

1 **Title page**

2 **Title:** β -arrestin-dependent ERK signaling positively correlates with reduced anxiety-like and
3 conditioned fear-related behavior in mice

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Summary

3 Exposure to anxiety- or fear-invoking stimuli initiate a convergence of executive actions
4 orchestrated by multiple proteins and neurotransmitters across the brain. Dozens of G
5 protein-coupled receptors (GPCRs) have been linked to regulation of fear and anxiety. GPCR
6 signaling involves canonical G protein pathways but may also engage downstream kinases
7 and effectors through β -arrestin scaffolds. Here, we investigate whether β -arrestin signaling
8 is critical for the emotional regulation of anxiety-like and fear-related behavior. Using the δ -
9 opioid receptor (δ OR) as a model GPCR, we found that β -arrestin 2-dependent activation of
10 extracellular signal-regulated kinases (ERK1/2) in the dorsal hippocampus and the amygdala
11 are critical for δ OR-induced anxiolytic-like effects. In contrast, G protein-mediated δ OR
12 signaling was associated with decreased ERK1/2 activity and increased fear-related behavior.
13 Our results also suggest a potential contribution of β -arrestin 1 in fear-reducing effects.
14 Overall, our findings highlight the significance of non-canonical β -arrestin signaling in the
15 regulation of emotions.

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17 **Key words:** GPCR; β -arrestin isoforms; anxiety; fear conditioning; ERK1/2; biased signaling;
18 amygdala; dorsal hippocampus; nucleus accumbens; delta opioid receptor

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Introduction

4 Anxiety- and fear-related behaviors are evolutionary adaptive behaviors important for
5 human survival. However, excessive stimulation of the neural circuits that regulate anxiety-
6 and fear-related behaviors can lead to harmful psychiatric disorders. The expression of
7 anxiety- and fear-related behaviors is regulated by complex integration of both internal and
8 external physiological and sensory cues that influence reflexive behavior, cognitive control,
9 and executive functions. Accordingly, behavioral correlates of anxiety and fear are regulated
10 by a harmonious activity of neurotransmitters and cellular actions across many overlapping
11 and distinct neural circuits (Tovote et al., 2015).

12 With regard to cellular actions underlying (patho-)physiological behavior, G protein-
13 coupled receptors (GPCRs) play an important role in neuronal signaling. GPCRs bind
14 neurotransmitters and initiate intracellular signal transduction pathways which ultimately
15 affect neuronal excitability, neurotransmitter release and synaptic plasticity. GPCRs,
16 including serotonergic (Akimova et al., 2009), dopaminergic (de la Mora et al., 2010),
17 adrenergic (Kindt et al., 2009), opioidergic (Land et al., 2009) and corticotropin-releasing
18 factor receptors (Takahashi, 2001) have well-documented roles in the modulation of anxiety
19 and fear.

20 Traditionally, drug development at GPCRs has focused on the canonical G protein
21 pathways; however, the prior two decades have introduced arrestin-dependent signaling as a
22 new concept of GPCR signal transduction. In particular, the ‘non-visual’ arrestins 2 and 3,
23 referred here as β -arrestin 1 and 2, respectively, have been associated with specific and
24 unique drug effects. The primary role of β -arrestins is to desensitize GPCRs, for example,
25 HIV1-tat infection increases β -arrestin 2 expression in mice amygdala, leading to significant

1 reduction in morphine efficacy in this region (Hahn et al., 2016). Beyond desensitization, β -
2 arrestin 2 may also partake in receptor signaling by scaffolding with various kinases. For
3 example, β -arrestin 2 p38 MAP kinase signaling has been linked to the aversive effects of κ -
4 opioid receptor (κ OR) agonists (Bruchas et al., 2006; Land et al., 2009), whereas a β -arrestin
5 2-GSK3 β /AKT scaffold appears to be driving the antipsychotic effects of dopamine D₂
6 receptors agonists (Allen et al., 2011; Beaulieu et al., 2005). Currently, few studies have
7 investigated how signaling scaffolds involving the β -arrestin isoforms may influence anxiety-
8 and fear-like behavior. It is important to begin to address this gap in our current knowledge of
9 the GPCR modulation of psychiatric behavior, especially since the majority of medications
10 that target GPCRs were developed without consideration of the potential adverse or
11 therapeutic effects of β -arrestin signaling. Yet, it is now possible to develop molecules that
12 preferentially activate or avoid β -arrestin signaling and thus have the potential to treat
13 psychiatric disorders more effectively and with a wider therapeutic window.

14 Here, we describe our efforts to elucidate the roles of β -arrestin isoforms in mediating
15 GPCR signaling in relation to the modulation of anxiety and fear-like behavior. We chose to
16 utilize the δ -opioid receptor (δ OR) as a model GPCR. Previous studies have shown that the
17 δ OR selective agonist SNC80 is an efficacious recruiter of β -arrestin 1 and 2 proteins
18 (Chiang et al., 2016; Pradhan et al., 2016; Vicente-Sanchez et al., 2018), and has anxiolytic-
19 like (Saitoh et al., 2004; Saitoh et al., 2018) and fear-reducing effects (Li et al., 2009; Saitoh
20 et al., 2004). Moreover, the δ OR-selective agonist TAN67, which is a poor β -arrestin 2
21 recruiter does not reduce anxiety-like behavior in naïve mice (van Rijn et al., 2010),
22 providing further support for the correlation between β -arrestin 2 signaling and anxiety-like
23 behavior.

24 Mitogen activated protein kinases (MAPKs) have been implicated with mood
25 disorders and can scaffold with β -arrestin (Coyle and Duman, 2003; Lefkowitz and Shenoy,

1 2005). Studies have suggested that MAPK signaling, specifically ERK1/2, in the
2 hippocampus and the basolateral amygdala is required for the acquisition and extinction of
3 fear memory (Atkins et al., 1998; Herry et al., 2006). Therefore, we hypothesized that β -
4 arrestin-dependent MAPK signaling may contribute to anxiety-like and fear-related behavior.
5 To test our hypothesis, we assessed the degree to which β -arrestin isoforms and MAPK
6 activation were involved in δ OR agonist-mediated modulation of unconditioned anxiety-
7 related behavior and cued-induced fear-related behavior. Our results suggest that ERK1/2
8 activity is differentially modulated by G protein and β -arrestin signaling and is correlated
9 with anxiety-like and fear-related responses in C57BL/6 mice. We noted that different β -
10 arrestin isoforms were involved in the activation of ERK1/2 across various brain regions,
11 including the striatum, hippocampus and amygdala.

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Results

14 Involvement of β -arrestin 2 in the modulation of anxiety-like behavior

15 In 2016, Astra Zeneca revealed that their novel δ OR selective agonist AZD2327 (**Fig. 1a**,
16 **Left**) was capable of reducing anxiety-like behavior in mice (Richards et al., 2016).
17 AZD2327 is not commercially available, but is structurally similar to SNC80, a commercially
18 available δ OR selective agonist (**Fig. 1a, Right**). SNC80 is a known super-recruiter of β -
19 arrestin 2 (Chiang et al., 2016) (**Fig. 1b**) and similar to AZD2327 exhibits anxiolytic-like
20 effects in rodents (Saitoh et al., 2004; van Rijn et al., 2010) . These previous findings led us
21 to hypothesize that β -arrestin 2 may be required for the anxiolytic effects of SNC80 and
22 AZD2327. Using two models of anxiety-like behavior, the elevated plus maze (EPM) test and
23 dark-light box transition test (**Fig. 1c**), we measured the behavioral effects of SNC80 in β -
24 arrestin 2 KO mice, at a dose known to produce anxiolytic-like effects in wild-type (WT)
25 mice (van Rijn et al., 2010). As expected, systemic administration of SNC80 (20 mg/kg, s.c.)

1 significantly increased the time WT mice spent in the open arm (*elevated plus maze test*: **Fig.**
2 **1d**; two-way ANOVA, Drug effect: $F_{1,68} = 8.781, p=0.004$) and the light chamber (*Dark-light*
3 *box test*: **Fig. 1e**; Drug effect: $F_{1,59} = 4.978, p=0.03$). As we predicted, the anxiolytic effects
4 of SNC80 were attenuated in β -arrestin 2 KO mice (*Elevated plus maze test*: **Fig. 1d**;
5 Genotype effect: $F_{1,68} = 3.15, p=0.08$; *Dark-light box test*: **Fig. 1e**; Genotype effect: $F_{1,59} =$
6 $1.039, p=0.312$). Although the total movement in the elevated plus maze was slightly lower
7 in β -arrestin 2 KO mice than WT mice, no drug effects were observed in both genotypes
8 (*elevated plus maze test*: **Fig. 1f**; two-way ANOVA, Drug vs. Genotype effect: $F_{1,68} = 0.339,$
9 $p=0.56$; Genotype effect: $F_{1,68} = 20.7, p<0.0001$; Drug effect: $F_{1,68} = 0.796, p=0.38$).
10 Likewise, no statistical difference in total transition was observed in the dark light transition
11 box test (*dark-light box test*: **Fig. 1g**; two-way ANOVA, Drug vs. Genotype effect: $F_{1,57} =$
12 $1.754, p=0.19$; Genotype effect: $F_{1,57} = 0.1222, p<0.0001$; Drug effect: $F_{1,57} = 0.037, p=0.85$);
13 however, as previously described, SNC80 produced hyperlocomotive behavior in mice
14 ((Chiang et al., 2016), **Fig. S1**).

