Boost in Test-Retest Reliability in Resting State fMRI with Predictive Modeling

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Abstract
Test-retest reliability is critical for individual differences research. Recent studies found low test-retest reliability in fMRI and raised serious concerns among researchers, but these studies mostly focused on reliability of individual fMRI features (e.g., individual connections in resting state connectivity maps). Meanwhile, researchers increasingly employ multivariate predictive models that aggregate information across a large number of features to predict outcomes of interest, but the test-retest reliability of predicted outcomes of these models has not previously been systematically studied. Here we apply ten predictive modeling methods to resting state connectivity maps from the Human Connectome Project dataset to predict 61 outcome variables. Compared to mean reliability of individual resting state connections (0.44), we find mean reliability of the predicted outcomes of predictive models is higher for all ten methods. For the two most reliable methods, Brain Basis Set and Support Vector Regression, mean reliability of predicted outcomes was above 0.67, higher than the 0.60 threshold that is conventionally considered "good". We additionally identified three mechanisms that help to explain why predicted outcomes of predictive models have higher reliability than individual features. We conclude that researchers can potentially achieve higher test-retest reliability by making greater use of predictive models.

Keywords: resting state fMRI, test-retest reliability, predictive modeling, Human Connectome Project, connectomics

Introduction
Recent studies report troublingly low test-retest reliability of functional magnetic resonance imaging (fMRI) metrics including resting state functional connectivity[1] and task activation[2]. These studies have attracted substantial attention from clinical and translational neuroscientists because adequate test-retest reliability of fMRI is critical for its use in individual-differences research. If differences in functional imaging features (e.g., connectivity, activation, or other features) across individuals are not stable across scanning sessions, that is, if values of these imaging features lack consistency and/or agreement across sessions, then these features cannot serve as a basis for constructing predictively useful objective markers (i.e., "biomarkers") of traits of interest.[3]

The current literature examining reliability in fMRI has been mostly focused on the reliability of *single* imaging features: individual connections in resting state connectivity maps and individual

voxels or regions of interest in task activation maps. Neuroimaging researchers studying individual-differences are, however, increasingly moving away from univariate tests performed separately on each imaging feature and are instead utilizing multivariate predictive models[4–7] (hereafter "predictive models"). These methods aggregate information across thousands of distributed brain features, yielding a single overall "best guess" about the outcome of interest. Predictive models are now widespread in the field, and have been used to predict a range of psychologically- and clinically-relevant outcomes including cognitive skills[8–10], pain ratings[11–13], sustained attention[14,15], schizophrenia status[16], and depression subtype/treatment response[17], among many others[18]. To date, however, the test-retest reliability of predicted outcomes derived from predictive models has not been evaluated.

This question is particularly interesting in light of well-known results from psychometrics that establish that aggregation of features, for example by taking sum scores or applying a weighting function, can yield a composite variable that is much more reliable than the individual items that make up the composite.[3,19] Standard predictive models widely used in the imaging field work in just this way: They aggregate features through application of a weighting function.[4] Thus, it is possible that like composite scores in psychology, predicted outcomes from such models will exhibit meaningfully higher reliability than individual features.

To test this hypothesis, we turned to the Human Connectome Project (HCP) dataset[20], which has two sessions of resting state fMRI data for a large sample of subjects. This dataset also has a large number of phenotypic outcome variables, allowing us to train predictive models across a number of psychological domains, including cognition, emotion, personality, and psychopathology symptom scores. We examined ten predictive modeling methods widely used in the neuroimaging field: Ridge Regression, Lasso, Elastic Net, Connectome Predictive Modeling (CPM)[21] (two versions), Brain Basis Set (BBS)[22] (two versions), Support Vector Regression (two versions), and Random Forest. Results from our systematic comparison showed that all predictive modeling methods yielded substantially higher test-retest reliability of predicted outcomes compared to individual connectivity features.

2. Methods

2.1 Subjects and Data Acquisition

All subjects and data were from the HCP-1200 release[20,23]. Study procedures were approved by the Washington University institutional review board, and all subjects provided informed consent. Four resting state runs were performed (14.5 minutes each run) across two days, with two runs the first day and two runs the second day. Data was acquired on a modified Siemens Skyra 3T scanner using multiband gradient-echo EPI (TR=720ms, TE=33ms, flip angle = 52°, multiband acceleration factor = 8, 2mm isotropic voxels, FOV = 208x180mm, 72 slices, alternating RL/LR phase encode direction). T1 weighted scans were acquired with 3D MPRAGE sequence (TR=2400ms, TE=2.14ms, TI=1000ms, flip angle = 8, 0.7mm isotropic voxels, FOV=224mm, 256 sagittal slices). T2 weighted scans were acquired with a Siemens SPACE sequence (TR=3200ms, TE=565ms, 0.7mm isotropic voxels, FOV=224mm, 256 sagittal slices).

2.2 Data Preprocessing

Processed volumetric data from the HCP minimal preprocessing pipeline that included ICA-FIX denoising were used. Full details of these steps can be found in Glasser[24] and Salimi-Korshidi[25]. Briefly, T1w and T2w data were corrected for gradient-nonlinearity and readout distortions, inhomogeneity corrected, and registered linearly and non-linearly to MNI space using FSL's FLIRT and FNIRT. BOLD fMRI data were also gradient-nonlinearity distortion corrected, rigidly realigned to adjust for motion, fieldmap corrected, aligned to the structural images, and then registered to MNI space with the nonlinear warping calculated from the structural images. Then FIX was applied on the data to identify and remove motion and other artifacts in the timeseries. These files were used as a baseline for further processing and analysis (e.g. MNINonLinear/Results/rfMRI_REST1_RL/rfMRI_REST1_RL_hp2000_clean.nii.gz from released HCP data). Images were smoothed with a 6mm FWHM Gaussian kernel, and then resampled to 3mm isotropic resolution.

The smoothed images then went through a number of resting state processing steps, including a motion artifact removal steps comparable to the type B (i.e., recommended) stream of Siegel et al.[26]. These steps include linear detrending, CompCor[27] to extract and regress out the top 5 principal components of white matter and CSF, bandpass filtering from 0.1-0.01Hz, and motion scrubbing of frames that exceed a framewise displacement of 0.5mm. Subjects with more than 10% of frames censored were excluded from further analysis, leaving 966 subjects.

2.3 Connectome Generation

We calculated spatially-averaged time series for each of 264 4.24mm radius ROIs from the parcellation of Power et al.[28]. We then calculated Pearson's correlation coefficients between each ROI. These were then transformed using Fisher's r to z-transformation.

2.4 Inclusion/Exclusion Criteria

Subjects were eligible to be included if they had: 1) structural T1 data and had 4 complete resting state fMRI runs (14m 24s each); 2) full necessary behavioral data; 3) no more than 10% of frames censored. To avoid confounding due to intra-familial similarity, we additionally randomly selected one individual from each sibship. This left 384 unrelated individuals to enter our main analysis.

2.5. ICC for Individuals Connections

Test-retest reliability for each connection of the connectome was assessed with intra-class correlation (ICC) statistic, specifically type (2,1) according to the scheme of Shrout and Fleiss[29].

