelled by Madingley exhibit spatial variation in body mass that resembles empirical
337 patterns (Figure 1a, c). Modelled body sizes increased in northern USA and Canada, south west Africa,
338 the Sahara, and central Asia consistent with empirical patterns in mammals. Modelled and empirical body
339 sizes were significantly, positively correlated at the global scale (Mammals: $r = 0.38$, $p < 1 \times 10^{-5}$, modified
340 t-test). The ratio of modelled and empirical body mass estimates shows many areas in the world with
341 consistent absolute body mass values (Figure 1e). However, northeast Asia, central and western Australia
342 stand out as showing disagreement. In these areas, the Madingley model suggests larger body masses than
343 the east coast of Australia, whilst the empirical data for mammals suggest the opposite.

344

345 Latitudinal profiles show that Madingley predicts Bergmann-like clines that are similar in shape to those
346 for Holocene mammals (Figure 1b, d). Body masses reached a minimum in the sub-tropics. They
347 increased towards the highest latitudes but with peaks around the desert belt. Although modelled and
348 empirical body masses are correlated, in general, the organisms predicted by Madingley were larger than
349 those estimated from empirical data by about an order of magnitude.

350

351 There was a trend in the degree of agreement between modelled and empirical body mass estimates as a
352 function of NPP (Figure 1f). As annual mean NPP decreased, Madingley tended to increasingly
353 overestimate endotherm body mass. This relationship held across different temperature regimes.

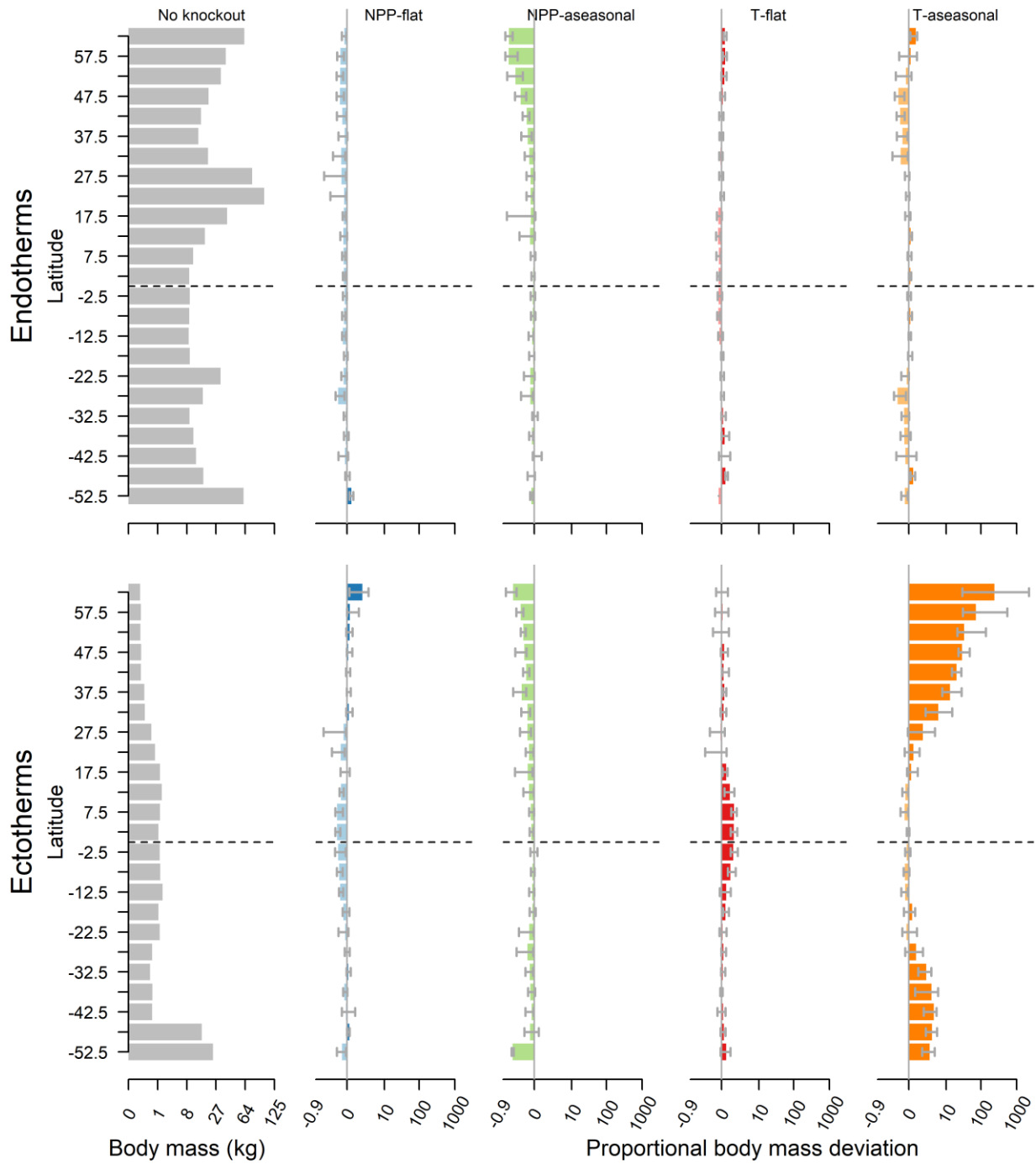
354 Agreement was more likely in locations of higher NPP but there was nonetheless substantial variation in
355 the ratio of modelled to empirically estimated body mass for high NPP locations even within similar
356 annual mean temperature environments.