15

16 **The β -arrestin recruiting δ OR agonist SNC80 strongly activates ERK1/2 *in vitro* and *in*** 17 ***vivo***

18 Activation of κ OR has been associated with β -arrestin 2-mediated p38 phosphorylation
19 (Bruchas et al., 2006). To determine if δ OR agonism similarly stimulates mitogen-activated
20 protein kinases (MAPKs), we measured p38, JNK, and ERK1/2 activation in Chinese
21 Hamster Ovarian cells stably expressing δ OR and β -arrestin 2 (CHO- δ OR- β Arr2) following
22 stimulation with 10 μ M SNC80, a concentration that will fully activate G-protein signaling
23 and induce β -arrestin 2 recruitment (Robins et al., 2018b). We found that SNC80 led to a
24 rapid increase in ERK1/2 phosphorylation within 3 minutes in CHO- δ OR- β Arr2 cells, which
25 lasted until 60 minutes, in agreement with previous δ OR-mediated ERK activation in CHO

1 cells (Rozenfeld and Devi, 2007). We did not observe strong activation of p38 and JNK by
2 SNC80 (**Fig. 2a**). The δ OR mediated ERK1/2 signaling in these cells were not an artifact of
3 the recombinant overexpression of δ OR and β -arrestin 2 in the CHO cells as we observed a
4 similar profile for ERK1/2 activation in NG108-15 neuroblastoma cells endogenously
5 expressing δ OR and β -arrestin (Cen et al., 2001; Eisinger et al., 2002; Klee et al., 1982) (**Fig.**
6 **2b**; one-way ANOVA, $F_{4,30}=6.958$, $p<0.0001$). We similarly found ERK1/2 activation in
7 several mouse brain regions, known to express δ ORs, including the dorsal hippocampus, the
8 amygdala and the striatum (Chu Sin Chung et al., 2015; Erbs et al., 2015) (**Fig. 2c-e**). The
9 SNC80-induced ERK1/2 activation in these regions was confirmed and quantified by the
10 Western blot analysis of flash-frozen tissue punches upon collection (**Fig. 2f**). Here, we
11 observed that SNC80 (20 mg/kg, i.p.) significantly increased ERK1/2 phosphorylation at the
12 10-minute time-point in all tested brain regions except for the ventral hippocampus of WT
13 mice (**Fig. 2g-k**; see **Table S1** for one-way ANOVA and post-hoc multiple comparison), and
14 these activations returned to basal levels 30 minutes after the SNC80 administration.

15

16 **β -arrestin 2 is required to activate ERK1/2 signaling in the limbic structures of the** 17 **brain**

18 To determine if β -arrestin 2 is responsible for the ERK1/2 activation in the tested brain
19 regions (**Fig. 2g-k**), we injected 20 mg/kg of SNC80 in the β -arrestin 2 KO mice (**Fig. 3a**)
20 and measured levels of ERK1/2 activation in the five brain regions tested in **Figure 2**. While,
21 SNC80 still strongly activated ERK1/2 in the striatum and the nucleus accumbens of the β -
22 arrestin 2 KO mice (**Fig. 3b-c**; see **Table S1** for one-way ANOVA and post-hoc multiple
23 comparison), we did not observe significant SNC80-induced ERK1/2 activation in the
24 amygdala, the ventral hippocampus and the dorsal hippocampus of these KO mice (**Fig. 3d-f**;
25 see **Table S1** for one-way ANOVA and post-hoc multiple comparison).

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2 **ERK1/2 signaling plays a key role in the SNC80-mediated anxiolytic-like effects**

3 We next assessed if the anxiolytic effects of SNC80 were dependent on ERK1/2 activation.
4 We administered wild-type mice with SL327, a MEK1/2 inhibitor that indirectly prevents
5 ERK1/2 activation, (**Fig. 4a**) (Tohgo et al., 2002). We found that SL327 (50 mg/kg, s.c.)
6 ablated the anxiolytic-like effects of SNC80 (20 mg/kg, i.p.) in WT mice (**Fig. 4b**, one-way
7 ANOVA, $F_{3,34}=12.35$, $p<0.0001$). Thus, SNC80 anxiolytic-like behavior relied on the
8 presence of β -arrestin 2 (**Fig. 1d,e**) and MEK/ERK1/2 activation (**Fig. 2g-k**). The
9 hippocampus is a brain region associated with anxiety-like behavior in the elevated plus maze
10 (File et al., 2000) ~~40837844~~ and δ OR-agonism in the dorsal hippocampus, as well as the
11 amygdala reduces anxiety-like behavior in the open field test (Saitoh et al., 2018; Solati et al.,
12 2010). These published findings agree with our observation of SNC80-induced β -arrestin 2-
13 dependent ERK1/2 activity specifically in these two brain regions (**Fig. 3d,e**). Therefore, if
14 the β -arrestin-mediated ERK1/2 signaling in these two regions was critical for the anxiolytic-
15 like effects of SNC80, we would expect ERK1/2 activity to be abolished in these regions in
16 the mice co-treated with SNC80 and SL327. Indeed, we found that SL327 effectively
17 decreased SNC80-induced ERK1/2 activity in the dorsal hippocampus and the amygdala (**Fig.**
18 **4c,d**, see **Table S2** for detailed statistics).

19

20 **Fear-potentiated startle behavior is correlated with ERK1/2 activity but is not mediated** 21 **by β -arrestin 2**

22 Besides reducing anxiety-like behavior, δ OR activation can also alleviate conditioned fear-
23 related behavior (Saitoh et al., 2004; Sugiyama et al., 2019). Based on our results and
24 previous studies, we hypothesized that SNC80 may similarly reduce fear-related behavior
25 through a mechanism that involves β -arrestin 2. To measure conditioned fear, we utilized a

1 mouse behavior paradigm of fear-potentiated startle (FPS) (**Fig. 5a**). In WT mice (**Fig. 5b**),
2 we noted that SNC80 (20 mg/kg, i.p.) significantly reduced startle responses to the
3 unconditioned ‘noise’ cue as well as to the conditioned ‘light+noise’ cue (**Fig. 5c**; two-way
4 ANOVA, stimuli x drug effects: $F_{2,120}=20.42$, $p<0.0001$, stimuli effects: $F_{2,120} = 92.8$,
5 $p<0.0001$, drug effects: $F_{1,120}= 63.99$, $p<0.0001$), resulting in a significant reduction in %
6 FPS response (**Fig. 5d**; unpaired t-test, $p=0.0085$). To our surprise, we found that SNC80 was
7 equally effective in reducing % FPS responses in β -arrestin 2 KO mice (**Fig. 5e-f**; two-way
8 ANOVA, stimuli x drug effects: $F_{2,42}=20.22$, $p<0.0001$, stimuli effects: $F_{2,42} = 51.52$,
9 $p<0.0001$, drug effects: $F_{1,42}= 40.4$, $p<0.0001$; noise: $p=0.01$, light+noise: $p<0.0001$ after
10 Bonferroni’s multiple comparison; **Fig. 5g**; unpaired t-test, $p=0.0003$; **Fig. 5d,g**; comparison
11 between WT and β -arrestin 2 KO via two-way ANOVA, Genotype x Drug effect: $F_{1,53}=1.306$,
12 $p=2.583$; Genotype effect: $F_{1,53}=5.055$, $p=0.029$; Drug effect: $F_{1,53}=18.98$, $p<0.0001$). While
13 SNC80 is a very efficacious recruiter of β -arrestin, it still also fully activates G_i protein
14 signaling (Chiang et al., 2016; Robins et al., 2018b). Thus, we next hypothesized that the
15 observed fear-reducing effects of SNC80 could be mediated through G_i protein signaling. To
16 address this hypothesis, we utilized a δ OR selective agonist, TAN67, which is a poor
17 recruiter of β -arrestin (**Fig. 5f**), and considered G_i protein-biased (Chiang et al., 2016; Robins
18 et al., 2018b). However, when we administered TAN67 (25 mg/kg, i.p.) to our WT mice (**Fig.**
19 **5h**), we found that TAN67 did not significantly change startle to the noise or to the
20 light+noise stimuli (**Fig. 5i**; two-way ANOVA, stimuli x drug effects: $F_{2,42}=0.725$, $p=0.491$,
21 stimuli effects: $F_{2,42} = 25.06$, $p<0.0001$, drug effects: $F_{1,42} = 0.275$, $p=0.603$), but it did
22 produce a significant increase in %FPS (**Fig. 5j**; unpaired t-test, $p<0.0001$). The lack of a
23 direct effect of TAN67 on noise-alone startle is in agreement with our previous finding that
24 TAN67 did not change basal anxiety-like behavior in the elevated plus maze and dark-light
25 transition test (van Rijn et al., 2010). Interestingly, our Western blot analysis of ERK1/2

1 activities in WT mice revealed that this G_i protein-biased agonist, TAN67, decreased ERK1/2
2 phosphorylation in the dorsal striatum, the nucleus accumbens, the dorsal hippocampus and
3 the amygdala (**Fig. 6a-d**). In the ventral hippocampus, TAN67 did not alter ERK1/2 activity
4 (**Fig. 6e**), which was similar to the lack of ERK1/2 modulation by SNC80 in this region (**Fig.**
5 **2m**) and may be indicative of low δ OR expression in the ventral region as previously
6 described (Mansour et al., 1987).