2.6. Training Predictive Models

Lasso

Lasso is a form of regularized linear regression using an L^1-norm penalty that tends to shrink coefficients to 0. In this way it can act as both a regularization and feature selection method. The amount of regularization is controlled via the lambda term in the objective function:

$$\hat{\beta} = \underset{\beta}{\operatorname{argmin}} \left\{ \sum_{i=1}^{n} (y_i - x_i'\beta)^2 + \lambda \sum_{j=1}^{p} |\beta_j| \right\}$$

Lasso was performed using the glmnet package in Python (https://web.stanford.edu/~hastie/glmnet_python/), and 100 automatically generated values of lambda were tested when fitting each model. On each fold of our 10-fold cross validation (see below), we used 5-fold cross validation within the training data to select the best lambda value.

Ridge Regression

Ridge regression[30] is another form of regularized linear regression is conceptually similar to Lasso. The main difference is that Ridge uses the L^2-norm penalty, which constrains the sum of the squared coefficients. This results in shrinkage that is proportional to each coefficient's magnitude, thereby eliminating the possibility that some coefficients with be regularized to zero. The amount of regularization is controlled by lambda in the objective function:

$$\hat{\beta} = \underset{\beta}{\operatorname{argmin}} \left\{ \sum_{i=1}^{n} (y_i - x_i'\beta)^2 + \lambda \sum_{j=1}^{p} \beta_j^2 \right\}$$

The Ridge Regression models were fit using the glmnet package in Python and 100 automatically generated values of lambda were tested when fitting each model. Lambda was chosen on each fold of our 10-fold cross validation (see below), using 5-fold cross validation within the training data.

Elastic Net

Elastic net[31] is a mix between an L^1 penalized regression (i.e. lasso) and an L^2 penalized regression (i.e. ridge regression). It attempts to balance the sometimes overly aggressive feature selection of lasso by mixing it with ridge regression. There is an additional hyperparameter, alpha, that controls the balance of the lasso and ridge penalties. The objective function for elastic net is:

$$\hat{\beta} = \underset{\beta}{\operatorname{argmin}} \left\{ \sum_{i=1}^{n} (y_i - x_i'\beta)^2 + \lambda \left(\alpha \sum_{j=1}^{p} |\beta_j| + (1-\alpha) \sum_{j=1}^{p} \beta_j^2 \right) \right\}$$

Elastic Net was performed using the glmnet package in Python; following Jollans and colleagues[32], the alpha values were selected from a linear scale (0, 0.1, 0.325, 0.55, 0.775, 1) and the lambda values were selected from 100 automatically generated values. As before, within our overall 10-fold cross-validation (see below), we performed 5-fold cross-validation in the training data to select the best values for alpha and lambda.

Connectome Predictive Modeling (CPM)

Connectome predictive modeling (CPM)[21] is a predictive modeling method that has been used widely in fMRI with a variety of outcome variables[32,14,33–35]. In brief, CPM is first trained with every edge of the connectome to identify edges that are predictive of the phenotype of interest above some prespecified level (e.g., Pearson's correlation with significance of $p < 0.01$). The sum of connectivity values for these specified edges is then calculated for each test subject, and these sums serve as inputs into a linear model to predict outcome scores. CPM typically treats positively and negatively predictive edges differently, fitting separate models for each, and so we follow this practice as well.

Brain Basis Set (BBS)

Brain Basis Set (BBS) is a predictive modeling approach developed and validated in our previous studies[22,15,8,9] (see also studies[11–13] by Wager and colleagues for a broadly similar approach). BBS is similar to principal component regression[36,37], with an added predictive element. In a training partition, PCA is performed on an *n* subjects by *p* connectivity features matrix using the PCA function from scikit-learn in Python, yielding components ordered by descending eigenvalues. Expression scores are then calculated for each of *k* components for each subject by projecting each subject's connectivity matrix onto each component. A linear regression model is then fit with these expression scores as predictors and the phenotype of interest as the outcome, saving **B**, the *k x 1* vector of fitted coefficients, for later use. In a test partition, the expression scores for each of the *k* components for each subject are again calculated. The predicted phenotype for each test subject is the dot product of **B** learned from the training partition with the vector of component expression scores for that subject. We tested two regimes for choosing the parameter k. In the first, k was set at 75 based on prior studies[22] which used dimensionality estimation algorithms to estimate the actual dimensionality of the HCP dataset and which showed that larger values tend to result in overfitting and worse performance. In the second regime, k was selected on each fold of our 10-fold cross validation (see below), using 5-fold cross validation within the training data.

Support Vector Regression (SVR)

SVR[38] finds a function f under the criteria that every data point fall within a required accuracy (ε) from f and f be as flat as possible. For linear functions f, this can be described as a convex optimization problem:

$$f = x^T\beta + \beta_0$$
$$\min_{\beta,\beta_0} \|\beta\|$$

subject to:

$$y_i - x_i^T\beta - \beta_0 \leq \varepsilon$$
$$x_i^T\beta + \beta_0 - y_i \leq \varepsilon$$

In cases where this optimization problem is infeasible, slack is added to the required accuracy. Support Vector regression allows f to be linear or non-linear in the feature space. The required accuracy is a model hyperparameter, and there is an additional hyperparameter C which further regulates the smoothness of f. Both hyperparameters were selected via a grid search on each fold of our 10-fold cross validation (see below), using 5-fold cross validation within the training data.

Random Forest

Random Forest regression[39] averages the predictions from a collection of tree-based predictive models. Each tree in the collection is constructed using a different bootstrapped sample of the data and each split-point in the tree is chosen to be the most predictive feature from a random subset of all features. The predictions generated by tree-based models are noisy and susceptible to overfitting, and thus Random Forest regression benefits from averaging over the collection of these predictions. The maximum allowed depth of each tree in the collection and the number of features accessible at split-points are hyperparameters of the Random Forest model. These

hyperparameters were selected via a grid search on each fold of our 10-fold cross validation (see below), using 5-fold cross validation within the training data.

2.7. HCP Outcome Variables

We used a total of 61 outcome variables from the HCP dataset (choice of these variables was guided by [40], and a list of these variables is available in the Supplement). Two outcome variables were derived from factor analysis of HCP variables, and they are discussed in detail in our previous report[22]. In brief, a general executive factor was created based on overall accuracy for three tasks: *n*-back working memory fMRI task, relational processing fMRI task, and Penn Progressive Matrices task. A speed of processing factor was created based on three NIH toolbox tasks: processing speed, flanker task, and card sort task, similar to a previous report[41].

2.8 Train/Test Split and Calculation of ICC for Predictive Models

All predictive models were trained and tested in a 10-fold cross validation scheme. We calculated ICCs for predicted outcomes for these predictive models as follows: On each fold, we trained a predictive model on the train partition for session 1 data. We then used this trained model to generate predicted outcomes for the test partition in both session 1 and session 2, and we calculated the ICC of this pair of predicted outcomes. We next did this same procedure in the other direction: We trained the predictive model on the train partition for session 2 data, generated predicted outcomes for the test partition in both session 2 and session 1, and calculated their ICC. We repeated this process on all 10 folds and averaged over all 20 ICCs (2 for each fold). We used ICC type (2,1) according to the scheme of Shrout and Fleiss[29].

For the predictive modeling methods that have an additional tunable parameter (see the descriptions above), we tuned this parameter in an embedded cross-validation procedure within the train partition. But otherwise, we followed the procedure described above.