357

358 **Knockout experiments**

359 *Environmental knockouts*

360 We found support for the resource availability drivers of body mass clines and in particular the seasonality
361 of resource availability (Figure 2). When the latitudinal gradient in NPP was removed (NPP-flat, Table 2),
362 endotherm body masses modestly but significantly decrease (negative proportional body mass deviation,
363 with 95% interval below zero) across most latitudes, so there was little change in the body-mass clines
364 (Figure S5). However, when we removed variation in NPP across the year (NPP-aseasonal), body masses
365 declined significantly in high latitudes of the northern hemisphere, with an effect size that increased with
366 increasing latitude. Changes were of smaller magnitude and less frequently significant in tropical latitudes
367 with the result that body mass tended to decline with increasing latitude in the northern hemisphere, almost
368 removing the conventional Bergmann clines (Figure S5). In both NPP-flat and NPP-aseasonal knockouts,
369 the latitudinal median of the grid-cell median adult endotherm body mass was reduced (median declines of
370 21% for NPP-flat and 27% for NPP-aseasonal; Figure 2). Removing variation in temperature across the
371 year (T-aseasonal) caused body size declines in mid-latitudes in both hemispheres and had little effect in
372 low latitudes. Effect sizes were smaller and less significant in the southern hemisphere for all knockouts.
373 T-flat had little effect on endotherm body mass in the either hemisphere.
374
375 Ectotherms body mass tended to be greater in the tropics and decline with increasing northern latitude. In
376 response to the knockouts, this body mass cline responded most to seasonality of resource availability and
377 of thermoregulation. Ectotherm body masses clines were exacerbated when there was no seasonal variation
378 in NPP (NPP-aseasonal) but reversed when there was no seasonal variation in temperature (T-aseasonal)
379 (Figure 2 and Figure S5).