7

8 **Potential roles for ERK1/2 and β -arrestin 1 in the modulation of conditioned-fear** 9 **behavior**

10 Our results suggest that SNC80 reduces conditioned fear through a mechanism that does not
11 involve β -arrestin 2 or G protein signaling. Therefore, we next hypothesized that the effect
12 may be mediated by β -arrestin 1 instead. However, SNC80 is known to induce severe
13 seizures in β -arrestin 1 KO mice (Vicente-Sanchez et al., 2018), preventing us from testing
14 the FPS response of SNC80 in this strain. Instead, we measured SNC80-induced ERK1/2
15 phosphorylation in the β -arrestin 1 KO mice. In comparison to WT mice (**Fig. 2g-k**), genetic
16 knockout of β -arrestin 1 prevented SNC80-mediated ERK1/2 phosphorylation in the dorsal
17 striatum and nucleus accumbens (**Fig. 6f-g**; see **Table S3** for one-way ANOVA and post-hoc
18 multiple comparison). In the amygdala and dorsal hippocampus of β -arrestin 1 KO mice,
19 SNC80 did increase ERK1/2 phosphorylation (**Fig. 6h-i**), but in contrast to the response
20 observed in WT mice, the activation was sustained for at least 30 minutes. Additionally, we
21 observed the same trend in the ventral hippocampus (**Fig. 6j**), a region where we had
22 observed no δ OR agonist-mediated modulation of ERK1/2 in WT mice (**Fig. 2k and Fig. 6e**).
23 Thus, we hypothesized that the increased ERK1/2 in these regions is most likely a result of
24 seizure activity and not necessarily a result of δ OR-mediated effects.

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Discussion

3 Here, we investigated the hypothesis that β -arrestin can modulate anxiety- and conditioned
4 fear-related behavior via downstream MAPK activation. By utilizing G protein- and β -
5 arrestin-biased δ OR agonists together with β -arrestin-isoform selective knockout mice, we
6 discovered that G protein, β -arrestin 1, and β -arrestin 2 uniquely modulated ERK1/2 activity
7 resulting in differential outcomes in mouse models of anxiety/fear-related behavior. Our
8 results suggest that the reduction in anxiety-like behavior by SNC80 required the presence of
9 β -arrestin 2 as well as activation of ERK1/2. Distinctly in the dorsal hippocampus, we found
10 that ERK1/2 activation was β -arrestin 2-dependent (**Fig. 7a**). Notably, G protein-biased
11 signaling by TAN67 reduced ERK1/2 phosphorylation and was correlated with increased
12 FPS (**Fig. 7b**). We found that SNC80-induced ERK1/2 activation in the nucleus accumbens
13 and the dorsal striatum required β -arrestin 1, which may be part of the mechanism for SNC80
14 to decrease FPS (**Fig. 7c**).

15 *Differential roles for β -arrestin isoforms in neuropsychiatric behavior.* The β -arrestin
16 proteins were discovered in quick succession (Attramadal et al., 1992; Lohse et al., 1990).
17 Surprisingly, despite the availability of genetic KO mice for each isoform (Bohn et al., 1999;
18 Conner et al., 1997). Studies investigating β -arrestin in the CNS have largely focused on β -
19 arrestin 2 and have generally neglected β -arrestin 1 (Latapy and Beaulieu, 2013; Whalen et
20 al., 2011). A potential reason for the preference of studying β -arrestin 2 may be that when the
21 β -arrestin 2 knockout mice were generated their first utilization was to highlight the proteins'
22 involvement with the CNS-mediated adverse effects of μ -opioid receptor agonism (Bohn et
23 al., 2000; Raehal et al., 2005). Researchers have only recently begun to utilize β -arrestin 1
24 KO mice to study various neurological disorders. In 2016, Pradhan *et al.* found that different
25 δ OR agonists either preferentially recruited β -arrestin 1 leading to δ OR degradation or

1 recruited β -arrestin 2 causing δ OR resensitization (Pradhan et al., 2016). A study in 2017
2 found that amphetamine-induced hyperlocomotion was amplified in β -arrestin 1 KO mice,
3 but attenuated in β -arrestin 2 KO mice (Zurkovsky et al., 2017), further emphasizing the
4 importance of studying both β -arrestin isoforms.

5 As mentioned, our study further identified that SNC80-induced anxiolytic-like effects
6 were β -arrestin 2-dependent. However, β -arrestin 2 KO mice still exhibited the fear-reducing
7 effect of SNC80, which could suggest a potential role for β -arrestin 1 in the modulation of
8 fear-related behavior. Particularly, we also noted that β -arrestin 1 KO abolished SNC80-
9 induced ERK1/2 activation in the striatum and nucleus accumbens. Our findings were in line
10 with the extensive *in-situ* hybridization studies on differential β -arrestin isoform levels in
11 neonatal and postnatal rats (Gurevich et al., 2002, 2004) and studies showing relatively high
12 β -arrestin 1 and low β -arrestin 2 expressions in the striatal regions (Attramadal et al., 1992;
13 Bjork et al., 2008; Gurevich et al., 2002). In contrast, SNC80-induced ERK1/2 activation in
14 the dorsal hippocampus and amygdala was β -arrestin 2-dependent, which agreed with reports
15 of stronger expression of this isoform in those areas (Attramadal et al., 1992; Bjork et al.,
16 2008). Unfortunately, we were limited in our ability to assess whether SNC80-induced
17 reduction in FPS would be attenuated in β -arrestin 1 KO mice, as SNC80 produces severe
18 seizures in these mice (Vicente-Sanchez et al., 2018), a phenomenon we have also observed
19 ourselves and found to be accompanied by strong and persistent ERK1/2 activation in the
20 dorsal hippocampus. Further investigation of the roles of β -arrestin 1 in neuropsychiatric
21 behavior may be feasible using a conditional knockout approach; currently conditional β -
22 arrestin 2 knockout mice already exist (Huang et al., 2018), but conditional β -arrestin 1
23 knockout mice have not yet been reported.

24 *A unique role for G_i protein signaling and ERK1/2 signaling in conditioned fear-*
25 *related behavior.* In contrast to the β -arrestin-mediated activation of ERK1/2, we found that

1 selectively activating the G protein pathway of the δ OR using TAN67, a known weak
2 recruiter of β -arrestin 1 and 2 (Chiang et al., 2016) (**Fig. S2**) decreased ERK1/2 activation,
3 including in the striatum and the amygdala, and was associated with increased FPS. This
4 result is in agreement with the observation and that blocking $G_{i/o}$ protein signaling using
5 pertussis toxin in the basolateral amygdala reduced FPS (Melia et al., 1992) and parallels
6 finding that TAN67 did not reduce unconditioned anxiety-like behavior in naïve mice (van
7 Rijn et al., 2010). Additionally, a study in ovariectomized mice found that estradiol benzoate,
8 an anxiogenic estradiol prodrug (Morgan and Pfaff, 2002), decreased ERK in the
9 hippocampus (Anchan et al., 2014), which supports our finding that decreased ERK1/2 is
10 correlated with increased fear. It is noteworthy that both G_i protein and β -arrestin can activate
11 ERK1/2 albeit via different mechanisms (Goldsmith and Dhanasekaran, 2007; Gutkind,
12 2000). One explanation for our observation is that TAN67 competes with the endogenous
13 δ OR agonist Leu-enkephalin, which is a much more efficacious recruiter of β -arrestin
14 (Chiang et al., 2016) (**Fig. S3**). Importantly, based on observations of enhanced anxiety-like
15 behavior in preproenkephalin KO mice, Leu-enkephalin has anxiolytic-like effects by itself
16 (Kung et al., 2010; Ragnauth et al., 2001), which is in line with reports that the δ OR
17 antagonist, naltrindole, is anxiogenic (Narita et al., 2006). As a weak β -arrestin recruiter,
18 TAN67 would attenuate any baseline Leu-enkephalin-induced β -arrestin-mediated ERK
19 activity (**Fig. S3**). In contrast, because SNC80 is a stronger β -arrestin recruiter than Leu-
20 enkephalin, it will elevate basal ERK1/2 activity produced by endogenous opioids. This
21 hypothesis would also explain why SNC80-induced ERK1/2 activation is quite variable and
22 produces on average only a two-fold increase.

23 *β -arrestin serves as a scaffold for a range of kinases and effectors.* In our study, we
24 found that δ OR agonism strongly activates ERK1/2 compared to the other tested MAPKs,
25 p38 and JNK, and that the ERK1/2 activity induced by SNC80 was negatively correlated with

1 FPS. Other GPCRs, besides the δ OR, may also require β -arrestin-dependent ERK1/2
2 signaling for modulation of fear. Specifically, in the infralimbic prefrontal cortex, β -
3 adrenergic receptor activation can promote the extinction of contextual fear memory (Do-
4 Monte et al., 2010). In a recent study, it was shown that in this same brain region β -arrestin 2-
5 dependent ERK1/2 activation was required for β -adrenergic receptors agonists to stimulate
6 extinction learning of cocaine-induced reward memories (Huang et al., 2018). β -arrestin 2-
7 mediated signaling in the CNS is not exclusive to ERK1/2 signaling; following κ OR
8 activation, β -arrestin 2 can scaffold with p38 as part of a potential mechanism for the
9 aversive effects of κ OR agonists (Bruchas et al., 2007). A β -arrestin 2 scaffold of AKT,
10 GSK3 β and PP2A has been proposed as a mechanism for stabilizing mood (O'Brien et al.,
11 2011), highlighting that β -arrestin signaling is also not limited to MAPKs. In fact, because β -
12 arrestin 1, in contrast to β -arrestin 2, contains a nuclear translocation sequence (Hoepfner et
13 al., 2012), this enables it to enter the nucleus and regulate gene transcription (Kang et al.,
14 2005; Shi et al., 2007). While in this study we report δ ORs require β -arrestin-dependent ERK
15 signaling for reduction in anxiety-like behavior, it is certainly possible that other GPCRs may
16 engage different intracellular signaling pathways following β -arrestin recruitment.