3. Results

3.1 For All Ten Predictive Modeling Methods, Mean Reliability of Predicted Outcomes Across 61 Phenotypes Was Higher Than Mean Reliability for Individual Connections

The left side of Figure 1 shows test-retest reliabilities for individual connections of the connectome (in red). Mean reliability was 0.44, but the spread was remarkably wide (standard deviation 0.19). The next ten plots show test-retest reliabilities for the predicted outcomes of predictive models trained on 61 HCP outcome variables. All of the predictive modeling methods had higher mean test-retest reliability than individual edges.

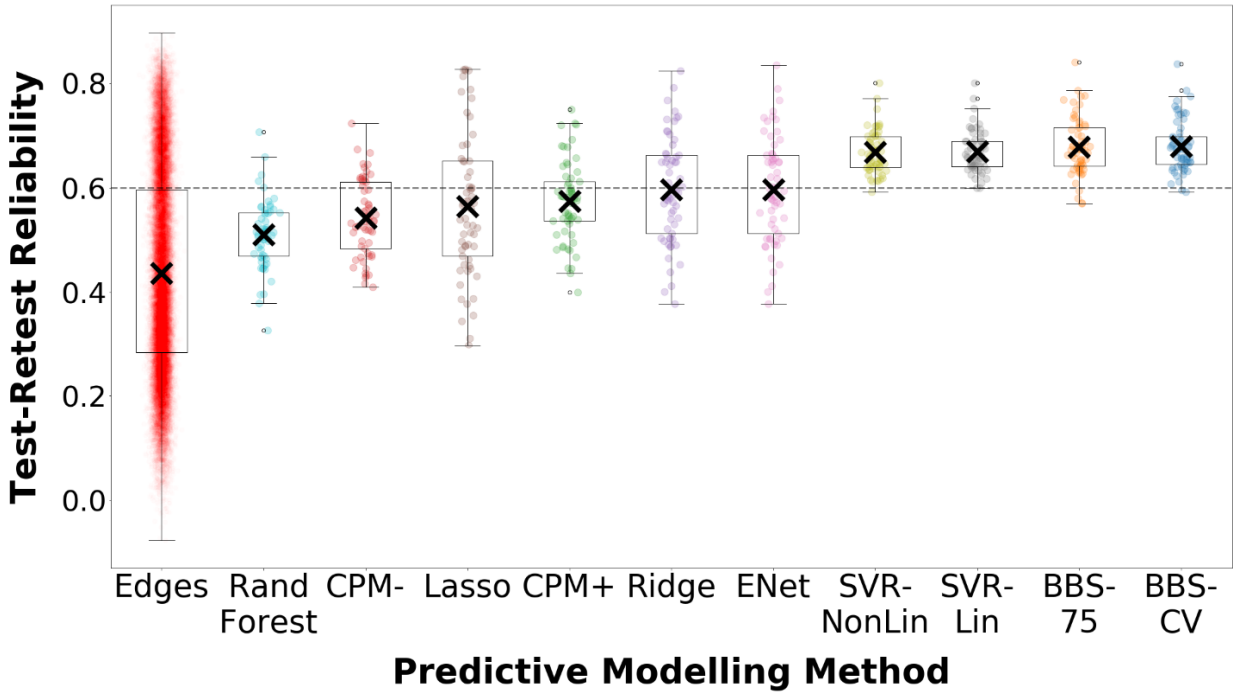

Figure 1: Distribution of Test-Retest Reliabilities for Individual Connections and for Predicted Outcomes of Predictive Models*. Reliabilities for individual connections were calculated over all connections in the resting state connectome. Mean reliability for individual connections was relatively low, but the range was wide. Reliabilities for predictive models were calculated over 61 different outcome variables available in the HCP dataset. Four predictive modeling methods (SVR-Lin, SVR-NonLin, BBS-CV, and BBS-75) had mean reliabilities of predicted outcomes greater than 0.60 (marked by the dashed line), conventionally classified as good.*

Table 1 shows summary statistics for test-retest reliability as well as predictive accuracy for the ten predictive modeling methods. We in addition divided the 61 outcome variables into two categories: 1) Cognitive variables, which were derived from tasks from NIH Toolbox and Penn Neurocognitive Battery, as well as fMRI working memory task (N-back) and fMRI math calculation (math condition of the Language Task); and 2) All the other tasks. For all ten predictive modeling methods, predictive accuracy was notably higher for cognitive variables.

	BBS-CV	BBS-75	SVR-Lin	SVR-NonLin	ENet	Ridge	CPM +	Lasso	CPM -	Rand Forest
Mean Reliability	0.679	0.679	0.669	0.668	0.597	0.596	0.574	0.565	0.542	0.511
SD	0.049	0.055	0.040	0.041	0.101	0.100	0.075	0.136	0.073	0.064
Min	0.592	0.570	0.600	0.592	0.378	0.378	0.400	0.298	0.411	0.327
Max	0.837	0.841	0.801	0.801	0.835	0.824	0.750	0.827	0.723	0.707
Mean Accuracy (r)	0.099	0.107	0.095	0.097	0.105	0.106	0.085	0.021	0.072	0.101
cognitive variables	0.153	0.154	0.145	0.148	0.163	0.163	0.124	0.094	0.090	0.131
all other variables	0.074	0.086	0.074	0.074	0.081	0.081	0.066	-0.004	0.064	0.086

Table 1: Summary Statistics for Test-Retest Reliability and Accuracy of Predicted Outcomes of Predictive Models*. Reliability is measured with the intraclass correlation (ICC) statistic. Accuracy is measured with Pearson's correlation between each predicted and actual outcome variable. Interestingly cognitive variables, mostly from the NIH Toolbox and Penn Neurocognitive Battery, consistently yielded better accuracy than other (non-cognitive) variables.*

3.2 Looking Across the Outcome Variables Individually, Several Predictive Modeling Methods Had Consistently High Test-Retest Reliabilities

Figure 1 shows that several predictive modeling methods had consistently high levels of performance across the 61 phenotypes. Reliability is conventionally classified as good when it exceeds 0.60[42]. Several predictive modeling methods exceeded this threshold for all, or nearly all, phenotypes including: SVR-Lin (61), SVR-NonLin (60), BBS-CV (59), and BBS-75 (57). Ridge, Elastic Net, Lasso, CPM-Positive, and CPM-Negative exceeded this threshold more inconsistently (28, 28, 21, 19, and 17 respectively), while Random Forest exceeded this threshold only 5 times.

3.3. Multiple Mechanisms Likely Explain Why Predictive Models Have a Large Boost in Reliability

We examined several mechanisms that could help to explain why predicted outcomes of predictive models are more reliable than individual features.

Selection of High Variance Features

Test-retest reliability is positively related to inter-subject variance[3,43] of features. BBS uses dimensionality reduction with PCA, an algorithm that finds components with maximal variance explained.[44] Thus one mechanism that could improve reliability, a mechanism that is specific to BBS (e.g., BBS-75 and BBS-CV), is use of features with high inter-subject variance. Consistent with this idea, we found that the mean variance of the individual connections in the connectome was 0.02. But mean variance of expression scores of the first 75 PCA components is 4.14 and the mean variance of the first 250 components is 2.21, both of which are more than 100 times larger.