380

381 **Figure 2.** The relative effect on community mean endotherm and ectotherm body mass across latitudes of

382 removing spatial variation in cumulative annual primary production, seasonality of primary production,

383 annual mean temperature and annual temperature seasonality. Solid bars represent the median and grey

384 lines the interquartile range across longitudes with each latitude band. Lighter hue indicates negative
385 median effect whilst darker indicates a positive median effect

386

387

388 *Exploring causation: Individual level ecological responses*

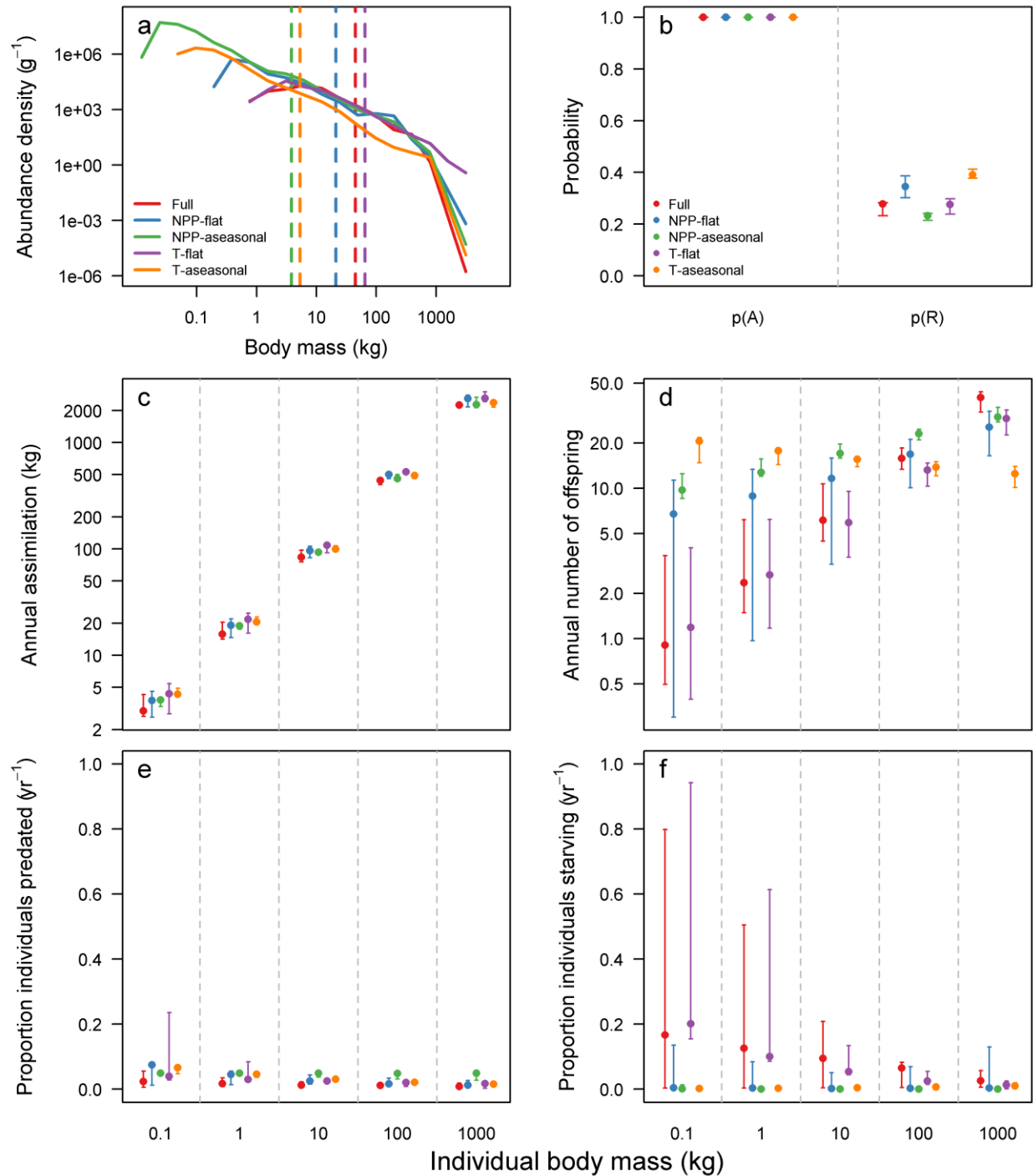
389 The results from a grid cell in North Asia (central Russia, 62.5°N, 82.5°E) showed that, for endotherms, in
390 all knockouts other than T-flat, median body masses declined because smaller organisms persisted in the
391 model (Figure 3a). NPP-aseasonal had the largest effect followed by T-aseasonal. In terms of differential
392 effects on organisms of different body mass, smaller organisms tended to assimilate more biomass, produce
393 more offspring and have lower starvation mortality losses relative to the full environment for all knockouts
394 except T-flat (Figure 3b, S5).