17 *Fear- and anxiety-like behaviors rely on shared but distinct neural circuits.* In our
18 study, we observed that β -arrestin 2-dependent ERK1/2 activity in the dorsal hippocampus
19 was associated with reduced anxiety-like behavior. Generally, CA1 regions of the ventral
20 hippocampus are associated with responding to contextually-conditioned anxiogenic stimuli
21 than dorsal CA1 regions (Fanselow and Dong, 2010; Jimenez et al., 2018), whereas the
22 dorsal hippocampus is involved with cognitive functions, including exploration, navigation
23 and memory (Kheirbek et al., 2013). Still, our finding that δ OR signaling in the dorsal
24 hippocampus is connected to the anxiolytic-like effects of SNC80, agrees with a study
25 showing that intra-dorsal CA1 injection of the δ OR antagonist naltrindole is anxiogenic

1 (Solati et al., 2010). Additionally, the anxiolytic-like effects of SNC80 may also involve β -
2 arrestin 2-dependent ERK1/2 signaling in the amygdala, a region more commonly associated
3 innate anxiety-like behavior (Felix-Ortiz et al., 2013; Tye et al., 2011). The basolateral
4 amygdala (BLA) also plays an important role in fear conditioning (Janak and Tye, 2015),
5 including FPS (Terburg et al., 2018). The BLA receives dopaminergic inputs from the ventral
6 tegmental area and projects to the nucleus accumbens. It has been proposed that
7 dopaminergic signaling in the BLA is important for cue-dependent fear-conditioning, such as
8 FPS (Fadok et al., 2009) and that the BLA to nucleus accumbens projection is critical for
9 consolidation of memories associated with aversive effects such as foot shock (Fadok et al.,
10 2010; LaLumiere et al., 2005).

11 Our finding that ERK1/2 activation in the striatal regions was ablated in β -arrestin 1
12 KO mice points to a role for striatal β -arrestin 1-mediated ERK1/2 signaling in the
13 modulation of the expression of conditioned fear-related behavior. Processing and executing
14 emotional behaviors in tasks such as the elevated plus maze and FPS tests engages multiple
15 overlapping, yet distinct, brain regions and circuits involved in memory retrieval, locomotion,
16 decision making, reward, and mood (Janak and Tye, 2015). Further studies with circuit-based
17 approaches are necessary to assess the role of biased signaling pathways in the acquisition
18 and expression of conditioned fear-related behavior.

19 *Beneficial roles of β -arrestin signaling.* For the longest time, β -arrestin 2 has been
20 associated solely with adverse effects of opioid activation, including tolerance, constipation,
21 respiratory depression, aversion and alcohol use (Raehal and Bohn, 2011; Raehal et al., 2005;
22 van Rijn et al., 2010). These studies fueled a drive to develop G protein-biased opioids to
23 treat pain and other disorders with an improved therapeutic window (Manglik et al., 2016;
24 Mores et al., 2019). Yet, recently a number of studies have started to push back against this
25 narrative (Austin Zamarripa et al., 2018; Hill et al., 2018; Kliewer et al., 2019). Clearly, β -

1 arrestin signaling is not inherently negative as the therapeutic effects of lithium and
2 fluoxetine seem to depend on β -arrestin 2 (David et al., 2009). The increased propensity for
3 β -arrestin 1 KO mice to experience SNC80-induced seizure points to a potential beneficial
4 role for this isoform in maintaining seizure threshold, which could be of use in the treatment
5 of epilepsy. In this study, we provide additional insights regarding potential therapeutic
6 benefits of β -arrestin signaling in reducing anxiety-like behavior. Providing adequate relief of
7 chronic pain is not trivial, partly because it is often associated with negative affect (Corder et
8 al., 2019; Massaly et al., 2019) including anxiety, which may exacerbate pain (al Absi and
9 Rokke, 1991). δ OR agonists have been proposed as potential treatment for chronic pain
10 disorders (Pradhan et al., 2011), partly because they have the ability to not only provide
11 analgesia, but also treat comorbid anxiety and depression (Perrine et al., 2006; Saitoh et al.,
12 2004; van Rijn et al., 2010). However, our results would argue that developing G protein-
13 biased δ OR agonists may produce drugs that are suboptimal for the treatment of complex
14 chronic pain; our findings suggest such a drug would not alleviate co-morbid fear and anxiety,
15 but potentially even worsen these symptoms. Thus, our study results argue in favor of a
16 reassessment of drug development efforts that seek solely to identify G protein-biased drugs.
17 Instead, we propose that efforts should be directed towards the development of drugs with
18 finely tuned bias and, if possible, towards development of molecules that are biased against a
19 single β -arrestin isoform rather than both isoforms.

20 *Conclusion.* Overall, our results begin to reveal the complex- and context-specific
21 nature of GPCR biased signaling in modulation of fear-related and anxiety-like behavior.
22 These results expand our current understanding of therapeutic effects of β -arrestin signaling
23 in mood disorders, which ultimately may aid development of more efficacious
24 pharmacological treatment options for these disorders.

25

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Author Contributions

2 MJ.K.: formal analysis, investigation, writing – original draft, writing – review & editing,
3 visualization; T.C.: formal analysis, investigation, writing – review & editing; G.E.M.:
4 formal analysis, investigation, writing – review & editing; A.M.M. formal analysis,
5 investigation; A.M.G. formal analysis, investigation, writing – review & editing; J.A.C.:
6 formal analysis, writing – review & editing, supervision; R.M.vR.: Conceptualization, formal
7 analysis, investigation, writing – original draft, writing – review & editing, visualization,
8 supervision, project administration, funding acquisition

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10

11

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17

18

Declaration of Interests

19 The authors declare that the research was conducted in the absence of any commercial or
20 financial relationships that could be construed as a potential conflict of interest.

21

22

Figure legends

23 **Figure 1. Beneficial role for β -arrestin 2 in reducing anxiety-like behavior** (a) Chemical
24 similarity between AZD2327, a δ OR agonist used in phase II clinical trials for anxious

1 major depressive disorder and SNC80. **(b)** Scheme highlighting that SNC80 is δ OR
2 selective agonist, that activates Gi proteins but also strongly recruits β -arrestin 2. **(c)**
3 Schematic diagram of the elevated plus maze test and dark-light box test. **(d)** The β -arrestin-
4 biased δ OR agonist, SNC80 (20 mg/kg, s.c.), significantly increased percentage of time spent
5 in open arms in WT mice (n=15). but not β -arrestin 2 KO mice (n=21). **(e)** SNC80 increased
6 percentage of time spent in light box in WT mice (control: n=12, SNC80: n=11), but not in β -
7 arrestin 2 KO mice (n=20). **(f)** The total time of movements were equal between drug
8 treatments. **(g)** No statistical significance was observed in the total transitions between light
9 and dark chambers. (Significance was calculated by two-way ANOVA followed by a Sidak's
10 multiple comparison; * p <0.05; all values are shown as individual data points \pm S.E.M.).

11

12 **Figure 2. The anxiolytic agonist SNC80 activates ERK1/2 in vitro and in the limbic and**
13 **striatal regions of the brain (a)** 10 μ M SNC80 strongly increased ERK1/2 phosphorylation,
14 compared to p38 and JNK, in CHO cells stably expressing δ OR and β -arrestin 2. A
15 representative Western blot image is presented to the right. **(b)** SNC80 increased ERK1/2
16 phosphorylation in a time-dependent manner, in NG-108-15 cells endogenously expressing
17 δ OR. A representative Western blot image is shown on the right. Representative
18 immunofluorescence staining images of the limbic regions **(c)** and striatal regions **(d)** from
19 mice 10 minute post administration of saline or SNC80 (20 mg./kg i.p.; Green: ERK; Red:
20 pERK; Blue: DAPI; Image was stitched at 10x magnification and the scale is provided in the
21 image). **(e)** 20x magnification images of the hippocampal/amygdalar and striatal slices (The
22 corresponding location is marked in white square in 10x images). **(f)** Representative images of
23 brain sections with micropunctures of five specified brain regions for the Western blot
24 analysis. **(g-k)** Activation of ERK1/2 protein activity following systemic administration of
25 SNC80 in five wild-type mice brain regions. Representative Western blot images are depicted

1 below the respective bar graph (For (a), significance was measured by two-way ANOVA
2 followed by a Dunnett's multiple comparison. For (c, i-m), significance was analyzed by one-
3 way ANOVA followed by a Tukey's multiple comparison; * $p < 0.05$, ** $p < 0.01$, **** $p <$
4 0.0001 ; all values are shown as individual data points \pm S.E.M.).

5

6 **Figure 3. ERK1/2 activation in the amygdala and the dorsal hippocampus are β -arrestin**

7 **2 dependent (a)** Schematic diagram of the cellular context in β -arrestin 2 genetic KO mice.

8 SNC80 (20 mg/kg, i.p.) induced ERK1/2 activation in the dorsal striatum (b) and nucleus

9 accumbens (c). β -arrestin 2 KO ablated the SNC80-induced ERK1/2 activation in the dorsal

10 hippocampus (d) and the amygdala (e) with no effects in the ventral hippocampus. (f)

11 Representative Western blot images are shown to the right of the related bar graph.

12 (Significance was analyzed by one-way ANOVA followed by a Tukey's multiple

13 comparison; * $p < 0.05$, ** $p < 0.01$; all values are shown as individual data points \pm S.E.M.).