Selection of Correlated Features

Another mechanism that could improve reliability for nearly all the predictive modeling methods we tested is selecting correlated features and aggregating over them. It is well known from classical test theory that the sum of a set of positively correlated features will have higher reliability than the features themselves[3] (see the Supplement for a general equation linking reliability of a weighted sum to the statistical properties of the individual features). BBS specifically selects correlated features through the use of PCA: Each component consists of a weighted set of features that are jointly co-expressed across subjects (in proportion to the loadings), and thus these features are correlated across subjects.[44] Supporting this idea, we found that the mean test-retest reliability of expression scores of the first 75 PCA components is 0.66, much higher than the mean reliability of individual features (which is 0.44). Of note, this boost in reliability for components likely reflects both the operation of this second mechanism (selecting correlated features) as well as the first (selecting high variance features).

Several of the other predictive modeling methods also select correlated features, but in different ways. For example, CPM performs a search for features that are correlated with the outcome variable up to a desired level of statistical significance (e.g., $p < 0.01$). Since these features are all correlated with the behavioral variable of interest, they will also tend to be correlated with each other as well. Consistent with this idea, we found that mean pairwise intercorrelation of all features across the connectome is 0.005, while the mean pairwise intercorrelation of CPM-selected feature set is 0.05 for CPM positive and 0.05 for CPM negative.

Ridge regression selects correlated features as well. The operation of Ridge Regression is best understood in contrast with Lasso. When several collinear predictors all predict an outcome well, Lasso's L1 penalty favors sparsity and tends to shrink the coefficients of all but one of the predictors to zero. Ridge Regression's L2 penalty, in contrast, will tend to assign large and highly similar regression weights to these colinear features. In this way, Ridge Regression "selects" (or more correctly, weights more heavily) these highly intercorrelated features.

Selection of Valid Features

Let us make the following assumption: There in fact is a sizable quantity of true variance in the connectome, i.e., variance that relates to an outcome variable of interest. While some of this true variance may be state specific, it is plausible that some of it will not be; instead it will reflect stable, non-noise connectomic differences that are related to the outcome variable. All of the predictive modeling methods we examined select features that are correlated with a specified outcome variable. Given our assumption, then, features selected by these predictive modeling methods will correspondingly be enriched with respect to these valid, stable connectomic differences. This enrichment with respect to true variance will boost test-retest reliability.

To further assess the role of this third mechanism in boosting reliability, we examined the relationship for each predictive modeling method between accuracy in predicting a phenotype (which is expected to reflect quantity of valid variance in the phenotype) and observed reliability of predicted scores for that phenotype. A positive relationship would suggest that when a phenotype contains more valid variance (indexed by accuracy), predicted scores from predictive models for the phenotype will exhibit higher test-retest reliability. We did in fact observe a positive, statistically significant relationship for all ten predictive modeling methods that ranged from r=0.34 for CPM-Positive to r=0.81 for Lasso (mean r =0.58; Table 2). This result is

consistent with the idea that predictive modeling methods identify and leverage valid variance in the connectome, and this plays a role in boosting reliabilities for predicted scores.

	BBS-CV	BBS-75	SVR-Lin	SVR-NonLin	ENet	Ridge	CPM +	Lasso	CPM -	Rand Forest
reliability ~ accuracy	0.56	0.52	0.49	0.50	0.80	0.80	0.34	0.81	0.37	0.61
p value	3.1E-06	1.5E-05	6.0E-05	4.9E-05	9.5E-15	1.8E-14	0.007	2.5E-15	0.003	2.0E-07

Table 2: Relationship Between Accuracy and Test-Retest Reliability of Predicted Outcomes of Predictive Models*. We hypothesized that there would be a positive relationship between accuracy of predicted outcomes of predictive models (measured with Pearson's r between predicted versus actual outcomes) and their test-retest reliability. Thus, we calculated the correlation between accuracy and reliability across 61 HCP phenotypes. For all ten predictive modeling methods, these correlations were statistically significant.*

4. Discussion

This is the first study to systematically investigate test-retest reliability of multivariate predictive models applied to resting state connectivity maps. We found that in contrast to reliability of individual resting state connections, reliability of the predicted outcomes of predictive models is higher for all ten predictive modeling methods that we examined. In addition, for several of these predictive modeling methods (specifically, SVR-Lin, SVR-NonLin, BBS-75, BBS-CV), reliability of predicted outcomes exceeded 0.60 (conventionally considered good) for all, or nearly all, of the 61 outcome variables assessed. Test-retest reliability is critical for the use of fMRI in individual differences research. Our results suggest more widespread use of predictive models can help address questions about reliability that have been raised in recent reports and that remain a serious concern for the neuroimaging field.

Test-Retest Reliability and Units of Analysis

Previous studies of reliability in resting state fMRI have mostly examined individual connections.[45–47] While results have varied, a recent meta-analysis[1] found reliability was typically relatively low at 0.29. Broadly consistent with this result, we found mean reliability of individual connections in the HCP dataset was 0.44. Several studies examined larger, more complex units of analysis and found higher levels of reliability. For example, Noble and colleagues[45] examined mean connectivity within intrinsic connectivity networks such as default mode network and fronto-parietal network. They found reliabilities were modestly higher for networks than for individual connections (range 0.35 to 0.60 for networks). Similarly, a modest boost in reliability appears to be observed with higher-order metrics such as graph theory metrics[48,49]. Predictive models, which aggregate across a still wider range of features to produce whole-connectome neurosignatures, arguably represent a still larger, more complex unit of analysis. In the present study, we found clear evidence of substantially higher test-retest reliability for predicted outcomes of predictive models for all ten methods tested. Overall, these results suggest that test-retest reliability differs substantially across both size of the units of

analysis (i.e., edge-, network-, neurosignature-level), as well as the types of aggregation methods that were utilized to generate the higher-level units.

Should We Be Pessimistic or Optimistic About Using Resting State Connectivity for Individual Differences Research?

Given high mean reliability for predicted outcomes of predictive models and much lower mean reliability for individual connections, should we be optimistic or pessimistic about reliability of resting state connectivity? While we acknowledge both perspectives capture part of the overall picture, we briefly suggest there is more reason for optimism.

Test-retest reliability is most critical for research that seeks to use imaging features to predict individual differences, for example, translational neuroimaging research that aims to construct brain-based biomarkers. This is because reliability is mathematically related to predictive validity, the ability of measures to predict an outcome. According to an important formula in classical test theory, reliability sets a ceiling on predictive validity, and as reliability falls, the maximum achievable predictive validity drops with it.[3]

But, critically, if one's goal is in fact prediction of individual differences of some outcome variable of interest (e.g., behaviors or symptoms), focusing on individual connections of the connectome is unlikely to be a fruitful approach. This is because for most constructs of interest to translational researchers (e.g., general cognitive ability, neuroticism, pain, autism), it is unlikely that any single connection contains much discriminative information about the construct. Rather, it is likely that this discriminative information resides in distributed changes across widespread network connections. To capture this diffuse, distributed information, univariate tests are less effective than multivariate methods such as predictive models[4,50]. Consistent with this idea, Wager, Woo, Chang and their colleagues have shown in a series of studies with task-based fMRI that effect sizes are generally substantially larger with predictive models than with univariate statistical tests applied to individual imaging features[12,13,43,50].

In short, then, predictive models are arguably a more important tool for individual differences research in fMRI than univariate tests applied to individual imaging features. If this is correct, then poor reliability of individual imaging features may not be a decisive concern. Rather, a more optimistic interpretation is available: Predictive models, which are the critically important tools we need for individual differences research in neuroimaging, *do* appear to have adequate levels of test-retest reliability.