395

396 For ectotherms, median body mass increased in all knockout simulations except the NPP-flat (Figure 4).
397 The largest effects arose in the T-flat and T-aseasonal simulations. T-flat resulted in ectotherms with body
398 mass less than 10g dying out, and orders of magnitude lower abundances of larger ectotherms. This arose
399 because the interaction of warmer temperatures but with retained seasonality patterns reduced the period of
400 the year in which ectotherms were active in the model. As a result, the likelihoods and rates of assimilation
401 and reproduction were reduced and rates of starvation mortality were substantially elevated, especially for
402 smaller ectotherms with a higher relative metabolic rate. T-aseasonal resulted in decreased abundance of
403 the smallest, and an increase in the abundance of the largest, ectotherms. Ectotherms in this experiment
404 were active all year round in the model (there was no unsuitable winter season) hence the probabilities and
405 rates of assimilating or reproducing raised and reproductive output was increased, especially for smaller
406 organisms.

407

19



408

409 **Figure 3.** Effect of environmental knockouts in a grid cell centred at 62.5°N and 82.5°E on (a) endotherm
410 community size distribution, (b) probability of assimilating biomass, $p(A)$, and of reproducing offspring,
411 $p(R)$, within a year, (c) annual mass assimilated, (d) number of offspring produced per individual present

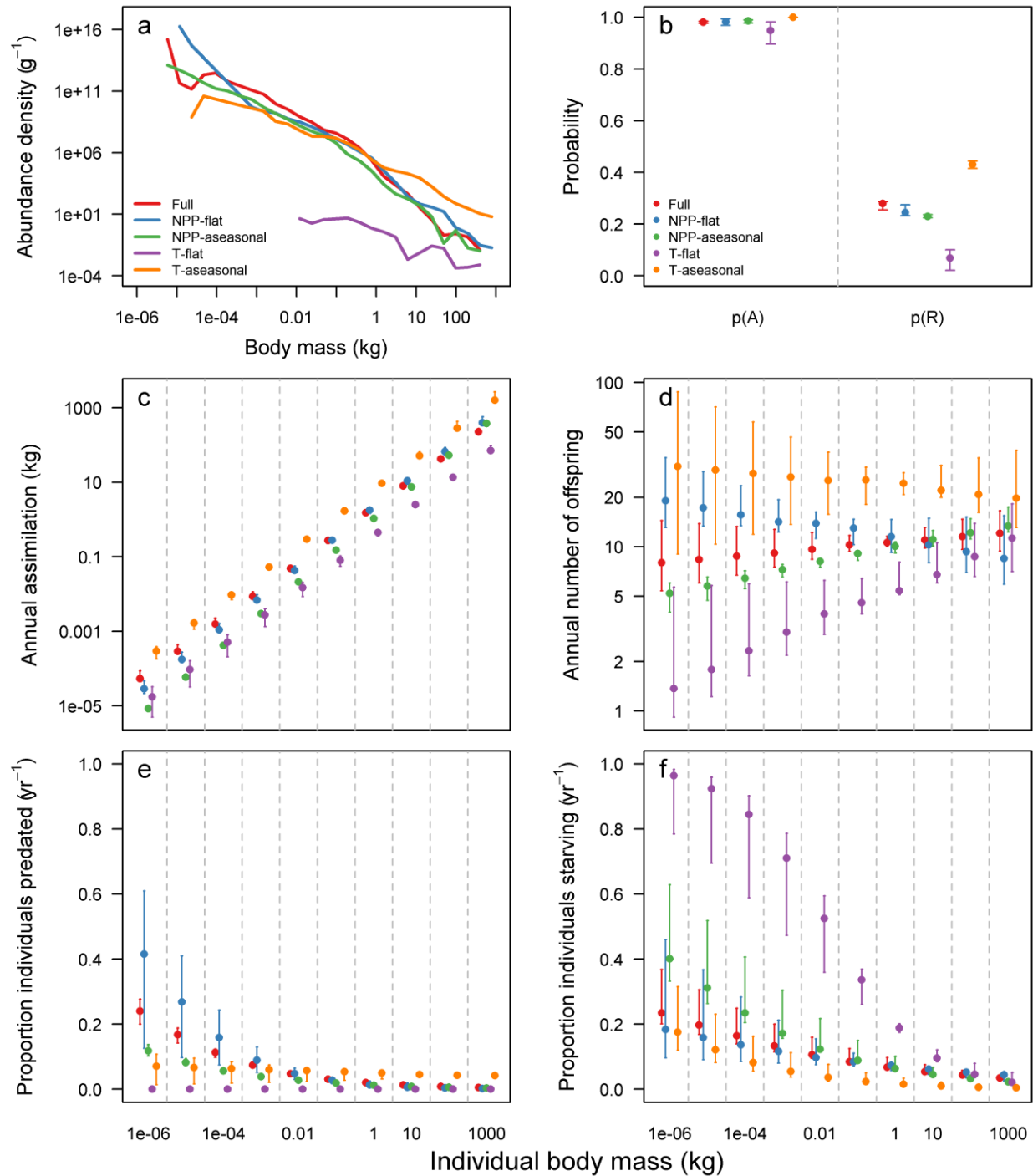
412 at the start of the year, and proportion of individuals present at the start of the year that die from predation
413 (e) or starvation (f) events. The community size distribution is the annual median abundance per mass bin
414 from the 20th year of the simulation, dashed lines indicate the community mean body mass for each
415 knockout. Points in b – f represent median predicted values from models fitted to annual data from the last
416 5 years of a 20-year simulation, error bars represent maximum and minimum value across years.