14

15 **Figure 4. ERK1/2 is required for the anxiolytic-like effects induced by SNC80 (a)** A

16 schematic diagram of SL327 induced inhibition of SNC80 mediated ERK1/2 signaling. (b)

17 SL327 (50 mg/kg, s.c.), attenuated the anxiolytic-like effects of SNC80 (20 mg/kg i.p.) in

18 WT mice (control: n=8, SNC80: n=12, SNC+SL: n=12, SL327: n=12). (c-d) SL327

19 significantly inhibited SNC80-induced ERK1/2 phosphorylation in the dorsal hippocampus

20 and the amygdala (Significance was calculated by one-way ANOVA followed by a Sidak's

21 or Tukey's multiple comparison; * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$, # $p < 0.05$;

22 all values are shown as individual data points \pm S.E.M.; SNC+SL means SNC80+SL327 and

23 SL means SL327).

24

1 **Figure 5. Unique modulation of fear-potentiated startle (FPS) by a β -arrestin-biased**
2 **and G protein-biased δ OR agonist (a)** Schematic representation of the three-day
3 experimental paradigm of the fear potentiated startle test; drugs were administered prior to
4 the tests on the third day (See [Figure S4](#) for Day 1 acoustic startle test). **(b-d)** SNC80 (n=21)
5 reduced raw startle amplitudes to noise or light+noise and % FPS during the FPS test in WT
6 mice. **(e-g)** SNC80 also reduced raw startle amplitudes to noise or light+noise and % FPS in
7 β -arrestin 2 KO mice (n=8). **(h-j)** Yet, G protein-biased agonist, TAN67, increased % FPS in
8 WT mice (n=8) (Significance was measured by two-way ANOVA followed by a Tukey's
9 multiple comparison or unpaired t-test; * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$;
10 all values are shown as individual data points \pm S.E.M.).

11

12 **Figure 6. Differential roles for G protein and β -arrestin 1 in δ OR agonist-induced**
13 **ERK1/2 activation (a-e)** The G protein-biased δ OR agonist TAN67 (25 mg/kg, i.p.),
14 decreased the basal ERK1/2 activity in all tested brain regions of wild-type mice.
15 Representative Western blot images are depicted next to each related bar graph. **(f-j)**.
16 Systemic administration of SNC80 (20 mg/kg, i.p.) did not activate ERK1/2 in the striatal
17 regions of β -arrestin 1 KO mice but resulted in persistent ERK1/2 activation in the dorsal and
18 ventral hippocampus and amygdala (Significance was analyzed by one-way ANOVA
19 followed by a Tukey's multiple comparison; * $p < 0.05$, ** $p < 0.01$; all values are shown as
20 individual data points \pm S.E.M.).

21

22 **Figure 7. Graphical summary** δ OR agonists differentially induce ERK activation in a β -
23 arrestin isoform specific manner to modulate anxiety- and conditioned fear-related behaviors.
24 SNC80 induced β -arrestin 2-mediated ERK1/2 activation (*Cellular Makeup*) in the
25 hippocampus and amygdala (*Localization*) decreased anxiety-like behavior **(a)**, whereas an

1 increase in conditioned fear-related behavior (*Behavior*) by TAN67 can be linked to
2 decreased ERK1/2 activity in all tested brain regions except for the ventral hippocampus (**b**).
3 Decreased FPS could not be correlated with G protein or β -arrestin 2 signaling, but may
4 involve β -arrestin -1 dependent ERK1/2 signaling in the dorsal striatum and nucleus
5 accumbens (**c**).

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1 **STAR Methods**

2 **Animals** Wild-type (WT) C57BL/6 male mice were purchased from Envigo (Indianapolis,
3 IN), and β -arrestin 1 or 2 global knockout (KO) mice were bred in our facility (Chiang et al.,
4 2016; Robins et al., 2018a). Adult mice (8-10 weeks, 24 ± 2 g) were group housed (3-5 mice)
5 in a single ventilated Plexiglas cage. Mice were maintained at ambient temperature (21°C) in
6 an animal housing facility approved by the Association for Assessment and Accreditation of
7 Laboratory Animal Care and animals were kept on a reversed 12-hour dark-light cycle (lights
8 off at 10:00, lights on at 22:00). Food and water were provided ad libitum. Purchased mice
9 were acclimated for one week prior to the experiments. All animal protocols (#1305000864
10 by RMvR) were preapproved by Purdue Animal Care and Use Committee and were in
11 accordance with the National Institutes of Health's Guide for the Care and Use of Laboratory
12 Animals.

13 **Drug preparation and administration** SNC80 (#076410, Tocris, Thermo Fisher Scientific,
14 Waltham, MA) was diluted in slightly acidic saline pH5-6. TAN67 (#092110, Tocris,
15 Thermo Fisher Scientific) was diluted in saline, and SL327 (#19691, Tocris, Thermo Fisher
16 Scientific) was diluted in 5% DMSO, 10% Cremophore (Millipore Sigma, Burlington, MA)
17 and 85% saline. 20 mg/kg SNC80 was subcutaneously administered 30 minutes prior to the
18 tests in **Fig. 1d-g**, **Fig. 4b** and **Fig. S1**, and 50 mg/kg SL327 was subcutaneously
19 administered 60 minutes prior to the administration of SNC80 for **Fig. 4**. For **Fig. 2-6** and
20 **Fig. S4**, either 20 mg/kg SNC80 or 25 mg/kg TAN67 was intraperitoneally administered at
21 the indicated timepoint prior to the testing. The dose of SNC80 and TAN67 was determined
22 based on our previous study (van Rijn et al., 2010) and our preliminary studies (data not
23 shown). Separate batches of mice with no prior history of drug injection were used for the
24 brain collection and behavioral tests to test earlier time-points of ERK1/2 signaling (such as
25 10 minutes).

1 **Elevated-plus maze test** The elevated-plus maze test was performed as previously described
2 (van Rijn et al., 2010). Mice were allowed to explore the maze for 5 minutes, and arm entries
3 and time spent in each arm were recorded with a camera positioned above the maze.

4 **Dark–light transition box test** The test was performed based on previously established
5 protocols (Robins et al., 2018a; van Rijn et al., 2010) Testing was conducted without a
6 habituation session to the boxes and a 1/2 area dark insert was placed in the locomotor boxes,
7 leaving the remaining 1/2 of the area lit as described previously (Bourin and Hascoet,
8 2003)(Bourin and Hascoet, 2003). Two LED lights were inserted above the light portion of
9 the testing chamber where the lux of the light region ranged from 390-540 lumens and dark
10 chamber lux ranged from 0-12 lumens. For testing, animals were placed in the light portion
11 of the chamber and testing began upon animal entry. Time spent in the dark and light
12 chambers as well as their locomotor activity was recorded for 5 minutes with a photobeam-
13 based tracking system.

14 **Fear potentiated startle (FPS) test** Startle reflexes of mice were recorded in the startle
15 reflex chambers (25.8 x 25 x 26.5 cm) using the Hamilton Kinder Startle Monitor system
16 (Kinder Scientific, Poway, CA). Mice groups were counterbalanced, such that no significant
17 differences between startle reflexes were observed between groups (**Fig. S4**). On the
18 conditioning day, all subjects were conditioned with 40 conditioning trials by a fixed 2
19 minute inter-trial interval (ITI), and FPS responses were tested on the following day. The fear
20 conditioning and FPS parameters were based on a previously established protocol (Barrenha
21 and Chester, 2007).

22 **Preparation of tissue homogenates** After drug injections, mice were euthanized by carbon
23 dioxide asphyxiation and rapidly decapitated. Based on our previous studies, we have
24 particularly chosen carbon dioxide asphyxiation over other euthanasia methods that may
25 potentially increase basal ERK1/2 activity in the brain (Ko et al., 2019). The collected brains

1 were first sliced as coronal sections (1.5-2.0 mm) with a brain matrix (#RBMS-205C, Kent
2 scientific, Torrington, CT), and then flash-frozen in dry-ice-chilled 2-methylbutane (-40 °C)
3 (#03551-4, Fisher Scientific). Regions of interest were collected from these slices using a 1
4 mm biopsy micropunch (#15110-10, Miltex, Plainsboro, NJ) as follows: dorsal striatum and
5 nucleus accumbens (A/P: +0.5 mm to +1.5 mm), dorsal hippocampus and amygdala (A/P: -1
6 mm to -2 mm), and ventral hippocampus (A/P: -2 mm to -4 mm) (Paxinos and Franklin,
7 2004). The punches targeted a specific region and produced enough tissue to run several blots.
8 However, it is noteworthy that the extracted tissue may contain small amounts of tissue from
9 neighboring regions. For example, while the punches for the amygdala primarily consisted of
10 the BLA, the tissue will also have included a small portion of the central amygdala. Collected
11 tissues were further homogenized with a tissue grinder (#357535 & 357537, DWK Life
12 Sciences, Millville, NJ) in RIPA buffer mixed HaltTM Protease and Phosphatase Inhibitor
13 Cocktail (#1861280, Thermo Fisher Scientific). Samples were further prepared based on
14 previously established protocols (Ko et al., 2019). Data depicted in **Fig. 2i-m** also includes
15 the data collected for SNC80 at the 0 min or 10 min time points in the experiment depicted in
16 **Fig. 4c,d** to represent the full range of observed SNC80 induced ERK1/2 activation in mice
17 tested in separate cohorts at different occasions.