Why Predictive Models Have Better Test-Retest Reliability

We examined several factors that can explain why predictive models have better reliability compared to individual connections. One mechanism is that these predictive models select valid features, i.e., features that vary due to stable underlying differences across individuals. Moreover, we showed that for all ten of the predictive modeling methods we studied, higher accuracy in predicting phenotypes is associated with higher test-retest reliability—a finding consistent with the operation of this mechanism. A second mechanism is that many predictive modeling methods select and then aggregate correlated features, though individual predictive modeling methods achieve the selection of correlated features in different ways. A third mechanism that boosts reliability that is more unique to BBS is selection of high variance

features. These three mechanisms interact in complex ways. Moreover, the relative roles of these three mechanisms in boosting reliability for any particular dataset and outcome variable appear to be hard to specify. The size of the boost depends in complex ways on the variance/covariance structure of the imaging features and the precise patterns with which these features correlate with the outcome variable.

Implications for Test-Retest Reliability of Task fMRI

Recent reports also find poor reliability in task fMRI[2]. This result may be seen as particularly discouraging because many researchers have thought that tasks, because they involve carefully controlled manipulations of psychological constructs, might be an especially effective way of detecting differences in these constructs across individuals.[51] Could predictive models play a similar role in boosting reliability with task-based fMRI? In considering this question, it is noteworthy that the three mechanisms we identified for why predictive models boost reliability are quite general and reflect basic statistical properties of these models. This suggests that these mechanisms could operate not only with resting state connectivity maps, but also with task activation maps. Moreover, one study found initial evidence that predictive models do in fact produce a boost in reliability in the task setting: Woo and Wager[43] report that model-based predictions of pain ratings during a nociceptive stimulation task had higher reliability (ICC=0.72) than three regions of interest known to be associated with pain (ICCs: 0.54 to 0.59). These observations suggest that it would be fruitful to extend the approach taken in the present study in order to systematically assess reliability of predicted outcomes of predictive models applied to task data.

Limitations

This study has several limitations. First, we assessed ten popular predictive modeling methods, and we found some sizable differences in their test-retest reliabilities for predicted outcomes (with the starkest differences between Random Forest on the one hand and all the other methods on the other). There are a large number of other predictive modeling methods that we did not study and future work can systematically compare them. Second, while we examined a large number of outcome variables (61 in total), there are of course a vast number of outcome variables that we could not test with the HCP dataset (e.g., pain ratings, schizophrenia status, depression-treatment response, etc.). As more comprehensive data sets become available, it would be useful to extend these results to a still broader range of outcome variables. Third, it bears emphasis that test-retest reliability is a statistic that is specific to a given population. Most relevant for the present purposes, it is highly sensitive to the inter-individual variance in imaging features.[3] The HCP dataset consists of a fairly homogenous sample of psychologically healthy young adults. It is possible that reliability will be higher in fMRI, at both the individual feature-level as well as the predictive model-level, if more heterogenous samples are considered, as this could potentially boost inter-individual variance in imaging features.[43]

Conclusion

In sum, this study is the first to systematically assess the test-retest reliability of predicted outcomes of predictive models applied to resting state connectivity maps. In contrast to the somewhat bleak conclusions of recent studies about reliability of individual imaging features, we found that predicted outcomes of many predictive modeling methods demonstrate consistently high test-retest reliability.

Data Availability

All data and code used to produce the results in this manuscript are available online: https://github.com/SripadaLab/Predictive_Modeling_Reliability_HCP

Competing Interests

The authors declare no conflicts of interest.

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Supplement

Composite Reliability Formula (relates test-retest reliability of a composite variable to statistical properties of the variables that are summed; based on He and colleagues[19]).

$$r = 1 - \frac{\sum_{i=1}^{n} w_i^2 \sigma_{e,X_i}^2}{\sum_{i=1}^{n} w_i^2 \sigma_{X_i}^2 + \sum_{i=1}^{n} \sum_{\substack{j=1 \\ j \neq i}}^{n} w_i w_j \sigma_{X_i,X_j}}$$

r = reliability of the composite variable
w_i = assigned weight to feature i
σ_{e,X_i}^2 = error variance of feature i
$\sigma_{X_i}^2$ = variance of feature i
σ_{X_i,X_j} = covariance between feature i and feature j

<u>Outcome Variables from HCP Dataset</u>

Number	Variable Name	Description
1	GenExec	General Executive Factor
2	ProcSpeed	Processing Speed Factor
3	PMAT24_A_CR	Fluid Intelligence (PMAT)
4	ASR_Extn_T	Adult Self Report - Externalizing
5	ASR_Intn_T	Adult Self Report - Internalizing
6	ASR_Attn_T	Adult Self Report - Attention
7	NEOFAC_O	Openness (NEO)
8	NEOFAC_C	Conscientiousness (NEO)
9	NEOFAC_E	Extraversion (NEO)
10	NEOFAC_A	Agreeableness (NEO)
11	NEOFAC_N	Neuroticism (NEO)
12	DDisc_AUC_40K	Delay Discounting
13	ProcSpeed_AgeAdj	Processing Speed
14	PicSeq_AgeAdj	Visual Episodic Memory
15	CardSort_AgeAdj	Cognitive flexibility (DCCS)
16	Flanker_AgeAdj	Inhibition (Flanker task)
17	ListSort_AgeAdj	Working Memory (list sorting)
18	ReadEng_AgeAdj	Reading (pronounciation)
19	PicVocab_AgeAdj	Vocabulary (picture matching)
20	SCPT_SEN	Sustained Attention - Sens.

21	SCPT_SPEC	Sustained Attention - Spec.
22	IWRD_TOT	Verbal Episodic Memory
23	VSPLOT_TC	Spatial orientation
24	MMSE_Score	Cognitive status (MMSE)
25	PSQI_Score	Sleep quality (PSQI)
26	Endurance_Unadj	Walking endurance
27	GaitSpeed_Comp	Walking Speed
28	Dexterity_Unadj	Manual dexterity
29	Strength_Unadj	Grip strength
30	Odor_Unadj	Odor identificaiton
31	PainInterf_Tscore	Pain Interference Survey
32	Taste_Unadj	Taste intensity
33	Mars_Final	Contrast Sensitivity
34	Emotion_Task_Face_Acc	Emotional Face Matching
35	Language_Task_Math_Avg_Difficulty_Level	Arithmetic
36	Language_Task_Story_Avg_Difficulty_Level	Story comprehension
37	Social_Task_Perc_Random	Social Cognition - random
38	Social_Task_Perc_TOM	Social Cognition - interaction
39	WM_Task_Acc	Working Memory (n-back)
40	ER40_CR	Emot. Recog. - Total
41	ER40FEAR	Emot. Recog. - Fear
42	ER40HAP	Emot. Recog. - Happy
43	ER40NOE	Emot. Recog. - Neutral
44	ER40SAD	Emot. Recog. - Sad
45	AngAffect_Unadj	Anger - Affect
46	AngHostil_Unadj	Anger - Hostility
47	AngAggr_Unadj	Anger - Aggression
48	FearAffect_Unadj	Fear - Affect
49	FearSomat_Unadj	Fear - Somatic Arousal
50	Sadness_Unadj	Sadness
51	LifeSatisf_Unadj	Life Satisfication
52	MeanPurp_Unadj	Meaning & Purpose
53	PosAffect_Unadj	Positive Affect
54	Friendship_Unadj	Friendship
55	Loneliness_Unadj	Loneliness
56	PercHostil_Unadj	Perceived Hostility
57	PercReject_Unadj	Perceived Rejection
58	EmotSupp_Unadj	Emotional Support
59	InstruSupp_Unadj	Instrument Support
60	PercStress_Unadj	Perceived Stress
61	SelfEff_Unadj	Self-Efficacy