417

418 The results from environmental knockouts in an equatorial ecosystem (2.5°N and 12.5°E) showed limited
419 changes in the abundance size distribution of endotherms (Figures S6-S8). Conversely, for ectotherms, the
420 median body mass decreased by five orders of magnitude in the T-aseasonal knockout. This was caused by
421 the increased likelihood and rate of reproduction of smaller ectotherms but reduced output of larger
422 ectotherms, compared to the full environment. Smaller ectotherms were also less likely to starve in the
423 aseasonal temperature environment when compared to the full environment.

424

21



425

426 **Figure 4.** Effect of environmental knockouts in a grid cell centred at 62.5°N and 82.5°E on (a) ectotherm

427 community size distribution, (b) probability of assimilating biomass, p(A), and of reproducing offspring,

428 p(R), within a year, (c) annual mass assimilated, (d) number of offspring produced per individual present

429 at the start of the year, and proportion of individuals present at the start of the year that die from predation
430 (e) or starvation (f) events. The community size distribution is the annual median abundance per mass bin
431 from the 20th year of the simulation, dashed lines indicate the community mean body mass for each
432 knockout. Points in b – f represent median predicted values from models fitted to annual data from the last
433 5 years of a 20 year simulation, error bars represent maximum and minimum value across years.

434

435 **DISCUSSION**

436 Bergmann's rule is an ecological pattern for which there is a complex set of hypothesised mechanisms and
437 varying levels of empirical support. The Madingley model is a general mechanistic model of whole
438 ecosystems, it was not built to fit Bergmann cline data specifically, rather to model emergent patterns based
439 on encoded ecology. Encouragingly, the model is able to generate global spatial and latitudinal patterns in
440 body mass from individual organismal interactions that are consistent with empirical estimates. Attempting
441 to unpick the variation in body-size attributed to different environmental and ecological drivers provides
442 insight into the potential mechanisms underlying empirical observations. In general, the model captures
443 endothermic patterns reasonably well. Madingley generally over-predicted the body size of organisms
444 compared to empirical estimates. There are several possible factors that might contribute to this
445 disagreement.