18 **Cell culture** Chinese hamster ovarian CHO- δ OR- β Arr2 cells (DiscoverX, Fremont, CA)
19 U2OS- δ OR- β Arr1 (DiscoverX), and NG-108-15 cells (HB-12317TM, ATCC®, Manassas,
20 VA) were cultured as recommended by the manufacturer and maintained at 37° C/5 % CO₂.
21 Cells were seeded in a clear 6 well plate (CorningTM, Thermo Fisher Scientific) with 250,000
22 cells/2 mL/well. On the following day, all growth media was aspirated and changed into 1
23 mL serum-free Opti-MEM (#31985070, Gibco®, Thermo Fisher Scientific). The next day,
24 cells were challenged with 10 μ M drugs (SNC80) for a specific duration (0, 3, 6, 20, and 60
25 minutes). All drugs were diluted in Opti-MEM prior to administration. The media was

1 aspirated following the challenge and 100 μ L RIPA buffer was added to collect the samples
2 on ice. Using cell scrapers (#353089, Thermo Fisher Scientific), all samples were dislodged
3 from the 6 well plate, collected and stored at -30° C until usage. For the Western blot, the
4 collected samples were quantified with the Bradford assay and samples were prepared with 4
5 x Laemmli and boiled at 95° C for 5 minutes. The CHO- δ OR- β Arr2 cells were also used to
6 measure β -arrestin recruitment using the DiscoverX PathHunter Assay as previously
7 described (Chiang et al., 2016).

8 **SDS-Page and Western blot** Samples (20 μ L containing 10 μ g protein) were loaded per
9 well of a NuPage 4-12 % Bis-Tris gradient gels (#NP0336BOX, Thermo Fisher Scientific),
10 and the SDS-Page gel was subsequently transferred to nitrocellulose membranes (#1620115,
11 BioRad) by the Western blot. Membranes were incubated following previously established
12 protocols (Ko et al., 2019). For reproducibility, detailed information regarding the antibodies
13 used in the study are listed in **Table S4**. Prepared samples were scanned using the LiCor
14 Odyssey® CLx Scanner (Li-Cor, Lincoln, NE). By utilizing the Li-Cor secondary antibodies,
15 we were able to detect the MAPK, pMAPK, and α -Tubulin on the same blot without the need
16 of stripping/reblotting. In the same membrane, each band was cut based on their size. For
17 instance, ERK1/2 and pERK1/2 bands were collected around 42/44 kDa and α -Tubulin band
18 was collected around 50 kDa in the same membrane. For statistical analysis, we normalized
19 the pMAPK/MAPK ratio to α -Tubulin in case drug treatment changed ERK1/2 levels.

20 **Preparation of tissue for immunofluorescence** To preserve the intact ERK1/2 activity in
21 vivo for fluorescence microscopy, mice were transcardially perfused before isolation of brain
22 tissue. Thirty minutes prior to transcardiac perfusion, mice were administered with 100/10
23 mg/kg Ketamine/Xylazine. Ten minutes prior to perfusion, 20 mg/kg SNC80 (i.p.) or a
24 corresponding volume of saline was administered to the mice. Mice were then perfused with
25 30 mL of cold PBS and 4% paraformaldehyde (#100503-916, VWR, Radnor, PA) and were

1 immediately decapitated to collect the brains. The brains were fixated in 4%
2 paraformaldehyde overnight, dehydrated in 30% sucrose, and then embedded in Frozen
3 Section Compound (#3801480, Leica, Wetzlar, Germany). Frozen brains were sliced at a
4 width of 30 μm using the Leica cryostat and permeabilized in 100% methanol at - 20 $^{\circ}\text{C}$ for
5 10 minutes. The slices were blocked in 5 % Normal goat serum (#S26-100ml, Millipore
6 Sigma) for an hour then stained with primary antibodies as listed in [Table S4](#). For
7 immunofluorescence labeling, the sections were incubated in the secondary antibodies
8 according to the previously established protocol (Kim et al., 2018) and as listed in [Table S4](#).
9 After the final washing, the nuclei of the sections were stained and the slices were mounted
10 on a glass slide with Vectashield® (#H-1200, Vector lab, Burlingame, CA). Images were
11 acquired with a Nikon confocal microscope and assembled in Adobe Photoshop CS6 (Adobe).
12 **Statistical analysis** The maximum amplitude of the startle response was measured from the
13 average of all responses for each trial type (12 noise-alone, 12 light+noise) of each mouse.
14 Fear-potentiated startle response was analyzed using raw (maximum) startle amplitudes and
15 proportional changes of each trial type (noise-alone, light+noise), which is shown as % FPS
16 in the graphs. The proportional change score (% FPS) was calculated as follows: (startle
17 response to light and noise – startle response to noise)/startle response to noise x 100.
18 Thus, %FPS is a sensitive measure that adjusts for individual and group differences (e.g.,
19 possible non-specific effects of drug treatment) in startle response magnitude that may be
20 observed on noise-alone and light + noise trials (Walker and Davis, 2002).

21 All data are presented as individual data points (or means) \pm standard error of the
22 mean (S.E.M.). Assays with one independent variable were analyzed for statistical
23 significance using a one-way Analysis of Variance (ANOVA), whereas assays with two
24 independent variables were analyzed using a two-way ANOVA. If a significant deviation of
25 the mean was identified, an appropriate post-hoc analysis was performed as indicated.

1 Gaussian distribution of our datasets was assessed using the D’augostino and Pearson
2 analysis. We excluded one outlier in our wild-type cohort that received SNC80 and one that
3 received TAN-67 in the FPS assay based on the Grubbs’ test ($\alpha = 0.05$). In the dark-light and
4 elevated plus maze tests we excluded subjects that were frozen/stationary for >95% of the
5 experimental time. All statistical analysis was conducted using GraphPad Prism 7 (GraphPad
6 Software, La Jolla, CA).