Supplemental Figures

Legend for Figures S1-S10: Relationship Between Accuracy and Reliability for Ten Predictive Models*. For each of the ten predictive modeling methods, we computed: i. accuracy in predicting 61 outcome variables; and ii. test-retest reliability of predicted scores. The ten figures below display the relationship between these two variables for each predictive modeling method.*

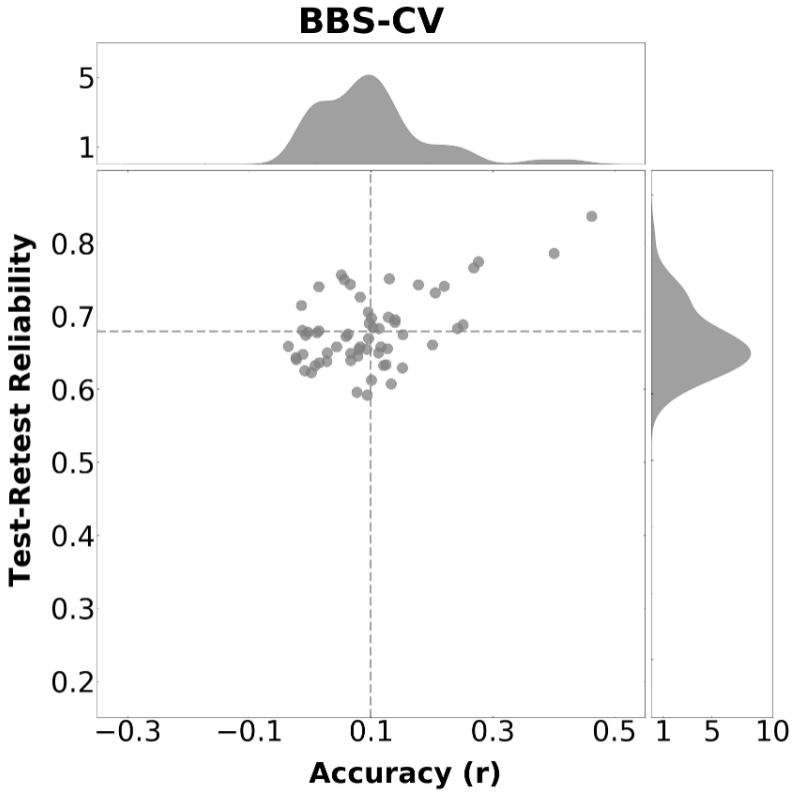

Figure S1

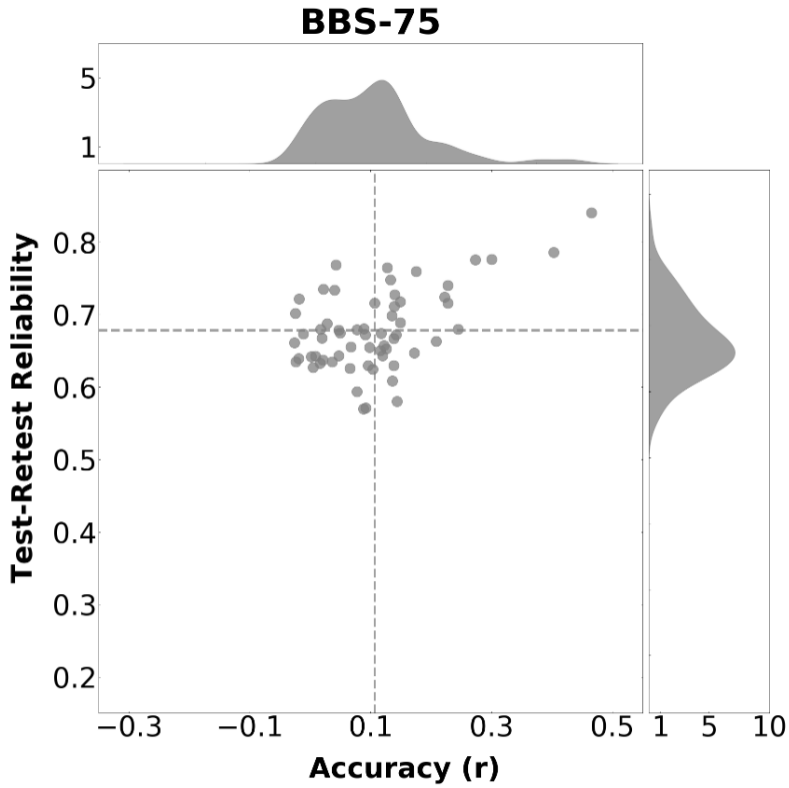

Figure S2

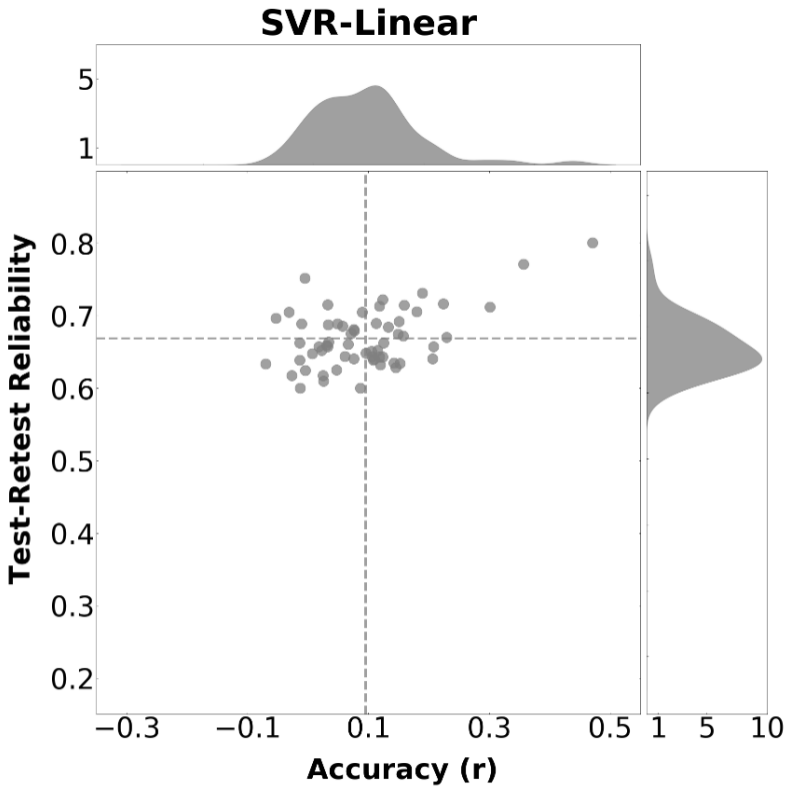

Figure S3

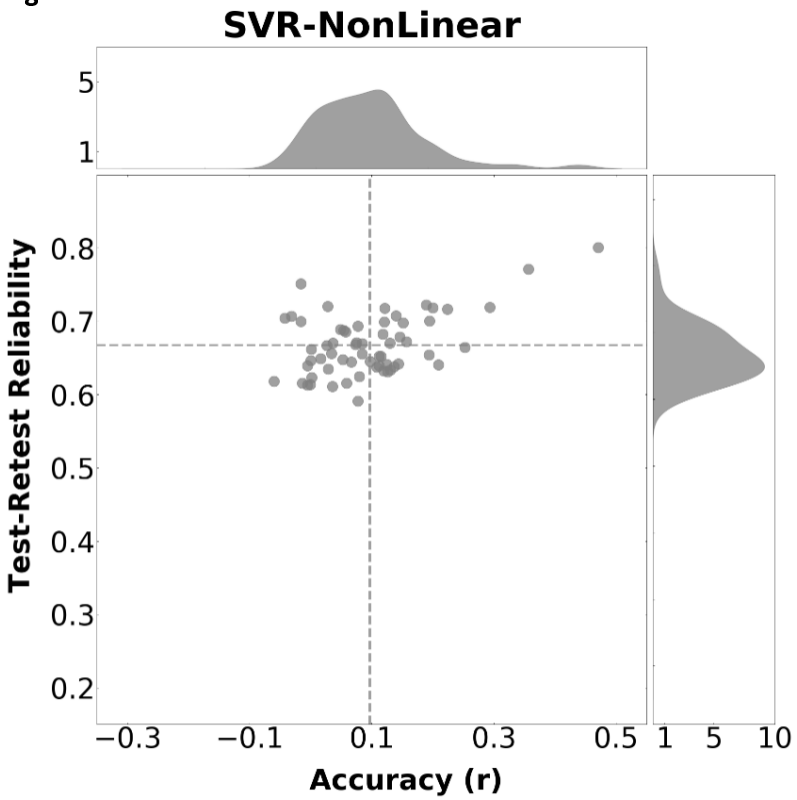

Figure S4