446 First, the median unique adult body masses for all cohorts in a grid cell is not equivalent to the median
447 species mass. Because the cohorts in Madingley are hetero-specific, at present the model does not inform
448 about how many species it might represent. A cohort of small endotherms in Madingley might represent
449 many species with small body size. Whilst several cohorts of large organisms in Madingley, might represent
450 intra-specific variation in a single species. Second, the empirical estimates have substantial associated
451 uncertainties. For example, there can be considerable intraspecific variation in body size across ranges
452 (Ashton, 2002; Clauss et al., 2013; Tseng and Soleimani Pari, 2019). The EOO maps assumes a species is
453 found in every cell within its EOO at all times. Thirdly, the Madingley model might be missing mechanisms
454 that limit the maximum size of organisms or increase the survival of smaller organisms. The current

455 formulation of the model misses several aspects of thermoregulatory behaviour. For example, ectotherms
456 can behaviourally regulate their temperature above or below that of the ambient temperature (Kearney et
457 al., 2009), a process not included in Madingley. So metabolic costs may be under-estimated in cold
458 environments and over-estimated in hot environments. In addition, the model neglects hibernation, and so
459 metabolic costs might be over-estimated in seasonal environments. Including such behaviours could alter
460 the degree of converse Bergmann cline in the model but it is not clear in which direction. The model also
461 currently assumes that thermoregulation in endotherms has a flat metabolic cost across latitudes and that
462 there is no extra metabolic cost associated with, for example, fat deposits, feathers or fur to protect against
463 cold temperatures. Since smaller endotherms pay a greater relative metabolic cost to thermoregulate against
464 extreme temperatures than larger endotherms (Porter and Kearney, 2009), including this effect would likely
465 amplify the latitudinal body mass gradients in the model. As a result of their possibly opposing effects and
466 the complex community assembly processes operating through time, the net impact of including
467 thermoregulatory effects on community body masses is not clear, but should be explored as these features
468 are incorporated into the model. The tendency for the Madingley model to overpredict endotherm body size
469 in lower productivity environments (Figure 1 e, f) provides evidence for missing mechanisms, such as
470 hibernation, that permit smaller organisms to survive adverse conditions, or that prevent larger organisms
471 outcompeting smaller ones, for example as a result of resources being inaccessible to larger organisms. The
472 lack of three dimensional structure to the vegetation in the model is one example of the latter, arboreal
473 mammals tend to be smaller bodied than ground-based mammals. An additional omission that might impact
474 the largest body sizes in the model is the absence of pack hunting, which would enable predators to predate
475 on larger prey, whilst currently predators are generally larger than their prey organisms.

476

477 More generally, the patterns that emerge from the model will be sensitive to uncertainties in the model
478 structure (which ecological processes are represented and how they are formulated) and the
479 parameterisation of these functional forms. Exploring this sensitivity should be a critical next step, as this
480 would permit an exploration of the generality of macroecological mechanisms responsible for Bergmann

481 clines. Notwithstanding this caveat, the results from the current, published and evaluated version of the
482 model results provide support for the role of both thermoregulation and resource availability mechanisms,
483 and particularly the seasonality of these, as key mechanisms determining body mass of both endotherms
484 and ectotherms.

485

486 Despite being hugely simplified in comparison to reality and attempting to model all ecosystems on land at
487 the level of individual organisms, the fundamental ecological mechanisms currently included in the
488 Madingley model produce plausibly realistic emergent geographic pattern of median endotherm body mass.
489 It also captures much of the variation of median body mass within each latitudinal band. For example, desert
490 regions are known as prominent sites of large body mass for birds and mammals (Blackburn and Hawkins,
491 2004; Olson et al., 2009; Morales-Castilla et al. 2012a), and this is produced by the model outputs. The
492 Saharan and Gobi deserts all harbour greater median animal body mass than the median of their respective
493 latitudes (Figure 1).