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Figure 1

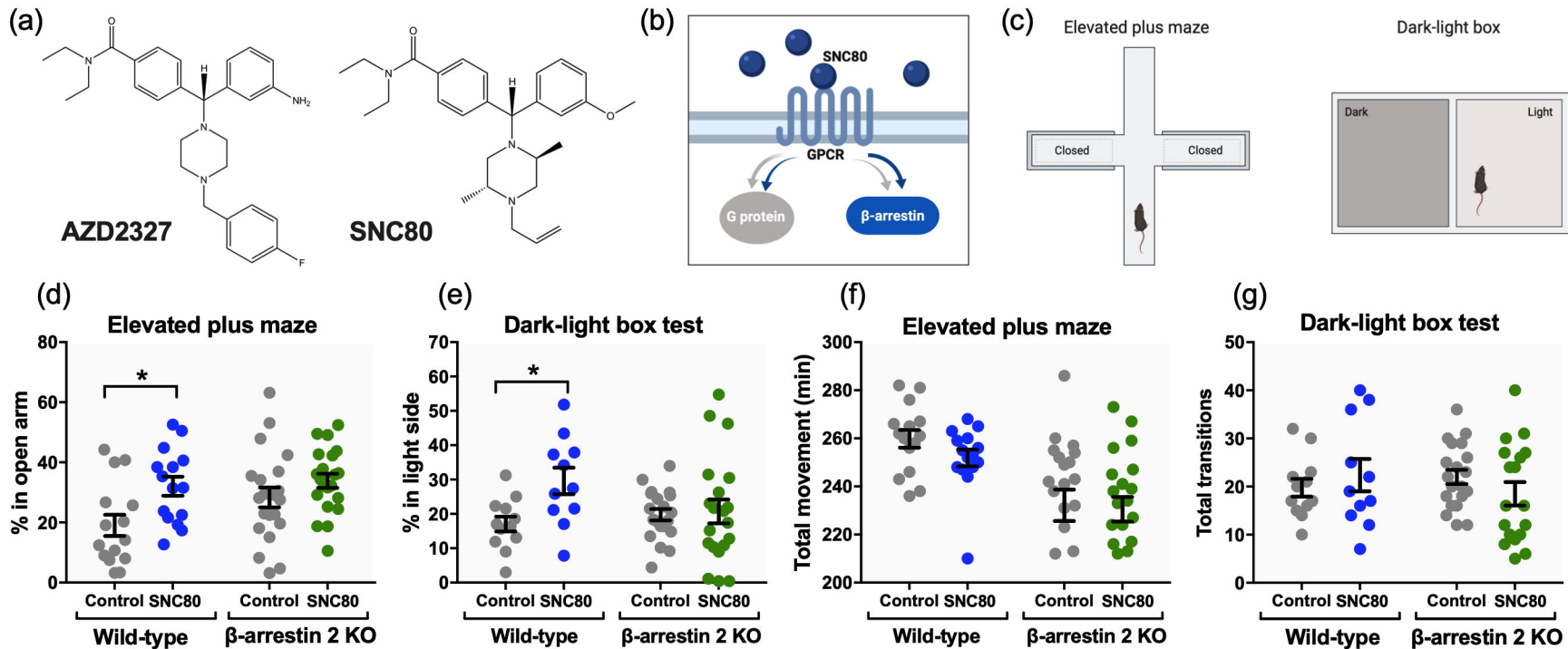


Figure 2

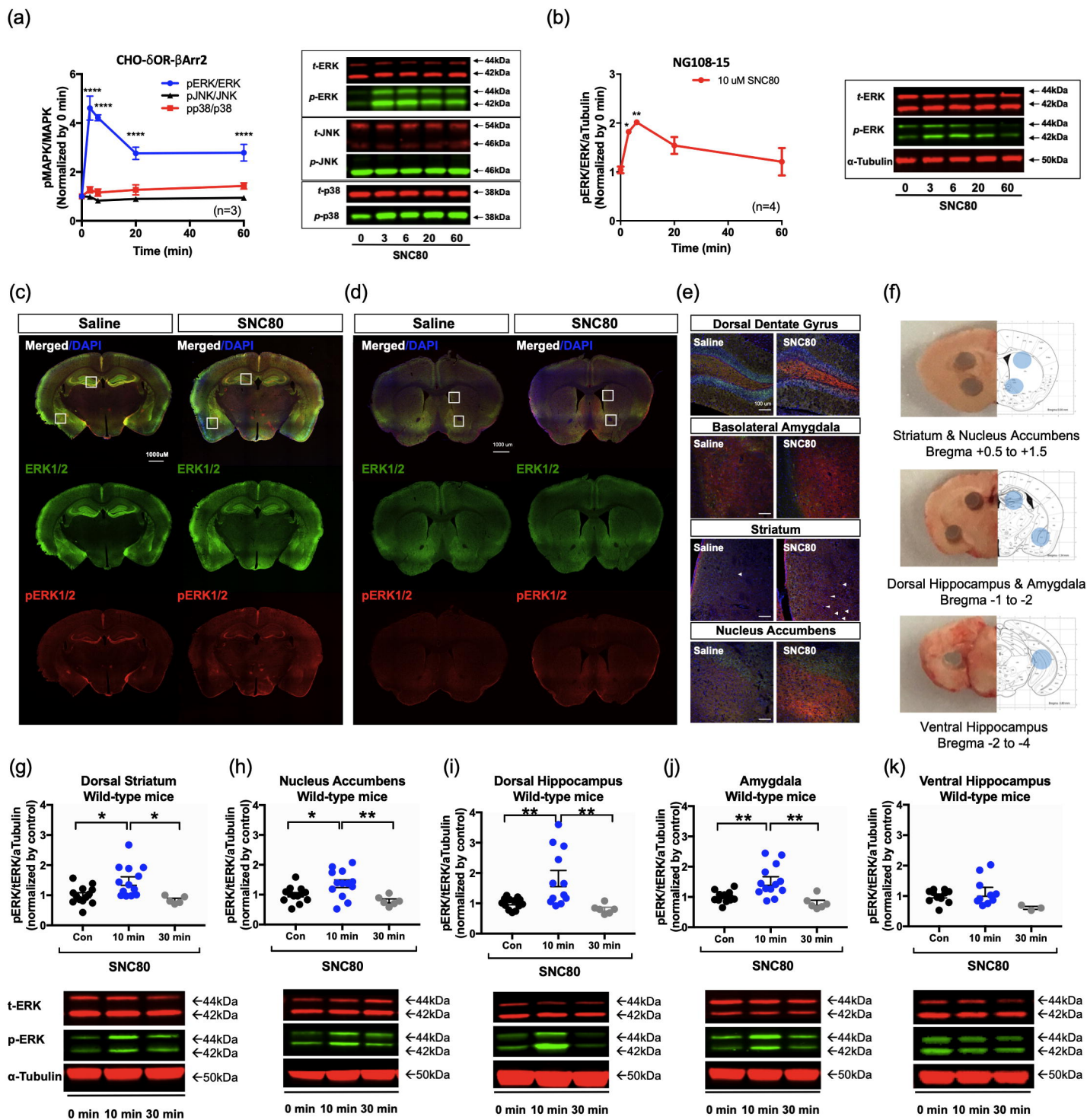


Figure 3

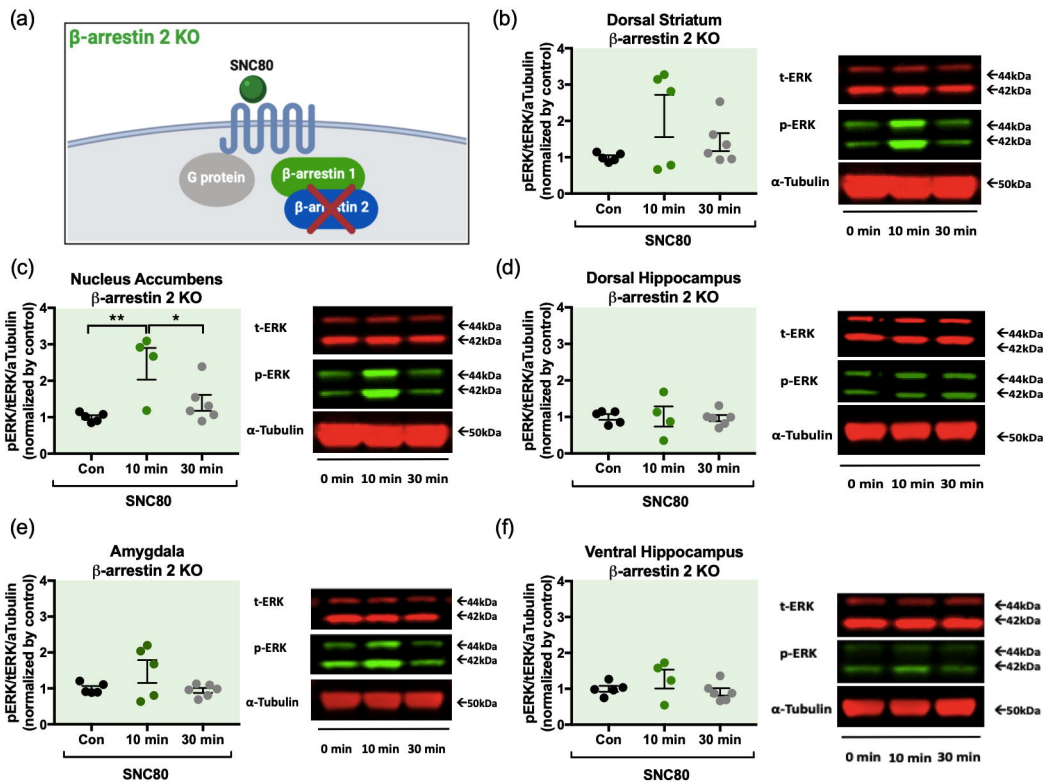
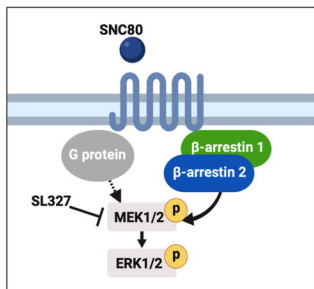
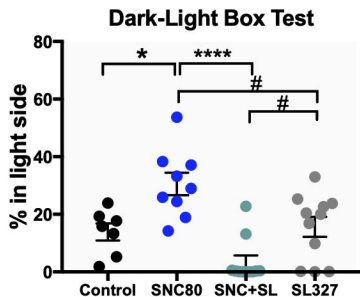


Figure 4

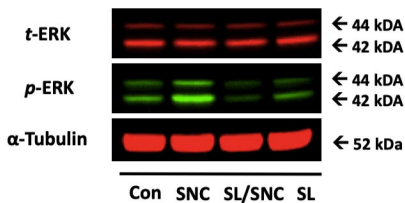
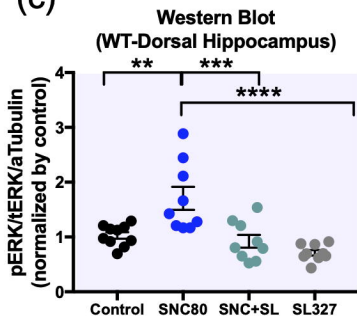
(a)



(b)



(c)



(d)

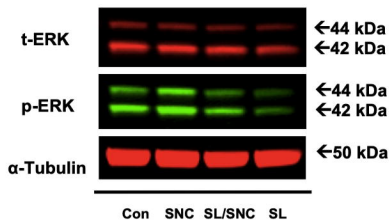
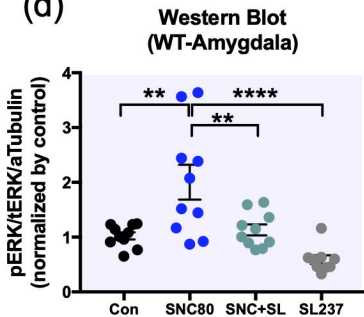
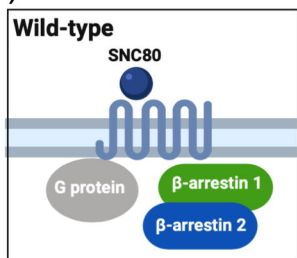