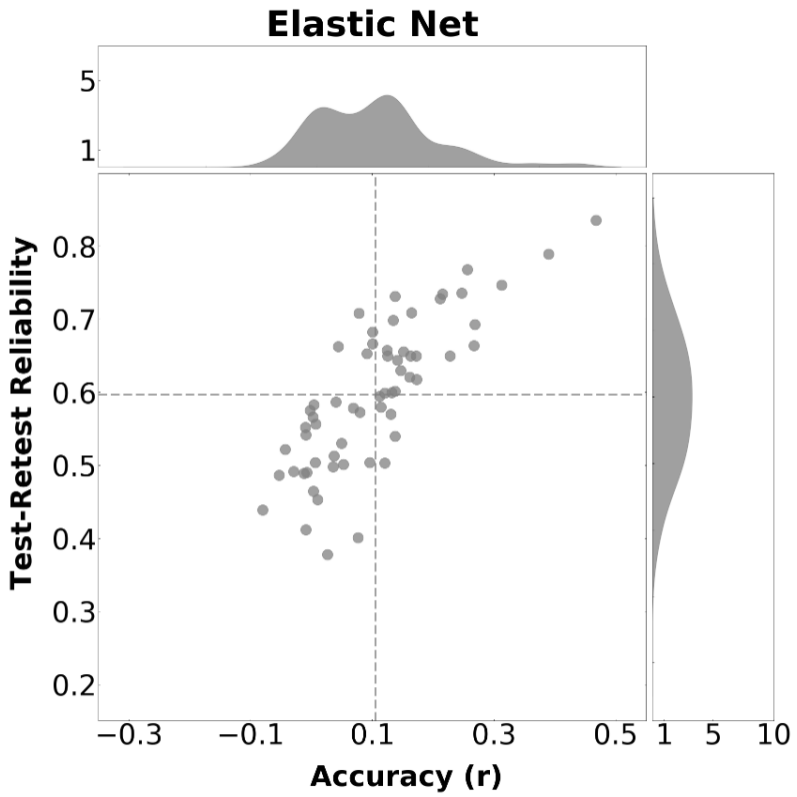

Figure S5

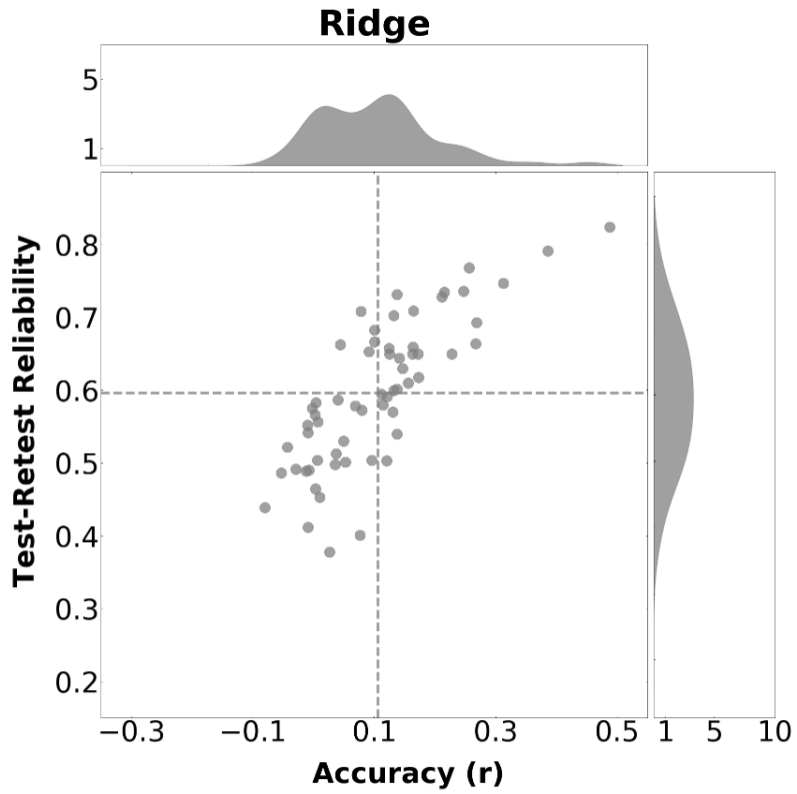

Figure S6

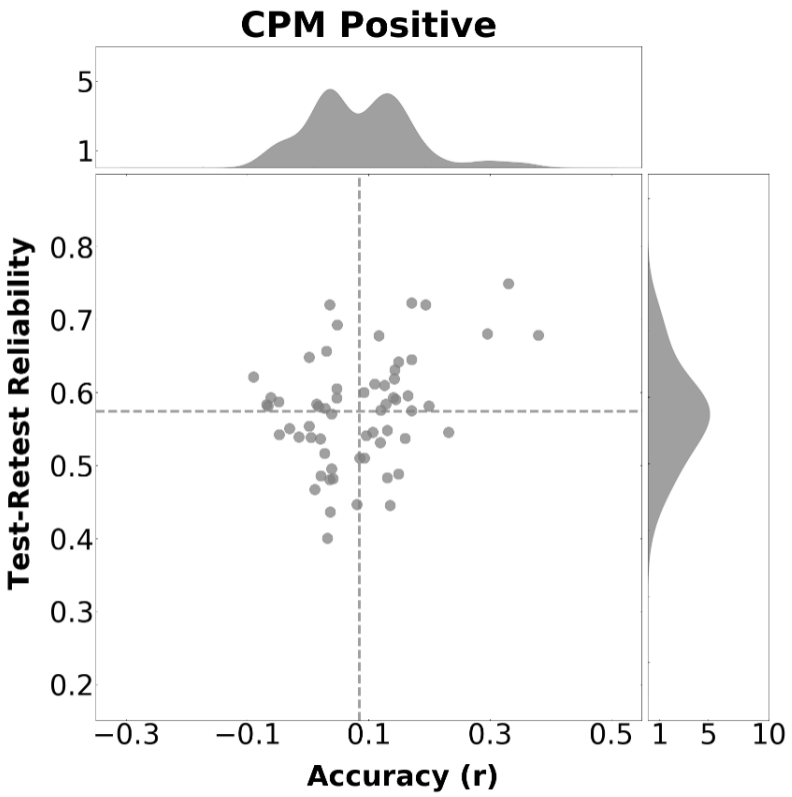

Figure S7

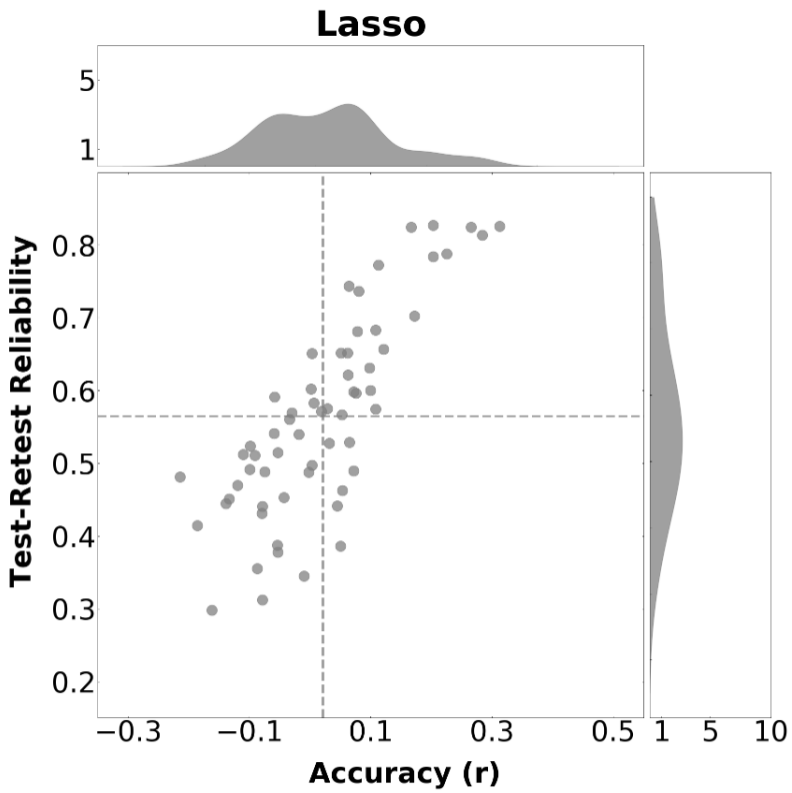

Figure S8

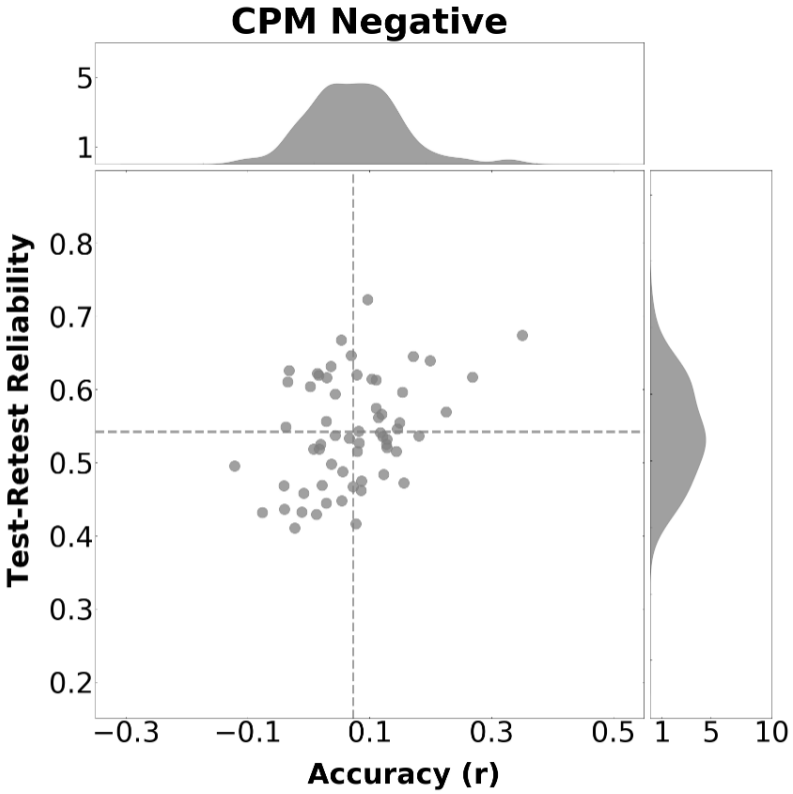

Figure S9

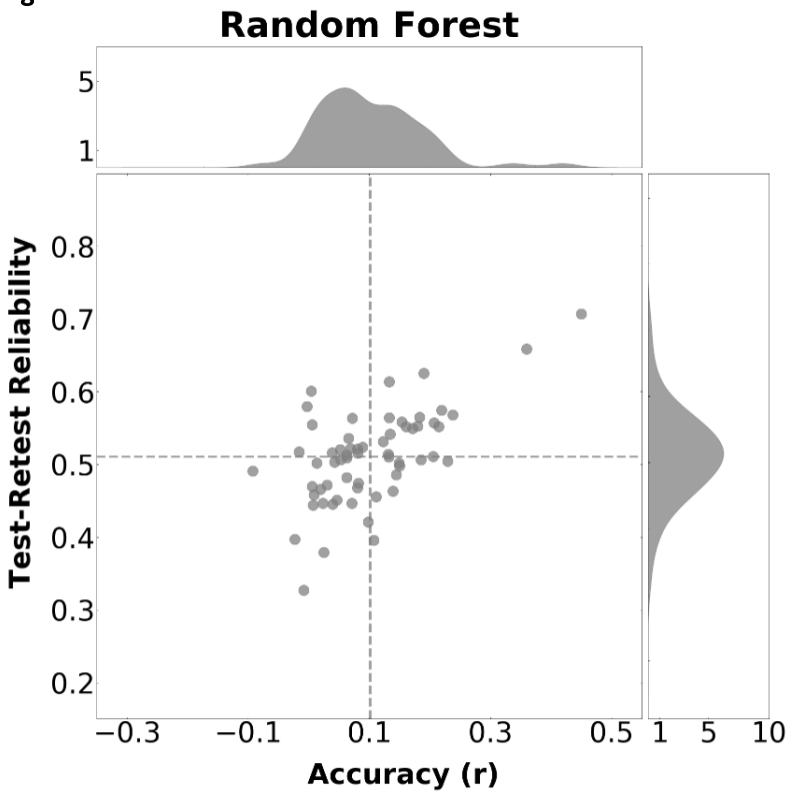

Figure S10