494

495 We tested hypotheses on the mechanistic factors behind observed patterns through knock-out experiments
496 for environmental factors. The initial conditions of the model are spatially neutral, meaning that there is no
497 initial spatial pattern in the types of cohorts seeded in each grid cell. Therefore, the model does not require
498 chance or mechanisms of migration ability or historical contingencies to generate body mass gradients (see
499 e.g. Morales-Castilla et al. 2012b), implying that while these hypothesised mechanisms may be responsible,
500 Bergmann's clines can be produced without them. There is no *a priori* latitudinal variation in predation risk
501 in the model, therefore this mechanism is also not required for the emergent body mass patterns (Wolverton
502 et al., 2009). Our results suggest that thermoregulation and resource availability are dominant direct controls
503 on endotherm community mean body mass, they as when these factors are removed, or “knocked out”, from
504 the model, endotherm body mass across latitudes declines more than for other factors. Where productivity
505 increased or the seasonality of productivity was removed, the severity of the seasonal cycling of food
506 surplus and deficit (sensu Geist, 1987) was reduced, allowing smaller organisms that are more susceptible

507 to starvation, to avoid this risk and increase their fecundity. The resulting abundance increase of smaller
508 endotherms thus draws the community mean body mass down and also exerts some bottom up control over
509 larger endotherms, which have higher starvation rates and lower reproduction rates than the full
510 environment simulations.

511
512 For modelled ectotherms, thermoregulation is the dominant control on community body mass through its
513 effect on enabling access to resources. This is because ectotherm activity is limited under extreme ambient
514 temperatures. In simulations that isolated the seasonality of productivity from that of temperature (NPP-
515 aseasonal vs T-aseasonal), the altered seasonal cycling of food surplus and deficit appears unimportant if
516 the temperature remains seasonal such that the organism's ability to use those resources is impeded.

517
518 General Ecosystem Models, such as the Madingley model, can generate 'in-silico' global ecosystems that
519 can be experimentally manipulated in ways that are impossible in the real world – allowing for novel
520 explorations in 'mechanistic macroecology'. Our study demonstrates this for Bergmann's rule, and provides
521 support for the thermoregulation and resource availability hypotheses, while also generating an entirely
522 new hypothesis of trophic interactions between ectotherms and endotherms as a potential structuring
523 mechanism for observed clines in endotherm body mass. While 'mechanistic macroecology' cannot be the
524 only solution or approach to unpicking global macroecological patterns, our study suggests that it is a tool
525 that should be investigated further beyond these preliminary explorations, and can provide both ecological
526 insight and identify model weaknesses or missing processes. Furthermore, our finding of a bottom up
527 control of endotherm body mass by ectotherms suggest that we must model ecosystems and biological
528 interactions holistically to better capture how they are structured and function.

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745 **DATA ACCESSIBILITY**

746 All modelled body mass data has been deposited in Data Dryad (DOI to be added on acceptance). Empirical
747 data are accessible from the cited sources.

Tables

Table 1. Hypothesised mechanisms contributing to the latitudinal gradients in animal body size.