Figure 5

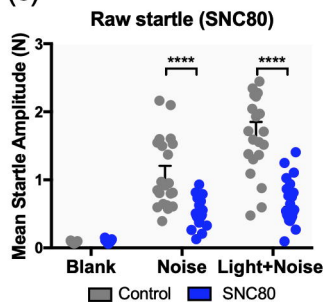
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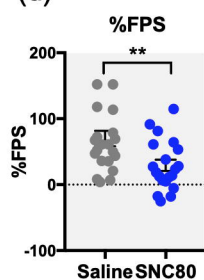
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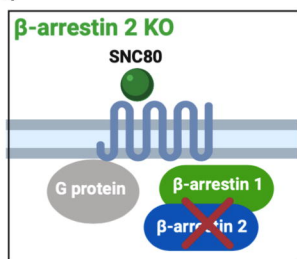
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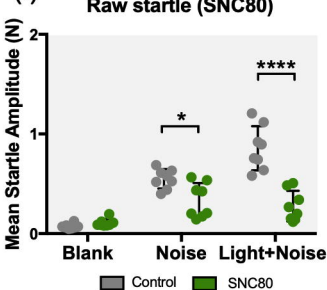
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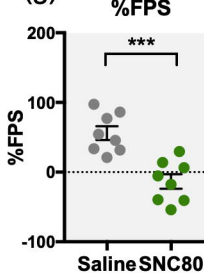
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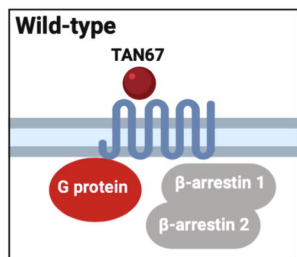
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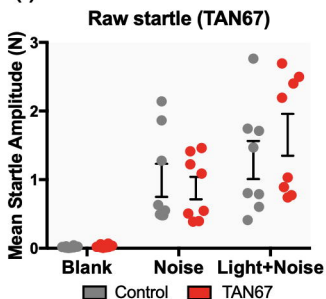
(g)



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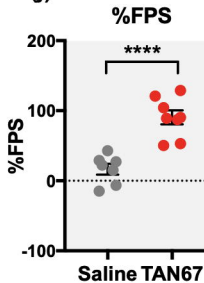
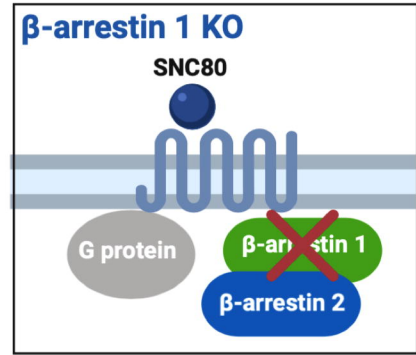
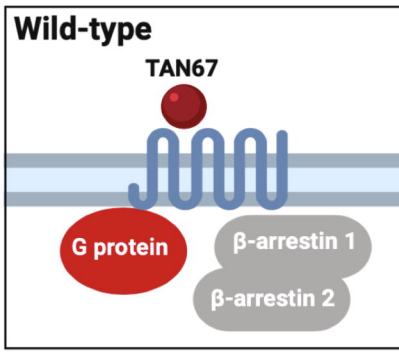


Figure 6



Wild-type

β-arrestin 1 KO

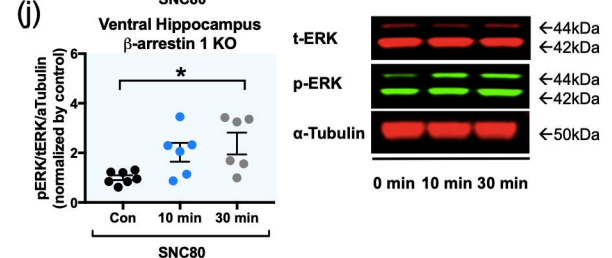
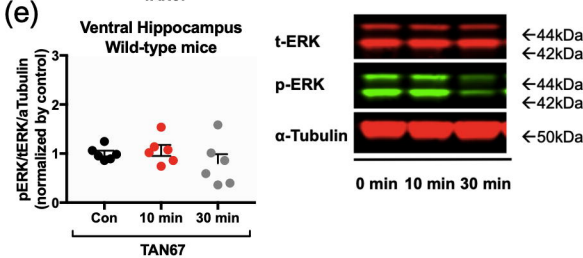
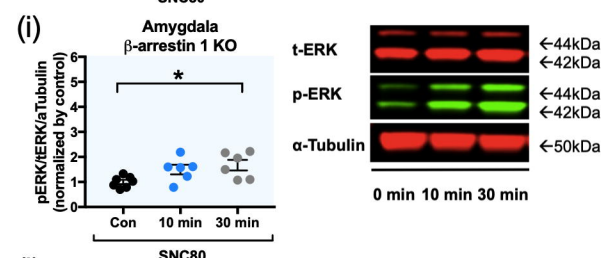
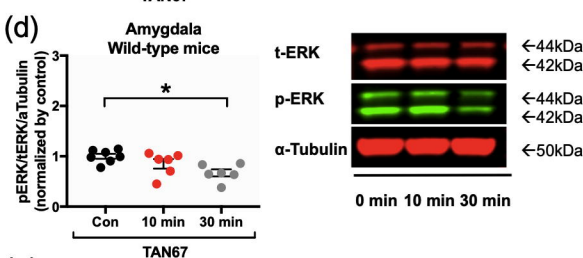
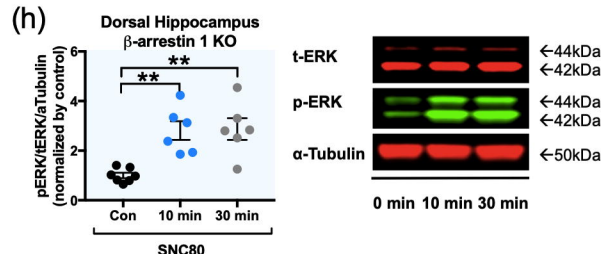
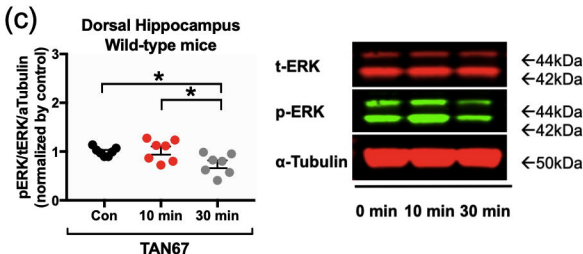
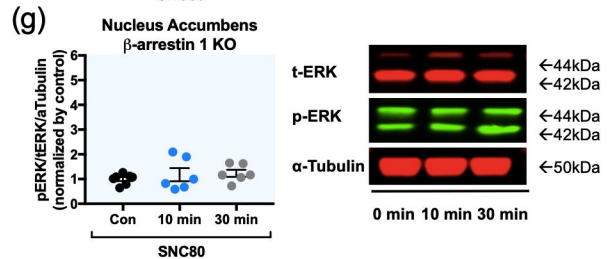
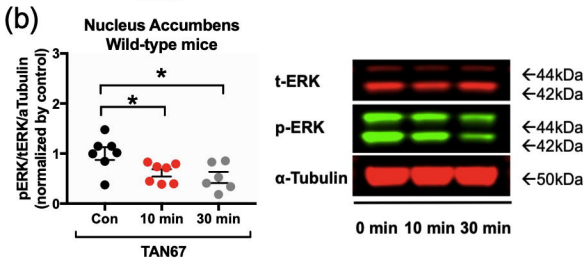
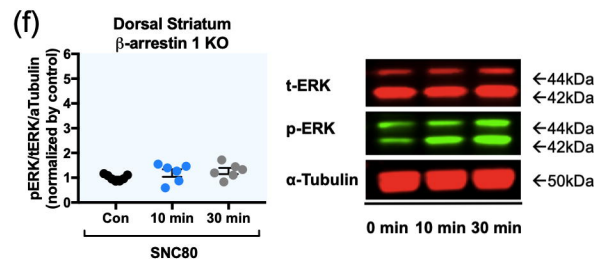
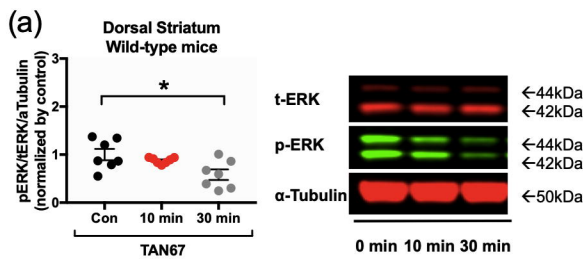
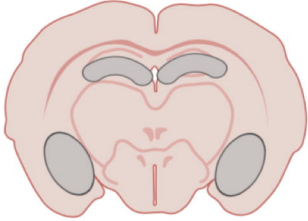
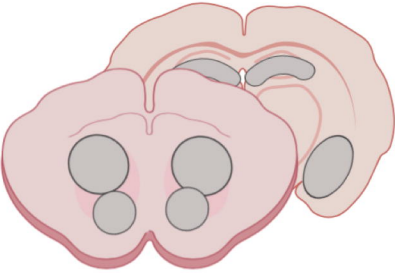
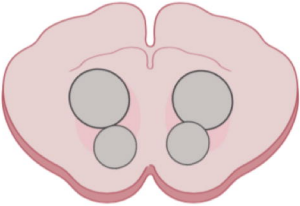


Figure 7

Localization	Cellular Makeup	Behavior
<p>a Dorsal Hippocampus & Amygdala</p> 	<p>SNC80</p> <p>G protein</p> <p>β-arrestin 2</p> <p>ERK1/2</p>	<p>Decreased anxiety-like behavior</p>
<p>b All tested regions (Except for the ventral hip)</p> 	<p>TAN67</p> <p>G protein</p> <p>β-arrestin</p> <p>ERK1/2</p>	<p>Increased fear-related behavior</p>
<p>c Striatum & Nucleus Accumbens</p> 	<p>SNC80</p> <p>G protein</p> <p>β-arrestin 1</p> <p>ERK1/2</p>	<p>Decreased fear-related behavior?</p>