Mechanism	Description
<i>Chance</i>	Random ancestral colonisation and subsequent diversification may have led to larger body masses at higher latitudes (Blackburn et al., 1999). Alternatively, selective advantages of traits coupled with body mass may cause the pattern.
<i>Migration ability</i>	Smaller species are associated with lower dispersal abilities. The different dispersal velocities of larger and smaller bodied species during the retreat of the late Pleistocene ice sheet therefore results in underrepresentation of smaller species in areas from which ice has retreated (Blackburn and Gaston, 1996; Olalla-Tárraga and Rodríguez, 2007; Morales-Castilla et al., 2012a,b; Martinez et al., 2013).
<i>Predation</i>	Predation risk appears to decrease with distance from the equator. This allows species at high latitude to mature to a larger size (Ashton et al., 2000).
<i>Thermoregulation</i>	If animals are the same shape, larger species have increased heat conservation in cooler environments thereby augmenting survival and energy allocation to growth (Bergmann, 1847).
<i>Resource availability</i>	Body mass must be maintained by a sufficient supply of food resources (Rosenzweig, 1968). This supply is governed by net primary productivity (NPP) and competition for resources. Geist (1987) first argued that NPP increases with latitude whilst competition decreases, permitting larger body size at higher latitudes, peaking at 60 - 65° (Wolverton et al., 2009; McNab, 2010; Huston and Wolverton, 2013). Ho et al. (2010) have also asserted that resource quality increases with latitude.
<i>Habitat availability</i>	Larger animals generally need larger habitats. Increased habitat fragmentation in the tropics as a result of concentrated mesoclimate gradients causes unsuitable conditions for larger species (Hawkins and Diniz-Filho, 2006; Rodríguez et al., 2008; Terribile et al., 2009).
<i>Starvation resistance</i>	In regions of great seasonality, larger body mass enhances fasting endurance via the allometric scaling of fat reserves (Geist, 1987; Cushman et al., 1993).

Table 2. Environmental knockout experiments

Label	Experiment
NPP-flat	<i>Cumulative annual NPP</i> in each cell was set to the mean cumulative annual productivity across all grid cells, derived from the full model simulations. However, this cumulative total was distributed across months in the same proportions as the productivity calculated by the full model.
NPP-aseasonal	<i>Seasonality of NPP</i> in each cell was removed by setting the productivity in each month of the year equal to the mean monthly productivity across the year for that cell.
T-flat	<i>Annual mean temperature</i> in each cell was set equal to the global annual mean temperature. However, over the course of the model year the temperature in each cell varied around this global mean with the cell specific absolute deviations found in the original climatological temperatures.
T-aseasonal	<i>Seasonality of temperature</i> in each cell was removed by setting the temperature in each month of the year equal to the annual mean temperature of that cell. We also set the diurnal temperature range in each month of the year equal to the annual mean diurnal temperature of that cell.

Figures

Figure 1. Global distributions (a-c) and latitudinal profiles (d-f) of annual mean, community median body masses of endotherms predicted by the Madingley model (a, d), Holocene mammals estimated from empirical data (b, e), present-day birds estimated from empirical data (c, f).

Figure 2. The relative effect on community mean endotherm and ectotherm body mass across latitudes of removing spatial variation in cumulative annual primary production, seasonality of primary production, annual mean temperature and annual temperature seasonality. Solid bars represent the median and grey lines the interquartile range across longitudes with each latitude band. Lighter hue indicates negative median effect whilst darker indicates a positive median effect

Figure 3. Effect of environmental knockouts in a grid cell centred at 62.5°N and 82.5°E on (a) endotherm community size distribution, (b) probability of assimilating biomass, $p(A)$, and of reproducing offspring, $p(R)$, within a year, (c) annual mass assimilated, (d) number of offspring produced per individual present at the start of the year, and proportion of individuals present at the start of the year that die from predation (e) or starvation (f) events. The community size distribution is the annual median abundance per mass bin from the 20th year of the simulation, dashed lines indicate the community mean body mass for each knockout. Points in b – f represent median predicted values from models fitted to annual data from the last 5 years of a 20 year simulation, error bars represent maximum and minimum value across years.

Figure 4. Effect of environmental knockouts in a grid cell centred at 62.5°N and 82.5°E on (a) ectotherm community size distribution, (b) probability of assimilating biomass, $p(A)$, and of reproducing offspring, $p(R)$, within a year, (c) annual mass assimilated, (d) number of offspring produced per individual present at the start of the year, and proportion of individuals present at the start of the year that die from predation (e) or starvation (f) events. The community size distribution is the annual median abundance per mass bin from the 20th year of the simulation, dashed lines indicate the community mean body mass for each

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knockout. Points in b – f represent median predicted values from models fitted to annual data from the last 5 years of a 20 year simulation, error bars represent maximum and minimum value across years.

